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JANUARY 1970 40 CENTS

Sunset

THE MAGAZINE OF *WESTERN LIVING*

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kilns, and traditional toys carved by hereditary craftsmen.

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Sunset*

THE PACIFIC MONTHLY*

THE MAGAZINE OF WESTERN LIVING*

2594

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The Cover Story

Our camping Californians are on the tropical beach of H. A. Baldwin Park on the Hawaiian isle of Maui. Their campsite is just minutes from the airport at Kahului. Glenn Christiansen took the cover photograph; the story begins on page 46

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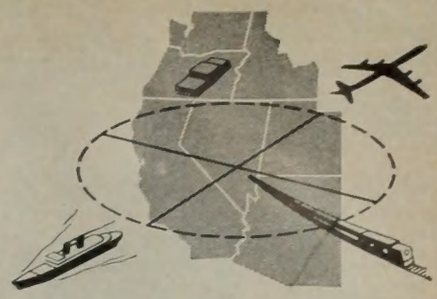
January travel . . .
in and beyond the West



BEN DRIVER

Sheep *shaggy with wool move across a fallow, plowed field to graze on tender shoots of grass along a ridge of the central California Coast Range*

A pastoral route from the Bay to Napa

Across the coastal hills from San Francisco Bay, the rich orchard lands of Solano County are dormant this month—and it's a good time to look at the land. Without leaves, the trees reveal their branch patterns; underneath, the young grass is just starting to form a green carpet. On sunny days after a winter storm, the views reach to the snowy Sierra.

Here is the route of a half-day drive past orchards in the valleys and sheep grazing on the hillsides. You can turn it into an all-day excursion with an extended picnic stop or winery visit en route, or with a detour to Lake Berryessa or the Napa Valley wine country.

Turn off Interstate Highway 80 at the Suisun Valley Road exit about 10 miles northeast of Vallejo. On the right as you head northward on the two-lane paved road are the handsome new buildings of Solano College, scheduled to open for classes in about a year. Several miles farther, on the left in the midst of orchards, a grower's roadside stand sells almonds, dried fruit, winter apples, persimmons, pomegranates, citrus and other produce.

About 5 miles from Interstate 80 is Wooden Valley Winery, whose proprietor's name is Mario Lanza. The tasting

Sunset

THE MAGAZINE OF WESTERN LIVING

January 1970

Young Californians *Erik and Allison Welke try the camping life in Hawaii*

We lower the reporter's age limit

To find out how preschool children would fare camping in the Hawaiian Islands, we sent two younger-than-average scouts: Erik, 21 months old, and his sister Allison, 5 years old. They spent two weeks with their parents camping and exploring beach parks on Oahu, Hawaii, Maui, and Kauai.

Allison's only mishap was when she stepped on the thorny branch of a kiawe tree. Erik had his first encounter with ocean waves by running full speed into one; it knocked him over. His response was a grin and a dash back into the surf.

In all, the children slept well, enjoyed the informality of meals, and had at least as good a time as their parents.

Their experiences and reactions added much to the story on page 46.

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room is open daily except Monday, 9 A.M. to 6 P.M.

If the day is fine and it's been a while since a heavy rain, turn left onto Twin Sisters Road for a picnic. The 2-mile road starts out paved, then turns to gravel, and, by the time you reach Twin Sisters Ranch, is rutted dirt. The ranch owners charge $1.50 admission per family. There are tables close to ranch headquarters, but if the higher pastures are clear of cattle and you get permission to drive there, you'll have a quiet spot to picnic with sweeping views of the valley and, off to the southeast, Mount Diablo.

Most years orchards in the Suisun Valley begin to blossom in February. First come the almonds, followed by prunes, pears, peaches, and plums.

If you continue on Suisun Valley Road as it crosses from Solano County into Napa County, the road widens, the pavement improves, and the name changes to Wooden Valley Road. In another 9 miles it ends at State 121. North about 12 miles lies Lake Berryessa. Over the ridge to the southwest 7 miles is the Napa Valley. From the city of Napa, it is 12 miles back to Interstate 80 via State 29 and a well marked link-up road just north of Vallejo.

Touring the Nevada Governor's Mansion

California residents touring the Nevada governor's home in Carson City should expect some good-natured kidding about the situation in Sacramento. (California's governor's mansion is now a museum and the governor is living in a rented private residence.)

Nevada, after spending a quarter of a million dollars on remodeling, offers its head of state a gracious white mansion that is functional for formal entertaining and yet appears to be comfortable. Tours are held on Tuesday afternoons at 2. The interior has been decorated in the style of the Georgian Period.

You should write ahead to Mansion Tours, Office of the Governor, Carson City, Nev. 89701, or call (702) 882-7213, to arrange to join a tour.

To drive to the mansion from U.S. 50-395 (Carson Street), turn west on W. Robinson Street for seven blocks to N. Mountain Street. The mansion is on the corner of Mountain and Robinson.

Desk calendar of fine California photography

The Face of California, a collection of 7 by 8½-inch photographs, is an attractive fund-raising calendar offered by the Monterey Peninsula Museum of Art. Every other page of the spiral-bound calendar shows a week of 1970 divided by days. When the year is over, you can rip out the calendar pages and have a 56-page

Sunset School & Camp Directory

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SCHOOL AND CAMP

Directory is the first of five Directories which appear regularly in each issue of SUNSET Magazine. The other four Directories are:

TRAVEL DIRECTORY beginning on page 7

FINE FOODS CUPBOARD beginning on page 92

GARDEN CENTER beginning on page 133

SHOPPING CENTER beginning on page 137

album of black-and-white scenes of the people, cities, and countryside of California as seen by 26 photographers.

The museum has moved from its previous home in Carmel into an old adobe across from Colton Hall in Monterey. You can purchase the calendar there or by writing to the Monterey Peninsula Museum of Art, 559 Pacific St., Monterey 93940, and enclosing $3.70 (California residents must add 18 cents tax).

A lively little museum in Los Gatos

The old firehouse in Los Gatos, 11 miles southwest of San Jose, is now a small museum run by volunteers. Its permanent collections deal primarily with local history, fine arts, and natural history. You can see polished banded agates, local grasses and fossils, and eight small habitat cases showing regional wild animals and their environment.

On special exhibit until January 30 are 3,000 military miniatures in eight showcases from Robert Walker's collection.

Mr. Walker points out that although the toy replicas are still manufactured today, the traditional lead ones are becoming harder to find. Today most are made of plastic, a few of wood. Among the most valuable in the collection are about 40 miniatures painted by the English artist Charles Stadden and the firm of Greenwood and Ball. Some were painted by the exhibitor.

Shown with background photographs of sand castles by Steven Anderson will be scenes of the camel corps going to battle, Zulu armies attacking a Highlands regiment, and Napoleon and staff at leisure.

The museum, at Main Street and Tait Avenue in Los Gatos, is open from 1 to 5 P.M. Monday through Saturday, and 2 to 4 P.M. Sunday. The telephone number is (408) 354-9782. Admission is free.

MIKE TILDEN

Doughboy *shares space in the small Los Gatos museum with old-time classroom*

For travel planners, a January check list

European tours. American Express has put together 50 European travel itineraries and a smattering of other useful information in a 148-page full-color booklet entitled *Europe 70.* Tours range from 15 days concentrated in Paris, Madrid, and London (from $289) to a 39-day grand tour of nine countries (beginning at $2,139). All include air fare, lodging, and some sightseeing and meals. For a free copy of this booklet, go to an American Express travel office or see your travel agent.

Japan's Expo '70 is the highlight of six tours leaving West Coast points weekly between March 5 and September 3. All begin with a basic 13-day tour of Japan that includes Tokyo, Hakone, Kyoto, and three days at Expo '70 in Osaka. Visitors may then return or take any of five additional extensions—the longest being 15 additional days in Taiwan, Manila, Singapore, Bangkok, and Hong Kong. The basic 13-day tour begins at $355 and includes transportation, lodging, and some meals (round-trip air fare to Tokyo not included). For a brochure, write to Kneisel Travel Inc., 1014 S.W. Sixth Ave., Portland 97204, or see your travel agent.

San Diego guide. A new guide booklet with information on what to see and do and where to go in San Diego, plus a listing of restaurants, is now available. The 30-page *Guide to San Diego* tells you where to rent bicycles and boats, and such other practical matters as how to visit the zoo. For a copy send $1 to Ventures International, Box 6539, San Diego 92106.

Camping in Hawaii. Campers International in conjunction with Pan American Airways now offers travelers use of a camper van for 11 days on the islands of Hawaii, Kauai, and Maui for $305 per person, including air fare from major West Coast cities. Campers are stocked with bedding, dishes, an ice box—almost everything except food—and are ready for arriving passengers. For details, write to Campers International, 6227 Sunset Blvd., Los Angeles 90028, or see your travel agent.

Freighter travel can be less expensive and just as comfortable as a voyage on a passenger liner, but most people don't know about the variety of cruises available. The monthly *Freighter Travel-Letter* gives information on fares and accommodations, new and unusual cruises, and current schedules. To subscribe for a year, send $12 to Freighter Travel-Letter, 6500 Kelvin Ave., Canoga Park, Calif. 91306.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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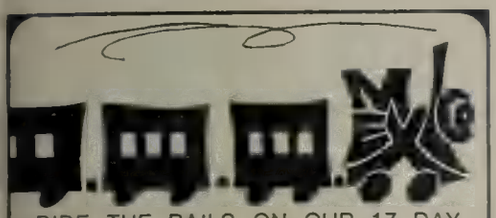

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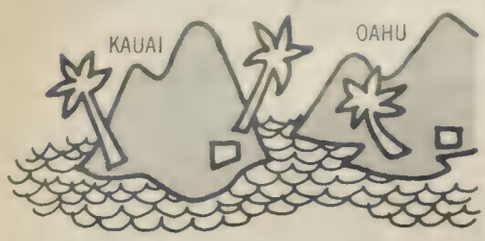

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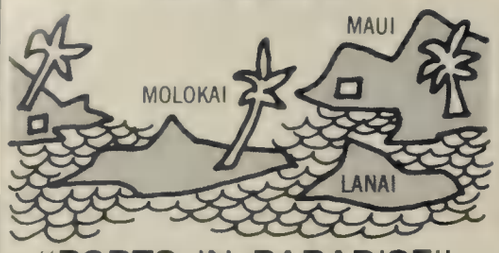

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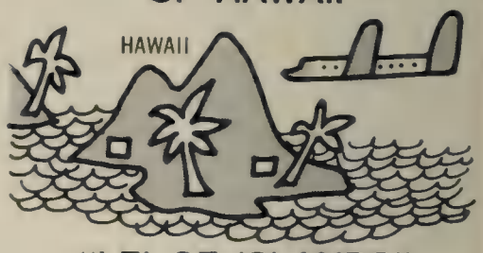

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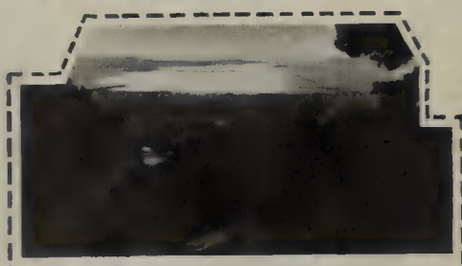

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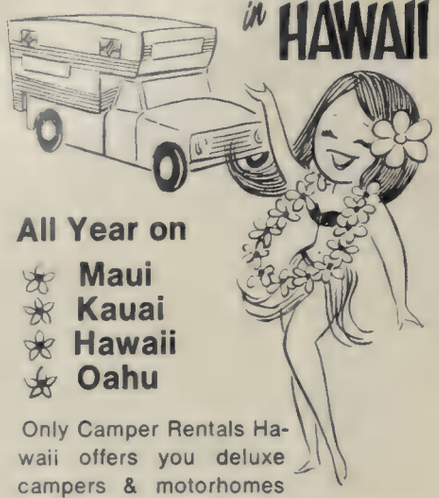

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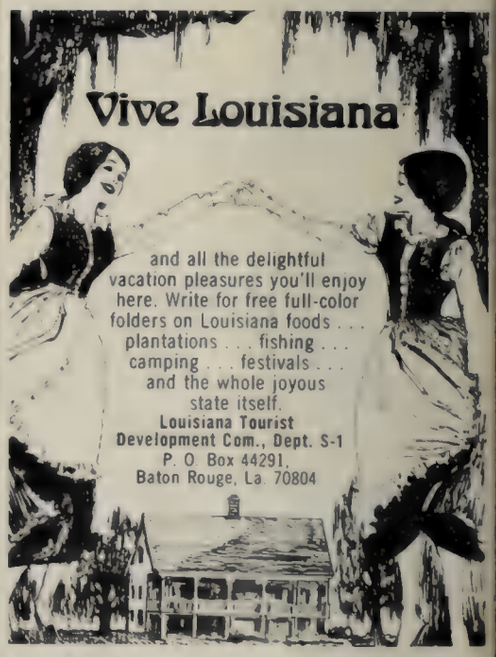

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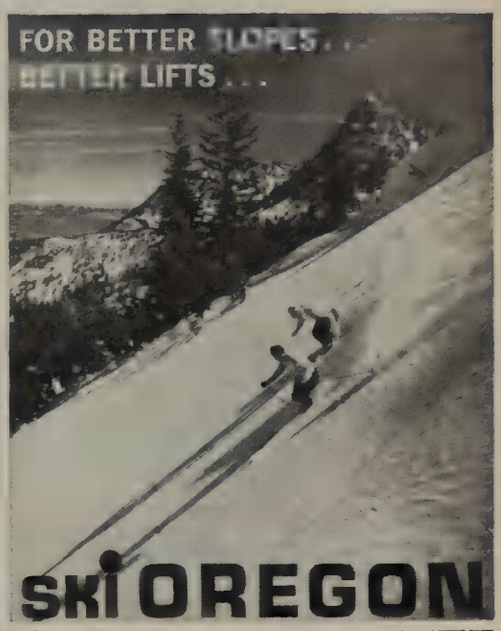

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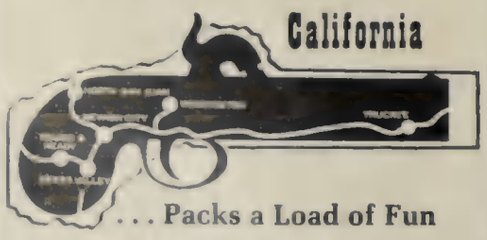

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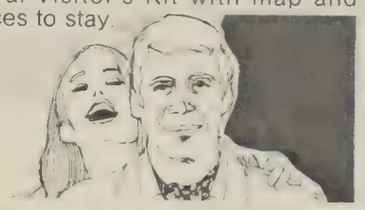

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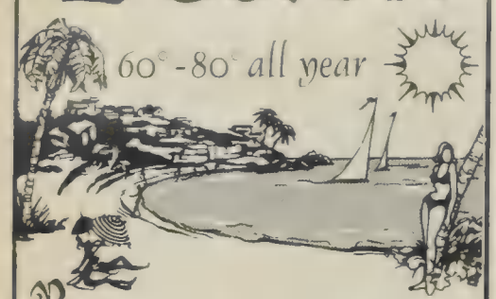

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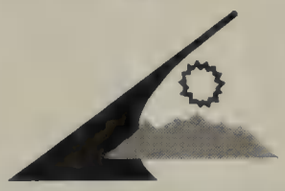

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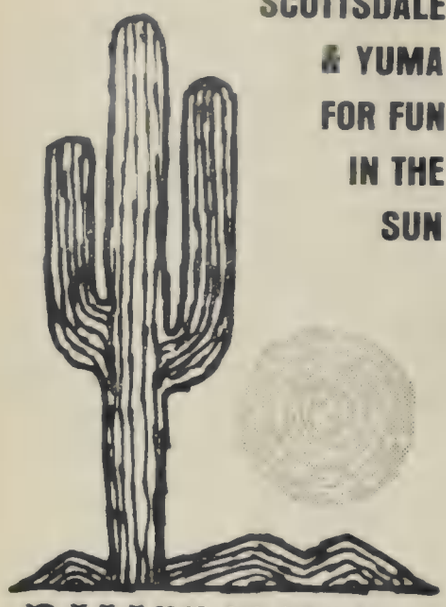

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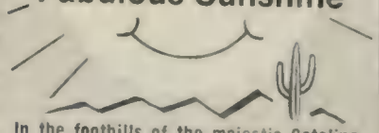

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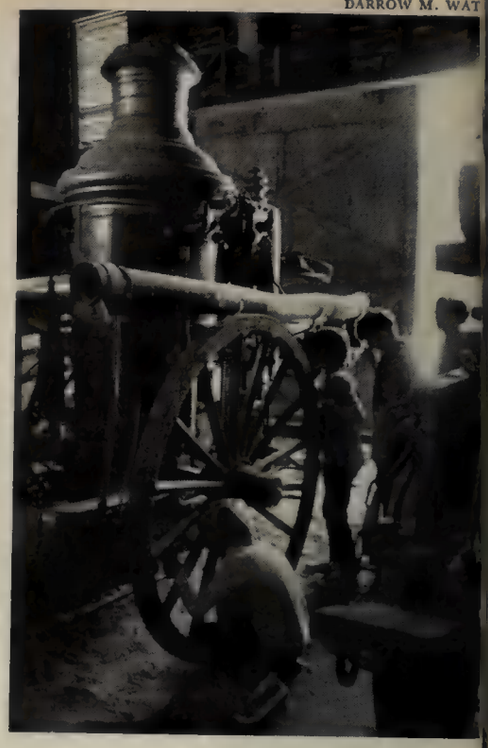

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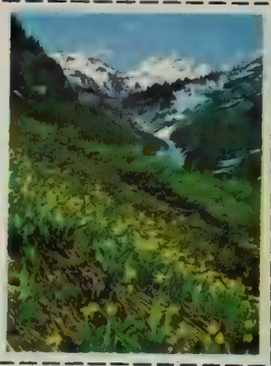

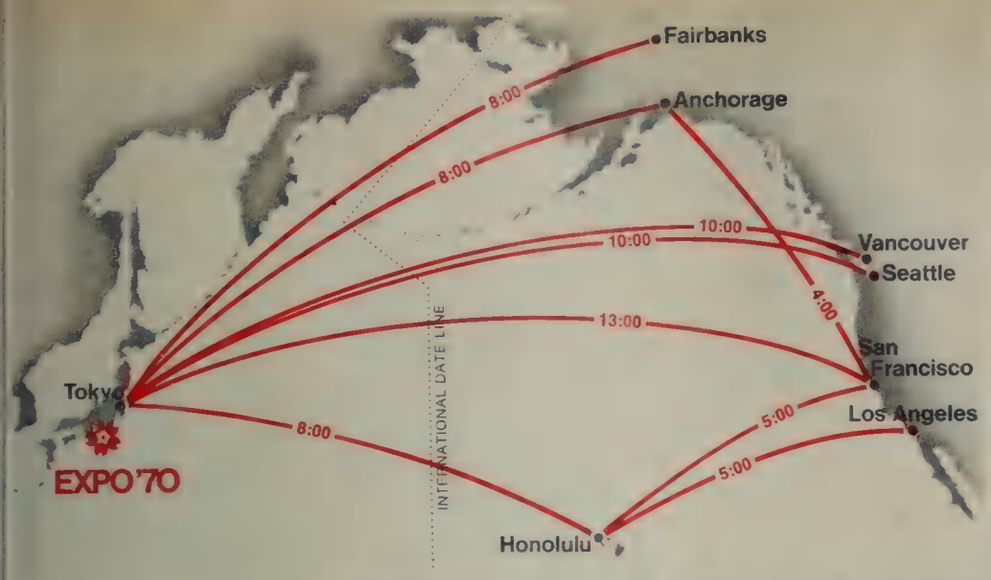

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ir routes between West Coast cities and okyo will be unusually busy this year.

he major cause will be Expo '70, first orld's fair to be held in the Orient, which ill open its gates in Osaka, Japan, on Iarch 15. But the trans-Pacific traffic enerated by a major world exposition in apan will be accelerated also by the re-ent approval of new air routes across the 'acific, a reduction in some trans-Pacific ir fares, and the introduction of the giant 62-passenger Boeing 747 on some of the .S.-to-Tokyo services.

n addition to the many special Expo-riented charter flights and air tours, even scheduled airlines will be offering egular service between West Coast cities nd Tokyo: *British Overseas Airways* from San Francisco and Honolulu), *Ca-adian Pacific Airlines* (from Vancouver), *China Air Lines* (from San Francisco after 'ebruary 1), *Japan Air Lines* (from Van-ouver, San Francisco, Los Angeles, and Honolulu), *Northwest Orient Airlines* from Anchorage, Seattle, Portland, San Francisco, and Los Angeles), *Pan Ameri-an World Airways* (from Fairbanks, Seattle, Portland, San Francisco, Los An-geles, and Honolulu), and *Varig Brazilian Airlines* (from Los Angeles).

Standard round-trip air fares to Tokyo rom Vancouver, Seattle, Portland, San Francisco, and Los Angeles are $1,216 per person first class, $722 economy class. Lower round-trip economy fares of $684 per person are available from these five West Coast cities from November 1 through June 30. Also available from West Coast cities are round-trip excur-sion fares (14 to 21 days) of $641 per person ($614 per person from November 1 through June 30).

Round-trip air fares from Anchorage to Tokyo are $1,080 first class, $655.10 econ-omy class. Round-trip fares between Honolulu and Tokyo are $950 first class, $551 economy class ($537.70 from No-vember 1 through June 30).

This month, major trans-Pacific airlines hope to introduce a new bulk fare be-tween West Coast cities and Tokyo at $400 round trip, plus an additional mini-mum of $100 in ground arrangements. The new fare will form the basic cost of many Expo '70 tour packages offered by airlines and travel agencies.

The variety and choice in Expo-oriented air tours, air-sea tours, and cruises for 1970 is so large that you will probably welcome the help of a travel agent in threading your way through all the fold-ers, timetables, options, and costs to find the plan that best fits your travel re-quirements.

Typical Expo tour prices range from bulk fare minimums of $500 and up per person —depending on the length of the tour, ex-tent and scope of ground arrangements, and the quality and class of transporta-tion and accommodations. A fairly repre-sentative, escorted 15-day Expo tour in-cluding sightseeing in Osaka, Kyoto, To-kyo, and Hong Kong costs about $900 per person. This includes round-trip air fares, all accommodations, breakfast each day, and sightseeing in each city visited. Special discounts are available to organ-izations and to special charters.

Information on a variety of 1 to 13-day Expo tours originating in Tokyo can be obtained from the Japan Travel Bureau, 278 Post St., San Francisco 94108.

strait to paradise

Load up your family car, camper or trailer and hit the marine trail, the fabulous Inside Passage, to Alaska. An historic strait which led hopeful miners to roaring Klondike and Yukon gold fields a century ago.
A magnificent, sheltered waterway, interrupted only by the wake of your sleek Alaska ferryliner as it knifes its way between Seattle or British Columbia and Alaska's colorful ports-of-call.
The strait is fringed with fjords and primeval forests. Timeless glaciers and mountains rise abruptly from water's edge. Waterfalls cascade to the sea. And friendly whales and porpoises cavort in your ship's wake.
Drive on or walk aboard and your journey begins. Stop over, if you wish, at cities along the way. Try your hand with the mighty Chinook salmon or the fighting Coho in Ketchikan. Spend an evening in Juneau, the swinging, cliff-hanging capital of Alaska. See Little Norway in Petersburg, a bit of Russia in Sitka and romantic Skagway of Gold Rush fame.
To top off your itinerary, add the unforget-table cruise in Prince William Sound from Anchorage to the Kenai Peninsula and Kodiak Island.
Aboard these new ferryliners, you'll find broad decks for promenades, sunning, or close-up views of passing ships. Spacious observation lounges provide picture-window panoramas. The dining rooms and state-rooms will delight your taste *and* budget. And keep in mind that the scenery is particularly spectacular during early Spring and late Fall! You may wish to cruise just one way, and drive the majestic Alaska Highway the other. It makes the perfect circle for your Alaska adventure.

Plan it with your travel agent, or send coupon for color folder and sailing schedule.

State of Alaska
Division of Marine Transportation
Pouch R, Juneau, Alaska 99801
Please send color folder and sailing schedule.

NAME_____
ADDRESS_____
CITY_____ STATE_____
ZIP_____

Safety Information State of Alaska vessels M.V. Malaspina, M.V. Taku, M.V. Matanuska, M.V. Tustumena, registered in the United States, and the M.V. Wickersham registered in Panama, meet international safety standards for new ships de-veloped in 1960 and meets the 1966 Fire Safety Requirements. This notice to passengers is re-quired by Public Law 88-777.

alaska
marine highway

S

Dancing *along a San Francisco beach, frock-coated youth exuberantly waves his umbrella at threatening skies and startled seagul*

In between storms, why not a winter's day at the beach?

MIKE HEDEN

Washing *in the surf, glass fishing floats are rare finds on storm-washed shores*

Kick off your shoes, roll up your pan walk along a rain-scoured beach duri the peaceful interlude between wint storms, and you may discover that this the best time of year to spend a day the shore.

Although storms this month may dren various areas of the northern Californ coast with 1 to 15 inches of rain, many the low pressure fronts will be followed b high pressure zones and steady wester winds—harbingers of fair weather.

Storm-prodded seas, especially when ru ning with an incoming tide, often ca flotsam-laden waves above the norm high water marks. These waves som times deposit fascinating and beautif objects along the upper regions of th shore before receding. Driftwood is b far the most abundant commodity o these storm beaches. Gnarled tree root splintered wreckage, and twisted piece of wood, weathered and warped by th elements, are most commonly found o beaches adjacent to river mouths.

Unusual shells and rocks can also b

PETE REDPATH

eople watching is part of the fun of post-storm walks

oard *in hand, beachcomber prods elp stranded on a wood-strewn cove*

found in profusion on the storm beach, but beachcombers usually have better luck in the normal intertidal zone closer to the water, especially along the edge of the surf just as the tide is turning to go out. A sprinkling of deep-water snail, cowrie, and scallop shells may be mingled with the more common limpet, cockle shells, and sand dollars.

Among the rarest and most exciting finds along the coast this time of year are the Japanese glass fishing floats that occasionally wash ashore after a particularly violent storm. Ranging from baseball to basketball in size, the floats are used by Japanese fishermen to buoy their nets: when the nets tear, some floats are freed, caught in the Japan Current, and carried thousands of miles past the Aleutian Islands and down our West Coast, perhaps as far as Point Conception in Southern California, where they are again carried out to sea.

Both beachcombing and tidepool watching should be at their best this month because of minus afternoon tides that will expose many tidal life zones usually covered by water. Minus tides will occur January 3 through 11 and 17 through 24. The lowest tides will be −1.9 (almost 2 feet below mean low tide) on January 7 and 8. Check local tide tables for exact measurements and times.

Effective March 1, a new California Department of Fish and Game regulation will prohibit collection of most invertebrates living between the mean high tide line and 1,000 feet beyond mean low tide on state-controlled beaches. In effect this prohibits the disturbing of tidepool animals. Details of the new law are in the 1970 Fish and Game Sport Fishing Regulations, available late this month at sporting goods shops and from the Department of Fish and Game, 1416 Ninth St., Sacramento 95814.

An invaluable aid to tidepool watchers is *Between Pacific Tides*, by Ricketts and Calvin (Stanford University Press, Stanford, Calif., 1968; $10)—designed to help beachgoers observe and identify the inhabitants of Pacific tidal environments.

7 BIG BANDS

No we don't mean Tommy and Jimmy Dorsey, Benny Goodman, Guy Lombardo, Glenn Miller, Kay Kayser, or even Ted Lewis. We mean the seven big bands you'll hear on The Global from Toshiba—including FM/AM/LW and four world-scanning SW bands. The ultimate achievement in international solid state portables. The Global is a communications masterpiece. All in a handsome, high impact "Duranyl" cabinet with genuine teak handle and teak veneer panels. For the big band sound of today, see The Global (Model 19L-825F) at your Toshiba dealer. Toshiba America, Inc., 477 Madison Ave., New York, N.Y. 10022.

Toshiba
THE INTERNATIONAL ONE

Last year for the King and Queen?

Whatever happened to the *Delta King* a the *Delta Queen?*

Before World War II the famous pair sternwheel steamboats carried passenge on a regular schedule between Sacramen and San Francisco.

Today the rotting hulk of the *Delta Kin* prematurely aged by vandalism and n glect, can be seen in her dilapidated fine on the murky water near Sacramento Capitol Avenue Bridge.

The *Delta Queen* has had a happier fat Green Line Steamers bought her in 194 from the U. S. Navy after wartime troo ferry service, took her through the Pa ama Canal to New Orleans, and refu bished her for passenger service on th Mississippi and Ohio rivers.

The *Queen* is still at work—the last stern wheeler in active service—but now he days are numbered. She will carry pas sengers until November 2; then, becaus of federal regulations prohibiting nigh sailing of ships with wooden superstruc tures, she will be retired.

She still has 33 cruises left. One of he traditional voyages will be a 12-day Mardi Gras cruise from Memphis to New Orleans and back, starting February 4 Fares including room and meals begin a $330 minus an off-season discount of 1 per cent.

The *Queen's* last run will be a one-way trip from St. Paul to New Orleans. Th 12-day cruise begins October 22; fares start at $330.

For a complete sailing schedule, write to Green Line Steamers, Inc., Public Landing, Cincinnati, Ohio 45202.

Two years under construction, both riverboats were launched in Stockton, California, in 1926. They were the largest steamboats in point of tonnage on America's inland waters.

Each of the floating palaces could accommodate more than 200 passengers in air-conditioned staterooms with oak and mahogany interiors and connecting baths, and could also carry more than 2,000 tons of freight, including automobiles.

The future of the *Delta Queen* after her retirement is uncertain.

Meanwhile, back in Sacramento, the fortunes of the *Delta King* have taken a slight upturn: A committee that recently formed to try to save the *King* has gone to court to clarify the vessel's legal status. For information, write to River Boat's Comin', Inc., 455 Capitol Mall, Sacramento 95814.

ALASKA

ALASKA

ALASKA

This is our land. Let us show you!

Alaska Airlines Air/Sea tours include the beautiful fjords and waterways of Southeast Alaska . . . the mystic blue glaciers and spectacular icefields of Glacier Bay National Monument . . . Mt. McKinley National Park, highest peak in North America . . . crossing the Arctic Circle into the land of the midnight sun . . . and unique Indian villages with their colorful totem poles. Ride a sternwheel riverboat, a narrow gauge railway ...an Eskimo skin boat (oomiak)...pan for gold...shop for the unusual. Experience it all on Alaska Airlines Golden Nugget Air/Sea Adventure Tours.

1

See your Travel Agent or send coupon for colorful brochures to Alaska Airlines Tour Dept. Seattle/Tacoma International Airport, Seattle, Washington 98158.

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FEEL

THE STRENGTH

While everyone else is pounding you with performance, Glasspar relaxes. Because performance should be gentle, not shocking.

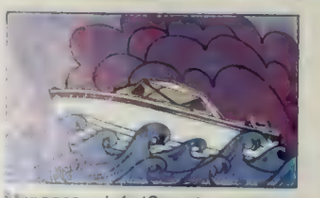
Like the 16' Cutlass. Lavishly roomy, luxuriously styled. Her subtle beauty belongs in the open water.

Under the rugged tri-hull design is Life/Guard Construction*. That's what makes Glasspar a safer, quieter, smoother riding fibreglass runabout.

Before you buy a boat, take a look at a Glasspar. She's tough but beautiful.

Safer — Life/Guard Construction features a unique foam [illegible] Glasspar's hull, combined with a "bilge tunnel" to make Glasspar virtually noncapsizeable.

Quieter — Life/Guard Construction [illegible] engine and water noise [illegible] formed in a Glasspar hull [illegible] she is quieter than other [illegible] runabouts.



Stronger — Life/Guard combines layers of fibreglass, foam and additional layers of fibreglass. It makes Glasspar safer, stronger, quieter than conventional hulls.

LGC LIFE GUARD CONSTRUCTION

Glasspar

BLUE WATER BOATS

A Division of Larson Industries, Inc.
Plants in Little Falls, Minn. / Nashville, Tenn.

*Patent Applied for

DON NORMARK

Mexican elephant cactus, *often mistaken for saguaro, towers above a path while visitors examine a slipper flower plant*

20 acres of desert discovery

After years of wandering through the deserts and studying the kinds of vegetation in arid places, most people, besides having a dark sun tan, would have a working knowledge of desert plants.

But if you have only an afternoon to spend, and you happen to be in Phoenix, a good alternative to such desert wandering is a stroll through the Desert Botanical Garden of Arizona.

Concentrated in about 20 acres of arid land, you'll find more than 1,500 species of plants from deserts around the world, including a large selection of plants native to the West.

The gardens are open from 9 A.M. to 5 P.M. daily, and visitors can wander around or take the guide-yourself nature walk. A guide booklet (obtained in the visitor center for a dime) identifies the various types of plants, where they are found, seasonal variations, and uses. Visitors can examine the 46 stations along the trail in half an hour, then go on to view the natural history and Indian artifact exhibits in the garden's auditorium.

On Thursday and Sunday at 3 P.M. from now through April, visitors can also attend lectures in the auditorium dealing primarily with Western flora and fauna.

The gardens are at 6400 E. McDowell Road in Papago Park; admission is 25 cents. For a schedule of lectures and events, send a 6-cent stamp to Desert Botanical Garden, Box 5415, Phoenix 85010.

Between the most beautiful sunset and the rest of the world is a city waiting for you.

MANILA.

One bay. One glorious sunset. Asia's most picturesque park. The Orient and the old world within city limits. They're here waiting for you.

Manila begins anytime. Midday in Chinatown. Late 16th century in the Walled City of Intramuros. A few minutes past six on Roxas Boulevard... with nightlife any time of day.

If you have a few days, spend them collecting memories. The ride on a colorful jeepney. The foggy mornings at Rizal Park. The Bayanihan dancers. The deaf-mute coffee shoppe. The dungeons of Fort Santiago. The kaleidoscope of cultures at the Philippine Village. The latest fashion in pineapple fabric. A lifetime for every day.

If you have a week, sail/fly to the outer islands. Cebu, with its guitars and Spanish cathedrals. Zamboanga, land of swift-sailing *vintas* and sea gypsies. Davao, where you taste the fruit of the gods. Take in the outer islands on your own or on a package tour.

No visa is needed up to 7 days. If you're flying anywhere in Southeast Asia, you can take in Manila at little or no extra air fare. You'll have 16 international airlines for easy connections. And the warmest of friends among people who speak your language. Come. Get yourself a lasting memory.

For further information, write to the Board of Travel and Tourist Industry or Philippine Tourist and Travel Association P.O. Box 3451 Manila, Philippines.

Philippines

BTTI-13P-69F

China Airlines to taste the difference

The big difference in airlines these days is food. And, if you're lucky enough to be going to Tokyo and the Orient get set for the big difference in food.

You can taste it on China Airlines, the world's only Flying Chinese Restaurant. As you enter one of the brand new Boeing 707's you forget you're in an airplane. There's a beautiful Chinese mural in the lounge area. You're struck by the red and gold panels, the ancient symbols, the traditionally clad hostesses.

And a bit later, when those pretty hostesses start bringing on the food, you sense you are close to greatness.

Springrolls removed from the oven at the precise moment, sweet and sour pork you could write a sonnet about. Imagine bite size pieces, lightly breaded and succulent in a tasty sauce very few chefs know how to make perfectly. And then Mandarin chicken, seasoned flawlessly, served with shimmering gold noodles. It's heaven, all the way to the tropical fruits and jasmine tea. Of course western food is also available.

We're so sure you'll have the most memorable meals of your life on China Airlines, we've even put together a recipe book, so you can enjoy these delicacies again at home.

Now ask yourself, wouldn't you rather go to the Orient on a Flying Chinese Restaurant? Call your travel agent or China Airlines.

CHINA AIRLINES

The flag carrier of the Republic of China.

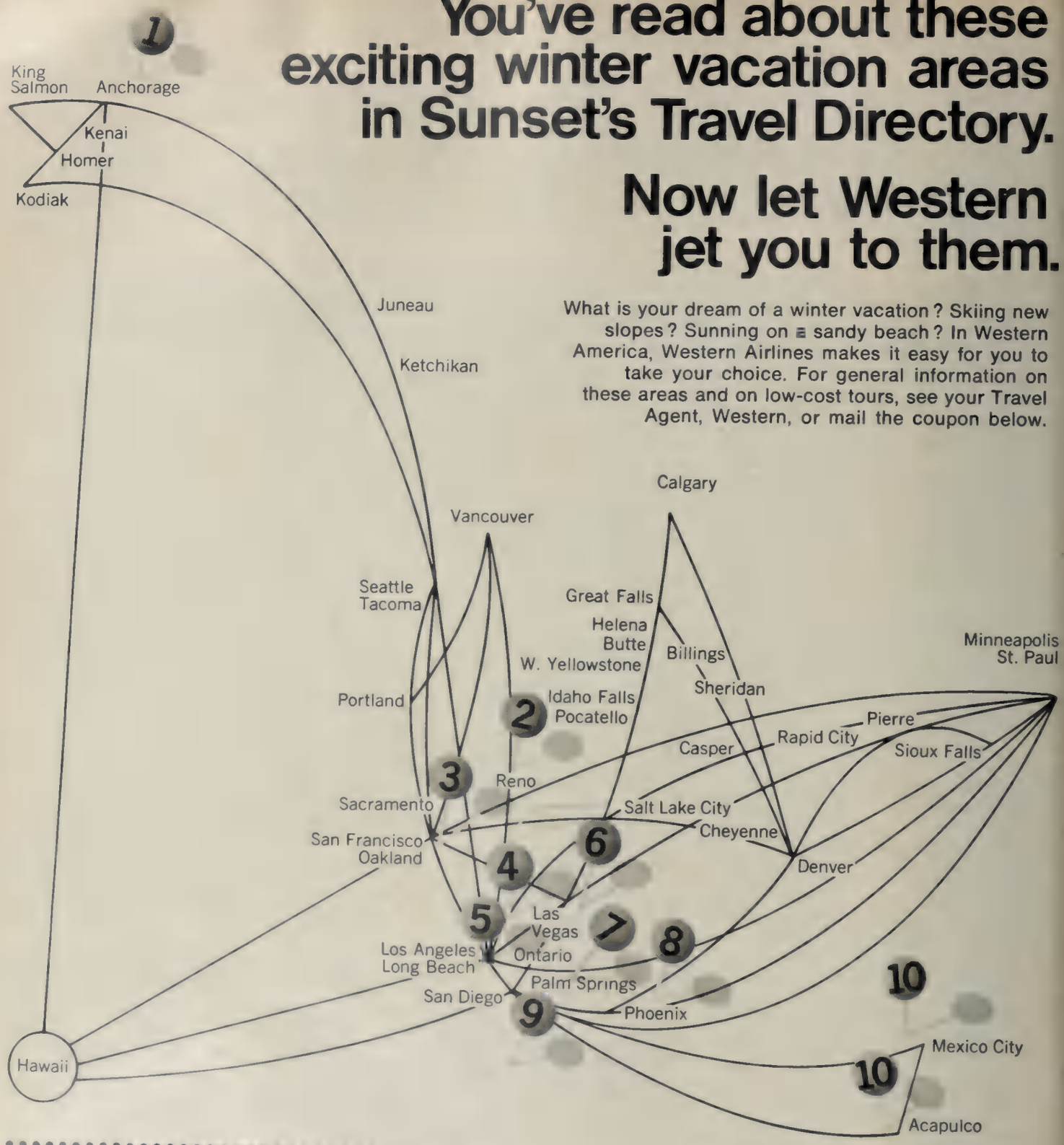
* Service begins February 2, 1979

he Orient. You can

You've read about these exciting winter vacation areas in Sunset's Travel Directory.

Now let Western jet you to them.

What is your dream of a winter vacation? Skiing new slopes? Sunning on a sandy beach? In Western America, Western Airlines makes it easy for you to take your choice. For general information on these areas and on low-cost tours, see your Travel Agent, Western, or mail the coupon below.



1 ALASKA – Inside Passage "Northern Lights" cruise, Anchorage Fur Rendezvous, skiing at Mt. Alyeska.

2 RENO / TAHOE – Famous-name entertainment, skiing at Heavenly Valley or Squaw Valley.

3 SAN FRANCISCO – Chinatown, Golden Gate Bridge, Fisherman's Wharf, cable cars, Ghirardelli Square.

4 LOS ANGELES – Winter racing, Marineland, movie studio tours, Music Center, Farmers Market, major league sports.

5 LONG BEACH – Disneyland, Knotts Berry Farm, Queen Mary.

6 LAS VEGAS – World-famous entertainment, casinos, luxury resorts, Hoover Dam, Lake Mead.

7 PALM SPRINGS – Salton Sea, Mt. San Jacinto, Aerial Tramway, spas, golf, horseback riding in the desert.

8 PHOENIX – Scottsdale, golf, historic Indian reservations, dude ranches.

9 SAN DIEGO – Sea World, Balboa Park Zoo, deep-sea fishing, golf.

10 MEXICO – Mexico City Pyramids of Teotihuacan, Ballet Folklorico, bullfights; Acapulco: deep-sea fishing, luxury seaside hotels.

Yes! I'm interested in doing something different this winter. Please send me information on the areas circled.

Western Airlines Tour Department
P.O. Box 2745
Los Angeles, California 90054

NAME _____ PHONE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

MY TRAVEL AGENT IS _____

Bargain-hunting for air fares

ıe jet set is no longer limited to the ery wealthy. As air fares come down, ıe number of Westerners taking flying ıcations to foreign destinations increases eadily. But the pattern and variety of res is confusing, and we receive many ıestions about the choices available.

everal of these choices involve chartered rcraft: There are arrangements called ngle entity charters, pro-rata affinity ıarters, and inclusive tour charters. here are also non-charter plans such as oup inclusive tours, bulk fares, and indi- dual excursion rates. And there are two nds of airlines: scheduled and supple- ental (formerly called non-scheduled), oth of which must conform to Civil Aero- autics Board (CAB) standards.

harter flights operated specifically for usiness, fraternal, or social groups reduce ıe cost of air travel considerably. Re- ıember, however, that your trip must be lanned around the destination of the ight; if you take a charter to and from ondon, you must allow for the additional xpense of air or surface transportation you intend to visit the Continent. And our departure and return dates are de- ermined by the schedule of the group.

ecause a pure charter provides transpor- ıtion only, no ground arrangements (air- ort transfers, hotel reservations, meals, ırface transportation) are included in the rice of your ticket. The traveler handles ıese independently or through a travel gent. The agent charges a fee for making ıese reservations; some agents will not andle the business at all.

'harter flight is not luxury travel but is omparable, and sometimes superior, to omestic tourist or economy travel.

INGLE ENTITY CHARTERS

)f least importance to individuals, this vpe of charter is primarily used by com- anies as a sales incentive for their per- onnel. The organization leases an aircraft nd usually pays for the holiday.

RO-RATA AFFINITY CHARTERS

'ery specific rules cover an affinity-group harter. To be eligible, an organization ıust be reputable, must have been in ex- stence for at least six months, and must ave been formed for some purpose other han travel. Each member, to be eligible or a flight, must have belonged to the rganization for six months and have oined before the trip was announced.)nly members of his immediate family re eligible, and no outside solicitation is

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Your happiest stop on the highways. Good food fast; great pecan candies, gift packs for any occasion. We'll mail for you anywhere. Gas up with ten gallons and get a box of delicious candy free. Relax, refresh, at Stuckey's. Coast to coast.

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Go where the Islanders go

People who live in Hawaii have a special talent for having fun. That's why you'll find them at the carefree Kauai Surf, on Kalapaki Beach, Kauai, doing a lot of pleasant things. Golfing. Swimming. Playing tennis. Surfing. Sunning. Shelling. Exploring. Dining. Dancing. After all, a 98 acre resort gives you plenty of room to meet a lot of nice people.

The KAUAI SURF
Kalapaki Beach, Kauai, Hawaii

For information and reservations see your travel agent or write:
Inter-Island Resorts,
P. O. Box 8539,
Honolulu, Hawaii
96815

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Please notify us six weeks *before* moving. Place SUNSET address label in the space provided and print your *new* address below.

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Attach SUNSET mailing label

Please Print Clearly

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New Address _____ _____

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State _____ Zip _____

YES, ROMANIA!

What makes Romania the Europeans' own favorite vacationland?

Do they go for the exotic folkways and folk arts of a thousand picturesque villages [illegible] of the Paris-style sophistication of Bucharest's boulevards? Is it the "[illegible]" action of the Black Sea beaches, or the hideaway serenity of a Carpathian Mountain chalet? The fantastic natural wonderland of the Danube delta? The Greco-Roman treasures or the painted monasteries of Moldavia?

Or could it be all that [illegible] the 20% tourist exchange premium that gives them so much more for their exchange marks, [illegible] and can give you an all-inclusive [illegible] tour for just about $12 a day!

YES, ROMANIA! YES, ROMANIA!

Romanian National Tourist Office
500 [illegible] Avenue, New York, N.Y. 10036

Yes, I'd like to know more about the many attractions, the delightful accommodations, and the low-low rates of Europe's most exciting vacation bargain!

_____
NAME

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ADDRESS

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CITY STATE ZIP

ROMANIA! YES, ROMANIA!

ROMANIA! YES, ROMANIA!

YES, ROMANIA! YES, ROMANIA!

allowed to fill the plane.

If all of these requirements are met, th should be no difficulty with the CA which currently is looking very carefu at possible irregularities and has cancell some charter flights at the last moment

Forty passengers are enough to qual for renting a jet, but because the cost pro-rated among the number of peo making the trip, the airlines provide s charters—assigning up to three groups a plane, thus giving each traveler a grea price advantage.

INCLUSIVE TOUR CHARTERS

Individuals not affiliated with a gro can take advantage of charter air tra Commercial tour operators charter a j plan an itinerary (including all grou arrangements), then sell an entire packa through a travel agent. Both air fare a accomodations are included for little m than the normal cost of an airline tick Such a tour can be advertised to the ge eral public.

GROUP INCLUSIVE TOURS

Essentially the group inclusive tour the scheduled airlines' answer to supp mental lines' charter flights. You ha the advantages of traveling indepen ently at group tour prices. You pick a d parture date; the airline, the travel age or tour planning organization undertak to assemble a group of 15 people or mo If this is not accomplished, the passeng is advised at least 30 days before d parture and every effort is made to off an acceptable alternative (usually b shifting the departure date).

The group departs together from the gat way city and returns together. A min mum $70 on-the-ground package mu be purchased.

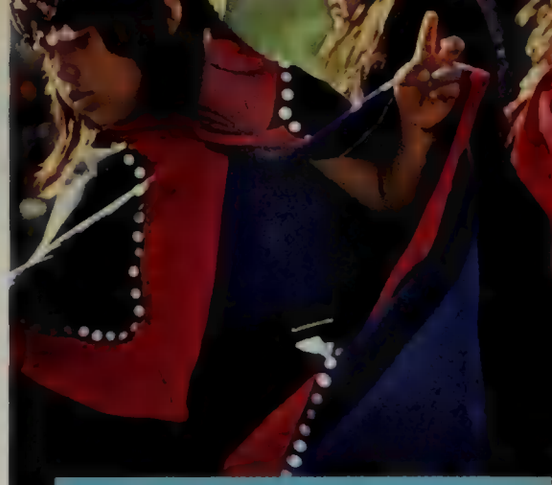
BULK FARES

At press time the CAB had not giv firm approval for extension of a gro fare called "bulk booking" beyond 196 This fare was similar to the inclusive to charter except that the agent book space on a scheduled flight.

NEW FARES

Scheduled airlines are now considerin drastic fare changes for 1970. Already i effect is a new 22-day minimum-stay pla that allows individual fares as low a $240 for the New York - Lisbon roun trip. New group fares without any affinit requirement may allow such prices as $30 for a San Francisco - London round tri These fares are frankly aimed at com peting with the charter flights, offerin an individual bargain prices without th necessity of belonging to an organizatio

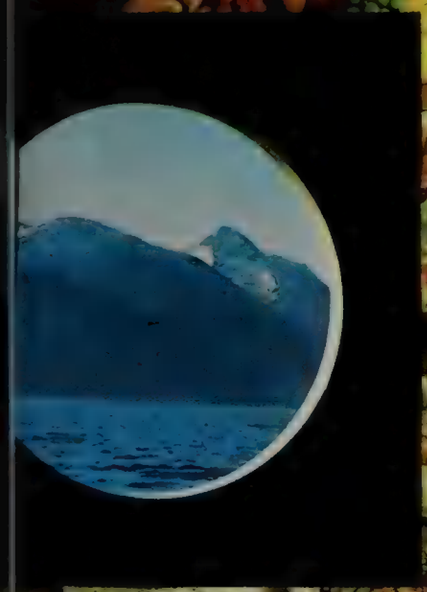
It's wise to plan a foreign trip well in ad vance and to analyze all the available op portunities carefully. Talking to a trav agent before making a decision is advis ble—and free.

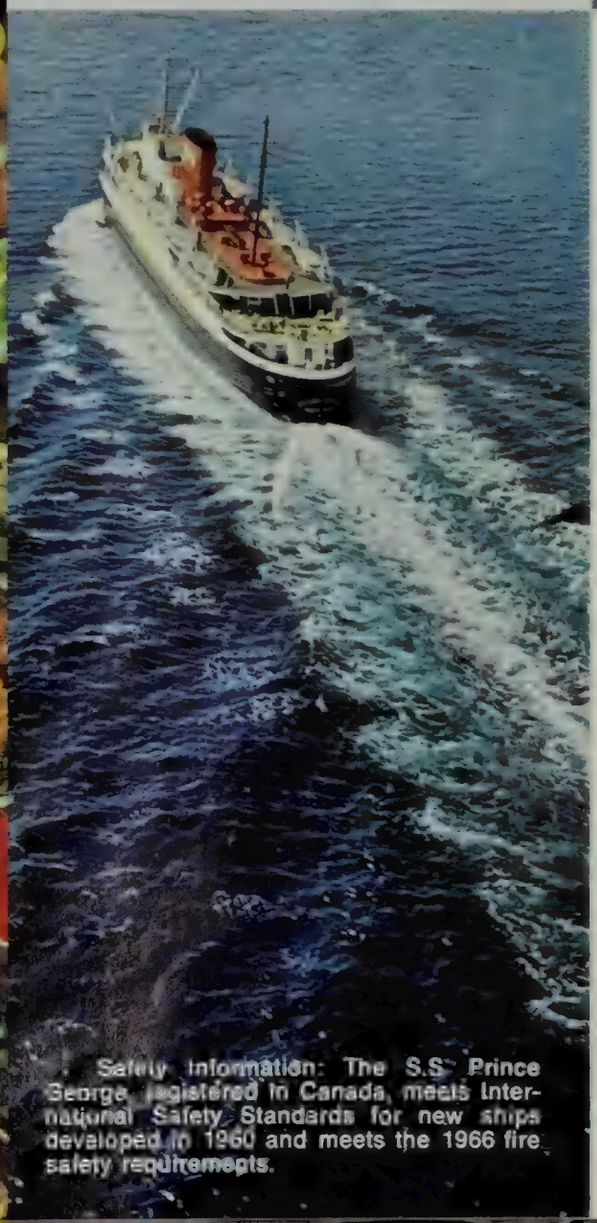


2000 spectacular miles.
30 fabulous meals.
8 unforgettable days.
1 ship has it all.

S.S. PRINCE GEORGE TO ALASKA.

Imagine a sheltered waterway winding 2000 miles past mountains, waterfalls, glaciers and fiords. Picture a cruise ship on the order of a fine vacation resort. Every cabin has an outside view. There are 7 decks for strolling and sunning, warm cocktail lounges, friendly clubrooms.





Safety Information: The S.S. Prince George, registered in Canada, meets International Safety Standards for new ships developed in 1960 and meets the 1966 fire safety requirements.

Imagine a menu of gourmet calibre. Offering such specialities as freshly-caught B.C. salmon. Or prime western beef. With a wine list to tempt a connoisseur.

This is the S.S. Prince George, Canadian National's famous cruise ship. Bound from Vancouver, B.C. through the sheltered Inside Passage to the intriguing ports of Prince Rupert, Ketchikan, Juneau and Wrangell with their unique shopping opportunities. Bound for Skagway and an unforgettable optional side trip on the old "Trail of '98" to Lake Bennett. Shouldn't you book now?

21 sailings from Vancouver from April 26 through October 3. Cost: as low as $290. per person, Canadian funds (includes accommodation and meals). Ask about special discount rates for early and late season cruises. See your travel agent or Canadian National Passenger Sales Office.

SU-1

Canadian National Railways

Passenger Sales and Services,
Canadian National Railways,
P.O. Box 8100, Montreal 101,
Quebec, Canada.

Please send me color brochure on the S.S. Prince George Alaska Cruises.

Name .....

Address .....

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State ..... Zip .....

Albuquerque USA

...where winter and summer are 17 miles apart!

How many places in the U.S.A. offer you the choice of skiing in powdery snow in the morning and playing a round of golf or a set of tennis under the dazzling sun in the afternoon? Albuquerque does! Albuquerque...where "winter and summer are only 17 miles apart!" You'll love Albuquerque's climate as well as her challenging ski slopes in the Sandia Mountains. Come and try us. After you've spent a day or more on the Sandia's sun-dappled ski runs, breathed Albuquerque's sparkling, clean air, basked in her sunshine and been warmed by her hospitality, you may decide to make your vacation here a permanent one. We hope so!

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Fog, ice, snow on auto glass

Although experienced motorists are well aware of the hazards of fogged or ice glazed windshields, it's useful to remind ourselves occasionally of the importance of keeping car glass clear—and review some of the ways.

Fortunately, what used to be a time consuming, cold, and tedious cleaning task is getting easier. Most automobiles manufactured in recent years have windshield-defrosting heaters, and some 1970 models feature defrosters for both windshield and rear window. And chemical and mechanical products to eliminate the nuisance and hazards of a foggy or icy windshield are available in automotive supply shops and dealers, service stations, supermarkets, and many department and variety stores.

Foggy glass. Windshield cleaning detergents like those used by service station attendants often contain special chemical compounds that inhibit fogging. Many household detergents, especially those containing glycerol, not only will remove road grime from windshields and windows but also will help prevent the glass from fogging.

A special silicone-treated cloth or paper toweling removes and prevents simple fogging on interior and exterior glass surfaces.

Frost, ice, snow. In colder climates, ice and snow as well as fogging may limit the driver's visibility. Neither the cloth nor paper toweling is effective against frost or ice, but the combined use of an ice-scraping tool and deicing solution will remove the hazard.

Aerosol spray cans of ethylene glycol or other deicing agents (some spray cans have nozzles fitted with scraping tools) are effective for windshields and windows. (Deicing sprays are also helpful in thawing frozen door locks.)

For automobiles equipped with automatic windshield washers, special antifreeze solutions are available, but of course the only area affected is that within the sweep of the windshield wipers.

Incidentally, read the label instructions carefully when selecting a commercial deicing agent, and look for the manufacturer's assurance that the chemical will not damage the car finish.

For prolonged or overnight parking in the snow, it will save time later to cover the entire windshield with plastic sheeting or a canvas tarpaulin.

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Kwan Yin, *goddess of mercy, sits atop lotus blossom in temple courtyard*

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Sha Tin only 20 minutes by rail from Tsim Sha Tsui Station in Kowloon. You proceed along wooded hillsides through small villages to the Temple of Ten

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Tony Bennett

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Scurrying silently *past pagoda, a woman balances heavy stones for temple repair*

Thousand Buddhas.

The pink brick pagoda of the temple is visible from the Sha Tin station; use it as a beacon. The climb is strenuous, especially in hot weather, but even with brief rests at pathside eating places it takes only about an hour. You'll pass bakers preparing cookies outdoors, and glance into the orderly interiors of modest dwellings. When you look back, you are encouraged on by the increasingly spectacular view of Sha Tin and the waters of Tide Cove.

The Temple of Ten Thousand Buddhas was completed only 12 years ago, but it more than lives up to its name: Inside are in fact more than 12,000 Buddhas, most of them gilded. Just above, you'll find the temple of the amazing Yuet Kai. Mr. Yuet died at the age of 87 and was buried. Eight months later, his body was found to be perfectly intact. It is on view, gilded, in the temple.

At rest stop, *visitor asks way to Man Fat Che (phonetic pronunciation of temple)*

Bet on it.

When you swing from the chair lift at the 9700 foot summit of Slide Mountain, you're in the center of the nation's largest concentration of fine ski facilities. Strung out along the Sierra ridges is a network of 16 ski resorts with 59 chair lifts. Every level of skiing, from beginning to championship, is only a short ride away over modern all-weather highways.

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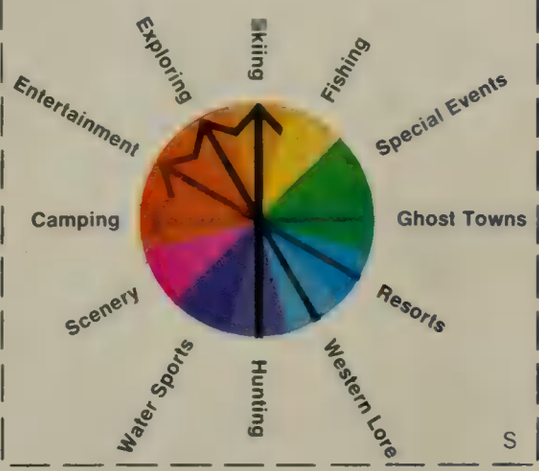


S

GLENN CHRISTIANSEN

Bedtime *at Lydgate Park, Kauai. A California mother puts her preschoolers down for nap. Blankets are beach towels*

Why wait for Hawaii?

Here's one way to go . . . on a really low budget, and take your preschool children with you

Multiple *showers in Hawaiian parks are good places to make new friends*

Mainland *camper and Oahu friends discover a common interest—bugs*

Mention camping to the Westerner and all sorts of places come to mind—but not usually Hawaii.

Why not try it, we thought, using a *Sunset* editor and his young family as typical mainlanders bent on exploring the little-reported opportunities for camping in the tropical beach parks of the Hawaiian Islands?

Separated sometimes by no more than a

At Hanalei Bay *on Kauai, camping is like owning your own island. After a falling coconut just missed the tents, we moved them*

Oahu residents *are great picnickers. This family has come to the beach with a sun screen for day use*

GLENN CHRISTIANSEN

Elaborate *vacation camp includes stove, coolers, and, of course, fishing tackle. Islanders are enthusiastic anglers*

On the beach you meet island families. And later you meet more local people at the open-air laundromat

Californians *brought their tents from mainland. The one the children sleep in, directly behind them, is fitted with large panels of insect netting, a feature well suited to camping in the tropics*

row of coconut palms from resplendent resort hotels, we found the beach parks to be among the quietest, loveliest, and most interesting places to spend time in the Islands. Whether you camp or just use the parks on daytime excursions, you'll find them richly varied, in some cases unique, and off the mainstream of tourist traffic.

Camping in Hawaii not only is easy but economical. The savings it permits, along with recent reductions in air fares, may make a previously undreamed-of holiday possible, or they can lower remarkably the cost of a trip already planned.

Minimum air fare to Honolulu or Hilo is now only $85 from West Coast cities. Thus a couple can make the round trip between, say, Los Angeles and the Big Island of Hawaii for $340; a family with two children between 2 and 6 years old can travel for $510.

These thrift-class fares, adopted just three months ago, are limited to certain days of the week (Monday through Thursday, in most cases) and don't include meals. (But for the savings—about $20 or more per ticket—you could pack or buy quite a box lunch.)

The flight to Hawaii from the West Coast takes approximately 5 hours, just about time enough to see the movie, eat a sandwich, and perhaps take a nap—if your children permit it.

Air service between islands (Aloha Airlines and Hawaiian Airlines) is fast, efficient, and informal and can be made even more convenient by booking your local-flight reservations when you buy your mainland-Hawaii round-trip tickets. A travel agent can be of help in this, because there are package fares available between the islands.

THE COST OF CAMPING

Hotel restaurants will explode your budget in a hurry, but a family of four can easily keep meal costs below $10 a day by cooking at campsites—the $10 figure includes not only food but charcoal, fire starters, and picnic utensils and accessories. Since Hawaii residents are great picnickers, most of their markets sell these supplies.

On arrival at any Hawaiian airport, it may seem to you that half the population is in the car rental business. Low rates are one result of so much competition: Small cars rent for as little as $6 a day and 6 cents a mile.

Standard-sized cars are also available, of course, if the amount of gear or size of your family requires. But from time to time you'll be driving on narrow roads for which the small cars are best.

Major car rental agencies offer special rates in the Islands. One such arrangement is $13.50 a day with no mileage fee. You buy the gasoline.

No matter how skilled your family barbecue chef, you'll want to eat in restaurants sometimes. Away from tourist centers, you'll find unpretentious places that are remarkably inexpensive. Even "hamburger stands" serve such dishes as teriyaki steak and mahimahi (dolphin fish) for $1. Saimin, a popular Japanese-Hawaiian dish, costs about 50 cents. We had a memorable and excellent meal at a small restaurant on Kauai—a "pork tofu special"—for $1.40 per plate including salad, coffee, and dessert. Such meals, especially if you like Oriental dishes, are adventurous good eating.

CAMPING EQUIPMENT

Many of the beach parks have a few fireplace grills suitable for charcoal cooking

Wide-open *laundromat in Lihue is a great convenience for camping mother. Parking lot is edged by tropic forest*

(other fuels are rarely available), but if you invest about $5 in a small barbecue grill or hibachi cooker when you arrive in the Islands, it will allow cooking and camping wherever you wish.

Though you may have the urge to take sleeping bags, they are too bulky and (unless you plan high-altitude camping) too warm. On the beaches, where temperatures seldom fall below 60° at night and generally average 70° to 80°, a lightweight wool blanket and air mattress for each person is all the bed needed.

If you want to camp in the high mountains—and Hawaii has some very high mountains—you'll need cool weather gear. But such camping requires some experience and raises problems we do not deal with in this report.

A tent is required on some islands for a camping permit. Required or not, rain and mosquitoes make a tent highly desirable. As long as yours is waterproof (or water-repellent) and insectproof (with bug netting over openings and an attached, one-piece floor), its design makes little difference. Large "living-room-sized" tents are comfortable, but are bulky to pack and carry. Small mountain tents (two tents for four people) are compact and light and can be easily packed in a suitcase. Changing clothes in them almost requires acrobatic training, but on the whole they are more satisfactory for your Hawaii camping than a big, heavy tent.

RAIN AND BUGS

Each of the islands has what are generally called a dry side and a wet side. It does rain on the dry (leeward) sides, but much less than on the windward sides, which are very wet, green, and lush. Indeed, some of the most beautiful campsites on earth are on the soggy sides of Hawaiian isles.

The climate is so warm that even being soaked is a minor matter—unless you are a lady and just had your hair done.

The Islands have several species of mosquitoes, both daytime and nighttime biters. Only at night, however, are they apt to bother you seriously, and not then if

GLENN CHRISTIANSEN

Passengers *at Kahului Airport, Maui, board jet for the 28-minute flight to Honolulu, Oahu*

Between camps *you drive on narrow but usually well surfaced roadways. This one is on Hawaii*

your tent is bugproof.

Centipedes, which bite painfully, were once common, but in recent years their numbers have decreased. Apparently the credit should go to toads which were introduced from Puerto Rico in 1931. Islanders call them *bufos*.

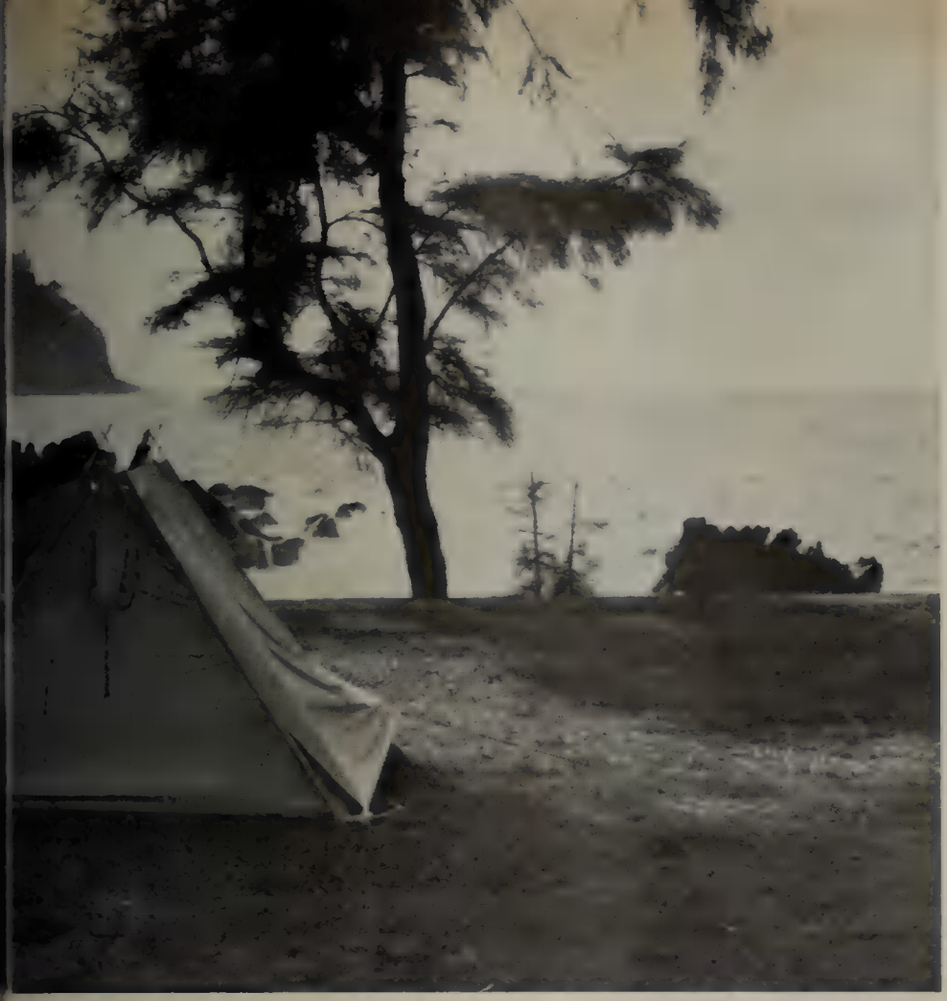
Scorpions are found sometimes in the forest areas of dry regions, but they are not common.

There are no poisonous snakes in the Islands.

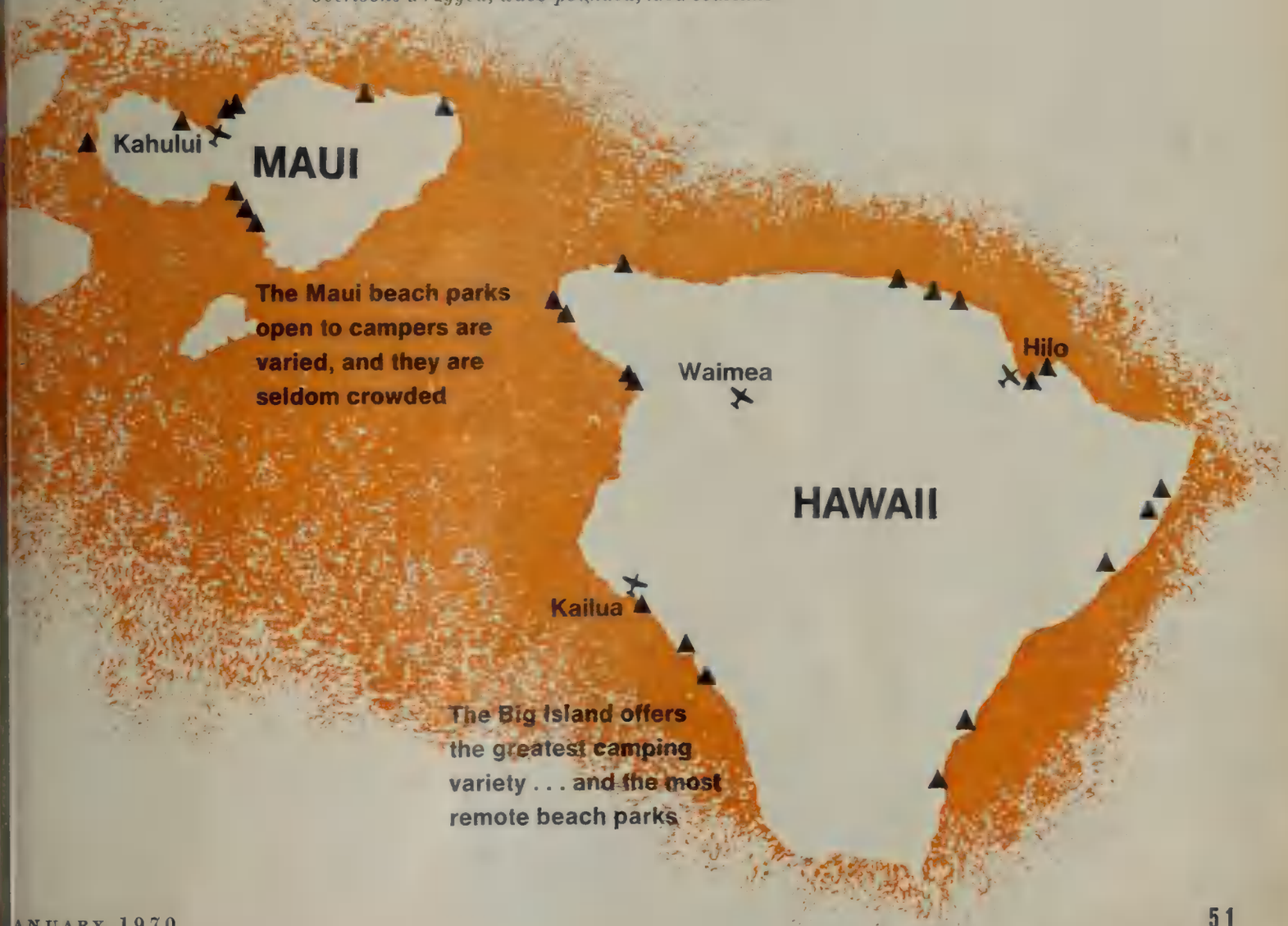
BEACH PARK FACILITIES

The parks where camping is permitted have fresh running water. This is more than a convenience, because water from lowland streams and rivers in Hawaii is unsafe to drink. High mountain streams are reported to be safe water sources.

The parks also have pavilions, rest rooms, and sometimes stall showers. Even parks without enclosed showers have outdoor showerheads for swimmers. Quality of the pavilions and shower - restrooms will vary between campsites and islands, but



Typical *of many beach park campsites, at Laupahoehoe Beach Park on Hawaii you pitch your tents on well groomed lawn. This particular campsite overlooks a rugged, wave-pounded, lava coastline*



ranges from adequate to near-luxurious.

Most of the parks have caretakers who live nearby. We encountered some littered parks at the end of long summer weekends, but usually the grounds were clean and well maintained, as were showers, rest rooms, and pavilions.

The following is our report on camping on four islands—Hawaii, Maui, Oahu, and Kauai. It compares county beach parks on each island, along with the relatively few Hawaii state beach parks where camping is allowed.

In all cases you need camping permits, except for the county parks on the big island of Hawaii; and permits may be required here also in the near future. State park permits can be obtained by mail in advance of your trip. Write to Department of Land and Natural Resources, Division of State Parks, Box 621, Honolulu 96809.

HAWAII

The island of Hawaii is the biggest in th chain and in many ways is best fo campers. For one thing, Hawaii Count publishes a 10-page brochure called *Guide to Public Parks* (available fre from the Department of Parks and Re creation, County of Hawaii, Hilo 96720 This lists and describes, in more deta than any other source, all campground on the island.

One special appeal of the Big Island i that you can, if you wish, get into exten sive regions still mostly unpeopled an undeveloped. You have the option o camping in or near some of Hawaii's mos lavish resort communities or as far fron such busy complexes as is possible in th Islands.

There are some outstanding swimmin beaches; many of the beach parks, how ever, are located where swimming is dan gerous, difficult, or impossible.

MacKenzie State Park, on the jagged lav cliffs of the southeast shoreline, is one o the island's remote camping parks; it' about 25 miles over narrow roads fron Hilo. There are pit toilets, no showers, a pavilion, and fresh running water. Th camping areas are shaded by a dens grove of ironwood trees (*Casuarina equi setifolia*, a pinelike transplant from Aus tralia). These grow on a bluff overlookin wave-pounded basalt cliffs of great beaut —but great potential danger for youn children.

This camping area, like so many others i Hawaii, is well populated with mongoose which were first introduced to the Island in 1883. If you see an especially fat mon goose at MacKenzie Park, it may be th one that stole a broiling steak right of our fireplace grill. Our advice where mon gooses lurk: Don't leave your steaks un attended.

Another appealing campground is Harry K. Brown Beach Park, with its lush for est and a beach where swimming an fishing are "relatively safe during norma climatic conditions," according to *A Guid*

At roadside *fruit stands, you can buy local bananas, papayas, pineapples, and mangoes (the apple-sized fruit in foreground)*

Hibachi *on park table is your portable stove. Many kinds of charcoal cookers are available locally; this one cost $4.95 in Lihue*

Public Parks. The park is near Ha-
ii's famed Kaimu Black Sand Beach
e *The Big Island* in the January 1969
nset).

ou may camp in James Kealoha Beach
rk just outside Hilo, and on the penin-
la of Laupahoehoe Park up-island some
miles from Hilo. Swimming at Laupa-
ehoe is dangerous, despite the fact you
y see resident children frolicking in the
ks and surf offshore.

apuna State Beach Park, in the dry
d sunny South Kohala District, is a
orite camping and swimming beach
most residents. Though only minutes
m one of the island's most impressive
orts, Hapuna seems like one of those
sert island paradises of legend.

apuna has a large pavilion, stall showers,
t rooms, water, and a sparkling white
al sand beach. Its only imperfection—
d it is a drawback of many Hawaiian

GLENN CHRISTIANSEN

Dinner *at open-air restaurant on Maui's Lahaina waterfront is a family treat, and a contrast, of course, to camp meals*

Food shopping offers tropical surprises. Beach cooking is picnic style. And eating out can be a grand alternative

Mother *and 5-year-old daughter romp in warm surf at Hapuna State Park on the isle of Hawaii*

beach parks—is its groves of kiawe trees. Kiawes are one of the reforestation trees of the Islands, and are of economic benefit, but among them are extremely thorny varieties. The long, sharp thorns are on twigs and branches that litter the ground beneath the trees; walking there is impossible in bare feet, and the thorns can pierce even thick-soled sandals.

Fortunately the kiawes do not grow in the sand; and they do provide a handsome backdrop for this, one of Hawaii's most attractive camping beaches.

The dry, sunny Kona Coast offers some fine camping beaches along with the island's most developed resort community. Last year, however, there was trouble between Kona youths and those campers the locals considered to be "hippies."

The parks of South Kohala District have an equally delightful climate. There is a good selection of supplies at the shopping center in Waimea (Kamuela).

MAUI

Although Maui is Hawaii's second largest island, it does not have many beach parks in which camping is allowed. Still, park use by campers has been light so far, and we had no difficulty selecting a desirable campsite. Most of the parks are easily reached over good highways from Kahului Airport.

Only one state park on Maui is open to campers: Kaumahina Park on the wet north coast. This park is not near the water but is on a high bluff overlooking the rugged windward shore. It is a tropical arboretum, and its deep, dripping shade could discourage most campers. If you have an interest in tropical botany, however, or would like to experience a night in as exotic a jungle as you'll find anywhere in the Islands, this is a magnificently green and leafy place to do it. There are rest rooms, fresh water, and two rain shelters especially welcome at mealtime. It rains a lot here.

There are eight Maui County beach park where you may camp. Almost all of ther offer swimming. H. A. Baldwin an Hookipa on the windward coast do not however, both these parks are close t day-use parks with swimming beaches.

If you want to be near the thoroughl rediscovered old whaling port of Lahain and don't mind camping in the midst of busy resort community, Honokowai Beac Park is right in the thick of things an about 8 miles from Lahaina itself.

H. A. Baldwin Beach Park is near Kahu lui, a good place to shop for groceries an supplies. The city has a large shoppin center where the lady of the family ca have her hair done while the rest sampl passion-fruit sherbet or shop for skin diving gear.

Hana Beach Park, right in the sma town of Hana, has a fine swimming cov and is popular with Maui residents. Th

You can swim at a great one on Maui . . . camp where Oahu surfing is famous

long drive from Kahului to Hana, over 6 miles of tortuous Hana Highway, dis courages many people from making th trip, but the jungle coast is well wort seeing. You drive the prettiest route o Maui, through thick groves scented b ginger and past overlooks high above th taro fields of farming and fishing settl ments. Tropical streams, originating o the broad slopes of Mount Haleakal rush down green gulches, pass under th road, and plunge in steep falls to the se Clouds stack up against the mountai above you; gigantic wind-blown wave batter the lava coastline below.

You can, with stamina and grit, drive t Hana and back in one day, passing dozen of picnic spots, including day-use Pua Kaa State Park with its fresh-water fall and natural swimming pools. It is fa more relaxing as a two-day excursion.

Possibly the most famous beach on Mau is Fleming's (or Kapalua) Beach, wher camping is no longer allowed. It remain one of the great swimming and snorkelin spots, however, and the Maui Land & Pineapple Company which owns it let the public use half the beach.

Permits to camp in county parks must b picked up in person from the Mau County Park and Recreation Office a

Those big waves: not frequent, plenty of warning

Storm waves lashed Hawaii's beaches early in December, causing severe property damage and temporarily emptying the beach parks on north and west shores of several Islands. Hawaii also experiences infrequent tsunami (seismic—or tidal—waves) which are occasionally as severe as those that smashed Hilo's waterfront and washed out coastal roads on Oahu and Kauai in 1946 and in 1960.

Despite occasional wave scares, however, the really big ones don't arrive often. Hawaii's beaches are as safe as those almost anywhere else, particularly since wave warnings are broadcast by radio and repeated by the police and other agencies.

580 Kaahumanu Ave., Wailuku, which djoins the city of Kahului where the air-ort is located. It's about a 10-minute rive from the airport to the park offices pen weekdays only, from 7:45 A.M. to 30 P.M.).

ents or commercial campers are re-uired for a permit on Maui, and you e limited to four consecutive days and ree consecutive nights in any one camp-ound. There is no permit fee. You can rite in advance for a list of county parks.

AHU

lthough 80 per cent of Hawaii's people e on the island of Oahu, there are still me long stretches between settlements, d some of the state's most attractive d best equipped beach parks are on is island.

nfortunately, thieves have harassed hu campgrounds recently, especially in e close-to-Honolulu parks; be very cau-us about leaving possessions in the tent in an unlocked automobile.

ithin Honolulu's city limits, you'll find anauma Bay Beach Park, on a blue and een lagoon, with swimming and snor-ling in a marine life preserve. And as u go around the east end of the island, u can camp at Kaupo Beach Park (ad-cent to Makapuu Park, noted for body rfing, and across the road from Sea Life rk), Kaiona Beach Park, and Waima-lo Beach Park (superior swimming). mping is also permitted at seven other rks on the windward side.

ere are seven camping parks on Oahu's ward coast, where the surf is tame in mmer and thunderous in winter. This the location of world-famous surfing aches, including Makaha Beach Park, rhaps the best known of all. Camping permitted at Makaha.

ese dry-side beach parks are close to the ghway, but many have excellent swim-ng or surfing beaches and all have out-nding facilities—pavilions, rest rooms, owers.

weekends and all summer you'll en-unter larger crowds in Oahu beach rks than elsewhere in the Islands. Most the campers are residents of Hawaii, d the camps are fine places for main-nders to meet people and learn some awaiian lore not easily available to tel-dwelling visitors.

ere are numerous markets and small res throughout the rural districts of hu; in fact, most of the parks have res just across the street.

camping permit is required. It is is-d for a calendar year (no charge) and ows you to camp a maximum of seven ys at any one site. Obtain the permit person from Department of Parks and creation, City and County of Hon-lu, 1455 S. Beretania St., Honolulu 814. The office is open Monday through iday, 7:45 A.M. to 4:30 P.M.

You can write to the office in advance for a folder, *Have Fun Safely on Oahu's Beach Parks*, which briefly describes all of the island's county beach parks.

KAUAI

About the closest you'll come today to the old Hawaii of Captain Cook, the missionaries, and the Kamehamehas—at least on the main islands—is at some of the beach parks of Kauai. Sad to say, the very place of Cook's 1778 landing—Waimea Beach Park—is perhaps the island's only grubby park. But elsewhere, the Kauai parks range from good to outstanding. The driest—it rains often on Kauai—are popular Poipu Beach, Salt Pond Beach, Niumalu Park, and Polihale State Park. Polihale was recently opened to campers, and promises to be one of the finest campgrounds in the Islands. Poipu is lovely but often crowded. Salt Pond is quiet and modestly tree-shaded. Niumalu has good swimming nearby, is otherwise undistinguished.

> "Kauai becomes your own island for a while"

Northward from Lihue (where the airport is located) the parks get wetter and wetter. The countryside also becomes greener, more rural, more richly varied.

Right next to Lihue, Hanamaulu Beach, Park has a playground for children, a lagoon-type bay for swimmers, palms and ironwood trees.

Lydgate State Park, just to the north, is huge, clean, and adjacent to several resort hotels (should you want to forsake cooking for a resort dinner). The surf is rough here, but a rocky breakwater forms a pool for swimming.

Farther on, you can choose between Kapaa Beach Park (shaded by ironwood trees), Anahola Beach Park (an outstanding family park, perhaps the best for young children on the island), and Anini Beach Park (where hau trees shade the narrow beach clear to water line).

The two most remote beach parks you can drive to on Kauai—Hanalei and Haena—are rainy some of the time. Both have good facilities, especially Hanalei, and both are near day-use beaches where you may fish, swim, snorkel, and picnic. Because the road ends 2 miles beyond Haena, there is no through traffic.

Here on a white sand beach beneath green, craggy, thousand-foot-high cliffs, Kauai becomes your own island for a while.

Obtain your Kauai County camping permit in person from the Department of Parks and Recreation, 4396 Rice Street, Lihue. There is a use fee of $1 per night, and you are limited to four consecutive days in one park.

BOOKS TO READ

To date, only two books report camping in the Islands:

Going Native in Hawaii (A Poor Man's Guide to Paradise), by Timothy Head (Charles E. Tuttle Co., Rutland, Vt., 1965; $2), is a lighthearted volume covering many aspects of Hawaiian travel, camping among them. Although some of its information is outdated, it is on the whole an invaluable aid to camping in the Islands.

Hawaii (Lane Books, Menlo Park, Calif., 1969; $1.95) contains up-to-date camping information and is a comprehensive general guide to the Islands.

Exploring *the rugged lava cliffs of ironwood-shaded MacKenzie State Park, 25 miles from Hilo*

To our West Coast from New Zealand . .

DARROW M. W

Kiwi fruits *photographed in late November are full-sized but not quite ripe. They will be vine-ripe in early December, hold their flavor on the vine until early February unless damaged by hard freezes. This plant is one usually known as the Chico variety; it's very like 'Hayward', most popular New Zealand import*

ıere comes the kiwi vine

ıur dictionary defines kiwi as a flightless rd of New Zealand, an air force officer ıo does not fly, or a New Zealander. should go on to say that kiwi is also e delicious fruit of the Chinese goose-rry or yangtao vine (*Actinidia chinen-*). New Zealanders were the first to rec-nize the value of the fruit, and until re-ntly all commercially available fruit me from there—hence the name.

ıt the kiwi is a Westerner now. Fruit u see in markets this winter is from ılifornia vines, and ranchers are work-g fast to increase their acreage. You n even harvest your own fruit—if you ve space for two big, handsome vines; ke the trouble to buy grafted or cutting-own male and female plants (we'll tell u where you can get them); and can ait a few years for training and pruning. ingle plants with male and female anches grafted on will bear fruit, but e hard to keep in balance.)

wi vines have been grown for their iage and form in Western gardens for ars, usually as single plants trained ɔng wall, fence, or arbor. Such an orna-ental plant bears only if it's a female d if there is a male pollinator in the ighborhood—which is to say, practi-lly never. You may even have such a ant. If you'd like to know what sex it is, mpare the flowers with the ones pic-red below.

you'd like to grow plants for fruit, give em good soil, ample water, and lots of ɔm. Vines can climb to 30 feet or more not curbed, and it's hard to gather fruit t of treetops or along eaves. Train ants along fence, trellis wires, or over an bor. As with grape vines, prune kiwis st to develop a good trunk and branch stem, then annually to renew bearing ɔod. We've seen bearing plants in a sun-ked field near Bakersfield and on the ady side of a Berkeley mansion.

ructure is more spare and open than at of a grape vine, and shade not quite dense, but quite heavy on old vines. :aves are roundish, rich, dark green, and g—usually 5 to 8 inches long. Pattern ainst a fence or wall is strong and bold. d leaves stay on the vines until late l before withering and falling.

usters of 1½-inch-wide flowers open in ay; creamy white at first, they soon rken to buff. The fruits develop soon er and reach a good size early—but then do not ripen until late fall or early winter. Where freezes are not severe, fruit can hang on the plant through December and January. Big, old plants may bear several hundred pounds of fruit.

The fuzzy brown fruits have been described unflatteringly as looking like something you'd step on. Nevertheless, handsome is as handsome tastes, and most people are enthusiastic about the flavor of the kiwi, which has been likened to a blend of melon, strawberry, and banana. The pale green flesh is translucent and lovely, and the tiny seeds are far less noticeable than those of a fig. (For notes on how to serve kiwi fruit, see *This fruit surprise is kiwi*, on page 169 of the June 1969 *Sunset*.)

WHERE DOES IT GROW?

The current center of kiwi culture is California's Sacramento - San Joaquin Valley, but plants have fruited in Seattle, the Willamette Valley, Berkeley, San Jose, Santa Monica, and Arcadia. Plants cannot endure continued hard freezes, and late hard frosts can damage blossoms and young fruit. There are—so far, at least—no special pests or diseases that plague kiwi vines, but plants can't take nematodes, salt-laden soil, or bad drainage.

WHERE CAN YOU GET PLANTS?

The center of kiwi plant production is Chico, California, where the U.S. Department of Agriculture has been experimenting with the crop for many years. Two nurseries there sell grafted male and female plants: West Side Gardens (412 W. Sixth St.) sells plants at the nursery; Vallombrosa Gardens (1170 Vallombrosa Ave.) sells at the nursery and by mail order (zip code is 95926).

Carman's Nursery (2640 S. Bascom Ave., San Jose) expects to have plants of several varieties in April or May. A few northern California wholesale growers have seedling plants and at least one grower expects to offer grafted plants in a year or two. A kiwi rancher in McFarland, California, is readying facilities for production of cutting-grown plants.

Fruit *(shown here slightly larger than life) is brown and furry. Flesh is pale translucent green shading to cream; blackish seeds*

Flowers *(shown here near actual size) open white, fade to buff. On female plant, flower (right) shows center rosette of creamy styles; male flower (left) has no styles—only tuft of stamens*

MIKE TILDEN

Apple fences

The classic French kind . . . and a new and easier California one

The chateaux of late nineteenth century Europe gave us the kind of apple fence you see at right. You can train and keep such a fence in your own garden—if you can give it the care it demands.

An apple fence like this needs four prunings each summer. The aim forevermore is to head back side branches that grow off the main horizontals. This forces growth into fruiting spurs (short stubby branches the apples grow on). For more details on this method, read *The Lorette System of Pruning*, by Louis Lorette (Rodale Press, Emmaus, Pa.).

Remember this: Turn your back on a classic apple fence for six weeks or more in summer and one or two big, growth-hogging vertical branches can take over and quickly convert your orderly espalier into a grotesque little tree.

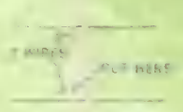
The well kept apple fence we show here belongs to landscape architect Roy Rydell of Santa Cruz, California. He lives and works on the premises and can tend the fence whenever it seems to need it.

John Foott of the University of California (San Luis Obispo County Farm Advisor) has developed an apple fence for a busy person. The fruiting part needs pruning only once a year—each winter—and sucker removal on trunk in spring. It looks more like an elevated fan-shaped apple hedge than an apple fence. The trees can be standard or on dwarf roots.

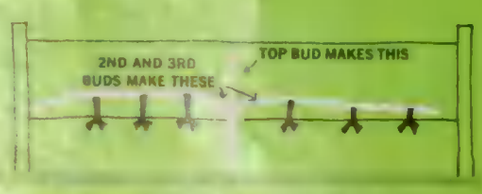
Both kinds grow apples nearer the ground than an apple tree—from your knees to your navel. Start either kind from a whip (straight-stick, bare-root apple tree) you plant this winter. The two training methods are shown below.

Rather have a pear fence? Everything said here for apples goes for pears, too.

How to plant and train the classic apple fence



Plant a bare-root whip. Cut to force branching (three buds below the cut)



The first summer or two let two lower buds extend as a V. Let top bud form trunk extension—but subdue it by keeping it cut lower than tips of V. When tips reach fence length, tie to wire, as shown

Cut back the trunk extension to force two side branches growing out several inches above upper wire. Let them extend as a big V. When they reach the desired length, tie down to top wire as illustrated

GLENN CHRISTIANSEN

Some 50 apples *a year grow on this 12-foot, 20-year-old apple fence (classic French type). The apple plant is on dwarf roots*

This kind is easier for busy people — less pruning

For this kind, plant whip, cut it ¼ to 6 inches beneath 2½-foot-high wire

Second winter. Many branches grow out beneath cut during first summer. Now, select best two, tie them down to wire like this. Cut out all others, but leave any fruiting spurs that might have developed

Third winter. Remove branches as shown. Best uprights (ones to keep) are those that grow from sides of mains (remove ones that grow right along the top). Cut back the selected, kept uprights as shown

Climb-up, *hang-on, slide-down, hide-in house-fort opens up a whole world of make-believe that children can explore and discover*

For a quick getaway there's a slide tunnel and a fireman's pole

A good play structure challenges the imagination. This one is full of such surprises as a fireman's pole, a chimney to climb through, and a slide tunnel, so children can pretend it's anything they want it to be—say a ship, giant totem, medieval castle, the Alamo, or a fire station.

Designer Kurt Donat of Mission Viejo, California, who built it for his son Thad and his playmates, prefers to call it a "play structure" rather than a playhouse. He found that by arranging the structure in the shape of a two-level pinwheel (see model photograph at right), he could give them the optimum number of nooks and crannies to explore.

The structure occupies approximately 225 square feet of yard space, and is less complicated than it appears. Lumber for it—construction grade Douglas fir, left natural—cost approximately $130 in 1969. For greater weather resistance, you could use redwood or cedar.

Pinwheel base. This is simply four 4 by 8-foot panels of ⅝-inch exterior plywood. Arranged in a pinwheel formation, two vertical and two horizontal, the panels enclose a 5-foot-square area, with 1-foot openings between them. They are trimmed with 2 by 4's and braced intermediately with 2 by 3's. There are cut-outs for viewing slots and a hole to jump through; the designs were applied with a paint roller over cardboard stencils.

Second floor. The floor joists are 2 by 4's; you'll notice that some extend beyond the plywood walls to support the tack-ons described at right. The flooring is 1 by 6's spaced ¼ inch apart for drainage.

'he whole floor was built as a separate nit, then mounted over the plywood anels and attached to them with ⅜-ıch carriage bolts—giving the structure dded rigidity to withstand hard usage nd allowing for disassembly if needed.

'ack-ons: chimney, rails, slide. The ascent himney, guard rails, and slide are also

Viewing slots *also provide toeholds for climb through chimney*

eparate units. All have a framework of 2 y 3's and siding of 1 by 6 Douglas fir.

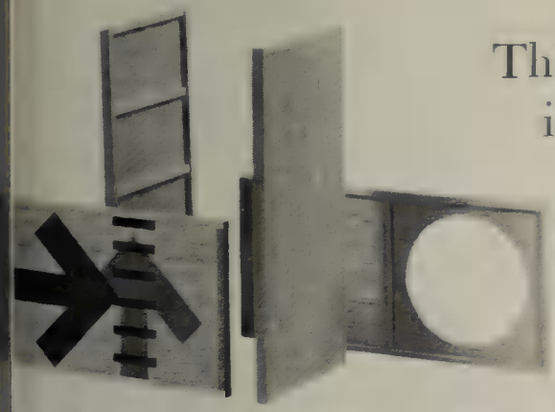
Bolts secure the slide to the adjacent plywood panel. Its floor is made of 1 by 6's, overed with a single sheet of galvanized teel for an unbroken sliding surface. The ireman's pole is a 13-foot galvanized pipe et 2 feet deep in concrete.

n a project like this, exact duplication sn't essential; the pictures here will serve s a rough guide to the materials needed.

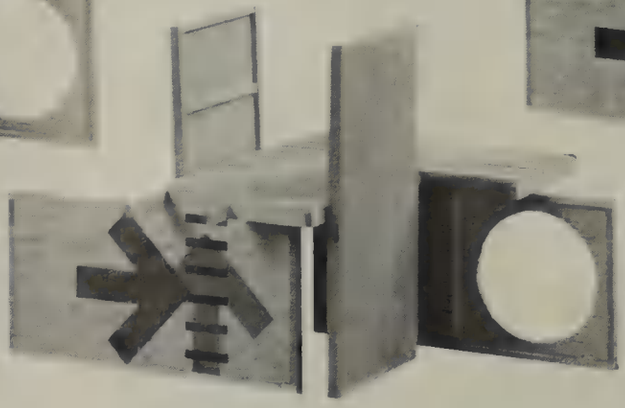
FISH

They can slide *down pole, jump through circle (left), go in or out opening (right)*

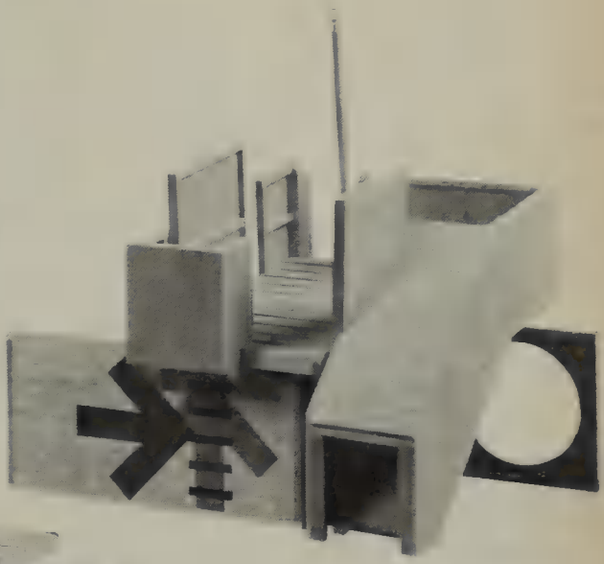
This model shows how it all goes together



'irst stage: *Four plywood panels nake the basic skeleton*



Next stage: *The L-shaped floor locks the four panels together*



Last stage: *Add chimney, fireman's pole, some walls, and slide tunnel*

Rye and Blue Cheese Board

DARROW M. WATT

An assemble-your-own-sandwich party

This is supper from a supermarket.

It makes a delightful assemble-your-own-sandwich party for 12 to 16 guests. You can shop and then serve the meal within an hour and a half (even less time if you buy a cooked roast in a delicatessen section).

The groupings at left are simple, using standard grocery store items (precut cheese, sliced breads) and the serving items are miscellaneous. The overall effect, though, is dramatic—the ingredients for each sandwich are gathered together and can then be placed on separate tables or even in different rooms.

So, if you find yourself giving a party, planned or otherwise, or decide to turn cocktails or wine tasting into a meal, or want to enlarge upon the coffee party on page 64, a shopping list from this page will help you get started.

Rye and Blue Cheese Board. Present in separate containers slices of petite rye bread, blue cheese spread (recipe follows), and 1 to 2 bunches radishes, thinly sliced. Lather rounds of bread with the cheese and top with a cluster of radish slices.

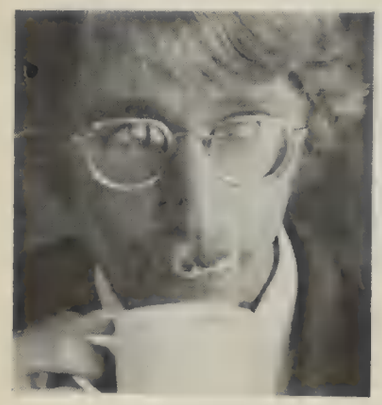
Blue Cheese Spread. Cream smoothly ½ cup (¼ lb.) butter or margarine and ½ pound (8 oz.) blue cheese. Then blend in ¼ cup sour cream. Chill, covered, as long as a week, until ready to serve. Makes about 1⅔ cups.

Bacon and Cheese Platter. Set out on a large tray or board about 1 pound cooked Canadian bacon (sliced or a piece), about 1 pound jack cheese (unsliced), 1 or 2 green peppers (seeded and thinly sliced), and/or about 1 cup canned roasted sweet red peppers, a pot of butter or mayonnaise, and crisp rye cracker-bread. Spread cracker-bread with butter or mayonnaise. Top with bacon slices, cheese slices, and then green or red peppers.

Roast Beef Board. Choose a 3½ to 4-pound boneless roast such as crossrib or sirloin tip. Season meat with salt and cook as you like (about 1½ hours for rare—130° to 135° internal temperature—in a 325° oven). Serve the meat hot or cold; cold meat will not drain juices when sliced.

Place roast on a board and carve a few thin slices to get started. Pile beef between slices of pumpernickel bread (cut bread in half if you like), and embellish to taste with butter, mustard, horseradish, chopped green onions (all presented in small pots), and cucumber (to slice).

Artichoke and Salmon Tray. In a dish assemble about 4 jars (6 oz. each) drained marinated artichoke hearts and about ½ pound thinly sliced smoked salmon or lox. Garnish with a few chopped green onions. Serve in small, split rolls (cut frozen finger rolls in half crosswise); spread bread with dill cream: Blend ½ teaspoon dill weed with 1 large package (8 oz.) cream cheese. Makes about 1 cup.



A coffee party

It's easy. It gets people talking. It works for a handful. And it works for a crowd

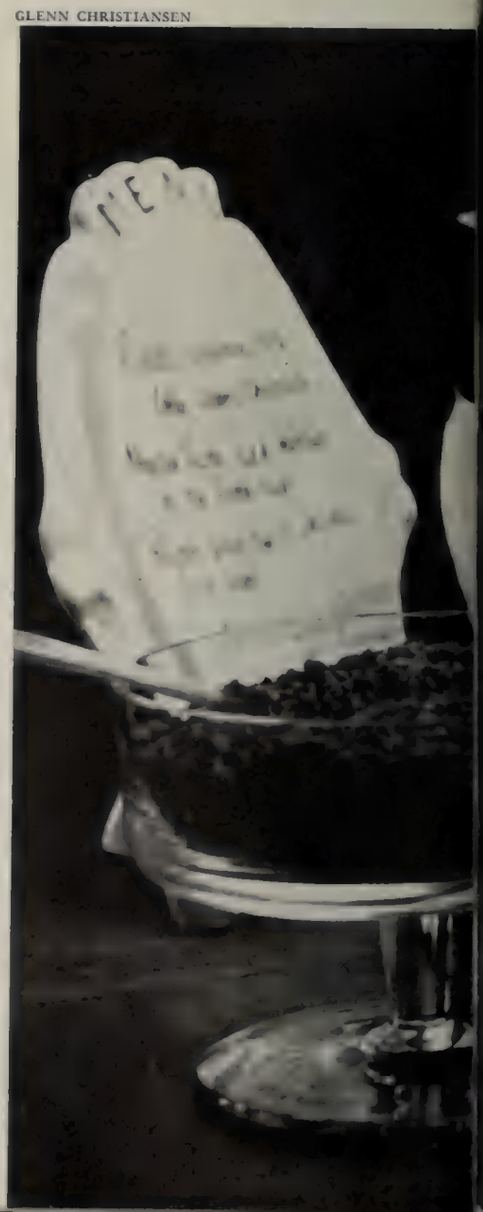
A coffee party could readily win honors one of the easiest holiday parties with t most potential for good conversation th a hostess in a hurry (or even the rare o with ample time) can give in this seas of entertaining.

Its success is largely dependent upon sta ing (as pictured below) and the guest who with slight guidance blend their ow coffeehouse types of coffee.

You can accommodate 10 or 50 gues with minor adjustment in planning, f once the coffee party buffet is arranged, lasts throughout an afternoon or evenin

The most important piece of equipme is one of those large, relatively inexpensi automatic coffee percolating urns (abo 30-cup size) that make coffee and hold at serving temperature. They are price from $10 up in department and hardwa stores. If you don't own an urn, chanc are you could borrow one or rent o (check "Rental Service Stores" in t yellow pages of the phone directory). Th charge usually runs about $2 to $4 up f a 24-hour period, but can go higher f larger urns (they come as big as 75 cups

GLENN CHRISTIANSEN



Essentials *of a coffee party: chocolate, lemon zest, whipped cream, nutmegs, sugar, cardamom pods, cinnamon sticks, liqueurs, and coffee*

and for those made of more precious metals, such as silver.

HOW TO PRESENT A COFFEE PARTY

The serving area should be easily accessible. To get guests started, write out a few coffee "recipes" (see suggestions at the end of this article) on a menu card or on a large sign to post on the wall. Then expect many an innovation.

Coffee and cups: A reliable guide is to allow at least two servings of coffee for each guest and be prepared for greater consumption. For groups as large as 50, you probably will need two 30-cup urns; you may have to refill one.

If you are uncertain as to the preferences of your guests, a small percolator or one urn might contain hot water to be mixed with decaffinated instant coffee powder.

Have one cup or mug for each guest; you can use the typical household miscellany, or rent matching cups. Nest cups in a basket with protective pieces of colored tissue paper between them. To minimize cleanup, leave a basket nearby to hold used cups.

Toppings: Allow about 1 tablespoon grated semisweet chocolate for each guest and about 1 tablespoon unwhipped cream for each cup of coffee (or about 1 quart for 50 to 60 cups). Whip cream just before party time, sweeten with powdered sugar, and flavor with vanilla. Pile into a bowl and nest in another bowl filled with crushed ice. Refrigerate extra whipped cream, covered; stir before using. The cream stays fresh for at least 3 hours, but you may need to replenish the ice.

Spices and seasonings: Have a bowl or shaker of granulated sugar, a container with strips of lemon zest (cut thin outer peel with a vegetable peeler and allow 1 lemon for about 10 guests), a small cup of whole cardamom pods, 1 cinnamon stick per guest, and several whole nutmegs and a grater, or ground nutmeg.

Liqueurs and spirits: Present a bottle or decanter of three or four different liqueurs. These go well: a coffee-flavored liqueur such as Kahlua or Tia Maria; a chocolate-flavored liqueur such as crème de cacao; brandy or Cognac; light or dark rum; and a whiskey (Irish, Scotch, Canadian, American rye or bourbon).

Pastries: Buy or make Italian-type cookies such as cialde, anise cookies, or biscotti (or choose any favorites), and sweet breads such as panettone or pandoro (see page 54 of last month's *Sunset*). Place in several locations away from coffee buffet.

A SUGGESTED COFFEE LIST

Try these, or some of your own devising:

Fiesta coffee: cinnamon stick, coffee, cream, grated chocolate.

Mexican fiesta: add Kahlua to fiesta coffee.

Tuscano café: sugar, lemon peel, brandy, coffee.

Caribbean coffee: rum, coffee, cream, grated nutmeg.

Martinique cup: coffee, cinnamon, sugar, cream, grated nutmeg; rum optional.

Parisian coffee: coffee, Cognac, cream.

Viennese coffee: Parisian coffee finished off with grated nutmeg.

Coffee of Eire: whiskey, coffee, cream.

Brazilian cup: crème de cacao, cinnamon stick, coffee, cream, grated chocolate.

DON NORMARK

Colorful and bold, *the seemingly freestanding, two-section wall is built 10 feet out from front of the house. The archway also frames the entry, which is through sliding glass doors in back of the table*

Outrigger walls give this desert house a colorful sun-bounce patio

CITATION

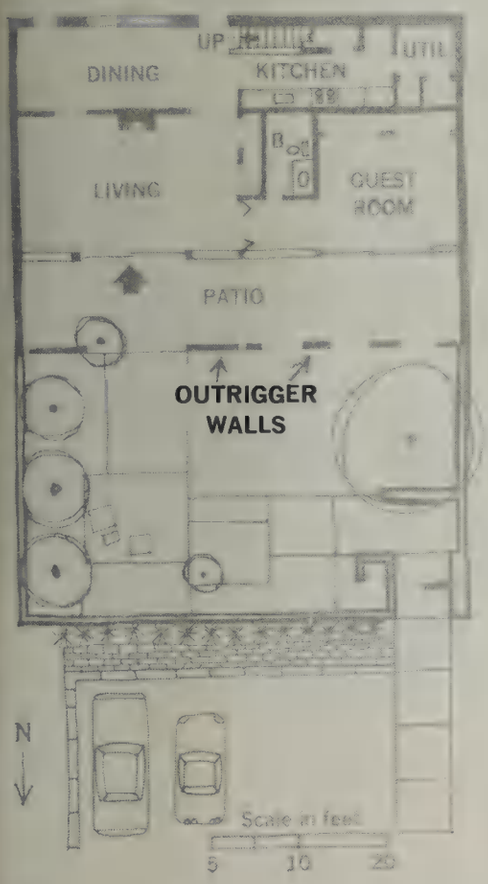
he walls are one reason this desert house on a Citation in the 1969-1970 Ameri- n Institute of Architects - *Sunset Mag- zine* Western Home Awards.

ppearing from the front to be freestand- g, the walls are actually supported at e ends by extensions of the house walls, and by horizontal metal braces. One section has a giant arch, the other a series of glassless windows and doors. Between them and the house is a sheltered outdoor sitting area and container garden.

Besides sheltering the patio, the walls provide the house a degree of privacy from

View *from the street with parking area, walled-in garden*

SECOND FLOOR



Walls *with glassless windows and doors create an open-to-the-sky front patio that's essentially an extension of the house*

WILLIAM SEARS

House walls *are all glass so you look out through "windows" in wall beyond*

the street, cut sky glare without interfering with a view of the desert mountains, and—in winter, when the sun is to the south—bounce daylight back into the house. The house is oriented to the north so the protective wall sections never get the full impact of the sun.

Architect-owner is James A. Gresham.

DON NORMARK

Interior spaces are washed in overhead daylight

Kitchen *is under stairway to second level, hidden from living area; gets its daylight from a high skylight. Pullman-type layout with open upper shelves*

We used a computer to pull Pagliacci into Paducah.

RCA's new Computer Crafted Stereo Tuners are designed to pull in hard-to-get FM stereo stations.

Pagliacci. The Artichoke Hearts. Madame Butterfly.

Sometimes they begin to sound alike when you're trying to hear them on far-away FM stations.

They may be weak. Thin. And if you turn up the volume, you might get annoying interference.

So RCA engineers developed improved tuners that can pull in signals from distant stations with less interference than before.

Tuners so sensitive they often can pull in FM stereo stations even after they've been weakened by those big, signal-blocking buildings.

Tuners that are designed to separate crammed-together-on-the-dial stations.

And they did it with the aid of computers.

First, to design them. Then, on the production line, more computers help in testing each part *before* that part goes into the tuner.

If it doesn't measure up to the engineer's design specifications, the computer lights up and rejects the part.

No ands, ifs, buts, or excuses.

560 tests later—7 times as many as before the computer—the entire tuner is tested for optimum performance.

So the tuner you get not only pulls in stations from farther away, but also separates them better, too. To bring you Pagliacci loud and clear.

Test-listen an RCA stereo with its Computer Crafted Tuner at your RCA dealer.

Paducah will never be the same.

RCA

The Changing Western Home

No chance of scalding with these shower controls

Temperature controls can be installed on most bathroom showers to prevent scalding from hot water. One type you can probably install yourself is a simple limit control ($2.20) that fits on a single-knob shower valve so it cannot be turned to excessively hot temperatures.

Another type (considerably more expensive, and more complicated to install) is pressure-actuated and will not vary more than 2° from whatever temperature you set on the valve, whether or not someone else uses water on the same supply lines.

Check vacation cabins for snow-load hazards

If you have purchased a vacation house in the snow country that has not withstood the test of several winters' snows, it is a good idea to check personally the fast-

enings and supports of all its outer structures, such as decks and stairways, to make certain they will hold a heavy snowfall. The roofs of homes built in areas that receive heavy snows are usually designed to withstand the snow load (building codes are becoming stiff on this), but the decks quite often are not.

A case in point is shown above. The deck of this mountain cabin at Cold Springs, California, would probably have been undamaged by the 7-foot snow it received last winter if it had been secured to the house with $2 or $3 worth of bolts, lag screws, or metal timber connectors. But the ledger beams supporting the deck were simply nailed to the side of the house, and they pulled away under the heavy load, collapsing 50 feet of decking.

Such weaknesses are usually quite apparent, and easy to remedy yourself. If the roof of the house seems weak, that is a different matter; you should call in an expert to brace it properly.

Tissue-thin cork wallpaper

Now you can purchase wallpaper made of tissue-thin layers of cork glued over tinted and lacquered paper.

These are real cork surfaces, appealing in appearance and pleasant to touch. Their cost varies: average is about 50 cents per square foot.

Vinyl wood stains

"Goof-proof" is the term the manufacturer uses to describe a new wood stain sold in eight different wood tones for indoor furniture and paneling. This vinyl wood stain *is* almost goof-proof—you apply it with a rag, sponge, roller, or brush, wipe it down to a lighter color with a cloth, or darken it with a second coat, or spot in some area you missed—do anything you want to get the color and tone you desire.

Let it dry for an hour, then use a spray can or brush to give it one or more coats of a clear finish that comes with the stain.

You can complete the entire procedure on a piece of furniture in one day. Another bonus is that the stain is a water-mixed emulsion—you can wash your hands and equipment with just water.

The same stains and clear finish have worked very well for decoupage—the art of mounting cut-out material, usually paper, on a flat surface. If you are interested in decoupage, write to the manufacturer, *Deft, Inc.*, Box 3669, Torrance, Calif. 90510, for a free pamphlet that gives full instructions.

New long-life bulbs

A new kind of incandescent light bulb filled with krypton gas is now available. It gives 50 per cent longer life and, in smaller size, the full brightness of ordinary bulbs. The cost: 70 cents.

ELLS MARU

Inexpensive screen door becomes a storm door

The owner of this anodized-aluminum screen door bought it for $15 at a sale in a lumberyard in Mountain View, California, a year ago and installed it himself. It worked very well as a screen door, but he found last winter that even a mild storm would drive rain through to soak an entranceway behind it.

He thought of replacing it with a combination storm-screen door, but this was significantly more expensive and would entail considerable labor in removing the screen door and replacing it.

Instead, he bought two panels of clear ⅛-inch acrylic plastic (cost: $16) cut to fit over the two screened openings on the outer side. Because acrylic plastic expands and contracts somewhat with the temperature, he did not attach the panels directly to the metal door frame. He secured them with ⅛-inch-thick aluminum strips ($3 at a hardware store) which hold the plastic snugly against the door. The strips are attached to the frame with sheet metal screws.

The plastic panels have worked very well. They do not rattle in a wind, do not leak in a driving rain, and are removed easily in summertime.

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Please send more information on the many Mexicos.

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By most people's standards,
the Imperial for 1970 is an expensive
automobile.

Since, quite obviously, most people do not
have the means to indulge themselves in Imperial,
we make a very few cars each year,
and we take the time to make them
very carefully.

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appreciate it all the more.

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DARROW M. WATT

Frame and hang up *your own living circle of succulents. It can go outside on a patio wall or fence, or even indoors*

Succulents grow in a moss frame

Succulent arrangements growing in framed moss cushions make attractive fence or patio wall decorations. They'll do well indoors, too, next to a sunny window.

All they need is a fine mist watering once or twice a week; sunlight; trimming as necessary; and rotation every few days when stems begin to turn. With that much attention, they'll last for months.

To make a frame, just shape a strip of dry thick reed (available in hobby stores) in circle form (ours was 14 inches in diameter), and pin and glue ends together (use epoxy). For a more complex design, soak the reed overnight, then cut, bend and pin to shape, supported on a cardboard box; pin and glue joints when dry. The instructions that follow, for a circular cushion, can easily be adapted to other shapes.

Make a paper circle pattern, about ½ inch larger than the frame all around to allow for a seam. Use the pattern as a guide for cutting two circles of soft fiberglass screening. (You can find this in hardware and building supply stores in 36-inch width at about 40 cents a foot. We used a little less than half a yard.)

Sew edges of the circles together with heavy nylon thread or fishline; leave an opening several inches long for filling. Reverse and fill with sphagnum moss (sold at garden shops) to a firm, flat shape, then close the opening with fishline.

Tack the cushion on the frame with ¼-inch upholstery tacks. Run a loop of galvanized wire through cushion for hanging later. Turn the framed cushion over so the right side is up, and cut slashes in the screening large enough to admit the stems of the largest succulents first.

We chose to plant *Echeveria imbricata*

GLENN CHRISTIANSEN

Pin and glue *ends of reed to make circle frame, then let it dry*

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A beautiful girl who hides her face in the presence of men, lives at home amid a cluster of relatives, and accepts the discipline of a centuries-old religion would hardly seem independent by Western standards.

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en and chicks) as the center decoration. ring three into the cushion to keep them m toppling out while rooting. We filled e rest of the space with tiny *Sedum syphyllum* (to avoid having to plant ch individual sedum, you can just sprin- e many tip cuttings close together over e top of the cushion).

y the arrangement flat during a two three-week rooting period, outdoors in sunny place or indoors by a well lighted indow, and give a misting with water ily or whenever the surface begins to y. In three or four weeks, roots will have ken hold in the moss sufficiently to sup- rt the lightweight plants when the deco- tion is hung—but don't shake it.

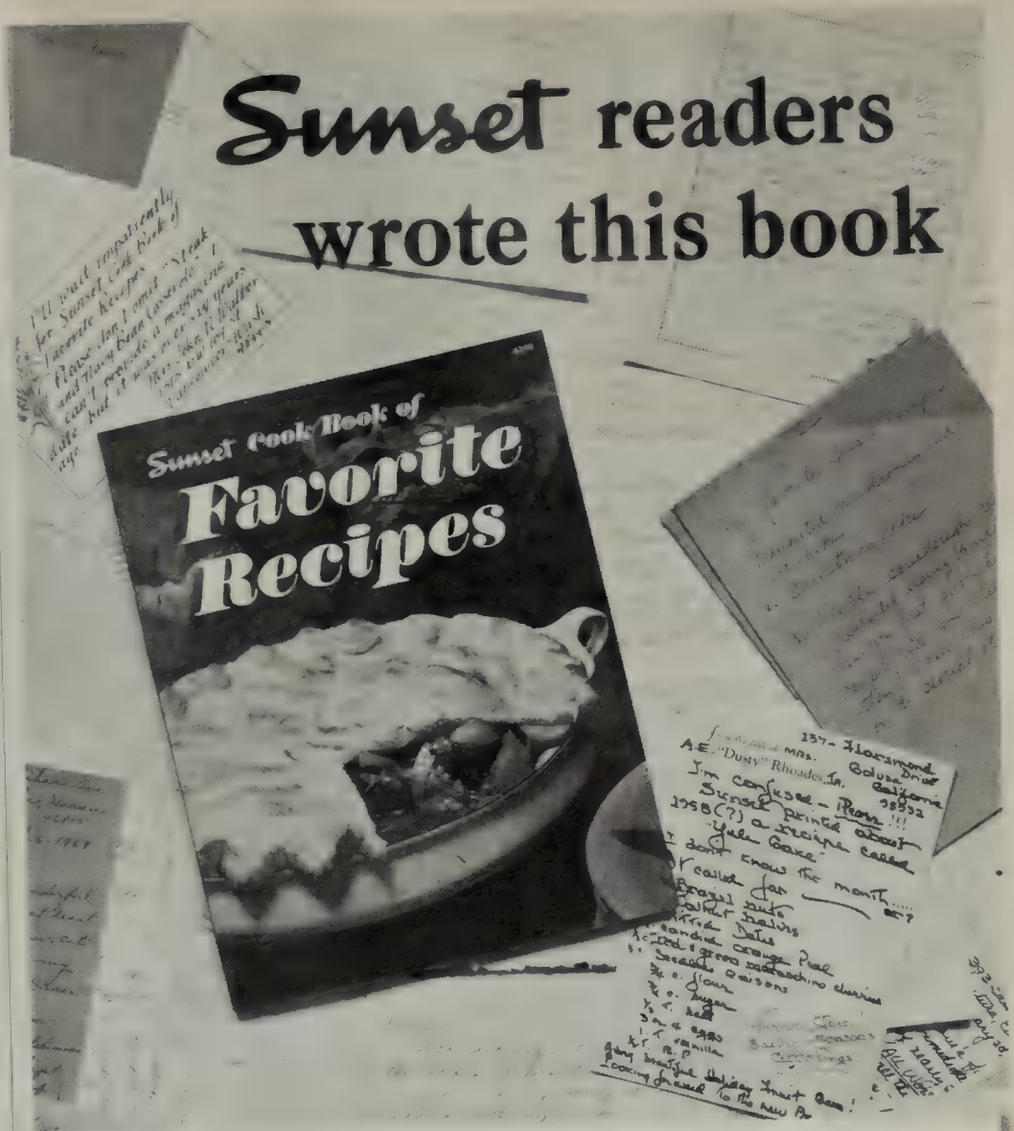
GLENN CHRISTIANSEN

Stuff *sphagnum moss into a cushion made of soft window screening*

Nail *cushion on circle frame with smallest upholstery tacks*

Plant *succulents by inserting stems through gashes in screening*

Sunset readers wrote this book



In the February 1969 issue, *Sunset Magazine* asked its readers to send a letter or card mentioning their favorite *Sunset* recipes. The response was overwhelming. Several staff members spent weeks tabulating the recipe "votes" and still more time locating the actual recipes which were leading contenders. Then the winners were selected, with the primary objective of presenting as useful a cook book as possible. The result is an amazing variety of recipes. Nearly all the popular kinds and cuts of meat, poultry, and seafood are represented. Recipes for nearly all of the vegetables and fruits commonly sold are here. A wide choice of basic sauces, salad dressings, basic breads, and popular desserts is included. Yet most of the recipes incorporate some new twist or bit of originality. This book is meant to be used daily for both family meals and informal entertaining. As a matter of fact, this may well become the most tattered and splattered book in your kitchen.

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RICHARD

High windows *of sliding patterned glass panels partly screened by cork and bead curta*

It began with the two-basin counter

The long lavatory counter with two wash basins seemed a bit startling 10 or 15 years ago. Today, however, it's quite commonplace in the West in both custom and merchant-built houses.

But now the new look in bathrooms goes beyond an extra basin and added counter space to include such features as special lighting effects, recessed cabinets, big mirrors, and new and bright countertops and wall coverings.

Both examples shown here provide the same amenities but in different ways.

Pictured above is a grooming-bath area shared by two teen-age girls. The medicine cabinet is recessed in the wall, and in place of the usual medicine cabinet mirror the girls use decorative wall-hung mirrors painted to harmonize with the bright flowers on the wall and hand and bath towels. The architect was Leonard Veitzer for a San Diego home.

In the bath at right, the counter runs the full width of the room and the medicine cabinet is also recessed in the wall. But the mirror is one large piece, edged across the top with frosted light globes on a rheostat so the light level can be adjusted. The mirror also reflects the window openings and the trees and clouds outside. There are flower arrangements on the counter, paintings on the wall, and plants in hanging containers suspended from the ceiling. The architect was Marvin Witt, Jr., and the interior designer was Barbara Davis; the house is outside Portland.

DON NORMAR

The natural light *comes in tall window at left. Next to it is a recessed cabinet*

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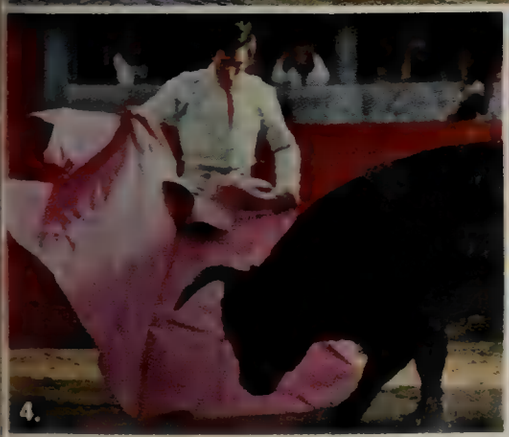
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Bins *in Olsen house keep the washer loads separate; perforated hardboard in the bottom of each bin promotes air circulation*

DON NORMARK

Landing deck *in Taylor house pulls out to hold linen for folding and sorting; double doors close off the shelved area*

Space for folding and sorting

It's remarkable how much a little additional working space can do to make folding and sorting household linens easier.

The eye-level shelves above the washer and dryer are clothes sorting bins. Here the laundry can be sorted out into darks, lights, lingerie, and linens. Bain and Overturf designed the room for the Harold Olsens, Bellevue, Washington.

In the second picture, the pullout shelf is as wide and as deep as the closet shelves. Architect Ralph Anderson designed it for the Richard W. Taylors, Bellevue.

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Outside it faces six ways into the Utah snows... inside is a grand fireplace, a sleeping balcony

Once the snow comes, the only way to reach this vacation house above Alta, Utah, is to ride the lifts to the top of the mountain and ski down to it. During the summer months only, it's accessible by a rugged road.

Owners Mr. and Mrs. James P. Cowley of Salt Lake City wanted exactly this kind of isolation. And the design of the structure fulfills their desire "to build a great fireplace with a shelter around it."

Architects Bernson, Van Frank & Giusti call it a rotated truss hexagon. Six trusses, each more than 30 feet long, run from the peak to the footings and extend where necessary to meet variations in the slope of the site. After the owner built them in Salt Lake City, they were knocked down, trucked to the site, and reassembled.

The house has a main living level of 900 square feet, and a sleeping balcony of about 300 square feet partially supported by long sturdy chains.

Heart of the cabin and major heat source is the hexagonal fireplace. All activities revolve around it, and its wide raised slate hearth, installed by the owners, is used for sitting. Electric wall heaters, recently added, get used mostly in summer on cool nights.

The sleeping balcony occupies only four bays of the hexagon; the other two remain open above the living area. Last summer the sleeping bays were partitioned at the truss lines, but left open facing the fireplace. Draperies can be pulled across the open ends for complete privacy in each sleeping space.

The single bathroom, on the main level (see plan), was divided into two rooms for maximum utility. One contains washbasin and toilet, the other the shower. Water comes from a nearby spring by way of a 1,000-gallon holding tank.

Big fireplace *dominates cabin. Kitchen (left) occupies one wall section; island-serving center rolls on casters*

FRANK JENSEN

Covered deck *is on protected, downhill side. Snow seldom drifts above the railing*

At left, *you see sturdy chains that support balcony and tall metal flue. At right, you're looking down from the sleeping balcony into main living area; kitchen is in background*

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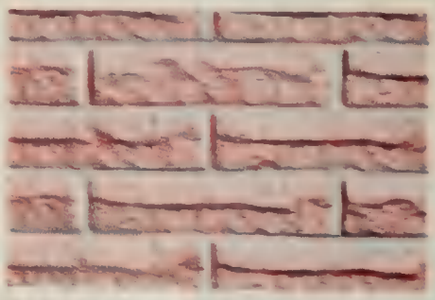

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Linen storage . . . here are answers

Where should you store linens?

It depends on where they can stay wrinkle-free, dust-free, close to the dining area, and out of view.

The buffet in the photograph just below is both a serving counter and a storage cabinet, as designed by architect Warren C. Heylman for the Robert Kramers of Harrington, Wash. In trays 52 inches long, linens store with minimum folding. Piano hinges let each door fold double so it won't hit nearby furniture.

The bottom photograph on this page

Inside *a low buffet, next to the dining table, linen is kept in long, sliding trays*

DON NORMARK

Some linens *hang on wooden hangers. Cabinet holds all the table appointments*

RICHARD DAWSON

Linens hang *wrinkle-free on rods. Counter-top serves both dining area and kitchen*

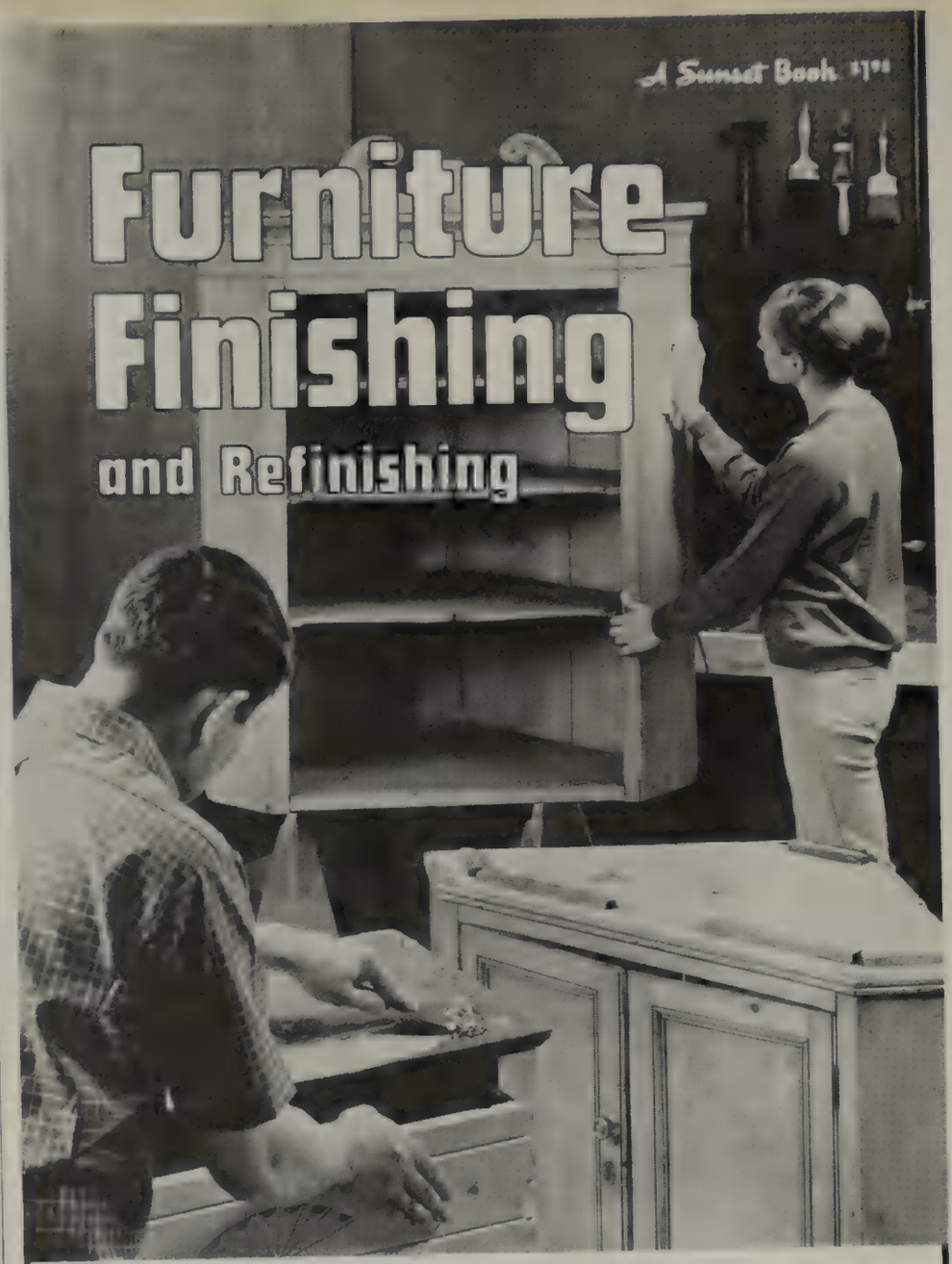
shows the floor-to-ceiling cabinet that holds linens, place mats, and other table accessories in a Salem, Oregon, house designed by architects Payne and Settecase.

Three 1-inch dowels hold linens in the home of Joseph F. S. Goo of Honolulu, as photographed above. The dowels can be lifted out of their supports, so fresh linens can be hung up front and other linens moved back. The architect was Charles Chamberland.

In the cabinet below, each shelf slides out to put all items within easy reach. Shelves are closely spaced so that linens never get piled high. Architect was Richard Sundeleaf for the Alan Directors of Portland.

EDMUND Y. LEE

Slide-out shelves *hold linens and mats. Trays go into the vertical slots below*



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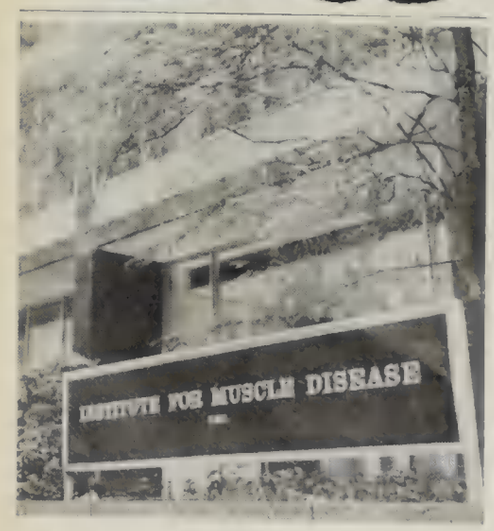

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DON NORMARK

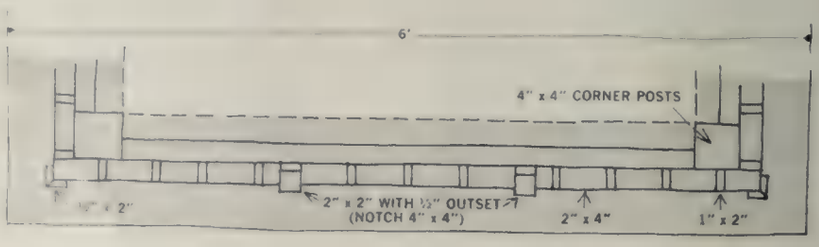
Fourteen-inch *planter cap is a bench. This is a shore pine (P. contorta)*

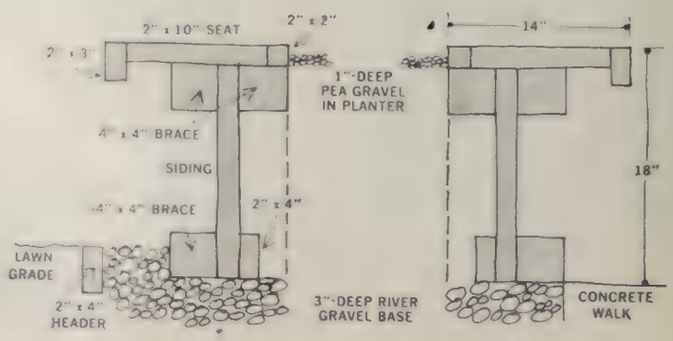
The big wood planter box

When unsatisfied with the looks or size of available wood plant containers, many landscape architects and architects design their own to suit a particular job.

Landscape architect John Herbst, Jr. designed the two types we show here for a garden in Portland.

In the photograph above you see a pine





DON NORMARK

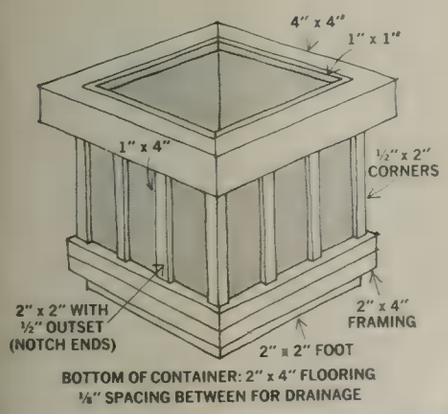
Smaller planter *with mugho pine, proportioned to suit wall location. Planters are of cedar left natural to match house siding*

growing in what appears to be a giant wood container. But it has no bottom—the tree grows in the ground. You can't move the planter, but it has the well tailored look of a container, and the shore pine can be readily trimmed to remain in proper scale.

You can use the bottomless container in many garden situations to show off a particular shrub or small tree. It separates the plant from the others around it to make it something special. Some suitable plants for such treatment include Japanese maple, camellia, azalea standard, citrus, tree wisteria, small flowering fruit trees, and various conifers.

The bottomless container can also solve a problem: to provide a more suitable growing medium for plants in areas with poor drainage.

The smaller planter pictured above has a bottom of 2 by 4's.



Basic construction *for the container shown above; choose height and width to suit the location and plant to be used*

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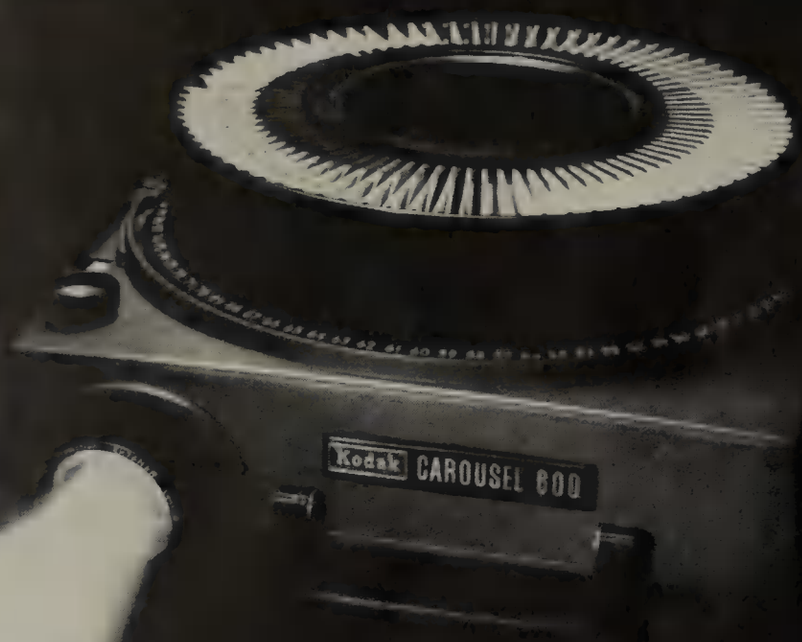

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Sunset's Kitchen Cabinet®

After the holidays simpler meals are welcome but they need not be dull. This month we feature some dishes you can rely on for family meals, each with some little twist that lifts it out of the ordinary.

The clam chowder has some Mexic seasonings, and the sautéed beef liv is served with slices of fresh avoca and a lemony sauce.

Curry seasons the meat loaf, whic has a nut topping and is served wi

Mexican-style seasonings give interesting new taste to this clam chowder

Chile Clam Chowder

Here's a hearty soup to serve for lunch or supper with crusty bread or with toasted cheese sandwiches.

- 1 tablespoon olive oil or salad oil
- 1 medium-sized onion, chopped
- 1 small clove garlic, minced or mashed
- 1 tablespoon flour
- 1 large can (1 lb. 12 oz.) tomatoes
- 2 cans (10 oz. *each*) baby clams
- 2 teaspoons sugar
- 2 to 3 teaspoons chile powder
- ½ teaspoon whole thyme, crushed
- 2 cups diced raw peeled potatoes
- ½ cup minced green pepper
- Salt and pepper to taste

Using a Dutch oven, heat the olive oil and sauté onion until limp. Add the garlic and flour; stir until bubbl Press the tomatoes through a food mi or whirl in a blender; gradually st into the onion mixture. Drain liqui from clams and add to soup (reserv the clams). Then add the sugar, chi powder, thyme, potatoes, and gree pepper. Cover and simmer until pot toes are tender.

Add clams, and heat about 5 minut longer. Season to taste with salt an pepper. Makes 4 to 6 servings.—*H. N San Francisco.*

You might top each serving wit chopped parsley and pass a bowl o sour cream to add if desired.

The freshness of avocado, green onion, and lemon juice enhance beef liver

Beef Liver with Avocado

If you're looking for a new way to present liver, this is attractive, quick, and delicious.

- 1 to 1½ pounds beef liver, about ⅓ inch thick
- Salt and pepper
- Flour
- 3 tablespoons butter or margarine
- 1 large avocado
- ½ cup regular strength chicken broth (or 1 chicken bouillon cube in ½ cup water)
- 1 teaspoons lemon juice
- 1 green onions, thinly sliced

Set the oven to 200° and preheat the serving platter. Slice the liver into serving-size pieces. Sprinkle lightly on both sides with salt and pepper, then dredge in flour to coat; shake off exces flour. Heat the butter or margarine i a frying pan over medium-high heat.

Put in liver and cook until browned but still slightly pink inside, about minute on each side. Remove liver t the warm platter. Peel and slice avo cado, and arrange on top of liver Cover with foil and put into the ove to keep warm. Gradually stir the brot and lemon juice into drippings in th pan, bring to boiling, boil 2 minute to reduce slightly, and then pour ove liver and avocado. Sprinkle with th chopped green onion and serve. Make 4 to 6 servings.—*R. M., Roseburg, Ore*

Serve wedges of meat loaf with broiled, chutney-flavored pear or peach halves

Curried Beef Bake

Chutney and curry flavor this meat loaf; it's baked with almonds on top.

- 2 tablespoons butter or margarine
- 1 small onion, finely chopped
- 1 to 1 teaspoons curry powder
- ½ teaspoon salt
- 1 tablespoon lemon juice
- 1 tablespoon Major Grey - type chutney, chopped
- ½ cup wheat germ or fine dry bread crumbs
- ½ cup milk
- 1½ pounds lean ground beef
- 1 egg
- ⅓ cup sliced almonds

In a frying pan, heat the butter and sauté the onion about 3 minutes. Add the curry and sauté about 2 minutes. Remove from heat and add the salt lemon juice, chutney, wheat germ milk, beef, and egg. Mix until well blended. Lightly pat into a 9-inch pie pan. Sprinkle almonds over the top. Bake, uncovered, in a 375° oven for about 40 minutes. Makes 4 servings.—*R. S., Malibu, Calif.*

For a fruit accompaniment, use 4 canned cling peach halves or 4 canned pear halves, well drained. Arrange fruit with cut sides up in a shallow baking dish. Spoon about 1 teaspoon chutney in each hollow. Dot with butter. Put into the oven with the meat during the last 10 minutes of baking.

chutney-topped broiled fruit.

Have you created a new recipe for your family lately? We invite recipe contributions. Send them to *Sunset Magazine*, Menlo Park, Calif. 94025. We pay $10 for each recipe published.

Beef bake or beef liver . . . with chowder, muffins, salad, apple pancakes

Gold Surprise Muffins

The surprising ingredient is shredded carrot, contributing sweetness, moistness, and color to this bread.

- ¼ cup butter or margarine
- ¼ cup brown sugar, firmly packed
- 2 eggs
- 1 tablespoon *each* lemon juice and water
- 1 cup finely shredded carrots, lightly packed
- 1 cup regular all-purpose flour (unsifted)
- 2 teaspoons baking powder
- ½ teaspoon salt
- ¼ teaspoon ground ginger

Using an electric mixer (or wooden spoon) beat the butter and sugar together until creamy. Add the eggs; beat until light and fluffy. Stir in the lemon juice, water, and shredded carrots; stir until well blended. Combine the flour with the baking powder, salt, and ginger and sift into carrot mixture. Stir just enough to moisten all the dry ingredients.

Grease 12 medium-sized muffin pans; fill each about ⅔ full with the batter. Bake in a 400° oven for about 20 minutes, or until muffins start to pull away from sides of pan. Makes about 12 muffins.—*D. M., Honolulu.*

You might add ½ to ¾ cup chopped almonds, pecans, or walnuts to this recipe; stir in with the flour.

Offer these spicy, carrot-studded muffins for breakfast or with any meal

Shellfish Green Salad

This dressing, in two parts, complements green salads with crab or shrimp.

- 2 tablespoons *each* olive oil and salad oil (or all of either oil)
- ¼ cup white wine vinegar
- 2 tablespoons capers, chopped
- ¼ teaspoon garlic salt
- Pepper
- ½ cup sour cream
- 2 tablespoons buttermilk
- 1½ tablespoons grated Parmesan cheese
- About 1½ quarts crisp romaine or mixed salad greens, broken
- About 1 cup small cooked shrimp or shredded crabmeat (optional)

Combine in a jar or bowl the salad oil, vinegar, capers, ⅛ teaspoon of the garlic salt, and a dash of pepper; shake or beat to blend. In a small bowl combine the sour cream, buttermilk, remaining ⅛ teaspoon garlic salt and a dash of pepper, and the cheese. In a salad bowl combine the greens and shellfish if used. Add the oil and vinegar dressing, and mix to lightly coat leaves. Pass the sour cream dressing to spoon over each serving. Makes 4 to 6 servings.—*N. W., San Jose.*

For main-dish salads, serve the dressed greens on individual plates. Arrange generous portions of shrimp or crab over lettuce. You could also add slices of hard-cooked egg and tomato. Pass the creamy dressing at the table.

The greens are seasoned with oil and vinegar; spoon creamy dressing on top

Apple-filled crêpes

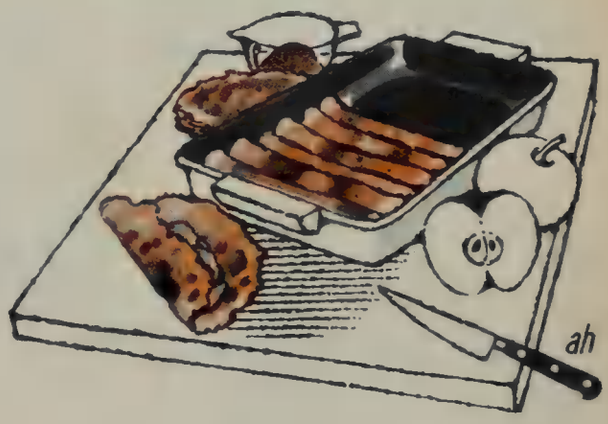
Bake and serve the stuffed crêpes for dessert or for brunch with sausages.

- 4 cups thinly sliced, peeled apples
- About 6 to 8 tablespoons butter or margarine, melted
- ½ cup sugar
- 1½ teaspoons cinnamon
- 3 eggs
- 6 tablespoons flour
- ½ teaspoon salt
- ¾ cup milk

Cook apples with 1 tablespoon of the butter, ¼ cup of sugar, and ½ teaspoon cinnamon until apples are soft; set aside. In a blender or bowl combine eggs, flour, salt, 1 tablespoon of the sugar, milk, and 1½ teaspoons of the butter. Whirl or beat until smooth.

Heat a 6 or 7-inch crêpe pan or frying pan over medium-high heat. For each crêpe, heat about ½ teaspoon of the butter in pan; pour in about 3 tablespoons batter all at once; quickly tip pan to cover thinly; cook, turning to brown both sides; stack crêpes.

Fill each crêpe with rounded tablespoonful of the filling (use it all); roll up and arrange rolls in a 7 by 11-inch baking dish. Sprinkle remaining 3 tablespoons sugar and 1 teaspoon cinnamon over top. Drizzle with remaining butter, about ¼ cup. Bake, uncovered, in a 350° oven for 15 minutes. Serves 6.—*M. E., Renton, Wash.*



Roll thin pancakes around apple filling; line up in dish to bake later

ARTISTRY WITH *CHOU* PASTE

The meat comes in in a crisp and tasty overcoat

Any one of these golden, crust-covered entrées will make dramatic fare for a special dinner. Underneath the handsome, crisp exterior is a juicy, savory meat—pork tenderloin, chicken, thick lamb chops, or a filled meat loaf.

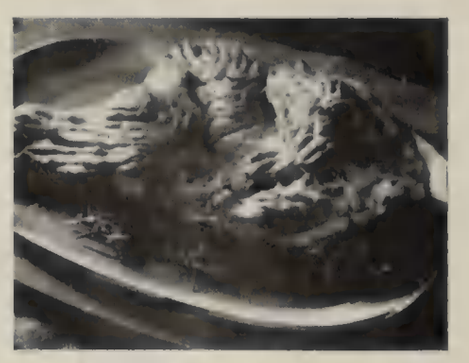
The golden crust is the cream puff pastry or *chou* paste of classic French pastries. As an overcoat it can transform plain meat into a splendid feature dish.

Though assembly is simple, advance preparation is necessary: The meat is chilled before it goes into the oven to avoid overcooking. Basically you brown a meat entrée, cool it, and spread with chou paste. Then you cover it with a foil tent or inverted bowl, chill, and bake. Or you can refrigerate the meat after browning or shaping, then spread with chou paste just before baking.

Putting the chou paste on pork . . .

Brown *a pork tenderloin; then spread on a thin smooth layer of chou paste*

on half a chicken . . .



Baked *crust follows contours of chicken half; rosemary sprigs add the garnish*

Golden *puffy shells on a platter; under each is a lamb chop flavored with Madeira and herbs*

or on half a dozen chops

BASIC CHOU PASTE

In a pan combine 1 cup water, ½ teaspoon salt, and ½ cup (¼ lb.) butter. When butter melts and mixture boils, add 1 cup unsifted flour and remove from heat. Stir until mixture is smooth and comes away from sides of pan. Beat in 4 eggs, one at a time, until paste is smooth and shiny. Makes 2½ cups (recipe can be doubled).

To prepare in advance, cover and refrigerate chou paste; then let it reach room temperature before spreading.

MUSHROOM-FILLED MEAT LOAF

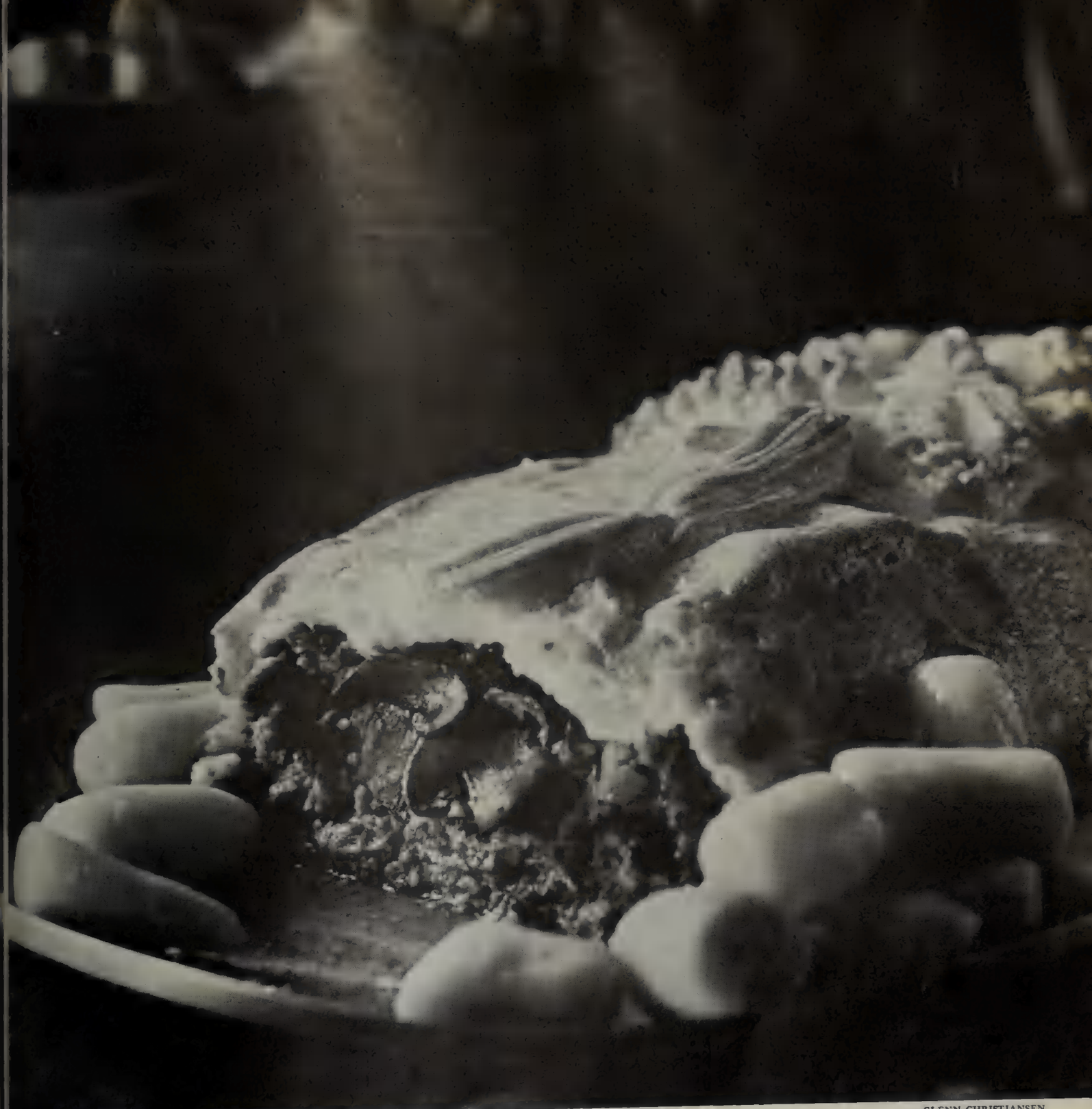
Prepare 1 recipe chou paste. Mix thoroughly 1½ pounds ground beef chuck (or lean ground beef), 1 teaspoon salt, ⅛ teaspoon pepper, ¼ teaspoon ground nutmeg, and ½ cup of the chou paste. Turn onto ovenproof serving platter and shape into a loaf 3½ by 10 inches. Press a trench 1½ inches deep lengthwise down the center; spoon in mushroom filling (recipe follows). Pat meat mixture up and over filling to enclose it.

Reserve ¾ cup of the chou paste; spread remainder smoothly over meat loaf. If you wish, press ⅓ cup of reserved chou paste through a pastry bag with tip to decorate loaf (you'll have a small quantity of chou paste left over). Cover and chill the meat loaf, then bake in a 425° oven for 45 minutes. Drain off fat and serve. Serves 4 to 6.

Mushroom Filling. Heat 3 tablespoons butter in a frying pan. Add ⅓ pound thinly sliced mushrooms and 1 medium-sized onion, chopped; sauté until golden.

CRUSTY CHICKEN

For each serving allow half of a 2½-pound broiler-fryer chicken (halved lengthwise). Sprinkle chicken lightly with salt,



GLENN CHRISTIANSEN

Meat loaf *is memorable when served in this crusty overcoat. Mushroom filling adds savor, carrot nuggets nestle alongside*

pepper, and crushed dried rosemary. Broil 3 inches from heat, skin side up, until golden on one side (about 10 minutes); remove and cool.

Prepare chou paste and evenly spread about ⅔ cup on each chicken half; score lightly with fork. Cover and chill; then bake in a 425° oven for 35 minutes or until brown.

You can also prepare large leg-and-thigh pieces following these directions. Use ⅓ cup chou paste to cover each.

LAMB CHOPS MADEIRA

Allow 1 short loin lamb chop, cut 2 inches thick, for each serving. Marinate chops in Madeira wine for 30 minutes, using 2 tablespoons wine per chop. Drain and lightly sprinkle each with salt, pepper, and fines herbes *or* thyme.

Broil 2 inches from heat until browned on one side (about 7 minutes); cool. Prepare chou paste and evenly spread ⅓ cup on each chop. Cover and chill; then bake in a 425° oven for 35 minutes or until brown.

PIG IN A POKE

Allow 1 whole pork tenderloin for every 2 or 3 servings. Marinate for 30 minutes in prepared teriyaki sauce, allowing 3 tablespoons per tenderloin. Broil 3 inches from heat until well browned on one side (about 7 minutes); cool. Prepare chou paste; then evenly spread on tenderloin using about ¾ cup for each; score lightly with fork. Cover and chill; then bake in a 425° oven for 30 minutes or until brown. Cut into serving-sized pieces at table.

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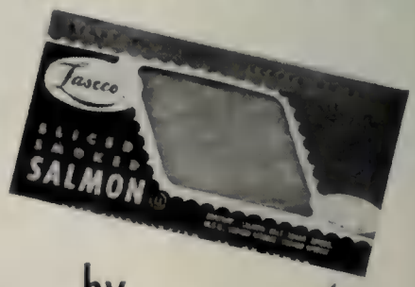

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The Chefs start off with pork, rice, French bread . . . and a long memory

January is a time for both reminiscence and innovation. The Romans named the month after Janus, the two-faced god of doors, who looks both back and forward at the same time. Nowadays people sing "Should old acquaintance be forgot?" and make resolutions for the year to come.

Chef Duane Spurling reminisces now as he looks back to the origins of the recipe he proposes at this first *Chefly* gathering of the new year.

"This dish is an echo of something I had when in the Navy and dating a beautiful Filipino girl. Needless to say, I was then more enchanted by the company than the food, but loves do change. Over the intervening years I have added and changed, but there's still something left of those delightful evenings in an obscure Filipino restaurant."

You'll need rice to accompany this dish, and crisp French bread is just right on the side.

CARNE CON LEGUMBRES

- 1/4 teaspoon cracked pepper
- 1/4 teaspoon whole oregano, crushed
- 1/4 teaspoon summer savory, crushed
- Dash liquid hot pepper seasoning
- 1/4 teaspoon salt
- 1 cup dry red wine
- 4 tablespoons soy sauce
- 2 tablespoons red wine vinegar
- 2 1/2 pounds boneless, lean pork, cut in thin bite-sized strips
- 3 tablespoons salad oil
- 1 cup celery, cut in 1/2-inch long pieces
- 1 green pepper cut in strips
- 1 can (5 oz.) water chestnuts, drained and sliced
- 8 large mushrooms sliced
- 2 cups unpeeled eggplant cut in 1/2-inch cubes
- 1 can (8 oz.) whole onions, drained
- 1 large tomato, peeled and cut in wedges
- 1 1/2 tablespoons cornstarch

In a bowl mix pepper, oregano, savory, hot pepper seasoning, salt, wine, soy

Chefs of the West

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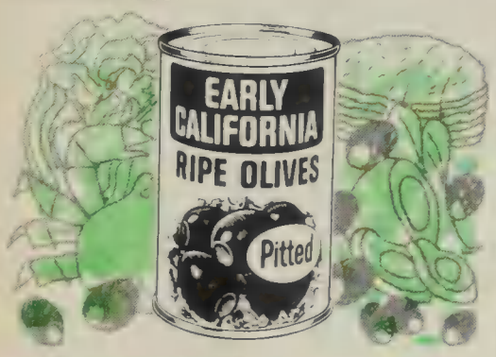
Gourmet Ideas
by Edie Cole

CRAB AND OLIVE TACOS—These make-your-own Mexican sandwiches are great for a party. Set out bowls of crab meat, guacamole dip, chopped hard-cooked eggs, sliced pimientoes, shredded lettuce, and Early California Brand Pitted Ripe Olives (sliced if you wish), and a basket of hot fried tortillas. Let guests compose their own taco.



PIQUANT COLESLAW—Lady's Choice Brand Farm Style Pickle Chips lend zest to winter coleslaw. Line a salad bowl with outer leaves of red cabbage. Shred the inner head finely and mix with Girard's Original French or your favorite sour cream dressing, chopped pickle chips, and diced Golden Delicious apple. Pile into the salad bowl and garnish with more pickle chips.

PARTY FONDUE—Prior to a meat fondue party, marinate the beef or lamb kebabs for several hours in Girard's Original French Dressing so the spicy seasonings permeate the meat.

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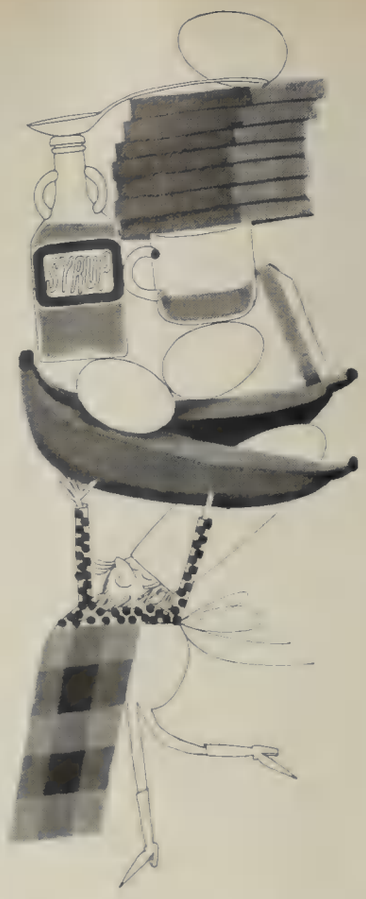


"It takes a Chef to find the lost bread and help it to the table"

sauce, and vinegar; marinate pork cubes for 2 to 3 hours.

Drain the meat, reserving the marinade. In a large frying pan, heat the oil over medium-high heat and brown the pork. Lift it out with a slotted spoon and keep warm.

To the pan add celery, green pepper, water chestnuts, mushrooms, and eggplant, and cook until almost tender, stirring often. Then add onions and tomato, and continue cooking until all vegetables are cooked but still firm enough to hold their shapes well. Lift from the pan and add to pork.

Mix reserved marinade and cornstarch. Pour into pan and cook until thickened. Return meat and vegetables to pan; stir well. Reheat quickly and serve immediately. Makes about 6 servings.

Ulane Sparling

Los Angeles

In France, French toast is called "lost bread" *(pain perdu)* because of that odd French system whereby whatever you say means the opposite. They really mean that it isn't lost but might have been.

The French are basically conservative as well as somewhat pessimistic, and they keep to certain lines in the kitchen. It takes a *Chef*, in this case *Chef* Jules Greenberg, to find the lost bread and help it on its journey to the table in the rather startling (but delicious) way we have outlined below.

BANANA FRENCH TOAST

- 3 eggs
- 1/4 cup milk
- 2 ripe bananas
- Dash salt
- 2 teaspoons maple syrup
- 1/4 cup sugar
- 1/2 teaspoon vanilla
- About 10 slices firm white bread
- About 4 tablespoons butter or margarine

In a blender container, mix eggs, mil bananas, salt, syrup, sugar, and vanill and whirl until smoothly blended. Po into a wide, shallow dish. Trim crus from bread, slice diagonally, and dip in banana mixture, soaking well. Heat 1 ta blespoon of the butter in a frying pan. Fr toast until golden brown, turning onc add more butter as needed. Serve at onc with butter and powdered sugar, jam, maple syrup. Makes 5 to 10 servings.

Jules Greenberg

Bakersfield, Calif.

Apple crisp may originally have been lazy cook's dish, a way to avoid makin pie crust, but it's good on its own merit Charles Butters suggests a couple of ad ditions that add a little something to it basic goodness and make it seem less or dinary at the same time.

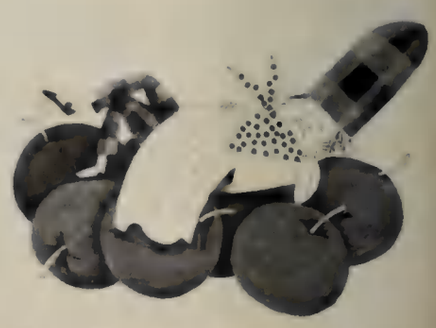
BUTTERS APPLE CRISP

- 8 large tart apples, peeled, cored, and cut in eighths
- 1/2 cup golden raisins
- 3/4 cup flour (unsifted)
- 1/2 cup sugar
- 1/2 teaspoon salt
- 1 teaspoon cinnamon
- 1/8 teaspoon nutmeg
- 1/2 cup (1/4 lb.) butter, melted
- Heavy cream

Combine apples and raisins in a 10-incl pie dish. Mix flour, sugar, salt, cinnamon and nutmeg, and stir in melted butter Mix well and crumble evenly over apples Bake in a 350° oven for 35 to 45 minutes or until apples are tender and topping browned. Serve with a pitcher of heavy cream. Makes about 8 servings.

CHARLES BUTTERS

Los Angeles



"It may have been a lazy cook's dish"

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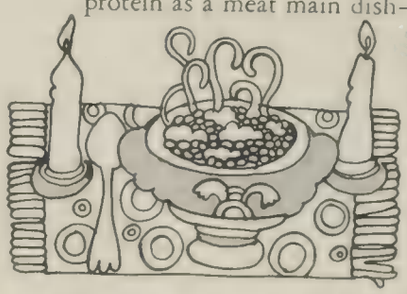
Inflation and your kitchen

Do you find you're giving fewer dinner parties this year than last, because you can't afford to feed your guests the way you'd like to? Are the weekend steak dinners you used to enjoy only *monthly* steak dinners now? You aren't alone. In spite of efforts by grocers and others, inflation has had its effect on food prices. From Pittsburgh, Pennsylvania to Mound, Minnesota, the problem is the same: the rising cost of—eating!

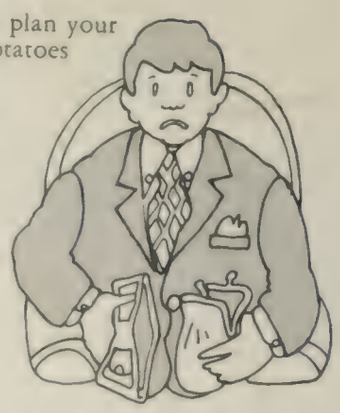
If meat is too high, substitute! Watch for protein-rich recipes like these Chili 'n Dumplings. They contain as much protein as a meat main dish—and save you money. (Now maybe you *can* have steak this weekend!)



- 2 cans (1 lb. 8 oz. each) chili with beans
- 1 cup water
- 1 pkg. Betty Crocker Corn Muffin Mix
- ½ cup shredded sharp Cheddar cheese

In large skillet, heat chili and water to boiling. Prepare muffin mix as directed on pkg. except—decrease milk to ½ cup and stir in cheese. Drop by spoonfuls onto boiling chili. Cook uncovered over low heat 10 min.; cover and cook 10 min. longer. 6 servings. Costs about $1.75.

Plan—to save money. When you plan your week's menus, vary your meat 'n potatoes routine with economical one-dish meals. They save you time—*and* money. Try adding a 9½-ounce can of tuna to our Au Gratin Potatoes. It'll serve four, quick and easy. You'll find lots more money-saving PIGGY BANK RECIPES and shopping tips in our timely booklet: *Beating the High Cost of Eating.* In keeping with its subject—it's FREE! Write Betty Crocker of General Mills, Box 217D, Minneapolis, Minnesota 55460.*



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Betty Crocker
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Breakfast favorites as desserts

Two breakfast favorites change roles here to become quick and tasty desserts.

You can make the waffles early in the day, then warm and crisp them in the oven during dinner. The pancakes are best cooked at the table.

Serve the waffle quarters on dessert plates and pass whipped cream flavored to taste with sugar and chopped candied ginger (or ground ginger) and a bowl of sliced canned cling peaches.

CRISP GINGER WAFFLES

- 3 cups fine gingersnap cooky crumbs (about 45 cookies)
- 4 teaspoons baking powder
- ½ teaspoon salt
- 3 eggs, separated
- 1 cup milk
- ¼ cup (⅛ lb.) butter or margarine, melted

Combine cooky crumbs, baking powder, and salt in a bowl; set aside. Lightly beat egg yolks with a fork. Add milk and melted butter. Stir egg mixture into dry ingredients. Beat egg whites until they hold firm peaks and fold into batter just until blended; do not overmix. Bake, following manufacturer's directions, in preheated waffle baker until waffle stops steaming and becomes darker brown and crisp. Divide in quarters and cool on racks. To serve, spread out on baking sheet and heat, uncovered, in a 200° oven for 30 minutes, or toast in an electric toaster. Makes 3 large waffles or 12 servings.—*I. R., North Sacramento, Calif.*

Serve two or three of these tender little cakes to each diner. Pass whipped cream, flavored to taste with sugar and vanilla, and a pitcher of prepared chocolate syrup or a dish of tart berry jam or both.

SOUR CREAM PANCAKES

Separate 2 eggs. In a bowl lightly beat egg yolks with a fork; beat in 1 cup sour cream and 2 tablespoons warm water (refrigerate if made ahead). Combine ¾ cup unsifted regular all-purpose flour, ¼ cup sugar, ½ teaspoon soda, and ⅛ teaspoon salt; sift together into a bowl; set aside.

Just before serving stir liquid ingredients into flour mixture. Beat egg whites until they hold firm peaks and fold into batter. At the table use a ladle to dip out about 2 tablespoons batter for each cake; bake on lightly greased preheated pancake griddle or electric frying pan at medium heat. Makes about 16 small pancakes, about 5 to 8 servings.—*C. E., Costa Mesa, Calif.*

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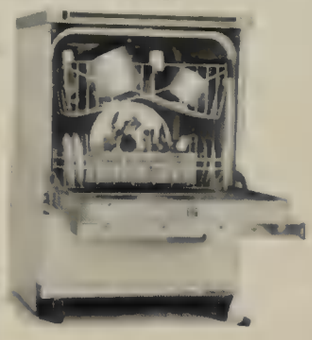

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Juicy citrus with crisp apples

These two salads featuring bright combinations of juicy citrus fruits and crisp apples are especially appealing as winter fare. The first accompanied by cottage cheese or a meat sandwich would serve nicely for a luncheon. The second might be presented as a first course or go with pork or poultry.

CITRUS-APPLE PLATE WITH DATES

2 pink grapefruit
2 large navel oranges
2 large Red Delicious apples
1 large avocado
Lettuce leaves (optional)
Stuffed dates (recipe follows)
Orange-tarragon sauce (recipe follows)

Cut away peel and white membrane from grapefruit and oranges. Segment the grapefruit and thinly slice the oranges crosswise. Cut apples in halves and cut out core, stem, and blossom end. Lay each apple half cut side down and slice thinly, holding the slices together to retain the apple shape. Peel and slice the avocado.

To make salads, line 4 individual plates with lettuce (if desired), then on each plate arrange attractively about ¼ of the grapefruit, ¼ of the orange, ½ of an apple, ¼ of the avocado, and 3 stuffed dates. Moisten generously with the orange-tarragon sauce and serve. Makes 4 servings.

Stuffed Dates. Blend together 1 small package (3 oz.) cream cheese, ½ teaspoon sugar, and ¼ teaspoon grated orange peel. Split open 12 pitted dates and fill evenly with all the cream cheese mixture.

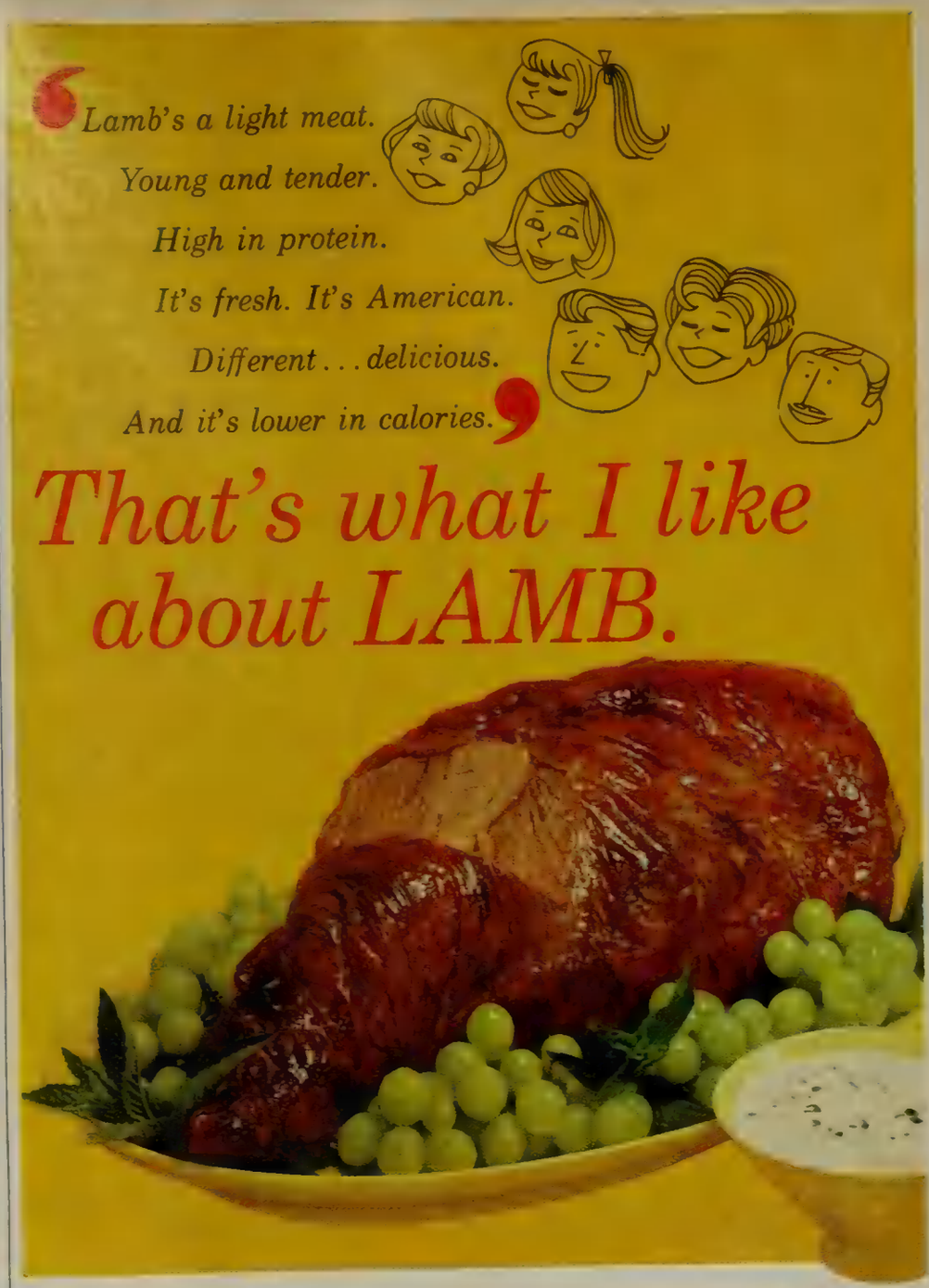
Orange-Tarragon Sauce. Mix together to blend ½ teaspoon grated orange peel, 1 tablespoon sugar, ¼ teaspoon tarragon, ½ teaspoon salt, 2 tablespoons *each* salad oil and vinegar, and ½ cup freshly squeezed orange juice.

ORANGE-APPLE SALAD WITH ONION DRESSING

4 large navel oranges
2 Golden Delicious apples
Onion dressing (recipe follows)

Cut away peel and white membrane from oranges; slice thinly crosswise. Cut apples in halves, core, and remove stem and blossom ends; slice thinly. Combine fruit in a bowl and pour over the onion dressing; mix and serve. Makes 6 servings.

Onion Dressing. Mix together ¼ cup finely chopped green onions (including some of the green tops), ½ teaspoon basil (crumbled), ¾ teaspoon sugar, ½ teaspoon salt, 3 tablespoons white wine vinegar, and 6 tablespoons salad oil.



There's so much to like about it—shouldn't you have lamb every week? Try this recipe for a great-tasting leg of lamb.

LEG OF LAMB AMERICAN (*makes 8 servings*)

1 leg of lamb
⅔ cup grape jelly
¼ cup vinegar
½ teaspoon thyme
1 clove garlic, crushed
2 teaspoons salt
½ teaspoon pepper

Place lamb on rack in roasting pan. Roast uncovered in slow 325° oven 2 hours. Drain off drippings. Combine remaining ingredients and mix well. Pour over lamb. Roast 30 minutes or until meat thermometer registers 175° to 180° depending upon desired degree of doneness. Baste lamb with grape jelly mixture frequently as it roasts.

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THE

Western Kitchen

NEWS AND IDEAS

Glass rangetop adds oven

A range containing glass ceramic cooking top and a self-cleaning oven has recently been added to the Western market in several areas. (The glass cooktop alone was introduced three years ago; see *The Western Kitchen* on page 206 of the November 1966 *Sunset.)* The oven features an electrical locking system rather than manual. Cleaning takes about 3 hours—2 hours to clean, 1 to cool.

Available in a variety of colors, the range with a set of specially designed cookware sells for about $600.

Catalytic liners clean as you cook

A new addition to the line of easy cleaning ovens is a continuously cleaning catalytic oven liner that cleans itself under normal baking temperatures—does not require very high temperatures to do the job. Manufactured by range makers, these liners are built to specifications of the particular model.

Since the liners slide in and out, if excess cooking spatters must be removed, this can be done outside the oven.

The liners are coated with a substance that acts as a catalyst in the presence of heat and oxygen. Oven cleaning begins soon after the internal temperature reaches 250° and continues as the oven is used. The cooking spatters do not disappear immediately but start to fade soon after heat is present. Optimum cleaning power is at about 450°.

When anything that splatters fat is cooked in an oven, the effectiveness of the catalytic liner is especially evident. Whereas a porcelain liner usually turns a dark brown, fat on the catalytic liner resembles moisture on a blotter—it seems to be absorbed.

A catalytic liner does require some special care: Abrasive oven cleaners would scratch the surface and reduce its cleaning ability, and the catalytic material cannot be repaired if the surface is damaged. You use a damp cloth and a nylon brush to clean up all excess splatters.

The oven liner kits (most are optional features at this time) add about $50 to the cost of a new range; they can also be purchased separately for newer models of certain makes.

DARROW M. WATT

Pull-out counter space

When it wasn't possible to provide counter space adjacent to the oven, a pull-out landing pad was added. This work area was designed by Architect Walter Eagle for the Donald Petersons, Palo Alto, California.

DON NORMARK

Cooler just for apples

Apples are kept crisp and cool in this specially designed storage area. The slide-out shelves were built to fit apple boxes. The entire unit is vented to outdoors. Owners are the Len Wootons, Wenatchee, Wash.

Keeping the paper towels hidden

Paper towels are dispensed through a narrow slit; roll and holder are inside the cabinet. Architect was Leonard Veitzer for the Milton Lincoffs, Chula Vista, California.

RICHARD FISH

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JANUARY MENUS

For the holiday weary: a supper for casual entertaining, a sprightly salad lunch, a simple family meal

We give special attention this month to the holiday-weary cook, but the meals (despite their many convenience features and seasonal acknowledgments) measure up to the most exacting standards.

The first menu is geared to casual entertaining. The second is a salad luncheon or a light supper. The third dinner is plain but satisfying family fare.

Seafood casserole supper

Most of the preparation for this delicately seasoned entrée can be done a day ahead; you assemble and bake it just before dinner. Serve salad before or with the fish.

Avocado Almond Salad
Danish Sole and Shrimp Oven Entrée
Buttered Green Beans
Cheesecake with Tart Lemon Curd

If you serve fresh whole green beans, try cooking them as much as a day ahead, uncovered, in a quantity of boiling salted water just until tender. Then drain beans, immerse in ice water to chill, drain again, and wrap and refrigerate. At serving time immerse beans in hot water just until warmed through and then drain; they keep their color better and require littl attention.

For dessert purchase or bake a plai cheesecake and serve with lemon sauce.

Avocado Almond Salad. Place 6 cups bro ken pieces of butter lettuce in a sala bowl. Arrange on the lettuce 1 peeled sliced avocado and sprinkle with 4 table spoons prepared roasted, diced almonds Mix 3 tablespoons red wine vinegar wit 6 tablespoons olive oil and ½ teaspoo salt; stir into greens. Makes 6 servings.

Danish Sole and Shrimp Oven Entrée

- 2 pounds small sole fillets
- Salt and pepper
- 3 tablespoons *each* lemon juice and butter
- About 1 cup half-and-half (light cream) or milk
- 3 tablespoons *each* flour and shredded Parmesan cheese
- ½ pound small cooked, shelled, and deveined shrimp
- 1 package (8 oz.) frozen potato puffs

Fold each piece of sole in half and arrange side by side in a shallow casserole (8 by 10 inches or 1½ to 2-quart size). Sprinkle fish with salt, pepper, and lemon juice; dot with 1 tablespoon of the butter. Cover; bake in a 425° oven for 20 minutes.

Remove casserole from oven and let stand until slightly cooled. Holding fish in place with a lid or wide spatula, drain juices from casserole into a measuring cup. Add cream to make 1¾ cups total liquid.

Melt remaining 2 tablespoons butter in a saucepan, blend in flour, and then gradually add the juices and cream, blending smoothly. Cook until boiling, stirring. Blend in 2 tablespoons of the cheese. At this point both the fish and the sauce, each covered, can be chilled overnight.

Distribute all but a few of the shrimp over the sole. Spoon sauce, hot or cold (stir to soften), evenly over the fish; edge casserole with frozen potato puffs. Sprinkle sauce with remaining 1 tablespoon cheese. Bake uncovered in a 475° oven until bubbling; allow 20 minutes for the chilled casserole, or 10 minutes for casserole with hot sauce. Garnish with the reserved shrimp. Makes 6 servings.—*I. S., Palo Alto, Calif.*

Tart Lemon Curd. In the top of a double boiler, melt 2 tablespoons butter. Add to

Smoothly sauced *sole and shrimp casserole, bordered with crisp potato puffs, is the make-ahead main dish for easy entertaining menu; accompany with beans and salad*

GLENN CHRISTIANSEN

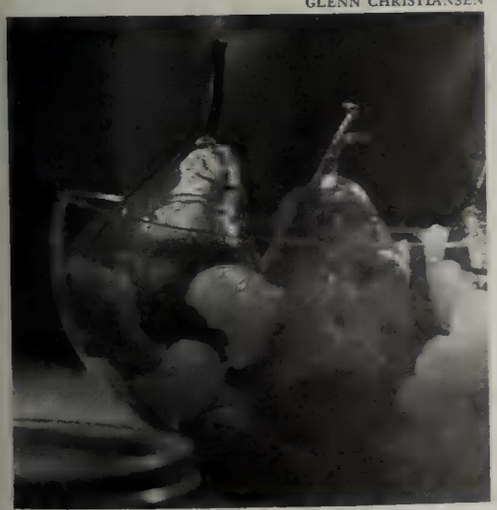
Small wonders

The small delicate peas that rival the French petits pois in flavor

Small favors

... (1 74 oz.) frozen, thawed
.vocado dip, 1 tablespoon lime or lemon

GLENN CHRISTIANSEN



Baked pears *glisten with a glaze made of mandarin orange juices; add oranges last*

style spareribs. Sprinkle meat lightly with salt and place in a close-fitting casserole; add ½ cup regular-strength chicken broth and cover. Bake in a 425° oven for 1¾ hours or until meat pierces easily; remove cover and bake 10 minutes more. Transfer meat to a serving platter, and add 1 or 2 tablespoons additional chicken broth to casserole and scrape free browned bits; pour over meat. Spoon red cabbage (recipe follows) around meat. Makes 4 or 5 servings.

Simple Sweet-Sour Red Cabbage. Finely shred 1 medium-sized head (about 2 lbs.) red cabbage. Combine in a large pan with 2 cups cranberry-apple juice drink and 1 tablespoon vinegar. Add 2 peeled, cored, and thinly sliced apples. Bring to a boil, then cover and simmer gently for 1½ hours, stirring occasionally; add a little more cranberry-apple drink if cabbage becomes dry. Salt to taste and serve. Makes 4 or 5 servings.

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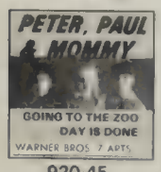

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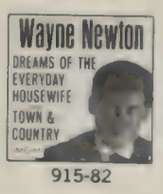

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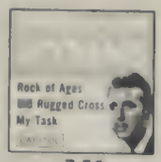

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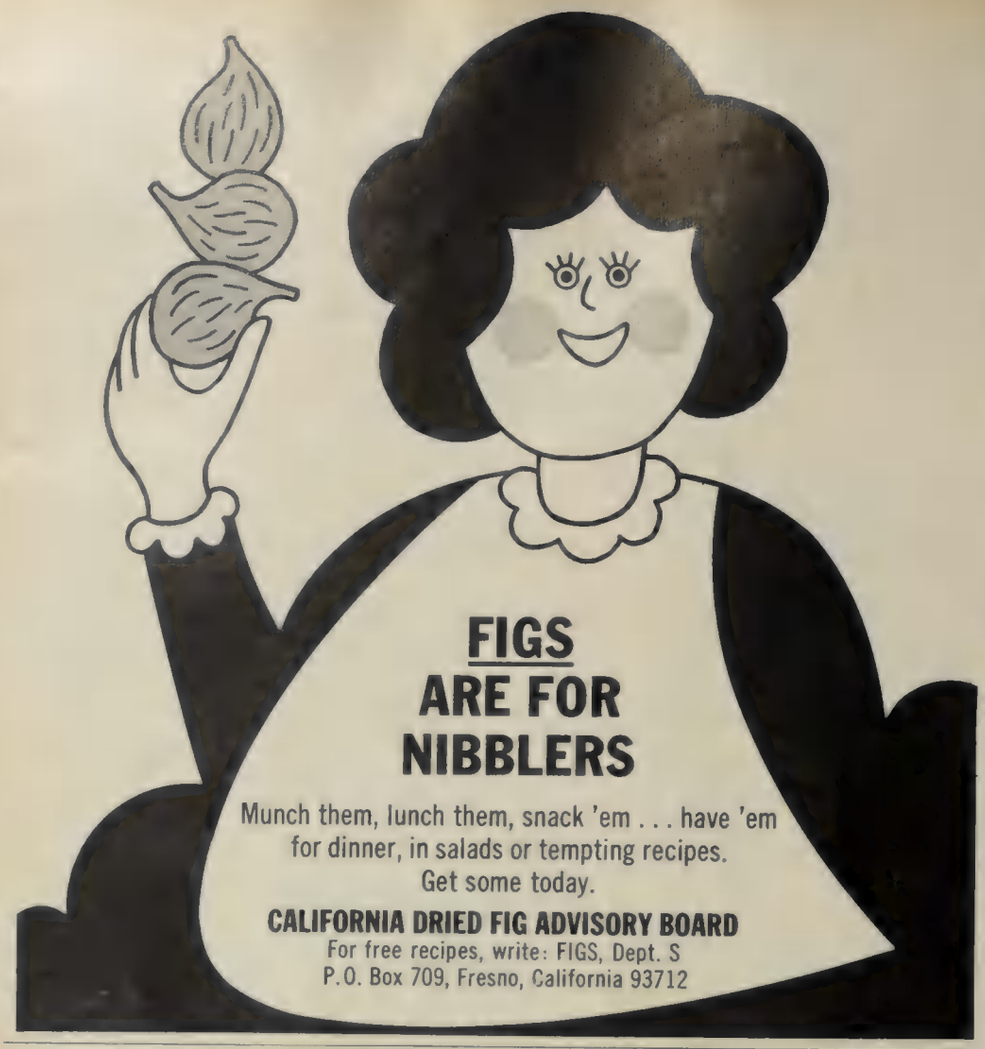

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Seed cakes with tea or coffee

Caraway and poppy seeds add distinct to these two cakes, both made quic and easily from packaged mixes.

In England, such seed cakes often go w afternoon tea. These versions are equa good with coffee for dessert.

You can slice this cake thinly, or cut thicker slices to spread with butter, th lightly toast.

CARAWAY POUND CAKE

- 1 package (about 1 lb. 2 oz.) pound cake mix
- 1 teaspoon finely grated orange peel
- ¼ teaspoon ground mace or nutmeg
- ½ cup finely chopped pecans or almonds
- 2 to 4 teaspoons caraway seed
- Powdered sugar (optional)

Prepare the cake mix as directed addi the ingredients called for on the packa In addition beat in the orange peel a mace. After beating, fold in the peca and caraway seed. Pour into a grease by 9-inch loaf pan and bake as direct

Cool the cake about 10 minutes, then tu out of pan and cool completely. At servi time sift powdered sugar over the ca if you wish. Makes about 10 servings. *H. D., Vancouver, Wash.*

Bake this cake in layers or in a 9 by 1 inch loaf pan. A whole package of pop seed gives it crunchy texture. Butt scotch frosting complements the flavor

POPPY SEED CAKE

- 1 package (about 1 lb. 2 oz.) yellow butter cake mix
- 1 package (⅓ to ⅔ cup) poppy seed
- ¼ cup (⅛ lb.) butter or margarine
- ⅓ cup milk
- 1 cup firmly packed dark brown sugar
- 1½ to 2 cups sifted powdered sugar

Prepare the cake mix as directed addi the ingredients called for on the packag Fold in the poppy seed after final beatin Pour batter into two greased 9-inch lay cake pans or into a greased 9 by 13-in loaf pan. Bake as directed on the packag Cool cake layers on racks before frostin Or cool loaf cake in the pan.

For the frosting, combine in a small sauc pan the butter, milk, and brown suga Bring to a full boil, stirring constantl Boil over medium heat for 1 minute. R move from heat and cool to lukewarn Beat in the powdered sugar to make good spreading consistency. Spread b tween the layers and on tops and sid of layer cake; spread only on top of lo cake. Makes about 12 servings.

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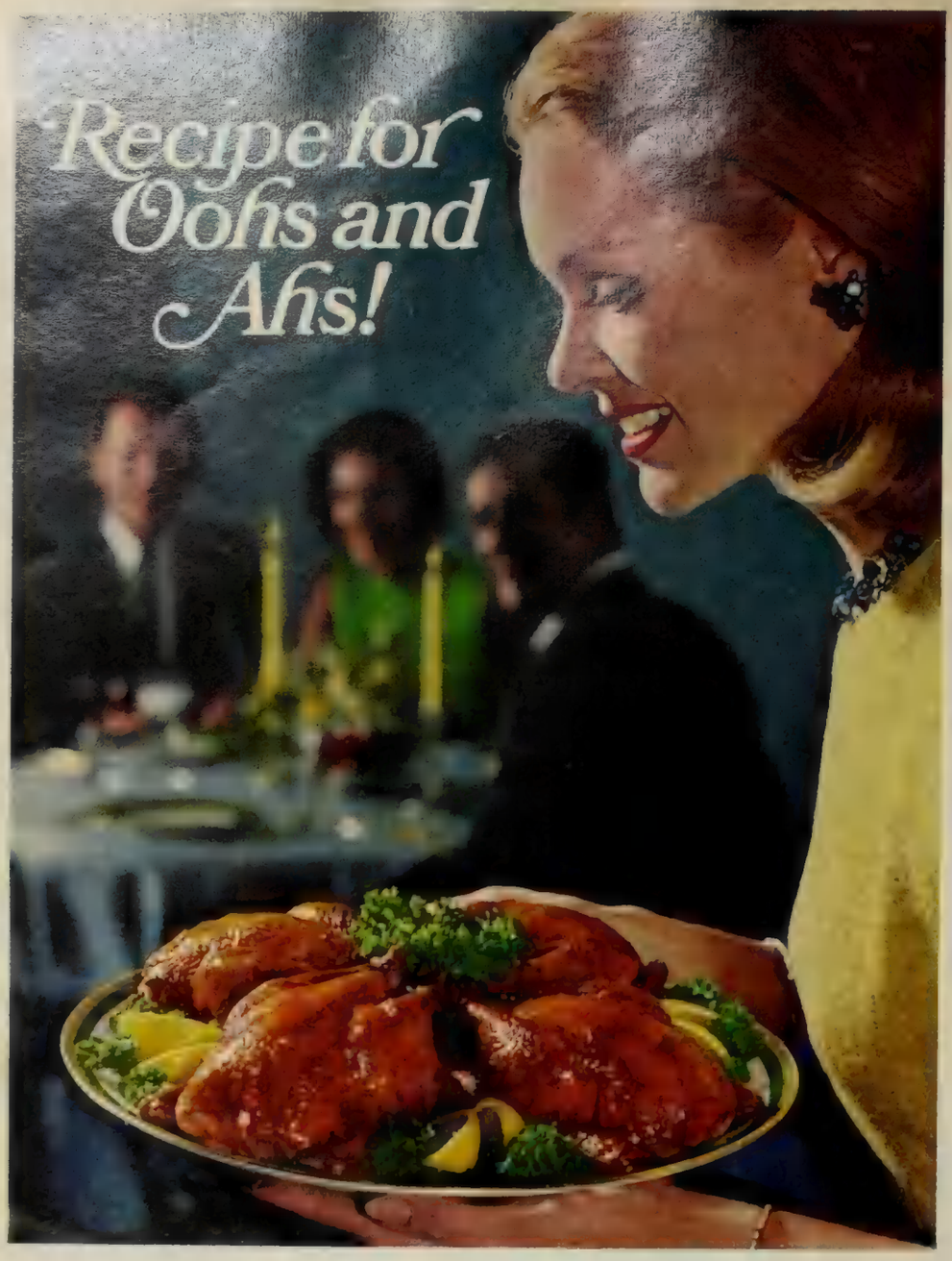

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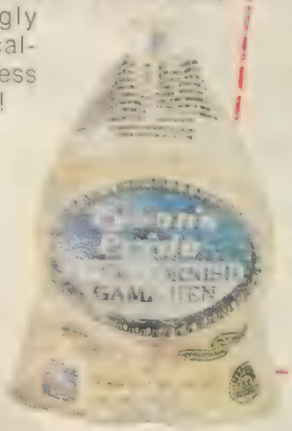

ROCK CORNISH GAME HENS SUPREME

6 Tyson's Pride Rock Cornish Game Hens

½ pint sour cream
¼ teaspoon lemon juice
Salt and pepper

Put lemon juice into cream, stirring well. Preheat oven to 400° F. Remove giblets from thawed birds and put aside to use another day or in gravy. Salt and pepper birds well on outside. Place on backs in large shallow pan and brush with butter. Cook covered for 45 minutes. Uncover and frost with sour cream, pour remainder of cream over them and cook, uncovered, for 15 minutes. Baste about every 5 minutes. Make gravy from drippings.

DARROW M. W

Pacific *oysters in tomato sauce spoon over fresh-cooked noodles; serve a crus bread and crisp salad to complete me*

Oysters on a bed of noodles

Consider this spicy, unusual entrée—oy ters in a tomato-seasoned sauce—for informal get-together. Look for fresh t gliarini in the delicatessen case at t store, or use dried tagliarini.

OYSTERS TAGLIARINI

- ¼ cup butter or margarine
- 1 large onion, finely chopped
- ½ cup chopped green pepper
- 1 clove garlic, minced or mashed
- 1 can (6 oz.) tomato paste
- 1 bottle (8 oz.) clam juice
- ½ teaspoon whole thyme, crushed
- Dash cayenne
- About 8 ounces fresh or dried tagliarini (thin egg noodles)
- 2 jars (10 oz. *each*) small Pacific oysters
- Chopped parsley
- Shredded Parmesan cheese

In a large frying pan, melt the butter ov medium heat. Add the onion, green pe per, and garlic, and sauté until onion soft and golden. Blend in tomato past clam juice, thyme, and cayenne. Bring a boil, reduce heat, and simmer (unco ered) for 15 to 20 minutes, until sauce thick, stirring occasionally. Cook noodl according to package directions; drain. Stir oysters and their liquid into sau and cook, covered, for about 3 minut longer, until edges of oysters curl. Spoo sauce over hot tagliarini on a warm pla ter; sprinkle with parsley. Pass cheese i a separate bowl to spoon over individu servings as desired. Makes 4 servings.—*H. N., San Francisco.*

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sprinkle with
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50° oven about
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e ¼ cup sugar and
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Wasa Ry-King: The lean, tan, he

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Sunset's GARDEN GUIDE

Winter in the work center

ELLS MARU

Cold, wet January days are just right for cleaning tools a pots and organizing garden supplies. A functional, well design work center such as this makes the job easier. Designed a built by owners, Mr. and Mrs. James Morrow, Belmont, Cal

JANUARY IN YOUR GARDEN:

In midwinter you need an indoor plan, an outdoor plan

'hen January weather is good, it is clear, ·ight, and mild, but when it is bad, it horrid: cold, windy, rainy, not at all iitable for outdoor gardening.

nce it is so unpredictable, be prepared ı use your gardening time to advantage ther indoors or out.

ı case of good weather, prune deciduous ees and shrubs, spray fruit trees, and ɔe or spray weeds; buy and set out bare-ɔot deciduous plants such as roses, flow-ing shrubs, and flowering, fruit, and ıade trees.

word of caution: Before planting, make ıre the soil is not too wet and soggy from revious rains. To be workable, soil should ·umble when hit with the back of a ıovel. (Cultivating wet soil compacts it ıd drives out essential oxygen, thereby psetting soil structure and hindering enetration by roots, air, and water.)

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'hoose a well drained planting site, one hat's free of other roots and allows the ɔse about 6 hours of sun. Dig the hole ·ide enough to arrange the roots inside ·ithout cramping. For planting mix, use qual parts native soil and organic matter -moistened peat moss, nitrogen-fortified awdust, or ground bark.

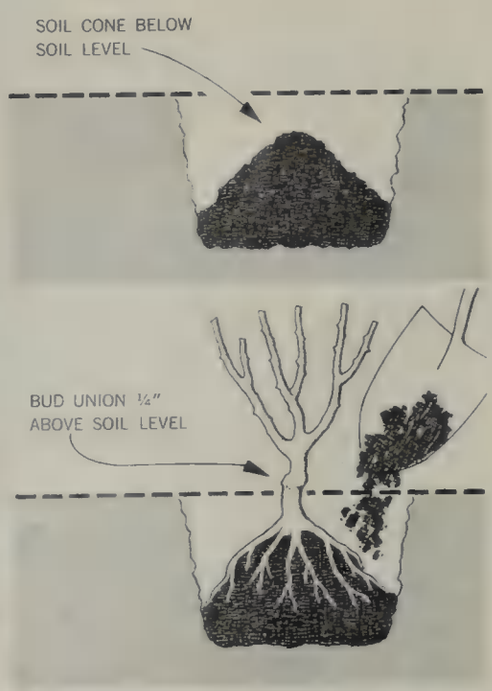
Iake a mound of planting mix in the ɔrepared hole and place the rose roots on op of it, carefully spreading them out. 'lace the bud union ¼ inch above the soil level (except in cold-winter areas, where it should be just below the soil surface for frost protection). Fill in the rest of the planting mix around the rose, firming it to eliminate air pockets which dry out roots.

After planting, make a watering basin around the rose the same width as the hole and fill with water. Fill again after water has drained down into the soil.

In colder climates, guard against rose canes' drying out or freezing by piling moist peat moss, ground bark, or sawdust around them. Remove gradually when new growth starts in the spring.

Sunset rose book updated

Two changes are worth noting in the 10th printing of the *Sunset* book *How To Grow Roses* (Lane Books, Menlo Park, Calif., 1969; $1.95). The lists of roses have been updated to include outstanding varieties introduced up to 1969. And information on control of diseases and insect pests has been revised because of recent research—references to DDT and other persistent chlorinated hydrocarbon insecticides have been dropped. Check the back side of the book's title page to make sure you're getting the 1969 printing.



Carefully spread *rose roots over a mound of soil mix before filling in the hole*

1970 All-America gladiolus

After extensive field tests, two gladiolus proved to be the most outstanding of the 1970 introductions:

Apollo. The heavily ruffled flowers are mingled shades of orange, salmon, and yellow, 8 to 10 open at one time on a 60-inch spike with up to 22 buds.

Snowdrop. This small-flowered snow-white gladiolus has slightly ruffled flowers that open one by one on a 48-inch spike with about 18 buds.

Dormant spray is okay

The last major statement on spraying that you read in *Sunset* was the denouncing of DDT and its relatives—the chlorinated hydrocarbon insecticides (see *It's time to blow the whistle on DDT,* on page 58 of the August 1969 *Sunset*). That did not mean that you should eliminate all sprays, as you'll notice by the references to dormant spraying in our garden section this month and next.

Dormant sprays are blasted onto dormant, deciduous trees and plants while the leaves are off. They are safe, old-fashioned minerals and chemicals—lime-sulfur, sulfur, copper compounds, and mineral oil. They do not persist; they do not indirectly damage wildlife and people.

So, as a conscientious gardener, you can use dormant spray; you will have a better 1970 garden for using it, and you won't do any damage to the world with it.

Care of Christmas gift plants

Flowering plants received as gifts over the holidays need special attention to keep them through the winter for later out-door planting.

The most popular Christmas plants are azaleas, cyclamen, and poinsettias, all of which require maximum daylight with minimum direct sun. Watering is the most important factor and the easiest one to forget; keep the plants' soil constantly moist but not soggy. Never allow water to stand in the saucer under the pot.

Azaleas. Although azaleas prefer a cool temperature of around 60°, they can tol-erate 70° to 75° for a short while after the holidays. To prepare them for the temper-ature change in an outdoor garden, move

Sunset's GARDEN GUIDE

Winter in the work center

ELLS MARI

Cold, wet January days are just right for cleaning tools a pots and organizing garden supplies. A functional, well design work center such as this makes the job easier. Designed a built by owners, Mr. and Mrs. James Morrow, Belmont, Cal

JANUARY IN YOUR GARDEN:

In midwinter you need an indoor plan, an outdoor plan

/hen January weather is good, it is clear, right, and mild, but when it is bad, it horrid: cold, windy, rainy, not at all itable for outdoor gardening.

ince it is so unpredictable, be prepared use your gardening time to advantage ither indoors or out.

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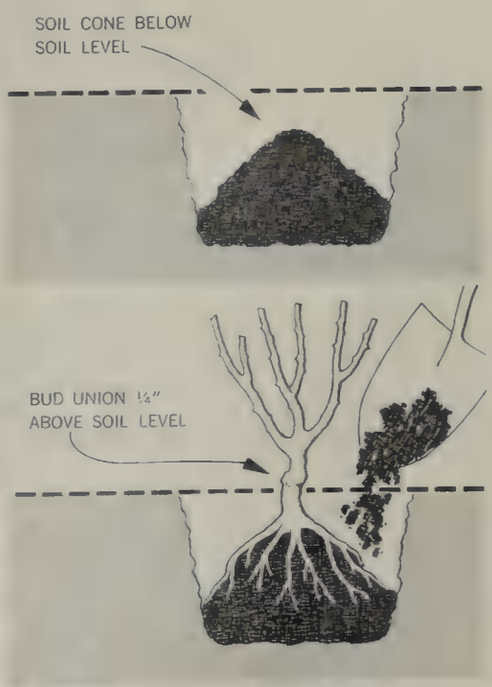

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Sunset's GARDEN GUIDE

WILLIAM APLIN

Seven tree ties, *one for every size of trunk*

them first to a cool, sunlit place indoors for about two weeks, and then to a protected, sunny spot outdoors. Remember to keep them moist.

To transfer azaleas to an outdoor bed, dip the dense root ball in water to loosen it, and set the plant in a bed of wet peat moss or redwood sawdust mixed with sand. Locate in a well drained bed and water directly at the base of the plant.

Cyclamen. Cyclamen need a cool 50° to 60° indoor temperature; move them to a protected spot outside within two weeks. Stand the pot on pebbles in a tray of water to keep air around plants cool and moist. Water just inside the pot rim to prevent accumulation of water at the base of leaves, a frequent cause of rot. Plant in a partly shady, well drained bed when frost danger is past.

Poinsettias. These ideal indoor plants require a constant temperature around 70° and need protection from drafts which cause all the leaves to drop suddenly. After several weeks indoors, leaves will drop naturally, and you can cut stems back to about two buds. Move plants to a slightly cooler place indoors and water just enough to prevent drying out. When warm spring weather comes, set poinsettias outdoors in pots, or plant directly in the ground in mild-winter areas of California.

Tree ties

Bare-root planting of trees is similar to that of roses, but you will need to stake trees. The picture at left shows seven ties with which to fasten trees or other plants to stakes. All are widely available at nurseries and hardware stores.

Obviously, to secure a big tree, you'll need a sturdy tie such as one of the lower four in the photograph. The rubber on the lower two serves as a cushion so that wire won't cut into the tree.

For small trees, as well as shrubs and flowers, you can use the paper or plastic-covered wire ties. They're fairly durable, and simpler to fasten than twine. But on fast-growing plants, you'll need to replace or adjust them often to keep from constricting growth.

For fast-growing trees such as willows, stretchable plastic tape is simplest. It doesn't need replacement often, because it stretches to allow room for trunk growth. It comes in widths up to 1 inch and in five gauges.

Occasionally inspect all tree ties to see if they've come loose or are rubbing or girdling the trunk.

Garden events

Oakland. January 4. Demonstration of rose pruning techniques at Oakland's Municipal Rose Garden. Hours: 1 to 5 P.M. Free. In event of rain, the demonstration will be postponed to January 11.

San Francisco. January 4. Rose pruning demonstration by the San Francisco Rose Society, sponsored by the Recreation and Park Department. Place: Golden Gate Rose Gardens, Park Presidio Boulevard and Fulton Street. Parking available along Fulton Street. Hours: 10 A.M. to 3 P.M. Free. In event of rain, the demonstration will be postponed to January 18.

MIDWINTER CHECK LIST:

These jobs need doing

☐ **Annuals.** Cold, wet weat limits most outdoor plant but you can set out calendulas, land poppies, pansies, *Primula m coides*, snapdragons, stock, and vio

☐ **Bare-root planting.** Janu brings the best selection bare-root spring-flowering trees shrubs, some of which are availa only this month. Bare-root roses a special bargain; most bare-r plants cost much less now than t will later when sold in cans.

☐ **Food garden.** Plant articho asparagus, cane berries, r barb, and strawberries now. For early spring crop, sow these seeds open ground: beets, chard, lett onions, parsley, peas, radishes, sp ach, and turnips.

☐ **Frost protection.** January is g erally the coldest month of year. Bring tender container pla into a sheltered spot. Protect ten plants growing in open ground placing a canopy of burlap abov not on—the plants.

☐ **Lawns.** Remember to wa during prolonged dry spe Mow regularly, especially law planted last fall, as mowing forces t grass plants to spread out and come more dense. Apply pre-em gence controls for crabgrass and ot weeds now.

☐ **Perennials.** Set out plants fr flats or gallons, working grou bark or peat moss into the soil fir Larger plants from gallon cans w generally give a much heavier spri bloom than seedlings from flats.

☐ **Pest control.** Apply dorma spray thoroughly to all decid ous trees and shrubs; spray t ground beneath them to kill inse and diseases in the soil. Use dorma strength oil sprays on evergre plants. Read label instructions ca fully, because unusually low temper tures can make spraying dangero to plants.

☐ **Pruning.** Prune deciduous tre and shrubs except for t spring-flowering kinds; prune the after they bloom. Don't rush to pru frost-damaged top foliage; it will pr tect lower portions of the plant fro future frosts and may even surpri you with new growth in the spring

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The outside . . . the inside . . . every bit of the Sontique* pillow washes. Unzip the nylon zipper and the durable press Dacron** and cotton ticking slips off into the machine to wash, dry and come out wrinkle-free. Even the inside—the 100% "Dacron" batting—hand washes, and fluffs fresh in the dryer. So easy to keep clean you can wash it as often as you like. Keeps down the sneezes, too. Take your choice from a variety of sizes. Soft, medium, or firm. Standard, queen size or king.
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HOLIDAY INN CARMEL, Highway 1 at Rio Road and only 1 1/2 miles to charming downtown Carmel. A 10 minute drive to Pebble Beach and Spyglass golf courses.

HOLIDAY INN SANTA CRUZ, on Ocean St. in downtown area. A short stroll to the famous fun boardwalk and beach. Golf on the nearby Pasatiempo course.

HOLIDAY INN SAN RAFAEL, just 10 minutes north from the Golden Gate Bridge on 101 Freeway. A beautiful inn high on a hill, overlooking the Marin countryside.

HOLIDAY INN CONCORD, just off Interstate 680 and only a 30 minute drive to San Francisco. Near to the famed Napa Valley wine country. Silverado Golf Course.

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WILLIAM

Marimurtra *garden on Costa Brava has plants and a coastline like that of Calif*

California? No . . . the Costa Brava

Familiar *to Californians: aloes, aga and cactus are part of the excellent, vately owned collection at Pinya de R*

Two botanic gardens on Spain's Costa Brava take visitors by surprise with their scenic similarity to California.

In the seaside town of Blanes, 40 miles northeast of Barcelona, these two gardens contain many plants like those found in California. The similarity is no accident: They're in a Mediterranean climate and setting strikingly like that of the mild California coast.

El Jardín Botánico del Carlos Faust "Marimurtra" (mar y murtra—sea and myrtle) contains familiar cypress, pampas grass, eucalyptus, agaves, and yuccas among its more than 3,000 species. After paying 15 pesetas (22 cents) entry fee, you can follow the self-guided tour.

Jardín de Aclimatación "Pinya de Rosa" is remarkable for its collection of aloes, agaves, and cactus. This garden is privately owned, but permission to visit it can be obtained by writing or calling the owner, Dr. Fernando Rivierie de Caralt, Bailen 1, Barcelona 10.

You can see these gardens on a one-day excursion from Barcelona or as a side trip en route to the Costa Brava. To reach Blanes, take the main coastal highway northeast from Barcelona and whe turns inland at Malgrat, continue on secondary road along the coast. At Bla to reach *Marimurtra* drive down thro the town to the shore and follow the si signs to the left; the garden is at the n end of the bay.

To reach *Pinya de Rosa*, you continue the coastal road beyond Blanes a few k meters toward Lloret del Mar; then t right toward the coast. There are no si you will have to ask directions.

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Kasa

Staghorn fern, *in box of sphagnum moss, gets collected-and-bottled rainwater*

Duncan and Brian Burns, 12 and 15 years old, grow jungly plants with long names about as casually as many grown-ups grow ordinary one and two-syllable plants. Here, in the greenhouse they built out of panels salvaged from an old greenhouse being torn down, you see how the boys tend bromeliads, orchids, and ferns.

These plants may seem unlikely choices for youngsters, but they're easier to grow than you'd expect. And it isn't absolutely necessary to have a greenhouse to grow some of the things that the Burns brothers grow. Cymbidium orchids, staghorn fern, and certain bromeliads (pineapple relatives with colorful leaves or flowers)

In greenhouse *he and brother built, Duncan shows sister his orchids, ferns, bromeli*

How two boys in Pasadena grow jungly plants with long names

aquariums *make plush quarters for $8 plant. Pineapple at right*

Little orchid *in stump niche roots in handful of soil mix*

DARROW M. WATT

embling *miniature garden in tray—stone, log, bromeliads, baby's tears, orchids*

Wire *orchid to soft bark, then to log. In time the roots take hold*

can be grown outdoors in mild climates.

Duncan and Brian grow the two main types of orchids and bromeliads: epiphytic (they cling like barnacles to trees) and terrestrial (they root in soil). Epiphytic types are wired to logs or living trees as shown above; after that all they need is occasional watering. The boys pot terrestrial plants in commercial orchid mix, and feed with packaged orchid food.

In winter, Duncan and Brian ward off frost by putting a portable electric heater in the greenhouse. Main job during the hot Pasadena summer is daily watering. They use rainwater collected in winter and stored in bottles, since local tapwater is high in salts harmful to plants.

Leafy green plants *in clay pots turn lower level party room into garden. Some stand on brick-paved window seat, others ha*

The garden that's right in the house

Would you like to enliven the roo your house with indoor plants? If s thinking of every window, glass wa skylight as a potential greenhouse. ing plants where they are bathed in will help keep them at their best. remember that tender-leafed plants be burned by too much direct after sunlight, and that only plants grow bloom need such strong light.

When you have decided on loca where the light level is high but not aging, you can begin to choose in plants to fit them. You have a rich va

Christmas cactus *will bloom in sunny south-facing window. Low slatted wood stand helps protect plant from careless passer-by*

DON NORMARK

uxuriant Boston fern *displayed on 28-inch-tall pedestal completely covers 7-inch pot*

Tall, narrow *multistemmed palm stands in front of a tall and narrow bay window*

Mistletoe fig *at rear and Aeonium sedifolium in foreground beside a window seat*

om which to choose—from a small pot f African violets to sit on a windowsill, a towering 6-foot palm selected to ramatize a two-story living room.

ow you use plants indoors is, of course, personal matter. Perhaps the most effective way is to group them to emphasize ontrasting leaf patterns and colors, as in e photograph at left.

a west or south-facing window, plan pull a curtain in the afternoon to cut e sun's direct rays. Such protection at ny window will lessen indoor temperaure fluctuations in winter, too.

Thick patterned leaves *of 30-year-old sansevieria that now fills 12-inch pot and towers 5 feet tall*

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PETE REDPATH

Light yellow *1-inch buds appear in profusion on 'Irish Gold', a new Hybrid Tea rose with glossy, disease-resistant foliage*

Here is Sunset's report on 27 roses new for 1970

Although as many as four new roses may be honored in the annual All-America competition (sponsored by rose growers), only one, appropriately called 'First Prize', was selected this year.

This and 26 other new top-quality roses—including an unusually high number of bicolors—are described and listed according to color below.

The new roses include: Hybrid Teas (HT), the most widely sold and planted roses, with large, well formed buds and flowers; Floribundas (F), somewhat smaller and bushier; Grandifloras (G), large, heavily flowered bushes; and Miniatures (M), which seldom exceed 12 inches in height.

BICOLORS

'Banbridge' (F). Low-growing, compact, to 34 inches tall. Profuse gold and red flowers, 2½ to 3 inches across.

'Big Splash' (Climbing HT). Arching, nearly thornless canes reach 8 to 10 feet. Flame red and yellow buds open to 5-inch cerise flowers. Vigorous grower.

'First Prize' (HT). All-America Rose. Upright, 3-foot-high bush produces deep carmine and pastel pink blooms that open to 6 inches across, with "old rose" fragranc

'Josephine' (M). Varies from soft cream yellow in bud stage to near white in fu bloom (soft pink in cool weather). Abun dant 1-inch flowers. To 14 inches high.

'May Del Flagg' (G). A tall vigorou shrub. Golden and rose-red flowers appea in clusters of three to six. Very fragran Grows to 8 or 9 feet.

'Olympic Torch' (HT). Medium-sized re and white blooms with pink-patterne edges appear on well branched, 3 to 3½ foot plant. Dense purple-green foliage.

'Pagliacci' (HT). Slender lemon buds wit cerise markings open to cerise and crim son 3-inch flowers. Grows 6 feet tall, pillar like. Heavy pruning produces spring cro

'Peaches and Cream' (F). Buff yellow t peach 4½ to 5-inch flowers borne in pro fusion on dense, rounded plant.

'Smoky' (HT). Carmine buds open to 4 inch blooms in deep smoky raspberry with overall effect of dusky, velvety plum Coral and beige undertones. Excellent cu flower. Grows to 3 feet high.

'Starburst' (HT). Apricot yellow buds un fold to blooms of all shadings of yellow

ough scarlet. Blooms 3½ inches across
lusters of two to five; light fragrance.
4 feet.

ANGE

rchy' (F). Clusters of brick orange to
gerine flowers, about 3½ inches across.
v, compact grower seldom exceeds 30
nes in height.

K

njamin Franklin' (HT). Grows to 4
t, bearing large high-centered dawn-
k blooms to 5 inches across.

ndy Pink' (M). Clear bright pink,
pening as bloom matures, with fully
ible 1¼-inch flowers all season. Bushy
l compact, to 14 inches.

y Dream' (HT). Deep pink flowers
ing to medium pink with flush of yel-
. Flowers to 6 inches across. Fast grow-
to 4 feet or higher.

ura' (HT). Upright, 4-foot plant bears
o 6-inch coral pink flowers. Mild fra-
nce. Buds don't like cold, wet weather.

owtime' (HT). Vigorous, bushy plant
rs large, symmetrical blooms with
asant, fruity fragrance. To 4 feet.

D

Cid' (HT). Fiery orange-red with
per red on reverse petals. Abundant 4
5-inch flowers on vigorous plant that
ws to 3½ feet high.

npire Granger' (HT). Tall, vigorous
ub with big crimson blooms. Resists
fading. Grows to 4 feet or more.

agic Dragon' (M). Climbing miniature
about 5 feet high. Double red flowers
clusters bloom all season.

rsian Princess' (M). Bright coral red
vers, 1½ inches across, are long lasting.
shy, upright plant to 14 inches.

araoh' (HT). Black-red buds open to
cerlike red blooms, 4 to 5½ inches
oss. Long-lived flowers. Thorny plant
ws to 3½ feet tall.

ed Piper' (F). Low-growing plant dis-
ys clusters of deep velvet-red blooms,
inches across, even in bad weather.

d Devil' (HT). Bright red 4½-inch
oms have strong, sweet fragrance.
nt grows to 3½ feet tall.

HITE

ise' (HT). Large 4 to 5-inch flowers
pure white in warm summer areas,
kish white elsewhere. To 4 feet high.

eeping Beauty' (HT). Long slender
kish buds turn white as they unfurl to
ther-resistant 4-inch blooms. Light fra-
nce; abundant foliage.

LLOW

sh Gold' (HT). Produces a profusion
lemon yellow, starburst flowers to 4
hes across, pinkish in cold weather.

easure Chest' (HT). Large, canary yel-
, full-centered blooms reach 5 inches
oss. Vigorous, to 5 feet.

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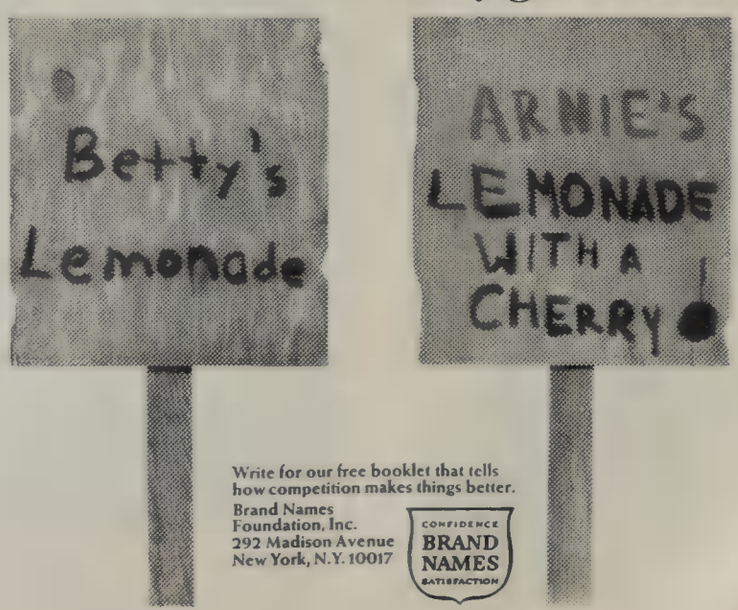

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Sheltering branches *of tall olive trees protect jade plants from winter frost hot summer sun in Padua Hills entry court. The 16-inch pots are set on cement bl*

Midwinter cheerfulness . . . the pink-flowering jade plants

The jade plant *(Crassula argentea)* gets our vote as the West's most adaptable and versatile succulent. And this month older plants take a bow for their cheerful, exuberant display of soft pink, starlike flowers.

Jade plant grows in almost any soil, in or shade, with little or lots of water (if soil drains fast). But it won't take se cold; sustained temperatures below will kill it.

In the mildest climates (as in Hawaii)

WILLIAM A

This 46-year-old *jade plant hedge extends from house to public sidewalk between t Santa Monica properties. Rarely pruned, only lightly tip-frosted; blooms by Christ*

DARROW M. WATT

or jade plant is thinned drastically to ntain open, asymmetrical silhouette

outhern California where the photo-hs on the opposite page were taken, jade plant is widely used as a land-ing shrub and in large containers. It vs admirably along the seacoast where often mass-planted on banks exposed ind and salt spray.

n in northern parts of the state where ers are less balmy, you find large, dsome jade plants in pots and boxes generally remain outdoors the year ind. Elsewhere, this succulent is an at-tive, accommodating house plant in winter months, and spends summers loors on the terrace or patio.

easy to start new jade plants. Snap or off a piece from the end of a branch, it dry until a callus forms over the surface, then plant it in sand, perlite, andy soil. Or remove and pot up suck-or offshoots from the base of older its. Cut stems will also root in water.

e plants are extremely adaptable to ning and shaping. You can transform nky, multistemmed plants into clean, ptured bonsai-type forms by removing wded branches and small side shoots. ning also reveals the smooth gray bark t contrasts attractively with the pol-d rich green leaves.

ou want a treelike jade plant, prune a single trunk and remove the lower nches to the height at which you want head to form. For a symmetrical nal top, keep pinching off ends of nches.

less pruned, large jade plants may be-ne so topheavy that they'll topple over. l while they'll grow almost indefinitely he same containers, you may be forced repot old-timers whose vigorous roots e broken the original pot.

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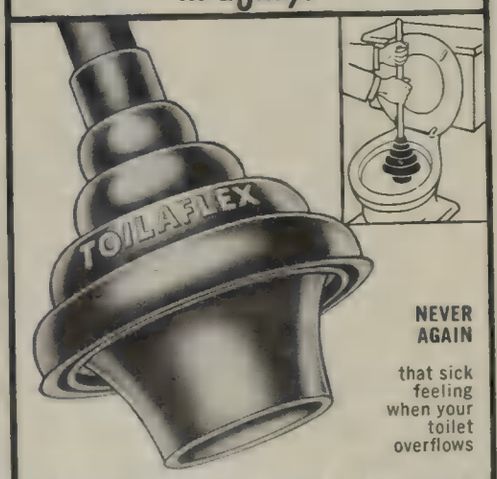

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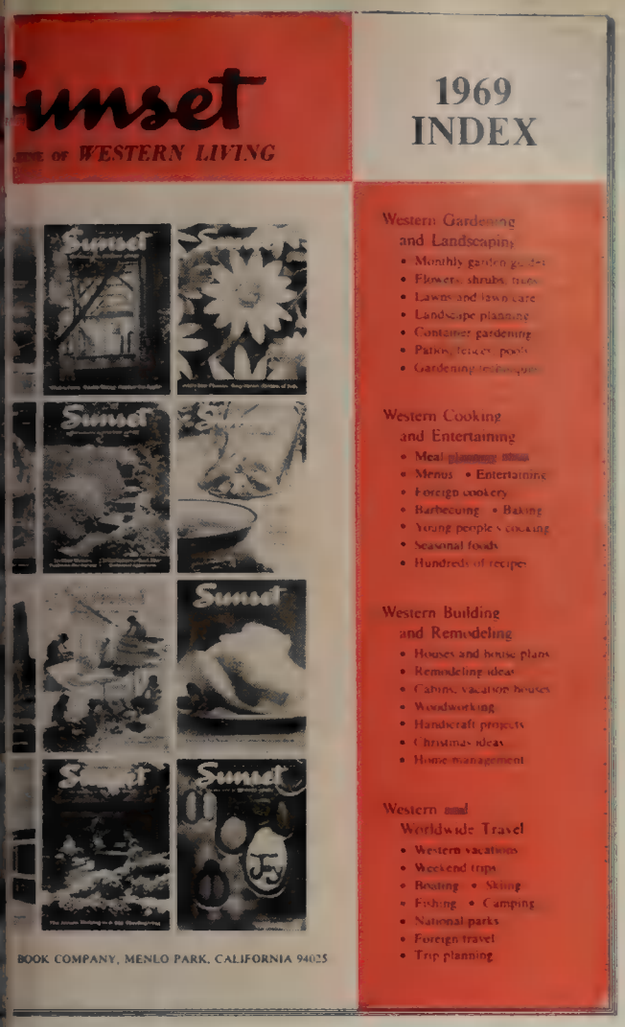

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Weeds are easier in January

A few hours spent in the garden month and next can save you a lot of fighting weeds later. Weeds are usual more than ankle high now—easy to out or kill with sprays.

You should hand-pull weeds close to able plants; all sprays are difficult to trol in tight quarters. In small gar hoeing is often the most effective met

Controlling weeds in gravel, paths, d ways, or vacant lots is a special prol Although many chemicals are avail the safest to use are those that kill the plants or portions of the plants tually touched by the weed killer. T will not leach into the soil to kill desir plants in the same area.

OIL SPRAYS

The oldest, and still best in some resp is a lightweight weed oil. It isn't st and won't permanently stain sidewall patios. It will create a strong odor f few days, but that soon disappears.

The younger the weeds, the less oil need, but each weed must be thorou wetted. Tank sprayers are the most s factory method of applying the spray. the tank under low pressure (25 t pounds) and keep the nozzle close to ground to avoid making a fog that w drift. Walk backwards as you spray you won't be walking through the oil.

Oil sprays will kill only the top gro so you may have to spray again to strongly rooted perennials.

OIL SUBSTITUTES

Several products have been introdu in recent years to replace oil sprays. I oil, they kill top growth effectively, without the strong smell. Of these, most effective are phytar and paraq Apply them according to label directi with a tank sprayer as described abo

WHICH ONE TO USE

Although these three products are equ effective against weeds, they do diffe certain ways. Both oil and paraquat less affected by rain than phytar however, tends to cling to shoes and be tracked into untreated areas). Th is also a considerable price difference tween the three; phytar is the least pensive, since you need very little make a solution. Take care with pa quat; it is extremely irritating to eyes

Like petroleum oils, phytar and paraq may not kill perennial weeds, and s cessive sprayings may be necessary.

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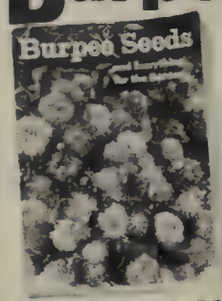

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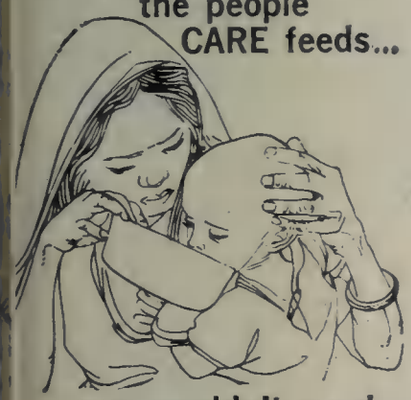

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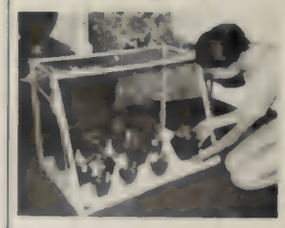

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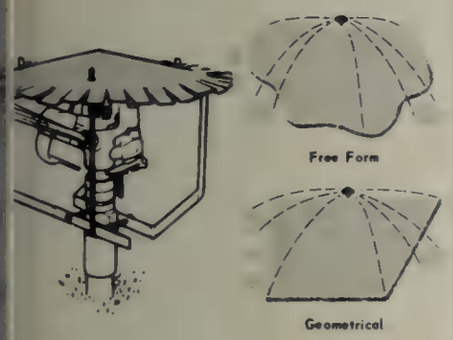

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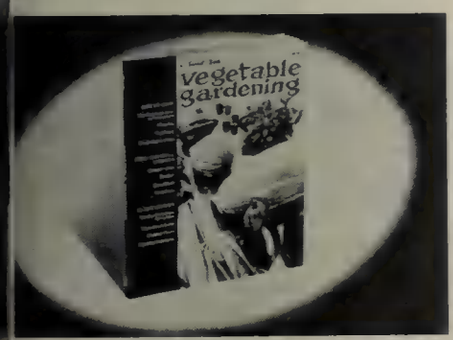

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It's the time to move small trees

January and February are good months to transplant small trees and shrubs. If one you planted several years ago is too big or just wrong for its present location, you should move it now before the new growth cycle begins.

Although deciduous trees with trunks up to 3-inch diameter can usually be handled bare-root, the more soil around the roots, the more certain you can be of a successful transplant. Try to keep intact as many roots as you can. One way to estimate the proper width of the root ball is to multiply the diameter of the trunk in inches (measured 12 inches above ground) by 9. A tree or shrub with a 2-inch trunk would need a root ball 18 inches across.

Ready to move? The job may be more difficult than you think. Moist soil can weigh 110 pounds per cubic foot. Be prepared for some heavy lifting; perhaps a friend can help you with the move.

Cut down the sides of the hole to make room for undercutting and wrapping (see illustrations). Cut halfway under the root ball with a sharp spade or shovel. Wrap burlap around the sides of the ball as tightly as possible, pinning it together with large nails. Undercut the other side, and lift the plant with the shovel onto a piece of burlap big enough to wrap the whole ball. Remove the nails and wrap the ball, securing it with criss-crossing strands of twine.

Handle the plant carefully; don't use the trunk as a handle. Support the bottom with one hand or get a friend to help you carry it in a canvas or burlap sling.

The planting hole. Mix the soil so the root ball is slightly higher than the surrounding soil when you place the plant in the hole. (The soil will settle somewhat when wet.) Half fill the hole with soil, firming it around the roots by pushing it with a stick.

Loosen the twine and burlap at the top and finish filling the hole with soil. (The burlap will gradually disintegrate.) Soak the soil well.

1. *Cut down sides and halfway under to make room for wrapping*

2. *Wrap burlap carefully around the ball, fasten with large nails*

3. *Lift partly wrapped plant onto another burlap; remove nails*

4. *Finish wrapping burlap around roots, securing with heavy twine*

RICHARD

Three-year-old grove *of alders—five at left, six right—shades walk and in owner's opinion makes his the "coolest house on bloc*

A fast forest of alders to shade your entry

Dark green *leaves hang on till late*

Smaller grove, *also three years old, has two alders at walk's left, four at right*

Given three years, the leafless white alders you plant bare-root this month could provide cool summer shade like the ones shown here. In the grove plantings above and at left—both in Santa Ana, both just three years old—trees already range as tall as 25 feet. As an added dividend, in rain or fog they give off a delightfully pungent creekside aroma.

White alders *(Alnus rhombifolia)* are sold as 5 to 8-foot bare-root trees in January, February, and early March. During the growing season you can buy trees in nursery cans at a higher price.

To plant your own grove, space trees 3 to 8 feet apart, at random rather than fixed intervals. Allow plenty of room for trees to spread—at least a 30-foot cir for three trees. White alders eventua grow very large, and even in just 10 ye may reach 40 feet tall. But planting tr close together tends to limit their size co siderably.

White alders grow native along ma streams in California, so remember th origins and provide plenty of water. Al roots on deeply watered trees are less vasive. You can plant in or near a la where the trees will benefit from regul sprinkling.

White alders usually develop a sing straight trunk with branches starting n ground level. You can cut off low branches for walking room beneath.

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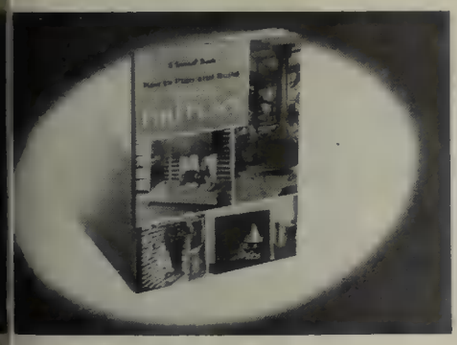

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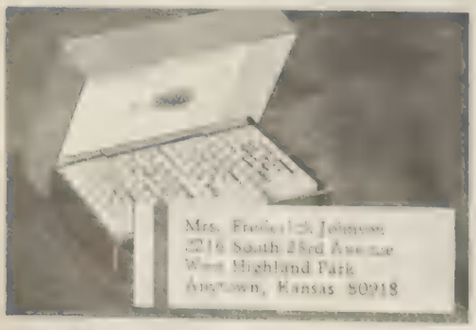

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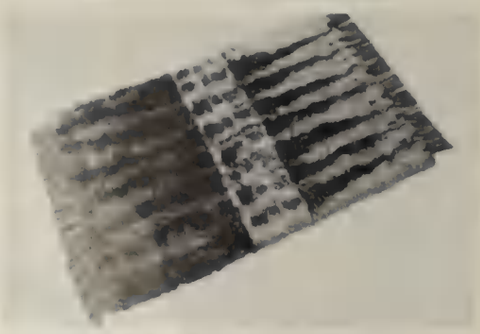

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DON NORMARK

Sawara false cypress *clipped into feathery mounds that look like huge powder puffs*

This coiffure? It's Oriental

The Japanese native shrub-tree called Sawara false cypress *(Chamaecyparis pisifera)* takes naturally to an Oriental cut. Pictured here is the variety 'Filifera Aurea' (commonly known as golden thread cypress), one of several kinds that are sold in Western nurseries.

Golden thread cypress seldom exceeds 5 feet in height. With an assist from the pruning shears, it makes a mounding shrub of golden yellow foliage on drooping, threadlike twigs. A taller-growing form of thread cypress (to 8 feet high) has dark green foliage. Either plant looks attractive near an entrance, or in a border with evergreens of contrasting color and foliage texture. Planted en masse, both kinds are useful as screens.

You also can buy both green and gold-leafed varieties of thread cypress in dwarf sizes suitable for rock gardens. Difficult to find, but worth looking for, is *C.p.* 'Compacta,' often sold as 'Compacta Nana,' which produces very dense, dark green foliage with a slightly bluish tinge. Like many dwarf varieties, it won't grow more than 2 feet tall, and about as wide, in 15 to 20 years.

Some nurseries carry the attractive 'Cyano-Viridis' variety of Sawara false cypress: it has fluffy, silvery blue foliage on plants that grow rather slowly to about 5 to 8 feet tall.

You might also look for a variety named 'Squarrosa Minima,' with very feathery, gray-green foliage on 3-foot-tall plants. Like dwarf forms of thread cypress, this variety is useful near a house where taller-growing kinds might eventually block out a window view.

Sawara false cypress is hardy in cold areas of the West. However, all varieties require very good, fast-draining ground (root rot is a threat in heavy, water-retentive soils). Plant in full sun or very light shade. As these plants grow older, some kinds have a tendency to lose their lower branches and inner leaves: to keep them in good condition, prune out dead material at least once a year.

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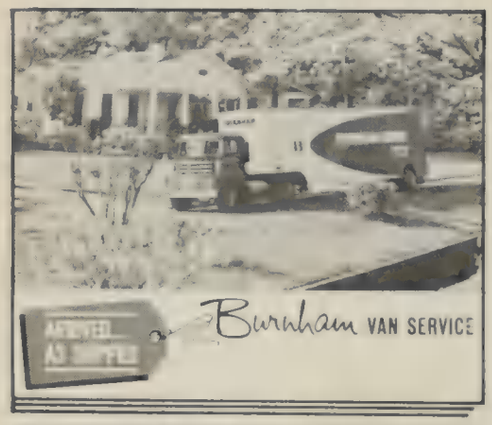

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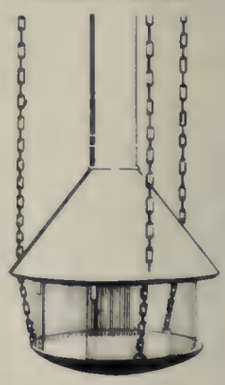

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LETTER FROM *Sunset*

Someone's in the kitchen

Our home economics editor likes to explain how *Sunset* does articles o food by saying that they're written by "home economists with aprons on.

When you see a recipe in *Sunset*, you can assume automatically that i was written up for publication by someone who had gone into the kitche and cooked it herself. But that isn't all.

Back in the days when two home economists in our San Francisco offic handled all food articles, they tested recipes at home. When we move the office to Menlo Park in 1951, the new headquarters included a super sized home-style kitchen for recipe testing as well as a limited amoun of business entertaining. After a few years, the food editors were als testing recipes in one corner of our warehouse in a little kitchen tha doubled as a photographic studio. Finally in 1966 they moved into today' glass-walled "editorial kitchen" which has multiple cooking stations.

In an adjacent office visible through the glass, our seven writing-and cooking home economists have desks, typewriters, and telephones.

Reader-contributed recipes, including those submitted by men for *Chef of the West* consideration, get a preliminary testing—and are sampled b panels of tasters—in *Sunset's* original "test kitchen." (If you have visite our publishing headquarters around noon, you may recall seeing a tast panel hard at work at the round tables in the barbecue-entertaining area. The rest of the extensive testing procedure goes on in the "editoria kitchen."

Today every recipe that *Sunset* publishes has been tested *at least* thre times, and it's not unusual to test many more times than that. The staf home economist who tests the recipe also shops for the ingredients, s she is aware of the shopping situation that the *Sunset* reader faces. An she may be doing this shopping at any one of several quite differen markets to avoid getting too used to any particular one.

In the last few years, our home economists have been increasing their us of a final refinement they call "word testing." This means that after recipe has been approved, written up, and set in type, someone who ha never cooked this recipe before takes it in printed form (just as a reade would) and cooks it according to the script. If anything isn't quite clea to her, the recipe is rewritten, and retested—again.

Our home economists wear aprons even at their typewriters.

WINDOW ON THE WEST:

Winter sailing . . . on the desert

To the surprise of strangers, white sails against a desert-canyon background are an increasingly common sight in the arid inland Southwest. Accessible man-made lakes and a year-around season have combined to make major pastimes of water sports, including sailing. This Lido 14 is skimming over Saguaro Lake, about 25 miles east of Phoenix by way of the Beeline Highway (State 87).

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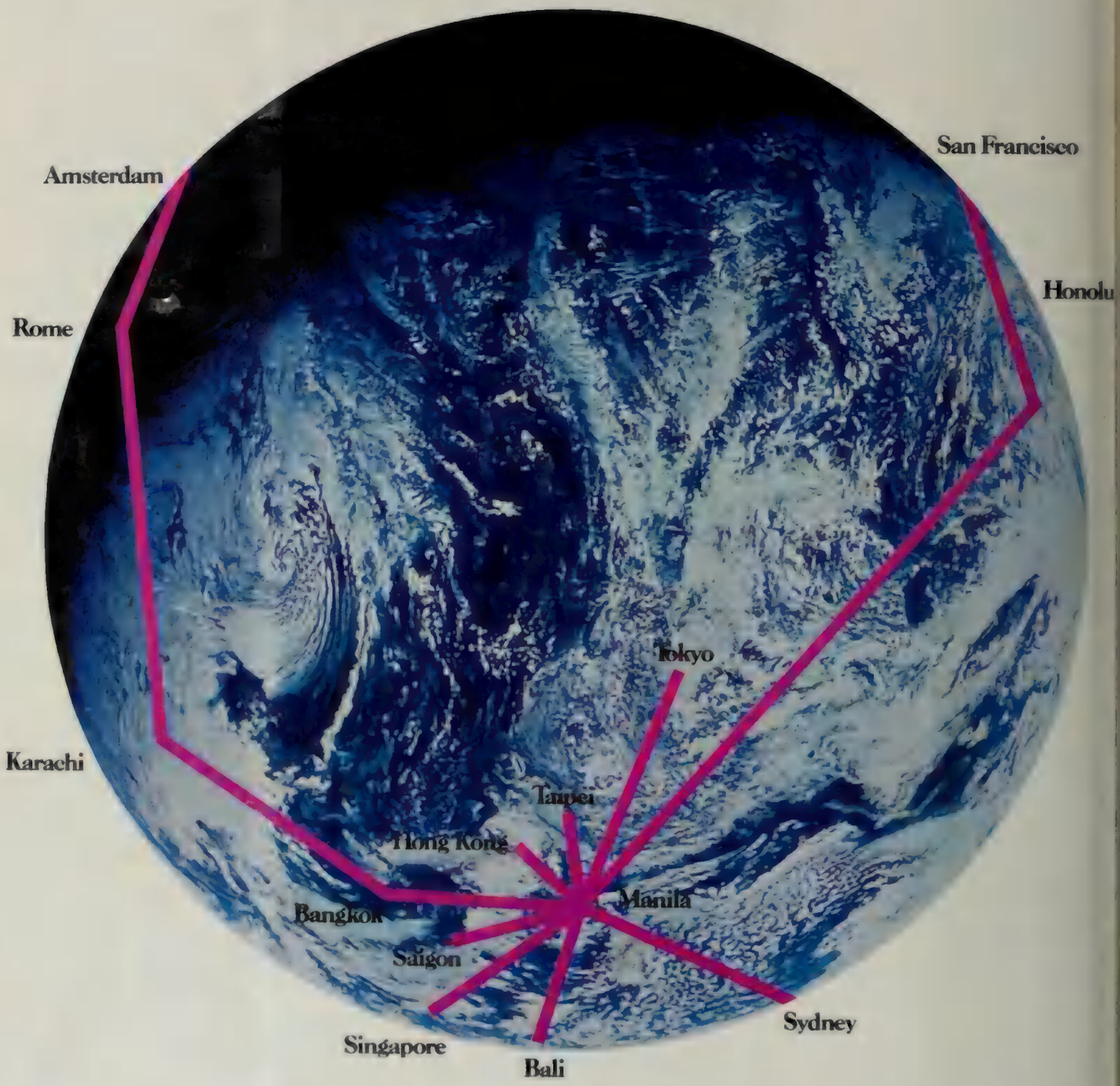

Some people think all we do is hop around the Philippines.

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In a big way.

259439

Sunset

THE PACIFIC MONTHLY*

THE MAGAZINE OF WESTERN LIVING*

Feature articles for February 1970

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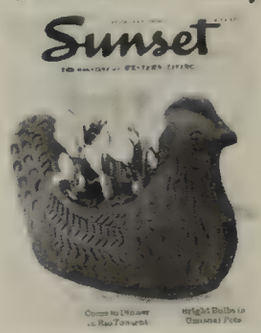

Ten Dutch crocus corms planted in fall in a Mexican clay pot produced sparkling spring color indoors for a week or more. Turn to page 74 for ways to display fall-planted bulbs in decorative and unusual containers. Cover photograph by Glenn Christiansen

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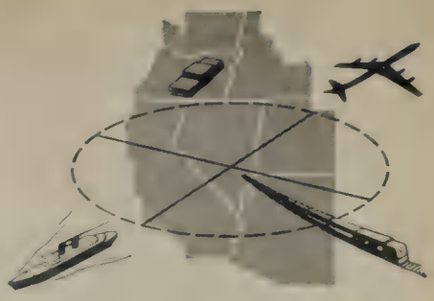
ɔruary travel . . .
in and beyond the West



er clamming on the wintry coast

ɔst years, February storms keep all ıe hardy close to hearth and home. the coast you can see some of the est, shovels in hand, ignoring the icy ıing tide while hunting for gaper clams. These 6 to 8-inch bivalves live some 2 to 3 feet below the surface of the sand and are difficult to extract at any time. But in a month such as this February with 12 days of minus tides, clam fanciers have special incentive, in spite of the weather, to take to the beach.

Minus tides occur when the water falls below the level of the mean low tide. This month they take place on afternoons of

Cohorts *cheer on clammer who's up to his nose in pursuit of a gaper clam dinner—as tide watcher casts worried glance*
DOUG WILSON

Sunset

THE MAGAZINE OF WESTERN LIVING

February 1970

Better than a handful *of barbs: Comb lifts cholla cluster easily*

Taking a comb to cholla

The desert experience is mostly pleasant, but it may also entail a few irritations—as our editors rediscovered while producing the report on Joshua Tree National Monument on page 66.

One such unpleasantness is contact with cactus. If this turns out to be the jumping cholla, you will agree it is well named: The spines of this cactus are barbed and the joints break off so easily that they do seem almost to jump at you—and they do hang on.

If you anticipate tangling with such minutely needled cacti as the beavertail, you would be well advised to have tweezers—and a magnifying glass. For the more obvious cholla, fortunately, the best extractor is simply a comb.

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February 1 through 6 and 15 through

Gapers (also called horseneck or neck clams) are among the largest most common bivalves found on the California coast. From the shell protrudi siphon that can reach through the to the air from a depth of 3 feet. W you approach a clam, the siphon retr quickly, sending a spurt of water the air.

A long-handled shovel is the best too pursuing the gaper. Gapers do not bu nor is the siphon able to retreat wi the shell. Some diggers bring a fur pipe or a bucket open at both ends. T push this down over the gaper and out the inside. The pipe keeps the from caving in. Be careful not to dam the siphon when digging—it contains choicest meat.

Best time to find gapers is as the ti coming in. They are found in fine s in the mud of bays and sloughs, an quiet sheltered inlets on the coast. I for them in Elkhorn Slough, Ton Bay, Bodega Bay, Humboldt Bay. linas Lagoon, once a popular spot, is seriously polluted.

You must obtain a California fish license to hunt gaper clams. The co $3 for the season. In Humboldt Bay limit is 25 clams—gapers in combina with Washington clams. Elsewhere in state the limit is 10 gapers.

Computer reservations at state parks

Near the frozen spinach, the wom sportswear department, or the book r you will soon be seeing computers will make reservations at Califor State Parks.

The number of reservation-taking com ters in retail stores is increasing. One c puter operation that began in South California taking reservations for athl and entertainment events is expan into other parts of California, and January 5 started offering reservat for state parks. Call the offices in Francisco—(415) 771-3905—for the c puter outlet nearest you.

To make a reservation, tell the oper of the computer which state park wish to visit and when, how long you stay, and the size and type of your ca ing gear (trailer, tent, or whatever). T information is flashed onto a screen you can read and confirm it. It is then layed to a central computer program with an instant memory on the statu the state's approximately 6,600 campsi

When you accept reservations offered, computer prints the ticket and you for it at that time. Cost is $1 to $3.50 night, depending on the campsite, plu $1 reservation fee per campsite.

You can make reservations on a Tues for as soon as the following Sunday.

Sunset School & Camp Directory

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cancel reservations two weeks or more before arrival date, mail your ticket to Department of Parks and Recreation, Box 2390, Sacramento 95811. If your arrival is less than two weeks away, notify the park you planned to stay in by phone or in writing. In either case your money will be refunded except for the $1 reservation fee and $1 cancellation fee.

If you plan to arrive after the date arranged for, contact the park to hold your reservations. Otherwise, if you do not arrive by 2 P.M. on the afternoon following the day of your scheduled arrival, the reservation is considered cancelled.

Hobby shows around the Bay

Winter hobby shows offer enthusiasts a chance to show off their collections, and visitors may find hobbies that they would like to pursue themselves.

Antique show and sale, Berkeley. Berkeley City Club, 2315 Durant Ave., from Thursday, January 29, through Sunday, February 1. Hours: noon to 9:30 P.M. each day except Sunday when the show is from noon to 5 P.M. Admission: $1.25.

Bottle show and sale, San Mateo. Presented by the Peninsula Bottle Collectors, this is the first show of what is hoped will be an annual event. Hours: 10 A.M. to 6 P.M. Saturday, February 14, and 10 A.M. to 4 P.M. Sunday, February 15, at the San Mateo Fairgrounds. Free.

Folk dance festival, Oakland. More than 2,000 recreation dancers will assemble in Oakland Municipal Auditorium from 1:30 to 10:30 P.M. on Sunday, February 15. Many of the dancers will be in costume. This is a chance to see the Italian tarantella, the hopak as danced in the Ukraine, a Greek sirtake, and dances from Spain, Mexico, and Scotland as well as from the United States. Free.

Dog show, San Jose. Nearly 2,500 dogs will compete Sunday, February 15, in the Santa Clara Valley Kennel Show at the Santa Clara Fairgrounds from 8:30 A.M. to 8 P.M. Admission: $1 for adults, 50 cents for children from 6 to 16, free for those under 6.

Cat show, San Mateo. A three-county aggregation of cats and their owners hold their fourth annual show on February 21 and 22 at San Mateo County Fairgrounds. Hours: 10 A.M. to 7 P.M. both days. About 250 felines should be on exhibit. In addition to the familiar Siamese and Persian breeds look for Himalayan, Rex, and Manx cats. Free.

Gem and mineral show, San Jose. Also at the Santa Clara County Fairgrounds, this annual show includes movies, a rock swap, and a jewelry sale. Hours: 10 A.M. to 10 P.M. Saturday, February 21, and 10 A.M. to 6 P.M. Sunday, February 22. Admission: 50 cents for adults, free for children 12 and under.

For travel planners, a February check list

Expo '70. Departing every Friday from March 13 to August 28, special 15-day Expo '70 tours offered by TWA will include visits to Taipei, Hong Kong, and Tokyo with two days at Expo '70 in Osaka. The $995 tour price includes round-trip air fare from Los Angeles, lodging, scheduled sightseeing, and some meals. For a brochure, see your travel agent.

Point Barrow tours. Wien Consolidated Airlines has scheduled regular two-day winter tours to Point Barrow with daily service (except Sunday) from Fairbanks and Anchorage through May 31. Visitors, accompanied by a guide, can hike on the Arctic Ocean icecap, witness Eskimo dances, take a dog sled ride, and possibly see the northern lights. The tour cost of $134.10 from Fairbanks ($190.80 from Anchorage) includes loan of warm outer clothing, lodging, and air fare. For details, write to Wien Consolidated Airlines, Inc., Box 3009, Fairbanks, Alaska 99701, or see your travel agent.

London theater is the main attraction of 14-day tours offered by Pan American World Airways through March 28. Before leaving, travelers choose seven shows, and dress circle or orchestra seats are reserved for them. Fares begin at $502 and include round-trip air fare (Los Angeles or San Francisco to London), hotel rooms, theater tickets, and use of a car for three days. For details, contact any Pan Am ticket office, or see your travel agent.

Hawaiian Garden Tour. Hawaii, Kauai, Maui, and Oahu are islands to be visited during an eight-day garden tour sponsored by the California Garden Clubs, Inc. Departing from Los Angeles and San Francisco on April 30, the tour will visit Moir Gardens, Foster Botanic Garden, and other points of scenic or botanical interest. Air fare, sightseeing, and hotel rooms are included in the $395 price. For details, write to Unravel Travel, Inc., 3450 Geary Blvd., San Francisco 94118.

Environment of Japan. A tour to study the ecology, geography, and cultural heritage of Japan leaves San Francisco June 24, to spend four weeks in Japan (including two days at Expo '70) and one week in Taiwan and Hong Kong. Estimated tour cost of $1,700 includes round-trip air transportation, lodging, and some meals. College credit can be received for the tour. For details, write to Envoy Travel Service, 111 Pine St., San Francisco 94111.

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is the first of five Directories which appear regularly in each issue of SUNSET Magazine. The other four Directories are:

TRAVEL DIRECTORY beginning page ■

GARDEN CENTER beginning page 193

FINE FOODS CUPBOARD beginning page 126

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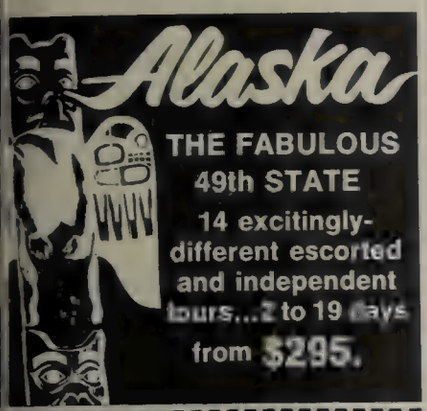

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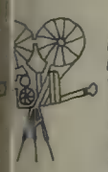

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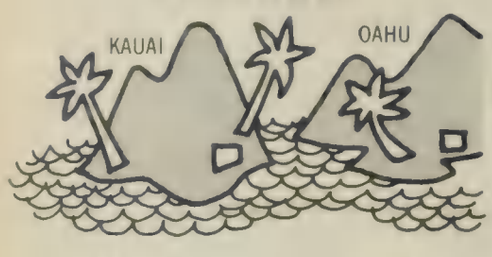

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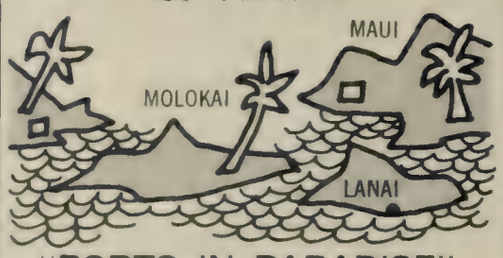

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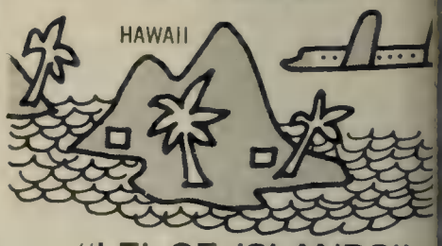

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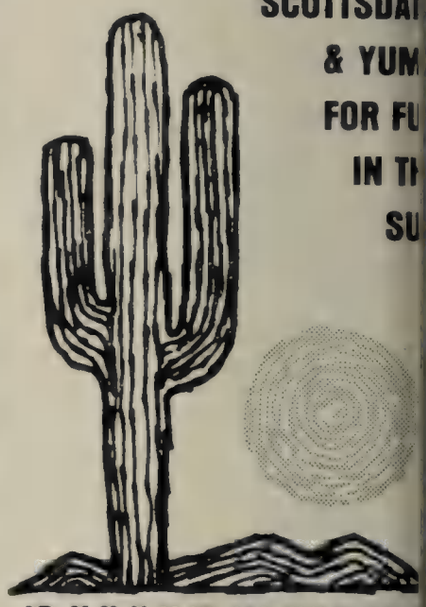

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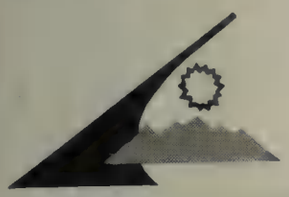

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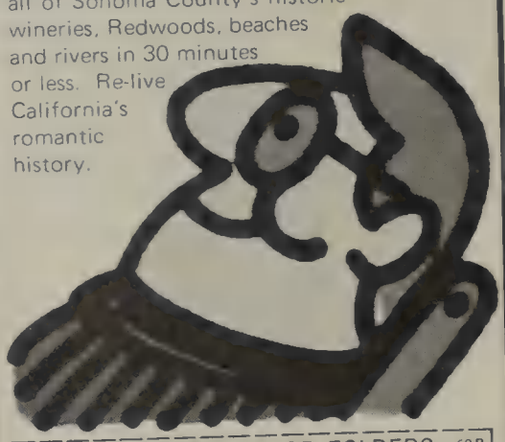

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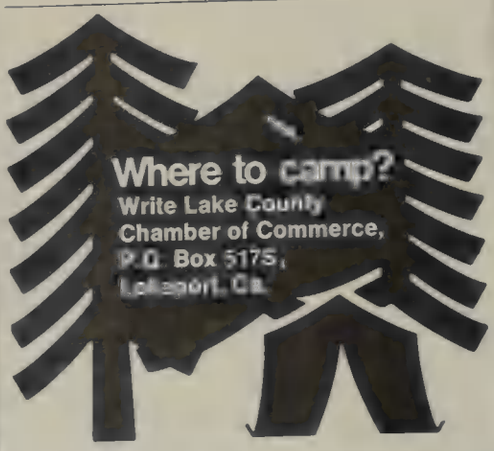

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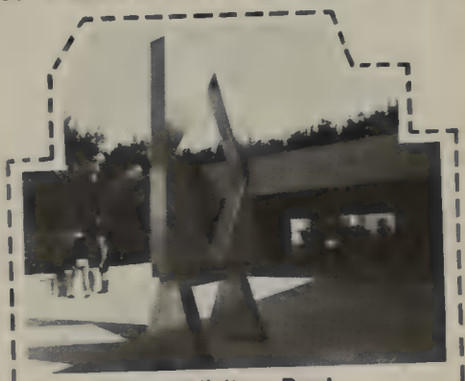

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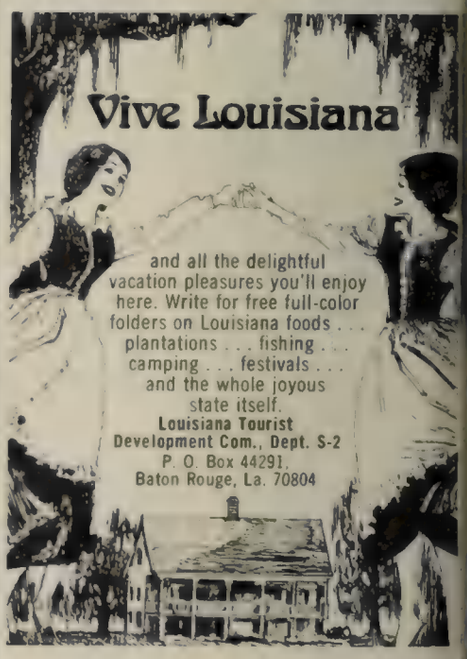

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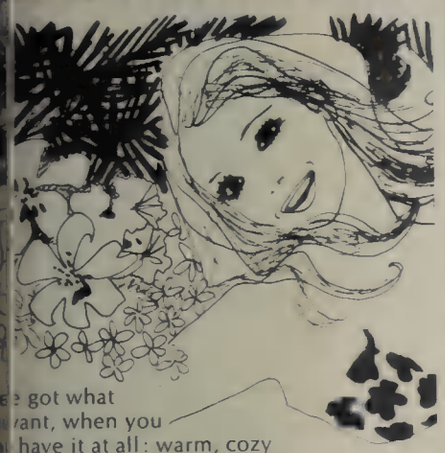

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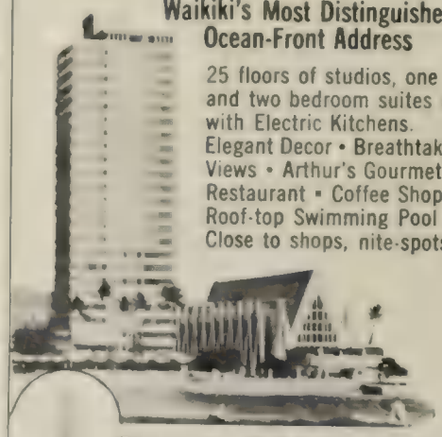

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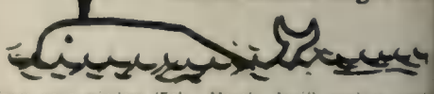

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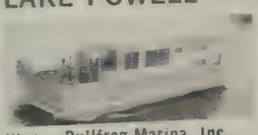

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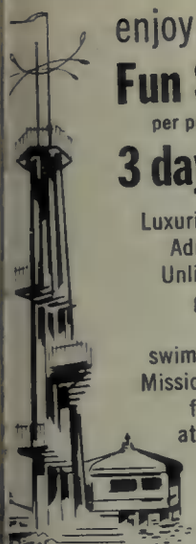

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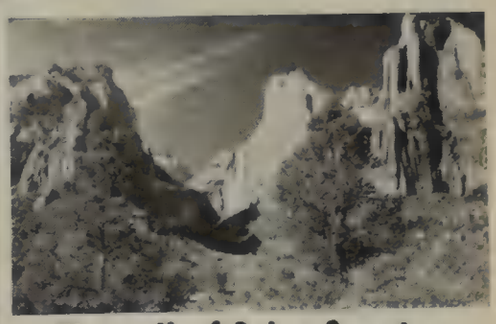

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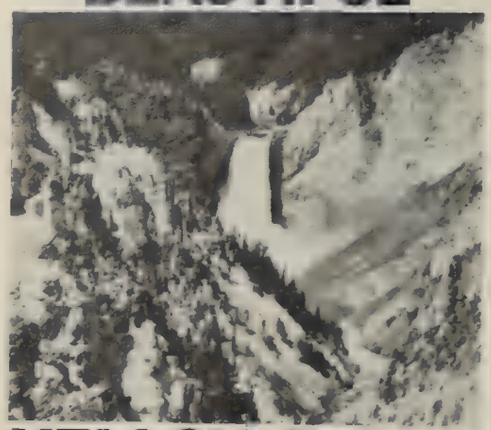

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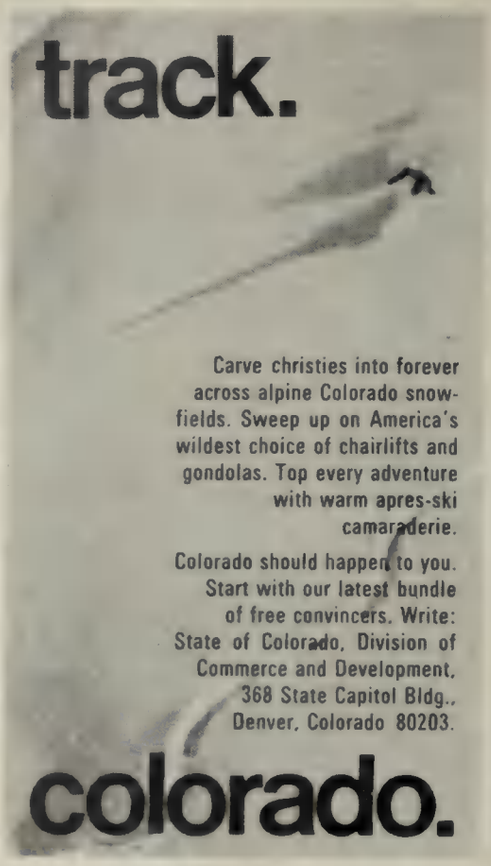

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The first is now available in most stores: *The Last Redwoods and the land of Redwood Creek*, by Francois det (Sierra Club, San Francisco, $8.50). In many ways it serves as a s to the earlier Sierra Club Exhibit Fo book, *The Last Redwoods*, by P Hyde and Francois Leydet, publ before the Redwood National Park formed in 1968 and now out of print

The book points out that the new tional park conserves only limited wood acreage; most of the park planned, is land already protected w existing state parks. What is urg needed, the Sierra Club book stat Congressional action to buy addit stands of redwoods to fill out the par

Many of the color photographs foc Redwood Creek and its tributaries area of greatest opportunity for par pansion.

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THE SIERRA CLUB PAPERBACKS

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Robinson Jeffers had a deep underst ing of and love for California's Big coast, and his poems, coupled with many excellent full-color and black- white photographs, express the inc pleteness of the relationship between and his environment.

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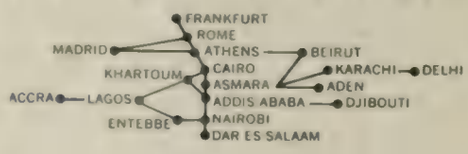

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The ticket is valid for a year, and sto overs can be made in all major cit along the route. The flight can be ma in either direction: north to Alaska, on Hawaii, and back to the West Coast, vice versa. Hawaii and Alaska passenge too, can fly the triangle in either dire tion, leaving from Anchorage, Junea Hilo, or Honolulu. Other originating cit are San Diego, Los Angeles, San Fra cisco, Oakland, Portland, and Seattle.

There is no family-plan fare. Childr 2 to 11 fly half-fare, and children un 2 years travel for a $26.20 infant's fare

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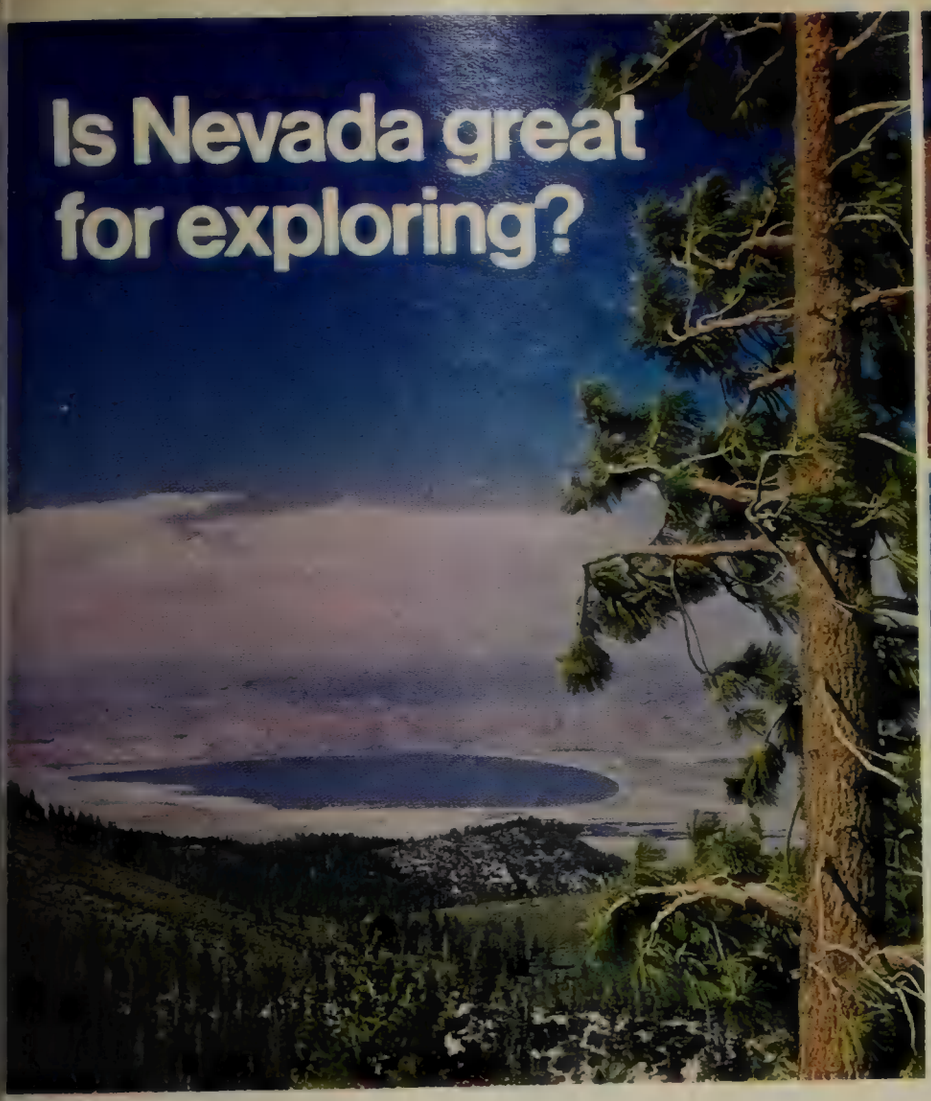

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It's difficult to think of Nevada as a frontier when it has cities like Las Vegas and Reno. Beyond the bright lights and glamour, Nevada has valleys and mountain peaks as yet unnamed. The charted routes take you across vast stretches of awesome beauty.

You'll discover uncounted ghost towns . . . some very lively . . . and stand at the same bars where miners and gunfighters drank a century before. A lonely mansion will loom up on the horizon, as magnificent as in its heyday.

Strike out cross-country in a four-wheel drive over Pony Express routes or along trails blazed by John Fremont and Kit Carson.

Nevada's mood and scenery changes by the turn of your head. Look in one direction and see a desert sunrise. Look in another and see the rugged Sierra. A lush valley is just around a bend.

Exploring Nevada is no idle pastime. It's real adventure. Bet on it.

To: Nevada Dept. of
Economic Development
Travel/Tourism Division
Carson City, Nevada 89701

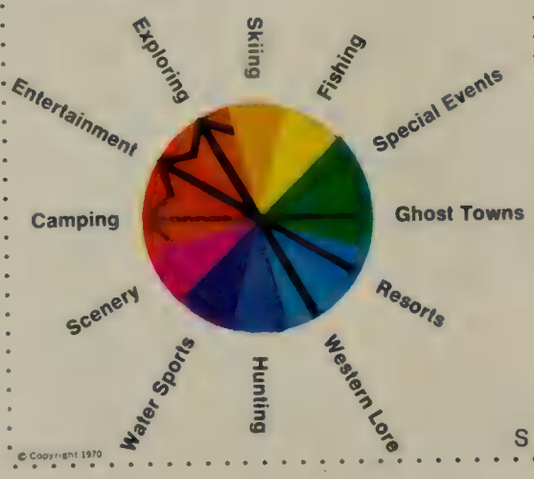
Name _____

Address _____

City _____

State _____ Zip _____

Pick your winning combination of Nevada recreations on the wheel (Circle your choice.) We'll send you complete information. Bet on it!



Announcing th
Chinese restaurant

We're really an airline that flies from San Francisco to Tokyo and the Orient. But we wanted to come up with something that would make flying with us more than just another flight. You see, any airline can get you to Tokyo and the East quickly and comfortably. We wanted to give you something more.

So we hit upon the idea of creating the most exclusive Chinese restaurant in the world. Of course from the outside it looks just like any other brand new Boeing 707. But inside it's a different world.

Ancient Chinese murals adorn the cocktail lounge area. There are beautiful carvings and red and gold panels. An artist's version of popular Chinese legends decorates the cabin area. The whole feeling is that of being in a beautiful Chinese palace.

Or a very plush Chinese restaurant.

Which brings us to the food. Suffice to say, we're not just another chop suey joint. There are probably only a handful of Chinese restaurants in the world capable of achieving what we do with food. Rather than list each dish and preface it with a superlative, we'll just say that occasionally in life one senses he is close to greatness. When you see, smell, touch, taste and experience the food on China Airlines you will have been close to greatness.

Service? Our girls are from the distinguished families of the East. They don't have to work. They want to work. They want to make you happy. You'll find that attitude everywhere on China Airlines.

A lot of airlines fly to the Orient. But only one is a Flying Chinese Restaurant. China Airlines. Every day (but Sunday) from San Francisco. See your travel agent or call China Airlines.

CHINA AIRLINES

The flag carrier of the Republic of China.

*Service begins February 2, 1970

orld's first flying

Launching Pad

Ranchero GT with unique laser stripes

Luxury Pad

Ranchero Squire with country club flair.

Ranchero! The pulse-pounding pickup for people who leave the pack behind. Racier, richer than ever with more models...more luxury and performance options. Choose from four: Ranchero, Ranchero 500, Ranchero GT and the Ranchero Squire. Each has its own stamp of style and spirit. Each offers as standard features hidden windshield wipers, belted tires, locking steering column and increased wheelbase and tread width. Options include Hideaway headlights, trailer towing package, high-back bucket seats and a choice of seven power plants, including three scorching 429-cu. in. "muscle" engines. Ranchero—the Ford pickup that's far out...of the ordinary.

FORD RANCHERO

Ford

DARROW M. WATT

brick crosswalk, *Grant Avenue gate- to Chinatown are on the parade route*

Chinese New Year in San Francisco

evening of February 14 is a time to out of San Francisco—unless you to join the crowd of more than a rter of a million spectators at the an- l Chinese New Year Parade. Traffic up narrow downtown streets and con- ts the bridges to the city.

e parade begins at Montgomery and e at about 7 P.M. and proceeds south Montgomery to Post, west to Grant, l north on Grant to Bush past the new inatown gate. From here the lion danc- , drum corps, floats, and end-of-parade gon move east to Kearny. The parade uld end at Kearny and Jackson about hour after the start.

arrive ahead of much of the traffic, me for an early dinner in a North ach restaurant (there is a new city rking lot on Vallejo between Powell d Stockton) and walk to the parade. dine at Ghirardelli Square, the Can- ry, or Fisherman's Wharf and ride the ble car south to the parade. The crowds onlookers are usually less dense early the route, and if you drive south or st out of the city you may be ahead most traffic.

or reserved grandstand tickets, tele- hone the Chinese Chamber of Com- erce at (415) 982-3000.

See the winter this winter.

Come and remember what snow is like. The way it frosts the giant evergreens. And fills the meadow with endless sculpture.

Take a jingly sleigh ride by moonlight. Go ice skating. Explore snow caps by snowmobile. Tour the great white valley.

All that and more is included in Yosemite's Special Winter Holiday Package.

Plan a leisurely drive up and enjoy two or more nights at the Yosemite Lodge or The Ahwahnee, with breakfast and dinner where you choose.

Indoors you'll find cozy fireplaces, tucked away bars, wine, music and dancing.

There isn't another winter like it.

2-day Winter Holiday Package rates start at $49 for a single, and $77 for a double.

For reservations, call your travel agent or Glen W. Fawcett in Los Angeles at (213) 388-1151 or in San Francisco at (415) 434-0660.

Or contact Yosemite Park & Curry Co., Yosemite National Park, Ca 95389. Phone: (209) 372-4671.

On special at Yosemite.

Nose to nose, *dachshund greets Great Pyrenees at Ebbets Pass race*

Malemutes and mushers *struggle to orga team for the 14-mile cross-country c*

Handsome team *of husky and malemute has*

Dog-sledding, snowshoeing, and gunny-sack hopping

Mushers, snowshoers, gunny-sack hoppers, saucer sliders, and dog-and-snow enthusiasts will gather at Bear Valley, California, Saturday, February 28, and Sunday, March 1, for the Sierra Nevada Dog Drivers' annual Ebbets Pass sled dog competitions and snow fun festival.

Festivities and parking are free, and accommodations are available (advance reservations advised) at Bear Valley, Dorrington, Camp Connell, Arnold, Murphys, and other small communities along the Ebbets Pass Road (California Highway 4).

You can also watch sled dog races on the following weekend (March 7 and 8) at the Truckee-Tahoe Airport near Squaw Valley. Admission here is $1 for ages 12 years or over, a single admission covers both days. Advance reservations for accommodations in the Squaw Valley–North Tahoe area are also advised.

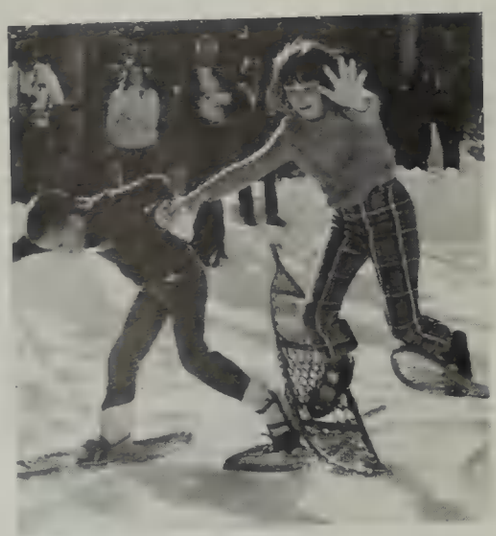
Anxious mother *trails young musher across the finish line to le a hand with team during one of the Junior Division competiti*

igh-hopping *sack racer gains a slight advantage over his struggling opponents during one of the de events that keep things lively during the long lulls while the sled dog teams are out on the track*

MIKE TILDEN

ed under the finish banner and now draws admiring looks from race spectators

Solitary *saucer slider eschews the hub-bub of race for a little peace and quiet*



shoe races *are fraught with hazards. Contestant at left is not quite sure whether is coming or going. At right, overzealous teammate throws his partner into spill*

Pastry chef's *offerings are tempting, but real attraction is the Garden Court itself. Each large chandelier is insured for $*

Garden Court at the Palace . . . now an official landmar

Leon Lasalle, *captain, has welcomed diners here for over 50 years*

This huge room with the lofty glass rotunda was designated a San Francisco landmark earlier this year. Henceforth the sumptuous Garden Court of the Sheraton-Palace Hotel (first built in 1875, destroyed by the 1906 fire, then rebuilt and reopened) cannot be altered in any major way without official approval. And if the owners ever decide to tear it down, they must give six months' notice.

The Garden Court is most crowde ing lunch when daylight fills its vas fines—110 feet long, 85 feet wide, 4 high—with a warm glow. Visitor come in at any time to look at the n crystal, and gold-leafed elegance. I you plan to have a meal, it is wise t (392-8600) for reservations.

BARON WOLMAN

Patron *making lunch choice may be considering Palace Court Salad, a house specialty. The classic Green Goddess Salad Dressing was also invented here*

"A capital ship for an ocean trip..."

Sail the Princess Patricia to laska. Graciously appointed and gally named, the Princess Patricia ies the waters of the spectacular Inside Passage" to Alaska. Past wering alps and jewel-like islands ulpted by the hand of a glacial ge. She calls on Ketchikan, Wrang-l, Glacier Bay, Skagway, Juneau, rince Rupert, and Alert Bay. And you may join her for a never-to-be-forgotten voyage.

For as low as $275 (Canadian funds — less in U.S. currency), the Princess Patricia will steer you on a course of high excitement and scenic beauty to Alaska and home again in 7½ fantastic days. It's a camera buff's holiday for sure. So be on board when the Princess Patricia sails from Vancouver, British Columbia. Weekly departures from May 31 to September 4, 1970.

SAFETY INFORMATION: *T.E.V. Princess Patricia*, registered in Canada, meets International Safety Standards for new ships developed in 1960, and meets the 1966 fire safety requirements.

CP Rail

H. Newton, Gen'l Passenger Agent
Canadian Pacific Railway
Dept. S2, Vancouver 2, B.C., Canada

Please send me a free folder describing Canadian Pacific's Alaska Cruises.

Name _____

Address _____

City _____ *State* _____ *Zip* _____

Travel Agent _____

If you're pulling any of these, you may be killing your car.

That's why INTERNATIONAL® *built the* TRAVELALL®. *It's the one wagon built to tow up to five tons.*

Customers come in to our dealerships with perfectly fine sedans and station wagons twisted out of line. Transmissions worn out. Engines burned out. Rear ends shot to pieces.

They've come to the right place. They've just come a little too late.

Travelall is built on a truck style frame. And built strong. Special engines. Special drive trains. Special cooling systems that won't overheat when you're pulling something big up a mountain.

Travelall is the only wagon that can be equipped to handle anything up to a five-ton travel trailer or a thirty-foot cabin cruiser.

But don't think of it as a truck, just because it's built like one. Inside, it's as soft and luxurious as anything on the road. And with power steering, power brakes and automatic transmission, wives can drive it with the same ease as they drive standard station wagons.

It's roomier inside, too. Fully 25% roomier than even the largest conventional wagon. Because you need comfort when you're driving all those miles to your special spot. Getting to the fun should be fun, too.

When you do want to pull a trailer or a big boat, you probably need a Travelall. Maybe you ought to drive on into your International dealer's and find out more.

Send today for valuable towing information.
Free towing guide from Travelall.
Write to: International Harvester Company
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Chicago, Illinois 60680
Or: Ask your nearest International Truck Dealer

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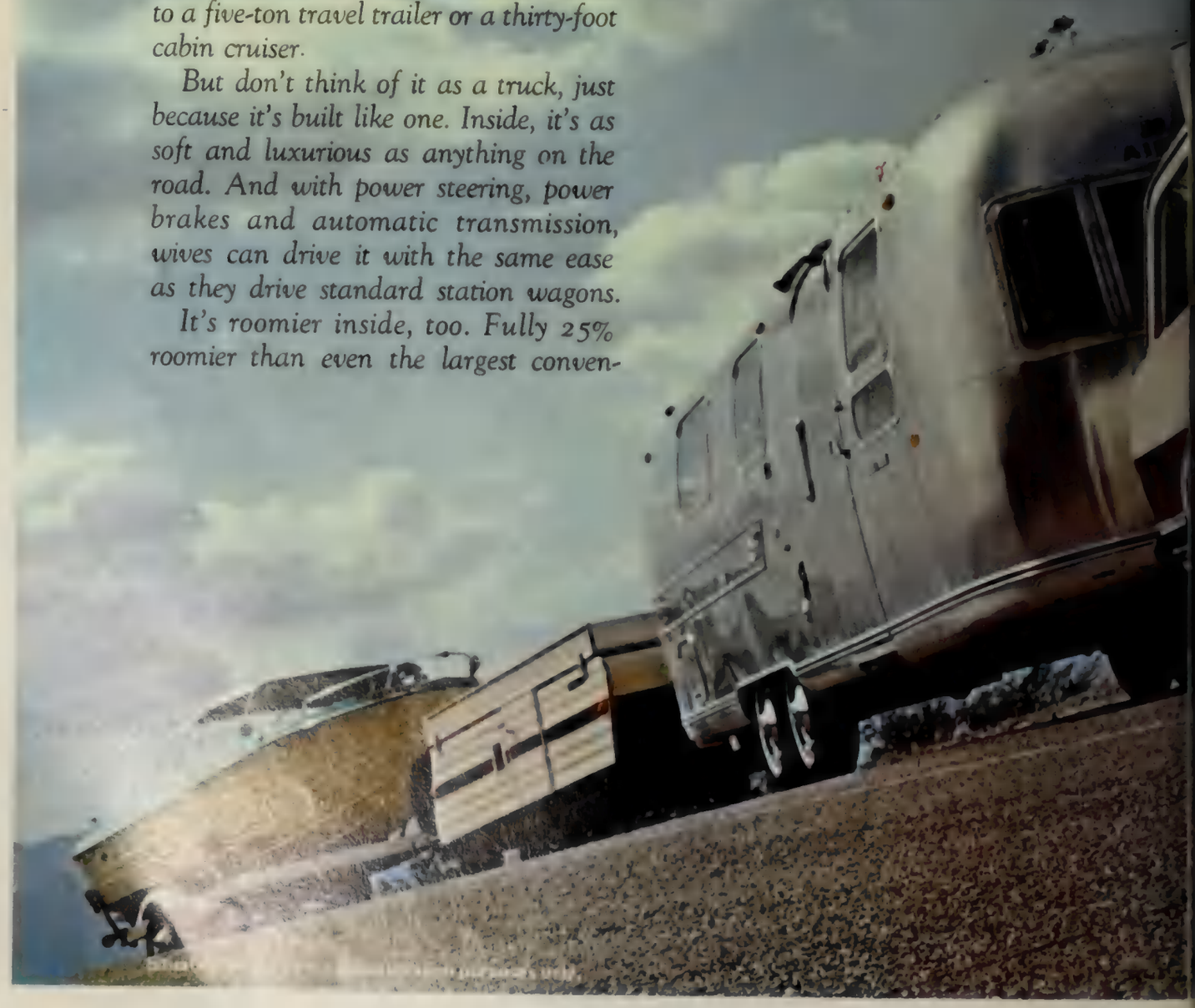
Travelall by International



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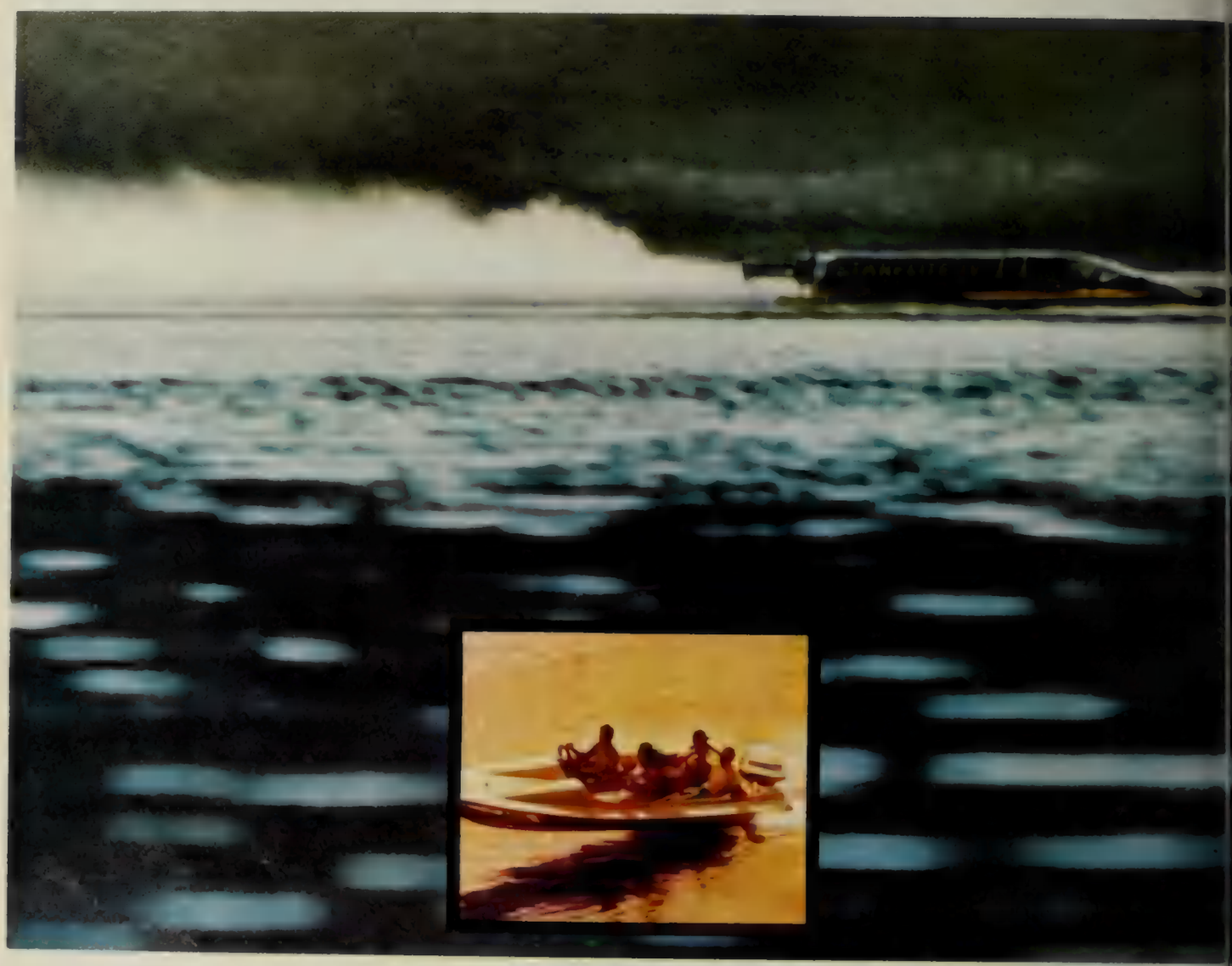
TOWING TEST
KXW-289
Automatic and standard shifts
Engines to 392 cubic inches
124 cu. ft. interior
4-wheel drive available
INTERNATIONAL HARVESTER COMPANY
CHICAGO, ILLINOIS 60611

131 mph record

it showed us some things about performance



now we're showing the world

World record runs don't count for much in real life. *Unless* they prove something about *real life* performance.

This one did. Instead of building a special "go-for-broke" speed machine — we used an actual prototype of a new Evinrude V-4. And ran it at normal 5000 rpm engine speed.

It got its performance through efficiency, rather than size. With straight-in, straight-through fuel induction. Sophisticated internal design. Power-tuned exhaust. And electronic ignition.

Today — four years later — a modified version of our world-record Evinrude V-4 is a production reality.

It now develops an easy 115 hp, instead of a race-tuned 123 hp. With an internally tuned exhaust system instead of outside stacks. And a computer-designed push-button lower unit places the prop-walking gearcase.

Inside the sound-sealed powerhood it's the same capable, powerful, credibly quick V-4 that showed world what performance was all abo

Now we'd like to show *you*.

Write for catalog. Evinrude Motors, 4110 N. St., Milwaukee, Wis. 53216

power for the performance generation **EVINRUDE** *first in outboar*

Div. of Outboard Marine Corporation

nowy high jinks
oming in Utah

ary means Winter Carnival in Salt City and Park City, Utah. Most nds this month bring special events: xcitement of dog sled and chariot g and a snow rally for cross-country les, and the quieter enjoyment of sculpture displays and ice skating itions.

City, about 30 miles east of Salt City, was a bustling mining town e early 1900's. Now a ski and winter t center with a population of about , it retains some of its vintage charm, nany of the Main Street establish- s have kept or been restored to their nal appearance.

are highlights for the month:

uary 7 and 8. A snow rally for four- el-drive vehicles will take place at r Hill, about 20 miles east of Salt City on U.S. Highway 40. Competi- from 14 Western states and repre- atives from major automobile manu- uring companies will compete in races cross-country track and a climb up rmer ski-jump hill where some world rds were set during the 1930's. Meets place throughout both days.

he same weekend the Western States Sled Derby will be held at Mountain dow Ranch, 1 mile east of the Park

FRANK JENSEN

rk City's *high school band welcomes the owball Express skiers and fun-seekers*

Discover
The Island of Sveti Stefan

MEDIEVAL WONDERLAND ON THE ADRIATIC SEA

Exciting 15-day all-inclusive tour June 15-30, 1970

From $985 per person

Few areas of the world can match the beauty, charm and uniqueness of Sveti Stefan, in Yugoslavia. To travel to this fascinating island-resort is to travel back to the 1400's . . . when pirates roamed the seas and the people of Sveti Stefan defended the Montenegrin coast. Now is your chance to enjoy two exciting weeks here! Inter-Globe Travel, the exclusive U. S. representative, offering special tour from New York to Sveti Stefan, June 15-30. It includes excursion air fare, 15 days American Plan, deluxe accommodations in suites or individual villas, plus:

- Authentic Medieval atmosphere
- Excursions to historical and cultural monuments at the Bay of Kotor, Dubrovnik and Cetinje
- Sailing along the charming Dalmatian coast
- Skin diving for Roman treasures
- Shopping in quaint little stores
- Unusual entertainment, cabaret floor shows and casino gambling
- Boating, water skiing, diving, fishing, tennis and hunting
- Superb dining on open terraces and in elegant restaurants
- Beaches, parks, breathtaking views
- And much, much more

For the perfect vacation, take the tour to Sveti Stefan and plan side trips to Rome, Athens and Belgrade, all just an hour away, or continue to Expo 70 in Japan.

Individual and group stays can be enjoyed at Sveti Stefan any time from April 1 to November 1. International conferences, conventions and business groups can arrange to use this entire island-resort. The international airport is nearby.

Other exclusive tours offered by Inter-Globe: hunting and camera safaris, skiing, mountain climbing and hiking in the Russian Caucasus, Russian Pamirs, Siberia, Mongolia and the Far East.

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Please send me information about the following:

☐ June 15-30 tour ☐ Safaris

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*City*_____ *State*_____ *Zip*_____

*Telephone*_____

"East is East and West is San Francisco."

Jack London

San Francisco is soaring bridges and shimmering bay water. San Francisco is a modern city tied together with turn-of-the-century cable cars. It's Fisherman's Wharf where the catch is unloaded outside your restaurant window. It's clean, fresh air and friendly natives. It's a wonderful place for a family vacation. Come see Mission Dolores built by Spanish faith and Indian craftsmen. Stroll through Golden Gate Park. A century ago it was 1017 acres of shifting sand dunes. Today it's 1017 acres of flowers, woods, lakes, gardens, glades and playing fields. And this is just part of San Francisco. For a quick look at everything we have to offer, write for a free copy of "This is San Francisco". After reading it you can break the good news to your family.

San Francisco
CONVENTION & VISITORS BUREAU
Dept. S-4, Fox Plaza, San Francisco 94102

City turnoff on Highway 40. Teams 11 states will compete in races eac at 1 P.M.

February 21 and 22. Utah State grounds near downtown Salt Lake will be the scene of two-horse ch races. Four clubs will take part in 30 races Saturday and again Sunda

February 28 and March 1. Salt Lake activity will include snow sculpture petition at the city and county buil on Saturday, and figure skating at H Iceland on Sunday at 1 P.M.

At 1 P.M. on Saturday the *Snowbal press* leaves the Union Pacific Dep Salt Lake City for a roundabout tr Park City. Minstrels will stroll thr the cars conducting sing-alongs d the 4-hour train ride.

Several combos will play in the bag car, which will be cleared for those want to dance. At Park City the school band and town officials will the passengers, who then can ski, g a sleigh ride, shop, eat at restaur visit taverns with live entertainmen attend an old-time melodrama befor parting for Salt Lake City by train P.M. For those who want to return e or later, buses will be available.

Other events this month will includ rades in Park City and Salt Lake more displays of snow sculpture, an crowning of the Winter Carnival q

For further information, contact the Travel Council, Council Hall, Ca Hill, Salt Lake City 84114, or the City Chamber of Commerce, Box Park City, Utah 84060.

Birds in Mexico

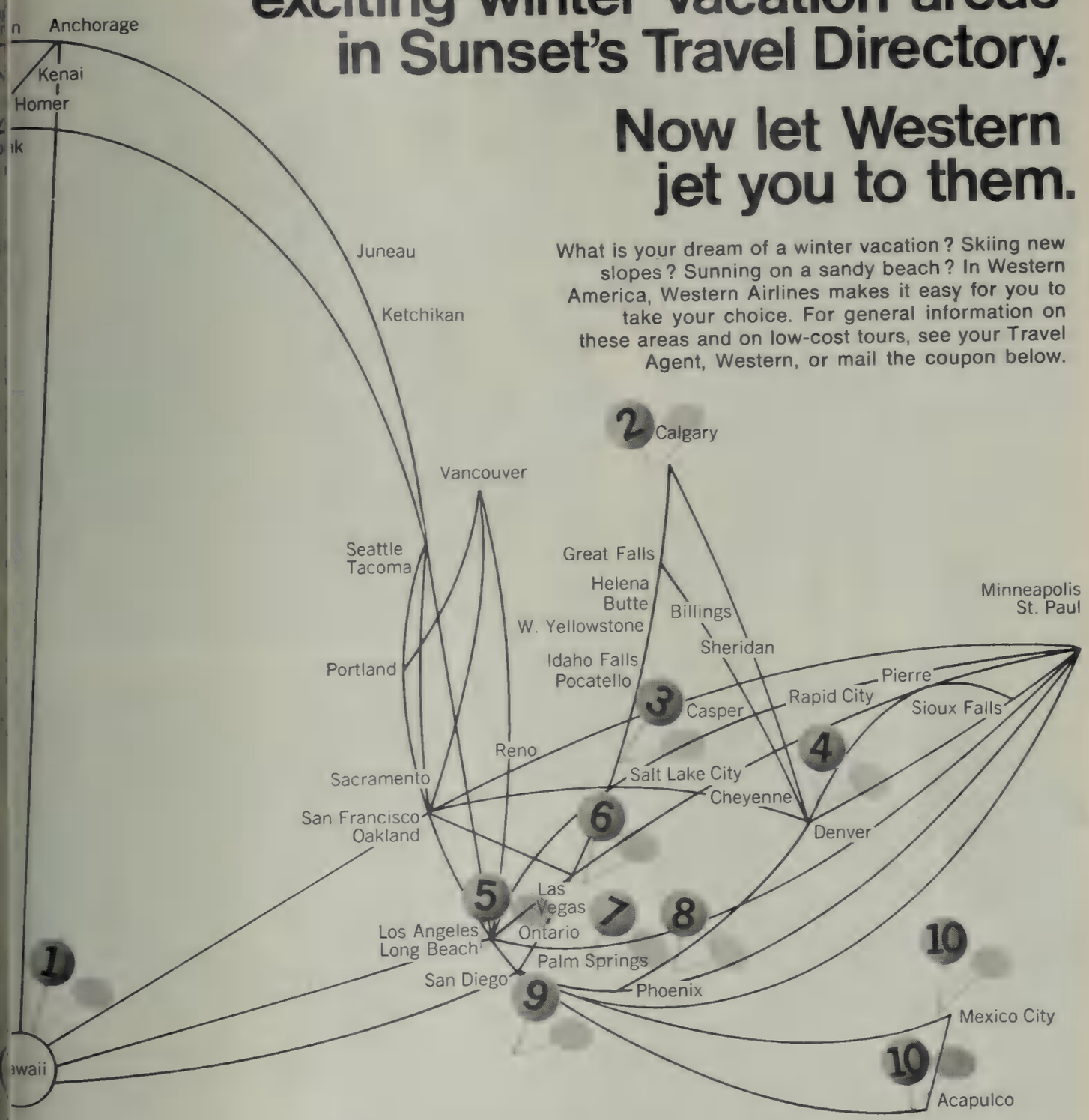
Since 1955, the only comprehensi book in English on the birds Mexico has been *Finding Birds i Mexico*, by Ernest P. Edward That authoritative volume has no been superseded by an expande 282-page second edition (E. P. Ed wards, Sweet Briar, Va., 1968 $6.95 hardbound, $4.95 paperback)

A major portion of the book group Mexican birds by region and habi tat, including 66 specific location from Baja California to Yucatan The field guide section, listing al Mexican birds by both English an Spanish common names, scientifi name, size, and distribution, is illus trated with 212 drawings that in clude 74 exotic species in color. Th quality of the color plates is not u to the standard of Roger Tor Peterson's *Field Guide* series, bu the drawings themselves compar favorably.

You've read about these exciting winter vacation areas in Sunset's Travel Directory.

Now let Western jet you to them.

What is your dream of a winter vacation? Skiing new slopes? Sunning on a sandy beach? In Western America, Western Airlines makes it easy for you to take your choice. For general information on these areas and on low-cost tours, see your Travel Agent, Western, or mail the coupon below.



1 HAWAII — Honolulu, Waikiki Beach, Diamond Head, Pearl Harbor, Polynesian Cultural Center, Neighbor Island tours, volcanoes, fishing and surfing.

2 CALGARY, ALBERTA — Skiing at Banff / Lake Louise, Mt. Norquay, Sunshine Village, Jasper and Marmot Basin.

3 SALT LAKE CITY — Temple Square, skiing at Alta, Brighton, Park City and Park City West.

4 DENVER — Skiing at Vail, Aspen, Snowmass and Aspen Highlands.

5 LOS ANGELES — Disneyland, Marineland, movie studio tours, Music Center, Farmers Market, major league sports.

6 LAS VEGAS — World-famous entertainment, casinos, luxury resorts, Hoover Dam, Lake Mead.

7 PALM SPRINGS — Salton Sea, Mt. San Jacinto, Aerial Tramway, spas, golf, horseback riding in the desert.

8 PHOENIX — Scottsdale, golf, historic Indian reservations, dude ranches.

9 SAN DIEGO — Sea World, Balboa Park Zoo, deep-sea fishing, golf.

10 MEXICO — Mexico City: Pyramids of Teotihuacan, Ballet Folklorico, bullfights; Acapulco: deep-sea fishing, luxury seaside hotels.

Yes! I'm interested in doing something different this winter. Please send me information on the areas circled.

Western Airlines Tour Department
P.O. Box 2745
Los Angeles, California 90054

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MY TRAVEL AGENT IS _____

Maxwell House, *considered a Victorian classic, isn't open to the public*

Stopover for skiers . . . an hour from Denver

To the uninitiated, Georgetown, Col is only the blurred name of an Inte 70 off ramp about an hour's drive Denver. But this time of year, ski turning from Vail and Aspen and closeby Arapahoe and Loveland take the Georgetown off ramp. Th town's population of 300 can doubl revelry in the crowded restaurant saloons recalls the town's early day Georgetown, founded in 1859 an ported by gold and then by silver was a town of 10,000. It escaped de tion by fire and today is one of th preserved mining towns in the West some of its old buildings convert shops and craftsmen's studios. The overnight accommodations.

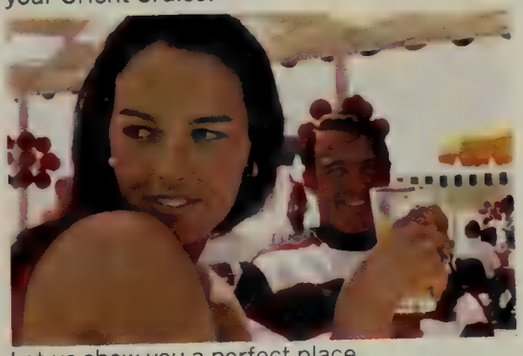
In leather goods *store window, a stuffed bear and a very live dog watch passersby*

Mine-pocked cliffs *loom above quiet, early-morning Georgetown*

LONG, LONG, CRUISES TO EVERYWHERE.

You're floating on top of the world. North to North Cape, mountains, fjords, and other Scandinavian spectaculars.

Meet her at the fair. Japan's Expo '70 on your Orient Cruise.



Let us show you a perfect place to spend an afternoon.

ɔur dream hotel at sea.

You'll run into many a fine, feathered friend.

There are sights everyone should see once in their life.

Dining and dancing, stars and shows, sun and sea, even gratuities are all included in the fare.

rient Cruise, April 14 from California. s.s. Statendam, lays, 6 ports include Hong Kong, Kobe (Expo '70), olulu. Los Angeles April 14, San Francisco April 15. n $1795.

ɔring Mediterranean Cruise, April 18 from New York, l 4 from San Francisco. s.s. Rotterdam, 35 days, 19 s include Tangier, Rhodes, Naples, Cadiz. From 40. (from New York)

rand Mediterranean Cruise, May 30 from California, e 12 from Florida. s.s. Statendam, 49 days, 22 ports ude Jamaica, Lisbon, Piraeus, Naples. From San icisco May 30, Los Angeles May 31. From $1995. n Port Everglades June 12, 36 days, from $1590.

lorth Cape Cruise, July 20 from New York. s.s. Staten- n, 37 days, 13 ports include Reykjavik, Leningrad, enhagen, Helsinki. From $1675.

all Mediterranean Cruise, October 11 from New York. Rotterdam. 42 days, 21 ports include Istanbul, Pi- us, Monte Carlo, Tangier. From $1855.

irand Orient/Pacific Cruise, October 12 from Califor- . s.s. Statendam, 60 days, 16 ports include Tahiti, Kobe, ng Kong, Manila, Sydney, Honolulu. From Los Angeles ober 12. San Francisco October 13. From $2550.

Around the World Cruise, January 23, 1971 from New 'k. s.s. Rotterdam 89 days, 23 ports include Rio, dagascar, Bombay, Bangkok, Yokohama. From $4180.

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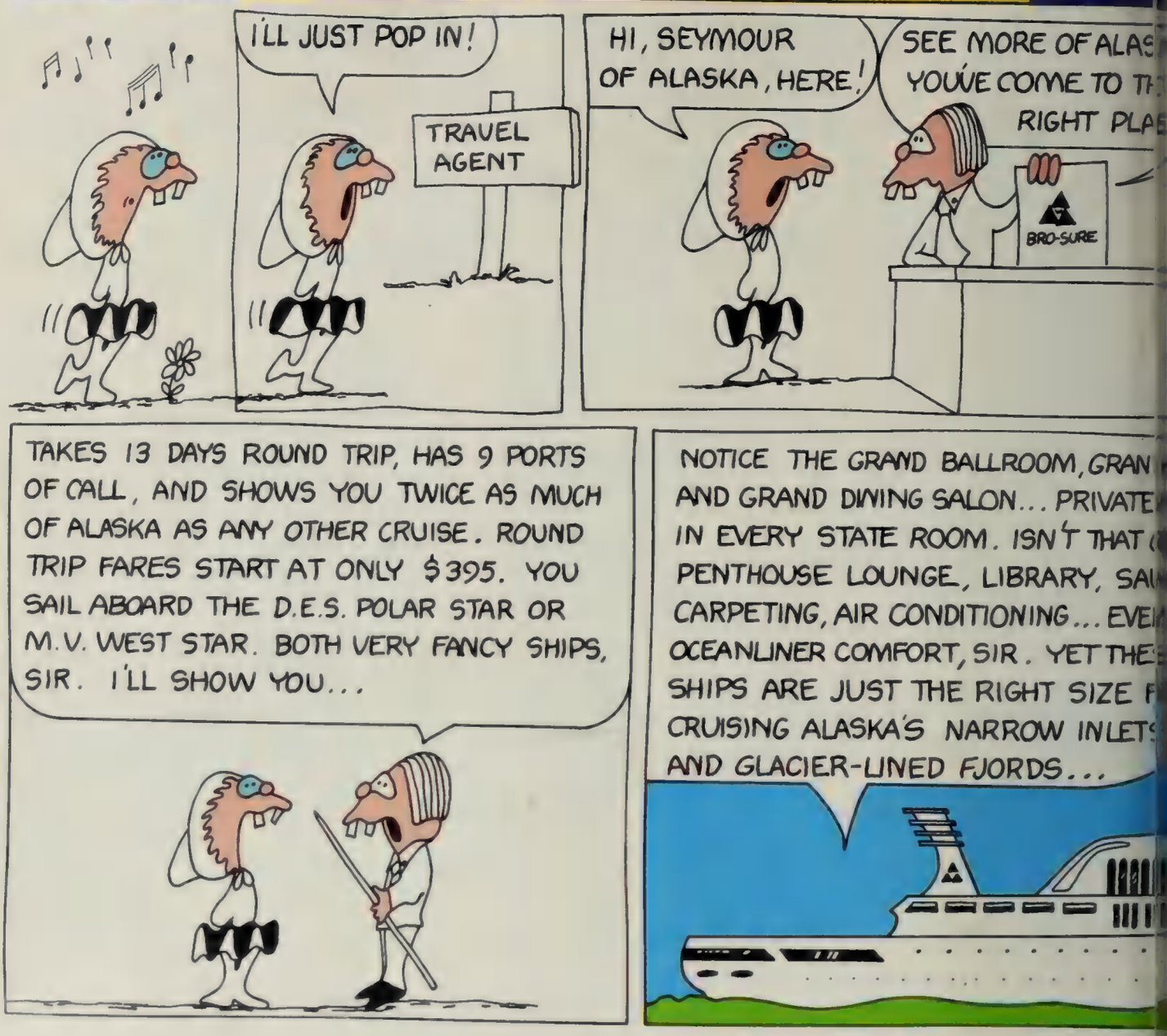
TRAVEL AGENT_____

FETY INFORMATION: The s.s. Rotterdam and s.s. Statendam registered in the Netherlands, stantially meet International Safety Standards for new ships developed in 1960 and meet 1966 fire safety requirements.

Seymour of Alaska

Discovers a new way to go.



ravel agent can tell you. No other Alaska cruise as much as this one.

il from Seattle and call at Vancouver, B.C., , Juneau, Valdez, Seward (with an optional side chorage), Cordova, Sitka and Prince Rupert.

at's not all.

Arm Fjord, Glacier Bay National Monument, aska, and Columbia Glacier are just a few ts you see on this cruise only.

your travel agent soon. And tell him Seymour

SAFETY INFORMATION: The M.V. West Star, registered in Liberia and the D.E.S. Polar Star, registered in Canada, meet International Safety Standards for new ships, developed in 1960, and meet the 1966 fire safety requirements.

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Please send folder on your new Alaska cruise.

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more of Alaska with WESTOURS

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OUTSTANDING HOSPITALITY
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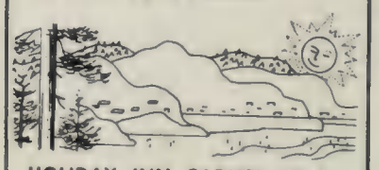
Located in five of California's choicest vacation spots. All Chatmar Holiday Inns have color TV, direct-dial phones, scrupulously maintained rooms, par excellence dining and entertainment. Chatmar's friendly meticulous service is rapidly becoming a central California tradition.

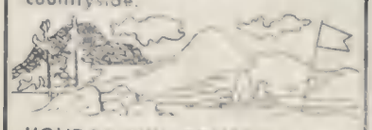
HOLIDAY INN MONTEREY, the peninsula's only beachfront inn, is at Del Rel Oaks exit off N. Highway 1. Just minutes to all the famous golf courses.



HOLIDAY INN CARMEL, Highway 1 at Rio Road and only 1 ½ miles to charming downtown Carmel. A 10 minute drive to Pebble Beach and Spyglass golf courses.

HOLIDAY INN SANTA CRUZ, on Ocean St. in downtown area. A short stroll to the famous fun boardwalk and beach. Golf on the nearby Pasatiempo course.

HOLIDAY INN SAN RAFAEL, just 10 minutes north from the Golden Gate Bridge on 101 Freeway. A beautiful inn high on a hill, overlooking the Marin countryside.



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Now you can fish through the ice in California

A challenging alternative to sitting by a fire and tying flies is now open to California anglers who don't mind being out on the ice in winter's cold—ice fishing.

Effective last January, California fishing regulations were changed to permit fishermen to take fish from beneath the ice of any water currently open to winter fishing. Thus California anglers now have an opportunity to try their luck at a sport the fishermen of other Western states have enjoyed for years.

Many ice anglers using standard tackle have reported good results still-fishing with worms, cheese, and salmon eggs. However, since ice fishing is a different type of angling, a variety of tackle designed especially for it is available.

Ice jigs have been particularly successful. These small, polished metal lures are designed to be worked in an up-and-down direction rather than travel through the water horizontally like conventional lures. To work the jig properly, pull sharply on the upstroke then let it fall freely (it flutters like a wounded bait fish).

Trout generally strike the lure as it descends and become hooked when the slack is pulled up. Experienced jig fishermen use special wooden jig poles or short ice fishing rods. But with a little practice, ice jigs can be used with standard bait-casting or spinning tackle.

All ice fishermen face the challenge of cutting through the ice. A standard ice auger or a small chain saw will bore through to the water in a few seconds, but an axe, crowbar, or similar device can also be used. Remember that cutting a hole with an axe can be a real chore, especially when the ice is over a foot thick.

Don't make the hole any larger than 10 inches in diameter. Most fish will come through an opening this size. Also, small holes are less dangerous than large ones when they freeze over and become covered with snow.

Always test ice before walking on it and, when you walk out on it, carry a long pole or a rope fixed to the shore. Usually a 2-inch-thick surface will support a man on foot, 3 inches will hold a small group walking single file, and an 8-inch surface will hold a small car. New ice is stronger than old ice, and slush ice is about half as strong as clear blue ice. Too-frequent travel over the same route will weaken ice.

The most difficult part of ice fishing this year will be finding a place to fish. Many lakes open to winter fishing don't over, and the lakes that do are u snowbound. It may be possible to to some lakes if the snow isn't too and in some areas access roads m kept open most of the winter.

DON

Bundled up *against the cold, this angler concentrates on his short ic*

Because ice fishing in California la a new development, reliable reports o quality of fishing at many lakes a most nonexistent. Last winter a S reporter tried Dorris and West V reservoirs near Alturas in the north ern corner of the state and pulle several large rainbows. For inform and a map, write to the Modoc Co Chamber of Commerce, Box 1690 turas, Calif. 96101.

To locate suitable lakes closer to home, check the current California S Fishing Regulations for mountain with an all-winter fishing season, write to the Department of Fish Game regional office in the area you chosen (addresses are listed on page the regulations) to ask about ice co tions, accessibility, and restrictions, if

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Fiji Police Band *marches along the pier for departing cruise ship*

When the ship stops in Fiji

Suva, capital of the British colony o is visited by more ship passenger air travelers: It is a 6-hour, cross drive (137 miles) or 45-minute si by air from Nandi International A the "South Pacific crossroads," bu on the route of most South Seas c

The compact center of this city of is the right size for walking, and w short radius you can visit shops a taurants, try both Fijian and India watch Fijians play their adopted sports at Albert Park, and visit seum, botanic garden, some im government buildings, and the Pacific Hotel.

The range of shopping is wide—in stores with duty-free merchandis around the world and specialty go the Orient and Pacific, and at the where you bargain for such Fijian ucts as wooden bowls, masks, com noe models, basketry, tapa cloth shell-and-silver jewelry.

If there is time to explore beyon city, go to The Fijian Handicrafts (about 4 miles from town), where y watch articles of good quality being and can buy them at inexpensive p You can also arrange to visit a rur lage, take a river cruise, or ride in a bottom boat to an offshore island.

Shopper bargains *over nest of woven pandanus baskets at market stall*

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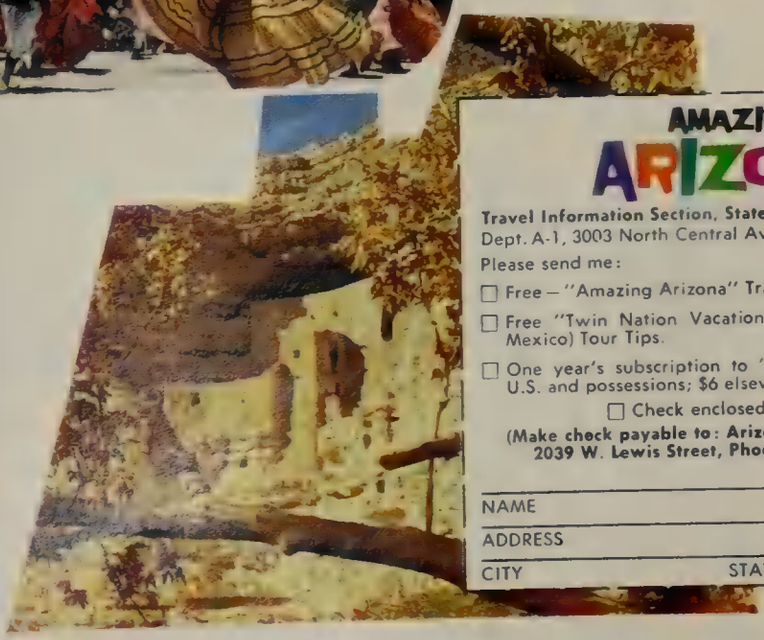

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Buddha's collarbone *may be inside 2,300-year-old dagoba (domed temple) of Thuparama. Pillars held circular roof. Lights used for night festivals*

Bucket shower, *laughter, and exchange of go*
—the ritual of bathing is familiar sight in Ce

Game preserves, beach resorts, temples, jungle ... Ceylon is a discovery

On a world map you might easily overlook Ceylon. The teardrop-shaped island lies so close to India that a tall man at low tide could almost cross on the connecting berm. And if the map is old, both lands are lost in a globe-circling shade of pink once used to indicate the British Empire. Ceylon, independent since 1948, retains membership in the Commonwealth with Queen Elizabeth as head of state.

Unlike India, Ceylon is predominantly Buddhist. Its literacy rate is comparatively high. And it does not present visitors with the sights of human misery so obvious in Calcutta and Bombay.

Within its modest confines (140 by 270 miles), you can find: highlands with frosty mornings welcome after the heat of the coast; archeological treasures from a time before Christ only now coming to light as the jungle is peeled away; game reserves that account for about 5 per cent of the island's area and protect numerous species of mammals; a coastline dotted with occasional modern resorts—Bentota, Mount Lavinia, Hikkaduwa, and Trincomalee—but otherwise delightfully deserted.

Colombo, the capital and, with about 500,000 people, the country's largest city, is the first stop for most visitors (a few flights from India arrive in other Ceylonese towns). It is hot and humid.

Colombo is an emporium for the nati best rubies and topazes, brilliantly col batiks, and carved ivory. It is an e perating place if you need small batte 35-mm film, and "name brand" cosme

Offices of the Ceylon Tourist Board located near downtown at 25 Galle F Centre Road. They front a grassy c mon that stretches to the shore of the dian Ocean. It should be one of your stops in Ceylon. In advance of a v write either to the Ceylon Tourist Of 609 Fifth Ave., New York 10017, or rectly to the office in Ceylon.

STAYING IN THE COUNTRYSIDE

Visitors have an appealing alternativ city hotels: Rest houses dot the coun side. The British originally construc these for colonial officials circuiting island, and the buildings were sited capture the choicest views or to be clos the most important ruins, or were pla at intersections of roads, now mostly t lane macadam, that cross the island.

Travelers pay about $6 a night for t

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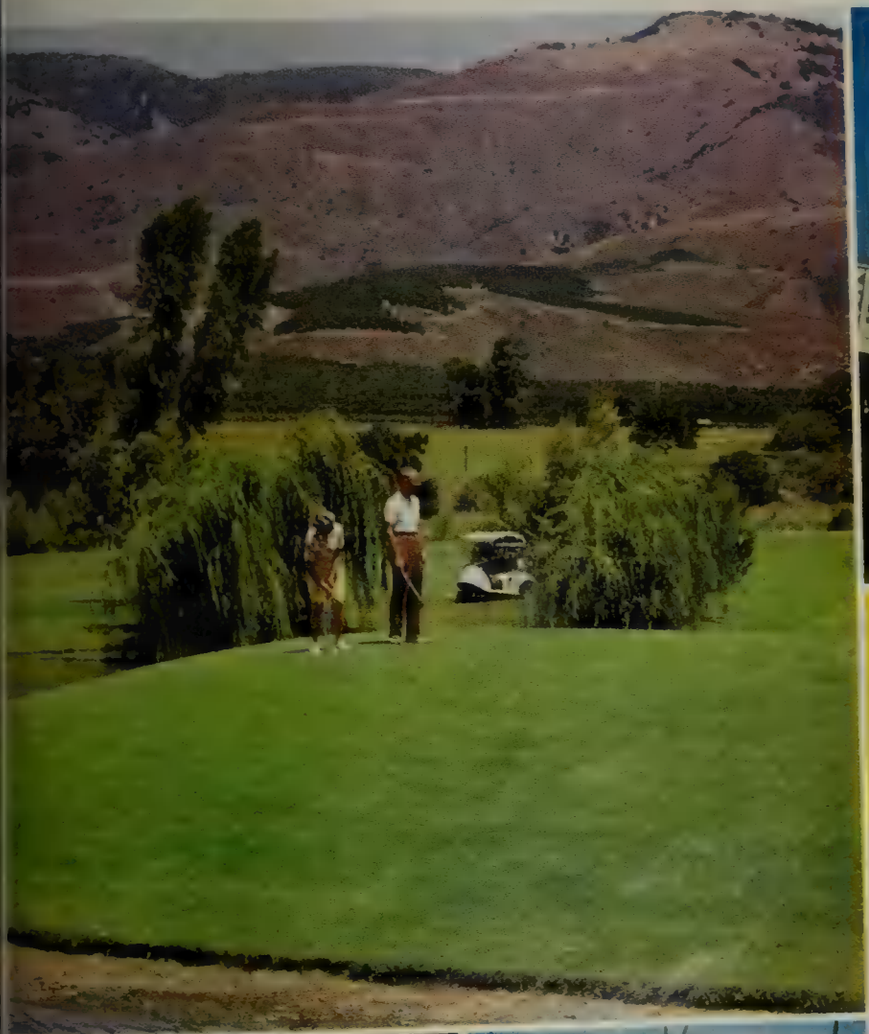
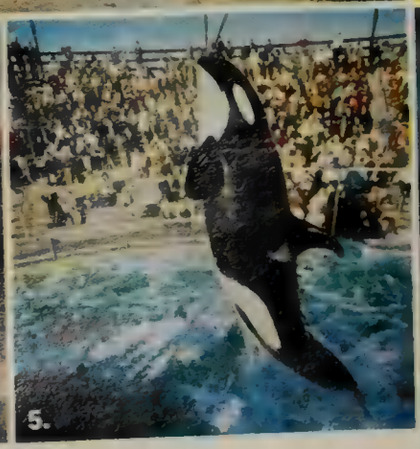


(1) Get lost on 66 uncrowded golf courses. (2) Enjoy great deep sea fishing off San Diego and Baja California. (3) Ride ■ Skyfari atop the world's largest zoo. (4) Escape to bullfights, Jai Alai, duty-free shopping 15 minutes away in romantic Mexico. (5) Marvel at performing killer whales in gigantic Sea World. (6) Sail, swim, fish, water ski on Mission Bay.



Galvihara *in old city of Polonnaruwa: three huge figures in rock. Standing in grief over dying Buddha may be his disciple, An*

with meals, at a rest house. Staff members, who outnumber the guests, pad silently through hardwood hallways dressed in long white *reddhas*, or skirts. Ceylonese food served includes string hoppers, a delicious kind of noodle; egg hoppers, similar to crisp-edged pancakes, each with a fresh cooked egg in the center; and curries you can stoke with blazing chiles. Or you can pay a little extra for British-style cooking—usually boiled.

You can also sleep within two of the largest national game reserves: Ruhuna, about 175 miles southeast of Colombo, or

Grounds, beach *of Mount Lavinia Hotel (7 miles south of Colombo), b early last century as British Governor's estate. Rooms, meals for two cost*

Produce lady *uses hand scale and weights at the Pettah, Colombo's outdoor bazaar*

Resorts on the shore, rest houses up country

COLINAS DORADAS by J. H. Bradbury

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alaska
marine highway

S

Elephants, *usually seen working along roadway, enjoy a wallow in cool, murky river*

Wilpattu, 120 miles north of the city. You arrive by car, paying a small entrance fee (there's no train or bus service). A tracker in khaki Bermudas and high white stockings will help spot the animals. During early and late light, elephants, leopards, sambur, and spotted deer venture from the thick brush onto meadows to graze and drink from the lakes. To be there at such times, it's easiest to stay overnight in one of the rustic lodges in the reserve. The charge is only 50 cents a person. You must bring your own food, but a housekeeper-cook comes with the bargain, and you can look over his shoulder and learn something about Ceylonese cuisine. Accommodations are limited; write in advance to Wild Life Department, Echelon Square, Colombo.

GETTING AROUND IN CEYLON

Ceylonese tariffs practically prohibit such imports as automobiles. Antique car buffs will find Colombo traffic a fascinating, chugging museum on wheels. Buses are the lumbering red, double-deck, London variety. Drivers keep to the left.

Of the new autos that do arrive, a share is reserved for visitors' use. You can obtain auto rental advice from the tourist office. For driving and highway information, write to the Automobile Association of Ceylon, 40 Sir Malcolm Makan Mawatha, Galle Face, Colombo.

Ceylonese bus service, at about 2 cents a mile, is calculated to be the least expensive. Ride a train and you may find it is pulled by a coal-burning steam locomotive. Some cars are air conditioned.

Air Ceylon provides internal as well as overseas service.

The tourist office staff will explain the currency regulations, which give touris 40 per cent more rupees than the offici rate but forbid dealing with street corn touts (whose still more attractive rat sometimes yield counterfeit rupees).

Ask about the dates of *Poya*. This Bu dhist equivalent of Sunday is observe at each quarter of the moon, and stor and offices close on Poya and the prece ing afternoon.

FIVE DESTINATIONS

In the uplands, 70 miles east of Colomb is Kandy, scene of perhaps the greate pageant in Asia, the midsummer *Esa Perahera*. It brings together a vast a semblage of elephants, some decorat down to their gold-painted toenails. Th religious culmination comes when th most splendid elephant of all, carrying th replica of the tooth of Buddha in a jewele box on its back, moves through th streets and circles the lake around whic the town is built.

About a hundred miles east of Colomb at 6,000-foot elevation is Nuwara Eliy Here you can fish for trout, play golf, an walk through well tended gardens of mar golds, dahlias, and daisies. The Englis created the resort and must have felt ver much at home here. This is the center c premium tea growing, and you can tak a room amidst the greenery of one of th tea estates.

Anuradhapura, Polonnaruwa, and Sigi riya, ancient capitals now in ruins, lie morning's drive (102 to 133 miles) north east of Colombo. All are served by up-to date rest houses.

The best way to explore Anuradhapur is on foot. Surrounded by a chatterin retinue of black-faced monkeys, you wall

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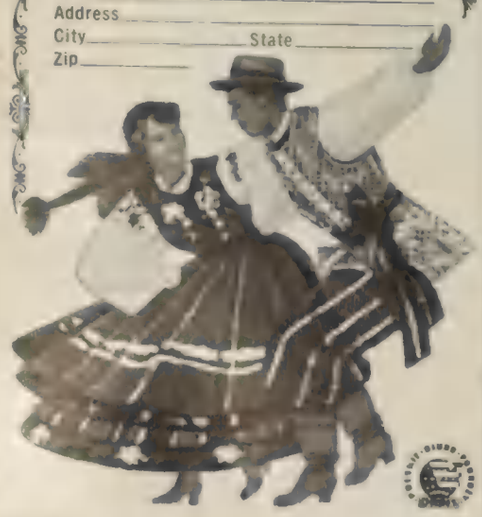

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In Peradeniya *Botanic Gardens, Kandy: columns of cabbage palms tower over ca*

through fields of wildly leaning column and broken chunks of carving from a cit of 2,500 years ago. On the horizon ris the 300-feet-high bell-shaped domes c gleaming white *dagobas*.

Polonnaruwa appears more compact. It' newer by 1,300 years, and better pre served. Immense rock carvings—prone seated, and standing figures of deities—dominate a cut-away hillside.

The rock fortress city of Sigiriya survive for only 18 years in the fifth century. I housed the court of Prince Kasyapa, wh slew his father and retreated up pre cipitous, 600-foot cliffs to establish hi capital. In the rock were carved bath and courtyards; he crowned the summi with a white marble palace (now de stroyed).

You can scale this otherwise inaccessibl fortress by a dizzying metal stair system In a cave partway up are the famou fresco maidens, 1,500 years old and stil voluptuous.

Airlines serving the West Coast U.S. an Ceylon include BOAC, Qantas, TWA, an UTA. Typical round-trip coach fare be tween San Francisco and Colombo i about $1,200. Round-the-world fare in cluding Ceylon costs about $1,300.

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Visitors *lounge on grassy bank in surprise oasis. This rain-water basin is behind a small dam left over from cattle-range er*

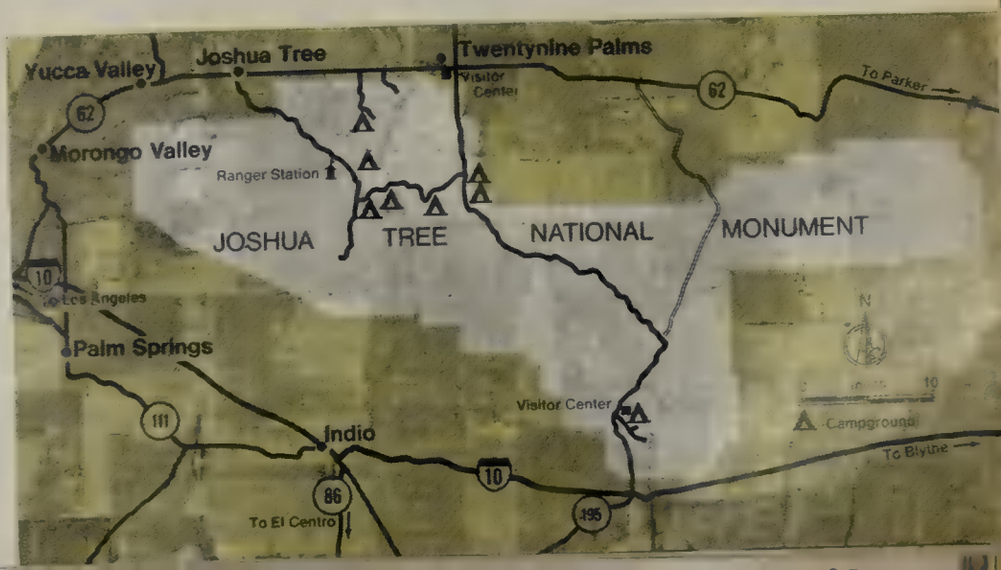
From low to high desert in rock-ribbed "Joshua Tree"

The meaning of *high desert* and *low desert* is shown in few places as vividly as in Joshua Tree National Monument, which straddles both. It's less a playground than a place for insight into an unblighted environment—of which the curious Joshua tree is just one part—though you may drive through, walk, climb, picnic, camp. And its most equable season begins this month.

Visualize a 4,000-foot-high plateau edging a precipitous mountain drop-off to a below-sea-level desert sink—the Coachella Valley and Salton Sea—and you will understand the siting of Joshua Tree National Monument. Traverse its road in leisure and you will experience the full range of the two Southern California deserts: low Colorado and high Mojave.

Go in the spirit of a guest on the land, not a consumer of it, for this half-million-acre preserve is dedicated to protection and not to entertainment. Though the monument lost nearly a third of its acreage 20 years ago, it still preserves whole basins and ranges intact and seems secure from further land attrition. The chief threats now are an occasional high-speed-road proposal and the depredations of visitors who bring their machinery—four-wheel-drive vehicles and motorbikes—to tear up

ROBERT WENKAM



Locator map *shows simplified version of paved road network to and across national monument*

Desert ecology: The plants tell a story

Low desert, up to about 3,000 feet, has the creosote bush as its indicator plant, but it also includes such beauties as the green-trunked palo verde, the gray smoke tree of the washes, and the ocotillo and cholla pictured here. The cholla is transitional and crosses over into high-desert vegetation, marked first by Mojave yucca and juniper. At the upper end of the yucca range is that chief indicator of the Mojave Desert, the Joshua tree, which in turn penetrates the lower edge of piñon - juniper - scrub oak woodland at about 4,200 feet. This ranges on up to the highest elevations of the monument. These biotic communities fall within the older, less specific "life-zone" classifications of Lower and Upper Sonoran.

Spindly *ocotillo is low-desert plant. Its branch tips sport red flowers*

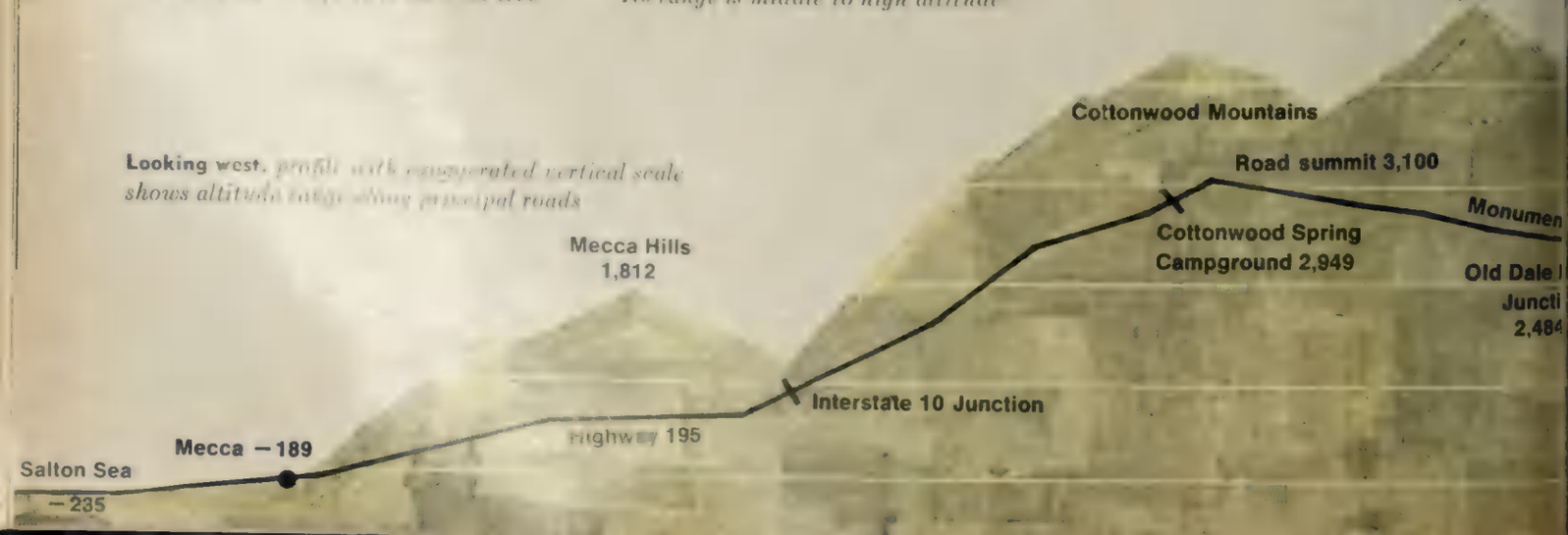
On Cholla *Cactus Garden nature trail, chollas reach 8-foot height*

Giant yucca: *Joshua tree is one of talles plants in lily family. This one shades Queen Valley picnic turnout*

Most oaks *in monument are shrubs, but this natural hybrid is an erect tree*

Battered *juniper on Ryan Mountain. Its range is middle to high altitude*

Looking west, *profile with exaggerated vertical scale shows altitude range along principal roads*



a fragile range that has taken a third of a century to reestablish since cattle grazing ended.

Your Joshua Tree experience might be over in just an hour if the 63-mile traverse road were freeway; then this would look much like any other mountainous desert. Happily, the road encourages stopping along the way, so you can note not only the grand landscape but such delicate treasures as the pale lavender Mojave aster, the waxen bloom of beavertail and barrel cactus, the minute indigo gems that blossom on the smoke tree.

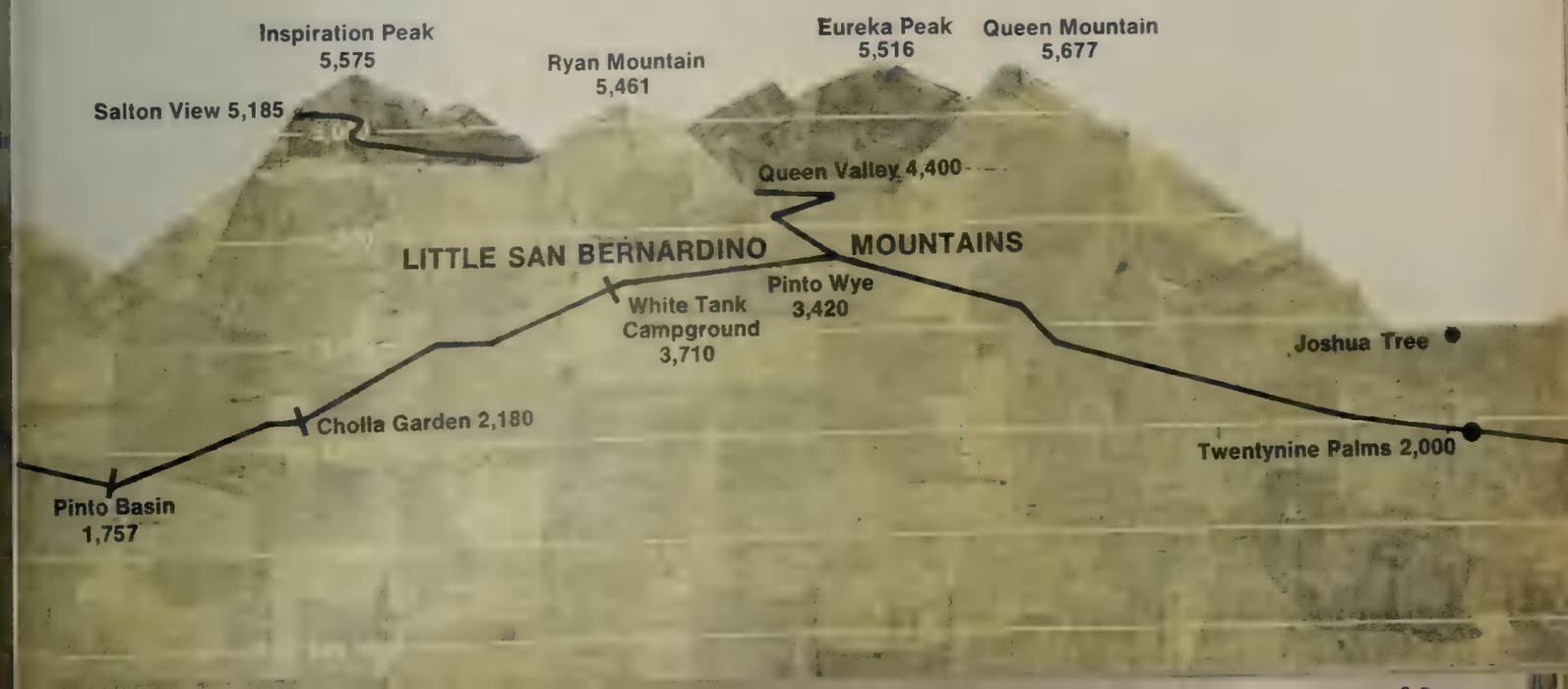
You can see the highlights on a one-day loop trip from the warm Palm Springs resort area or a motel in Indio, or a motel in the cooler, higher desert towns of Joshua Tree or Twentynine Palms. Most repeat visitors enter from Joshua Tree, but Twentynine Palms—with monument headquarters and visitor center—is a good entry point for first-time visitors.

Our log starts from a third point: the south entrance. From this direction you can see the transition from lowland to

MIKE TILDEN

R. WENKAM

Mile-deep prospect *from Salton View extends as far as Mexico*



highland uncluttered by the urbanization that mars the Morongo Valley approach on State 62. Take the one-day trip. It's through the kind of country that moves city folk to give camping a try. Campers fill the 355 campsites on Friday and Saturday nights, holidays, and school vacations. This is practically wilderness—with no electricity, telephones, or other facilities—and you must bring your own water and firewood.

Though winter is a generally equable season, be prepared for cold nights this month—an occasional light snowfall is still possible in the highlands. Nonetheless most days are warm and sunny, and the chill north winds of winter come less and less often as the season advances. Wildflowers are blooming now, and by late April the first Joshua trees will swell at branch-tips with massive greenish white blossoms.

INTO JOSHUA TREE THROUGH COTTONWOOD

From sea level at Indio, the Interstate 10 freeway climbs gradually east through a desert of sparsely grown badlands. After the Joshua Tree Monument exit, the monument road ascends an alluvial slope through increasing growth—notably ironwood—toward the mouth of Cottonwood Canyon, where you pass through the desert wash biotic community of palo verde, ironwood, and smoke tree. Beyond, you enter another kind of desert: At nearly 3,000 feet, this is where high and low desert plant types mingle—ocotillo, Mojave yucca, juniper, mesquite.

The Cottonwood visitor station is the only building you'll see along the road in 40 miles. Stop for the monument map-brochure and ask for the log of the new Squaw Tank Motor Trail (see page 71). The trail is not yet noted in the brochure; the log (10 cents) is to be ready sometime this month.

A road beside the visitor center leads to Cottonwood campground and picnic area. Though it is the only one in the monument that seems harsh on the landscape, this 62-unit campground does have the physical amenities of water, and flush toilets. As a result, it is the only fee campground: $1 per car per night, waived for holders of the Golden Eagle annual permit. The picnic area (no charge) has shaded tables.

Half a mile past the campground, the road ends at a parking area overlooking Cottonwood Spring oasis. Its palms are lush and new ones are coming along. A sign cautions against smoking and fire, for the oasis once was nearly destroyed.

Beyond this oasis, a trail leads off toward a more remote one: Lost Palms, largest in the monument. At nearly 8 miles round trip, it is not for the casual walker. A shorter branch, much used by campers nearby, is about 1½ miles to the summit of Mastodon Mountain, past abundant evidence of mining.

Allow 4 to 5 hours for the longer trail. And each hiker should carry a canteen, for there is no surface water at the oasis.

The trail rises gently at first, then goes into some steeper ups and downs. You cross undulations of mudhill and draw, follow a sandy wash for a while, and climb canyon cliffs to a clim overlook at the brink of Lost Palms Canyon. A steep trail l down; you can explore among palms a good way up and d the canyon (see photograph page 73).

ACROSS PINTO BASIN AND UP TO THE HIGHLANDS

From the visitor center, the highway starts a winding co into wide-open Pinto Basin. Just past the dirt road to the Dale mining district, the road turns northwest. It's 13 m to the last ocotillos, an unusual stand noted on the map.

Then shortly you are in the midst of one of the monume truly astonishing displays: acres of jumping or teddybear c gleaming silver against the dark desert. A turnout prov parking for the Cholla Cactus Garden nature trail, a short that points out other plants outshone by their tall neighbors

MIKE TILDEN

Most agile *climber is bighorn sheep. We saw this band of two rams and a lamb at research station (visitors by permit only)*

Labyrinth *of boulders is nature "trail" out of White Tank campground*

People and bighorns climb the rocks

More striking than the plants that give it its name, the rocks of Joshua Tree create its most stunning landscapes, provide sheltered camping and picnicking nooks, and bring out a youthful urge to climb. For configuration and traction, there are none better—and a tattered seat-of-the-pants will be the badge of any sneaker-shod youngsters given time to explore.

Outcrops occur all along the main road. How did they get there? They are quartz monzonite, a granitelike mixture that in molten form intruded from below into the existing Pinto gneiss (pronounced *nice*) of these mountains; as this older rock erodes it exposes the newcomer. Best place to see the process: Ryan Mountain, from Cap Rock nature trail.

Rock, *on White Tank nature trail, was intrusive vein in older rock that eroded away. This is as high as you should climb*

king back over Pinto Basin, you discover you have climbed ›od deal without realizing it. The view becomes more ex- sive as you continue on the road. And more memorable: s is one of the last great desert valleys unmarred by the al pollution of buildings or transmission lines or even road s; the monument road, engineered not for speed but to gently on the land, is hardly visible.

yon walls close in on the road, then open out, and you in a quite different setting: the land of big boulders and ıua trees. White Tank campground appears on the right, nall one but worth ■ stop for its walk through the rocks— of the best rock scrambles in the monument.

ther along, you pass Belle campground—also small, also h good boulders nearby—and then soon you come to the to Wye. No longer a Y, it is now ■ T-shaped intersection.

re we suggest a detour on the road to the right, 9 miles vn to monument headquarters on the outskirts of Twenty-nine Palms. The visitor center has instructive displays and people to answer your questions; hours are 8 A.M. to 5 P.M. every day. A nature trail samples the adjacent Twentynine Palms oasis, part of it now an outpost of the monument.

To the left or west from the Pinto Wye, you pass three picnic areas set among boulders: Split Rock (it does indeed have an enormous split rock), Ivanpah, and Live Oak.

A sprawling boulder outcrop marks the largest of the monument's campgrounds, appropriately named Jumbo Rocks. Past it, you enter Queen Valley, flat and studded with Joshua trees.

THE NEW SQUAW TANK MOTOR TRAIL

The monument mostly succeeds in keeping the car subordinate, but one useful concession to it is ■ guide-yourself motor nature trail, open this month with the title *Geology and Man*.

The trail runs south from the highway on the first dirt road west of Jumbo Rocks. It is an 18-mile drive of about 2 hours,

R. WENKAM

Lost Horse *mine, at end of 1.8 mile trail, has a towering but shaky headframe and some machinery*

with 16 stops described in a log soon available at the visitor centers. You'll see a fault; a dry lake; how mountains, valleys, alluvial fans, and sand dunes form; how the boulders got there.

And you will stop to see evidence of man in Indian campsites, bedrock mortars, and petroglyphs; in traces of the cattlemen who came a century ago; and in remnants of gold mining.

A new nature trail at the seventh stop offers you a chance to get out for a ¾-mile walk to look at basaltic Malapai Hill and such other geological features as a balanced rock. Allow about 45 minutes. Beyond Squaw Tank the road narrows to become a one-way loop at the south end. The final stop offers a panoramic view over the great slope of Pleasant Valley.

Back at the paved road, you can follow another dirt road north to see the Desert Queen mine—a side trip not on our priority list for a one-day visit. When after a mile or so this road branches, go straight ahead until road gives out in ½ mile. You will see tunnels on slopes to the north, but the main works are easterly. Down into the canyon, you pass ruined buildings and then come to several horizontal tunnels.

West on the Queen Valley road once more, beyond Sheep Pass you descend into the more thickly grown Lost Horse Valley.

First stop on the left is the beginning of the Ryan Mountain trail. This 1½-mile ascent is arduous for all but well conditioned hikers; allow 2 to 3 hours. The prospect from the crest gives you an immediate grasp of the heart of the upland from Wonderland of Rocks and Lost Horse Valley on one side to Queen and Pleasant valleys on the other. The full hike is not for the one-day visitor, but a climb to the first turn over a ridge approximates the grandeur from the summit.

Next road stop on the left is the highlands' only drinking water source, piped in from a nearby spring. Use it sparingly, for drought in recent years has curtailed the supply.

ALONG THE SALTON VIEW ROAD

Just beyond is the intersection with the Salton View road, at the foot of monumental Cap Rock. Turn left and you will immediately reach Cap Rock nature trail, a short one that po up the diversity of plants—mostly thorny—in this mee place of Joshua tree and piñon communities. One surprise: f grow even in this dry desert, under overhanging rocks.

Continuing south on the Salton View road, take the first road to the left—about 3 miles along the way—for abou mile to reach the trail to Lost Horse mine. The walk, just un 2 miles each way on the left-hand of two tracks, is too long the one-day visitor, but the mine is a good one. The headfr and machinery are unusually complete.

At this point you are close to the top of Lost Horse Mount another vantage point over Lost Horse and Pleasant valley

Once more on Salton View road, you begin the climb of ne 1,000 feet to the view point, one of the great panorama Southern California. The late miner-rancher Bill Keys, lived nearby, built the road to haul ore from a mine on slope below Salton View (formerly Keys' View).

Sighting tubes at the view platform direct your eye to the l mountains, San Gorgonio and San Jacinto, that rear more t 8,000 feet above the deep trough of San Gorgonio Pass. T single out such features on the flat valley floor below as P Springs and Salton Sea and then distant Signal Peak in Mex

Back in Lost Horse Valley, head north beyond the intersec to reach one of the monument's most-visited features: Hid Valley. A picnic area and a parking area are foreground for craterlike enclosure, completely ringed by rock.

The most dramatic way to enter is through a crawlway un boulders, but there is also a footpath for those who do not b easily. Inside, the valley floor is a gently rolling piñon wo land. A sign suggests an hour for the loop nature walk—leis enough to appreciate the landscape and rocks that suggest s figures as "the ox" and "the Trojan."

Directly across the highway, Hidden Valley campground 12 campsites, but its boulder niches will bulge with as many 200 parties on a holiday—perhaps because it is closest for Angeles traffic, via the town of Joshua Tree.

A new nature trail leaves the campground for Barker Dam, tarn pictured in color on page 66. This route is more interest than the dirt road from the campground, 2 miles to a can path that was formerly chief access, but it is a long walk f one-day visitor: 1.7 miles over and 2.2 miles back.

On to the northwest, the highway passes the entrance to L Horse Valley ranger station at about 1½ miles on the left mile farther along, a dirt track leads in toward Wonderlan Rocks, the great bouldered background for the valley. T road ends at about 3 miles; then you can walk down a rem wash to the sometimes water-filled basins of Willow Hole.

Continuing on, it is about 12 miles—half of it in the monum —to State 62 in the community of Joshua Tree.

ALONG THE NORTH EDGE OF THE MONUMENT

Because the road system has three end points, no perfect l drive of the monument is possible. Here are two places reac from the highway (State 62) along its northern edge:

Just west of Twentynine Palms, a poorly marked road nam Canyon Road reaches south 2 miles into the hills, to a park lot at the foot of the trail in to Fortynine Palms oasis. Th miles round trip, this is a stiff climb coming and going, the glimpse of green against the brown of rocky slopes that y get from the crest of the initial climb is incentive. The lush growth is in canyon bottom. Water will stand here all ye and though it is not potable it nourishes green rushes, gra ferns, and willows.

About 2 miles west of Canyon Road on State 62, the entra road to Indian Cove is better marked. This big campgrou nuzzles the north face of the Wonderland of Rocks outcrop favorite of rock climbers. A thousand feet lower than the hig lands, it is a camper's refuge when the uplands are chilly. picnic area is just east of the campground.

nto the cool green of a palm oasis

The oddest low-desert biotic community is the palm oasis, where underground seeps or surface springs keep alive a relic of a long-gone epoch of tropical climate: the stately California fan palm. Other greenery unusual in the desert may share the water supply: cottonwoods, willows, cattails, even ferns. You can drive to two oases, at Cottonwood Spring and at monument headquarters in Twentynine Palms. Two others, Lost Palms and Fortynine Palms, are reached only by trail.

MIKE TILDEN

ost Palms *oasis is biggest stand of native palms. Some have survived burning; a few have unburned thatch skirts*

EARLY BULBS

Put them in special pots . . . then bring them indoors

At this time of year, pots of spring-flowering bulbs make the easiest, most refreshing indoor decorations.

The bulbs you see here were potted last fall and grown under cool conditions for display on the terrace or patio. Then, while they were in bloom, their gardeners brought them indoors for a special short-term occasion—a few hours, a day, sometimes a longer period.

Except for the crocus in the chicken pot, all these bulbs were planted in standard clay pots. For their stay indoors, the utilitarian pots were slipped into a variety of decorative containers.

The fun lies in selecting a container that's just right—or just a little surprising—for the flowers and their new location. In the kitchen, what better choice for big jaunty daffodils or tulips than an old-fashioned stoneware crock, a copper kettle, or a soup tureen? For crocus, grape hyacinths, or jonquils, why not a gay pottery bowl or a wide-mouthed milk pitcher or jam pot on the breakfast table?

For the dining table, a sideboard, or a coffee table in the living room, you might want something contemporary—possibly quite elegant.

If you can, select display containers without holes in the bottom so that water draining from the clay pots will not stain furniture or floors. Otherwise, provide a saucer.

Bulbs brought indoors will keep fresh longer in cool or moderately heated rooms. Water enough to keep the soil moist. A surface mulch of pebbles, peat moss, sphagnum moss, or bark chips will help prevent drying out.

For display indoors, *gardener places 9-inch pot of white Dutch iris, planted last fa in blue-and-white Mexican glazed container. Blooms last week or so in cool r*

ELLS MARUGG

poacher *makes a splendid container for hyacinths on a dining table.*
s grown individually in 4-inch pots concealed here by sphagnum moss

PETE REDPATH

White glazed container *holds a 10-inch pot of yellow Darwin tulips that has been moved from the terrace for a festive occasion indoors*

GLENN CHRISTIANSEN

Crocus *planted directly in fanciful Mexican clay pot; brought indoors at bud stage (see cover picture)*

GLENN CHRISTIANSEN

Grape hyacinths *are growing in a squat 5-inch pot placed in a handcrafted pottery bowl*

DARROW M. WATT

'hite 'Thalia' daffodils *add an elegant touch indoors in an im-*
orted glazed decorative pot. Outside container reduces evaporation

Start *with beef and onions, then use foods above for easy-marketing sukiyaki, or foods at far right for authentic sukiyaki*

Two ways to go . . . and either way you get a great Sukiyaki

There is a legend that sukiyaki was originated by the farmers of Japan. "Suki" means plough and "yaki" means broiled; in the fields the plough over a fire became the utensil upon which the meager meal was cooked.

If this tale is true, then sukiyaki has come a long way. Now it is a one-dish meal typically cooked with some ceremony at the table in a traditional sukiyaki pan (at top above) or simil utensil. In the Orient, special electric cookers are common, are restaurant tables with built-in electric or gas heat. Her you can use an electric frying pan, or cook the dish in th kitchen, serving it in the pan.

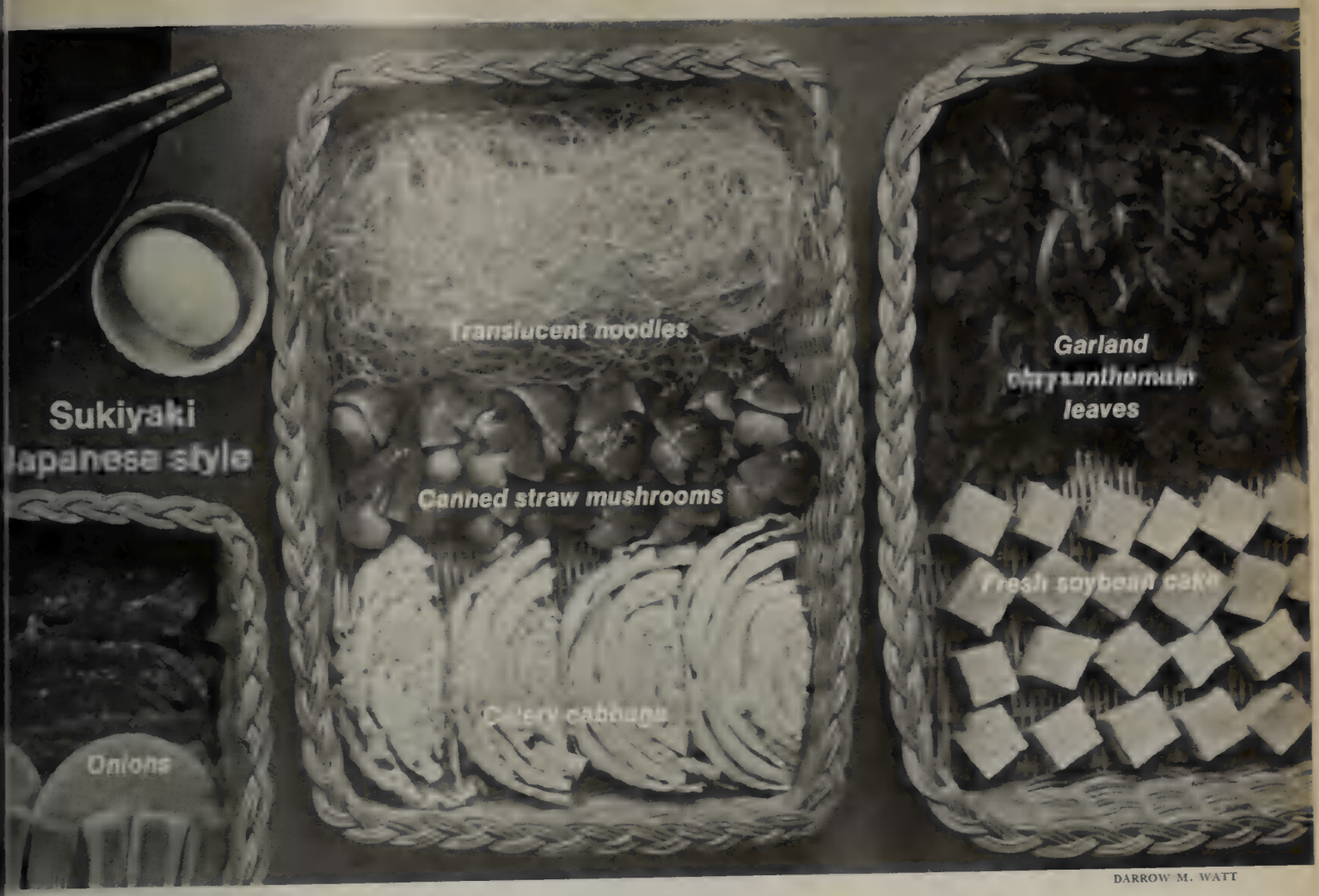
The meat and various other precut and arranged ingredien are cooked together, added to the pan in sequence, and flavore lightly with a sauce. An additional sauce, into which you d the cooked foods, is plain beaten egg; it is optional but mo who try this embellishment prefer to continue with it.

The pre-preparation and cooking make the following reci for 4 to 6 servings seem involved, but actually sukiyaki is r markably simple to make, and the results are savory.

To emphasize the unique flexibility of this dish we offer tw optional sets of ingredients to put with the basic ones: Sho the Oriental markets and assemble an authentic sukiyaki wit the Japanese ingredients at right in the picture above (and i the ingredient list). Shop the local supermarket to make th Western version at left. Or combine a little from both cuisine We think you'll be surprised at the similarity of the finishe dishes no matter which choices you make.

In the Japanese fashion, hot rice and a small dish of pickle vegetables would follow sukiyaki. But you might like to sta with a clear broth and serve the rice with the sukiyaki; tr some of the interesting pickles available in Oriental market and choose a fruit dessert. Offer warm sake or tea.

The cooking broth for sukiyaki can be assembled two ways: F *Western style*, stir ½ cup soy sauce with 2 tablespoons suga ¼ cup dry Sherry, ½ cup regular strength beef broth, and ½ cup water. For *Japanese style*, stir ½ cup soy sauce with tablespoons sugar, ¼ cup sake (rice wine), and ¾ cup dash no-moto (stock made from a prepared mix in tea-bag-like con tainers or in cubes like bouillon cubes).



DARROW M. WATT

ukiyaki: two ways to go

1 or 2-inch cube beef suet, cut in 4 or 5 pieces
2 pounds boneless tender beef steak such as tenderloin or sirloin, trimmed of fat, cut across grain 1/8 inch thick
2 small onions, in 1/2-inch-thick slices, each cut in half
12 to 16 green onions with 2 inches of green tops, or 8 leeks trimmed of all green and split lengthwise; in 1 1/2-inch lengths

estern ingredients

1/2 pound medium-sized mushrooms
4 or 5 stalks celery or 1 heart of celery
1 pound spinach
4 ounces thin spaghetti
Water
3-egg omelet, cooked and cooled

Japanese ingredients

1 can (15 oz.) straw mushrooms, drained
1/2 small head celery cabbage (also called Chinese, Napa, or Nappa)
1/2 to 1 pound garland chrysanthemum (also called shungiku)
4 ounces thin translucent noodles (also called bean threads or shirataki)
Water
1/2 pound fresh soy bean cake (tofu)

4 to 6 uncooked eggs (optional)
Sukiyaki broth (recipes precede for Western and Japanese style)

o prepare ingredients: Cut and organize as directed, keeping ach separate, covered, and cold until presentation. (Suet, beef, nions, and green onions are used for both sukiyaki styles.)

ut fresh mushrooms through stems in 1/4-inch-thick slices; it straw mushrooms in half, lengthwise, if desired.

ut celery diagonally in 1/2-inch-thick slices; cut celery cabbage rosswise in 1/2-inch-thick slices.

Vash spinach or shungiku well, remove stems, and reserve ten-er leaves.

'ook spaghetti in a generous quantity of boiling water until ite-tender, drain, and cover with cold water; drain to use.

Soak noodles 30 minutes in cold water to cover; drain, wrap.

Cut omelet in 1/2-inch squares; cut bean cake in 1/2-inch cubes.

To present: Arrange each food separately, side by side, on large trays or flat baskets. If you plan to serve the eggs as sauce, break each one into a small cup and beat to blend.

Pour sukiyaki broth into a small pitcher.

To cook: Heat a 10-inch sukiyaki pan or frying pan over medium high heat on the range or a portable electric heat unit; or use an electric frying pan set at 350°.

You prepare the sukiyaki in two servings, cooking half the ingredients each time. The foods are kept separated during cooking to preserve the appearance of each ingredient.

Stir suet in pan until pan is well coated with fat; remove browned fat. Stir half the beef in pan until it loses pink color, then push into corner of pan. Add half the onions (reserving green tops) and cook, turning frequently until they begin to brown slightly; turn mound of meat occasionally.

Place half the fresh mushrooms in one part of pan and half the celery in another. Add half the sukiyaki broth; simmer uncovered about 5 minutes. Turn foods occasionally. Cook straw mushrooms and celery cabbage just 2 minutes.

Push each food aside separately and push half the spinach or shungiku and green onion tops down into liquid, turning frequently; when wilted, push into a mound.

Add the spaghetti or noodles to one area of pan, place the tofu in the remaining space, and turn to heat thoroughly. If you use the omelet squares, heat lightly. Turn heat to low.

To serve: Let guests take bite-sized portions from pan, dipping each bite into the beaten egg sauce. Or the hostess may dish up servings into bowls or plates.

When the pan is empty, repeat the cooking; if there is a little broth left in the pan, pour it out. Makes 4 to 6 servings.

American Institute of Architects - Sunset Magazine 1969-1970 Western Home Awards

An old Victorian house in San Francisco begins its second life

From the street this venerable San Francisco Victorian house looks pretty much as it did when it was built in 1885—but inside it's contemporary.

A new family room (see plan and photographs at right) and kitchen, the major internal structural changes, allowed more living space and simplified room arrangements. But much of what's associated with contemporary architecture, namely the pleasant flow of spaces with high ceilings and tall windows to bring in daylight, has been there all along.

The house also has amenities you won't find in many houses built today: For example, there's a fireplace in each room, including bedrooms, and they're still used. A back stair enables the family to go up and down without intruding on activities in the front part of the house. Large sliding pocket doors can close off all main-level rooms from one another and from the front hall. But for everyday living, the rooms are opened wide and the main floor functions as one great open space.

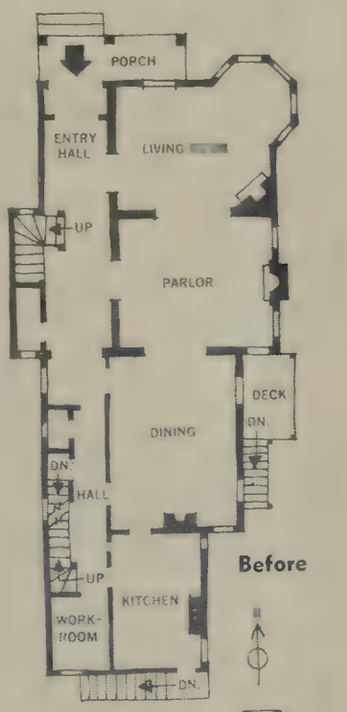
The architect was John Louis Field of Bull, Field, Volkmann, Stockwell.

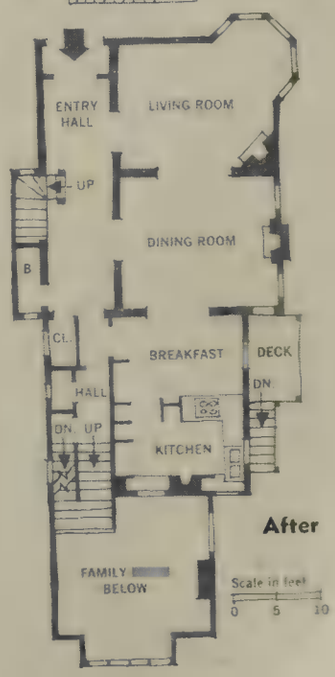
Freshened up *with paint, but no exterior changes were made*

Step-back *design gives rooms a garden view, natural light. New studio window in family room (left)*

JEREMIAH O. BRAGSTAD

Relocated kitchen *is through opening at top right. Balcony at left is back stair landing*





GLENN CHRISTIANSEN

New family living room *created by removing existing kitchen floor and dropping down to use space once occupied by basement laundry*

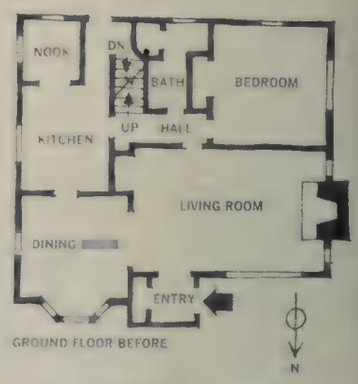
A.I.A. Sunset 1969-1970
Western Home Awards

An ugly duckling in Portland is done over inside and out

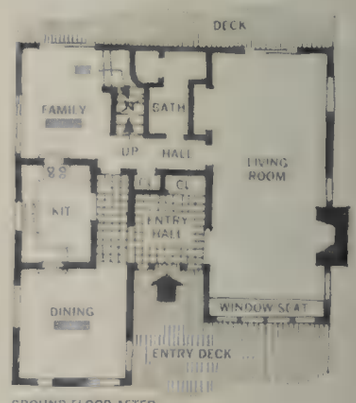
Before remodeling, *house had little relation to garden. Tiny entry hall (center) opened to living room*

DON NORMARK

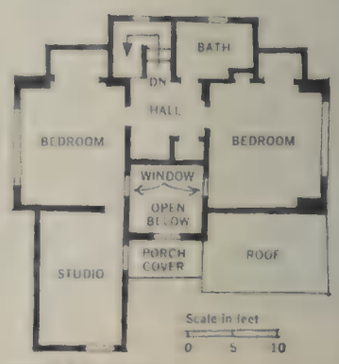
Living room *windows flanking fireplace were cut to floor. Window seat added at right faces new axis of room toward rear deck, garden*



GROUND FLOOR BEFORE



GROUND FLOOR AFTER



SECOND FLOOR AFTER

Unlike those who owned the house shown on the previous pages, the owners of this one had no compunction about altering its exterior. The goal of the remodeling project was "to achieve a reorientation to the outdoors while giving the 1930 frame a contemporary appearance."

The original floor plan at right shows you how the interior spaces were isolated from the outdoors—there was no convenient way outside. Also note that the living room was a passageway from the entry, leaving little wall space for furniture arrangement.

While the owners camped out in the basement for three months, the contractors and their crews tore out walls, ceilings, and surfaces. They pushed the front of the house forward, extended the living room to the back of the house (using space that had been a bedroom) and opened it to the garden, and solved the passageway problem by creating a more centrally located entry hall.

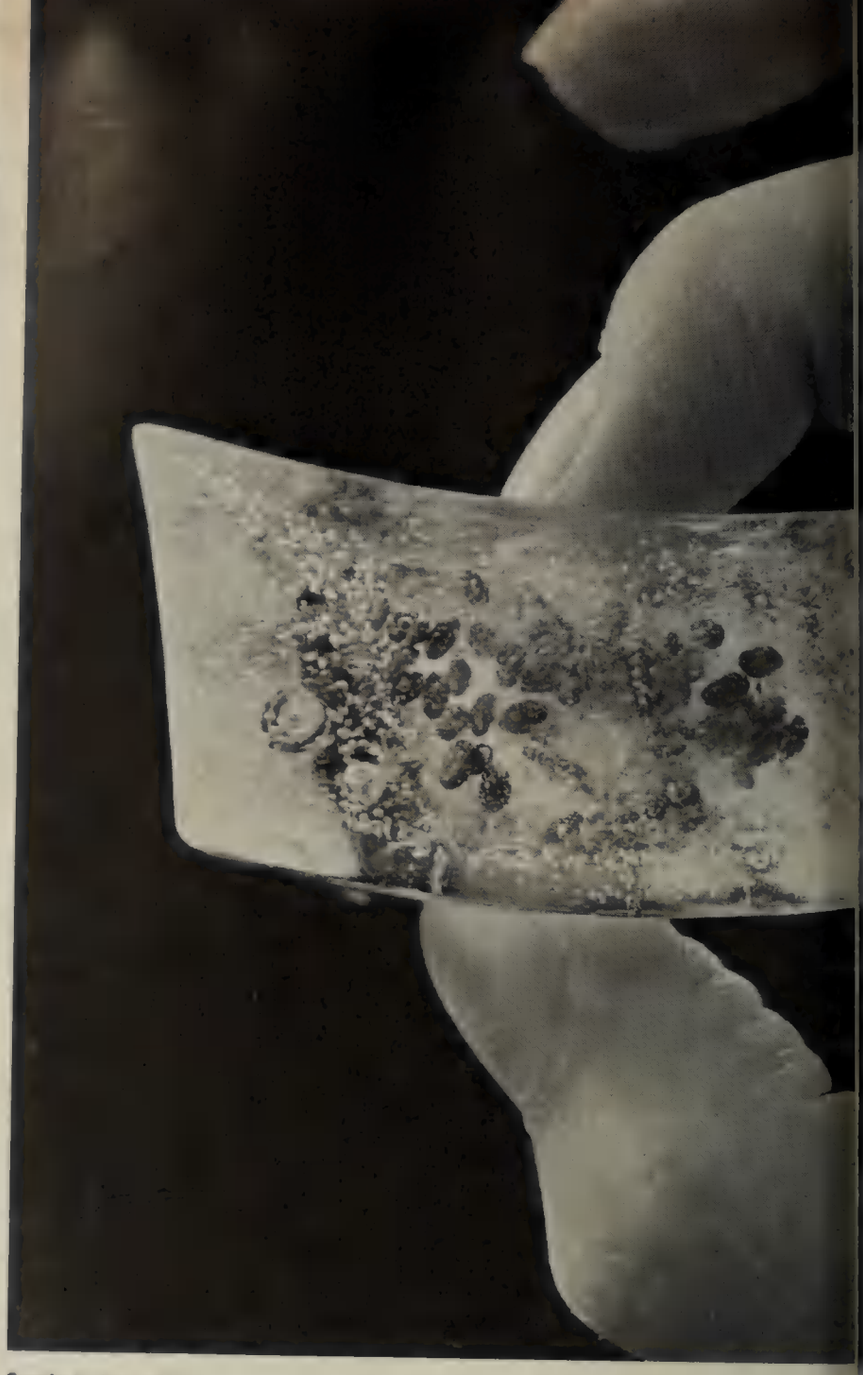
Other additions and alterations include a family room with access to the back garden, an updated kitchen, a second-level studio, and front and back decks for outdoor living.

Architects for this remodeling were Travers/Johnston for Mr. and Mrs. Henry Schwager of Portland.

view now. *Wood siding ties house, retaining walls, steps together. Note how steps bring you up to door in easy stages*

Plastic sandwich box

Sow fine begonia seeds on chopped, soaked, and squeezed-out sphagnum moss; mix the seeds with fine sand to sow. Then cover box with lid



Seeds in ice cubes

Perennial phlox seeds—like many other hard-shelled seeds—profit from a month's freezing before planting. If the seeds freeze on top of cube, add water to cover, refreeze

You can start gardening in February if you move into the kitchen

French chef's knife
A sharp knife and a chopping board make efficient setup for chopping sphagnum moss. This moss has many uses in plant growing; seed starting (left, opposite page) and air layering (page 85) are shown here

Pressure cooker
Cooker can be used to sterilize potting soil, destroy fungus and insects. Level the soil in foil pans; stack on rack above water. Steam about 15 minutes at 10 pounds pressure. Then turn off heat; remove soil, let cool

If you have an overpowering urge to get on with spring planting but find the weather unfavorable, why not open the gardening season in your kitchen? It has water and easily cleaned work surfaces (as any good garden work center should); it also has heat, light, and a number of utensils and supply items that are useful, if unconventional, garden aids.

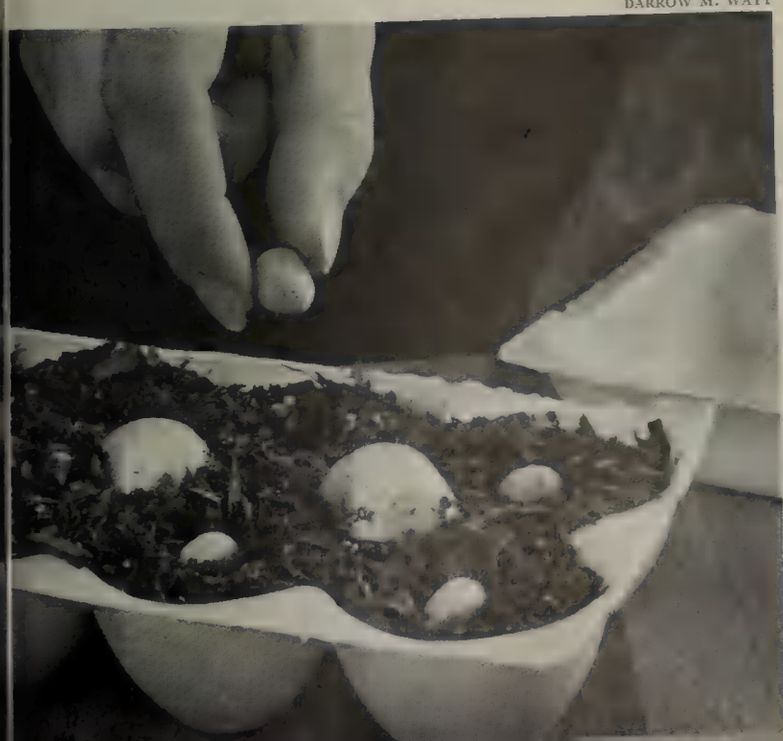
The photographs here and on the next two pages show some of the ways you might use kitchen appliances and supplies for an occasional gardening session. They do not exhaust the possibilities by any means; once you get the habit you will find all kinds of garden projects that begin logically in the kitchen. (If the cook objects to leaves in the sink or pots of earth in the refrigerator, you might remind her that she uses these appliances regularly to store and prepare dead animals and birds.)

Here are a few additional ideas, not pictured, for kitchen-based garden projects:

Set house plants in the kitchen sink for an occasional shampoo and grooming. Wash the leaves (a spray hose helps), remove dead or yellowed leaves, and let the pot soak in deep water until bubbles stop rising from the soil ball. Then empty the sink and let the pot drain thoroughly. This leaching will remove accumulated salts from the soil.

The kitchen sink is also a good place to clean seeds for storage or sowing. Seeds free of husks, chaff, or fleshy portions of fruits are less likely to mold or spoil than uncleaned seeds. Clean seeds in pulpy fruits by pressing against sieve or colander with the back of a spoon; pulp will pass through, leaving seeds behind. You

DARROW M. WATT



Plastic foam egg carton
To use carton as seed flat, pierce bottoms of compartments for drainage, fill with mix, sow seeds. These seeds are Surinam cherry; big white bumps are part of carton

Foil cooking pans

MIKE TILDI

Foil loaf pans make seed boxes that can be used over and over. Pierce bottoms of pans for drainage. Ridged broiler pan catches drips, keeps pan bottoms dry

can run hard seeds (holly, dogwood, hawthorn) through a food mill without damage. Either way, frequent rinsing in cold water will help clear away pulp.

Seeds with dry, chaffy husks can be cleaned by rubbing seed heads briskly between the hands, then sifting out fine seeds through a kitchen strainer.

Next year, condition bulbs for better bloom in warm-winter climates. Buy daffodil, hyacinth, and tulip bulbs early while selections are good, then store them in the vegetable crisper for six to eight weeks before planting in late fall or early winter.

Mix hard-shelled tree and shrub seeds with damp sand or peat moss and store them in the refrigerator over winter (this process is called stratification). Seeds will germinate faster and more evenly when you sow them in the spring.

Some enthusiastic gardeners keep an old refrigerator in the garage just for garden use—and find it's handy to hold watermelons and extra hot-weather beverages.

Put house plants in plastic food storage bags if you are going away and won't b able to water them for a week or so. Wa ter the plant well, let it drain, then pu

DARROW M. WA

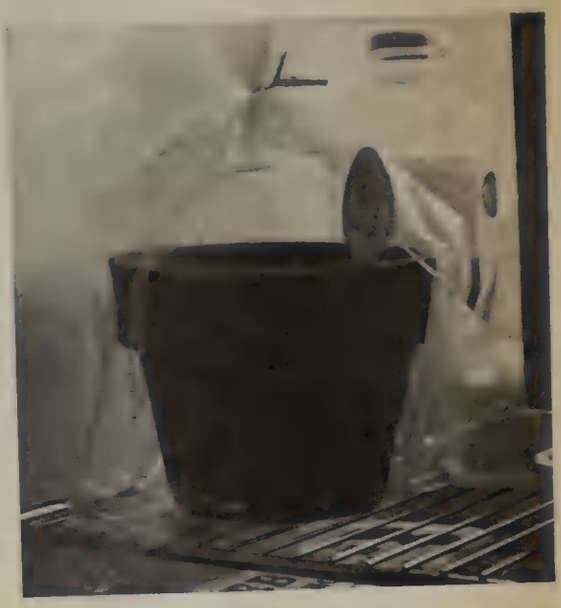
Plastic foam drinking cups

To convert these to pots for seedlings (right) or cuttings, poke drain holes with hot knife tip; holes in sides drain more freely than holes in bottom

DARROW M. WATT

c sandwich wrap bag
r-layer overgrown house plant, notched stem with sphagnum ; cover moss with bag, tie

Waxed paper cup
Large waxed paper cup acts as a small greenhouse to maintain humidity around young grafted Japanese maple tree



Plastic food bag
Primrose seeds sown, wrapped in bag, refrigerated to simulate winter. Plastic spoon label

ot and all) in a bag, twist top of bag, seal. Keep the plant in subdued light e it is wrapped up.

se plastic bags are priceless assistants he plant collector. They will prevent l pods and fruits you gather from ning into sticky mush in your pockets. p gift seedlings and cuttings safe from ing in such bags until you can get n planted. Carry a supply of bags h you on trips for holding small pot- plants you may acquire; tying these in bags will make it unnecessary to ck watering every day.

The cook's modern foil and plastic helpers are good for gardeners

Plastic food wrap bag
Bag holds fuchsia cuttings in damp rooting mix; once top is sealed, bag need not be opened until cuttings start to grow. Berry basket makes stable base for whole

Fresh fruit from the tropics and from below the equator

In Western markets this month, an early look at surprises coming . . . many by air . . . in the 1970's

Surprising things can be found in Western food markets this month: Cherries and apricots from New Zealand. Grapes and nectarines from Chile. Okra from Guatemala.

It's all indicative of trends in produce marketing that promise more adventuresome fruit and vegetable shopping in the 1970's. What is making this possible? The lively "let's give it a try" mind of the Western food shopper, the increased use of foreign growing fields, and jet air freight.

The changes may seem to come slowly; this revolution in produce marketing is not all that visible in any one year. But the net effect across a span of years can be dramatic.

The 1960's saw—along with many other new developments—an unexpected rise in air shipments of papaya from Hawaii and the emergence of New Zealand as a fruit supplier.

What will the 1970's bring? No one can say for sure. But you can probably spot some interesting indicators in markets this month when the West's own fresh produce season is at low ebb.

PAPAYA—NOW A BEST-SELLER

Remember when papaya was an exotic fruit, seldom available in local markets? Now it's a common food in the West, available the year around. Significantly, east of the Rockies it's still considered a specialty item—"for the gourmet trade," as an airline freight specialist said.

In recent decades a limited supply of papayas was brought in by steamer for restaurants and the occasional market promotion. The fruit had to be picked immature; quality was uneven and wastage high.

In the 1950's, with more travelers sampling the fruit in Hawaii, demand increased. Air shipment came into use: Cost was higher, but quality was better, shrinkage and spoilage less.

In 1960 Alpha Beta Markets in Los Angeles, then a chain of 48 stores, had a highly successful promotion of air-freighted papayas. Other chains picked up the idea. Growers and the state of Hawaii cooperated and arranged in-store demonstrations. Recipes for papayas appeared in magazines and newspapers (*Sunset* published a dozen from 1960 through 1963 alone, and gave papaya a major feature story in 1964).

About this time the air rate dropped, and airlines began ferrying papaya in quantity from Hawaii to Los Angeles and San Francisco, and later to other major mainland centers. Volume merchandising has held the retail price range at 39 to 59 cents per papaya—little different than the cost 10 years ago.

Last year more than *8 million pounds* of papaya came by air to the mainland—a full 90 per cent of it destined for consumers in the Western states.

BY AIR, FROM ANYWHERE

Airlines are now bringing in shipments of produce from c tries around the world: We get endive from Belgium, gr from Chile, mangoes from Haiti, plums from Chile, okra f Panama and Guatemala, many fruits from New Zealand.

And some produce comes West by air from elsewhere in United States: for example, limestone lettuce from Kentu mushrooms from Pennsylvania.

Chile could well become a sizable supplier of grapes, nectari peaches, and plums. Chile's growing conditions are simila those of the West's agricultural valleys, but the seasons reversed. To date a small amount has come to us by air, n by ship.

Last year California seeds were distributed to selected farm in Central America and the Caribbean—places where the c match our needs but now are undersized or otherwise unsu to Western supermarket selling, and places that produce a l specialty crop for which a demand exists (or can be develop in this country.

Last year, too, the University of California helped spons

Two years ago *you couldn't buy fresh cherries in the winter here; now a few stores carry jet-freighted New Zealand imports—very tasty, quite expensive*

GLENN CHRISTIAN

MICHAEL TILDEN

ay nights *at San Francisco airport (above), thrice weekly at Los Angeles, jet ers roar in from Hawaii. Quickly the ground crews unload the cargo of papayas, ple, perhaps other fruit from the Pacific; by dawn it's at produce terminals*

ence of growers, bankers, and marketers in Guatemala o lay the foundation for future exports.

ig attractions, of course, are the low costs of growing n crops in these countries, and their long season.

: A BIG INCREASE FROM NEW ZEALAND?

the 1960's, few people would have expected New Zealand a supplier of any produce to the West: Distances were sea shipments slow, and air rates high. Then trial ship- s of kiwi fruit sold well, and that triggered some imagina- ction.

68 New Zealand made the first significant shipment of six fruits: peaches, apricots, strawberries, cherries, plums, nectarines (in order of decreasing volume). Most went to urants and hotels, but some ended up in our markets at a when they contained virtually no fresh local fruit.

retail prices were high—more than $1 per pound for nes, $1 a box for strawberries (air freight cost 30 to 33 per pound). But quality was good; "exceptionally deli- ." was the typical comment on the peaches and apricots.

968 several New Zealand growers and shippers came to the ern gateway cities to arrange for more effective handling eir goods, utilizing new container techniques. The airlines lved in this run—Air New Zealand, Pan American, Qantas, now American—expect increased shipments in 1970 and wing years.

IS IT CARRIED?

h of the produce that reaches us by air comes routinely ed in the freight compartments of passenger airplanes. e comes by air to Eastern and Gulf of Mexico centers, then sfers to truck or train for the trip west.

date, the major produce freight runs to the Western states e from Hawaii. Here the trend is to use molded plastic tainers about 7½ feet deep, shaped to fit snugly into the air- e fuselage (13 fit into the long hollow of a Boeing 707, for nple). The packing and unpacking is now done at the air- 's freight terminal. In the future, say airline spokesmen, the king may be done right at the growers' sheds and the con- er will then be loaded, flown, unloaded, and trucked to a ermarket warehouse without interim unpacking.

freight allows crops to be picked near their natural ripe- s for speedy delivery to store counters. Loss through spoil- is greatly reduced. Shippers and wholesalers don't have ney tied up for long periods. And shoppers get—or certainly uld get—produce of dependably good quality.

THE AIR GIANTS

People in the air freight business are excited about the extraordinary freight capacities of the new generation of superjets going into service this year and next. The freight version of the Boeing 747, for example, will carry 120 tons. It's unlikely these cargoliners will be used for produce shipments—too seasonal and specialized to merit first call.

But even the passenger versions of these giant airplanes can carry an astounding amount of cargo: 20 tons, or half that of an all-cargo 707. Western shoppers will notice the impact of this added freight capacity in the even-greater availability of produce from Hawaii, since several 747's will soon start on the Honolulu-San Francisco and Honolulu-Los Angeles runs.

Looking ahead a few years, the wider use of the air giants will free other airplanes for cargo duty.

HOW SOON A MAJOR CHANGE?

Right now, the biggest obstacles to increased air-freighting of produce to Western markets are high costs and lack of cargo space at the right place and time. Meanwhile, partly because of the demands of the war in Vietnam on aircraft, produce routes that might prove advantageous to all concerned—grower, shipper, merchandiser, consumer—go untapped.

Air rates will likely go up, but land and sea shipping costs are rising faster, and the long view favors air. Pineapple, once wholly brought in by ship, is becoming a major air traveler, with flights of field-ripened fruit to Western gateway cities.

Other factors are at work. Controlled atmosphere storage, widely used in the West only in the past decade, is being used to prolong the availability of "fresh" apples well beyond their normal refrigerated life. The cost: about 30 per cent higher than regular refrigeration apples. Some produce brokers are importing grapes and peaches by sea from South America in controlled atmosphere vans.

Western growers, alert to shopping trends, can move quickly once the demand for some fruit or vegetable warrants it. Kiwi fruit is one example. Two years ago the demand for this New Zealand import soared. Several hundred acres—likely the precursors of thousands to come—were planted in California in 1969. Of course, the season here is opposite New Zealand's; but the kiwi stores well, and in a short time Californian fruit could well supply most of America's needs (see *To our West Coast from New Zealand*, on page 56 of last month's *Sunset*).

Mexico has been trucking much more fruit (cantaloupes and honeydews especially) and vegetables to the West recently, and is now a major supplier of our foodstuffs. It's interesting

From around the world *to Western tables: Dots show major regions supp us with tropical specialties, "out-of-season" fruit, basic foodstuffs*

that cherry tomatoes, imported in quantity from Mexico during a tomato shortage here in 1965, have become very popular for salads, in restaurants and in homes.

THE YEAR-AROUND PRODUCE STAND

A surprising number of fresh fruits and vegetables are now available the year around or close to it.

With apples, the natural Western season is September through January. Refrigeration adds two months or so to this. With controlled atmosphere storage, the season extends at least to June. And in May, June, and July Granny Smith apples from New Zealand and Tasmania fill the last remaining gap.

Strawberries from Western fields used to be available for s months; adding earlier and later varieties and Mexican b expanded this to nine and then eleven months; the seas now virtually year-round.

You'll see fewer early-season price surges and in-season fluctuations as year-round distribution takes effect. This year a large food chain started early peaches at 29 cer pound instead of the 49 cents or so of previous years.

As the price differential is eased, we can expect early-se fruit to be of better quality—since too often in the past gro have rushed early crops to the market to take advantage o high premium shoppers will pay for the first harvest.

Import favorites and specialties—and where each comes from

Imports aren't always marked as such. As you shop for produce, you usually can't tell where it was grown.

For about two dozen commodities, here's the typical pattern. The time spans given refer to market availability in major Western centers: toward the end of any such span, the fruit or vegetable is usually from refrigerated storage.

Apricots. May to August from Western orchards. Some imports from Chile by boat in winter; some from New Zealand by air, December through February.

Berries. June or July to October for blueberries, raspberries, mostly from Northwest; June and July for boysenberries. Almost year-round availability of Western strawberries; some also from Mexico and Florida, January to April; "carriage-trade" berries by air from Australia, New Zealand, late October through February.

Cherries. June to August from Western orchards. Some imports in winter from New Zealand, Argentina, Chile.

Citrus. Virtually year-round availability from California, Mexico, Florida, Texas. Christmas 1968 saw first imports of Japanese tangerines since before World War II; they reached the Northwest, not allowed into California. Occasionally: Jaffa oranges from Israel.

Grapes. Some from Mexico in May, then June through spring from Western vineyards. Some grapes from Chile in refrigerated vans, February to April.

Guava. Pineapple guava from California in September; lemon guava (soft-skinned) from Florida by truck in June.

Mangoes. Common crop in Hawaii, but not shipped to mainland (bugs in seed). From Haiti by boat, airplane, and truck January to July; Mexico, spring and summer; Florida, June to September.

Melons. Long season of California melons extended to near year-round by imports from Mexico. Some honeydews from Chile by boat; much cantaloupe, watermelon from Mexico. Some melons from Spain.

Nectarines. June to October from Western orchards. Some imports by sea, air from Chile; also New Zealand, same season.

Papayas. Year-round crop in Hawaii; air-freighted to mainland. A little from Central America (rose variety); melon papaya from Mexico.

Pineapples. Year-round crop in Hawaii. Most shipped to mainland by sea; increasingly, some by air. Also some by truck from Mexico.

Plantain (cooking banana). Spotty availability by truck from Mexico; some from Guatemala, Costa Rica, Nicaragua.

Plums. June to October from Western orchards. Some from Mexico, Chile, Argentina, New Zealand (December to March).

VEGETABLES

Belgian endive. Almost all imported from Belgium by air; spottily available in markets, October to June.

Cucumber. Year-round availability—f Western fields, abetted by imports f Mexico, Texas, the Carolinas.

Ginger. From Hawaii, Fiji, Puerto R throughout the year.

Green peppers. Nearly year-round in C fornia. Mostly from Mexico in win occasional imports from Florida, the C olinas, Texas.

Mushrooms. Year-round from West mushroom farms; some imports f Pennsylvania, fall through spring.

Okra. Traditional food in Caribbean Central America; moving toward y round distribution in West, with imp from Mexico by truck, Guatemala Panama by air, mainly in winter.

Squash. Nearly year-round. Heavy ports of banana squash from Mexico acorn (Danish) squash from Florida.

Tomatoes. Nearly year-round availabil from Western fields, supplemented by ports from Mexico, December throu spring; some from Florida, shipped gr and ripened on coast. Possibly imp from Central America in 1971.

Tropical roots. Jicama from Mexico. C sava, yautia: full plane loads and so boat shipments from Central America East Coast and Gulf Coast termin mixed cargo by truck or airplane to t Western states. Small but growing mand for taro root, dasheen by boat a air from Hawaii, Samoa, Fiji Islands making fresh *poi*.

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The Changing Western Home

No room for a stall shower?

When this Seattle house was remodeled, a particularly simple and imaginative tub-shower combination went into the bathroom.

Architect James A. Jennings, owner of the house, built up a wall at the open end of the tub for the shower plumbing. He then bridged across the top with 2 by 4 lumber, leaving a space at the forward edge for the shower curtain. The shower ceiling matches a similar bridge over the basins. The effect is less that of a tub-shower combination than of an elegant wood-and-tile stall shower.

Will California's new law mean more choice in "prefab" houses?

According to reports, other states may soon copy the new California Factory-built Housing Law, enacted in November, 1969. It gives a state department the right to inspect factory-built houses where they're made, and grant approvals that must be accepted by all the myriad local building authorities in the state.

(Previously, each unit had to be inspected and approved by the local jurisdiction—a time consuming and sometimes expensive procedure.)

As one result of the new law, Californians may soon find it easier to buy a prefabricated house—perhaps for a vacation site. Local authorities still have the final say on zoning and general esthetic suitability. Before proceeding with the purchase of a factory-built house, be sure to check with your city or county building inspector.

Tall books find a home

Tall books usually finish on their sides in a pile that may include a few magazines and a newspaper. The one you want is always at the bottom of a huge pile.

The Robert E. Hinterfelds of Brentwood, California, have solved that problem two ways in the same bookwall. The exposed beams of the ceiling were used as spacers for narrow, tall shelves that hold big books upright.

In addition to this, a few of the wider shelves are only a few inches high, so that books on their sides are never buried too deep. Architects for the bookwall were Jones and Emmons.

RICHARD FISH

DON NORMARK

To camouflage the coatrack

Just inside the front door of the James Jennings' house in Seattle is a screen of vertical 2 by 4's with 1 by 2 spacers. Alternate spacers protrude a few inches both for decoration and to form coat pegs. The pegs are convenient for guests, and become a part of the overall wall pattern when no coats are hanging.

"One-piece" ceiling with tiles

Ceiling tiles generally have beveled edges, so that a one-piece effect is impossible to obtain. Three new tiles now being sold are patterned and have no edge bevel, so that the completed ceiling looks like a single unit.

Two of the tiles are acoustical and are patterned to look like cork or homespun linen. The third tile is similar in pattern to carpeting.

The tiles can be cemented or stapled in place and sell for from 29 to 33 cents a square foot at builder's supply stores.

A note for the future

At least one electronics firm is working on a heating device that sounds like science fiction, and has a model now in operation:

Small enough to fit in under a kitchen sink, it both heats the house and supplies hot water. It operates on natural gas so efficiently that it cuts down on fuel bills. There are already plans for selling the unit in Great Britain, but it will probably not come to this country for a year. When it does, it should be ideal for second-home owners who are pressed for space but want to use their houses in cold weather.

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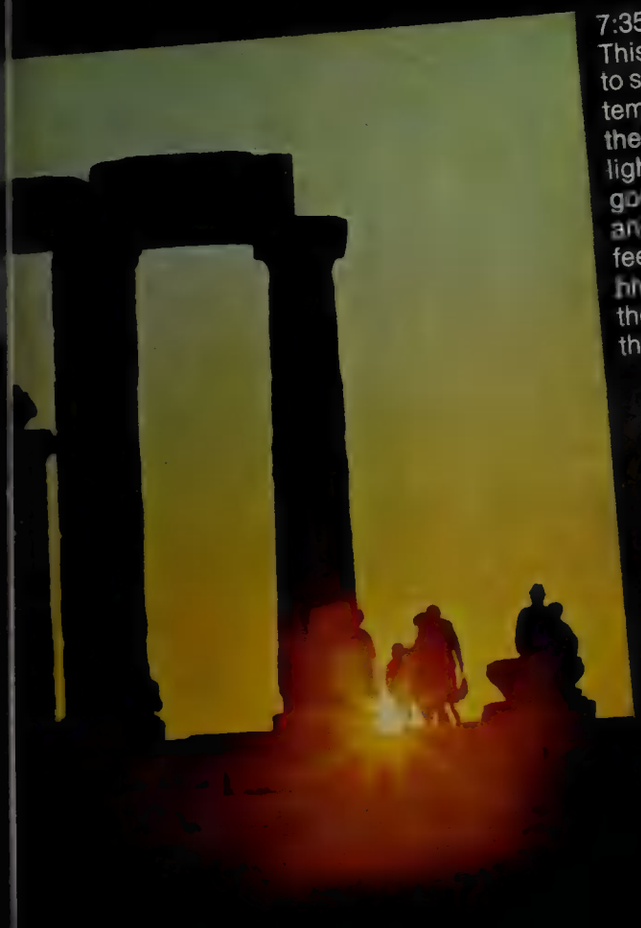
GREECE THIS IS THE MOMENT



7:35 a.m.
This is the moment to see ancient temples glowing in the warm morning light. To dream of gods and heroes and history. To feel the past breathe again in the clear air of the present.

1:10 p.m.
This is the moment to lunch under a shady olive tree. To relish fresh baked crusty bread. Mouth-watering Greek olives and hors d'oeuvres. And sip a deliciously dry white wine.

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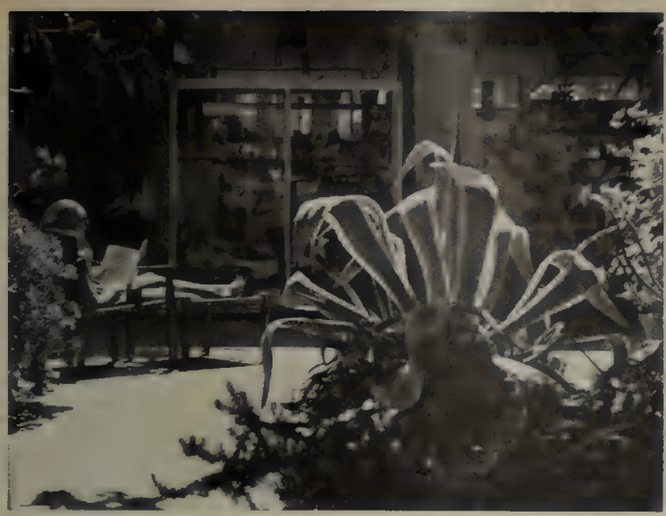

Variegated century plant *becomes living sculpture in the entrance atrium of the Matt Kahn home, Stanford, Calif.*

Whimsical patterns *in glazed ceramic tiles add textured interest along garden pathway. Tile designs by Stan Bitters*

DARROW M. WATT

Favorite beach stones *and folk relics from foreign travel are collected and displayed in woven basket on this garden table*

A walk in an artist's garden

When an artist is let loose in his garden, all sorts of interesting things can happen. One of designer Matt Kahn's talents is the artful gathering together of usual and not-so-usual objects in eye-catching combinations. The result is a personal, surprise-packed garden.

1906 Earthquake rubble *adds a taste of the past, creates base for Dudleya brittonii, the whitish plant. Jade plant forms background*

Through the hole in the floor . . . a two-story-high family studio

Not all artists want their studios isolated from the rest of the house. In their Woodside, California, home, Dr. and Mrs. George H. Hogle have both living and dining rooms open to the studio below; all share the same high window wall to the garden and view.

The studio is used primarily by Mrs. Hogle, but the entire family is involved with craft projects—painting, sculpture, ceramics, weaving. One or several can work in the studio spaces and still be a part of the living area activity. The designer was John Matthias.

Besides the obvious advantage this kind of arrangement has for separating the craft projects and providing lots of storage space, the studio is ideal for entertaining. With the floor cleared it's fine for dancing, and since sliding glass doors open it to the garden, everyone can be contained at the lower level.

Recently the Hogles used the studio for a large party much like *The nothing-to-it big party* in the April 1969 *Sunset*—based on setting up several food stations and letting guests walk from station to station to get what they wanted. The room's informal size and shape helped make the party a great success.

Messier *craft projects are kept away from the areas that can be seen from above. Bed at bottom is an art prop (see painting)*

GLENN CHRISTIANSEN

From the library-dining *area, you're looking across corner of the studio opening to the living room and beyond to a covered deck*

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Wood baffles *block the morning sun from the side; louvered screening controls the low winter sun. The architect was Arthur T. Brown*

NEIL KOPPES

Bamboo transforms *bedroom gallery into a garden walk. Vigorously growing shoots that have reached the ceiling will be cut back*

This bamboo row grows indoors

One of the pleasant surprises in the William Wraith, Jr. home in Tucson is the indoor bamboo grove planted the full length of a glass-walled gallery in the bedroom wing. It's obviously happy in this environment: new shoots now touch the sloping ceiling here and there. And we didn't notice any insects such as aphids that often plague bamboo in outdoor garden situations.

The wall of patterned glass panels behind the bamboo diffuses the natural light, spreading it evenly throughout the gallery and making a dramatic background for the leaves and slender shoots. The glass also gives privacy from the street. Outside louvered aluminum screens shade it from the low, but often hot, winter sun and provide additional privacy from the street and parking area.

Although bamboo isn't usually recommended for year-round indoor growing, these plants have been thriving here for 5 years. This is golden bamboo *(Phyllostachys aurea)*, a running type that eventually grows out to fill a planter with shoots. If the plants can be confined (as here), there's no problem. But in areas where you don't want bamboo to take over, pick one of the clumping types.

If sucking insects such as aphids or thrips become a problem, spray with pyrethrins, malathion, or dibrom. If water won't damage the surrounding area, it's a good idea to wash off the leaves with a fine water spray or mist.

Bamboo goes through a shedding period when it drops old leaves for several weeks. To keep the litter at a minimum, tap the shoots every few days to knock off the dead leaves so you can dispose of them in large batches.

For less groping and rummaging

special conveniences were added to ir master bedroom - bath - dressing m by the Maurice Englemans of Lake vego, Oregon. The drawers pictured ow ended frustrations of rummaging und for pills and cosmetics; the elec- shoe buffer glides out on a shelf for y grooming.

le or no information is printed on tops of pill and cosmetic containers. if you store them in drawers (don't, if re are small children), arranging them n angle enables you to read the labels. this case a steplike plywood arrange- it was made to fit the existing drawer.

contrast, lipsticks and some tube- ked face cosmetics have the identi- g shade on the bottom of the tube. the Englemans made a lipstick holder drilling holes into a block of wood. hallow drawer can be pulled over the der.

DON NORMARK

els on cosmetics and prescriptions are y to read when they're stored this way

e buffer, plugged into wall and set on liding shelf, pulls out when needed

This is what a Waste King dishwasher does. In one load.

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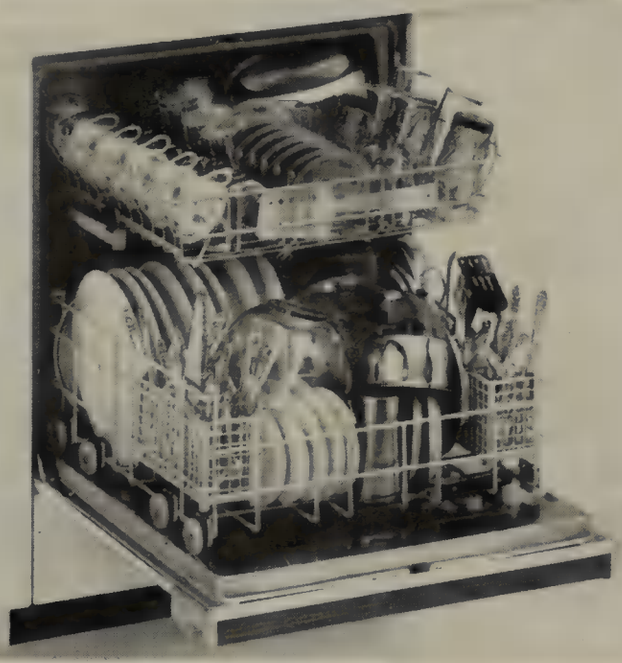

Good Housekeeping GUARANTEES
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The successful face lift

Here are three case histories

Here and on the following two pages we show three face-liftin remodels. Although two of them also gained some interic space, the major objective in each case was to make the hous better looking from the street, hiding or erasing objectionabl lines and giving a sense of more current architecture. Th entries were made more inviting by the addition of wide step plants, and trellises, or the creating of an entry hall.

RICHARD FIS

House lines *were simplified. New bronze-tinted windows have screened glass jalousies set vertically along bottom for ventilatio*

1 · A new front . . . plus a new entry and carport

Squaring off the front, adding an entry and carport, replacing the siding, and tying it all together with a new fascia treatment took 20 years off the apparent age of this house in the Point Loma area of San Diego.

It had no entry; you stepped directly into the living room from a small porch. So a new entry was made at the side of the house where it could be protected by the carport roof. A fireplace now occupies the area of the old front door and porch. The architect was Paul W. McKim for Mr. and Mrs. Donald C. Johnson.

Before. *House had covered porch, but no entry hall or fireplac*

2 · New entry, new wrap-around deck

GLENN CHRISTIANSEN

oof raised *to consolidate existing rooflines, vents hidden by built-up fascia. Redwood plywood siding also used on retaining walls*

JAMES CASELLA

efore. *From street, most important feature seemed to be garage*

The owners of this house in Belmont, California, bought the house for its view, not its design. They wanted a circular rather than a straight drive into the garage; a more generous and inviting entry with easier access; a larger, lighter entry hall.

The remodel eliminated the major objections and gave them some bonuses: a sliding glass door opening onto a covered patio off the master bedroom (planting will eventually screen it from the street), and a deck over the garage that wraps around the side of the house, where it widens to become an eating deck off the kitchen. The kitchen was completely remodeled, and gained 18 inches in width when one wall was moved forward.

Design was by James Casella for Mr. and Mrs. John Pepin. Landscaping was by Jack Christiansen.

Before. *Austere, half-hidden entranceway*

Lofty lath monitor *dramatizes, shades new entry. Note runner of indoor-outdoor carpe*

FACE LIFTS

3 · Lath now shades the entry . . . a new beam trellis pulls things together

RICHARD FISH

Beam trellis *reaches from garage (left) to entry. Plants in boxes soften wall at right*

This house in Los Angeles needed a bett defined entry and simpler, more unifie lines. The projecting garage and hou nearly hid the old entryway.

The unifying feature that now links th garage wing to the rest of the house is prominent beam trellis. It also serves t direct you to the entry.

The entryway itself was completely re designed. A floor-level deck that extend forward 10½ feet from the front door re places an inadequate concrete stoop (se photograph at left above). Steps at th end of the deck are in line with the fron wall of the house and are now visibl from the drive.

Overhead, a high lath monitor gives verti cal scale to the space and some shade fo a collection of container plants on th deck. Wood grilles cover the projectin walls on either side of the deck. The repeat the design of the overhead lat and also provide some privacy for th windows that face the entry area.

The architect was Bodrell Joer'dan Smit for Victor Netterville and Martin Rochlin

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Crane

Wednesday

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Thanks for taking Julie the other day. I'll gladly return the favor when she's out of quarantine, but right now I don't think you'd want Dougie to be around her. She's got measles, the only one

Crane...
when words alone are not enough

Crane Kid Finish white notes with hand-brushed light blue borders and engraved monogram – as always on 100% rag paper.

Entry garden behind a wall

Where building codes permit, you can often create a private entry garden by building a fence or wall across the front of the house. Landscape architects Armstrong & Sharfman designed this lush entry in Beverly Hills, California.

New brick wall *joining wings of the house was built on the property setback line*

RICHARD FISH

Entry court *thus created is like a conservatory. Note the open beam work above*

HEAR

THE QUIET

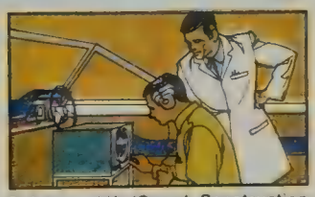
While everyone else is making noise about performance, Glasspar whispers. Because performance is to see and feel but not to hear.

Like the Chrysler Bad-Weather Defiant, Challenges and conquers the open water while she absorbs much of the impact of the pounding waves.

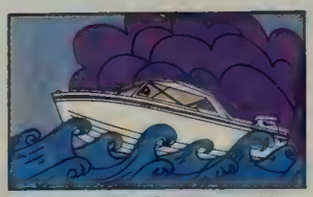
Under the modified Vee hull design is Life/Guard Construction*. That's what makes Glasspar a safer, quieter, smoother riding fibreglass runabout.

Before you buy any boat, see Glasspar '70. She's quiet but beautiful.

Safer — Life/Guard Construction features a unique foam collar in Glasspar's hull, combined with a "bilge tunnel" to make Glasspar virtually noncapsizeable.



Quieter — Life/Guard Construction reduces engine and water noise. Tests performed in a Glasspar indicate that she is quieter than other fibreglass runabouts.



Stronger — Life/Guard combines layers of fibreglass, foam and additional layers of fibreglass. It makes Glasspar safer, stronger, quieter than conventional hulls.

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Glasspar

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John loves

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DON NORMARK

Full-length mirror, *bench, good lighting, carpeting turn closet into dressing room*

Extra use for closet space

Here are two ideas for good use of closet space. In the Portland home of Dr. and Mrs. Ray Friedman, architects Fletcher & Finch assigned built-in bureaus to the space under clothing rods in a walk-in closet. Charles L. Dick of Issaquah, Washington, adapted a wall closet for handy shoe storage in his George Hartman - designed house.

Easily accessible, *shoes rest on metal rods in closet between bath and dressing area*

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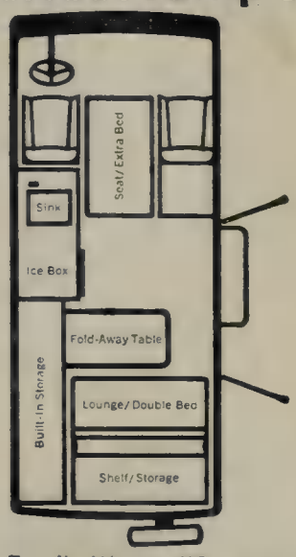

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DARROW M. WATT

Liquid images *cast on a hanging screen by a home projector fascinate this child*

Alison has her own light show

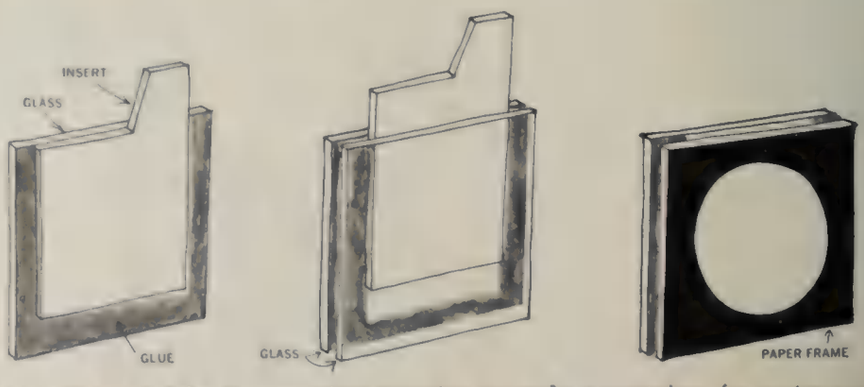
Brilliant colors and undulating forms flood the world of 18-month-old Alison Judah. Her father, designer Nelson Van Judah of Portola Valley, California, says, "Children are never too young to be turned on to a sophisticated variety of visual imagery."

Mr. Judah arranged the light show for Alison by inserting a water-filled glass container into his slide projector to bombard liquid images onto the hanging screen. A top-loading projector that takes a circular tray is best for this purpose, but you can also use any projector that allows you to insert the container manually in front of the light source.

The container is filled with water. Various coloring agents are dropped slowly into the liquid to create the images.

MAKING THE CONTAINER

You'll need two pieces of 2 by 2-inch cover glass, sold at camera stores, and a



Glue two pieces *of 2 by 2 cover glass together to make a container for water and inks*

piece of heavy cardboard to hold the two pieces of glass apart while the glue dries.

Cut the cardboard about 1½ by 1¾ inches with a tab on one end (see sketch at lower left). Center the cardboard on one piece of glass and apply silicone sealer to the two sides and the bottom, making sure none touches the cardboard. (This waterproof glue is available at hardware stores.) Place the second piece of glass over the first piece, and squeeze lightly together. Allow the glue to set up (this takes about an hour), then use the tab to pull out the cardboard.

To make sure the seal is complete, fill the container with water; add more glue around the edges if necessary. Then let the glue harden 24 hours.

For the circular frame, cut a circle from a 2-inch-square piece of opaque paper; glue the paper securely to one side of the glass container, using white glue.

PRESENTING THE LIGHT SHOW

Fill the glass container close to the top with water. Tap it gently to clear out any air bubbles, which otherwise show on the screen as black dots. Then place the container in the projector and begin experimenting with the effects possible.

Using a medicine dropper, add food coloring or drawing inks slowly to the liquid. Choose colors close to each other on the spectrum to achieve the best effect. Rinse the dropper in a glass of clean water when changing colors.

Play with the focusing mechanism to make a variety of sharp and fuzzy images.

Music playing in the background contributes another dimension to the show. By listening to the rhythm beforehand, you can drop the liquid and change colors to coincide with a change in mood, and program other light show effects.

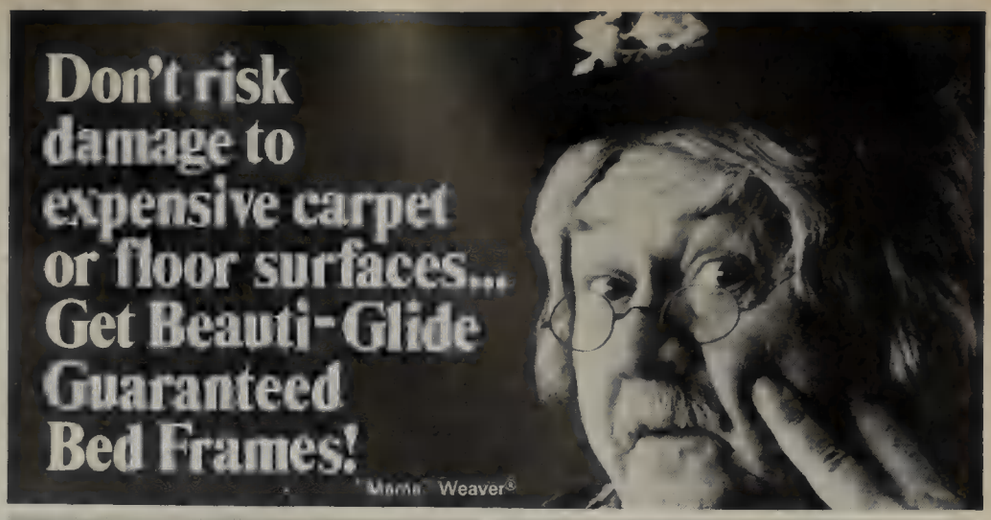
For the quiet time before bedtime, select gentle music and inject the liquids very slowly. The slight heat of the projector keeps the shapes moving to soothe a child toward sleep.

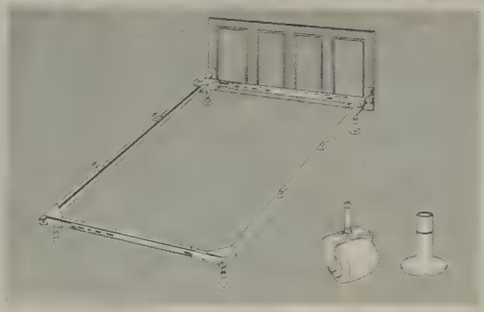
The screen pictured here is made of a shower liner curtain—translucent with a slightly textured pattern. It is stretched and stapled over a 3-foot-square wood frame. Instead, you could project the images directly on a white wall or ceiling.

FOR ADULT PARTIES TOO

There's no need to limit the light show to children; adults like it too. Choose folk rock or other lively music to accompany the images. Listen to the tape or recording first, so that you can add explosions of color to match a crescendo. Play the music at a high volume and you will envelop your audience with both sound and visual imagery.

For a party you could hang a white sheet from the trees on your entryway or patio; the designs can be viewed from either side of the screen.





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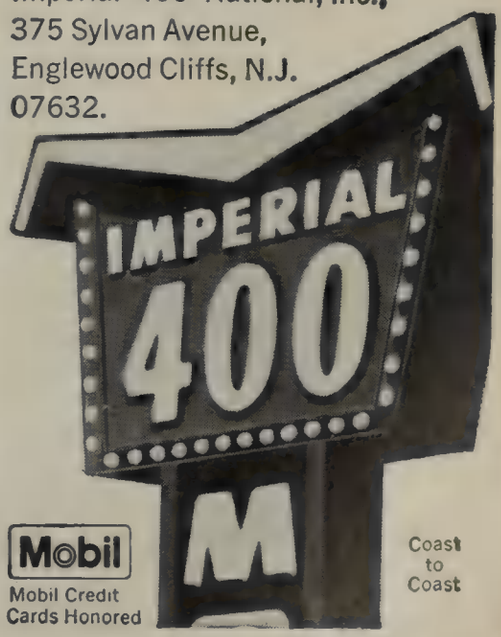

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Coast to Coast

Chin-up bar *for children fits in alcove off stairway in the home of Dr. and Mrs. Theodore Shohl, Anchorage*

DON NORMARK

Long climbing rope, *also in the Shohl house, is anchored to the ceiling*

In midwinter in Alaska . . . indoor shenanigans

Youngsters need exercise and a release for excess energy when they are cooped up indoors for days in inclement weather.

Equipment for physical activity can be very simple and inexpensive, such as the bar and the rope shown above. Or there can be barbells in a recreation room, or a punching bag in the garage (it's probably too noisy to have anywhere else).

At sporting goods stores, you'll find chinning bars to clamp in a doorway, rope ladders to hang in various ways, table tennis outfits to set up quickly (provided you have room for the table; it requires a clear floor space of at least 11 by 16 feet).

For entertainment with less exercise, both indoor horseshoes and darts are popular. Incidentally, in the game room pictured at right the framed space around and behind the dart board (for wild throws) is covered with orange and brown outdoor carpeting matching that of the floor.

Dart board *for competition and barbells for real exercise are in the recreation room of the R. W. Taylors, Bellevue, Washington*

Do something. For a change.

lp Needed

ıted: Grandmother. To help out at ecreation center for handicapped ıildren. Need the kind of person ho could brighten ■ child's life ır a few hours each week. Some- ıe who can read a story, sing a illabye, tie endless shoe laces. In eturn for your trouble you'll get othing but love.

are dance caller. About twenty eople in a certain psychiatric ard need something to take their ınds off their troubles. If you can ad square dancing—or any kind : folk dancing, you'll see a lot of miles on faces unused to smiling.

it Man. What good is a television a senior citizens' center if it oesn't work? Things go wrong, nd we need someone to set them ght every week or so. If you're andy that way, why not give a and.

WOODCRAFTSMAN

ded to help teach wood shop at ecreation center for mentally han- ıcapped children. It's not just that ıese boys need to learn carpentry. ven more, it's that they need the me and attention of a man they an look up to. All you need is a w spare hours a month. And the atience of Job.

IR BLACK CULTURES TEACHERS EEDED IN HUNTERS POINT. To ive young black people an under- tanding of their history, a new ride in their race.

with a Banjo. Or woman with a uitar. Or harmonica or hand or- an. To lead song fests in psy- ıiatric day care center.

mming Aides. To help with pre- chool swimming classes for re- ırded tots. We need one adult in e water along with every child.

¿HABLA ESPANOL?

ospital staff needs to learn panish in order to communi- ate with large segment of their atients. If you could help with e teaching, you'd be helping a octor find out whether a patient as a sharp pain or ■ dull pain. ou'd be helping a nurse to now whether a patient wants a leeping pill. After you've given couple of lessons, they'll tell ou just how you've helped.

dener. Convalescent Hospital eeds someone who can teach pa- ents how to grow things.

YOU KNOW ANYTHING ABOUT ANYTHING,

hances are someone would be lad to learn. More glad than ou can imagine. Tutors are eeded desperately, in every sec- on of the Bay Area. By people om five to 55, from Marin ity to Chinatown, from West akland to East Palo Alto to the estern Addition. You'll know ou're helping. But you'll prob- bly never know how much!

Bridge teacher. To give lessons to out-patients under psychiatric treatment. Help get their minds back in working and playing order.

Pediatrics helper. To tell stories, tend teddy bears give back rubs and tousle heads in children's ward.

BIG SISTER. To be, perhaps, the most significant woman in a motherless girl's life. Very demanding job. Must make a long-term commitment. Maybe it'll end up being for life.

HALF-WAY HOUSE NEEDS HOST OR HOSTESS.

Most people couldn't take this job. And a lot of others wouldn't. It's greeting men who've just been released from prison and orienting them to their new surroundings as they reorient themselves to the outside world. You'll see some beautiful human dramas if you're man—or woman—enough for the job.

A contagious smile. That's what you need to bring a little sunshine every week into a convalescent hospital. If you're the person we need, you'll love the work.

Business Brains. Need men in sales, marketing or management fields to counsel minority businesses. The proprietors you'll be working with have the drive, brains and adrenaline it takes. Lend them some of your business savvy and they'll make it on their own.

Health Nut. To help out in gym program for retarded children. You'll have an attentive group of youngsters who'll love the activity you provide them.

Legal Aide.

To assist lawyers providing help to the poor. Type a little, file a little, do research on the cases.

Basketball coach who can play baseball. And football too. A bunch of kids and teenagers need some help with their games. Be ■ hero once a week.

Jewelry Maker. Teach your art to someone who will really benefit from it. Day-care center needs someone to help teach all sorts of arts and crafts. With your help, some patient will have a new ring for himself or a very personal present to give somone who means something to him.

Day-tripper. Someone to help take young girls on field trips to museums, on camping trips in the mountains, on long hikes in the woods. Applicant for this job must be female. But there's also a real need for men to help with day-trips for boys.

Amateur or Professional. To work with pre-schoolers in a Haight-Ashbury nursery school.

Office worker.
To do behind-the-scenes work on cancer prevention.

Gallery-keeper. To act as host or hostess at child art museum. You'll pass out brochures, answer questions. Man the guest book, sell cards and books, and get a little younger each day.

Pepper-upper. Blood bank needs someone to greet donors, serve them hot coffee and warmly thank them for coming.

Baby-sitter. Some mothers can't afford to get out of the house even long enough to take a class once a week. They could bring the children along and leave them in the playroom if someone could baby-sit. Could you take a couple of hours a week to take care of some kids while their mothers go to class?

Artist.

To do spot jobs. Drawing for brochures, lettering signs, designing posters, whatever comes up. It's for an agency offering various services to families in need. You'll be given a free hand, so you and this agency can really help make a name for each other.

Sometime saleswoman. To work in hospital gift shop. You'll meet lots of interesting people, and hand over each day's profits to an organization dedicated to easing children's suffering.

Good cook. Share your talents. If you can teach some unwed mothers how to make a pie crust—the kind that flakes diagonally instead of horizontally—that's ■ real accomplishment. For them and for you.

Public Speaker. If you like having an audience, there are groups all over the Bay Area we'd like for you to talk to, to acquaint the public with our organization.

Pair of hands. To help patients too sick to write their own letters, and your companionship will give them something to write home about.

Knitting teacher. Give a constructive project to some teenaged girls who are wards of the court. Knowing how to knit will mean ■ lot of pleasant hours over the course of their lifetimes. And a lot of pretty sweaters. But the friendship of a person like you will mean even more.

Do You Make Mistakes in English?

There are hundreds of Chinese in San Francisco who can't speak any English at all. Which makes it pretty rough to get a decent job. You don't have to speak Cantonese to teach someone to speak English. You begin with "Hello. How are you?" and work up from there. It doesn't take much. Just get someone started. All by yourself you could change the life of a whole family.

Undiscovered talent. To act like ■ good girl Friday for theatre company. You'll have the lead role in the office and at the same time get to know show business backwards and forwards.

Sentry. Hold down the fort at the office while others are doing the footwork to save San Francisco Bay. If you can make order out of chaos, you can fill this chair, and help clean up a few things.

House Manager. To handle the headaches of some young people with emotional problems. Someone with a warm heart and cool head could put some kids who've gone astray back on the track. Maybe change an outlook or two. The more human you are the better you qualify.

Amateur Photographer/Ham. There's an appreciative audience waiting to see your travel slides. These people have missed a lot of the beautiful things because of a few personal problems. How about opening their eyes?

Teacher's Aide. When a handicapped child learns to dance they've seen a dream. Not only because it's harder for them than for other children, but because it helps them express their feelings. The ones that stay bottled up most of the time. Teaching a handicapped child to dance requires more than an instructor. If you can walk you can help these children get from the bus to class, and then they'll dance, and maybe sing too.

Recruiters.

Educational television station needs someone to help gather more member support. Call members who have not renewed, let them know their help is both needed and appreciated. You can do this job at home if you like. Your help will be both needed and appreciated.

Young man. To be an aide at veteran's hospital. Helping to lift patients, man the wheelchairs and gurneys, deliver meal trays, be a friend.

Seamstress with a flair for the dramatic. To help sew costumes for Shakespearean play to be put on by blind performers.

Quitters.

If you've quit smoking cigarettes, you know how much better you feel. If you can type and help out in our office, you can feel even better by helping others quit.

Good Driver. Latin-American artists' guild needs someone to deliver art to exhibition places, return it to studio.

Wanted: Someone who likes to type in a big way. To type reading materials for the visually handicapped. Large-letter typewriter works just like an ordinary typewriter. Except the pages go faster. This agency provides more books for the near-blind than anyone in the nation. The works you help put together will be read by thousands all over America who might otherwise not be able to read.

Volunteer Bail Bondsmen. People needed to interview prisoners. Gather information that will be considered for getting them bail.

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If you live outside the San Francisco Bay area, call your local Volunteer Bureau. They need help too. For a change.

GLENN CHRISTIANS

Neat, well lit, *and convenient. Hohwiesner workshop even has a telephone (right rear corner). All small tools are stored in cabin*

Craftsman's workshop . . . big but not expensive

It looks expensive but it's not.

For this workshop alongside the garage of his home in Kentfield, California, Fred M. Hohwiesner built all the cabinets and the workbench and assembled some of the large tools. Here he does woodworking—anything from a simple spice shelf to an elegant breakfront cabinet—and also some metalworking with lathe, drill press, and grinders. For years he has found

Foot switch *frees both hands for drill press. All parts were bought in a hardware store*

Wooden table saw *has a sawdust trap, ball-bearing arb and hinged top. Long threaded rods secure its rigid fra*

Shallow base cabinet *for lathe holds the motor and tools, also has 16 small drawers below (wood cigar boxes with extra wood fronts)*

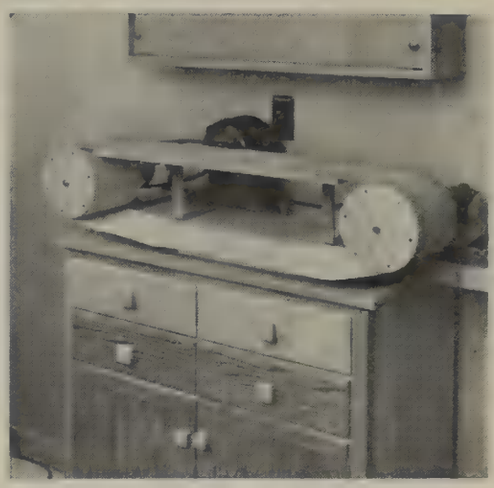
ıis a most relaxing hobby with reward-
g by-products in the many different
ings he has produced inexpensively for
s own home and for friends.

is large workshop (about 9 by 16 feet)
ıs a radiant-heated floor that not only
arms it but also keeps it dry (eliminat-
g an earlier problem with rusting tools
previous shops). The lauan plywood
alls show marks and scuffing less than
ual garage wall materials. Cabinets con-
in a large assortment of hand tools and
me portable power tools; floor space is
cupied to capacity with professional-
e power tools.

uilding costs were low. Though designed
an entirely separate space, the shop is
ısically one-third of a three-car garage.
s heated floor is an extension of the
ıse's heating system, and the builder
arged no more for the plywood wall
meling than he would for easily-broken
psum board.

r. Hohwiesner built his own table saw,
hich makes remarkably accurate cuts.
has a 32 by 36-inch hardwood top and
all wood except for the blade, saw
bor, miter gauge assembly, and saw
nce assembly (he bought the metal
ırts). The 10-inch blade does not tilt (he
es his large jointer for bevel cuts). A
ank under the hinged table adjusts the
ade height.

e also made the 3-foot-long, 6-inch-wide
lt sander. Powerful and efficient, it is
tterned after those used in furniture
ctories.



Large, efficient belt sander *was made of $10 worth of parts bought in surplus store*

Tool drawers, *installed*
carry all weight on th

e
e,
erv-
alif.

gar, 1
butter
our fin-
h a fork
usly with
s onto bot-
s of 8-inch
square pan.
r 30 minutes.

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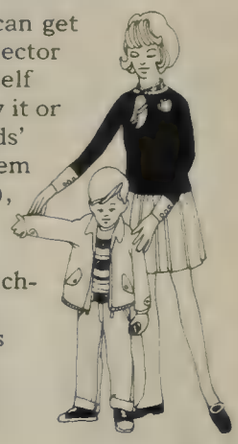

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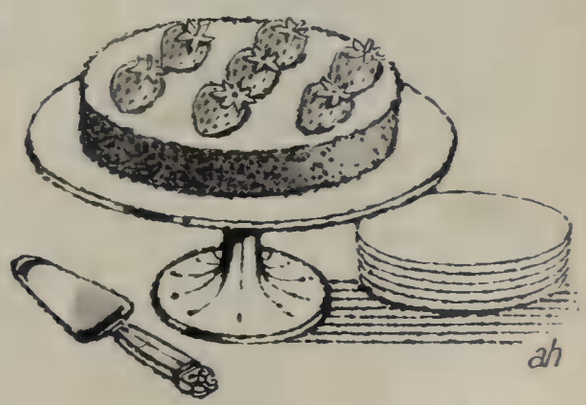

You can embellish the cheesecake with a few fresh whole early strawberries

Brazilian dinner *features feijoada, a spicy blend of beans cooked with smoky sausages and other meats. For buffet serving, arrange meats on separate plate, as here. Side dishes are briefly cooked spinach, tomato-flecked rice, sliced oranges, lemon chile sauce, crunchy topping*

Brazil's fay-*zhwa*-da . . . it's a

GLENN CHRISTIANSEN

Any special day in Brazil is an occasion for *feijoada* (fay-*zhwa*-da). This grand national feast of meats and beans is served at parties throughout the year and often during the pre-Lenten carnival season.

In the traditional menu, called *feijoada completa*, each side dish plays a special role, something like the way each dish combines in a Hawaiian luau. The rice mellows the flavors of the pungent stew. Fresh orange slices and briefly cooked greens provide refreshing accents. You spoon a tangy fresh lemon chile sauce liberally over the whole dish, and then sprinkle on a toasted wheat topping.

It is easier than you might expect to stage a feijoada party. No special utensils or new cooking techniques are required to reproduce the ample meal for 12 shown here. The sausages and meats, served from a separate platter on the buffet table, actually cook together in a large pot. You may need to borrow or buy a pot if you don't have one that holds at least 10 quarts. A heavy stock pot is ideal for the long, slow cooking, but a canning kettle works fine if you use it over an inexpensive asbestos pad.

Shopping for feijoada can be done at an ordinary supermarket. Even though two or three of the traditional ingredients are unavailable or difficult to find, we have such good substitutes that the overall effect is not impaired. For example, you can use kidney beans instead of the black, kidney-shaped beans of Brazil; regular kidney beans cook a little faster and you may find their flavor and appearance more appealing. The black beans, either Idaho-grown or imported, are available at Mexican markets. Small, round, Oriental black beans are not suitable.

Brazilians toast manioc flour for the topping. If you don't find this product in a Mexican market, farina makes a fine substitute. Either fresh spinach or kale substitutes well for the leafy vegetable called *couve* that Brazilians serve.

Pigs' feet can be obtained at most meat markets, but you may need to order them several days in advance. They are optional in our recipe, but most connoisseurs of feijoada believe they add an important flavor nuance.

After our buffet menu, which includes recipes and a plan for the whole menu, we've included a simplified feijoada for an informal supper for family or guests—or a meal to pack and carry on a midwinter outing.

Although Brazilians often serve a carbonated beverage with feijoada, we prefer the emphatic flavor of a red wine such as California Barbera or Zinfandel. You can buy these wines in half-gallon jugs.

Brazilian feijoada buffet

Feijoada
(Beans with beef tongue, sausages, lean beef, Canadian bacon, and spareribs)
Brazilian Rice **Sautéed Greens**
Sliced Oranges **Toasted Wheat Topping**
Lemon Chile Sauce
Fresh Pears and Grapes

To get a head start on cooking the feijoada, you can precook the tongue, brown the sausages and spareribs, and soak the beans either a day ahead or early the day of the party.

Most of the side dishes for the buffet can be done ahead. Toast the wheat topping a day or more ahead. Early in the day of your party, prepare the chile sauce and slice the oranges; keep both well covered in the refrigerator. Also precook the rice, and wash and cut the greens so they will

Spoon lemon chile sauce *liberally over foods on plate; beans top the rice; meats and side dishes surround*

zesty mix of beans and meats

be ready for brief cooking just before serving the dinner.

Feijoada

- 1 small (about 3 lbs.) smoked beef tongue
- 4 pigs' feet cut in quarters (optional)
- Water
- ½ teaspoon pepper
- 2 large onions, chopped
- 1 clove garlic, minced or mashed
- 2 whole bay leaves
- 2 pounds spareribs, cut into 12 pieces (if necessary to get 12 pieces, have longest ribs cut in half)
- 1 pound link sausages
- 2 pounds (4½ cups) regular kidney beans or 4 cups black beans
- 1 pound piece boneless lean beef chuck (chuck fillet, also called Scotch tender or Jewish fillet, is easiest to slice)
- 3 (about ¾ lb.) Portuguese or Polish sausages, cut in ½-inch slices
- 1-pound piece Canadian bacon or lean ham
- 1 whole orange, unpeeled
- Salt to taste

Scrub tongue under running water and rinse pigs' feet. In a 10-quart pot, combine tongue, pigs' feet, 2½ quarts water, pepper, onions, garlic, and bay leaves. Cover and bring to boiling; reduce heat and simmer 2 hours, or until tongue is fork tender. Remove the tongue, but leave the pigs' feet in the pot. When tongue cools enough to handle, peel off skin and cut away fatty portions; set aside.

Arrange spareribs on a large shallow baking pan and bake in a 450° oven for 25 minutes. Distribute link sausages in the pan and continue baking 15 to 20 minutes, until well browned; remove from oven, drain, and reserve drippings.

Wash and pick over the beans, add to the cooking pot with the pigs' feet, bring to a boil and boil 2 minutes. Remove from heat, cover, and soak for 1 hour. (Or you can omit the 2-minute boil and soak bean mixture overnight in refrigerator; also refrigerate all the meats.)

About 2 to 3 hours before dinner, heat bean mixture to boiling again. Add the beef, Portuguese or Polish sausages, bacon, and whole orange. Cover and simmer 1 hour and 15 minutes, or until beans and beef are almost tender. (If you use black beans, cook bean mixture ½ hour before adding meats.) Every 15 or 20 minutes, stir gently and add boiling water if necessary to keep beans covered.

Remove the orange. Put into the pot the cooked tongue, spareribs, and link sausages. Continue to simmer about 15 minutes or until beans and beef are tender. Salt to taste.

To serve, remove link sausages and spareribs to a heated platter. Lift the tongue, beef, and bacon from the pot; slice and arrange on the platter. Drizzle about ½ cup liquid from the beans over the meats. You can hold the meats up to 1 hour by covering the platter with foil and placing it in a warm (200°) oven.

You can keep the beans and remaining meats warm in the cooking pot, covered, over very low heat. Serve in a large bowl or soup tureen. Makes 12 servings.—*D. L., Los Altos, California.*

Brazilian Rice. Ahead of time cook 3 cups long grain rice as directed on the package; cover and set aside. Heat ¼ cup *each* salad oil and butter in an electric frying pan or other large frying pan. Sauté 1 large onion, finely chopped, until golden. Add 3 cloves garlic, minced or mashed, and rice; cook, stirring, for 5 minutes. Stir in 2 tomatoes that have been peeled, seeded, and chopped. Reduce heat t warm and cover until serving time; it ca wait up to 1 hour. Serves 12.

Sautéed Greens. Ahead of time thoroughl wash 2½ pounds spinach or kale. Tri off stems. Stack 10 to 15 spinach leav or 5 to 10 kale leaves at a time and ro lengthwise into a tight bundle. Cut acro the roll to make ¼-inch-wide strips. R frigerate well covered.

In an electric frying pan or other larg frying pan heat ¼ cup reserved drippin from cooking spareribs (or salad oil) ov medium heat. Add 2 cloves garlic, mince

Feijoada is great on a picnic

For feijoada picnic, *cook and serve beans and meats together; serve with sliced oranges, lemon chile sauce, and wheat topping*

GLENN CHRISTIANS

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or mashed, ½ teaspoon salt, 1 cup chicke broth, and as many of the greens as th pan will hold. Cook and stir, adding re maining greens as they can be fitted int the pan, until all greens are wilted, abou 5 minutes. Serve spinach immediately For kale, cover, reduce heat to low, an simmer 15 minutes; serve. Serves 12.

Sliced Oranges. With a sharp knife cu peel and all white membrane from 6 larg oranges. Slice oranges crosswise. If don ahead, cover and refrigerate.

Toasted Wheat Topping. Melt ½ cup (1 lb.) butter or margarine in a heavy fryin pan over medium-high heat. Stir in 1 cu quick-cooking farina or manioc flour an ½ teaspoon salt. Cook and stir for 5 t 8 minutes or until cereal is light brown.

Lemon Chile Sauce. Blend together 2 cup fresh lemon juice; 2 small onions, finel chopped; 4 cloves garlic, finely mince 2 tomatoes, peeled, seeded, and choppe and 2 teaspoons green salsa jalapeña c 1 can (4 oz.) California green chile seeded and finely chopped. Cover and re frigerate up to 8 hours before servin Makes 1 quart, enough for 12 servings.

Picnic-style feijoada

For this abbreviated menu, some of th side dishes are omitted, and the feijoad recipe is simplified. An 8-quart pot su fices for cooking, and you can serve th meats and beans from the cooking pot.

One-dish Feijoada
Sliced Oranges
Toasted Wheat Topping
Lemon Chile Sauce
Fresh Pears and Grapes

You'll have plenty of time to prepare th side dishes for this menu while the meat and beans are cooking. Follow direction above for the oranges, toasted wheat top ping, and lemon chile sauce; pack in leak proof containers to carry on a picnic Wrap the pot of feijoada in several thick nesses of newspapers and carry in an in sulated container—or plan to reheat it.

One-dish Feijoada. Follow recipe for fei joada on page 120 except omit pigs' fee and beef. After the tongue has simmere and cooled, peel and cut in thick slice cut largest slices in half; set aside. Pre cook spareribs, link sausages, and bean as directed. Cut Canadian bacon int bite-sized pieces. Cook Portuguese sau sages, bacon, and orange with beans a directed. During last 15 minutes, ad cut-up tongue to pot and arrange spare ribs and link sausages on top to heat.

(If you plan to reheat feijoada later, omi final 15-minute simmering. To reheat, pu tongue pieces into beans and slowly brin to simmering, stirring gently; reduce heat and arrange spareribs and link sausage on top to heat for about 15 minutes. Makes about 10 servings.

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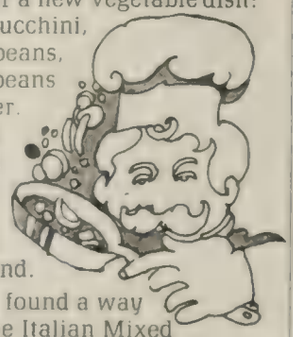
Years ago, the chef in a famous Italian restaurant in the rollicking North Beach sector of San Francisco tossed together a new vegetable dish: a mixture of zucchini, Italian green beans, carrots, lima beans and cauliflower. His customers loved it . . . and Italian Mixed Vegetables became a San Francisco legend.

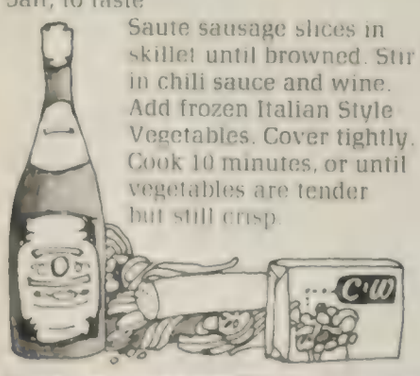


Now C&W has found a way to freeze choice Italian Mixed Vegetables and retain all their crisp, unique flavors. Cook only until tender right out of the package and add a legendary San Francisco touch to your dinner menu. Or, for a broader Italian accent, try them like this:

C&W ITALIAN STYLE VEGETABLES WITH SAUSAGE

5-6 oz. Hot Italian, garlic or Polish sausage (approx. 8 slices)
1 tbsp. chili sauce
1 tsp. burgundy wine (optional)
1 package frozen C&W Italian Style Vegetables
Salt, to taste

Saute sausage slices in skillet until browned. Stir in chili sauce and wine. Add frozen Italian Style Vegetables. Cover tightly. Cook 10 minutes, or until vegetables are tender but still crisp.



We've got flavor down cold

DARROW M. WATT

Thin filbert flatbread *and crisp pine nut bread sticks are both excellent accompaniments to a hearty soup luncheon or supper. You can serve them either warm or cold*

Have you tried a nut bread?

The Western nuts used in these breads are responsible for their crunchy textures and unusual flavors. We've taken into consideration the special characteristics of each different nut and baked it in a type of bread that enhances its distinctive qualities.

Ground filberts take the place of part of the flour in this slightly sweet, crisp flatbread. It's best served with cheese, salad, or soup.

FILBERT FLATBREAD

About 1¼ cups toasted filberts
2 cups unsifted all-purpose flour
1 tablespoon sugar
½ teaspoon soda
¾ teaspoon salt
⅓ cup butter or margarine
¾ cup buttermilk

Whirl toasted filberts in blender or put through nut grinder until finely ground; measure 1 cup. In a bowl, combine the ground nuts, flour, sugar, soda, and salt; cut in butter until mixture resembles fine crumbs. Stir in buttermilk, using a fork, until mixture holds together. Shape into a ball with your hands, then break off small pieces to make balls about 1 inch in diameter. Roll out each ball on floured board to make paper-thin rounds about 4 inches in diameter, turning occasionally to prevent sticking.

Space rounds slightly apart on ungreased baking sheets. Bake in hot oven (400°) for 6 to 8 minutes, until golden brown. Cool on wire racks. Store in airtight containers until ready to serve. Serve cold or warm. Makes about 5 dozen.

You'll find that the flavor of pine nuts in these crisp bread sticks becomes more apparent with each bite.

PINE NUT STICKS

1 package yeast, active dry or compressed
⅔ cup warm water
½ teaspoon crushed anise seed
2 tablespoons *each* salad oil and olive oil
¼ teaspoon grated lemon peel
1 teaspoon salt
1 tablespoon sugar
About 2¼ cups unsifted all-purpose flour
⅔ cup pine nuts
1 egg, slightly beaten
2 tablespoons coarse salt

Dissolve yeast in water; add anise seed, salad oil, olive oil, lemon peel, salt, sugar, and 1 cup of the flour. Beat until smooth. Add pine nuts and enough of the remaining flour to make a stiff dough. Turn out on a floured board and knead until

smooth and elastic (about 5 minutes), using additional flour as needed. Place dough in greased bowl, cover with damp cloth, and let rise in warm place until doubled, about 1 hour.

Punch down, divide dough in half. Cut each half into 20 equal-sized pieces; roll each piece, using palms of hands, into a 7-inch length. Place parallel on greased baking sheets about ½ inch apart. Cover and let rise until almost doubled, about 30 minutes; brush with egg, sprinkle lightly with salt. Bake in moderately slow oven (325°) for 30 minutes, until lightly browned. Makes 40 bread sticks.

Pecans, filberts, or walnuts are used to complement the flavor of pumpkin in this spicy nut bread. Stored tightly wrapped, the bread keeps well for several days.

PUMPKIN NUT BREAD

- ¾ cup milk
- 1 cup canned pumpkin
- 1 egg
- ¼ cup butter or margarine, melted
- 2½ cups unsifted all-purpose flour
- 1 cup sugar
- 2 teaspoons baking powder
- 1 teaspoon *each* soda, cinnamon, and nutmeg
- ½ teaspoon *each* salt and ground ginger
- 1 cup chopped pecans, filberts, or walnuts

In a large bowl, combine milk, pumpkin, egg, and butter. Mix together flour, sugar, baking powder, soda, cinnamon, nutmeg, salt, ginger, and pecans. Add to milk mixture and blend only until dry ingredients are moistened. Pour into a lightly greased 5 by 9-inch loaf pan or 5-cup mold; bake in moderate oven (350°) for 1 hour and 15 minutes or until inserted pick comes out clean. Makes 1 loaf.

You can use almonds in place of the pistachio nuts in this bread, but expect a more dominant flavor from the coriander than if you had used pistachio nuts. If stored tightly wrapped, the bread keeps well for up to three days; freeze for longer storage.

PISTACHIO NUT BREAD

- 1⅓ cups milk
- 1 egg
- ¼ cup butter or margarine, melted
- 1 tablespoon lemon juice
- 1 teaspoon grated lemon peel
- 3 cups unsifted all-purpose flour
- 1 cup sugar
- ¾ teaspoon soda
- 2½ teaspoons baking powder
- 1 teaspoon *each* salt and ground coriander
- 1 cup whole toasted pistachio nuts or lightly toasted chopped almonds

In a large bowl, combine milk, egg, butter, lemon juice, and lemon peel. Mix together flour, sugar, soda, baking powder, salt, coriander, and nuts. Add to milk mixture and blend only until dry ingredients are moistened. Pour into lightly greased 5 by 9-inch loaf pan or 5-cup mold; bake in moderate oven (350°) for 1 hour and 15 minutes or until inserted pick comes out clean. Makes 1 loaf.

A sweet honey-flavored syrup tops these pecan cornbread sticks when you turn them out of the pans right after baking.

HONEY PECAN CORNBREAD STICKS

- ⅓ cup plus 1 tablespoon firmly packed brown sugar
- 2 tablespoons *each* honey and butter or margarine
- 1 package (15 oz.) cornbread mix
- ¾ cup chopped pecans

In a small pan combine brown sugar, honey, and butter; stir occasionally over low heat until it boils and sugar is dissolved. Meanwhile prepare cornbread mix as directed on package. Sprinkle about 1 tablespoon chopped nuts into each of 12 average-sized cornstick forms; then spoon over about 2 teaspoons of the hot syrup. Divide cornbread batter into cornstick forms; bake 25 minutes or until lightly browned. Immediately invert onto serving platter; serve hot. Makes 12.

To bake in 2½-inch muffin pans, increase packed brown sugar to ¾ cup, honey and butter to 3 tablespoons *each*, and chopped pecans to 1 cup. Divide as directed above into 16 greased muffin cups.

Pumpkin nut bread *is shown in loaf shape; pistachio nut bread baked in fluted mold*

Pecan cornbread sticks, *honey-flavored syrup topping; serve warm at breakfast*

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DARROW M. WATT

Golden *potato puff balls, enhanced with garlic, rosemary, accompany lamb chops*

Crunchy outside, creamy inside

Potato puff balls, with a creamy smooth interior enveloped by a crunchy crust, make an elegant meat accompaniment for a special dinner. You add seasoning appropriate to the meat entrée during the making: onion for beef or fish, garlic and rosemary for lamb.

POTATO PUFF BALLS

- 8 medium-sized potatoes, peeled
- Water
- ¼ cup finely chopped green onion, white part only (or ½ teaspoon *each* garlic powder and crushed rosemary)
- 1 egg yolk
- ½ teaspoon salt
- 1 whole egg beaten with 3 tablespoons milk
- 1½ cups corn flake crumbs
- Salad oil for frying

Slice potatoes ¼-inch thick into saucepan; add water (barely to cover). Cover and simmer about 20 minutes, or until tender when pierced; drain. Beat with electric mixer until smooth. Measure; you should have about 3½ cups.

Beat in chopped green onion (or garlic and rosemary), egg yolk, and salt until thoroughly blended.

Cover and refrigerate the mixture until thoroughly chilled (about 2 hours); then shape into balls the size of large walnuts by rolling between palms. Roll each of the balls in egg-milk mixture, drain briefly, roll in corn flake crumbs to coat completely, then set on waxed paper.

Heat about 2 inches oil in deep saucepan to 385°; fry balls, about 4 at a time, until golden, about 45 seconds; remove to paper towels and drain. Adjust heat on your range to maintain temperature of oil at 385°.

Cover fried balls with foil and keep warm (up to 30 minutes) in a 200° oven. Makes 30 balls, about 6 servings.

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DARROW M. WATT

Couscous *is the inviting sum of these elements: a mound of wheat surrounded by chicken, lamb, and assorted vegetables; garbanzos; hot sauce; and a pot of broth*

Chicken, lamb, vegetables, wheat . . . and a hot, hot sauce

The intriguing assortment above adds up to couscous (*koos*-koos), a dish native to North Africa that has become popular in France. Guests help themselves from the mound of steamed wheat in the middle and add portions of meats and vegetables. Then they spoon on garbanzos, pour hot broth (in teapot) over all to moisten and flavor, and cautiously add a few drops of fiery sauce at the last.

Traditional preparation of couscous calls for steaming the wheat over a simmering stew: Everything cooks at once over one fire. Our version, easily managed in an hour, sidesteps this steaming. You cook the vegetables and meats in a Dutch oven and prepare the couscous grain separately, much like rice.

The grain—a hard wheat pellet, itself called couscous—is available in specialty stores in several different forms; be sure to check package directions for cooking time. Quick-cooking cracked wheat (also called bulgur or kasha), crunchy and nut-like in flavor, makes an acceptable substitute.

The fiery flavor of couscous may be varied to your liking because it all comes from the quickly prepared hot sauce.

QUICK COUSCOUS

- 2 tablespoons olive oil or salad oil
- 3 *each* chicken legs and thighs, cut apart
- 1½ pounds boneless lamb stew meat, cut in 1½-inch cubes
- 1 medium-sized onion, chopped
- 5 medium-sized carrots, peeled and cut in 1-inch pieces
- ¼ teaspoon pepper
- 1 large can (about 48 oz.) chicken broth
- 1 can (about 9 oz.) garbanzos, drained
- Hot sauce (recipe follows)
- 1½ cups couscous or quick-cooking cracked wheat (also called bulgur or kasha)
- 6 tablespoons butter or margarine
- 3 stalks celery, cut in 1-inch pieces
- 1 green pepper, seeded and cut in strips
- 1 can (14 oz.) artichoke hearts in water, drained

Heat olive oil in Dutch oven over medium heat. Sauté chicken legs and thighs until brown; remove to bowl. Add lamb and brown, stirring; remove to bowl. Add onion and stir until golden. Return chicken and lamb to pan and add carrots, ¼ teaspoon pepper, and 4 cups of the broth. Reduce heat, cover, and simmer for 40 minutes or until chicken is tender.

Meanwhile remove garbanzos to serving bowl and prepare the hot sauce. Then prepare the couscous or bulgur wheat according to directions on the package using remaining chicken broth as part of the liquid called for. When grain is cooked remove from heat and, with a fork, gently break grains apart using a tossing motion. Add butter in chunks and continue tossing with fork until grains are coated. Cover and set aside.

When meats have simmered 40 minutes add celery and pepper and simmer 5 minutes more. Then add artichoke hearts and remove from heat. Strain broth from vegetables into a bowl, skim off excess fat and pour into a teapot or pitcher for serving.

Mound couscous or bulgur wheat in center of large platter. Arrange meat and vegetables attractively around sides and serve immediately with bowls of hot sauce, garbanzos, and broth. Makes about 6 servings.

Hot Sauce. Stir until smooth 2 teaspoons ketchup and 1 teaspoon olive oil. Then stir in ¼ teaspoon *each* cayenne pepper, ground cumin, and white pepper and ⅛ teaspoon *each* ground nutmeg and ground cloves; stir in 2 tablespoons broth from Dutch oven before serving.

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DARROW M. WATT

Candlelight dinner *for two: crab and mushroom casseroles, asparagus spears, and rolls*

FEBRUARY MENUS

A grilled sandwich lunch, a pork roast out-of-the-oven dinner, and a candlelit Valentine dinner for two

We honor the special days of Februar with an intimate dinner for two featurin a flaming cherry dessert suitable for an holiday this month.

The oven dinner menu and the quic lunch, both geared for family dining, a flexible enough to expand if you'd lik to include a guest or two.

Valentine dinner for two

A candlelight dinner for two is especiall appropriate for Valentine's Day. Th simple yet refined menu is designed f leisurely dining with minimum last mi ute preparation.

Mixed Salad Greens
Oil and Vinegar Dressing
Crab and Mushroom Ramekins
Buttered Asparagus Spears
Crusty Dinner Rolls Butter
Flaming Cherry Sundaes

You can prepare the individual cass roles early in the day and heat them i the oven while you enjoy the salad. U either fresh or frozen asparagus spea and packaged dinner rolls. For a festiv finale, warm and flame the cherry sau (made in advance) at the table in a sma chafing dish or pan over a denatured a cohol burner.

Crab and Mushroom Ramekins

- 2 tablespoons butter or margarine
- 1/2 pound mushrooms, sliced
- 1 1/2 tablespoons flour
- 2/3 cup dry white wine
- 1/2 cup sour cream
- 3/4 cup shredded Swiss cheese
- 3/4 pound crab meat
- Salt and pepper
- Toasted slivered almonds (optional)

In a frying pan over medium heat, me the butter and sauté the mushrooms unt golden brown. Lift out a few mushroom and set aside for garnish. Sprinkle r maining mushrooms with flour and st until bubbly. Remove from heat an slowly add the white wine. Return to he and cook, stirring, until thickened. St

Spoon *flaming cherries and sauce over scoops of vanilla ice cream*

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1 (7-ounce) can tuna, drained and flaked
1/2 cup fine fresh bread crumbs (2 slices bread)
1/2 cup chopped celery
2 tablespoons minced onion
1/3 cup BEST FOODS® Real Mayonnaise
2 tablespoons chili sauce
1 teaspoon lemon juice
4 hamburger buns, toasted
Lettuce and tomato slices

Combine first 4 ingredients. Blend next 3 ingredients; stir into tuna mixture. Form into 4 patties. Fry in lightly oiled skillet over medium heat about 5 minutes, or until browned. Serve on hamburger buns with lettuce and tomatoes. Makes 4.

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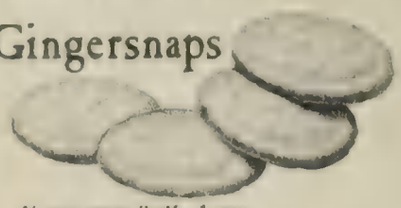
Waconia
Sorghum Recipes

Sorghum Pecan Pie

2 tablespoons soft butter or margarine	1 cup WACONIA SORGHUM
¼ cup brown sugar	1 teaspoon vanilla
½ cup flour	dash of salt
2 cups light corn syrup	3 beaten eggs
	1 cup pecan halves

Cream butter and brown sugar; stir in flour, syrup, sorghum, vanilla and salt. Add beaten eggs and mix well. Pour filling into unbaked pie shell. Sprinkle pecans over top. Bake in oven 350 degrees for about 1 hour and 10 minutes or until knife inserted halfway between outside and center of filling comes out clean.

Gingersnaps



½ cup sugar (half may be brown)	1 egg
½ cup shortening	2 cups sifted flour
½ cup WACONIA SORGHUM	1 teaspoon salt
	1½ teaspoons soda
	2 teaspoons ginger

Cream sugar and shortening; add egg and sorghum; beat well. Add sifted dry ingredients; mix well. Chill dough several hours. Roll in small balls, dip in sugar, then flatten by stamping cookies with flat-bottomed glass covered with a damp cloth. Bake in moderate oven 370 degrees for 15 minutes. Makes four dozen.

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SORGHUM

in sour cream, cheese, and crab meat. Season to taste with salt and pepper.

Spoon mixture into two individual shallow baking dishes and garnish with reserved mushrooms and slivered almonds, if you wish. Cover and refrigerate if made ahead. Heat, uncovered, in a 325° oven for 10 to 15 minutes (20 to 30 minutes if refrigerated). Serves 2.—*L. G., Bremerton, Wash.*

Flaming Cherry Sundaes. Drain 1 can (about 1 lb.) pitted dark sweet cherries, saving ½ cup of the syrup. In a saucepan combine 1 tablespoon cornstarch, the reserved syrup, 2 tablespoons sugar, and a dash *each* salt and cinnamon. Bring to a boil, stirring, and cook until liquid is clear and thickened. Remove from heat and stir in 1 tablespoon lemon juice and the reserved cherries. Cover and set aside until needed. Heat just before serving; pour over ¼ cup warmed brandy and ignite. Spoon flaming fruit and sauce over individual servings of vanilla ice cream. Makes 2 generous servings.

Midwinter oven dinner

This oven-cooked dinner, featuring a pork loin roast, requires little effort from the cook. The menu is planned for six, but you can easily adjust the quantities to fit your own family.

Roast Loin of Pork
with Oven-roasted Potatoes
and Sage Onions
Buttered Broccoli Spears
Baked Apples Cream

About 2½ hours before you plan to serve dinner, start cooking the pork roast in a large shallow baking pan. Later it is simply a matter of adding the vegetables, in sequence, to the pan drippings and basting occasionally. You can also bake the apples in another pan at the same time, in the same oven.

Roast Loin of Pork with Potatoes and Onions. Buy about a 4-pound pork loin roast (either center or end cut). Ask your meatman to cut it through the bone to form chops and then tie the roast together. Rub the surface of the meat with 1 teaspoon salt, ⅛ teaspoon pepper, and ½ teaspoon rubbed sage. Insert a meat thermometer into thickest part (not touching bone) and place in a shallow baking pan or broiler pan at least 10 by 15 inches. Roast, uncovered, in a 325° oven for about 35 minutes per pound or until the thermometer registers 175°.

Remove the ends and skin from 6 small yellow onions. Score the top of each in crisscross gashes ¼ inch deep. Rub onions generously with soft butter, working it into the cuts, and sprinkle the top of each with ⅛ teaspoon rubbed sage. Arrange onions around the roast in the pan after the roast has cooked about 30 minutes. Baste meat and onions about every 15 minutes with the pan drippings.

Scrub 3 large baking potatoes and cut each in half lengthwise. With the tip of a knife, cut diagonal lines ⅛ inch deep through cut edge of each half to give a crisscross design. Arrange potato halves, cut sides down, around the roast in the pan drippings after the roast has cooked about 45 minutes. Baste with pan drippings about every 15 minutes and turn the potatoes after 1 hour.

To serve, arrange the roast (discard string), onions, and potatoes on a warm serving platter and keep warm. Skim fat from pan drippings. Blend 1 tablespoon *each* cornstarch and cold water; stir into drippings and cook until thickened. Pour into a sauce dish and pass at the table to spoon over meat and potatoes. Serves 6.

Baked Apples

- 6 large apples (Rome Beauty or Golden Delicious)
- 2 tablespoons soft butter or margarine
- 6 tablespoons brown sugar
- ½ teaspoon cinnamon
- 3 tablespoons toasted slivered almonds
- ⅓ cup water
- Light or heavy cream

Wash apples and remove the core without cutting through the blossom end. Combine butter, brown sugar, and cinnamon. Stuff butter mixture into apple cavities. Sprinkle the almonds on top of each apple. Place apples, blossom end down, in a baking pan and pour water around them. Bake, uncovered, in a 325° oven for about 45 minutes or until tender. Serve in bowls and pass cream. Serves 6.

Grilled sandwich lunch

A grilled sandwich teamed with a hot spicy drink offers satisfying nourishment at lunchtime or after an evening party.

Grilled Jack Cheese and Chile Sandwiches
Corn Chips Dill Pickle Spears
Pineapple-Vegetable Broth

Season the cocktail vegetable juice and put it on to simmer while you assemble the sandwiches.

Grilled Jack Cheese and Chile Sandwiches. For each sandwich, allow 2 slices of a dark rye or pumpernickel bread. Spread one side of each slice with about ½ teaspoon butter or margarine. Arrange thin slices of jack cheese (about 2 oz. for each sandwich) on the unbuttered side of one slice, top with 1 tablespoon chopped green chiles, and cover with the remaining slice of bread, butter side up. Grill in a preheated sandwich grill until cheese is melted. Serve at once. Makes 1 sandwich.

Pineapple-Vegetable Broth. In a saucepan combine 1 can (12 oz.) cocktail vegetable juice, ½ cup pineapple juice, ½ teaspoon Worcestershire, and ¼ teaspoon liquid hot pepper seasoning. Simmer 5 to 10 minutes to blend flavors. Serve piping hot in mugs. Makes about 2 cups.

Gourmet dishes start with Gourmet Spices from Schilling.

A good cook hangs up her medals for all to see. Row upon row of Gourmet Herbs and Spices in show-off decanter bottles. Why don't you add something exotic to your Schilling collection next time you shop?

BOEUF LAFFITE

- 2 pounds top sirloin
- ⅓ cup flour
- 1 bunch green onions, cut into 1" pieces
- ½ pound fresh mushrooms, sliced
- 4 tablespoons butter
- 2 tablespoons oil
- 1 tablespoon Schilling Bon Appétit
- ½ teaspoon Schilling Garlic Powder
- ½ teaspoon Schilling Cracked Black Pepper
- 2 teaspoons Schilling Paprika
- 2 teaspoons Schilling Italian Seasoning
- Dash Schilling Nutmeg
- 1 teaspoon sugar
- 2 teaspoons Schilling Beef Flavor Base
- ¼ cup lemon juice
- ½ cup red table wine
- 1 green pepper, cut into large pieces
- 12 cherry tomatoes, cut in half
- ¼ cup brandy, heated

Cut meat into ½ x ½ x 2-in. strips; coat with flour. In large skillet, sauté onions and mushrooms in butter 2 min. Remove to plate. Add oil to skillet and sauté meat about 3 min. Combine the next 8 ingredients and sprinkle over meat. Add lemon juice, wine, sautéed vegetables, green pepper and tomatoes. Mix well. Cover and cook 10 min. When ready to serve, flame with heated brandy. Serve over noodles or rice. Serves 6.

Every good cook has a hang up.

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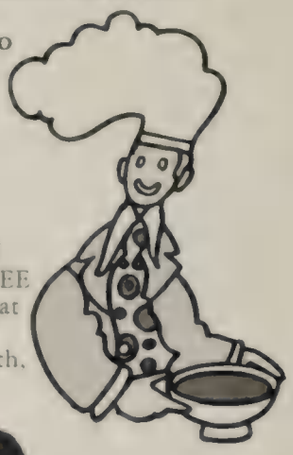
Start breakfast the night before. A good breakfast *is* important—no matter how rushed you are. But how to add interest to the quick "juice/toast/milk" routine? Bake apples while supper's cooking, basting them with maple syrup! Next morning surround them with TOTAL and milk. Why TOTAL? It's the whole-wheat cereal with more vitamins than any other!

A little bit of home in a bag—that's what a lunch should be. Make your sandwiches and desserts on the weekend and freeze them. Brownies are always a favorite. Give yours a personal touch by folding ½ cup cookie coconut into our Fudge Brownies before baking. You'll find them extra moist and chewy. Then, each day, think up a special "little extra." Tuck in a few SLIM JIMS, for example. They're cellophane-wrapped sticks of spicy dried beef. Or, fill a plastic bag with ONYUMS. They're our zesty new snack that looks and tastes just like crisp onion rings!

A girl can have a hard day at the office, too. So why not teach your husband a few "masculine specialties" he can fix on those—hopefully—rare occasions! We've just introduced 5 wonderful new Betty Crocker Serving Sauces that would make an easy beginning: Hollandaise, Bordelaise, Cheese, Newburg and Mushroom. Keep them on hand for everything from Fish Sticks Newburg to Burgers Bordelaise. They're quick and delicious. (And he'll probably pretend he's slaved for hours!)

This little pig went to market. She's the symbol for our budget-minded Betty Crocker *Piggy Bank Recipes*. Watch for her economical meal ideas on General Mills packages. You'll find her on packages of our Potato Buds, Au Gratin and Scalloped Potatoes right now!



That *man* in your kitchen. For a treasury of fun recipes for Him—*and* Her, send for our FREE booklet, *Cooking for Two by Two*. It features great meals you do together. Write Betty Crocker of General Mills, Box 248D, 400 2nd Avenue South, Minneapolis, Minnesota 55460.*

*Offer expires June 30, 1970

Betty Crocker
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Shanks . . . of lamb, veal, ham, beef

Shanks offer some of the most succulent tender meat, provided they get slow moist cooking to gelatinize their fibers.

These four recipes for shanks of lamb, veal, ham, and beef all call for long oven simmering.

A single lamb shank makes a particularly neat individual serving when glazed with spicy citrus-flavored juices.

ORANGE-GLAZED LAMB SHANKS

- 1 tablespoon olive oil or salad oil
- 4 lamb shanks, with bones cracked (about 3 to 4 pounds)
- 1 teaspoon curry powder
- ¼ teaspoon ground ginger
- 1 teaspoon grated lemon peel
- 1 teaspoon salt
- ½ teaspoon oregano
- 2 cloves garlic, minced or mashed
- 1 cup orange juice
- 1 cup dry white wine (or 1 cup water and 1 tablespoon lemon juice)
- 1 tablespoon minced parsley

Heat oil in a large frying pan, add shanks, and brown on all sides, turning. Transfer to a 4-quart Dutch oven or casserole and season with curry, ginger, lemon peel, salt, oregano, and garlic. Pour in orange juice and wine (or water and lemon juice). Cover and bake in a 350° oven for 2 hours, or until meat is fork tender. Sprinkle with parsley. Makes 4 servings.—*J. C., Menlo Park, Calif.*

The classic Italian dish *Osso Buco* inspired these seasonings. Don't overlook the marrow inside the veal shank bones.

VEAL SHANKS, ITALIAN STYLE

- 2 veal shanks, cut in 2-inch-thick slices (about 3 to 4 pounds)
- Flour
- About 1 tablespoon olive oil or salad oil
- 1 large onion, finely chopped
- 1 teaspoon salt
- 2 carrots, chopped
- 2 celery stalks, chopped
- 1 garlic clove, minced
- 1 bay leaf
- ½ teaspoon Italian seasoning or ⅛ teaspoon *each* oregano, thyme, rosemary, and basil
- 1 strip lemon peel (about 2 inches long, ½ inch wide)
- ½ cup dry white wine (or ½ cup water and 1½ teaspoons lemon juice)
- 1 can (8 oz.) tomato sauce
- 1 cup regular strength beef broth
- 1 tablespoon minced parsley

Dust meat with flour to coat lightly. Brown in oil in a large frying pan, turning to brown both sides. Transfer to a 4-quart casserole. Brown onion in remaining drippings (if necessary add more oil to pan) and spoon over meat. To the meat

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add salt, carrots, celery, garlic, bay lea Italian seasoning, and the lemon peel (u a vegetable peeler to peel off the th zest). Pour in the wine, tomato sauce, ar broth. Cover and bake in a 350° oven f 2 to 2½ hours or until fork tender.

Sprinkle with parsley. Makes 4 to 6 ser ings.—*N. A., San Francisco.*

Smoky ham hocks flavor this barbecu style lima bean dish.

LIMAS WITH HAM HOCKS

- 1 package (1 lb.) dried lima beans
- Water
- 2 ham hocks, cut in 1 inch slices (about 2 to 3 lbs.)
- 1 tablespoon olive or salad oil
- 1 small onion, sliced
- 1 clove garlic, minced
- 1½ teaspoons prepared mustard
- 2 teaspoons Worcestershire
- 2 cans (8 oz. *each*) tomato sauce
- ¼ cup white wine vinegar
- 1 tablespoon *each* molasses and brown sugar

Add beans to 6 cups water in a Dut oven, bring to boiling, simmer 2 minut remove from heat, cover, and soak for hour. Return to heat and simmer, co ered, for 45 minutes, or until almost tend

Also simmer ham hocks in water to cov for 10 minutes; drain and discard liqui Cover ham again with water and simm 1½ hours; drain, reserving 1 cup cooki liquid. Cool meat slightly and remo bones and fat. Combine beans and me in a 4-quart casserole and add the 1 c reserved ham liquid.

Heat the oil in a frying pan, add onic and sauté until golden. Add garlic, m tard, Worcestershire, tomato sauce, vi gar, molasses, and brown sugar. Simm briefly, then pour over beans. Bake, u covered, in a 350° oven for 45 minut Serves 6 to 8.—*N. S., Corvallis, Ore.*

Plan on about one meaty slice of b shank per person. The wine-scented sa is excellent over rice or mashed potato served alongside.

BURGUNDY BEEF SHANKS

- 4 slices beef shank, cut about 1½ inches thick (about 3 to 4 lbs.)
- Flour
- 1 tablespoon salad oil or olive oil
- 1 large onion, finely chopped
- 1 teaspoon salt
- 1 carrot, chopped
- ½ teaspoon whole thyme
- 1 cup regular strength beef broth
- 1 can (8 oz.) tomato sauce
- ¼ cup dry red wine

Dust meat with flour, coating light Using a large frying pan, brown meat oil, turning to brown both sides. Trans to a 4-quart casserole. Brown onion remaining drippings and scatter over t meat. Add the salt, carrot, thyme, bro tomato sauce, and wine. Cover and ba in a 350° oven for 2 hours, or until m is fork tender. Transfer meat to a l platter and spoon over the gravy. Mak 4 servings.—*D. K., Mountain View, Ca*

After the Chocolate Soufflé,

have a cup of Yuban for dessert.

Yuban coffee is so rich, it's dessert's dessert.
So go on. Indulge. It'll cost you a little more, but remember.
You're topping off the first rich dessert with another.

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Rabbits are better out of hats than on plates?

Some people eat things that other people won't. Avoiders of a given food sometimes like to offer explanations, but surely the main reasons for likes and dislikes are custom and habit. If you've eaten it before, you'll probably eat it again.

Another strong reason for resistance at the dinner table is the wrong recipe or the wrong technique. A perfectly good egg in too hot a pan comes to resemble rubber in consistency and odor.

Rabbit is a meat that many would rather not see on their plates. It is not sold or served frequently in most of the United States, and it is often prepared by frying. This can be a mistake for a lean, skinless creature.

Larry Tartaglino steps forward to propose a way to cook rabbit that leaves it surrounded by flavorful liquid. You have only to find a rabbit (try a store that specializes in poultry) to concoct a fine, tomatoey, Italianate stew that will disappear in short order from the serving dish. Mr. Tartaglino suggests polenta alongside, but plain sourdough bread or rice picks up the juices quite as well.

RABBIT TARTAGLINO

- 1 rabbit, about 3 pounds, cut in serving pieces
- 2 tablespoons each butter and olive oil
- 1 clove garlic, minced or mashed
- 1 small onion, chopped
- ½ cup chopped green pepper
- ¼ cup chopped celery
- 1 can (1 lb.) whole peeled tomatoes, chopped
- 1 can (8 oz.) tomato sauce
- 2 whole bay leaves
- 1 teaspoon whole oregano, crushed
- 4-inch sprig fresh rosemary (or ¼ teaspoon dry rosemary)
- 1 teaspoon salt
- ¼ teaspoon pepper
- Hot cooked rice or polenta (optional)

In a large deep frying pan or Dutch oven, brown rabbit pieces in butter and oil; lift out meat and set aside. Add garlic, onion, green pepper, and celery to the pan and sauté about 5 minutes. Add tomatoes and their liquid, tomato sauce, bay leaves, oregano, rosemary, salt, and pepper. Return rabbit to sauce, cover, bring to a boil, reduce heat and simmer for 45 minutes or until meat is tender. Remove rabbit to a warm serving dish and keep warm. Turn heat to high, and boil sauce uncovered until reduced and thickened slightly. Spoon sauce over rabbit and serve with hot cooked rice or polenta, if you prefer. Makes about 4 servings.

L. Tartaglino

Los Altos, Calif.

Lasagne, properly layered with meat and

Chefs of the West

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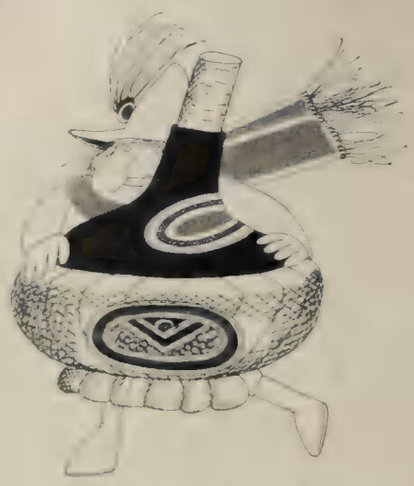
OUTSELLS ALL OTHERS COMBINED

cheese, makes a hearty and filling dish. No one will leave the table hungry if you try Lloyd B. Near's version.

The recipe is well tested, since Mr. Near has already shared it with members of his garden club in Sacramento. It has



"Serve with sturdy red wine"

proved a great favorite. Try it with a crisp green salad (with perhaps a few morsels of endive here and there) and a sturdy red wine of the Italian sort.

LASAGNE ITALIENNE

- 1½ pounds lean ground beef
- 1 tablespoon olive oil or salad oil
- 1 medium-sized onion, chopped
- 1 clove garlic
- 2 tablespoons chopped parsley
- 1 large can (1 lb. 12 oz.) tomatoes
- 1 can (6 oz.) tomato paste
- 2 bay leaves
- 1¼ teaspoons salt
- ½ teaspoon pepper
- ¾ teaspoon *each* whole oregano and basil, crushed
- 4 tablespoons butter or margarine
- 3 tablespoons flour
- 2 cups milk
- 1 cup shredded Parmesan cheese
- 2 egg yolks
- 8 ounces lasagne noodles
- Boiling, salted water

In a large frying pan brown the beef in oil until crumbly; add the onion, garlic, and parsley, and cook for about 5 minutes. Add tomatoes (breaking them up with a spoon) and their liquid, tomato paste, bay, 1 teaspoon of the salt, pepper, oregano, and basil. Cover and simmer for 45 minutes, stirring occasionally.

Meanwhile, in a saucepan, melt the butter; stir in the flour and cook until bubbly. Remove from heat and gradually add the milk. Return to heat and cook, stirring, until thickened.

Stir in the cheese, egg yolks, and the remaining ¼ teaspoon salt, and cook 2 minutes more.

Cook lasagne in boiling, salted water until tender, about 10 minutes; drain. In a 9 by 13-inch baking pan, arrange ⅓ of the lasagne, spoon over ⅓ of the meat sauce, and top with ⅓ of the cheese sauce. Repeat layers twice more, ending with the cheese sauce. Bake, uncovered, in a 325° oven for 20 to 25 minutes. Place under the broiler, about 5 inches from heat, and broil until lightly browned and bubbly. Makes 6 to 8 servings.

Lloyd B. Near

Carmichael, Calif.

Shellfish, milk, and butter have a kind of affinity. (Not to slight the partisans who prefer Coney Island clam chowder, but the clam in that mixture supplies more chewing than flavor.) If you really like cooked oysters or clams, it is infinitely satisfying to partake of them on a cold evening in a warm, buttery milk broth.

"Sip with spoon in hand"

Ed Trueworthy, Jr., suggests a mixture with a few more than the three basic ingredients, but it is still thin enough to sip from a mug, with a spoon in hand for the various bits of things that float around adding flavor.

TRUEWORTHY'S CLAM CHOWDER

- 4 slices bacon, chopped
- 1 bottle (8 oz.) clam juice
- 1 can (7½ oz.) minced clams
- 1 package (about 3 oz.) dehydrated potato soup mix
- ¼ cup water
- 1 cup milk
- 1 cup half-and-half (light cream)
- About 2 tablespoons butter
- Paprika
- Crisp rye cracker-bread, toast, or crackers

In a 2-quart saucepan, fry bacon until crisp; discard drippings. To the bacon in the pan add clam juice, clams (with their liquid), soup mix, and water; cover, bring to a boil, reduce heat and simmer 10 minutes. Blend in milk and cream; heat to scalding. In each serving bowl or mug place about ½ tablespoon butter and a dash of paprika, then ladle in soup. Serve with rye wafer, toast, or crackers. Makes about 4 servings.

Ed. B. Trueworthy Jr.

Seattle

Think of the avocado as a sea shell.

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DARROW M. WATT

Garlic, *bay leaves, parsley, and wine season aromatic French provincial casserole*

Put everything in and wait

On a brisk February evening, why not serve Baekeoffe *(Behk*-off-eh), a hearty Alsatian casserole of veal, pork, potatoes and onions? The elements and procedure of this provincial stew are classically simple; you combine all the ingredients at once in a casserole and then let it simmer for an hour and a half.

Rich in juices, Baekeoffe is best served in rimmed plates or wide soup bowls. Pass chunks of crusty bread and accompany with a green salad.

BAEKEOFFE

- 4 medium-sized boiling potatoes (about 1½ lbs.), peeled and cut in ¼-inch slices
- 1 pound pork shoulder, cut in 1-inch cubes
- 1 pound veal shoulder, cut in 1-inch cubes
- 2 medium-sized onions, thinly sliced
- ⅓ cup finely chopped parsley
- 2 cloves garlic, minced or mashed
- 2 bay leaves
- 1½ teaspoons salt
- ¼ teaspoon pepper
- 1 half bottle (⅘ pt.) or 1¾ cups dry white wine (a Rhine wine such as Riesling, Gewürztraminer, or Sylvaner)
- ¼ cup (⅛ lb.) butter or margarine

Lightly grease a 3 or 4-quart casserole; layer in half the potatoes; top with half the pork and half the veal; then add half the onions and half the parsley, 1 clove garlic and 1 bay leaf. Repeat with remaining potatoes, pork, veal, onions, parsley, and garlic, finishing with a bay leaf. Sprinkle salt and pepper over all; slowly pour in wine and lay butter on top.

Cover and bake in a 375° oven for about 1 hour and 30 minutes or until meats are tender. Serve at once; makes 6 servings.

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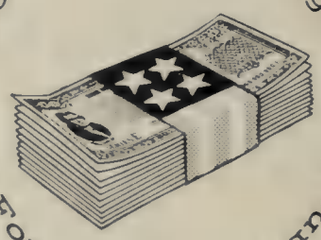

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DARROW M. WATT

Heap *of toasted almonds adorns ragout*

A French provincial lamb ragout

Rich in juices and hearty in flavor, this provincial French dish is easy to assemble. Lamb, rice, and onions, the basic elements, all simmer together in one pot. Golden raisins, toasted almonds, and nutmeg lend an intriguing Middle Eastern effect.

We suggest serving this substantial stew with a watercress salad, rolls, and a fruit dessert (such as Strawberry-topped Cheesecake on page 116).

PROVINCIAL LAMB RAGOUT

- 2 tablespoons salad oil
- 2½ pounds boneless lamb shoulder, cut in 1-inch cubes
- 2 tablespoons butter or margarine
- 2 onions, chopped
- 1 cup uncooked long grain rice
- 1 teaspoon salt
- ⅛ teaspoon pepper
- ½ teaspoon nutmeg
- ½ cup golden raisins
- 1 can (about 14 oz.) chicken broth
- 3 tablespoons lemon juice
- About ½ cup boiling water
- ⅔ cup sliced almonds

Heat oil in a large frying pan (with lid) over medium-high heat. Add lamb and stir until brown; remove with slotted spoon. Reduce heat and melt butter in pan. Add onions and rice and cook, stirring, until rice is opaque. Stir in salt, pepper, nutmeg, raisins, broth, and lemon juice; replace meat in pan. Reduce heat, cover, and simmer for 45 minutes, or until lamb is tender. Stir in boiling water, if needed, to keep rice mixture moist.

Meanwhile spread almonds on a shallow baking sheet. Toast in a 300° oven for about 10 minutes. Spoon the lamb and rice into serving dish. Heap the almonds in the center, and serve at once. Makes 6 servings.

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POULET BEAU MONDE
3 to 4 lb. roasting chicken; 2 tbsps. Spice Island Beau Monde Seasoning; 1 tsp. Spice Island Thyme; 2 tsp. butter, melted; 2 large carrots, sliced; 2 leeks, sliced; 1/2 cup dry white dinner wine.

Wipe chicken well. Sprinkle cavity with 1 tablespoon Beau Monde and 1 teaspoon Thyme. Place in 3½ quart casserole, breast side up. Brush with melted butter. Sprinkle with 1 teaspoon Beau Monde. Roast, uncovered, in a 375° oven 1 hour until golden brown. Add carrots and leeks to casserole. Sprinkle with remaining 2 teaspoons Beau Monde. Add white wine. Cover and roast 30 minutes longer. Makes 4 servings.

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DARROW M. WA

Vanilla *ice cream, papaya, lime make* [redacted] *appealing flavor combination for dess*[redacted]

When a light dessert is welcome

A light fruit dessert is particularly w[redacted] come after a filling winter meal. H[redacted] are two that can be prepared in minu[redacted] The ginger-flavored pear whip, based [redacted] canned pears, is an easy blender des[redacted] to serve family or guests. The papa[redacted] boats are served hot and flavored w[redacted] caramel-colored coconut syrup.

Ginger Pear Whip. Drain 1 can (1 lb. [redacted] oz.) pear halves; set 4 of the halves i[redacted] covered container and chill. Combine [redacted] maining pears in blender container w[redacted] 1 tablespoon lemon juice, 2 tablespo[redacted] sugar, and 1 tablespoon chopped can[redacted] ginger; whirl until smooth and ginge[redacted] finely chopped.

Whip ½ cup heavy cream until stiff; [redacted] in pear purée. Cover and chill mixt[redacted] (in the refrigerator or briefly in [redacted] freezer). To serve, set reserved p[redacted] halves in individual serving dishes; [redacted] with the pear cream and garnish with [redacted] ditional chopped candied ginger or ch[redacted] late curls. Makes 4 servings.—*J. S.*, [redacted] *Valley, Calif.*

Papaya Boats. Slice two ripe papaya [redacted] half lengthwise (unpeeled). Spoon s[redacted] from center; place halves, with cut s[redacted] up, in a baking dish or individual o[redacted] proof dishes (carefully slice thin l[redacted] from papaya bottoms if necessary so t[redacted] will lie flat in dish). Into each ca[redacted] spoon 2 teaspoons coconut syrup a[redacted] teaspoon butter. Place in a 300° o[redacted] for about 12 minutes or until papay[redacted] heated through. Serve with wedge[redacted] lime. If you wish, accompany wit[redacted] bowl of vanilla ice cream balls to [redacted] at the table. Makes 4 servings.—*B*[redacted] *Honolulu.*

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For more recipe suggestions, write The Pillsbury Company, P.O. Box 916, Dept. 152, Minneapolis, Minn. 55460.

Go creative with Pillsbury Create-A-Cake Mix. The mix you can throw yourself into.

Sour-Cream Coffee Cake

- 2 eggs
- ¾ cup dairy sour cream
- 2 cups (one-half 17 oz. pkg.) Pillsbury Yellow Cake Mix
- 1 package (7½ oz.) Pillsbury Coconut Pecan or Coconut Almond Frosting Mix
- 2 tablespoons margarine

Generously grease and lightly flour 8- or 9-inch square pan. In small mixing bowl, combine eggs and sour cream. Add 2 cups dry cake mix. (Measure by lightly spooning into cup and leveling with a spatula.) *STIR BY HAND* until well combined. Spread about half of the batter in prepared pan. Sprinkle about 1 cup of dry frosting mix over batter in pan. Repeat with remaining batter and frosting mix. Dot with margarine. Bake at 350°F. for 30 to 35 minutes, until toothpick inserted in center comes out clean. Serve warm.

Belgian Dessert Waffles

- 1 package (17 oz.) Pillsbury Yellow Cake Mix
- 1½ cups milk or light cream
- 4 eggs
- ½ teaspoon salt

Makes 6 large waffles (12 servings). Preheat waffle iron at medium heat. Lightly oil the waffle-grid surface to prevent sticking.

In large mixer bowl, combine cake mix, milk, eggs and salt. Blend and beat as directed on package. (Batter will be thick.) Pour about 1 cup batter (for ■ 9-inch waffle) in preheated waffle iron. Bake until waffle is golden brown, about 2 to 4 minutes. (Waffles will become crisper on cooling.) Cool waffles on a wire rack. Stack sections of waffles and serve with whipped cream and fresh, canned or frozen fruit, drained if necessary.

TIP: Leftover waffles may be wrapped tightly and refrigerated or frozen. If desired, reheat ■ few minutes in a toaster.

Chocolate Chip Meringue Bars

- 1 package (17½ oz.) Pillsbury Fudge Cake Mix
- ½ cup margarine, melted
- 2 eggs
- 1 package (5¾ oz.) Pillsbury Fluffy White Frosting Mix
- ½ cup boiling water
- ½ cup chopped pecans
- ½ cup semi-sweet chocolate pieces

In large mixing bowl, combine cake mix, margarine and eggs. *STIR BY HAND* until well combined. Press in ungreased 15x10x1-inch jelly roll pan or 13x9-inch pan. Prepare frosting with boiling water as directed on package. Spread frosting on fudge base; keep frosting about 2 inches from pan edge. (Frosting will spread while baking.) Sprinkle pecans and chocolate pieces over frosting. Bake at 350°F. for 25 to 30 minutes until toothpick inserted at edge of bars comes out clean. (Chocolate pieces will not melt.)

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DARROW M.

Dunk *hot falafil in yogurt or serve p*

Taste surprise ...fried falafil

For those with an adventuresome pa an interesting appetizer common to southeastern shores of the Mediterra makes an intriguing discovery. The is called falafil, falaf-ala, fallafel, falaf depending upon how you translite into written English.

Falafil are fried morsels made fro highly seasoned legume (fava bean, banzo) flour, laced with crunchy ses seed. The flour is available as a dry in markets that specialize in Near E ern foods. You simply add water, sl small balls of the falafil, and fry in o

In countries where they originated, fil are served plain (often as a meat stitute); but to the uninitiated, a co yogurt dip tempers the pungency.

FALAFIL

- 1 cup dry falafil mix
- ½ cup water
- Salad oil
- Unflavored yogurt or yogurt sauce (recipe follows)

Stir falafil mix and water thoroughly water is well absorbed, then shape ¾-inch-diameter balls. In a small saucepan heat 1 inch of salad oil to on a deep fat frying thermometer.

Immerse falafil gently into fat; do crowd pan. Fry about 2½ minutes o til richly browned; drain on paper to Return oil to 350° before each addi

Serve hot, or make ahead and rehea spreading in a shallow pan and pla in a 350° oven for 5 minutes. Serve or with a yogurt sauce. Makes abou falafil; allow 3 or 4 per serving.—*S Menlo Park, Calif.*

Yogurt Sauce. Mix ½ cup unflavored gurt with 1½ tablespoons *each* mi green onions and peeled cucumber.

The Mayonnaise Lovers' Mayonnaise

The hot tomato. Bright new accent for savory roast lamb or pork. Zippy and mellow with the mayonnaise lovers' mayonnaise. Velvety smooth Kraft Mayonnaise. Rich with eggs and extra egg yolks. ~ Cut 3 large tomatoes in half, crosswise. Bake at 350° for 20 minutes. Combine 1/2 cup Kraft Mayonnaise, 2 T. sliced ripe olives and 1/2 t. curry powder. Spoon onto halves. Bake 5 minutes longer or until lightly browned. 6 servings. Or, try 1/2 c. Kraft Mayonnaise blended with 1/4 c. Kraft Shredded Parmesan and 1/2 t. oregano.

Two delicious dessert recipes from Rome

You use one chiffon cake mix for both

PETE REDPATH

Fresh *sliced pineapple surrounds rum torte for a refreshing accompaniment. Streaks of chocolate over the top just before serving for a striking garnish*

Rome's pasticceria display exquisite multi-layered cakes and frozen tortes that are surprisingly light and delicate. The secret is a special technique of whipping hot sugar syrup into beaten egg yolks. Egg yolk meringue becomes the base for both butter cream frosting and ice cream.

The two confections pictured, a frozen rum cake and a chocolate-raspberry cake, follow this technique. You dovetail a single package of chiffon cake mix, baked in three layers, for the two desserts. Both cakes are well suited to making in advance for a party.

First prepare a package (about 1 lb. 2½ oz.) orange chiffon cake mix as directed on the package. Bake in three 9-inch round layer pans. Remove from pans and let cool. You use one cake layer for the Spumoni Rum Torte and two cake layers for the Neapolitan Cake.

Reminiscent of frozen eggnog, this dessert is actually Italian-style spumoni layered with chiffon cake.

SPUMONI RUM TORTE

- 5 egg yolks
- 1 cup sugar
- ⅓ cup water
- 1 cup whipping cream
- ¼ cup dark rum
- 1 chiffon cake layer (9-inch diameter)
- 1 small fresh pineapple
- 2 ounces semisweet or milk chocolate

Beat egg yolks with electric mixer or wire whip until thick and light ivory colored. Meanwhile combine sugar and water in a saucepan, bring to a boil, and place a candy thermometer in the pan. Boil without covering pan until temperature reaches 238°. Immediately pour hot syrup in a slow stream into the beaten egg yolks while continuing to beat until thick and the mixture has cooled to room temperature. Whip cream until stiff and fold in 2 tablespoons of the rum. Fold the rum cream into the egg yolk mixture.

Split the cake layer in half horizontally and place one half in an 8 or 9-inch cheesecake pan (one with removable bottom or spring-release sides); sprinkle with 1 tablespoon of rum. Spread with half of the rum cream. Place the other cake layer on top and sprinkle with the remaining tablespoon rum. Spoon over remainin cream mixture. Freeze overnight.

Peel and slice pineapple, removing cor and cut slices in half. Use a vegetabl peeler to make chocolate curls. Run thin-bladed knife around the edge of th frozen cake and remove pan sides; plac on a serving plate with a wide rim. A range pineapple around cake and sprinkl chocolate curls on top. Makes 8 serving

This refrigerator cake has a unique flav combination of chocolate, raspberries, an brandy ribboning its many layers.

NEAPOLITAN CAKE

- 4 egg yolks
- ¾ cup sugar
- ¼ cup water
- ⅔ cup soft butter or margarine
- 2 tablespoons brandy or Cognac
- 2 chiffon cake layers (9-inch diameter)
- 1 cup raspberry jelly
- Chocolate frosting (recipe follows)

Using an electric beater or wire whip, be egg yolks until thick and light ivory co ored. Meanwhile combine sugar and wat in a saucepan, bring to a boil, and inse a candy thermometer. Boil uncovere without stirring, until temperature reach 238°. Pour hot syrup in a slow stream int the beaten egg yolks while continuing t beat until thick and the mixture h cooled to room temperature. Beat in so butter and brandy.

Split each cake layer in half horizontal and place 1 layer on a cake plate. He jelly until melted and spread half of over cake. Top with second layer ar spread with half of the butter crea Set on third layer and spread with r maining jelly. Top with final cake laye Spread cake sides with remaining butt cream. Spread top of cake with chocola frosting. Chill. Serves 10 to 12.

Chocolate Frosting. Melt 2 ounces u sweetened chocolate in a small bowl ov hot water. Mix in 2 tablespoons soft bu ter. Mix in 1 cup unsifted powdered sug alternately with 3 tablespoons milk. necessary add more milk to make a fros ing that spreads easily. Stir in 1 teaspo vanilla.

Slice *of Neapolitan cake shows off its four layers. Use a sharp slender knife to make clean cuts*

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e, the lively blend of crispness and
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gant dinners. A suggestion or two:

gs Benedict Toast muffin halves.
ce a slice of broiled or fried ham
muffin, top ham with a poached
and cover with hollandaise sauce.

Baby Pizzas On toasted muffin halves, spread one layer of tomato sauce, one of Mozzarella cheese, one or a combination of your choice of: canned mushrooms, pitted olives, anchovies, salami. Heat until bubbly.

Crab Sandwich Mix crabmeat with mayonnaise and sliced ripe olives and spread over toasted muffin halves. Sprinkle shredded Cheddar cheese over crab. Broil until cheese melts.

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How to test your own oven

The questions readers ask us about coo ing often indicate that their ovens a not operating at correct temperatur Cooking at the right temperature is critical factor in achieving good resul with many recipes.

Just what can you do if you suspe trouble with oven temperature contr Here are some suggestions:

To check the oven yourself, an accura thermometer is essential. A mercury-fill oven thermometer of sturdy constructi costing about $4, may be a good inve ment. But if you own any good thermo eter that registers temperatures in t 300° to 400° range (such as one for de fat frying), it can be used for checki the oven.

It is true that many thermometers a inaccurate, but if you have one that c be immersed in boiling water it's ea to determine just how many degrees hi or low it may be registering. You'll ne to remember that water boils at 21 Fahrenheit at sea level (at 208.4° F. 2,000 feet altitude, and 203° F. at 5,0 feet).

How ovens work. It's important to und stand what the thermostat does. Wh you turn the oven to a selected tempe ture, the heat comes on, and on so ranges an indicator light also comes The temperature rises to a point abo your heat setting, then shuts off (oft you can hear a click at this point). W heat off, the oven cools to a point bel your setting before the heat comes again and another cycle begins.

Ovens vary in their cycling pattern, bu range of 40° between high and low po is normal. Gas or electric ovens that porcelain lined typically cycle at 2 above and 15° below the temperat setting. Chrome-lined ovens, because t heat somewhat differently, usually cy at about 15° above and 25° below temperature setting.

It may take the oven 10 to 15 minutes complete the first cycle; subsequent cy occur at shorter intervals. After the o has been on for some time with the d closed, it should maintain a fairly stea temperature.

How to check your oven. Place the th mometer as near the center of the o as possible, where you can read it throu the glass door (without a see-throu door, place it so you can read it quic with the door very slightly ajar—the te perature drops quickly when the o

The thin-skinned peas with the sweet disposition

If there's one thing the Giant knows best, it's peas. He knows just how to grow them so they're sweet and plump and tender. He knows just when that fleeting moment of perfect flavor has arrived; and that's when he picks them. When they're thin-skinned and delicate. Then he rushes them off to be canned. Try the sweetest taste in peas — the ones from the Green Giant. With all the care he gives them, it's no wonder they have such a sweet disposition.

© Green Giant Company

Aid to education.

The perfect snack to do homework with. Hot, meaty and satisfying. Nourishing too. Jeno's Pizza Rolls . . . food for thought.

Jeno's Pizza Rolls

The late, late snack.

Great for late, late tv. Or late, late company.
It's never too late for a good, satisfying hot snack.

Jeno's Pizza Rolls. In the Hot Snacks Section of your grocer's freezer.

door is opened). Set the oven at 350° pull up a chair, and prepare to observ for about half an hour.

Record the high point and low point c the temperature cycle and the length e time it takes to complete the first an second cycle. Then continue watching t see how long it takes for the temperatur to level off and become fairly steady. I that average level temperature is no mor than 50° higher or lower than your se ting, one easy solution is simply to se your dial that much higher or lower tha recipes call for. (Some dials fit loosely s there is play amounting to several degree —just remember to be consistent in usin such dials to turn them as far right or le as possible at each setting.)

You can adjust the thermostats on som ovens yourself; the instructions for doin so will be found in the user's manual tha came with the range. For all other range you should call a serviceman to adjust o repair a thermostat that isn't workin properly.

Other problems and considerations. Som ovens accurate enough at normal bakin temperatures are less reliable at low ten peratures, such as 200° or 250°, that ma be required for long, slow baking of som thing like a fruitcake. Also some sel cleaning ovens are somewhat erratic rigl after being cleaned. It is always good i surance to use an oven thermometer an get in the habit of checking it regular when the oven is in use.

How you use the oven can affect its eff ciency, too. For example, if you prehe the oven only until the indicator ligl goes off the first time, then put in som thing fairly large and cold, it will low the temperature immediately, and th oven may take quite a while to return t the set temperature. On the other han if you put in something like cookies tha bake quickly, despite the set temperatu they may encounter an actual temper ture at either end of a 40° swing, depen ing on whether you put the pan in at th high or low point of the cycle. When tem perature is important, it is a good idea t preheat the oven at least 20 minutes, o the time it takes to complete two cycle

The use of foil drip pans in ovens ofte causes problems by interfering with he circulation. Also too large a pan, too mar pans, or pans that touch one another o the sides of the oven may cause unev baking for the same reason.

Service repairmen tell us that damage the thermocouple caused by oven spra cleaners is a common cause of troubl The thermocouple is a thin, rod-shape device inside the oven; it is filled with gas that measures the heat. If it becom pitted, the gas may escape, and the the mocouple and thermostat stop functio ing and need to be replaced. To preve such damage, cover the thermocouple r when you use oven cleaners.

Betty Crocker introduces a memorable taste: old-fashioned Milk Chocolate Frosting.

It's the kind of taste that reminds you of Uncle Harry. When he came to visit and took you down to the candy store for a treat. Milk chocolate. The kind that came in big chunks. Sweet. And creamy. And rich. And he'd offer you one out of that crackly white sack. And you couldn't decide which chunk was biggest. So Uncle Harry would pick for you.

And give you a second, in case he was wrong.

Now Betty Crocker brings those memories back. By bringing back the taste. Old fashioned, chunk-style, milk chocolate flavor. In a creamy, smooth frosting mix...that doesn't taste like a mix.

In fact, you'd swear Betty Crocker must have had an Uncle Harry.

nisce all the way by trying
w frosting on Betty Crocker
Chocolate Cake Mix.

Once inside the party, Stixpak® will prove its social acceptability ove and over. Each packag contains five 2-ounce sticks of fine Cracker Barrel Brand Cheddar which you can: cube fo kabobs, slice for crackers, serve for munching.

Cracker Barrel brand is the finest snacking cheddar ther is. We provide this coupon to guard against party crashers.

This seemingly insignificant 10¢ coupon just might get us into a lot of parties.

DARROW M. WATT

risp, *buttery hearts and date-oatmeal cookies make cheery companions at coffee*

Lemon hearts and lemon rounds

plateful of cookies is always welcome : February holiday get-togethers.

iberal quantities of lemon peel add ap- ealing tartness to both these cookies. For est flavor, grate only the yellow-colored ıter zest of the lemon.

EMON OATMEAL ROUNDS

- 1 cup (½ lb.) butter or margarine, softened
- 2 cups firmly packed brown sugar
- 2 eggs
- 2 teaspoons grated lemon peel
- 3 tablespoons lemon juice
- 2 cups regular, all-purpose flour, unsifted
- 1 teaspoon salt
- 1 teaspoon soda
- 3 cups quick-cooking rolled oats
- 1½ cups chopped dates
- 1 cup chopped walnuts

ream butter and sugar together until nooth; beat in eggs, lemon peel, and mon juice. In a separate bowl stir to- ether the flour, salt, and soda; stir into ıe butter mixture. Then stir in oats, ates, and nuts until combined. Drop by ounded tablespoonfuls on ungreased cooky sheets about 2 inches apart. Bake in a 350° oven for about 18 minutes or until dry in center and edges are well browned. Cool on racks; store airtight. Makes about 4 dozen large cookies.—*L. B., Palo Alto, Calif.*

LEMON HEARTS

Cream together 1 cup (½ lb.) softened butter and 1 cup sugar. Beat in 1 egg yolk and 1 tablespoon grated lemon peel. Stir in 2 cups unsifted regular all-purpose flour and ½ cup finely chopped blanched almonds; press into a ball and place on a lightly floured board. Pat and then roll out dough ¼ inch thick. Cut with a heart-shaped cooky cutter and transfer to greased baking sheets. Reroll scraps and repeat until all the dough is shaped. Sprinkle cookies lightly with sugar. Place half of a glacé cherry in the middle of each (you will need about 20 whole cherries). Bake in a 325° oven for 20 minutes or until golden at edges. Cool on racks; store airtight. Makes 40 large cookies.—*C. U., Berkeley.*

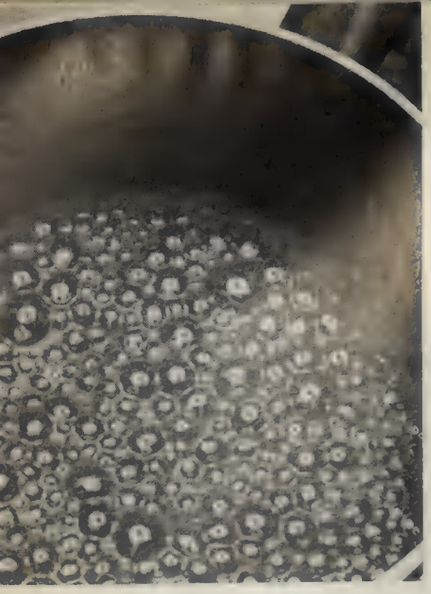
Gourmet Ideas
by Edie Cole

SOLE AND OLIVES—When speed counts, remember this succulent Lenten entree. Saute tarragon-seasoned sole fillets quickly in a generous amount of butter and transfer to a hot platter. Slice some Early California Brand Pitted Ripe Olives and add to the pan drippings along with a dollop of dry vermouth. Heat sauce and spoon over fish. Garnish with watercress.

GEORGE'S CHERRY CAKE—A birthday cake to honor George Washington: Mix up your favorite plain pound cake or a double batch of pound cake mix (enough to fill a 10-inch tube pan). Add to the batter ¾ cup sliced or chopped Cherry Bowl Brand Maraschino Cherries and ½ teaspoon almond extract. Bake as directed. Cool. Serve dusted with powdered sugar and crowned with whole maraschino cherries with stems.

SKIER'S BAGEL—A smart way to carry Lady's Choice Brand Farm Style Pickle Chips to the slopes: drain and pack in individual baggies. The pickles are handy to pop inside Swiss cheese and salami bagel sandwiches.

ALL FROM EARLY CALIFORNIA®
THE FINE FOOD COMPANY



For caramel, *heat sugar until it turns amber and forms fairly even bubbles on surface*

To line *ring mold, pour hot caramel immediately into pan, tilting to cover with syrup*

Italian *chocolate custard gets a finish of hot caramel which will cool to brittle candy*

You make a mess . . . or you make magic

Here is the secret of making magic with caramel

Something almost like alchemy takes place in the making of caramel even though it's just sugar heated until it melts and turns amber. But sugar in this golden condition is wonderfully versatile: It can be a syrup for flavoring; a crackly, adhesive coating; or, with the addition of nuts, a crunchy praline to eat like candy or decorate a dessert.

Handled with respect, the process of making caramel could hardly be easier; but just trip up on the basics and the result is nothing but a sticky mess.

Although it isn't practical or necessary to use a candy thermometer when making caramel, it is of interest to know that sugar melts to a glossy liquid at about 320°. Further heat drives off moisture. The sugar begins to turn amber and takes on a rich caramel flavor at about 356°, then it deepens to a bitter, blackish brown and finally burns.

Caramel has a considerable range: When pale straw-colored, it is delicate in flavor. In a medium amber tone, it is more richly flavored and has the widest appeal to most people's tastes. On the darker side, when it approaches a bitterness and is truly burnt sugar, it is liked best by some connoisseurs—they savor it thus in many of the restaurants in France.

Sugar can be caramelized from a dry state, but adding a little water makes it melt more evenly.

BASIC CARAMEL

In a small saucepan place ½ cup sugar and 2 tablespoons water. Place over medium high heat and cook, uncovered, without stirring, shaking pan occasionally, until sugar solution becomes a clear, glossy liquid. (If the heat is not high

ough, sugar crystals may develop: if is happens, put on lid, increase heat, d shake pan vigorously until crystals ssolve.)

ntinue to watch and shake pan occa- nally until the liquid takes on a pale aw color. At this point it will be only a nute or two before the color deepens to ich amber. It is ready to use at once in y of the ways listed below. Or you can ce it over a pan of hot water to keep it id and halt further caramelizing if you not quite ready to use it. Makes about cup caramel.

line a mold: Pour hot caramel at once o an ungreased 1½ to 2-quart metal ld or pan and quickly tip and tilt pan coat. Then fill mold with double cara- l chocolate flan (recipe follows) or your n recipe for baked custard flan.

use as a glaze: You can drizzle the hot uid caramel over the top of desserts e baked custard, cream puffs, pies, or es. Work quickly—the caramel hard- s immediately, especially if the surface overs is cold. If the caramel in the pan omes cool and starts to set before you ish, reheat by placing it over a pan of t water.

make praline: While the caramel is l pale in color, add to the pan ½ cup ed or slivered almonds or coarsely chopped filberts (or a mixture of almonds and filberts) and continue to heat, shaking pan, until nuts are coated and syrup deepens to a rich amber. Pour at once onto a lightly buttered baking sheet. In 3 or 4 minutes it will be cool enough to loosen with a spatula.

For candy to eat out of hand, cut praline on the baking sheet into 1-inch-wide strips while it is still warm and pliable. Then cut on the diagonal into diamonds. Makes about 16 pieces.

Or let stand until praline is hard and brittle. Then break into chunks and chop with a French knife as fine as you wish. Or, to make a fine powder for cake frostings, break the praline into chunks and pulverize in a blender. Makes about ½ cup powder.

Caramel both lines the mold and later lends a crackly glaze on this Italian-style macaroon-chocolate custard.

DOUBLE CARAMEL CHOCOLATE FLAN

- 1 recipe caramel (for lining mold)
- 1 pint half-and-half (light cream)
- 1 cup milk
- ¾ cup sweet ground chocolate
- 2 tablespoons butter
- 1 cup crumbled coconut macaroons
- 4 whole eggs
- 4 egg yolks
- ½ cup sugar
- 1 teaspoon vanilla
- 1 recipe caramel (to use as glaze)
- ½ pint heavy cream, whipped

Line a 1½-quart ring mold with caramel as directed at left. Set aside.

For flan, scald together the light cream, milk, and chocolate. Melt the butter in a small pan, add macaroon crumbs, and sauté until lightly toasted. Beat eggs and egg yolks just until blended and beat in the sugar and vanilla. Stir in scalded chocolate milk and toasted macaroons. Pour into the caramel-coated ring mold, place in a pan containing 1 inch of hot water, and bake in a 325° oven for 45 minutes, or until set. Remove from oven, let cool on rack, and chill, covered. When ready to serve, dip ring mold into pan of hottest tap water for 1 minute (you should hear caramel crackle). Run knife around pan sides and invert on serving plate with a rim.

Glaze custard just before serving: Drizzle caramel over surface as directed at left. Serve with whipped cream. Serves 8.

Here's how the French transform a single cake layer into a showpiece, glistening with praline.

PRALINE CAKE

- 1 double recipe caramel praline
- ¾ cup butter
- 3 cups unsifted powdered sugar
- 4 egg yolks
- 2 tablespoons dark rum (or 2 tablespoons milk with ½ teaspoon rum flavoring)
- 9-inch round sponge, chiffon, or butter cake layer (about 1½ inches high)

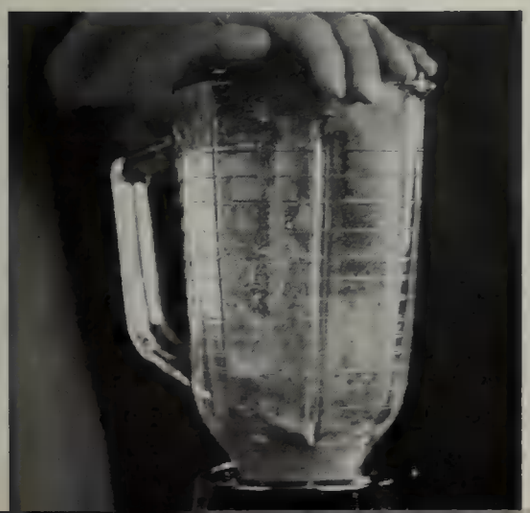
Prepare a double batch of praline and break half of it into eight 1 inch pieces; reserve these for decorating top of cake. Place remaining praline in a blender and blend until it is a fine powder.

For rum butter cream, cream butter until light and gradually beat in sugar, egg yolks, and flavoring, beating until smooth. Split cake layer in half, horizontally, and spread between layers and on top and sides with rum butter cream. Sprinkle the fine praline powder over the frosting, then concentrate the larger praline chunks around the edge. Chill. Place on a cake plate to serve. Serves 8.

DARROW M. WATT

Snap *praline to break into pieces*

To make *fine praline powder, blend chunks of praline using medium speed*



French rum butter cream cake *has a topping of praline powder, decorated with a ring of chunky praline candy pieces*

try the improved oatmeal!

Once you've tried the tiny, tender oat flakes teamed up with wheat germ in Instant Cream of Oats you'll agree . . . you just can't buy a more flavor-filled breakfast that cooks so fast and creamy right in the bowl. Open a pouch, pour it in a bowl, add boiling water and stir! If you like oatmeal, you'll love the flavor and convenience of Instant Cream of Oats!

. . . and here is another gourmet oatmeal! It takes a little more time but you'll savor the flavor of sun-ripened oats and nourishing wheat germ.

National Oats Company, Inc.,
Cedar Rapids, Iowa 52402

Arranged *to represent fish swimming in a rippling river: fried whole trout and vegetables in piquant sauce, all served hot*

Swimming sweet and sour trout

Whimsy and artistry blend in this handsome and flavorful Chinese fish dish. Carp swimming in the Yellow River in ancient China inspired the original recipe. In our contemporary version, trout take the place of carp.

Begin the meal with clear soup. Accompany the fish with hot cooked rice. Fruit or ice cream garnished with chopped candied ginger is an appropriate dessert.

SWIMMING SWEET AND SOUR FISH

- Vegetable sauce (recipe follows)
- 4 (about 2 to 3 lbs.) whole trout
- 3 tablespoons Sherry or pineapple juice
- 1 teaspoon soy sauce
- Salt
- About ⅓ cup cornstarch
- Salad oil

Prepare the vegetable sauce. Rinse fish and dry with paper towels. Mix Sherry and soy sauce and brush over surfaces and cavities of fish; sprinkle lightly with salt. Lightly dust cornstarch over outside of fish, then shake off all extra starch.

Pour salad oil to a depth of ½ inch in a large frying pan. Heat oil to 400°. Cook fish, without crowding, for about 2 minutes on a side, until skin is brown and fish flakes in the thickest part when probed with a fork; drain on paper towels. (If all the fish won't fit in the pan at once, cook in two batches, returning temperature to 400° for second cooking.) Keep fish warm while you finish the sauce.

With a slotted spoon, ladle vegetab from the sauce onto a large heated platt To simulate rippling water, use a wi pronged cooking fork to guide the ve tables into parallel lines. Place the l trout on the vegetables, then pour maining sauce over fish. Serve at o Makes 4 servings.

Vegetable Sauce. In a small pan, bl ⅓ cup *each* granulated sugar and pac brown sugar, and 3 tablespoons co starch. Gradually stir in ⅔ cup wl wine vinegar or cider vinegar to m a smooth paste. Then add 1½ cups r ular strength chicken broth, 4 teaspo soy sauce, ¼ cup Sherry or pineap juice, 4 cloves garlic, minced or mash and 1 tablespoon finely chopped cand ginger. Peel 1 large carrot and cut matchstick-sized strips; drain 1 can oz.) bamboo shoots and cut in mat stick-sized strips; add to sauce. Br to a boil, stirring. Reduce heat, co and simmer for about 5 minutes or u carrot is just tender and still sligh crisp; keep warm while you fry the fis

Have ready 1 large green pepper, see and cut in matchstick strips, and 6 gr onions with 4 inches of the green tops, in half lengthwise, then in 2-inch leng To serve, add peppers and onions sauce, bring to a boil, and use at onc

'Big enough to reach things without a chair. That's how big want to be."

She'll never need Vonder Bread more than ight now.

The time to grow bigger and stronger is during e "Wonder Years"—ages one through twelve—ıen a child reaches 90% of her adult height. help your child by serving Wonder Enriched Bread. ch slice supplies vitamins, minerals, carbohydrates d protein. Delicious Wonder Bread!

elps build rong bodies ? ways!®

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Like these Whispertone Stripe beautifuls. Easy Care no-iron durable-press sheets of 50% Kodel polyester, 50% cotton. Pequot for fashionable towels, bedspreads. And beautiful sheets since 1847. Pequot, 104 West 40th Street, New York, N. Y. 10018.

PEQUOT

THE

Western Kitchen

NEWS AND IDEAS

New product for pewter care

cently added to the continuously grow- line of household cleaners is ■ product cleaning pewter ware. Because pewter ı very soft metal, actually an alloy of and lead, it does require special care.

e kit contains two applicators: a rse pad for removing heavy tarnish l a smooth felt pad used for obtaining ne luster. If a piece is in poor condi- ı, apply the pewter cream with the rse pad, then polish back to the origi- luster with the smooth applicator.

e product, in a 6-ounce container, sells about $2 and is recommended for both ique and contemporary pewter. It is ıilable in houseware departments and elry stores.

Space for a cooler

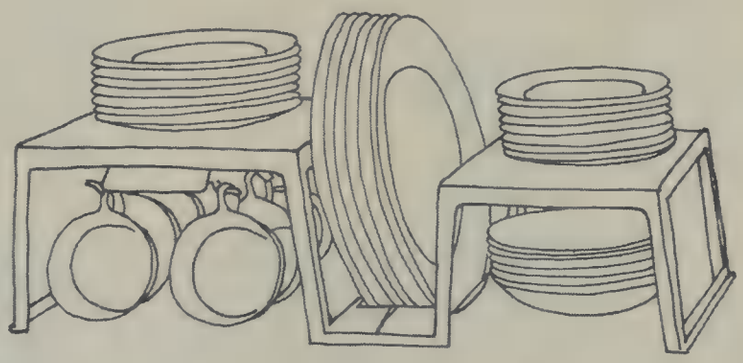
s small space next to a sink is a cooler ı three pull-out ventilated bins and shelf. The tall space beside it is for el drying; each rack slides out and is ed for free air circulation.

hitect Marvin Witt, Jr., and interior gner Barbara Davis designed the unit a home near Portland.

DON NORMARK

Drawer closes—toaster out of sight

The toaster drawer in the John Mowerys' Spokane kitchen slides under the counter when not in use. Architect Richard Perkins put an electrical outlet in the wall behind the modified drawer so the toaster never needs moving.



Storage units to stretch space

Units to increase your kitchen's storage capacity are now plentiful in houseware departments.

Storage units, like the dinnerware rack above, organize space and save the time and expense of cabinet work; this one stacks up dishes and holds a complete dinner service for eight in a small space.

The standards with adjustable shelves shown at right convert a regular cabinet door to a storage door for a miniature pantry. They can be either glued or screwed on.

Other units not illustrated here include slide-out drawers that stack one on top of another, lazy Susans that keep items nearby, and expandable half shelves that fit between standard shelves. All are designed to use formerly wasted space.

Fast and easy Coffeetime Idea:

Bake-'em-yourself Pastries from Pillsbury

Everything you need comes right in the package. Poppin fresh pastry dough. Lots of chunky real-fruit filling. Anc creamy icing. All you add is fresh home baking. If you car make a pot of coffee, you can make Coffeetime pastries! Tr Turnover Pastries and Coffeecake with streusel. Look fo them where the fresh things are.

In the deli case.

Apple, Blueberry, and Cherry

Apple Cinnamon, and Cherry

DARROW M. WATT

Cracked crab, *reassembled on crushed ice. Pick apart, dip pieces in Oriental vinegar sauce. Lift off body shell, invert for discarded shells*

Ginger sauce for cracked crab

sauce for cracked crab doesn't have to rich and creamy like mayonnaise. Try is Oriental rice wine vinegar sauce, fla- red with fresh ginger, to accent Dunge- ss crab.

both the Chinese and Japanese cui- es, crab-eating parties are traditional. ooked crabs are served whole for each est to feast on without distraction of her foods.

n old Chinese belief dictates that a light eal should follow such a repast, lest the abs crawl in your stomach. Actually, en crab is eaten without fat or starchy ods, you do feel like eating something se—perhaps Chinese noodles dressed th a meat sauce, or a small serving of aghetti with sauce or in a casserole. Hot een tea is a good accompaniment. Fin- with a light fruit dessert.

special Oriental product called rice wine negar gives distinctive flavor to this ce; look for it and sweet sake, called arin, in stores that carry Oriental foods. If you can't find them, you can approximate the flavor of the sauce with regular white wine vinegar (directions follow).

GINGER VINEGAR SAUCE

- ½ cup rice wine vinegar
- 1 tablespoon water
- 1 teaspoon shredded, peeled, fresh ginger root
- ¼ teaspoon salt
- 2 to 3 tablespoons Marin (sweet sake) or sweet Sherry
- Pickled ginger sprouts for garnish (optional)

Combine the rice vinegar with the water, ginger, and salt. Add sweet sake to make sauce slightly sweet. Serve in small dishes to each guest, garnishing with a ginger sprout if you wish. Makes about ⅔ cup, enough for 4 to 6 servings of crab.

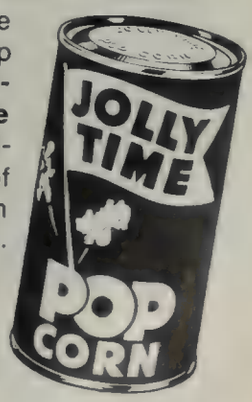
Alternate Ginger Sauce. Combine ⅓ cup *each* regular white wine vinegar and water. Add 1½ teaspoons chopped preserved ginger and about ½ teaspoon of the ginger syrup to make slightly sweet.

Blue Heaven

That's what people call the out-of-this-world flavor of authentic Danish Blue cheese teamed with salad, burgers, fruit. Unadorned, it's simply scrumptious. It's good for your soul to enjoy cheese as heavenly as Danish Blue, so pray you'll find some soon. Costs only pennies more, but it's worth every blessed cent.

IMPORTED
Danish Blue Cheese
ONE OF THE WONDERFUL CHEESES FROM THE FAIRYLAND DAIRYLAND OF DENMARK.

"Fed-up with "movie show" and "ball-park" type pop corn? Try crispy, fluffy, tender, **hulless** Jolly Time — the **different** pop corn that's **special for home popping.** The all-time favorite of real pop corn lovers. Try it. You'll LOVE it.



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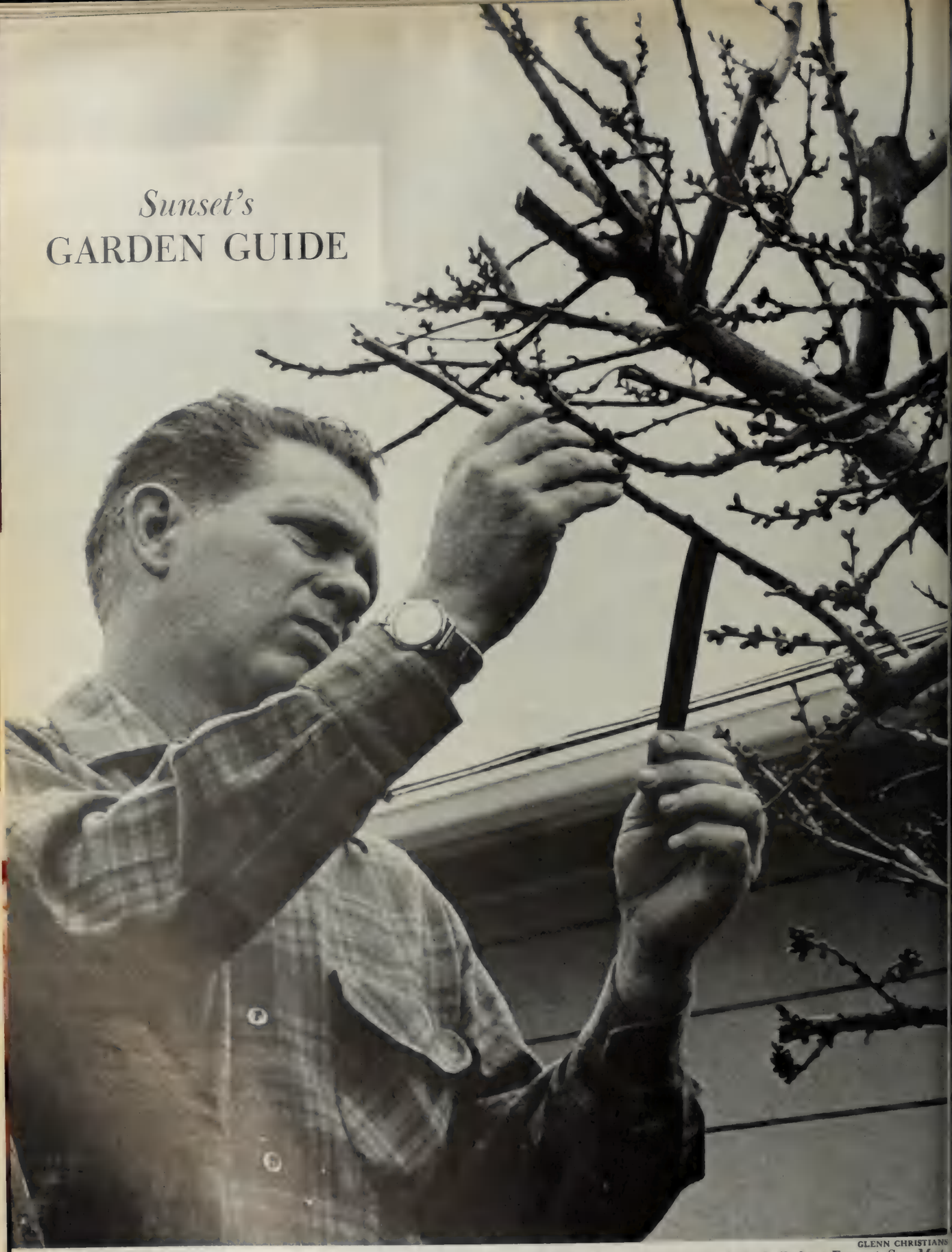

Sunset's
GARDEN GUIDE

GLENN CHRISTIANS

He's sealing a whip graft

Sealing plum scion to apricot stock, Robert Forrest, San Mat wraps all-weather plastic electrical tape from middle of joi outward, first in one direction, then the other. The method refined whip grafting; see page 114 of the January 1969 Suns

EBRUARY IN YOUR GARDEN:

Last call for winter tasks; soon it's really spring

most of central California, winter turns spring in February, despite the rain. the time to complete all those winter s before the dormant season slips y. Buy and plant bare-root nursery k, especially roses and fruit trees; will all be in containers soon.

sh other winter jobs of pruning de- ous plants and dormant spraying. Be ful not to prune tender plants such chsias, geraniums, and citrus until all ger of frost is past.

n you can begin to prepare the soil for ting annuals, perennials, summer- ering bulbs, and vegetables, or lay groundwork for a new lawn. Don't to set out tender plants, though; a warm days that seem like spring can be followed by rainstorms or frosts.

slaught of slugs

gry slugs and snails become active ebruary after their winter dormancy soon as night temperatures exceed and can do great damage to lush new th. Spray or put out bait to catch t of them now, and control will be h easier the rest of the season.

e slug bait liberally (but follow label autions) around the base of valuable specially tender plants, by rockeries, along flower bed edges. Favorite slug ms may require a complete ring of ts around them to ensure protection.

ls, and especially slugs, like to eat grasses and dichondra, then hide ng the day in nearby ground covers crevices between lawn and paving. ngle application of bait along such lers can kill hordes.

-America snapdragon: hole new flower type

al conversation piece for your garden indoor arrangements is the novel All-America winner, 'Madam Butter- Representing a completely new flower in snapdragons, the flowers resemble ble-centered azalea blossoms and are er than those of ordinary snapdrag- giving a fuller flower spike.

vigorous, base-branching plants reach 2½ feet in height and show 10 or e spikes. Colors range through scarlet, son, rosy orange, yellow, pink, light en bronze, and a novel magenta red.

Cycle *of camellia petal blight. Disease control lies in preventing spore formation*

Camellia petal blight

Camellia petal blight becomes most conspicuous in February, when camellias are at the height of their blooming season. This fungus disease (*Sclerotinia camelliae*) will infect all camellia varieties, attacking the blossoms only when they begin to show color.

Symptoms of petal blight are quite distinct from damage caused by wind or frost, since the ugly browning caused by the disease spreads from the center of the petals rather than appearing at the tips. Veins of infected petals are generally darkened, giving a netted look.

Infected flowers eventually turn completely brown and drop to the ground, where the fungus continues to grow until it enters its dormant stage. Small fruiting bodies (somewhat like mushrooms) grow from the soil between January and April of the following year; these eject spores that are carried by wind to new camellia blossoms, and the whole cycle begins again with the appearance of the ugly brown splotches on the petals.

Control of this disease lies in preventing spore formation, thereby interrupting the cycle. Good sanitation practice is your best bet: Cut off infected camellia flowers, pick up all dead blooms on the ground, and replace mulch around camellias after the blooming season. Burn or haul away removed flowers and mulch.

These measures can eradicate petal blight, but the process may take up to five years since some spore-producing parts may remain dormant in the ground that long. Apply a fungicide in severe cases. PCNB is the most effective; wet the ground around plants with it several weeks before camellia blooming season.

Large *double-centered, azalealike blossoms of novel snapdragon 'Madam Butterfly'*
DARROW M. WATT

Save your soil

Wait until after the rainy season to pull weeds growing on steep, unplanted banks,

Sunset's GARDEN GUIDE

or on slopes where the ground cover hasn't yet begun to fill in. Although it's much easier to pull the entire weed plant from wet soil, doing this loosens the soil so it has little protection against surface erosion if heavy rains follow. Leaving weeds until the coming of dry weather saves your valuable topsoil.

Even in level garden areas you may want to leave weeds alone when it's wet, because each weed takes a large clump of dirt with it when pulled from soggy soil.

If bank or garden appearance is important, spray weeds with weed oil before they reach 3 inches in height. This will kill the weeds and prevent them from crowding garden plants, while leaving their dead roots to help hold topsoil during rains.

Helpful rose handbook

To help you make a selection of roses, the American Rose Society publishes a small (3½ by 6¼ inches) guide called *A Handbook For Selecting Roses*. The new 1970 version is out now.

More than 1,000 roses are listed, with information about height, color, and the society's national rating for each one. Also included is a description of current All-America rose selections, a section on the most highly rated roses by color, and detailed information about the American Rose Society.

To receive a copy, send a stamped, addressed return envelope and 10 cents to American Rose Society, 4048 Roselea Place, Columbus, Ohio 43214.

Cinerarias for shade color

Cinerarias afford a colorful surprise in cool, shady garden spots with their daisy-like flowers that sparkle in pink, blue, purple, red, magenta, and white. Available in nurseries from February on, cinerarias deserve to be more widely known; they are among the most colorful and attractive flowers you can plant in shady locations.

You may find three kinds of cinerarias at nurseries in flats or cans for late winter and early spring bloom.

By far the most common are the two dwarfs, Hybrida Grandiflora and Multiflora Nana. Both are 12 to 15 inches high, compact and stocky in appearance, with lush broad green leaves and tightly clustered blooms. The Grandiflora has larger daisies (3 to 4 inches), while Multiflora daisies are smaller (1½ inches) but flower clusters are more numerous. Both kinds come in mixed and separate colors and often have distinctive, contrasting white bands or eyes on the daisies.

Stellata, the third kind, is a much taller plant (2½ to 3 feet), with loose clusters of small, starlike flowers. The less common "old-fashioned" Stellata will reseed itself.

Cinerarias are most effective in mass plantings or combined with ferns, tuberous begonias, or foliage shade plants. Plant them at least a foot apart in cool, moist, rich soil. Water generously and often, since they require unusually large amounts. Avoid soggy soil, however; soil should drain well to protect the plants from stem rot.

ROBERT COX

Colorful *dwarf cineraria has large clustered daisies with contrasting white bands*

Principal pests are leaf miners, spider mites, slugs, and snails. Prevent leaf miners with a combination systemic insecticide and fertilizer—since they are much more difficult to control once established inside the leaf.

February garden events in northern California

February and March. Camellia shows sponsored by various clubs and associations. See page 192 for details.

February 3, 10, and 17. Lecture series on garden design and simple construction sponsored by the Strybing Arboretum Society. Place: Hall of Flowers, Golden Gate Park, Ninth Ave. and Lincoln Way. Hours: 10 A.M. to noon. Admission per lecture: $1 for members, $2 for nonmembers. Although the lectures form a series, you may attend any of them.

FEBRUARY CHECK LIST

Tasks are these:

☐ **Azaleas.** Nurseries have aza leas in bloom this month. Trim and shape established azaleas in you garden while they're in bloom, an apply a complete acid-type fertilize after flowers fade. Insure agains burning plants by fertilizing twice a often with half the dosage.

☐ **Bare-root planting.** February i a prime month—also the las one—for bare-root planting; hurry because nursery stock is dwindlin

☐ **Bulbs.** You can plant nearly a spring and summer bulbs no in mild winter areas. Make successiv plantings at three-week intervals t extend the flowering season throug the summer.

☐ **Camellias.** More different kin of camellias bloom in Febr ary than any other month; take ad vantage of the large nursery stoc Do any transplanting of camelli while they're in bloom; they're do mant until new growth starts.

☐ **Frost damage.** Don't pru frost-damaged plants un they show signs of new growth; wh appears to be dead wood may su prise you with buds as late as Apr

☐ **Lawns.** Apply a complete law fertilizer this month so gra will grow vigorously during war spells and give weeds less opport nity for a foothold. If crabgrass w a problem last summer, now is yo last chance to apply one of the p emergence crabgrass controls; wa for warmer weather before applyi controls for broad-leafed weeds.

☐ **Planting for flowers.** Shop n for Polyanthus primrose, O ental magnolias in bud or flow daphne, dogwood, bare-root flow ing trees, and roses.

☐ **Pruning.** Finish dormant pru ing of fruit trees, berries, a roses, but don't prune spring-flow ing trees until they're in flower, just after the flowers fade.

☐ **Soil preparation.** Add a s conditioner or organic mat to soil in preparation for spring pla ing; let it weather in the rains, th when soil is dry enough work it i the ground. A 3-inch layer of amendments, mixed into the to inches of soil, is sufficient preparati

☐ **Spraying.** Complete dorm spraying of deciduous pla before buds begin to open. Be s to wet all surfaces; spray again heavy rains follow your applicati

Sears Ribcord spreads let your kids be kids.

If your kids are the kind who mistake a bed for a trampoline, cover their beds with Sears Ribcord. Ribcord spreads are made of the strongest, most durable cotton and rayon we could find. They're as tough as your kids.

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amps like these give h more than light. also give style, grace, m. They make cold s cozy. Empty rooms nate. They let you or relax without eye- n. They make your e prettier inside and out. Outside s can also provide extra security.

This is 1969 . . . don't live in the dark ages. Call at your nearest PG&E office for free copies of our booklets on indoor and outdoor lighting for your home. Fixtures shown: A) Progress pendant P-4148, B) Moe pendant M-2653-30, C) Prescolite post lamp 5935-GE, D) Lightolier chandelier 5004, E) Moe chandelier M-2051, F) Lightcraft pendant L1CD-310, G) Progress chandelier P-4538, H) Marco pendant SP-26, I) Lightcraft chandelier L6CH-300, J) Shalda garden fixture 536, K) Artolier wall fixture 888, L) Shaper wall fixture 6543-16.

PG and E

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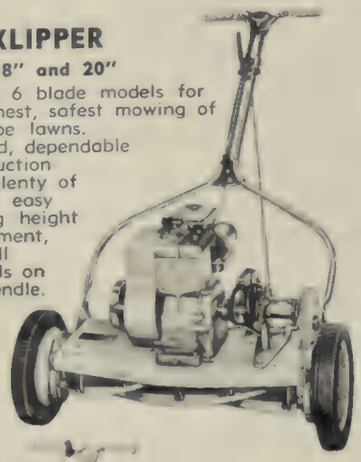

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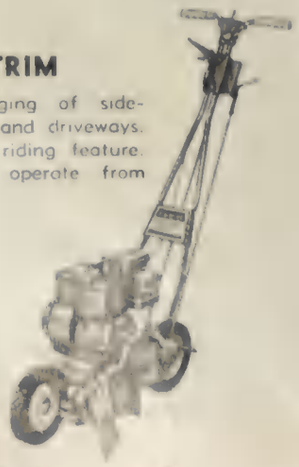

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RICHARD

There's ample room *for mother and fellow gardener in this well designed work c*

Behind the fence...her potting cent

Trap door *in laminated plastic counter opens to reveal large tub of potting mix*

Simple lines and lots of practical space make this garden work cente worth a closer look. The owner, Celia Kutcher of Capistrano Beach, fornia, uses it essentially as a pottin ter; it also provides ample storag pots, tools, and potting mix.

You can see the shelves for pots the work surface; below it are cont for soil, peat, and sand. Tools hang wall (see picture at left).

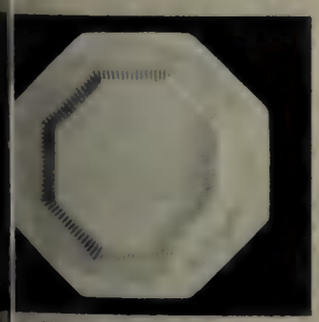
The right half of the work surf formed of boards spaced an inch to let dirt and water fall through left half is plastic laminate, with door that covers a supply of pottin

Screen in frame *fits right over the hole so gardener can sift soil directly into tub*

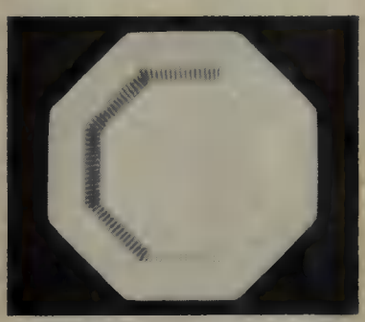
Sifted soil mix *is always ready f stays dry, out of view when not*

The first dishwasher detergent for dry-hards.

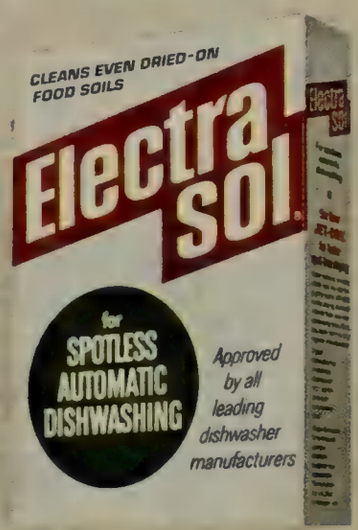
y-Hards are tough-to-clean foods—like fruit pie, oatmeal, meat fats, eggs, uces—that dry and cake and stick. And stick. And stick. To plates. forks. Filming glasses. Electrasol, fortified with 20% more active cleaning redients than other leading dishwasher detergents, really removes Dry-Hards. s your dishwasher give you cleaner, brighter, film-free dishes.



vould never perform a test like this, proves fortified Electrasol's superi- against Dry-Hards. Plate with Dry- paste of blueberry pie, oatmeal and aked on for ten minutes at 330°F out like this when washed in another g brand. Any dishwasher detergent emove soft food soils. The ultimate r effectiveness is on a Dry Hard.



Same Dry-Hard plate—but cleaned in Electrasol, fortified with 20% more active cleaning ingredients than other leading brands. Electrasol removes tough Dry-Hard soils like blueberry pie, oatmeal and egg—prevents them from drying into spots on dishes, glasses and silverware. Try Electrasol. It's especially designed to give you cleaner, spot-free dishes.



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DON NORMA

Two-inch *yellow gold stars of Kerria j ponica bloom in late March or Ap*

Bright stems now, flowers soon

The slender-stemmed deciduous shrub y may notice this month because of shiny bright green stems is *Kerria japo ca*. The whiplike branches show up, ev in the dead of winter, as a dazzling gre reassurance of the coming spring.

By late March or early April, 1 to 2-in yellow-orange flowers will be strung alo each twiggy stem. But this is a shrub consider for its graceful habit and ease culture as well as its green stems a early flowers.

A single shrub of kerria in bloom adds sunny note to a spring garden, a fi background for yellow daffodils, croc or primroses. Plant it near other yell flowering shrubs—in partial shade whe summers are hot, in light shade or f sun where summers are cool.

Typically an open, graceful shrub from to 8 feet tall and with a spread of 5 o feet, kerria has 2 to 4-inch pointed leav of light bright green. Its flowers are sin or double. *K.j.* 'Pleniflora' blooms are fully double that they look like gold ba

The single-flowered form is considerec more graceful shrub; its flowers have t elegance of wild yellow roses. Howev single flowers fade in about a week, wh those of the double-flowered form lo fine for two to three weeks. Nor is t single-flowered kerria as vigorous or har a shrub as the double-flowered form.

Plant kerrias where they will have roo to grow and show off their long, archi branches. They adapt easily to any mo erately good garden soil. As soon as flo ers fade, cut out all stems that b blooms at ground level, and remove we growth, too. Otherwise one shrub c grow into a thicket, for it will spread underground runners or suckers. You c also cut kerria in bud or bloom for inde bouquets; it forces readily in water.

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Now's the time to shop for and bring home a redbud

JOHN ROBINSON

Bright magenta *flowers open on bare branches of Western redbud in March. Tiny young leaves can be seen on some at branch tips*

Eastern redbud *tree takes rounded shape like this with little training, then broadens and flattens with age*

Anyone who has made an early sp trip into the foothills of the Sierra or i the inner Coast Ranges north of Francisco Bay has seen Western redl Its strong magenta flower color is uni among Western trees and shrubs, many people who see it wonder whe it will grow away from its native hillsi

It will—and now is the time to look one in a nursery. Bare-root plants available now but won't be for l nurserymen like to put them up in tainers soon after buying them.

But before buying a Western redbud vestigate all kinds available. All enough alike to be unmistakably redb but there are significant differences.

All redbuds *(Cercis)* are deciduous t or shrubs; leaves are roundish, with h shaped bases. The small, clustered, s pea-shaped flowers appear on the twigs, branches, or even on the trunk.

Hardiest to cold, fastest growing, largest of all redbuds is eastern re *(C. canadensis)*, which is usually a ro ish-headed 25 to 35-foot tree. The bi and oldest trees tend to take on a zontal, tiered branching pattern. Flo are rosy pink. A rare variety, 'Alba, white flowers. A double-flowered va known as 'Flame' has softer pink flo that look something like tiny rosel A small, shrubby variety called 'F Pansy' has pink flowers, rich purple foliage, and red twigs.

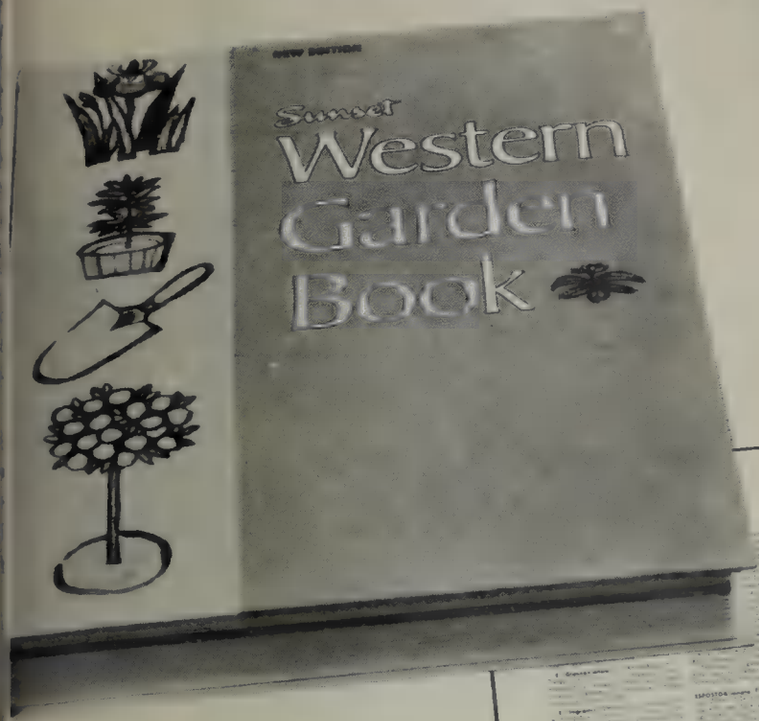
Southern Oklahoma, Texas, New Me and northern Mexico have a numb redbuds that have been known by ous names at various times. Current ion makes them out to be forms of ea redbud. Two of these forms are curr being grown in the West. The one c 'Oklahoma' may be the best of all; big, vigorous tree with a heavy di of wine-red flowers and, later, leat highly polished leaves that last long other. White Texas redbud, is a smal with white flowers.

Chinese redbud is usually a shrubby of rather open growth pattern to 12 feet tall. Its flower clusters are 3 inches long and deep rose in color.

Western redbud *(C. occidentalis)* shrub or many-trunked tree to 18 fe (usually less), very slow growing dry native hillsides or in nursery but fairly fast when field-grown in soil with ample water. It is espe effective with the blue of ceanothus foil for its flowers. Give it some wat its first few years to get it started. regulate its speed of growth by sla off on irrigation. It blooms best wh gets some winter chill.

Plant where drainage is good and colors won't clash with other flowe

THE COMPLETE HANDBOOK OF WESTERN GARDENING



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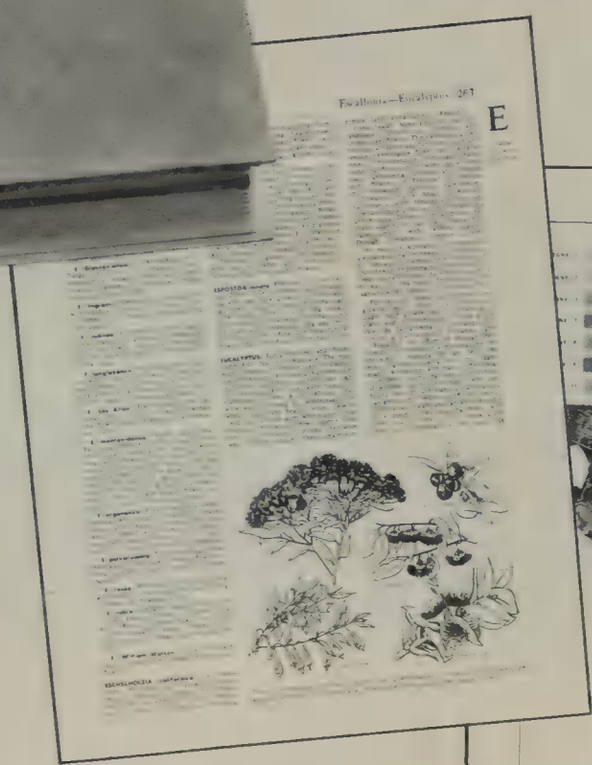
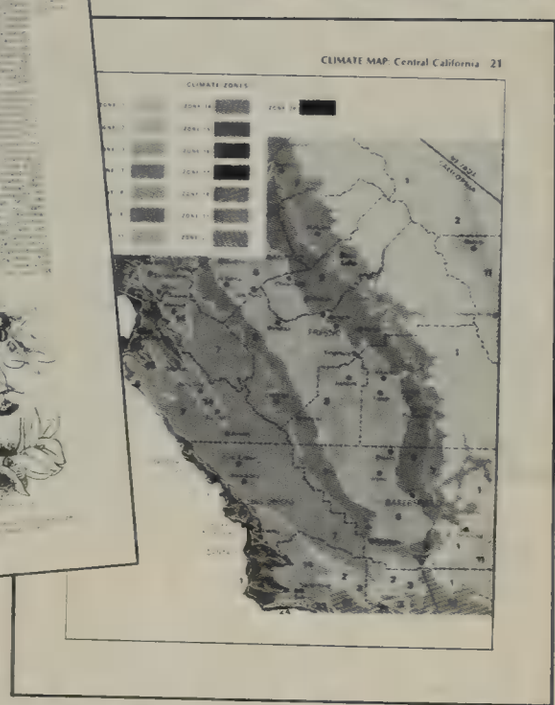


actual size much larger than shown here: 8¼" x 11"



e **Sunset Western Garden Book** *con-ns 448 easy-to-use pages, with over) illustrations, 12 maps, over 75 charts, a large 8¼" x 11" format. It is printed fine free sheet offset book paper. The ged sewn binding is finished in tex-ed, full-color, Pyroxylin-coated Pajco ich will withstand hard garden usage, is shable, and lies flat whenever the book pen.*

If you own a garden, here is the book for you to own. This handsome, easy-to-use guide — written exclusively for Western gardeners — will save you time, effort, and money, and is certain to make gardening more enjoyable, easier, and more successful than ever before as it does these three big jobs for you:

1. It tells about every plant available in Western nurseries — more than 5,000 — in the 279-page **Western Plant Encyclopedia.** Plants are listed alphabetically by botanical names, with the common names also listed for easy cross-reference. In every case you get a complete description, including the plant's characteristics, how it is best grown, its uses — according to conditions in your climate zone.

2. In 64 pages of useful charts, the **Plant Selection Guide** lists plants that have special characteristics to suit your particular needs; this all-new feature gives hundreds of suggestions for meeting numerous landscaping situations — for color, shade, sun, bordering a walk, etc.

3. In the section on **How to Grow Plants in the West,** the Sunset Editors describe every gardening technique in step-by-step how-to format, with a wealth of illustrative drawings. This covers all phases of gardening from preparing soil to planting, pruning, watering, fertilizing, etc.

Plus This edition contains a wealth of individual area maps and describes which of the 24 distinct Western climate zones you are in and which plants grow there best; the maps are accompanied by interesting, valuable descriptions of these growing climates. The Encyclopedia and other materials in the book are keyed to these zones.

And a six-page Guide to Gardeners' Language clearly defines, with illustrations and concise descriptions, the terms used daily by gardeners and nurserymen.

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ELLS MARUGG

Multicrown plant *of 'Rhapsodie Gisela', 15 inches across, has more than a hundred 1¼-inch-wide pink violets*

RHAPSODIE AFRICAN VIOLETS

Victorian nosegay in a neat ruff of green leaves

Rhapsodie African violets are a hea blooming strain that might well be stu enough and reliable enough to make v let fanciers out of just plain citizens. T have attained amazing popularity in two years since their introduction American gardeners; about 1½ mil are grown every year. Every one st life in Hayward, California, altho

Nearly *2 acres of Rhapsodie violets await shipment. Round things are labels*

Assistant gathers *leaves for propagating from plants in mother block*

Plantlets *have begun to grow on leaf stalks plunged in rooting bed*

Deft hands *remove plantlets, set them in pots of soft rich mix*

ıany other Californians) they are nan descent.

hapsodie strain was developed by n Holtkamp at his nursery in Issel- Germany. Holtkamp intended to e plants that would grow thriftily oduce masses of flowers. He did e to produce the biggest flowers, gest plants, or the most unusual color and form. These appeal to ed fanciers, but there simply aren't fanciers to make African violet tion a big business.

mp succeeded admirably; even a single-crown Rhapsodie plant is a an nosegay of bloom in a neat ruff green leaves. Bigger, multicrown like the one at the top of the op- page may have several hundred open at once. And flowers hold the plant, unlike many singles op flowers long before they fade.

t, these are African violets that y people can grow with ordinary and extraordinary results. But ow and bloom so well that even violet fanciers are enthusiastic.

isit Sunnyside Nurseries in Hay- ıd see how plants are produced.

begins in the "mother block," plants for propagation are kept. hese plants women gather leaves used in propagating. They also ut flowering buds to conserve the strength for further leaf produc- ter a year's service stock plants arded and replaced by fresh ones. the mother block is kept close to plants.

are sterilized and then placed in rooting mix. Leaf stems soon tiny plantlets. When these are large enough to handle (in 10 weeks), they are removed and potted in loose, soft growing mix. Plants then grow on until they are large enough to ship and sell.

A few thousand young plants are sent out to other greenhouses to grow on to salable size, and some go into fancy 7-inch-wide pots to grow up into big, multicrown florist's plants, but the vast majority go out as single-crown plants in 4-inch pots. Each one, regardless of size or eventual disposition, has a label-stake with the plant name and patent number.

PINKS, BLUES, AND OTHERS

All breeding for new varieties goes on in Isselburg. New introductions arrive in Hayward as leaves; plants are rooted, grown, and tested for adaptability to American growing conditions, then put into propagating blocks.

Of the 70 or so Rhapsodie varieties in existence, 12 are currently in production:

Pink kinds are 'Rhapsodie Annette,' 'Rhapsodie Claudia' (pure pink), and 'Rhapsodie Gisela' (warm pink, deeper in center).

Blues include 'Rhapsodie Elfriede' (deep blue), 'Rhapsodie Gigi' (white shading to blue at petal tips), 'Rhapsodie Maria' (deep violet blue), 'Rhapsodie Patricia' (blue shading to white at tips), 'Rhapsodie Ruth' (medium blue), and 'Rhapsodie Sophia' (large deep blue).

Others are 'Rhapsodie Ophelia' (purplish rose), 'Rhapsodie Ramona' (purple), and 'Rhapsodie Violetta' (deep lavender).

THEY LIKE IT WARM

Rhapsodie violets, like other African violets, grow best at temperatures most people find comfortable—the 70's. They bloom best if light is good but not too strong and hot. Yellowish, tough leaves indicate too much sun; soft leaves on long, pale leaf stalks indicate too little light.

Humidity is desirable, but not always easy to obtain. Always keep plants away from warm, dry air currents from forced air registers. Group them together or with other house plants to increase the humidity in their allotted space. Or (and this is the most certain way) stand pots on a layer of gravel in a waterproof tray. Water should not be deep enough to reach base of pot; add just enough to keep gravel constantly damp.

Correct watering is of extreme importance. Don't overdo it: at each irrigation give enough that some runs out the drainage hole in the pot, then pour the excess out of the pot saucers. Water should be at room temperature or slightly warmer.

Feed established plants with mild acid fertilizer frequently—as often as every two to four weeks. Follow instructions on fertilizer label.

Simple *12 by 16-inch stand made with 1 by 1-inch wood holds bonsai juniper placed on 6 by 8-inch block. Wood stained black*

Bonsai do well on a stage . . . so do many other potted plants

The way you display a plant often i important as the plant itself. Plant staging should, in fact, complement enhance each other.

Here and on the opposite page are different plant stands or benches, a wood. Each was designed for a parti location, and in most cases for a par lar plant or plants. The two example this page are extremely simple in d and easy to build. Those on the opp page are somewhat more detailed in struction, but are clean-cut in design appearance.

The bonsai enthusiast who designed built the small stand at left, calls matchstick stand because he used wood door trimmings (approximat inch square) from a cabinet shop glued the joints of this stand and nails in similar stands to be kept doors. The wood was finished with a bodied, flat black stain.

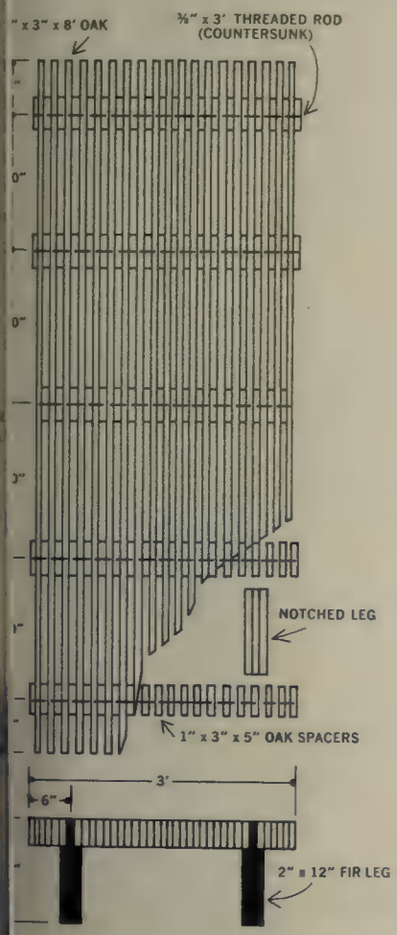
The pecky cedar plank below, sandbl and weathered to a soft gray, mak appropriate bench for displaying outdoors. It's a particularly harmo setting for succulents with their green, blue-green, or chalky white l These planks and trestles are availa different sizes; being separate, the

WILLIA

Pecky cedar *planks (right) make bench for dudleya at front and echeveria. Another dudleya at far right. Supports (above) have legs rabbeted into ¾ by ¾-inch crosspieces. Bench, pots by Esta James, designer*

DARROW M. WATT

Plant *benches made to fit under window in covered patio. They're used for seasonal displays like ferns, foliage plants pictured*



easy to lift and move around.

Two redwood benches, above, were designed to fit a corner formed by living and dining room wings of the house. The benches, 15½ inches high, are level with the bottom of the windows. The larger bench is 23½ inches wide and 55 inches long; the smaller one, 15½ by 31 inches. Frames are 2 x 4's with 2 x 2's inside; legs are 2 by 4's, tapered at the base.

No doubt the durable oak wood and sturdy construction of the long, low bench at the bottom of the page have much to do with its excellent condition after 15 years of use. The Japanese black pine—30 years old—is also durable.

The usual stage is wood. Construction can be simple

Bench *(see sketch) is elegant setting for fine old bonsai pine. Owner-designer: Joseph Yamada, landscape architect*

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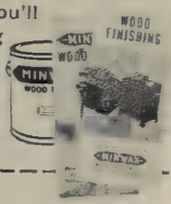

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After the first year, choose method 1, 2, or 3

You can't let a grape vine run wild. A badly trained, badly pruned vine will tangle, tend to get mildew, always bear disappointing crops of fruit—and it will never grow into anything that's much to look at.

There are many well proved ways to train and prune grape vines for maximum fruit production—which is no surprise, because man has been cultivating vineyards for thousands of years. But if you're a home gardener who wants a neatly trained vine as well as good fruit production, the best way is usually one of the two methods diagramed at right and on the following page, depending on which kind of grape you have planted.

Also shown is one of the best ways to landscape with any grape vine: training it over an arbor. Trained overhead like this, it will grow quickly and give cool shade a few years after planting; in Davis, California, one four-year-old vine covers a 40-foot-square arbor.

The drawings take you through a grape vine's first four years, from planting to maturity. Devote the first three years to training the vine. After it has matured, treat it the same way each pruning season (December 1 to March 1).

START THE VINES NOW

Now is a good time to start a vine. Nurseries usually carry bare-root plants (rooted cuttings) from January through Ma

Plant grapes in your garden's sunn spot (except in hot-summer areas, wh American varieties need part shade in afternoon). Avoid planting in shallow badly drained soils. Don't fertilize planting time. Later on, if plants seem be growing more slowly than they sho feed with fertilizer high in nitrogen.

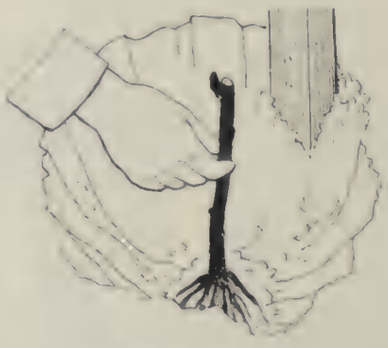
To be sure of large, good-flavored gra

First winter after planting

Time to start training and prun ing. Until now object has been to let plant sprawl, develop strong roots. Cut off all but stronges cane. Cut that to three buds. Ti

Second spring

New shoots grew from buds lef after pruning. When shoots are foot long, select most vigorous t serve as a permanent trunk. Tie t stake loosely. Cut off other shoot



At planting time

Soak roots if dry. Cut plant back to three buds, trim roots to 6 inches. Bury whole thing except top two buds. Water. Mound light soil over top (buds grow through)

you have to thin out some of the each year. Until the vine matures, let more than half a dozen bunche velop; cut off the rest as soon as forms. After maturity, let about ha bunches develop.

WHICH PRUNING METHOD?

How to prune depends on the vari grape. One of the two methods desc

d illustrated below and on the next page either spur pruning or long-cane prun-g—will work on any grape grown in estern gardens.

you follow either system or if you train vine on an arbor, do the same thing for e first year and a half: Always start out following the three steps you see illus-ated at left.

ur pruning. This method works for most ropean grape varieties except 'Thomp-a Seedless'; use it, for example, for ardinal,' 'Muscat,' 'Perlette,' 'Red Ma-ga,' 'Ribier,' 'Tokay.' The drawings w the vine trained on a simple wire port.

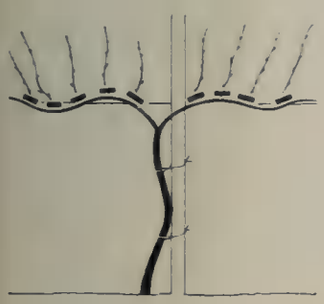
u can train a vine like this on top of ence, along a rooftop, or on a trellis or ilar structure.

ng-cane pruning (illustrated on next ge). Use this method for 'Thompson edless' and for most American grapes r example, 'Concord,' 'Delaware,' 'Ni-ara,' 'Pierce'). These kinds don't pro-e much fruit when cut back to short rs. They bear most of their fruit from ls farther out on the canes (the part t's cut off when branches are spur-med). Train them on the same type of

1. *This is spur pruning*

Second summer

When main shoot reaches foot above wire, cut it back even with wire. When top two buds sprout, train shoots horizontally. Tie each one to wire about foot from tip



Second winter

Cut off all branches from two main side arms (don't injure bud at base of each branch). You aren't pruning for fruit yet. Object now is to develop strong framework

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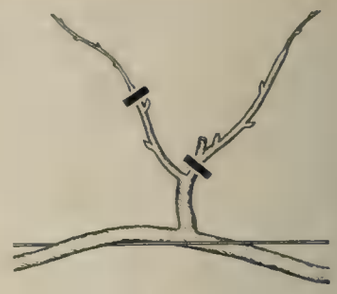
Spur pruning (continued)

Third winter

Now begin pruning for fruit production. First cut out all weak and crowded branches. Then select strong canes 6 to 10 inches apart; cut each to two-bud spur



Fourth winter . . . and after

Two canes grew from last winter's spurs and had fruit. Cut off outer cane at base. Shorten one closest to trunk to two buds. Repeat process each winter from now on

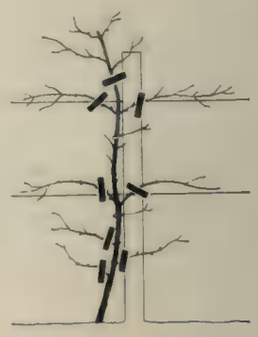
structures as spur-pruned vines.

Arbors. If led in the right direction, almost any European or American grape variety can climb up and over an arbor. Spend the first few years getting the vi to cover the structure, then prune ann ally using the method (spur or long-can that's best for the variety.

2. *This is long-cane pruning*

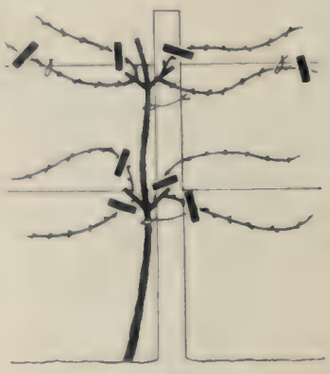
Second summer

Pinch out tip of stem a foot above the top wire. Let side shoots grow on upper third of plant; cut off shoots on bottom two-thirds. Tie vine near the top and at middle



Second winter

Cut off stem right through bud just above wire. Remove side branches below midpoint. Above, remove all but two to four side shoots; cut back to two-bud spurs



Third winter

Last winter's spurs are now long branches. Cut two as fruiting canes (leave 8 to 12 buds). Train in fan shape. Cut two to four as two-bud spurs. Cut off other canes

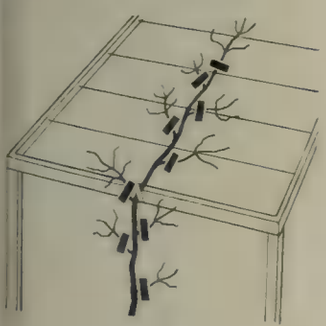
Fourth winter . . . and after

Cut off old fruiting canes. Each spur sent out two shoots; cut upper as fruiting cane (8 to 12 buds), cut lower as spur. Keep four to six spurs, same number of canes

. Or you can train any ne on an arbor this way

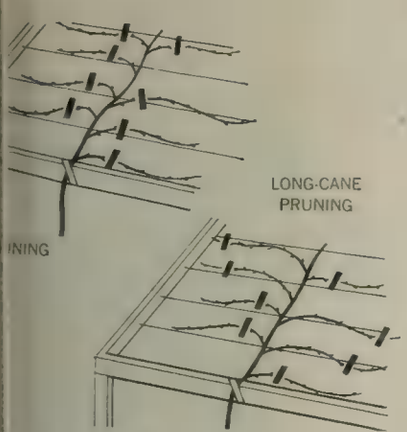
Second summer

nlike other methods, don't stop m. When tip of it reaches top support, tie down over corner. ncourage stem to grow long by ching back most side shoots



Second winter . . . and following spring

t back main stem to pencil- d wood. Cut off side branches. spring, when new shoots are 6 hes long, thin to foot apart. en 18 inches, tie at midpoint



Third winter . . . and after

r-pruned varieties: Cut back ots to two buds; next year, ne as in fourth winter of spur ning. Long-cane pruning: Al- nate spurs with fruiting canes o 12 buds); next year, cut off es, prune spurs as in fourth ter of long-cane pruning. With er method, you can leave ng canes 4 feet long every et for permanent framework

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A new plant misery in Mari

A bizarre European fungus disease gruesome, hard-to-believe symptom recently popped up in Marin Co Marin gardeners should watch out disease can permanently disfigure pers and damage or kill hawthorns is its first appearance in the W Hemisphere.

You'll have the best chance of spott on junipers during the coming mon March, April, and May.

Hawthorn-juniper rust begins on i rennial host, tam juniper *(Juniper bina* 'Tamariscifolia'). You'll see rough, woody cankers appearin branches. They remain permanentl grow in size to resemble rough-sk cigars which disfigure and sometim branches by their girdling effect.

Each March and April the canker duce reddish-brown, spore-cont horns about ¼ inch long. In Ma horns swell briefly into a jellylike which coats surrounding foliage in ning slime of released spores. All si the spore-horns disappear by mid-

Released spores infect the annual 'Paul's Scarlet' hawthorn *(Crataeg yacontha)*. The rust appears as re

Rust causes *spore-producing cank tam juniper; young canker (top) g resemble a rough-skinned cigar (b*

e dead spots on stems, flowers, and sides of leaves; these spots produce ky nectar in the latter part of April. after, ¼-inch-long, tan-colored spurs n masses, giving infected plant parts gy appearance. These spurs contain that carry the disease back to tam rs.

horn-juniper rust thus moves from r to hawthorn and back again; juni- an infect only hawthorns and haw- can infect only junipers. Haw- usually suffer the most damage; on ly infected trees, the leaves turn etely reddish brown and die, killing ee. Since hawthorns are an annual hey must be reinfected each season ree infected one season may be y the next.

horn-juniper rust (a relative of Con- sta County's pear-juniper rust) has ound in the West only in populated of Marin County on both sides of ay 101, from Mill Valley north to . Part of this area is currently un- arantine, with restrictions placed movement of tam junipers and ng hawthorns; a proposed amend- would include the entire area.

tain and eliminate the disease, Ma- unty Department of Agriculture ecting all potential host plants in arantined area, spraying infected orns, and destroying infected juni- he most effective control method e they are the perennial source of on).

n help curb the fungus by report- spected diseased plants to the County Department of Agricul- ivic Center, San Rafael (telephone 00). No home treatment is recom- l.

g hawthorn, *the alternate host, ldish-orange dead spots on top of stered tan-colored spurs beneath*

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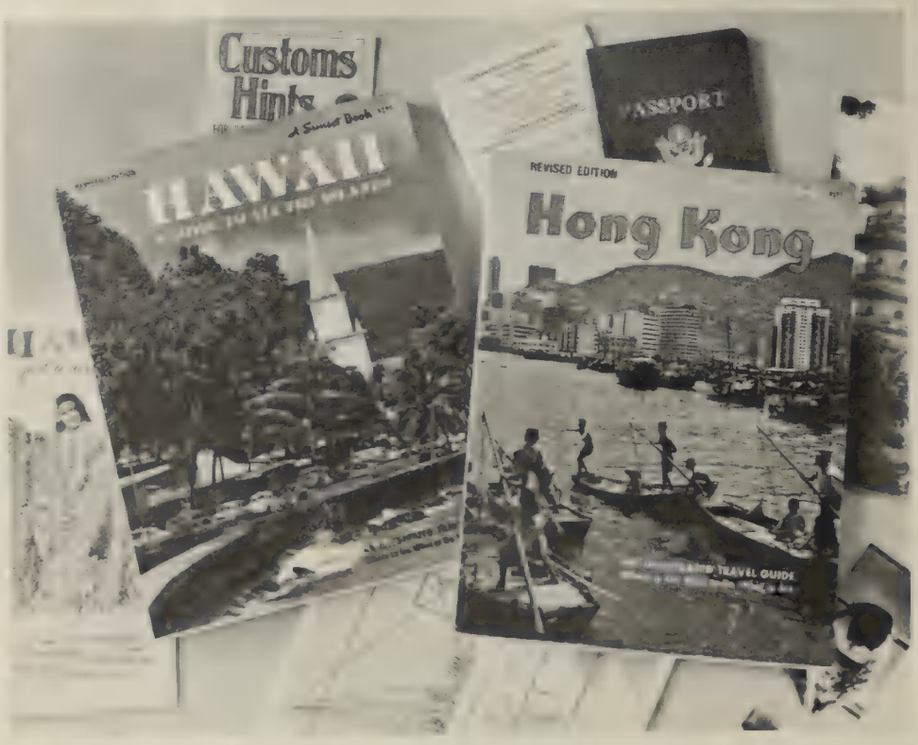

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House plants *in dish gardens, sin*

Dish gardens from the floris

The dish gardens pictured here all from a florist's shop; the floris bought them ready-made from a wholesale grower. Some are single while others are groupings of small that blend well with each other.

One thing they have in common their containers have no drainage so they are suitable for display o top or book shelf. But what abo plants growing in such containers? are their chances for survival, an can the owner increase these chan

First, face up to the fact that un containers aren't ideal. You'll h tend undrained dish gardens mor fully than ordinary house plants. all, don't overwater. Stagnant wat quickly rot roots, and the plant w and die with dramatic speed. watered plants will live longer, b must watch for evidence of wiltin water as soon as you notice it. Bi plants (like the azalea above) us

DARROW M. WATT

oupings, need careful tending

faster than smaller, less leafy

ın soon learn to estimate water
ɔy the weight of the dish garden:
ively heavy, it doesn't need water;
it's probably due for irrigation.

quality is almost as critical as
uantity. Salts can build up rapidly
ained containers. Never use soft-
ater; if all the water in the house
ned, bring in water from an out-
ıcet. The counsel of perfection is
distilled water. Feed plants very

alts from the soil occasionally by
container and soil thoroughly,
lting carefully to drain surplus
e. (Cradle surface of soil with
o keep plant and soil from slipping
lt and hold until no water runs
e soil.)

ɜerve water and avoid the dangers
ıent watering, keep plants out of
ıny windows and away from the
lrafts of furnace or heater. But
ɜer that plants need good light to
l grow; they are sure to perish in
rners.

ong run, the easiest way to man-
gardens is to enjoy them during
ime, then remove the plants to
ional drained pots. Then replant
es or use them for another decora-
pose.

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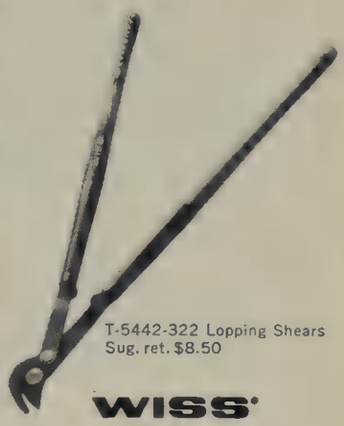

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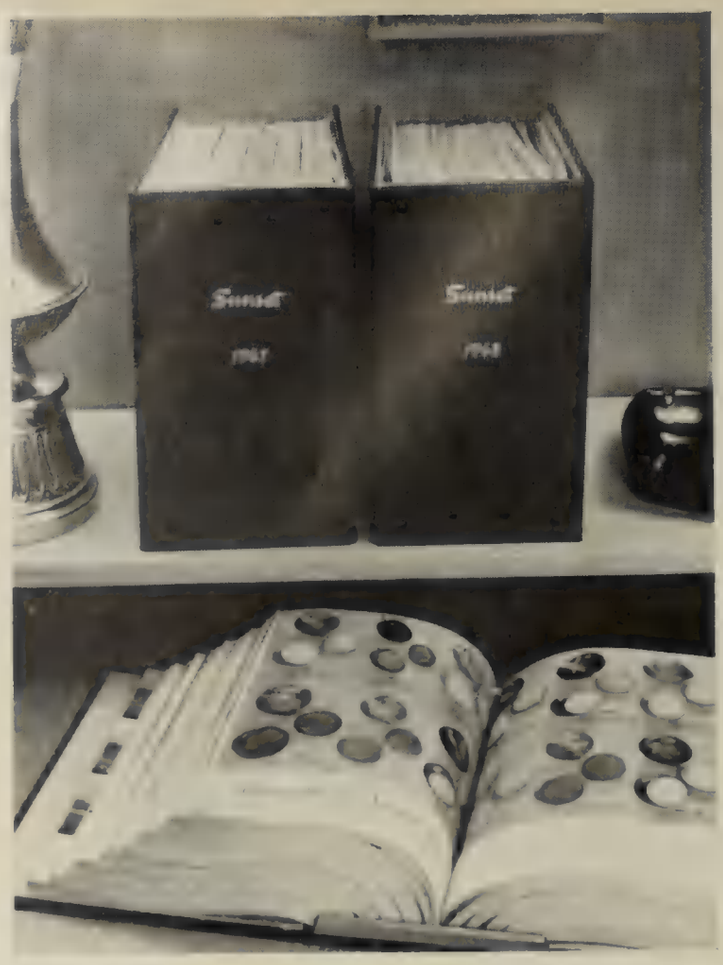

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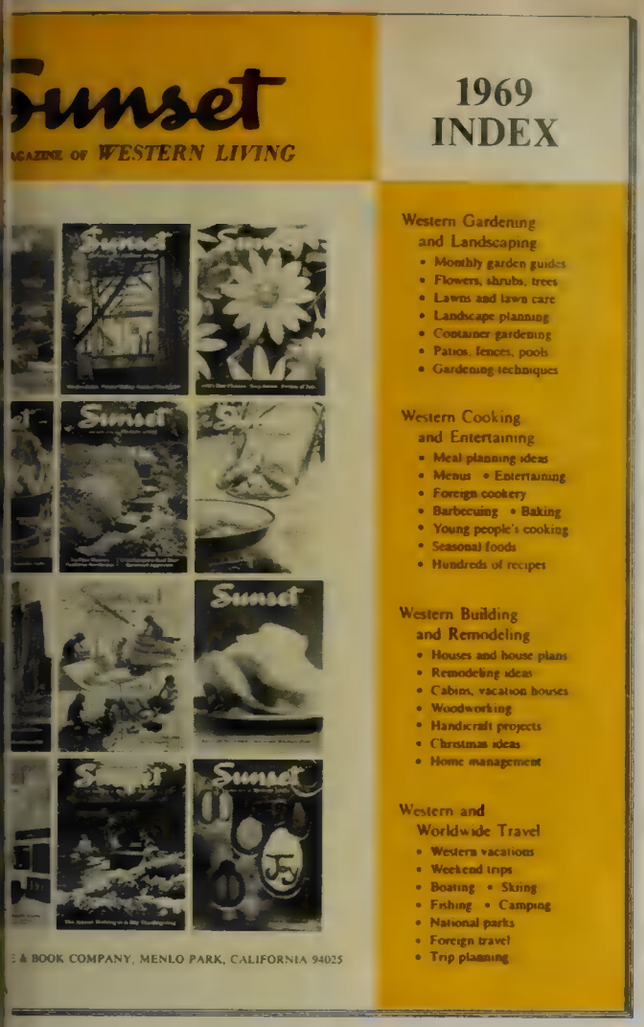

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La Canada. February 28 and March 1 Angeles Camellia Council. Place: canso Gardens, 1418 Descanso Dr. H noon to 5:30 P.M. Saturday; 10 A. 5:30 P.M. Sunday. Free.

Bakersfield. March 7 and 8. Camelli ciety of Kern County. Place: Baker High School Cafeteria. Hours: 1 to Saturday; 9 A.M. to 5 P.M Sunday.

Sacramento. March 7 and 8. Camell ciety of Sacramento. Place: Memori ditorium, 16th and J streets. Hours 10 P.M. Saturday; 10 A.M. to 6 P.M. day. Free.

Fresno. March 8. Central Californi mellia Society. Place: McLane School Cafeteria, 2727 Cedar Ave. I 1 to 6 P.M. Free.

Concord. March 14 and 15. Northern fornia Camellia Society. Place: Sun Shopping Center. Hours: 2 to 10 P.M urday; 10 A.M. to 6 P.M. Sunday.

Modesto. March 21 and 22. Camell ciety of Modesto. Place: Palm Cour ministration Bldg., Gallo Winery Yosemite Blvd. Hours: 2:30 to 7 Saturday; 11 A.M. to 6 P.M. Sunday

Santa Rosa. March 28 and 29. S County Camellia Society. Place: Student Center, Santa Rosa Junio lege. Hours: 2 to 6 P.M. Saturday to 6 P.M. Sunday. Donation: $1.

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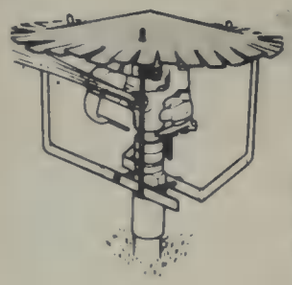

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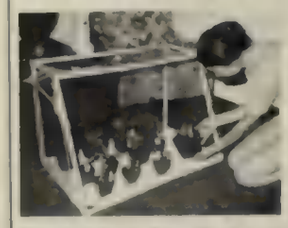

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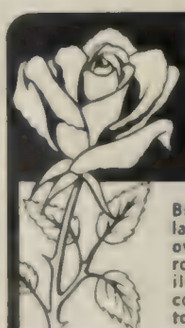

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Creamy bells *decorate R. 'Moonstone.' This plant is 11 years old, 2½ feet tall*

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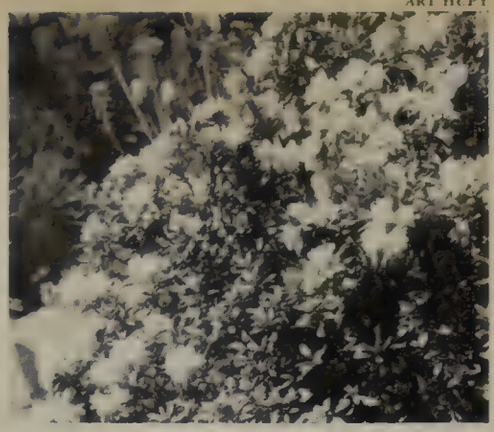

'Blue Diamond': *dense, compact growth to 3 feet; profusion of lavender-blue flowers*

For March and April bloom . . . earlier rhododendrons

DARROW M. WATT

March at the Strybing Arboretum - Sunset Magazine Demonstration Gardens, San Francisco, Rhododendron 'Forsterianum' in foreground; R. 'Cilpinense' in background

Rhododendron lovers always find that rhododendron bloom season is too short. If your collection, like most, includes only the large-trussed English and Dutch hybrid kinds, you may spend eleven months waiting for May, the height of the rhododendron season in northern California. But if you're adventurous and willing to try new varieties, you can gain an additional two months of bloom.

Flowers of these early kinds tend to be smaller than those of the later Dutch and English hybrids, and plants are more compact. You can use these rhododendrons in front of or between the larger kinds, or you can use them in raised planting beds or near foundations.

FOR MARCH BLOOM

Here are some very early ones for the March garden. All are quite hardy as plants, but blossoms may suffer damage from late frosts unless plants have overhead shelter from eaves or branches:

'Bric-a-Brac.' Compact growth to 3 feet. Small leaves. Many, many white flowers with chocolate brown anthers.

'Cilpinense.' Much like 'Bric-a-Brac'; apple blossom pink flowers fade to white.

'Forsterianum.' Open growth to 5 feet. Red, peeling bark and frilled, fragrant white flowers tinged pink.

R. racemosum. Small shrub with small leaves and a profusion of small pink flowers all along ends of branches. Takes much sun, is excellent in rock gardens.

FOR APRIL BLOOM

'Blue Diamond.' Compact, very dense growth to 3 feet. Tiny leaves; small lavender-blue flowers cover plant.

'Elizabeth.' Spreading plant to 3 feet. Medium-sized leaves. Large, bright red flowers in loose clusters; may show scattered bloom in summer, fall.

R. impeditum. Somewhat like a smaller 'Blue Diamond.' Fairly sun tolerant.

'Moonstone.' Slow, compact, rounded growth. Roundish leaves; flowers open pink, age to creamy yellow.

Skylight and clerestory windows *flood the indoor garden with light the plants need*

DON NORM

Potted chrysanthemums *in bloom perk up this indoor garden of tropical foliage p*

A daylighted garden indoors

To garden successfully indoors, you need lots of light. That explains, at least partially, why this garden is so impressive. The 10-foot fiddleleaf fig *(Ficus lyrata)* and 15-foot Mysore fig *(Ficus mysorensis)* growing under the skylight and clerestory windows are almost as luxuriant as they would be in their native jungle habitat.

The garden, 5½ feet wide and 13½ feet long, serves as a leafy screen between a side entrance and the dining room. Drain tiles in 8 inches of gravel at the bottom of the 2-foot-deep garden bed help prevent waterlogging and consequent souring of the soil. A hose bibb is nearby.

The soil in the bed was made of 2 parts screened loam, 2 parts peat moss, 1 part coarse sand, to which were added generous amounts of oak leaf mold, perlite, charcoal, dehydrated cow manure, lime, and a complete fertilizer. The garden is in Seattle where "cow manure" is legitimate and lime is usually needed. In most of the West, we'd suggest using a premixed, sacked planter mix as sold by nurseries.

The owner sinks pots of flowering plants in the bed and adds small indoor fo plants occasionally. She cultivates th with a spading fork. She prunes o layers the large foliage plants se times a year; they can add 2 feet of h annually, so must be restrained.

To air-layer, choose a branch 2 to 4 long and scrape off the bark aroun stem. Cover and wrap the wound as s below. After about four weeks, che see if roots have grown into the mo they have, cut off new plant just b rooted section and pot in moist soil

Here's how you can go about air-layering

Foil-wrapped *ball on rubber plant branch is air layer; it holds wet sphagnum moss*

Roots like these *develop in four to six weeks during periods of fastest growth*

If you stake *an air-layered plant it is being potted, it soon becomes*

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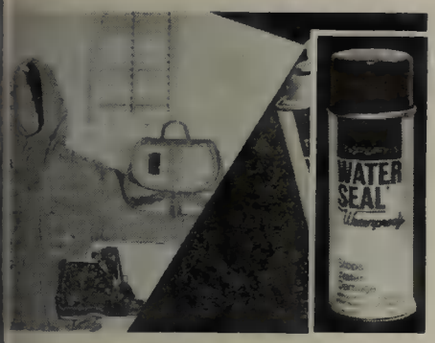

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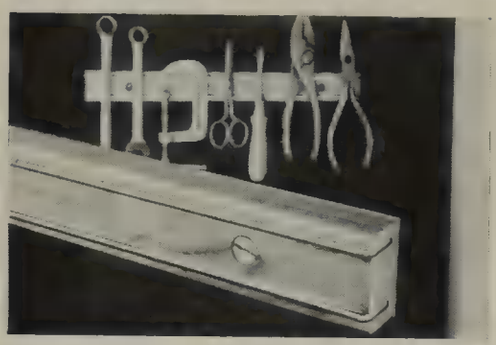

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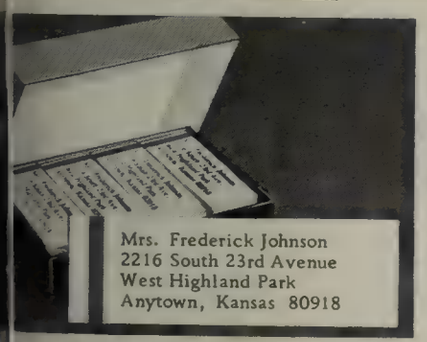

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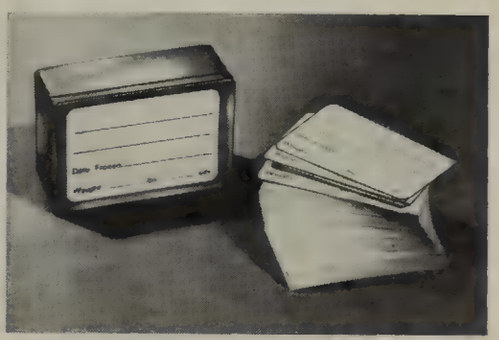

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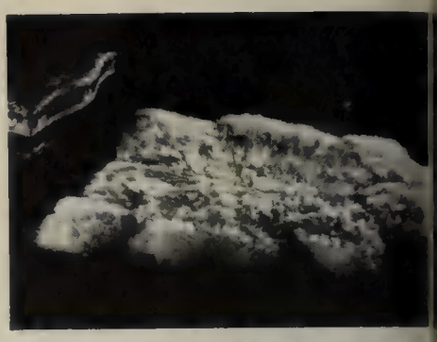

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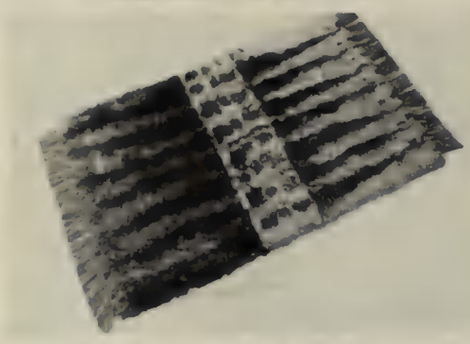

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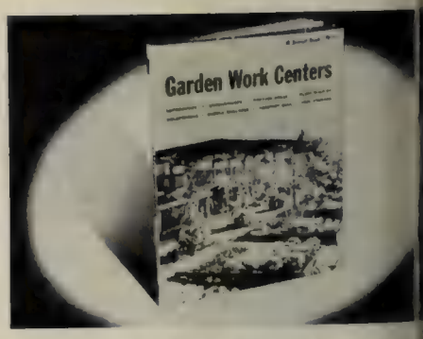

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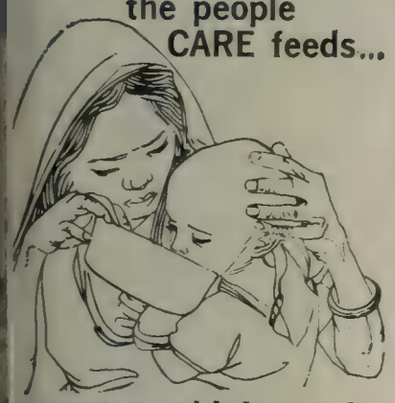

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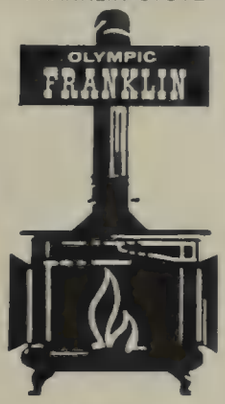

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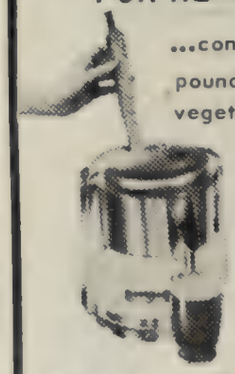

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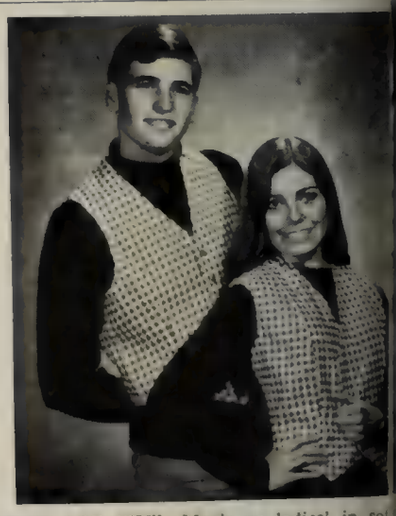

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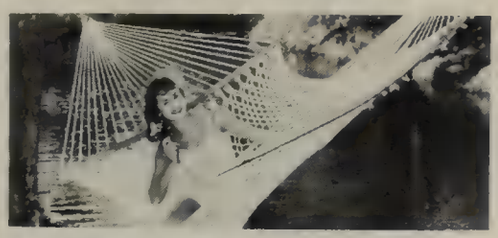

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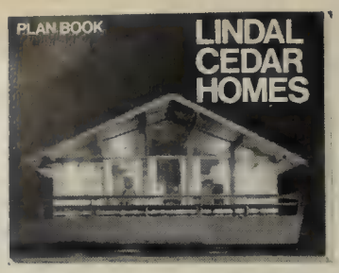

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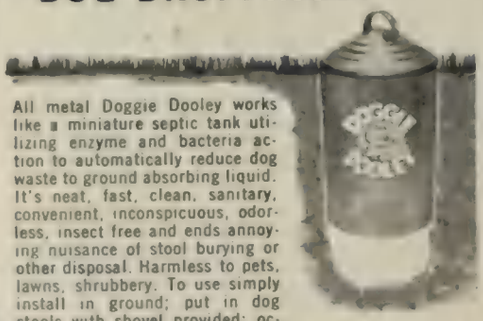

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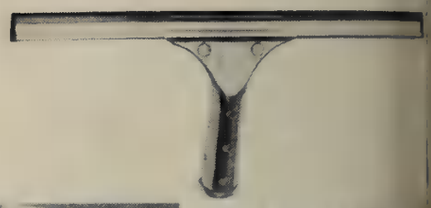

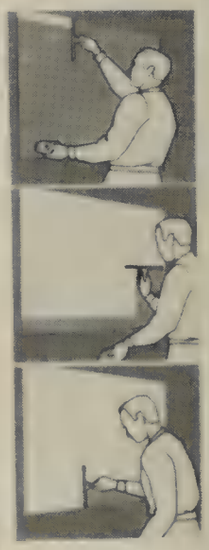

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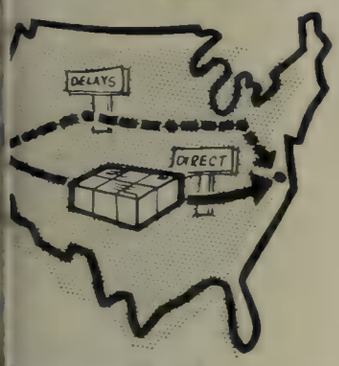

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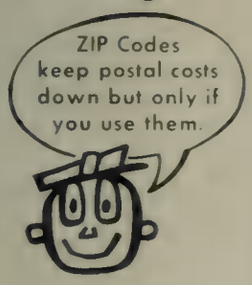

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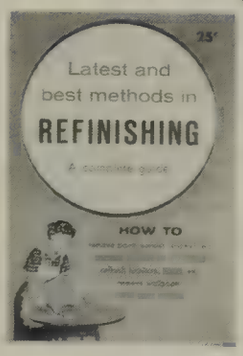

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There's room for a great many birds to eat without much jostling. And the owners stock the bowls with different kinds of food—wild bird seed, sunflower seeds, milo, cracked corn, bread—to attract different kinds of birds, including jays, doves, and five kinds of sparrows.

The main pole is a 1-inch dowel that runs through a hole drilled in the serving bowl; glue holds the bowl to a cross-dowel fitted beneath it. Three other cross-dowels, 12, 18, and 30 inches long, were fitted and glued higher up the pole, and small salad bowls were bolted to their ends. Two shorter dowels were added near the top for perching. The feeder base is an old carborundum wheel; you could make a similar one of concrete.

To keep the bowls from holding rainwater, a ¼-inch hole was drilled in the bottom of each. After heavy rains, soggy food usually must be scooped out. Owners are Mr. and Mrs. W. Glenn Patton of Santa Ana.

LETTER FROM *Sunset*

What's Western about Ceylon?

We often talk on this page about Western living, and how *Sunset* is a dressed to Westerners. Yet on page 58 there's an article on Ceylon.

In last month's *Sunset* you read about Hong Kong. In November, Ind Other months, England and Austria and Guatemala.

For *Sunset's* formula is not just to write about the West; it is to ser Western readers. And Westerners, the travelingest people there are, do travel only in the United States.

With less than 15 per cent of U. S. population, the nine Far Weste states account for more than 21 per cent of U. S. passports.

The energy and curiosity and imagination that Westerners show in th living patterns at home apply also to the way they travel. For all th regional consciousness, they are cosmopolitan. This is reflected in ma things, among them the foods Westerners select and the way they co the plants they introduce into their gardens; the innovations they only permit but encourage in house design; and certainly in the way th plan their travels. (In *Sunset's* pages these interests are related in wh our publisher calls the "total environment" of our editorial service.)

It isn't surprising that more Westerners than Easterners travel acr the Pacific. But of all regional groups, a much larger percentage of We erners also travel to South America and to Africa—and almost as ma Westerners as Northeasterners visit Europe.

For a long time we have acknowledged this wanderlust in our travel pag This month we report on Ceylon and on Fiji. In future issues we w continue to publish articles on overseas destinations—by *Sunset* edit who have been there, and whose reports are written not just for armch browsing but with the knowledge that many readers, sooner or later, w be seeing for themselves.

What's Western about Ceylon? An increasing number of its visit Maybe, one day soon, including you.

WINDOW ON THE WEST:

The view from 2 miles up

The hiker at left, and his photographer companion who took the picture, are near the 10,831-foot summit of Southern California's Mount San Jacinto, just before the winter's first snow. Their vantage point is 2 miles above the floor of the Coachella Valley, in the middle of the photograph. Beyond are the Little San Bernardino Mountains in Joshua Tree National Monument (see page 66).

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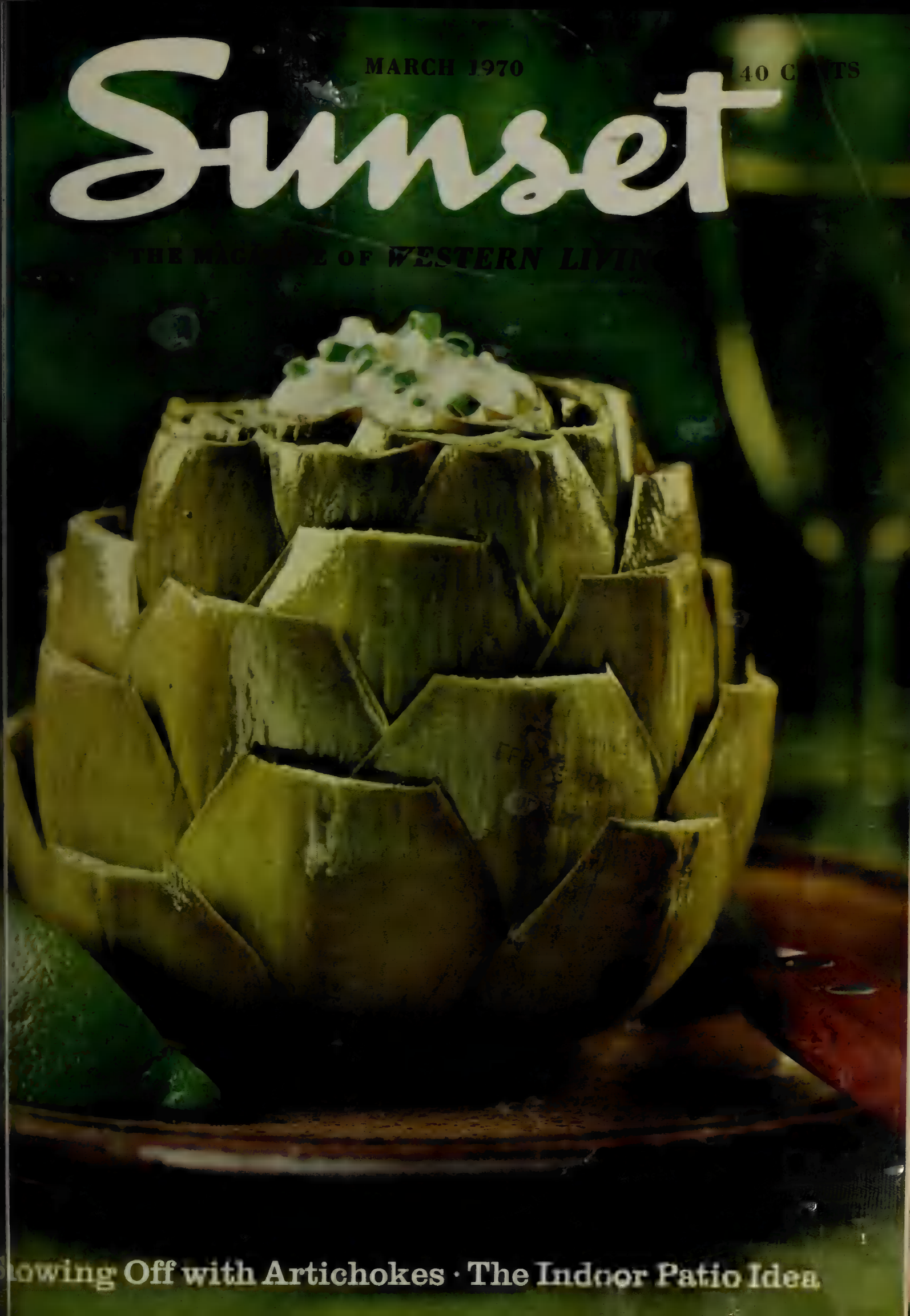
Sunset

THE MAGAZINE OF WESTERN LIVING



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Feature articles for March 1970

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The Cover Story

The exotic artichoke is a showoff, and even the simplest presentation (as depicted in Glenn Christiansen's cover photograph) is dramatic. But the artichoke, which is in plentiful supply this month, can be offered in many other ways. For our report on some of them, turn to page 98

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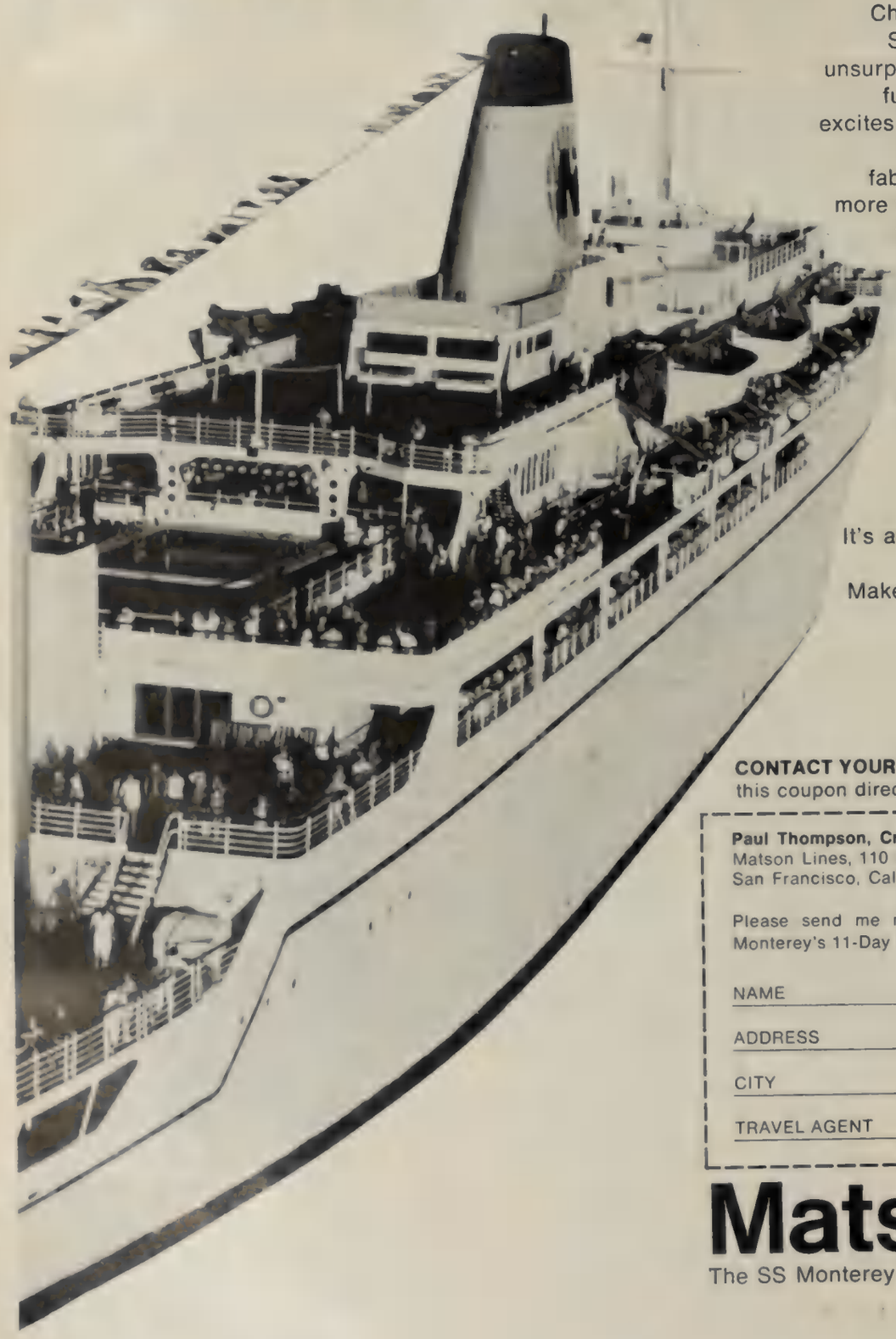

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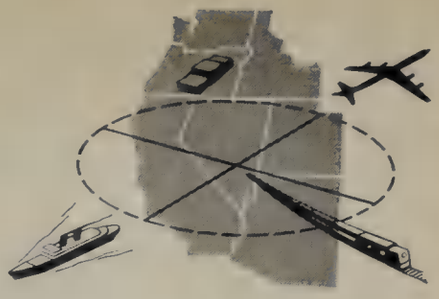

MICHAEL TILDEN

ew Fish and Game law may lp save our tidepools

depool depletion has long been a serious blem along the West Coast, especially California. However, many of these de- ted areas may be somewhat protected en a new California Department of h and Game regulation prohibiting lection of tidepool invertebrates be- nes law on March 1.

e new law states that no invertebrates ept clams, abalones, crabs, chiones, kles, mussels, scallops, and lobsters be taken in any tidepool or other between the high tide mark and a t 1,000 feet beyond the low tide mark hore from any state park, beach, rec- ion area, or reserve.

collect the exceptions listed above, must have a valid California fishing se. Regulations concerning limits and ons of these exceptions can be found, g with the new tidepool law and li- e fees, in the *1970 California Sport ing Regulations* published by the De- ment of Fish and Game; it's free at ting goods or hardware stores where ses are sold.

hing tidepools, now that they are cted, can provide fascinating insights the delicate ecological balance in the tidal zone of the beach.

t quietly at the edge of a tidepool few minutes and focus your atten- on the life-drama always in progress e sides and bottom of the pools.

st you won't see much, but gradu- as your eyes become accustomed to

Tidepool watching *through a plastic-bottomed box is easy—the tricky part is walking across slippery rocks*

Sunset

THE MAGAZINE OF WESTERN LIVING

March 1970

At last year's *Indian Fair at the Heard Museum, Sunset travel editor finds himself part of Plains Indians dance*

Working editor joins the dance

It was ladies' choice in the Plains Indians round dance, and a determined Indian matron tagged our travel editor as her dance partner. Accustomed to quickly meeting the needs of the moment, he adapted a schottischelike shuffle to the chant and drum beat and performed acceptably well. The photograph at left suggests he may even have enjoyed it.

That was last March. The editor and a *Sunset* photographer were in Phoenix to cover the gala Indian Fair and report on the reopening of the Heard Museum—which had been closed for about 12 months for extensive remodeling and the addition of two galleries.

This year the dates of the Indian Fair are April 4 and 5. For a look at what you'll find, turn to page 74.

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the shifting light in the watery wor below, you will begin to notice flowerin sea anemones, purple-spined sea urchin starfish, spider crabs, and maybe a fe small rock fish. As you become conscio of the myriad forms of life, it will appe that even the rocks are moving, but closer scrutiny will reveal that the "rocks" are the algae-coated shells of variety of snails slowly gliding over t real rocks.

Every community has its clown, and tidepools one of the funniest creatures the common hermit crab. Lurching ha hazardly over the rocks, this tiny cru tacean lives in shells discarded by sna and other hermit crabs.

When picked up and held gently in yo hand, the inquisitive crab will soon pr trude from its shell and scuttle abo tickling your fingers and palm.

Shell collectors will find a wealth of m terial in eddy pockets and nooks a crannies in even the smallest poo Also, the bases of rocks running p allel to and facing inland are usua good places to look, since shells a sometimes trapped there as the tide go out. Since animals like the hermit cr often utilize empty shells, always sure your shells are empty before taki them home.

Water turbulence and surface glare a sometimes disconcerting factors when y attempt to invade the privacy of su marine creatures. One way to circumve this problem is to peer through a wat proof object with a flat, clear plas bottom, such as a skin-diving mask bowl, or a viewing box. An 8-inch-squa viewing box can be made from plywo and acrylic plastic; use silicone sealer the seams; paint flat black.

Minus tides, ideal for tidepool watchi will occur in northern California dur the afternoons of the first week of Mar and during some mornings of the l week of March and the first week April. Check local tide tables for exact times.

Home movies at San Simeon

When William Randolph Hearst threw party at San Simeon, it usually inclu the current film stars from Hollywo Often as not, after dinner was over in refectory, guests adjourned to the a chair-filled theater to view themsel and their friends in prereleased mot pictures.

Showman Ken Murray has donated m ies of these gatherings so that visit to the San Simeon theater can wa the celebrities cavort. A 6-minute f is part of the Tour 1 itinerary. In ad tion to the refectory and theater, T 1 includes the grounds and pools, a gu house, and the lower level of C

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Directory is the first of five Directories which appear regularly in each issue of SUNSET Magazine. The other four Directories are:

TRAVEL DIRECTORY beginning page 9
FINE FOODS CUPBOARD beginning page 162
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Phone: (209) 251-4900.

Grande. It costs $3 for adults and $1.50 for children 6 to 12.

A tour of Victorian houses in Pacific Grove

On Sunday, March 15, five Victorian-style houses in a 15-block area of Pacific Grove (on Monterey Bay) will be open from 11 A.M. to 5 P.M. You can obtain tickets at the Chamber of Commerce office at Forest and Central avenues the day of the tour. Or write to the Chamber, Box 167, Pacific Grove 93950. Cost is $2.50. No one under 12 is allowed; inquire at the Chamber about free sitting service.

Glass artistry in the Central Valley

An unusual roadside stand sits alongside Interstate 5 a mile south of Corning in the valley south of Red Bluff. Inside, you can watch Mr. and Mrs. Richard Hansen work glass into such shapes as elephants, dachshunds, angels, and, of course, swans.

Visitors frequently ask Mr. Hansen how he got started in the business; he reports that it is a family trade. The work requires deftness with liquid hot glass and artistic finesse.

The Hansens also sell olives and honey from the local area. Hours are 8 A.M. to 5 P.M. daily except holidays.

Molten hot *ballerina spins above flame. Her tutu is lace glass woven much like fabric*

For travel planners, a March check list

Expo '70 cruises. American President Lines now offers seven 43-day cruises to Expo '70 and the Orient on the *SS President Wilson* and *SS President Cleveland*. They'll sail from San Francisco and (one day later) Los Angeles, departing monthly between March and August (two departures in April). Ports-of-call include Kobe and Expo '70, Manila, Yokohama, Hong Kong and Honolulu. Fares begin at $990 economy class, $2,065 first class. For details, see your travel agent.

Communist imports. Restrictions on importation of goods from Communist China have recently been relaxed even more than *Sunset* reported in the travel planner's *November* (1969) *check list*. The new regulations remove price limits on purchases of items manufactured in Communist China if for your personal use. For details on current regulations, write to the nearest Customs Bureau office.

Day use permits that allow use of the facilities in most California State Parks as often as you wish through the end of the year are now available for $10. Without the permit, these units usually charge a 75-cent fee per vehicle every time you use the park. The permit grants you free unlimited day use of park facilities; but it cannot be used for camping or at state historic units and museums where an entrance or guided tour fee is charged. Permits can be obtained directly from any state park.

English Victorian architecture is the subject of a special study tour organized by the Victorian Society of the United Kingdom. The tour, from June 6 through July 6, begins in Scarborough (Yorkshire) and will study the Gothic Revival in late Georgian, Victorian, and modern architecture. The tour will include visits to Castle Howard, Rievaulx Abbey, and the Saxon village of Ramsburgh. Tour cost of $370 includes accommodations, meals, transportation, and lectures with study notes. For a brochure, write to The Victorian Society in America, The Athenaeum, East Washington Square, Philadelphia, Pa. 19106.

American Youth Hostel booklets are now available describing a variety of summer tours in the Americas, Europe, and Japan. Trips can be by bicycle, private car, or public transportation. Accommodations are usually in youth hostels or campgrounds. For a free booklet, write to AYH, 20 W. 17th St., New York, N.Y. 10011.

What a travel agent can do for you. Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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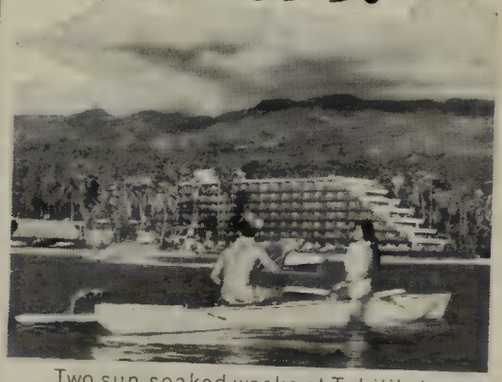

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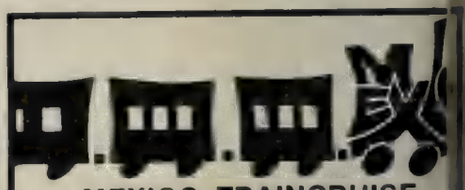

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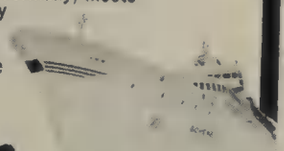

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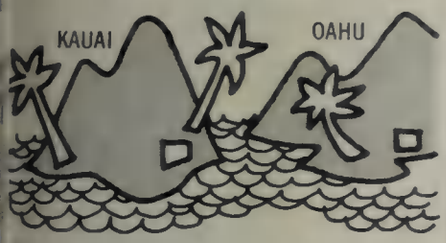

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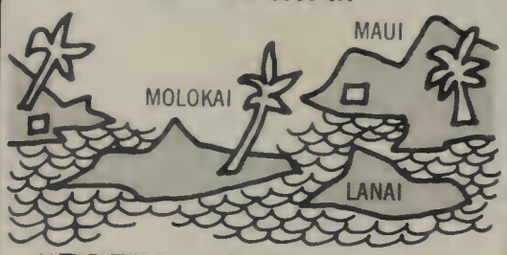

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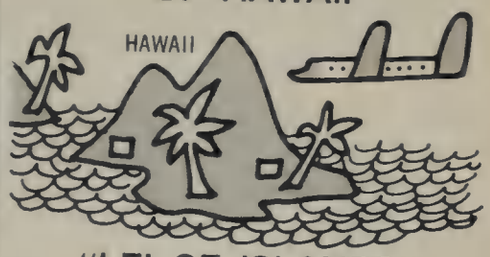

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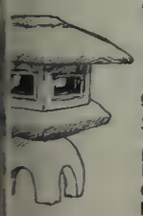

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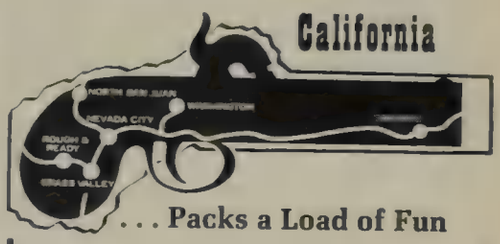

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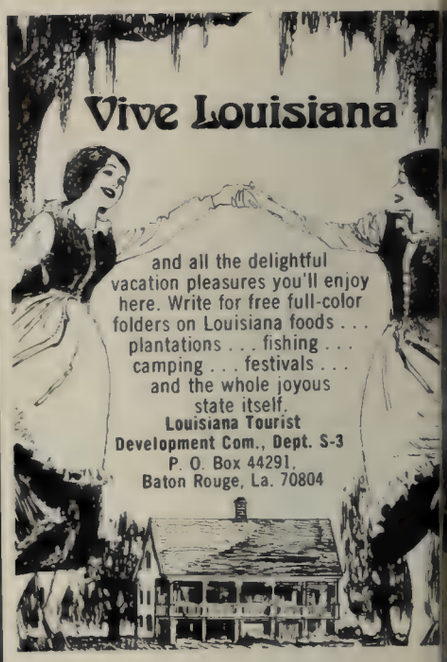

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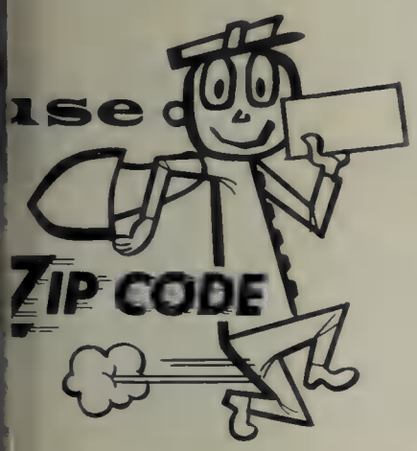

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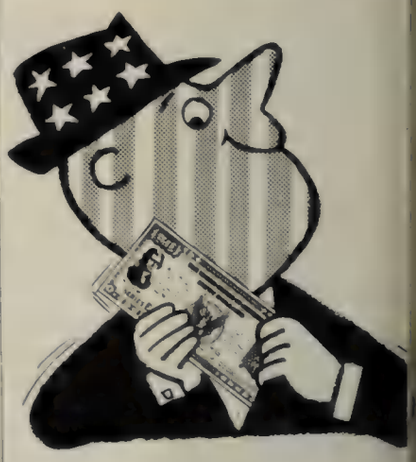

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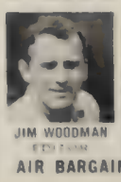

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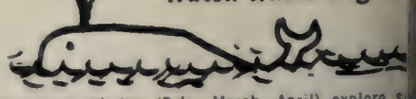

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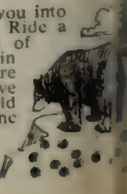

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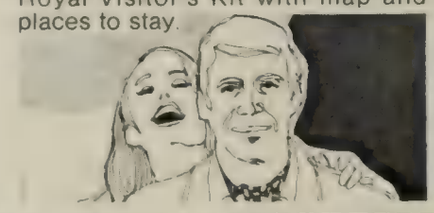

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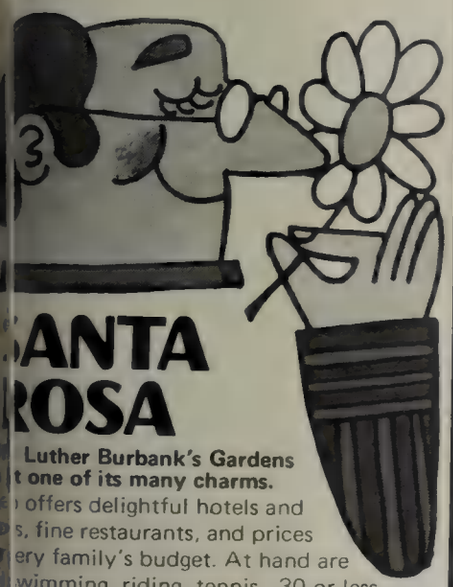

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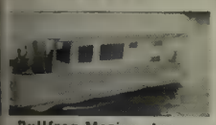

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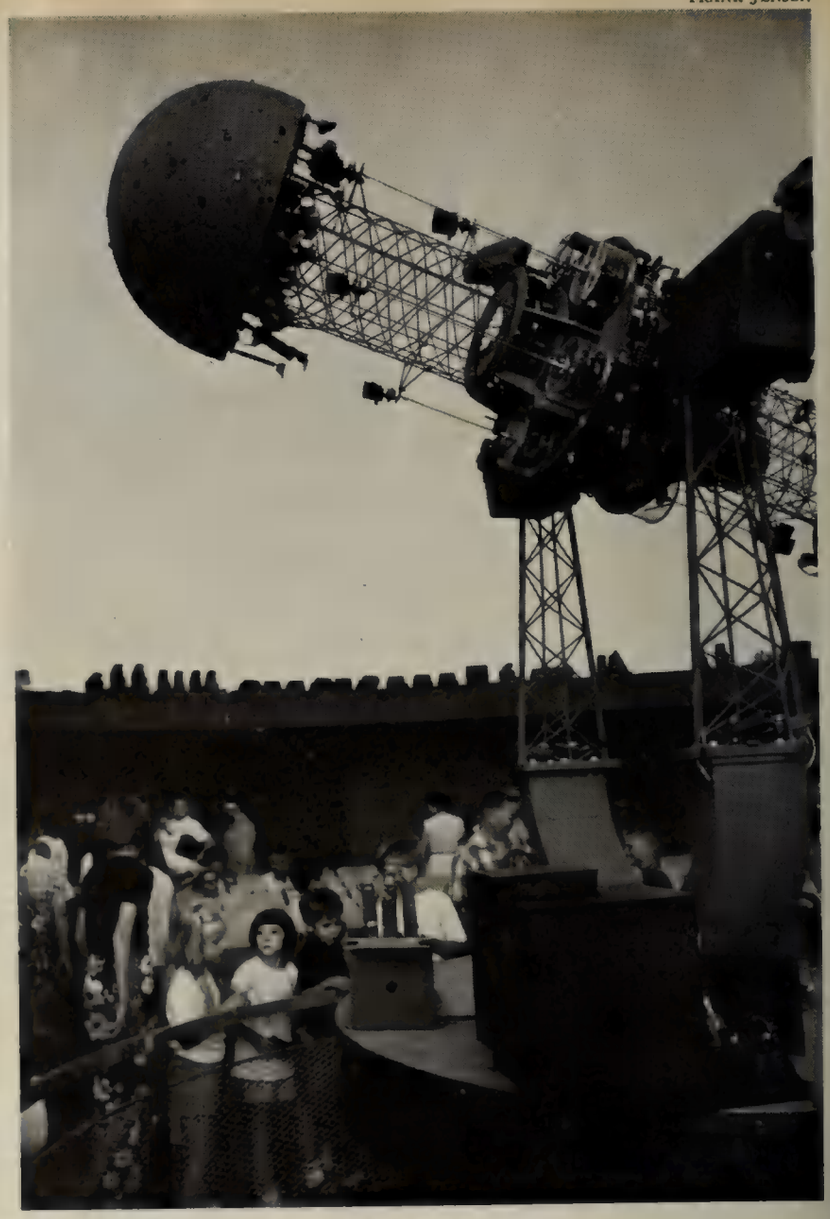

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ublin treat... the Phoenix Park zoo

od way to vary the pace of Dublin seeing is to spend an hour or two in relaxed atmosphere of the zoo in nix Park. The 30-acre zoo is about les from the center of the city, so sts can get there easily from their 's; double-decker buses leave fre- tly from opposite the General Post e on O'Connell Street.

gh the zoo is small, its layout is like of a large estate garden surrounding ll, placid lake. You can walk through in a couple of hours. If you have plan to have lunch at the cafeteria- urant in a Victorian gingerbread ing overlooking the lake.

ring, flowering trees overhang the and brilliant green lawns do justice e Emerald Isle. Many animals, in- ng a ponderous pair of rhinoceros, to be roaming free, but actually , walls, and unobtrusive wire fences ate them from the visitors.

zoo's collection includes giraffes, s, tapirs, and elephants, as well as and reptiles. But it is for lions that oo is famous: More than 600 cubs been born here since 1837.

n's Zoological Gardens are open ev- y from 9:30 A.M. to 6 P.M. Feeding or lions, tigers, penguins, California ns, and the elephant seal is between 5 P.M. Admission is 48 cents for , half that for children.

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This powerful fresco *decorates ceiling of Palacio de Gobierno (state capitol). Top figure is revolutionist Father Hidalgo*

Statue *in plaza opposite Orozco Museum. As a child Orozco lost left hand after a severe firecracker burn*

Artist José Clemente Orozco was born in the Mexican stat Jalisco, did some of his best-known work in Guadalajara, intended to return to a Guadalajara home and studio wher died in Mexico City in 1949 at the age of 65.

Today Guadalajara is a good place to take an Orozco tour.

The grand-scale stairway in Palacio de Gobierno (see at l is a cool spot for viewing some of Orozco's most impres murals. There are others in the second-floor Hall of Session

Hospicio Cabañas, housing an orphanage and school on bañas Street one long block from the Mercado Libertac profusely decorated with Orozco murals. Mirrors and benches are provided for comfortable viewing of the ceiling

The Orozco Museum at Aurelio Aceves 27 is a modest sh to the artist in the building he designed for his home workshop. It is open from 10 A.M. to 5 P.M. Tuesday thro Saturday and 10 to 2 Sunday. Admission is 1 peso (8 cents

Whenever the building is open—or you can find a janitor ing to open up for you—you can also see Orozco murals in auditorium of the University of Guadalajara, on Ave Juárez two blocks west of Parque de la Revolución.

Museum *has a changing display; some etchings and lithographs are for Portable mural called "La Joie de vivre" done for a now-demolished turf*

Guadalajara is a good place to make an Orozco mural tour

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Ferries will take you most places you want to visit around Sydney Harbour.

From the wharves at Circular Quay near the Opera House and downtown, the ferries fan out to the zoo, to Manly and the northern beaches, and to some of the choicest suburban areas.

Just because ferries are an important part of the city's transportation doesn't m Sydneysiders are old-fashioned. The ries compete with a train-carrying, e lane bridge and survive because s suburban dwellers find them the quic way between home and work or shop Their success may interest visitors traffic-choked West Coast cities. An

The Manly *rises onto hydrofoils as it races at speeds up to 40 miles per hour, chased by a rooster tail of spray, by harbor b*

ıly Coleman puts an extra layer of comfort be-
een you and those little jabs that get to be
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The only thing that looks funnier than a Volkswagen carrying 176 cubic feet of things is someone else's wagon carrying 176 cubic feet of things.

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:engers *share a warm July (winter) with a ventilator on the ferry deck*

rate, they offer an excuse to get out ı one of the finest natural harbors in world.

rugged and indented shoreline of ıey Harbour resembles that of Puget ıd, but the climate is semitropical. On ferries at commute time one sees ıen office workers sporting what locals ı are the most abbreviated outfits d anywhere. In the afternoon, legions hoolboys wearing short flannel pants beaked caps with sewn-on insignia ıeading for playing fields and home. veekends, families and outing groups : aboard for regularly scheduled pub- ccursions.

the conventional ferries and hydro- offer excursion cruises in addition to regular runs. All leave from the ılar Quay (pronounced *key*), within ing distance from downtown and wise reachable via the only subway e South Pacific and a number of bus

ustain you on a harbor outing, visit of the shops on the Circular Quay g meat pasties (small meat-and- able pies in a crust). You can also an apple, pear, or other fresh fruit, , crushed, and served in a glass.

ongest ferry trip is 8 miles to Manly, "the heads" marking the harbor nce: 15 minutes by hydrofoil or 35 tes by conventional ferry. There are ı other scheduled routes. From number 5 (at the Circular Quay), erry runs to Taronga Park zoo. From rry landing a bus climbs to the zoo's st entrance. From there it's all down- past a fine collection of Australian other) animals, to the ferry.

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It begins in Edmonton – capital city of the western Province of Alberta. Half a million friendly Edmontonians will be here to welcome you.

Drive up in July and join the fun and excitement of "Edmonton Klondike Days." Every July, Canada's biggest fun festival recreates the Yukon gold rush of '98 for 10 fun filled days (July 23rd to August 1st). The weather is great with summers averaging 72 degrees even though Edmonton is the most northern major city in North America.

Drive four leisurely hours west from Edmonton along the new Yellowhead Highway, (free campsites all the way), and you're in Jasper – Canada's largest Rocky Mountain National Park. Here you'll enjoy unsurpassed trout fishing, mountain climbing or trail riding surrounded by the most beautiful and rugged wilderness in the world. Or perhaps you would prefer to golf, swim, shop or just plain relax at world famous Jasper Park Lodge.

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Yuma, the Weather Bureau records indicate, gets more sunshine than any other city in America.

In summer, at 138-foot elevation and 32½° latitude, that's no advantage. In the other three seasons, it's a prime asset that is making the Yuma area one of the desert country's popular resorts.

The historic Colorado River crossing in Arizona's southwest corner has been a convenient overnight stopping place for east-west travelers ever since long-distance automobile travel began. Now increasing numbers of visitors are making it a vacation destination—for the sunshine and for these other reasons:

Yuma (once a river port when the Colorado was navigable) offers water sports on a series of man-made lakes, golf and tennis in verdant parks, horseback riding on desert trails. It has extensive campgrounds, an abundance of trailer parks, comfortable hotels and motels. Visitors can browse through history museums and art galleries, and shop in long-established stores or new shopping centers or an imaginatively landscaped mall. They can visit an Indian reservation or a border town in Mexico. They can watch rodeo contests and greyhound races. This month they can see a fair and major league baseball.

And all under a warm desert sun that shines 92 per cent of the possible time.

The lively community of 40,000 at the confluence of the Gila and Colorado rivers dominates its corner of Arizona; it is port of entry, county seat, college town, military base, and capital of an agricultural region of 200,000 irrigated acres with a 12-month growing season.

Here are some things to see and do during a stopover or vacation visit to Yuma:

The river. Within 35 miles upstream from Yuma is a complex of dam-formed lakes: Laguna, Mittry, Imperial, Squaw, Senator Wash, Martinez. Created for the irrigation of the Yuma and Imperial valleys,

Pops concert *by Yuma Symphony Orchestra followed an outdoor candlelight supper on Downtown Mall one balmy night last autumn*

In Arizona's southwest corner, consid

NEIL KOPPES

r visitors *set up camp in tents, trailers, and pickup campers at water's edge at BLM's Squaw Lake campground*

stopover in sunny Yuma

In shops and galleries . . . arts and crafts

Intricate *beadwork, a Quechan Indian specialty, is on sale in shop at the Fort Yuma reservation*

Open-air *exhibits are sponsored by Yuma Fine Arts Association at Art Center on Madison Avenue*

the reservoirs are also developed for recreation use and in part are protected as wildlife refuges.

Fishing, sailing, water-skiing, and swimming are all popular activities, and there are public (Bureau of Land Management) and commercially operated campgrounds, launching ramps, and related facilities. Several of the developments have trailer hookups and boat rentals.

Indian reservation. Just north of Yuma, across the river in California, is the Fort Yuma Indian Reservation. The Quechan Indians, or Yumas, have lived in this vicinity since long before the first white man came seeking a place to ford the river. The reservation includes the site of Fort Yuma, established by the U.S. Army in 1850. Quechan Indian Museum now occupies the old Officers Mess, and a shop there sells craft products of the Indians. Nearby are tribal headquarters, St. Thomas Mission, Methodist Mission, and a theater used by Yuma's Gondolfo Players.

Each spring, usually the last week in March, the reservation is site of the annual Southwest Indian Pow-Wow when the Quechans are hosts to many tribes for presentation of traditional ceremonials.

County fair. Second largest in Arizona, the Yuma County Fair is a colorful modern continuation of an old American tradition. Scheduled this year for March 25 to 29, it will present its usual wide range of agricultural and industrial exhibits, arts and crafts displays, and special entertainment events. The fairgrounds are at 32nd Street and Pacific Avenue.

Professional baseball. Yuma is the spring training home of the San Diego Padres of the National League. Their practice sessions, open to the public at the new Padres training complex, started February 15. "Cactus League" games with other major league teams training in Arizona and Palm Springs, California, are scheduled in Yuma through April 2.

Other places of interest. The notorious Arizona territorial penitentiary is located on Prison Hill in Yuma Territorial Prison State Historic Park. Prison and museum are open daily from 8 A.M. to 5:30 P.M. Admission is 25 cents (age 12 and older).

Downtown, be sure to visit the Yuma Historical Society Museum (Century House) and adjacent galleries of the Yuma Center at 248 S. Madison Ave.; the City-County Library between Third Fourth streets and Third and Fo avenues; and the newly completed D town Mall, a section of Main Street closed to automobiles and redesigned new store facades, pedestrian walkw plantings, and fountains.

On the handsome hilltop campus of year Arizona Western College, abou miles east of downtown Yuma via Highway 95, the college art gallery s the works of students and guest ex tors and a permanent collection of In art. Admission is free.

Tours of portions of the Marine C Air Station and the Army's Yuma I ing Ground are available through th spective information officers.

Old Mexico. San Luis, Sonora, is a of surprising size (65,000) on the int tional boundary about 20 miles south of Yuma via U.S. 95. It has num shops and restaurants.

The drive to San Luis takes you thr the rich fields and citrus groves o Yuma Valley.

Desert exploring. Yuma's surrounding ert country is fascinating to explore. no chances if you venture off the way; be sure you have current map adequate water and gasoline. In driving range are Palm Canyon an Kofa Mountains; various gem fields a ing rockhounds; and the Saharalike area between Winterhaven and Holt California, with remnants of the fa old plank road.

Detailed information on the Yuma facilities, and accommodations, is able from the Chamber of Commerc W. First St., Yuma 85364.

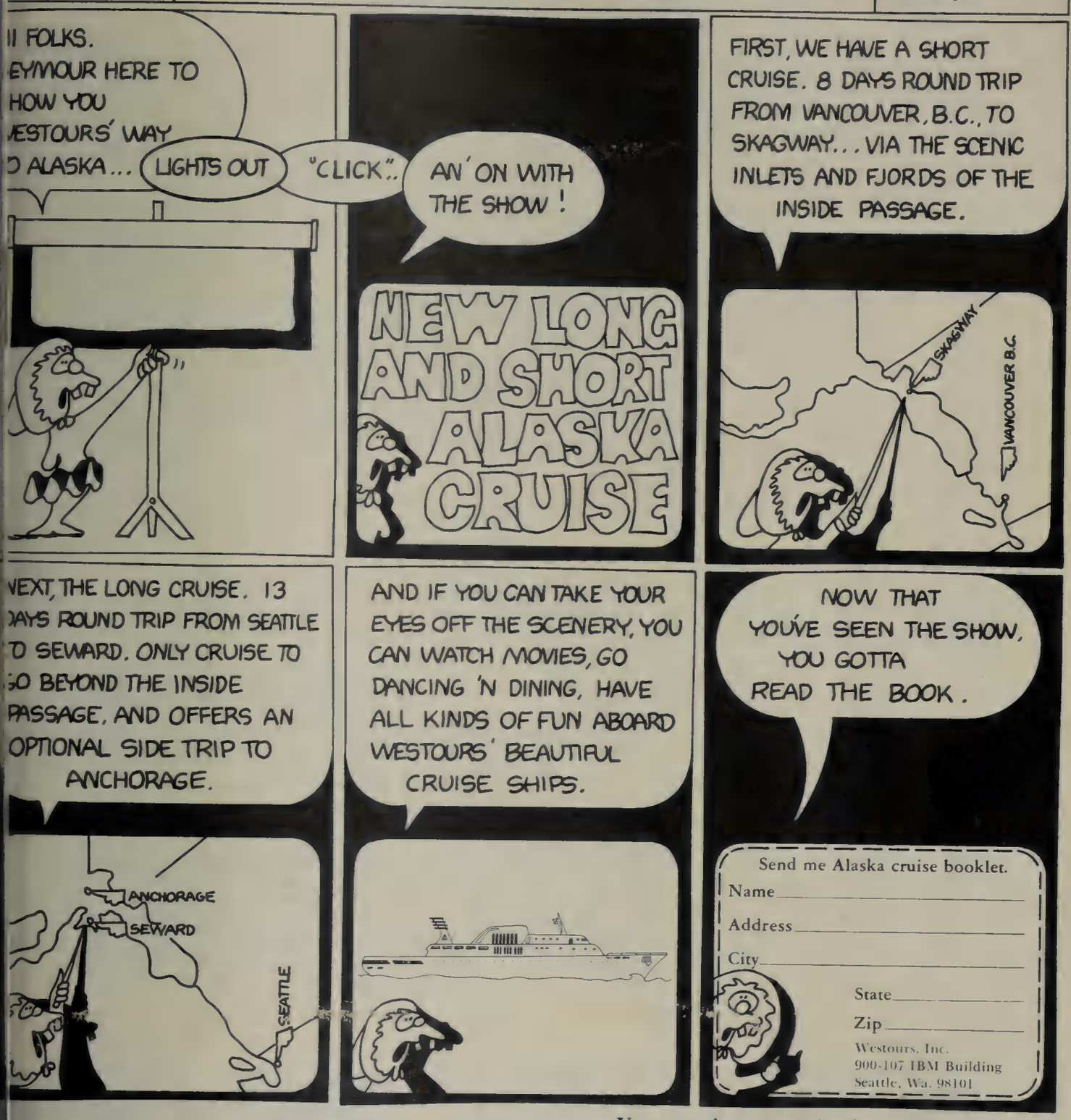
Desert riders *following trail at Senator Wash pass a sailboat making its way across the reservoir*

The exploring is by foot, on a horse, by car . . . or in your own or a rented boat

Iron grilles, *grim stone cells confined Arizona Territory's long-term prisoners during period between 1875 and 1909*

Seymour of Alaska

Points out the long and short of Alaska cruises.



Your travel agent can book you aboard any of 65 sailings, May through September. Round trip fares from $245.

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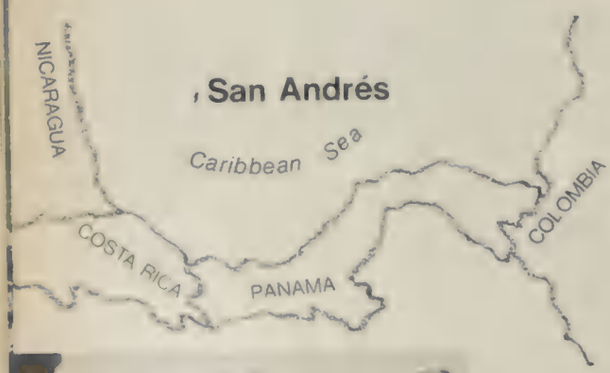
ee more of Alaska with **WESTOURS**

Glass bottom boat *loads for short run to Johnny Cay. Main swimming beach is beyond palms*

Caribbean surprise . . . San Andrés, English speaking since the 17th century



San Andrés is a small, palm-covered Caribbean island that most Westerners have never heard of.

It belongs to Colombia, though it lies 480 miles northwest of the Colombian mainland, roughly 120 miles east of Nicaragua. You can spend a lazy week or two of vacation or just stop over after a cit country-hopping tour of South Am

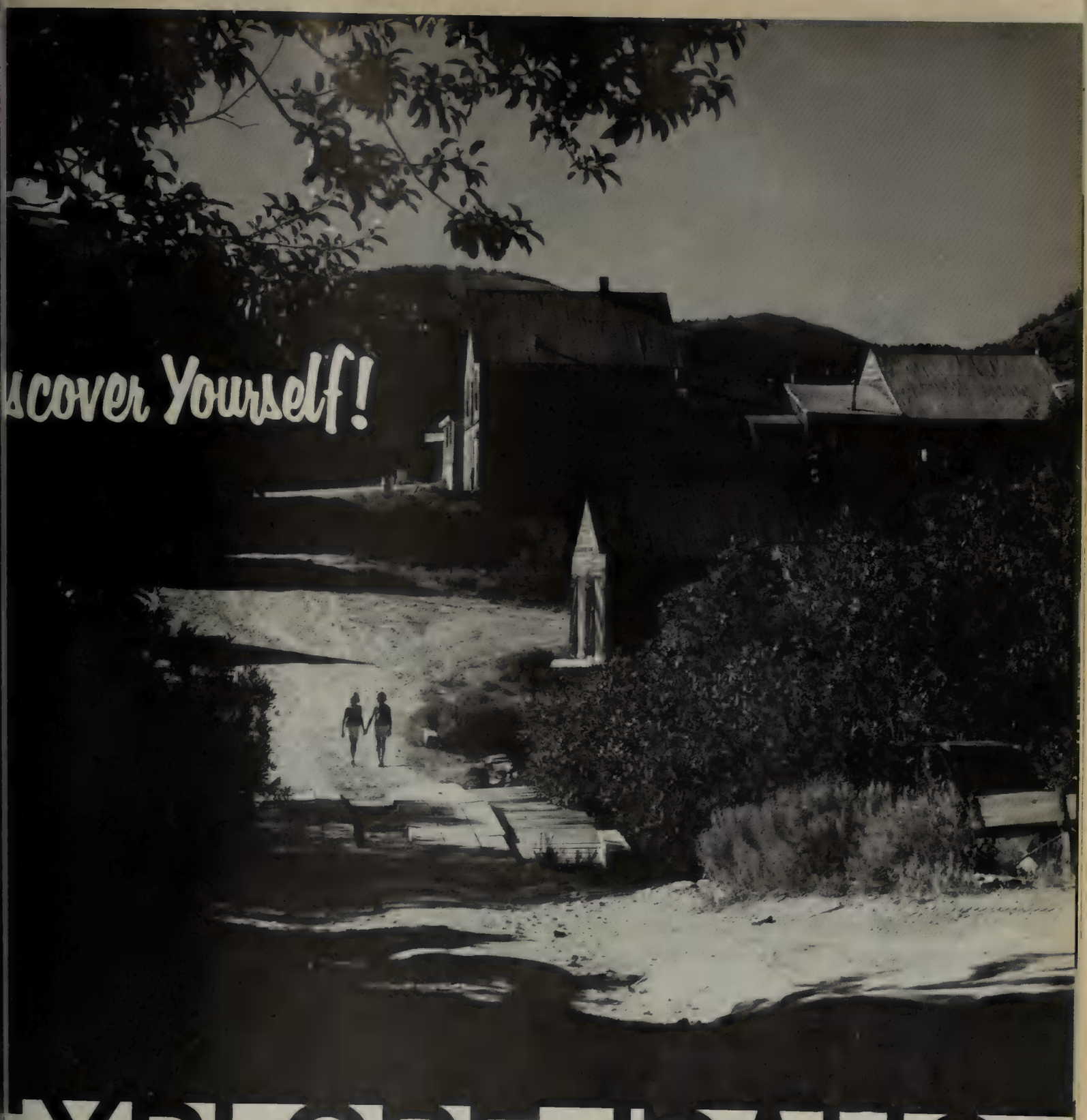
Although remote, it's not primitive. T are hotels (not luxurious), several restaurants, and because San Andr a free port for the Colombians, shop surprisingly well stocked with lu items from television sets to French tal, Italian silks, and English cashm But its real allure lies in its snowy beaches, clear warm water with no su pound you, and a slow, casual pace.

If you don't speak Spanish, that problem. The natives, descenden slaves brought in by English plant

Islanders *speak English, so you can ask about the coral, fishing*

Chef *on Johnny Cay fries some fish for visitors*

Islander *in doorway was dubious about renter's driving ability; so was wife*



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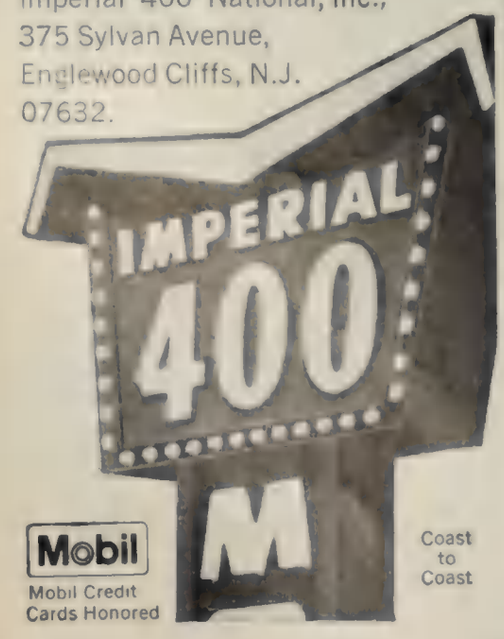

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owners around 1630, continue to sp English. Even the Spanish-speaking s tlers from the Colombian mainland kn some English. Many signs are in b languages.

The local tourist office is headed by G lermo Cabo, who makes daily inspecti of the beaches to see they're kept cle An accomplished swimmer and skin di he took a *Sunset* editor on a personal t of the underwater attractions.

One excursion was to the *acuario* aquarium, a nearby reef teeming w colorful fish where even the first-t snorkeler will find an exciting and fectly safe experience. A power boat boatman rents for 80 pesos ($4.70).

Johnny Cay, a palm-covered islet a hundred yards off the main beach, is i for a half or full-day outing. It's escaping from a small tropical islan an even smaller tropical island. Here water is clearer yet, the sand still wh and you can bask in the sun, doze u a palm, or skin-dive. Most hotels pack you a lunch, but you can g snack in one of the two food kiosks. 5 pesos (30 cents) you can get *pes con un patacon* (fish fried in coconu and fried green banana).

A boat will drop you on Johnny Cay pick you up anytime for 10 pesos.

Getting around. You can tour San An in an hour by taxi for 50 pesos ($3.00 you can rent a motorbike for 25 t pesos per hour ($1.35 to $3.00), or cycle. Whether most renters are si unfamiliar with motorbikes or becau the gritty road surfaces, we were told about 10 per cent of renters take a One Colombian from Bogota with ar sling and a bruised and battered claimed that a truer figure would per cent!

Hotels and restaurants. There are a 40 boarding houses and hotels, m along the beachside road. In the Hot Isleño across the street from the swimming beach, a double room bath costs about $20 a day inclu breakfast and either lunch or dinne the Hansa Club Villas, on a point al surrounded by water and a few mi walk from the beach, a double room bath in a cottage costs $13.60 wi meals; for meals, add $4 or $5 per pe Other hotels have double rooms with for $7 to $9.

In a better restaurant, an à la carte ner for two may run about $10. fixed lunch or dinner you'll pay a $2.50 each.

When to go, what to bring. At the times on San Andrés—June, July, De ber through February, and Holy W you need advance reservations. T still not a major attraction for Americans, but it is popular with C and South Americans who come no

Greek National Tourist Office
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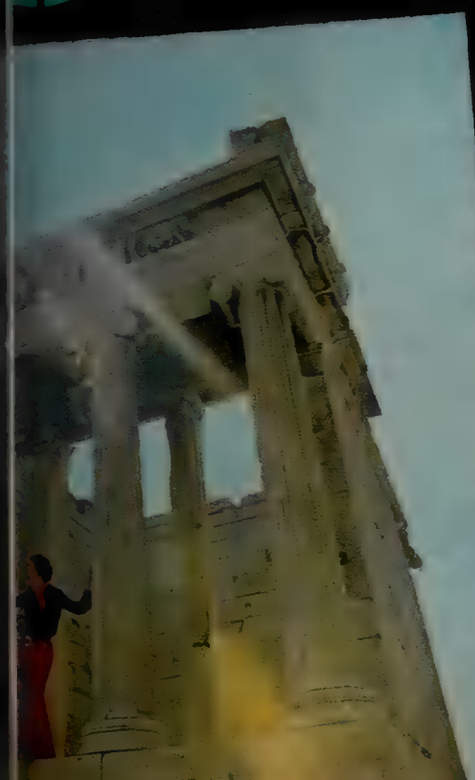
S-3

6:21 a.m.
the moment
end you're a
water nymph
swim and
the sun
s it begins its
And to know it
es on Greece
hours a day

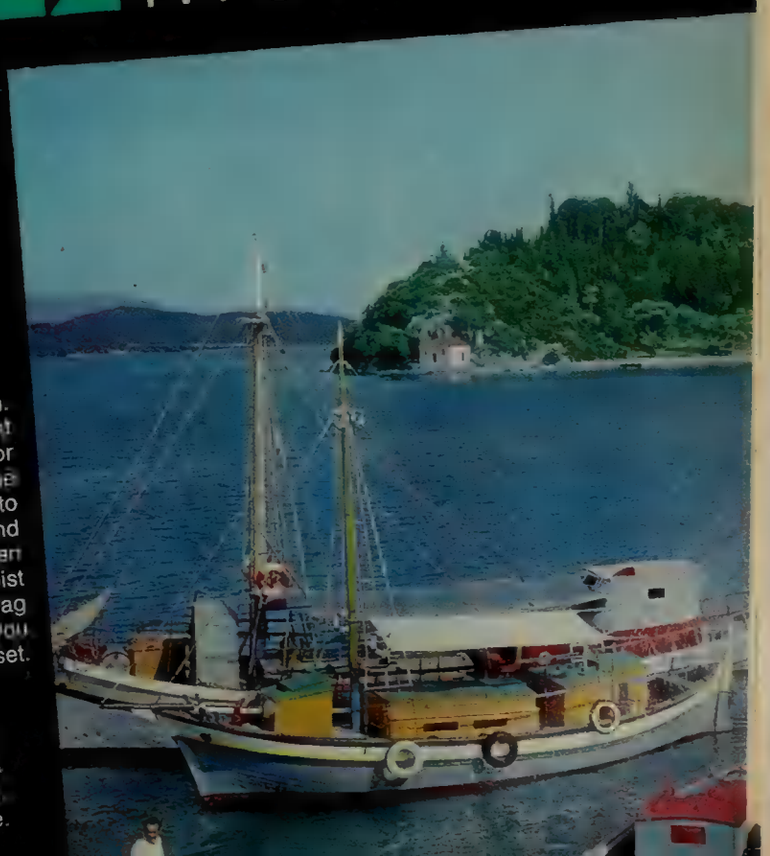
GREECE THIS IS THE MOMENT!



7:43 p.m.
This is the moment to watch the work of an ancient artist gleam in the setting sun. To re-live past glories of a land rich in history and climate.

3:35 p.m.
This is the moment to drop anchor in a picturesque island harbor, to go ashore and explore. Then later, return, hoist the cocktail flag and relax as you watch the sunset.

1970. This is the moment.
Your moment.
To discover Greece.



You have 24 hours to live.

Today, that is. So what are you doing with your time? Are you helping another human being toward the dignity you want for yourself? Are you doing anything to overcome the hate in this world—with love? These 24 hours can be a great time to be alive. If you live right.

Break the hate habit: love your neighbor.

Advertising contributed for the public good

for the beaches but also to take ad tage of the more favorable prices goods. You can visit San Andrés time, but probably the very best mo are from December through April.

This is a tropical island with an ave temperature of 75°. Dress is casual; won't need the dressy clothes you w take on a cruise or wear in the eve in such spots as Acapulco and some C bean resorts. Women should bring a for getting to and from the beach. thing you need and forgot to brin available in the shops. So is all the sn and skin-diving gear, most of it Euro and Japanese imports.

If you plan to go and return through gota, you can check your city cloth your hotel and pick them up on return.

Fishing. You can catch barracuda jack all year long, and if you troll and deep you can take grouper and s per. The winter months are best for lin and kingfish. Boats and equip are available from Hansa Marina fo ter-skiing and for fishing and skin-d excursions. The rates run about $6 per hour.

Providencia. Should you feel like fo ing the comforts of San Andrés for a or so, you might fly 50 miles nort Providencia—a rugged, primitive, canic island ideal for hiking, riding exploring. There's no hotel (a smal is planned), but adequate overnigh commodations can be arranged in vance. Small planes make the flig about 20 minutes. The round-trip f 200 pesos ($11).

HOW TO GET TO SAN ANDRÉS

The most convenient way for Weste is to use Avianca's new service fron Angeles to Bogota (stops in Mexico and Panama), then jet to San André ing time about 1½ hours). The eco class round-trip fare from Los A to Bogota is $496; add $70.30 fo round trip to San Andrés.

But there's a cheaper and more re ing way: Take advantage of Avi 30-day excursion fare from Los A to Bogota for $375, and for $70 mor can fly to San Andrés and any throughout Avianca's domestic sy including Leticia on the upper Ama

From Central America, you can f San Andrés from San Jose, Costa Tegucigalpa, Honduras; or Panama Panama. Pan American has flights San Francisco and Los Angeles to ama City.

For further information, write to C bian Government Tourist Office, 1 57th St., New York, N.Y. 10022, Avianca offices in San Francisco o Angeles.

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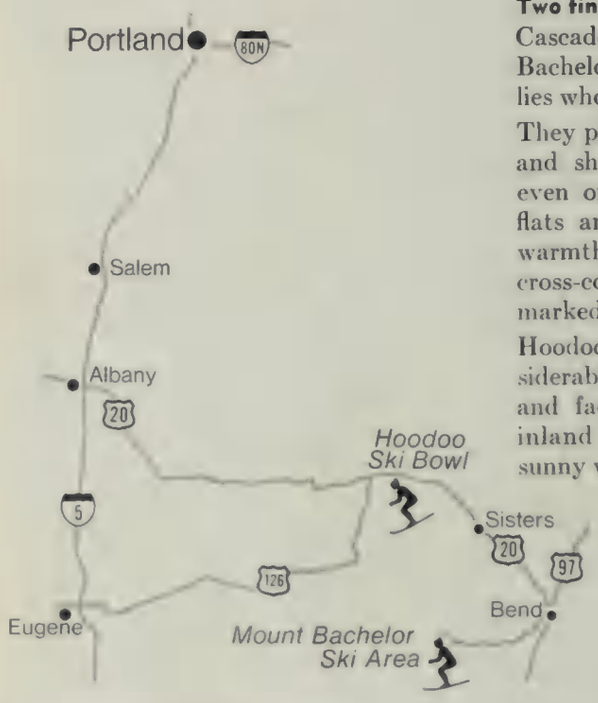
OREGON has it

Oregon's Mount Bachelor and Hoodoo are great if you plan to take the family



Two fine ski areas deep in Oregon's central Cascades—Hoodoo Ski Bowl and Mount Bachelor Ski Area—seem made for families who ski.

They provide relatively uncrowded slopes and short lift lines for downhill skiers even on weekends. For beginners, open flats and gentle slopes are close to the warmth and comfort of a lodge. And cross-country skiers will find many well marked snowy trails.

Hoodoo and Mount Bachelor vary considerably in elevation, type of terrain, and facilities, but both are far enough inland to enjoy a high proportion of sunny weather in February. And both can boast of the typical eastern Oregon p der snow that skiers consider ideal.

Since they're less than 70 miles apa family can easily sample both areas week or less.

At Mount Bachelor, 22 miles wes Bend, a lodge offers overnight accom dations 5 minutes from a chair lift. M Bachelor's slopes, at elevations of 6 feet and more, offer many kinds of sk from alpine and fast slalom to easy ginners slopes, with cross-country in the flats and valleys. Facilities inc three double chair lifts, a Pomalift, two rope tows, all of which operate until mid-April. At the lodge you'll fi ski shop, cafeteria, and roaring firep

Hoodoo Ski Bowl has day-use facil only. You ski a broad, open bowl at 4 feet elevation. Facilities include t double chair lifts and five rope tow operation Wednesday through Sun and on holidays and during school tions. There is a cafeteria and ski in the day lodge.

For further information, write to Or State Highway Division, Travel Info tion, Salem 97303.

Beginner gets *strategic assist on free electric rope tow near chalet at Mount Bachelor*

e **Fingered Jack,** *a snowy mountain peak that stabs 7,848 feet into the sky, dominates this view north from Hoodoo Ski Bowl*

DON NORMARK

Youngster *(with sore ankle?) takes ski break and sun bath at Mount Bachelor on car hood. Parking areas are near ski slopes*

Children *on sun deck of Mount Bachelor Lodge prepare for their lunch of hamburgers and cocoa*

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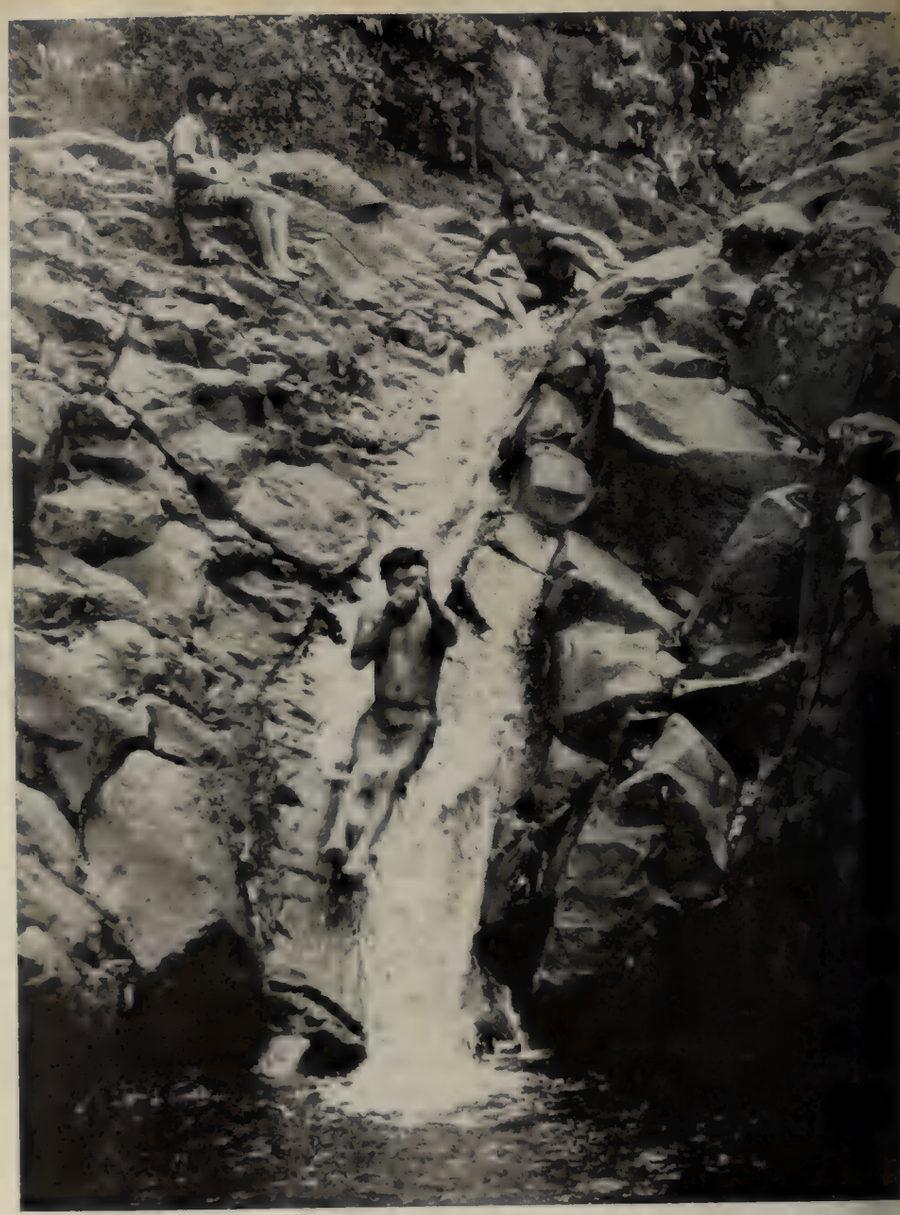

Youngsters *like to try the natural rock slide at Waipahee Falls—again and ag*

Sliding down a waterfall . . . it's great sport on Kauai

Waterfall slides are an added attraction when you come to Kauai to swim on some of the best beaches in Hawaii. At Waipahee Falls or at a swimming hole on Kilauea Stream, you can slither down a waterfall slide into a sparkling pool.

Waipahee Falls and slide near Anahola are delightfully remote, and popular with children. Take the old highway that swings inland between Anahola and Kealia and watch for a sign to the Spalding Monument; from here a 3-mile unpaved road through the forest takes you within a few hundred feet of Waipahee Falls and the slide. Often after heavy rains the road is muddy and it is advisable to hike rather than drive the 3 miles to the falls.

Several years ago Waipahee's natura slide was reproduced in concrete f film *South Pacific* at a swimmin elsewhere. This pool and slide Kilauea Stream about 10 miles nort of Waipahee and about 7 miles e Hanalei. It is more popular with than Waipahee because it is more sible—just a few hundred yards off Highway 56—and the weather is likely to be sunny.

This swimming hole and surrou have recently been included in a County Park; parking and public sl will be added this year.

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Visitor Information Bureau
Department 97-A
General Administration Bldg.
Olympia, Washington 98501

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Help in planning a Mexico trip

co is a favorite vacation destination Westerners. Help in planning a trip is ly accessible from many sources. It's possible to get answers to such de- l questions as where to get the best on a *rebozo*, or when the next *jaripeo* cican rodeo) takes place.

ERAL INFORMATION

comprehensive 128-page *Mexico el Digest* (Paul, Richmond & Com- , 1100 Glendon Ave., Los Angeles, $2.75) is now in its third edition. ished through the cooperation of the can National Tourist Council pri- ly for travel agents, it is also avail- to the general public and can be ht by mail.

uld be worth the price for the last chapters alone, covering trip essen- hotel, motel, and restaurant direc- s; and a dictionary of the most useful ish words and phrases.

few issues of *Sunset* in the last 20 haven't included some first-hand ting on Mexico. The fourth edition *Mexico* (Lane Books, Menlo Park, ., 1967; $1.95) incorporates material these articles, bypassing only the of information most subject to ge, such as where to stay and where t. For these it refers the reader to the ed publications issued by automobile , Mexican insurance companies, and overnment tourist agencies.

el Handbook was just published by Mexican National Tourist Council, Wilshire Blvd., Beverly Hills, Calif. 2. Its 47 pages include entry require- s, a thumbnail history of Mexico, vay and climate conditions, list of s and holidays, and a short glossary anish terms. You can get it free from ourist Council.

E DETAILED INFORMATION

l, foldout booklets on Mexico City ther major cities and resort areas are available free from the Council.

Mexico's biggest single attraction, *Wilhelm's Guide to Mexico City* iones Tolteca, S.A., Mexico, D.F., $2.45) is still the most complete book. Widely available in Western stores, it deals extensively with where ay, where to eat, and how to get . Information on addresses, hours, prices, revised for this latest edition, d still be fairly current. About two- s of the book is devoted to explora- in and around the city.

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The Bettmann Archive

Convention & Visitors Dept.
Oakland Chamber of Commerce
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S-73

Stone lanterns, *under the pines near Itsukushima, seem to stare at both the startled deer and the great torii jutting from the sea*

An escape to peaceful Miyajima after the crowds of Expo '70

Serenity, historically the mainstay of Japanese living, may be more difficult to find in Japan this year—mainly because of an estimated 37 million people expected to visit Expo '70 in Osaka between March 15 and September 13.

After several days of wandering through the varied and innovative exhibits at Asia's first world exposition, many visitors will probably seek a peaceful place to relax.

Fortunately several quiet retreats scattered through the country still have not been overcome by industry and tourism. Here you can find remnants of what was once the traditional Japanese concept of harmony between man, his creations, and nature. One of these spots, the Itsukushima Shrine on the island of Miyajima in Hiroshima Bay, is one of the most scenic areas in Japan.

To get to Miyajima from Expo '70, you will have to go through Hiroshima, a typically modern city that most visitors

'hat's what one off-road magazine ditor had to say about our SCOUT.

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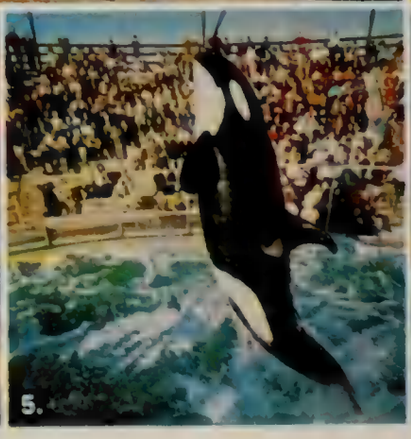
1.

2.

(1) Get lost on 66 uncrowded golf courses. (2) Enjoy great deep sea fishing off San Diego and Baja California. (3) Ride a Skyfari atop the world's largest zoo. (4) Escape to bullfights, Jai Alai, duty-free shopping 15 minutes away in romantic Mexico. (5) Marvel at performing killer whales in gigantic Sea World. (6) Sail, swim, fish, water ski on Mission Bay.

3.

4.


5.

6.

)pen corridors *of Itsukushima gaze out on the torii, symbol of all Shinto shrines*

nless fascinated by shipping or the eedle industry, stay in just long enough walk through the Peace Park in the ty's center. At one end of the park is the tomic Bomb Memorial Dome, the only ructure gutted by the atomic bomb that as not torn down during reconstruction f the city. There is also a museum with isplays and pictures describing the ef- cts of the bomb.

Iany Hiroshima hotels offer tours to Iiyajima; however, regularly scheduled us and train service will take you from e city to the Miyajimaguchi Station the bay shore in about 30 minutes.

's a short walk from this station to the er where ferryboats pick up island- ound passengers. If you can, board one the colorful little dragon boats for the ick ride to the dock just below Miya- ma's shopping arcades.

pproaching the island, ferries pass close to a huge vermilion *torii* (shrine gate) rising out of the sea. Erected in 1875, the camphor-wood torii, largest in Japan, marks the entrance to the Shinto Shrine of Itsukushima.

After landing, walk about a quarter of a mile along a pine-shaded path towards the shrine. Tame deer wander in the park-land surrounding Itsukushima, and visitors can walk near the edge of the sea or wander along meandering paths and examine numerous stone lanterns.

Itsukushima Shrine is one of those rare meetings of land, water, and architecture that the Japanese love so much. Dedicated to the three daughters of the Shinto god Susano-o-no-Mikoto, the shrine was probably built during the Kamakura period (1185-1392), but some of its records date back as far as 811.

The buildings have been reconstructed several times and presently consist of the

TATSUO ISHIMOTO

ooden arcs *of Kintai-bashi bridge on the Nishiki River were built without nails*

strait to paradise

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State of Alaska
Division of Marine Transportation
Pouch R, Juneau, Alaska 99801
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alaska
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S

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Dept. S-3, Fox Plaza, San Francisco 94102

main shrine (only the outer portion can be visited) and other lesser shrines and buildings. All the buildings are connected by wide, roofed corridors built above the sea, so that at high tide the shrine seems to be a tranquil island of its own.

Visitors may be lucky enough to see the shrine dances performed in the area set aside for public worship, but if you miss these, priests usually perform the ancient *bugaku* dances upon receiving a donation to the shrine.

Perhaps one of the most beautiful sights on the island occurs after sunset on a moonless night at flood tide. Shinto priests, again for a donation, glide along darkened paths and galleries lighting more than 100 bronze and stone lanterns in the shrine and park. The soft light diffuses through the park and reflects off the water, giving an almost ethereal quality to the entire area.

If time permits, spend the night in one of the small *ryokan* (inns) near the foot of Mount Misen. A cable car will carry persons who don't care to walk to the top of the mountain for a view of the island.

The best time to visit Miyajima is on weekdays during high tide. Since the beauty of the isle lies in the serenity and seclusion to be found there, don't schedule your stay during one of the festivals; the island will be packed with people.

A few more miles by train from the Miyajimaguchi Station is the city of Iwakuni where you can get a bus to the *Kintai-bashi* (the bridge of the brocade scarf)—a beautiful old bridge over the Nishiki River, originally built in 1673.

For a list of festival dates and other destinations near Miyajima and Hiroshima, and for information on Expo '70, write to the Japan National Tourist Organization, 1737 Post St., San Francisco 94115.

Couple contemplates *blast-gutted dome, Hiroshima's memorial to atomic bomb*

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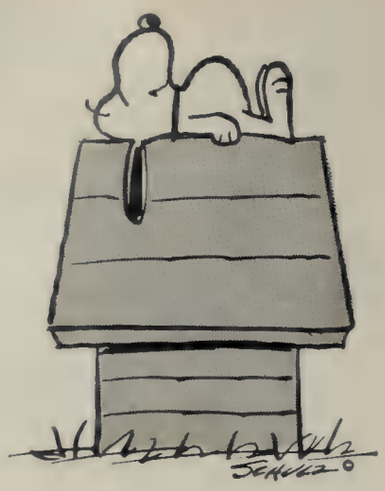

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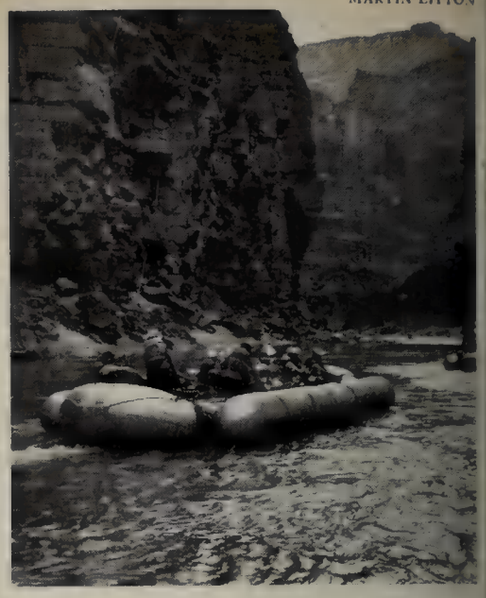

Towering cliffs *shadow river party's leisurely trip down the Colorado*

River runs in the West for 1970

Outdoor lovers who would like a first-hand look at some of the most spectacular river scenery in the West can choose from more than 350 group trips in 1970. River trips on the Colorado, Green, Yampa, Salmon, Rogue, Stanislaus, Klamath, Eel, and other rivers begin in the spring and continue through autumn.

Here we list prices and April-through-September departure dates for the tours offered by boating services that publish an advance schedule. Most use large neoprene rafts or pontoon floats, powered by outboard motors in some stretches of the river, and by oars in others.

If you want to organize a private expedition, many of the operators offer guide services and group charter rates, and most offer options as to length and duration of river trips. Horseback, hiking, and jeep tours are also often available.

The prices given do not include transportation to and from departure points. For details, write directly to the operators.

American River Touring Association
1016 Jackson St.
Oakland, Calif. 94607

Colorado River, Grand Canyon: 8½-day trips at $324 per person—April 4, 11, 18, 25; May 2, 9, 16, 23, 30; June 6, 13, 20, 27; July 4, 11, 18, 25; August 1, 8, 15, 22, 29; September 5, 12, 19, 26. Also 5½-day trips at $240 per person—April 6, 13, 20, 27; May 4, 11, 18, 25; June 1, 8, 15, 22, 29; July 6, 13, 20, 27; August 3, 10, 17, 24, 31; September 7, 14, 21, 28.

Rogue River, Merlin to Agness: 4 and 5-day trips at $175 per person—June 15, 22, 29; July 6, 13, 20, 27; August 3, 10, 17.

Salmon River, Middle Fork: 5 and 6½-day

Attachez vos ceintures, S.V.P.

(Translation) Fasten your seat belts.

That isn't River City down there.

That's Montréal. Second-largest French-speaking city in the world. Resist the temptation to compare it with Paris. Montréal has a life-style all its own.

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Aerial view of Montréal. Want more information about the city, the province of Québec, or French-Canadian life, history, and culture? All you have to do is ask us or see your travel agent.

Canadian Government Travel Bureau, Ottawa, Canada

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rips at $265 per person—June 29; July 1, ; 10, 13, 19, 20, 27, 28; August 3, 6, 10, 15.

tanislaus River: 2-day trips at $44 per erson—April 4, 11, 18, 25; May 2, 9, 16, 3, 30; June 6, 13, 20, 27; July 4, 11, 18, 5; August 1, 8, 15, 22, 29; September 5, 2, 19, 26.

nd Canyon by Dory
Bear Gulch Dr.
ola Valley, Calif. 94025

olorado River, Grand Canyon: 20-day rips at $640 per person—May 24; June 15.

nd Canyon Expeditions
21021
Lake City, Utah 84121

olorado River, Grand Canyon: 10-day rips at $369 per person—April 20; May 11; une 1, 22; July 13; August 3, 24; Septem- er 14. Seven-day trips at $245 per person –April 2, 23; May 14; June 4, 25; July 16; ugust 6, 27; September 17. Four-day trips t $175 per person—April 20; May 11; une 1, 22; July 13; August 3, 24; Septem- er 14.

olorado River, Cataract Canyon: 5-day rips at $195 per person and 8-day trips t $335 per person—June 1, 15, 29; July 3, 27; August 3, 17; September 3.

ris Boat Trips
North 500 East
776, Centerville, Utah 84014

olorado River, Grand Canyon: 7-day trip t $585 per person—June 1. Nine-day trips t $350 per person—June 16, 30. Ten-day ips at $365 per person—April 20; August 7; September 14. Twelve-day trip at $395 er person—May 11.

olorado River, Cataract Canyon: 4-day ips at $140 per person—May 4; July 15, 7; September 2.

h River Expeditions, Inc.
East Second North
al, Utah 84078

olorado River, Grand Canyon: 10-day ips at $315 per person—April 6, 20; May 13, 30; June 2, 23; July 13, 20; August , 17, 31; September 7, 21.

almon River, Middle Fork: 5-day trips at 245 per person—July 1, 8, 15, 22, 29; ugust 5, 12, 19, 26.

ampa/Green Rivers, Dinosaur National Ionument: 1-day to 6-day trips at $39 to 177 per person between May 1 and Sep- ember 16, including 4-day trips at $78 per erson—May 7, 14, 21, 28; June 4, 11, 18, 5; July 2, 9, 16, 23, 30; August 6, 13, 20, 7; September 3, 10.

ican Hat Expeditions
957
staff, Ariz. 86001

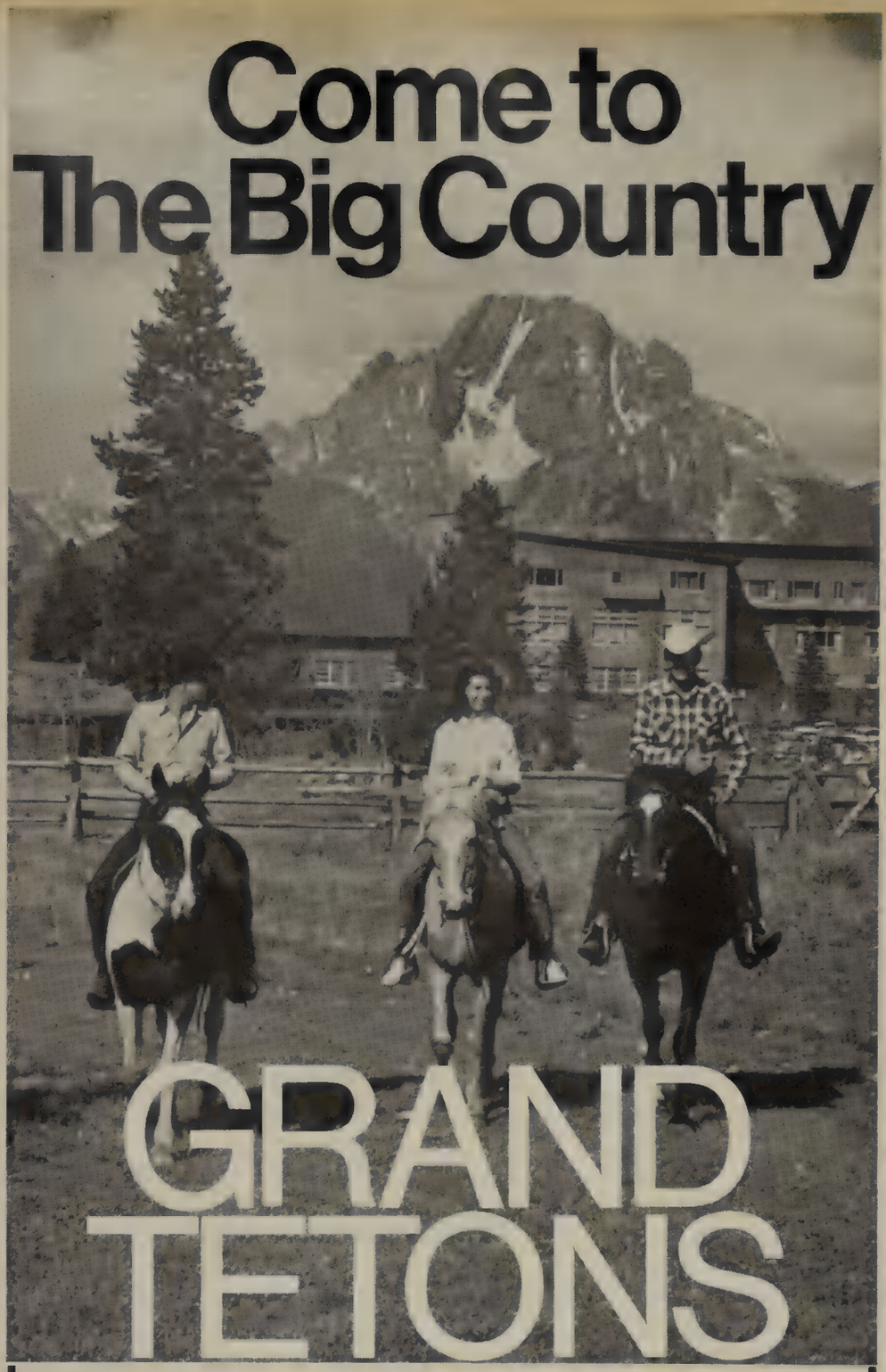
olorado River, Grand Canyon: 10-day ips at $365 per person—May 5, 12, 19, 6; June 2, 9, 16, 23, 30; July 7, 14, 21, 28; ugust 4, 11, 18, 25; September 1, 8, 15, 2. Seven-day trips at $285 per person— Iay 3, 10, 17, 24, 31; June 7, 14, 21, 28; ily 5, 12, 19, 26; August 2, 9, 16, 23, 30; eptember 6, 13, 20, 27.

A-Long Tours
. Main St.
1206, Moab, Utah 84532

olorado River, Cataract Canyon: 7-day ips at $262.50 per person—May 24; June 4; July 19; August 23; September 20. One- ay trips at $14 to $16 per person—daily om April 1 through October 31.

Continued on next page

Come to The Big Country



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Western River Expeditions
Box 6339
Salt Lake City, Utah 84106

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Colorado River, Cataract Canyon: 4-da trips at $175 per person—May 30; June 10, 17, 24, 29; July 4, 9, 15; August 5, 2 29; September 3.

Salmon River, Main Fork: 6-day trips a $240 per person—July 27; August 3, 10, 1 24, 31.

Salmon River, Middle Fork: 5-day trips a $295 per person—July 7, 14, 21.

Selway River, Idaho: 5-day trips at $29 per person—June 15, 22, 29.

Yampa/Green Rivers, Dinosaur Nationa Monument: 5-day trips at $139 per perso —June 1, 8, 15. Three-day trips at $98 p person—May 29; June 3, 10, 17. One-da trips at $15 per person—daily (except Su day) June 2 through September 5.

Green River, Lodore Canyon: 5-day trip at $139 per person—June 22, 29; July 13, 20, 27; August 3, 10, 17, 24, 31. Thre day trips at $98 per person—June 24; Jul 1, 8, 15, 22, 29; August 5, 12, 19, 26; Se tember 2.

Georgie White
Box 368
Midway City, Calif. 92655

Colorado River, Grand Canyon: 10-da trips at $300 per person—April 20; Ma 11; June 1, 22; July 13; August 3, 24.

The Wilderness Society
5850 E. Jewell Ave.
Denver, Colo. 80222

Boundary Waters Canoe Area, Minnesota 7-day trips at $195 per person—June 2 July 26.

Cataract Canyon, Utah: 6-day trip at $22 per person—July 6.

Missouri River, Montana: 8-day trips a $295 per person—June 25; July 26.

Yukon River, Yukon Territory: 10-da trip at $420 per person—July 1.

Wilderness Water Ways, Inc.
4 Live Oak Circle
El Sobrante, Calif. 94803

Eel River, Covelo to Dos Rios: 2-da trips at $40 per person—April 18, 25; Ma 2, 9, 16, 23, 30.

Klamath River, Happy Camp to T-bar 3-day trips at $50 per person—June 1 29; July 3, 15, 19; August 2, 11, 19, 2 31; September 5.

Rogue River, Galice to Illahee: 3-day trip at $120 to $130 per person—June 13, 2 25; July 7, 11, 25, 29; August 7, 15, 23.

Stanislaus River, Camp Nine to Parrot Ferry: 2-day trips at $40 per person— April 18, 25; May 2, 9, 16, 23, 30; Jun 6, 13, 20, 27; July 4, 11, 18, 25; August 8, 15, 22, 29; September 5, 12, 19, 26.

Wonderland Expeditions
3862 South 825 West
Bountiful, Utah 84010

Colorado River, Grand Canyon: 9-da trips at $350 per person—May 25; June 8

Colorado River, Cataract Canyon: 6-da trips at $200—May 4, 11; June 29; Jul 6, 20, 27; August 10, 17, 31; September

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Off the track in Cuzco, Peru

Tourists usually miss the Co-op Shop.

Nestled in a small huddle of rooms on the second floor of an old building on the Plaza de Armas in Cuzco, it isn't difficult to find. But since the guides and taxi drivers who bring in tourist business don't receive the customary "commission" given by other stores in the city, the Co-op Shop is not on many tour itineraries.

The store was established primarily to help Indian craftsmen earn as much as possible for their work. Sixteen artisan cooperatives working in the Peruvian Sierra near Cuzco set it up as an outlet for goods made by their members.

Since this arrangement eliminates wholesalers, the store, which opened last year with the help of Peace Corps volunteers, returns about 85 per cent of the total sales revenue directly to the craftsmen. The other 15 per cent is retained for maintenance and taxes.

Because the store is artisan-owned, craftsmen tend to take special care with the work they send there—as seen in the superior quality of the merchandise.

Inside, bargain hunters will find over 200 products including alpaca rugs, hats, bronze jewelry, hand-knit apparel, leather crafts, and dolls. The specialty is such hand-knit or woven items as sweaters, ponchos, hats, and rugs, made from wool or the softer alpaca.

The shop, at 151 Portal de Panes on the Plaza de Armas, is open daily between 9 A.M. and 9 P.M.

Hand-woven fabric *catches young lady's fancy while shopping in the Co-op Shop*

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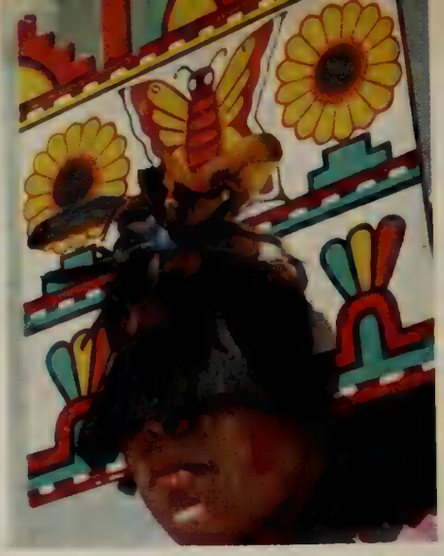
Sunset
THE MAGAZINE OF WESTERN LIVING
MARCH 1970



Black-veiled *maiden wears kachina-type headdress during Hopi butterfly dance*

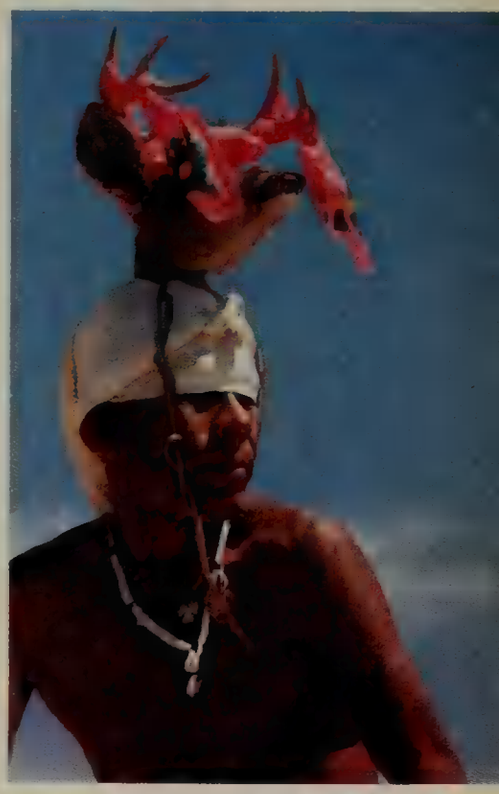
GLENN CHRISTIANSEN

Veteran performer's *horsehair headdress, beaded vest and breechcloth, feathered bustle are typical dance costume of Plains Indian*

At the Indian Fair... Navajos, Apaches, Hopis, Papagos

and at the new Heard Museum in Phoenix . . . rugs, pots, basketry, jewelry

Mohave matron's *smile reflects the crowd's enthusiastic response to the bird dance*



Yaqui dancer's *graceful skill transmits lifelike movement to his antlered headdress*

Young war dancer *comforts his tearful sister who isn't quite sure who's behind the war paint*

Liveliest weekend of the year at Phoenix's Heard Museum of Anthropology and Primitive Art is the time of the Indian Fair. Navajos, Apaches, Papagos, Pimas, Mohaves, Hopis, Pueblos from the various Rio Grande villages, and representatives of many other southwestern tribes will gather at the completely remodeled museum on April 4 and 5 to present their finest artists, craftsmen, musicians, and dancers.

In the palm-lined court at the rear of the museum, the brilliantly costumed dance teams present ceremonials rarely seen beyond home village plazas. Hopi maidens are resplendent in kachinalike headdress of the butterfly dance. Masked Apache warriors wear the ornate crowns of the mountain spirit dance. Last year the most thrilling presentation of all was by primitive Yaqui Indians from the wilds of Sonora, Mexico, who performed the violent but beautiful Yaqui deer dance, a hunting rite that has been translated into

In the exciting new Kachina Gallery, the world's most extensive Kachina display

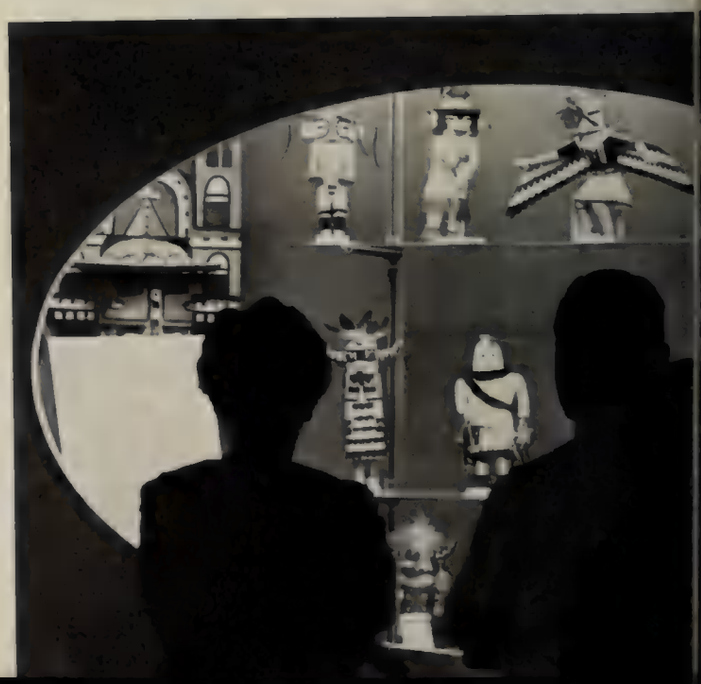
Water Spirit Fountain, *with frieze adapted from Hopi pot design, is focal point of Heard Museum's new Kachina Gallery*

Spanish Colonial *theme of Heard Museum's red tiled roof and olive-shaded arcades was carefully retained in recent remodel*

a popular modern ballet frequently performed by the famed *Ballet Folklorico* of Mexico City.

The dance programs at the Heard are marvelous shows for everyone, and offer photographers the chance to record colorful rituals and costumes of tribes that restrict or prohibit use of cameras on the reservation. Performances are presented on both fair days, at 11:30 A.M. and 1:30, 2:30, and 4 P.M.

Inside the new galleries, against a backdrop of one of the most extensive collec



Right. *Display at entrance of Kachina Gallery explains Hopi mythology.* **Opposite.** *Pueblo craftsman discusses potting techniques*

Helen Hardin, *artist daughter of Pablita Velarde, discusses mother's painting (in back) with visitor*

GLENN CHRISTIANSEN

Adam Martinez, *of famous San Ildefonso family of Pueblo potters, braids his long hair and wears woven sash of a Pueblo patriarch*

tions of primitive and contemporary Indian art to be found anywhere in the West, you can watch skilled Pueblo potters transform their clays into exquisite vessels, see Papago basketmakers coil drab strands of yucca fiber into boldly decorative baskets and plaques, and hear the restrained anvil chorus of Navajo and Hopi silversmiths as they work metal and turquoise into traditional designs for necklaces, brooches, and rings.

Other craftsmen demonstrating their

Silversmith *puts finishing touches on a handsome ring that combines both contemporary and traditional motifs*

skills at this 12th annual fair will include Navajo rug weavers and sandpainters, Hopi weavers and woodcarvers, and painters from many tribes.

The museum's annual Indian Art and Crafts Exhibit, usually held in association with the Indian Fair, has been divorced from the fair this year and rescheduled for November 28 through December 6, but visitors can buy Indian art from exhibiting craftsmen, artists, or from the museum shop.

One special feature this year is a comprehensive exhibit of Indian basketry, both

Navajo sandpainter *sifts a fine line of powdered charcoal through his clenched fingers to complete a ceremonial design*

Artists at work: sandpainters, basketmakers, silversmiths

Reflective basketmaker *and a young silversmith have reassembled their tools and craft materials, apparently contemplating the end of a long day at last year's Indian Fair*

Pima popovers, *plain or powdered with sugar, are popular items at the Indian Fair*

GLENN CHRISTIANSEN

Practiced hands *of Pueblo potter fashion soft clay into symmetrical pot shell without aid of a potter's wheel*

primitive and contemporary, from all over the Southwest.

The Indian Fair is a carnival of color, form, and movement, set to the rhythm of drums, the cadence of dance bells, and the melody of ancient chants. The pride of these people in their cultural traditions is evidenced by the large numbers of Indian visitors who mingle with the non-Indian art admirers and collectors thronging the exhibit halls.

Dominant showplace of the handsome Heard Museum is the exciting new Kachina Gallery, designed by Arizona architect Bennie M. Gonzales and displaying more than 400 kachina dolls from the collection of Senator Barry Goldwater. Each figure in the Goldwater Collection, said to be the most complete assemblage of Hopi and Zuni kachina dolls in the world, is identified by both its Indian and English names.

The Heard Museum is at 22 E. Monte Vista Road, just off Central Avenue three blocks north of McDowell Road. During Indian Fair the museum is open from 10 A.M. until 6 P.M. Fair admission is $1.25 for adults, 50 cents for children under 12.

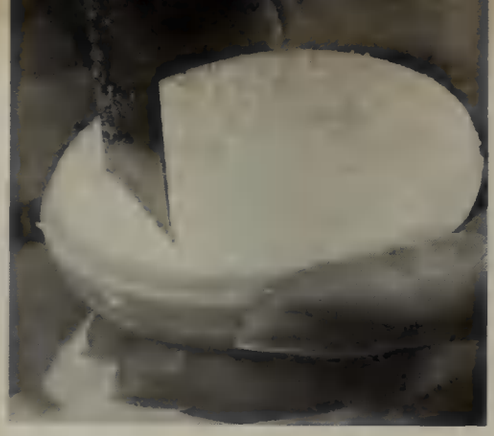
Technique *of making the very thin Hopi piki bread entrances a group of spectators*

Bakers at work:
Hopi piki bread,
Pima popovers,
plain or sugared

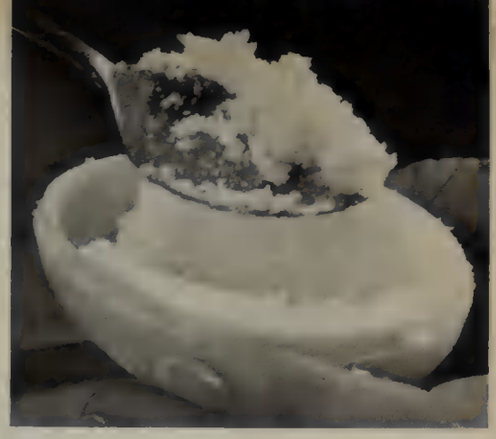
The see-into Easter egg

DARROW M. WATT

1. *Pack sugar - egg white mixture firmly into mold and scrape top level with a spatula. Choose a plastic or metal egg that is split horizontally. Use only base for mold, since the flat bottom makes finished egg sit steady*



2. *To make window, cleanly cut through sugar to mold, ½ inch in from narrow end; lift out the sugar with tip of spatula. Reuse discarded particles of the sugar mixture as they accumulate to make additional eggs*



3. *With a spoon gently scoop out center of sugar-egg mixture, making a shell ¼ to ⅜ inch thick. Smooth window and edge rim firmly now, since the sugar-egg mixture becomes very hard as it dries in the oven*

4. *Unmold on wide spatula (cover mold with spatula, hold together, and invert). Tap mold to release the egg; lift off mold. Gently push egg onto baking sheet. If egg breaks, pick up crumbs, repack mold. Bake*

5. *Pipe icing into base of the baked sugar-egg half, arrange a decorative scene, and then pipe a band of icing on rim and align another egg half on top. Swirl icing around seam and window; set aside to dry*

There's something *inside! Homemade sugar window eggs aren't difficult, make charming gifts*

Sugar eggs *are quite translucent, showing interior well*

A **plastic egg,** the kind from a variety store intended to hold sweets in an Easter basket, makes the mold for these hard sugar eggs. Inside, create a tiny world.

SUGAR WINDOW EGGS

With your fingers work 3 cups granulated sugar with 1 egg white until thoroughly blended. Following steps 1, 2, 3, and 4 above, pack sugar into mold, shape, and unmold. Place baking sheet with eggs in 200° oven; bake 10 minutes or until surface feels hard and solid. Remove from oven; with a spoon scrape free all loose sugar inside the shell. Return to 200° oven 10 minutes more to dry completely.

Pipe icing (recipe follows) into base of a cool egg, fit with a scene as shown in step 5, and then top with another egg half, joining with icing. Decorate side seam and window with icing swirl. If you like, squeeze a bit of icing on top of egg and set it in a sugar cake decoration (bird or flower—available in variety stores). Repeat to make each egg. Let stand about 1 hour for icing to harden.

Sugar Easter eggs stay hard indefinitely; wrap to keep dust-free. The recipe makes 7 eggs (14 assembled halves) about 3 inches long and 2½ inches tall.

Icing. Beat 1 egg white and ⅛ teaspoon cream of tartar with an electric mixer until foamy; gradually beat in 1½ cups sifted powdered sugar. Tint to desired shade with food coloring. Beat in as much as ¼ cup more sifted powdered sugar to make icing that holds its shape when squeezed through a pastry bag with a rosette tip.

An antipasto course *starts the picnic for adults: wedges of cheese bread with butter, salami, marinated mushrooms and olives, Chianti*

An egg hunt *captured the children upon arrival, so each now has prizes*

Skewered entrée *for barbecue grilling includes chicken thigh, pork chop, and garlic sausage*

DARROW M. WAT

This Easter dinner really is a picnic . . . Italian style with easy Easter pizza

An Italian-style picnic barbecue is a merry way to celebrate Easter dinner in the out-of-doors.

The varied regional cuisines of Italy contribute to this potpourri of holiday recipes. Together they compose a feast for a double or triple family gathering of eight or more. The unconventional fare is tailor-made for advance preparation and toting to the picnic site.

One cook can easily handle the dishes alone. And if two families join forces, the tasks divide neatly.

Italian Easter picnic

Egg Hunt

First Course:

Parmesan Bread Butter
Marinated Mushrooms Garlic Olives
Salami Chianti Wine

Entrée Course:

Skewered Mixed Grill
Asparagus Vinaigrette

Dessert:

Chocolate Almond Cake Winter Pears
Espresso or Regular Coffee

For last-minute ease, bake and freeze the cake and bread in advance. This cheese-flavored bread is made with hot roll mix and goes by the name *pizza di Pasqua,* which means Easter pizza in Italian.

Cool and chill the mushrooms and asparagus, and season the olives a day ahead. Let meats marinate overnight. Plan to carry coffee in a vacuum bottle or brew instant espresso at the picnic site.

Parmesan Bread. Pour ¾ cup warm (not hot) water into a bowl. Remove the yeast packet from 1 package (about 14 oz.) hot roll mix and sprinkle yeast into the water; stir until dissolved. Instead of adding ingredients called for on package, add 2 eggs, 3 tablespoons olive oil, and the flour mixture; beat until smooth. Turn out on a well floured board and knead until smooth. Place in a bowl and let rise until doubled in size.

Turn out on a floured board and knead lightly. Roll out into a rectangle about 8 by 16 inches. Beat 1 egg lightly and mix in 1 cup grated Parmesan cheese and ½ cup shredded Swiss cheese. Spread cheese filling over dough and roll up firmly from the narrow end. Shape into a round by folding the ends underneath to fit in a greased 1½-quart round baking dish or casserole with straight sides at least 3 inches high. Let rise until doubled in size. Bake in a 350° oven for 40 minutes or until golden brown. Let cool 10 minutes, then remove from pan. Makes one loaf.

Marinated Mushrooms. Wash and trim the ends from 1½ pounds small or medium-sized mushrooms. Simmer 5 minutes in 1 inch of boiling salted water with a slice of lemon; drain. Let cool. Place in a bowl and pour over a mixture of 3 tablespoons olive oil, 1 tablespoon white wine vinegar, 1 clove minced garlic, and 2 tablespoons chopped parsley. Cover and chill, stirring occasionally. Makes about 1 pint.—*M. G., Redwood City.*

Garlic Olives. Drain 2 cans *(7 oz. each)* pitted ripe olives and place in a bowl. Spoon over 3 tablespoons olive oil, 1 clove garlic (minced), and ½ teaspoon oregano. Stir to mix well. Cover and chill. Makes about 1½ cups.—*N. T., Menlo Park, Calif.*

Skewered Mixed Grill. Place 6 chicken thighs and 6 center-cut pork chops, cut ½ inch thick, in a shallow pan. Sprinkle with 1 teaspoon *each* crumbled rosemary and salt and drizzle with ¼ cup olive oil. Chill at least 3 hours or overnight for flavors to permeate.

Bring 1 quart water to a boil, add 6 Italian-style garlic sausages, and let simmer 15 minutes; drain.

Skewer meats in the following manner: Alternate on each of the six skewers 1 pork chop, 1 bay leaf, and 1 chicken thigh. Cook meat over medium heat of glowing coals, turning, for 15 minutes. Then add 1 bay leaf and 1 of the garlic sausages to each skewer and cook 10 to 15 minutes longer, or until chicken and pork are no longer pink inside. Remove from skewers and arrange on a platter so guests may cut meats, sampling one or all. Serves 8 to 10.

Asparagus Vinaigrette. Trim the ends from 2 pounds asparagus and cook in boiling salted water about 7 minutes, or until barely tender. Cool and chill, a day ahead, if you wish. Cover with an oil and vinegar dressing and garnish with lemon slices just before serving. Serves 8 to 10.

Her dessert *is a generous wedge of chocolate-frosted almond cake*

Chocolate Almond Cake. Melt ⅓ cup butter and let it cool to lukewarm. Whirl 1½ cups blanched almonds in a blender, about ½ cup at a time, until pulverized as fine as cracked wheat. In the large bowl of an electric mixer, beat 6 egg whites until soft peaks form; set aside. Beat 6 egg yolks until light, and gradually beat in ¾ cup sugar. Mix together the ground nuts, ½ cup unsifted flour, 1 teaspoon baking powder, and ½ teaspoon cinnamon; add to the yolk mixture, stirring just until blended. Mix in the melted butter. Fold in egg whites.

Turn into a buttered 9-inch cheesecake pan (with removable sides). Bake in a 350° oven for 40 minutes, or until a toothpick inserted comes out clean. Let cool on rack, then remove from pan. If desired, wrap and freeze at this point. Let thaw completely before frosting.

For frosting, melt 5 ounces semisweet chocolate and 2 tablespoons butter in a small pan over hot water. Stir to blend together smoothly. Spread over top and sides of cake. Chill to set frosting firmly. Makes 8 to 10 servings.

Here it is, *moving-in day. Next—how to make all that bareness into a garden? Then—how to make the garden grow well?*

If you are new to the West . . . or if you are

These 10 pages have been prepared for the guidance and encouragement of novice gardeners in the West, and for newcomers to the West about to garden here for the first time. We hope that the text, lists, and illustrations will answer most of your basic questions and help you get started.

The place to begin is with the West's climate and the special plants that it allows, because that's really the one big thing that makes gardening in La Jolla, Covina, Fresno, or Berkeley so dramatically different (and so much more fun) than gardening in Arlington, St. Louis, Plainfield, or Cambridge.

1. Our mild climate allows us to grow many lovely and special plants

We get much of our weather from the Pacific Ocean and comparatively little from the continent. This gives the West a milder climate than the rest of the United States. The milder climate allows us to grow special plants that the rest of the country can't grow or that other parts of the Continental U. S. grow with more difficulty. Most of the special plants come from mild climates elsewhere in the world. The big photograph on pages 86 and 87 shows some of the popular plants that are the special-privilege property of California gardeners.

Some of these plants are just fun, some are functional, and some are both. Before you can begin to use them, of course, you need a garden. The way you get a garden is to design and build one; then you plant it. Here in the West, the climate allows us to develop our gardens in a different (and more enjoyable) way than elsewhere in the country, too.

2. Design to make the garden useful and pleasant

The basic elements of landscaping are as mechanical (or physical) as they are esthetic. With trees, shrubs, fences, walls, and structures as building blocks, you figure out (and preferably

10-page introduction to the

DARROW M. WATT

3. Some plants for sun, some for shade. Some permanent, some not

The special plants we grow in the West come not only from mild (and, in some cases, severe) climates around the world, but also from shady environments and sunny environments (down deep in jungles and out in open fields, for instance), and from mixed environments, too. Evolutionary processes accustomed some species to shade, some to full sun, and many to various gradations in between.

This brings up one of the rudiments of gardening: Select plants according to whether they prefer sun, shade, or some of each.

When a garden is new and treeless, all plants should be sun plants, except those that you plant under roof, in a narrow alley, or right up against the north side of a wall. In a new garden, only those areas need shade plants. As time passes and trees and shrubs grow higher, the sunny areas diminish and shady areas increase, and so your need for shade plants greatly increases.

As a rule, a garden plant is a full-sun plant (or a mostly-sun plant) unless the nurseryman, the garden book, or the garden

Text continued on page 88

GLENN CHRISTIANSEN

What plants *are these? See the big picture, next page*

new to gardening . . .

ecord on paper) where and how you should plant or build to ccomplish these ends:

— To reduce sun (and its glare and heat) where necessary.

— To chop up or block out the prevailing daily winds to make he garden (especially the high-use, outdoor living parts) comortable for people and suitable for small plants.

— To provide as much privacy in your garden as you want.

— To protect slopes from erosion.

— To establish drainage channels for rainwater.

n addition, your landscaping will have you filling other spaces vith plants, to supply greenery all year and flowers or fruit in eason. Avoid a miscellaneous smörgåsbord. Unless you are a ollector, don't plant one of these, one of those, one of somehing else, all in a row or in one place. Instead, group plants f one kind in quantity—the greater the number, the more leasing and bold will be the effect. Miscellaneous plantings ook confusing and are difficult to manage.

joys of California gardening

The joys of California gardening

Here are 37 wonderful plants you couldn't grow in the East or Midwest. California's mild climates give you a much bigger plant palette to work with

There are hundreds of other plants that Californians can grow and easterners can't; these in the photograph are just some particularly popular ones.

Notice that most are broad-leafed evergreens—they keep their broad leaves all year. Two—deodar cedar and redwood—are coniferous evergreens (coniferous means cone-bearing). And four are definitely deciduous (lose leaves in winter): almond, apricot, walnut, and European grape, among which are California's wine grapes and Thompson Seedless. These deciduous plants could live in colder climates but mid-spring frosts and humid summers destroy their fruit.

Our pictured plants make gardening fun in California because they do nice things for your senses and your psyche. They supply good fruits to eat, lush leaves to look at and feel, scented flowers and leaves to smell, attractive flowers and a pretty form to enjoy with your eyes. Several of these hero plants do all of these things at once.

GLENN CHRISTIANSEN

Fuchsia
Almond
Apricot
Walnut
Redwood
Bamboo
Camellia
Podocarpus
Deodar
cedar
Banana
Oleander
Acacia
Tea tree
Citrus
Bird of
paradise
Avocado
Geranium
Eucalyptus
Bottlebrush
Succulents
Artichoke
Algerian ivy

magazine makes a specific point of its shade requirement. Here are some of the West's notable full-shade and part-shade plants.

Abutilon
Asparagus falcatus
A. sprengeri
Aucuba
Azaleas
Baby's tears
Begonias
Bergenia
Camellias
Clivia
Daphne
Fatsia
Ferns
Fuchsias
Hedera helix (ivy)
Holly
Hydrangeas
Impatiens
Japanese maple
Mahonias
Mondo grass
Nandina
Pachysandra terminalis
Philodendron selloum
Pieris
Pittosporum tobira
Podocarpus
Primula malacoides
P. polyantha
Raphiolepis
Rhododendrons
Sarcococca
Skimmia
Ternstroemia
Vinca

4. The order of events for building and planting a brand new garden

"Where do I start?" That's the question many novices ask. There is no standard order of events for remodeling an existing garden. For a brand-new garden, however, common sense and experience rank the phases in about this order:

— Design the garden. Do it yourself or get professional help from a landscape architect or nursery offering landscape service.

— Install sprinkler system, water pipes, drain lines, pools, electric lines, and other things that go underground.

— Plant trees and major shrubs and vines (a high priority, to give maximum growing time).

— Install paving, decks, patio roofs, other structures.

On one busy Saturday morning, a new home owner plants his entry . . .

1. *Begin by spreading 2-inch layer of ground bark or other organic soil conditioner over the soil. Mix it in later*

2. *Scatter superphosphate, to be tilled in with organic matter. Need for it told in soil section, page 91*

3. *Rent or hire a rotary tiller; till back and forth many times, making uniform mix of soil and amendments*

6. *Dig holes for plants. Can is being cut with manufactured can cutter*

7. *Lift plant by root ball, not trunk. Tin is sharp; gloves would be safer*

8. *Refill the hole. You may need watering ring for gallon can plants and up (see Cans and containers, page 90)*

- Plant ground covers and lawns. Spring and fall are the best asons.

ow that you have the bones of a permanent garden, you can gin seasonal planting—flowers and vegetables—every few onths as desired. And you can also begin collecting certain nds of plants or developing garden specialties.

. The eight different ways in which Western gardeners can plant things

urseries sell seeds, bulbs, and plants (in cans, containers, cks, flats, and pots) the year around. Balled and burlapped ants and bare-root plants are available only during the dor- ant season (midwinter to early spring). Here are descriptions the different ways you'll find plants sold and what to do with them when you take them home.

Seeds. Gardeners and landscapers rarely plant trees or shrubs from seed, but most vegetable gardens begin as a handful of seed packets, as do many outstanding flower gardens. Many annuals (plants that live just one season) are planted from seeds, and a list of currently available seeds could fill a book.

Seed package directions tell you how and when to plant and how to water. Some plants are very easy to grow from seed. Even children can hardly fail with nasturtiums, zinnias, sweet peas, and some others.

You can plant seeds in nearly any season, depending on the plant. Late winter and spring-sown seeds are generally for summer and fall flowers or harvest. In fall you can sow wild-flower mixes, some winter-tough spring annuals, and grass seed.

One way is to start seed in pots and later transplant the seedlings to larger pots or to the ground when they are several inches

...he uses the planting method that's best for massed shrubs, ground covers, flowers

. *If you want a divider in the bed, put it in now. This one will divide ound cover (left) from shrubs (right)*

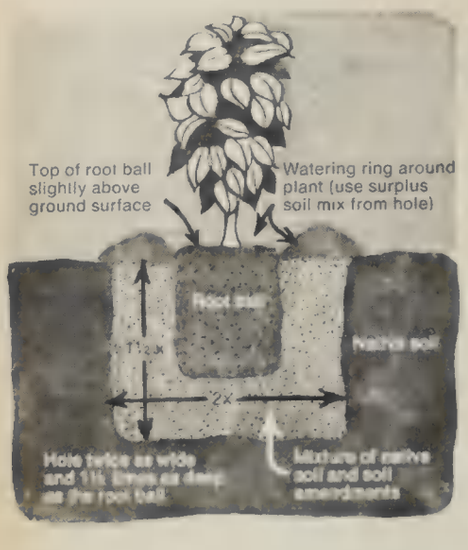
5. *Spot plants where you think they'll look right, allowing space to grow; Sunset Western Garden Book tells plant sizes*

. *Now the ground cover. Notice how one side of flat was removed his makes it easier to take plants out*

PETE REDPATH

10. *The best part of the day. After you've put all plants in and thoroughly soaked the roots and surrounding soil around each, you can stand up and take your ease while you wash off the walks and leaves with a fine spray, like this*

Here's how to plant a tree or a big shrub



With soil *from hole in a pile, add iron sulfate, superphosphate, and ground bark; mix well. Refill the hole as shown at left*

GLENN CHRISTIANSEN

Tree being tried *in the hole (for depth) as treated soil goes back in. If the tree needs a stake (most do), put it in hole at this time*

Cross-section *of planting hole for trees and big shrubs. After strong growth begins, widen watering ring so irrigations will soak wider area*

tall. And you can easily sow some seeds right on the ground and never have to transplant: African daisies, marigolds, sweet alyssum, and zinnias are a few. Before planting in the open ground, spade or rotary-till the soil, break clods, and rake smooth; it usually helps to add soil amendment. After sowing, keep the soil moist all the time until seedlings are an inch high.

Bulbs. Technically, the fleshy knots, knurls, balls, and long things that you put in the ground to become plants may be called bulbs, corms, tubers, or rhizomes. Differences are explained in the Gardener's Language section of the *Sunset Western Garden Book*, New Edition. But you don't have to know which is which to grow them well.

Some of our most glorious flowers are grown this way—tulips, iris, daffodils, dahlias, gladiolus, and many others.

You plant most spring-blooming bulbs in late fall or early winter, summer-blooming ones in late winter or early spring. Generally, a bulb should be planted two to three times as deep as its width.

Cans and containers. Though not all kinds of trees and shrubs are available in cans today, the great majority are. You can plant from cans the year around, except in cold climates when the ground is frozen. Plant frost-tender subtropicals in spring or early summer, so they will establish before winter.

When selecting a plant grown in a can, do not assume the biggest plant is best.

What is important is the overall health of the plant, which is best indicated by the condition of the root system. You cannot see the roots when you shop (if you can in fact see roots growing out of the drainage holes or on the soil surface, the plant may be rootbound and undesirable); but you can tell a lot by looking closely at the foliage. Is there new growth (especially important in spring)? Is the plant well shaped? Does it have a healthy color?

Dig a planting hole that is at least twice as wide as the root ball, and one and a half times to twice as deep. Mix soil amendments (see soil section, page 91) thoroughly with the native soil from the hole. Container plants are usually grown in extremely light, fluffy soils, so it is important to improve conditions of the soil in the planting hole so that it is of similarly soft and open texture. Otherwise, roots may not grow out of the root ball into the surrounding soil.

If your shrub or tree is growing in a straight-sided metal can, cut open the can on two opposite sides unless it was cut for you at the nursery. (A plant in a precut can shouldn't wait longer than a day to be planted.) If the plant is in a plastic or tapered metal can, just tap it out. Disturb the root ball as little as possible when removing the plant from the can.

Gently place the root ball so its top is slightly above the level of the ground surface (planting too deep can smother roots). Add enough improved soil mix to bring it to that height. Tamp the soil mix beneath the root ball as firm as you can—to reduce subsequent settling. Place the plant in what will be its lifetime position, with branches pointing the way you like. Fill the rest of the hole.

In many cases, you should use surplus soil to make a watering ring around the plant—with inner diameter as wide as the root ball. Watering rings are essential for trees and shrubs and for slope plantings. They aren't necessary for small plants and ground covers that will be watered by sprinkler or for flat beds surrounded by walks and walls that can serve as irrigation levees. Either way, be sure to water thoroughly.

Wait at least a month after planting to apply regular commercial fertilizer. But if you use "slow-release" or phosphate fertilizers (see page 91) you can mix them right in the soil at planting time. Other fertilizer used then may burn plants.

Plant-packs or pony-packs. This is a way of selling small annuals, vegetables, or ground covers. Usually six to a dozen grow in each small tray. Right now it's most popular in Southern California; it's spreading through the rest of the West. Tip plants out; cut or break them apart as gently as possible.

There are several other versions of packs, divided into individual cells with a plant in each. These plants are often larger than those in a standard plant-pack.

Flats. These shallow wood boxes hold up to a hundred annuals

vegetables, ground covers, hedge plants, or even seedlings of fast-growing windbreak trees. You can buy a whole flat or just some of the plants.

To plant, bang one end of the flat on the ground to open up some space at the opposite end; or knock off one side with a hammer. Cut or gently pull out plants. For a faster display with annuals, break out and plant groups of plants.

Pots. Plastic pots have pretty much supplanted the old red clay flowerpot. Nowadays the plants most often sold in pots (quart or 4 or 5-inch size) are annual flowers in bloom or heavily budded—often billed as "instant color." Plants soon outgrow the pots, so tip upside down to remove, then plant in a larger container or in the ground. Beware of over-age plants sold this way; they'll rarely come back.

Bare root. This is the traditional way of selling deciduous plants when they lose their leaves in winter. While dormant in early winter they're dug from fields; you plant before they start to grow again in spring. It's a good way to plant, for the roots grow in a single uniform soil (can-grown plants have their roots in the nursery mix, and must grow from it into a different soil). It's also the cheapest way to buy many plants. Plants sold this way include shade trees, fruit trees, flowering trees, roses, grapes, berries.

Balled and burlapped (B&B). This is an old-fashioned way of selling plants. Pines, spruce, junipers, hollies, citrus, avocados, rhododendrons, and a few other plants are dug from fields in winter and spring, with a sizable ball of soil around their roots; the ball is wrapped in burlap and tied with twine so it won't crumble. You plant with the burlap on; loosen the wrapping at the top so water can get to the root ball. Carry a B&B plant by the ball, not the trunk.

Those plant names. It's too bad that beautiful plants must have difficult, sometimes ugly names (like agapanthus and pittosporum). But that's the way it is; when you garden you just have with this trifling inelegance because the scientific names precisely name the plants. Common names (like "lily-of-the-Nile") are often inaccurate and usually go unused. Don't worry about pronunciation. Many plant names are said in two or three different ways by the botanists themselves.

6. Your soil is terrible, of course. Join the club. And do this

It seems that whenever two gardeners get together, each is quick to claim the worst possible characteristics for his own soil—it's sort of a reverse braggadocio. Few soils are perfect, it's true; but it is equally true that very few gardens really have pure clay or adobe. Many soils are fine-textured loam, but there is a big difference between loam and true clay. True clay is rock hard when dry and like sticky pudding when wet. It's made up of particles so small that they are colloidal (jellylike).

There are many reasons why our unimproved soil isn't good enough for the plants most people like to grow: It's too compacted, or too rocky, or too shallow, or too sandy, or too alkaline (common in low-rainfall areas), or it's too different from the kind of soils that nurseries grow plants in (as mentioned under *Cans and containers* on the opposite page).

We do not recommend buying and bringing in topsoil. Do it only to fill in a big hollow or low spot, or to build a mound. Otherwise it's almost always better to improve existing soil.

The usual way to improve almost any kind of soil is to mix in some kind of organic matter: ground bark, sawdust, oak leaf mold, peat moss, and rice hulls are some. This introduces more air spaces into the soil, provides some plant nutrients as it decomposes; some amendments make alkaline soil more acid. It takes a lot of organic matter to do any good. Two rules of thumb: For garden beds, spade or rotary-till a 2-inch layer of organic matter into the soil to a depth of 6 inches. When you dig a planting hole, mix at least one-third organic matter with soil you are going to put back in the hole.

You can add other things, too. Phosphorus, one of the three major fertilizer elements described in the next section, should be added to soil (as superphosphate) when you spade or till it or when you prepare a planting hole. The reason: Other plant-nutrient chemicals move through soil freely, but phosphorus hardly moves at all. It is either in the root zone of a plant or not, and if it is not, you can't get it to the roots through the surface. The iron sulfate being added in the photograph on the opposite page (1 pound to a tree hole) supplies iron to plants and seems to be generally beneficial.

A few plants will grow well in ordinary soil (no improvement). For others—azaleas and tuberous begonias, for instance—you may need to replace native soil with an airy, water-retentive mixture. Most plants fall between the two extremes.

7. Most plants need fertilizer. Here is why and what

When you shop for fertilizers, you'll notice three numbers on the labels. These represent the amount of nitrogen, phosphorus (in the form of P_2O_5), and potassium (in the form of K_2O) contained in the fertilizer. For example, a fertilizer with a 8-12-6 formula contains 8 per cent nitrogen, 12 per cent phosphorus, 6 per cent potassium.

Nitrogen regulates protein production and growth. The green pigment chlorophyll is a nitrogen compound, and the greening of a lawn immediately after an application of nitrogen fertilizer is a striking example of what nitrogen does and how fast this begins to show.

Phosphorus is necessary for photosynthesis to take place, and it provides the mechanism by which energy is transferred within the plants. It is present in all living tissue.

Potassium is essential to the manufacture of sugars and starches and to normal plant growth.

Nitrogen is highly soluble and for that reason it washes out of soil fast. Also, plants use it at a fast rate. You have to apply it regularly. It's like taxes—you can't escape it.

Because grasses consume nitrogen in large amounts, lawn fertilizers are always formulated with a high amount of nitrogen. A typical lawn food label might show a ratio of 20–8–6.

There are many organic fertilizers available, such as manure, processed sewage sludge, and fish emulsion. These are neither as fast-acting or nutrient-rich as most chemical fertilizers, but they do contain nutrients, and the solid kinds add organic matter to the soil.

Soil additives, like peat moss and leaf mold, release such tiny amounts of nutrients that they shouldn't be considered fertilizers. Their primary purpose is to improve the texture, drainage, and in some cases acidity of the soil.

Untreated sawdust and ground bark add little to soil in the way of plant nutrients; in fact, they take nitrogen out of the soil in the process of decomposing. Labels on the sacks will tell you if these materials have been stabilized with nitrogen.

Some fertilizer products are specialized formulas, as the labels suggest: rose food and camellia food, for example. However, for most plants any complete fertilizer formula will serve as well. There is a clear-cut exception in the case of acid plant foods. Many plants thrive only in acid soil; rhododendrons, camellias, and azaleas are the most important examples. Fertilizers formulated for these plants produce acid reactions in the soil.

Most soils in the West's rainy regions (more than 20 or 25 inches a year) are acid; most soils in the arid regions are alkaline. As mentioned, some plants such as rhododendrons simply won't grow in alkaline soils.

8. Water keeps gardens alive during our long dry seasons

The need for watering varies according to your climate, your soil, and the plants you grow. Once established, native plants seldom require watering. Few garden plants are local natives, however, and it is a rare gardener who does not have to water.

In most of California, watering is necessary from the last spring rain to the first heavy winter rain. The dry season may go from March to November, or June to September, or any combination in between—depending on the year and on how much your climate is dominated by weather from the Pacific Ocean (where most of the West Coast's rain comes from). Make it a habit to start thinking about watering again whenever you've gone 14 days without a soaking rain. And if dry winds or fast winds blow, think about it even sooner, for winds take great amounts of moisture from soil and plants. Frosts can also take moisture from soil.

When you water, water thoroughly. It is better to water heavily and infrequently than lightly and often. Heavy, infrequent watering encourages plants to grow their roots deep, and deep roots make plants more self-sufficient. If by chance a dry spell comes along, deep-rooted plants will have a better chance to survive.

One group of spring-flowering, shade-loving Western specialties, the azaleas, rhododendrons, and camellias, happen to be shallow-rooted. No matter how you water, these plants will not send roots deep. So for them a careful and regular summer watering schedule is necessary.

New plantings need particular attention. In periods of extreme heat, newly planted shade and water-loving plants may need daily watering. Germinating seedlings (lawn grass, annuals, vegetables, or anything else) may need sprinklings up to six times a day because their roots are so small.

Because water moves vertically through soil, with hardly any movement sideways, it is necessary to water plants under eaves regularly—even during rainy spells—and in some cases to do the same to plants growing under thickly massed tree branches.

There's a way to tell when lawn grass and dichondra need water. The thirstiest patches first turn a bluish green, and at about the same time the blades become limp to the point where footprints will stay (the grass or dichondra won't spring back). That's the time to water, because the next clue comes too late—the turf plants turn brown, then straw colored, and by then the cells are dead. Even though the roots are still alive and capable of regrowth, the strawy tissue will never come back.

Some garden plants have similar ways of showing you that they are living on the last water their roots can find. Sometimes the clues are a cupping of leaves or a wilting and downhanging of leaves, or leaves that turn deep, dull, bluish green.

It's also quite possible to water too much, especially if you didn't add soil amendments when you planted. Roots in sodden ground can't get enough air. Fungus and molds thrive there.

Ultimately, it will be your own observation and memory of these signs and their frequency—especially the lawn signs—that will key your mental computer to your garden's water needs. It's not difficult or mysterious; after you've done it for one dry season you'll become the world's foremost authority on how often each lawn and garden bed needs water.

9. Plant pests . . . nature will take care of most of them

Some gardeners have been misled by gardening literature to believe they must spray regularly to control insects if they want an attractive and pleasant garden. That's not true. Some beautiful gardens have never been moistened by insecticide. Many more are sprayed only when damage by a particular insect makes it necessary—and even then only the host plants are sprayed. That's the best way. The most foolish way is to spray your entire garden monthly or seasonally with an "all-purpose" spray in order to keep away harmful insects and mites that might come.

Spraying becomes necessary only if pests feeding on a plant are not being controlled by natural predators (birds and other insects), and if common-sense measures (such as squirting with a hose) don't do the job. Here are some of the pests that are most likely to dodge or overwhelm their natural enemies and hang tight through your mechanical, non-chemical warfare against them:

Aphids come mostly in spring, but can be found in lesser numbers almost any time of the year. If not controlled, they multiply fast and can deface your plants. They suck juice from leaves, curling them. But don't panic. Birds and predatory insects are fond of aphids. Most aphids leave when the heat of summer comes. If they persist, try pyrethrins, malathion, diazinon, or any other safe, non-polluting, aphid-effective chemicals. Read the labels for the list of victims a spray can claim.

Three other common pests come mostly in summer—caterpillars, whiteflies, and spider mites. Caterpillars tatter foliage with their incessant chewing. You'll probably see chewed leaves or caterpillar droppings before you see the caterpillars themselves (often camouflaged). If there are just a few, pick them off. If there are a lot, spray or dust with sevin.

Whiteflies are tiny; they suck juice from the undersides of leaves and turn the leaves a speckled yellow. Some plants—

Where to turn for help

Your nurseryman can give you the best local advice (plants and products for your soil and climate). Additionally, each month the Garden Guide in *Sunset* tells you what to do right now. The Guide always appears at the beginning of the gardening section (page 210 this month). For the additional information that gardeners always need, refer to the following *Sunset* books. The first one contains the West's only encyclopedias of garden climates and garden plants.

General gardening information

- Western Garden Book $5.95
- Basic Gardening Illustrated $1.95
- Desert Gardening $1.95
- Gardening in Containers $1.95
- Pruning Handbook $1.95

Landscaping information

- Landscaping for Western Living $2.95
- Garden Plans $1.95
- Entryways and Front Gardens $1.95
- Garden Art and Decoration $1.95
- Lawns and Ground Covers $1.95
- Japanese Gardens $2.95
- Rock Gardens $1.95

Plant husbandry

- African Violets $1.95
- Annuals $1.95
- Bonsai $1.95
- Bulbs $1.95
- Camellias $1.95
- Garden Color $1.95
- House Plants $1.95
- Rhododendrons and Azaleas $1.95
- Roses $1.95
- Succulents and Cactus $1.95
- Vegetable Gardening $1.95

omatoes, cucumbers, abutilon, lantana—always seem to have ı few whiteflies; if the numbers increase, spray underneath 'oliage with sevin, malathion, diazinon, or dibrom. The truth s that man has not yet developed a sure-fire control for white-lies, and he may never do so.

You can make roses and other small plants immune to aphids ınd several other sucking insects by applying a systemic in-ecticide to the soil. It poisons the plant sap. You can buy it ombined with fertilizer. Do not use on fruits or vegetables.

Spider mites are so small that it may take a magnifying glass o see them. They work under leaves of such plants as dahlias, oses, and many others. Damaged foliage looks yellow and potted. Spray with diazinon or oil spray.

You can always tell whether snails and slugs are about: Set ut bait some evening, then look for dead ones the next morn-ng. The bait attracts and kills. If you plant flowers and small ender plants during snail season, surround them with bait.

n one case, it's best to spray before pests or diseases show up. Ve're talking about using dormant spray—chemicals like lime ulfur, copper compounds, sulfur, mineral oils—on trees and hrubs in winter when they are leafless. Such sprays will get id of pests spending the winter on the plants and prevent some iseases. You can dormant-spray fruit trees, roses, berries, and few other plants. It's almost essential to spray peaches and ectarines in winter to prevent peach leaf curl.

Remember to be a good janitor. Clean up old leaves, flowers, nd other debris where pests may breed.

0. Pruning... folklore has caused needless worry and nail-chewing

Here is another activity in which the gardening literature or ardeners' folklore has caused more worry and nail-chewing han is necessary. You don't have to prune every woody plant ı your garden every year. Most shrubs and trees (and many ines) never need any pruning if they were planted in the right lace. In general, here is what needs pruning (see the *Sunset runing Book* or *Sunset Western Garden Book* for details):

Dead flowers or whole spikes of dead flowers that you do not ant to turn to seed (fruit).

rees or shrubs that you think can be made more attractive y having some foliage masses cut out to reveal the branching ructure.

edges.

Diseased, dead, or rubbing branches in any woody plant.

rees or shrubs that have grown too big or are getting too big. rune out entire branches where possible, making cuts where ıey depart from other branches, the trunk, or the ground.

eaches, plums, grapes, and apricots. Prune in the winter afless season to remove one-third to most of the previous ear's wood, thereby directing increased energy into the re-aining fruit buds.

pples, pears, cherries. Prune less than the fruit trees just entioned, but some for renewal.

oses and fuchsias, annually.

1. Weeds... chemicals can kill some but the hoe remains supreme

nother folklore misconception that you can profitably wash om your mind is that there are chemical sprays to kill all e weeds that grow in your garden.

the first place, there is no weed killer selective enough to ll weeds and spare desirable plants. The most you can expect that it differentiate between grasses and broad-leafed plants, or between annuals and perennials, or between deep-rooted and shallow-rooted plants. But a chemical can't make a moral judgment such as "You're a weed."

If you aren't careful to apply them *exactly* as instructed on the label, weed killers can injure or kill many garden plants.

There are two main types of weed killers: the ones that kill weed seeds or just-sprouted seedlings (pre-emergence weed killers); and the ones that kill growing weeds.

Pre-emergence weed killers get used mostly on lawns, packaged either in "weed and feed" products or separately. They're just about the only chance you have of chemically killing such troublesome lawn weeds as crabgrass, annual bluegrass, and spotted spurge. Which kind you use depends on whether you have grass or dichondra lawns.

ELLS MARUGG

A midsummer garden. *Tree roses (left), festuca (front) are permanent. The flowers are annuals (one-year plants)*

If you have a grass lawn with full-grown weeds, there are a number of chemicals that will kill the broad-leafed weeds. Nothing will kill the grassy weeds without doing the same to your lawn. In dichondra lawns, dalapon will kill Bermuda grass (usually the worst weed), if you apply it persistently.

You can apply some kinds of pre-emergence weed killers in garden beds without endangering certain kinds of plants growing there. These include eptam and trifluralin.

To get rid of weeds in paths, driveways, and other places away from garden plants, use weed killers that are not selective and kill on contact, such as phytar or diesel oil.

The hoe has not been replaced. Hoeing, hand pulling, and cultivating are still good ways to banish weeds.

ERNEST BRAU

From inside *you can sky watch, see clouds, treetops. With high glass at both ends, you see straight through center of house*

HONOR AWARD

The interior patio idea

It gives you a house with some of the outdoors indoors

'he **interior patio** or atrium idea isn't new. It has been used in ome form since ancient times and is still an integral part of ıouse design in many areas of the world.

n the West it's associated with the Spanish-Mexican-Early 'alifornia style of architecture. Both *Sunset* buildings in Menlo 'ark, California, are built around large interior patios. It ppears in many custom-designed, contemporary houses and ften in town houses in modified form. And Western developers f mass-built houses have used it from time to time with varyıg degrees of success.

. L. Eichler, builder of the four award-sharing subdivision ouses designed by architect Claude Oakland and Associates nd pictured on these four pages, has been a consistent suporter of the interior patio idea. He used it as early as 1958. ınother open-centered model designed for him by architects ı. Quincy Jones and Frederick E. Emmons won a Special ıward in the 1962–64 A.I.A.-*Sunset* Western Home Awards.

This hole in the center of the house can be very desirable. Even on a small urban lot, it is a private outdoor area completely shut off from the street and from the neighbors. On a large lot it can be the more intimate garden inside the house in contrast to the bigger, more open garden outside.

In situations where most outdoor areas are windswept, the atrium offers shelter. And perhaps its most important contribution is how it transforms all the rooms of the house that face on it. With glass walls, they all share the light and the air and the garden view.

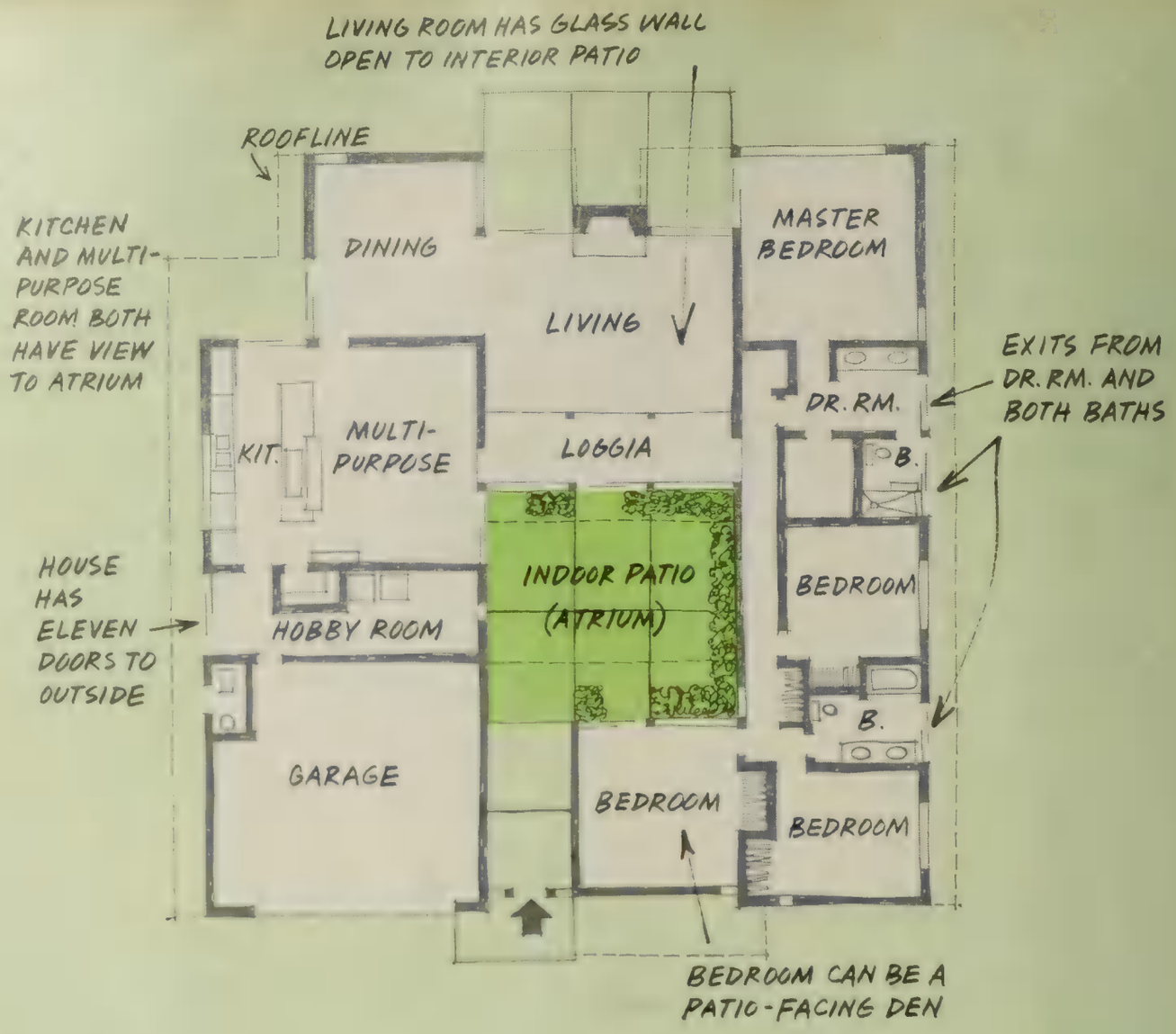
Because of its location, the atrium is always on view—so what you put in it in the way of furniture, sculpture, and plant material should be selected with special care.

Usually it is room-sized, on an indoor rather than an outdoor scale. That means that planting should be scaled accordingly. The relatively small pockets or strips of open soil inside the atrium aren't suitable for plants that rapidly sprawl or get

"For contribution to subdivision house design"

For the first time in the history of the Western Home Awards, an award went to two individuals, rather than just to the houses they entered (pictured opposite and on the next two pages). The A.I.A.-*Sunset* awards jury granted the top Honor Award jointly to builder Joseph L. Eichler and architect Claude Oakland "for contribution to subdivision house design." Eichler has been building award-winning houses, mostly in northern California, for more than two decades. All have been architect-designed, have frequently used open plans and interior patios, have used exposed beams, generous glass areas. Oakland was architect for all of the Eichler houses entered in the 1969-1970 round of Western Home Awards. Each had an interior patio.

Builder Joseph L. Eichler, architect Claude Oakland



Three award houses use a "hollow square" plan

Street side *of house shown on page 94 (plan is above). High space over living room and one bedroom*

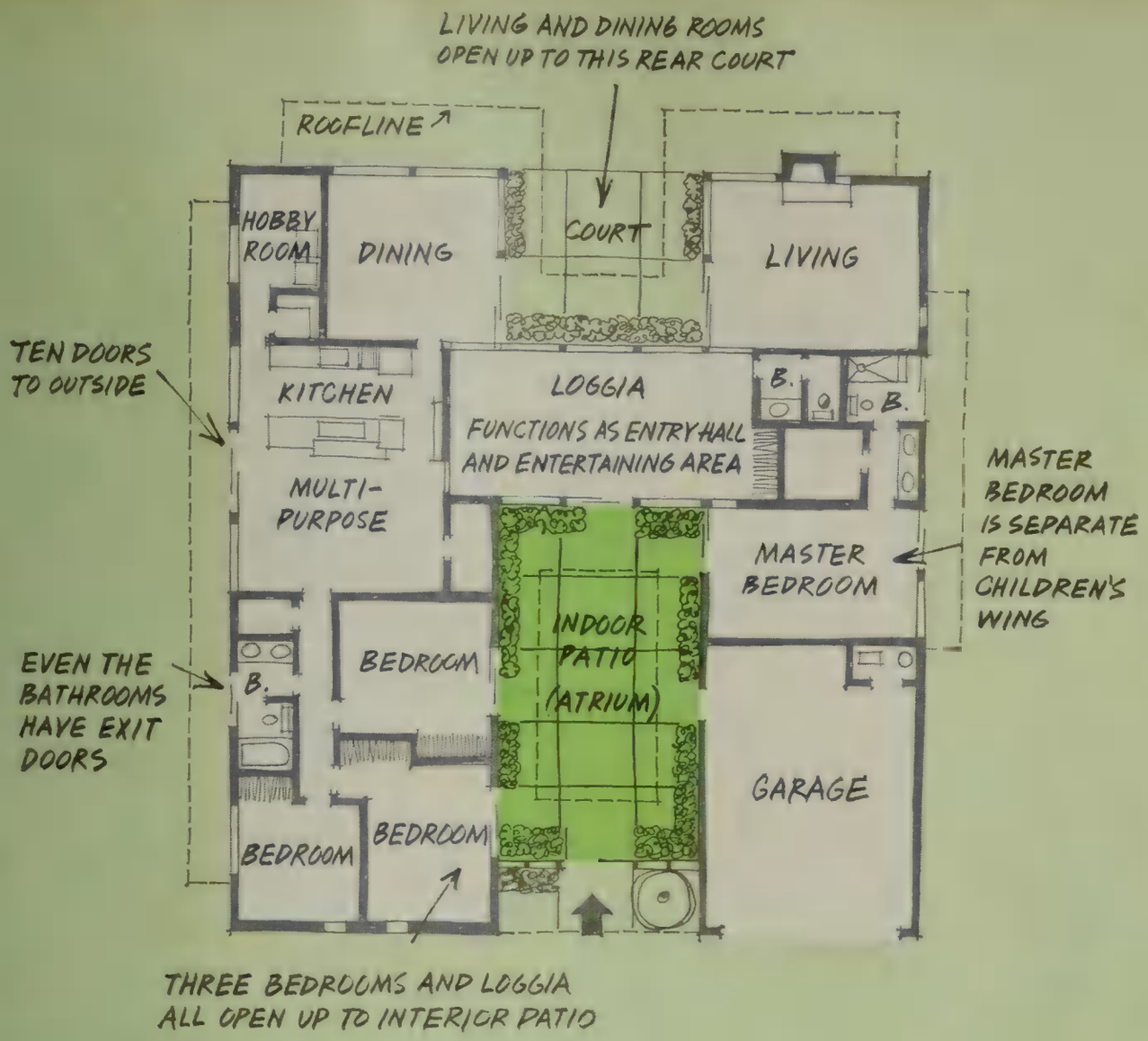
High space *in this design over one bedroom, living room. Atrium opening visible across center of high windows*

This model *designed for lots with rear boundaries to the west. High glazed end walls face north and south*

leggy. Such confined spaces call instead for something slow-growing and neat. (And if such plantings happen to be under an overhang, don't forget to keep watering them even in rainy weather.) For the most part, trees and shrubs for more dramatic accents in the atrium go best in containers; then they can be moved out to the open garden when they get too big.

Another important point to remember is that the atrium, as a room without a roof, is a potential sun trap. It may be fi in winter, but too hot in summer from direct sunlight or la of adequate air circulation or both.

To defend against too much direct sunlight, observe exact where the hot spots are; typically you'll find them next to t south and west-facing walls. Then either move plants aw from there or choose only heat-loving plants. Also move cha



The fourth house uses an "H" plan

ıd tables to a cooler side. If the problem is still serious, some rategically placed sections of roof or overhead screen may be eeded.

nprovement of the air circulation calls for similar careful ɔservation of the problem. Usually it should be correctible y opening a gate, door, or window that will draw cooler air ıto the atrium at a fairly low level. This will help the warm r to rise more freely—much as cool air from an opened indow will make the warm air in a chimney rise faster and ırry the smoke up with it.

ERNEST BRAUN

H-plan model *(see above) separates adult and children's sleeping; glass-walled loggia joins the two wings*

The four award houses

he first three houses in the row at left above use similar "hol- ɔw square" plans with several rooms opening on an interior atio. Sleeping rooms wrap around one side of the square; ving, cooking, dining space wraps around the opposite.

'he fourth house uses an "H" plan. The two legs of the H are connected by a loggia which can serve as a generous entrance hall, art gallery, or extra room. The legs are separated by a court and an interior patio which is walled off from the street.

The high gable roof elements in these houses offer two benefits. One is simply lofty interior space in principal rooms. The other is lofty views of sky, clouds, treetops, and a watch on the changing weather.

Diners in Rome *are accustomed to militant look of trimmed artichokes, up-ended on leaves, lightly dressed as vegetable or salad*

Showing off with artichokes

How? Let's go behind the scenes

The artichoke is a natural showoff. Almost any way you present it, it makes a very pleasant spectacle.

There is no better time than now to delve into the forms and flavors suited to artichokes, since this is the beginning of the abundant spring supply that will peak in April and May. Flavor is best, as a result of the slow cool winter's growth; they are notably economical; and the markets are best supplied with a variety of sizes from very small to very large, all of which come from scattered plantings along the California coast from Half Moon Bay south to Monterey County (the major producing area is around Castroville).

Fleshy artichoke leaves, *denuded of thorny tips, opened to form a receptacle for softly poached egg and hollandaise*

Cutting an artichoke down to size: An artichoke is actually a flower bud; matured, it is a magnificent thistlelike bloom. While the bud is tightly closed, the tender-based leaves (or bracts) overlap on the meaty bottom containing the choke (or immature flowers). The stem is also edible.

However, you can't just pick up an artichoke and eat it—even though, properly treated, it is good raw. The trimming and shaping on these pages are done according to the size of the artichoke and the manner in which it is to be eaten.

How to cook an artichoke: Preliminary handling is important; a cut artichoke darkens when exposed to air and must go at once into an acid-water bath. Carbon steel knives and cast iron and cold-rolled steel cooking pans should be avoided, as these metals will discolor artichokes.

As soon as each artichoke is trimmed, immerse in acidified water: Mix 3 tablespoons vinegar with each 1 quart water required to cover artichokes.

In a large deep kettle, bring to boiling 4 to 6 quarts water with 4 to 6 tablespoons vinegar, 3 to 4 tablespoons olive oil or salad oil, 2 bay leaves, 10 to 12 whole black peppers, and 2 teaspoons salt. (A 5-quart kettle will hold 4 large whole artichokes, 6 to 8 medium whole artichokes, or about 36 trimmed small ones.)

Add artichokes to boiling liquid and cover; return to boil and cook until stem end pierces readily with a fork. Timing is based on artichoke size before trimming: Allow 15 to 20 minutes for small artichokes, whole or halved (2½-inch diameter or less); about 25 to 35 minutes for medium-sized artichokes, whole or halved (2¾ to 3¾-inch diameter); and 40 to 50 minutes for large artichokes, whole or halved (4-inch diameter or more).

Lift from cooking liquid, drain, and serve according to the recipes that follow. You can cook several batches in sequence, using the same liquid. If you want to cook artichokes a couple of hours ahead, drain them, then return to simmering liquid for 5 to 10 minutes to heat through before serving.

The simplest presentation of the artichoke is whole (at left, above, and on the cover) with thorny tips trimmed to protect the diner. The accompanying sauce is nested in the center. Offer as a first course, salad, or vegetable.

ARTICHOKES WITH CREAM CHEESE BÉARNAISE

Choose 1 large to medium-sized artichoke for each serving. Slice about ½ inch off the top to remove main cluster of thorns; break off small leaves at base of artichoke, and with scissors cut thorny tips from remaining exterior leaves. With a knife cut away dark green surface of base and stem, trimming stem slightly. Cook according to basic directions. Drain; cut base flat so artichoke will sit upright; serve the stem with the artichoke or reserve for some other purpose.

Serve artichoke, hot or cool, on a plate with sauce alongside, or in the center of the vegetable. To make a well in the center of the artichoke to hold sauce, open the center leaves slightly with finger tips, pluck out the thin inner leaves, and with a small spoon scoop out the fuzzy choke. Fill hollow with about 3 tablespoons of cream cheese béarnaise (recipe follows).

You might like other sauces as alternatives to the cream cheese one; choose any that go well with the artichoke such as mayonnaise or the tart hollandaise (recipe on page 100).

Cream Cheese Béarnaise. In a small saucepan boil 2 tablespoons tarragon vinegar with 2 tablespoons minced green

DARROW M. WATT

Cheese-drenched *cooked artichoke halves, chokes removed, decoratively top lightly sauced baked crab casserole seasoned with basil*

Neatly overlapped *wreath of leaves from one cooked artichoke, bottom laden with chilled hollandaise, makes a dipping appetizer*

onions and ¼ teaspoon tarragon until vinegar is evaporated. Combine onion mixture with 2 small packages (3 oz. *each*) chive-flavored cream cheese, ⅔ cup freshly grated Parmesan cheese, and 2 tablespoons lime juice; mash with a fork until smoothly blended. Thin to a consistency that can be dipped but is not runny by adding 1 teaspoon milk or cream at a time. Makes about 1 cup.

A most elegant brunch or luncheon entrée is a big beautiful artichoke in which a poached egg nestles, swathed with velvety hollandaise. The dish can be served hot or cold.

ARTICHOKES WITH POACHED EGGS AND TART HOLLANDAISE

Choose 1 large to medium-sized artichoke for each serving. Trim, cook, and prepare the center cavity as directed in the preceding recipe, opening the leaves to make room to hold 1 or 2 softly poached eggs; the artichokes and the eggs may be hot or cold, as you prefer. Gently slip the eggs into the cavity of the artichokes, pour in about 2 tablespoons warm tart hollandaise, and serve. Pull off leaves, dipping in sauce; then with a fork eat eggs, artichoke bottom, and remaining sauce.

Tart Hollandaise, Warm or Cold. In a blender combine 3 egg yolks, 3 tablespoons lemon juice, and ¼ teaspoon dry mustard. Whirl at high speed for about 30 seconds, gradually pour in ½ cup hot melted butter, then add ¼ cup cold butter, cut in small pieces (a total of ¾ cup or ⅜ lb.).

For warm pouring-consistency sauce, serve immediately, or cover and set aside; to rewarm, set container of sauce in warm tap water and stir occasionally. For a cold sauce that is thick, cover and chill; if too stiff, set container in warm tap water and stir constantly just until desired consistency. Makes about 1 cup sauce.

Here's a lavish, effortless appetizer display: a large artichoke surrounded by its own cupped leaves.

ARTICHOKE SUNBURST WREATH

Cook 1 large artichoke as directed for Artichoke with Cream Cheese Béarnaise, drain, and let cool. Pluck off the leaves and lay them out on a platter in large, overlapping rings. Discard the tiny filmy inner leaves; scoop choke from bottom and discard. If desired, cut bottom in thin wedges, holding as you do so to retain the cup form.

Fill bottom with a mound of cool, dipping consistency tart hollandaise, cream cheese béarnaise (both recipes precede), or mayonnaise.

Dip leaf base in sauce to eat. When they are gone, impale sections of the base with small picks to eat. Makes about 4 servings.

Artichokes bottoms up (photograph, page 98), as you typically see them in Roman restaurants, have an astonishingly different look. Medium-sized artichokes are trimmed, drastically in the eyes of some, down to the completely edible inner leaves, and the stems are peeled.

Eat the artichokes hot or cold with a knife and fork, trimming out the choke as it is exposed. Season simply with melted butter, any of the sauces in this article, or with a light marinade as favored in Rome.

OMAN ARTICHOKE PLATTER

hoose medium-sized artichokes, allowing 1 or 2 for a serving. reak off outer leaves down to the pale inner green ones. With knife, slice off about the top third of the leaves, then peel een surface from base and stem; trim stem end. Cook acrding to basic directions on page 99. Drain well and lay out ntly in a shallow dish; pour over enough prepared Italianyle salad dressing to moisten, allowing about 1 cup for 10 12 artichokes.

over lightly and let stand until they reach room temperature, rning occasionally in dressing. Serve at room temperature, anding artichokes up on cut leaves in a flat platter.

'ell trimmed artichokes, split and cooked, with chokes reoved, have a distinctive pattern that shows off well as the pping for this delicately seasoned casserole.

RTICHOKES HALVES WITH CRAB

rim 5 to 6 medium-sized artichokes as directed for the Roman tichoke platter, then cut them in halves lengthwise. Cook cording to the basic directions on page 99. Drain well, and ith a small spoon scoop out choke and tiny inner leaves.

'hile artichokes are cooking, melt 1 tablespoon butter and lend in 1½ tablespoons flour. Gradually add ⅔ cup regularrength chicken broth, ½ cup light cream or milk, and ½ aspoon basil; cook, stirring, until boiling and slightly thickned. Remove from heat and mix in 1 pound crab meat.

our crab into a 1 to 1½-quart shallow casserole. On top, arnge side by side the cooked artichoke halves, cupped side up. prinkle with about ¾ cup shredded Swiss cheese, covering rtichokes well to prevent drying. Bake uncovered in a 400° ven for about 12 minutes or until sauce is bubbling. (To make ish ahead, assemble, cover, and chill; uncover and bake for bout 20 minutes or until bubbling.) Makes 4 or 5 servings.

aw artichokes, well trimmed to remove the bitter-tasting reen exterior, are an intriguing appetizer discovery. Eat only e very base of the leaves and the cut-up bottom; the flavor sweet and nutlike, and goes well with this herb sauce.

AW ARTICHOKES WITH HOT GREEN GODDESS DRESSING

llow 1 large raw artichoke for about 4 servings. Just before ady to serve, break off all the green outer leaves down to e pale inner ones. With a knife, trim base and stem end, bbing with a cut lemon or coating with vinegar to reduce iscoloration.

a small saucepan combine 1 tablespoon minced anchovies, minced garlic clove, 3 minced green onions (including some f the green tops), 2 tablespoons minced parsley, 1 teaspoon rragon, crumbled, ¼ cup (⅛ lb.) butter, and ¼ cup olive l or salad oil. Heat to simmering; keep hot to serve.

reak off leaves, dip in hot sauce. When base is exposed, trim ut choke and cut up base to eat. Makes about ¾ cup sauce.

Italian home-style cooks favor small artichokes prepared in this manner—trimmed and seasoned with a savory sauce, then dished up to serve as you would most other vegetables.

ARTICHOKE SAUSAGE SAUTÉ

Select 12 to 18 small artichokes (2½-inch diameter or less) and break off all the coarse outer leaves down to the pale green inner ones. With a knife slice off about top third of the leaves, and peel the stem end and base to form a cone. Cut artichokes in halves, lengthwise. Cook according to directions on page 99. (The tiny chokes are edible and need not be removed.)

While artichokes simmer, cook in a large frying pan 1 large, finely chopped onion with ⅓ pound bulk pork sausage or Italian sausages (casings removed and meat chopped) until onion is soft and sausage begins to brown. Stir frequently. Skim off fat.

Drain artichokes and add to sausage along with ¼ cup water. Cover and simmer gently for about 5 minutes to blend flavors. If you like, arrange artichokes, cut side up, in a decorative pattern with sauce in between.

If you want to arrange the dish ahead, cover and chill; then bake, covered, in a 375° oven for 20 minutes or until heated. Makes 4 to 6 servings.

Artichokes with hollandaise, with cheese béarnaise, with eggs, with crab, with sausage

DARROW M. WATT

Tiny artichokes, *trimmed to make completely edible, look dramatic symmetrically arranged. Sausage and onion season*

The Changing Western Home

Hot-water pipe insulation

A black foam-rubber tubing for water pipe insulation is available in 4-foot lengths and in four common pipe sizes. It slips over lengths of water pipes as they're installed or is cut lengthwise with a knife and snapped over existing piping. The tubing is neater and easier to install than wrap-around insulation.

This insulation was originally designed to keep exposed piping from freezing in cold climates. But it is also valuable for insulating exposed hot-water lines in a house in warm or cold climates throughout the year. The hot-water piping inside the walls of a home stays fairly warm throughout the night; but pipes leading off a water heater in a garage, extending under the house, or in any other exposed location may cool off considerably.

Thus a covering over such pipes will bring hot water to the bathrooms faster in the mornings and may even save a little on monthly hot-water heating costs.

Cost of the insulation is 20 to 50 cents per lineal foot. If you do not find it locally, write to the manufacturer, Macklanburg-Duncan Co., Box 25188, Oklahoma City, Okla. 73125, for the nearest source.

For home maintenance today

On pages 118 and 120 of this issue, an article shows, in photographs and captions, what to do when something goes wrong with the plumbing, electricity, or gas in the house. A new booklet we've seen tells how to prevent such emergencies: *Maintaining the Home*, available for 15 cents from the Small Homes Research Council, University of Illinois, 1 East St. Mary's Rd., Champaign, Ill. 61820.

This 8-page booklet contains a 48-point checklist of items to inspect in spring, fall, or annually. It covers foundations, doors and windows, exterior walls, roof, interior surfaces, floors, electrical system, heating and cooling system, plumbing system, grounds and garden.

Saunders bookcase

On this page in the February issue, the design of a bookcase at the home of Robert E. Hinerfeld of Brentwood, California, was wrongly credited to the firm of Jones and Emmons. Designer was Harry Saunders.

Residential alarm systems

Electronic alarm systems, U.L.-listed, are now available for your home to give reliable warning against the danger of lethal smoke or heat of a fire. Some include an automatic buzzer that sounds if anything in the detector system is not functioning properly.

These alarm systems mount unobtrusively on a wall—usually in or near a bedroom. Some are combined with intruder alarms—loud horns and flashing beacons that are activated when you push a bedside button.

You can buy the new systems at electrical supply houses.

Emulsified-epoxy concrete

A new additive for mortar and concrete mixes seems an excellent answer for many home repair jobs such as mending cracks in concrete, resetting loose bricks, resurfacing concrete or wood patios.

It's an emulsified two-part epoxy that mixes with water (an advantage most other concrete epoxies do not have). Added to ordinary Portland cement and sand (plus rock for concrete), it adheres unusually well to concrete, steel, wood, and other materials. It dries to a medium gray color.

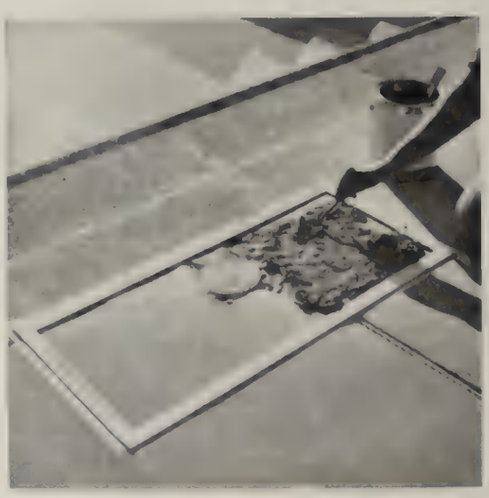
Cost of the mortar or concrete mix runs about five times that of ordinary cement mixes, but it is much less expensive than the epoxy mixes that cannot use water for a solvent.

We tested it on a plywood ramp and on damaged concrete (as pictured below). In both cases, thin layers of the mix adhered very well.

Because the product is new, you may not find it locally. If so, write to the manufacturer, the Epoxon Corp., 1004 Center St., San Carlos, Calif. 94070, for the nearest source.

DARROW M. WATT

1. **For epoxy repair,** *first remove loose concrete from the damaged area*



2. **Then mix** *your epoxy mortar, apply, and finish surface any way desired*

3. **Finished.** *Thin layer at edges and brass compass rose hold securely*

m an architect.
is is my home.
uilt it of redwood.

Michigan Residence of Gustav Balogh, AIA

four miles due west of town. Take a left just before the old barn. And there it is.

Balogh home. A warm and inviting retreat nestled deep in Michigan woods. The simple lines, gently defined re, and rich color of its redwood exterior blending ctly with this quiet land.

did this architect choose redwood? It was more than beauty.

He wanted redwood's natural resistance to the bite of winter, the heat of summer, and to the insects and decay organisms that have no special season for destruction.

Could he have selected another building material?

Of course. But he's an architect. And this is *his* home.

So there was only one real choice: redwood.

IFORNIA
WOOD
OCIATION

ontgomery Street, San Francisco, California 94111 • For a free booklet "Redwood Homes," write Department TB. MEMBER MILLS: Arcata Redwood Company • Boise de Corporation • Georgia-Pacific Corporation • Miller Redwood Company • Simpson Timber Company • The Pacific Lumber Company • Willits Redwood Products Co.

When the doll house is a houseboat . . . even young boys get interested

Stairs *are lengths of 1 by 4 redwood with ends beveled 45°. We used ¼-inch-thick ash plywood for both decks and all walls*

This doll houseboat is like the full-sized, live-in houseboats you can see on Seattle's Lake Union and at Sausalito, north of San Francisco.

With a power saw, it takes two weekends to build and finish. You can vary the height to suit the dolls and toy boats that will join it at play time; add a ladder, flagpole, deck chairs, and other accessories as time and interest permit.

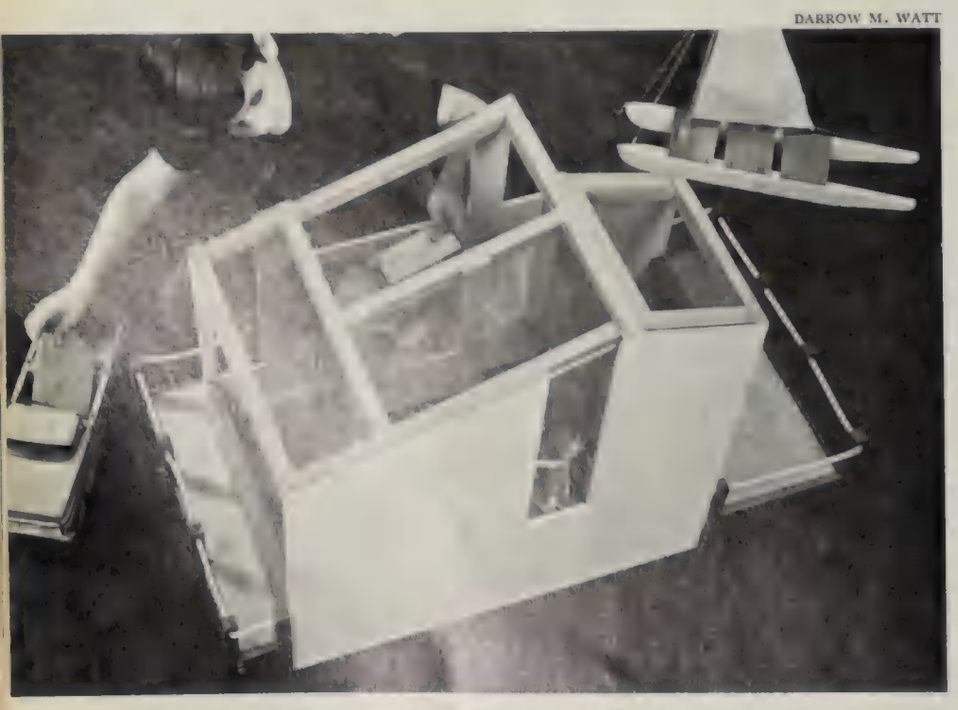
It's built strongly to take abuse, and—when styrene foam panels are placed beneath—it really floats.

First build the hollow-bottomed "barge," rabbeting the four sides to accept the plywood top. Cut near and far house walls to the shapes diagrammed. Glue and nail far wall to the base and add the 15-inch-long rear 1 by 4 crosspiece. Add a 3½-inch-square stairway block below the tall window; cut and fit a down ramp.

Cut the L-shaped second deck: a 15 by 17-inch rectangle with 7 by 10¼-inch cutout. Glue ¾ by ¾-inch strips under the deck edge, all around. Glue a 15-inch-long 1 by 4 crosspiece on front, an 8-inch-long 1 by 4 on rear. Join deck unit to sides.

GLENN CHRISTIANSEN

DARROW M. WATT



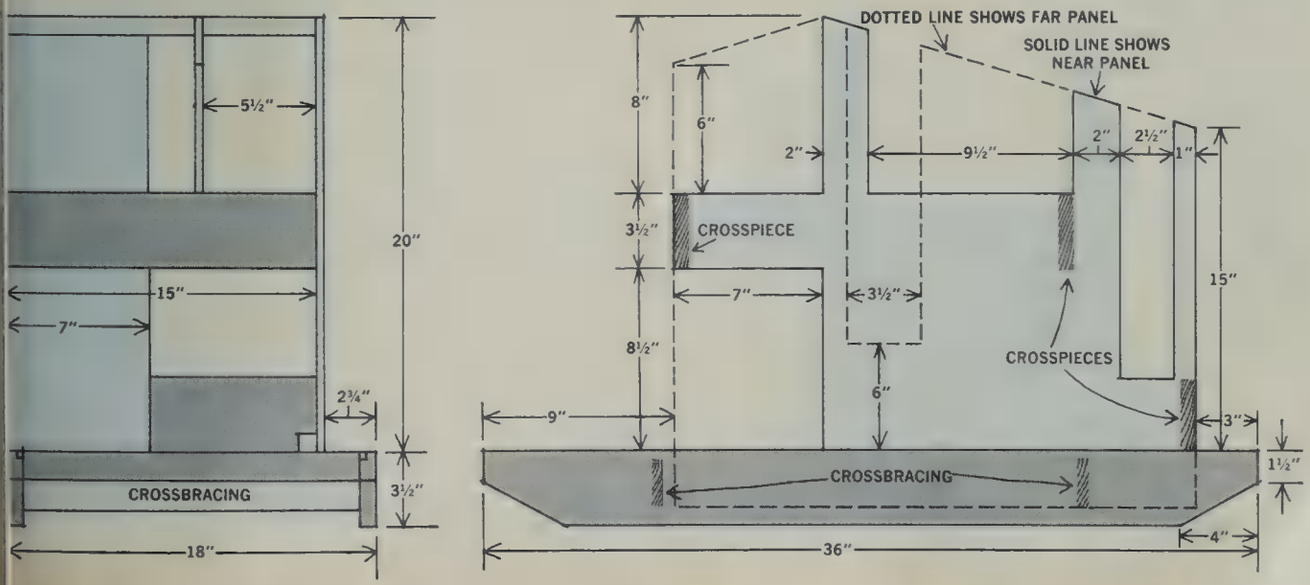
Roof panels *of transparent acrylic plastic, glued to a sturdy framework, make the inside airy and bright. Stairwell "window" is a reach-in opening*

Glue the vertical 7 by 19½-inch panel next to the tall window; cut and fit top length of stair ramp. Bevel (to match the roof angle) three 15-inch-long ¾ by 1½-inch strips to make the basic roof framing; affix with wood screws. Glue ¾ by ¾-inch stiffener strips to all other top edges. Build in the optional front cabin. Add the U-shaped center wall next to the stair top.

Add stanchions (¾ by ¾ by 5 inches; ¼-inch rope holes) and other accessories. Complete painting and finishing. Cut roof panels of ⅛-inch-thick light blue acrylic plastic; affix with epoxy glue.

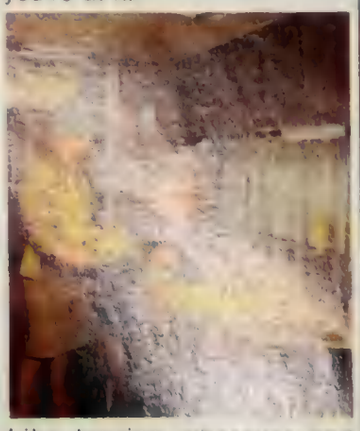
Materials for the project cost about $22, not including the paint and varnish.

loating free *in a 15-foot pool, the doll houseboat rides an inch above the waves thanks to unseen panels of styrene foam*



Winnebago. The fifty-two week funhouse on wheels.

Exciting Winnebago "motor homes" are not to be confused with those other vehicles called "mobile homes." Not that there's anything wrong with a mobile home. It's just that we don't make them. We make a self-propelled, self-contained, fifty-two week funhouse on wheels. In fact, we make ten different models of them. And we make them so you can go places, do things, meet people, and have a downright good time while you're at it.



Like touring wherever and whenever you wish. Vacationing with your family. Take the gang to the ball game or your cronies out duck hunting. You can even supply the ski lodge on your next Aspen outing. Or use it as a warming house for any winter sport. Winnebago's your cottage by the sea. Or it's anything you want it to be. Anytime you want it to be.

It's your lounge, your kitchen, your dining room. Your shower and bedroom. Plus your transportation. And that eliminates the hassel of motel reservations and restaurants and schedules and layovers and packing and unpacking and packing again.

You see, a Winnebago motor home offers new vistas, an enjoyable change in the way you

do things with your family and friends. You'll meet new people. People who enjoy life, people already part of the "fun set," whatever your brand of fun.

So, when you get a Winnebago, you're getting more than a two-week vacation in Acapulco. A whole lot more. You're getting all the things you ever imagined being a part of, fifty-two weeks a year, for years to come. That's a happy investment, and a wise one. Because you can get a Winnebago motor home for about the same price as one of America's finer made automobiles.

They come in 10 different models, 5 different lengths, 7 different floor plans and from standard to luxurious. So, sure as a bear has hair, you'll find the one Winnebago motor home that's your cup of tea.

For instance, the industry's most popular selling motor home is Winnebago's model D-22. Twenty-two feet of fun on wheels, with pecan colored, vinyl clad plywood cabinetry. High-fashion colors of gold, avocado and blue, coordinated among quilted upholstery, window curtains, kitchen appliances and wall-to-wall carpeting. A dinette with 5" thick foam cushions covered with vinyl one side and fabric the other. It makes into one of three beds sleeping six (optional eight). And in the kitchen, the four burner deluxe range with automatic

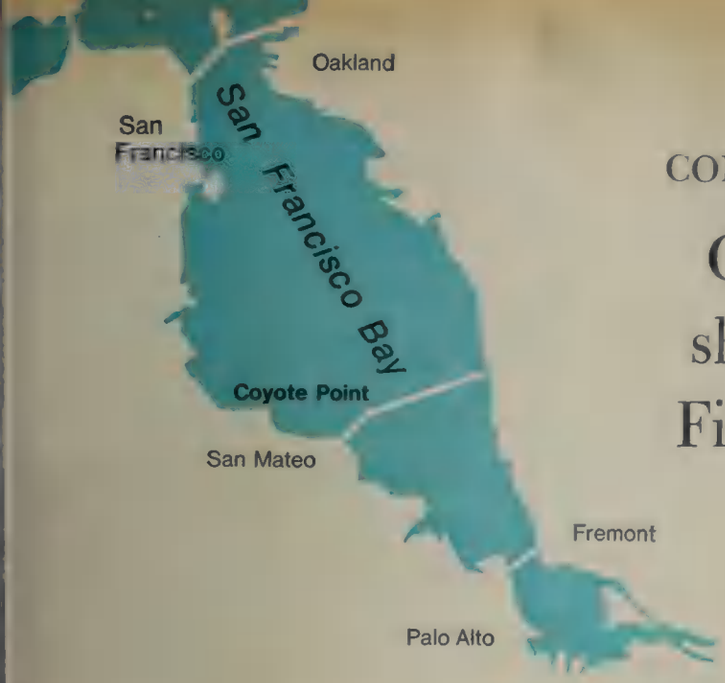
oven sits between the built-in refrigerator-freezer and the stainless steel double sink. There are overhead cabinets, drawers and work space with drop leaf extension. The bathroom has the usual facilities, lavatory, marine toilet, and telephone shower head. Another bed, accommodating six-footers, is made up from the rear lounge and there's a divider curtain for privacy. There's another divider curtain up front for use during nighttime driving. Otherwise the driver's compartment is a part of the entire motor home complex. Rich black vinyl bucket seats for the driver and copilot match the padded dash. Panorama windows all around. Power steering, power brakes and three-speed transmission let even grandmothers drive it with ease and assurance. Ducted forced air gas heat keeps it comfortable in the winter time. And optional air conditioning is available to help you keep your cool in the simmering summer.

Find out more about the Winnebago fifty-two week funhouse on wheels and what it can do for you.

Call this toll-free number for the name of your nearest Winnebago dealer. We'll send you a colorful brochure, too. 800/553-9550

(In Iowa call collect 319/242-1867)

WINNEBAGO
Designed from the inside out



COMMUNITY ACTION

Cleaning up the Coyote Point shoreline in San Francisco Bay. Final action comes on March 28

Behind *the volunteers struggling with their loads is the typical low-tide appearance of much of San Francisco Bay*

Weary, *muck-laden miss brings yet another tire to the levee, to be tossed onto waiting truck*

GEORGE KNIGHT

In the course of a symposium last June 4, San Mateo councilman Roy Archibald got nettled by references to the natural beauty of the San Francisco Bay shoreline. "Get out there and look at it," he said. "It's terrible. It's ugly. It's filled with litter. Why don't you clean it up? You furnish the manpower —we'll furnish the trucks."

Dr. Bill Freedman of the Sierra Club accepted the challenge. Thus began the great Coyote Point tire and trash cleanup campaign of summer, 1969.

Following careful checking of tide tables and some hasty calls to sympathetic conservationists, the Freedmans set the first cleanup day for Saturday, June 21. Volunteers converged that morning on Coyote Point, a promontory near San Francisco Airport. They waded out into the oozy mud and mire between the point and San Mateo Bridge, and brought back any debris they could carry or drag. It was dirty, exhausting work.

Some were fearful that the muckiness at high water line would get even oozier as they went out farther; but the tides that swirl south of Coyote Point drop their heavier sediment first, their finer silts closer to shore. Footing proved to be fairly solid up to 800 feet out.

Tires made up the bulk of the litter. They were brought back individually, or piled in groups of six or seven, affixed to long

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ON THE CALIFORNIA COAST • 70 MILES SOUTH OF SAN FRANCISCO

ropes, and pulled to high ground. These were only part of the thousands of tires that litter the Bay today. Most probably drifted away from old open dumping grounds at high tide. Air trapped in the rims keeps many barely afloat; they settle in the mud, get lifted again by the incoming tide, drift away, settle again.

Shopping carts, television sets, two water heaters, a rusting dune buggy, sundry auto parts, and innumerable beer cans and bottles were secondary game.

The City of San Mateo gave good cooperation, providing cable and ropes, and trucks for hauling the debris to the city dump, where it was buried. By noon or shortly after, the workers were back on firm land, getting hosed off and eating sandwiches prepared by Mrs. Freedman.

But they had managed only to dent the accumulation of litter.

THE PROJECT CONTINUES

Four other cleanup Saturdays followed: July 5 and August 2, 16, 30. Volunteers—about 30 to 75 each time—showed up from many groups: the Sierra Club, San Bruno Young Democrats, the National Guard, several Horizon Clubs, the College of San Mateo and other colleges and high schools, a home owners' association, Boy Scouts, and Sea Scouts. Each Saturday a few curious onlookers were also persuaded to wade in and help.

"Some people think the tide flats are moribund," Dr. Freedman told us. "Quite the contrary. We found them teeming with life: countless clams, many kinds of shoreline birds, hordes of bass."

No one was injured seriously during the summer's efforts, although aching muscles were common and some fingers were cut on glass fragments and tin can lids.

After the last work session—with some 1,200 tires removed from the Bay—the Freedmans invited the work crews to nearby picnic grounds for a hot dog roast. By this time there was encouraging news that other groups in San Francisco, Berkeley, and Albany had held similar cleanups or were planning them.

FINAL COYOTE POINT CLEANUP: MARCH 28 OR APRIL 11

March 28 has been designated the day to clear out all remaining litter, including 200 or so tires, mostly heavy industrial ones half full of mud. Tentative plans call for the use of winches, four-wheel-drive vehicles, and perhaps a helicopter to get out the biggest and most deeply imbedded tires. Those who want to help should wear old dungarees and tennis shoes and show up at the old Hayward Bridge road (just south of the city dump) in Foster City at 9:30 A.M.

For details, telephone Dr. Bill Freedman at (415) 344-7774 any evening.

In the event of rain on March 28, the cleanup will be postponed to April 11.

THE RUNAWAY VACATION

Enjoy it on an Italian Line Vacation to Europe

"There are faster ways to travel but no nicer way to live."

"I'm spoiled. The well-trained staff always anticipated my every wish."

"I love the MICHELANGELO! I can't wait to sail on the RAFFAELLO, LEONARDO DA VINCI and the CRISTOFORO COLOMBO."

"I asked for a Beef Wellington. It wasn't on the menu, but I got it. Marvelous."

"I didn't know the sky could hold so many stars."

"I kept forgetting I was traveling. Movies. Dances. Bridge. Deck sports."

Italian Line

Next time you go to Europe, be sure to enjoy the trip. Tell your travel agent you want to run away on Italian Line. They've got more sailings to southern Europe from New York than anybody. Get the dates and details from Italian Line, c/o General Steamship Corp., Ltd., 400 California St., San Francisco, Calif. 94104.

Safety Information. The ss MICHELANGELO*, ss RAFFAELLO*, ss LEONARDO DA VINCI** and ss CRISTOFORO COLOMBO**, ships of Italian Line, meet International Safety Standards for new ships developed in 1948** and 1960* and meet 1966 fire safety requirements.

Classic rural box *embellished with black paint and an interesting support. Landscape architect was L. K. Smith, Thousand Oaks, California*

Country and suburban mail . . . here are ideas

Mailbox designs seem infinite.

About the only restrictions are that the mailbox be readily accessible to the carrier and that it protect the contents from the weather. Your post office can explain local restrictions, but beyond those you have a free

NELSON ZELLERS

Snap latch *keeps door snug, piano hinge across bottom. Box bolted to wall. Architect was John Tatom for Dr. and Mrs. James M. Denny, Honolulu*

DON NORMA

Downlights *on each side show up street numbers. Below is metal holder for newspapers. Design by landscape architect Robert W. Chittock for a family in Bellevue, Washington*

Nobody puts more bed behind a pickup than Chevy.

Of all the popular pickups, only Longhorn's got a full-width, extra-length box designed especially for camping.

It carries sleeping accommodations for half a dozen with ease.

With special strength and suspension along its 133-inch wheelbase for handling nearly two tons of camper, camping enthusiasts and equipment.

Engines range up past the others to a nice, even 400 cubic inches.

And you can also order from camping's longest list of options. Anything from a stouter cooling or battery setup. To a Custom Sport Truck package that doesn't miss a trick, inside or out.

Because our pickups take more bunk, our dealers don't have to give you any. See one soon.

CHEVROLET

Putting you first, keeps us first.

Our pickups take a lot of bunk.

Mailbox cluster *for four houses. Classic metal boxes painted yellow fit inside flue tiles (fourth box will go in top tile). Sturdy supports are 4 by 4's. Architects: Norman T. Gilroy and Assoc., Mill Valley, California*

hand. The photographs in this article illustrate a half dozen mailbox designs ranging from the simple classic container shown at the top of the preceding page to more elaborate structures—one complete with lights and special newspaper holder, and one featuring a tall sculptured spire.

More country and suburban mailboxes

DON NORMARK

Projecting *forward and at proper height, mailbox is easily reached by carrier in car or truck. Design by Robert W. Chittock for a family in Everett, Washington*

Spire-topped *4 by 4 with oversize mailbox fastened to front. The cove slopes; wide overhang protects contents from rain. Owner-designed Barney M. Reid, San Dieg*

ver 25 years ago, Almadén introduced a refreshing idea: America's first vin rosé. Today this informal, friendly ine is still first. It is first in popularity — outselling all other premium American rosés. And it is first in quality a quality assured by California's unique Paicines Mountain Vineyards, the world's largest vineyards of fine arietal wine grapes. So try America's first rosé wine — Almadén Grenache. And for just a hint of sweetness, y the newest companion to our Grenache — Almadén's Mountain Nectar.

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When dinner is served you eat on Dynasty china. And what a dinner it is. A Dynasty emperor would be impressed. Rather than list each course and preface it with a superlative, we'll just say that sometimes in life you sense you are close to greatness. Dinner time on China Airlines is one of those times.

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Roll-outs in the kitchen

Pots and pans, *tools and utensils store in pair of cabinets*

ll-out cabinets have several advantages er the usual base cabinets you find in chens. When they're out, you can see erything inside, and they will also hold ny of those odd-shaped or bulky uten- s you acquire for your kitchen and then nder where to store.

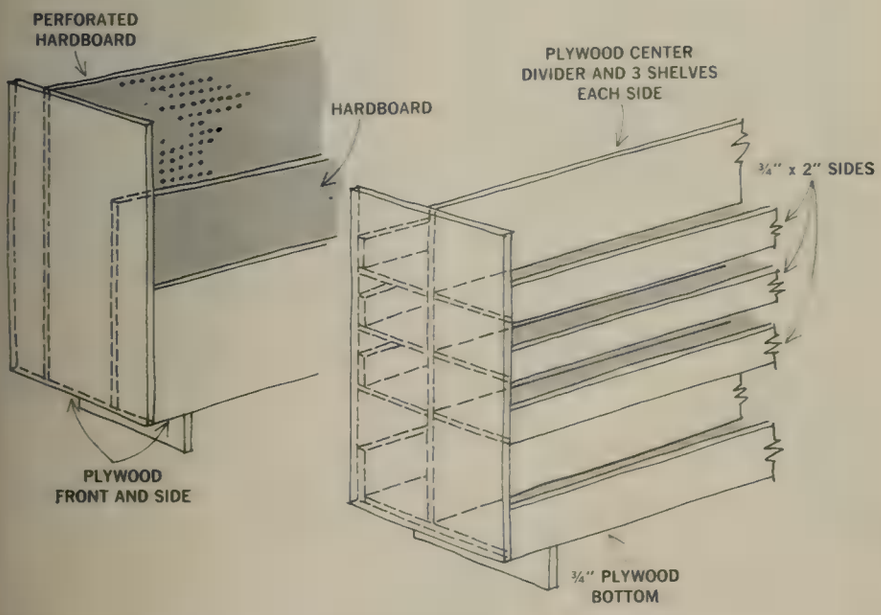
ese two were designed by architect ed H. Field when he remodeled the chen of Nicholas Reynolds in Sausa- o, California.

ur furniture casters under each cabinet ke it movable. Both units have ¾-inch rdwood plywood fronts matching the er kitchen cabinetry. Their baseboards, the same plywood, do not quite touch e floor, but hide the casters when the binets are pushed back in place. Simple wood stops prevent the cabinets from being pulled completely out from under the counter.

The unit at left has one full-height partition of perforated hardboard; a variety of kitchen tools and utensils hang on either side of it on the standard metal hooks available at hardware stores.

The unit at right has a center partition with three shelves on either side for storing small utensils, plus more storage space at the bottom.

These two cabinets are approximately 17 inches wide and fit under a countertop that is 36¾ inches high. Their size and the dimensions of their shelves and partitions could be varied to fit most wooden kitchen base cabinets.



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GREAT SHAPES!

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Usually on Sunday

What to do when something in your house breaks, leaks, or shorts and no repairman is available

ELLS MARUGG

When your dishwasher *erupts (from a malfunction or from using the wrong detergent), open the door. It will stop. Turn the control to "off"; clean up*

It's usually on Sunday, or just before company arrives for dinner, or late at night, or at some equally inopportune time—that something goes wrong with an appliance or service line in your home.

Here we show in pictures what you can do immediately to prevent further damage or mess. By performing this first aid, you end the emergency. Then you can call a serviceman or repair it yourself at your leisure.

In most areas of the West, home services (water, gas, and electricity) can easily be turned off at your house, if needed. Often, you can just unplug the appliance or turn off the one malfunctioning line, leaving the rest in operation. But, if the trouble is not obvious, you may need to turn off all home services, check to isolate the problem, and then turn the other services back on. Either way, you need to know where to find your service valves and switches in a hurry.

We show common locations here, but you should check to find yours (they vary

When water gushes *somewhere, you can turn off all water at the streetside meter. But that valve is often difficult to reach*

It's usually easier *to turn off water where it enters house. Find main shutoff so you won't need to search during emergency*

Underneath *most sinks you'll find two valves for turning off water to sink. Other faucets remain open*

If your water heater *or a hot-water line bursts, turn off valve at tank. Also turn the heat control to "off"*

If a toilet *overflows, quickly lift off the tank lid; push down the rubber flush valve; lift up the ball float. Then, more leisurely, turn off the supply valve that is usually under the left side of the tank*

Chicken and dumplings, one of many varieties.

Heat and serve" isn't the best part (eating is).

Just because we bring you heat-and-serve chicken nd dumplings, we hope you won't jump to conclusions.

The time and trouble we save you are nice. But we hink the nicest thing about our Buffet Supper ntrees comes when you sit down at he table: generous chunks of plump, ender chicken in a rich, golden hicken-broth gravy. And light, ndumpy dumplings. Family style. amily size. Family pleasing.

The two-pound Buffet Supper the kind of old-time dish ou'd least expect to find in our grocer's freezer: entrees ke beef stew, spaghetti and neatballs, turkey and giblet ravy. And there are more than half dozen others.

Expensive? Not a Buffet upper. It just *tastes* expensive.

Thank goodness for Banquet® buffet supper entrées

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considerably) and point them out to other members of your family.

Your water meter is usually at streetside. The supply line from it usually runs underground to emerge at the nearest wall, where there's usually a main shutoff.

Your gas meter is usually hidden somewhere on or near the streetside of your home, and its valve should be obvious.

What to do in an electrical emergency

Indoors, *you can turn off a defective circuit by flicking its circuit breaker or unscrewing its fuse. Other circuits still work*

ELLS MARUGG

In a major *emergency, turn off service switch alongside electric meter on outside of the house. All current will be cut off*

Service switches *vary in operation. This one turns off when you open the door to its fuses. Others may have knife switches*

What to do if you smell gas

If you notice odor *of gas, you can turn off all gas with a wrench on the small valve stem alongside your outdoor gas meter*

There's usually *a tiny valve on the piping to a water heater or furnace to turn off gas there. (It also turns out pilot light)*

Bet on it.

The old West holds a warm place in every American's heart. In fact the whole world is enchanted with the legends of gunfighters, mining booms and wagon trains.

Nevada is the last refuge of Western lore. It's as close to "the way it was" as you can get. Not a movie facade, but tradition.

The tracks of those big Conestoga wagons are still imbedded in rock along some old trails. Cowboys aren't for decoration. They're part of the state's ranching economy. The Indian holds on hard to his heritage. A rodeo still draws more people in Nevada than a world figure. The Cartwrights may be fiction, but the land of their adventures is still wild and beautiful.

A map of Nevada's 80 ghost towns will keep you busy for weeks. But you don't have to go looking in remote places for Western lore. It's everywhere. On the busiest city streets you rub shoulders with it. On the open road there's no speed limit, but you'll find yourself slowing down to that time over 100 years ago.

If you want to know what the West was like, come to Nevada and see the way it is. You won't forget it. Bet on it!

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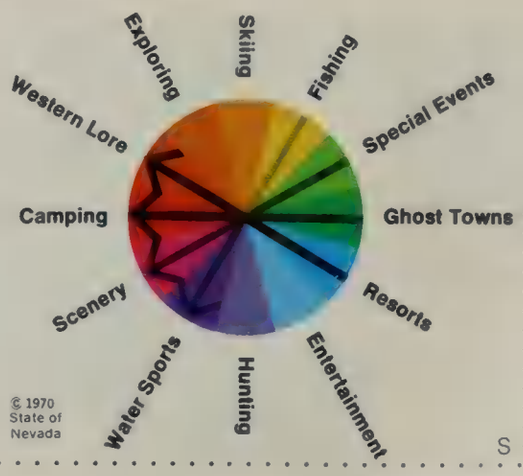
Pick your winning combination of Nevada recreations on the wheel (Circle your choice.) We'll send you complete information. Bet on it!



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These two tubs offer a view

Two things detract from the pleasures of soaking in a bathtub: The average tub is too short to stretch out in, and there's nothing much to look at but the walls of the tub enclosure or the undersides of the adjoining sink.

One or two manufacturers now make a longer tub, so if you're building or remodeling, and have space, you can eliminate one of these drawbacks. And here we show how two architects have handled the other by designing low tub-height windows with garden or woodland views. You'll note that these are not tub-shower combinations; the windows are exclusively for soakers-in-the-tub and their glass isn't likely to get water spotted. Although both tubs happen to be sunken, the same idea can be used for a regular tub or a furo (Japanese-style soaking tub).

The top one was designed by architects Trogden-Smith for Mr. and Mrs. Conrad Gotzian of Spokane; the one below by architect Marvin Witt, Jr., Portland.

DON NORMARK

Soakers enjoy *view of garden, watch weather, birds through low-slung window*

At night *when there's nothing to look out at, folding plastic doors cover this window*

king center *has low counter, round-bottomed metal drawer bins for sugar and flour*

DON NORMARK

Teak cart *is useful as kitchen island, but it can also be rolled to deck, dining room*

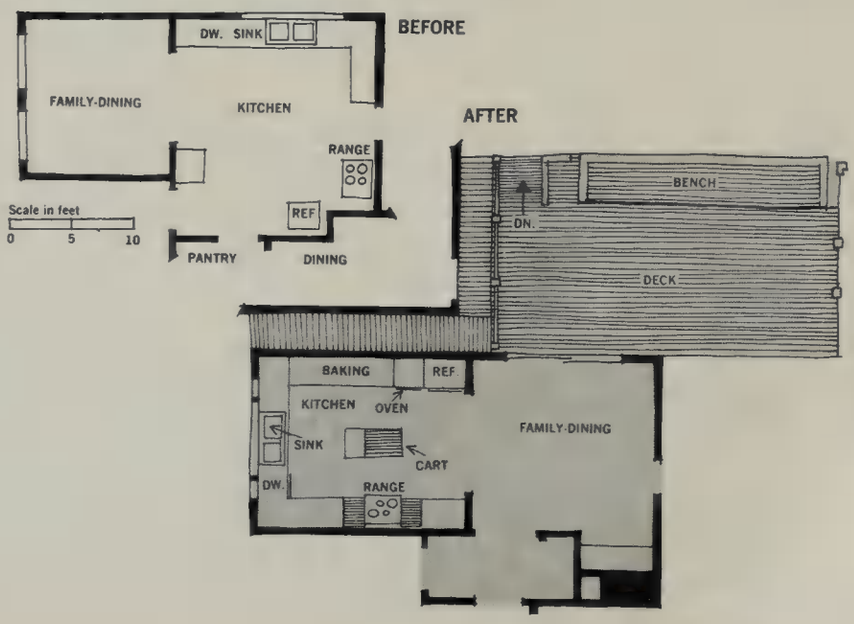
Also new: *floor-level deck, reached through sliding glass doors from kitchen (at left)*

Heart of this new kitchen is an island that moves

dating a big old-fashioned kitchen in a coma house built in the late 1800's sented both opportunity and challenge its owners, the John P. Wallerichs. chitect William Hocking managed to lude contemporary conveniences with- compromising the dignity and char- er of the handsome old house.

he key to this kitchen is the movable nd," says Mrs. Wallerich. "Without it, 'd walk miles to prepare a meal." The nd, engineered for storage, houses d-to-hide items such as a tall coffee . Its two-part top includes a fixed rble slab and a removable teak cut- g board that can double as a large at platter. Used as a cart, it serves h dining room and deck.

cupboards are of natural teak pat- ned with half-inch teak molding. Fix- es and hardware are stainless steel.



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GRAVELY CORPORATION
A SUBSIDIARY OF STUDEBAKER-WORTHINGTON, INC.

read out *on the floor, busy quilt reveals hidden clothes, toys, games for child's overnight stay*

DARROW M. WATT

Learning to button, lace, snap, buckle

Young *traveler with pack arrives for visit*

is is a "busy cloth."

owner has fun learning to button, lace, ıp, or buckle her toy treasures inside. e likes to take it along on car trips: it res coloring books and an extra sweater. l makes a handy cover for a back seat ı. And it works equally well for over-ht visits.

making one, you can easily vary it to ır child's needs, adding or subtracting kets, snaps, or buckles, and changing sizes. Use washable materials.

plies. This busy cloth was made from yards of 45-inch permanent press ric; 1½ yards of various contrasting inch fabrics for pockets, beak, buttons l straps; ¼ yard heavy nylon net; ⅔ d (18 inches wide) of iron-on stiffening ric; an 11 by 20-inch piece of washable ; two 22-inch neckline-type zippers; large grommets; 2½ yards cotton cord- ; a covered-button kit with two large tons; a covered-buckle kit; a hook- e buckle and slide; and two 10-inch strips of snap tape. Facing fabric was used; this is optional.

The cloth. Cut the 2½ yards of 45-inch fabric in half. One piece is for all pocket details, the other for backing.

It's easy *to see what's in this pocket because of two see-through net windows*

Zipper pocket openings. On wrong side of fabric, draw two 23-inch-long chalk lines, 18 inches from cut edges (not selvages); use as a guide to position zippers. Follow directions on zipper package to sew in first zipper near bird face pocket.

See-through pocket. Cut a piece of one of the contrasting fabrics 13 inches wide and 22 inches long. Cut windows (size is optional, but those shown here are about 7½ inches square). Make ¼-inch diagonal slash in each corner; press under ¼-inch seam allowance. Pin three thicknesses of nylon net (9 by 20 inches each) to underside of fabric; machine stitch on all edges. Stitch window pocket to one side of second zipper; sew zipper into opening and pocket onto cloth.

Lacing section. Cut iron-on facing 8½ by 24 inches, and apply to wrong side of center panel. Insert 10 grommets in two rows spaced 4 inches apart (follow the package directions). Use cotton cord for

The end of the white wall.

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Con-Tact® BRAND SELF-ADHESIVE PLASTIC

:ing; wrap cord ends with thread to event raveling.

:tachable bird face pocket. Cut contrast-g fabric 11 inches wide and 23 inches ıg (lining or interfacing optional). Fold half, right side out, and press along fold;

DARROW M. WATT

ersize buttons *and snap tape on the pull-pocket are fun to work with a friend*

: this crease as a guide for sewing the ık to upper side, and snap tape to derside of pocket. Separate snap tape l stitch the 10-inch strips to fabric ɔut ¾ inch from each side edge.

t beak of contrasting fabric and sew on :ket. Take 11 by 20-inch pile fabric for ɔ; fold in half, right sides together; ch edges and turn to right side. Put ɔ buttonholes in the flap 3½ inches ırt. Sew to top (back) edge of pocket. m raw edge of pocket. To complete, ce right sides together, stitch side :es of pocket, and turn and press. Check cement of pocket on cloth and stitch responding 10-inch strips of snap tape :loth. Cover buttons and sew in place pocket section.

ıps. Cut all straps 4 inches wide. Cut 6-inch-long strip for the strap with buckle and a 10-inch strip for the ıp with grommets. Fold strips length-e and stitch; turn to right side and ss. Cover the buckle and apply four mmets.

: an 8-inch strip for the hook-type ·kle and a 14-inch strip for buckle :ener and slide end. Fold them length-e and stitch; turn to right side and ss. Attach buckles. Assemble strap sets ht sides together); pin or baste ends ·ight side of cloth (edge nearest win-pocket) 14 inches from each corner.

king. With right sides together, match ages and cut edges. Stitch all sides turn through zipper opening. To form ket for first opening (under bird face ket), draw chalk lines (13 and 22 ıes) and stitch through both layers of h; leave lacing side open so child can ·h lacing underneath.

vigorous, versatile elegance--Madera, by Counselor

Madera accessories add a touch of elegance to your bath—or in other rooms in your home. Executed in traditional Mediterranean designs, hand-stained and rubbed, these pieces have the look and feel of highly finished fine furniture.

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To foil cats . . . sandbox cover

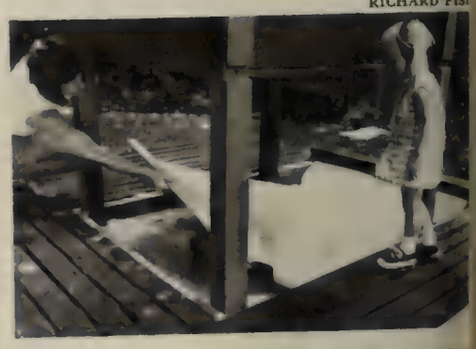
Left exposed, a sandbox is a natural attraction for cats. This one's defense is a canvas window shade. Drawn over the sandbox after children's playtime, it keeps out cats, dogs, and moisture.

Beneath a playhouse on stilts, H. Flint Ranney of Brentwood, California, built this sandbox of 2 by 4's and used them also in the deck around the box. Since its measurements of approximately 48 by 56 inches are not standard shade dimensions, Mr. Ranney had the cover custom-made of vinyl-coated canvas at a window shade shop for about $17. You can buy the same canvas in strips 31 inches wide or vinyl-coated nylon 54 inches wide at most canvas and awning shops.

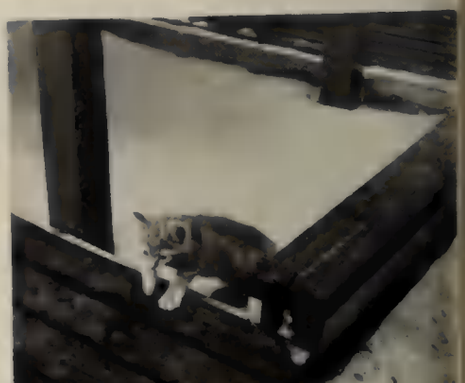
Metal shade brackets are mounted at one end of the sandbox, facing inward so the slots that receive the roller-points can face upward.

A 2 by 6-inch board hides the roller and doubles as a low bench. Just nailed in place, it can be tapped off easily should the owner need to remove the roller.

RICHARD FISH



Shade batten *must be tipped for pulling between the posts. Spring roller holds batten against posts to keep shade sti*



Thwarted *by cover, kitten steps out po bench covering roller. Cutouts let sha fit snugly around 4 by 4 playhouse po*

It began slowly.

A handful of Americans with little money but a tremendous appetite for adventure and travel headed north to British Columbia.

When they arrived, they saw colorful gardens, unspoiled landscapes, and mountains that seemed to touch the sky. They thought they were in another world a million miles from home, though they were only two air hours from San Francisco. Hence, the beginning of the invasion.

British Columbia. 3 days/$119.

You land in Vancouver. A city of sprawling parks, award-winning architecture, and natural beauty that's second to none.

In the morning you board a fast ferry to Victoria, "a little bit of olde England in British Columbia." (It's so English that four o'clock tea is still the main social event of the day.)

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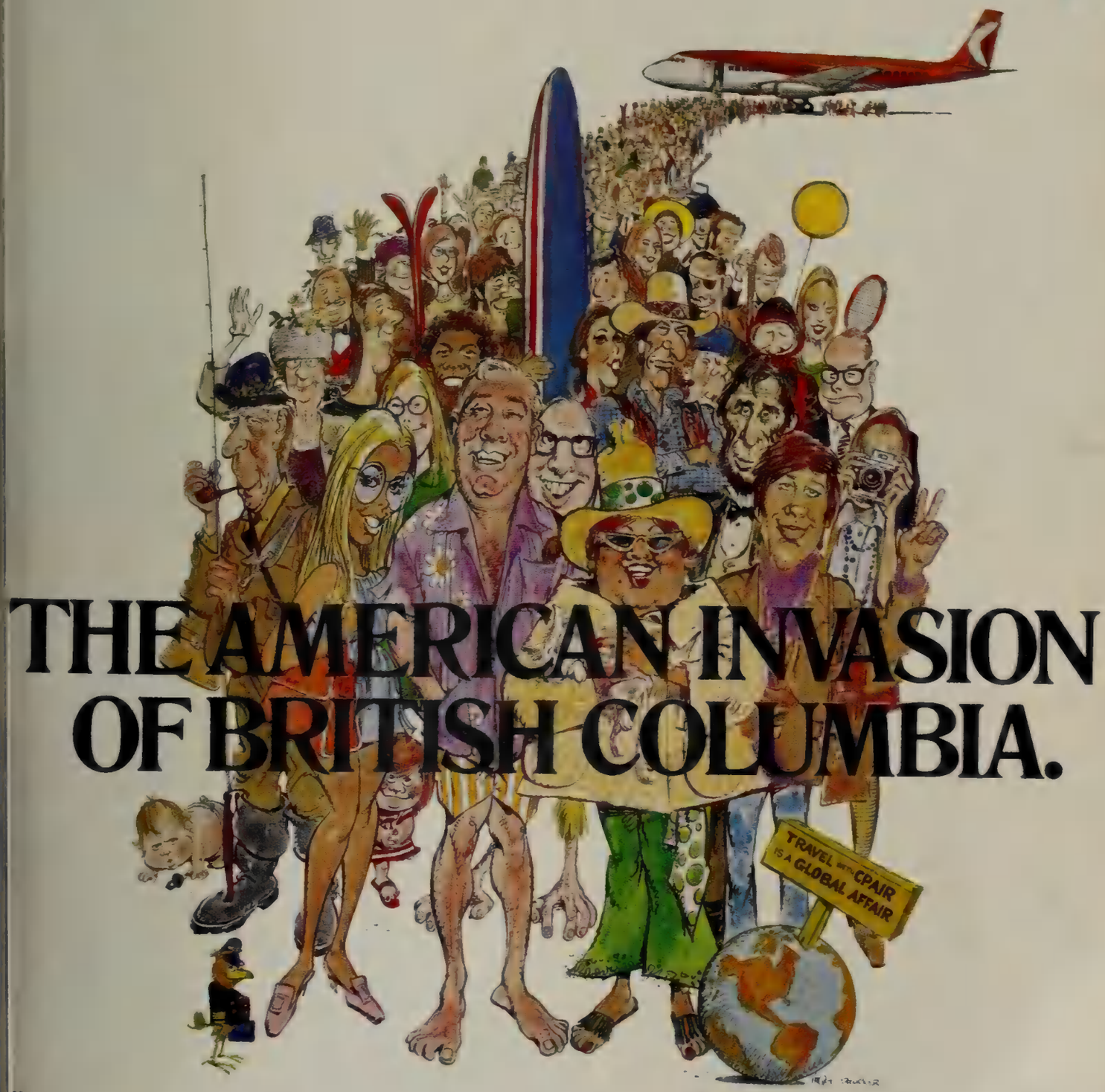

THE AMERICAN INVASION OF BRITISH COLUMBIA.

DON NORMAR

Preschoolers *climb, slide, crawl under, hide, and jump from unusual play structure in Eugene, Oregon. Walkway leads to playhous*

COMMUNITY ACTION

For preschoolers . . . walkway, poles, slide, shelter

By talking to children and watching them play, the students at the University of Oregon School of Architecture who designed this play structure were able to develop a combination of open and closed spaces that suit the wants, needs, and abilities of 3 to 5-year-olds.

St. Thomas Episcopal Church in Eugene provided the site and arranged for parents and the university to work together. The university group—seven architecture students and two assistant professors—tackled the design challenge as a course project. They did all of the construction; the local power company dug holes for the posts. Donations of design talent, materials, and tools kept the actual money outlay to around $200.

The play structure is now used by Sunday school preschoolers as well as by morning and afternoon kindergarten classes, open to the general community, during the week.

Utility poles *bought from power company form skeleton. Tl largest are 10 feet high; all are sunk 3 feet into the groun*

In this little house in England are the roots of America. In Mayflower Year, BOAC takes you back.

In this house William Brewster, William Bradford and the Pastor Richard Clyfton organized the Pilgrims and planned their departure. These historic meetings led to the Mayflower voyage and the landing in Plymouth, Massachusetts. That was 1620. In the year of the 350th anniversary of the crossing, BOAC turns things around and takes you back. Back to Plymouth, England to see where it all started.

And BOAC has put together a unique Mayflower '70 tour for $595 that takes you back, shows you around and includes air fare, first-class hotels, sightseeing and most meals. You'll fly from New York to London on BOAC's exclusive VC 10 or 707 and see Rotherithe, the place where the original Mayflower was actually built. After an on-the-town evening in London, it's on to Southampton where the Pilgrims first sailed out on the Speedwell, the ship that proved not seaworthy enough for the long haul to America. Then, after brief visits to Winchester, the old capital of England, ancient and puzzling Stonehenge, Salisbury, Exeter and Cornwall, you'll arrive in Plymouth.

Plymouth. Where 350 years ago a small group of courageous people set out to find a new life in America. And where their history and spirit is still alive today. Other historical ships will be on exhibit along with a 1620 model town. There'll be an ancestry tracing service which might uncover some interesting things about your past. Plus hundreds of local exhibits, contests and celebrations bringing the past and present together, giving you in 1970 a feeling for what Plymouth, its people and its countryside, was like in 1620.

All of BOAC's tours are making Mayflower Year the perfect time to see Britain. On our complete Mayflower Tour for $595. Or on your own with our new 29/45-day Economy Excursion fare from $250* round trip from New York. Or try our two-week Show Tour which includes hotels, air fare, theatre tickets and free rental car for three days. If you'd like to drive around Britain take BOAC's two-week Bonanza Tour which includes air fare, hotels and guest houses and a free rental car. And make your own excursions to Plymouth and its countryside. BOAC has 86 flights a week from the U.S. to Britain, more than any other airline. And we come from England ourselves. All of these reasons are probably why BOAC has been named official carrier for Mayflower '70.

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WENKAM-SALBOSA

Sewing unit *has two tables of different height for sewing and cutting; there's also room to type or do various odd jobs*

Working wall comes apart

Open up this compact work unit and you have sewing, cutting, and office space. Close the lightweight doors, and the area becomes a family room again.

Since the unit is in working sections, you open up only the section you need.

The first section is conventional enough: A side-hinged door opens up to some bookshelves, a typewriter desk, and a telephone.

The next two sections are unusual. Two large panels, of different sizes, fold down from the wall on piano hinges to mak a sit-down work table and a cutting tabl As they fold down, small panels lying fla against their front surfaces swing out t become sturdy legs. The cutting table at convenient standing height, with roo enough to lay out fabric of average widtl

At the back of each section are shelv for the sewing machine, supplies, and m terials and patterns. There's more storag behind doors at the bottom.

The working wall was designed by tl Mason Rothenborgs of Kailua, Oahu.

Three panels *close neatly to conceal the storage areas and work tables*

Bottom door *of desk section opens to provide knee space for typist*

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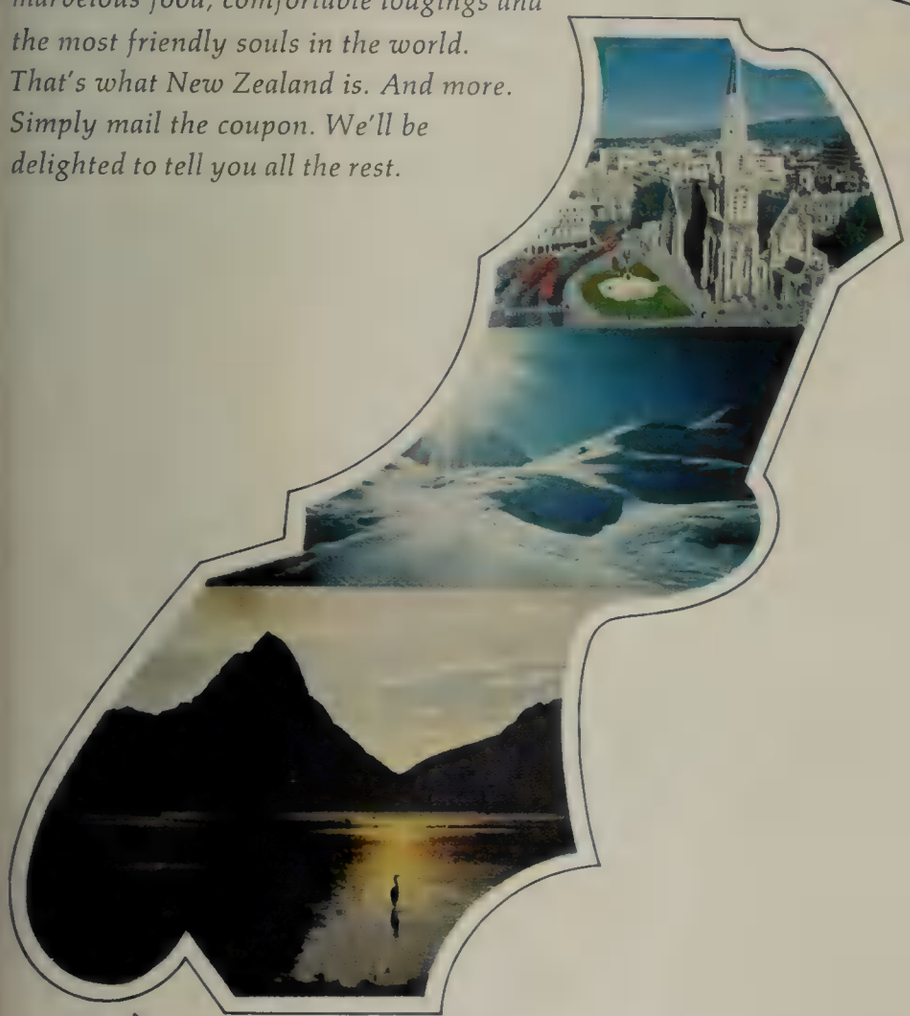

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Bull's-eye *leaded glass composition was found in a wrecking yard. Framed and hung, it enhances glass panel in bedroom*

DARROW M. WATT

Sunshine *from a bathroom skylight floods through warm golds and ambers of this panel—made by breaking different colors of glass and assembling pieces with epoxy glue on a glass sheet. Design by Robert Wendt*

The play of light through colored glass

In contemporary homes, window walls pr vide splendid display areas for hangi these luminous panels. Here you see ho designers Matt and Lyda Kahn of Sta ford, California, have livened their hor with a bold mix of old and new.

You can prowl around antique shops a find your own relics or make compositio from scrap pieces of colored glass.

Clerestory *over glass doorway frames this stained glass hanging made to owner's desi Thin strips of lead form triangles, circles*

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You write on the egg with wax . . . then you dye it

DON NORMARK

Ukrainian eggs *with intricate designs inspired simple ones shown below*

nka, the name for decorated Ukrain- eggs, comes from a word meaning "to e"—and that's how you make these er eggs. You write with wax on the and then dye it.

he Ukraine, the decorating of Easter is an art that has been passed down one generation to another for more a thousand years. The eggs are miniature masterpieces with layers of colors applied in exact designs. The traditional egg shown in the photo above was created by Mrs. Jack Austin of Bellevue, Washington. For ours, we simplified the traditional motifs.

The principle is similar to that of batik: Melted wax applied to various spaces protects them from the dyes. By waxing and dyeing several times, one can apply many different colors and designs to the egg.

To make these eggs, you need cold dyes, wax, and fine paint brushes or styluses. If hard-cooking the eggs, be sure to use U. S.-certified colors so they will be safe to eat. If making the eggs strictly for decoration, blow them first, then dip them in richly colored, non-edible dye made from a thick strip of crepe paper, a little water, and a tablespoon of vinegar (or use the softer-toned certified colors).

Use clean, white eggs at room temperature. If you must wash the eggs, do so in plain water and dry in a slightly warm oven. If the natural oils are removed from the egg, the dye won't sink in evenly. Hands, too, must be clean. Hold the egg in paper towel while working to keep it free from oils.

The wax should be hot; melt it in a double boiler over medium heat. With a brush, apply wax to warm eggs (wax dries too quickly on cold eggs and doesn't flow evenly). You might want to try some of the typical Ukrainian designs shown here —or work out simple or complex patterns of your own. It takes practice to draw straight lines with wax.

When dyeing with several colors, start with the lightest color and gradually work toward darker areas.

Remember to rinse the eggs in cool water after each dye bath and dry them between rinsing and rewaxing.

Remove the wax with a cleaning solvent (such as denatured alcohol) after completing dyeing steps. The solvent gives the eggs a slight gloss. If the egg is beautiful enough to be a keepsake, it deserves

DARROW M. WATT

tional symbols: *Pine tree (at top) and h-barked tree come directly from re; the flower represents happiness; eer means prosperity*

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a permanent glaze: Apply shellac thinne with alcohol with a lint-free cloth. R the solution over the egg quickly a gently; set aside to dry.

DARROW M. WATT

Draw directly *on warm egg with hot wax; work with egg wrapped in a towel. The sun motif symbolizes life*

Dip egg *in dye bath starting wit lightest color if you plan to have sev eral colors; repeat waxing and dyein*

Carefully clean *wax from finished eg with solvent; this will give it sligh gloss (shellac needed for high shin*

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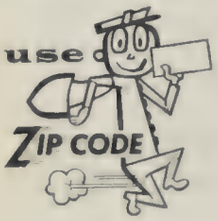

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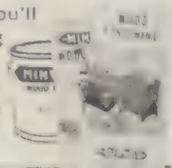

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DARROW M. WATT

Hazardous walk *through a garden is illuminated by four of these sturdy wooden lights*

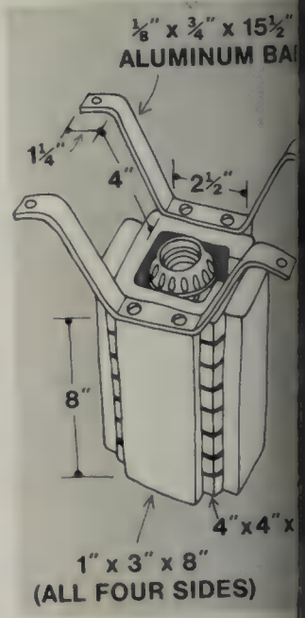
Cheerful light for a dark pathway

This garden light was designed to illuminate a dark pathway. The pitch of the roof hides the light source which will cast subdued, glareless illumination 10 feet in any direction.

Materials for the light, as designed and built by Gordon Hammond, of Palo Alto, California, cost very little. But some of the construction requires a radial arm or table saw.

To make the light, saw individual pieces of the 4 by 4 center column and 1 by side slabs to length. Cut out a 1¼-in recess in the 4 by 4 for the porcela light socket with a chisel or router. Wi a dado blade (or regular blade and chise cut the center post slot to form the wiri channel. Then cross-cut the decorati slots 1 inch apart along the center po

Screw the porcelain socket to the cen column and complete electrical wiring. support the light in the ground, attach



To construct light, *assemble resawn redwood roof and center column. Flat bar aluminum brackets hold these parts together*

SUN

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ıminum rod to the wiring channel and . it extend about 9 inches down. Glue by 3 wood slabs to the center post. ·nd aluminum flat bar to form brackets; ·ew to top of the two slabs.

ıt roof sides from ⅝-inch resawn ex-·ior redwood plywood. Some lumber-·rds will sell you part of a 4 by 8-foot lwood sheet; others will not. To use the ·ywood sheet with the greatest economy, u may choose to build several lamps at ; same time. Allow about 20 feet be-een lamps for constant light on a path-.y.

· compound miter the roof pieces, set ; power saw for a 43¼° miter angle d a 14° bevel. Assemble the roof and ¼-inch-square skirt separately with terproof glue. Let dry overnight.

·ew skirt assembly to roof. To complete ; lamp, attach aluminum brackets to ; roof. Use a 25 or 40-watt bulb.

me may wish to mount the light at ; level on an entry post or along a ·den retaining wall. If so, hide the bare lb by bending the aluminum support ıckets to right angles, and surround ·m with flexible translucent plastic.

ply a clear wood preservative or stain the lamp to seal wood and prevent ·cking. The preservative will allow the od to bleach evenly to a nice weathered .y. Or use a semitransparent stain to ·monize with the house colors.

NELSON ZELLERS

A shaving center

Men who use an electric shaver will appreciate this shaving center. The mirror is wall mounted so you don't have to lean across a counter to see what you're doing, and the two strips of theatrical lights flanking t throw light all around the face, ncluding up under the chin. At the ·ight are a wall outlet and drawers ·or storing the shaver.

·t works just as well as a grooming ·enter for the lady of the house. Haydn H. Phillips designed the ırea, for Mr. and Mrs. James M. Richmond, Honolulu.

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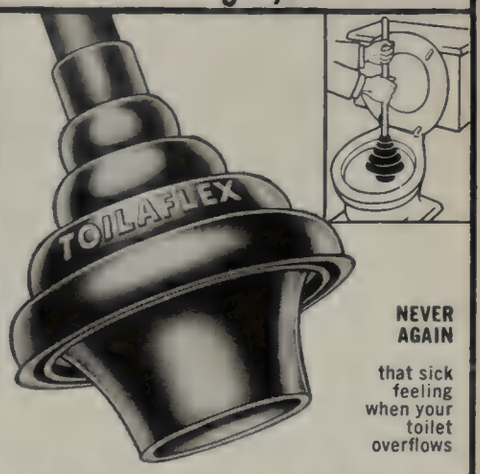

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GENE PRATER

Final undercut *is made and snow pack begins to slide from the roof. If there are ob structions, you may have to remove the snow in two cuts. Keep well clear of slide are*

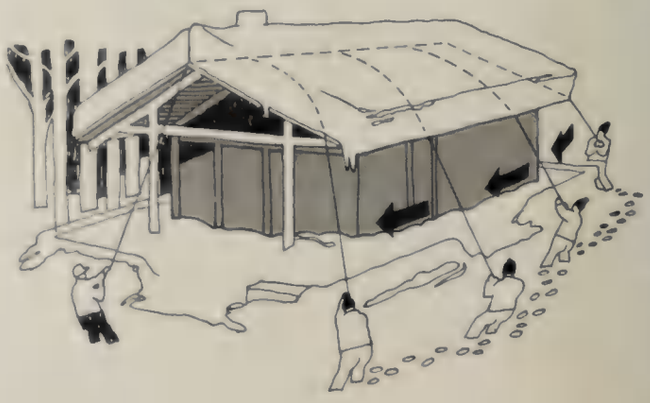
Snow comes right off the cabin roof

Roof is now cleared *of heavy snow pa*

Here's a fast and easy way to remove a heavy snow load from the roof of your mountain cabin. It's a device the Gene Praters of Ellensburg, Washington, have used successfully for years, and consists of cutting away the snow pack with a baling wire "saw."

First throw one end of the wire (weighted) over the roof at the ridge. Cut down through snow to within a few inches of roof, then undercut parallel to roof. One man is anchor man; the other quickly works his way around to his partner (see sketch), keeping out from under the eaves. The snow pack will usually st put until it is completely undercut.

Cutting and splicing the wire every fe feet gives it better sawing power. Han dig snow from around vents and chi neys. Keep wire away from electric lin



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A typical day on a guided tour of Paris could be something like this. First, you have breakfast at the hotel from 9 to 10. At 10, a tour guide takes you to the Eiffel Tower.

A Walking Encyclopedia.

You soon discover that the tour guide is a walking encyclopedia. "The Eiffel Tower, built in 1889, is 1,000 feet high, and weighs 15,000,000 pounds."

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After all, people who are on vacation shouldn't have to be bothered with details.

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The Law Of The Bus.

One of the things people remember about our un-guided tours is how they discovered places on their own. For instance, you might get on a bus and stay on until the end of the line. This is a perfect opportunity to meet the local people and practice the sentences from your phrase book. To get back, use the *law of the bus:* if you stay on long enough, it goes back to where you started.

A Typical Un-typical Day.

If you were in Rome you could take the CD bus (at the Piazzale Flaminio) to the Flea Market in Trastevere.

After you work up an appetite from bargaining, you could eat at La Cisterna, Alfredo's (their Fettuccine Al Burro is a knock-out), or Corsetti's.

Later on, you might like an evening of dancing at Cabala, if your feet hold out.

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Sunset's Kitchen Cabinet®

Among early harbingers of spring are the new crops of fresh vegetables and greens that fill our produce markets this month. They invite generous use in your meal planning.

One of the best ways to use young vegetables is in a good lamb stew. Our recipe uses techniques that bring forth their natural sweet flavor.

If you bring home fresh spinach, we suggest you try it in a green salad; our recipe also includes crisp bites of

You finish cooking the meat and vegetables in a casserole in the oven

Lamb with Spring Vegetables

Lean shoulder of lamb is a good choice for this stew; cut it in 1½-inch cubes.

- 2 pounds boneless lean lamb
- Flour
- 3 tablespoons salad oil
- 1 can (about 14 oz.) regular-strength chicken broth
- 1 clove garlic, minced or mashed
- 4 large carrots, peeled
- 4 parsnips or turnips, peeled
- 2 medium-sized onions, sliced
- 3 tablespoons butter
- 1½ tablespoons sugar
- 12 small new potatoes
- 1 package (10 oz.) frozen peas
- Salt and pepper to taste

Coat meat lightly with flour; sauté in oil in a frying pan until browned. Remove meat to a 4-quart casserole; add broth and garlic; cover and bake in a 350° oven for 30 minutes.

Cut carrots and parsnips in 1-inch slices (cut turnips in wedges); sauté these vegetables and onions in butter in the frying pan for about 5 minutes. Sprinkle with sugar and cook, stirring, 5 minutes more, or until well glazed.

After meat has cooked 30 minutes, add glazed vegetables and potatoes. Bake, covered, about 50 minutes or until meat and vegetables are tender. Add peas during last 5 minutes. Add salt and pepper if needed. Makes servings.—*J. R., Los Angeles.*

Crisp bacon, diced apple, and toasted almonds enhance fresh spinach salad

Spinach Salad with Bacon and Apple

Wash the spinach several hours ahead to give it a chance to crisp.

- 1 pound fresh spinach
- 5 slices bacon
- ⅓ cup sliced almonds
- ¼ cup salad oil or olive oil
- 3 tablespoons tarragon wine vinegar
- ⅛ teaspoon salt
- Dash pepper
- 1 teaspoon sugar
- ½ teaspoon dry mustard
- 3 green onions with some of the green tops, thinly sliced
- 1 red-skinned apple, cored and diced

Wash the spinach thoroughly, discarding the stems; drain well. Wrap the damp spinach in a clean dish towel or paper towels; chill at least 2 hours.

Pan-fry the bacon until crisp; drain on paper towels. Drain and discard all except about 1 teaspoon of the bacon drippings. Put almonds into the pan with drippings and stir over medium heat until toasted. Remove from pan and drain. If you wish, you can also prepare the dressing ahead: Combine the salad oil, vinegar, salt, pepper, sugar, and mustard; set aside.

Before serving, break the spinach leaves into a bowl. Add the green onion, apple, and almonds; crumble in the bacon. Mix dressing and drizzle over salad. Mix and serve. Makes servings.—*R. M., Roseburg, Ore.*

A creamy layer of cottage cheese custard bakes on top of ground beef pie

Ground Beef and Cheese Pie

Serve wedges of this main dish pie for brunch or a light supper, accompanied with fresh asparagus or a green salad.

- Quick pastry (recipe follows)
- ½ teaspoon salt
- 1½ pounds lean ground beef
- 1 medium-sized onion, chopped
- ¼ teaspoon pepper
- 1 whole egg
- 1 egg white
- 1 pint large-curd cottage cheese
- ⅓ cup shredded Parmesan cheese
- Chopped parsley (optional)

Roll out the pastry on a lightly floured board to fit into a 9-inch pie pan; make a fluted edge. Sprinkle salt in a frying pan, add meat, and cook over medium heat, stirring until juices begin to form, then put in onions and pepper and cook, stirring, until the meat loses all pinkness and liquid has evaporated. Turn into the prepared crust. In a bowl mix together the egg, egg white, and cottage cheese; spoon over the meat in the pie. Sprinkle top with Parmesan. Bake in a 375° oven for about 25 minutes, or until top is set. Serve hot, sprinkled with parsley if you wish. Makes about 6 servings.—*A. M., San Diego*

Quick Pastry. Combine in a bowl 1 cup biscuit mix, 1 egg yolk, and 2 ½ tablespoons milk. Mix with a fork until blended, then press into a ball.

con, apple, and sliced almonds.

e invite you to contribute any orig-
ıl recipes you might devise in your
n kitchen. Send them to *Sunset*
agazine, Menlo Park, Calif. 94025.
e pay $10 for each recipe published.

Spring lamb with spring vegetables
. . . a beef and cheese pie in wedges

ırried Eggs with Avocado

ıre's an interesting way to embellish
ambled eggs. Try it for brunch or
ate evening supper with crisp toast
d bacon or sausage if you wish.

- 6 eggs
- ½ teaspoon salt
- Dash pepper
- 1½ teaspoons Worcestershire
- 3 tablespoons cream or milk
- ½ ripe (but firm) avocado
- 1 tablespoon lemon juice
- 1 tablespoon butter or margarine
- 2 tablespoons minced onion
- ½ teaspoon curry powder

a bowl lightly beat the eggs with
t, pepper, Worcestershire, and
am. Peel the avocado and cut cross-
se slices; drizzle with the lemon juice and set aside. In a frying pan, heat the butter; add onion and curry powder and cook, stirring, over medium-low heat for 2 or 3 minutes. Add egg mixture and cook slowly, stirring lightly, until softly scrambled. Turn out on a warm serving plate and arrange drained avocado slices over top. Makes 3 or 4 servings.—*A. C., San Francisco.*

For a company buffet, you can double this recipe; cook and serve it in an electric frying pan. Omit the cream and salt and add 1 small can (6 oz.) white sauce to eggs. When scrambled, reduce heat to warm and arrange avocado slices on top.

Just before serving, arrange buttery avocado slices on top of spicy eggs

ab and Cheese Sandwich Rounds

ıke these on English muffin halves
serve for lunch, or spread on small
bread slices to make appetizers.

- 6 sourdough English muffins, split in halves
- Butter or margarine
- 2 cups (about 1 lb.) cooked or canned crab meat
- 1½ cups (about 5 oz.) shredded Swiss cheese
- ½ cup sour cream
- 3 teaspoons lemon juice
- ½ teaspoon Worcestershire
- Dash liquid hot pepper seasoning
- Paprika

read the muffin halves lightly with
tter, then toast on the cut side until
sped and brown. Combine the crab with 1 cup of the cheese, sour cream, lemon juice, Worcestershire, and hot pepper seasoning. Spread on muffins; sprinkle remaining cheese on top of crab mixture, then sprinkle lightly with paprika. Bake in a 400° oven until heated through and the cheese is bubbly, about 10 minutes. Makes 6 servings.—*V. M., San Rafael, Calif.*

For appetizers, use about 32 slices of petite rye bread instead of English muffins. Spread them with butter, toast lightly on one side, then spread about 1 tablespoon of the crab filling on each bread slice. Bake about 8 minutes; serve hot.

Crab meat combines with Swiss cheese for tasty sandwiches or appetizers

uit-filled Cookies

e filling for these cookies can be
de of dried prunes or apricots.

- Fruit filling (recipe follows)
- ½ cup butter or margarine
- 1 cup sugar
- 2 eggs
- 1 teaspoon *each* grated lemon peel and vanilla
- 1 tablespoon milk
- 2 cups all-purpose flour (unsifted)
- 1 teaspoon baking powder
- ½ teaspoon salt
- ¼ cup chopped almonds or walnuts

pare filling; cool. Cream together
ter and sugar; beat in eggs, lemon
l, vanilla, and milk. Sift flour, bak-
powder, and salt into creamed
cture; mix well. Chill 3 hours, or until firm. Roll out half of dough on a floured pastry cloth into a 12-inch square. Cut into 3 strips; spread ⅓ cup filling down center of each strip; top with 2 teaspoons of the nuts. Bring edges to center and seal; turn seam down on a greased cooky sheet. Cut in 1½-inch bars; leave in place. Repeat with rest of dough. Bake in a 375° oven for 12 to 15 minutes. Makes 4 dozen.—*B. O., Lafayette, Calif.*

Filling. Mix 1 pound moist-pack, pitted prunes or dried apricots, chopped; ½ cup brown sugar; and ¾ cup water. Cook, stirring, for about 10 minutes. Add 1 tablespoon lemon juice.

Spoon filling down center of each strip; fold and seal; cut on baking sheet

DARROW M. WATT

Slice *through sugar-crackled round loaf of Portuguese Sweet Bread while still warm and serve with cold butter*

Fragrant loaf for the Easter breakfast table

A fragrant loaf of sweet bread is the crowning touch on the Easter breakfast table in many Western homes. To celebrate the holiday, consider these two exceptionally good but very different breads. The first is a simple, unadorned loaf; the second, a rich nut-filled and streusel-topped coffee ring.

Both breads freeze well. Wrap airtight, then freeze. To serve, let thaw and reheat in a 350° oven for 20 to 25 minutes.

This ample round of Portuguese bread has a fine spongy texture and egg-rich flavor.

PORTUGUESE SWEET BREAD

- 1 package yeast, active dry or compressed
- ¼ cup warm water (lukewarm for compressed yeast)
- ⅓ cup milk
- ⅔ cup sugar
- ¼ teaspoon salt
- ⅛ cup butter or margarine
- 3 eggs
- 1 teaspoon grated lemon peel
- 3½ to 4 cups unsifted flour
- 1 egg white
- About 3 tablespoons sugar

Sprinkle yeast into warm water and let stand until dissolved. Scald milk; then pour into the large bowl of an electric mixer (or other bowl) and add the ⅔ cup sugar, salt, and butter; let cool to lukewarm. Add eggs, one at a time, and beat until blended in. Mix in yeast and lemon peel. Gradually beat in 3 cups of the flour, beating at low speed with a heavy-duty electric mixer or by hand for 5 minutes. Beat in enough additional flour to make a soft dough.

Turn out on a floured board and knead until smooth and springy, about 10 minutes. Place in a bowl, cover, and let rise in a warm place until doubled in size (it takes about 2 hours).

Turn out on a lightly floured board and knead lightly. Shape dough into a flat cake, about 9 inches in diameter, and place in a buttered 9 or 10-inch cheesecake pan.

Cover and let rise in a warm place until doubled in size, about 1½ hours. Brush with slightly beaten egg white and sprinkle with the 3 tablespoons sugar. Bake in a 350° oven for 45 to 50 minutes, or until a straw inserted in the center comes out clean. Let cool on rack 10 minutes; then remove from pan. Serve

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DARROW M. WATT

Then... you eat out of hand, something like a taco

Our camera *is looking down on five friends about to begin a Mandarin pancake brunch. The hostess at right is putting some chicken in upper left guest's pancake from the electric frying pan. Guest at bottom is rolling her pancake. Guest at left is taking his first bite*

tard, some lettuce and crisp vegetables or potato. Try the chicken with any of the sauces, crispy potatoes, and lettuce.

Mandarin pancake brunch

Roast Pork Tenderloin
Scrambled Eggs with Shrimp
Chicken with Leeks or Green Onion
Mandarin Pancakes
Condiments: Green Onion Slivers, Thin Carrot Strips, Small Leaves of Butter Lettuce, Chinese Parsley (or Watercress), Crispy Potatoes, Hot Mustard, Hoisin Sauce or Preserved Plum Sauce (Optional)
Hot Green Tea
Fresh Tangerines

Ingredients for this meal are available in grocery stores. Some optional but interesting additions, available in Oriental grocery stores, are Chinese parsley (also called fresh coriander or cilantro); hoisin sauce or plum sauce, both pungent and sweet, with plum sauce the sweeter of the two; and sesame oil, which adds nut-like flavor to the pancakes.

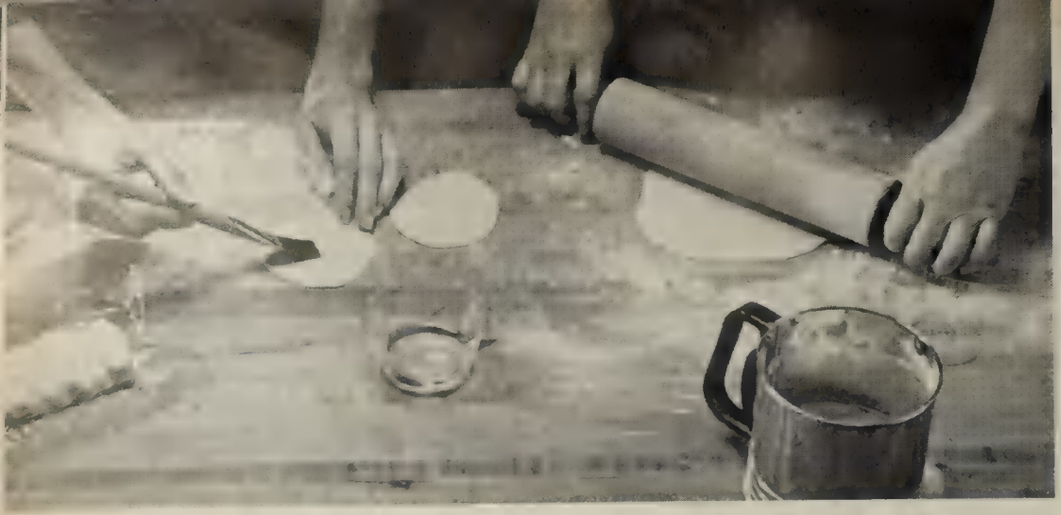
Some day before the party, you will need to devote several hours to making the thin, flexible pancakes that make the meal possible. They are not difficult, but directions must be followed precisely.

HOW TO MAKE MANDARIN PANCAKES

Measure 2 cups unsifted all-purpose flour into a bowl. Add ¾ cup boiling water and 1 tablespoon sesame oil or salad oil; stir with chopsticks or a fork. Work the dough with your hands until it can be formed into a ball. Knead on a lightly floured board until very smooth and velvety, about 10 minutes. Invert a bowl over dough and let it rest for 30 minutes.

Shape the dough into a 12-inch-long log, use a ruler to measure, then cut dough into 12 equal pieces. (From this point on, carefully keep dough and pancakes well covered with clear plastic film to prevent drying.) Have ready a pastry brush and 1 tablespoon sesame oil or salad oil.

For each pancake, cut a piece of dough in half, form each half piece into a ball, then pat out and roll into a 3-inch circle. Lightly brush the top of one circle with



Making the pancakes *is speeded when two share work—roll and oil, roll 2 together*

oil, fit another circle on top so their edges align, and press together.

Place double piece of dough on a lightly floured board and roll out to a 7 or 8-inch-diameter circle. Keep board lightly floured and turn as needed. Take care to keep from getting creases in the pancakes as you roll. If working alone, form 2 or 3 pancakes this way (keep covered), then cook them before shaping the rest.

To cook the pancakes, heat a wide frying pan over medium-high heat. Place a pancake in the ungreased pan and cook about 15 seconds (it should be blistered all over); then turn and cook about 15 seconds more, or until blistered and slightly translucent. Pancakes shouldn't brown, but a few light brown spots do no harm; if overcooked they become dry and brittle. Turn pancake out of the pan, and immediately separate the 2 layers. Stack, and keep covered while you make remaining pancakes. Wrap the stack of pancakes and refrigerate up to 2 days, or freeze.

To reheat pancakes for serving, thaw if frozen. If you don't have a steamer, use a large kettle with a rack high enough to keep pancakes well above simmering water. Moisten a tea towel and line the steamer or rack. Stack pancakes on towel, then lap edges of towel over pancakes. Cover steamer and steam for 10 minutes. For serving, remove part of the pancakes at a time, fold in quarters, and serve in a napkin-lined basket. Leave rest of pancakes in the steamer to keep warm over hot water.

THREE ENTRÉE-FILLINGS

Roast Pork Tenderloin. Buy a 1 to 1¼-pound pork tenderloin (or boned and rolled pork loin). Combine 1 small onion, chopped, 1 minced clove garlic, 6 tablespoons soy sauce, 2 tablespoons Sherry or Marin (sweet sake), and 4 slices fresh ginger root. Pour soy mixture over meat. Refrigerate at least 4 hours, or overnight.

Remove meat from marinade and roast, uncovered, in a 375° oven, basting several times with marinade, until a meat thermometer in center registers 175°, about 30 or 40 minutes. Cool, then cut in thin slices and arrange on serving plate.

Scrambled Eggs with Shrimp. Combine in a bowl 8 eggs, ⅓ cup milk, ¾ teaspoon salt, and ½ teaspoon grated fresh ginger. Beat with a fork, cover, and refrigerate until needed. Also have ready about 6 ounces cooked, shelled tiny shrimp and ½ cup frozen peas (thawed). Just before serving, heat 1 tablespoon salad oil in a frying pan, add egg mixture, and cook, stirring, until partly set. Add shrimp and peas and cook about 1 minute, or until softly scrambled. Serve in a warm dish.

Chicken with Leeks or Green Onion. Remove skin and bones from 1 to 1½ pounds chicken breasts or thighs; cut into pieces about 1½ inches square. Wash, trim, and cut coarse tops from 1 bunch leeks or 2 bunches green onions. Cut leeks or onions into 2½-inch lengths, then cut to make strips about ¼ inch thick. Arrange the chicken and leeks or onion on a plate, cover, and refrigerate unti needed. Also combine in a small pitche 1 teaspoon cornstarch, ½ teaspoon sugar 1 tablespoon soy sauce, and 2 tablespoon Sherry or chicken broth.

Bring an electric frying pan to the tabl with 1 tablespoon salad oil inside. Hea to 375° and add the chicken, then leek or onions. Cook, stirring, for 3 to 4 min utes, until chicken is just tender, vege tables still slightly crisp. Stir soy mixture add to pan, and cook, stirring, about minute; then reduce heat to warm.

THE CONDIMENTS

Crisp vegetables. Cut 1 large carrot an 2 bunches green onions into thin slivers about 2½ inches long. Arrange on servin plate with the pork.

Greens. Use tender inner leaves from heads butter lettuce and 1 bunch of Chi nese parsley or watercress.

Crispy Potatoes. Peel 2 medium-sized po tatoes; coarsely shred into a bowl of col water. Drain, squeeze out water, the dry between paper towels. In a deep pa heat 1½ inches of salad oil to 400°. Spri kle in a handful of potatoes at a tim stirring to prevent clumping; fry unt browned, about 2 minutes. Remove wit wire strainer; drain on paper towels. R peat, bringing oil back to 400° each tim

Sauces. For the hot mustard, blend ¼ cup dry mustard with enough cold wat to make a smooth paste. Hoisin and plu sauces are available in Oriental stores, substitute chile sauce.

Three fillings: *chicken with leeks, roast pork, eggs with shrim*

DARROW M. WA

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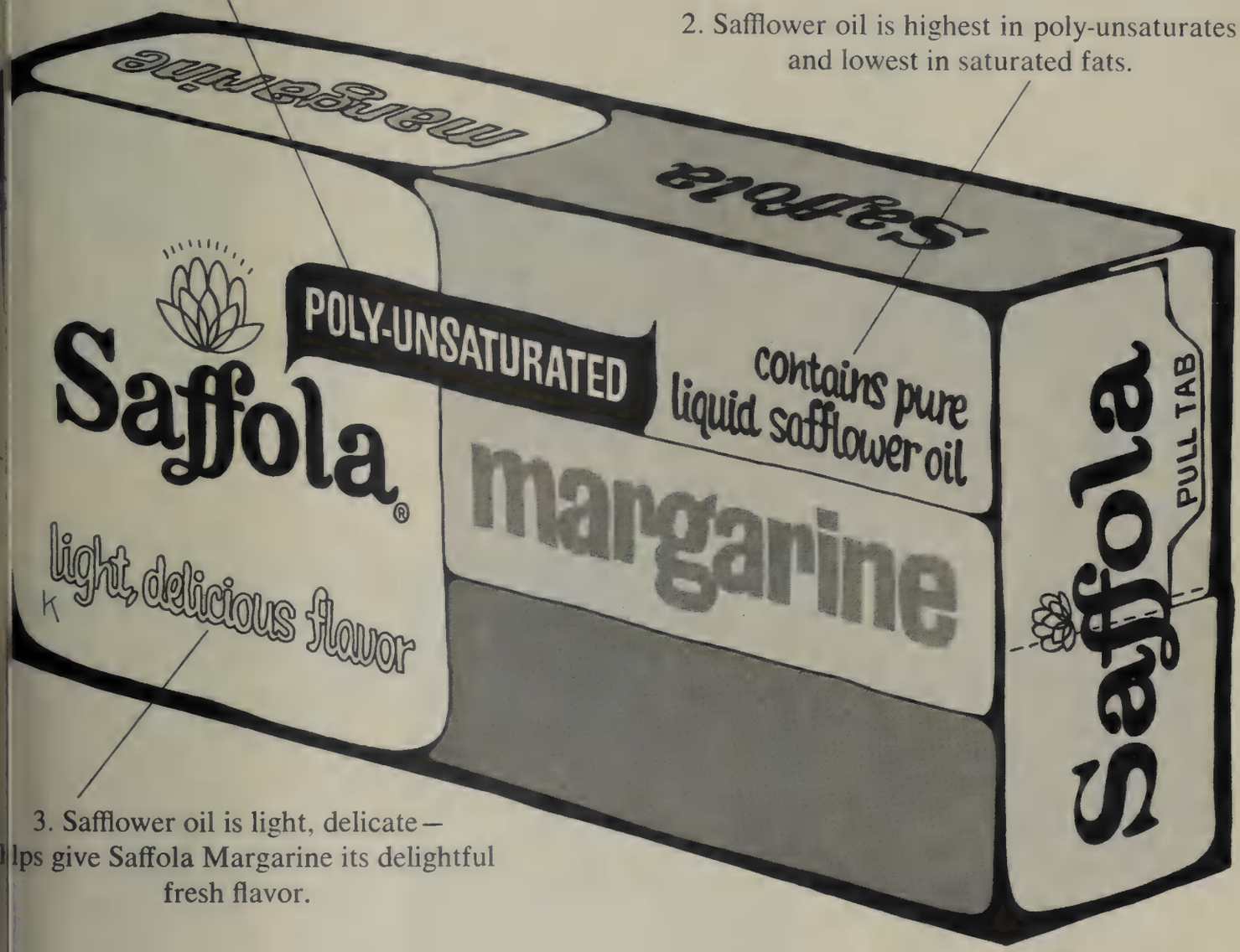

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DARROW M. WATT

Sunday brunch: *Tuna pie, asparagus, berry compotes, muffins under plastic dome*

MARCH MENUS

Tuna pie for a weekend . . . pea soup supper for Thursday evening . . . and an Easter dinner an easy way

For the family this month we suggest brunch featuring tuna pie and a trad tional supper from Sweden; both men are flexible enough to be used for oth meals. The Easter dinner is intended f company, yet emphasizes minimal pre aration. The March offerings of fre fruits and vegetables play important rol in all three meals.

Weekend brunch or supper

Two favorites in the early spring pr duce market—strawberries and asparag —complement this hearty tuna cassero To transform the menu to a supper, a a simple dessert and substitute dinn rolls for the English muffins.

Tuna-Potato Pie
Strawberry-Tangerine Compotes
Fresh Buttered Asparagus
English Muffins Butter
Hot Coffee

Assemble the tuna pie and begin bakin meanwhile prepare fruits for compo and refrigerate until serving time. J before serving, split and toast the Engli muffins and cook the fresh asparagus.

Tuna-Potato Pie

- 1 can (1 lb.) whole potatoes, sliced
- 2 cans (6½ oz. *each*) chunk-style tuna, thoroughly drained
- 6 ounces Swiss cheese, shredded (about 2 cups)
- ½ cup sliced green onions, including tops
- 4 eggs
- 2 cups half-and-half (light cream)
- 1 teaspoon dill weed
- ½ teaspoon salt
- ⅛ teaspoon pepper

Lightly grease a 1½-quart shallow c serole and arrange potato slices in an e layer on the bottom; cover with t (flaking from can with fork), then spr kle in half the cheese and half the onio Beat eggs until blended; stir in half-a half, dill, salt, and pepper and pour ca fully into casserole. Sprinkle remain cheese evenly over surface and bake i 325° oven for 45 minutes or until cen jiggles slightly when dish is shaken (co ing times will vary according to pan s begin checking pie at about 35 minut Sprinkle remaining onions in a band do the center and serve. Makes 6 servings *H. N., San Francisco.*

Strawberry-Tangerine Compotes. For e person allow ¾ cup fresh strawberr washed and hulled, and 1 tight-skin tangerine (such as Kinnow or Wilk mandarins), peeled and sliced. Arrang individual serving dishes and sprin with 1 tablespoon orange-flavored liqu if desired. Serve with powdered sugar.

Swedish supper for six

No one seems to know how long Swe have been enjoying pea soup supper Thursday evenings. Here we featur

ta's ready to jet you to Florida—
a new daily non-stop from San
ncisco. Take off at 8:50am. Enjoy
ontinental breakfast. And an 8-
rse Royal Service luncheon in
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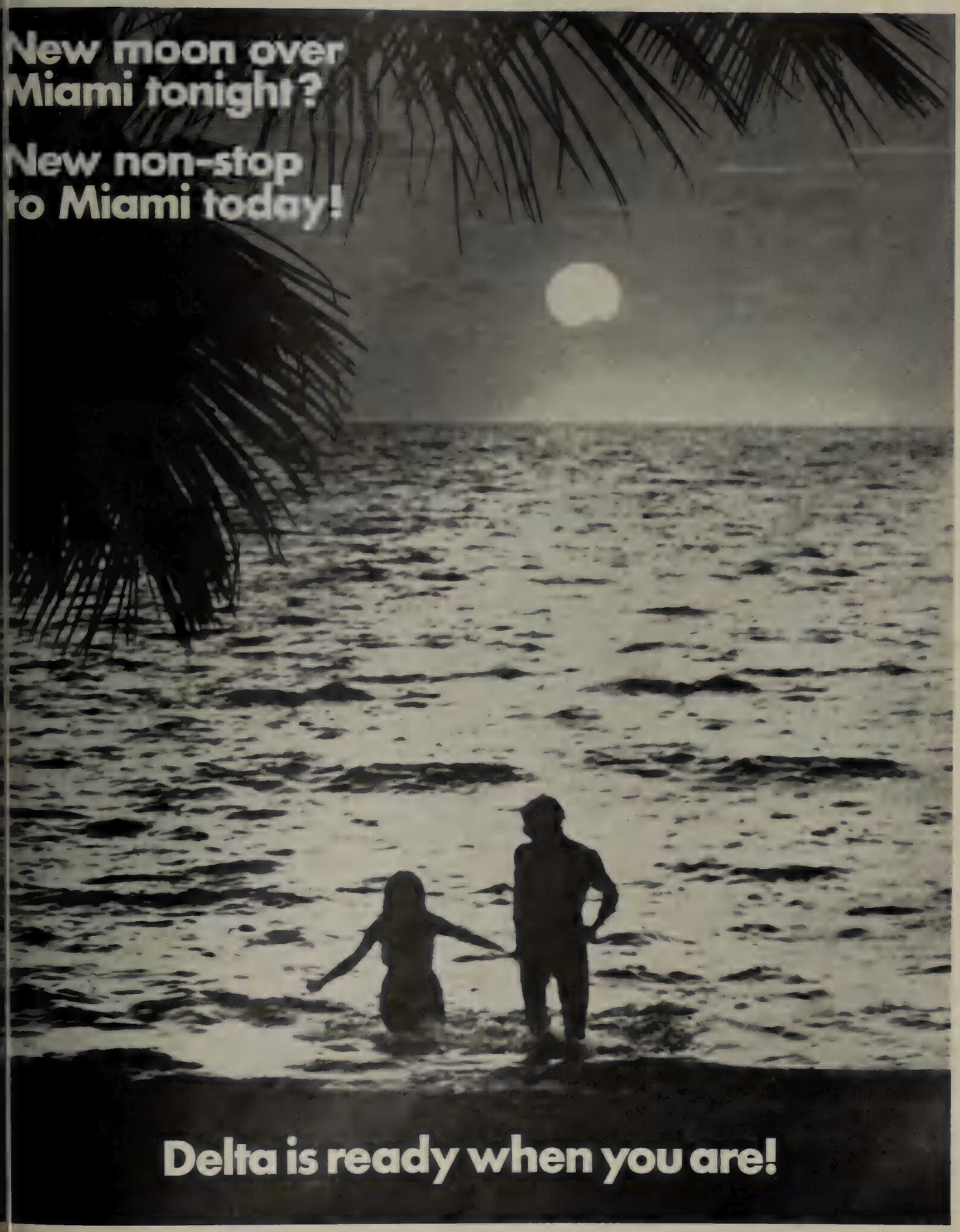


Gourmet Ideas
by Edie Cole

SEA NYMPH SALAD—This combination fruit and seafood plate is refreshing for a guest luncheon or hearty enough for a Lenten supper. On a bed of Romaine arrange a pinwheel of grapefruit segments, avocado slices, sliced apple, and crab legs or cooked shrimp. Pour over an oil and vinegar dressing, preferably Girard's Original French. Garnish with a cluster of Early California Brand Pitted Ripe Olives. Pass hot poppy seed rolls.

ORANGE BASKET SALAD—A gala accompaniment to garnish a roast platter. Cut large navel oranges in half, making a zig-zag cut, scoop out fruit, and separate into segments. Mix orange pieces with seedless grapes, pineapple chunks, and enough Girard's Original French Dressing to coat lightly. Pile into shells and sprinkle with a few cinnamon red-hots, if you like. Use to ring a turkey or ham.

CHERRY ALMOND PARFAIT—Alternate spoonfuls of toasted almond ice cream and whipped cream in slender glasses. Drizzle over maraschino cherry juice. Top with a Cherry Bowl Brand Maraschino Cherry with stem and poke a sugar wafer in at a jaunty angle.

ALL FROM EARLY CALIFORNIA®
THE FINE FOOD COMPANY

with time-honored accompaniments—a parsley-enhanced salad of cucumbers and a puffy dessert pancake.

Split Pea Soup with Pork
Dark Rye Bread Butter
Parslied Cucumber Salad
Easy Oven Pancake Creamy Topping
Preserved Lingonberries

Advance planning is necessary: Remember that the split peas must be soaked before cooking (long and short methods are given below). Mix the salad, then prepare the pancake batter that will bake during dinner. Preserved lingonberries are available from specialty stores (or use other fruit preserves).

Split Pea Soup with Pork

- 12-ounce package dried green or yellow split peas
- 6 cups water
- 3 carrots, cut in 1-inch pieces
- 1 medium-sized onion, chopped
- ½ teaspoon whole marjoram
- ⅛ teaspoon ground cloves
- 1 teaspoon salt
- 1 pound boneless pork (loin or butt)

Combine peas with water in a Dutch oven or pan of at least 4-quart capacity; let peas soak, covered, overnight. (*Or*, bring the water to boiling in a Dutch oven and add peas. Boil 2 minutes, remove from heat and let stand 1 hour, covered.)

Then add carrots, onion, marjoram, cloves, and salt; simmer for 30 minutes. Add pork and simmer for an additional 1 hour 30 minutes or until peas are tender and pork has lost all pinkness. Remove pork from soup and cut into ½-inch cubes. Pour soup into a blender, half at a time, and whirl until smooth or press through a wire strainer. Pour into serving tureen and stir in pork; serve at once. Serves 6.—*I. U., Menlo Park, Calif.*

Parslied Cucumber Salad

- 3 medium-sized cucumbers, peeled
- Water
- 1 teaspoon salt
- 2 teaspoons sugar
- 1 tablespoon finely chopped parsley
- ¼ teaspoon white pepper
- 2 tablespoons lemon juice

Slice cucumbers as thinly as possible into bowl; barely cover with water and stir in salt; soak for 30 minutes. Drain cucumbers well and sprinkle with sugar, parsley, and pepper. Stir in lemon juice until thoroughly combined and chill until ready to serve. Makes 6 servings.

Easy Oven Pancake. In a blender container, combine 1 cup milk, ⅔ cup regular all-purpose flour (unsifted), 2 tablespoons sugar, ½ teaspoon salt, 2 eggs, ½ teaspoon grated lemon peel, and ½ teaspoon ground cardamom. Whirl briefly; stop blender and scrape down sides; whirl until smooth (*or* combine above ingredients in a bowl and beat with rotary beater until smooth).

Put ¼ cup butter or margarine in a 9-inch pie pan; place in preheating ove until butter melts; then remove from ove and pour batter into pan. Bake in a 400 oven until deeply browned and puff about 35 minutes (it will be moist in t center). Serve *immediately* with cream topping and lingonberry preserves. Mak 6 servings.

DARROW M. WAT

Golden brown *and distinctively puff Easy Oven Pancake bakes to a high ri*

Creamy Topping. With an electric or r tary beater, whip ½ cup heavy crea until stiff. Then slowly beat in 3 tabl spoons unsifted powdered sugar and cup sour cream.

Streamlined Easter dinner

Fresh produce and a frozen dessert sim plify Easter dinner. Fresh fennel is increa ingly available in Western food market substitute celery if necessary.

Fresh Fennel or Celery Blue Cheese
Roast Leg of Lamb with Gravy
Barley Pilaf
Easter Egg Spinach Salad
Soft Rolls Butter
Ice Cream

Trim tops from one large bunch fenn separate stalks of bulb and serve wi blue cheese to spread as a first cour Place the pilaf in the oven and bake wi the roast during the last hour of cookin Meanwhile assemble the spinach sal and warm the rolls. Choose a prepared i cream dessert from the freezer compar ment at the grocery store; allow it soften slightly before serving.

Roast Leg of Lamb with Gravy. Have yo meatman bone and tie a 6-pound leg lamb (about 4¼ pounds boned). Bru with olive oil and sprinkle with gar salt and crushed dried basil.

Bake on a rack in a 325° oven until meat thermometer registers 140° for ra or 150° for medium rare (1½ to 2 hour Remove roast to a serving platter a cover with foil (save pan drippings); l rest at least 20 minutes before carving.

For gravy, skim fat from meat drippin reserving 2 tablespoons (use part butt if fat is insufficient). Pour or scrape me

THE MAYTAG COMPANY, NEWTON, IOWA. WASHERS, DRYERS, PORTABLE DRYERS, DISHWASHERS, DISPOSERS.

rs. Volz; Cynthia, 13; Larry, Jr., 12; Mr. Volz; Lyle, 9.

Mrs. Volz didn't fully appreciate Maytag dependability until she moved to Clear, Alaska.

"Parts and service aren't easy to come by in the Alaskan bush," she writes. "Good thing my 6-year-old Maytag Washer has never needed a repair."

In 1967, Mr. and Mrs. Larry Volz moved from California to Clear, Alaska, where they now live with their three children and seven pure-bred Samoyeds who double as sled dogs and family pets. Naturally, they took along their veteran Maytag Washer.

"That Maytag has never given us any trouble in all the time we've had it," writes Mrs. Volz. "Even though it's now six years old, it's still washing around 20 loads a week including heavy parkas, blankets, work clothes, and permanent-press things."

Adds Mr. Volz: "There's nearly a hundred miles of bush country between us and the repair shop in Fairbanks. So you can see how much Maytag dependability means to us. Our Maytag hasn't needed a single repair."

Today you can get New Generation Maytags with all the latest features. A washer with giant capacity. A dryer with Electronic Control. Both have Maytag's special Permanent-Press Cycle that helps keep the press *in*, and the wrinkles *out*.

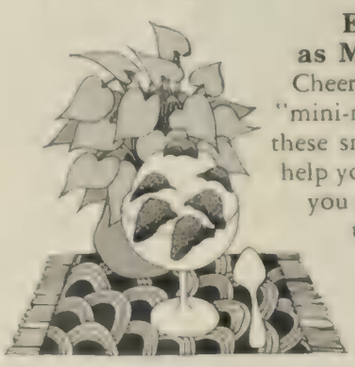
We don't say all Maytags will match the record Mrs. Volz wrote about. But dependability is what we try to build into every Maytag.

MAYTAG
THE DEPENDABILITY PEOPLE.

Pickles and Strawberry Ice Cream!

Such legendary cravings in the middle of the night may be more fancy than fact. Still, about the time you take to knitting little pink and blue booties, you *should* become aware of the foods you eat. Your pregnancy should start you wondering, "Just what will be best for my baby—and me?" So we have a "shower gift" for you! *Pickles and Strawberry Ice Cream*—A special collection of nutritional information and recipes for the mother-to-be. There's no charge. Just write Betty Crocker of General Mills, Box 439D, Minneapolis, Minn. 55460.*

Breakfast in Bed! If breakfast isn't your favorite meal these days, remember that doctors say that morning sickness is related to hunger. You *may* minimize it if you eat something dry 10 or 15 minutes before getting out of bed. So, try this little trick. Keep a plastic bag full of CHEERIOS on your nightstand for lazy munching when you awake. They're not only tasty as a dry, wake-up snack. They also provide a start on the protein you'll need to get at breakfast.



Eating for Two Doesn't Mean Twice as Much . . . maybe just twice as often! Your Cheerios-in-bed might be the first of as many as 6 "mini-meals" you have during the day. At this time, these smaller servings at more frequent intervals may help you get the added vitamins, minerals and protein you need—in the most pleasant possible way. Try this delicious "mini-meal:" Top fresh fruit with half a cup of our Betty Crocker Ready-to-Serve Vanilla Pudding! It's a delightful source of protein you may not have thought of.

How to Win at the "Waiting Game." Nine months won't seem so long if you make this a *creative* time. Learn to play bridge—or improve your game with "play-yourself" AUTOBRIDGE from Parker Brothers. Or, discover talents you never knew you had with our LEEWARDS needlework and hobbycraft catalogue to get you started! You might embroider your baby a snuggly layette. Or, decoupage a handbag to go along with a stylish maternity dress. If you'd like a free catalogue, write LEEWARDS, Dept. M-Y 840 N. State St., Elgin, Illinois 60120.

Congratulations! We think you'll agree the long wait was worth it!

*Offer expires July 30, 1970

Betty Crocker
OF GENERAL MILLS

drippings into measuring cup and add water to make 1 cup. Stir 2 tablespoons flour into the reserved fat in the roast pan; stir over medium heat until bubbly. Remove pan from heat and gradually stir in juices until smooth; return to heat and stir until boiling and thickened. Add salt as needed, strain if desired, and serve with the roast.

Barley Pilaf

- ½ cup (¼ lb.) butter or margarine
- 12-ounce package pearl barley
- ½ pound mushrooms, sliced
- 2 medium-sized onions, thinly sliced
- 2 cans (14 oz. *each*) chicken broth
- ⅛ teaspoon pepper
- 1 bay leaf

In a frying pan melt butter over medium heat; add barley, mushrooms, and onions and sauté, stirring constantly, until onions are limp and clear (reduce heat if necessary to prevent barley from scorching). Transfer to a 2½-quart casserole, pour in chicken broth and stir in pepper and bay leaf.

Cover the casserole and bake in a 325° oven for 1 hour or until there is no free flowing liquid and barley is tender. Makes 6 servings.

Easter Egg Spinach Salad. Thoroughly wash and drain 2 bunches fresh spinach (if preparing spinach in advance, lay leaves on paper towels in single layer; roll up and chill several hours), then chop spinach finely; remove to salad bowl. Separate yolks and whites of 2 hard-cooked eggs; using a spoon mash the whites through a fine wire strainer; repeat with yolks and set aside separately.

Stir together ½ cup salad oil, ¼ cup white wine vinegar, ½ teaspoon salt, ⅛ teaspoon pepper, ¼ teaspoon dry mustard, and ¼ cup minced parsley. Pour over spinach and toss to distribute thoroughly. Then sprinkle whites in a ring 5 inches in diameter over top of spinach; fill center with yolks, mounding in center. Serve at once. Makes 6 servings.—*M. N., Palo Alto, Calif.*

DARROW M. WA

Sprinkle on *first the egg white, then the yolk over the chopped crisp raw spinach*

Your yard: Safe and dressed-up ...the easy way.

Start with tubular galvanized • steel posts set 6 to 9 feet apart. ive them with a sledge or set em in concrete, as you prefer. Ar- whead caps slip on the post tops stop rain from entering and to e your fence that finished, pro- sional look.

2. Use lever action of ordinary pliers around the post to stretch the wire taut. Non-Climb fence is available in light or medium gauge wire so it stretches easily . . . 2 to 6 feet high, all copper bearing steel. Square Deal knots keep the 2x2-inch spacings from slipping.

3. Finish by tying line wires to posts. A nail inserted in the loop end of the tie-wire is the only tool you need. Keystone Non-Climb is Galvannealed® to resist rust. It never needs painting or maintenance. It's easy to erect and adds beauty to your home for years.

KEYSTONE NON-CLIMB FENCE

See your RED BRAND® fence dealer for Non-Climb fence, or write to Keystone Steel & Wire Company, Peoria, Ill. 61607.

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Right from the start, all cats crave certain foods. Milk. Fish. Meat. The high protein foods.

Your cat has this craving. It's called the protein instinct.

Satisfy it with **Purina Cat Chow.** A protein-rich blend of milk, fish and meat flavors. **The highest protein of all cat foods.**

THE

Western Kitchen

NEWS AND IDEAS

In your kitchen . . . dye notions to match your costume

Packets containing a zipper, buttons, or trim, plus some dye for coloring, are being introduced to the Western market. The notions come in a neutral shade or white and can be dyed any of more than 80 colors.

Each packet includes color wheels showing the various shades and instructions for reproducing them. The back of the packet is divided into primary color strips which you detach and add to boiling water to develop the color.

To dye, immerse the notions in the solution for a few minutes, agitating continually to allow for even penetration.

You can choose from two types of zippers, each 7 inches long: a nylon coil type that costs about 75 cents and one with metal teeth for about 65 cents. All zipper packets contain a spool of clear nylon thread for sewing.

The buttons come in about 20 styles, some metal, some plastic, priced from 50 cents up. They all take dye well—even the metal ones.

Trash basket hider

If you can't find floor space for a wastebasket in the kitchen, a slide-out shelf might be an answer. One such shelf that keeps the container in a cabinet under the counter and out of sight is automatic—it glides out when the door opens. To push it back, you close the door.

The shelf measures 12 by 16 inches, holds most trash receptacles, is simply installed and sells for about $3.50.

Bun warmers for the table

One electric bun warmer now available is thermostatically controlled to keep rolls warm for several hours. Its aluminum base has a hinged top of washable fabric (a pattern is included so you can sew additional covers).

Another type of warmer is a long, narrow piece of marble that is heated in the oven and placed in the bottom of a long wicker basket to warm a loaf of French bread or rolls. The bread is heated in the oven first, then the marble keeps it warm throughout the meal.

Kitchen paper rack

The newspaper is kept handy, yet off the kitchen counter, with this built-in book rack. Recipes could be tucked in too, to avoid splashes. Architect Edla Muir designed it for the Daniel B. Ullmans of Los Angeles.

RICHARD FISH

DON NORMAN

l spice shelf

counter work top
Lowerys of Spoka
t Richard Perkins
n the cabinet direct
was direct lighti
plus a shallow spi
ght took only part
tom shelf.

ds never change.
So we did.

Now Cold Power has Enzymes
to get out the
worst kind of dirt in cold water.

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All new!
Serving (not cooking) sauce

New!

Hollandaise Sauce

Mellow golden sauce with butter, egg and lemon.

New!

Mushroom Sauce

Robust brown sauce with rich stock, mushroom slices, Burgundy wine.

New!

Newburg Sauce

Delicate pink cream sauce with shrimp, sherry and spice.

New!

Bordelaise Sauce

Rich brown sauce with hearty stock, wine, touch of garlic

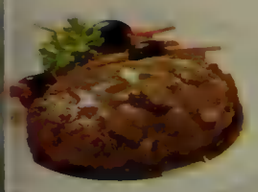
New!

Cheese Sauce

Creamy sauce rich in aged Cheddar and Romano cheeses.

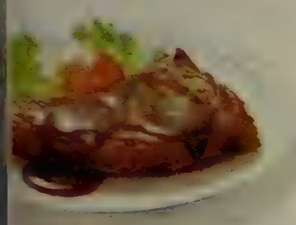
ant excitement everyday foods

ıturesome with vegetables. ı lemony Hollandaise Sauce 'em up. (Even a vegetable ets raves.)



que! Hamburger becomes hampignon with wine-rich om Sauce — easy as heat, over.

pectacular. Newburg Sauce a tuna (or salmon) loaf ly special.



hop! Serve rich and satiny ıise Sauce over pork chops. y favorite with a zesty new

ı again? Next time, make ken Mornay" with creamy, Cheese Sauce.

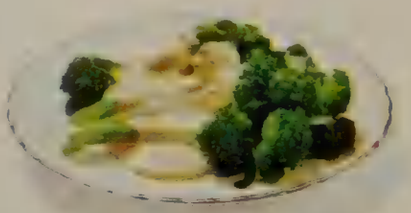
Like having a chef when you entertain

Beautiful brunch! Eggs Benedict easy with velvety Hollandaise.

Elegance plus. Mushroom Sauce adds a glorious final touch to a roast of beef.

Show off with shellfish! Now even Lobster Newburg's a snap, with delicate pink Newburg Sauce.

Buffet idea. Hearty Bordelaise over braised tenderloin tips.



Glorified! Broccoli is beautiful, lavished with rich creamy Cheese Sauce.

New idea! Hot party dips

Exquisite: tiny broiled scallops dipped in lemony Hollandaise.

Fabulous kabobs. Beef cube and a cherry tomato dipped in winy Mushroom Sauce.

Easy elegance: hot shrimp and suave Newburg Sauce.

Vive la hot appetizer: tiny meatballs dipped in heady Bordelaise.

Fun-do. Cocktail franks, crusty French bread cubes . . . Cheese Sauce for dipping.

CORN-CRISPED CHICKEN

DIP in Pet Evaporated Milk . . . ROLL in crisp, golden Kellogg's Corn Flake Crumbs . . . 'n BAKE.

Have ready—3 lbs. frying chicken, cut up. Wash chicken pieces and dry thoroughly.

DIP chicken pieces in ½ cup PET® Evaporated Milk (thin milk just won't do).

ROLL in mixture of 1 cup KELLOGG'S® CORN FLAKE CRUMBS, 1 teaspoon salt, ⅛ teaspoon pepper. Place chicken pieces, skin side up, in foil-lined shallow baking pan; do not crowd. (For added flavor, drizzle with melted butter or margarine.)

BAKE in moderate oven (350° F.) about 1 hour or until tender. No need to cover pan or turn chicken while baking. Cover loosely with foil if less crisp crust is desired.

YIELD: 6 servings

© 1970 by Kellogg Company

DARROW M. WATT

Pour *soft orange custard sauce over small bowls of baked date custard at the table*

Double custard from Portugal

Portugal is noted for desserts rich with eggs. This pudding is really a type of baked custard with soft custard sauce.

PORTUGUESE PUDDING

- Orange custard sauce (recipe follows)
- 1 strip lemon peel (about ½ inch wide and 2 inches long)
- 1 pint half-and-half (light cream)
- 6 double ladyfingers
- 6 egg yolks
- ¼ teaspoon salt
- 1 teaspoon vanilla
- ⅓ cup sugar
- 2 egg whites
- ⅓ cup chopped pitted dates

Prepare custard sauce; cool and chill.

With a vegetable peeler, cut the thin strip lemon peel; add to cream and heat until scalded. Remove from heat and let steep 5 minutes, then remove peel.

Crumble ladyfingers into a bowl (you should have 1½ cups) and pour over the cream. Beat egg yolks slightly and mix in salt, vanilla, and sugar. Pour in the ladyfinger-cream mixture and mix lightly. Beat egg whites until peaks are firm, but still moist, and fold in. Turn into a buttered 1½-quart baking dish. Sprinkle dates on top. Place in a pan of hot water and bake in a 350° oven for 50 minutes, or until custard is set. Serve warm or cold with cold custard sauce. Serves 6.

Orange Custard Sauce. Scald 1½ cups milk in the top of a double boiler. Beat 3 eggs slightly and beat in ¼ cup sugar and ⅛ teaspoon salt; stir in the hot milk. Return to the double boiler, place over simmering water, and cook, stirring, until mixture coats the back of a spoon. Remove from heat and stir in 1 teaspoon vanilla and 2 tablespoons orange-flavored liqueur. Makes 2 cups.

Maybe you've never had a failure.

But how long has it been since you had a success?

Mayonnaise Cake

1 package (17½ oz.) Pillsbury Fudge Cake Mix
1½ cups water
2 eggs
½ cup mayonnaise

Generously grease and lightly flour 13x9-inch pan. In large mixing bowl, combine cake mix, water, eggs and mayonnaise. Blend and beat as directed on package. Pour into prepared pan. Bake at 350° for 25 to 35 minutes, until toothpick inserted in center comes out clean. Frost.

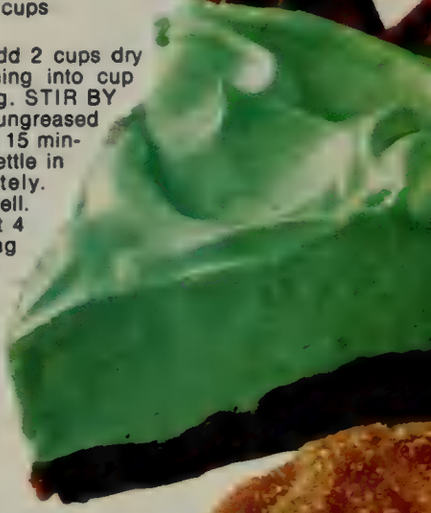
Peppermint Pie

¼ cup margarine, melted
2 cups (one-half 17½ oz. pkg.) Pillsbury Fudge Cake Mix
1 egg, slightly beaten

FILLING
1 package (5¾ oz.) Pillsbury Fluffy White Frosting Mix
½ cup boiling water
¼ to ½ teaspoon peppermint extract
¼ teaspoon green or red food coloring
1 cup whipping cream, whipped, or 2 cups prepared whipped topping

Melt margarine in large saucepan. Add 2 cups dry cake mix (measure by lightly spooning into cup and leveling with spatula) and egg. STIR BY HAND until well combined. Pat in ungreased 9-inch pie pan. Bake at 350° for 12 to 15 minutes. Pie shell will be puffy but will settle in center while cooling. Cool completely. Prepare filling. Pour in cooled pie shell. Refrigerate about 4 hours or until filling holds its shape when cut.

FILLING: Prepare frosting mix as directed on package adding extract and food coloring with the boiling water. Fold in whipped cream.



Breakfast Puffs

1 package (17¼ oz.) Pillsbury Yellow Cake Mix
½ to 1 teaspoon nutmeg
¾ cup water
¼ cup cooking oil
1 egg
3 tablespoons butter or margarine, melted
⅓ cup sugar
1 tablespoon cinnamon

Line 18 muffin cups with paper liners or generously grease and lightly flour bottom and sides of cups. In large mixing bowl, combine dry cake mix, nutmeg, water, oil and egg; mix well. Spoon into prepared muffin cups, filling ⅔ full. Bake at 350° for 25 to 30 minutes, until toothpick inserted in center comes out clean. In small bowl, combine sugar and cinnamon. Dip warm tops into melted butter, then into cinnamon-sugar mixture.

Don't just bake a cake. Create a sensation with Pillsbury Create-A-Cake Mix. The first cake mix specially made to let you be creative with smashing success. Now you can add just about anything you can think of to Pillsbury batter—including your favorite Pillsbury Frosting Mixes. It's easy. It's fun. (And on days when you don't feel like stirring up a storm, just follow basic package directions.) Create all kinds of excitement with the Create-A-Cake Mix. From Pillsbury.

Create-A-Cake Mix.

Cooking with mandarins

. . . A salad, a citrus chicken, and a citrus dessert

DARROW M. WATT

Kinnow *and Wilking mandarins are tightly segmented fruit that can be cut apart like an orange*

Chicken legs *and thighs, brightened and flavored by mandarin segments added at the last, bake in a well flavored sauce*

One of the advantages of being able to pinpoint individual varieties within a category of look alikes such as mandarins and tangerines is that you can use the fruit more effectively.

In this article we're going to deal with just two mandarins, Kinnow and Wilking, which are similar enough to be interchangeable in the recipes that follow. Markets usually identify them by varietal name but class them as tangerines—a term used loosely for bright orange citrus fruits that are not oranges.

A Kinnow mandarin is yellow-orange in color; the Wilking mandarin is a deeper orange color. Both are graded at medium size (2 to 2¼-inch diameter), but the Kinnow also comes as large as jumbo size (2½ to 2¾-inch diameter). The Kinnow's skin appears smooth, and the Wilking's looks a little pebbly. Both have slightly flattened round shapes, lots of seeds, and full rich flavor. You can peel and segment both with a knife just as you would an orange; see the technique above.

The standard salad of onions, oranges, and greens is refreshing with mandarins instead of oranges. The dressing introduces a pleasant flavor twist with tangerine juice concentrate and lime juice as the base.

MANDARIN ONION SALAD

- 3 Kinnow or Wilking mandarins
- Tangerine dressing (recipe follows)
- 1 small mild onion (red preferred)
- About 6 cups broken bite-sized pieces romaine and butter lettuce, combined

Grate enough mandarin peel to make ½ teaspoon; stir peel into the tangerine dressing.

With a knife, peel the mandarins, removing white exterior and skin, then cut segments free from membrane as in the top picture. Discard seeds.

Peel and thinly slice onion and separate into rings. Place lettuce pieces in a salad bowl and scatter onion rings over the greens, then mound the mandarin segments in the center. Pour all the tangerine dressing over the salad, mix well, and serve. Makes 4 to 6 servings.

Tangerine Dressing. Stir to blend 1 tablespoon *each* lime juice, thawed frozen tangerine juice concentrate, sugar, and tarragon vinegar, ¼ teaspoon dry mustard, and ½ teaspoon salt.

The peel of the mandarin introduces citrus flavor to this chicken dish; fresh mandarin segments are added at serving time. The brief touch of heat brings out the fruit flavor; cooking would cause the segments to disintegrate.

KINNOW CHICKEN

- 3 pounds whole chicken legs and thighs
- 2 tablespoons butter or margarine
- ½ cup *each* chopped celery and onion
- 1 cup regular strength chicken broth
- ¼ cup dry Vermouth
- 1½ teaspoons grated Kinnow or Wilking mandarin peel
- ⅛ teaspoon whole thyme
- 1½ tablespoons cornstarch
- 2 tablespoons *each* brown sugar and soy sauce
- Salt
- 1 cup Kinnow or Wilking mandarin segments, white membrane and seeds removed (4 or 5 mandarins)
- Parsley sprigs

In a frying pan cook chicken pieces in butter over medium heat until well browned on all sides; cook a few pieces at a time

Choose.
He who hesitates is out 10¢.

Nothing good comes easy.

In the case of these two mild natural cheeses, you must choose one to use the coupon: either the mild colby or the mellow cheddar.

Both are wrapped in Saran™ and dipped in wax to preserve their mild flavor. Both come bagged for easy opening and re-wrapping. Both have the fine taste of longhorn-style cheese.

Eeny, meeny . . .

perfect peanut butter partner

Spread peanut butter on one slice of bread and Sue Bee Honey Creme on the other. Super sandwich! Sue Bee Honey Creme is pure, quality honey that spreads like butter.

FREE "Honey Magic" Recipe Book. Send name and address to Sioux Honey Association Dept. 30S, Sioux City, Iowa 51105.

Sue Bee honey creme

It goes Gold Medal Director's Chair goes anywhere. Indoors and out It's the classic casual chair that knows no season Smart and so comfortable Now in a wide choice of decorator frame finishes and fabric colors See your dealer or write for literature

DARROW M. WATT

Simple *but festive dessert pairs mandarin-flavored cream with mandarin segments and semisweet or milk chocolate curls*

and do not crowd pan. Transfer browned chicken to a 2½ to 3-quart casserole. Add celery and onion to frying pan and cook, stirring, until soft. Pour in the chicken broth, Vermouth, mandarin peel, thyme; and heat to simmering. Blend cornstarch and brown sugar, then dilute with soy (add a little of the hot broth to make smooth, if needed); stir into hot broth and return to simmering, stirring.

Pour sauce over chicken, and bake uncovered in a 375° oven for 40 minutes.

Check seasoning and add salt if needed, then distribute mandarin segments over chicken, garnish with parsley, and serve. Makes 4 or 5 servings.

Orange bitters (available in fancy food sections or shops, and liquor stores) mel-

Whip cream just until it holds soft peaks: stir in reserved grated mandarin peel and sugar. Cover and chill up to 4 hours.

At serving time divide fruit and juices among 4 to 6 individual dessert dishes Stir cream and mound equally upon fruit With a vegetable peeler cut a few curls of chocolate over each dessert and serve Makes 4 to 6 servings.

The distinctive more-than-orange flavor of the mandarin is probably best emphasized in this marmalade. It has a bright deep color and a very special taste.

MANDARIN MARMALADE

5 or 6 Kinnow or Wilking mandarins
3 cups water
4½ cups sugar

Carefully peel mandarins with your fingers, keeping pieces of peel as large as possible; set aside peel.

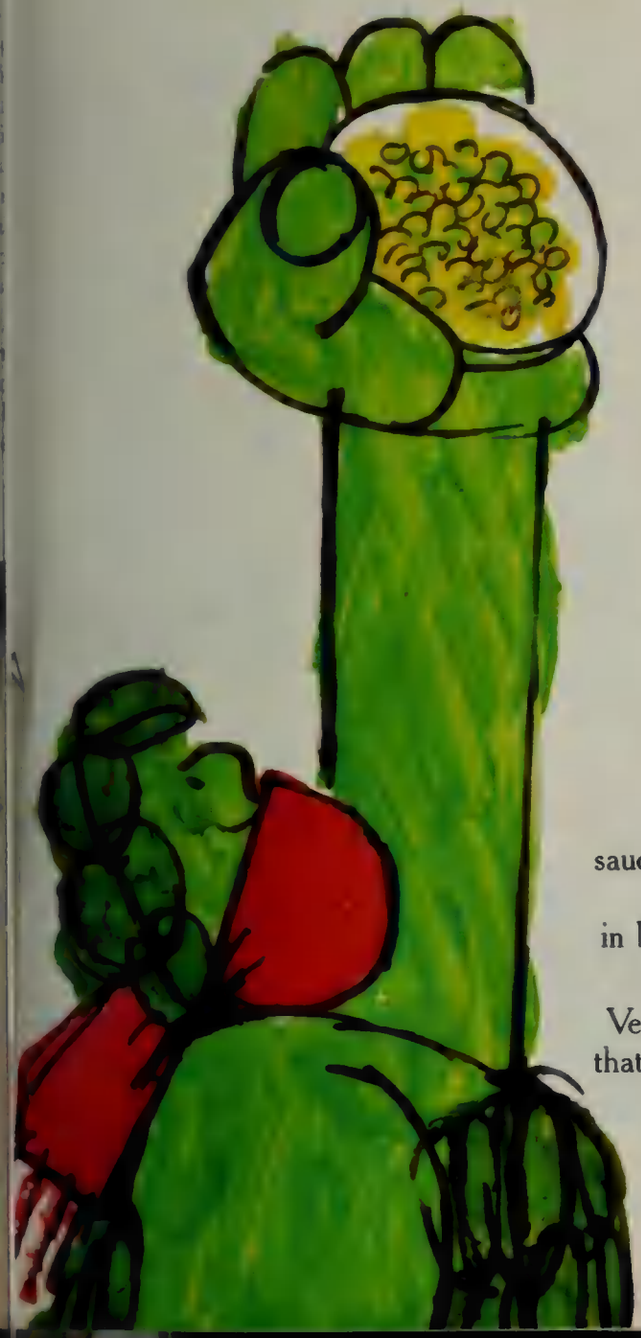
Cut mandarins in half crosswise; pick out seeds and discard. Whirl enough fruit in a blender (or rub through a food mill) to make 2 cups pulp; pour into a wide saucepan. Add water.

Very thinly slice (cut in julienne strips) enough of the mandarin peel to make ½ cup; add peel and sugar to pulp in pan Stir over medium heat until sugar is dissolved. Turn heat to high and boil rapidly, stirring frequently, until liquid sheets: Dip a metal spoon into boiling mixture, lift from pan, and drain liquid from a wide rim. When the liquid sheets two distinct drops form on spoon rim then merge and fall in a thin sheet. This takes about 40 minutes; a candy thermometer will register about 222°. Remove marmalade from heat at once.

Pour hot marmalade into sterilized jars and seal with lids. As each jar is filled invert for about 30 seconds so marmalade can sterilize lid and neck of jar. Stand upright to cool. Makes 4 cups.

What butter sauce would run off and leave tender little baby peas like these?

Not the Giant's. It clings!



The Green Giant's Le Sueur Brand little baby peas are something a butter sauce can cling to. They're tender, delicate little baby peas, (and that's little) with a flavor that makes every meal a little more special. What's more, they're frozen in a butter sauce that clings—so you get peas and butter in every bite.

Of course, that's true for all the Giant's butter sauce vegetables. They're all frozen in a butter sauce that clings. All you do is put the flavor-tight cooking pouch in boiling water, serve—and enjoy!

Try Green Giant Brand Vegetables Frozen in Butter Sauce that clings. Especially his Le Sueur little baby peas. They're a ho-ho-whole lot better.

© Green Giant Company

NABISCO
The story of TWIGS
the little snack that branched out
Once upon a time there was a beautiful new snack from Nabisco named TWIGS. It tasted like sesame-cheese, only crisper. It looked like a breadstick, only smaller. It had everything anyone could want in a snack. But it wasn't content with its place in life. It got tired of sitting in front of the television set night after night. Tired of making cocktail party conversation. Tired of being simply a snack at the great feast of life. Our little snack had a Big Dream. It wanted to be... Food! To sit at the table with salad or soup! To know the companionship of fruit and cheese. You could make that dream come true. Take some TWIGS home to dinner this week.
NABISCO
SESAME/CHEESE
TWIGS
snack sticks

On the spear? Meatballs, liver and bacon, or oysters

DARROW M. WATT

A skewer serving *of Turkish meatballs and green pepper squares*

The ancient art of spearing foods on a skewer to roast over a fire was revived for these three entrées. Each is easy to assemble and cooks quickly in a regular oven broiler.

Use all-metal or bamboo skewers, or use wooden-handled metal skewers but cover the handles with foil while broiling to protect them. Notice that the foods arranged on each skewer have been chosen so they require about the same cooking time.

The refreshing tang of yogurt or sour cream complements these mint-flavored Turkish meatballs.

TURKISH MEATBALLS

- 2 medium-sized green peppers
- Boiling salted water
- 1 pound ground lamb
- 1 pound lean ground beef
- 1/4 cup *each* fine dry bread crumbs, chopped onion, and chopped parsley
- 2 eggs
- 1 tablespoon crumbled, dried mint
- 1 1/4 teaspoons salt
- 1/4 teaspoon pepper
- Olive oil
- Quick-cooking cracked wheat, prepared according to package directions
- Unflavored yogurt or sour cream

Cut peppers into 24 pieces about 1 to 1 1/2 inches square, removing any seeds; drop into boiling, salted water and boil 1 minute. Drain immediately; set aside.

In a large bowl, combine lamb, beef, crumbs, onion, parsley, eggs, mint, salt, and pepper. Mix well and form into 30 balls about the size of golf balls. Thread 5 meatballs and 4 pepper squares on each of 6 skewers. Place on the rack of a broiler pan, brush with olive oil and cook in a preheated broiler about 4 inches from heat for about 8 minutes or until meat is done to your liking, turning to brown all sides. To serve, arrange skewers on a bed of cooked cracked wheat and pass yogurt in a separate dish. Serves 6.

This quickly prepared entrée is a good choice for lunch or a light supper.

BROILED OYSTERS EN BROCHETTE

- 1 jar (10 oz.) small Pacific oysters
- 2 tablespoons butter or margarine
- 1 tablespoon lemon juice
- 1/2 teaspoon dill weed
- 2 slices buttered toast (white or whole wheat bread)

Drain oysters well on paper towels. Melt the butter in a small pan; remove from

You can kiss your husband 11 times on the energy you get from 12 raisins.

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And for fun new ways of eating these sweet little morsels of instant energy, send for our FREE new recipe booklet, "Raisin Potpourri". It's just filled with tempting, delicious raisin recipes. Try them. You may not kiss anyone, but you'll sure have a gleam in your eye from all that raisin energy!

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Clinter Station, Fresno, Calif. 93703

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Look at it this way. Garden cutting tools have to do one thing. Cut.

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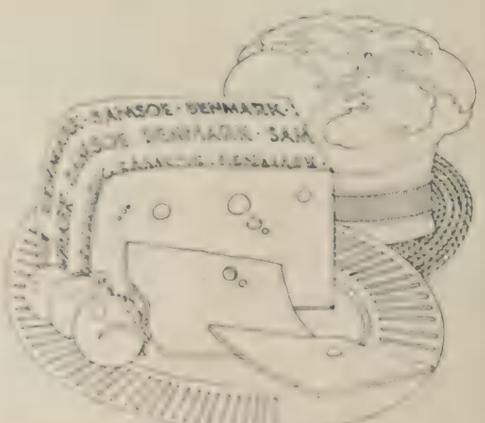
Good Housekeeping GUARANTEES

SAMSOE

the Danish cheese that translates supper into something super

Let your salads, rarebits, casseroles and cold-cut suppers speak a little Danish—with succulent Samsoe, the richly creamy, wildly wonderful, golden cheese from Denmark. With a flavor-rich accent like this, it will be quickly understood that you're a connoisseur of fine cheesing—and isn't that a deliciously different Danish idea?



Cheeses from the Fairyland Dairyland of Denmark

heat and stir lemon juice and dill weed into the butter.

Dip oysters in butter mixture and thread skewers through them lengthwise. Place on the rack of a broiler pan, in a preheated broiler 4 inches from heat. Broil about 3 minutes per side, brushing frequently with the butter mixture. Serve on buttered toast, spooning over any remaining butter. Serves 2.

The familiar flavor combination of liver, bacon, and onions takes on a lively new dimension when served from a skewer. Partly cook the bacon strips first to assure final crispness.

LIVER, BACON, AND ONION SKEWERS

- 1 package (6 oz.) beef-flavored rice mix
- 6 slices bacon
- 1 pound beef liver, sliced 1/4 to 1/2-inch thick
- Salt and pepper
- 1 can (8 oz.) small whole onions, drained

Prepare rice mix according to package directions. While you preheat the broiler, partially cook the bacon on the rack of the broiler pan, until it starts to brown but is still limp. Remove bacon and drain on paper towels. Cut liver into 12 similar-sized pieces; sprinkle lightly with salt and pepper.

To assemble the skewers, pierce one end of a bacon strip with a skewer, then thread on a piece of liver and an onion; cover with the bacon strip, pierce it again and add another piece of liver, an onion, and the other end of the bacon strip, so that the bacon forms S-curves around meat and onions. Repeat the process, using 2 strips of bacon per skewer. You'll need 3 skewers.

Place filled skewers on the rack of a broiler pan and broil 4 inches from heat for about 4 minutes; turn and broil 4 minutes longer or until bacon is crisp and the liver is cooked but still slightly pink inside. Serve skewers with the cooked rice. Serves 3.

DARROW M. WATT

Ready to broil: *partially cooked bacon threaded around liver and canned onions*

Gourmet Spices from Schilling kindle gourmet ideas

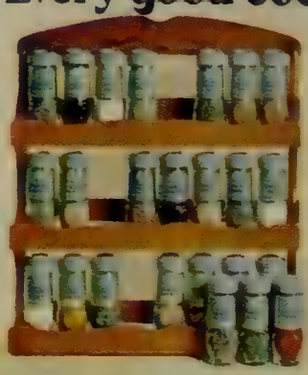
HERBED SHRIMP DIABLE

- 2 pounds raw shrimp
- ½ cup butter
- ½ pound fresh mushrooms, sliced
- 12 cherry tomatoes
- 1 cup sliced celery
- 1 teaspoon Schilling Parsley Flakes
- 2 teaspoons Schilling Freeze-Dried Chives
- ½ teaspoon Schilling Tarragon Leaves
- ½ teaspoon Schilling Ginger
- 1 teaspoon Schilling Dry Mustard
- 2 teaspoons Schilling Season-All
- ⅛ teaspoon Schilling Garlic Powder
- ¼ teaspoon Schilling MSG
- ¼ teaspoon Schilling Coarse Grind Black Pepper
- 3 tablespoons lemon juice
- ¼ cup brandy, heated

Shell and devein shrimp. Melt butter in large skillet; sauté mushrooms, tomatoes and celery 3 min. Push to one side of skillet. Add raw shrimp and sprinkle with seasonings which have been mixed together. Sauté the shrimp, stirring 2 min. Add lemon juice. Combine shrimp and vegetables. Cover and simmer 5 min. Transfer to chafing dish. Just before serving, flame with heated brandy. Nice over rice. Serves 4-6.

A good cook hangs up her medals for all to see. Row upon row of Gourmet Herbs and Spices in show-off decanter bottles. Why don't you add something exotic to your Schilling collection next time you shop?

Every good cook has a hang up.



Please send me mine—a beautiful, traditional satin-finish wood spice rack, designed especially to show off Schilling Gourmet Spices. 3 shelves (spices not included). 16" long x 2½" deep x 18½" high. Enclosed find $5.50 (check or money order). Offer void where prohibited by law.

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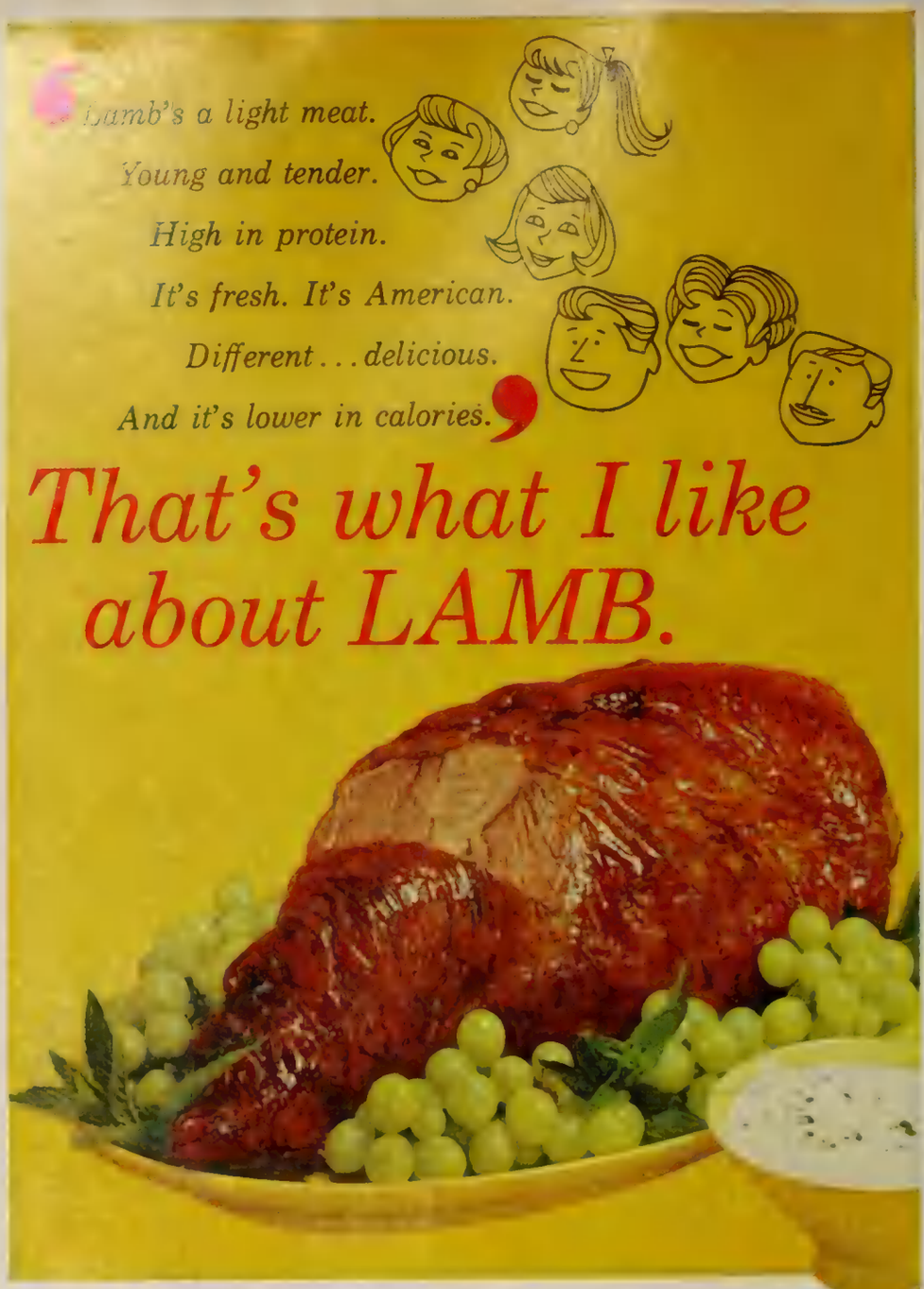
Schilling flavor makes all the difference in the world.



There's so much to like about it—shouldn't you have lamb every week? Try this recipe for a great-tasting leg of lamb.

LEG OF LAMB AMERICAN (*makes 8 servings*)

1 leg of lamb
⅔ cup grape jelly
¼ cup vinegar
½ teaspoon thyme
1 clove garlic, crushed
2 teaspoons salt
½ teaspoon pepper

Place lamb on rack in roasting pan. Roast uncovered in slow 325° oven 2 hours. Drain off drippings. Combine remaining ingredients and mix well. Pour over lamb. Roast 30 minutes or until meat thermometer registers 175° to 180° depending upon desired degree of doneness. Baste lamb with grape jelly mixture frequently as it roasts.

Be sure you are buying only fresh American lamb. Delicious, top-quality American lamb always reaches you at the peak of freshness.

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american lamb council

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DARROW M. WA

Whimsical *sopapillas, to dip in honey a butter, are made from frozen bread doug*

A sweet snack from Mexico

In Mexico a favored sweet snack is sop pillas, a fried pastry that ranges great in character, but is comparable to o doughnuts. This especially easy versi makes use of frozen yeast bread doug The hot bits may be eaten when fir cooked or rewarmed; you dip each bite heated honey and butter.

SOPAPILLAS

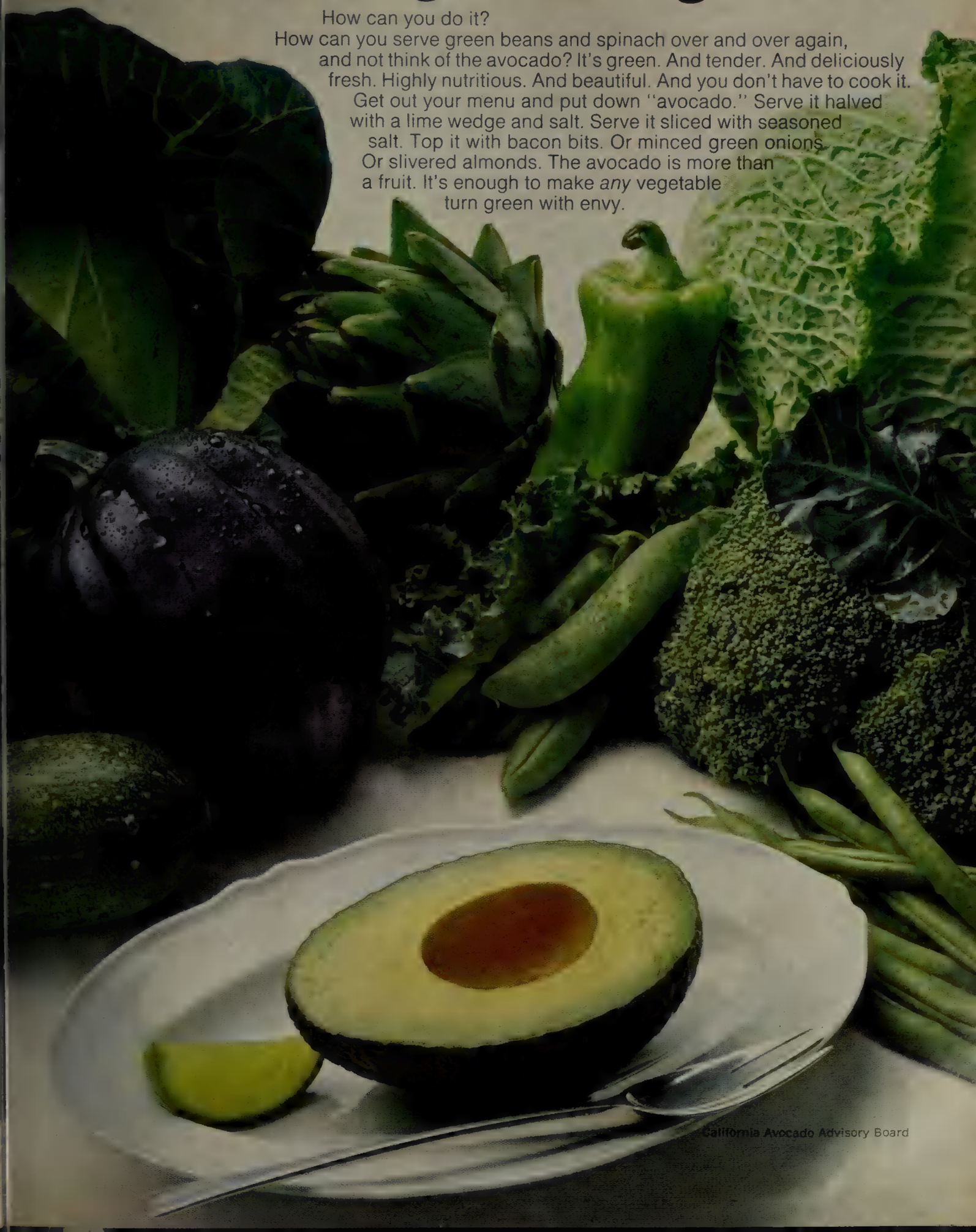
Thaw a 1-pound loaf of frozen wheat white bread dough. Heat 1 or 2 inch salad oil in a small saucepan to 375°. Te off lumps of dough ¾ inch in diamete stretch thin and drop into oil.

Cook about 1½ minutes or until sop pillas are well browned, turning; drain paper towels. Serve hot or reheat on baking sheet in a 375° oven for about minutes. Dip each bite in a mixture ½ cup honey heated with 3 tablespoo butter. Makes about 60 pieces.

Cook a few *stretched bits of dough at time in hot salad oil; keep the oil at 37*

Think of the avocado as an exotic green vegetable.

How can you do it?
How can you serve green beans and spinach over and over again, and not think of the avocado? It's green. And tender. And deliciously fresh. Highly nutritious. And beautiful. And you don't have to cook it. Get out your menu and put down "avocado." Serve it halved with a lime wedge and salt. Serve it sliced with seasoned salt. Top it with bacon bits. Or minced green onions. Or slivered almonds. The avocado is more than a fruit. It's enough to make *any* vegetable turn green with envy.



California Avocado Advisory Board

For big groups . . . a big salad

One simple and effective way to serve a large group is to follow a basic menu plan that includes just four items: a generous salad of well dressed greens, the main meat dish, and hot bread or rolls to accompany it, all presented on a buffet; then a dessert, served either at the table or buffet-style, too.

The salad plays a key role in such a menu scheme. Here are suggestions to help insure that it arrives at the buffet table cold and crisp. The three salad recipes that follow, all with make-ahead dressings, are particularly well suited to large-scale preparation and buffet serving.

HOW TO PREPARE THE GREENS

Buy the greens the day before the party, selecting the freshest ones available. Wash them as soon as possible, so they will drain thoroughly before they are stored overnight in the refrigerator. By party time the greens should be crisp and dry so that the dressing will coat all leaves thoroughly.

To wash iceberg lettuce, cut out the core, and hold the head under lukewarm running water, gently separating the leaves just enough to clean them well. Separate the leaves of romaine, butter lettuce, and leaf lettuce and wash each well. For watercress, open up the bunch and wash gently in several changes of water.

Discard bruised leaves of any of the greens and shake off as much water as possible. Drain well on a pad of paper towels or clean dish towels, propping the leaves upright as much as possible so all excess water will run off.

After about half an hour, when the greens are well drained and just damp, wrap them loosely in a clean towel or paper towels and store in the crisper unit of the refrigerator or in large plastic bags. If refrigerator space is lacking, a picnic ice chest containing ice cubes can be used; put the bags of greens above the ice.

Early the day of the party break the greens into bite-sized pieces and put them into the serving bowl; cover the bowl tightly and refrigerate until time to ad dressing and serve. Or put the pieces ba into the plastic bags and keep tight closed and cold. Or wait to break up t greens until just before serving.

The dressings for these salads can made ahead. In addition most of the ext vegetables and other ingredients can ready ahead to mix into the salad.

The salads are each planned to serve 1 but they are easily multiplied to ma 24, 36, or more servings. A 12-servi salad (about 4 quarts) is easiest to m if put into a bowl that is at least 6-qua capacity. If possible, select a bowl that wider than it is deep, or use a large sh low tray. (In a deep bowl, the leaves the bottom are likely to become crush by those above them.)

If serving more than 12, consider mixi and serving just half of the salad; lat add dressing, mix, and serve the remai ing greens.

Shallots flavor this mixed green salad wi a creamy dressing that contains cook egg yolks. We include very crisp gree and, for contrast, some that are less fir For a tangy accent, you could substitu about 1 cup chicory (also called cu endive) for the watercress. This sal goes well with roast lamb or pork.

When you make today's coffee...

IXED GREEN SALAD WITH EGG SAUCE

- 1 medium-sized head romaine
- 1 bunch red leaf lettuce or 1 small head iceberg lettuce
- 2 heads butter lettuce
- 1 bunch watercress
- 3 hard-cooked eggs
- 1/2 teaspoon salt
- 1/8 teaspoon freshly ground pepper
- 4 teaspoons Dijon-style mustard or 1/2 teaspoon dry mustard
- 6 tablespoons tarragon flavored white wine vinegar
- 3/4 cup salad oil
- 1/3 cup olive oil
- 1/2 teaspoon *each* sugar and summer savory
- 1/4 cup minced fresh shallots or 1/2 cup sliced green onions

ash, drain, and refrigerate the greens as rected on opposite page.

parate the yolks and whites of the eggs. op the whites and refrigerate them.

a blender container combine egg yolks, lt, pepper, mustard, and half the vine-r. Blend at low speed for about 1 min-e. (Or mash the egg yolks with a fork d beat the mixture using an electric ixer.) Slowly drizzle the oils into the g mixture while blending or beating. ir in the remaining vinegar, sugar, sum-er savory, and shallots. Pour into a wl or jar, cover, and refrigerate at least hours or overnight. If dressing sep-ates, mix to blend before serving.

eak the greens into bite-sized pieces. Place greens and chopped egg whites in a salad bowl, pour dressing over them, and mix lightly until each piece of green is coated. Makes about 12 servings.

Marinated artichokes help flavor the dressing in this salad to serve with ham or barbecued beef.

GREENS WITH AVOCADO DRESSING

- 3 medium-sized heads romaine or 2 large heads iceberg lettuce
- 2 fully ripe avocados
- 1/2 cup lemon juice
- 2 jars (6 oz. *each*) marinated artichoke hearts
- 1/2 cup orange juice
- 1/2 cup mayonnaise
- 2 tablespoons finely chopped green onions
- 1 bunch radishes, sliced
- 1 cucumber, peeled and sliced

Wash, drain, and refrigerate the romaine as directed on opposite page.

In the large bowl of an electric mixer, beat avocados and lemon juice until smooth. (Or mash together with a fork.) Drain artichoke hearts and pour marinade into the avocado mixture, reserving the hearts. Add the orange juice, mayonnaise, and onions; beat until blended. Cover and refrigerate at least 4 hours or overnight.

Break the romaine into bite-sized pieces. Cut each artichoke heart into 3 or 4 pieces. Store artichokes, radishes, and cucumber separately in the refrigerator.

At serving time, combine the romaine, radishes, cucumber, and artichoke hearts. Pour the dressing over the vegetables and mix well. Makes about 12 servings.

In this salad croutons top a crisp bed of romaine dressed with a creamy, rich anchovy and blue cheese mixture. Try it with roasted turkey or beef roast.

ROMAINE AND ANCHOVY SALAD

- 3 medium-sized heads romaine
- 2/3 cup *each* sour cream and mayonnaise
- 4 ounces (1 cup) crumbled blue cheese
- 1 can (2 oz.) anchovy fillets, drained and finely chopped
- 1 tablespoon lemon juice
- 1/4 teaspoon Worcestershire
- 2 cups prepared garlic-seasoned croutons (about 3 oz.)

Wash, drain, and refrigerate the romaine as directed on opposite page.

Using a blender, electric mixer, or rotary beater, whip together the sour cream, mayonnaise, cheese, anchovies, lemon juice, and Worcestershire until blended. Pour into a bowl, cover, and refrigerate overnight.

Put romaine and 1 1/2 cups of the croutons in a large salad bowl. Pour dressing over them and mix gently. Distribute remaining croutons over the top of the salad. Makes about 12 servings.

COOKING WITH Kellogg's

crunchy fudge sandwiches

Build 'em high and fill 'em tasty with Kellogg's Rice Krispies and Nestlé's Morsels

- 1 6-oz. pkg. (1 cup) NESTLÉ'S® BUTTERSCOTCH MORSELS
- ½ cup peanut butter
- 4 cups KELLOGG'S® RICE KRISPIES® cereal
- 1 tablespoon water
- 1 6-oz. pkg. (1 cup) NESTLÉ'S® SEMI-SWEET CHOCOLATE MORSELS
- ½ cup sifted confectioners' sugar
- 2 tablespoons soft butter or margarine

1. Melt Butterscotch Morsels with peanut butter in heavy saucepan over very low heat, stirring until well blended. Remove from heat.
2. Add Rice Krispies cereal; stir until well coated with butterscotch mixture. Press half of cereal mixture into buttered 8 x 8 x 2-inch pan. Chill in refrigerator while preparing fudge mixture. Set remaining cereal mixture aside.
3. Combine Chocolate Morsels, sugar, butter and water in top of double boiler; place over hot water and stir until chocolate melts and mixture is well blended. Spread over chilled cereal mixture. Spread remaining cereal mixture evenly over top. Press in gently. Chill. Remove from refrigerator for about 10 minutes before cutting into squares.

Yield: about 25 1½-inch squares

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DARROW M. W.

Complete *this substantial Florentine m estrone with grated Parmesan che*

Minestrone in th Florentine style

A bean called cannellini, or white kid bean, is the traditional base of the mi strone served in and about the Ital city of Florence.

Until quite recently, this bean was common in the West, but now it is av able canned; and when combined w broth and a few vegetables, includ Swiss chard, it produces a most authen tasting Florentine minestrone.

Only innovation in our recipe is omiss of the omnipresent pasta; if you ar purist, add ½ cup uncooked maca when you add the green tops of the ch

FLORENTINE MINESTRONE

- 3 cans (15-oz. size) or 2 cans (20-oz. size) white kidney beans and juices
- 6 cups regular strength chicken broth (or 3 cans about 14-oz. size)
- 2 cups water
- Sautéed tomato sauce (recipe follows)
- 1 large onion, finely chopped
- 2 stalks celery, finely chopped
- ½ cup finely chopped parsley
- ½ teaspoon whole rosemary, crumbled
- 1 bunch (½ to 1 lb.) Swiss chard
- Salt
- Grated Parmesan cheese

In a 5-quart or larger kettle coml beans, broth, water, sautéed tomato sa onion, celery, parsley, and rosemary. F ly slice the white stems of the chard add to pan. Bring to a boil and sim uncovered for 10 minutes.

Finely slice the green tops of the cl and stir into soup; simmer uncovered 10 minutes more. Add salt if needed.

Ladle into soup bowls and pass Parme cheese to sprinkle over soup. Makes al 5 quarts or 10 main dish servings.

Sautéed Tomato Sauce. In 2 tablesp olive oil, cook 1 large chopped onion 2 seeded chopped tomatoes until onio soft and the liquid has evaporated.

Add some spice to your life!

Serve Patio Burrito Rolls — the most lexican Mexican party snack!

Hot, crispy pastry shells with three different fillings. Savory beef. Or Mexican bean flavored with bacon. Or chicken with bits of red and green peppers. You'll find Patio Burrito Rolls in your grocer's freezer — next to the ordinary party snacks!

the West®

ıg . . . by men . . . for men

¼ cup Sherry
6 large slices French bread, toasted

Cut onions into ¼-inch-thick slices. Place in a large (5-quart) pan with oil, cover, and cook about 10 minutes. Uncover and continue to cook over moderate heat, stirring often, until lightly browned. Sprinkle flour over and stir. Add brown gravy sauce, the beef broth (or water and bouillon cubes), dry white wine, pepper, and Worcestershire. Cover and simmer at least 30 minutes. Taste and correct seasonings. Stir in ½ cup of the grated Swiss cheese and the Sherry.

Pour soup into 6 individual ovenproof dishes, about 1½ cups soup in each. In

AAUW CHICKEN POT PIE

2 broiler-fryer chickens, 3 to 3½ pounds each
1 small onion, diced
2 stalks celery, diced
About 2 teaspoons salt
6 whole black peppers
1 bay leaf
About 3 cups water
1 cup evaporated milk (undiluted)
6 tablespoons flour
Pinch saffron
⅛ teaspoon pepper
1 can (2 oz.) sliced pimiento, drained
2 hard-cooked eggs, diced
Biscuit topping (recipe follows)

In a Dutch oven place the chicken, onion, celery, 1 teaspoon of the salt, peppers, and bay leaf. Add 3 cups water, bring to

try the improved oatmeal!

Once you've tried the tiny, tender oat flakes teamed up with wheat germ in Instant Cream of Oats you'll agree . . . you just can't buy a more flavor-filled breakfast that cooks so fast and creamy right in the bowl. Open a pouch, pour it in a bowl, add boiling water and stir! If you like oatmeal, you'll love the flavor and convenience of Instant Cream of Oats!

. . . and here is another poured oatmeal! It takes a little more time but you'll never [illegible] the [illegible] sun-ripened oats and nourishing wheat germ.

National Oats Company, Inc.
Cedar Rapids, Iowa

a boil, and simmer gently 45 minutes or until chicken is tender. Remove from heat and let cool in liquid. When cool, remove meat from chicken, discarding skin and bones. Cut meat in large chunks. You should have 5 to 6 cups.

Strain liquid and measure 2 cups. Gradually blend the milk into flour until smooth and stir into stock. Cook, stirring, over medium high heat until it boils and thickens; stir in saffron, the remaining 1 teaspoon salt (or to taste), pepper, pimiento, and eggs. Place chicken in a 2½-quart baking dish; pour sauce over it. Bake in a 400° oven for 10 minutes; remove from oven, arrange biscuits on top, and continue to bake until biscuit top is well browned and mixture hot and bubbly, about 20 minutes. Makes 6 to 8 servings.

Biscuit topping. Prepare 2 cups biscuit mix according to package directions for rolled biscuits. (Or use your own favorite recipe based on 2 cups of flour.) Roll out to about ½ inch thick and cut with a biscuit cutter into 2-inch rounds.

Hansel N. Stokes
Redondo Beach, Calif.

All of us Westerners live near enough to artichoke country to share its abundance. Artichokes are prime right now and continue so through April. The sight of so many as he drove by the growing fields was almost too much for David Horine, but his story has a happy ending:

"Returning from a scuba dive in Monterey, I stopped near Castroville and purchased some artichokes to complement the fish I had caught for dinner. Because of economy, I bought a *large* sack and thus assumed the awesome task of finding a use for so many. I decided that a marinade would be the answer. Finding no adequate recipes, I proceeded to invent my own."

To judge by the name he gave it, he doesn't believe in understatement. But the recipe deserves superlatives.

MAGNIFICENT MONTEREY MARINADE

3 dozen small artichokes (about 2½ inches diameter)
Water
Vinegar or lemon juice
1 teaspoon salt

Marinade

3 cups olive oil
1¾ cups white vinegar
1 teaspoon seasoned pepper
6 bay leaves
5 cloves garlic, mashed
2 teaspoons salt
⅛ teaspoon *each* oregano and thyme
¼ teaspoon basil
½ teaspoon finely chopped parsley
1 tablespoon lemon juice

Peel off outer leaves from artichokes until you get to the tender yellow inner leaves that are entirely edible. Cut off top third and trim bottoms. Keep cut artichokes in water to which vinegar or lemon juice

"For economy I bought a large s

(about ¼ cup of the acid for each q of water) has been added, to reduce coloration. When all are trimmed, p artichokes in large pan and add en water to cover generously, then stir tablespoons vinegar and 1 teaspoon Cover, bring to a boil, and simmer 15 minutes, or until completely tend

While artichokes are cooking, mix gether all ingredients for the marinad

Drain artichokes well, then place paper towels. Cut each one in half le wise. Place marinade in a large bow pan and immerse all the artichokes, t ing them over a few times to make the marinade permeates them. Refrig overnight, then put in a large jar, c and refrigerate—using as desired. longer they stay in the marinade, better they taste. Makes about 10 of marinated artichokes.

David A. Horin
Los Altos, Cal

Lamb shanks travel first class in dish. Oliver H. Williamson calls th companiment Javanese Rice because is exactly the way my rice was prep for me by a native cook when I liv Surabaya, Java (now Indonesia) in 19

LAMB SHANKS WITH MUSHROOMS AND JAVANESE RICE

4 lamb shanks (bones uncut)
3 bay leaves
1 cup water
1 teaspoon oregano
1½ tablespoons soy sauce
1 teaspoon paprika
½ pound large fresh mushrooms, thickly sliced
2 tablespoons *each* cornstarch and cold water
Javanese rice (recipe follows)

Place lamb shanks in a 9 by 13- baking pan. Add bay leaves, water, gano, soy sauce, paprika. Cover with and bake in a 400° oven 1 hour. Rem stir in mushrooms, cover again, and l

Stop prewashing your dishes. Finish does it for you.

Finish has an extra-active chemical to scrub away stuck-on food.

Even in hardest water.

When you use Finish, it's like having a chemical brush scrubbing away in your dishwasher.

Dishes and glassware will come out spotlessly clean.

Every time.

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"I'LL HAVE DRY SACK ON THE ROCKS"

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World-Famous Sherries From Spain

WILLIAMS & HUMBERT

DRY SACK

Julius WILE NEW YORK

"Lamb shanks travel first class"

1 hour longer, or until tender.

Lift lamb shanks and mushrooms t warm serving platter; keep warm. S fat from meat juices; blend cornsta and water together; pour into jui Cook, stirring, until thickened. Pass i separate bowl to spoon over. Serves

Javanese Rice. Pour 3 cups water i large (3-quart) saucepan. Add 2 t spoons curry powder, 3 teaspoons p dered beef stock base, and 4 tablespo (½ cube) butter or margarine. Place c heat and bring to a rolling boil, then in 1½ cups long grain rice. Let bo minutes; stir. Reduce heat until the liq barely simmers. Cover pan tightly simmer 20 to 25 minutes. Serves 4 to

Olive H. Williamson

Del Mar, Cali

DARROW M. WAT

Cheese carrot

For an easy and amusing appetizer serve these with crisp crackers.

Shred ½ pound Cheddar cheese mix with ½ teaspoon Worcester shire and 1 tablespoon grated raw onion. For each appetizer measure 1 tablespoon of the cheese mixture and squeeze and roll between palms to a carrot-shaped cylinder. Poke a sprig of parsley in the top. Makes about 2 dozen appetizers.—*M. S. Canoga Park, Calif.*

FLAV-R-PAC
Peas Chinese
FLAV-R-PAC Frozen Peas (10-oz. package) defrosted
½ cup thinly sliced celery
1½ cups boiling water
1 teaspoon salt, or as desired
1 tablespoon butter or margarine
1 chicken bouillon cube
1 tablespoon cornstarch
¼ cup cold water
½ cup thinly sliced water chestnuts
¼ cup toasted slivered almonds
Combine peas, celery, ½ cup hot water, salt and butter in tightly covered saucepan. Cook covered over low heat until peas and celery are tender but crisp. Add bouillon cube and allow to dissolve. Combine cornstarch and cold water and stir until smooth. Add cornstarch mixture, remaining 1 cup boiling water and water chestnuts to peas. Cook until thickened, stirring while heating. Pour into serving dish and sprinkle almonds over top. 4 servings.
YOU'LL SEE THIS U.S.D.A. FANCY SHIELD ON FLAV-R-PAC
FLAV-R-PAC
GREEN PEAS
KEEP FROZEN
FLAV-R-PAC
SWEET PEAS
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GREEN PEAS
NORTH PACIFIC GROWERS & PACKERS, INC. Portland, Oregon 97202

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This ham has been completely boned. It has been trimmed, cured, smoked, and cooked according to the specifications of the Hormel "Cure 81" process and has been judged of proper quality to be registered as a "Cure 81" Ham.

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Hormel Curemaster

61703

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NOTE: This "Cure 81" is fully cooked and ma served cold immediatel To serve hot, heat in oven 18-20 min. per po

No other ham is numbered, registered and guaranteed.
Cure|81. The world's most nearly perfect ham. Hormel
A FEDERALLY INSPECTED PRODUCT

Italian cheese pies for Easter

ıer of these savory pies makes an in-
ɡuing entrée for a late supper or special
cheon. Both are Easter specialties of
lian origin. Three cheeses—ricotta,
rmesan, and Swiss—provide the
ımy custardlike filling.

rinated artichoke hearts enrich this
ıoese pie. Serve it for a first course,
owed by steak or a roast. Or accom-
ı y with salami or other sliced cold
ıts for a luncheon or late supper.

ı dough is the basis for the thin flaky
st. You may buy it in food stores
:ializing in Near Eastern foods. If fila
'ozen, let it thaw at room temperature
ɔre using. Refreeze fila you don't use,
pped tightly in clear plastic film.

ICHOKE RICOTTA PIE

5 jars (6 oz. *each*) marinated artichoke hearts
1 bunch green onions
About 4 tablespoons olive oil
1 pound ricotta cheese
½ cup sour cream
4 eggs
¾ cup grated Parmesan cheese
1 cup shredded Swiss cheese
½ teaspoon tarragon
10 sheets fila (approximately 12 by 18 inches)

in artichoke hearts well (the marinade
:es a good dressing for salad greens).
:ly chop onions and sauté in 1 table-
ɔn of the oil. Beat together the ricotta,
cream, eggs, Parmesan, Swiss cheese,
tarragon, beating just until smoothly
ded. Add the drained artichoke hearts
sautéed onions. Lay out fila dough
cover with clear plastic film to keep
om drying out while you work.

ɜh bottom and sides of a 9 or 10-inch
d cheesecake pan (one with spring-
:se sides or removable bottom) with
: oil and fit 1 sheet of fila into bottom
sides, letting it lap over sides; brush
ightly with oil. Arrange 4 more sheets
la in pan, brushing each lightly with
Pour in the artichoke filling and
ɔth the top.

:r with 5 more sheets of fila: To do
first brush one sheet lightly with oil
fold in half; lay on top and fold in
ila which hangs over the sides. With
remaining 4 sheets, oil and fold each
lf. Place on top and tuck edges under,
ing to fit the top. Bake in a 400°
for 40 minutes or until fila is lightly
ned and cheese mixture is set. Let
completely and serve at room tem-
:ure. Cut in wedges.

ou wish to make a day in advance,
ool on a rack, then refrigerate. To

DARROW M. WATT

Creamy cheese filling *surrounds marinated artichoke hearts in this Italian Easter pie*

serve the next day, reheat in a 375° oven for 10 minutes, just to crisp crust.) Makes 8 to 10 servings.

This other pie is based on an easy biscuit mix crust and a spicy sausage and cheese filling. Consider it for an appetizer course, cut in small wedges; or serve generous pieces for an entrée.

HAM AND SAUSAGE PIE

1 pound Italian garlic sausage
1 pound ricotta cheese
4 eggs
½ cup grated Parmesan cheese
1 cup shredded Swiss cheese (¼ lb.)
½ cup finely chopped parsley
3 hard-cooked eggs, chopped
½ pound sliced center-cut ham
Biscuit pastry (recipe follows)
1 egg yolk mixed with 1 tablespoon water

Place sausages in a shallow pan and cook in a 350° oven for 30 minutes; cool slightly, remove skin, and chop coarsely.

Beat ricotta and eggs together until blended. Mix in Parmesan and Swiss cheeses, parsley, and hard-cooked eggs. Cut ham in julienne strips and mix in along with chopped sausage. Roll out half of biscuit pastry on a lightly floured board to fit a 10-inch pie pan. Spoon in the filling. Roll out remaining pastry and fit on top of pie; pinch edges to seal. Brush top with egg yolk mixture and make 2 slashes for steam to escape.

Bake in a 375° oven for 35 to 40 minutes, or until richly browned. Let cool slightly. Serve warm or cold, cut in wedges. To reheat, place pan, uncovered, in a 375° oven for 15 minutes. Makes about 8 entrée servings or 12 to 14 appetizer servings.—*T. A., Los Banos, Calif.*

Biscuit Pastry. Mix together 2 cups biscuit mix, 1 egg, and ¼ cup cold water. Press into a ball.

Oceanburger

A new way to serve fish sticks. On a bun with a tangy new cheese topping. Tabasco brand pepper sauce gives it that exciting mmm-what's-in-it taste.

1 can Cheddar cheese soup (10¾ ozs.)
½ teaspoon dried onion flakes
¼ teaspoon Tabasco pepper sauce
1 teaspoon Worcestershire sauce
½ teaspoon crushed oregano
2 teaspoons lemon juice
1 pound cooked fish sticks
6 hamburger buns, slightly toasted
Dill pickle slices

In saucepan, simmer first 6 ingredients for 15 minutes, stirring occasionally. Spoon over fried fish sandwiches. Garnish with pickle slices.

TABASCO, *made from the juices of ripe peppers.*

TABASCO is the registered trademark for McIlhenny Co. pepper
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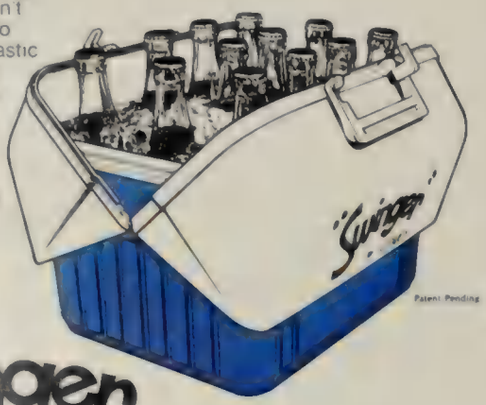
Just for the record, our new Swinger is a PICNIC COOLER. In fact, it's a whole new kind of picnic cooler — neat, compact and just right for keeping 12 king-size bottles or cans icy cold all day long. It has our unique new "clam-shell" lid that can't blow away or get lost because it's attached to The Swinger's tough, hard-shell, insulated plastic body. It fits in anywhere, from the floorboard of a compact car to the back seat of a canoe. But, [illegible] people, you'll probably find a lot of other uses for The Swinger. Because it requires a great tackle kit, tackle box, sewing basket — [illegible] you name it. (In a pinch, you can even use it to soak your sprained ankle.) This year, ice down your favorite fun beverage in The Swinger. And be as creative as you want. Buy two. Because The Swinger [illegible]



Swinger™

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COVEY CORPORATION

8101 Carpenter Freeway Dallas 7524 214-631-1410 DIVISION OF BURGESS INDUSTRIES

Arrange fish steaks *in spicy tomato sau top with shelled shrimp before baki*

A Brazilian way with fish

For this Western version of a robust Br zilian fish dish you can use froz Greenland turbot or swordfish for t firm white fish native to South Ameri Thaw the fish completely and pat dry paper towels before cooking.

BRAZILIAN-STYLE BAKED FISH

- 3 tablespoons olive oil or salad oil
- 1 medium-sized onion, chopped
- ¼ cup green pepper, chopped
- 2 cloves garlic, minced or mashed
- 3 canned California green chiles, seeded and chopped
- 1 can (1 lb. 12 oz.) pear-shaped tomatoes
- ¾ teaspoon salt
- ¼ teaspoon pepper
- 1½ pounds turbot fillets or swordfish steaks, cut about ½ inch thick
- 1 pound medium-sized raw shrimp, shelled and deveined
- 3 tablespoons lemon juice
- 2 tablespoons chopped parsley
- Hot cooked rice

Heat 2 tablespoons of the oil in a fryi pan over medium heat; add onion, gre pepper, and garlic and sauté until oni is limp. Add chiles, tomatoes (breaki them up with a fork), salt, and pepp simmer, uncovered, for 20 to 25 minu or until thickened.

Turn into a shallow baking pan (about quart size) and arrange fish fillets steaks on sauce; top with shrimp. Driz with the remaining 1 tablespoon oil a the lemon juice. Cover pan with foil; ba in a 400° oven for 30 to 35 minutes until fish flakes easily with a fork. Sprin with parsley; serve fish with rice, spo ing sauce over all. Makes about 6 se ings.—*R. S., Pleasanton, Calif.*

Try the dogs that make people sit up and beg.

heese'n Frank Crescents

Try this fresh lunchtime/anytime idea. It's easy.

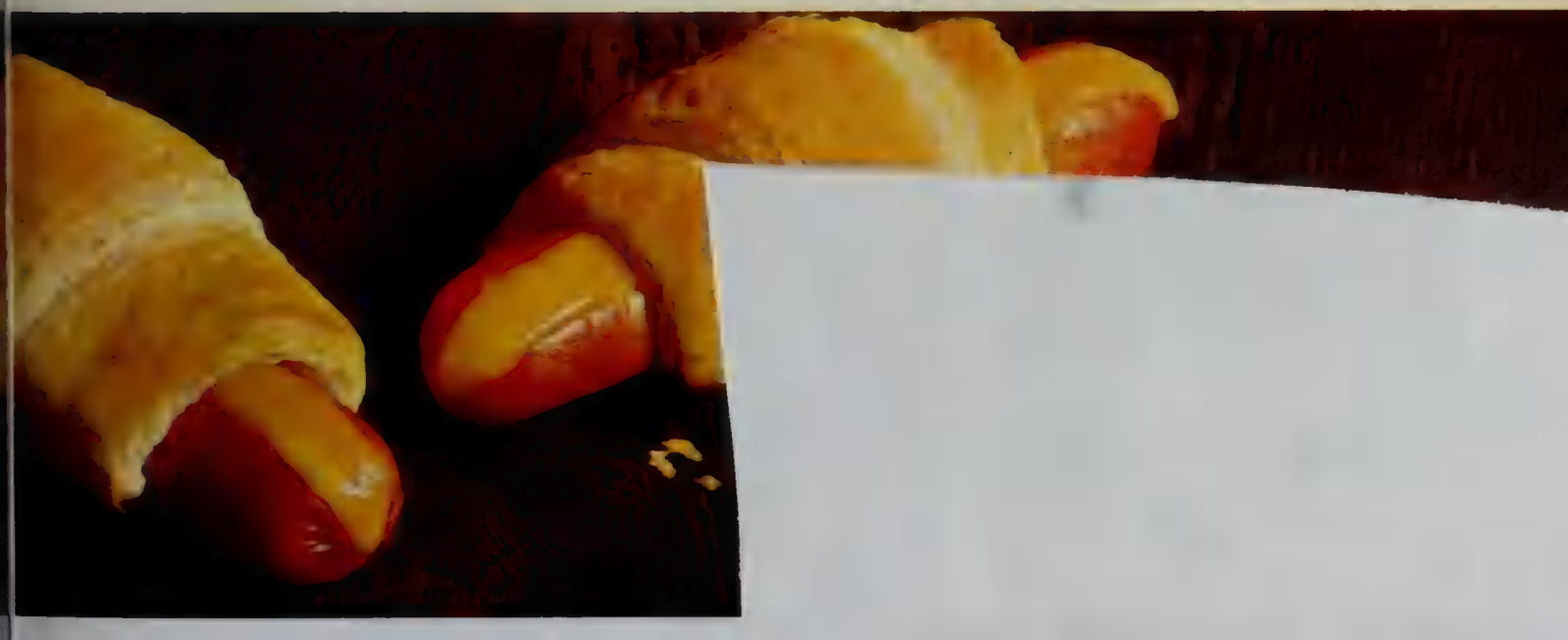
Stuff hot dogs with Cracker Barrel® Brand Cheddar. (It's the cheese that's wrapped in double-strength aluminum foil to preserve its carefully-aged flavor.)

Wrap 'em up with Pillsbury Crescent Dinner Rolls. (They bake up light and flaky like fine pastry because they're made from layers and layers of Poppin' Fresh Dough.)

Serve Cheese 'n Frank Crescents to your family soon. Sit back and listen for the WOWS!

(Look for this recipe on the back of the Pillsbury Crescent Dinner Roll package: Slit 8 franks; insert pieces of Cracker Barrel® Brand Cheddar from Kraft in each. Place franks on dough triangles; roll up and bake.)

In the deli case.



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SUN

DARROW M. WATT

ek avocado half is served with lime dges and powdered sugar for dessert

)essert surprise... it's avocado

ocado for dessert? South Americans en serve it that way. These three estern recipes illustrate the avocado's ssert-fruit qualities.

e simple fruit plate, smooth chiffon , and frosty sherbet served in a pine-ple all begin with a basic combination avocado, citrus juice, and sugar.

OCADO DESSERT PLATE

r each serving allow ½ of a fully ripe ocado, peeled and seeded; ½ fresh lime, in wedges; and about 2 tablespoons ed powdered sugar. Sprinkle avocado h lime or lemon juice to retard dark-ng. To serve, arrange avocado, lime dges, and powdered sugar as pictured ve on individual serving plates; then guests mash bites of avocado with e and sugar as they wish.

pare this pie up to a day in advance l refrigerate until ready to serve.

OCADO CHIFFON PIE

9-inch baked pastry shell
2 egg whites
¼ cup sugar
2 large fully ripe avocados, peeled and seeded
¼ cup lime juice
¼ cup lemon juice
½ teaspoon grated lemon peel
1 can (15 oz.) sweetened condensed milk
Several thin slices of lime (optional)

pare and bake the pastry shell using ir own recipe or a pie crust mix. Cool. it egg whites until soft peaks form, then gradually add sugar, beating until stiff peaks form; set aside.

In another bowl, beat avocados until mashed. Add lime juice, lemon juice, and lemon peel and beat until well blended. Then gradually add sweetened condensed milk and beat until combined. Fold meringue into avocado mixture, then spoon into pie shell. Garnish with lime, if desired. Cover and refrigerate until thoroughly chilled (at least 3 hours). Makes 6 to 8 servings.—*R. J., Los Angeles.*

Serve avocado sherbet packed into a pineapple shell, accompanied by the fruit cut into rounds (half a recipe fills one shell). *Or* serve avocado sherbet with a canned fruit such as peaches, mandarin oranges, apricots, or pineapple.

AVOCADO SHERBET

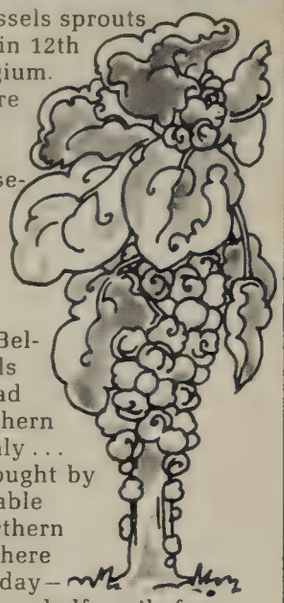
2 large fully ripe avocados, peeled and seeded
¼ cup lemon juice
2 cups buttermilk
1¼ cups sugar
2 egg whites

Whirl avocado pulp in blender, or beat with electric mixer, until smooth; then add lemon juice, buttermilk, and 1 cup of the sugar; whirl or beat until blended. Pour mixture into a shallow pan, cover, and freeze until solid about 1 inch around sides (1 hour).

Beat egg whites until soft peaks form, then gradually add remaining ¼ cup sugar. Continue beating until stiff peaks form. At low speed, beat partially frozen avocado mixture into meringue. Pour into freezer container and freeze until firm. Soften slightly before serving. Makes 1½ quarts.—*H. L. N., San Francisco.*

Spoon *icy avocado sherbet from pineapple shell over slices of the fresh fruit*

It took 800 years to bring you perfect Brussels sprouts

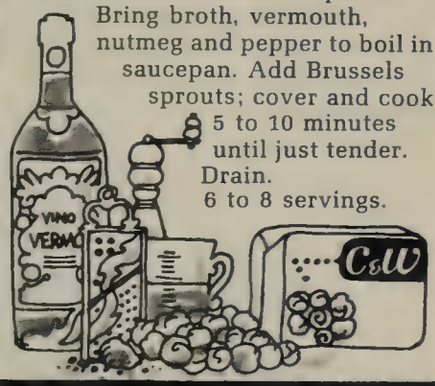


The first Brussels sprouts were grown in 12th Century Belgium. But they were nothing like the tender, succulent rose-like sprouts you see growing on this incredible looking plant. From Belgium, Brussels sprouts spread through Northern Europe to Italy . . . and were brought by Italian vegetable lovers to Northern California, where they grow today—never more than half a mile from the nourishing mists of the sea. That's where C&W picks the choicest, tiniest, mildest ones—right at their prime—and quick freezes them for your year-round enjoyment. Cook C&W frozen small-size Brussels sprouts quickly, just as they come from the package. Or for a more classic continental treat, serve them this way:

C&W Frozen Brussels Sprouts Belgique

1½ cups chicken broth or bouillon
4 teaspoons dry vermouth
¼ teaspoon nutmeg, Dash pepper
3 packages (10 ounces each) frozen C&W small-size Brussels sprouts

Bring broth, vermouth, nutmeg and pepper to boil in saucepan. Add Brussels sprouts; cover and cook 5 to 10 minutes until just tender. Drain. 6 to 8 servings.



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BEEF TENDERLOIN STROGANOFF

Famous at BROWER'S for 29 years. Choice beef braised, then simmered with tomato and seasonings. Serve with buttered noodles or rice pilaff.

- 1 pound lean California beef (tenderloin or comparable, cut in strips)
- 1 tablespoon butter
- 1 teaspoon paprika
- 2 teaspoons seasoned salt
- ¼ teaspoon pepper
- ⅛ teaspoon finely chopped garlic
- 1 small bay leaf, crumbled
- 2 teaspoons Worcestershire sauce
- 1¼ cups finely chopped onion
- ½ cup sliced mushrooms
- ¾ cup tomato juice
- 1 tablespoon cornstarch
- ½ cup sour cream
- ¼ cup buttermilk

Put beef strips in skillet with 1 teaspoon butter, seasoning salt, pepper, garlic, paprika, bay leaf and Worcestershire sauce. Cook until beef is almost done. Meanwhile, brown onion in remaining 2 teaspoons butter, then add to beef. Cook a little longer, then add mushrooms. Mix tomato juice with cornstarch and add to beef. Cook 5 minutes longer. Stir in sour cream mixed with buttermilk. Heat but do not boil. Makes 4 to 6 servings.

As to the care and rearing of a worthy California beef steak, take 14,444 hours and fill them with sunshine, golden grains and decades of know-how.

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Cook's discovery . . . Greenland turbot

The recent appearance in our markets of a fish called Greenland turbot has puzzled some Westerners, and for good reasons. Actually only the name is new: The fish from North Atlantic waters was sold here as Greenland halibut before the recent name change.

The snowy white fillets of this fish are skinless and boneless, and look like our Pacific halibut fillets, but when cooked the flavor and texture are quite different. The fish is different, too, from the delicate variety of fresh sole, called turbot, that is caught off California's coast. And it is different indeed from the coarse-textured fish, *also* called turbot, that fishermen in the Northwest catch.

Greenland turbot deserves to be discovered for its own unique qualities. It compares to salmon in richness. Its flesh is tender but firm. Its flavor is sweet and mild—reminding some people of crabmeat. It lends itself to an exciting range of flavor additions and cooking methods, as in the recipes that follow.

FRUITED TURBOT SAUTÉ

- 1½ pounds Greenland turbot fillets, completely thawed
- Salt and pepper to taste
- Flour
- 1 large orange
- ¼ cup (⅛ lb.) butter or margarine
- 2 tablespoons lemon juice
- ½ teaspoon ground ginger
- 2 firm ripe bananas

Set oven to warm (about 200°). Cut fish into serving-sized pieces, and sprinkle lightly with salt and pepper. Dip in flour to coat both sides, shaking off excess. Grate 2 teaspoons peel from the orange; set aside fruit and peel. In a large frying pan heat 3 tablespoons of the butter over medium-high heat. Sauté fish until golden on both sides and tender, about 5 to 8 minutes. Remove fish to a serving plate.

To the frying pan add orange peel, lemon juice, and ¼ teaspoon of the ginger. Heat and stir up the browned bits; pour over fish. Cover with foil and set in warm oven.

In the pan, heat remaining 1 tablespoon butter. Peel bananas and cut each lengthwise and crosswise into four pieces. Put into pan, sprinkle with remaining ¼ teaspoon ginger, and sauté until golden on both sides, about 3 minutes; arrange over fish. Cut white membrane off the orange, slice it, and use to garnish fish plate. Serves 4 to 6.—*H. N., San Francisco.*

CHEESE-BROILED TURBOT

Completely thaw 1 to 1½ pounds Greenland turbot fillets and cut into serving-sized pieces. In a pan, melt ¼ cup (⅛ [illegible] butter or margarine; add 1 clove ga[illegible] crushed, if you wish. Combine ¼ [illegible] freshly grated Parmesan or Rom[illegible] cheese with ¼ cup fine dry bread crum[illegible] 1 tablespoon finely chopped parsley, [illegible] ¼ teaspoon salt. Dip each piece of fis[illegible] the butter, then roll in the crumb mixt[illegible] to coat both sides. Broil 3 to 4 inches [illegible] low heat for 3 or 4 minutes on a side [illegible] until browned and the fish flakes w[illegible] tested with a fork. Serves 4.

POACHED TURBOT WITH GUACAMO[illegible]

- 2 cups water
- 1 small onion, sliced
- 3 whole black peppers
- 1 whole allspice
- 2 tablespoons lime juice or lemon juice
- 1 teaspoon salt
- 1½ to 2 pounds Greenland turbot fillets, completely thawed
- Guacamole sauce (recipe follows)
- Lime slices for garnish (optional)

In a wide frying pan, combine the wa[illegible] onion, pepper, allspice, lime juice, [illegible] salt. Bring to boiling and simmer [illegible] about 10 minutes. Cut fish into serv[illegible] sized pieces and set into pan. Cover [illegible] simmer gently until fish flakes we[illegible] tested with a fork, about 6 minutes. Wi[illegible] a wide spatula, carefully remove fish f[illegible] liquid and arrange on serving p[illegible]

Serve hot with the guacamole sauce. [illegible] cover the plate and chill fish and h[illegible] guacamole separately. Garnish the hot s[illegible] with thin slices of lime. Spread guacam[illegible] over top of chilled fish. Serves 6.

Guacamole Sauce. Combine 1 can (7¾ [illegible] frozen avocado dip, thawed, with ¼ [illegible] sour cream, 2 green onions thinly slice[illegible] tablespoon finely chopped parsley, 1 [illegible] blespoon lime or lemon juice, ½ teasp[illegible] salt, ⅛ teaspoon liquid hot pepper sea[illegible] ing, and ½ teaspoon ground coria[illegible] (optional); stir until blended.

CURRIED TURBOT-TOMATO BAKE

- 1½ to 2 pounds Greenland turbot fillets, completely thawed
- Flour
- ¾ teaspoon salt
- ⅛ teaspoon pepper
- 1 can (1 lb.) tomato wedges
- ¼ cup (⅛ lb.) butter or margarine
- 1 medium-sized onion, sliced
- 1 teaspoon curry powder
- ½ teaspoon sugar
- 1 tablespoon finely chopped parsley

Cut the fish into serving-sized pi[illegible] Dredge in flour to coat both sides, [illegible] arrange fish in a greased shallow ba[illegible] dish, about 7½ by 11 inches. Spri[illegible] with the salt and pepper. Drain to[illegible] wedges, saving the juice; arrange to[illegible] toes in the pan, over and around [illegible] Heat butter in a frying pan and s[illegible] onion with curry until lightly brow[illegible] about 5 minutes. Stir in sugar, par[illegible] and reserved tomato juice; cook, stir[illegible] until sauce is thickened. Pour over [illegible] Bake uncovered in a 450° oven for a[illegible] 15 minutes, or until fish flakes when te[illegible] with a fork. Serves about 6.

SUNSET in Bula Bula:

If Johnny hadn't shown you, you might never have known that purple grass grew in Bula Bula or that the people were green. His drawing demonstrates what a child can create given a little freedom, paper and some paint.

The Interntional Child Art Center in Ghirardelli Square works with this concept daily, confident that masterpieces such as Johnny's can provoke culture awareness.

How do they do it? Locally they offer classes for children from 3–14; this work is then used in cultural exchange programs. Drawings from San Francisco cross their local and national boundaries to find new eyes around the world, while at home the ICAC exhibits children's work from other countries.

Discover a child's world in a chocolate factory.

International Child Art Center
Ghirardelli Square
900 North Point Street
San Francisco, California 94109
776-7373

Friends, Romans, asparagus...

it ain't just a spaghetti cheese anymore.

Vegetables, soups, salads, eggs, bread, chops, steaks, potatoes. Give everything some news-worthiness. This is 100% aged grated Parmesan from Kraft. A tasty seasoning on anything from avocados to zucchini. Grated Parmesan from Kraft. It ain't just a spaghetti cheese anymore.

DARROW M. W

Crisp *multilayered pastry has lem scented nut filling; serve it in wed*

Almond tart... quickly made

Purchased frozen puff patty shells are short-cut secret to the swift assembl this French dessert, *gateau pithiviers* (ga-tow pee-tee-vyay).

ALMOND TART
(Gateau Pithiviers)

- 1 package (10 oz.) frozen puff patty shells, thawed
- 1 cup blanched whole almonds
- ½ cup sugar
- 2 eggs
- 3 tablespoons soft butter
- ¼ teaspoon almond extract
- 1 teaspoon grated lemon peel
- 3 tablespoons powdered sugar

Allow patty shells to warm almost room temperature.

For filling, whirl almonds in a bler until the consistency of cracked wh Turn into a bowl, add sugar, 1 egg, yolk only of second egg, butter, alm extract, and lemon peel; beat u blended and creamy.

On a lightly floured board, arrang patty shells, with edges touching. C third shell in half and place outside e next to the 2 whole shells to form a ro circle; pinch edges together. Roll out a 10-inch circle. Repeat with remai 3 shells, making a second circle.

Place 1 circle of puff paste on an greased baking sheet. Spread with fil to within 1 inch of the edge. Top with maining pastry. With a fork, seal the o edge, then cut decorative slashes ac top layer of pastry. Brush top with maining egg white, lightly beaten. powdered sugar evenly over top. Bak a 450° oven for 20 minutes; reduce t perature to 400° and bake 10 min longer, or until well browned. Serves 8

OROWEAT
English Muffins
OROWEAT

The best things in life are small

The small delicate peas that rival
the French petits pois in flavor.

and here's another of life's little pleasures.

ARCH IN YOUR GARDEN:

The weather is fickle but the spring speed-up begins

most parts of California's coastal and terior valleys, March is the month when ants begin to grow at a rapid rate. Day-ne temperatures are in the mid-60's, d night temperatures are usually above ? This kind of weather is ideal to begin ur spring gardening—preparing the soil, :ting out plants, and getting a jump on e weeds.

course, if fickle March weather reverts winter with pelting downpours and ıy days, the soil will be too soggy for anting. Then you should stick to indoor eparation such as cleaning dirt-en-ısted tools and planting containers. ɔu can also start some seeds indoors, ing a packaged soil mix.

the soil isn't too wet for digging, you n do some planting now. Nurseries will ve the first spring plants this month, t don't expect the full array of summer ɔck until April.

hint on plant buying: Before you pur-ase any tree or shrub, try to decide actly where you're going to put it in ur garden, and find out its maximum e. This may save you from a later un-ppy discovery that you've put it in the ong place.

arch-flowering plants

you're looking for plants with flowers perk up your garden after the winter ɔnths, here are some available now: ıleas, Burkwood viburnum, camellias, ergreen pear, flowering quince, French ıcs, Polyanthus and fairy *(Primula mal-ɣides)* primroses; most flowering cherry, m, and peach trees; nemesia, rhododen-ɔns, pansies, pink India hawthorn, pride Madeira, tulips, and violas.

ıtriguing herbs : nurseries this month

ɜarly all the herbs are available in arch as nurseries begin stocking them 2-inch pots or, less commonly, in flats. ·rbs are intriguing to raise because they en up your cooking and make attrac-e garden or container plants.

·rbs are fun to grow in containers, espe-lly in combinations. Strawberry jars ıke a large combination of herbs possi-, or you can try just a few together, ·h as chives, rosemary, and thyme, in a pot, planter, or hanging basket. Plant in a mixture of two parts soil and one part peat moss or ground bark for the necessary good drainage, and water daily; when summer comes, be careful that herb containers in full sun do not dry out. With the exception of mint which requires shade, herbs grow best in a sunny location.

Chives, marjoram, mint, oregano, rosemary, sage, tansy, tarragon, and several varieties of thyme are perennial herbs available now in most nurseries. Annuals include basil, chervil, coriander, dill, parsley, and summer sage.

Usually parsley, basil, and chives are the only herbs sold in flats as well as in the 2-inch pots.

You can also seed some herbs indoors now and transplant into the garden in April; many grow easily from seed.

Feed established plants

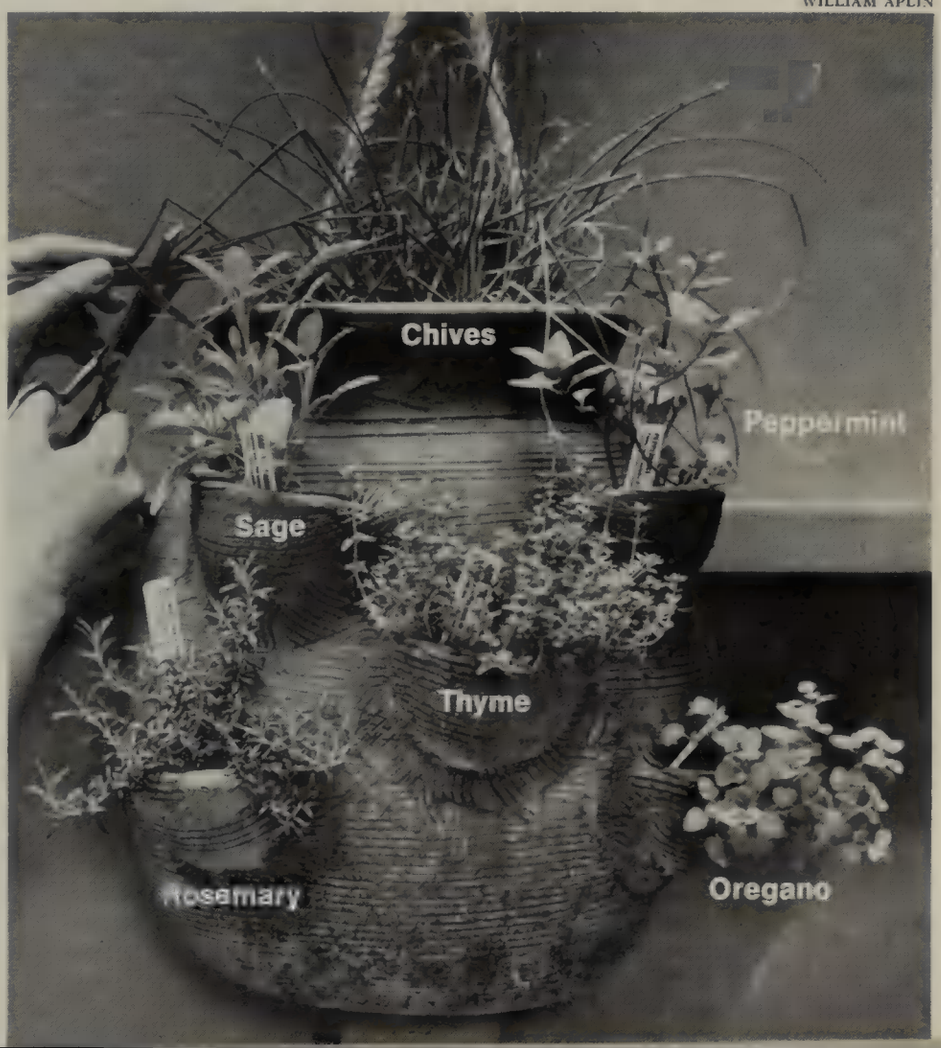
March is an excellent time to feed many established trees and shrubs, since they will need fertilizer to support their new spring growth. If you use pellet fertilizer, water thoroughly afterwards to dissolve the pellets into the soil.

Don't feed everything in your garden, however. Wait until blooms fade to feed azaleas, camellias, rhododendrons, and all spring-flowering shrubs and trees; you don't want to force new growth while they're blooming. All winter-tender plants, such as hibiscus and bougainvillea, are best fertilized in early April. Give newly planted bare-root shrubs and trees six months to a year to establish themselves before starting to feed; this prevents burning the young, rapidly developing root system.

Fertilizing can be done even if the ground

Herb garden *in strawberry jar. Top plants stand up, lower ones trail*

WILLIAM APLIN



Sunset's GARDEN GUIDE

is too wet for other garden activity, since wet soil will speed the distribution of the fertilizer.

Aftermath of bulb bloom

When bulbs finish blooming, they leave behind the slowly dying leaves, which shouldn't be removed until they turn yellow and dry. Meanwhile they may give your garden a cluttered, unsightly appearance. The best solution is to fold clumps of leaves over in half and tie with string; this makes them somewhat less conspicuous and makes the garden look neater.

Then set out annuals to help conceal the leaf clumps. This is a favorite trick of gardeners because besides camouflaging bulb leaves, the annuals mark the locations of bulbs so you won't damage them by forgetful digging after the leaves are gone. Also, the water and fertilizer you give the annuals feeds the bulbs too.

Lobelia is a favorite annual for this purpose. However, there are many other plants that do the job just as well. Try ageratum, dwarf phlox, dwarf snapdragons, petunias, portulaca, sweet alyssum, and verbena. Pansies and violas are especially good for immediate color.

Clean pots

Before you put this year's plants in last year's pots, scrub the pots thoroughly. Dirty pots and flats may contain disease microorganisms which you don't want to pass on to the pots' new occupants. Or roots may stick to the side and be damaged when you try to tap them out of the pot later.

Use hot water and soap or detergent, perhaps adding a household disinfectant, to clean. Rinse thoroughly and let dry in the sun.

Time to trim ivy

To keep rambunctious ground cover ivy confined and neat in a parking strip, along a lawn, or in some other restricted planting area, you should trim the edges at least three or four times a year. The first trimming job comes up soon, when ivy puts on its biggest growing splurge.

The tools you can use to trim ivy are listed below. None, however, will do much good when ivy has gone unpruned for long and has developed thick, woody stems. In such cases, try a saw.

Below you see the fastest, most effortless way to trim the edges. A power edger rents for about $2 an hour—you can almost always finish the job in less than an hour. If you think you would use it often enough (it's also for lawns), you can buy a power edger for $75 up.

An electric hedge trimmer is next highest in price ($20 up) and next lowest in effort to use. If you'd rather not bother with long extension cords and three-w grounded wires, regular hedge shears w almost as fast; but you may wish y had another hand to guide the ivy you cutting.

Hot spot

The outdoor vent for the clothes dr creates a small but troublesome spot many gardeners. Few plants can surv periodic blasts of warm, moist air from vent, especially during colder wir months, when a sudden temperat change can seriously damage or kill pla in its path. In addition, small amount lint carried by the hot air form an sightly accumulation around plants.

Perhaps the best solution is not to tempt plantings in this spot at all; inst try placing fairly large stones th covered with moss or lichen to main a touch of green. This will provide a p tical yet attractive solution, and lint easily be removed from the stones hand or vacuum cleaner.

When and how to harvest broccoli

Broccoli that you planted last fall sh be nearing harvest time now. It's re when the heads (the part you eat cluster of flowers) reach the stage sh in the photograph—hard and green, fore the buds start to break open.

When you cut a head of broccoli, inc a few leaves down on the stalk. Make cut just above a leaf joint. Don't in the small buds you see forming in joint. Within a month, they will dev into edible heads, smaller than the one you cut, but well worth harvesti

Plant labeler

It's easy to forget the exact name new tree or shrub after you've plante but a label will remind you.

A label-maker gun, costing about $

WILLIAM APLIN

Ivy trimming *made easy with fast, rentable power edger; ivy should be trimmed three or four times a year*

Broccoli *ready for harvest. Take some leaves when you cut head. Buds belo cut form heads for later picking*

DARROW M.

ELLS MARUGG

el gun *makes easy-to-read, indel- plant tags. Stick directly on oth-skinned plants like camellia*

prints raised, easy-to-read letters on or ⅜-inch-wide tape which you can y to trees and shrubs in one of these ways.

he plant is smooth-skinned, as are ellias and Japanese maples, you can s the sticky-backed label directly onto ick branch or trunk. The label grips ly, and rain will not loosen it.

y, rough, or dusty-skinned plants re- e another method. Make the label enough to more than encircle a ch, and then press the sticky back- sides of the ends together, so that the label forms a loose tag around the branch.

Earwig pros and cons

One insect with a terrible reputation is the earwig. Earwigs do have their good points, however, so you should consider the degree of infestation before declaring war on them this spring.

Earwigs eat aphids and other soft-bodied, plant-sucking insects. But, when this food supply runs out, earwigs start in on your plants, especially roses, dahlias, gladiolus, and ripe stone fruits. So, if your garden suffers from aphids, you may find it advantageous, if occasionally annoying, to leave the earwigs alone for a while.

Later in the spring when earwig populations start to build up, you may need to use chemical control measures. Try sprays, dusts, or granules containing these acceptable insecticide ingredients: sevin, malathion, dibrom, and diazinon. Or use baits: They're effective but highly poisonous to children and pets, so use cautiously.

You can also simply trap earwigs by placing loosely rolled newspapers or corrugated cardboard around your garden at night; in the morning they will be filled with earwigs which you can then burn. Small pots, one inside another or filled with wadded paper, also work well.

Too big to be true

In the large group portrait of plants on pages 86 and 87, a sharp-eyed gardener may have noticed what appears to be a giant timber bamboo growing in a 12-inch pot (in the upper right-hand corner). It was placed there just for the photograph. This bamboo won't grow such big healthy stems if kept in that size container.

Sawdust at the root of this lawn problem

After moving into a new subdivision home, one of our readers reported that the already established lawn soon turned a sickly yellow, and that constant fertilizing was necessary to keep it green and healthy.

Investigation revealed that sawdust had been mixed in with the soil before the lawn was planted, and the sawdust, in decomposing, was depleting the soil's nitrogen.

Unfortunately, there is no easy solution to this problem; the lawn must be fertilized about once a month with a high-nitrogen lawn food to keep it green. The lawn's nitrogen deficiency will persist until all the sawdust has decomposed, probably about two years.

Thereafter, fertilize as for any normal, healthy lawn.

MARCH CHECK LIST: *Here is what needs doing*

☐ **Azaleas and rhododendrons.** Late-blooming plants are still available in nurseries. Feed plants hat have finished blooming with an cid-type fertilizer. It's also a good ime to prune lightly for heavier loom next year. Maintain a 2-inch-leep mulch around plants.

☐ **Begonias, tuberous.** Start tubers in flats filled with leaf nold if you have not already done o. Transplant when shoots are about inches high. Pot in equal parts peat noss (or ground bark), leaf mold, nd sand.

☐ **Camellias.** Select late-flowering kinds this month. Apply an cid-type fertilizer to plants through looming. Remove faded flowers from lants and replace mulch around hem to prevent camellia petal blight.

☐ **Gladiolus.** Continue setting out gladiolus corms this month; lant them at three to four-week inervals to have gladiolus blooming or an extended period in late spring nd summer.

☐ **Lawns.** Begin watering and feeding established lawns on a regular schedule; cool season grasses make their best growth in March, April, and May—if well fed with a high-nitrogen fertilizer. Reseed any bare spots and apply pre-emergence crabgrass and broadleafed weed controls now, but it's best to wait for the end of heavy rains before seeding new lawns.

☐ **Planting for landscape effect.** It's one of the best months for planting ground cover plants and native shrubs—in fact, one of the best months for all except tender plants that might suffer in light frost.

☐ **Pruning.** Quickly finish pruning any deciduous trees, shrubs, and roses not yet attended to. Prune fuchsias as soon as danger of frost is past. Don't rush to prune frost-damaged plants or discard apparently frozen plants; they may yet produce new growth.

☐ **Roses.** Feed established roses with a complete fertilizer now; wait until next year to feed new plants. Renew mulch by placing a 1½ to 2-inch layer around the base of plants, keeping it 4 to 6 inches from the main stem. Leave recently purchased roses in cans until May, so they can form strong roots.

☐ **Spraying.** Apply a dormant spray to deciduous plants if you failed to do so earlier, and if buds have not begun to open. Control aphids as soon as they appear; watch for them on camellias, citrus, and roses especially.

☐ **Vegetables.** You can still sow seeds of such cool-weather vegetables as lettuce, peas, and carrots. After the seeds sprout, bait regularly for snails and slugs.

☐ **Watering.** Although it may rain, remember to water containers and beds under overhangs. Keep soil around newly planted bare-root trees and shrubs moist but not soggy. As rains begin to taper off, don't let soil dry out deeper than the top inch or two.

The mahonias . . . some just grow, some look as though they were designed

Mahonias are beautiful and useful evergreen shrubs with divided leaves, clustered yellow flowers, and blue-black (rarely red) berries that birds love to eat. They tend to fall into two groups, but one maverick (*M. nervosa*) upsets the scheme.

Asiatics. The Asiatic mahonias look as though they had been designed to make strong silhouettes against a wall or fence.

M. bealei (sometimes sold as *M. japonica*). Leatherleaf mahonia. Plant grows slowly to 10 to 12 feet tall, usually less. Flowers appear in many upright, 3 to 6-inch-long clusters in earliest spring (midwinter in milder climates).

M. lomariifolia. We've heard recently that Southern Californians are calling this shrub "Venetian blind plant." The name doubtless comes from the slatted look of the foliage. Yellow flowers in dense, erect clusters appear in winter or earliest spring: powdery blue berries follow. It's winter-hardy from western Washington and Oregon southward.

M. fortunei. This rare shrub is smaller and less spectacular than the first two but

Rounded clusters *of yellow flowers top branches of Oregon grape*
WILLIAM APLIN

Three American natives, all informal

M. aquifolium: *leaves up to 10 inches long, plants to 6 feet*

M. pinnata: *much like preceding, often more crinkly*

M. nevinii *has spin blue-gray leaves tinted bronzy red*

SU

DARROW M. WATT

M. lomariifolia: *leaves to 2 feet long, with up to 47 leaflets*

Rare *M. fortunei: dark, dull green leaves up to 8 inches long*

M. nervosa: *Leaves are 1½ feet long, stems usually only 2 feet*

M. bealei: *gray-green leaves to 1½ feet long. Leaflets to 5 inches*

One American, three Asiatic cousins; all four are show-offs

Big old *M. lomariifolia has space and background it needs for effective show*

nteresting character all the same. vs very slowly into a 5 to 6-foot-ry narrow, erect shrub.

se Asiatic mahonias will take deep and need at least afternoon shade ntain healthy color—although *M.* can take full sun in the fog belt. hem rich soil, ample water, and feeding. Plant them where they w off their form, but keep them—ir spiny leaves—back from walks.

n North Americans. Of the many native to this region, only a few l in nurseries. Most common is *M. ium*, the Oregon grape, state flower on. Plants spread by underground and can reach 6 feet in height.

owing kinds ('Compacta,' 'Mission ,' 'Nana') seldom exceed 2 or 3 height and spread so slowly that e easy to keep in bounds.

e leaves that show bronzy tints unfolding and again later when weather turns cold. Rounded clusters of yellow flowers appear in earliest spring; fruits that follow make good jelly.

In the hottest climates, Oregon grape does best with partial or afternoon shade, but with adequate water and good soil it may look respectable even in full sun. Like other mahonias, it will tolerate much shade. It will even grow where soil is heavily infected with oak root fungus (*Armillaria*).

Very similar is *M. pinnata*, the California holly grape, which tends to be taller, more upright, less spreading, more heat and drought resistant, and to have somewhat crinklier foliage set closer to the stems than Oregon grape. It's scarce in nurseries but becoming better known.

M. nevinii, the desert mahonia, is a splendid plant for screening or hedging: spreading and spiny-leafed, gray-green with tones of red and bronze, and with red berries that follow the yellow flowers. Big nurseries that do an interstate trade won't grow it because of quarantine problems with black stem rust of wheat, but Californians who can find it can plant it out; rust doesn't affect it here.

M. nervosa, the longleaf mahonia, is the maverick; although it is native to the West, it is related to the Asiatic mahonias and somewhat resembles them in its many leaflets and its rather contrived look. It spreads by underground stems and varies in height from 2 feet (perhaps even less in full sun) to (rarely) 6 feet in shade.

One insect pest bothers mahonias, and it can be disfiguring if you don't deal with it. Small caterpillars eat the leaves, working from underneath so that you can't see them until much damage is done. Sevin sprays will control them, but you'll have to be vigilant; applying spray before caterpillars are actually there will do no good, while waiting too long will result in badly chewed plants.

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WILLIAM

Fern pine *espalier and jade plant, so only four years ago, stand souther posure, reflected heat from wall, dri*

Neat twosome in narrow strip

This combination of evergreen pla espaliered fern pine *(Podocarpus gra* and true jade plant *(Crassula argent* looks attractive throughout the year fit neatly into a narrow, 2-foot-wide between driveway and house, and require very little care.

The flexible branches of the fern were easily bent into the desired pos and attached to the stucco wall by s vine ties which were threaded th small plastic disks glued to the stucc face. Now the basic branch patt established, and a light pruning eve or three months is all that's require

The jade plants, grown from cu were set out 2 feet apart when they 12 inches tall. Airy clusters of small shaped, pink flowers cover the plant ing the winter months. If any pruning is required to keep the pla bounds, and at their present 2-foot l it's done after the flowers fade.

(Jade plant grows best in frost-free Where light frosts occur, it needs th tection of wide eaves.)

Aside from pruning, the plants r watering only about once a week in months, once a month in winter.

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DON NORMARK

-deck stand *of 2 by 4's and 4 by vides generous plant display space*

Plant display along a wall

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ɜd by the owners, Mr. and Mrs. . Carter of West Los Angeles, the el garden stand was built after a ng pool replaced the planting ı their yards. They had to turn to er plants, and decided to build a ıat would hold and display a large of them in a limited space along

ınd is 96 inches long, 38 inches ıd measures 21¾ inches front to he top shelf is 12 inches wide, the ne 19½ inches).

dy frame consists of nine 4 by ertical redwood posts joined by 2 For the top shelf, three 2 by 4's aced ⅝ inch apart; for the lower, ıy 4's were spaced ⅞ inch apart. ıces facilitate drainage and make ves easier to keep clean.

tra sturdiness, the horizontal that support the lower shelf fit bets in the rear posts. The stand e moved: It isn't nailed to the ehind and isn't set into the contio.

ners initially applied a sealer and to help weatherproof the stand, in the shade most of the day.

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lere are March garden events

d. Late March or early April, de-
g on the weather. Tulip show at
ountain View Cemetery, 5000 Pied-
Ave. Hours: daylight hours every
'ree. For information, phone the
ry at (415) 658-2588.

ento. March 6 through 15. Six-
annual Camellia Festival. A high-
the show by the Camellia Society
ramento on March 7 and 8. For
ation on the many other scheduled
write to the Camellia Festival
ation, 927 Tenth St., Sacramento

se. March 12 and 13. Santa Clara
Orchid Society show. Place: Wells
Bank, First and San Fernando
Hours: 10 A.M. to 10 P.M. Thurs-
) A.M. to 6 P.M. Friday. Free.

ancisco. March 14. Plant sale by
ybing Arboretum Society. For de-
e page 224.

os. March 14 and 15. Kenna Ca-
Gardens, 10 Oak Grove Rd., will
n to the public for the joint benefit
Montalvo Art and Cultural Center
ling Quong Children's Center.
10 A.M. to 4 P.M. Donation: $1.50.

March 17 and 18. Graton Com-
Club flower show. Place: Com-
Clubhouse. Hours: 10 A.M. to 9
nesday; 10 A.M. to 4 P.M. Wednes-
ee.

ss. March 19. Inverness Garden
Primrose Tea. Place: Inverness
Club, Sir Francis Drake Blvd.
1 to 4:30 P.M. Admission: 75 cents.

ael. March 19. Peacock Gap Gar-
ub flower show. Place: Peacock
ountry Club, Point San Pedro Rd.
1 to 5 P.M. Free.

ncisco. March 20, 21, and 22. Flow-
ngement show by the Sogetsu Kai
thern California. Place: Hall of
s, Ninth Ave. and Lincoln Way,
Gate Park. Hours: 10 A.M. to 5
dmission: $1; students, 50 cents;
n 12 and under, 25 cents.

burg. March 21 and 22. Prune
n Tour sponsored by the Chamber
mmerce; map available at office.
overs about 30 square miles; by
car or chartered bus.

l. March 21 and 22. Northern
nia Daffodil Society show. Place:
le Park Garden Center, 666 Belle-
e. Hours: 1:30 to 6 P.M. Saturday;
.M. to 5:30 P.M. Sunday. Free.

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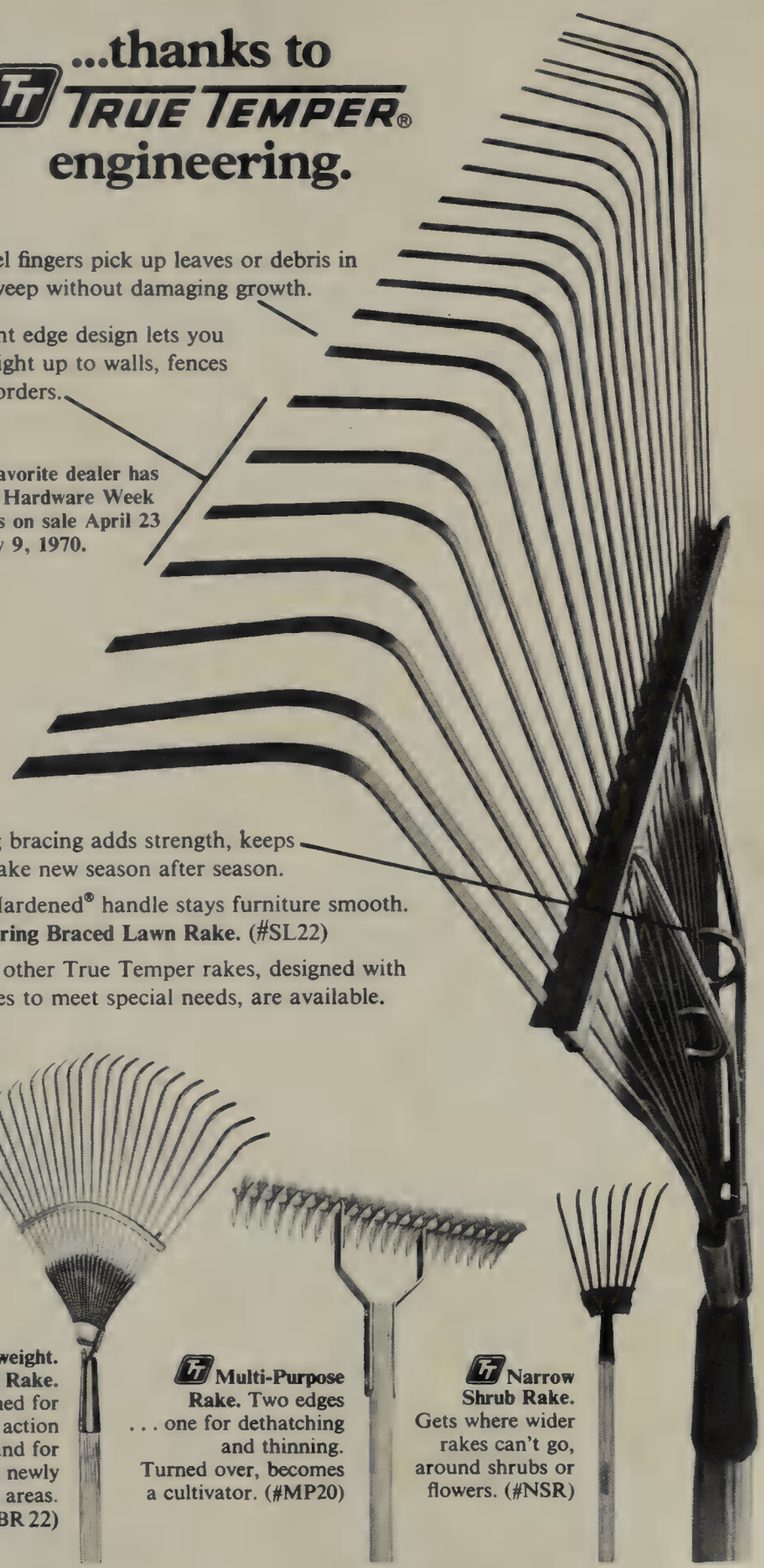

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Glendale Blvd 1½
Los Feliz Blvd 2¼

anium (left). *White-flowered cover protects bank above Golden reeway, blooms in spring*

The freeways in and around L.A. are a big plant-testing laboratory

Here is what's blooming in March

se pages you can see and read he landscaping along the freeways Angeles, as appraised by a home r. About half of the plants shown so grow along the freeways of n California. All of the plants and discussed can be, and are, n home gardens in northern Cali-

eways work as a big plant-testing ory. If a plant can survive the fumes, oily, rubbery dust, and irred up by cars, you can usually hat it will grow with little trouble den.

notographs here concentrate on nrubs and ground covers that can life along the freeways and pro- etty flowers in March, too.

along any freeway, you see most ng plants as little more than a blur . Our photographs show the Los freeway plants up close, the way uld see them if you planted them garden.

as the flowers may be, the freeway pe architects didn't choose these primarily for their ability to bloom. ue of plants in parts of almost all ardens, these plants are expected job. Along the freeways:

control erosion on slopes.

nide freeways from nearby homes. plant screen also has a sound- g effect that's probably more psy- al than physical; people near the seem to complain less about noise ney can't see the freeway.

nts keep down dust and keep out which turn into a fire hazard when y out in summer.

OM THIS MONTH

eways usually reach a peak of g in March and April. California native plants and many plants from Mediterranean climates similar to ours generally bloom after the rainy season, then put on little growth during the dry summer. Others, such as lantana, flower nearly all year but become especially colorful in spring.

Besides the plants shown in the photographs, these also bloom this month and next month:

The shrub-tree called (perhaps incorrectly) *Acacia linearis* is often the freeway's most spectacular plant; a great yellow

Yellow trailing ice plant. *Freeways use eight ice plants. This has the best combination of foliage and flowers*

Hibiscus. *Surprised to see these? Hibiscus prove tougher than expected. This variety is 'California Gold'*

DARROW M. WATT

Italian jasmine. *You may smell these sweet, small, yellow flowers above freeway fumes. The 8-foot shrubs make thickets*

Weeping bottlebrush. *Seen from inside looking out, red blooms like common bottlebrush hang from branch tips*

DARROW M. WATT

Pyracantha. *Creamy white masses of flowers come in spring, red berries later. Unpruned branches arch gracefully*

Red blooms on bottlebrush . . . white blooms on pyracantha

mass of tiny, puffy flowers. It's hard t find in nurseries and hardly ever grow in gardens because it looks so shaggy o of bloom and usually lives for only seve or eight years. It grows extremely fast- 6 or 8 feet a year. The freeway plante use it like a giant marigold—grow it f quick color, then cut it down when it too old.

Eight kinds of ice plants cover grou along the Los Angeles freeways. The spe tacular flowering sorts, such as *Lampra thus*, are used rarely because their brig color could distract drivers and is ha to blend with other plants. The o standby is still *Carpobrotus edulis*, lea expensive and quickest of all ground co ers (it can cover in six months while iv may take two years). But it's too coar to look nice in small gardens and t heavy to use on steep slopes. For mo gardens, the best choice is shown on pa 227—yellow trailing ice plant.

You'll see purple-blooming lantana as ground cover on flat or steep places, spi ing out of raised beds, or even climbi fences. Sometimes it's deliberately mix in with Algerian ivy; from the freew it looks like ivy blooming purple. Y might try this to break up the monoto of an otherwise all-green ivy slope: Pla rooted ivy cuttings 12 inches apart; th spot gallon cans of lantana every 3 feet.

White trailing African daisy *(Osteosp mum fruticosum)* shows a lot of promi as a flowering bank cover. Already su cessful along U. S. 101 in Santa Barba it's now getting a tryout on freewa around Los Angeles. Its spring flowers a white with dark centers.

Two sections of freeway planting are voted mainly to California native plan San Diego Freeway through the San Monica Mountains (the intention here for landscaping to blend with chaparra and the Ventura Freeway between B boa Boulevard and White Oak Aven The San Diego Freeway planting conta spring-blooming natives like the cea thus on the opposite page and yell fremontia; it also has some handso plants that aren't colorful, such as Ca fornia sycamore, incense cedar, and Ca lina cherry.

The Ventura Freeway's section spo ceanothus, fremontia, plus Western re bud *(Cercis occidentalis)*. Here redb grows into a neat round shrub and nee no maintenance. In spring the rose pi flowers are colorful but no match for re bud growing wild in the Sierra foothills.

The freeway maintenance men find t things absolutely essential for growi these natives. They water infrequently only twice in summer. And, of less c cern to home gardeners, they sprin foliage occasionally to wash off grime.

Continued on next pa

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A LESSON IN PLANTING

The Division of Highways follows a precise planting procedure for almost every plant—all over the state. And they have few failures. Their system will work just as well for you.

For plants in 1 and 5-gallon cans, dig a hole 18 inches wide and 36 inches deep (the freeway planters use an auger). Blend into the removed soil a pound of iron sulfate (to counteract the soil's natural alkalinity and iron shortage) and 2 cubic feet of nitrogen-fortified ground bark or sawdust. Fill in around the plant with soil mix; tamp mix and soak well. A few weeks after planting, feed with ½ pound of 14-14-7 fertilizer and repeat twice during the first year.

The Division of Highways no longer mulches plants with bark chips. Too many plants died when silt accumulated in the chips, causing trunks to rot at the base.

For ground covers, cultivate the soil 6 inches deep and blend in a 1 or 2-inch layer of ground bark or sawdust. If the soil is sandy, there's no need to cultivate. If it's a steep slope, plant through jute mesh laid on to protect against erosion.

A LESSON IN LANDSCAPE DESIGN

Notice the number of different kinds of plants used in the newer freeway plantings. The trend is toward simpler de using fewer kinds in bigger quant Simple plantings often look better are always easier to maintain. When a few kinds of plants with similar w requirements are grouped together, can water them all at once.

Consider this ultimate expression of simple design. The landscape plan o 75-acre interchange of the Pomona Long Beach freeways calls for only s kinds of plants: 2,700,000 Algerian 960 *Acacia longifolia*, 785 *Eucaly citriodora*, 418 *Cissus antarctica*, 32 caranda, 170 xylosma, 115 Calif sycamore.

Two yellow bloomers. *At left, fast and rangy Cassia didymobotrya has flowers like fingers reaching skyward. At right, Easter broom (Cytisus racemosus) is thick, bulky shrub with fragrant flowers at branch ends*

'Sierra Blue' ceanothus. *Fragrant, sky blue flowers. Other kinds grow in Santa Monica Mountains across San Diego Freeway*

DARROW M

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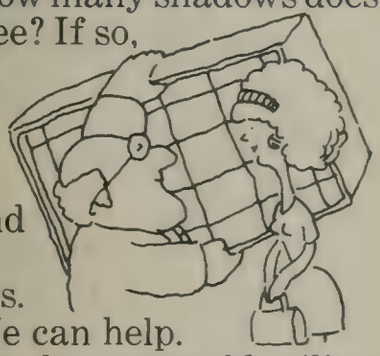

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Daisylike *flowers of blue marguerite, shown here 1½ times actual size, can appear off and on all year*

An old standby revisited

When is a useful landscape plant useful landscape plant? When it's for granted.

Consider the case of blue marguerit *licia amelloides).* It grows rapidly feet tall and nearly as wide, with some foliage and masses of small like flowers in spring and early su In mild winter areas, it may bloo and on all year, usually with o flower show in winter when garden is scarce.

With all these attributes, it mighl difficult to overlook blue marguerit once a plant has been tagged as standby, some gardeners take

d; they may even forget about it.

marguerite deserves better. Its ı pattern makes it a natural choice ny garden situations—narrow beds, rs, edgings, and in the foreground lium to tall plants. In a container ed bed, the plant becomes a lush mound that trails over the sides. cases, blue marguerite does best in rained soil in sun or part shade. are drought resistant but moisture t bother them.

ıarguerite lives as long as five years. you replace plants every three you'll get the best bloom. Since the

DARROW M. WATT

nt back halfway when lessens in summer; pick uet at the same time

self-sows readily, you can usually edlings nearby if the soil hasn't onstantly cultivated. Or you can f ripe seed heads and sprinkle seeds flat.

ourage the plant to bloom again keep it neat, cut it back halfway ıe first main blooming period (usu- summer). Don't cut back any han that, especially if the plant is It's a good idea to keep faded ns snipped off, but this can be chore if you have many plants.

nd areas, don't expect blooms until er warms. Frosts may kill top , but unless roots are destroyed, will put out new growth in spring.

ıarguerite combines well with most plants but goes particularly well ıese: African daisies, euryops, Eng- ender, white or yellow marguerites, owered salvia, snapdragons, and daisies.

arguerites in containers often look fter the second season and may o be replaced. Sometimes trans- g them into the ground will revive and they may continue to bloom eral years more.

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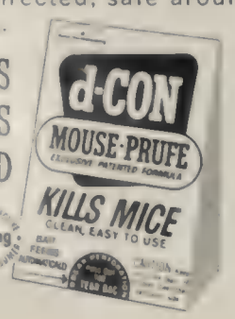

An introduction to succulents

Westerners have many opportunities to use succulents in their houses and gardens. These plants can add distinction and variety indoors, outdoors in pots, and as landscape plants.

The three types of use are shown in the photographs here and on the opposite page, all taken from a new *Sunset* book, *Succulents and Cactus* (Lane Books, Menlo Park, Calif.; $1.95).

Why does the book have a double title? Because all cactus are succulents, but not all succulents are cactus. Cactus form a botanical family within the loosely knit group of succulents. Generally, succulents as a group have fleshy stems and leaves, if any leaves are present.

There's enough variety in these plants to overwhelm anyone starting a collection or even selecting one or two plants. The new 80-page *Sunset* book will acquaint you with the diversity; it gives advice on choosing succulents and cactus at a nursery or from a mail-order catalog, and describes some of the more popula

A section on soil requirements a ting procedure includes an illustra a simple way to avoid the spine handling cactus.

The book describes the care that lents and cactus need during wint

DON N

Potted Agave *can serve as focal point or start of small collection*

DARROW M. WATT

In the landscape *succulents have many uses. In this garden Sedum amecamecanum is a low-maintenance ground cover*

t cautions against watering too often. : how-to sections cover light require- s, fertilizers and feeding, and leshooting for pests and diseases h very seldom bother any of the lents). There is a chapter on propa- n of succulents from seed or cutting; · of them multiply as rapidly as ts.

unique and often bold form of suc- t plants requires careful attention if ıre to fit them successfully into the n of the house and garden. For this n, even the experienced collector find some useful suggestions in the 's more than 100 illustrations.

succulents make attractive indoor s, a chapter tells how to use them or as miniature landscapes in dish ns. Included are lists of plants suit- for indoor dish gardens and for win- gardens.

people in California and Arizona : many succulents thrive outdoors, *unset* book suggests landscape uses ists the succulents and cactus most ›priate for them. One section is de- to succulents as low-maintenance

oors, *succulents like these—jade nt and Aeonium—add variety*

ıd covers, with special emphasis on ants.

inal chapter describes some special- hat are favorites of collectors: the sely blooming orchid and Christmas s, the diverse members of the Eu- ›ia family, and a small group from ı Africa that resemble tiny pebbles.

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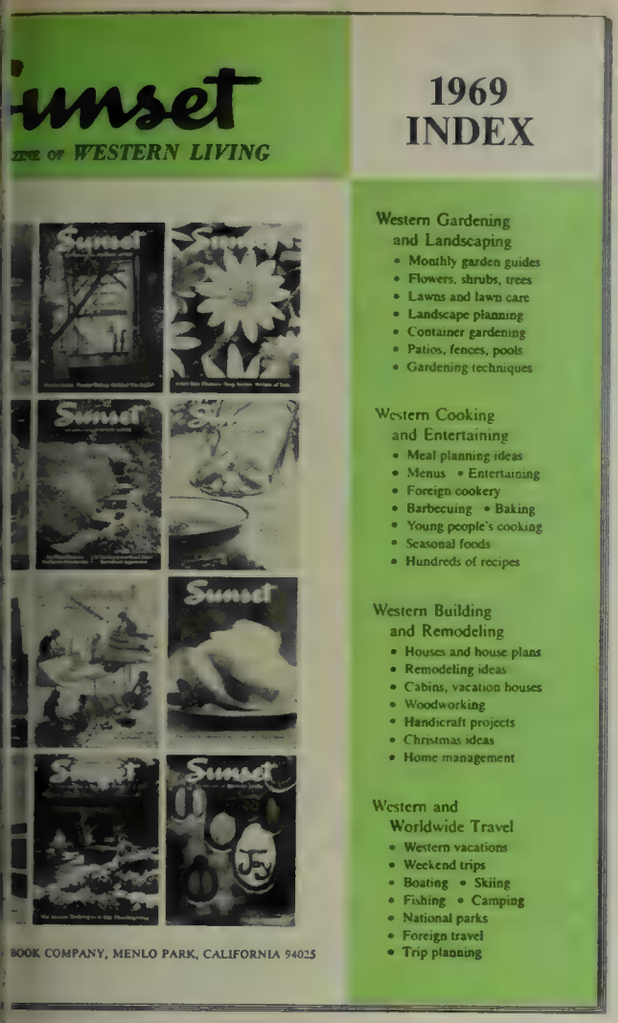

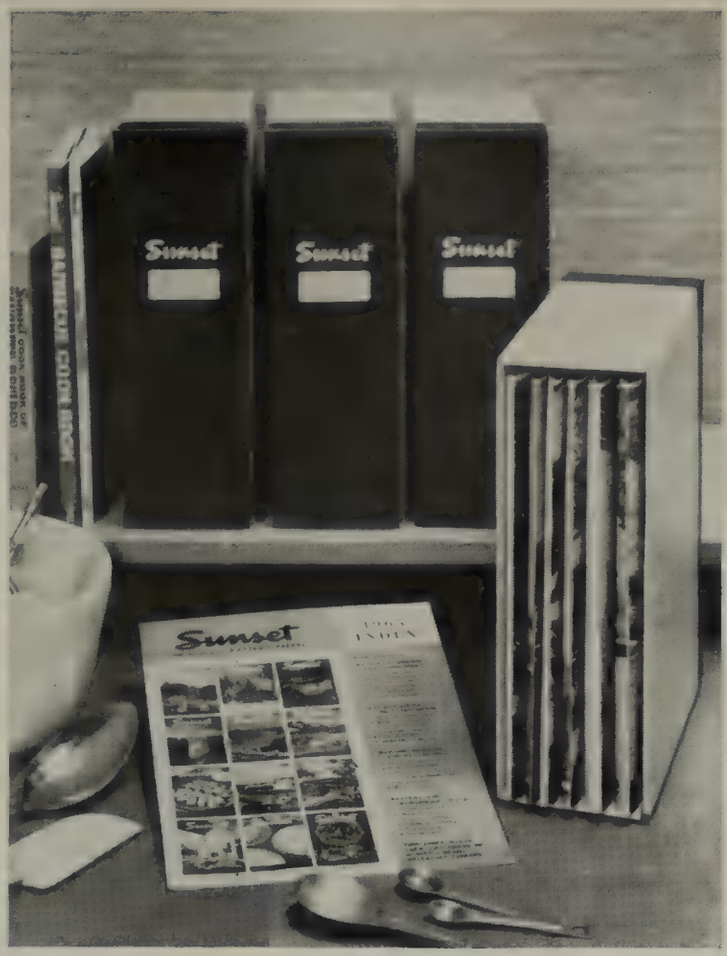

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SUNSET MAGAZINE, MENLO PARK, CALIFORNIA 94025

The Aleppo . . a useful pine with many face

Large bonsai *trained by Leroy Fujii for the Douglas Driggs, Paradise Valley, Arizona. John Vogley, landscape architect*

GLENN CHRISTIANSEN

Entrance planting *shows skillful use of Aleppo pines on either side of frosted glass screen. Architect was Alfred N. Beadle*

Planted *about same time as the bonsai-trained tree above, this Aleppo pine displays much of the tree's typical form*

The pines here and on the opposite however dissimilar they look, a Aleppo pine. Although this species considerably in form, in most of t amples you see here differences are due to pruning and training, not

This highly adaptable, fast growin is common to countries borderi Mediterranean and does well in the desert and mild coastal climates. sists drought and tolerates poor so cordingly it's one of the most planted trees in the Southwest.

We have selected several examples lustrate some of the ways you ca Aleppo pines to adapt them to di landscaping situations.

At the top of the page is an Alepp trained as a large bonsai. Plante a 5-gallon can when one-third as it is here, it grew to nearly its height before it was pruned seve establish a bonsai structure. Subs training and pruning—and freque ping of tufts of needles at the e branches—maintain the handsome

The Aleppo pines to the far left, on both sides of a frosted glass were set out two years ago from 10 cans. Some branches have been tie and all are tip-pruned to produ trees' interesting asymmetrical o and wispy texture.

The tree at the bottom of this pa planted from a 5-gallon can about years ago. Although it has much Aleppo pine's natural form, it ceived some pruning—mainly rem some branches and tipping back maining ones.

At the bottom of the next colum Aleppo pine with an irregular pictu shape, accentuated by the candle growth) at the ends of the branche the candles been removed, the tree be fuller and more regular in outl

AL BOWEN

Aleppo pine bonsai, potted seven ago from gallon can, was trained in e form by Mrs. Frances Takemoto

onsai in the pot above was trans- into its present container from a can about seven years ago. Some es were removed and remaining ere tied down to create the cascad- ect. Needles at the ends of branches oped at least twice a year.

s of the Aleppo pines photographed s story made this interesting ob- ion: Trees that receive regular ng have lighter, livelier green foli- an those grown under dry condi- Also, they noticed that pruning to improve the foliage color.

nd informal in character, this Alep- e is at home in the desert envi- nt. Young saguaro cactus in front

"MAJESTIC BEAUTY"

Two NEW Trees for Shade and Beauty

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(Plant Pat. No. 2860)

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(Magnolia grandiflora)
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Plant this highly honored new tree to create the charm and romance of the old South in your landscape. Here's a vigorous growing, compact branching shade or street tree. 'Stunning' and 'spectactular' are among the many praises given this exquisite evergreen tree.

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Color slump coming in your garden? Here are color plants available in nurseries now or soon

Do you foresee a color slump in your garden after spring bows out and before summer comes in? Is there a home wedding or reception, or a garden party coming up within the next month or two? Do you need some fresh, upcoming plants for pots and boxes in the patio? Are you looking for quick color for spaces between fading daffodils, hyacinths, or tulips?

You're in luck.

Growers can now supply retail nurseries with established, blooming or well budded annuals and perennials in individual containers (usually 4-inch pots or gallon cans, and some in bands). Carefully slip these plants out of their containers and into well prepared ground or display pots or boxes, and presto—there's your color.

Six weeks ago we asked several major bedding plant growers to tell us which container-grown annuals and perennials would be showing color and would be available for delivery to retail nurseries early this month. From their replies we compiled the following list:

Ageratum 'Blue Blazer.' Annual. Dwarf, compact F_1 hybrid; early, uniform bloom. Edging, ground cover, pattern planting, low containers. Sun.

Begonia (bedding). Perennial; often treated as annual. Double pink, red, white flowers. Dwarf (4 to 6 inches) and intermediate (8 to 10 inches). Bloom almost all year in mild winters. Sun along coast, partial shade inland.

Begonia 'Richmondensis.' Perennial. stems, green leaves, salmon flowers. 2 feet or more. Splendid in hanging tainers. Best color in sun.

Plume cockscomb (often sold as 'Plumosa'). Annual. Plumelike flowe ters in pink, orange-red, crimson, gold. Dwarf compact varieties (to 1 especially useful in borders, conta Sun; best in hot climates.

Dianthus. Annual and perennial. blooming kinds available in mixe separate color. Dwarf kinds, attr in rock gardens, containers. Sun.

Dimorphotheca (Osteospermum). nial. About 18 to 24 inches high; yellow, lavender-pink daisies with

'Gay Ladies' *marigolds are notoriously early and long blooming. They grow 18 inches high; flowers orange, yellow, gold*

Dwarf double *pink bedding begonia; bronze foliage. Now in a 3-inch pot; will double in size after planting in ground or larger (5 or 6-inch) pot*

centers. Borders, containers. Sun.

rguerite *(Felicia amelloides).* Per- Varieties 'Santa Anita,' 'San Ga- nd 'San Luis' are improvements species. See page 234.

. Perennial. Gay mixed and sepa- ors from white and cream to vellow, and red; some with striped all with contrasting centers. cover, bank planting, parking n.

is (*I. walleriana*, usually sold as *I.* r *I. sultanii*). Perennial. Dwarf, rf, and tall strains in solid colors ed. Long bloom, superb for shady containers.

ite. Perennial. White, yellow flow- aluable for long bloom. One of for large containers. Sun.

l. Annual. Early, prolific, and long g 'Nugget,' 'Jubilee,' and 'Gay Borders, containers. Sun.

Annual. Rainbow range of colors. hrough summer into fall. Sun.

us primrose. Perennial. Sturdy g plants in many colors. Borders, rs. North or east exposure best.

aby *carnation in 4-inch pot. Several named ieties. Semidouble flowers like small roses t always in bloom; fragrant on warm day*

DARROW M. WATT

This month *nurserymen can show you these plants —marguerites, upper left; polyanthus primroses, below; impatiens, right—and many, many other container-grown, blooming kinds ready to spark up your garden*

Rhododendron connoisseurs *examine plants on sale table. Cat-tail pennon in hat (left) identifies plant information s*

DARROW

Hard-to-find plants go on sale in San Francisco . . . at 10 A. M. March 14

Two plant lovers *consider m purchase from the perennia*

Young gardener *finds a bargain plant. He will even get change*

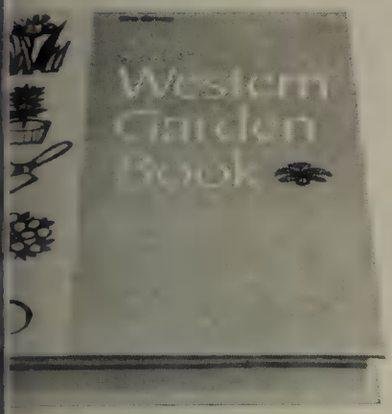
Plant collector's heaven—that's the only way to describe the third Annual Plant Sale to be held at the Hall of Flowers in Golden Gate Park on Saturday, March 14. Serious plant hunters from all over northern California will be there, and some from even farther away will plan San Francisco visits to coincide with the sale date.

The plant sale offers nothing but the choice and the hard-to-find in large quantities. That is why last year's affair was a thumping success. (See the photographs for some of last year's action.) And the Strybing Arboretum Society, which sponsors it, promises an even bigger and better sale this year.

For six months members of the Society and the Arboretum staff have been assembling plants for the sale. Sources include the Arboretum and Golden Gate Park nurseries and greenhouses, the collections of distinguished gardeners, and outstanding nurseries. Proceeds help support the Society's education program.

The Hall of Flowers is just inside Golden Gate Park at Ninth Avenue and Lincoln Way. The sale starts at 10 A.M. and lasts until 5 P.M. The rarest and choicest items are bought up early, so try to be th when the doors open. Expert horticult ists will be on hand to answer your qu tions. All sales are cash (checks accept Prices begin below $1 and range upwa

Here are a few of the goodies you buy: 17 species and hybrids of *Prim fraises des bois* (wild European str berries); house and container plants cluding orchids, bromeliads, and bor material; a selection of Maddenii and M lesian rhododendrons, most of which h never been sold commercially.



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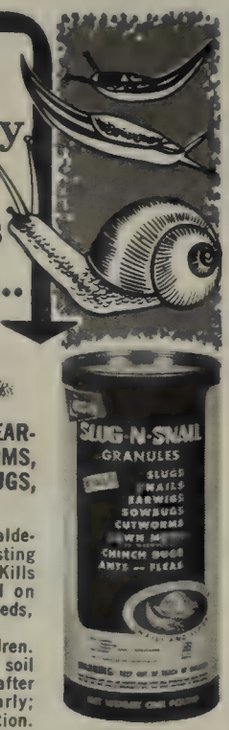

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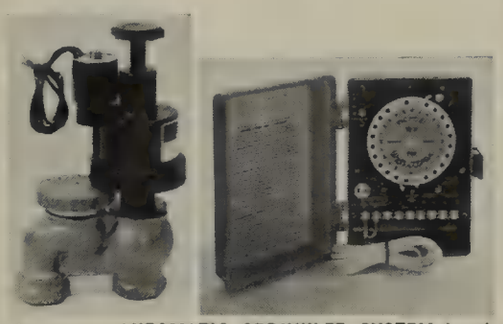

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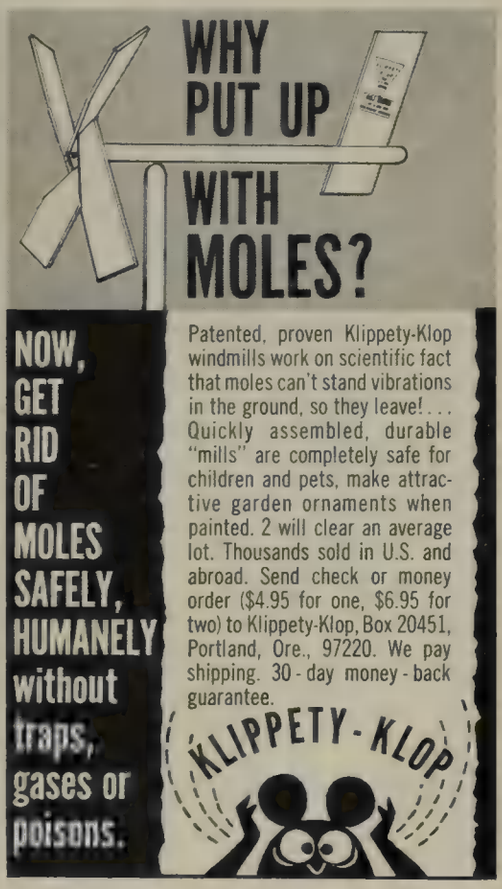

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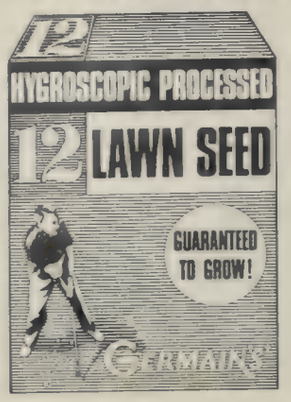

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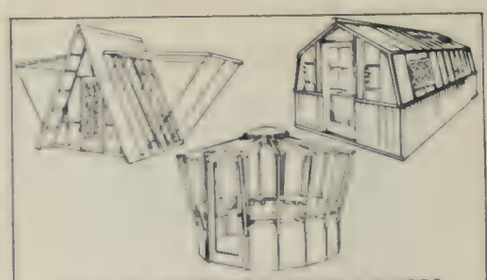

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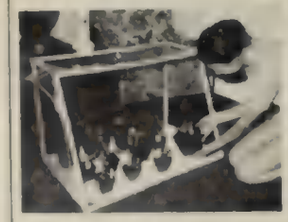

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odora has a reputation of being
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sure that the capricious shrub w

The one point of common ag
Daphne needs good, fast drain
especially susceptible to root rot
die unhesitatingly if water surro
roots for any length of time.

On every other point, successfu
growers disagree. Although fast
usually means a light, sandy l
daphne is reported growing in m
soils, too. Daphne likes sun but
about whether it prefers full sun
sun. Some gardeners say the pl
a mulch around it to keep the r
in summer; others disagree. So
the plant often, others very lit
plant it in a protected spot, o
it out in the open.

Since *D. odora* is one of the W
plants (see page 87), the We
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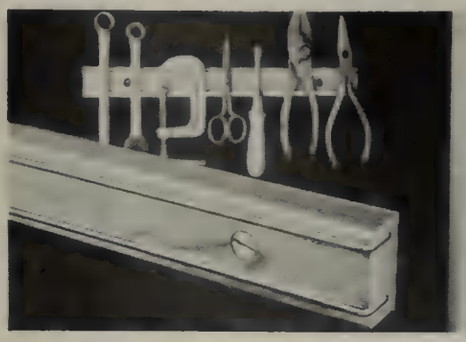

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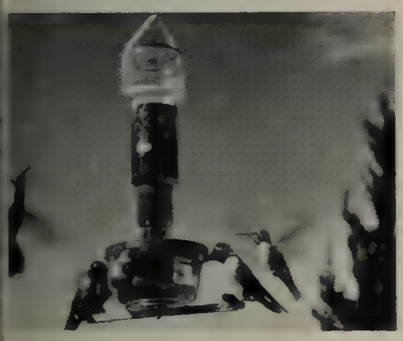

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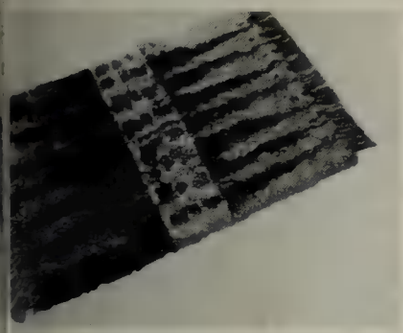

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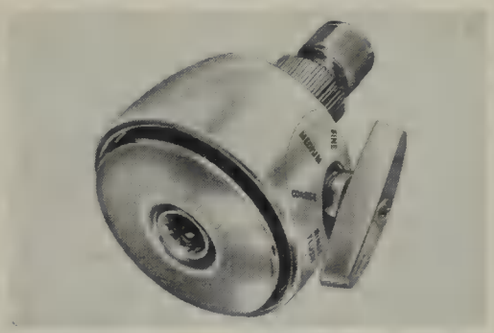

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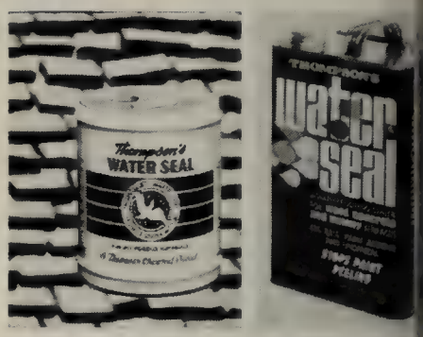

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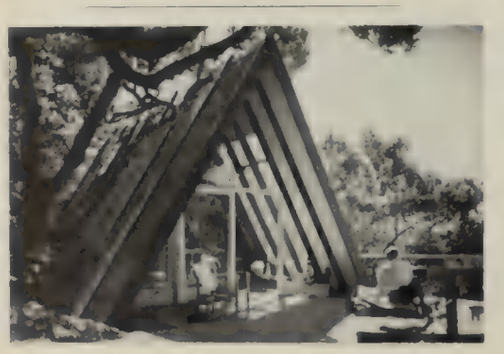

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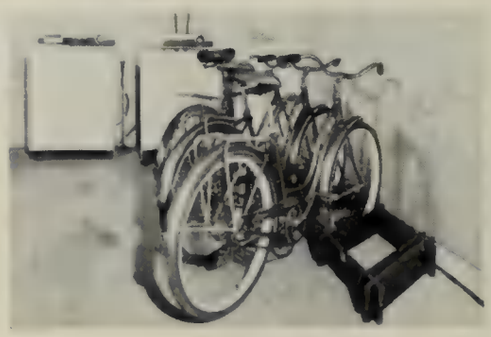

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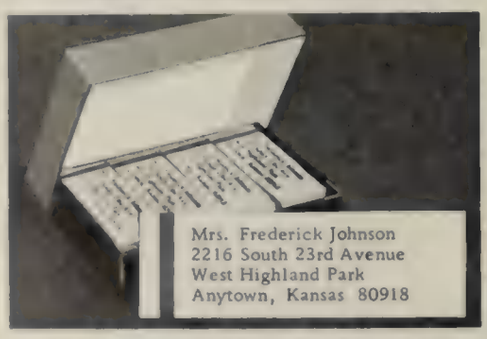

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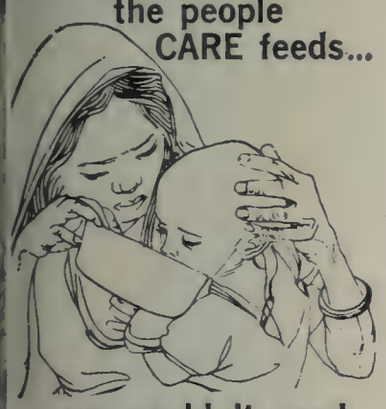

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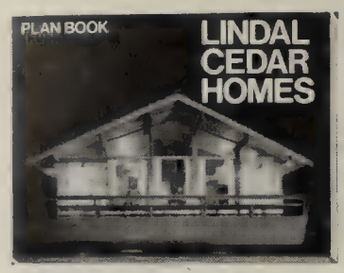

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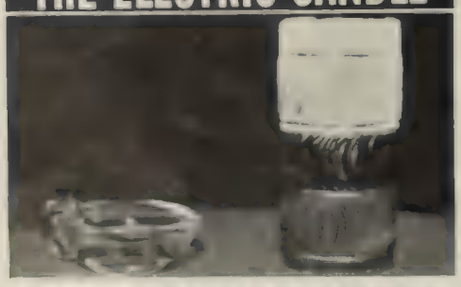

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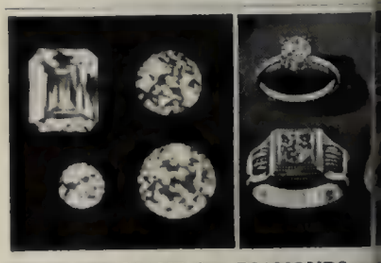

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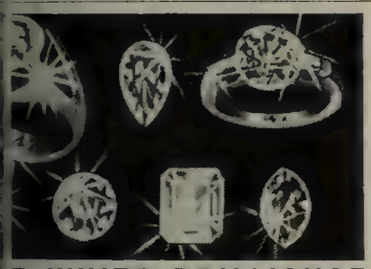

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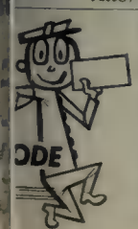

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ELLS MARUGG

Three flower clusters *of 'Rancho Dwarf' appear below; larger A. orientalis at top*

New dwarf agapanthus

A new low-growing, white-flowered agapanthus called 'Rancho Dwarf' is on the market this year.

The 2-foot stems of 'Rancho Dwarf' are topped with full, compact clusters bearing half again as many flowers as the large, commonly grown *A. orientalis* whose stems stand 4 to 5 feet tall. The new variety has narrower, shorter leaves than the old-timer.

'Rancho Dwarf' is a horticultural variety selected from among thousands of plants grown from seed collected in the wild in South Africa. All plants of this variety sold in nurseries are divisions made from stock originating with the seedling selected several years ago.

Like other agapanthus, 'Rancho Dwarf' grows best and flowers most profusely in rich soil and full sun in coastal areas, and in partial shade in warmer sections. Give it lots of water during the growing season. If you live in a cold-winter climate, lift the plants before frosts, store until spring, then replant. Or grow them in containers—a splendid way to grow agapanthus anywhere.

Smaller divisions of 'Rancho Dwarf' or any agapanthus may not flower the first year, but once established they'll increase in size, vigor, and bloom year after year. Don't divide clumps more often than every four or five years.

LETTER FROM *Sunset*

One good way to heal the damaged landscape

The 1970's promise to be the first decade in which threats to envir and damage to environment will be continuous front page news.

The threats and the damage aren't new. They have long been a to *Sunset*—reflected in articles and in advertising policies. But wh them on the front page now is the increased public concern ove erated air pollution, water pollution, and land damage.

Individuals now ask: "What can I do personally? What action can I

Most action will have to be citizen-voter action. Environment guards will have to be established politically and by massive eff volunteer cooperation by large groups including businesses.

But there still is action most *Sunset* readers can take quite on th Most *Sunset* reader-families, more than 90 per cent, own their own and therefore exercise environmental control over some of the landscape, sometimes only 6,000 or 8,000 square feet, often one or acres.

In many cases this piece of land once was pushed around by bul and lost original native trees. In most cases it needs more trees to soil, to shade pavement, to improve views.

Many *Sunset* readers also belong to improvement associations and clubs or serve as advisers of youth and children's groups. All th groups capable of action to improve the landscape by planting tr

Guidance on tree planting is a task just right for *Sunset*.

1965 was *Year of the Tree* in Southern California. We publishe of charts that year on selected, proven trees for streetsides.

"Grass and trees on Main Street" was the subject of our 1967 re the new downtown malls in Fresno, Pomona, Riverside, Santa

In 1968 we published articles on saving landmark trees as well a ing new ones. One told how an elementary school in Bellevue, W ton, started its own arboretum.

Altogether in the 1960's *Sunset* published more than 100 articles o tree planting by individuals and public tree planting by citizen

If the land you live on, or own, needs trees, read this issue an future *Sunsets* for ideas on what to plant.

WINDOW ON THE WEST:

Boardwalks of Alaska

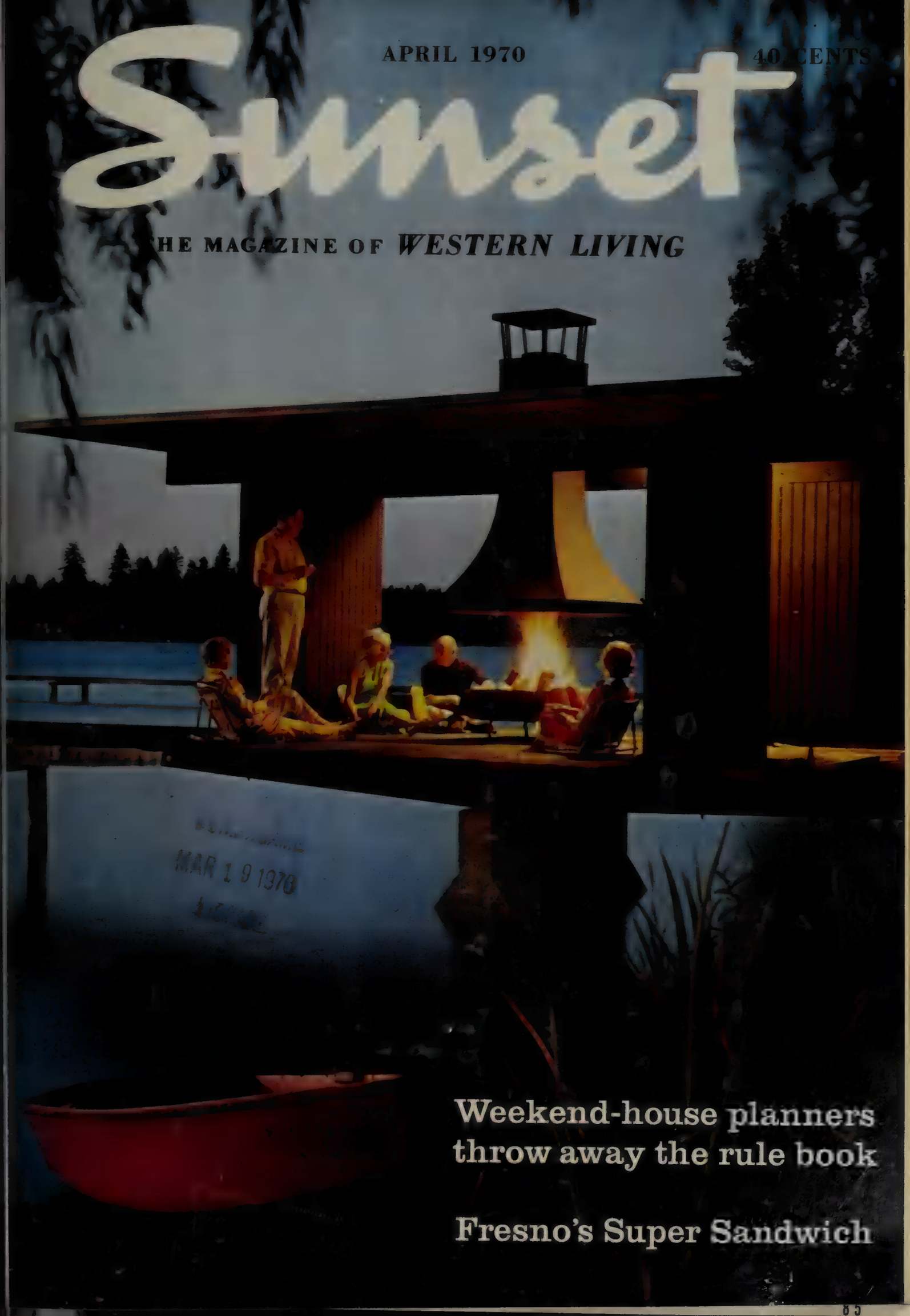
For all their beauty, the rain forests of southeastern Alaska are a soggy for casual walking. In Tongass National Forest (by far the co try's largest), the Forest Service builds and maintains plank trails— puncheon trails, as they are known locally—so visitors can go explor without getting their feet wet. This picture was taken near Ketchik You can take a puncheon trail excursion near most of the principal co munities in southeastern Alaska on almost any day of the year.

APRIL 1970

40 CENTS

Sunset

THE MAGAZINE OF *WESTERN LIVING*



MAR 19 1970

Weekend-house planners throw away the rule book

Fresno's Super Sandwich

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Sunset*

THE PACIFIC MONTHLY*

THE MAGAZINE OF WESTERN LIVING*

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The Cover Story

The pavilion on the cover is in the owner's back garden, yet it is a kind of vacation house—a place to escape to. On page 104 you'll find some other get-away houses with provocative designs. The cover photograph was made by Glenn Christiansen

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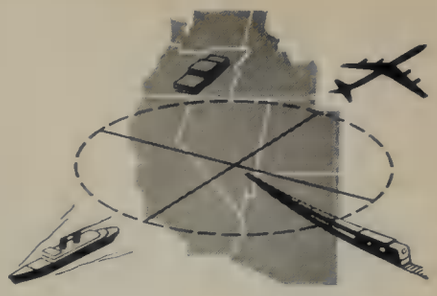

R. C. DAWSON

Merrily rowing *past submerged branches and grassy banks, Russian River canoeing party basks in balmy weather*

Cooling off *by capsizing canoe is one way to do it. Grab oars and canoe in fast current*

anoeing time
ıe Russian

day of canoeing down Sonoma y's Russian River can be part of pleasant weekend. It's uncompli- floating past gently rolling hills, ıed shores, and vineyards; hearing of birds and insects; and soaking ıe warm spring sun.

hrough October, the river between ıd Healdsburg drops slowly, with few sections of swiftly flowing cur- ›r variety. Overhanging and sub- l branches along the bank of the ·an be difficult to negotiate but laces are shallow enough for wad- ›uld you capsize.

group is large and lively, some will ·ly end up in the river, so dress ingly and bring a dry change of g. Be sure to bring cold drinks ›icnic lunch; bottles, cans, and food should be secured in plastic bags and tied to the canoe. Keep all refuse tied in another bag for easy disposal at the end of the trip. Tennis shoes or those that tie on won't get lost overboard. Bring life preservers and protection from the sun.

Bring your own canoe, or rent one for $10 a day or $17.50 for two days. It is wise to reserve in advance. For reservations, write to W. C. "Bob" Trowbridge, Russian River Canoe Trips, 13849 Old Redwood Highway, Healdsburg, Calif. 95448, or telephone (707) 433-4116. Canoes will be ready at Asti or at Alexander Valley Bridge for the start of a trip, but you must register first at the Healdsburg Beach rental headquarters and pick up paddles.

To get there, take the Healdsburg Avenue exit off U.S. Highway 101 (about 15 miles north of Santa Rosa) and drive about ½ mile. Those who bring their own canoes

Sunset

THE MAGAZINE OF WESTERN LIVING

April 1970

Brenda, *12, washes lettuce as Cathy, 13, looks on. The girls tested the dinner menu after school, then rushed home to their families with the results*

Lettuce . . . or green confetti?

The recipe originally called for "small pieces" of lettuce. But a *Sunset* home economist watched aghast as these young recipe testers began ripping lettuce leaves into tiny shreds—and the results looked like confetti.

We changed the wording to "bite-sized pieces," and the problem vanished.

This is just one example of why we let boys and girls test all the directions we give in a recipe developed for young people. It's the only way to make sure that the wording is clear.

For the *I fixed it all by myself* dinner on page 158, several youngsters, including some total novices in kitchen ways, helped develop and test the menu. Their findings were tested by the pair pictured; a home economist stood by as guide, searching out trouble spots and turning the testers' comments into rephrased directions that other junior cooks could follow.

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are also welcome to come in for f area maps to trip starting points, inqu about other canoe trips, or check on wa conditions. Lunches from 25 to 75 ce and life preservers are also available Healdsburg Beach.

The most popular canoeing excursions the Russian are a one-day trip fr Asti to Alexander Valley Bridge, or fr there to Healdsburg Beach, and a t day trip (about 33 miles of river) t combines both segments.

To start canoeing at Asti, leave U.S. at the Asti turnoff. Just before reach the gates to Italian Swiss Colony win turn right on the frontage road and d ½ mile to Washington School Road; t left and continue to the Asti bri where canoes are launched.

To reach Alexander Valley Bridge, le U.S. 101 on the Healdsburg Avenue and continue on Healdsburg Ave about 4 miles through the town's m business section until the road fo Take the right-hand road, Alexander V ley Road, where a sign will direct to Calistoga, and drive until you re the river and a narrow bridge. A reading "Canoe Trips" will direct yo the launching spot.

Those making a two-day trip may w to camp at Alexander Valley Bridge. fee is $1 per canoe; water and rest ro are available. Those who prefer mo will find a fairly large selection al U.S. 101, especially around Healdsb and Santa Rosa.

It's advisable to bring at least two to handle the passenger shuttle at beginning and end of the canoe trip.

Golden Gate Park centennia garden publication

San Francisco's largest park is the ject of the spring issue of the quart *California Horticulture Journal.* The tory of the park is recounted in arti on the Conservatory, long-time sup tendent John McLaren, the Japanese Garden, and in other subjects of int to plantsmen. The issue sells for $ and is on sale this month at the infor tion kiosk in Strybing Arboretum the map on page 95).

Daffodil Hill is abloom now in the Gold Country

One of the most frequently-asked q tions we get from readers this tim year is: When are the blooms at t showiest on Daffodil Hill? The best g this year is the last half of March thr mid-April.

On view are crocus, lilacs, narcissus, some 250 varieties of daffodils bloo on the 8-acre hillside near Volcan the Gold Country. Planted last fall 2,000 tulip bulbs which the owners, Jesse McLaughlins, hope have esc

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R. G. Jamison, Dir.: Rancho Oso Summer Camp, Star Rte., Santa Barbara, Cal. 93105

the gophers in sufficient numbers to add to the spring color.

The color and extent of the planting is not immediately apparent when you arrive and park your car. Lining the entranceway and blocking the view are cages of birds and animals. Strolling the paths with you may be peafowl, pheasants, and geese.

There is no charge to visit McLaughlin's Daffodil Hill, but metal kettles are placed to receive contributions. There is an area with a few picnic tables and plenty of room to spread out picnic blankets.

From State Highway 49 at Sutter Creek, take the Sutter Creek - Volcano Road east 12 miles to Volcano, then drive 3 miles north to Daffodil Hill.

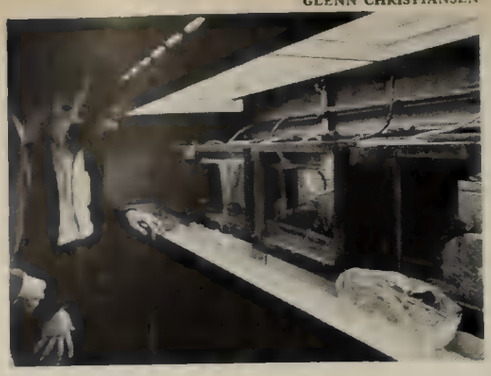
On the Monterey Peninsula... open house at Hopkins Marine Station

Laboratories, classrooms, and aquariums for the study of marine biology and oceanography at the first marine laboratory on the West Coast will be open to the public on Sunday and Monday, April 19 and 20. Between 9 A.M. and 5 P.M. each day, Hopkins Marine Station of Stanford University will offer conducted tours of its three buildings with short lectures on the center's activities.

Included in the tour will be a walk along a stretch of tidepools and beach of the station's mile-long coast.

The station is in Pacific Grove on Ocean View Boulevard just north of the Monterey city line.

GLENN CHRISTIANSEN



Aquariums *line wall of laboratory; inside are samples of coral*

Marine Station *sits on tip of Point Cabrillo in Monterey Bay*

For travel planners, an April check list

Hawaiian island cruises. Ten-day cruises in Hawaiian waters aboard Matson liners are now offered from April through October. The S.S. *Lurline* will provide most of the service between the islands of Oahu, Kauai, Maui, and Hawaii as part of her regular 20-day West Coast - Hawaii voyages. Fares for the 10-day cruises, which start and end at Honolulu, begin at $460. For a sailing schedule, write to Matson Lines, 110 Mission St., San Francisco 94105, or see a travel agent.

Pacific events, 1970. A list of holidays, festivals, and special events for 26 countries and the states of Alaska and Hawaii has been published in a booklet, *Events in the Pacific—1970*. For a free copy, write to Pacific Area Travel Association, 228 Grant Ave., San Francisco 94108.

Northern Arizona. Five-day rail and motorcoach tours to Lake Powell and Oak Creek Canyon, Arizona, will depart from Los Angeles, Pasadena, Pomona, and San Bernardino on May 3 and October 11. The tour group will cruise Lake Powell to Rainbow Bridge, inspect Glen Canyon Dam, shop in Sedona, and visit Montezuma Castle. Tour prices begin at $249 and include transportation, lodging, and most meals. For a brochure, write to Let's Travel Tours, Box 146, Perris, Calif. 92370, or see a travel agent.

Irish castle tours. Visitors to Shannon, Ireland, can now visit any of three medieval castles, tour the surrounding countryside, and then participate in the re-creation of a fifteenth century banquet inside the castle. A one-day excursion ($26) to Knappogue or Bunratty Castle provides two sightseeing tours, banquet with entertainment, two other meals, and hotel accommodations. The two-day tour ($30) to Dunguaire Castle includes bus tours of Galway and Connemara. For a brochure, write to Irish Tourist Board, 681 Market St., San Francisco 94105.

Scandinavian tour. One 38-day tour of Scandinavia covers Norway, Sweden, Finland, and Denmark, and adds a special excursion to Leningrad in Russia. It departs June 20. Side excursions by automobile will sample the scenery and unusual attractions of each country. Tour price of $3,948 includes round-trip air fare from New York, hotel accommodations, all meals (a la carte), and excursion costs. For a copy of the itinerary, write to Donald L. Ferguson, Ltd., Coral Gables, Fla. 33134, or see a travel agent.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

Sunset *School & Camp Directory*

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For Girls 7-16—Since 1932—June 28 to Aug
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Summer camps for girls and boys 6-16 situ near Seattle on Orcas Island in San Juan gr Program offers riding, saddle trips, large small boat sailing, cruises, canoeing, swimm music, dancing, tennis, extensive arts and c 44th season. **For information write Mrs. R. D. Wehle, Deer Harbor, Washington or call (206) 376-3634.**

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Mature, prepared staff. Emphasizing pe worth; non-competitive; riding, arts and crafts, swi nature, backpacking in Mendocino's Redwood Country Write, phone for free brochure
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Palo Alto, California
For Girls: Ages 8-13 Boarding and Day
Three two-weeks' Sessions June 21 – Aug Swimming, Riding, Tennis, Art, Drama, Se Cooking, Nature Study. Brochure Availab Business Office, Dept. S, 1310 Bryant S Palo Alto, Calif. 94301. Phone 327-5413.

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Tennis, Swimming, Riding, Languages, C Arts, Nature hikes and trail rides on 50 campus just 22 miles from San Fran Comfortable residences, dining hall.
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25th season

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These schools will be happy to supply further information and brochures upon request.

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■ 43rd Season
■ Boys 8-16

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Sunset School & Camp Directory

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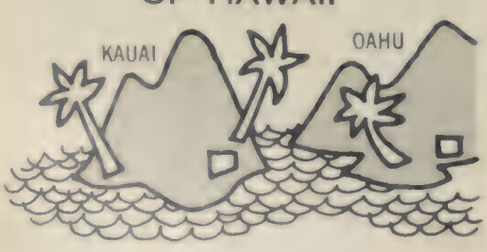

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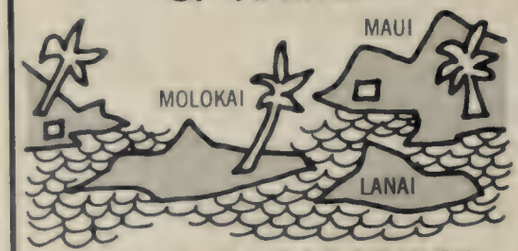

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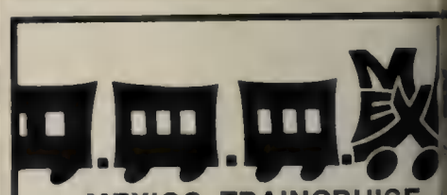

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nes and meeting houses of Samoa,
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'onga where natives of these islands
ıstrate crafts and entertain—takes
ur and a half if you walk, an hour
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ynesian buffet luncheon is served in
ining Lanai just outside the villages
12:30 to 2:30 P.M. While guests dine,
ers demonstrate native crafts.

is also a snack bar and native
craft shop on the grounds. In the
you can buy spears, musical instru-
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l in the Dining Lanai, to the ac-
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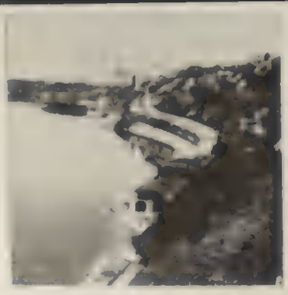

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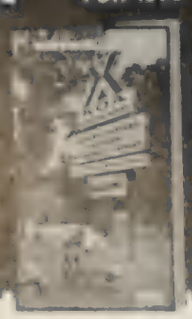

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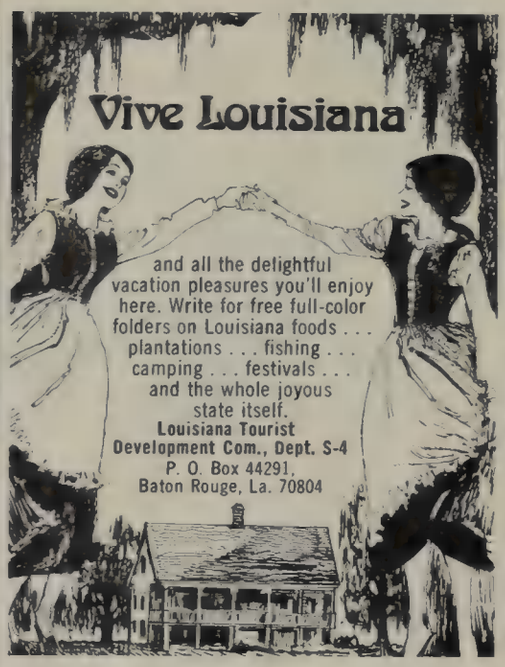

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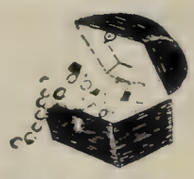

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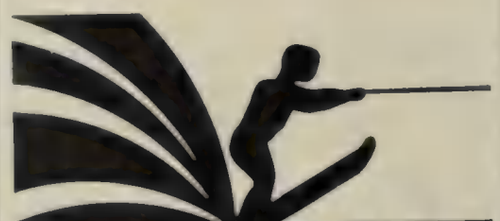

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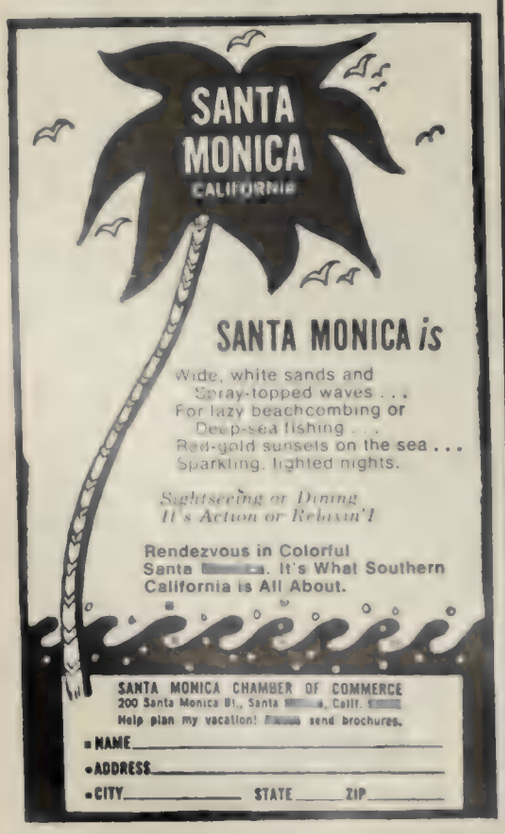

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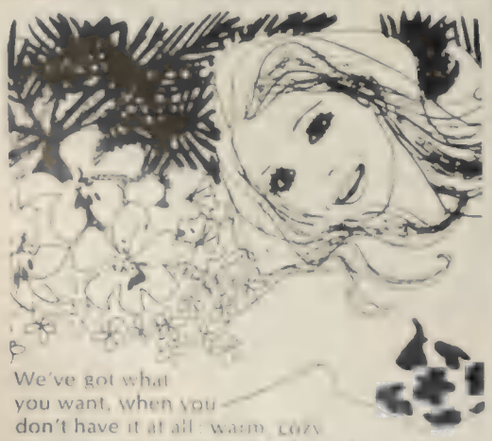

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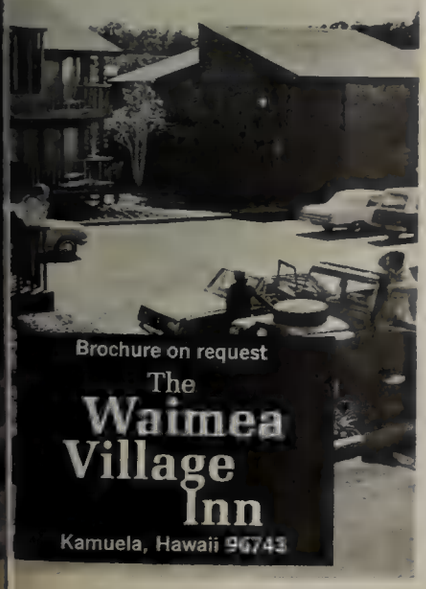

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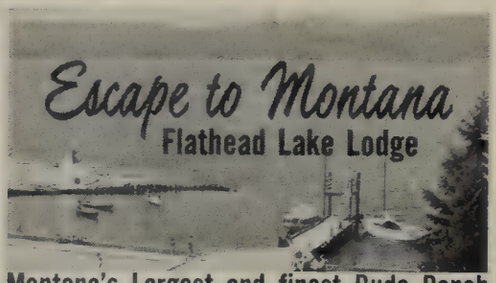

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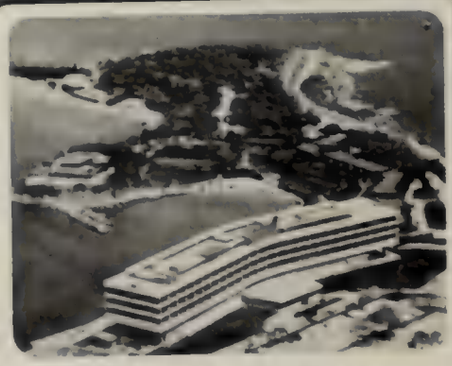

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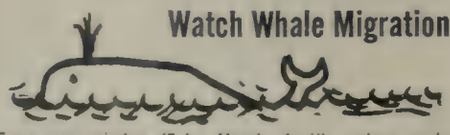

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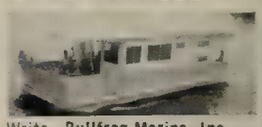

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DARROW M. WATT

me places *very narrow, elsewhere 'de as here. Ben Hur is a meandering, native to fast State 140*

Horses laze *on the hillside slopes; beyond, Ben Hur Road winds down toward California's Central Valley*

Mariposa to the Valley . . . there is a pokier way to go

a day or weekend in Yosemite or Rush country, travelers near Mari- usually head back to the Central y on State Highway 140, the fast to Merced. But if you're a back- fancier, you may prefer the quieter nate route mapped here.

miles south of Mariposa on State 49, south on Ben Hur Road. Here the ry changes: The road is bordered by rock outcrops, part of the western- projection of Sierra granite. Many n unfenced roadside property.

r 4 miles of sinuous driving between s, under shady oaks, and past small hes, you come to a fork. Buckeye l to your right leads to the old Mari- -Merced highway. Continue on Ben to your left; it briefly narrows to t 10 feet, then widens again.

it 10 miles from State 49, watch for remarkably well preserved old stone that parallels the road on your left. is part of the 5-mile-long Clyde Quick Ranch fence, built in 1862 by Chinese coolies; each was paid 25 cents a day to lay a required 25 feet of stone.

Ben Hur, still shown on some maps, no longer exists as town or post office.

South of the Quick Ranch entrance, the view opens up as the road drops more steeply. (The town of Raymond is 1,000 feet lower than Mariposa.) In late afternoon the setting sun burnishes the hillsides in tones of fire. Becknell Creek trickles unseen below you.

Ben Hur Road ends 17 miles from where it begins. To your right a slow, narrow, and somehow eerie unpaved road doglegs toward Le Grand. To your left a paved county road leads 7 quiet miles to Raymond, once terminus of a Southern Pacific spur line and kick-off point for Yosemite excursions.

From Raymond, paved roads reach to U.S. 99 and thence (for travelers to the Bay Area) directly west to Los Banos and Pacheco Pass.

Worn, *lichen-covered boulders by roadside attract young climbers*

From a housewares store, *looking south toward the narrow beginnings of Mouffetard as business wanes in the early afternoon. At far right, corner shop sells* rosbif *sandwiches*

Cauliflower, *other vegetables and fr get dropped directly into shoppers' n*

She's giving away *samples of a bouil mix—but first a few words of instruct*

Shopper-watching at a Paris street market

Mention Rue Mouffetard to a Parisian and he'll smile with pleasure, glad to know you've heard of one of his city's most lively and colorful street markets.

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The market operates daily except Monday, and is busiest in midmorning.

To get an idea of the prices Parisians pay for food, multiply the prices posted in francs per kilogram by 10; this will give a rough equivalent in U.S. cents per pound. Thus a 3-franc per kilo tag on sheep's brains means about 30 cents per pound.

The children *come too: almost always well behaved, quietly watching mother shop*

The most pleasant way to get to Mou tard from the Opéra area (Grand H Café de la Paix, American Express) i catch a Number 27 bus in front of Pam-Pam Café. It's a 40-cent, 15-min ride down Avenue de l'Opéra, through Louvre, across Pont Neuf, and along B levard St. Michel and several streets where Mouffetard begins. Or take Metro (subway) to Cencier-Daubento

If you like walking, continue up Mou tard to where it ends, then turn left follow the winding streets past the P théon and over to Boulevard St. Mic a major thoroughfare that leads past Sorbonne. The cafés here are cheaper t downtown, and you can buy sandwic from sidewalk vendors. Then take a p ing Number 27 bus or the Metro back the Opéra.

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In memory of the Chumash

, about 60 miles northwest of Barbara, has a new museum that s one of the most extensive ex- f Chumash Indian artifacts in the The relics were donated to the city rence Ruth, who spent much of exploring village sites.

owledge of the Chumash, who once ed the islands of the Santa Bar- chipelago and clustered along Cali- coastal areas from Malibu to Bay, is primarily through the s of early Spanish explorers. When ssions were founded in the late 10,000 Indians lived in the area; t full-blooded Chumash died in The only remains of the culture of lian nation, one of the largest in nia, are several rock paintings dis- in isolated caves and some arti- nearthed in archeological digs.

l in the old Carnegie Library g at the corner of Cypress Avenue Street, the museum is open to the Saturdays and Sundays from 1 to Admission is free.

or asks *curator about attrac- y displayed arrowhead exhibit*

WILLIAM APLIN

tite vessels *in the museum were rthed from ancient burial sites*

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Watch the tide come in on a salt marsh and you will never again think of a marsh as lifeless wasteland. Soon after incoming waters race over nearly flat ground, the long-billed wading birds come flocking to feed. As water deepens the long-legged egrets and herons stay to feed on fish and bottom life, and floating birds will alight to rest or feed.

The marsh is alive, above and below water: you are seeing only the most obvious part of what is known to be one of the most productive systems of plant and animal life in the world. And if the marsh attends an estuary open to the sea, it is part of a larger system that supports beds of shellfish, a spawning ground and nursery for many species of ocean fish, and a source of supply for their food chains.

Even when the marsh feeds the less-active waters of a lagoon (a "negative" estuary, restricted all or part of the time by a sandbar), it is still habitat, especially important to migratory birds along the Pacific Flyway and critical to shore birds: Some species are dwindling, a few face extinction as their habitat is eliminated—for they have nowhere else to go.

Coastal wetlands are important for such other reasons as study. They form an unusually rich laboratory in which the infant science of ecology can watch the adaptations of species, the consequences of their extinction, the effects of man-made distortions of the environment. Study is overdue: No one now knows how much the ocean fishery suffered from such losses as 5,000 acres of productive water and marsh at Los Angeles-Long Beach harbor, or how much wildlife disappeared along with 75 per cent of the marshland south of Morro Bay.

Few people love a salt marsh at first sight. Its somber beauty takes time to appreciate and its mud does little to invite you in. As a result, most people think of coastal wetlands as useless unless developed, and though they are in hazard up and down the coast they often go undefended (the reprieve of San Francisco Bay is a famous exception).

Nowhere is their existence threatened in such numbers or immediately as in Southern California, where the biggest and estuaries have already become the biggest harbors. wetlands, such as Alamitos and Mission bays, were l dredging and fill for subdivision and recreation. Some dr when bypassed by flood-control channels. Some are deg by pollution. Significant area is lost by default whe State Lands Commission fails to assert public own Nearly all have lost area to road fill and siltation.

Some of the remaining estuaries and lagoons have st settings below coastal bluffs but others go unnoticed, s seasoned coast travelers are surprised to realize how remain—some of them small, but now important. Here w line a tour of 21 of them on or close to the coast highwa south from one that is still largely intact: Morro Bay can walk through some; some can be seen only fro edges. Several of them can be explored by canoe.

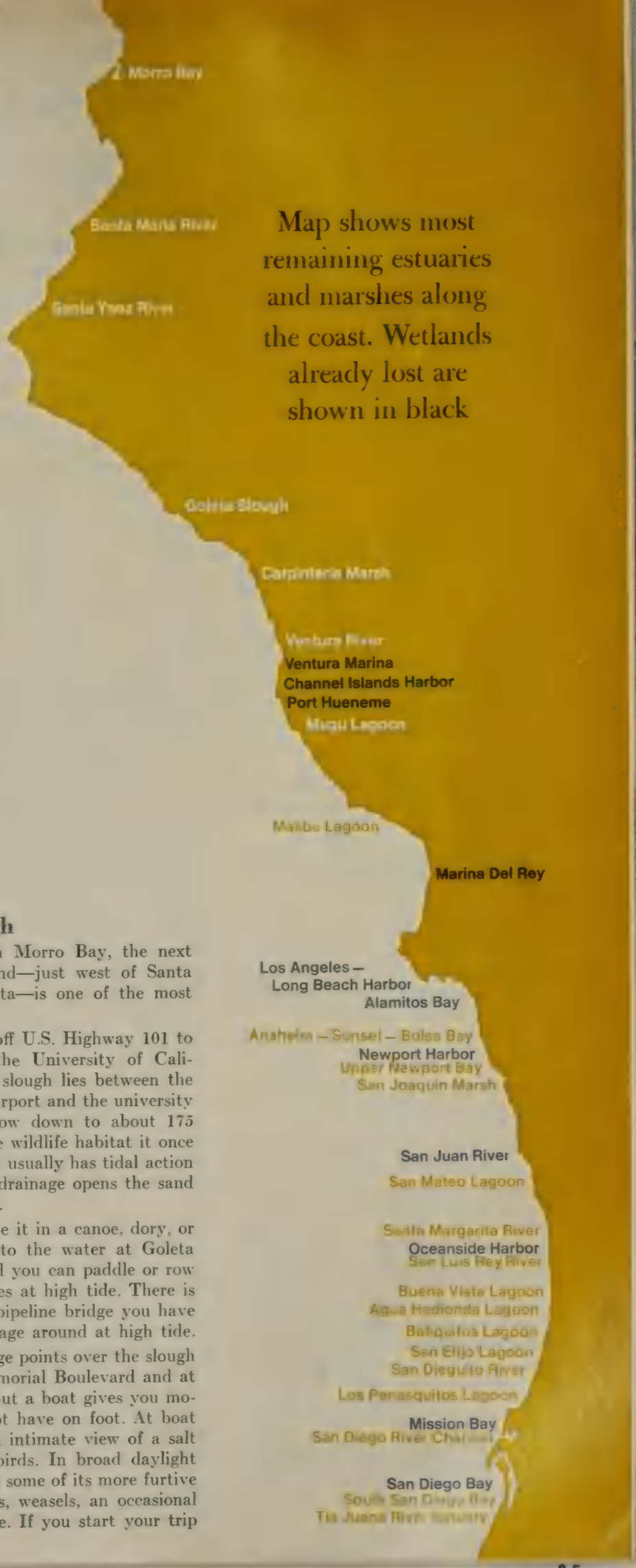
As you drive the coast, look at the wetlands as a living re and you will see them in a new light. The clouds of wi birds are thinning now, but migrants to Mexico are ret northward, and resident shore and marsh birds are beg to nest. The typical bird list for a good lagoon shows mo 100 species, one reaches 200.

When you consider what is in store for the remaining w —and that once gone they can never be replaced—yo agree that someone should be guarding their fate (there coordinated control now). One ray of hope is the sh commission proposed in the Sieroty-Dunlap bill now State Assembly—modeled after the pioneering Bay Co tion and Development Commission for San Francisco Ba

Showiest *of our wading birds, white egrets stand out in any marsh. Thirty of them crowd this scene in Upper Newport Bay*

JOAN CO

ng *Goleta Slough; university tops bluff beyond*



Map shows most remaining estuaries and marshes along the coast. Wetlands already lost are shown in black

ro Bay

last undeveloped large estuary in ern California is the northernmost: o Bay, just west of San Luis Obispo. gh tide, 2,000 acres are under water; er 575 are in salt marsh. Neither the g port of Morro Bay at the northern nor residential development at the ern end has significantly encroached, gh pollution from three subdivisions ut adequate sewage systems seems a matter of time and landfill subdivi- has been planned.

of the bay and its shore is pro- d within Morro Bay State Park, e you may camp, picnic, and go ng (recreation pressure has not yet fered with habitat). The park's na- museum has excellent displays and a close view of the wildlife on the flats below; here you can also pick free Audubon Society guide to other points around the bay.

ll great estuaries once did, this one supports a full range of marine life. e are oyster beds, and you may catch and take clams of several kinds— ding the giant geoduck—or get them Morro Bay restaurants or markets.

Goleta Slough

In contrast with Morro Bay, the next important wetland—just west of Santa Barbara in Goleta—is one of the most embattled.

You must turn off U.S. Highway 101 to reach it; take the University of California exit. The slough lies between the Santa Barbara airport and the university campus. It is now down to about 175 acres, a sixth the wildlife habitat it once contained, and it usually has tidal action when rainwater drainage opens the sand bar at its mouth.

You can navigate it in a canoe, dory, or rowboat. Put into the water at Goleta State Beach, and you can paddle or row for nearly 2 miles at high tide. There is one obstacle: a pipeline bridge you have to duck, or portage around at high tide.

There are vantage points over the slough along Ward Memorial Boulevard and at the university, but a boat gives you mobility you cannot have on foot. At boat level you get an intimate view of a salt marsh and its birds. In broad daylight you may not see some of its more furtive denizens: rabbits, weasels, an occasional bobcat or coyote. If you start your trip

an hour or so before a high tide, you will get some tidal-current help inbound, then outbound when it ebbs.

You will also be covering part of the route of a proposed freeway, a curious 1½-mile extension of the present access road that would dead-end at the university, covering much of the active, tidal part of the slough and restricting access to it.

It would be built over a subsiding area (railroad tracks laid 90 years ago are now 6 to 10 feet under the surface), over fresh-water springs that once supported Indian villages, over Indian middens, over a geological formation used to store natural gas (you can see bubbles of escaping gas), on sediments that could become thixotropic (acting as if suddenly changed to liquid under the impact of an earthquake), and next to a fault scarp.

The issue of freeway versus ecological preserve has been attracting public attention for some time: it has pitted conservationists, ecologists, the university academic senate, and students against local university administration and the city and county of Santa Barbara.

The contest's importance may be more than local, for though eight governmental agencies—federal, state, and local—had an interest in the area, a surprising ninth agency emerged, not with a single purpose or project but with the role of protecting the environment.

That agency was the Coast Guard. It assumed jurisdiction because this is a navigable waterway in the sense of the law, so bridges and their landfill approaches need Coast Guard permits. Acting for the first time under Section 4(f) of the Department of Transportation Act, it had authority to prevent use of or to minimize harm to "any public park, recreation area, wildlife and waterfowl refuge, or historic site." Goleta Slough qualified on at least two counts.

The Coast Guard held a public hearing on all aspects of the project last December 9. At our press time, their report had gone to the Commandant in Washington for action. No regulations spell out Section 4(f) authority, so the outcome may set a landmark precedent.

Carpinteria Marsh

East of Santa Barbara, this one—also known as El Estero—is visible only as open space from the highway. This 200-acre, privately-owned salt marsh, one of three important coastal wetlands remaining on this section of coast, is also the only one virtually intact. County plans show it as a harbor site—a fate likely to be hastened by skyrocketing property taxes unless a public agency can buy it.

Mugu Lagoon

In view from U.S. 101A at the foot of the western tip of the Santa Monica Mountains, this estuary is also big: 1,600 acres. About 250 acres are always under water; the rest is tidal salt marsh that supports a wealth of marine and wildlife. Access is restricted because it is mostly within a naval reservation. Agricultural drainage into it has produced in its shellfish the highest concentration of DDT and related compounds measured in any lagoon along the Southern California coast. And a projected freeway will subtract a sizable bit of marsh.

Malibu Lagoon

The coast highway crosses this small lagoon and adjacent marsh just east of Malibu Canyon Road. A favorite of birders, the area is visible and accessible from the highway at the bridge. About 15 acres in size, the part seaward of the bridge is state beach as yet undeveloped. This will maintain some of the wildlife habitat, though motorbikes have been chewing up the high ground, and the shore upstream from the bridge has been stripped by grading. Other threats: sewage effluent and flood-control channelization.

Anaheim - Sunset - Bolsa Bay

Just southeast of Long Beach, the remnants of this once-vast estuary (originally about 5,000 acres) still stretch for nearly 4 miles along the coast highway inland from Bolsa Chica Beach State Park. Its ability to support fish and wildlife has been cut in half, piecemeal, by dredging, bulkheading for real estate (Huntington Harbour), and roadfill diking. The recent development of a county marina and a future freeway landfill will again drastically reduce habitat. And more will be lost if a subdivision at the eastern end proceeds—a plan that envisions a sea channel across the state park.

The least-altered part is within the naval reservation, but some open stretches are still visible at roadside. Migratory fowl gather in this last large wetland before Mugu Lagoon, 70 miles northwest.

Upper Newport Bay

Turn off the coast highway opposite totally developed Newport Harbor to see the remaining natural part of this great bay, third largest on the South Coast. Turn inland at Jamboree Road and then turn left shortly onto Bayside Drive (paved only part of the way).

You will skirt 1,500 acres of open space: mostly water, a third in marsh or tideland. The bird display is as predictably spectacular here as anywhere on the coast. With an estimated 4½ million bird-days of use a year—56,000 birds counted here on a single day in the peak season—this may be the most important remaining coastal wildlife area south of Morro Bay.

Its waters and marsh contain 61 recorded species of fish and more than 1,000 species of marine animals—including clams, o-ters, and other edible seafood.

A controversial residential subdivis plan would completely destroy this ma and tideland habitat for wading bi and estuarine organisms. The cas presently in court, in a suit to test legality of the county's land excha with a developer who would make into something like the lower bay.

San Joaquin Marsh

Two miles northeast, one hopeful de opment has occurred: The University California has bought the 176-acre Joaquin Marsh, rich in wildlife, to be k as a natural reserve. It is part of drainage of Upper Newport Bay and fresh-water ponds and thickets are visi in the lowlands north of University D as you near the Irvine campus.

San Mateo Lagoon

On south into San Diego County, lago now occur with greater frequency. F is the 125-acre fresh-water lagoon marsh of San Mateo Creek just be San Clemente in the Camp Pendle Marine Base. Visible from the free only as a glimpse of water and tree has no public access. It was a candi for a state park until security for White House West, adjoining it on north, postponed the project.

Santa Margarita River

In 17 miles or so of open space thro Camp Pendleton, you pass a numbe small coastal wetlands—some still int some chewed up by the maneuverin heavy equipment—culminating in 800-acre complex of lagoon, fresh-w ponds, and marsh at the mouth of Santa Margarita River. Though it scoured (like many others) by last son's floods, and a large area has b stripped of vegetation by heavy mac ery, it still supports much wildlife.

Buena Vista Lagoon

Just past Oceanside, where the San Rey River lost most of its wetland a harbor, and on the boundary with Ca bad is celebrated Buena Vista Lagoo crossed by a freeway which subtra several acres of its surface. Turn no east at Vista Boulevard, and you will s road around the upper end. Here a ga of geese and ducks awaits your feed

The lagoon has achieved widespread f for the unusual variety of birds seen h nearly 200 species. This fresh-water m attracts such inland species as the w pelican. It has large shallow stretc excellent for wading birds, and envir attractive to land birds (even cormora roost in its shoreline eucalypts).

The lower part of the lagoon became first State Ecological Reserve in 1

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GLENN CHRISTIANSEN

Eager geese *and ducks delight in a feeding, making Buena Vista Lagoon a favorite stop on a trip*

when the Wildlife Conservation Board added a 65-acre parcel to 74 acres previously secured by the Nature Conservancy. However, the lagoon has lost a fourth of its habitat to landfill development and more is in danger—though an aroused community headed off the most recent rezoning attempt last November.

The Nature Conservancy is now raising funds (to match those of the two adjoining cities) for a lagoon water-control gate. To contribute, write to them at 215 Market St., San Francisco 94105.

Agua Hedionda Lagoon

The second in a series of six lagoons and marshes crossed by the freeway, Agua Hedionda is dredged deep water, so you don't see much wildlife activity. Only about 90 of the lagoon's 340 acres are in marsh at the upper end. There is water skiing (with a small marina) in the part above the freeway, and shore fishing in the seaward part where an electric plant uses the water to cool its condensers.

Batiquitos Lagoon

South of Carlsbad, this 475-acre salt marsh tends to dry up in summer, so it has sparser vegetation and supports less wildlife than those with tidal action. Still mostly natural except for a railroad and two road fills, it is private and may be developed in the future.

San Elijo Lagoon

This 500-acre lagoon and marsh is more lush and it's scenic enough to rate a viewpoint turnout from the freeway. You can also drive along its edge, a little way inland and all the way to the beach; take the Manchester Avenue exit.

Though one of the finest wildlife areas in the county, its future is dim. Its marsh depends on upstream effluent, a supply to be phased out in a few years. A proposal to turn the lagoon into a sterile lake was defeated, but subdivision and a marina are still possible; a sea channel for the marina would cut a state beach in two.

Los Peñasquitos Lagoon

Take either the freeway or the old coast highway toward Los Peñasquitos, one of few wetlands where fish and wildlife have increased in the past 10 years. (But first you pass the remains of the San Dieguito River marsh, now reduced to 150 acres and with its tidal flow limited by multiple fills. It is in Del Mar and is the site of the county fairground.)

Los Peñasquitos is mostly protected from encroachment within the boundaries of Torrey Pines State Reserve, but if a bar forms at its mouth to prevent tidal flushing, it faces the danger of eutrophication. (Eutrophication occurs when nutrients in the water cause algae to proliferate until they use up dissolved oxygen, which kills all organisms except some bacteria.)

The lagoon had been open to the sea for 18 months. After it closed, the state park people did not have equipment available to open the bar at critical times (this takes a fine calculation of tide and other conditions). Citizens including scientists who had been studying the lagoon became concerned, and last November 9 about 200 of them staged a most unusual demonstration: a ceremonial digging of a channel by hand.

It didn't let a great deal of water into the lagoon, but it helped communication with the park administrators, and now they and the people are cooperating to keep circulation going.

The wetted area of the marsh varies from as little as 17 acres in a dry year to 202 acres in 1968. Presently fresh water is supplied by upstream effluent, but that may not last. And flood-control plans may further restrict the flow. Some observers think the more generous size could be maintained by what is normally considered a coastline blight, a power plant to be erected beside the lagoon, but they favor it only if its discharge water is cool enough not to damage marine organisms.

Mission Bay

On into San Diego, the freeway takes you past the vast spread of Mission Bay Park.

Development has displaced natural habitat here, and activity pushes out birds that once used this as a major wintering area, but its unpolluted waters still nourish bottom life and ocean fish. A marsh preserve remains on the west shore: 85 acres of park plus an adjacent University of California parcel.

Water birds, including a remnant once-vast black brant flocks, con and feed in the marshy San Dieg channel along Mission Bay to th and within the park. From the free the Ingraham Street bridge, the is to be kept as a preserve for now stream it faces a marine stadium p

South San Diego Bay

Perhaps 15 per cent of the salt marsh of this once-great bay r mostly in the southern end. Even remnant still supports wildlife, in 180 species of birds. It is the h three species on the rare and end list and is the only known United breeding place of the elegant tern fascinates botanists for its 12 sp salt-water plants that can surv mersion and live under condition treme salinity and heat.

Much of the area is lost to public intricate port construction and salt which are present wildlife habit probably destined for fill and d ment. However, there is one choic ing place. To get there, take the C bridge and then follow Silver Boulevard south. The viewing si the bay opposite an enormous cyl antenna. You will have to park n here and walk to the shoreline.

At low tide you will see a grea wading birds. Some of the migra gone by now, but many nesting particularly terns—will be arou site is also proposed for a nature of 27 acres (on unused Navy l study done by a south bay sch trict has established the project' It is now being considered by t Diego Port District, and doubtl need state or other public sponso

Tia Juana River Estuary

Continue south to where Silver becomes Palm Avenue in Imperial Turn south on Emory Street, Coronado Avenue to its end, the on Ocean Lane. The road ends verge of the marsh. Another a from the east: south from the fre Hollister Street to Monument R

Nearly 600 acres at the southw ner of the nation, this large est ceives year-around tidal action. almost uninterrupted stretch of fl the bluffs of Tijuana for a back is not appreciably altered by n major importance to migrant an birds, it is a favorite of bird w

Most of it is private, but part is by the State and part by the Nav of which the State would like to for a park). Planned marina sub would damage its wildlife value.

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The white church *building sits on gra rise, houses museum, wildflower ce*

A wildflower an history museum

Old St. Hilary's Church perches above e Marin County town of Tiburon on a hill that is speckled this month with wi flowers. Surrounding slopes, green wh young grass and bright with blosso were a spring treat for citizens of bayside community until about 15 ye ago when houses, apartments, and a co try club encircled the church's hill.

Area residents formed a Landmark ciety to buy nearly 4 acres around small white wooden building and t preserve some 225 identified varieties ferns and wildflowers—especially black jewel and Tiburon paintbr which are believed to grow only in area.

After construction of a new St. Hila Catholic Church in town, the orig church was acquired by the society turned into a museum of wildflowers local history. (It can still be rented weddings.) Museum hours are noon t P.M. on Wednesdays and Sundays, fr April 5 through September.

You can visit Tiburon by ferry. Due t ferry strike the Golden Gate Bridge I trict has undertaken eight round t from San Francisco's Ferry Building e weekday and five round trips each we end day. Fare is 50 cents for adults. cents for children under 12. For sai times, call (415) 346-5858.

From U.S. Highway 101, turn onto Ti ron Boulevard for about 4 miles to M West Street. From Mar West, turn on Esperanza to the top of the hill.

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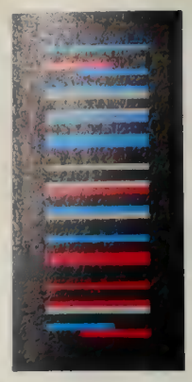

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*COIN is an acronym for **C**omplete **O**perating **IN**formation system now in operation.

HIGH SPEED COLOR SET

he Wagon Museum is in Eugene

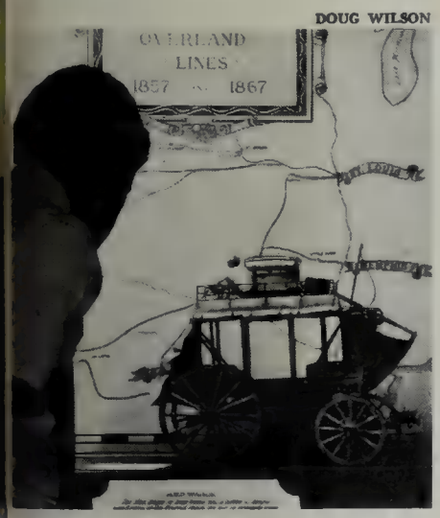
ted neatly into a basement on the versity of Oregon campus in Eugene e only museum of its kind in the U.S. e Wagon Museum. This unusual col- on of more than 60 miniature wagons eates the era of horsedrawn trans- ation.

ounded every day by automobiles, difficult for us to picture the trans- ation of a century ago. But in the on Museum we can see that it was ful, stylish, and more varied than ight have suspected. Included in the ne collection, for example, are a meat er's wagon; brewery, medicine, and ard wagons; a gooseneck dray, hotel wool wagon, balloon gas generator n, and a national park coach for seeing.

museum collection is the life work of tor and historian Ivan L. Collins, who dedicated more than 35 years to me- ous research and the construction of wagons. Some require as much as months research and building time, each is set off in a colorful, histori- accurate diorama.

sense of history is heightened by an-

DOUG WILSON



wagon, *a modification of Concord h for extremely rough, muddy roads, Portland to Sacramento in seven days*

fine touch—a tape recording of entic wagon sounds played during um hours.

Wagon Museum, in the basement of Memorial Student Union, is open out charge from 9 A.M. to 5 P.M. day through Saturday, and from 1 P.M. Sunday.

The nation's first land area established as a national park, is a wonderful world of awe . . . a living encyclopedia. Old Faithful geyser is exciting, but it is only one of over 10,000 thermal wonders which steam, hiss, and bubble within the nearly 3,500 square miles of the park. There are waterfalls and canyons; rugged mountain peaks and gentle meadows; some 440 miles of blue-ribbon trout streams and one of the largest, most beautiful mountain lakes in the world, teeming with fabulous native cutthroat trout. Animal life as nature has intended is visible to those who drive into America's greatest wildlife show.

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Wildernesses west of the Rockies . . . here are 37

The Wilderness Act of 1964 established a National Wilderness Preservation System to protect those fragments of Federal land where "the community of life is untrammeled by man."

All existing wilderness areas and wild areas were included. And, in a continuing reappraisal, new areas are being evaluated and brought in. Asterisks mark the seven wildernesses added in the West since 1964, and there will undoubtedly be more.

For maps and other information, write to the administrative agency concerned—see the last line of each listing.

Arizona

**Chiricahua Wilderness:* 18,000 acres
Forested mountains, precipitous canyons, rare wildlife species
Coronado National Forest, Tucson

Galiuro Wilderness: 52,717 acres
Precipitous mountains, wildlife; Coronado N. F., Tucson

Mazatzal Wilderness: 205,346 acres
Precipitous mountains, scenic views, geologic interest
Tonto National Forest, Phoenix

Sierra Ancha Wilderness: 20,850 acres
Precipitous mountains, prehistoric cliff dwellings
Tonto National Forest, Phoenix

Superstition Wilderness: 124,140 acres
Rugged desert peaks, lost mines and legends, wildflowers
Tonto National Forest, Phoenix

California

Caribou Peak Wilderness: 19,080 acres
Forested plateau, trout lakes, hiking trails
Lassen National Forest, Susanville

Cucamonga Wilderness: 9,022 acres
Gentle to rugged topography, unusual flora, bighorn sheep
San Bernardino National Forest, San Bernardino

**Desolation Wilderness:* 63,469 acres
Glaciated mountain valley, meadows, lakes, trout fishing
Eldorado National Forest, Placerville

Dome Land Wilderness: 62,121 acres
Towering domes and spires, precipitous river canyon
Sequoia National Forest, Porterville

Hoover Wilderness: 8,979 acres
Rugged canyons, jagged peaks, glaciers, trout fishing
Inyo National Forest, Bishop

John Muir Wilderness: 502,978 acres
High timbered mountains, hiking, trout fishing
Inyo National Forest, Bishop

Marble Mountain Wilderness: 213,363 acres
Spectacular limestone peaks, rare mountain flora, hiking
Klamath National Forest, Yreka

Minarets Wilderness: 109,484 acres
Spire-like peaks, alpine lakes, trout fishing
Inyo N. F., Bishop; Sierra N. F., Fresno

Mokelumne Wilderness: 50,400 acres
Rugged granite peaks, rare mountain flora, wildlife
Eldorado N. F., Placerville; Stanislaus N. F., Sonora

**San Gabriel Wilderness:* 36,137 acres
Steep granite-walled canyons, trout fishing, hiking trails

geles National Forest, Pasadena

Gorgonio Wilderness: 33,873 acres
sert to alpine scenery, high peaks, hiking trails
Bernardino National Forest, San Bernardino

Jacinto Wilderness: 20,565 acres
h forested plateau, precipitous cliffs, scenic views
Bernardino National Forest, San Bernardino

n Rafael Wilderness: 142,722 acres
mote coastal mountains, scattered forests, good hiking
Padres National Forest, Santa Barbara

th Warner Wilderness: 68,507 acres
h forested ridge, meadows and lakes; Modoc N. F., Alturas

ousand Lakes Wilderness: 15,695 acres
h mountain valley, many lakes; Lassen N. F., Susanville

ntana Wilderness: 95,152 acres
stal mountains, rare tree specimens, hiking
Padres National Forest, Santa Barbara

la Bolla - Middle Eel Wilderness: 108,451 acres
gged forested mountains, bald peaks, wildlife
ndocino National Forest, Willows

)

way-Bitterroot Wilderness: 988,655 acres
gged forested mountains, extremely remote, abundant wildlife
arwater N. F., Orofino; Nezperce N. F., Graneville

da

bidge Wilderness: 64,667 acres
gged mountainous terrain, trout, excellent bird watching
mboldt National Forest, Elko

on

mond Peak Wilderness: 35,440 acres
addles Cascade summit, many lakes and mountain meadows
schutes N. F., Bend; Willamette N. F., Eugene

Eagle Cap Wilderness: 220,416 acres
High peaks, trout fishing; Wallowa-Whitman N. F., Baker

Gearhart Mountain Wilderness: 18,709 acres
Spectacular "Gearhart Notch," rock palisades, fishing
Fremont National Forest, Lakeview

Kalmiopsis Wilderness: 76,900 acres
Rare plants; Siskiyou N. F., Grants Pass

Mount Hood Wilderness: 14,160 acres
High country near Mount Hood, magnificent mountain meadows
Mount Hood National Forest, Portland

**Mount Jefferson Wilderness:* 99,600 acres
Forested Cascade ridge, wildflowers, trout fishing, wildlife
Deschutes N. F., Bend; Willamette N. F., Eugene

Mountain Lakes Wilderness: 23,071 acres
Forests, excellent trout fishing; Winema N. F., Klamath Falls

Mount Washington Wilderness: 46,655 acres
High mountain peaks, volcanic craters, lava fields
Deschutes N. F., Bend; Willamette N. F., Eugene

Three Sisters Wilderness: 196,708 acres
Precipitous peaks, glaciers, excellent trout fishing
Deschutes N. F., Bend; Willamette N. F., Eugene

Washington

Glacier Peak Wilderness: 464,219 acres
Numerous glaciers, spectacular alpine scenery
Mount Baker N. F., Bellingham; Wenatchee N. F., Wenatchee

Goat Rocks Wilderness: 82,680 acres
Precipitous peaks, glaciers, mountain flora
Gifford Pinchot N. F., Vancouver; Snoqualmie N. F., Seattle

Mount Adams Wilderness: 42,411 acres
Alpine to arctic scenery, excellent hiking
Gifford Pinchot National Forest, Vancouver

**Pasayten Wilderness:* 505,524 acres
Forested region of many trout streams, east of Ross Lake
Mount Baker N. F., Bellingham; Okanogan N. F., Okanogan

Wallowa Lake, in northeastern Oregon

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Nature enthusiasts have their choice of more than 50 outdoor excursions in this year's program offered by the Wilderness Society, a nonprofit organization dedicated to the preservation of wilderness areas. Seasoned outdoorsmen as well as novices, and also families with children are all equally welcome to join the small groups that are formed for these horseback, hiking, backpack, and ski and snowshoe trips.

Early reservations are recommended if you want to participate in the trip of your choice.

Bring personal gear and (usually) a sleeping bag; all other equipment and meals are provided. The excursions are leisurely enough to allow some time for nature study, exploring, photography, fishing and relaxation while passing through some of the most scenic areas of the West.

Backpacking trips: A total of 19 trips are scheduled from April through September. All last approximately one week and cost $195 to $215. Pack frames and sleeping bags are furnished. Destinations are wilderness areas in Zion and Canyonlands national parks and Capitol Reef National Monument; and Flat Tops, Gore Range, Eagles Nest, Jim Bridger, Sawtooth, Wind River, Elk, Big Horn Crags, High Uintas, and Big Bend wilderness areas in national forest lands.

Walking trips: The 19 hiking trips of approximately one week cost $190 to $215. All gear is transported by pack animals. Walking excursions will include Escalante Canyon, Salmon River, Sangre de Cristo, Selway-Bitterroot, Grand Teton and Glacier National Park wilderness areas. Alaska hikes are scheduled in the Kenai National Moose Range Wilderness and the Mount McKinley area.

Horseback trips: The 15 scheduled horseback excursions average about a week and cost $215 to $350. Horses are assigned on the basis of the rider's experience. Outings include the Superstition, Gila, Pecos, Selway-Bitterroot, Flathead, Bob Marshall, Weminuche, San Juan-Rio Grande, Lincoln-Scapegoat, and Yellowstone National Park wilderness areas.

Ski and snowshoe trips: April and December snow excursions into the Rocky Mountain National Park area cost $95 and last about five days.

For detailed schedules and further information, write to the Wilderness Society Western Regional Office, 5850 E. Jewell Ave., Denver, Colo. 80222.

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Spring and late Fall! You may wish to cruise just — way, and drive the majestic Alaska Highway the other. It makes the perfect circle for your Alaska adventure.

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Safety information: Other of Alaska vessels M.V. Malaspina, M.V. Tazlina, M.V. Matanuska, M.V. Tustumena, registered in the United States, and the M.V. Yakutat, registered in Panama, meet international safety standards for new ships developed in 1960 and meets the 1974 Fire Safety Requirements. This notice is published as required by Public Law 88-717.

alaska
marine highway

S

Bony *pectoral fins (beside man's fingers) are used by "walking" catfish to propel itself on land; feelers around snout locate prey*

Watch out for walking catfish

This ugly creature, the "walking" catfish, is a form of environmental pollution. A vicious, fast-breeding predator of freshwater fish, this species can take over an entire lake and even migrate overland when other waters are close by.

Imported illegally from India and Southeast Asia, walking catfish have caused disastrous depletions of native game fish in Florida. Now one has been found in Legg Lake, near Whittier, California.

In an effort to curb their spread, California, Arizona, and Nevada have made it unlawful to "possess, import, transport, or release into the wild, four members of the fish family *Clariidae*, which includes 'walking' catfish." Officials are now fearful that people who have these species in aquariums may let them loose in lakes or streams.

Our pictures will help you identify the beasts. They have pale-pink or slate-gray bodies up to 2 feet long. Dorsal and ventral fins extend the length of their bodies starting from the back of their flattened heads, which have eight barbels or "feelers."

Primitive lungs enable the fish to survive for long periods on land. They are likely to turn up at night when they crawl ashore to forage—chiefly for insects.

If you own or encounter one, notify the nearest office of your state department of fish and game immediately; a representative will come out to dispose of the fish for you.

JAMES M.

Pendulum-like *tail action gives the catfish extra impetus on land*

Subdued *in government aquarium, fish rests warily on the bottom*

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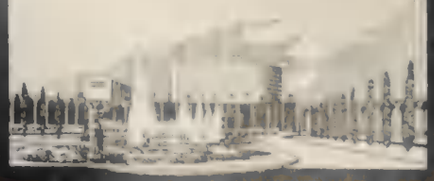

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ELLEN KADELBURG

The Sunday market *in Tapalpa takes place around an old yellow-domed church that is close to the plaza*

If you are south of Guadalajara

Mexico guidebooks probably won't mention the tiny town of Tapalpa, but this mountain village is well known locally for its tasty cheese and beautiful orchids. Only 80 miles southeast of Guadalajara, it is a favorite destination for Sunday picnickers and an easy detour if you should be driving farther south to Colima or perhaps Manzanillo.

The paved road ascends gradually through dense pine forests and wildflower-dotted meadows where cattle graze peacefully. In the distance you'll catch occasional glimpses of Colima volcano. Allow 2 hours for a leisurely drive: The road is winding but there is little traffic.

Tapalpa is a quiet town, good for strolling. The cobblestone streets are clean, and the houses are well built. You'll have to look up the side streets to find the creameries—in small buildings where most of the work is done manually. You can watch through the doorways but tours are not encouraged.

If you haven't brought a lunch, there is a simple restaurant near the central plaza, or you can buy cheese, fruit, and bread at a small grocery store and ask for rections to a nearby picnic site.

Cheese maker *uses modern equipme but still does a lot of work by han*

In June orchids bloom on the surroun hills and are sold at the Sunday mar

From Guadalajara, take Highway 1 the Ciudad Guzman and Colima (Highway 33). When you reach I Sayula, watch for the marker on y right indicating the turnoff for Tapa

et closer to your country.
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d it won't *go* out.

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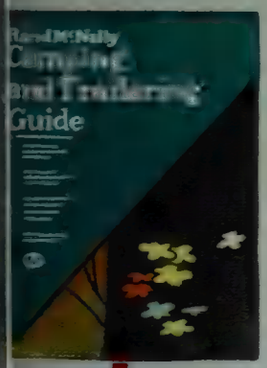

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Train emerges *from tunnel on cue fr engineer operating the instrument p*

South Shasta star rolling on April

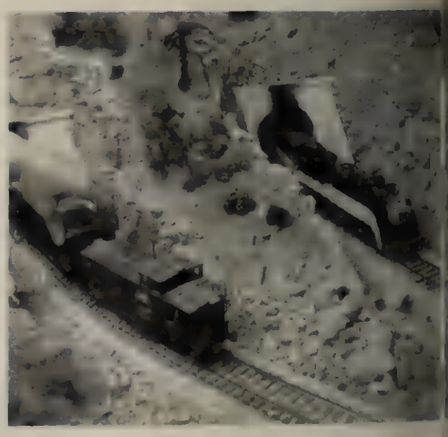
Model railroad fans will be glad to l that the South Shasta Lines, a miniat version of Southern Pacific's Shasta vision, Gerber to Dunsmuir, will begin 18th year of operation on April 5.

Every Sunday from 1 to 4 P.M. dur April and May, you can watch the en neers pilot their ¼-inch scale model tra over 820 feet of track through a rep of countryside actually existing along Southern Pacific route.

Twelve steam trains with 90 hand-b freight and passenger cars travel o bridges, through tunnels, and up st mountain grades into tiny towns. B clang, whistles shriek, mail is thrown and a sawmill works beside the track.

You can also ride a wood-burning, smo spouting steam train.

All this takes place on the G. A. Huma ranch near Gerber, 12 miles south of Bluff, California. Admission is $1 adults, 50 cents for children under 12.



Rolling stock *pass on way through re istic hillside. Boy's hand shows sc*

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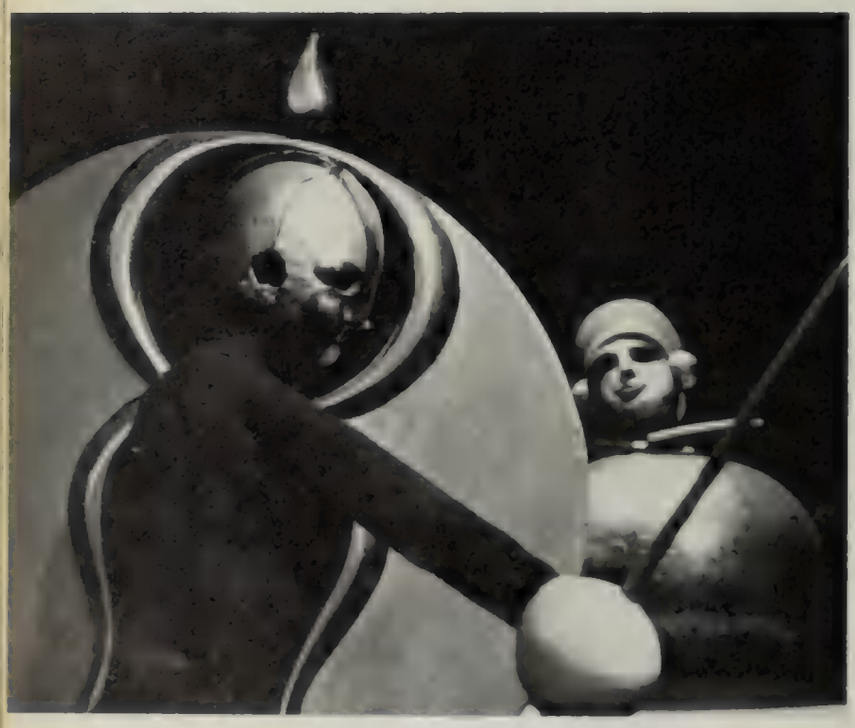
Until April 26 . . . the great Bauhaus show in Pasadena's new art museum

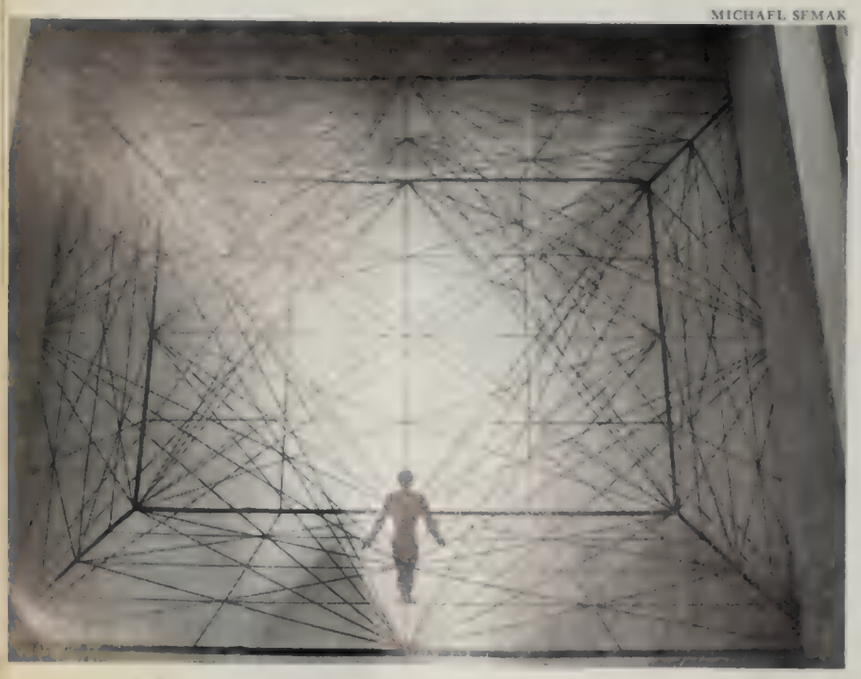
JAMES M. K

Entrance *is a broad terrace leading to the pavilion that links two wings*



Disk figure, *man-size, was part of experimentation with theater arts*

MICHAEL SEMAK



Design study *is called "space lineature with man," by Oskar Schlemmer*

One of the most stimulating exhibitions of the year arri last month at Pasadena's elegant new art museum. If you headed south this month, the Bauhaus show offers a real ducement to see the new museum. Pasadena is its last s after an unusually successful two years starting in Europe coming most recently from the Art Gallery of Ontario in ronto.

The cornerless, tile-clad museum was built by private effo centered in Pasadena but spread throughout Southern C fornia. It was designed by Pasadena architects Ladd & Kels H-shaped in plan, it provides well lit spaces that are easy move about in and easy to comprehend.

The Bauhaus show surveys half a century of the work of t remarkable and once revolutionary school. Founded in Weim in 1919 by Walter Gropius, it lasted until 1933, but ma of its architects, artists, and designers are still at work a the movement is still very much alive.

Their aim was to reconcile art and industry to create n design that would restyle man's environment from the bui ing down to the most everyday object. In so doing, their fluence has been profound throughout Western civilization.

More than 1,500 objects will be on view, and their range astonishing: from works of architecture, the fine arts, theater, and such crafts as pottery and fabrics, to furnit and housewares. And it is fascinating to note how much th was modern in the 1920's is still modern.

The show fills the entire museum. It is arranged in a sequen that at once suggests the course of study and the history of Bauhaus—from basic concepts through sections on individ art and design forms to sections on Bauhaus life and the co tinuation of the work of its members—including those w came to America.

The museum is at Orange Grove and Colorado boulevards; e trance is on Colorado. It is open 10 A.M. to 9 P.M. Tuesd and Friday, 10 to 5 Wednesday, Thursday, and Saturday, a noon to 5 Sunday (closed Monday). Admission is $1.50 adults, 50 cents for students, free for children under 12. T Bauhaus show will be on view until April 26.

"Saddle up...ride 'em out!"

Call them "dude" ranches, or "guest" ranches . . . makes little difference. The atmosphere is still the same — casual, and tinged with the romance of the Old West. This year, spend some time with us at one of these ranches. Relax, soak up the fresh air, gaze at spectacular scenery. Mount up and head off on a trail ride breakfast, where you'll enjoy real sourdough pancakes and freshly brewed coffee, warmed by the embers of a glowing campfire. Or take a guided pack trip into high mountain country, and spend a couple of nights sleeping under a blanket of stars. Some of our guest ranches are open year 'round. You make your own plans, set your own schedule . . . shuffle along as you please. That's the way it is when you play "cowboy" at one of the friendly guest ranches in Washington State.

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MICHAEL TILDEN

His target: *A 4-inch disk 2,000 feet below. Parachutist alters direction by pulling lines attached to steering slits in chute*

Where and how to watch skydiving

ummeting through space at 120 miles r hour, after jumping from a plane cir- ng more than a mile and a half above the earth, a skydiver has just 30 seconds to free-fall before pulling his ripcord and waiting for a thin, brightly colored canopy to snap open over his head and float him gently to earth.

This is the essence of sport parachuting, an exciting activity that many Westerners are beginning to discover—mostly as spectators at competitive meets.

Parachute meets have been scheduled throughout the West this month; the most important are two qualification meets in California at Lakeside (near San Diego) on April 4 and 5, and at Lincoln (near Sacramento) on May 2 and 3.

These meets are governed by rules of the U. S. Parachute Association, and chutists will compete for the best score in one of three events.

In the "accuracy event," contestants leave the plane at about 2,500 feet, the minimum jump altitude, pull their ripcords immediately, and direct their pattern of descent by pulling two cords attached to steering openings slit in the canopy of

DARROW M. WATT

ungsters *watch as skydiver dons his rm jumpsuit, backpack, safety helmet*

In Hong Kong, The Mandarin.

Like The Mandarin itself, the bars of The Mandarin have a feeling all their own. The Captain's Bar, warm and intimate with a small combo playing the kind of music that always swings but never intrudes. Two floors away, the unique club-like atmosphere of The Chinnery, a 'men only' bar where the speciality is prime roast beef served with man-sized drinks. In the Grill Room bar, a friendly aperitif creates the perfect mood for the superb food that follows. And high above it all, The Lookout Bar where the whole breathtaking panorama of Hong Kong and its harbour unfolds before you.
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their chutes. Their target is a 4-inch dis and it is surprising how often an e perienced jumper will hit it.

"Style" is an event in which the par chutist is judged on the time taken t complete a standard set of maneuve and how accurately he performs the during free fall. Although these skydive jump from about 6,600 feet, if you hav binoculars you can watch the procedur one full turn left, back to the right, back loop, and then repetition of t series in the opposite direction.

A new event this year is "relative work an exercise in teamwork that is judged b the time it takes to complete a specif sequence of formations. Four men, jump ing one at a time at about 8,500 fe regulate direction and rate of descent b the position of their arms and legs. Com pleting at least two formations (out five possible) while falling at a rate 176 feet per second isn't as simple as looks, and this event is considered t most difficult of the three.

Spectators should arrive at the drop zon early; although continuous jumping scheduled from about 7:30 A.M. to 5 P.M each day, afternoon winds sometimes cu tail activities. Drop zones are at the m nicipal airports at Lincoln, 25 miles ea of Sacramento off Interstate Highway 8 on State 65; and at Lakeside, 25 mil east of San Diego off U. S. 80 on State 6

Qualification meets in the Northwest ha already been held, but other meets a scheduled for this month. For the dat and further information on meets in yo area, write to U. S. Parachute Associatio Box 109, Monterey, Calif. 93940.

Camping handbook

The new *Sunset Camping Handbook* (Lane Books, Menlo Park, Calif., 1970; $1.95) is now available at most bookstores. Although written primarily for families new to camping, veteran campers may also find the illustrated book useful.

The 96-page *Handbook* covers most of the more perplexing problems about going camping, especially those concerning equipment, making camp, and planning and preparing meals. Recreational vehicles are also discussed in detail, and sections on hiking, wilderness camping, and camping with children are also included.

The section about camping with children, a subject usually avoided in most books, is especially useful for novice families, since it helps them foresee certain problems (taking a baby, keeping children entertained) before they leave home.

Make the world go away.

Instead of elbowing your way into a jam-packed campground this summer, why not stretch out in Banff, Yoho, Riding Mountain, Fundy, or Les Laurentides.

From Mount Revelstoke in British Columbia to Terra Nova in Newfoundland, 19 beautiful Canadian National Parks go all out to accommodate you. Not to mention 91 provincial parks and many more privately-owned campsites.

If you're travelling the Trans-Canada Highway to one of our scenic or historic parks, you can pitch a tent all the way there and back, if you like. You're never more than 50 miles from a picnic site or 150 miles from your next overnight campsite.

This means you'll never have to get off the highway and show up at a sophisticated city hotel, motel or restaurant, all rigged out like an embarrassed Daniel Boone.

We'd like to remind you though, that you don't necessarily have to be a rugged individualist to enjoy a camping vacation in Canada. Many campgrounds are fully serviced. And some are downright cushy.

It all depends on you, and how far back to nature you're willing to go.

Above is a typical example of Canada's more than 10,000 campsites. Below, Wild Animal Park in Moose Jaw, Saskatchewan. Camp north of the city at Buffalo Pound Lake.

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Canadian Government Travel Bureau, Ottawa, Canada.

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Canada

NORMAN S. GORDO

Conqueror in chariot *on top of Red Army Arch dominates this south side of Palace Square across from the Czar's Winter Palac*

Heart of Leningrad is still the Palace Square

Clustered together on the south bank of the Neva River near the heart of Leningrad, the magnificent eighteenth century palaces that sheltered Russia's Czars for more than 200 years are now museums housing collections from the past.

In 1703 Peter the Great founded Leningrad, then called St. Petersburg, as his capital. Peter wanted a modern city that contrasted as sharply as possible with medieval Moscow, and he made it into one of the cultural centers of Europe.

Although the rule of the czars ended in 1917 with the revolution, the Imperial city has been preserved, and buildings damaged during the 900-day siege by the Germans during World War II have been carefully restored.

The most interesting remnants of Peter's city are grouped within walking distance of each other, so visitors can, for the most part, simply stroll down the Neva from one building to another.

The Cathedral of Saint Isaac of Kiev, built between 1818 and 1858 in the Imperial Russian style, is a good starting point for a tour. Inside is a small museum, and visitors can climb the 262 steps to the top of the 330-foot-high golden dome for a fine view of the city.

North from the cathedral are the gardens of Decembrists Square where, on December 14, 1825, palace guards staged an unsuccessful revolt against the czar. The gardens hold a statue of Peter the Great.

(continued on page 78)

Truckload *of Russian soldiers passes entrance to Hermitage Museum that faces the Neva River across road. Lack of privately owned cars leaves city streets almost bare*

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erected in 1775 by E. M. Falconet, and there is a splendid view of Basil Island and the Neva.

As one faces the Neva, the buildings on the left are the Old Senate, the supreme court of justice of the czars, and on the right are the two wings of the Admiralty building. Walk past the Admiralty to the Palace Square of the Winter Palace.

The Winter Palace was the permanent residence of the czar. Built between 1754 and 1764 by Rastrelli, it has two façades: one overlooking the Neva, and the other opening on the historic Palace Square. Although it's still a good example of baroque architecture, most of the original detail and interior decoration in the Palace's 700 rooms were destroyed in the great fire of 1837.

The Imperial family began collecting art in 1764 and built the Hermitage next to the Winter Palace in 1839 to house the royal collection.

Now both the Winter Palace and the Hermitage are part of the Hermitage Museum, one of the finest in the world. The exhibits include the largest collection of the works of French Impressionists in existence.

Along the Neva beyond the Hermitage is the Summer Palace and Garden, the pleasure palace that the czars used for short visits and lavish entertainments. Peter the Great must have had a good sense of humor, because when he laid out the garden between 1706 and 1712 he had hidden fountains installed that would spray water at random, occasionally dousing the elegant courtiers he invited to walk through his garden. Visitors should keep an eye out for these fountains since many are still working.

For information on travel in Leningrad and the rest of the USSR, write to Intourist, 355 Lexington Ave., New York, N.Y. 10017, or see your travel agent.

NORMAN S. GORDON

The golden dome *of St. Isaac Cathedral towers above its colonnaded entrance*

This spring give yourself a beautiful surprise- British Columbia

Springtime is a holiday bouquet in British Columbia. Gardens abloom with daffodils and tulips in the green parks of Victoria and Vancouver. Orchard blossoms in the valleys of the Okanagan and the Kootenays. Vast, unspoiled forest reaches as you travel our great mountain highways or cruise sheltered coastal waters. And spring is the perfect time for doing as well as viewing. Enjoy fabled fishing on saltwater inlets and interior lakes. Golf on some of the world's most scenic courses. Fascinating historic sites like Barkerville and Fort Steele. And the excitement of the British Columbia Festival of Sports, May 16 - June 1. If you haven't experienced springtime in British Columbia, you're in for a beautiful surprise. Get ready now. Obtain our colorful Visitor's Kit — or convention information — by mailing the coupon to:

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Department of Travel Industry, 1019 Wharf Street,
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Photo from Beautiful British Columbia magazine

FRANK JENSEN

Wranglers *and pack horses string out over a gentle slope. Partway around the lake other horses, finished for the day, sample the grass*

Yellowstone pack trips . . . two day, three day, five day, you name it

Landing *a fighting trout is tricky, especially when angler is knee-deep in tules. Trout is probably cutthroat*

A hungry camper *brings plate for more hot biscuits, bacon, and eggs. Overnight accommodations in tents*

The lure of the outdoors attracts more vacationers to Yellowstone Park every year, but this year there is a new way to escape the crowds: Take a wilderness pack trip.

The variety of pack trips offered this summer includes a series of two and three-day outings scheduled between July 3 and August 21; special five-day late summer trips starting on August 24 and 31 and September 7; and individually tailored trips to any area you specify.

The regular trips go out of Mammoth Hot Springs into the mountains east of there. Half-day rides cover the distances between camps, leaving the rest of the day open for hiking, riding, or relaxing. There is also fishing for cutthroat, rainbow, and brook trout on the Yellowstone River and Hellroaring Creek.

Two-day pack trips cost $87.50 per person; three-day, $125; and five-day, $200. This includes meals and lodging, horses, and the services of experienced guides.

All you bring is a sleeping bag, duffel bag, fishing gear, and personal effects.

Reservations (make them early) and details can be obtained by writing to Tour Dept., Yellowstone Park Co., Yellowstone National Park, Wyoming 82190.

WHIRLING SURPRISE!

Windmills were used to pump water off Holland's land—but today KLM can direct you to surprising windmill restaurants, a windmill hotel, a windmill museum and a windmill spy network.

re are 960 interesting windmills to see in Holland. This one, just 8 miles north of Amsterdam, is used as a mustard factory.

Once our windmills were Holland's st powerful weapon in our fight inst nature. Today they still whirl. d they are full of surprises.

A windmill museum. North of Amdam there is an ancient windmill h a museum inside. Here you can rvel at the surprisingly ingenious ls we used in a bygone era. And at remarkably clever blueprints of dieval inventors. There is a library browse through and some centuries- paintings. And after that, still more.

Windmills and espionage. From Rotlam there is a tour to the 19 Kinder: Windmills. Notice how their sails be set to catch the wind from any ction. During World War II, our derground passed coded messages directed allied aircraft strikes by setting these sails in prearranged ways.

Windmills for sleeping and dining. Drive southeast to the town of Heijen. Here you can spend a night in the tower of an 8-sided windmill hotel called De Heijense Molen.

Near Amsterdam a windmill has been converted into a restaurant called "De Dikkert." Here you'll eat like a gourmet prince. The proprietor will even dispatch his red Rolls-Royce to fetch you.

Airborne surprise. We Dutch have mastered the *skies* as well as the wind and sea. Our country's airline, KLM, was the first to run scheduled international flights. And, the first to fly regularly between continents. Fly with us. Our home city, Amsterdam, is less than 2 air hours from most European capitals. Call your travel agent or KLM Royal Dutch Airlines.

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1shland will offer nore Shakespeare

ew **indoor theater** just opened by the gon Shakespearean Festival Associa- ı will practically double the playgoing ilable in Ashland this summer. The -seat Angus Bowmer Theatre, named the festival founder, is already pre- ting a "Stage II" spring series of plays. *encrantz and Guildenstern Are Dead* ned the spring series on March 21, to ollowed in rotation by *You Can't Take Vith You,* Anouilh's *Antigone,* and *The ıtasticks* at 8:30 P.M. Tuesday through urday, with 2 P.M. matinees Saturday Sunday. Then from May 22 through e 20 a summer preview series will pre- t *Rosencrantz* and *Merchant of Venice* weekends only.

: regular summer Shakespeare season ns June 26 with a performance of *rchant of Venice* in the Bowmer Thea- Thereafter, the traditional outdoor ys will rotate with *Comedy of Errors, ıus Caesar,* or *Richard the Second* pre- ted every evening in the Elizabethan ater (pictured below). Meanwhile mat- : performances of *Rosencrantz* and *rchant of Venice* continue daily in the vmer Theatre until August 13; then liere's *The Imaginary Invalid* replaces *encrantz* through September 13.

gle seat prices for all performances are $3, $4, and $5; half price for children er 12. For reservations and a calendar performances, write to the Oregon kespearean Festival, Ashland 97520.

GEORGE WOO

earsals *at the outdoor Elizabethan ater are open to public at no charge*

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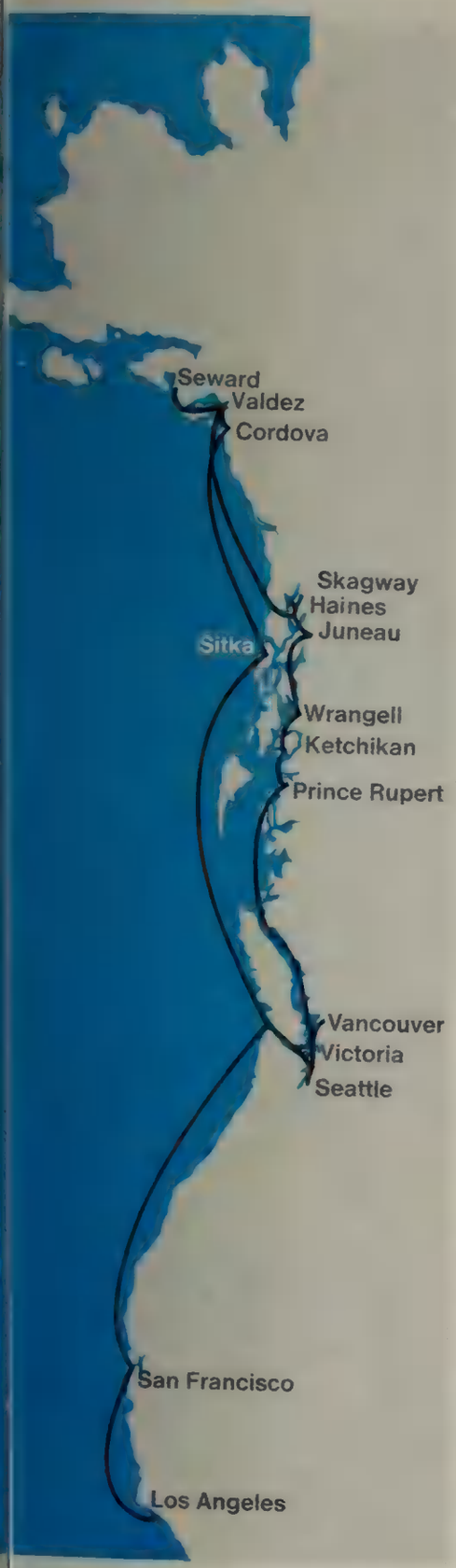
Cruising to Alaska . . . the traffic is going up



Black lines *show main routes. Most cruises reach Skagway; some now stop at Seward*

The choice in Alaska-bound passenger ships will be greater this spring and summer than at any time since the Gold Rush of '98. At press time 8 steamship lines had scheduled 12 vessels for 137 cruises to Alaska—an increase even over the burgeoning number initiated last year.

New ports of call along the Alaskan Gulf appear on some itineraries, and you can now sail all the way to Seward. Seattle has been added as a departure point, along with Los Angeles, San Francisco, and Vancouver, B.C. And tourists can bring their autos to Alaska on British Columbia and Alaska State ferries.

All cruises follow the Inside Passage. But you don't have to go all the way to Alaska to see these waters. If the Passage, not Alaska, is your main objective, take either of two Canadian fjord tours, one originating in San Francisco, the other in Vancouver (see next page). Neither reaches Alaska, but both offer excellent views of the Inside Passage.

Prices quoted here are minimum round-trip midseason fares in U.S. currency; often fares are lower for early and late sailings. Details of itineraries, tour options, and fares are available from travel agents and the steamship lines.

CRUISES

American President Lines: one cruise (12 days from San Francisco, 17 days from Los Angeles) on the *S.S. President Wilson*, departing June 11 from Los Angeles, June 13 from San Francisco. Stops are Vancouver, Skagway, Glacier Bay, Juneau, Sitka, Victoria. Fare from Los Angeles, $475; from San Francisco, $335.

Bergen Lines (Northland Tours): 20 eight-day cruises on the *M.S. Meteor* departing from Vancouver and stopping at Ketchikan, Tracy Arm, Juneau, Skagway, Sitka, Wrangell. Sailings: May 14, 22, 30; June 7, 15, 23; July 1, 9, 17, 25; August 2, 10, 18, 26; September 3, 11, 19, 27; October 5, 13. Fare: $225 up.

Canadian National: 18 eight-day cruises on the *S.S. Prince George* from Vancouver, with stops at Prince Rupert, Ketchikan, Juneau, Skagway, Wrangell, Alert Bay. Sailings: April 26; May 20, 28; June 5, 13, 21, 29; July 7, 15, 23, 31; August 8, 16, 24; September 1, 9, 17; October 3. Fare: about $270 up.

Canadian Pacific: 13 eight-day sailings on the *T.E.V. Princess Patricia* from Vancouver stopping at Ketchikan, Wrangell, Bartlett Cove, Glacier Bay, Skagway, Juneau, Prince Rupert, Alert Bay. Sailing dates: May 31; June 8, 16, 24; July 2, 10, 18, 26; August 3, 11, 19, 27; September 4. Fare: about $255 up.

Matson Lines: eight 13-day cruises (seven on *S.S. Mariposa*, one on *S.S. Monterey*); all but one depart from San Francisco before going to Los Angeles, Vancouver, Juneau, Glacier Bay, Skagway, Sitka, Victoria. Sailings: June 13, 21 (departs Los Angeles), 26; July 10, 23; August 5, 18, 31. Fare: $730 up.

P. & O. Lines: four 14-day cruises aboard the *S.S. Arcadia* departing from San Francisco and stopping at Los Angeles, Vancouver, Ketchikan, Juneau, Glacier Bay, Sitka, Victoria. Sailing dates: May 23; June 6; July 4, 18. (Los Angeles departures one day later.) Fare: $275 up. Passengers may also board at Vancouver for eight-day cruises on May 27; June 10; July 8, 22. Fare: $155 up.

Princess Cruises: One 13-day and seven 14-day cruises on *M.V. Princess Italia* departing from San Francisco and stopping at Vancouver, Ketchikan, Juneau, Skagway, Victoria. Sailings: June 3, 17; July 1, 16 (13-day cruise), 29; August 12, 26; September 9. Fares: $460 up (13 days), $495 up (14 days).

West Lines: 65 departures on four vessels from Seattle and Vancouver from May 3 through October 5. The *S.S. Glacier Queen* and *S.S. Yukon Star* will make 39 nine-day trips from Vancouver between May 6 and October 5 with stops at Ketchikan, Juneau, Skagway, Haines - Port Chilkoot, Tracy Arm, Prince Rupert. Fare: $350 up. The *D.E.S. Polar Star* and *M.V. West Star* sail from Seattle 26 times between May 3 and September 30, on 13-day cruises visiting Vancouver, Ketchikan, Tracy Arm, Juneau, Valdez, Columbia Glacier, Seward. Return stops include Cordova, Glacier Bay, Sitka, Prince Rupert, Vancouver. Fare: $540 up.

FERRIES

British Columbia Ferry System: The *M.V. Queen of Prince Rupert* sails on alternate days between May 15 and September 25 from Kelsey Bay (on north Vancouver Island) to Prince Rupert. The two-day round trip includes views of

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If you prefer to travel as a foot passenger, leave the car at either Vancouver or Victoria and take a bus to Kelsey Bay. Or drive to Kelsey Bay, park, then board the ferry. Package tours from Vancouver are available.

Fares vary with the size of vehicle and number of passengers; for one adult and a typical vehicle, the fare will be about $116 up, plus meals.

Alaska State Ferries: the *M.V. Malaspina*, *M.V. Matanuska*, *M.V. Taku*, and *M.V. Wickersham* maintain daily service (except Sunday) between Prince Rupert and Skagway, stopping at Ketchikan, Wrangell, Petersburg, Sitka, Juneau, and Haines-Port Chilkoot. Weekly service between Seattle and southeastern Alaska is provided between May 11 and September 30. Fare for one adult (including berth) and typical vehicle between Seattle and Haines-Port Chilkoot (only southeastern Alaska port with access to Alaska Highway) is $553, plus meals.

The *M.V. Bartlett* makes four round trips per week on Prince William Sound between Cordova, Valdez, and Whittier; connects with the Alaska Highway at Valdez, the Alaska Railroad at Whittier. The *M.V. Tustemena* maintains semi-weekly service between Kodiak Island and Anchorage, Homer, Seldovia, Seward. No ferry connects southeastern Alaska ports and Gulf ports, but you can drive from Haines to Seward via the Alaska Highway and continue by ferry from Seward.

CANADIAN FJORD TOURS

American President Lines: one seven-day cruise aboard the *S.S. President Cleveland* departing August 27 from San Francisco. Vessel calls at Vancouver then cruises the Inside Passage, including Georgia Strait, Seymour Narrows, Johnstone Strait, Queen Charlotte Sound, and Fitzhugh Sound before returning to Victoria and San Francisco. Fare: $195 up.

Northland Navigation Co. Ltd.: the *M.V. Northland Prince*, a 329-foot freighter linking Vancouver and north B.C. ports, has accommodations for more than 100 passengers. Six-day cruises leaving Vancouver every Tuesday evening stop at Bella Coola, Ocean Falls, Kitimat, Prince Rupert, and Stewart, B.C. At press time, 1970 fares and schedules were uncertain; last year, fare (berth and meals) was $160; season was May 31 to September 22. Car ferry service is also available on the *Northland Prince*.

Bet on it.

Imagine walking out of your downtown Reno hotel and finding fishermen on the bridges and along the banks of the Truckee which flows through the center of the city. They're actually hauling in trout right there in the midst of the traffic.

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The fishing throughout Nevada is great. Desert lakes and streams compete with mountain lakes and streams for abundance.

Just outside Las Vegas, Lake Mead and Mohave produce top trout and bass year around. Out in Eastern Nevada, Elko county is running over with fine game fish. High alpine lakes along the Ruby Mountain Range are actually suffering from too little fishing.

Near Reno, 6200 foot high Lake Tahoe is famous for giant mackinaw, rainbow, cutthroat and Kokanee salmon. Pyramid Lake, on the desert 30 miles from Reno, has the finest cutthroat trout water in the West. Walker Lake, in central Nevada, rivals Pyramid.

You can fish most of Nevada's water year round. Non-resident licenses are $15 and a five-day non-resident license costs only $5.

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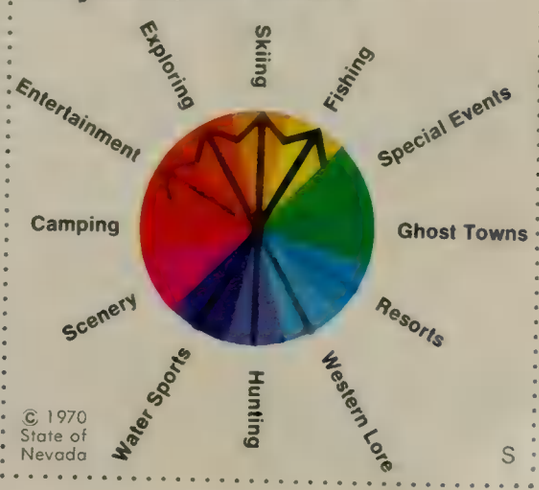

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A half-day Alaska sampler

The Seward Highway south from Anchorage to the Kenai Peninsula winds 50 miles along Turnagain Arm of Cook Inlet. For Alaskan visitors who arrive by air and rent a car, it provides a quick sample of Alaskan terrain. You can drive as far as Portage Glacier in a half day; plan to take a little more time if you want to make some side trips.

One main reason for the drive is just to see Turnagain Arm, the turbulent fiord wryly named by Captain Cook in 1778 when he thought he had found the northwest passage he was seeking. Its tides range between 30 and 39 feet, with the incoming tidal bore averaging 14 feet high. You'll hear a loud whooshing sound when the tide advances or recedes.

The views along this highway are overwhelming. On one side are the Chugach Mountains; across the Arm is the north shore of the Kenai Peninsula, where you will glimpse the once-booming gold rush city of Hope, now a fishing village.

You're driving through an area that was shattered by Alaska's March 27, 1964 earthquake; the waterfront crumbled and was inundated. Little evidence of the damage remains but a plaque along the highway commemorates the event. Some of the towns were relocated, highways were knitted back together, and The Alaska Railroad tracks, paralleling the water, were rebuilt.

Bird Creek State Park, about 26 miles south of Anchorage, has 31 acres with picnicking and camping sites. It's a popular stop for salmon fishing.

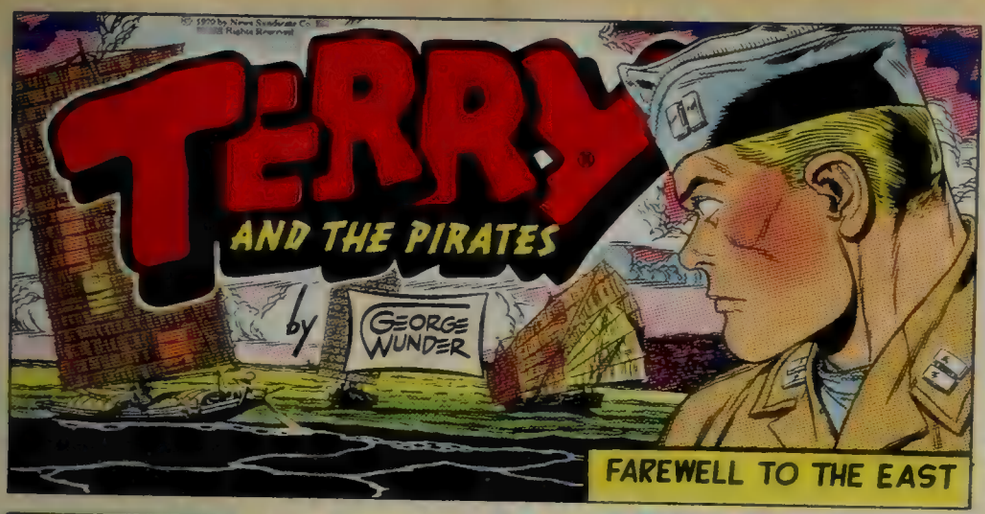
Eleven miles farther, at the town of Girdwood, is the turnoff for Alyeska, Alaska's only ski resort and site of the 1963 National Alpine Championships and Olympic Tryouts and the 1969 Junior National Alpine and Nordic Ski Championships. Open year-round, it attracts skiers and sightseers with a 1¼-mile-long double chair lift ($3.50) rising almost a half-mile from the valley floor and offering good views of the surrounding mountains, glaciers, and alpine meadows.

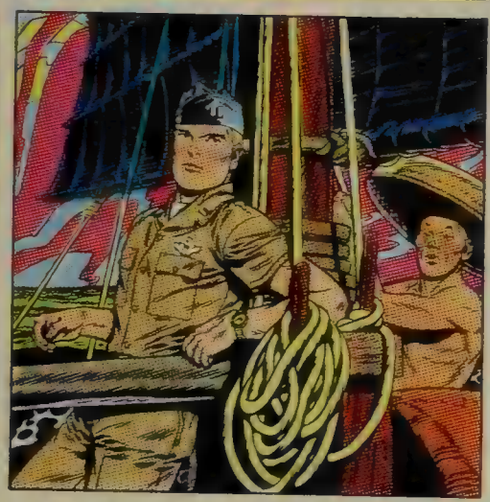
A well marked, paved road to Portage Glacier Recreation Area leaves the main highway 12 miles beyond Girdwood. At the end of the road a parking lot overlooks the glacier and the iceberg-filled lake. Before the lake was formed by the retreating glacier some 50 years ago, this isthmus was the overland route for fur traders and Indians traveling between Cook Inlet and Prince William Sound.

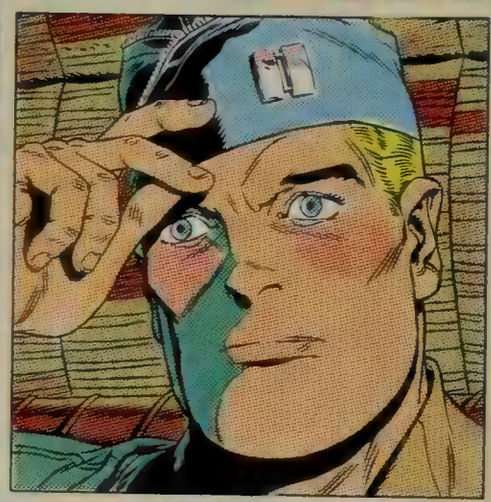
During the summer, naturalists run a visitor center and present evening programs and weekend hikes. Overnight lodging, meals, and camping supplies are available. The Forest Service maintains three campgrounds and picnic sites.

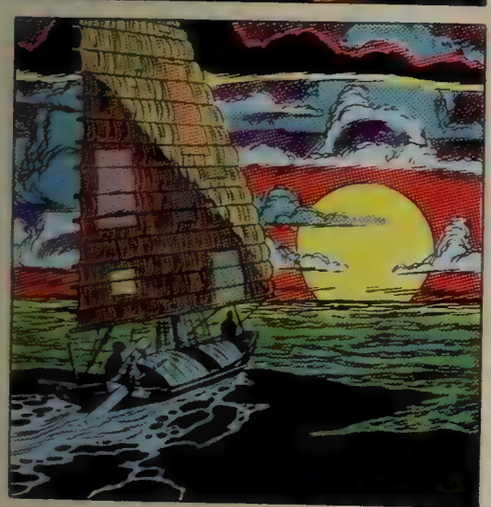
R. WENKAM

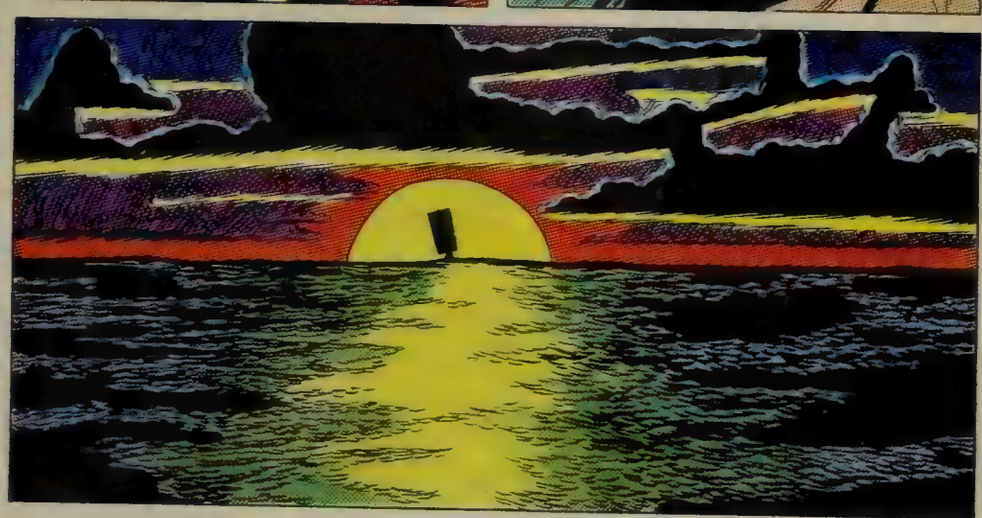
Icebergs *breaking off Portage Glacier (rear) drift across lake*











COME BACK, TERRY, AND TOUR THE ORIENT OUR WAY.

'hen Terry was there, he hid behind e Buddhas, raced up and down streets, slept in rocking sampans. remain, roughing it doesn't. ith TWA, you sleep in Hiltons or like them. You'll eat a Mongolian cue in a garden villa, stay at a ese country inn. Your motor- es have shock absorbers that and your tour escort can speak cal languages.

r $898 from the West Coast, TWA's adventure stops first at Okinawa. You'll visit Tokyo, Kyoto and Expo '70, five other Japanese cities, Taipei, and Hong Kong with a side trip to Macao.

You even have time to swim in the East China Sea, whoop it up in Tokyo's night life and learn why Japanese girls make such good wives by visiting a training school for brides.

Far Flung Adventures is a play-by-play outline of the $898 tour and eleven others that are even more far flung.

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And see what Terry missed.

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Please send me Far Flung Adventures.

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SOMEHOW, YOU FEEL MORE IMPORTANT ON TWA.

Path *through oak-vaulted dell, leaf covered and crunchy underfoot, drops to sunny meadow near the tennis courts*

Perhaps San Francisco's greatest treat is this 100-year-old park

Sunset
THE MAGAZINE OF WESTERN LIVING
APRIL 1970

Sunday morning in bed you listen, eyes still closed, for the moan of foghorns on the Bay. Silence. It's worth getting up for a look outside. If the day is fair you'll go to the park. The great sunny-day San Francisco destination, Golden Gate Park, is 100 years old this month.

Sand dunes once rolled across the park's western two-thirds where glens and lakes and thick woods now offer city residents privacy and a place to rest. Football games, famous art, and sunnier weather away from the ocean fog concentrate crowds in the eastern third of the park.

Golden Gate Park is a slim green rectangle stretching from near the center of the city to the Great Highway that borders the Pacific. It is roughly 3 miles long and a half mile wide, with pavement crossing its width only once—the auto corridor from 19th Avenue to Park Presidio and 25th avenues.

The park doesn't offer the dramatic skyscraper-to-meadowlark transition of New York's Central Park. And it isn't as rugged, semi-isolated, or vast (over 4,000 acres) as Griffith Park in Los Angeles. One end of Golden Gate Park is only about 2 miles west of Civic Center. Rows of white and pastel stucco houses and flats of the residential Richmond and Sunset districts butt up against its length. The park is quite flat, surprising some visitors but pleasing bicyclists, families with small children, and Frisbee players.

GERALD FREDRICK

GLENN CHRISTIANSEN

Conservatory, *ribbed with wood and sheathed in 30 tons of glass, completed in 1879*

PETE REDPATH

Young halfback *outdistances pursuers, shows his speed to casual onlookers*

DARROW M. WA

Charter *a canoe on Stow Lake (watch out for gulls), or nap on a south-tilted lawn. City seems far away, yet its streets are only 1,000 feet from lake and meadow*

an Francisco residents live in the West's most densely popu-
ted city. Back yards, when they exist at all, are often windy
ıd small. Visitors to the city find eating, shopping, and en-
rtainment activities slow down on Sundays. So on weekends
ıe show for city residents and visitors alike moves to Golden
ate Park.

ecently, an experimental Sunday-only automobile ban in the
ost congested eastern third of the park has opened wide
omenades to pedestrians. Some of the paraders' costumes are
tlandish and designed to shock. Some of what is worn will
seen next season on the streets of less adventuresome towns.

ost people come to the park to relax. They sprawl across the
adows, coexisting in the sun in the cosmopolitan diversity
ken for granted by city dwellers. Middle European couples
essed in sensible shoes, hats, and tweeds take their constitu-
nal with the ever-present dachshund. Days of national cele-
ation are staged with picnics and costumed dancing to the
ıe of an accordion. Kites apparently too grotesque or fragile
fly take to the lightest breeze under the deft direction of
Oriental kitesman.

ıny park visitors come from outside San Francisco. It would
as convenient for them to visit the redwoods in Muir Woods,
the beaches along the San Mateo Coast, or the lakes in the
st Bay Regional Parks. But Golden Gate Park gives them a
le of each—redwoods, ocean, and lakes. And many visitors
ume it has always had them.

ıundred years ago the only trees were a few coast live oaks
l willows. But mostly there was just sand. Whipped by ocean
ıds, it blew in waves across the footsteps of the Outside
ıds Committee when they were inspecting the proposed
k site.

1870 the city struck a land division bargain with the state
with squatters in the area west of Divisadero Street (called
"outside lands") and took title to the park site. The state
nced the park (the city didn't assume expenses until 1900).
Outside Lands Committee—Stanyan, Schrader, Cole, Clay-
Ashbury—along with Governor Haight all have streets
ıed after them in the now-famous district east of the park.
iam Hammond Hall was appointed park engineer. His accomplishments in two terms totaling eight years are often forgotten in the publicity given his long-serving successor, John McLaren. But Hall's original drawings for the park bear a strong resemblance to what it still is today.

Hall decided that roads should meander to enhance the views and avoid the prevailing west wind. He fought those who wanted formal European garden effects and insisted instead on accurate reproductions of the scenery found in the West's natural beauty spots. By the end of his term the park was planted from the Panhandle (23½-acre, eight-block-long carriage entrance to the 994-acre park proper) west to Strawberry Hill. In addition, he proved the usefulness of beach grass (*Ammophylla arenaria*) in stabilizing the sand dunes.

The park's oldest surviving building is made of glass. The Conservatory, modeled after the one in Kew Gardens near London, and originally shipped around the Horn, was erected in 1879—held together with three tons of putty. Guy wires and a concrete foundation now bolster it.

Inside the 15,000-square-foot conservatory the air is tropical. Visitors come in daily between 8 A.M. and 4:20 P.M. (noon to 3 P.M. Good Friday), typically bundled for the often-brisk park air. Suddenly they're in Borneo. Off come the coats.

In the west wing are seasonal displays; included this month: cinerarias and Easter lilies.

An arched pedestrian tunnel passes beneath Kennedy Drive in front of the conservatory. Trumpeters and flutists often play inside the passage, producing a sound that is both eerie and expansive and often attracting an audience which sits looking into the tunnel to the wonderment of passing motorists.

In 1892, Scotsman John McLaren assumed the task of "boss gardener," his term for superintendent. For 55 years he waged battles with city hall, the automobile, and the sand dunes. During his tenure more than a million trees were planted. He was proudest of the redwoods he started from seed at age 80 and lived to see more than 30 feet tall.

One of his most difficult jobs was to find water to supplement what came from a subterranean stream near Strawberry Hill. It's easy to imagine the skepticism that met his proposal to pump fresh water from a site only 300 feet from the ocean with

The westerly two-thirds of the park is always uncrowded . . . lakes, fields, meadows, game places, picnic places

Cycling families *enjoyed roads in park before coming of automobiles. Today some roads are again turned over to cyclists, walkers*
CALIFORNIA HISTORICAL SOCIETY

Golden Gate Park *is about six times as long as it is wide; map continues on page 96. Months below plants indicate time of bloo*

The great park is a slim green rectangle which divides the western half of the city

nothing but wind power in the sails of a Dutch windmill. B McLaren's persuasiveness carried the day and $25,000 was a propriated for the Dutch Windmill in the northwest corner the park. It was completed in 1902 and began pumping 30,0 gallons of water per hour to the reservoir atop Strawberry Hi

Four years later Murphy Windmill, with greater pumping c pacity, was completed at the southwest corner. Electric pum replaced sail power in 1927. Until recently the sails were o fitted each summer and the great windmills provided a st tling sight whirling above the greenery near the ocean. Th sails are no longer in place, but there is great interest in rep ing the old mills.

The eight lakes farther west from Stow Lake all get their wa from the park's largest and only boating lake. You can rent boat propelled by foot pump, electric motor, oars, or paddl for $1.25 to $2 an hour on fair-weather days except Monda

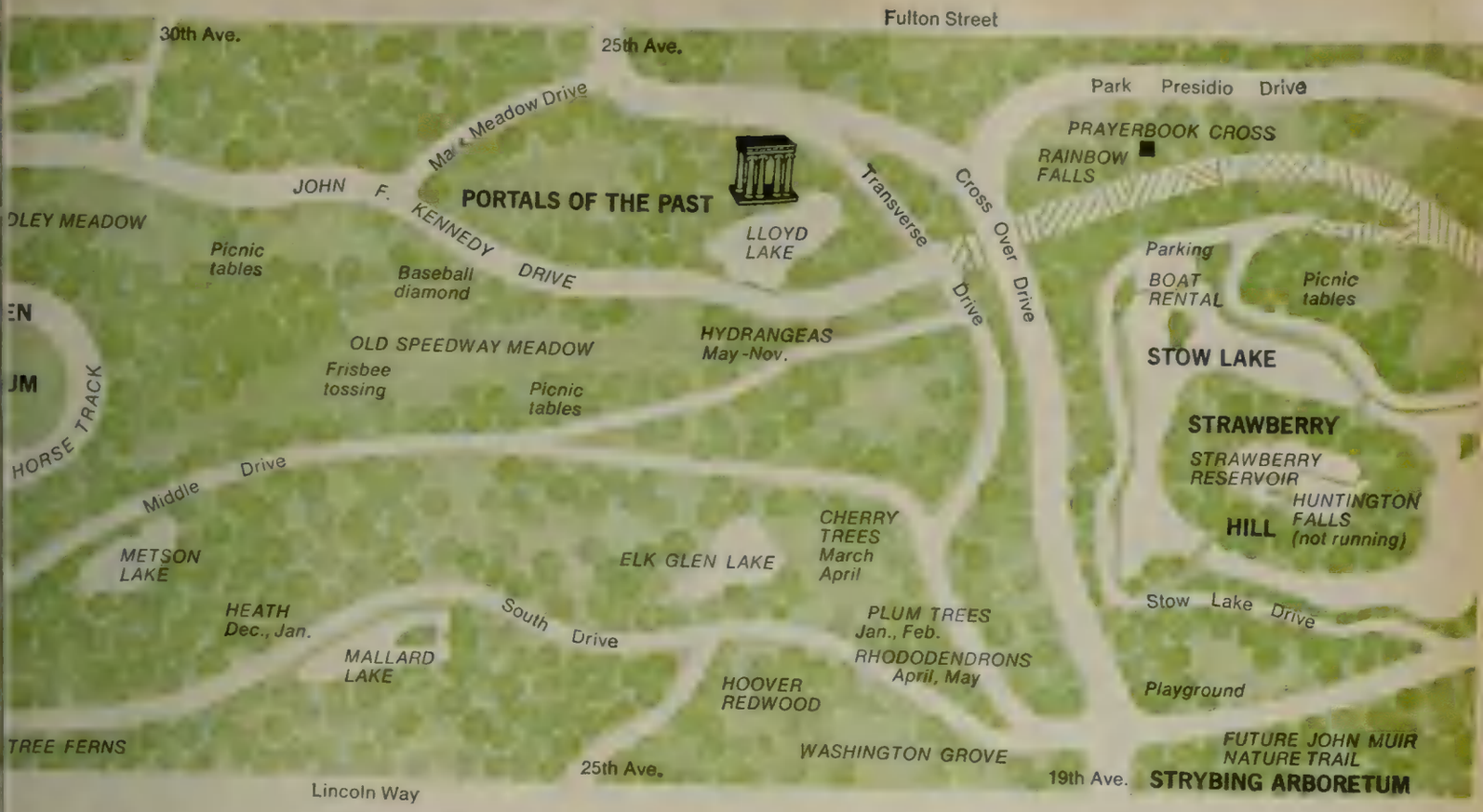
Strawberry Hill, a 420-foot-high island in Stow Lake, reach by footbridges and a climb, offers views of the ocean.

All the lakes support resident ducks and migratory waterfo Metson Lake, boulder strewn, grassy shored, and edged conifers, looks like a transplanted bit of the High Sierra may well have been conceived on one of McLaren's mount hikes with his friend John Muir.

Looking from Kennedy Drive to the far side of Lloyd Lake y can see the group of columns called "Portals of the Past." B fore 1906 they stood in front of the elegant Towne mansion Nob Hill. They survived the earthquake and fire and w transported to their present location as a monument to t era ended by the city's worst disaster.

Model sail and power boats race on shallow, concrete-ed Spreckels Lake. Some cost as much as $300 and can tack acr the lake, leeboard awash, at 40 miles an hour.

After solving the water problem, McLaren set about nurtur plants in the hostile sand dunes. For years the park received



previous years' performances. Bike rentals are outside park near ocean on Lincoln and along Stanyan at eastern end

Except *for pedestrians' costumes and carriages, Conservatory looks much the same today*

The park got its start 100 years ago this month, April 4, 1870

CALIFORNIA HISTORICAL SOCIETY

Before carousel *ride, young ladies posed for picture in children's playground*

Dutch Windmill *was western end of mounted policeman's park beat*

Lines *on roads indicate auto ban areas on Sundays (except football days)*

the sweepings from the horse-trod pavement of the city. On his 90th birthday, when city officials asked McLaren what present he would like, he replied, "Ye can gi' me 10,000 yards of manure for my trees."

His first plants were beach grasses, found in northern Europe, that grow faster than the wind can cover them with sand. Next he planted shaggy, sinuous tea trees, and acacias, good soil builders, from Australia; then blue gums and additional oaks.

More than 200 buildings were erected around the Music Concourse in 1894 for the California Mid-Winter Exposition. The fair provided a surplus of funds used to purchase art, and overnight the city had a museum, now named for its most enthusiastic booster, newspaperman M. H. de Young.

Today the de Young Museum specializes in the art of Europe and America. Among its treasures are a self-portrait of Rembrandt, a Rubens, and two El Greco paintings. The west wing completed in 1966 houses the Center of Asian Art and Culture, Avery Brundage Collection. If the museum raises an additional $3 million by 1972, Brundage promises the rest of his treasures to the museum. Other great changes for the de Young may be coming, since its directors and the directors of the California Palace of the Legion of Honor in nearby Lincoln Park have agreed "in principle" to merge the two museums.

Across the music concourse from the de Young, an old neighbor has a new face. Last spring the California Academy of Sciences, in the park since 1916, completed a handsome entry hall and a basement cafeteria (the only place in the park where you can sit down for a snack). The addition cost more than $1.5 million; it completes a quadrangle of academy buildings.

The academy is the best-attended cultural attraction in the Bay Area. Admission is not now charged but soon will be.

Included in the academy are Steinhart Aquarium, displaying perhaps the best collection of aquatic animals in the country,

GLENN CHRISTIANSEN

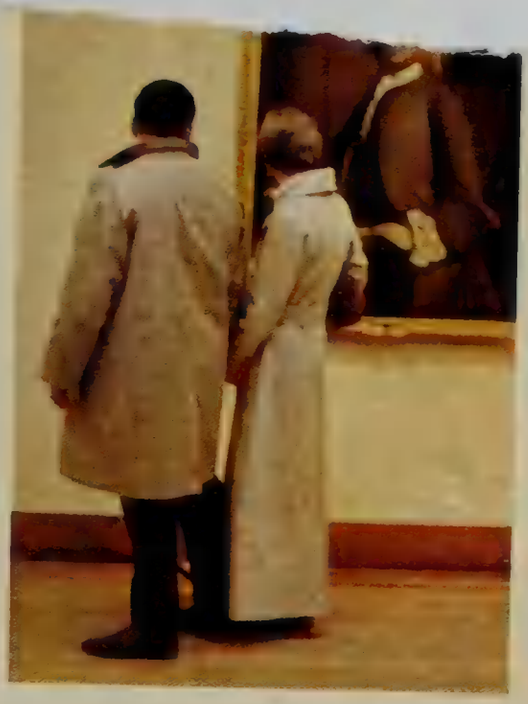
Reclining *2-ton granite bull from the fifteenth century, south India, is in Avery Brundage Wing of M. H. de Young Museum*

and Morrison Planetarium adjoining to the east. The pla tarium offers sky shows at 2 P.M. every day, and also at 8 P.M. Wednesday through Friday and 3:30 and 8:30 P.M. Sat day and Sunday. In summer there is an additional daily sh at 12:30 P.M. Entrance fee is $1 for adults, 50 cents for stude under 16. Current show through April 26 is "The Nearest St

Counterclockwise from Morrison Planetarium, completing circle of buildings, are: Simson African Hall, Hohfield Hall Space Science, Cowell Hall, and North American Hall of Bi

The park's east end
offers indoor pleasures
. . . art, science, yesterd
and tomorrow

DARROW M. WATT



Rainy-day *visitors get acquainted with bewigged gentleman at de Young Museum*

In new Cowell Hall *at California Academy of Sciences, allosaur skeleton stands 17 feet tall, 30 feet long*

-sized statue of McLaren that stands in front
on Dell along Kennedy Drive.

future generations of park-goers, Hall and
let the place accumulate too many unneces-
and monuments. Some of those that made it
rly. Kezar Stadium has 60,000 seats, 42,000 of
otball end zones, and provides less than 300 park-

rst ship to negotiate the Northwest Passage, is
though shipwrecked at the ocean end of the park
better be restored and floated with other historic ships
iatic Park.

ntinues to attract and to please visitors because i

Gas-powered *model airplane leaves launcher for wire-tethered aerial circuits*

Before tumbling *onto daisy-covered lawn, karate opponent aims kick at adversary's midsection*

Electric-*motored boat is just large enough to hold five passengers*

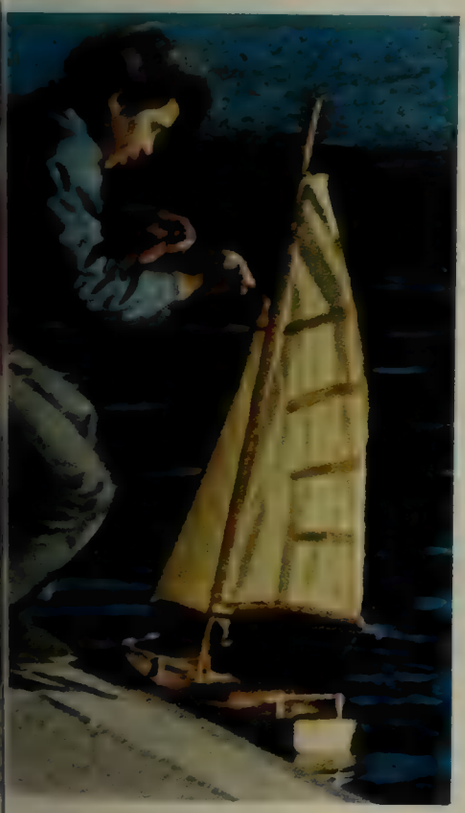
Music *in the park: Band plays for Sunday afternoon crowd under the music concourse sycamore trees. Right, conga drummer and saxophonist improvise on a meadow lawn*

offers unobstructed space: fields, still water, trails, paths, lawns (no "keep off" signs), and forests. Visitors can hike for 27 miles, ride a horse for nearly 8 miles, pedal a bike on a new 7-mile paved trail, all within the park.

Golden Gate Park is one of the few urban places where it's easy to exchange conversation with strangers. Just a question can prompt a discussion with a model sailboat maker on the best way to set the main in light winds, or may send a fisherman at the casting ponds into an enthusiastic discourse on how to tie your own flies.

A corps of mounted police have the usually envious task of riding through the park each day. Police recommend that visitors avoid wandering in the park alone. Parking is not

Seagull-speckled *Irish patriot Emmet receives nosegay*



Boatsman *trims sail on model before it sets out across Spreckels Lake*

GERALD FREDRICK

Rider *works mount in ringed practice area before setting out along a riding path (the park has 7½ miles of riding trails)*

The outdoor show is the great park attraction . . . kites, boats, kids, animals . . . and lively music

permitted at night. No nighttime activities are scheduled anywhere in the park except at Kezar Stadium and Kezar Pavilion.

Shrubs and trees are more than a background for events staged in the park. They are always part of the show and in some places at some times of the year they are the show. When examples of park blooms are placed in tubs downtown in Union Square for office workers to view, visitors then throng the park just to see the color. The Japanese Tea Garden, always a popular attraction, is especially crowded this month of cherry blossoms.

The tea garden is not large. One way to avoid the throngs is to arrive when sightseeing buses aren't disgorging occupants. Come between 8 A.M. opening and 10 A.M., or between 3 P.M. and the closing at dusk. The teahouse itself is open from 10:30 A.M. to 5:45 P.M. this month.

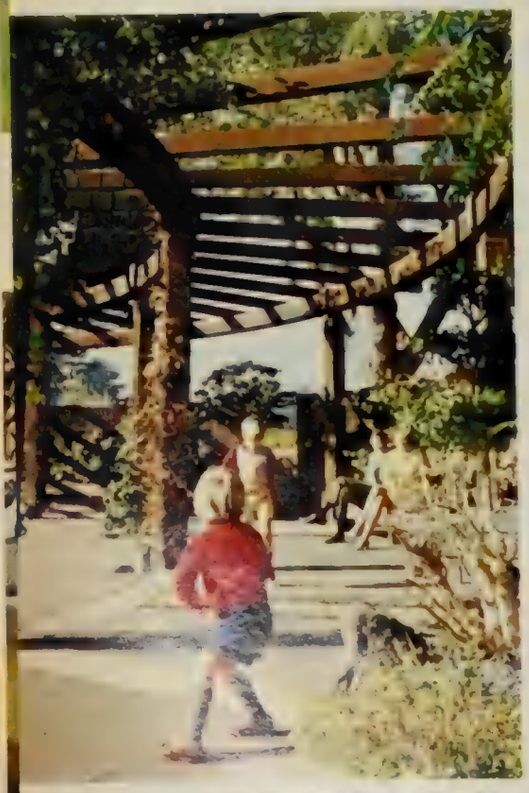
The Dutch Government presented the park with 10,000 tulip bulbs which with a park planting of an additional 10,000 bulbs, mostly in the area of the Dutch Windmill near the ocean, promise a grand show this month.

Best of all, and best in April, the park is a glorious garden

Descent *from half circle of moo bridge approaches steepness of a ladd*

PETE REDPA

For more than 75 *years, S Franciscans have met in Japane Garden for rice cakes, pale t*



Paving exhibit *at Strybing Arboretum's demonstration garden shows home uses*

GERALD FREDRICK

Walk *through hushed, damp greenery benea 20-foot-tall tree ferns south of conservatory*

In April *last y the cherry blosso were at p of bloom near f tiered pagod Japanese Tea Gar*

GLENN CHRISTIA

Fresno's super sandwich

you make it using a whole loaf of *peda* bread

Peda Shish Kebab: *Skewered lamb, juices seeping into bread, makes a splendid sandwich; pull the skewers, cut, and serve*

The Armenian bread called *peda* looks like an oversized doughnut baked by someone too frugal to discard the hole in the center. The flat, sesame-seeded loaf is a familiar sight in a few Western cities, particularly Fresno with its sizable Armenian community.

Elsewhere, to enjoy it fresh baked and warm, buttered or made in the sandwiches that follow, you'll have to make your own peda. Here's the way to do so:

The process is simpler than that of making most yeast breads. After mixing, shape the loaf, refrigerate it 2 to 24 hours and bake just before serving. The crust won't have the crispness of peda from a baker's brick oven, but the aroma will have professional perfection.

PEDA BREAD

- 2 packages active dry yeast
- ½ cup warm water
- 1¾ cups warm milk
- 2 tablespoons sugar
- 1 teaspoon salt
- 3 tablespoons olive oil
- About 6 cups unsifted regular all-purpose flour
- Olive oil
- 1 egg yolk beaten with 1 tablespoon water
- 4 tablespoons sesame seed

In the large bowl of your electric mixer combine yeast and warm water, stirring to blend; let soften about 5 minutes, then stir in milk, sugar, salt, and 3 tablespoons olive oil. Add 3 cups of the flour and beat at medium speed for 5 minutes. Remove beaters, and with a heavy spoon work in 2½ cups more flour. Spread the remaining ½ cup flour on a board; turn dough onto it. Knead for about 5 minutes until smooth and elastic feeling.

(If you want to make the dough by hand, stir in 5½ cups flour; knead dough, in the remaining ½ cup flour, for about 10 mi

To make each peda loaf, *pull big piece of dough into ■ tire shape, flatten, then pat small lump of dough to fill the center. Brush with oil, cover, chill. Sesame seeds go on just before you bake bread*

or until smooth and elastic.)

er dough with clear plastic film and ·est 20 minutes. Knead on a lightly ·ed board to collapse air bubbles, then h off 2 small portions of dough, each ıt ½-cup size, and divide large piece ɔugh in half. Knead each portion into ıooth ball.

nake each loaf, flatten a large piece ough on a greased baking sheet into t round cake; poke a hole in the cen- and with your fingers pulling in op- ion, make a 4-inch-diameter hole; en the dough rim to make it 10 inches ıameter. Place one of the small balls ɔugh in the center and flatten gently ll the hole. Brush lightly with olive ·epeat to make the second loaf.

ɜr dough with clear plastic film and gerate 2 to 24 hours. When ready to , remove loaf or loaves from refriger- uncover, and let stand at room ɔerature for 10 minutes. Brush each with beaten egg and sprinkle with blespoons sesame seed. (To bake ly made dough, shape, oil, and let l at room temperature, lightly cov- for 20 minutes, then glaze with egg op with sesame seed.)

in a 350° oven for 35 minutes or crust is a deep golden color and a wooden skewer inserted in the center s out clean. Cool on wire racks ly before cutting. Makes 2 loaves, about 11 inches in diameter.

Shish Kebab. In a large bowl mix 2 ls lean, boneless lamb (cut in 1-inch) with 1 large onion (cut in large ss), ¼ cup chopped parsley, 1 tea- salt, ½ teaspoon oregano, ¼ tea- pepper, ½ cup dry red wine, and p olive oil. Cover and let marinate ırs to overnight: mix occasionally. neat from marinade and thread onto 6 to 8 skewers. Pour marinade and vegetables into a frying pan.

Broil lamb 3 inches from heat, 5 minutes to a side for medium rare. Cook marinade on high heat, stirring, until the onions brown slightly.

Split a warm peda loaf in half horizontally, making bottom section ¾ inch thick. Spoon cooked marinade over bottom section, top with 1 thin sliced tomato, and lay on skewered meat. Cover with top of loaf. Brace fork against meat on each skewer and pull out skewer, then cut loaf in 8 wedges. Makes 8 servings.

Peda Burger. Shape 3 pounds of lean ground beef in 8 large wedge-shaped patties about ¾ inch thick, or if you have a basket grill, make a 12-inch-diameter patty. Broil 3 inches from heat, 5 minutes to ■ side for rare. Salt meat.

Split a warm peda loaf horizontally, making bottom crust at least ¾ inch thick. Cover bottom section with hot meat, then ½ pound thin sliced jack cheese. Broil to melt cheese. Top with 2 thinly sliced tomatoes, 1 thinly sliced red onion, 1 cup shredded lettuce, and 1 or 2 thinly sliced dill pickles. Cover with bread top; cut in sections with individual patties, or cut patty-filled loaf in 8 wedges. Serves 8.

DARROW M. WATT

Peda Burger: *A sandwich to tackle with knife and fork, filled generously with broiled beef patty, melting cheese, tomatoes, onions, lettuce*

Tunnel leads *out to boardwalk. Door added at end makes area more private, wind-free*

Sun trap *dug into dunes. Tunnel goes through wall, under sand at right foreground*

Giant circular window *looks out on beach, water. Fabric-covered sliding panel pulls across for privacy*

Some weekend-house planners throw away the rule book

GLENN CHRISTIANSEN

First . . . a windmill house that is a lookout house

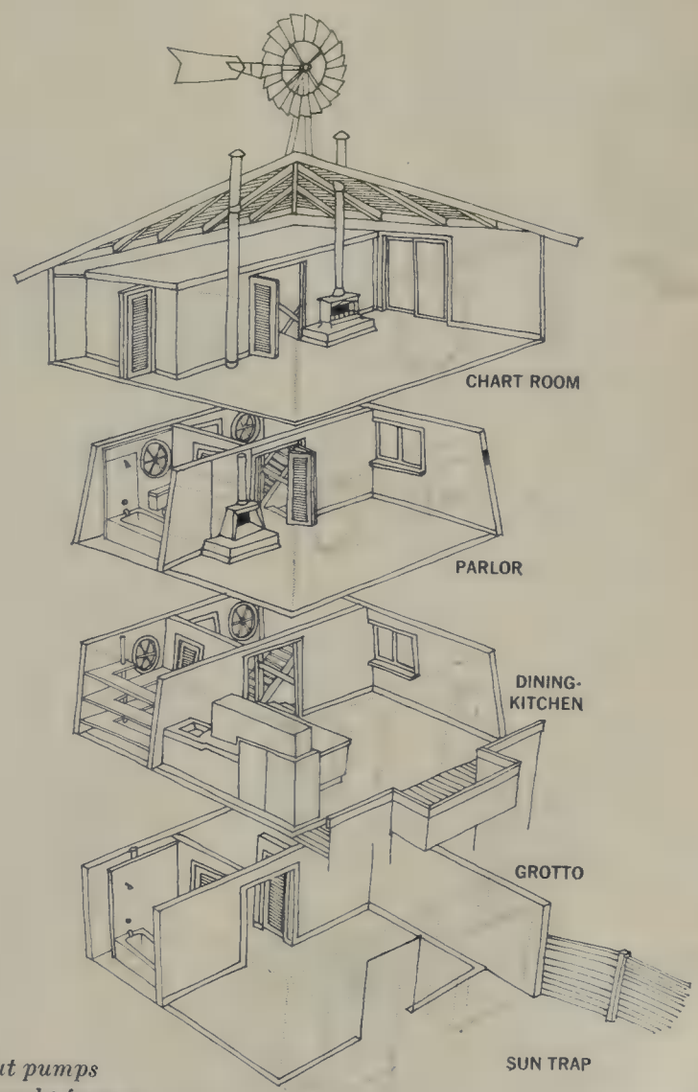
Attracting much attention in the Pajaro Dunes development near Watsonville, California, is this windmill vacation house. Built as a four-level tower, it starts with a below-ground grotto used as a game room and overflow sleeping room—three stacking beds slide into a niche under the stairway. The grotto opens to a wind-protected sun trap with outdoor shower; from here a tunnel through a sand dune leads to a boardwalk to the beach.

One level up is the kitchen-dining area which opens out to an entry deck at dune level. An island separates the cooking and eating-lounging areas and functions as a serving counter. This level, like the grotto below, is only 19 feet square.

Up one more level and you're in the parlor with two studio couches that make up for sleeping, metal fireplace, and shelves for books and music system.

The master bedroom occupies the top level or "chart room." It's 22 feet square and, like all levels except the kitchen level, has its own bath. The bed hangs from chains attached to the ceiling, and the room has its own metal fireplace. Lockable closets store personal items when the house is rented. Through two 7-foot-diameter windows you look one way to the beach and ocean, the other way toward marshes, artichoke fields, hills. An outdoor stairway (not shown) connects top level directly to the dunes.

Architects: Osborne and Stewart of San Francisco for Mr. and Mrs. C. D. Randall.



Windmill is real *but pumps nothing. It was bought from a Midwest firm, dismantled, shipped out, reassembled by the Randalls' 18-year-old son*

CITATION

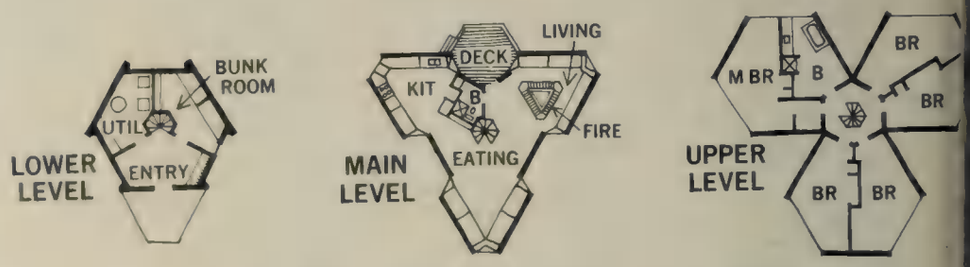
Utah house is all geometry . . . it sleeps 14

The jury of the 1969-1970 A.I.A-*Sunset Magazine* Western Home Awards gave this mountain house at Park City, Utah, a Citation for its fresh design concept. Its architects and engineers, Minson-Halander of Salt Lake City, call it a cuboctahedron—actually a modified cube. The form permitted large cantilevers and extensive loads using only a light structural frame. A framework of ¼ by 3 by 5-inch steel angles holds 12 by 12-foot insulated asbestos cement board panels.

To utilize the space created by the sloping walls, all seating and all kitchen cabinets on the main floor are attached the walls. This frees most of the floor are

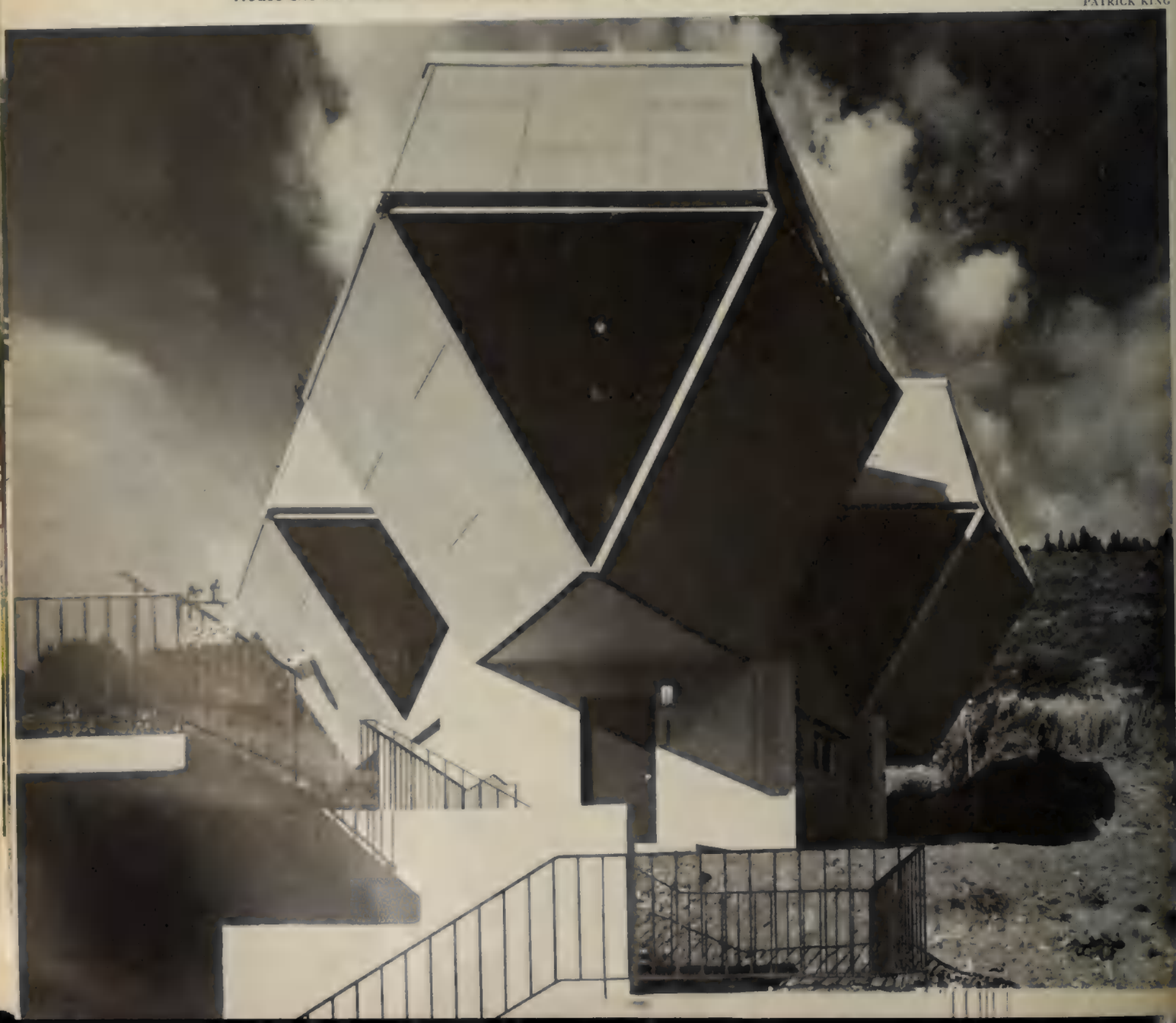
You enter through the concrete base the lowest level. Spiral stairs lead up the main level with its three bays, o each for kitchen, eating, and sitting. Bui in couches flank two sides of a triangul fireplace with a ceiling-mounted hood. door opens to a deck that joins the hi side. The upper level has five bedroo and a large bath.

The house, owned by Mountain States I sulation Company, contains about 2,0 square feet and sleeps 14 comfortably.



House sits on hillside *behind concrete retaining wall. Steps lead to street; garage is under concrete deck, left*

PATRICK KING



CITATION

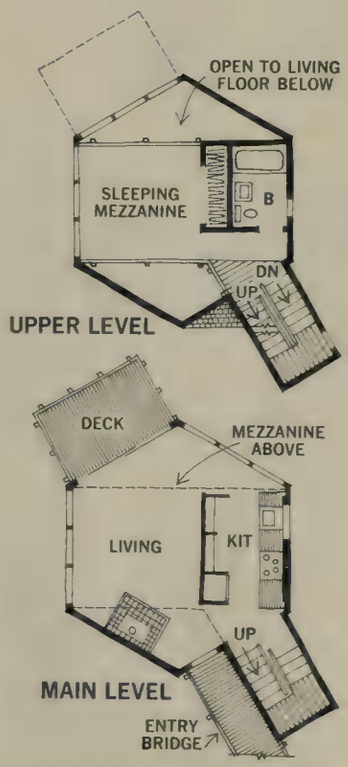
California house, also geometric, sleeps two

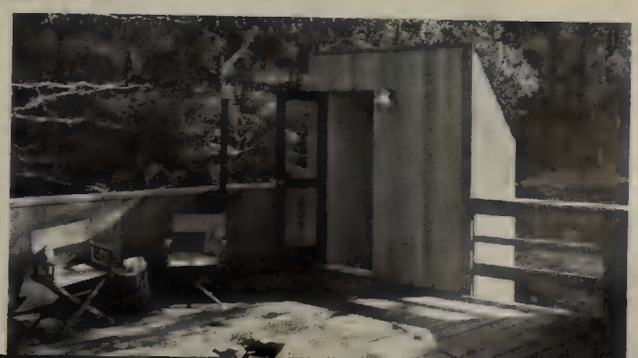
Simple, one-room, hexagonal tower with stair tower offers a good solution for a steep, heavily wooded site. The main level has kitchen, living and eating areas, and a sitting deck. The upper level has a bath and a sleeping mezzanine open to the living areas below. The roof is enclosed by a railing and is decked over to serve as a treetop sitting area. For more living and sleeping space (house contains about 600 square feet), add one or more hexagons.

This house won a Citation in the Western Home Awards. Architects: Marquis & Stoller of San Francisco for Oceanic Properties, Inc., The Sea Ranch, Calif.

EZRA STOLLER

design *lets one practically slip this house en existing trees with a negligible amount alteration. Sides facing road are view sides were opened with glass*





Roof *is major outdoor sitting area, eliminating necessity to terrace the hillside and upset natural terrain—a Sea Ranch restriction*

Glass walled, *the house opens completely to its site. With all sliding glass doors open, it's like a woodland pavilion*

FRANK JENSEN

When owners *leave, they wrap their vacation house in its aluminum skin. When it's closed, you enter through the carport*

House site *fronts the river; brook behind is crossed by bridge*

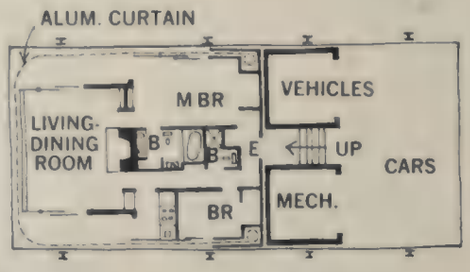
Mountain house has a motor-driven lock-tight wall

CITATION

This steel and glass vacation house in the Uinta Mountains in northeastern Utah can be opened up or tightly closed by the flick of an electrical switch. Two motor-driven aluminum slat curtains moving in a track outside the glass walls enclose the house with a metal skin. It functions for privacy, for sun control, and as a defense against winter storms and vandals. Western Home Awards jury liked simplicity of design and the mov metal skin and gave the house a Cita

An all-year house, it contains 1,200 s feet of living space—two bedrooms, baths, kitchen, and a living-eating The frame, beams, floor, and roof are steel. The floor is raised 4 feet a the surrounding ground to get abov snow pack and also to provide a b view of the river that flows throug property. At the end of the house enclosed garage for a snowmobile motorized cart and an open carpo two cars.

Architect: Boyd A. Blackner of Salt City for Mr. and Mrs. Obert C. Tan



Weekend pavilion is a fire-lit room over water

pavilion on the cover is not a vaca- house in the true sense; that is, it n't have a kitchen, bath, or sleeping ıs. It's more of a vacation place right home garden; not miles away, yet ɜ unlike the usual house.

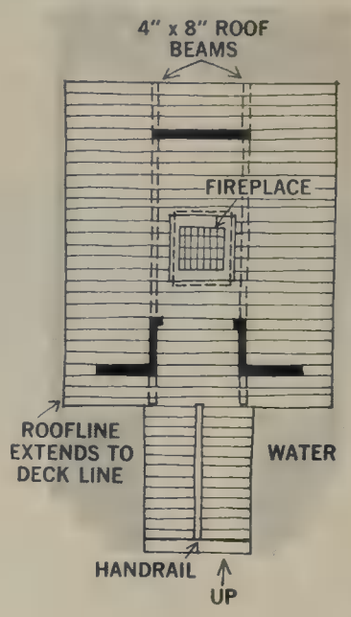
·rves as a place to entertain or a re- where one can spend quiet moments ing or painting.

13 by 16-foot structure sits on an 18 1-foot deck, all supported by a soli- reinforced concrete pier. As the pho- ıph shows, it appears to float over the r. In the center is a 4-foot-square, firebrick-lined, open fireplace with a metal hood above.

There's no water or electricity, but it would be simple to extend lines out from the house. Electrical outlets would allow the use of portable cooking or heating appliances.

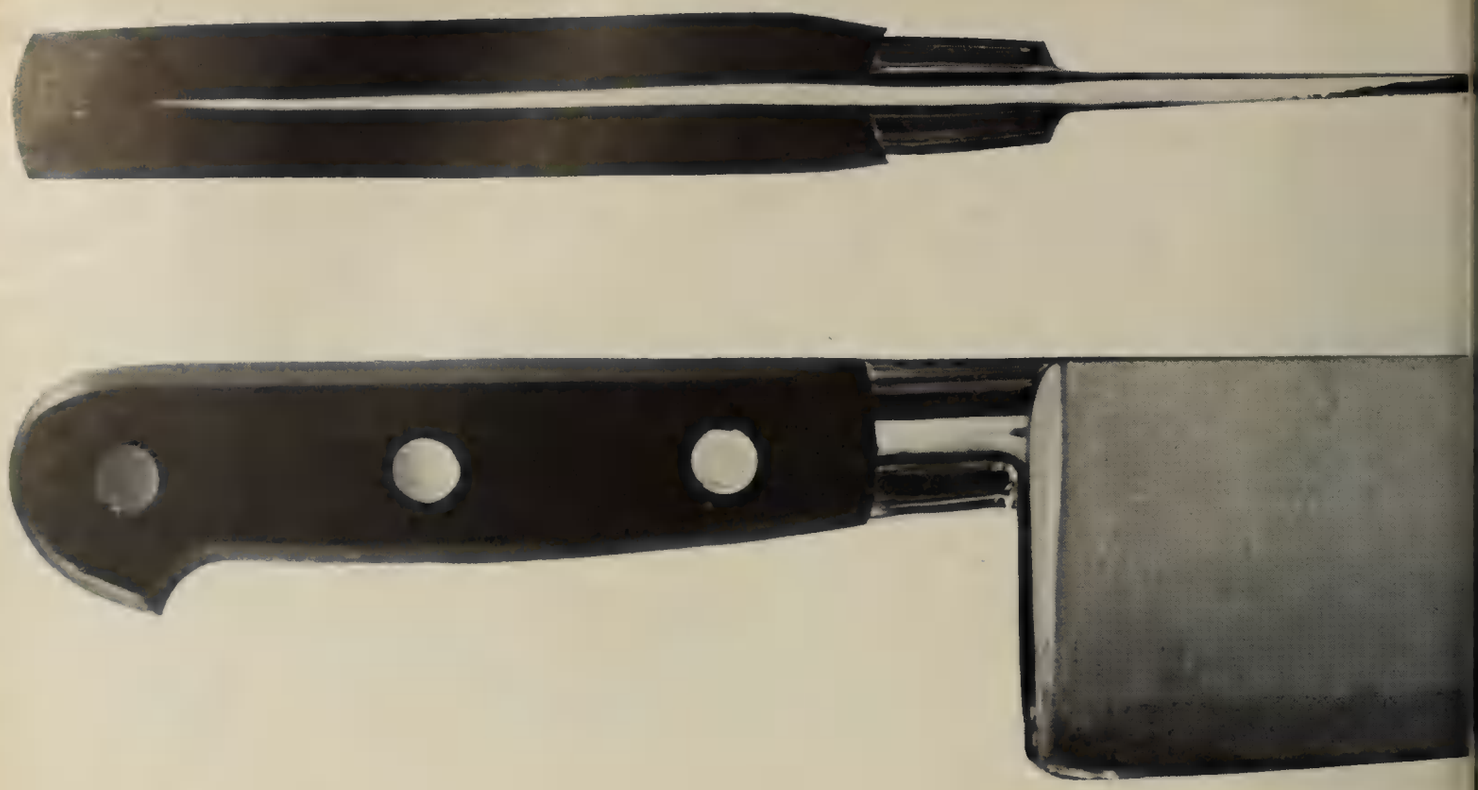
The dock extension off the pavilion was added later as a place to tie up boats. Though it's convenient, the owners feel it tends to make the structure less private, so it may be removed.

Architect: Earl Powell of Seattle for Mr. and Mrs. Rodman E. Heidbreder.



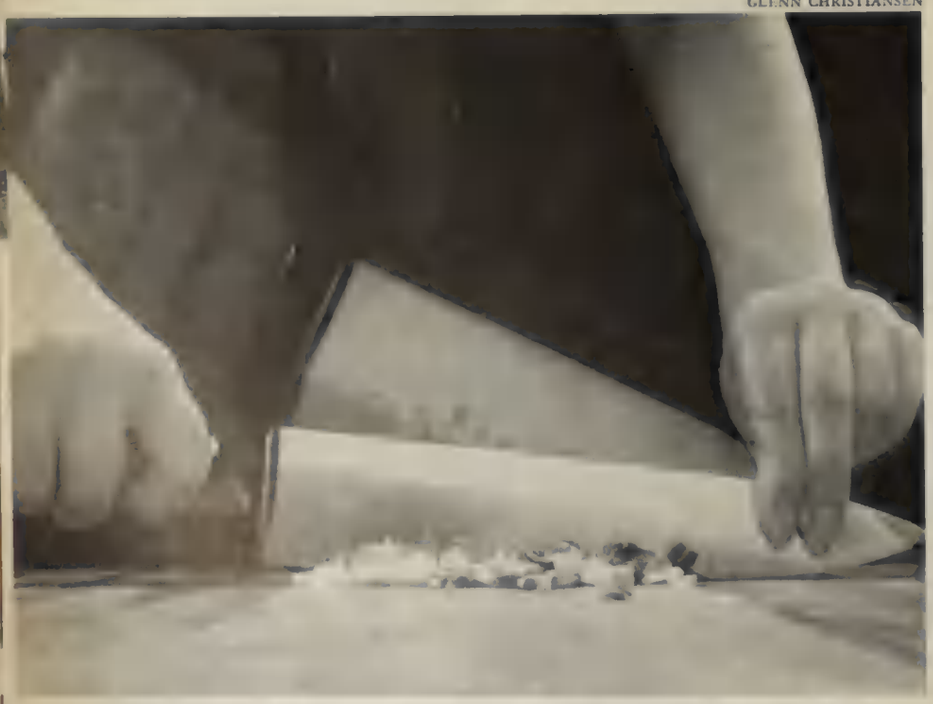
:d on a single pier over American Lake in Tacoma,
'ion is just a short walk down from the house; yet, on a still evening,
ıeem to be on an isolated mountain lake

GLENN CHRISTIANSEN



Number one knife? It's big, bold

GLENN CHRISTIANSEN



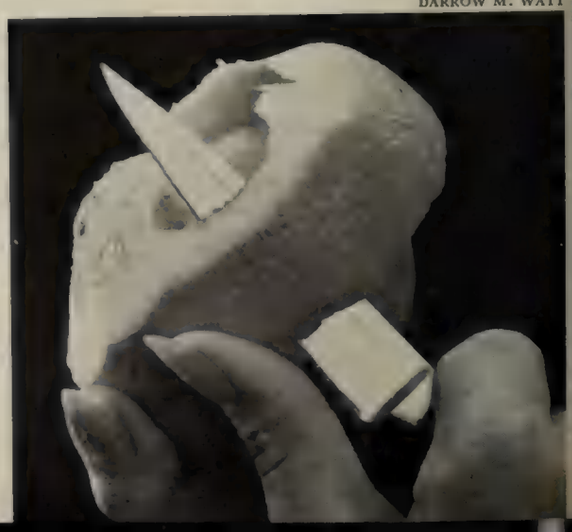
Hold the blade tip *to the board and guide chopping with the handle; the blade will rock in a short arc between tip and handle end*

"What is the indispensable kitchen kni
the one you couldn't do without?"

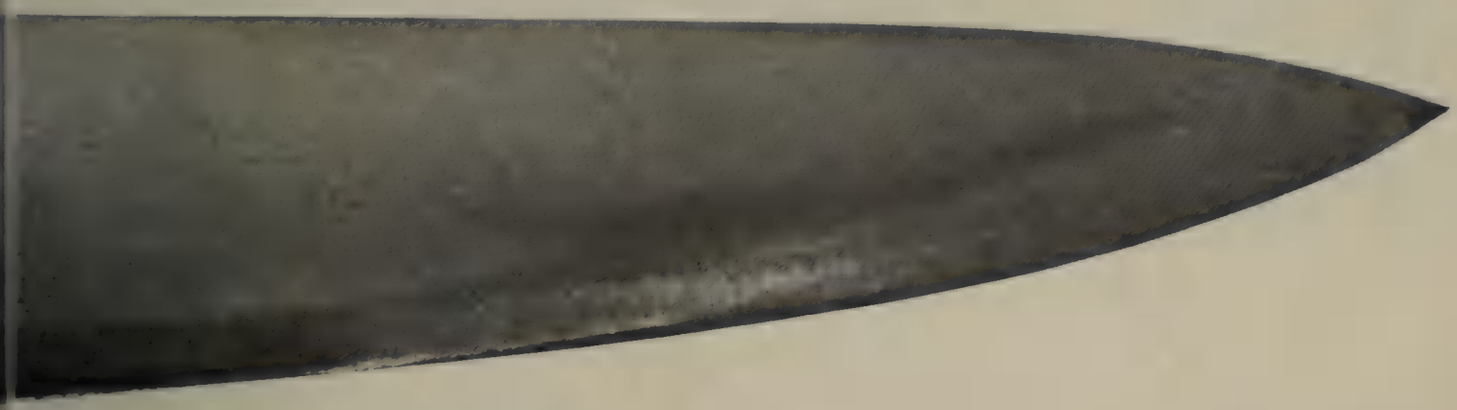
We asked this question of a panel of a
complished cooks and professional coo
and then presented them with a wi
selection of knives to choose from. Th
not-too-surprising answer was a una
mous one: the large French knife.

Professional chefs have long valued t
French knife (also called chef's knife
cook's knife) as the ultimate tool for cho
ping and slicing. The long blade comes

DARROW M. WATT



Three-inch paring knife *is a suitable tool for little cutting jobs; tapering blade is strong for easy manageability*



rench. And good cooks say it's "most useful"

and 10-inch sizes; each cook on our l had a decided preference for one of particular lengths based upon bal- and weight of the knife, and practice ling it. This long blade is designed arily for the rocking-chopping mo- illustrated at left, a technique that res only a little practice to master s invaluable for safe, quick chopping slicing. The elevated handle leaves nce for the knuckles when the blade s down on the board.

asked to choose their favorite knife e medium and paring knife lengths, anel was no longer of one mind. re is no 'best' medium-sized or small ." one member said. "It depends what you're used to and the task at " They all did agree, however, that rench knife blade design also works n both these categories. Each is an ly adequate knife, if not the unani- favorite.

-inch knife makes an excellent tool nall chopping and slicing chores: an even use it for modest boning f you don't have a boning knife.

ven smaller 3-inch knife makes a eneral paring knife with a slim, blade that is easy to wield.

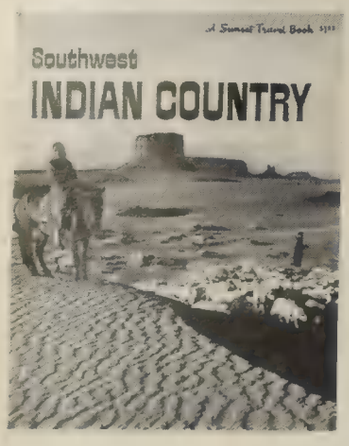
h knives in 3 to 10-inch lengths are available in cutlery and cookware stores and can also be ordered from catalogs. As a general rule, price is directly related to quality. Look for a knife that has a full tang—an extension of the blade the full length of the handle, as shown above. This metal extension is not always visible. Three rivets on handle side also usually indicate a full tang (though shoddy knives can have fake rivets).

Grip the knife to be sure it is well balanced in the hand with the center of gravity down toward the handle (especially important in large knives).

Two types of steel in the blade are most widely available. Carbon steel blades are the traditional favorites of chefs because they are easiest to sharpen; however, discoloration of the blade is inevitable and high-acid foods can be discolored after prolonged contact.

Stainless and stain resistant blades (sometimes indicated by "no-stain" or "inox" printed on the metal) are usually slightly more expensive and more difficult to sharpen but will not discolor. Either type will retain a sharp edge longer if stroked on a finishing steel frequently between sharpenings and rinsed and dried thoroughly after each use. Don't soak knives in water or wash in a dishwasher.

French knife *blade design in all: 3-inch paring, 5-inch all-purpose, masterful 10-inch knife*



From Apache to Papago, Zuni to Cochiti, Hopi and Navajo, a new guide to the Indian country

The dramatic character of the Southwest is best reflected in the life and art of its people.

In *Southwest Indian Country* (Lane Books, Menlo Park, Calif. 1970; $1.95), the editors of *Sunset Books* and *Sunset Magazine* present a new travel guide to the Southwest that interprets the landscape, history, and scenic attractions of the region in a people-to-people approach to its oldest residents: the Pima, the Papago, the Hopi, the Navajo, the Apache, and the other Southwest Indian groups.

Covering most of Arizona and New Mexico, and including parts of southern Utah and Colorado, the book invites visitors into some 50 reservations and Indian pueblos to camp, fish, meet the craftsmen and artists, witness colorful ceremonials and ritual dances, or perhaps attend a happy-go-lucky Indian fair or rodeo.

The guidebook is illustrated with 49 black-and-white photographs, color photographs of a remarkable collection of Indian art, and nine maps. It is organized by Indian groups into four major sections: the Navajo, Hopi, Hualapai, and Havasupai of northern Arizona; the Pueblo villages of New Mexico and the Ute reservations of southern Colorado; the Apache tribes of Arizona and New Mexico; and the Pima, Papago, and "riv people" of southern Arizona. Special sections include inform tion about Navajo rugs, Hopi kachina dolls, Pueblo potter Papago basketry, Indian silversmiths, and Indian pictograpl

Southwest Indian Country gives due attention to the mysteri of the region: the abandoned perhistoric cities at Mesa Ver National Park and at Chaco Canyon and Bandelier nation monuments, and the ancient ruins at Wupatki, Canyon Chelly, Walnut Canyon, Puye, Casa Grande, and other sout western archeological sites. It also chronicles the history fro the early days—Coronado's search for the mythical Seve Cities of Cibola, establishment of the missions, the blood Indian wars and the evolution of the reservation system, fir trading posts, and development of effective tribal governmen —up to the present-day challenge faced by the modern India to maintain his identity and traditions in a changing world.

Countless monographs have concentrated on aspects of th Indian cultures and many guidebooks have described th Southwest's recreational facilities, but *Southwest Indian Cou try* is one of the few to bridge the gap beween the two in guidebook for the general reader.

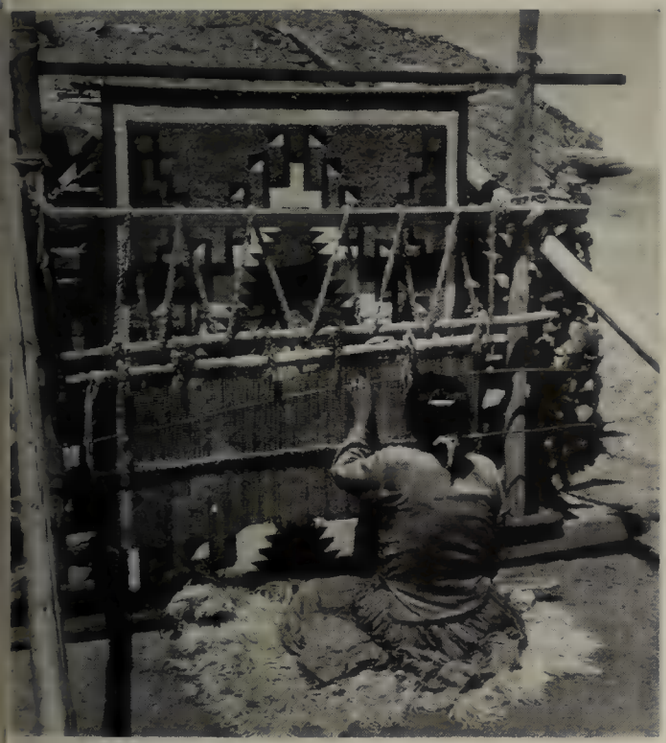
Navajo shepherds *maneuver their flock before dramatic background: spires and mesas of Monument Valley Navajo Tribal Park*

MARTIN LITTON

old *geometric designs of*
apago basketry are displayed at
servation trading post

RICHARD DAWSON

Dancers *pantomime movements of deer*
at a feast day celebration in
New Mexico's Nambe Pueblo near Santa Fe



avajo weaver *may work for many months*
make homespun strands of dyed wool
to this intricate Two Gray Hills design

R. WENKAM

Utes *challenge Navajos in an*
intertribal tug-of-war at the annual
Indian fair in Bluff, Utah

Four months *earlier, this was a dull, rather steep bank of Algerian ivy. In May, owners removed the ivy, recontoured the bank to make it less steep, planted with marigolds, marguerites, juniper, gazanias, gerberas. Mr. and Mrs. George O'Mara, Pasadena*

DARROW M. WATT

First prize winner—*the wedding garden. Just the bi*

The winners in *Sunset's* 1969 garden co test produced impressive results wit plants, lumber, paving materials, an imagination.

Like the two previous annual contest this one invited readers to develop a ga den or garden plot in spring and summe and have it judged in the fall.

The gardener's achievement in a single season

It can be impressive, even astonishing. Here is proof

RICHARD FISH

nagnolia tree (left) and a sea of weeds were here in March, 1969. Flowers in beds at rear are petunias, marigolds, marguerites

'e report on first and second prize win-
ers and seven runners-up. Their gardens
re rich in ideas for 1970 gardeners to
se and to improve upon.

ll-out family cooperation and an im-
ortant calendar date both contributed
) the making of the first prize garden
nown above. It was the site of the August 16 wedding reception for the oldest daughter of the James Lindseys of Santa Barbara. The bride's 19-year-old brother hauled in stones for the walls and a 17-year-old brother laid them. The whole family including the bride-to-be did the March-to-August bulldozing, concrete pouring and finishing, and the planting

TO ENTER 1970
GARDEN CONTEST
SEE PAGE 241

'heckerboard *surface of foot-square concrete pads, left and center, alternates with Irish moss. Right, Iosta plantaginea blooms beneath arching fern frond. Garden of Thomas Batty, Portland*

DON NORMARK

RICHARD

Giant bamboo pole *supports patio roof. White agapanthus, front. In hanging baskets: epiphyllum, white impatiens, Campanula isophylla 'Alba', plectranthus. Mr. and Mrs. Bob Kutcher, Capistrano Beach, California*

and growing of the lawn and flowers.

The Thomas Batty garden in Portland (bottom of previous page) was rich in plant display and mankind comforts. Here's the method Mr. Batty used to install the checkboard surface shown there: Remove soil to a depth of 6 inches. Spread a 4-inch layer of sand and smooth it. Place square concrete steppingstones (2-inch-thick kind) on the sand where they go in the pattern. Pour soil into the empty squares, on top of the sand, to level of tops of steppingstones. Plant Irish moss chunks (from flats) in the soil squares. (A dozen 1-inch pieces of moss went into each square in early spring, and by summer they'd filled in.)

The four structures shown on these two pages establish a shady place for people, plants, or both. The shade comes from (reading clockwise from the picture above): battens, 2 by 2's, lath, and cherry branches. The people sit and walk upon (in the same order): concrete, redwood 2 by 6's, bricks set in sand, and another floor of redwood 2 by 6's.

The John R. Schroeder lathhouse at upper right was built in the sunniest part of a shady garden. You might ask w the owners didn't just plant their sh plants (camellias, azaleas, fuchsias, begonias) in the shade of the trees. because the trees are native Califo live oaks. The Schroeders, wise garc ers, know that the growing of he water users near the trunks of such c can kill the oaks. They prefer to husb their oaks by paving the tree-shaded tion with brick—it needs no watering it's easy to sweep.

The John Marshalls, lower right, somewhat the same thing for diffe

Simple *all-redwood pavilion, 12 by 12 feet, stands at one end of a lawn terrace in a three-level garden. Mr. and Mrs. James R. Morrow, Belmont, California*

ELLS MARUGG

Brick-floored *lathhouse has four beds for shade plants—each backs up against one of those 2-foot walls between posts. Mr. and Mrs. John R. Schroeder, Los Altos, California*

These gardeners built shade for plants and for people

eck *built under cherry trees because patio (edge, lower right) was too hot. Mr. and Mrs. John Marshall, Sunnyvale, California*

DARROW M. WATT

Combination *raised bed and goldfish box. The goldfish part is redwood lined with hardboard, painted green inside and covered with clear fiberglass resin*

GLENN CHRISTIANSI

Goldfish in a redwood box . . . bonsai collection on split-level display

reasons. They found their unroofed concrete patio, built with the house, too hot for comfort. So they built a deck and dry streambed in the middle of what had been the back lawn, under two cherry trees. This gave them a shady summertime place, less lawn to maintain (they had too much), and the old patio to use as a paddleboard court.

The gardens on this page and page 120 feature water, fish, and plants. Each garden has some Japanese derivation.

The Glenn Krueg garden, winner of se ond prize in the 1969 contest, is show above and below. Mr. Krueg, a profe sional landscape horticulturist, designe and built it last year. The goldfish bo with the raised bed was his invention.

The Kruegs have never been to Japa but Mr. Krueg once took bonsai lesso in Palo Alto, California. His bonsai co lection, about half of which can be see in the lower photograph, shows outstan ing skill. Its excellence is matched by t

DARROW M. WATT

Near goldfish box *is this bonsai display. Mr. and Mrs. Glenn Krueg, Newark, Calif. Garden won second prize*

PISCES: FEB. 20—MAR. 20
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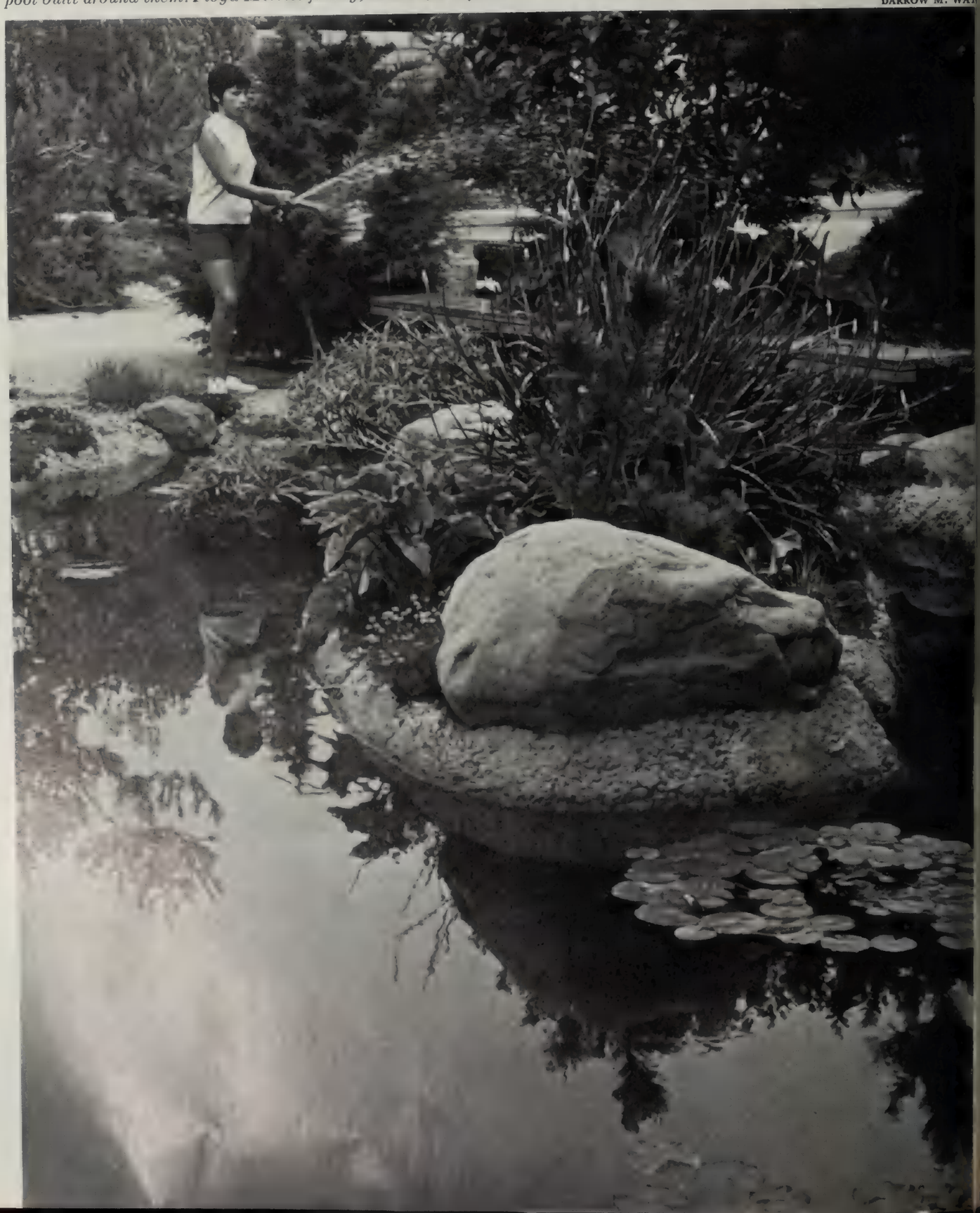
Fortnight lilies on an island . . . goldfish and carp below

Goldfish and carp *pool, below, is about 20 feet wide, 34 feet long, and up to 1½ feet deep. It was only five months old when photographed. Boulder and fortnight lily (Moraea) on island were there before; pool built around them. Floyd Merritt family, Malibu, California*

attractive sets of benches and tables upon which the plants are displayed.

The Floyd Merritt pond, shown below was inspired by a trip to Japan where the Merritts saw beautiful ponds in gardens everywhere. Mr. Merritt and the two teen-age boys dug the excavation around what was to be the island and carted the soil away. The whole family—Mr. and Mrs. Merritt and four children 9 to 18—all worked at mixing, hauling and pouring the concrete for the pond lining (visible at island's front edge).

DARROW M. WAT



Playsafe

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Keystone
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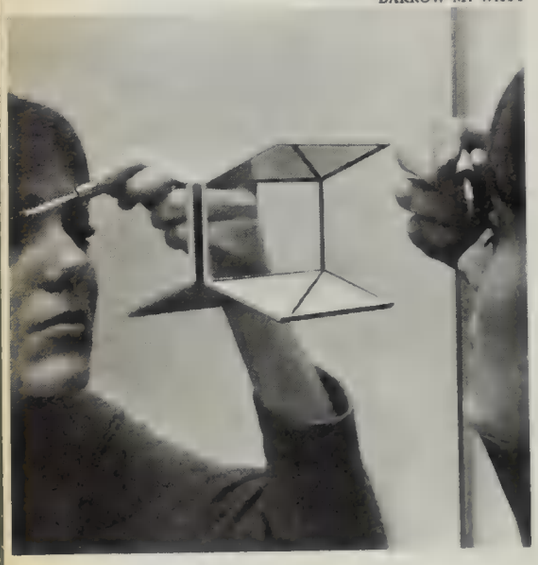
The Changing Western Home

DARROW M. WATT



A mirror on a mirror

Shown at left is a 4½-inch-wide mirror that has a self-adhesive back so you can stick it on a larger mirror or on a wall in a bath or powder room. Its three precisely aligned faces, set at 110° angles with each other, give you three clear views of your eyes simultaneously for applying mascara, eye liner, eye shadow, and eyelashes.

You see your eyes from above, below, and straight on—as others see them. Developed recently in Hawaii, the mirror costs about $10. Another version folds up and fits into a purse; larger versions rest on vanity table tops. You'll find then in many Western department stores.

RICHARD FISH

Are the power poles vanishing?

For decades, there has been considerabl and deserved agitation among home own ers for underground electrical wiring t replace the unsightly power poles tha line and tower over residential street Undergrounding was tried in some West ern subdivisions in the past, but with con plications. Underground transformer flooded and shorted easily, and it wa expensive to run electrical service cabl to homes in buried conduit.

This has changed, with new service ca bles that can be simply buried in a trenc without conduit, and new transforme that work when completely submerged i water. One result of this change is show in the article on page 124: how a con munity near Carmel, California, recent eliminated power poles.

The extra cost a subdivider must pay have electrical service placed undergrou throughout a new tract has dropped du ing the last 10 years from about $600 $100 a lot. The California Public Utiliti Commission recently ruled that unde ground utility systems must now standard for new residential subdivisio Pacific Gas and Electric Company, whi services 47 counties in central and nort ern California, recently announced th 94 per cent of new home tracts built its area in 1969 featured undergrou service. Puget Sound Power and Lig in Washington, reported a 95 per ce figure for its service area.

A cover for a wall heater

The handsome display shelves shown left are really part of a cover for a g wall heater in the home of Kurt Don in Los Angeles. He and his wife cons ered the wall heater unattractive a prominent. Also, they used it only fo or five months of the year.

Mr. Donat designed and made a sim plywood box to cover the heater duri the warm seasons. He surfaced the b with burlap wall covering and framed with two 1 by 4 uprights and shel During the winter months, the cover stored elsewhere; when it is attached, t gas to the heater is turned off.

Launching Pad

Ranchero GT with unique laser stripes

Luxury Pad

Ranchero Squire with country club flair.

Ranchero! The pulse-pounding pickup for people who leave the pack behind. Racier, richer than ever with more models...more luxury and performance options. Choose from four: Ranchero, Ranchero 500, Ranchero GT and the Ranchero Squire. Each has its own stamp of style and spirit. Each offers as standard features hidden windshield wipers, belted tires, locking steering column and increased wheelbase and tread width. Options include Hideaway headlights, trailer towing package, high-back bucket seats and a choice of seven power plants, including three scorching 429-cu. in. "muscle" engines. Ranchero—the Ford pickup that's far out...of the ordinary.

FORD RANCHERO

Ford

COMMUNITY ACTION

Poles down, wires all underground

A joyful wake was held recently near Carmel, California, when more than a hundred neighbors gathered to celebrate the burial of the utility lines. The grand celebration—a big Spanish barbecue, with costumed mariachi band—followed four and a half years of frustrating meetings and dogged negotiations.

A few years ago, several residents of Carmel Knolls decided that if their

STEVE CROUCH

1968: *Old poles and lines were still an affront to the landscape*

1970: *Same place with unobstructed views of attractive homes and landscaping and rolling Carmel Valley hills beyond*

DARROW M. WATT

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To Rome, to Paris, to Barcelona...to twenty-three cities beyond Ireland. Flying Irish International Airlines is the first choice of more people each year. You get the best buy to or from Europe...beautiful Ireland...for no extra air fare on Irish-Aer Lingus. Ask your Travel Agent.

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The first outdoor pool heater you can afford to forget.

The new Raypak Hurricane was styled to be noticed—yet built to be ignored. Long after others have called it quits, a Hurricane will go on quietly and efficiently doing its job.

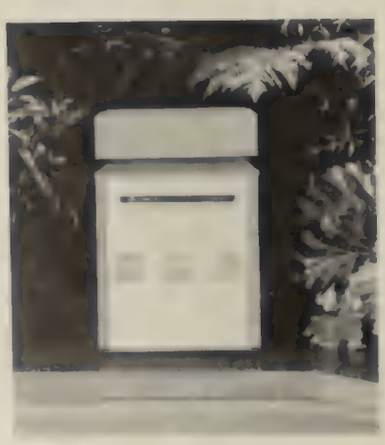
But there are other advantages just as financially significant. You don't have to erect a shelter to protect a Hurricane* against the elements. Its unique Protecto-Vent draft system completely protects its burner compartment from rain, wind and debris. And, unlike conventional stackless heaters, it doesn't need a zippered overcoat to make it through the winter.

Men will be impressed by the fact that the Hurricane's burners and headers are guaranteed for life. And that its copper and bronze waterways are impervious to rust and corrosion. Women will love its appearance and clean low lines.

One thing is certain. A Raypak Hurricane may not be the cheapest pool heater you can buy—but it's certainly the most economical one you can own.

Which is a pretty good reason for clipping a coupon.

*AGA certified as an outdoor pool heater to be used without an enclosure.



HURRICANE by Raypak

RAYPAK, INC., 31111 Agoura Rd., Westlake Village, Calif. 91360

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neighborhood was to live up to their dreams, something must be done about the unsightly, view-blocking jumble of poles, cross-arms, insulators, transformers, and power, telephone, and cable-television lines that blighted its beauty.

When this subdivision was laid out in the late 1950's, the cost of undergrounding utility lines seemed prohibitive: an estimated $1,600 per lot. In 1964, inspired by Carmel Knolls resident George C. Bestor's article, *Buried Cables*, in an Urban Land Institute technical bulletin, a committee headed by Col. St. E. P. Tyner (USA-Ret.) began work to see how much this figure could be whittled down.

The committee appointed Bestor's firm to prepare preliminary plans. State Act of 1911 and 1913 made it possible to finance on-street undergrounding costs by a bond issue, but the members feared they couldn't persuade everyone to sign up unless on-lot costs were also included.

A major break was 1966 legislation clearly authorizing on-lot undergrounding costs to be financed by assessment district bonds. With that encouragement the committee forged ahead with meetings and circulated petitions to form an assessment district.

Another hurdle was cleared when the state Public Utilities Commission, after lengthy hearings, granted Pacific Gas and Electricity the authority to make own, and maintain on-lot underground connections.

The last obstacles. A few property owners who had long lead-ins from the street and faced very high on-lot costs were luke warm about the whole project. This was solved when the Knolls property owners agreed to divide the total cost equally among the improved properties.

The Board of Supervisors of Monterey County approved the bond issue and praised the determination of Carmel Knolls owners to improve the esthetics of Carmel Valley this way.

As for the Knollites—at the final hearing before the supervisors, there was not a single protest. "There were still individual problems of just how the trenching was to be placed on some lots, but these were easily disposed of," said Col. Tyner.

A few months later, the last of the unsightly poles, wires, and transformers were laid to rest.

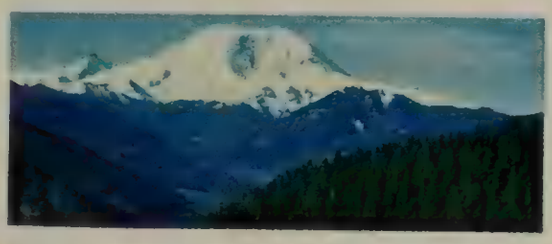
Costs. Through newer techniques such as the use of direct-burial cable, and with favorable PUC rulings and cooperation between residents, county officials, and utility companies, total costs had shrunk to a final $630 per improved lot.

"And lenders in the area," reports Col. Tyner, "tell us the undergrounding has increased the value of individual properties by at least three times the actual cost of the improvements."

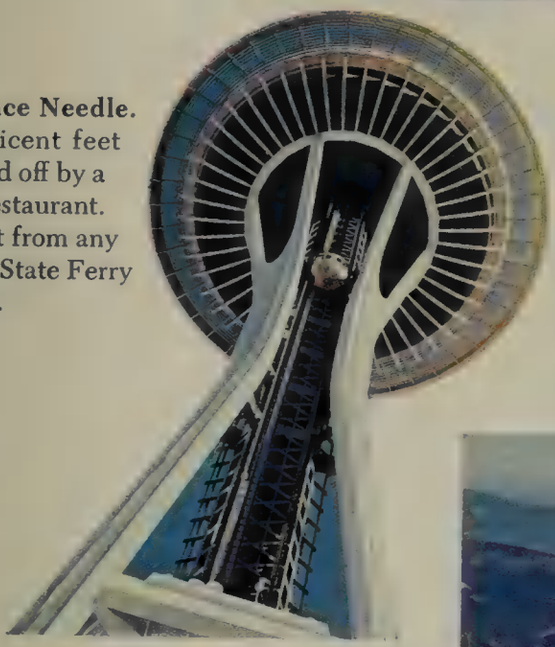
CLIP NOW GO LATER

See Washington State's Ferryland on your vacation.

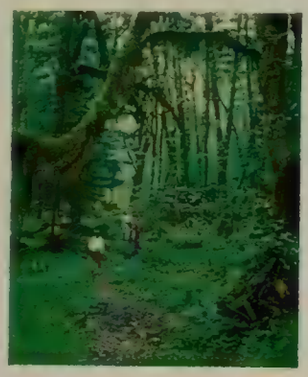
CLIP NOW GO LATER



1. Mt. Rainier. Looking for all the world like a giant ice cream sundae. For the best point of view, see it from Puget Sound—on any Washington State Ferry from Seattle.



2. The Space Needle. 600 magnificent feet high. Topped off by a revolving restaurant. Look up to it from any Washington State Ferry from Seattle.



5. The Olympic Peninsula. Don't miss this legendary land of contrasts. Rain forests and sunlands. Snow-fed rivers and boiling hot springs. High mountain lakes and deep sea fishing. Join us at Edmonds or The Seattle Ferry Terminal.

3. The San Juan Islands. America's most enchanting cruise. A whole new world of bejeweled islands, winding channels, hidden beaches and coves. Join our crew at Anacortes, and sail away with us.

4. USS Missouri. Weigh anchor with us from Seattle to Bremerton, and go see this historic World War II battleship. Guided tours are available.

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ELLS MARUGG

Fabric *mounted on stretcher bars is an easy-to-make contemporary wall hanging*

Using fabric and stretcher bars

A bold and bright linen towel or a handsome length of fabric can be mounted to make a wall hanging in a few minutes with only a staple gun and four canvas stretcher bars from an art store.

Select the size of bars to allow an inch of overlapping fabric on all sides. The corners of the bars fit smoothly together, forming right angles without a miter box or any tools. Before mounting, dampen the fabric and iron it flat to eliminate wrinkles and bubbles.

Use a staple gun to attach fabric to the back side of the frame. Staple alternately on opposite edges to keep fabric smooth, straight, and taut all around.

To finish mounting, use adhesive fabric tape to cover the sides and back of fabric and frame.

Smooth *fabric tape over mitered corner to reduce corner bulk, make smooth finish*

The only thing that looks funnier than a Volkswagen carrying 176 cubic feet of things is someone else's wagon carrying 176 cubic feet of things.

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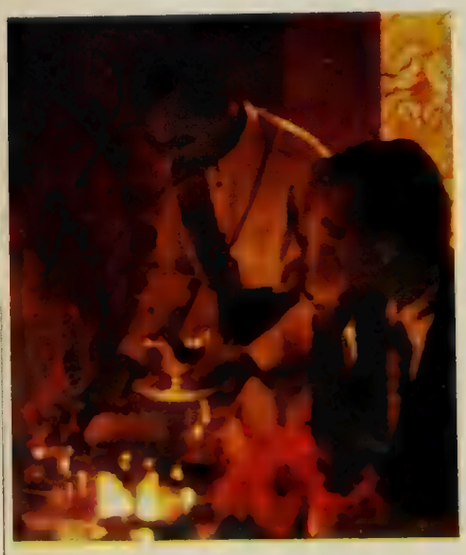

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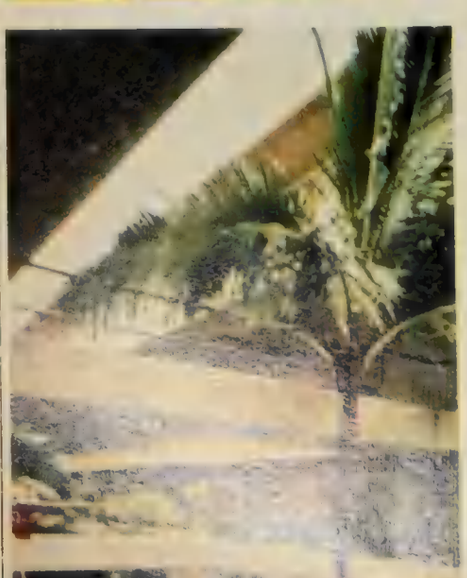
One of "The Three Greatest Hotels in the World"—Richard Joseph in *Esquire*.



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Glen W. Fawcett, I

DON NORMARK

ors *beyond refrigerator hide pantry and undry, match other kitchen cabinets*

ep shelves *line the upper pantry doors; washer and dryer are directly below*

This storage area buttons up

n, it's a laundry center with a small ntry above. Closed, it matches other chen cabinets and you'd never guess at it's hiding.

hitect Charles Metcalf designed this age facility to go at one end of the chen in the home of Mr. and Mrs. eph G. Swartz, Seattle.

he pantry cabinet, so that all staples ld be readily accessible, he split the th of the shelves, putting half in the ble swing-out doors and leaving half he cabinet proper. That way there's ble the usual amount of front-row e for storage.

hinged doors covering the washer dryer fold back tightly so they can left open during the laundry cycle out blocking passage to other rooms.

The no-tile bath

A bathroom done in FORMICA® Panel System 202 gives exceptional beauty without all the tears of tile. Doesn't chip . . . Doesn't scratch. It's tough, beautiful and easy to clean. No dirty grout lines to scrub. And FORMICA® Panel System 202 goes up over almost any solid surface. Shower, tub area, or entire room can be refinished "Moisture-proof" in a day or less. The smooth surface really looks as new as the first day you installed it.

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These collections hang on the wall

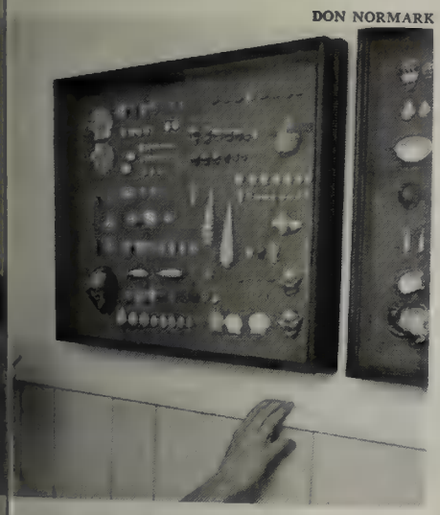
st vacations and trips are called to mind these neat displays in two Western mes. The owners find the daily enjoy-nt of such collections is at least equal the fun of gathering them.

double row of shadow boxes holds Mrs. alter C. Poot's antique button collec-n. She has 16 trays lining one side of a g narrow hall—a natural gallery in her ttle residence. The display cases are ered in glass, ideal protection for small ects that would otherwise require fre-nt dusting.

DOUG WILSON

on collection *is displayed in two rows ays running length of the narrow hall*

DON NORMARK



and other treasures from beach are ted in glass-covered display boxes

H. Martin Smiths of Mercer Island, ington, keep their shell collection he bathtub. The shells, collected on beach outings, are mounted with n turquoise burlap. The moisture in athroom causes no problem because ells are in glass-enclosed frames.

L 1970

This cooler fits in wherever the fun is.

Meet a brand new, first-of-its kind picnic cooler from Covey . . . The Swinger, made to go more of the places you're going because it's so neat and compact . . . designed to keep 12 king-size bottles or cans icy cold inside a tough, hard-shell insulated plastic body that's built to last. It has a new kind of "clam-shell" lid that can't blow away or get lost because the lid is attached to the cooler body. Just snap the lid halves shut, fold up the handles, and it's sealed. Fold the handles down and it's open. The Swinger fits in anywhere, from the floorboard of a compact car to the back seat of a canoe. And here's a bonus feature. The Swinger is actually more than just a cooler. It makes a terrific tool kit, tackle box, sewing basket . . . or you name it. This year, ice down your favorite fun beverages in The Swinger. It fits in wherever you're going.

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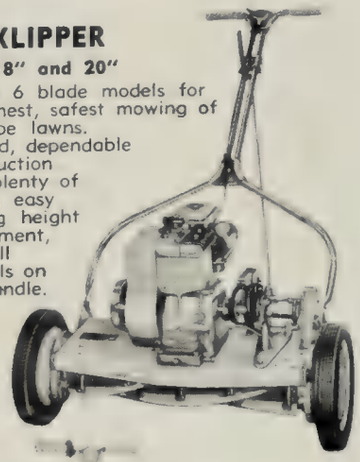

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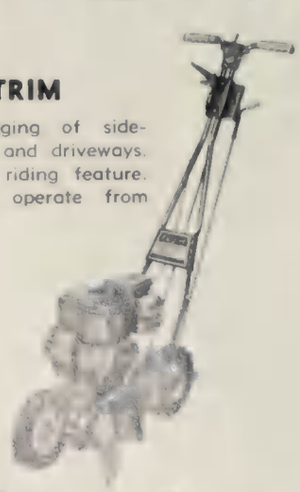

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DON NORM

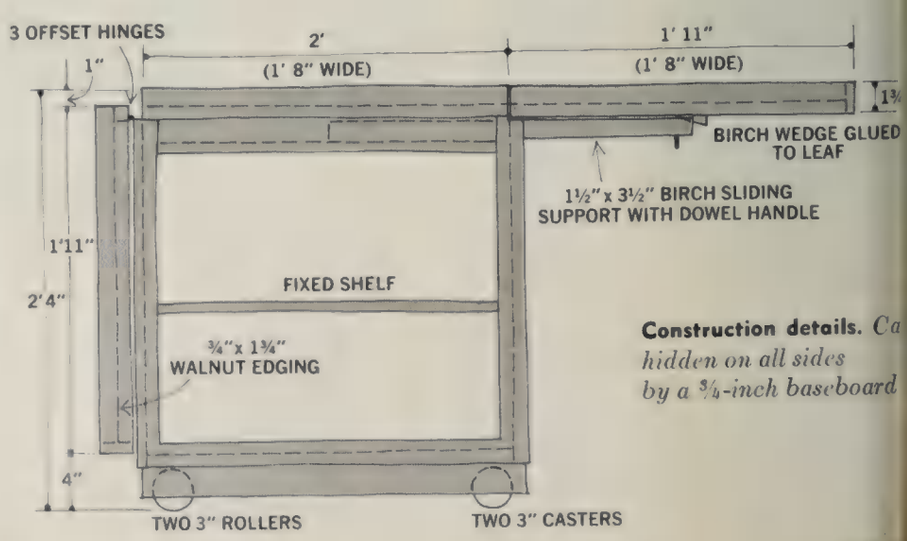
Serving cart *rolls out from under counter, has large drop leaf at each end*

Kitchen cart with swing-up leaves

Large enough to be of real use when serving company, this cart is "garaged" in a kitchen base cabinet. When it is rolled out and its two drop-leaf ends are raised, it is almost 6 feet long. It then can serve as a buffet, as well as a cart to clear off all dishes from the dining room table.

The 20-inch-wide cart is made of walnut and walnut plywood. Each drop-leaf end is supported, when up, by one sliding wood member. Two casters carry one d two rollers (fixed casters) at the o end help move the cart along a stra path. Its top and both drop leaves h walnut edgings that extend a full above the tops, so nothing will slid the cart as it is moved.

Architect Richard Perkins designed cart for Mr. and Mrs. John A. Mo of Spokane.



Construction details. *Ca hidden on all sides by a ¾-inch baseboard*

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For the first time ever you can fly direct to Siberia from the United States. This vast, mysterious land is now open to American visitors as a unique new travel destination — and as a brand new gateway to Western Russia and the exotic Middle Asian Republics.

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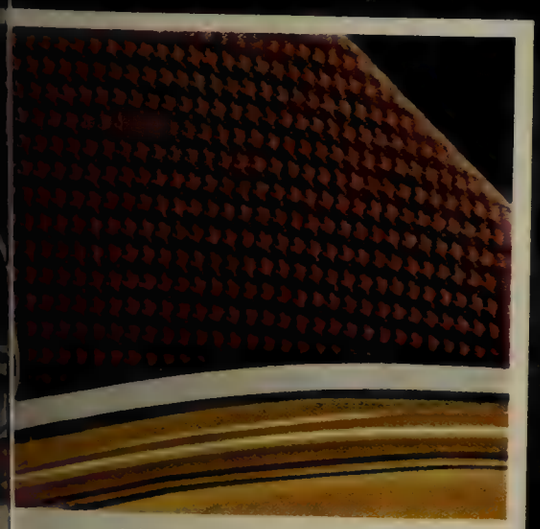
Introducing the Houndstooth Cougar

Inside: deep, foam-padded, hi-back buck
optional houndstooth check cloth and vi

ith a little something to match by Pauline Trigère.



optional houndstooth check vinyl roof in medium brown (shown) or black.

It's wild. It's sophisticated. It's elegant. The sporty look of houndstooth for spring. Cougar sets the trend with houndstooth check vinyl roof and hi-back cloth-and-vinyl buckets. Designer Pauline Trigère comes up with a swaggering houndstooth cape to match. Cougar... far more than just a sporty car. It's styled with European flair. Lean and sculptured, with concealed headlamps and sequential rear turn signals. Powered by a restless 351 cubic-inch V-8. It's the best equipped luxury-sports car in its class. Cougar. Definitely the top cat for spring... now dressed in houndstooth. Ask about it at the sign of the cat: your Lincoln-Mercury dealer.

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the motor
that bridged the

generation gap

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To satisfy the young jet set's desire for speed and the biplane generation's desire for smooth trolling you had to have two engines.

Then along came Evinrude with a brand new kind of outboard motor. A trim 3-cylinder job with a unique loop-charged fueling system. No piston deflectors. Lighter pistons. Cleaner combustion. Higher efficiency.

The tremendous increase in power is translated into performance through a lower unit straight out of a computer.

A tuned exhaust system. A gearcase with the best blend of low-drag shape and high-thrust gearing. A thrust accelerator ring that forces water into the cone behind the hollow hub exhaust to reduce drag. And a large, high-rake prop that delivers exceptional thrust at low speeds without sacrificing speed efficiency.

The Triumph is a spectacular perf in blasting off with skiers in wringing out a hot runabout, o idling lazily, smoothly, quietly a

Any age is the age of Triumph.

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can make it with ⅜-inch solid brass or have ⅜-inch iron rod brass plated. an iron works or welding shop to see :h type of rod it has available.

the shop to cut the pieces to a 20½- length, form them into a U-shape ıch legs, 6½-inch cross bar), and pol- ınd lacquer the solid brass pieces. If are using iron rod, take the bookstops

GLENN CHRISTIANSEN

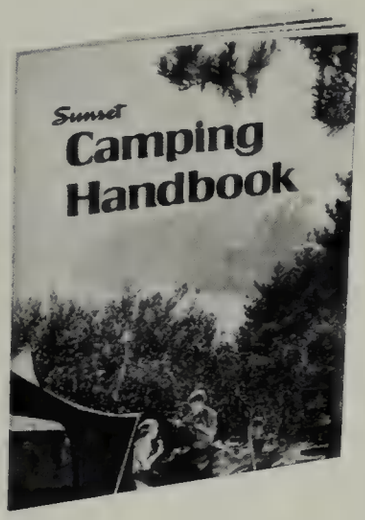
s out *easily, can be moved to next f holes to accommodate more books*

rass plater. The cost of each finished top using either solid brass or iron us plating will be about $4.

a ⅜-inch bit, drill inch-deep holes ıut 10-inch intervals along the shelf.

Sunset

Camping Handbook



While emphasizing the fun of camping, this comprehensive guide provides basic information on the practical aspects of living out-of-doors. Formerly titled *Family Camping,* this book has been completely revised to include the latest equipment and camping vehicles. There are tips on selecting equipment and instructions for its use. A section on camp cookery includes menus and recipes for campers and backpackers. There are also helpful chapters on making camp, camping with children, tips for novice hikers, weather precautions, first aid, renting and buying recreational vehicles, driving and towing tips. $1.95

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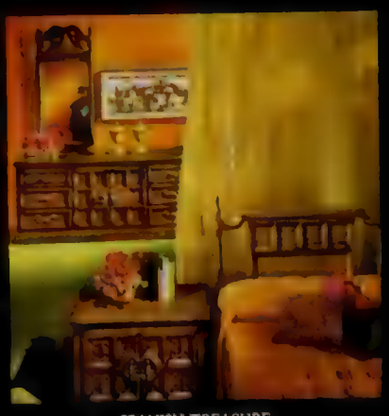

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DON NORMARK

With roof *propped up, entire hutch opens for easy feeding, cleaning*

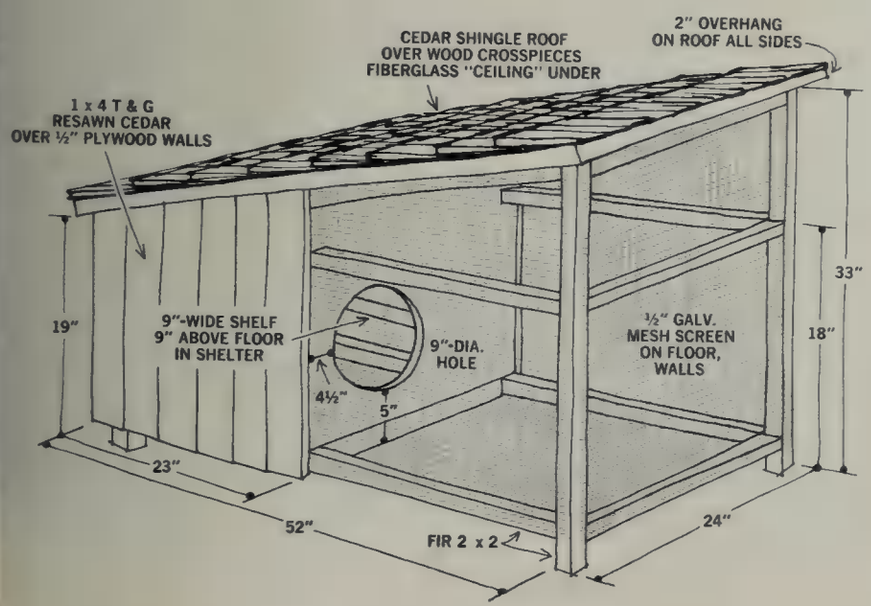
His rabbit hutch lifts open

en a friend gave his children a rabbit, hio Aoki of Seattle built a rabbit h for it using scrap lumber left from remodeling of his home.

hutch has a cozy enclosed shelter on left and a screened pen at right. The s of both are wired-screened. A shal- plywood tray under the pen area hes the rabbit's droppings.

When the rabbit started chewing on the wooden crosspieces of the hinged roof, Mr. Aoki added a flat sheet of fiberglass to the underside of the roof. He also got another rabbit to give the first some companionship and keep him more content.

If you plan to build a similar hutch, exact dimensions aren't important; change them to suit the materials available.



Stop that Stain!

by Mary Paul Mason

Send a raincoat to the drycleaner and it costs you at least $2.00 for the cleaning . . . and another $2.00 to have it re-treated to make it rainproof again.

Save your money. You can do the job yourself.

Most poplin rainwear is machine washable and tumble-dryable. And the coat will come out clean, soft, and comfortable to wear.

To restore rain repellency to a freshly laundered or dry cleaned raincoat, spray it with Do-It-Yourself Scotchgard® Brand Fabric Protector. You spray the fabric good and wet, but after it dries you can't tell it's ever been treated until you get rained on. Scotchgard Protector not only keeps you dry, but keeps oily spills from staining.

It's so gentle you can use it safely on any color-fast material . . . dresses, suits, slipcovers.

The new spray can of Scotchgard Protector gives you the same kind of protection you get on upholstery fabrics that carry the plaid Scotchgard Fabric Protector tag. Look for it when you buy furniture.

You can't stop the spills, but you can stop the stains.

For the Good Life

Fine apartment homes by Systech Construction Corporation reflect quality in every stage and phase, from site planning and design to craftsmanship, materials, decor and appliances.

That's why Systech prefers the whisper-quiet In-Sink-Erator, the continuous feed garbage disposer whose quality features, including the exclusive self-service "wrenchette", make it tops in service, serviceability and durability.

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DISTRICT OFFICE: 1010 Franklin St., San Francisco, Calif. 94109, Phone (415) 776-0312

Slide-out rods *hold damp towels dried by warming of a heater duct*

Bathroom idea . . a drying closet

Drying closets are handy for damp to and drip dries that usually clutter bathroom.

The vertical cabinet in the photog above was designed by architect J. L Conrich for his San Francisco reside Two rows of slide out rods can hol to eight bath towels. The heater for the bathroom runs through the c and contributes its drying heat.

The small drying cabinet shown b is in designer James B. Heisinger's h in Carmel Valley, California. A d midifying rod (commonly used for ditioning pianos) supplies dry heat. 25-watt horizontal bar lies on a t at the bottom of the closet. There danger of fire damage, the bar isn fected by moisture, and the towel ca any drips. A rear vent prevents moi damage. Lingerie and other clothing on the metal bars dry overnight.

Rod *at bottom of closet is dehum ifier; it generates heat to dry linge*

Picture this.

Your four-door family sedan with a body designed by Pininfarina. With the same flair, the same sleek treatment of contours that mark the Ferrari and Lancia.

Result? The kind of car that gathers a curbside crowd wherever you park it. The unrivaled Italian sporty look you've so often stopped to admire yourself.

The interior, the "soul" of the car, is elegantly French. The fully reclining bucket seats, the thick wall-to-wall carpeting, the built-in adjustable headrests and foldaway armrests—each feature, each detail reflecting that centuries-old French love of luxury.

And the bright warmth of sunlight—how the French love that. A solid steel sliding sunroof lets you enjoy it, too!

All these opulent interior components are standard equipment.

Standard equipment, too, is every engineering advance that gives this car its "international muscle". Each of the four wheels has its own independent suspension, its own power disc brake. A newly designed engine gives you as much as 25 miles to the gallon; lets you cruise at 90 mph all day. The entire body is built of .9mm sheet steel—heavier, safer, longer-lasting than you've had before. It comes with Michelin radial tires. And four-speed synchromesh transmission. This is the car that's built to take any road, anywhere in the world.

The car international auto writers voted "Car of the Year".

The Peugeot 504. Italian style, French soul, International muscle. All new, all yours, the complete car. Air conditioning and fully automatic transmission available, if you want them.

If you want a new car, you'll want to test drive the 504.

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The planetarium-museum complex adds new dazzle to the Vancouver scene.

In and around Vancouver, Canada

Vancouver is a uniquely appealing vacation centre. On the one hand are exciting shops, restaurants, hotels and night spots . . . on the other is abundant scenic beauty. You can see green mountains rising across the harbour from city centre, and only minutes from downtown you can stroll in 1000-acre Stanley Park. But much of Vancouver's pleasure lies beyond the city.

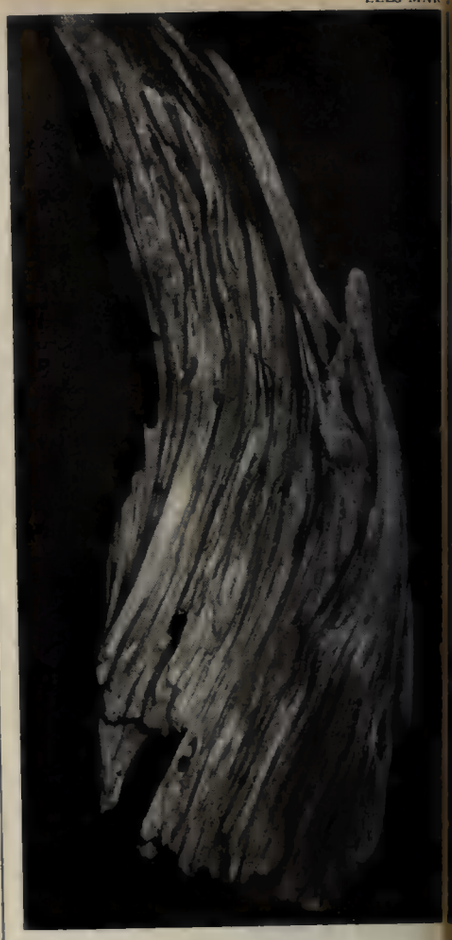
The Fraser Valley adjoins the mighty Fraser River east of Vancouver . . . bounded in the north and east by towering mountains and in the southwest by sandy Pacific beaches. Memorable sights include the bell tower of Westminster Seminary and historic Fort Langley. For a circle trip, enter on Highway 7, north side of the Fraser, cross the river at Agassiz and return on Highway 401.

The Sunshine Coast, north of Vancouver, offers great salmon fishing and the chance to picnic in your own peaceful cove. To get there, drive the Upper Levels Highway to Horseshoe Bay and cruise Howe Sound to Langdale. From here, the highway winds north nearly 100 miles, with a second ferry crossing to the upper Sunshine Coast and the major centre of Powell River.

For a Visitor's Kit of Vancouver, the Fraser Valley and Sunshine Coast – or for convention information – write: *Greater Vancouver Visitors & Convention Bureau, 650 Burrard St., Vancouver 1, British Columbia, Canada.*

The Abbotsford International Air Show is a valley highlight in August.

A 50-minute cruise across Howe Sound lands you on the Sunshine Coast.



Burnished driftwood *has a soft, weath feel, yet looks rich and well prese*

GLENN CHRISTI

Here's how: *Rub the driftwood thoro with a piece of deer horn or a dry*

The Indians' way finish driftwoo

Indians along the Oregon and Washi coast centuries ago created an eas unusual way to finish driftwood. It the wood a delightful soft patina.

First use a rasp or wood-carving to remove any pith or loose wood and sand the piece of driftwood (the Indians used rough stones).

Then burnish the wood by rubbing an hour or more with a bone. A dry of deer or elk horn works best, b it is hard and abrasive, but any sm bone or the bone handle of a knife w

Every day Panama presents a miracle. Watch the sun rise in the Pacific and set in the Atlantic.

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Should you wish to go from sunset on, non-stop, and see the sunrise, Panama City's night life will accommodate you. During the day there are beaches, jungles, luxurious hotels, cool refreshing highlands. And there are buildings dating to the 16th Century and Indians still living as they did a thousand years ago. Friendly Indians. See your Travel Agent or, for some travel provoking literature, write us.

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Bold wood trim *dresses up three ready-made containers (you see each "before" and "after"). Strips hide nails, metal bands*

Nursery planter tubs and boxes retrimmed with redwood

Most of the wooden plant containers available in Western nurseries and garden supply centers today are of three fairly standard types. One is the rectangular planter box offered in various lengths for patios, decks, and walls. The other two are tubs: a square box with or without sloping sides, and the familiar octagonal container.

Anyone seeking something more distinctive can design and build his own or look for a nursery that has containers made especially for it. Still another possibility is to take a readily available container and modify it.

We went to a nursery and bought three standard containers—a 13 by 36-inch rectangular box, a 16-inch octagonal tub, and a 16-inch-square tapered tub. They cost $6 to $7 each. Customizing consisted of adding decorative wood trim and staining (trim for each tub was about $2). The rectangular box took about two hours to complete; the others took longer in order to cut and fit the mitered pieces for the tapered sides. (You can see what was done by comparing the *before* and *after* of each of the three pairs in the photograph above.)

Materials needed are just redwood trim strips, galvanized nails, and a stain.

The rectangular box with straight sides in the upper right side of the picture is the easiest to remodel. Complete the outer frame of the window box with ¾-inch-square wood strips (1 by 1's). Miter a smaller inner rectangle parall outer frame. To avoid splitting strips, drill pilot holes for finis Nail heads can be hidden belo face with a nail set.

For the square box with slo use ¾ by 2½-inch strips (1 by ure the slope of the sides of t with a protractor. Consult a miter table to determine the e and miter angles for setting box or power saw, or cut each a handsaw slightly longer tha and file or power-sand each p Because box dimensions often each piece separately as you the planter. Tack on the strips

The octagonal planter uses ½ l redwood trim strips. Follow steps as with the preceding slo er box to determine miter and ting. Measure and fit each wo before going to the next one.

Finish the boxes with a semit stain. The stain helps blend t the new trim strips with that chased planter.

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Slipover shift for a young girl painter

Young artist's *cover-up is a pop-over s*

As a cover-up for little girls who like painting and other messy activities, Catherine Caldwell of Honolulu designed this shift. Her daughter slips it over a dress or swimsuit before working at the easel.

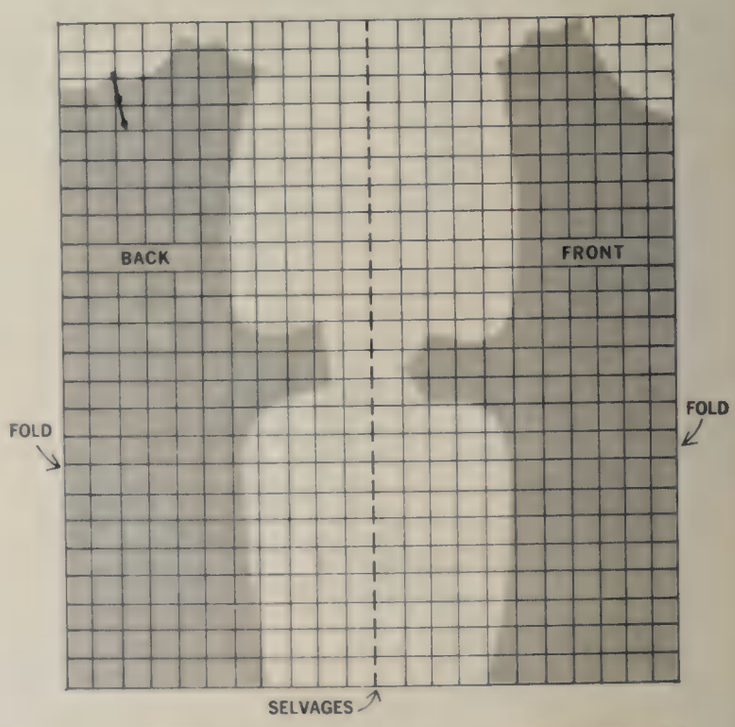
Its simplicity is an important recommendation. The duck on the front, or some other big bold decoration, can be optional.

All you need for each shift (size 6) is ⅔ yard 45-inch sailcloth, ⅔ yard 45-inch cotton lining, two metal buckles, and contrasting fabric for appliqué.

Follow pattern below for shift and lining. Before stitching together, appliqué animal in place. If you spray the fabric shapes with liquid starch and iron them, they will be stiff and won't curl or ravel. Machine-baste in place with a medium width, medium length zigzag; use a satin stitch over this basting line for a durable finished edge.

To sew shift: Stitch back neckline dart (taper from ¼ inch at widest point). The shift is self-lined; you stitch right si together, back and back lining, front front lining; leave opening for turnin center of lower edges and at shou edges (stitching only to within ⅝ inc neck and shoulder edges). Turn.

Finish neck by stitching front to bac shoulder seams, being careful not to c lining. Slip-stitch shoulder edges of li together. Slip-stitch opening at lo edge. Edge-stitch the whole shift ⅛ from all finished edges. Sew buckle back extensions. Use eyelets if you w but the front extensions can just through the buckles; they stay in p and resist some stress.



Pattern *for size 6; each square represents 1 inch. Fold selvage edges of 45-inch fabric to center; cut out as indicated. For larger sizes, widen at folds, lengthen hem*

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Kitchen counter *extends into pass-through area. Main sink (background) is close by for washing and cleanup*

It's good looking and it works ... open, half open, or closed

nice feature of the remodeling proj-
it the Robert Chapmans in Hono-
s this kitchen-to-lanai pass-through.
nctions as a pass-through by opening
portion of the wall between rooms
erving or clearing away without a lot
nning back and forth.

t offers more. There's under-counter
ge for articles used frequently on the
and by closing louvered bifolding
, you can screen off the kitchen and
se the counter and sink for a buffet.

WENKAM-SALBOSA

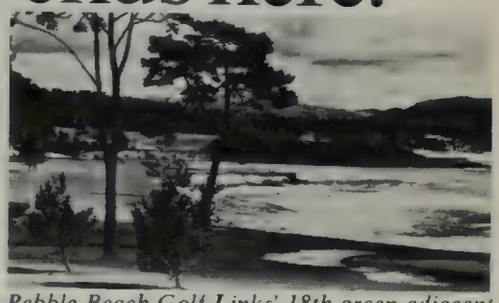
With louvered doors *closed, pass-through functions as buffet. Lighted from above*

Bifolding doors *pull from right side to close off pass-through*

Solid bifolding doors conceal all. You stack dishes and glasses on the counter from the lanai, close the doors, and when you get around to cleaning up, retrieve them from the kitchen side.

The architect was Don Chapman of Hogan & Chapman.

The perfect golf vacation ends here:



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New front door *has overlay paneling that matches siding*

They opened up their house to enjoy the water view

Not all houses built by the water take full advantage of their site, particularly those built before the 1950's. This 1930 house on Southern California's Balboa Island was one example. The living room windows were generous for the times and did look out onto the canal, but the master bedroom above was almost shut off from the view, though it did have a balcony. Remodeling opened the house to the water. Living room and master bedroom windows are now larger and new sliding glass doors give easier access to the patio and balcony. The balcony was redesigned with a higher roof and a solid railing across the front for privacy.

Architects: Dan L. Rowland and Associates, Inc. for Mr. and Mrs. L. V. Bo

Original house *(above) was changed (below) to exploit canal view. Sitting area off living room is now separated from public walkway by a 20-inch-high brick wall*

RICHARD FISH

set out to make a cabinet that would look as though it ■ the ancient Palace of the Doges in Venice. To achieve worn look of centuries, it took the hands of thirty-two n. Hands to rub, scour, and stain; crumble gold leaf and paint, bruise, burnish and soothe with antique wax.

y more money can buy it.

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To your dog, it's the healthy feeling he gets from a steady die of Gaines·burgers.

To you, it's no stacking cans no opening cans, no refrigeratin half-empty cans.

Gaines·burger The canned dog fo without the can.

GLENN CHRISTIANSEN

ful equipment to carry in your car trunk for emergencies. Several of these les will store in the old purse shown at upper right. All are described below

A useful survival kit for auto travelers

Westerners drive more miles than e in any other part of the nation. e result we can expect to meet more le on the road, and are wise to carry survival kits."

ested here are some inexpensive you may find very helpful if you them in your car. Some are stand- quipment; others are quite new.

st aid kit. Compact kit ($4.25) is de- l for use in cars and campers.

bag. New compact plastic bag ($3) raw a gallon of gas out of the tank other car if someone offers help you run out of gas. It's also handy ling a power lawn mower.

ch towel or throw rug. A small car- useful when you have to change a put on chains.

ss wiper. Large squeegee ($2) has a rubber blade for removing ice, and rubber blade impregnated with cals for wiping off dew, dirt, and rom car windows.

shlight. Any kind will do, but be o check the batteries occasionally. ew one shown ($2) has retractable magnets to hold it on a steel panel.

6. Fire extinguisher. The more expensive are best, but the cheaper (about $4) can be of great help when needed. Read the instructions; check contents occasionally.

7. Flares. Self-igniting red flares (three for $1) warn others in an emergency.

8. Jumper cables. Two cables ($2.50) connect your battery to that of another car, to start either when a battery is dead. Jumpers are especially needed for cars with automatic transmissions.

9. Tire inflator. Pressurized can of Freon plus sealant ($2) will inflate a punctured tire until you get to a service station.

10. Old purse. A large, discarded purse serves well as a tool kit for carrying many of the articles mentioned, along with small hand tools you may want to include—and it does not rattle.

11. Chains. In snow country, you'll need these ($15). Include some tighteners, spare links, and heavy wire for repairs.

12, 13. Jack, spare tire. These should be checked occasionally to make sure they are in good condition.

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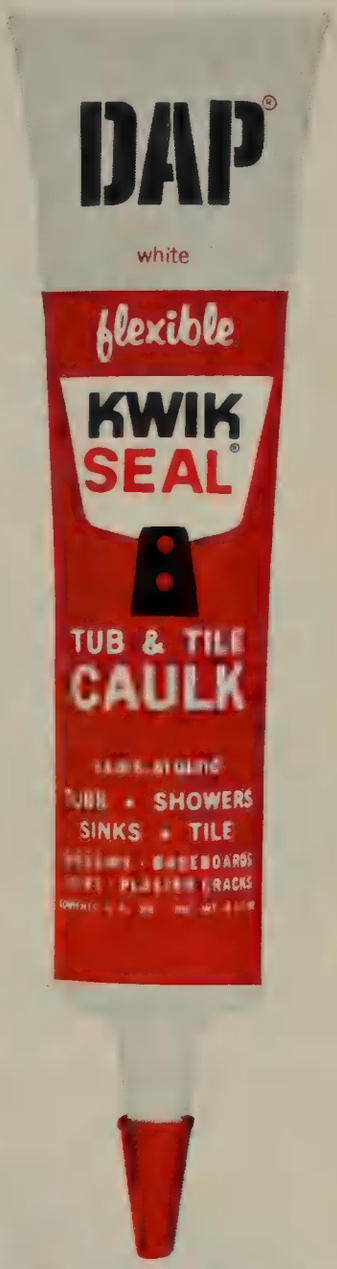
sealing compound



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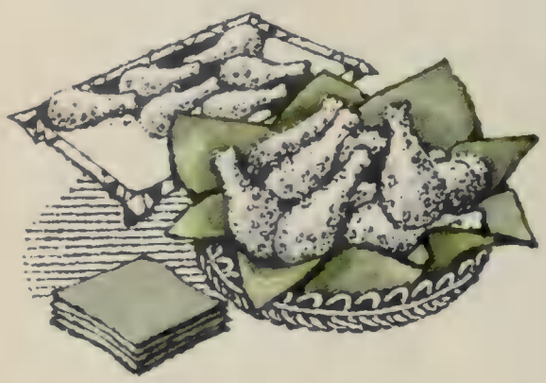
Balmy weather may coincide with weekends or spring vacations this month and lure your family to pack a picnic lunch and head for the beach, desert, or mountains.

The chicken drumsticks described here are good served hot or cold, at ho or away. Or you may want to h some for supper and freeze what's for a picnic later.

Here also is a recipe for potato sal it's made with the season's small r



A thick flavorful coating distinguishes these oven-fried chicken drumsticks

Crusty Chicken Drumsticks

If you freeze these crusty chicken legs, reheat them in a 350° oven for about 30 minutes, then serve hot or cold.

- 24 broiler-fryer chicken legs
- ½ cup flour
- 1 teaspoon salt
- ½ teaspoon paprika
- ⅛ teaspoon pepper
- 2 eggs, slightly beaten
- 3 tablespoons milk or light cream
- 3½ cups oven-toasted rice cereal, coarsely crushed
- 1 package (amount for 4 to 6 servings) dry onion soup mix
- ½ cup grated Parmesan cheese
- 6 tablespoons butter or margarine

Wash the chicken and pat dry. Combine in a paper bag the flour, salt, paprika, and pepper. Shake a few chic legs at a time in the bag until co all over; shake off excess flour. I shallow dish or pan, combine the and milk. In another dish com rice cereal, soup mix, and cheese.

Roll each leg in egg mixture first, d briefly, then roll in cereal mixture til coated. Line two shallow 10 by inch baking pans with foil, grease foil, and arrange chicken in pans pieces not touching. Melt butter drizzle over. Bake in a 350° over 40 to 45 minutes, or until crisp tender. Serve hot or cold. Serves 1 *E. M., Los Angeles.*

You mix in the crisp Iceberg lettuce and sour cream just before serving

Iceberg Potato Salad

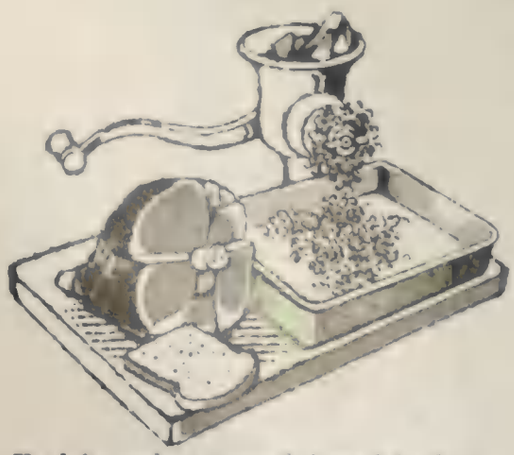
If you take this on a picnic, carry the lettuce separately.

- 1 pound small new potatoes
- Boiling, salted water
- 2 hard-cooked eggs, diced
- 3 tablespoons thinly sliced green onion
- 6 slices bacon
- ¼ cup white vinegar
- 1 teaspoon seasoned salt
- ¼ teaspoon celery seed
- ⅛ teaspoon pepper
- ½ to 1 head Iceberg lettuce
- ¼ cup sour cream or mayonnaise

Cook the potatoes in boiling water until just tender; drain, remove peel, and slice them. In a bowl, combine the potatoes, eggs, and onions. Fry bacon until crisp and remove b to a paper towel to drain; reser tablespoons of the bacon dripp Crumble bacon into potato mixtu

In the pan used for cooking b combine reserved bacon drippings vinegar, seasoned salt, celery seed pepper; bring to a boil, then pour potatoes. Mix gently and let sta room temperature for 1 to 4 hou

Just before serving add about 3 broken pieces lettuce to bowl wit sour cream. Mix and serve. Ga the bowl with lettuce leaves, i wish. Makes 4 to 6 servings.— *North Sacramento.*



Use leftover ham, ground through food chopper, or cooked ham from market

Ham Loaf with Orange Sauce

Baste loaf with spicy orange sauce as it bakes; serve with more of the sauce.

- About 1½ pounds cooked ham
- 1 large carrot
- 2 slices firm white bread
- 2 eggs
- 2 tablespoons minced onion
- 1 teaspoon dry mustard
- 1 can (6 oz.) frozen orange juice concentrate
- 2 cups water
- 2 tablespoons cornstarch
- ⅛ teaspoon *each* ground cinnamon and cloves
- ⅓ cup raisins (optional)

Using the fine blade of the food chopper, grind the ham (you should have 4 cups); then put the carrot and bread through the food chopper. In a combine the ham, carrot, bread, onion, and dry mustard. Co orange juice concentrate with add ½ cup juice to ham; set asi maining juice. Blend ham mixtur and shape into a 4 by 8-inch loaf in a shallow pan. Bake in a 375 for about 35 minutes, basting some of the orange sauce.

To make orange sauce, blend starch with reserved orange juic namon, and cloves; cook, stirri til thickened. Add raisins, if u sauce; reheat and pass in a Serves 4 to 6.—*H. S., Boonville*

otatoes and has lettuce mixed in.

f you invent a new recipe that succeeds with your family and guests, we ıvite you to send it to *Sunset Magazine*, Menlo Park, Calif. 94025. We ay $10 for each recipe published.

Chicken drumsticks or ham loaf with escarole soup first, pudding after

'scarole Soup

se the tender inside leaves of the carole (sometimes called broad-leaf ıdive) to make this soup.

- Escarole
- About ¼ cup shell-shaped or elbow macaroni
- Boiling, salted water
- 2 tablespoons butter or margarine
- 2 tablespoons finely chopped onion
- 2 cans (about 14 oz. *each*) regular-strength chicken broth
- ⅛ teaspoon ground nutmeg
- ¼ teaspoon whole thyme, crushed
- Salt and pepper to taste
- Parmesan cheese

ash the escarole well and discard the arse outer leaves. Stack the tender een leaves and slice across the leaves into strips about ¼ inch wide; set aside. Cook macaroni in boiling water until just tender, then drain.

Meanwhile in a large pan or Dutch oven, heat the butter over medium heat. Add onion and escarole, and sauté, stirring, for about 3 minutes. Add the chicken broth, nutmeg, and thyme; bring to boiling. Add cooked macaroni and salt and pepper to taste. Cook about 1 minute longer. Pass a bowl of the cheese at the table to add to the soup. Makes 4 to 6 luncheon-size servings.—*H. N., San Francisco.*

To make a light first-course soup, you could omit the macaroni in this recipe.

Start with a large head of escarole to make this luncheon or supper soup

'am and Sausage Appetizers

ese clam and sausage balls brown ıtly and quickly in the oven.

- 2 cans (about 8 oz. *each*) minced clams
- 1 pound bulk pork sausage
- 1 egg
- 2 tablespoons fine dry bread crumbs
- ⅛ teaspoon pepper
- Dill sauce or Newburg sauce (recipes follow)

ain clams, reserving the juices. In ɔowl combine the sausage, clams, ;, crumbs, pepper, and 2 tablespoons the reserved clam juice. Mix well, n form into 48 balls about the size a walnut. Arrange the clam balls ıut 1½ inches apart on shallow baking pans. Bake, uncovered, in a 500° oven for 4 minutes. With a spatula turn meatballs over, and cook about 4 minutes longer, until lightly browned.

Using a slotted spoon, lift clam balls out of pans and into a chafing dish. Pour over the sauce and keep warm. Makes 4 dozen.—*B. S., Monroe, Wash.*

Dill Sauce: In a small pan heat 1 can (6 oz.) white sauce with ¼ cup of the reserved clam juice, ¼ teaspoon dill weed, and 1 tablespoon Sherry (optional). Or Newburg Sauce: Heat 1 can (about 9 oz.) Newburg sauce with 2 tablespoons of reserved clam juice and 1 tablespoon Sherry (optional).

Keep appetizer balls and sauce warm in chafing dish; spear with toothpicks

icy Molasses Pudding

tead of the lemon sauce, you might each serving with whipped cream.

- 1½ cups all-purpose flour (unsifted)
- ¾ cup sugar
- 1 teaspoon nutmeg
- ½ teaspoons cinnamon
- ½ teaspoon *each* ground ginger and salt
- 1 teaspoon soda
- ½ cup butter or margarine
- ½ cup chopped walnuts or almonds
- ¾ cup molasses
- 1 cup water
- Lemon sauce (recipe follows)

together into a bowl the flour, ır, nutmeg, cinnamon, ginger, salt soda. Using a pastry blender or knives, cut butter into flour mixture until the consistency of coarse crumbs. Stir in nuts.

Combine the molasses and water; pour into flour mixture and stir just until blended. Pour into a greased 9-inch square baking pan. Bake in a 350° oven for 50 minutes, or until an inserted pick comes out clean. Makes 9 servings.—*G. T., San Mateo, Calif.*

Lemon Sauce. In a pan combine 4 teaspoons cornstarch, ¼ cup sugar, and dash salt. Stir in 1 cup water; cook, stirring, until thickened. Remove from heat and stir in 1 teaspoon grated lemon peel and 3 tablespoons each *lemon juice and butter. Serve warm.*

Pour warm lemon sauce over squares of this spicy pudding, warm or cooled

MICHAEL TILDEN

Marisa cooked *this whole meal with about 1½ hours worth of work. Hint for other young cooks: read the story carefully, then follow directions*

"Dinner is ready, and I fixed it all by myself!"

A 9 to 13-year-old can do the whole meal

"Dinner is ready, and I fixed it all by my self!" That claim of pride can be mad about this meal by almost anyone years of age or older—and many mo times than just once. For this dinner wholesome, handsome, and simple enoug to bear frequent repetition.

In our test kitchens at *Sunset*, 9 to 1 year-old boys and girls tested and helpe us edit these directions. First, they pr pared the dinner with an overseeing adu then, once sure of the procedures, th were able to duplicate the uncomplicat recipes on their own. The meal, th taste-approved choices, will serve 4 to

Broiled Beef Patties
Oven-roasted Hash-brown Potatoes
Green Salad with Zucchini Dressing
Frozen Strawberry Cream and Sliced Oranges

This is what needs to be done:

The shopping: ½ pint (1 cup) whipp cream, 1 box (10 oz.) frozen strawberri 1 lemon, 2 packages (12 oz. *each*) fro hash-brown potatoes (you use 1½ pa ages; store rest in freezer), frozen chopp onions (part of a 12-oz. package), 3 la navel oranges, 1 head red leaf or but lettuce, 1 medium-sized zucchini, 1½ 2 pounds lean ground beef.

You'll also need 3 tablespoons sugar tablespoons butter, 1 teaspoon Dij style mustard, salt, 3 tablespoons w vinegar, and 6 tablespoons salad oil.

Then follow this order of working:

A couple of hours before dinner, set the strawberries and the 1½ package potatoes (open potato containers spread out) to thaw.

At least 1½ hours (or even a day or t before dinner, start the strawberry sert (see steps 1 to 4) and freeze.

About 1 hour before dinner, mix up potato dish (step 5), brown on to range, then bake.

While potatoes bake, peel the 3 ora (to serve with the frozen strawb cream) and chill (step 6).

Next prepare lettuce (step 7) and n and chill zucchini dressing.

Shape beef patties (step 8) and l While meat cooks, keep potatoes w beneath the meat in the oven or o electric warming tray. Also, mix let with the zucchini dressing. If you decorate the meat for serving with cl tomatoes and parsley sprigs.

At dessert time, arrange orange slic a big wide bowl or in individual b then scoop the frozen strawberry c out of its dish and mound on top o oranges; the strawberry cream is either softly or solidly frozen.

Beat 1 cup whipping cream at medium speed just until it is stiff when the beater is lifted cp. (It should look ce Marisa's cream the picture.) Add 3 tablespoons sugar

In a shallow, 8 or 9-inch-diameter pan that you can bake in, melt 7 tablespoons butter. In it mix well 1 cup frozen chopped onions and 1½ packages (12-oz. size) frozen, thawed hash-brown potatoes. Smooth surface and cook on high heat, without stirring, 2 minutes to brown bottom. Then bake in a 400° oven, uncovered, 40 minutes

In a covered blender, whirl t package (10 oz.) frozen, thawed trawberries and 2 ablespoons lemon ce. When smooth, pour into the whipped cream

Set orange on cutting board. With a sharp knife, make down-to-board cuts, slicing off both ends just until fruit is exposed. Set on cut end; cut around fruit down to board, removing skin and white membrane; turn orange as needed; hold fingers back from knife. Lay orange on its side and cut in thick crosswise slices

With a rubber spatula, stir eam and berries, blending as well as you can; a few lumps of cream are all right. Scrape the sides of the bowl well and frequently

Wash 1 head lettuce; shake off water. Break in bite-sized pieces; wrap in towel; chill. Wash 1 raw zucchini and slice (push across slicing surface of a shredder-grater). Combine zucchini, 1 teaspoon Dijon-style mustard, ½ teaspoon salt, 3 tablespoons wine vinegar, 6 tablespoons salad oil; chill. To serve, mix lettuce and dressing in big bowl

Pour strawberry cream into a flat dish (a pie plate or pan) so it will freeze quickly; cover ith clear plastic film. Freeze at 0° or colder ntil firm or hard

Flatten 1½ to 2 pounds lean ground beef in a round cake; divide in 4 equal portions. Shape each portion in a flat round cake, 4 inches across. Place on a rack in a broiler pan. Broil 3 inches from heat (measured from surface of meat) for 4 to 6 minutes on a side for rare (pink inside); 8 to 9 minutes for medium (little pink inside); salt

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Who ever heard of *round* lasagne?

Can this be lasagne? Yes, the green-flecked round pictured below is a homemade lasagne noodle. You can roll it to any shape you want to fit a casserole.

Our recipe uses spinach to make the green noodles that are typical of Bologna, Italy. We suggest two different casseroles—one has a typical meat and tomato sauce layered between the noodles; the other is an unusual combination of shrimp, ham, and a white sauce.

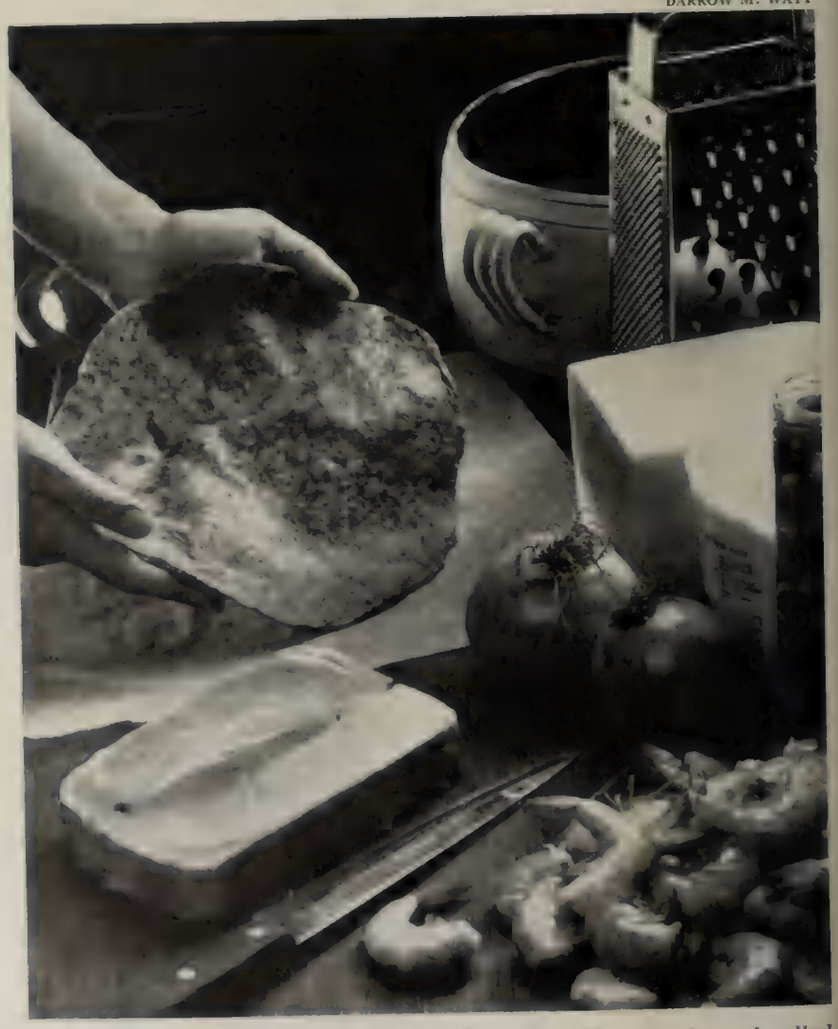
The noodle recipe, based on one package of frozen spinach, makes enough for three casseroles. It is easiest to roll out the noodles for three casseroles at one time, or you may want to cut part of the dough into strips to cook as you would regular noodles. Once rolled, the lasagne may be cooked immediately or wrapped tightly and refrigerated or frozen.

GREEN LASAGNE NOODLES

To make the dough, cook 1 package (oz.) frozen chopped spinach as direct on the package. Turn into a wire strain and press out all the cooking liquid wi the back of a spoon. Chop it a little mo finely, and combine with 4 eggs and teaspoon salt. Measure 3 cups flour (u sifted) into a bowl, add spinach mixtu and stir with a fork. Work dough wi your hands until it will hold together a ball. Sprinkle ½ cup more flour on board and knead dough 5 minutes, or u til it is smooth and elastic. Wrap a tight and let stand at room temperat about 1 hour.

To shape the noodles, roll the dough i a log, then divide it into 3 equal porti —each portion makes enough noodles one of the casseroles. Divide each do

DARROW M. WATT



She's holding *a lasagne noodle, flecked green with spinach, and rolled to fit a round casserole. This untypical lasagne has shrimp, ricotta and mozzarella cheese, ham, green olives, and sauce between the layers*

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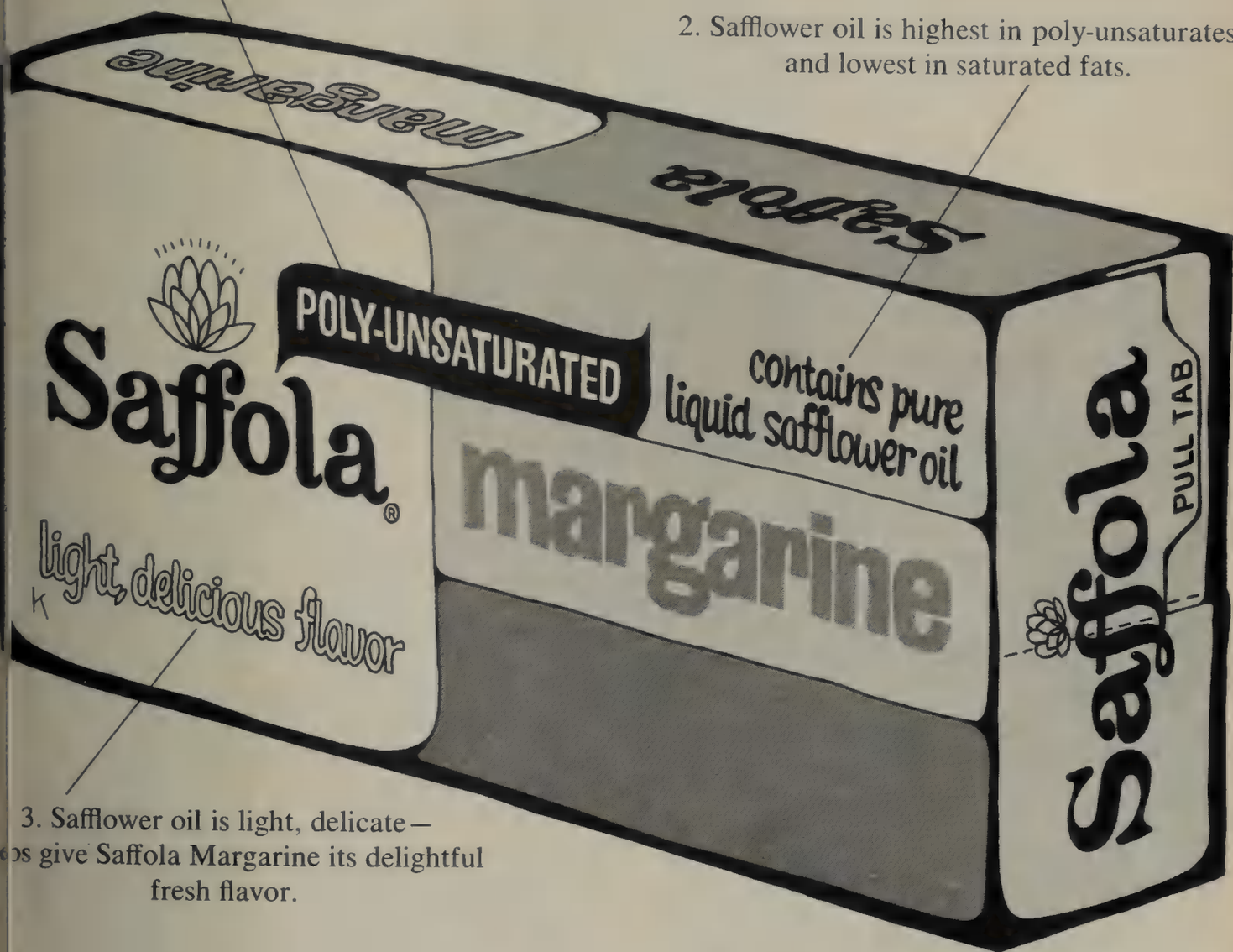

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DARROW M. WA

Roll *noodle rounds to fit casserole the way you roll pie crust, only thinner*

portion into pieces as suggested bel
Using a lightly floured board and a flou
rolling pin, roll each piece firmly fr
center to edges to make an even rou
the size you need.

Either recipe calls for a round casser
(at least 2½ qts.) with sides that
straight, or nearly so, and not deeper t
3½ inches. For an 8½-inch-diameter c
serole, divide the 1-casserole portion
dough into 5 equal pieces and roll eac
7½ inches round. For a 9-inch casser
divide the dough into 4 equal pieces
roll each to make an 8-inch round. F
10-inch casserole, divide the dough in
pieces and roll each to make a 9-i
round.

Allow noodles to stand, uncovered,
about ½ hour to dry surface. Either c
noodles right away or stack them w
waxed paper between; overwrap tig
and refrigerate up to 2 days or freez
Cook the noodles just before assemb
the casserole; thaw first, if frozen. S
noodles into 4 to 5 quarts boiling sa
water and boil until just tender, al
5 minutes. Using a slotted spoon
tongs, remove noodles one at a time
drain on a damp towel.

A *Sunset* reader discovered this las
made with shrimp in Brazil.

GREEN LASAGNE, BRAZILIAN STYL

- 2 pounds medium-sized raw shrimp
- 1 bay leaf
- Boiling salted water
- 1 large onion, finely chopped
- ½ cup (¼ lb.) butter or margarine
- 6 tablespoons flour
- 3 cups milk
- 2 cloves garlic, minced or mashed
- ½ pound cooked ham, finely diced
- ½ teaspoon liquid hot pepper seasoning
- ⅓ recipe green lasagne noodles, freshly cooked
- 1 pound ricotta or large-curd cottage cheese
- 1 jar (4½ oz.) pimiento-stuffed green olives, drained and thinly sliced
- ½ pound mozzarella cheese, coarsely shredded

Drop shrimp and bay leaf into b
water, and boil 1 minute. Drain.

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ooklet tells you more. It's called *ll Story of Full Insulation*—and it e the smartest 6¢ you ever in- Send to Owens-Corning for it then tell your dealer or builder nt Fiberglas 6&3.

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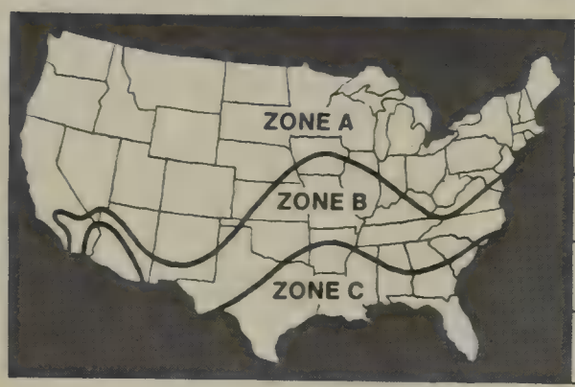

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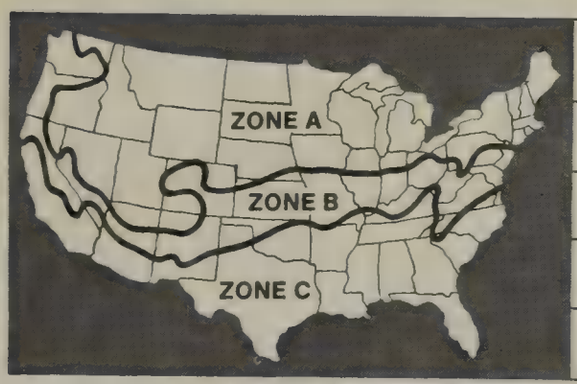

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peel and devein shrimp; discard bay.

In a pan sauté onion in butter u golden. Add the flour and cook, stirri until bubbly. Remove from heat gradually stir in milk. Cook, stirri until mixture thickens and boils. Rem from heat and add garlic, ham, and pepper seasoning.

In the bottom of a greased round serole (at least 2½ qts.) spread a layer of the sauce. Put in 1 noodle add a layer of ricotta cheese, shri olives, sauce, and mozzarella, divi them equally between the noodle rou ending with mozzarella on top. Bake, covered, in a 375° oven for 30 to 40 utes or until heated through.

To serve, cut in pielike wedges. Mak to 8 servings.

To make a satisfying main dish, we more meaty sauce than do the Ital who serve lasagne as a preliminary co

GREEN LASAGNE WITH BOLOGNESE SAUCE

- 1 *each* large carrot, large onion, and celery stalk, finely chopped
- 2 tablespoons olive oil or salad oil
- 2 pounds ground chuck or lean ground be
- ½ pound ham, coarsely chopped
- ¼ pound chicken livers, coarsely chopped (optional)
- ¼ cup canned tomato paste
- 2 teaspoons whole basil
- ½ teaspoon salt
- ⅛ teaspoon pepper
- 1 can (1 lb. 12 oz.) pear-shaped tomatoe
- Warm white sauce (recipe follows)
- ⅓ recipe green lasagne noodles, freshly cooked
- About ¾ pound freshly shredded Parmesan cheese

In a large pan sauté the carrot, o and celery in oil until the onion bec transparent. Remove vegetables w slotted spoon. Increase heat to hig the ground beef and cook, stirring 15 minutes. Reduce heat; add co vegetables, ham, chicken livers (if tomato paste, basil, salt, pepper, a matoes (break up with a spoon). mer, uncovered, for 1 hour or un duced to about 5 cups; stir often. you can cool the sauce and refriger Reheat meat sauce and stir in white sauce.

In the bottom of a greased roun serole (at least 2½ qts.) spread layer of the sauce. Put in 1 noodl a layer of sauce, then a layer of c dividing the sauce and cheese e between the noodle rounds, ending cheese on top. Bake, uncovered, in oven 30 to 40 minutes or until through. To serve, cut in wedges. 6 to 8 servings.

White Sauce. Melt 2 tablespoons in a small saucepan; blend in 2 spoons flour. Cook, stirring, until b Remove from heat and gradually 1 cup milk. Cook, stirring, until m thickens and boils.

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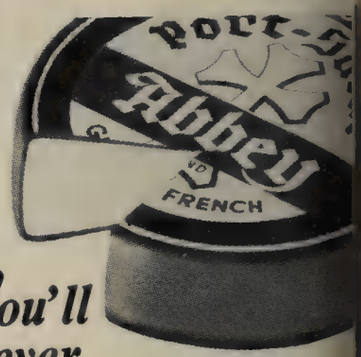

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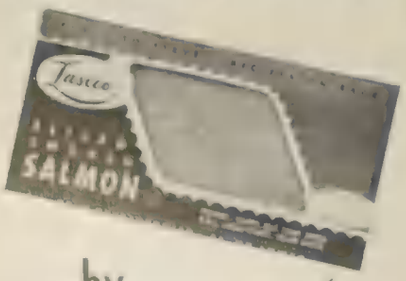

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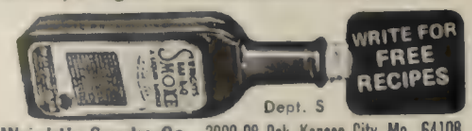

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Cut hallah *into thin slices, or pull the braid apart at the natural seams, forming te chunks. Spread with butter, if you wish, and accompany with wine or other beve*

This bread is traditional Jewish *hallah*

This handsome seed-studded loaf with its glossy brown crust and delicate flavor is called hallah (also spelled challah, chaleh). Now a popular delicatessen item, hallah has long-standing religious significance for the Jewish people who enjoy it on the Sabbath and often adorn it with a sugar glaze and candied fruit or candies for special holidays.

It's not difficult to make this festive braided bread at home. You work with four strands of dough to form the base and then top it with a smaller twist.

According to custom, brown eggs with deep gold yolks should be used to give hallah its traditional yellow color, but a few drops of food coloring or a pinc saffron gives the same effect.

HALLAH

- 1 teaspoon salt
- 1/4 cup *each* sugar and salad oil
- 1 1/4 cups hot water
- 1 package yeast (active dry or compressed)
- 2 eggs
- 2 or 3 drops yellow food coloring or pinch of saffron
- About 5 cups unsifted regular all-purpose flour
- 1 egg yolk combined with 1 tablespoon water
- 1 teaspoon sesame or poppy seeds

Put salt, sugar, and oil in a large l pour over the hot water and stir sugar is dissolved. Cool to warm (warm for compressed yeast). Stir in until dissolved. Add the eggs and coloring. With a spoon mix in abou cups flour to form a dough.

Coat board with about 1/2 cup flour, dough onto it, and knead until dou smooth and elastic (about 5 min adding more flour if needed. Place greased bowl; turn dough over to g top. Cover and let rise in a warm

braid, *pinch the dough ends together; the right strand over the next one, er the third, over the fourth. Repeat*

e small three-strand braid with the ining dough; place it on top center of braid. Let dough rise before baking

doubled in bulk, about 1½ hours. h down and divide dough into 4 l portions. Roll each between hands rm strands about 21 inches long. the 4 strips lengthwise on a greased y sheet, pinch tops together, and as follows: Pick up the strand on ight, bring it over the next one, un- he third, and over the fourth. Re- always starting with strand on right, braid is complete. Cut ends even, ving dough (you'll need about ½ tuck ends under; pinch to seal.

reserved dough into a strip about 15 s long; divide into 3 parts and make ll 3-strand braid. Lay on top center e large braid. Cover lightly and let ntil almost doubled, about 1 hour.

your fingers, spread egg yolk mix- evenly over braids; sprinkle with . Bake in a 350° oven for 30 to 35 tes, or until a wooden pick inserted nter comes out clean. Serve warm ol. Makes one loaf.

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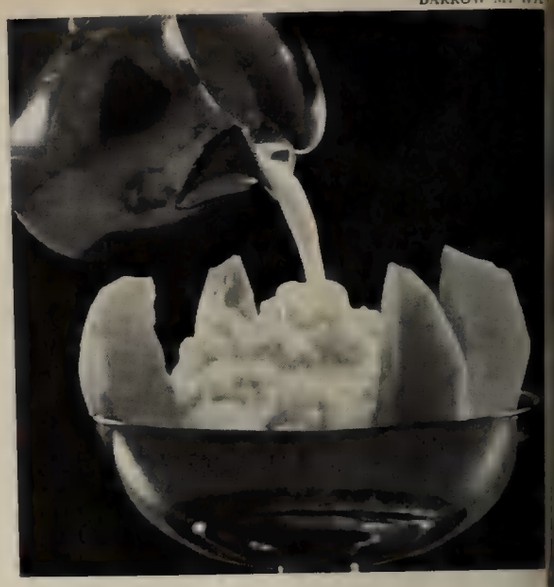
Tropical fruit with sticky rice



Pour *coconut cream over sticky rice and fr*

Children and adults seem to react about the same to their first taste of sticky rice with fruit and coconut cream. They are skeptical at first, but one bite calls for another; then afterward they remember the flavor and want it again.

We tasted this homely dish in Bangkok, where its popularity compares with Americans' fondness for strawberries and cream. Right now, while fresh mangoes are in season, you can serve sticky rice just as it is served in Thailand. It is easier to make here than there, however, because you can use the convenient coconut products available in our markets.

Mangoes are an especially delicious complement to sticky rice but fresh papayas or peaches, canned guava shells or halves, and canned mangoes are also good.

For the rice you can use the special glutinous rice (called mochi gome or sweet rice in Oriental stores) or use short grain rice, such as California pearl. The rice is cooked in coconut milk, which you can buy frozen or as canned coconut juice, or make from packaged or fresh coconut.

STICKY RICE WITH MANGOES

- ⅔ cup glutinous rice or short grain rice
- Water
- 2 cups unsweetened coconut milk (directions follow)
- 4 tablespoons sugar
- 1 teaspoon salt
- Mangoes or other fruit
- Coconut cream (directions follow)

Rinse the rice with cold water until water is no longer milky, then cover generously with water and soak for 2 hours. Scald coconut milk in top of a double boiler; add drained rice, sugar, and salt. Cover and cook over simmering water until rice is tender, about 15 to 20 minutes. Remove from heat, spoon into a serving bowl, and let cool to room temperature, stirring occasionally. Serve with slices of fresh peeled mango or other fruit. Spoon rice over the fruit, then pour over coconut cream. Makes about 4 servings.

Coconut milk, the easiest ways. Us can (12 oz.) frozen coconut milk, frosted and mixed with ½ cup water milk. *Or* use 1 can (8 oz.) coconut ju mixed with 1 cup water or milk.

Coconut cream, the easiest ways. Co bine 3 tablespoons coconut syrup wit cup half-and-half (light cream); beat whirl in blender until blended. *Or* ad tablespoons sugar to 1 can (8 oz.) coco juice and stir until completely dissolv

Coconut cream and milk from fresh co nut. Crack open 2 fresh coconuts; rem meat and shred into a bowl.

For coconut cream, heat 1 cup l cream to scalding, pour over coco cool slightly, then knead with your ha for about 5 minutes. Squeeze liquid f coconut, a handful at a time, and coconut into another bowl or blender the liquid that remains in the first l is coconut cream. Sweeten it with 4 ta spoons sugar, and chill until needed

For coconut milk, pour 2 cups hot w over coconut in the bowl or in a ble Knead for 5 minutes or whirl in the l der for 1 minute. Let steep in refrige for 1 hour. Then press out all the li by squeezing or pressing through se thicknesses of cheesecloth; discard nut, for most of the flavor will be Add milk or water to the coconut li if needed, to make 2 cups.

Coconut cream and milk from pack coconut. Empty 1 package (8 oz.) sl ded coconut into a bowl or a blende Heat 3 cups milk to scalding, pour coconut, cool, then knead for 5 min or whirl in blender for 1 minute; let for one hour. Press out all the liqui squeezing through layers of cheese discard coconut. Measure 1 cup o liquid, add 3 tablespoons sugar, stir dissolved, and set aside for co cream. Use remaining 2 cups liqu coconut milk, and reduce sugar call in sticky rice recipe to 3 tablespoon

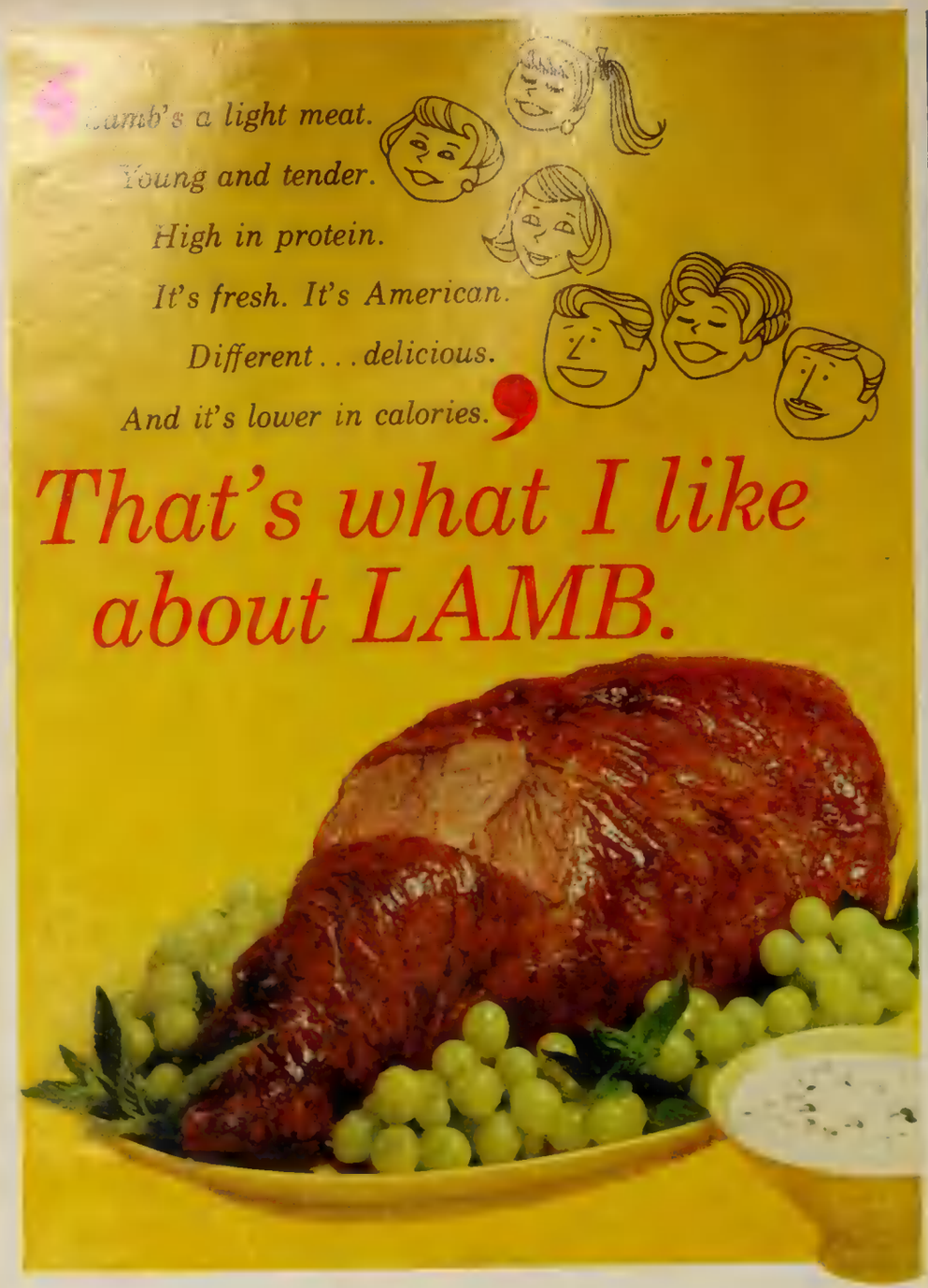
ur new Betty Crocker Cakes ave a moister, richer body. ny way you slice it.

To prove it . . . cut yourself a nice slice of one of our new cakes.

Then cut a slice of that slice.

And a slice of a slice of that slice. See how it holds together? To do that it takes more than moistness. It takes moistness plus a richer body, and we've got it.

There's one other way to prove our new White, Yellow and Devils Food Cakes are moister and richer-bodied. Slice one for your family this week!



There's so much to like about it—shouldn't you have lamb every week? Try this recipe for a great-tasting leg of lamb.

LEG OF LAMB AMERICAN (*makes 8 servings*)

1 leg of lamb
⅔ cup grape jelly
¼ cup vinegar
½ teaspoon thyme
1 clove garlic, crushed
2 teaspoons salt
½ teaspoon pepper

Place lamb on rack in roasting pan. Roast uncovered in slow 325° oven 2 hours. Drain off drippings. Combine remaining ingredients and mix well. Pour over lamb. Roast 30 minutes or until meat thermometer registers 175° to 180° depending upon desired degree of doneness. Baste lamb with grape jelly mixture frequently as it roasts.

Be sure you are buying only fresh American lamb. Delicious, top-quality American lamb always reaches you at the peak of freshness.

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DARROW M.

Strawberries *and cream make refreshi filling inside nut-topped pastry*

Pastry strip shortcakes

These pastry strips have a cream puff ping. The recipe makes two pastries: can freeze one and it will be ready to and fill another time. Raspberries or fresh fruits can be used instead of st berries.

PASTRY STRIP SHORTCAKES

2 cups unsifted all-purpose flour
1 cup (½ lb.) butter or margarine
Water
4 eggs
¼ teaspoon almond extract
1 cup powdered sugar (unsifted)
2 tablespoons light cream
⅓ cup sliced or slivered almonds, toaste
Berry and cream filling
(directions follow)

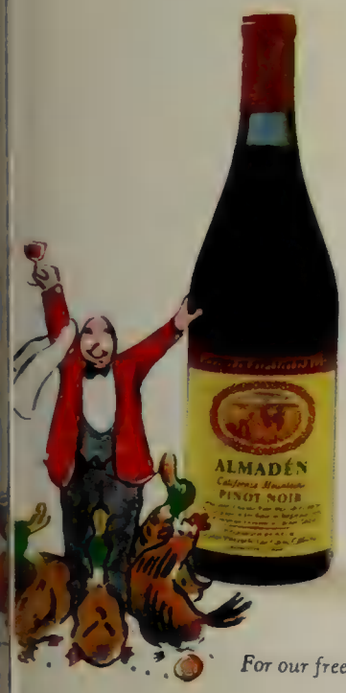
Place 1 cup of the flour in a bowl cut in ½ cup (¼ lb.) of the butter as fine as peas. Mix in 2 tablespoons water, pat into a ball; roll on a fl board into an even 8 by 12-inch rect Cut into 2 strips, each 4 by 12 i Place on an ungreased baking she

Combine 1 cup water and remaini cup butter in a saucepan and bring boil. Remove from heat, add the re ing 1 cup flour, and beat hard w spoon. Add eggs one at a time, b well after each addition. Mix in ex Spread paste evenly over both strips. Bake in a 400° oven for 45 utes or until browned. Cool on ra

Blend sugar and light cream until sm frost pastry tops; sprinkle with Makes 2 strips, each serving 6.— *Los Altos Hills, Calif.*

Berry and Cream Filling. For each whip 1 cup cream, sweeten to taste fold in 2 cups sliced or halved berries, sweetened lightly. Split and fill center.

For years,
Almadén has gone out on a limb
to create America's
most superb table wines



Years ago, Almadén planted an extraordinary belt of vineyards high in California's Gavilan Mountain Range. Other wine growers scoffed: "too high . . . too risky . . . disaster". But they were wrong.

Today Almadén Paicines Mountain Vineyards are the world's largest vineyards of fine varietal wine grapes. Today this generous place permits us to grow *all* of the famous European varietals—ungrafted—*and to our own standards of excellence.* So unlike most vintners, we can look to our own vineyards: For Pinot Noir. For Cabernet Sauvignon. For Gamay Beaujolais. For *any* superb varietal wine grape.

And you can look to Almadén for wines of consistent excellence. Serve some tonight. You won't be going out on a limb, we promise.

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For our free News from the Vineyards, write Almadén Vineyards, P.O. Box 997-I, Los Gatos, California

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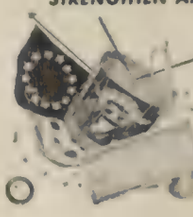

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Entrée *to bake: spiced pork and*

Winter pears wi pork chops

While winter pears are still available sider this handsome, spring-fresh fla combination of pears and pork chop

A menu in keeping with the dish include a prepared curried rice mi buttered broccoli, and a salad of l and watercress with a piquant dres

SHERRIED PORK CHOPS AND PEA

- 6 to 8 center-cut pork chops (each about ¾ inch thick)
- Salt
- 3 or 4 firm-ripe Anjou pears
- 2 tablespoons lemon juice
- ¼ cup firmly packed brown sugar
- ½ teaspoon cinnamon
- ¼ cup Sherry
- 1 tablespoon butter
- ½ teaspoon *each* cornstarch and water

Trim a little fat from the chops an fat in a wide frying pan, stirring pan is lightly greased. Add pork without crowding, and brown well sides over moderate heat. Sprinkl lightly with salt and arrange chops side of a shallow casserole or platter (about 10 by 14 inches).

Cut pears in halves lengthwise, co remove stem and blossom end. Se cut side up, beside pork; sprinkl and fruit with lemon juice. Mix sugar and cinnamon, distribute ov and fruit, then pour Sherry over a piece of butter in each pear Cover casserole and bake in a 35 for a total of 40 minutes; after 20 minutes remove cover.

After casserole has baked, spoon siphon out the pan juices and tra a small pan. Blend cornstarch an then add to pan juices; bring to stirring. Pour sauce over pork a and serve. Makes 4 to 6 servings

Springfield, Ore.

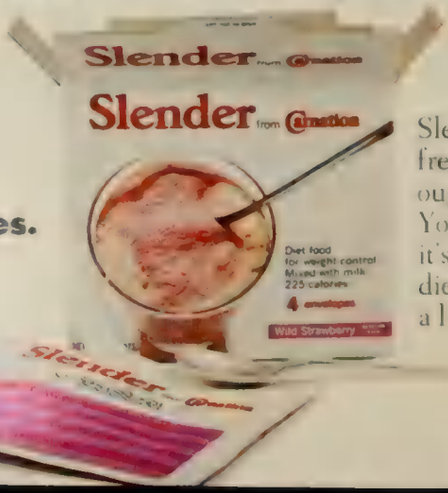
The Moonlight Dip

Celebrate a summer evening with bamboo-bobs of fresh fruit and a gingery sauce for dunking. No fuss. Let Kraft Mayonnaise shine at sauce-making. We really work at blending the eggs (and extra egg yolks) with fine oil and subtle spices to give you a velvety smooth, delicate mayonnaise.

~ Blend together 1 c. each Kraft Mayonnaise and Kraft Marshmallow Creme, 1 tsp. grated orange rind and 1 tsp. ground ginger. Great for fruit salads, too. Kraft Mayonnaise. The mayonnaise lovers' mayonnaise.

mpany Los Angeles Calif

It's 225 calories. It tastes like 2,225 calories.



No Cyclamates.

Slender® from Carnation, mixed with cold, fresh milk, just doesn't taste like a liquid die ought to. Slender tastes rich. Creamy. Satisf You have to keep reminding yourself that it's only 225 calories. And a completely bala diet meal. Isn't it about time somebody put a little fun in your diet?

'akitori is simply broiled chicken

Japanese style of skewer barbecuing ken makes an attractive entrée to on the patio if weather permits. Japanese call the dish *yakitori*— ally broiled (yaki) chicken (tori).

ou serve it with a soup first course, a salad accompaniment, and fruit rt as shown in the menu below, the e meal offers a pleasant introduction is Oriental cuisine.

menu, planned for four, is best di- l into three courses. You may barbe- he chicken on a tabletop hibachi on atio, or broil and serve it indoors.

rmarkets stock most ingredients, ex- for *dashi-no-moto,* a prepared soup mix which contains dried seaweed dried bonito. You can find many ls of dashi-no-moto in Oriental food s in teabag-like containers and also -pound loose package. Plan to make s of this stock as directed on the ge; you need it for both the soup alad recipes. Instead of this product, nay substitute chicken broth.

Clams-in-the-Shell Soup
Yakitori
Sesame Spinach Salad
Steamed Rice
Pears with Ginger

make the salad, then assemble the rs and cook the rice and soup. For rt, serve sliced fresh pears, canned etts, or canned Japanese pears lable in Oriental markets). Garnish with slivers of candied ginger.

-in-the-Shell Soup. Scrub 12 rock or butter clams (in the shell) thor- y to remove sand. Bring 4½ cups red dashi or chicken broth to a boil arge saucepan, add 1½ tablespoons uce and clams, cover, and simmer 5 es, or just until clams open. Serve wls. Makes 4 servings.

ori

pounds chicken breasts (about 3 large whole breasts)
bunch green onions
cup dry Sherry
tablespoons soy sauce
teaspoon shredded fresh ginger root (or ¼ teaspoon powdered ginger)
clove garlic, minced

ve skin and bones from chicken s. Cut each half breast into 4 pieces, making 1-inch-wide strips. Cut the white part only of the onions into 1¼-inch-long pieces. Alternate chicken and onion on each of 6 skewers.

Mix together Sherry, soy, ginger root, and garlic. Brush chicken with this sauce and broil over medium hot coals (4 inches from the broiler unit), turning once, and basting with sauce. Cook until chicken is no longer pink inside, about 8 to 10 minutes. Makes 6 skewers.

DARROW M. WATT

Skewered chicken, *green onions grill quickly on hibachi on patio table*

Sesame Spinach Salad

1 bunch spinach (about 1 lb.)
Salted water
1½ cups prepared dashi or chicken broth
2 tablespoons soy sauce
2 teaspoons toasted sesame seed

Leave the roots on the spinach clusters and wash thoroughly in several changes of water. Pull off the large outer leaves, retaining neat small bunches still connected by the roots. Using a large frying pan, bring 1 inch of lightly salted water to boiling. Line up the spinach clusters in the water and simmer, uncovered, just until limp, about 1 minute.

With chopsticks or a slotted spoon, carefully remove spinach clusters, rinse in cold water, and drain briefly on paper towels. Arrange in a shallow pan and pour over the dashi, mixed with soy. Marinate in refrigerator for 30 minutes.

Remove spinach from marinade, place on a board, trim off roots, then cut spinach and stems into 1½-inch lengths. Arrange attractively on serving plate or individual salad plates. Pour dashi mixture into the pan and boil until reduced to about ¼ cup. Drizzle over the spinach, then sprinkle with sesame seed. Makes 4 servings—*K. I., San Francisco.*

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Features U.S. Grade Prime or Choice Western Beef on Menu. Boeuf Bourguignonne—French Beef Stew in Burgundy Wine Sauce—Tuesday Specialty.

BOEUF BOURGUIGNONNE

2 pounds lean California beef cross rib or shoulder clod
1½ teaspoons salt
⅛ teaspoon pepper
2 tablespoons cooking oil
1 onion, coarsely chopped
1 carrot, coarsely chopped
1 stalk celery, coarsely chopped
1 (10½-ounce) can beef broth
½ cup red table wine
¼ cup tomato puree
¼ teaspoon thyme
1 small bay leaf
2 tablespoons butter
3 tablespoons flour

Cut beef in 1½-inch cubes. Sprinkle with salt and pepper. Brown in hot oil in Dutch oven. Remove beef, then add vegetables and brown lightly. Return beef to Dutch oven. Add broth, wine, tomato puree, thyme and bay leaf. Cover closely. Bake in moderate oven (350 degrees F.) about 2 hours or until beef is tender. Lift out beef and keep warm. To remaining liquid add flour browned in butter. Cook, stirring, until sauce boils and thickens. Pour strained sauce over beef. Garnish with ½ pound fresh mushrooms and one drained (8-ounce) can tiny whole onions browned in two tablespoons butter. Makes 6 servings.

California wears the beef eating crown. For the past 12 years Golden Staters have enjoyed one third more beef per person than those living elsewhere in the nation.

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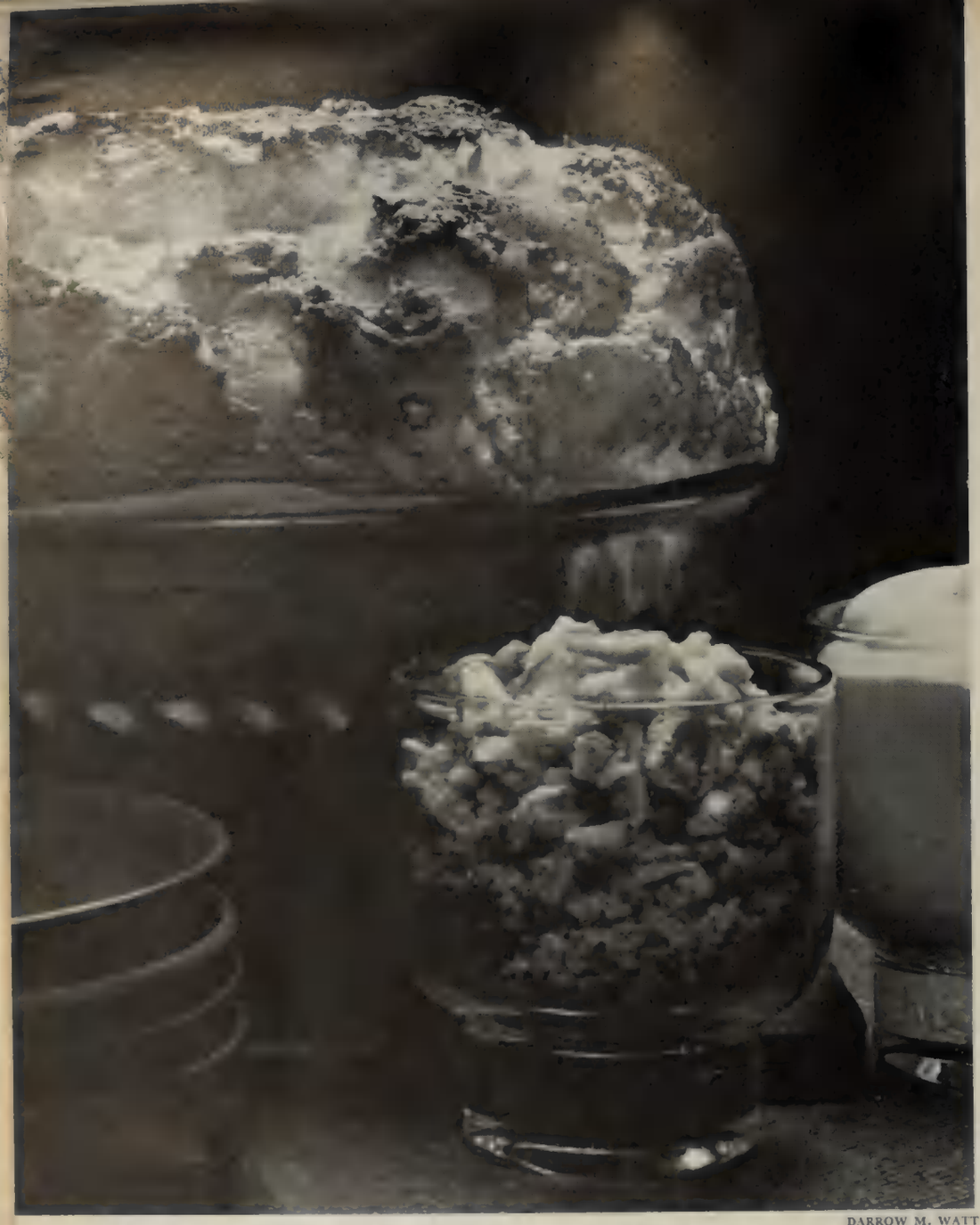

DARROW M. WATT

Almond praline *candy melts and makes a crusty golden brown glaze on this airy rum soufflé. Pass more crushed praline and whipped cream to shower over each serving*

Last minute? Not at all. These are dessert soufflés you make ahead

Consider such intriguing flavors as rum-almond praline, lemon Cointreau, and chocolate mocha.

Then imagine one of them, or some other favorite, in a tall, perfect soufflé.

Soufflés are often neglected by hostesses who think they must always be made at the last minute. We have discovered they may be completely assembled and placed in the soufflé dish up to 1 hour in advance, and left at room temperature, covered; then put in to bake as the guests sit down to dine. If your timing demands earlier pre-preparation, the alternative is to make the sauce ahead, refrigerate, and reheat just to lukewarm before folding in egg whites and baking.

The almond praline and rum permeate this soufflé, and the candy also caramelizes on top with a beautiful crusty gla Pass additional praline at the table.

RUM PRALINE SOUFFLÉ

4 tablespoons *each* butter and flour
½ cup milk
½ pint (1 cup) whipping cream
⅔ cup sugar
6 eggs, separated
¼ cup dark rum
⅛ teaspoon salt
¼ teaspoon cream of tartar
Praline (recipe follows)

Lightly butter a 2½-quart soufflé d Fold a 12-inch-wide sheet of foil, cu inches longer than the circumference the soufflé dish, into thirds, lengthw Butter it lightly. Place foil collar, b tered side facing inward, around top dish, letting it extend 2½ inches ab the rim and double-fold the ends to se

Melt butter in a saucepan, blend in fl and gradually stir in milk. Then mix cup of the whipping cream (chill rem ing cream) and ⅓ cup sugar into sauce. Stirring constantly, cook u sauce comes to a boil and boil 30 seco (sauce should be very thick). Rem from heat and beat in egg yolks, onc a time. Stir in rum. (You can make much ahead and chill. Later, stirring, the sauce to lukewarm before foldin egg whites.)

Beat egg whites until foamy, add salt cream of tartar, and beat until soft pe form. Beat in the remaining ⅓ cup su 1 tablespoon at a time, and beat u peaks are glossy. Fold ⅓ cup crushed p line into yolk mixture and fold in white meringue. Spoon into prepared s flé dish. Sprinkle ⅓ cup praline on top

Bake in a 375° oven 30 minutes fo soufflé with a slightly saucelike center test, shake soufflé dish; top of sou should ripple in center only). Or bak minutes for an evenly set soufflé (to press center top of soufflé with finge should feel set).

Meanwhile whip the remaining ½ cream and spoon into a serving b Pass remaining crushed praline in a b Arrange bowls of cream and praline the table and carry in the hot sou Serve at once. Serves 6.

Praline. Place ¾ cup sugar in a sauce and heat over moderate heat until s melts and turns amber. Add ¾ cup sl or slivered almonds and shake pan u nuts are caramel-coated. Pour out at onto a greased sheet of foil, spread th with a spatula; let cool.

Then slip the praline into a plastic and coarsely crush with a mallet until size of peas.

The saturated ladyfingers exude ora flavored liqueur and make this a p ingly tart soufflé.

LEMON COINTREAU SOUFFLÉ

Prepare soufflé as directed for Rum line Soufflé except make the follo

titutions: Omit praline. Substitute ¼ lemon juice for rum. Spoon 2 tablens Cointreau or other orange-flavored ·ur into a saucer. Separate 4 double fingers (8 split) and dip into the li-r, saturating 1 side.

r you spoon half the soufflé mixture a buttered 2½-quart soufflé dish, are dipped ladyfingers on top radiating from the center. Then cover the fingers with remaining soufflé mixture bake as directed.

uce based on cornstarch plus extra whites contributes to the airy light-of this semisweet chocolate soufflé.

of vanilla ice cream make an excel-cool contrast to serve alongside the oufflé.

COLATE MOCHA SOUFFLÉ

ounces semisweet chocolate
tablespoons instant coffee powder
tablespoons water
tablespoons cornstarch
cups milk
cup sugar
tablespoons butter
eggs, separated
egg whites
teaspoon salt
teaspoon cream of tartar
quart vanilla ice cream (optional)

ly butter a 2½-quart soufflé dish. a 12-inch-wide sheet of foil cut 4 s longer than the circumference of oufflé dish into thirds, lengthwise. r it lightly. Place foil collar, but-side facing inward, around top of letting it extend 2½ inches above m, and double-fold the ends to seal tightly.

chocolate with instant coffee and over hot water.

while, mix cornstarch and part of ilk in a saucepan. Mix in remaining and ½ cup sugar. Stirring, bring to and cook until thickened. Dot with utter. Mix in the egg yolks, one at a Then beat in the chocolate mixture. can make this much ahead and Later, stirring, heat the sauce to arm before folding in egg whites.)

the 6 egg whites until foamy, add nd cream of tartar, and beat until eaks form. Gradually beat in re-ng ¼ cup sugar, beating until stiff form. Fold ¼ of the egg white gue into chocolate sauce base until hly blended; then carefully fold in ning meringue.

soufflé mixture into prepared dish. in a 375° oven for 30 minutes for flé with a slightly saucelike center t, shake soufflé dish; the top of the should ripple in the center only). ke 35 minutes for an evenly set (to test, press the center top of ufflé with your fingers; it should t.)

at once with scoops of vanilla ice if you wish. Serves 6.

The Broadmoor Elegante Development in Tustin, Calif.; Developer: Richard B. Smith; Architects: Thomas & Richardson, Costa Mesa, Calif.; Cabot's Stains on exterior and interior wood surfaces.

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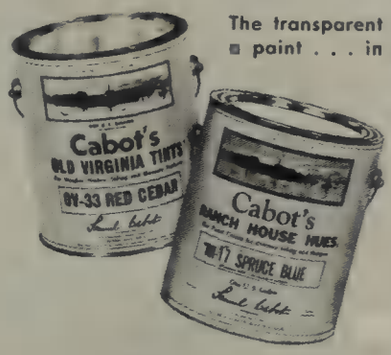

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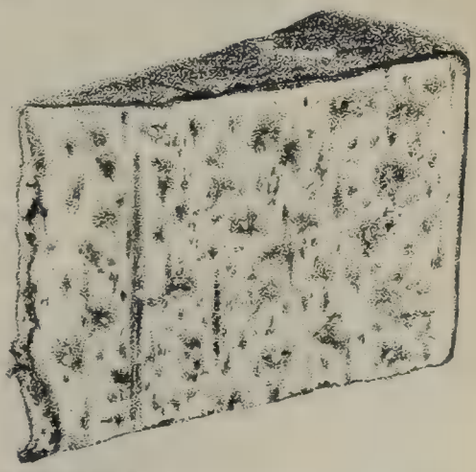

IMPORTED
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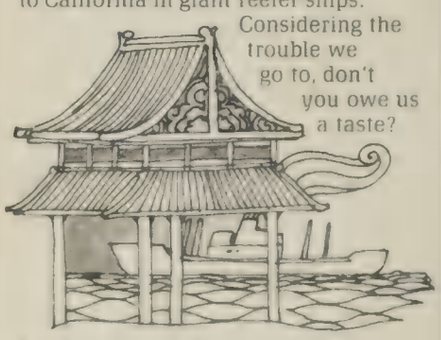
ONE OF THE WONDERFUL CHEESES FROM THE FAIRYLAND DAIRYLAND OF DENMARK.

Who else would go 6,500 miles for your pea pods?

Chinese Pea Pods or snow peas are a tantalizing gourmet treat—crunchy, tender, delicious. Especially mixed with crisp water chestnuts. But they have an extremely short growing season, and they're about the only delicacy not grown in the West. So what does C&W do? We go all the way to Formosa, where the choicest Chinese Pea Pods are grown. And we fresh-freeze them at their peak, mix them with protein-rich water chestnuts, and bring them to California in giant reefer ships.

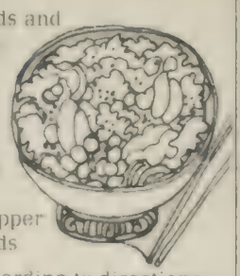


Considering the trouble we go to, don't you owe us a taste?

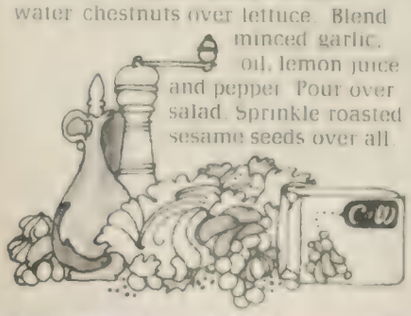
Just barely cook them as they come from the package. Or try this salad:

C&W Chinese Pea Pods and Water Chestnut Salad

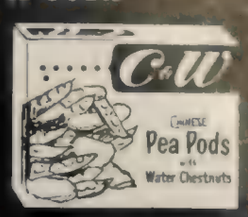
1 pkg C&W Pea Pods and Water Chestnuts
1 head butter lettuce
1 clove garlic
6 tbsp oil
2 tbsp lemon juice
½ tsp salt
Freshly ground pepper
2 tbsp sesame seeds



Cook pea pods according to directions. Chill. Tear chilled lettuce leaves into salad bowl. Spread pea pods and water chestnuts over lettuce. Blend minced garlic, oil, lemon juice and pepper. Pour over salad. Sprinkle roasted sesame seeds over all.



We've got quality down cold



For a memorable dinner . . . roast duck from a Chinese kitchen

If you enjoy the richly browned, succulent roast duck served in Chinese restaurants, we'll let you in on a professional secret: You can obtain identical ducks, cooked and ready to serve, from the same source as most Chinese chefs.

In large Chinese communities, such as the Grant Avenue area in San Francisco and on Broadway between Ord Street and Bernard Street in Los Angeles, ducks are roasted in huge special ovens for restaurant and retail trade. In poultry markets, these cooked ducks (also called barbecued ducks) are a common sight, dangling from racks.

To the casual observer, the brown, crumpled-looking duck carcass supported by head and neck is more a startling oddity than a promise of good eating.

Yet all you need to do to convert this curiosity into the basis of a great meal is to heat it—once you've taken off the neck and head to make the final result more appealing.

Economically, these ready-cooked ducks compare favorably with those you might cook yourself, if you consider shrinkage, fat loss, and the benefits of professional preparation. The ducks (3 to 5 pounds, finished weight) are tightly skewered and seasoned, and as they cook rich juices are caught and held in the body cavity; the juices can make a fine sauce.

In selecting a duck, allow a minimum of 1 pound for each serving. The ducks freeze well, in case you acquire extras.

For an interesting late evening supper, present the duck in the fashion traditional for Peking duck:

Carve the heated duck in small slices and make into tacolike sandwiches on flour tortillas (or make authentic Mandarin pancakes; see page 158 of the March 1970 *Sunset*). Dress each sandwich with a little plum sauce, a sprinkle of green onions and Chinese parsley, a few lettuce strands, and (untraditionally) the thickened juices from the duck. Begin the meal with a light soup, and follow the duck with another meat and vegetable stir-fry dish or a dessert.

You'll need to include on your shopping list canned plum sauce or hoisin sauce and fresh Chinese parsley (also called cilantro or coriander); the canned sauces keep indefinitely, but you must use the Chinese parsley within a few days (to store, set root ends in water in a jar, cover with a plastic bag, and refrigerate).

The duck is also excellent as the main dish for a standard menu. Heat according to the following directions. Thicken the juices with cornstarch and serve with the carved duck, but omit the flour tortillas and condiments.

CHINESE BARBECUED DUCK, SERVED PEKING STYLE

3 to 5-pound Chinese roasted or barbecued duck
6 to 10 flour tortillas
Water
1 tablespoon cornstarch
About 1 cup finely shredded iceberg lettuce
About ½ cup thinly sliced green onions
About ½ cup coarsely chopped Chinese parsley
About ½ cup canned plum sauce or hoisin sauce

Reserve any juices in the duck wrappings. Split skin on the back of the duck neck from base of head to the back and peel free from the neck, leaving skin attached to breast. Snap free the neck close to the body. (The neck meat is very flavorful, but for esthetic reasons most prefer to set it aside only for nibbling.) Fold the skin over the back of the duck and set, breast up, on a rack in a roasting pan. Bake duck in a 350° oven for 30 minutes to heat through.

Stack flour tortillas and cut the stack in half, then wrap tightly in foil. Place in oven for the last 20 minutes the duck bakes. Turn packet over occasionally.

Take duck from oven, turn off heat, and leave door slightly ajar. Remove string and skewer from body opening and open if necessary. Supporting duck with 2 forks, tilt to drain all juices into the roasting pan; transfer duck to a serving platter and return to oven to keep warm. Skim as much fat from juices as possible, then add any reserved juices and measure; add enough water to make ⅔ cup. Return juices to roasting pan. Blend cornstarch smoothly with 1 tablespoon water and add to juices. Bring to a boil, stirring, and cook until thickened. Pour into a small bowl.

Serve duck on platter and flour tortillas in a basket, and offer separate containers of lettuce, onion, Chinese parsley, plum sauce, and thickened juices (drain any accumulated juices from duck platter into thickened juices).

Cut off legs and carve in small pieces; slice breast into small pieces. Fold meat in a flour tortilla, adding condiments as you like. Makes 3 to 5 servings.

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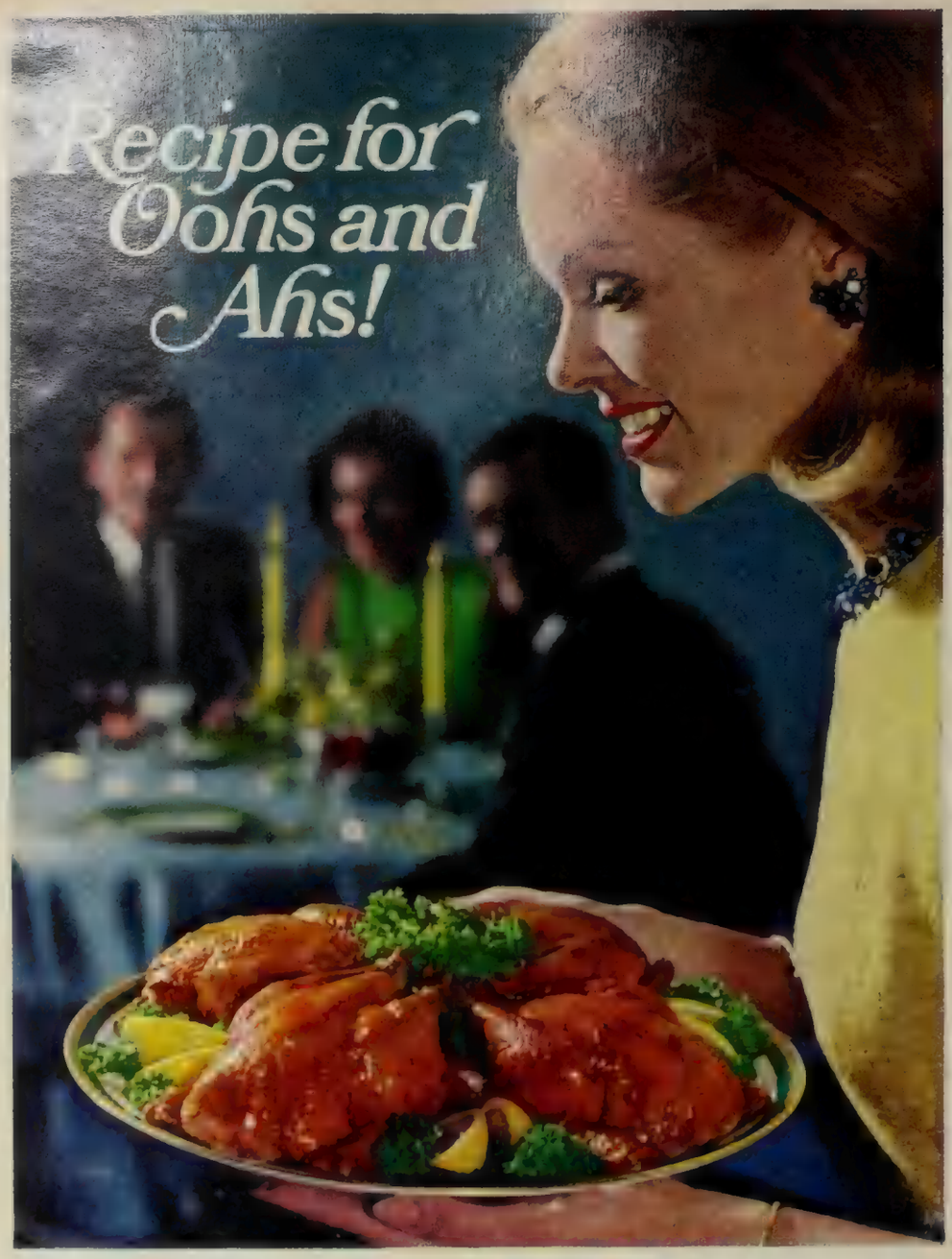


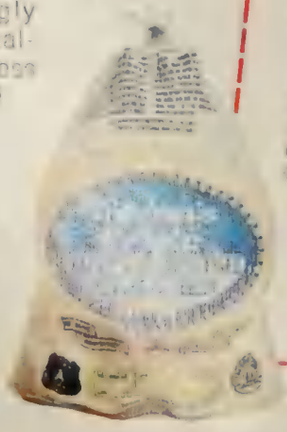
Start with a Tyson's Pride Cornish Game Hen for each guest.

Spend a cool few minutes in the kitchen, and your own sweet time at the dressing table. Make a grand entrance with your platter of Tyson's Pride Rock Cornish Game Hens. Proud, plump beauties . . . specially bred and specially fed . . . delicately flavored, moist, tender almost all white meat. Surprisingly low-cost, low in calories . . . an effortless epicurean triumph!

ROCK CORNISH GAME HENS MARENGO

4 Tyson's Pride Rock Cornish Game Hens
6 strips bacon, diced
1 cup chopped onion
2 cloves garlic, minced
1 can (1 lb.) tomatoes
1 can (4 oz.) sliced mushrooms
1 cup dry vermouth
1 teaspoon salt
1 teaspoon leaf tarragon, crumbled

Thaw game hens, if frozen. Remove giblets and set aside for other uses. Fry bacon, remove from pan. Brown hens in hot fat and place in baking dish. Sauté onion and garlic in fat, add remaining ingredients. Heat to boiling and pour over hens. Cover and cook in a 350°F. oven for about one hour. Sprinkle crisp bacon and croutons over before serving. Serves 4.



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DARROW M. W

Spoonful *of guacamole sauce makes fi topping on this Mexican meat strip t*

Steak tacos with guacamole

Consider these tacos filled with strips steak for a guest luncheon or late sup The many condiments lend a party

BEEF STRIP TACOS

- 8 packaged taco shells
- 1 pound top round or sirloin steak, cut ¾ inch thick
- 2 tablespoons salad oil or olive oil
- 1 medium-sized onion, finely chopped
- 1 clove garlic, minced
- ⅛ teaspoon ground cumin
- ½ teaspoon salt
- 3 tablespoons canned tomato sauce
- 2 tablespoons raisins
- 1½ cups shredded lettuce
- 1½ cups shredded Cheddar or jack cheese
- Guacamole (recipe follows)

Place taco shells on a pie pan, cover w foil, and heat in a 350° oven for 10 m utes. Slice meat across the grain into inch-wide strips. Heat 1 tablespoon in a large frying pan, add onion, sauté over medium heat until gol remove from pan and set aside. Add maining 1 tablespoon oil to pan and sa meat over medium high heat, stirring, til it loses its pink color.

Add garlic, cumin, salt, tomato sa raisins, and sautéed onion and simm minutes for flavors to blend. Spoon n sauce into hot taco shells, arrange o platter, and pass bowls of lettuce, che and guacamole to spoon over. Makes

Guacamole. Mash 1 large avocado w 3 tablespoons canned green chile sals tablespoons lemon juice, 2 tablesp *each* sour cream and mayonnaise, an teaspoon salt.—*J. H., Pasadena.*

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Corn waffles . . . c graham waffles

Any of these will make robust fare breakfast—they're quick enough f weekday morning, yet special enoug a leisurely brunch. The distinguishing tures in all are buttermilk and a sp meal or flour.

For maximum crispness, bake to a golden brown. If you make them ah put waffles directly on the oven rac a 200° oven until serving time.

Cornmeal contributes an agree crunchiness to these waffles, good berry preserves as well as syrup.

CORNMEAL WAFFLES

- 1 cup regular all-purpose flour, unsifted
- 1 cup yellow cornmeal
- 1½ teaspoons soda
- ½ teaspoon salt
- 1 cup buttermilk
- 2 eggs
- ¼ cup (⅛ lb.) butter or margarine, melted

In a large bowl stir together flour, meal, soda, and salt. Gradually st buttermilk until smooth; beat in eggs at a time, and then the butter. Bake crisp in a waffle iron following man turer's directions. Makes 2 large w (about 9 by 9 inches).—*D. N., San D*

This recipe calls for either graham or millet meal; an all-graham versio lows. Of the three waffles, part gra flour has the lightest texture while graham flour has a substantial te and nutlike flavor. Millet meal health food stores) makes crunchy w with a delicate, wholesome flavor.

GRAHAM OR MILLET WAFFLES

- 1 cup regular all-purpose flour, unsifted
- 1 cup graham flour or millet meal
- 1 teaspoon soda
- ½ teaspoon salt
- 1 tablespoon sugar
- 2 cups buttermilk
- 2 eggs
- ¼ cup (⅛ lb.) butter or margarine, melted

In a large bowl, stir together regular graham flour or millet meal, soda, and sugar. Stir in buttermilk until b ed; beat in eggs and then butter. until crisp and deep golden brown waffle iron, following manufacturer rections. Makes 3 large waffles (ab by 9 inches).—*M. S., Auburn, Was*

All-Graham Flour Waffles. Follow th ipe above *except* use 2 cups graham instead of the combination of flours increase buttermilk to 2½ cups.—*G Redwood City, Calif.*

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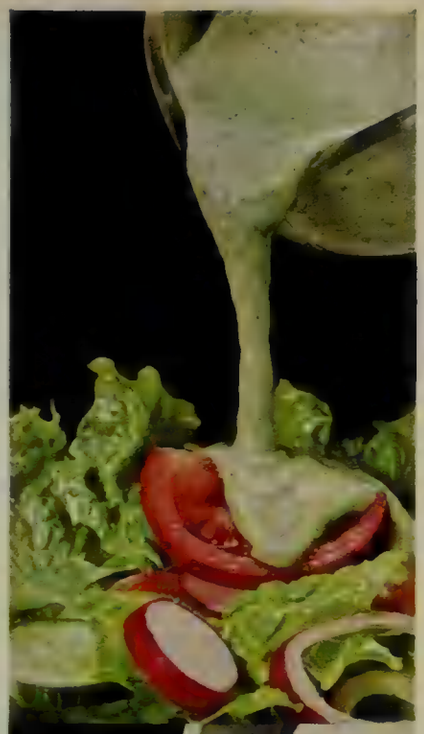

BETTER-THAN-BOTTLED:

green goddess dressing

1/2 cup BEST FOODS® Real Mayonnaise
2 tablespoons milk
2 anchovies, minced
1 tablespoon tarragon vinegar
1-1/2 teaspoons lemon juice
1 cup parsley sprigs, minced
2 tablespoons finely chopped chives

Combine ingredients, using blender, if desired. Makes 3/4 cup.

BETTER-THAN-BOTTLED:

roquefort cheese dressing

1/2 cup BEST FOODS® Real Mayonnaise
1/2 cup dairy sour cream
3 tablespoons milk
2 tablespoons lemon juice
2/3 cup crumbled Roquefort (or blue) cheese

Combine ingredients. Makes 1-1/3 cups.

BETTER-THAN-BOTTLED:

thousand island dressing

1 cup BEST FOODS® Real Mayonnaise
2 tablespoons chili sauce
1/3 cup milk
2 tablespoons sweet pickle relish
1 hard cooked egg, chopped

Combine ingredients. Makes 1-2/3 cups.

NOTE: Chill dressings, serve on tossed greens.

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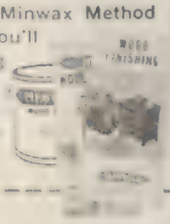

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DARROW M. WATT

Camp breakfast *is a grilled sandwich with bacon and egg filling*

Big hot sandwiches in camp

Hot and hearty sandwiches are one good answer for either breakfast or lunch on a spring camping trip or picnic.

The bacon and egg sandwiches require a campfire or camp stove. Carry the filling and bread separately and assemble sandwiches just before grilling.

The stuffed rolls can be prepared ahead and frozen. Heat just before leaving home and carry them in an insulated bag to keep warm until served.

BREAKFAST SANDWICHES

- 12 slices bacon, fried crisp
- ¼ cup sliced green onions (optional)
- 5 hard-cooked eggs, coarsely chopped
- 1 cup (about ¼ lb.) shredded Swiss cheese
- ⅓ cup mayonnaise
- 1 tablespoon Dijon-style mustard
- Salt and pepper to taste
- Butter or margarine
- 12 slices firm whole wheat bread

Crumble the bacon and combine with the onion (if used), eggs, cheese, mayonnaise, mustard, salt, and pepper.

Lightly butter one side of each slice of bread. Spread bacon mixture on the unbuttered side of 6 slices; top with remaining bread, butter side up. Grill sandw in a frying pan over medium heat golden brown on both sides. Mak —*G. S., Beaverton, Ore.*

FIESTA ROLLS

- 12 small French rolls
- 1½ cups (about 6 oz.) shredded sharp Cheddar cheese
- 1 can (4½ oz.) chopped ripe olives
- ½ cup finely chopped green pepper
- 2 green onions, finely sliced
- 2 hard-cooked eggs, chopped
- 1 can (8 oz.) tomato sauce
- ½ cup melted butter or margarine
- 2 tablespoons white wine vinegar
- ½ teaspoon *each* Dijon-style mustard and salt

Using a grapefruit knife or other sharp knife, cut a 1-inch cone-shape from one end of each roll; set plug and scoop out most of the inside roll (save crumbs for other uses). bine cheese, drained olives, green p onion, eggs, tomato sauce, butter, vi mustard and salt. Stuff mixtur scooped out rolls; replace plug and t wrap each roll in foil. Freeze. wrapped rolls in a 350° oven for 5 utes. Makes 12.—*C. L., Palo Alto.*

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nly very good things for you to
l the time. They're also such very
e things for you to eat all the

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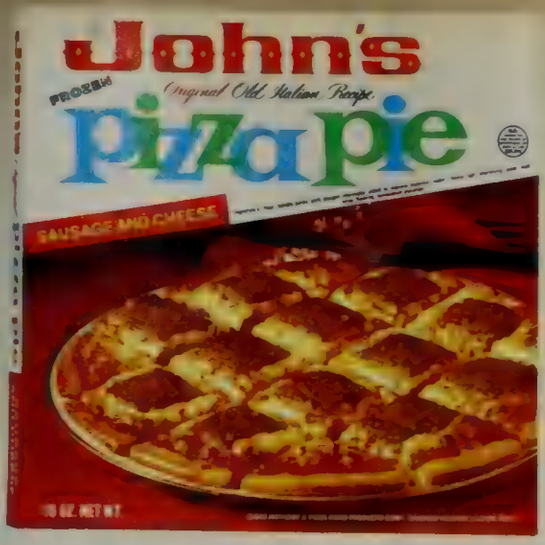

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Chiles for stew or party dip

Even though canned California chiles, as used in this stew and part are a staple for some Western coo have discovered that many othe confused by what they find when ping for this readily available ingr

In the past, most can labels describ contents as whole, roasted and California green chiles. Now ofte are informed only that the containe chiles—a bit baffling when you there are hundreds of varieties of Your main clue is the can size: 4 ounce cans contain mildly (occasi decidedly) hot, peeled, whole gree fornia chiles that are 4 to 5 inche Because flavors vary, it's wise to the chiles, then decrease proportion gested in these recipes if necessary

GREEN CHILE BEEF STEW

- 2 tablespoons lard or salad oil
- 2 pounds beef stew meat (brisket, if available)
- 2 large onions, thinly sliced
- 1 can (4 oz.) California green chiles, seeds and pith removed, chopped
- 1 can (14½ oz.) pear-shaped tomatoes
- 1 cup regular strength chicken broth
- Salt
- 1 peeled, diced ripe avocado
- Sour cream (optional)
- 2 limes, cut in wedges

Melt lard in a Dutch oven or kettl moderately high heat. Add mea brown on all sides. Lift meat fro into a bowl. Add to pan the onion cook, stirring, until soft. Return t the meat and juices, chopped chil matoes and juice, and chicken Cover; simmer gently for about 2½ or until meat is tender when pierce if needed. Spoon stew into soup Pass avocado and sour cream to into each serving, then squeeze i juice. Makes 4 to 6 servings.

GREEN CHILE AND CHEESE DIP

In a frying pan or chafing dish co 2 tablespoons salad oil and 2 ch medium-sized onions; cook, stirring soft. Blend in 1 tablespoon flour. ually add ½ cup regular strength c broth, then ½ cup sour cream. Hea boiling and slightly thickened. R seeds and pith from 1 can (4 oz.) fornia green chiles and chop chile chop 1 can (4 oz.) pimientos. Add and pimientos to sauce, then gra stir in 3 cups shredded mild Ched Longhorn cheese until melted.

To serve, keep sauce warm ove water; scoop onto tortilla chips t Makes 2½ cups or 12 appetizer ser

If your Caesar Salad doesn't
ste as good as this one looks

you're just not putting our
earts into it.

Cara Mia Caesar Salad

2 jars (6 oz. each) Cara Mia Marinated Artichoke Hearts
1/3 cup olive oil
3 tablespoons lemon juice
1 raw egg yolk
1/2 teaspoon each Dijon mustard and garlic salt
1/2 cup grated Parmesan cheese
2 heads Romaine lettuce
1 cup hot toasted sour dough bread croutons
8 rolled anchovy fillets with capers

Drain marinade from artichokes into a small bowl. Add oil, lemon juice, egg yolk, mustard, garlic salt, 1/4 cup of the cheese and beat with a whisk (or blender) until blended. Tear greens into bite-size pieces to make 2 quarts and mound in a salad bowl. Pour over dressing and mix until coated. Spoon over artichoke hearts and sprinkle with croutons and remaining cheese. Garnish with anchovy fillets. Serves 8.

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When the [illegible] cooking with fire, civi[illegible] went ahead.
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ıenus can make capital of the spring e in our markets this month. Fresh ınd vegetables figure prominently he easygoing meals for family and presented here.

ast ham dinner with vegetable ac- ıiments provides a flexible party ɔr relatives or other guests. For the a puffy omelet highlights the care- ɜekend brunch. The hot sandwich is adaptable and portable enough door or indoor dining.

·oast dinner for relatives

ham is the mainstay of this menu, ; flexibility for an unpredictable r of guests. The accompaniments ew demands on the cook and can ted ahead of party time.

range and Sweet Onion Salad
ɜgetable Platter with Parsley Butter
ɔked Ham with Madeira Sauce
awberry Butterflake Shortcakes

· make the parsley butter and bake rtcakes early in the day. The veg- , oranges, and strawberries may be , cut as directed, and chilled sev- urs ahead, ready for last-minute g. The cook can relax with the while the meat roasts.

and Sweet Onion Salad. Several ı advance, cut the peel and white ıne from 4 large oranges and slice place in a shallow salad bowl and ɔvered. About 1 hour before serv- ɜl and thinly slice 1 medium-sized nion; separate into rings and tuck ı orange slices. Scatter ⅓ cup pit- e olives on top. Mix together 2 ɔons white wine vinegar, ⅓ cup

DARROW M. WATT

Spring dinner *for a crowd brings together baked ham, hot vegetable platter with butter spread, and orange and sweet onion salad*

·glazed *shortcakes have a like topping of berries*

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½ tsp.	2 tsp.	lemon juice
½ tsp.	1 tsp.	Worcestershire sauce
⅛ tsp.	½ tsp.	Tabasco brand pepper sauce
6 oz.	24 oz.	tomato juice, chilled

Place all ingredients in glass and stir thoroughly. Add ice if desired.

Smashing glass offer. Four crazy 8-oz. Red Eye glasses, only $3.50 postage paid. Funny Mr. Red Eye on the front and pop art Tabasco label on the back. Write: RED EYE, c/o McIlhenny Company, Avery Island, Louisiana 70513.

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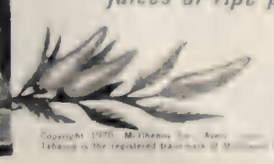

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olive oil, ½ teaspoon *each* salt and tarragon; pour over salad. Cover and chill until serving time. Serves 8.

Hot Vegetable Platter. Early in the day, wash and trim ends from 1½ pounds asparagus and wash and remove stems from 1 basket (about 2 cups) cherry tomatoes; package in plastic bags and store in the refrigerator.

Shortly before serving, wash 12 new potatoes and cook in boiling salted water until tender; drain. Cook asparagus in boiling salted water until tender; drain and dress with 1 tablespoon soft butter. Also, sauté cherry tomatoes in 2 tablespoons butter along with 1 teaspoon sugar and ½ teaspoon salt, shaking pan and heating just until hot through, about 2 minutes.

Arrange potatoes, asparagus, and tomatoes on a large hot platter. Serve with parsley butter. Makes 8 servings.

Parsley Butter. Cream ¾ cup (⅜ lb.) soft butter or margarine and blend in ½ teaspoon grated lemon peel and 2 tablespoons minced parsley. Spoon into a serving bowl and chill.

Baked Ham with Madeira Sauce. Buy a half ham with bone, either butt or shank end, weighing about 7 pounds. Place on a rack in a roasting pan and insert a meat thermometer into the thickest part. Roast in a 300° oven until meat thermometer registers 160° (allow about 2½ hours or 22 minutes to the pound). Remove from oven and, with a sharp pointed knife, score the top in a diamond design.

Mix together a paste of 2 tablespoons Dijon-style mustard, ½ cup brown sugar (packed), and ½ cup Madeira wine; spoon half of it over ham. Put mea into oven, reset at 375°, and roast ham is glazed a golden brown, ab minutes longer; baste occasionally remaining Madeira sauce. Makes 14 to 16 servings.

Strawberry Butterflake Shortcakes. (package (about 8½ oz.) refrigerate terflake dinner rolls and separate in ers. Using 6 rounds for each shor arrange them on an ungreased l sheet in a flower design with 1 ro the center and 5 around the edge; together to seal. You should have 8 cakes. Bake in a 375° oven for ab minutes, or until golden brown. R pan from oven, brush with 2 table apricot jam, and continue baking 3 minutes longer, or until glazed. pan on rack to cool.

At serving time top with 1 cup cream, whipped and sweetened to and 2 cups halved strawberries (see graph). Makes 8 servings.

Weekend family brunc

A puffy omelet is a fast yet imp entrée for a special brunch. It's ge regarded as dessert fare, but this n sweet version is quite acceptable breakfast hour.

Pink Grapefruit Halves
Hot Danish Rolls Toast
Browned Butter Puffy Omelet
Cherry Preserves
Coffee Hot Chocolate

First make up the omelet. While it cut the grapefruit, make the coff toast, and heat small Danish style

DARROW M. WATT

Sugar-dusted omelet *goes with rolls and toast for brunch*

Sliced turkey with giblet gravy, one of many varieties.

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DARROW

Avocado *and hot bacon filling goes inside these buns for patio lunch*

rolls or bake 1 package (about 12 frigerated Danish-style rolls, as c

Browned Butter Puffy Omelet. M blespoons butter, 2 tablespoons p sugar, and 2 tablespoons heavy c an 8 by 12-inch baking pan and blend. Beat 6 egg whites with ⅛ t salt until soft peaks form; gradu 2 tablespoons sugar while beati beat until stiff.

With the same beater, beat 6 e until thick and pale and mix in 1 t grated orange peel. Fold yolks white meringue and spoon into dish, swirling the top. Shake tablespoons powdered sugar th wire strainer on top.

Bake in a 375° oven for 12 to 14 or until top is golden brown. S once with cherry preserves to spo if desired. Makes 6 servings.

Lunch on the patio

This adaptable out-of-hand l pleasant served outdoors or in, fo or guests.

Bacon and Avocado Buns
Dill Pickle Slices **Ripe Oliv**
Winter Pears **Chocolate Br**

Buy 1 package (13 oz.) chocolat brownies or make your own. Asse hot sandwich buns at the last Wrap them individually in foi carry them to the patio.

Bacon and Avocado Buns. Cook bacon until crisp; drain on pape Split 6 sesame-topped hamburg and spread cut surfaces lightly w ter and the bun bottoms with naise. Peel and thinly slice 1 large and sprinkle avocado slices wit juice. For each sandwich, asse bottom of each bun with a leaf o 3 crisp bacon strips, and 2 slice cado, and place on the bun top half. Makes 6 sandwiches.

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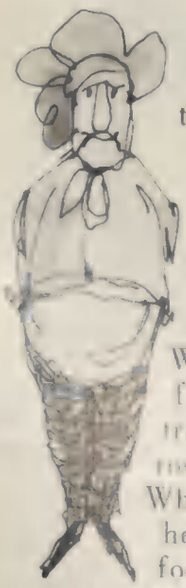

It's run like a hotel, too. Our people know what they're doing and they enjoy doing it. The rooms are the largest in Las Vegas. And, we think, done in the best taste.

When you have breakfast in them, your tray includes a fresh rose.

When you have dinner here, you can order food not many restaurants trouble to prepare—Petite Marmite Henry IV, Steak Diane, Breast of Capon Escaloppee au Vermouth, Stone Crabs fresh from Florida, Omelette Norvegienne Glacee, Crepes Suzette—it reads like something out of *Gourmet*.

Our shows feature some of the most popular stars ever to appear in Las Vegas—Vic Damone, Jimmy Durante, Robert Goulet, Phil Harris, Bob Newhart, Wayne Newton, Diana Ross, Frank Sinatra, Jr., The Supremes, Jerry Vale—*it* reads like something out of *Variety*.

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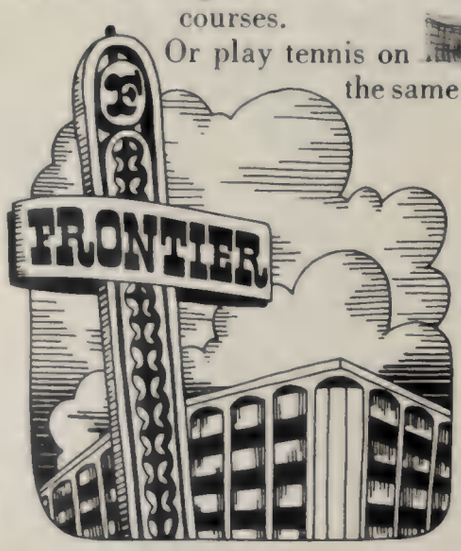

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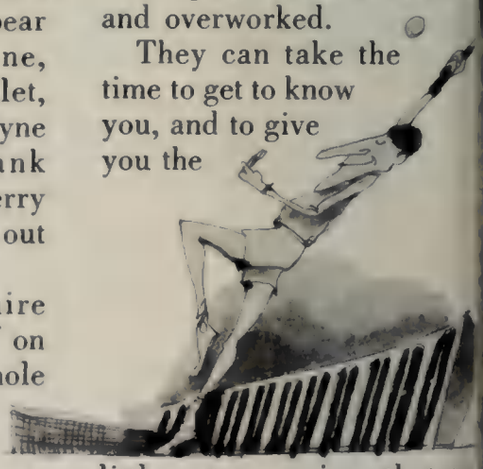

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THE FRONTIER HO IN LAS VEGAS

idney classics and a kidney secret

f the dishes that have given kid- distinguished reputation in inter- l cuisine are easy to duplicate in estern kitchen. For example: veal , broiled and scented with fresh utter, as served at Drouant's in richly flavored beef kidney stew se encountered in German restau- r a mixed grill including mildly l lamb kidneys as favored by the .

cipe applies an important secret in preparation: Cook them just until ost interior pink color has dis- d) but no more, or they may be- ther chewy.

VT'S VEAL KIDNEYS CHETTE

veal kidney (about 4 oz.) for each Cut out the fatty membrane and dneys lengthwise. Thread 1 or 2 halves on each metal skewer, ar- to keep kidneys secure and flat nds curl when heated). Broil on bout 3 inches from heat for 5 to es to a side for firm moist kidneys; casionally with melted butter.

ile blend 6 tablespoons soft but- 2 tablespoons minced parsley and oon grated lemon peel.

, remove kidneys from skewers, l squeeze fresh lemon juice over ccompany with lemon butter, al- bout 1 tablespoon for a serving.

V-STYLE SOUR KIDNEYS

unds (or about 2) beef kidneys
le bay leaf
t and water
lespoons butter
dium-sized onion, thinly sliced
nd mushrooms, sliced
spoons sugar
lespoons vinegar
lespoons flour
dry Vermouth or Sherry
regular strength beef broth
lespoon tomato catsup
spoon whole thyme
t cooked noodles

y fatty membrane from kidneys; eys in ¼-inch-thick slices. Place all pan with bay leaf and add alted water to cover generously. boiling and simmer gently for s. Drain, discard bay, rinse with er, and set aside.

e frying pan, melt 1 tablespoon utter. Add the onion and mush- d cook, stirring, over moderately t until the vegetables are lightly . Remove from pan and set aside.

the sugar in the frying pan and er high heat until sugar melts s a deep amber color. Immediately pour in the vinegar and add remaining 2 tablespoons butter; boil, stirring, until most liquid has evaporated.

Add kidneys to pan, blend in the flour, then add Vermouth, broth, vegetables, catsup, and thyme and bring to boiling, stirring; cook until sauce is thickened slightly. Salt if needed. Serve spooned over noodles. Makes 4 to 6 servings.

ENGLISH MIXED LAMB GRILL

For each serving allow 1 slice bacon, 1 small loin lamb chop (cut about 1 inch thick), 1 lamb kidney, and 3 or 4 cherry tomatoes; accompany with hot, crisp, fried shoestring potatoes (frozen, canned, or freshly made).

Spread bacon out on rack in broiler pan. Broil about 3 inches from heat until bacon is lightly browned, turning as needed. Set bacon aside and keep warm. Pour bacon drippings from broiler pan and reserve.

Cut fatty membrane from each lamb kidney. Space lamb chops and kidneys slightly apart on broiler rack and cook 3 inches from heat, about 5 to 6 minutes to side; turn once or twice. Baste kidneys occasionally with bacon drippings. About 2 minutes before meats are cooked, place the cherry tomatoes on the rack, brush with bacon drippings, and return to heat to warm them through. The chops will be slightly pink inside and the kidneys firm but moist.

Group hot cooked foods on a platter and serve; accompany with hot fried potatoes.

Lunch treat soupreme.

Soup hasn't had it so good since it was paired with sandwiches. And Pizza Rolls are simpler to fix than even a sandwich. Let the idea simmer.

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DARROW M.

Individual *ramekins keep ham & pasta rolls warm at the table*

Ham and pas in rolls

The difference between this and cannelloni is that here the mea outer wrap around cooked pasta. You need cooked pasta pieces 4 square. Use manicotti shells ar them after cooking or cook lasag cut it into squares.

HAM CANNELLONI

- 16 pasta squares
- 16 slices boiled ham
- 6 tablespoons butter or margarine
- 4 tablespoons flour
- 2 cups milk
- 1 teaspoon chicken stock base or 1 chicken bouillon cube
- 2 egg yolks
- ½ cup shredded Parmesan cheese
- ½ pound fresh mushrooms
- 1½ tablespoons lemon juice

Cook pasta in a large amount of salted water until tender, about utes. Drain and rinse under col and drain well. Place each piece on a ham slice and roll up. Arrang in each buttered individual baki

Meanwhile melt 4 tablespoons butter, blend in flour, and cook ur bly. Gradually stir in milk, and, constantly, cook until thickened. the stock base and remove fro Beat egg yolks slightly and mix and cheese; set aside.

Slice mushrooms and sauté in the ing 2 tablespoons butter with lem until tender. Add half of the mu and any juices to the sauce. Spo over ham rolls and scatter re mushrooms over all. Bake, uncove 375° oven for 15 minutes. Serves

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ı Apple Cake

ge (17½ oz.) ury German plate Cake Mix
2 cups (1 lb. 5 oz. can) prepared apple pie filling
3 eggs

sly grease and lightly flour bottom and 13x9-inch pan. In large mixer bowl, dry cake mix, apple pie filling and end and beat as directed on package. prepared pan. Bake at 350° for 40 to tes or until top springs back when lightly in center. Cool cake completely. h serving with sweetened whipped piced with cinnamon.

mixing by hand, mash fruit first.

itude—5,200 feet. Prepare recipe above. 375° for 35 to 40 minutes.

Easy Layered Cheesecake

2 cups (one-half 18½ oz. pkg.) Pillsbury White Cake Mix
1 egg white (reserve yolk for filling)
¾ cup water

Filling

¾ cup sugar
2 packages (8 oz. each) cream cheese or Neufchâtel cheese
2 teaspoons lemon peel
2 tablespoons lemon juice
2 eggs, separated, plus reserved yolk

Generously grease and lightly flour bottom and sides of 13x9-inch pan. In small mixer bowl, combine dry cake mix with egg white and water. Blend and beat as directed on package. Bake at 350° for about 12 to 15 minutes. Remove from oven. Spoon Cheesecake filling over baked base and return to oven for about 20 to 22 minutes at 350° or until light golden brown. Cool before serving.

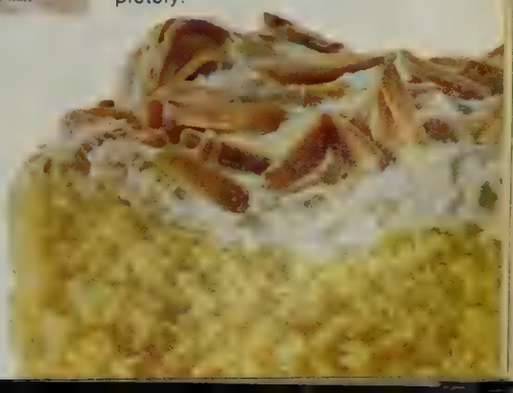
Cheesecake Filling: In small mixer bowl, blend together sugar, cream cheese, lemon peel, lemon juice and 3 egg yolks until smooth. Beat 2 egg whites until stiff. Gently fold stiffly beaten egg whites into cream cheese mixture.

Lemon Meringue Cake

1 package (17 oz.) Pillsbury Lemon Cake Mix
1⅓ cups water
2 eggs
1 package (5¼ oz.) Pillsbury Fluffy White Frosting Mix
½ cup boiling water
1 tablespoon sugar
½ cup blanched slivered almonds

Generously grease and lightly flour bottom and sides of 13x9-inch pan. In large mixer bowl, combine dry cake mix, water and eggs Blend and beat as directed on package. Pour batter into pan.

Prepare frosting mix with boiling water as directed on package. Carefully spread prepared frosting over batter. Sprinkle with slivered almonds and sugar. Bake at 350° for 35 to 40 minutes until meringue is golden brown. Cool completely.



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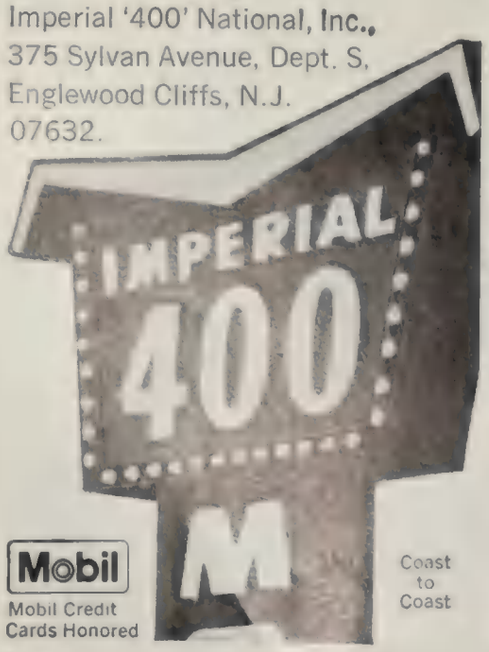

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Cut jicama *in thin slices to use* [illegible] *green salad or to cook for a fruit* [illegible]

From Mexico . . . it's jicama

You may have noticed the Mexi[illegible] vegetable called jicama (*hee*-cah-[illegible]) your markets recently. At firs[illegible] it resembles a giant rutabaga.

Peeled jicama is white, juicy, m[illegible] crisp; it keeps these qualitie[illegible] cooked. These two recipes dem[illegible] its versatility. In the salad it is [illegible] a raw vegetable; in the compote [illegible] with fruits.

JICAMA AND SHRIMP SALAD

Wash, peel, and thinly slice [illegible] pound jicama. Cut slices into [illegible] squares and combine with 6 gree[illegible] (thinly sliced), ⅓ cup lime juice [illegible] teaspoon salt; cover and refrig[illegible] least 8 hours.

Shortly before serving, drain jui[illegible] jicama; blend juice with ¼ cup [illegible] naise, ¼ teaspoon curry powder [illegible] teaspoon Worcestershire. Place [illegible] quarts bite-sized pieces of romain[illegible] berg lettuce in salad bowl. On th[illegible] arrange the jicama and 1½ to 2 [illegible] of cooked, shelled, and deveined [illegible] At the table, pour lime mayon[illegible] salad, mix, and serve. Makes 6 [illegible]

JICAMA AND FRUIT COMPOTE

Wash, peel, and thinly slice about [illegible] jicama; cut in bite-sized square[illegible] pan combine the jicama, 4 lem[illegible] ½ cup sugar, 2½ cups water, an[illegible] 4-inch stick of cinnamon. Bring t[illegible] simmer, uncovered, 5 minutes. I[illegible] slice 2 apples; add to pan with [illegible] (about 6 oz.) dried apricots. Sim[illegible] 4 minutes longer until apples are [illegible] Remove from heat; chill. Discar[illegible] slices. Makes 4 to 6 servings.

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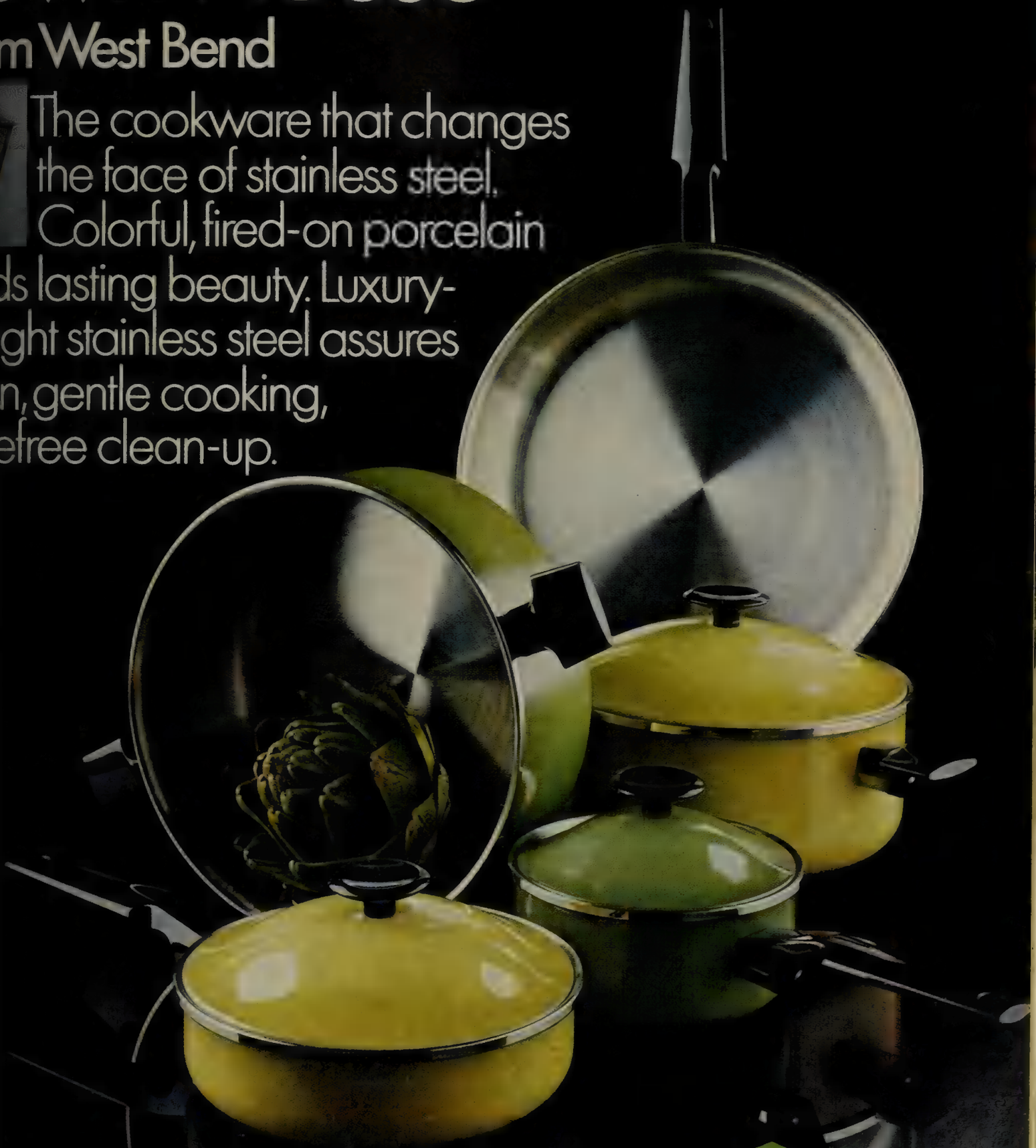

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WEST BEND

... where craftsmen still care

Shades of Nellie Melba . . . first in soup, then in steak

Chefs of the West

The Art of Cooking . . . by men . . . for men

It's interesting how many recipes are named after women. From the chicken that calls to mind the arias of Madame Tetrazzini to the several dishes named after Madame Melba, women are an important source of recipe names.

Sometimes the recipe bears the name of the woman (or women) who developed it (although no one is sure whether Betty really invented her namesakes).

More often than not, though, the name is an honor bestowed upon the woman by a chef.

And so, down to cases—both Ross Figgins (recipe at right) and Clay Marr (page 208) have immortalized female acquaintances, the first in soup, the second in steak. Let us hope that June Ellen and Dianne have as long and renowned an existence as Nellie Melba.

The soup that Mr. Figgins proposes is hearty enough to be considered a sort of stew. Besides beef and bones it contains seven vegetables. Except for the squash and tomato, the mixture is strongly reminiscent of boiled dinner, but no dinner ever perfumed itself with coriander, and that's the secret Figgins mixture. Look for the fres ander (also called Chinese parsley lantro) in markets that cater to M Oriental, or Italian cooks.

JUNE ELLEN'S MEXICAN SOUP

- 1 tablespoon salad oil
- 1 pound boneless beef shoulder, cut in 1½-inch cubes
- About 1½ pounds beef shank with bo
- 1 medium-sized onion, sliced
- 1 quart water
- 3 medium-sized tomatoes, peeled and cut into eighths
- 1 clove garlic, minced or mashed
- 3 sprigs fresh coriander
- 2 large carrots, cut in ¾-inch slices
- 3 medium-sized potatoes, cut in cubes
- 3 small zucchini, cut in ¾-inch slices
- ¼ head medium-sized cabbage, thinly sliced
- Salt and pepper to taste
- Chopped fresh coriander for garnish

Heat oil in heavy Dutch oven an beef and beef shank until well br on all sides; then remove meat and with a slotted spoon. Sauté onio

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Good Housekeeping GUARANTEE

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into simmering liquid and cover poach eggs until white part is firm; kle with salt and pepper. Top each a Swiss cheese slice. Sprinkle with P san and place about 4 inches from unit. Broil just until Swiss cheese is and lightly browned. Meanwhile muffin half on each plate, and top bacon. Remove eggs with a slotted and ease on top of bacon. Serves 4

Tucson, Ariz

Clay Marr, who here immortalizes D likes to do it with the finest fillet- natural under the circumstances.

Those of us who are unacquainted Dianne may choose a less expensi with equally good results.

STEAK DIANNE

- 1 tablespoon *each* butter and salad oil
- About 1½ pounds beef fillet or sirloi cut about ¾ inch thick
- 2 tablespoons butter
- 2 teaspoons beef-flavored broth and seasoning base or beef stock base
- ¼ cup water
- 2 teaspoons garlic chips (or 3 cloves garlic, minced or mashed)
- 2 tablespoons parsley flakes
- 1 teaspoon chopped chives

Melt the 1 tablespoon *each* butte oil in a frying pan over mediu heat. Add steaks and brown quic both sides, cooking them to *rare*. R to platter and keep warm.

Melt the 2 tablespoons butter in th add beef seasoning base and water. garlic chips and parsley flakes; boi ring, until heated through and thor combined. Pour over steaks on p garnish with chives and serve at Makes 4 servings.

Cupertino, C

You don't have to be a Geisha Girl to sleep like one.

There is something lovely about climbing into a bed of oriental flowers after a day of brooms and mops and dishes.

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THE

Western Kitchen

NEWS AND IDEAS

RICHARD FISH

Recipe box in a drawer

This handy drawer built in below the counter at a planning center is designed to hold recipe cards. Owners are the Daniel Ullmans of Los Angeles.

GLENN CHRIS

Drawer as dispenser, knife st

Split-level drawer dispenses waxed foil; top level slides forward, holds l long spoons. Architect: David Tuck Walter Ballengers, Olympic Valley

Easy-cleaning cooktop

An easy-to-clean, lift-up cooktop is a new feature in some of the 1970 ranges. It features four conventional electric heating elements with a griddle-grill. When you remove the rims of the two front elements, the entire cooktop can be raised, and a support arm folds down automatically to hold the top at a convenient angle for cleaning. The chrome-plated drip pans lift out and can be washed in the dishwasher.

Instant coffee extract—homemade

Liquid instant coffee made according to principles that the coffee experts approve can now be produced in a home coffee extractor. It extracts flavors from the grounds and filters out bitter oils and sediments. Two different coffee extractors are now on the market; they cost about $9 to $10.

One uses hot water for extraction; the other, cold. To make coffee, simply add water to the extract until desired strength is achieved. The extract can be refrigerated for several days.

A kitchen desk where space is limited

If you need a kitchen desk and haven't the room to put in one of conventional size, a new wall-mounted desk that measures only 8 inches deep when folded may offer a possible solution.

This slimline desk measures 15½ by 21½ inches. The front panel drops down to provide a relatively sturdy writing surface with space underneath for storing such things as envelopes, telephone books, and paper pads. The top can be slid forward, or can be removed entirely when necessary to retrieve objects in the back corners. An upper bin has compartments for stamps, rubber bands, paper clips, and lifts out for easy cleaning.

These desks are available in a choice of four colors for about $10. A deluxe model with a natural walnut pattern front panel sells for about $18.

Continuous-clean second ovens

The catalytic liners described in *Western Kitchen* on page 102 of the January 1970 *Sunset* are now built into portable ovens. Broiler and rotisserie spatters disappear while you're cooking and a pan at the bottom catches the drippings.

Broiling in these new portable o now twice as fast as it used be, sin comes from elements at both to bottom at the same time. They c bake—when just the bottom elem in position.

Prices start at about $65 for a and broiling oven, about $75 with serie added.

DARROW

Hidden light illuminates this counter

Here's an inexpensive over-counter lighting detail. The ceramic socket takes some depth from cabinet storage area, but doesn't show. Designer: James Casella, for John Pepins, Belmont, California.

Spice Islands just ook the mystery out of nternational cooking.

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ry penny of it. If you act now, it's
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PULCINI GRILLETTATO
SAUTEED CHICKEN WITH MARSALA
(Featured the of International Dining with Spice Islands)

2 large frying chickens
3 tablespoons olive oil
3 tablespoons butter
2 tablespoons Spice Islands Instant Minced Onions
1/4 teaspoon Spice Islands Fine Grind Java Black Pepper
1 tablespoon salt
2/3 cup Marsala
2 large tomatoes
1/2 cup water
2 tablespoons Spice Islands Shredded Parsley
1 teaspoon Spice Islands Sweet Basil, crushed
1/4 teaspoon Spice Islands Garlic Powder
1/8 teaspoon Spice Islands Rosemary, crushed

Wipe chicken. Heat olive oil and butter in a large skillet. Saute chicken, add Onions, Pepper and salt until golden. Add Marsala; cook until liquid is reduced to ½ (about 15 minutes). Peel and dice tomatoes. Add tomatoes, water, Parsley, Basil, Garlic Powder and Rosemary. Cover and simmer 30 minutes. Remove chicken. Reduce liquid to 1/4 cup. Spoon over chicken. Makes Servings.

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If you bake bread at home you will understand our Northridge White Bread. So, the next time you look over the bewildering array of breads in your market, pick up a loaf of Northridge White Bread, heft it, and read the label: "Northridge White Bread is made with unbleached hi-protein flour perfectly blended with pure creamery butter and golden California honey to insure the fresh full flavor and aroma of old-fashioned homemade bread."

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OROWEAT

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'd it's new

reads in the old traditional ways
inding of wheat and rye between
d the slow, slow baking for
: rather than air — seems like a
to "capture the mass market."
But as bakers of Oroweat
e do enjoy the praise (and the
s) from those who appreciate
eads of substance and natural
.

d Oroweat breads — 25
loaves to suit individual tastes
these labels: Northridge,
fen, Francisco French and

nbrot Pumpernickel

r newest breads is this
l "old country" Hearth-Ofen
ot Pumpernickel. Baking
h a naturally fermented rye
which is added a blend
ye, whole wheat, unbleached
lower oil, malt and yeast.
is formed into long (17-inch)
steam-baked for 7 hours.
sliced wafer thin. And what a
— fragrant, mellow, chewy,
ese-like in texture.

sco French

bread that is true to the San
sourdough tradition. And it is
ur." Enriched to give you a few
ith your toast in the morning.

DARROW M. WATT

Sauce glazes *the chicken, tomatoes, green peppers, artichokes, and onions*

Easy chicken in a Sherry sauce

Especially suited to days when you're short on time, this chicken vegetable sauté is a quick entrée. The chicken breasts and vegetables simmer in a Sherry-flavored broth, which later becomes the sauce. Serve with rice and a green salad for a complete and colorful springtime meal.

CHICKEN VEGETABLE SAUTÉ

- 2 pounds chicken breasts (about 2 whole large breasts), boned
- 2 tablespoons butter or margarine
- 1 medium-sized onion, sliced
- ½ cup regular strength chicken broth
- ½ cup Sherry
- 1 package (8 oz.) frozen artichoke hearts, partially thawed
- 1 green pepper, seeded and sliced in rings
- 8 cherry tomatoes
- 1 tablespoon *each* cornstarch and water

If the breasts are whole, split in half. Melt butter in a Dutch oven over medium heat. Brown chicken in one half of the pan and sauté the onion in the other side. Pour broth and Sherry over chicken and onions. Cover and simmer 10 minutes. Add artichoke hearts and green pepper rings; continue cooking, covered, until vegetables are tender-crisp, about 5 minutes. Add tomatoes and simmer until heated through, about 2 minutes.

Lift chicken and vegetables from sauce with a slotted spoon and arrange on a serving dish; cover and keep warm.

Blend cornstarch with water until smooth; stir into cooking liquid. Cook, stirring, until thickened and clear; pour over chicken and vegetables. Serves 4.

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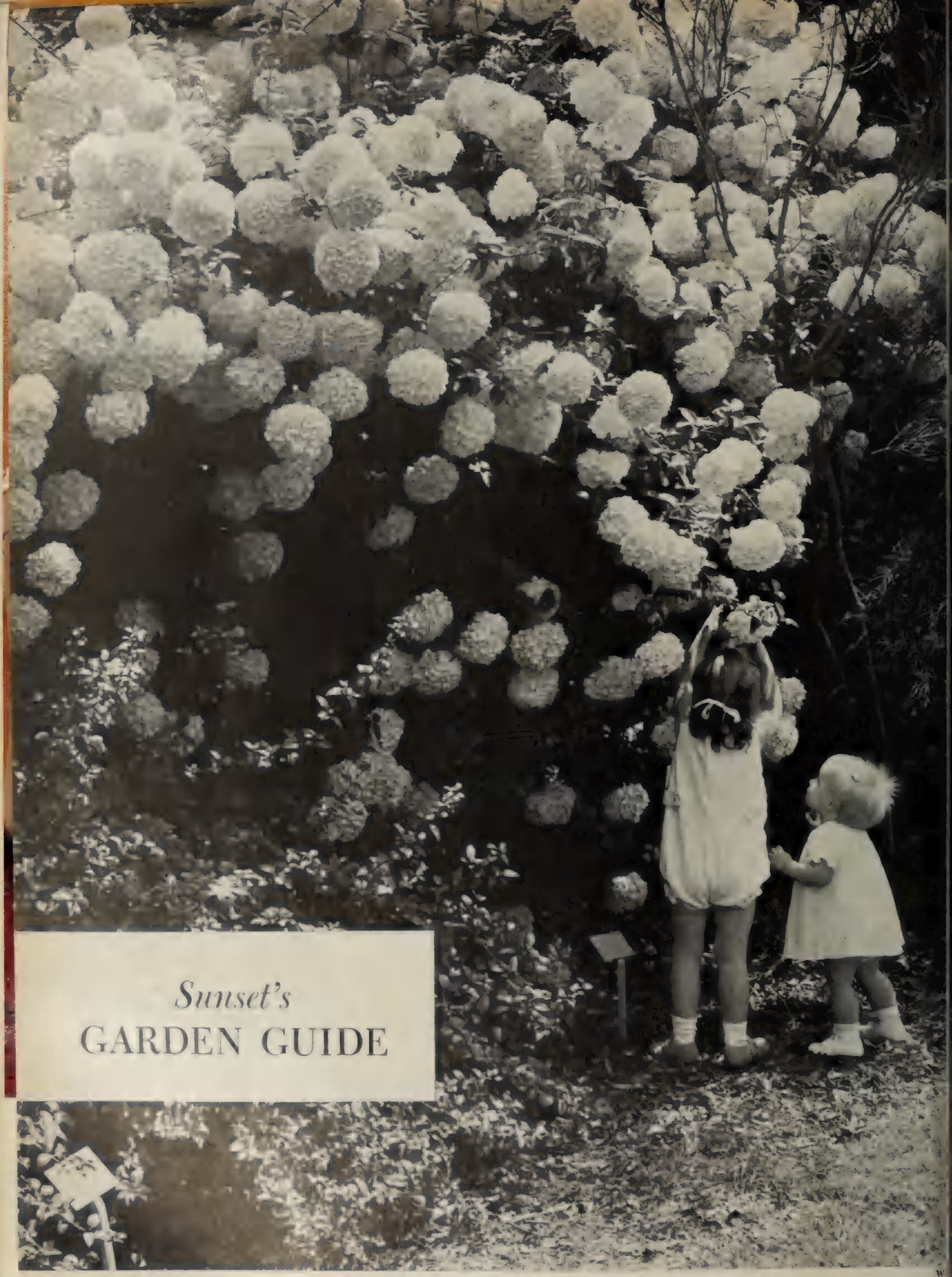


Sunset's
GARDEN GUIDE

Chinese snowball explodes

Huge, pure white flower clusters of the not-so-commo snowball (Viburnum macrocephalum 'Sterile') exp bloom this month and next. The spectacular, 6-inc are much larger and showier than those of common

APRIL IN YOUR GARDEN:

With so much to do, here are some priorities

in California is usually the first great, ›us month of spring gardening. ›eratures may get into the 70's, new h and spring flowers burst forth where, nurseries overflow with long-ed spring stock, and planting fever minates.

in short, is the gardener's nicest, t time of year.

show moves on

'alifornia Spring Garden Show will e in five ways this year.

ıking place April 18 through 25, a ı earlier than last year, and it's g to a new location, the Lakeside Garden Center in Oakland. The are shorter (10 A.M. to 9 P.M.) and ice is less. Tickets are $1 until April .50 at the door. Children under 12 mitted free; those 12 to 16 pay 50 Order tickets by mail from the n Show Office, 1322 Webster St., 100, Oakland 94612.

how is also changing its format hat. With little indoor space, it ıve far fewer spectacular mass dis- But there will be more outdoor exhibits, integrated with the exist-dens of Lakeside Park. Home gar- will be pleased to find many use-se-home ideas.

n net in the garden

il, with so much planting and sow-rds and squirrels can have a feast osed seeds and tender young plants. t new plantings from these hungry ces with a covering of nylon net; ective, inexpensive, and unobtru- you use a dark green or black one).

›tect seeds sown on open ground, the lightweight net over them and anchor it with wooden pegs or nails pressed into the soil. Space ls about 1½ feet apart. Leave the se enough that sprouts from seeds mmediately get tangled in it; re-he net when seedlings get 1 to 2 high or when the net seems to be , them sprawl.

older seedlings and tender young by making a simple support of ınd covering it with net. A long ›ting between two forked sticks makes a convenient pup-tent frame that is especially good for protecting rows of young vegetables. Later you can use this frame to shield the ripening fruit of low-growing plants like strawberries.

You can also use nylon net to guard re-seeded patches of lawn, and if you're really energetic, try it to protect all of a newly planted lawn.

Indian Nature Trail

California Indians made fascinating use of wild plants—they made biscuits from straight cattail pollen, chewing gum from milkweed plants, baby talcum powder from sagebrush, and some of the strongest ropes and nets from iris leaf fibers.

You can see many of these plants used by the Indians along the recently opened Indian Nature Trail of the University of California's Botanical Garden at Berkeley. Now is a good time to visit, as many of the plants bloom during April.

The self-guiding trail contains 29 Indian plants, numbered and marked with red tags to distinguish them from the many other native plants in the California area of the garden. A 25-cent booklet explains how the Indians used each plant.

The botanic garden is open from 9 A.M. until 5 P.M. daily. It is located in Strawberry Canyon, directly east of the campus Memorial Stadium; take the North Canyon Road.

Root, divide, pinch those chrysanthemums

You can do several things now for a better chrysanthemum display this year.

Take 3 to 4-inch tip cuttings from the new growth of established plants; they will produce larger flowers in the fall than the established clumps. Dip the cutting bases in a rooting hormone, place them about 2 inches apart in a pot or flat of moist sand and peat moss (half and half), and cover with polyethylene film until rooted. The cuttings usually root in two or three weeks and can be set out in the garden about the last part of May.

If your established chrysanthemum clumps are getting too big, you can also divide them now. Take single stem shoots from the outside of the clump and discard the old, woody center portion. Be sure to label each variety as you divide it.

When you replant the shoots, and later when you set out rooted cuttings, pinch immediately by removing the tip of the new plant. Pinching tips forces outside branches and results in bushier, sturdier plants, more growing tips, and more flowers. Chrysanthemums will need frequent pinching between now and the fall blooming season; nip the top pair of leaves on every shoot that reaches 5 inches in length.

DARROW M. WATT

Take tip cuttings *of your chrysanthemums and root them now; they will look like this 8-inch plant by next fall*

Fragrant heliotrope

Add a lovely, haunting fragrance to your garden this summer by planting old-fashioned heliotrope. You can start these attractive plants from seed now, or buy

Sunset's GARDEN GUIDE

Small, young, bright *bronze leaves stand up behind fragrant white flowers of bronze loquat. Larger, older leaves are dark green*

Clustered, *violet-blue flowers of old-fashioned heliotrope have a sweet fragrance, make it a good border plant*

them in nurseries in the next few weeks.

Heliotrope is enjoyed for the delicate, sweet fragrance of its tightly clustered flowers, which range in color from white to deep violet-blue. The deeper-shaded flowers nearly blend into the dark green leaves, which have an unusual purplish cast. Be sure to plant heliotrope in a spot protected from the wind so you can enjoy this fragrance.

A rather tender perennial, heliotrope grows into a 4-foot shrub in mild winter areas, but needs extra protection in colder climates, where it usually stays 1½ to 2½ feet high. Plant in full sun or partial shade, although the second is best in hot summer areas. Give it rich, well drained soil, and avoid overwatering.

Pinching the tips of stems helps to keep the plants compact and encourages new blooms.

Begonia seedlings for the adventuresome

April's a great time to buy tuberous begonias—nurseries have a large selection of the seedlings, which can be much more interesting to grow than begonias from tubers.

If you buy young begonia sprouts grown from seeds, you know what color and shape the flowers should be. But "sports"—plants whose flowers vary a little or a lot—can occur, and then you may get colors, some quite unusual, that you can't get if you buy tubers. This is because tubers offered for sale have already produced a plant with blooms the year before, and any unusual plants noticed by the growers have been held back for experimentation.

So buy tubers if you want a known, guaranteed color, but buy seedlings if you want to be adventuresome.

A different loquat

Watch for the fragrant, clustered white flowers and bright coppery new leaves of the bronze loquat this spring. They're a striking and unusual combination.

The bronze loquat *(Eriobotrya deflexa)* differs in several ways from the familiar fruiting loquat *(E. japonica)*. Most noticeable are the young bronze leaves, which retain their color for some time before turning a glossy dark green. The sharp-toothed, 6 to 8-inch-long leaves of the bronze loquat are less deeply veined and leathery than those of the loquat, and more pointed and shiny; overall, the bronze loquat is a handsomer plant.

You can't eat the fruit of the bronze loquat as you can that of the fam quat; you'll also find that this shorter and more shrublike. But easily train it into a small tree as an impressive espalier. The h evergreen foliage also makes it for landscaping, patio planting, tainers. It offers an almost tro pearance but is really quite har

The bronze loquat is relatively you shouldn't have too much tro ing it. Expect to wait a few year first blooms, however.

New vegetables for your garden

The 1970 All-America vegetable two winners that you may wan when you plant warm-weather v this month.

Hybrid cherry tomato 'Small heavy producer of high quality fruit that grows in attractive c seven or eight on 2½-foot-high Resistant to fusarium and ver wilt, this hybrid has a rather conc and much earlier producing seas the regular cherry tomato.

Winter squash 'Waltham Butt a vigorous, vining type of squ produces higher yields with bet

ELLS MARUGG

· than older Butternut varieties. ·ts longer in storage. The average ›out 9 inches long and 4½ inches ·er; the dry flesh is excellent for ›d pies.

balled and ›ped plantings

›d burlapped trees and shrubs ›last winter should be showing ›s of growth by now. If they're › the root ball to see if it's shed- ›er; a ball with a high clay con- cake and shed water into the ng, easily permeable soil.

., gently remove soil from the e with fingers or a trowel. If you dry burlap or hard, dry soil, ›und the source of the problem. burlap from the top of the root gently poke a few holes in it the hardened soil. Soak the ball ›l hours with a slow trickle of m an uncapped hose placed at ›f the trunk. Or even better, use irrigator attached to your hose. is thoroughly moist and the actively growing, the problem ›lf up. Burlap quickly rots, and ›e into the porous, prepared soil e planting hole.

APRIL CHECK LIST:

Here's what most needs doing

☐ **Annuals.** In all but the coldest areas, April is a good month for sowing seeds of summer annuals in open ground and setting out plants from flats; nurseries have a complete assortment of summer annuals now. Wait for May to plant celosia, dwarf dahlias, zinnias.

☐ **Azaleas.** Some late-flowering azaleas are still available in bloom in nurseries. Give plants their first feeding with an acid fertilizer as soon as they finish blooming. Mulch plants with a 1 to 2-inch-deep layer of peat moss or ground bark to keep soil moist.

☐ **Bulbs, spring.** Remove faded flowers from spring-flowering bulbs. Double over dying leaves and tie with string; when leaves are dry, cut off at ground level. Hide bulb foliage with colorful ageratum, lobelia, pansies, petunias, sweet alyssum, or verbena.

☐ **Bulbs, summer.** Plant summer-flowering bulbs now — agapanthus, canna, dahlia, gladiolus, tigridia, tuberose, water lily, and watsonia. Feed gladiolus when second leaf appears on stalk, and other bulbs when they show above ground; use a fertilizer low in nitrogen, high in phosphorus. Watch for thrips and aphids.

☐ **Camellias.** Once warm weather sets in and new growth starts, late buds usually won't open, so go ahead and feed with an acid fertilizer. Renew 2-inch mulch around plants to keep soil moist or plants won't set many buds for next year.

☐ **Citrus.** April is a good time to set out citrus in a well drained, protected, sunny location. Warmer weather should cause winter-yellowed leaves to turn green and begin to grow; if they don't, feed with a nitrogen fertilizer. Leaves that stay yellow but show green veins need iron sulfate or chelated iron.

☐ **Fertilizing.** Lawns, shrubs, and annuals need regular feeding from now on for good growth. Berries and fruit trees also need feeding.

☐ **Herbs.** Nurseries have chives, mint, parsley, rosemary, summer savory, sweet basil, thyme, and many other herbs in 2-inch pots, flats, and seed packets. Herbs make excellent borders and ground covers, and enliven your cooking.

☐ **Lawns.** April is the best month for planting dichondra and the second best for grass lawns (if you didn't do it last fall). Established lawns grow rapidly as the weather warms; feed now to encourage a thick turf. Mow lawns often; lower parts of blades will turn yellow from lack of sun if grass gets too long. Water regularly.

☐ **Pest control.** Keep a constant watch for slugs, snails, and aphids this month. Bait or spray regularly for the first two. Wash aphids off plants with a stream of water; if they come back, spray with an all-purpose insecticide.

☐ **Propagating.** April is a good time to make softwood cuttings of azalea, carnation, chrysanthemum, fuchsia, geranium and pelargonium, ice plant, and sedum.

☐ **Pruning.** Cut back flowering trees and shrubs after they're through blooming, and prune frost-damaged portions of tender plants now. Carefully cut back in short segments until you reach green, live wood. Don't pull out plants that appear totally frost-killed yet; prune to leave a few stubs behind, for dormant buds may still appear.

☐ **Rhododendrons.** Nurseries have a wide range of rhododendrons in bloom this month. Plant in a well drained spot with morning sun and afternoon shade, mixing generous amounts of organic matter into the soil first. You can do some pruning as you cut flowers for arrangements.

☐ **Vegetable garden.** Plant warm weather vegetables this month unless soil is still cold and wet. Sow seeds of beans, beets, carrots, chard, corn, cucumbers, lettuce, radishes, squash; set out eggplant, onion, pepper, potato, and tomato plants.

☐ **Watering.** April is the month when you should begin watering again on a regular basis. Water shrubs and trees deeply to encourage deep roots so plants will need less frequent watering this summer.

DON NORMARK

Watching *vegetables grow is half the fun. Here, Diane Carey, 8, of Corvallis, Ore., checks progress of a cucumber. It ended its career as a dill pickle*

Brick patio *was designed and laid by 11-year-old Mireya M. Malibu, California. The bricks, set in sand, form a priva outside Mireya's bedroom—a perfect spot to entertain her*

Surrounded *by heavy-blooming fuchsias is 16-year-old Fred Bocceri of Sacramento. Fred raised about 200 fuchsias and 100 begonias in this garden lathhouse*

If anyone doubts that children enthusiastic about gardening, tak look at the photographs here. representative of the many outs gardens entered in the 16-and-u

The youngest gardener was 5, the oldest 16

ELLS MARUGG

ne of his rapidly maturing pump-
late summer is Andy Swanson, 10,
o. He also grew popcorn, gourds,
an cucumbers, peanuts, broccoli

Hidden storage *and sandbox for a little brother are two innovations designed into begonia and fuchsia shelter by 13-year-old Jeff Werner of San Carlos, California*

DARROW M. WATT

f the 1969 *Sunset* Garden Contest inners are shown on page 114).

h youngsters entered a wide vari-garden projects, the best were at satisfied a personal interest or problem. Both Fred Bocceri and rner (see photographs) raised and begonias as a hobby. Jeff a structure for his plants and with his father's help; the sand- see in the photograph helped s young—and inquisitive—broth-eya Merritt built her own private ndy Swanson experimented with varieties of vegetables.

ers interested in entering the 1970 contest will find how on page 241. Parents may find some useful information in the article *Child gardeners . . . how to encourage success*, in the June 1969 *Sunset*.

The following participants also made outstanding contributions. Numbers indicate the contestants' ages at the time they entered the contest last year.

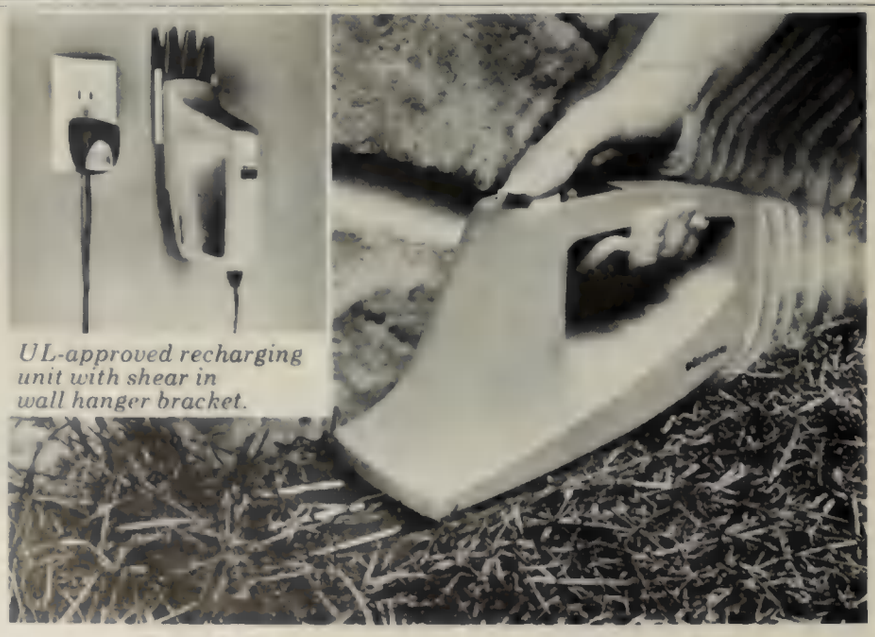
WASHINGTON. Seattle: Michalea, Doran, and Marcel Beauclair, 12, 10, and 8.

OREGON. Forest Grove: Eric Peterson, 5. Medford: Bob Simons, 11; Jim Taylor, 16. Portland: Rosemary Battaglia, 15; Eben Swett, 7; Carolyn and Jean Walton, 13 and 9. Scappoose: Mike and Kim McConnell, 15 and 12.

NORTHERN CALIFORNIA. Fresno: Louise Swanson, 8. Hayward: Evelyn and Andy Alford, 10 and 6. Lafayette: David and Stuart Mitchell, 16 and 10; Linda and John Sturla, 13 and 10. Modesto: Paul Wenger, 14. Oakland: Mike Israel, 10. Oroville: Lennart Pugh, 8. Palo Alto: John Stockdale, 6. Petaluma: John Ordway, 15. Salinas: Samuel Rosales, 8. Santa Rosa: Peter Bell, 7; Warren Payne, 11.

SOUTHERN CALIFORNIA. Buena Park: Steven Lund, 5. Covina: Richard Gutierrez, 12. Glendale: Norman Decker, 11. Los Angeles: Leanne and Jon Chambers, 9 and 7. San Juan Capistrano: Paul Haven, 16. Torrance: David Clark, 16. Whittier: Jeff Kruse, 11. Yorba Linda: Dennis and Dawn Streit, 13 and 8.

ARIZONA. Scottsdale: Dusty and Dawn Lilly, 15 and 13.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PETE R

The size *of this decorative 20-ye umbrella pine indicates its slow gr*

Umbrella pine for the patient

Once the umbrella pine was extr rare, both in nurseries and privat dens. However, the slow-growing nese conifer has been gaining popu due to its handsome, decorative ap ance and its ability to accept most ern climates.

The botanical name *(Sciadopitys ve lata)* reveals that the umbrella pine a pine *(Pinus)* at all. However, the needlelike leaves resemble those of a and they are arranged in whorls alo branches like the ribs of an uml Hence the popular name of umbrella

Actually the umbrella pine has two of leaves. Small scalelike leaves are tered along the branches and bunch the branch ends. The long (3 to 6 in needlelike ones grow in groups of 20 from the branch ends; they are na flattened, firm, and of a glossy dark color. In time, 3 to 5-inch-long w cones may appear.

Not for impatient gardeners, an um pine may take 25 to 40 years to grow many feet in height in open gr When young, it is symmetrical, and rather narrow, becoming more with age as the branches droop.

This very hardy tree grows best in well drained soil containing no lim interior valleys, plant it in part s along the coast, it will take full sun. it consistently well watered.

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globulus. In her left, the new book
to that color plate. Note how true

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eucalyptus peop

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That's less than all of them, but it
you will probably ever want to ide

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you may doubt that such a book
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The name of the book is simply *E*
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Ltd., Melbourne, 1969). Mr. Kell
locomotive engineer, has been ma
water-color paintings of eucalyptus
pastime for 25 years.

Each species painting has a plate n
ber, and at the front of the book, li
by the same numbers, you can find
ful descriptions of the species. Mos
the information—bark description,
of growth, change from juvenile to
ture foliage, hardiness, and the kin
climate the species comes from—is us
here in the Western United States.

The book's U.S. distributor is Tri-Oc
Inc., 62 Townsend St., San Franc
94107. You can buy it there for $19
By mail, send $20.95 to cover mai
(Californians add $1 more for sales t

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ELLS MARUGG

n, a normal calendula flower. At nd top, calendulas growing new rom their centers (proliferation)

ow calendulas ay "finished"

ndula flowers at top and center in ograph are trying to tell us some- he message: It's the end of the nd they've had it.

las sometimes produce such rowths at this time of the year, earlier. Green lumps appear in er of a flower, then the lumps and from them grow short stems all flowers at the ends.

s call this abnormality prolifera- development of buds and flow- unusual places. It's neither at- nor ugly. Other plants do the ng, but among the common gar- ers, calendulas do it most fre-

tion occurs when the plant suf- n warming weather. It can hap- ing the fall when there's been a ll followed by warm tempera- That makes one more reason for until September to plant calen- ther than jumping the gun and in August.)

bout now it's getting too warm ndulas in the parts of the West e grow them as winter annuals. tion is the signal to pull out the

ation seems to hit the Pacific strain more often than other calendulas.

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INTRODUCTION

'RED ELF' Pyracantha

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Extremely proud and pleased are we with the excellent landscape adaptability of one of our recent introductions. It's a stunning, truly dwarf growing Pyracantha of pleasant, extremely low mounding habit and will have many uses in your landscape. 'Red Elf' proves colorful in planter boxes, sparkling in containers, makes a handsome border or an interesting low hedge. Delightful red berries in profusion add marvelous fall color and interest.

The background of rich green small leaves creates a contrasting appearance for the colorful splash of berries. A superb item for use in the carefree landscape!!

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WILLIAM

Cymbidium *orchids on display at last year's show in Santa Barbara*

One orchid show after another

Corsage-size *orchids fascinat one young show-goer*

California orchid lovers will have a heyday this month—they can visit an orchid show nearly every weekend. If you've never been to an orchid show, here's your opportunity to find out what these exotic flower shows are all about.

Four colorful displays are scheduled on three April weekends; two occur on the same dates, unfortunately. The shows will feature spectacular exhibits of orchids and demonstrations of arrangements and corsages.

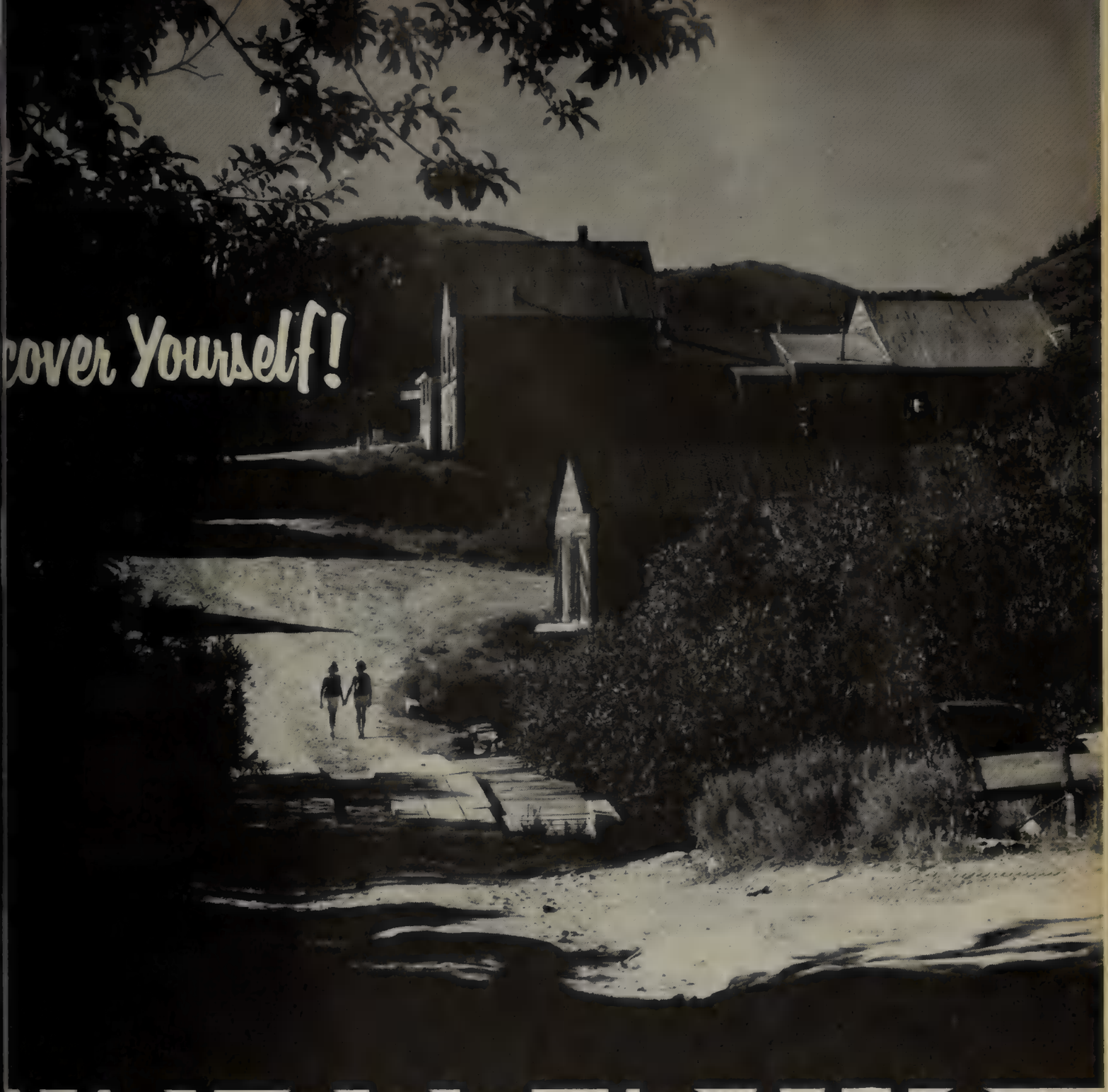
April 3, 4, and 5. The San Diego County Orchid Society is sponsoring its 24th annual show, with the theme "Orchids—Yesterday, Today, and Tomorrow." The show will be held at the Conference Building in Balboa Park, San Diego. Hours: 7 to 10 P.M. on April 3; 10 A.M. to 10 P.M. April 4; 10 A.M. to 6 P.M. April 5. Admission is $1.

April 10, 11, and 12. The 15th Western Orchid Congress, one of the larger shows in the United States, will be hosted this year by the Sacramento Orchid Society at the Memorial Auditorium, 16th and J streets, Sacramento. The show is sponsored annually by the Orchid Digest Corporation; this year's theme is "Happiness is Orchids." On Saturday, April 11, nationally known experts will lecture every half hour on various aspects of orchid culture. Hours are 10 A.M. to 9 P.M. each day and admission is free.

April 10, 11, and 12. The 19 Barbara International Orchid S display more than 50 varieties by both amateur and commerc ers. The 25th annual show incl largest cymbidium display and long fashion show each day. Th is "Orchid-Fashion Circus."

The show will be held at the Ear Showgrounds, Santa Barbara. to 11 P.M. April 10; 10 A.M. to April 11; 10 A.M. to 5 P.M. April mission: adults, 75 cents; childr 12, free when accompanied by

April 18 and 19. The South Ba Society and the Los Angeles Co partment of Parks and Recrea cosponsoring their 10th annu "Orchids for Amateurs." The s be held at the Alondra Park Co Building, 3535 W. Redondo Bea Lawndale. Hours: 1 to 10 P.M. 11 A.M. to 6 P.M. April 19. Free.



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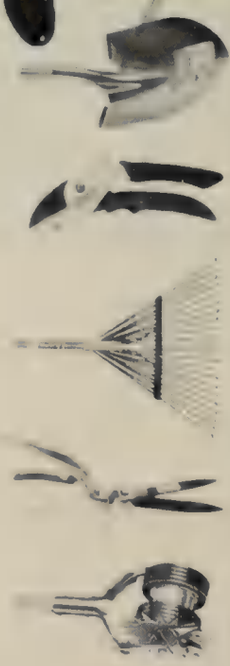

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'ants vs. pests
'his plant wins

uggle between plants and pests, often seem to have their way. we report one instance in which s apparently have retaliated.

ers have found that marigolds · eliminate nematodes within a lius of the plant. These soil pests of microscopic worm—injure rectly by their feeding, causing and wilting, or indirectly by vounds that let in fungi or bac- ey are a major agricultural prob- a headache for some home s as well.

T OF THE PROBLEM

marigolds affect nematodes? All e off chemicals called "root dif- Nematodes sense these sub- n order to locate and zero in on a t. But root diffusates from some plants can actually mask or neu- nose from a host plant, throw- best off the track. Produced in quantities (as in the case of s) these substances are toxic to es.

plots containing marigolds, re- found as many as 90 per cent natodes than in test plots with- golds. Plants do not give this ontrol consistently, but all mari- press the worms to some extent.

ports are particularly interesting many Western gardeners plant s in the belief they keep away rmful insects, especially aphids. ere is no scientific proof or dis- this. But there is some evidence igolds reduce the number of cer- ls around them. Further research n up more surprises.

OU SHOULD DO

ou plant marigolds all over your be certain nematodes are your Look for nodules or swellings roots (a symptom of root-knot es, the most common kind), or at are strangely susceptible to wilts, fungus, or root rots.

ls are also available for nema- trol. The most commonly used is migant, which cannot be used in planted areas. Other chemicals used around established plants; *o read label directions carefully.* the best control is to keep nem- ut of your garden in the first uy plants only from a reliable nd avoid bringing in outside soil.

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Jean's tomatoes *grow in box she and her father built. Fence o string and stakes confines vines*

Tomatoes in b
...good way to

First-time vegetable growers mig start just where 11-year-old Jea of Costa Mesa, California, tomatoes in a container.

Tomatoes aren't the easiest veg tend, but they grow fast and p colorful harvest that youngsters likely to eat than easier crops squash or Swiss chard.

By planting in a container (at le wide for one tomato plant), a y need not be frustrated by comm handicaps of too much shade or Put the container in a sunny sp necessary move it as the sun shifts. Fill it with planting mi from a package or mixed at hom planting mix recipe calls for eq of packaged planter mix, bark ditioner, and garden soil.)

Start tomatoes now and you ca the first crop in July or Augu them an inch or two deeper t were growing in the nursery pot

Feed once or twice a month w plete fertilizer. Water as soon a starts to dry out, perhaps every four days in hot weather.

Unless it's a compact variety 'Patio,' a tomato plant will gr and flop over the sides of a c Staking as shown above confines But to keep the plant small (there really is no reason you h prune off the branch tips.

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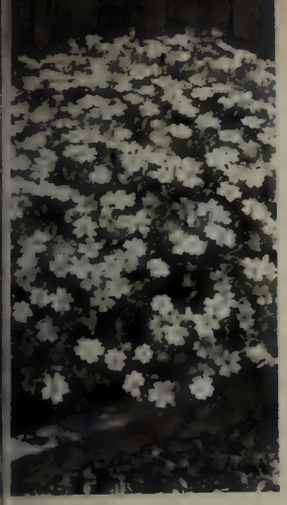
Now's the time to plant these happy heat lovers

Plant happy-go-lucky, heat-
golds, gloriosa daisies, zinnias
gascar periwinkle this month
gay color all summer and fal
Nurseries have plants in flat
and in some areas—particu
desert—in small pots. Con
plants rarely suffer transpla
cause roots remain intact.

Madagascar periwinkle *is unsurpassed for summer color in hot climates. Comes in pure white, white with pink or red eye, soft pink, rose. Dwarf and taller (to 2 feet) varieties. For border, containers. Needs ample water*

WILLIAM APLIN

Gloriosa daisies *are available in single, double strains. Double flowers (top) are golden yellow, 4 to 4½ inc across; plants 3 feet tall. Single flowers (below) yello with dark brown eye, 5 inches across; plants 2½ fee*



h marigold *'Tetra '; orange signet 'agetes tenuifolia), right. me foot high*

You can still sow seeds of marigold and zinnia in flats or directly in the ground. Madagascar periwinkle and gloriosa daisy (a perennial often treated as an annual) need more growing time; seed should be started indoors in early spring.

To sow seed in the open ground, prepare the seedbed carefully. Dig or till to 1 foot; if your soil is poor, incorporate soil amendments and complete fertilizer according to label directions; then rake smooth. Sow seeds evenly, cover to the depth recommended on the packet, mulch lightly to prevent crusting, and water thoroughly with a fine spray. Keep the seedbed constantly moist until after seeds germinate. When seedlings are an inch high, thin as specified on the packet.

me-again zinnias *come in mixed and separate ik, salmon rose, scarlet, white, canary yellow; 2½ s; long arching stems excellent for cutting. anching plant grows 1½ to 2 feet tall*

Persian Carpet mixture *of Mexican zinnias has 1½-inch flowers with pointed rays in bright bicolors and uniform gold. Spreading plants grow 1 foot high, make a tough drought-resistant ground cover*

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CHRISTIANSEN

3-inch-wide flowers cover Rhododendron 'Forsterianum' in March or April. ling, leaning stems are covered with thin, shreddy, cinnamon-colored bark

ially sprawling, unusually tough, ofuse blooming . . . the Maddenii

ron fanciers don't have to be the Maddenii rhododendrons: ght not even recognize them as trons. Flower clusters are less globular than those of more al rhododendrons, leaves tend ller, and plants are usually ir- d sprawling. Kinds most often ybrids between species in the Maddenii series (a group of species related to *R. maddenii*).

Maddenii rhododendrons are tender in cold weather; most kinds freeze at 15° or so; and flower buds or open flowers are sometimes damaged by late frosts. They are at their best in coastal and coastal valley climates. Further inland, plants should have overhead protection to keep

ELLS MARUGG

The individual flowers *of R. 'Else Frye' are 4 inches across, fragrant, white flushed pink*

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m the frost; high shade from
ıally adequate.

ions where they don't freeze,
very well indeed. They are less
on winter chill than the big-
tch and English varieties and
endably each year, with no
o break a few flowers in au-
hen skip regular spring bloom.

TAKE IT

e fragile appearance of their
ely colored flowers and loose,
h, they are tough plants once
d. In one Santa Clara Valley
ee varieties—'Eldorado,' 'For-
' and 'Fragrantissimum'—are
ıd blooming beneath the outer
f an American elm tree, where
give the toughest competition
le plant food and water.

refully 10 years ago in a mix-
ive loam and ground bark, the
e long since rooted out into
and the thin leaf mold from
aves. They get a sprinkling of
ı sulfate twice a year in spring,
from nearby lawn sprinklers.
· being a little lopsided from
ıt toward the sunlight, they
y, handsome, heavy-blooming
h no sign of chlorosis.

Maddenii rhododendrons are
container plants, thriving in
that are remarkably small
g the bulk of the plants. Con-
ıts can, of course, be displayed
ly while in bloom, then moved
ck of the garden to make a
nound of greenery until next
season.

ı few Maddenii rhododendrons
ı in nurseries this spring:

Twiggy, spreading, open plant
eet tall and equally wide at
March or April flowers are
ıt yellow, bell-shaped, nodding,
our in a cluster, dusted on the
ith brownish scales.

ıum.' Plants are open by con-
standards, compact and up-
Maddenii standards. Flowering
or April is profuse, with three
wers 3 to 5 inches across open-
ink-tinged buds. White flowers
w throats; stems have shreddy,
eeling bark like a manzanita or

ssimum.' Lanky, open plants
on fence or espalier. Big 4-inch-
ers bloom in April, are strongly
of nutmeg.

e.' This is an improvement on
issimum' in compactness, size
cluster, and flower substance.
s earlier and is somewhat less
Plant is more compact, but still
nching when young for good

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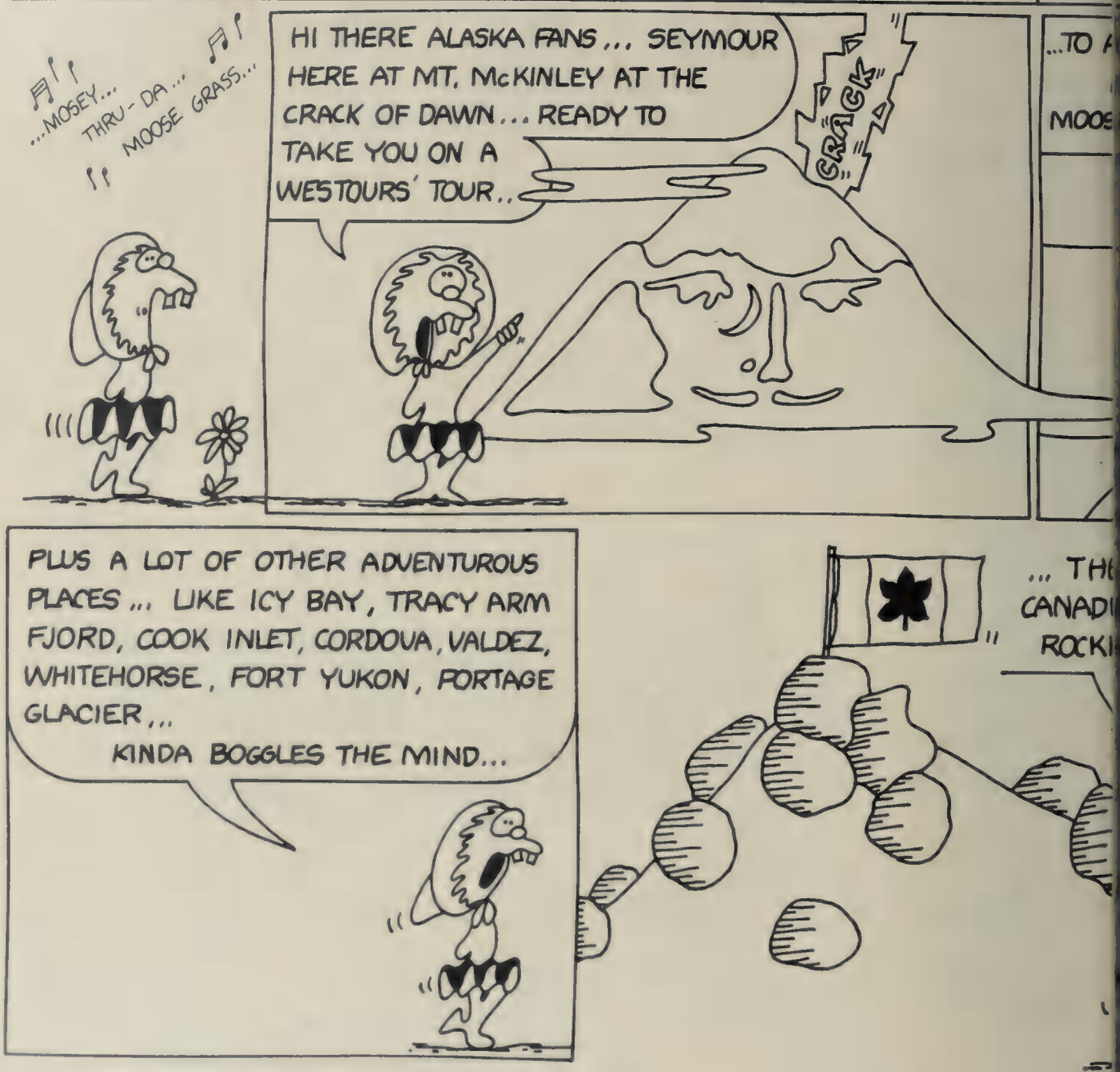

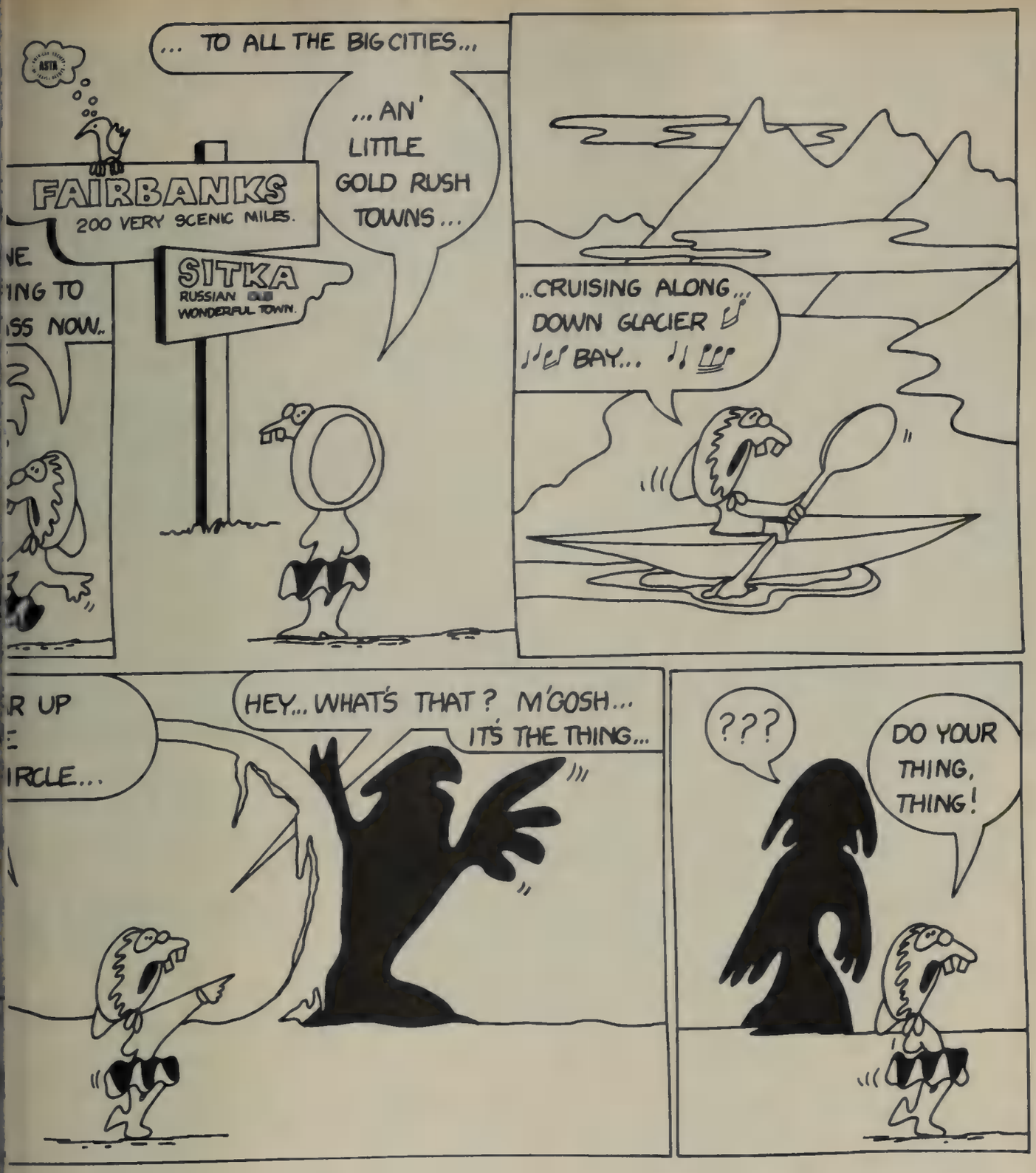

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DON NORMARK

Contest winners *in previous years. We are interested in the things you do, the plants you grow, and the designs you create*

How to enter *Sunset's* garden contest for 1970

There will be a *Sunset* garden contest again this year. As in the last two years, it will give Westerners a chance to use physical energy, horticultural acumen, design sense, good luck, and perhaps construction skills. The aim will be to make a garden bed or a garden place that is thoroughly pleasant and original. On pages 114 to 120, you can see what the winning adults did in 1969, and on page 218 what the winning children did.

We've made one small addition this year. You can enter some impressive horticultural event that you expect in your garden. It could be a special tree, shrub, or vine that will bloom or bear fruit. Or it could be an attractive, hard-to-get plant that you grew from seed or a cutting. Or it might be a long-existing combination of plants or plants and structure. In short, this year you can enter anything happening in your garden that you think might be reportable, impressive, and interesting to other *Sunset* readers.

You can enter an entire garden or just a portion of it. Don't be over-influenced by what last year's winners did. The only requirement is that your entry be a garden (or within a garden) and something that you did yourself. Also you should be prepared to send in labeled snapshots of your accomplishments twice—once in July, again in October.

Contestants 16 years old and under will be judged separately, according to age groups.

HERE'S ALL YOU DO

Send your name (spelled as you want it printed on your certificate of participation), age if 16 or under, and address to Garden Contest, *Sunset Magazine*, Menlo Park, Calif. 94025. *Entry deadline is June 15, 1970.*

Families or brothers and sisters may enter as a group, but be sure to indicate names and ages (for youngsters) of all who are participating.

HOW THE CONTEST WORKS

We will send you contest rules and complete information with your entry number. Keep all this information in a convenient place so you can refer to it throughout the contest.

In July we'll send you a card to find out if you still want to continue and when a *Sunset* representative can visit you. We may not be able to see every contest garden (we'll try), but this will have no bearing on the final judging. The judges decide the winners solely on the reports contestants send us in October.

In the report you will tell and show (with snapshots) what you did and how your garden performed during the summer and fall. This information not only helps the judges, but provides a great deal of garden information that *Sunset* can pass on to its readers.

Winners receive cash prizes and *Sunset* books. Everyone who finishes gets a certificate and a plant, bulb, or seed gift.

There's an easier way.

Instead of stalking garden insects one by one—with a hundred and one different specialized insecticides—hit 'em in mass. With Spectracide® lawn and garden insect control.

Spectracide (with Diazinon®) controls most of the bugs that hit your garden. Like mites, ants, chinch bugs, aphids, leaf miners and leaf borers. To name a few.

So protect your shrubs, flowers, lawn and garden with this one product. Spectracide . . . a product so safe, you can use it on fruits and vegetables. It comes in three easy-to-use forms . . . liquid concentrate, granular and pressurized spray. All are available at your local nursery or garden supply center.

Spectracide® lawn and garden insect control

Spectracide

Here are Apr garden even

For a listing of April orchid California, starting with one in S on April 3, 4, and 5 and incl Western Orchid Congress in Sac *see page 226.*

Aptos. April 4. Plant exchange s by the Aptos Garden Club. Plac can Legion Hall, next to Bay Vi Hours: 10 A.M. to noon. Free.

San Francisco. April 4. Annual t by the Dahlia Society of Californ Hall of Flowers, Golden Gate Pa Ave. and Lincoln Way. Hours: to 4 P.M. Free.

Oakland. April 4 and 5. Exhibit by the Fuji Bonsai Club. Place: Park Garden Center, 666 Belle Hours: 10 A.M. to 10 P.M. Satu A.M. to 8 P.M. Sunday. Free.

Redding. April 5. Show by the Wonderland Iris Society featu and dwarf iris. Place: Crocker National Bank, 1320 Yuba St 1:30 to 5:30 P.M. Free.

San Jose. April 10 and 11. Show by the African Violet Society of t Bay. Place: Westgate Mall, Sara Hamilton avenues. Hours: 9:30 P.M. Friday; 9:30 A.M. to 5:30 urday. Free.

Exeter. April 11. Flower show s by the Exeter Garden Club. Pl morial Bldg., 324 N. Kaweah Av 2:30 to 9 P.M. Free. A "flea mar feature live plants and used g and arranging materials.

Mountain View. April 17 and 18 arrangement show by Las Flo of Los Altos. Place: Mayfield M St. and San Antonio Rd. Hour P.M. Friday; 10 A.M. to 5 P.M. S Admission: free.

Pacific Grove. April 17, 18, and 1 annual wildflower show. Place: of Natural History, Forest and avenues. Hours: 10 A.M. to 5 P.M

Concord. April 18 and 19. Flow cosponsored by the Concord Garden Club and the Mount Di Society. Place: Auditorium, Low Sunvalley Shopping Center. Ho 9 P.M. Saturday; 11 A.M. to 5 P day. Free.

Folsom. April 18 and 19. Flow presented by the Folsom Gard Place: Community Clubhouse, 5 ma St. Hours: 2 to 8 P.M. Saturd

Sunday. Free.

April 18 and 19. Central Valley
ety show. Place: McHenry Vil-
l. Hours: 4 to 9 P.M. Saturday;
o 6 P.M. Sunday. Free.

to. April 18 and 19. Sacramento
ety show. Place: Sacramento
nd Art Center, 3330 McKinley
ours: 2 to 8 P.M. Saturday; 10
P.M. Sunday. Free.

cisco. April 18, 19, and 20. The
ual show of the California Spring
and Wild Flower Association.
ll of Flowers, Golden Gate Park,
ve. and Lincoln Way. Hours: 1
Saturday; 10 A.M. to 4 P.M. Sun-
A.M. to 3:30 P.M. Monday. Free.

April 19. Cascade Wonderland
ty tall bearded iris show. Place:
California Bank, 1515 Pine St.
30 to 5:30 P.M. Free.

o. April 24. Plant sale and lunch-
e Beresford Garden Club. Place:
Methodist Church, 36th Ave.
ienda St. Hours: 10 A.M. to 3
re will be a $1 charge for the
, but attendance at the plant
e.

cisco. April 24, 25, and 26. Gold-
Centennial spring flower show by
Francisco Garden Club. Place:
Flowers, Golden Gate Park.
0 A.M. to 5 P.M. Admission: $2.
s will be on the historical and
ural development of the park.

April 24 through May 3. Rhodo-
festival sponsored by the Cham-
Commerce. Further information
at 2112 Broadway.

April 25. Show presented by the
Rose Society. Place: Webers-
all, 4950 Pacific Ave. Hours: 1 to
ree.

City. April 25 and 26. Peninsula
ociety show. Place: St. Peter's
al Church parish hall, Clinton and
r streets. Hours: 3 to 8 P.M. Sat-
oon to 5 P.M. Sunday. Free.

. April 25 and 26. Show presented
on 14 of the American Iris So-
lace: Melrose Iris Gardens, 309
. S. Hours: 9 A.M. to 5 P.M. Free.

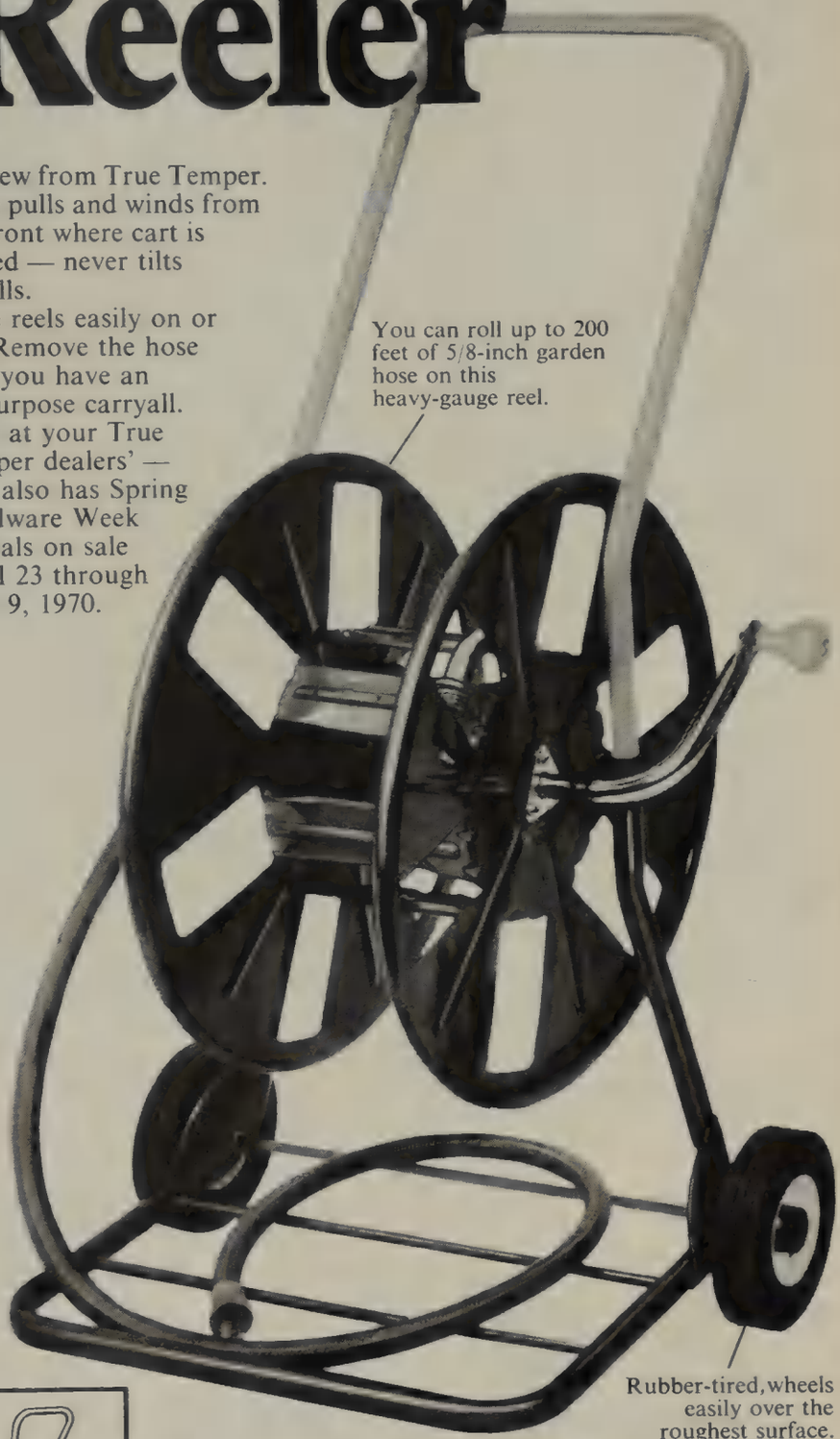
April 26. The 21st annual show
an Joaquin Valley Rose Society.
resno District Fairgrounds, Kings
Rd. and Chance Ave. Hours: 2
P.M. Free.

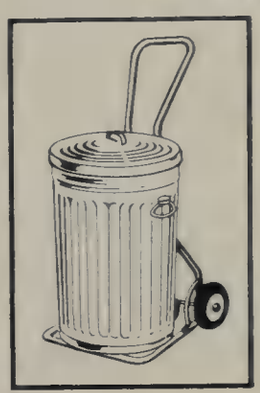
e. April 26 and 27. Annual spring
er show presented by the Garden
of the Anderson Valley Unity
lace: Fairgrounds. Hours: 10 A.M.
. Free.

ity. April 28. Flower show spon-
y the Garden Section, Women's
lace: Clubhouse, Plumas St. and
Ave. Hours: 2 to 7 P.M. Free.

Wheeler Reeler

It's new from True Temper. Hose pulls and winds from the front where cart is braced — never tilts or falls.
Hose reels easily on or off. Remove the hose reel, you have an all-purpose carryall. Now at your True Temper dealers' — who also has Spring Hardware Week specials on sale April 23 through May 9, 1970.





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Minus the reel, the cart carries fertilizer, peat moss, rubbish — anything up to 160 pounds.

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s and grassy, garlicky leaves
hives lean over lawn edging

ing your own
inese chives

ame you may find it going
plant shown here both looks
good. It goes under at least
names: Chinese chives, garlic
ese garlic, Japanese garlic,
lic, flowering leek.

bloom in summer and early
tty white flowers which hold
well when dried and can be
rangements.

names suggest kitchen uses.
leaves and use them just as
regular chives. They have a
flavor rather than the onion
ives, and leaves are broader.

ese chives in small pots in a
rb section. If you can't find
urseries, write to Chinese
set Magazine, Menlo Park,
4025, and enclose a stamped
velope; you'll be sent a list
r sources.

sun, in ground or in pots (a
ot for one plant). Start snip-
anytime you need them.

ves do not multiply as fast
ion relatives. Clumps may
ze in a year. Roots are large
ather than bulbous, so they're
t to divide than bulb-formers.
plants, cut roots into pieces
ing an eye or bud.

g above is in the William B.
den, Irvine, California.

Offer of the Century.

Two 1890 Posters...Free!
Plus...Free packet of all-new "Butterscotch Marigolds". Get all three–Free!

Just send us the tops of any 5 packs of Ferry-Morse seeds and 50c to cover postage and handling, and we'll send you:

These two beautiful 12½ x 24 inch "1890's" antique poster reproductions (unframed).

Plus, to the first 500,000 people, a 50c packet of our new 1970 introduction, "Butterscotch Marigolds".

Use coupon below or special order forms on Ferry-Morse seed displays. For address of nearest dealer, write "Dealers", Ferry-Morse, Fulton, Kentucky, 42041.

Send for your posters today!

To: Ferry-Morse Double Poster Offer S
Box 448 • Fulton, Kentucky 42041

Enclosed are the tops of five Ferry-Morse seed packets and 50c to cover postage and handling.

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Low wall *encloses colorful marigolds and zinnias surrounding adobe brick patio that the owner built herself*

ELLS

She built it herself . . . in just five weeks

This adobe brick patio, surrounded by profusely blooming masses of bright, beautiful flowers, transformed a bleak backyard into a pleasant place for relaxing and entertaining.

The patio was the ambitious project of Mrs. James A. Hinz, of Fair Oaks, California, who built it herself last spring in a record time of five weeks—working only on Sundays and evenings. Beginning with a sloping, weed-grown yard, she and her brother leveled the ground, then laid a sand base for the bricks, which were mortared together. She began laying bricks for the 28 by 28-foot patio in the first week of April and completed the job by early May.

To enclose the patio, Mrs. Hinz built a 2-foot-wide flower bed around its two open edges, backed by a low wall of adobe

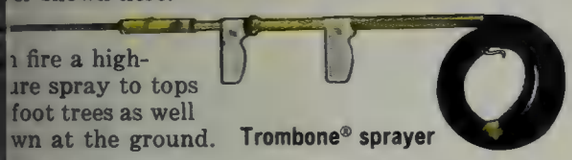
Brilliant display *of zinnias, marigolds, other summer flowers lines*

The Gardener's Almanac

or
How to spray at the right time and place

Early Spring

Chilly weather. Too early for a leaf. But time is ripe to kill scale and other insects that overwinter on fruit trees, shrubs and other woody plants. Pick a vhen it's 40° or above. Then apply a dormant . Use a sprayer that lets you wet the bark and hes thoroughly. Like the Hudson Trombone® er shown here.



ı fire a high-ıre spray to tops foot trees as well wn at the ground.

Trombone® sprayer

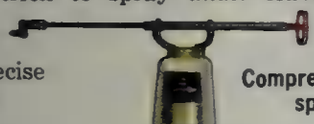
Spring

Your lawn's just greening up. Looks great! Then ugly weeds horn in. Dandelions. Plantain. All the rest. Give 'em a real comeuppance. Apply a weed-killer with a Hudson compression sprayer. It's the fast, easy, effective way to knock out weeds. No wasteful spreading. Just one application usually does the job. Use the sprayer at low pressure to prevent drift.

Compression sprayer

Summer

Forecast: Hot and buggy. So stick to your spraying program. Rule 1: Put the pesticide where the trouble is—without wasteful drenching. It's easy with Hudson sprayers. With long extensions and adjustable noz- it's no trick to spray *under* leaves. r all ces. It's more precise to apply cides.



Compression sprayer

Hydra-Gun® sprayer

Fall

A nip in the air. Now insects like box elder bugs and clover mites run for cover. Make your home off limits. Spray foundations and ground nearby. Also a good time to spray weed-killer. For big jobs, consider a Hudson power sprayer. For average ones, a Hudson compression sprayer is ideal. You'll find Hudson sprayers and dusters where garden supplies are sold. Get yours now.

Suburban™ power sprayer

Special offer
Get your Lucky Ladybug Daisy Pin and Tie Bar. Designed by Entré. Gold electroplate stem, leaves and tie bar. A $3.50 value, pin is yours for only $1.50 with coupon from your Hudson dealer. Tie bar is $1.50 value, yours for only $1.00. Or send direct to: Hudson Offer, Box 8401, Roseville, Minn. 55113. Dept. 703.
Allow 2 to 4 weeks delivery. Offer expires December 31, 1970. Void where prohibited, taxed or otherwise restricted. Good only in U.S.A. and Canada.

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The Gravely Rotary Plow shown above on the Gravely 7.6 HP Super Convertible Tractor.

Gravely cultivator-tiller and plow attachments r gardening as easy as w

Take the drudgery out of g The Gravely Rotary Plow a perfect seedbed in one o It pulverizes the soil from bottom of the furrow, cuts 10″ wide and 10″ deep, depending on soil conditio

The Gravely Rotary Cultiv Tiller cuts to recommende depth, stirring and aeratin completely. It tills 26″ wid can be used for every typ crop, producing a weed-fr garden all season long.

More? Gravely attachmen your every lawn and gard For the name of the Grave nearest you, write or call distributor listed below.

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GRAVE CORPORATI

ıid-May she planted this bed belina zinnias and giant orange marigolds; by late June, the ned a striking border.

ner of the patio, she made a island bed for ageratum, pe-elia, vinca, and bedding be-ge pots of flowers and cactus ɔrtable color and variety.

patio was not the only setting nze's remarkable green-thumb also devoted her entire front azzling sea of brilliant flowers, kly became the attraction of rhood.

grew her flowers from seeds last April. She improved the oil first with large amounts of re and redwood compost. She h annuals and perennials in ıes of the front yard, trans-em later to fill the yard.

was a steady, profuse display from late May to early No-ıese included giant and dwarf Thumbelina, Lilliput, and Big as; gloriosa daisies, petunias, ams, asters, and lobelia.

ıigh *Ribier grape vine provides for south-facing wall by patio*

ELLS MARUGG

high *orange and yellow mari-ten patio from June to October*

Wipe out snails in your garden in 48 hours!

SNAROL® guarantees it!

SNAROL has everything you need to kill SNAILS and SLUGS *on contact.* If SNAROL doesn't kill your snails or slugs *in 48 hours,* return the unused portion in original package and we'll send you twice what you paid. Boyle-Midway, Inc., New York, N. Y. 10017. Get SNAROL meal or pellets at supermarkets, discount and garden stores.

End squeaks in children's swings and play equipment.

When your children's backyard play equipment, swings and see-saws squeak, save your nerves — with 3-IN-ONE HOUSEHOLD OIL SPRAY in the aerosol can. It sprays deep into rust spots to end annoying squeaks. Lubricates and cleans, to prevent rust and tarnish. Get 3-IN-ONE HOUSEHOLD OIL in the aerosol can or squeeze can. In hardware stores and supermarkets.

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HOUSEHOLD OIL

One of the quickest ways to improve the environment is to green up that run down lawn!
SCOTTS, the lawn people

A sure sign that somebody cares!

Accidents don't always happen in convenient places. Many occur on the open road... miles from the nearest town. The Red Cross helps by providing first aid where it's needed.

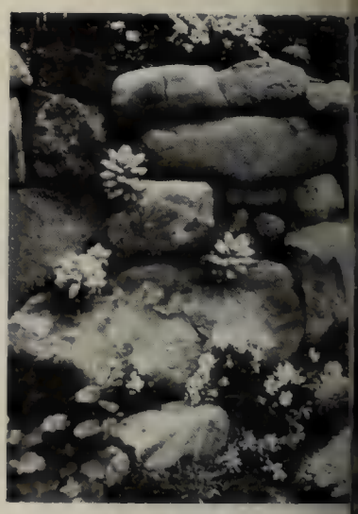
Signs like the one above show places where Red Cross-trained volunteers are prepared to give immediate first aid to the injured.

Thanks to your help the Red Cross is able to issue over a million certificates each year in first aid. Remember, it is your support that enables Red Cross to be...

Always there... with your help RED CROSS

Rock and cobble terraces *bring plants up to good viewing level and simplify ha*

Hillside garden success story



Perennial candytuft *at top and succulents in rocks; thyme wa*

Two years ago this garden in the Silver Lake area of Los Angeles was a steep bank that ran from the house up to the borders of an old abandoned estate. Landscaping consisted of foxtail grass and rubbish piles. Today its terraces and walls provide a pleasant retreat and sitting area for the residents and good growing conditions for their plants.

The Richard Rosminis are the gardeners; Mr. Rosmini, a professional musician, could not risk a smashed finger moving rocks, so Christine Rosmini did the construction work. Because they rent the property, the Rosminis did not want to sink much money into improvements. Amazingly, the garden cost next to nothing in cash outlay; principal expenditures (and they were considerable) were in ingenuity and plain hard labor.

The first step was to build walls that would provide pockets of soil where plants could find root room and water could soak in. Most of the rocks came from the site; digging revealed some ruined old walls nearly covered with soil. But there were not enough on the site, so some were hauled down from further up the hill and others were picked up from an excavation project nearby.

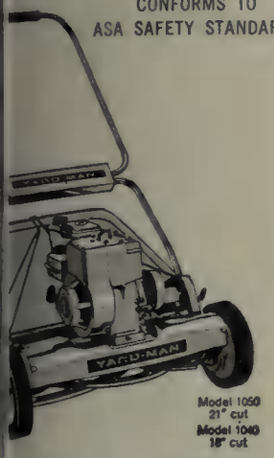
Walls range in height from 2 to 4 feet. Before filling planting pockets with soil mix, Mrs. Rosmini lined them with wire mesh to keep out gophers that had been dropping in from next door.

The paving blocks are cut gra vaged from an old house being ished nearby. Although fairly uni one face, blocks were of differe nesses, so that each had to be set eled separately. Mrs. Rosmini be stones in soil so that carpeting could grow between them and ro into the soil below.

Because the labor of bringing in n and doing the construction took time, final planting has not be pleted. Nevertheless last summe succession of bright annuals, es marigolds, and a few eggplants matoes. A few perennials put i same time are beginning to make now, and the contours of the r being softened by a growing c of succulents and rock garden p

Daffodils are a big spring featur were dug up on the old estate. (won't eat daffodil bulbs—one rea daffodils are so popular in the W

CONFORMS TO
ASA SAFETY STANDARDS



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delight as thousands of diamond- droplets rise, twist, change color, with a soothing musical patter. Complete with bowl (no plumbing r for existing pools. Send for free hure . . . or 3-D Viewer ($2.00).
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ou can't find a Garden er product which is un- able by mail, DON'T DE- R! Write the advertiser. vill be happy to supply with the name of the re- outlet nearest you carry- is product.

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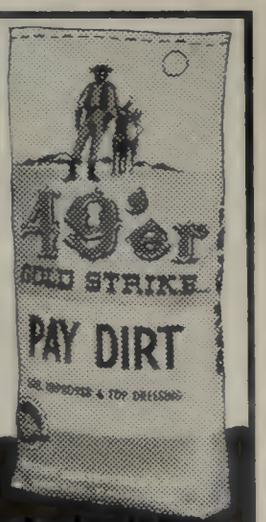

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- Formula 49 All-Purpose Fertilizer
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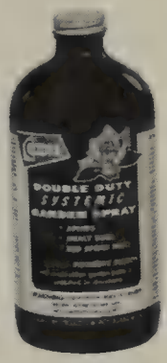

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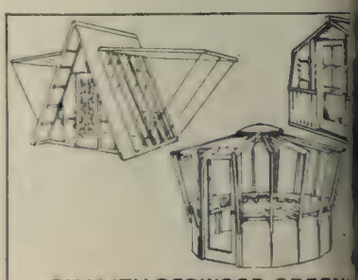

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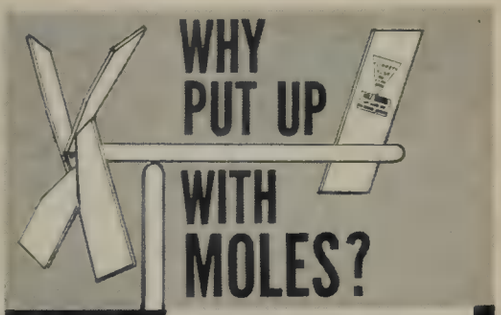

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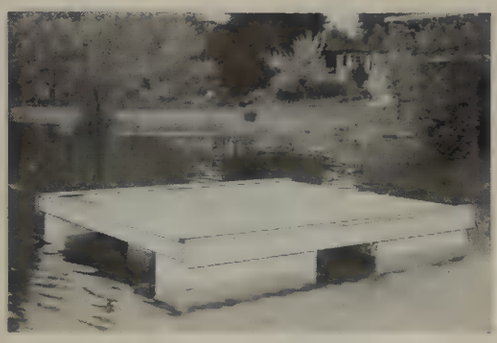

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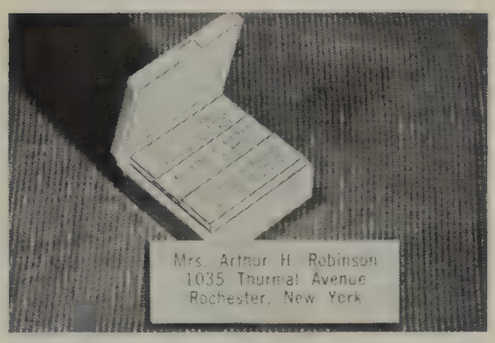

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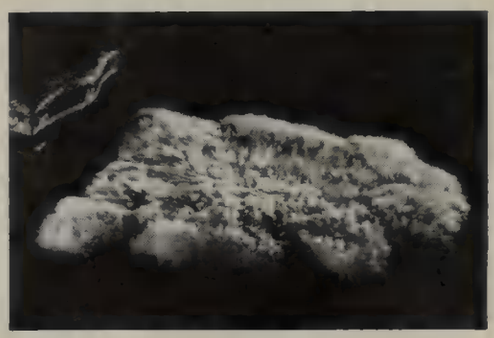

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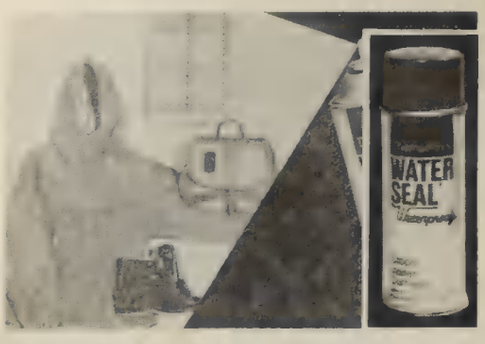

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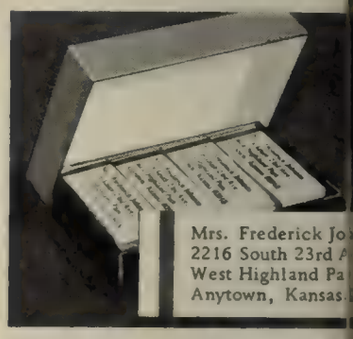

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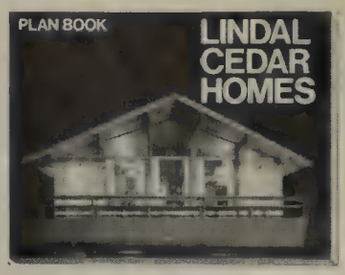

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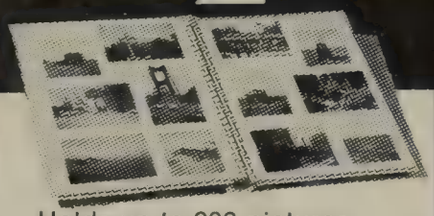

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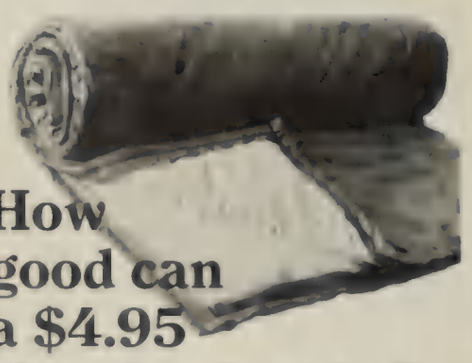

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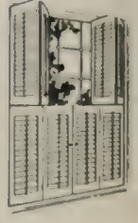

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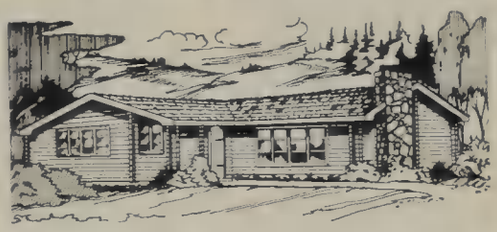

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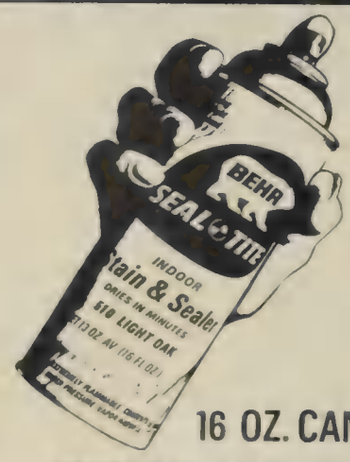

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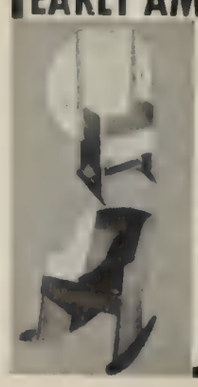

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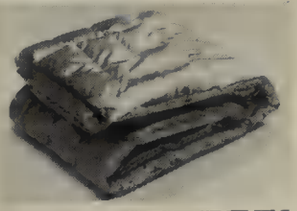

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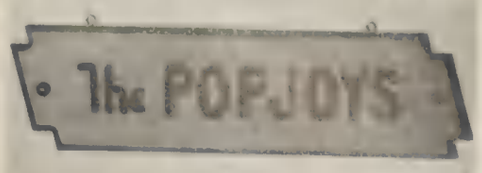

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nboo sprouts
nd sprouts

ce of bamboo has been sprout-
ots and leaves for more than
and it's still fresh and green.

designer John Catlin is re-
r this display. You might try
ing if you have a source of
oo *(Bambusa oldhamii, B.*
, or others whose stems have
. Or you can nail a stem to a
ce several stems in a pot.

a young stem that hasn't
ide growth yet. Make the top
inches above the node (it's
nel water in that way); where
cut is doesn't matter.

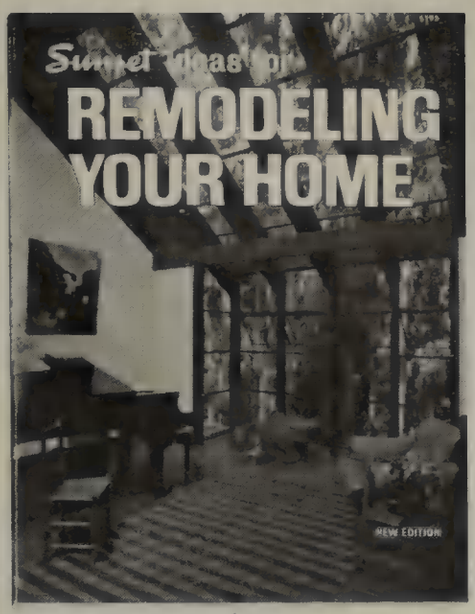
the stem so it can hold water;
curtain rod, or something
reak the membrane at every
the bottom one. Pound the
the membranes with a mallet.

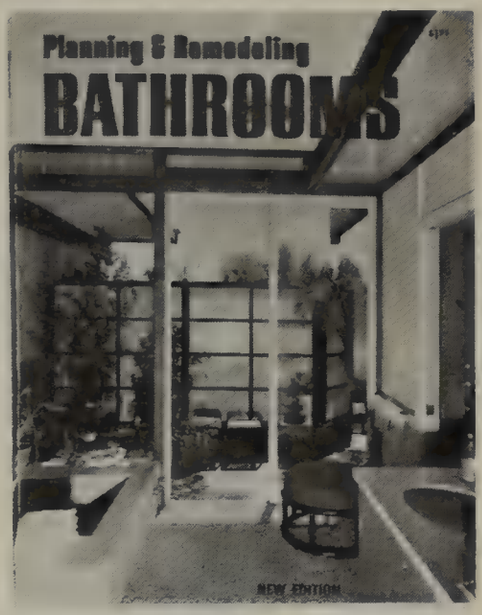
n with water and keep it filled
inch or so of the top. Never
ut.

shoots grow, you can shorten
u think they'd look better.
the shoots also makes them

New from *Sunset*:

TWO COMPLETELY REVISED GUIDES TO SUCCESSFUL HOME IMPROVEMENT





Remodeling Your Home contains hundreds of new ideas for adding on to your present home, rearranging existing space, making the exterior of your home more attractive, opening the house to indoor-outdoor living, improving the small subdivision house, and making a house out of a non-home (a garage, for instance). An unusual chapter illustrates the remodeling of ten "gracious oldtimers" to update them for modern living. Each idea is well illustrated by before and after photographs and floor plans. Practical tips for the handyman include installing a new ceiling, bringing in more daylight, building in wide source lighting, reducing noise, installing wall panelings, effectively using glass, installing floor coverings, and learning professional painting techniques. 128 pages.

Sunset's completely revised *Planning and Remodeling Bathrooms* reflects the new trend toward bathroom design and decoration. The emphasis today is on greater comfort and attractiveness and new ways of using space. The modern bathroom may even be a spacious lounge or health center complete with exercising equipment, a sunbathing area or perhaps a sauna. Here are imaginative approaches to room layout and decor for master baths, garden baths, compartmented baths, bathrooms for children, powder rooms, and vacation-home baths. There is also information on the practical aspects of remodeling: walls and floors, light, heat, and ventilation, storage areas, and plumbing. A particularly useful chapter surveys the wide variety of available fixtures and accessories. 80 pages.

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Our editors ask: "Does it pa the traffic tests?"

Every month *Sunset* publishes from 10 to 30 or more articles subjects in and beyond the West. Some of these appear in onl our four regional editions (readers of each edition get a number o —always including the first few pages of the magazine—writte sively for them). But all appear somewhere in almost a million *Sunset* reaching perhaps three times that many readers.

What happens—particularly in the close-to-home West—when act on *Sunset's* travel suggestions?

Sunset editors and travel writers have faced this question for yea have learned to apply certain rough-and-ready "traffic tests" to articles. These might be stated in terms of four questions whi always get affirmative answers:

1) Does the article offer the reader a rewar ment of time, energy, and money? Th RCE

2) Does it avoid sending the reader i rently overcrowded and often ov suggest side trips or alternate traffic rather than readers to a crowded resort area.

3) Does it send him only to places prepared to receive him—o warn him adequately of the limitations? In other words, can th campground, excursion leader, equipment distributor, ranger, or tion clerk take care of a minor or major onslaught of *Sunset* Some places will always be too small or limited or fragile to sta visitor load. Sometimes they shouldn't even be mentioned. A sionally we can both limit traffic and inform the reader by emp *slow road*, or *difficult hike*, or *steep climb*.

4) Does the article protect property owners from invasion by th or the careless? We never knowingly send readers across any unless we know that public access is expressly permitted.

Very frequently a reader will share some travel discovery with suggest putting it into a *Sunset* article. We welcome all such sug and would be pleased to receive more. We hope you also underst we must put them through the "traffic tests."

WINDOW ON THE WEST: Fussy artichokes

When the French and the Italians settled in this country, they brou with them luxuries of the Mediterranean table. One of the fussiest tra plants was the artichoke; it refused to adapt to any locale other tha limited region of central California coast—as typified here on the ra of P. Campinotti and Son near Pescadero—where fog shades summ sun and winter's frosts are light. In the distance a *Sunset* home econom is personally selecting some artichokes, including the one pictured on cover of last month's *Sunset*.

MAY 1970 40 CENTS

Sunset

THE MAGAZINE OF *WESTERN LIVING*

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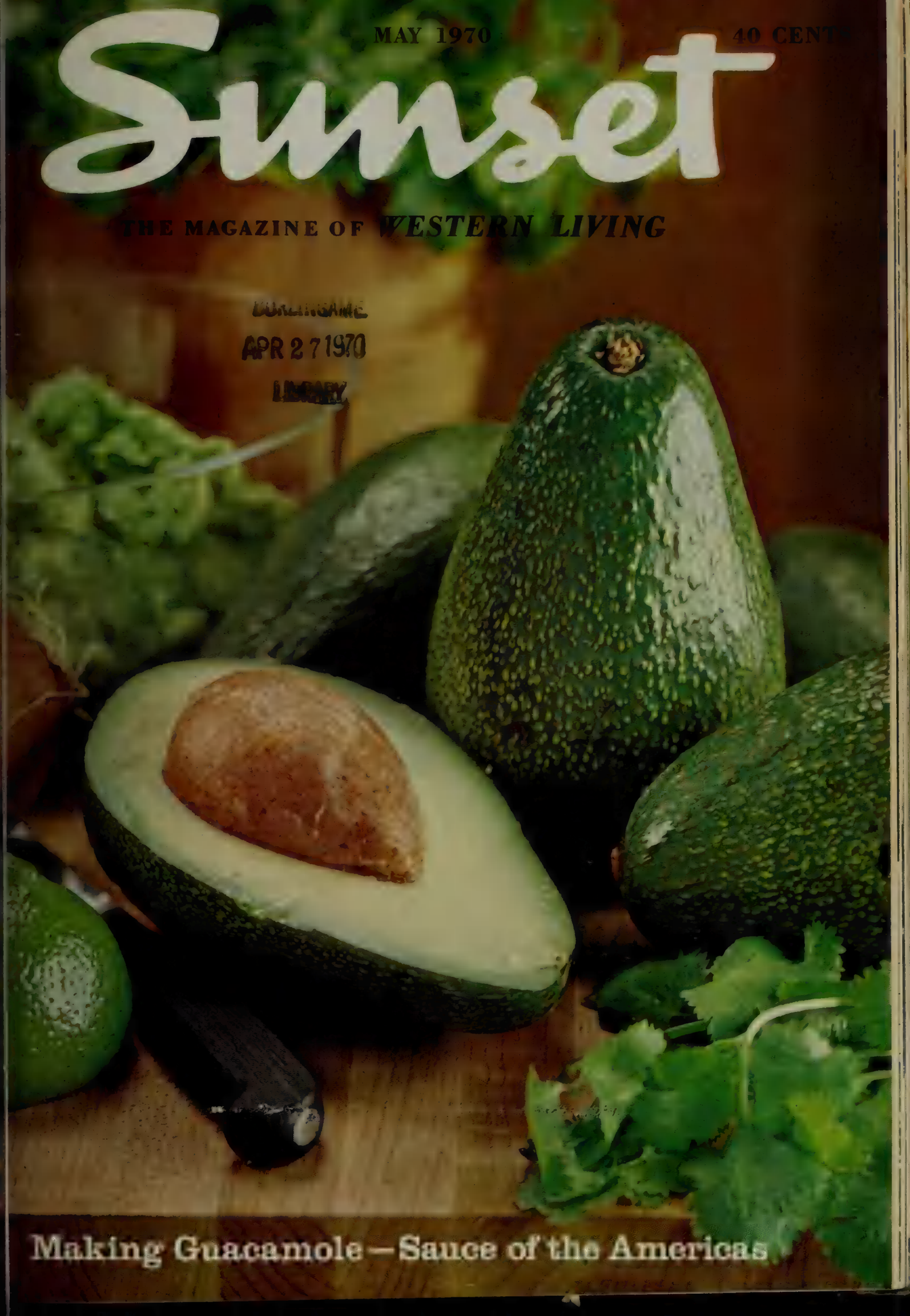

Making Guacamole—Sauce of the Americas

The avalanche will start at 4:00. Tea will be served as usual.

...ugged edge of ...'s Glacier Bay. Arcadia's whistle booms. And freight car-sized chunks of ice crash into the sea... while a steward serves you tea with sweets fresh from the Confectioner's Shop.

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Feature articles for May 1970

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The Cover Story

Guacamole is just seasoned mashed avocados, but it is a sauce that has endured since pre-Columbian times. Its popularity continues to grow; on page 92, discover how guacamole is becoming a staple in Western kitchens. Photograph by Glenn Christiansen

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Late this summer, Chevrolet will bring out a new little car.

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And truly little.

Who needs it, you ask?

Fair question. There's already a bunch of little cars on the market. And a few of them, we'll reluctantly admit, aren't half bad. We'll also admit that they all leave a little something to be desired.

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Our little car, which we're still finding ways to improve, will leave nothing to be desired.

Its talents will be impressive.

For instance, in our own highway tests, our new mini has been traveling almost as far on a quart of gas as some cars go on a gallon.

Yet the car moves like a rabbit.

Front disc brakes will stop you emphatically.

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All that, and considerably more, the same kind of money people have be paying for ordinary everyday little cars.

We wouldn't blame you for be skeptical. The car does indeed sound good to be true.

To be continued.

Bear with us. Read our future in which we'll get progressively specific w facts, features, dimensions, statistics.

Then, in a few months, we'll you with the bigg little persua of them all: the itself. Four of th as a matter of fact. A sedan, a cou a station wagon. A even a little pa truck.

You'll se

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ay travel . . .
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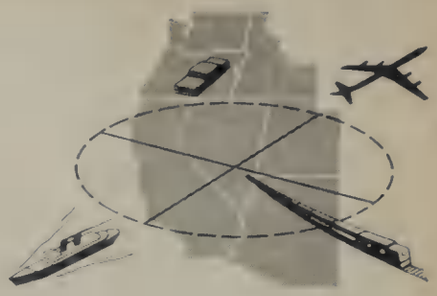

foot into Alum Rock

: your car at the uppermost end of Jose's Alum Rock Park and you're : next to hiking trails that reach into wooded canyons to the east. With in full leaf and water flowing briskly e streams, May is an especially good h for these walks.

med between steep hills, the park is -minute drive from downtown San Head northeast on Alum Rock Ave- and follow the signs. Or, for a more ric approach, come from Milpitas ; Capital Avenue, turn east on Peni- a Creek Road, and follow the creek.

park is open every day of the year. ission is 50 cents per car on weekends holidays between Easter Sunday and r Day; on other days it's free.

each the canyon trails, drive to the st parking area, where posts block er passage. Then start hiking up- m on a park service road (no vehicles ed). You'll pass several shaded pic- ables—some immense—that are usu- empty even when other park tables ull. In ⅓ mile the road ends.

can turn left to follow the North Trail dirt trail for about ½ mile gh mixed stands of toyon, Digger arroyo willow, and valley and ever- oaks. At one point just beyond a of stone steps, the trail cuts across le-prone cliff face; watch your foot- A short distance upstream, it ends in ky enclosure beneath a wispy, 20- high waterfall.

t road end, cross over the new foot- e and continue ⅔ mile on the South Trail up a different canyon. You'll to boulder-hop the stream a few before the trail ends in a shady n.

oth cases, park property ends just d the upper pools.

n Muir writes on Yosemite

nite Valley has never had a more ent spokesman than John Muir. He isited Yosemite in 1868 at the age of

MARY STEVENSON

Cool streams *tumble over rocks in the narrow canyons. This is by the North Fork Trail, halfway to waterfall*

Sunset

THE MAGAZINE OF WESTERN LIVING

May 1970

Sketching *as the roast grills. This was on the Sunset patio one day in March when the recipe was being retested*

An artist comes into our kitchen

The artist who illustrates our *Kitchen Cabinet* could work from recipes and imagine the appearance of each dish. But there's a better way.

One day while the next *Sunset* is being readied for publication, artist Alice Harth brings her sketch pad to Menlo Park. That day our home economists cook in front of Alice all the dishes we have selected for *Kitchen Cabinet*—one of the most popular of *Sunset* features, dating back to February, 1929. She sees them being assembled, cooked, and served.

This does not call for special effort; it's part of our regular routine. We test each recipe in the magazine no fewer than three times and often a dozen or more times to make sure the ingredients and directions are right before we publish.

To see how the artist's eye saw the roast at left, look at page 160.

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30. In August, 1890, he summed u
and many subsequent experiences
article in *Century Magazine*.

(Before that year ended, Yosemi
came our second national park
Muir deserves a great deal of the c

That narrative-essay from *Centu*
just been reprinted in a historical
The Treasures of the Yosemite, by
Muir with an introduction by
Magazine publisher L.W. Lane, Jr.
Osborne, Ashland, Ore., 1970; $10.5
tributed by Lane Books, Menlo
Calif.). Illustrations, including a n
Yosemite Valley, are all line drawi
nineteenth century artists. The s
volume is bound in buckram and g

Wrist wrestling in Petalum

PETE

Fans *of grunt-and-groan wrestling might also enjoy the battle of brawn strong forearms meet in champions wrist wrestling at 8* P.M. *on May 1, Veterans Auditorium, Petaluma*

A look in on General Vallejo's Sonoma

An outing combining wine tasting
stop at the last home of General
is an easy day's drive from San Fra
This month the vineyards in S
County are green with new leave
chances for sunny weather are goo

The name of Vallejo's home, *Lac*
Montis (tear of the mountain),
from a natural spring in the area
house was built in 1853 in an ar
tural style more reminiscent of Vic
Omaha than early California. B
the carpenter Gothic and wood
however, are adobe walls for insu
Look at the back of the house for a
covered, cut-away portion of o

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JOHN D. ANDERSON

Homey touches *at Vallejo house include blooming roses, rocking chairs on veranda*

adobe wall. The timbers used were cut in Europe and shipped around the Horn.

On summer and wine crush autumn weekends, the house is crowded with visitors; and since rooms are cordoned off, looking around can be difficult. The furnishings are interesting, so it is best to come at a quieter time.

Near the 10-room main house is General Vallejo's storehouse, now a museum. On the grounds are picnic tables and benches.

Entrance to the house, part of the Sonoma Historic Park complex, is 25 cents for persons over 18. Hours are 10 A.M. to 5 P.M. (in summer, 10 to 6). From the Plaza in Sonoma, take Spain Street to Third Street West and turn right; the house is at the end of the road.

For travel planners, a May check list

European camper rental. Families considering camping in Europe can now fly to Europe, rent a Volkswagen Campmobile, and tour for two to six weeks, all for a single package fare. For example, a two-child family can spend two to three weeks in Europe for $1,310. This includes round-trip jet air fare (New York - London - Amsterdam), two nights in a London hotel, and a camper with 2,000 free miles. For details, write to International Camper Rentals, 100 E. Broad St., Columbus, Ohio 43216, or see a travel agent.

Boating and Fishing Almanac. A useful guide for boaters, anglers, and divers is the 1970 Pacific Southwest edition of the *Boating and Fishing Almanac*, available from the publisher (Box 344, Venice, Calif. 90291) for $3.50, including tax and postage. The 352-page book contains detailed information on Pacific coastal and inland waters from Morro Bay to Ensenada. It reports on harbors, marinas, and launching ramps, and has tide and current tables, fishing and diving charts, coastal maps, and other useful tables and instructions.

Southeast Asia. Manila, Singapore, and Bali are some stops on a 29-day tour of the islands and mainland of Southeast Asia. Departing monthly, the air-sea-rail tour also includes the canals of Bangkok and a visit to Krakatoa. Tour price of $1,964 includes transportation from San Francisco, lodging, à la carte meals, and excursions. Brochures are available from Philippine Airlines and travel agents.

Canadian Rockies hiking. Five-day trips, with a base camp at Lake O'Hara in Yoho National Park, are scheduled to begin on July 25, July 30, and August 4. Small groups will leave base camp every morning for various destinations, depending on the ability of the hikers, and return to camp at night. The five-day outing costs $85 per person, including bus transportation from Banff in Banff National Park, meals, tent accommodations, and association dues. For details, write to Skyline Trail Hikers of the Canadian Rockies, 622 Madison Ave. S.W., Calgary 6, Alberta.

Rogue River runs. Leaving daily May through September, one to four-day guided float trips let you paddle your own inflatable canoe. The popular one and two-day trips cost $30 to $100, including meals, transfers, and lodging on overnight excursions. For details, write to Orange Torpedo Trips, Box 1111, Grants Pass, Ore. 97526.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

Sunset *School & Camp Director*

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on Highway 49 near Yosemite. Boys & Girls & 3 wk sessions $100 per week. Ranch Fam- farm animals, garden plus archery, riflery, wim in private lake, overnights to Yosemite. d info.—J. Wendell Howe, Dir., Box 308A, ark, Ca. 94025. Ph. (415) 322-8001 & 321-4880.

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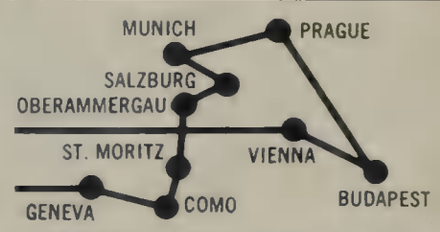

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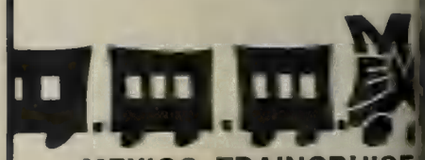

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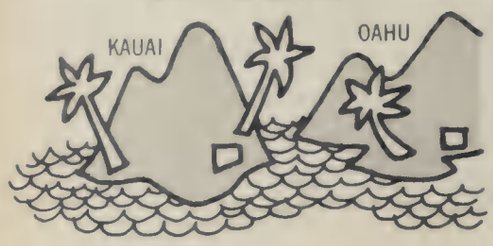

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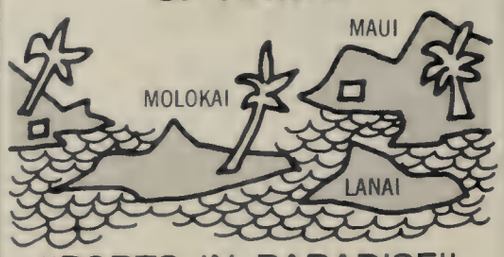

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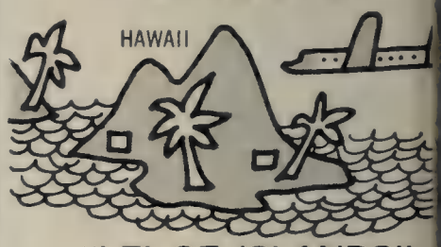

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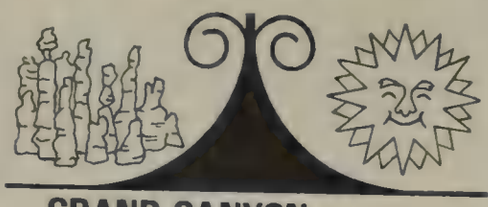

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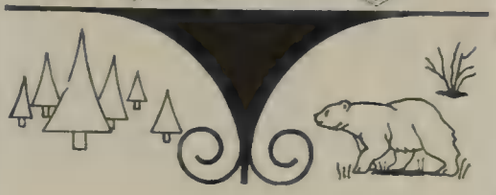

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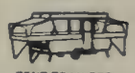
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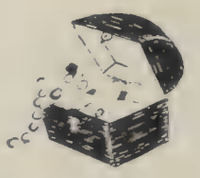

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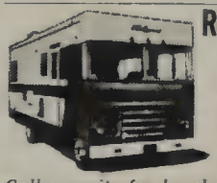

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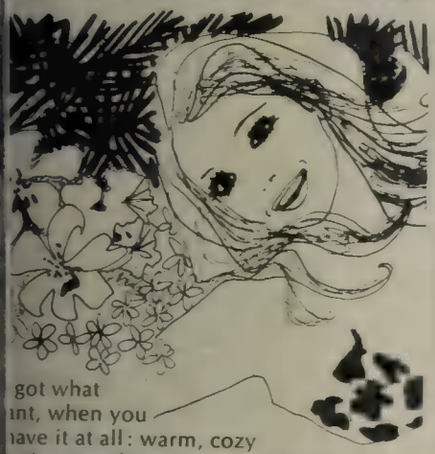

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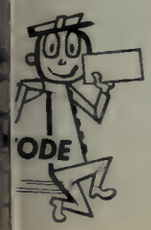

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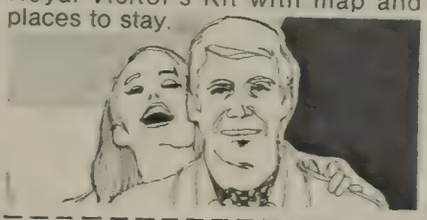

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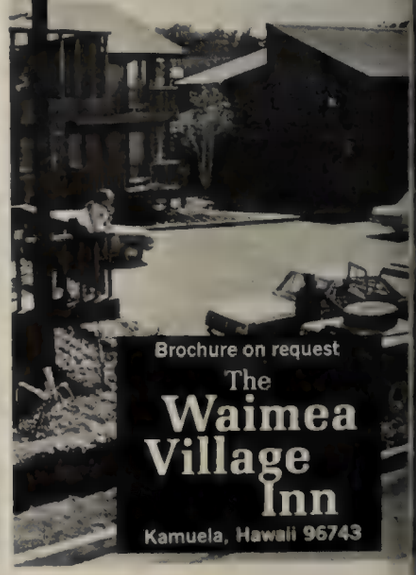

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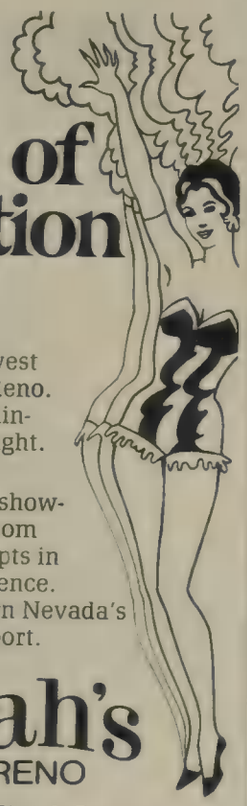

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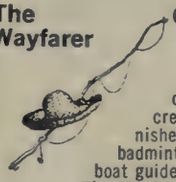

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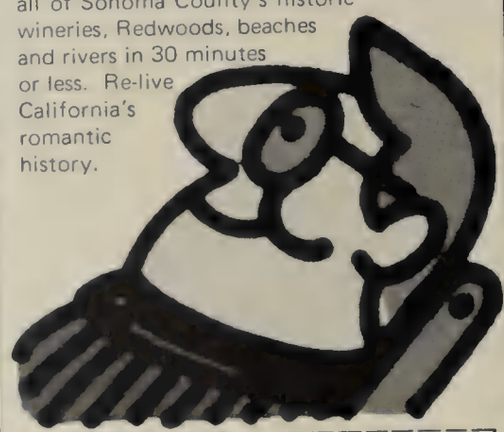

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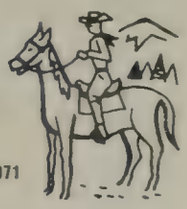

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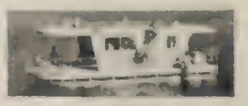

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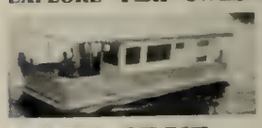

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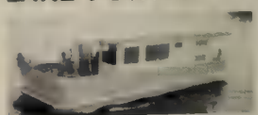

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Morro Rock *looms beyond anglers on pier*

The port and park at Morro Bay

Morro Bay brings together the riches of a happy meeting of land and sea midway between San Francisco and Los Angeles: a salt marsh and estuary thronged with birds and shellfish; a bay for boating and fishing, a sandspit for beachcombing, surf fishing, and clamming; and a picturesque port where deep-sea boats put out for salmon and other sport fish.

You take your chances with fog or sunshine in May, but you will find the town's motels and Morro Bay State Park's campground less crowded this month (except on weekends) than in summer.

There are two focal points for activity: the state park and the town. You can camp at the park (with a reservation—it is booked up for Memorial Day weekend), launch or rent a boat, play golf, or visit the Nature Museum—an excellent vantage point to view the bay and its resident wading birds. Migratory birds arriving for the summer or heading north can also be seen this month.

One freeway and two slower roads lead from U.S. Highway 101 to Morro Bay.

The freeway is State 1 from San Luis Obispo. Another highway route is State 41 from Atascadero. Or you can turn off U.S. 101 on two-lane Los Osos Road a few miles south of San Luis Obispo; then at the town of Los Osos, turn north to Morro Bay or south to Montaña de Oro, a still-developing state park where you can camp, picnic on the beach, or hike along creekside trails.

How to settle for less house than you had in mind.

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Just go out by yourself and look and look, till you have no time or energy left. By then you'll be ready to take the first house that's almost right. Two bedrooms, instead of three. A not quite big enough kitchen. A bathroom and a half when it's two you need.

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A new guide to B.C. and Alberta

Canada's western inces, British Col and Alberta, are ally unknown to Westerners, except narrow strip alon common border. here are vast va and recreation possibilities, for the provinces alone equal in extent the bined land areas of Washington, O California, Arizona, Nevada, Utal Idaho. They contain much to do a from the remote ocean beaches of couver Island in British Columbia lonely Mackenzie Highway reachin Peace River country far north to Slave Lake.

Nine of Canada's finest national are found in these two provinces: Revelstoke, Glacier, Yoho, and Ko national parks in British Columbi Jasper, Banff, Waterton Lakes, E land, and Wood Buffalo national in Alberta. In fact, the Continent vide (which forms the boundary b the two provinces from the U.S. to north of Jasper) is a near-cont chain of national, provincial, and parks.

Traveling in Canada is like going a but it is simpler: There is no la barrier or strange monetary system both British Columbia and Alber much closer and easier to reach either Europe or the Orient.

To suggest the many travel disc possible in this vast and varied l new book *Sunset Travel Guide to ern Canada*, (Lane Books, Menlo Calif., 1970; $1.95) is now or so be on your bookseller's shelves.

It devotes a main section to each ince, and subdivisions of each to p lar areas. Short features scattered t the book include capsule descripti well known and little known attra brief prehistoric and historic sid notes on wild game, and informat such things as customs and border ing regulations and fishing and h licenses.

Like other *Sunset* travel guidebook one is close-packed with useful in tion. Armchair travelers will pr find it more stimulating than mer tertaining. The many photographs good idea of the kind of country y expect wherever you travel in W Canada.

Siberia! Russia!

For the first time ever you can fly direct to Siberia from the United ates. This vast, mysterious land is now open to American visitors a unique new travel destination — and as a brand new gateway to estern Russia and the exotic Middle Asian Republics.

This summer Alaska Airlines will operate ten all-inclusive tour arter flights, originating out of Anchorage, Alaska, for Khabarovsk, beria.* Fly with us to Khabarovsk and choose from two itineraries v people have ever contemplated taking:

e 8-day Siberian Tour. $849.00. Get acquainted along the Amur ver in Khabarovsk, that growing giant in the Siberian forest. Experi- ce Irkutsk, one of Siberia's oldest cities and a former cossack tlement, now a thriving industrial city. Ride a Hydrofoil on Lake ikal, deepest lake in the world. Explore Bratsk by the world's gest hydroelectric dam. Attend the opera or ballet — taste a Sibe- n gala banquet — all this and so much more.

a 15-day comprehensive tour of Siberia, Moscow and Middle Asia. 249.00. From Khabarovsk be whisked thousands of miles west to scow — St. Basils Cathedral, Red Square, the Kremlin, the Bolshoi eatre. Extend to Leningrad or Kiev. Then to Samarkand, 2500 year city of exotic history . . . Alexander the Great, Genghis Khan, Tamerlane, the Arabian Nights. On to Tashkent, Uzbekistan, cultural center of Central Asia. Continue to the Siberian frontier. To Irkutsk, Lake Baikal and Khabarovsk. The emphasis is clearly on diversity.

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EARL SPENDLOVE

A handful *of small topaz crystals rewards collector at Utah's Topaz Mountain*

Topaz seekers are invited

Only a rockhound would drive 45 miles into a lonely stretch of Utah desert just to pick up a few pieces of semiprecious stones, but dedicated rockhounds have been known to travel farther and endure more with even less provocation.

The Mineralogical Society of Utah and the Wasatch Gem and Mineral Society, both of Salt Lake City, hold four mining claims covering a mineral-rich secti Topaz Mountain. Rockhounds ar tended an open invitation to com try to collect topaz crystals. The c holders ask only that you sign the ter at the collecting site and indicat long you spent looking for stones.

The honey-colored topaz crystal found in cavity-pocked rhyolite. M

Young rockhounds *mine rhyolite cavities at base of the mountain in search of crystals*

It's not exactly your basic tour of the Orient.

s more like a detour.
:cause it takes you to places no other
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and observe it day
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r detour also
in Pulau Dua, an
in the Sunda Straits, whose principal
itants are thousands of species of
al birds.
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ou'll take a cruise of the southern
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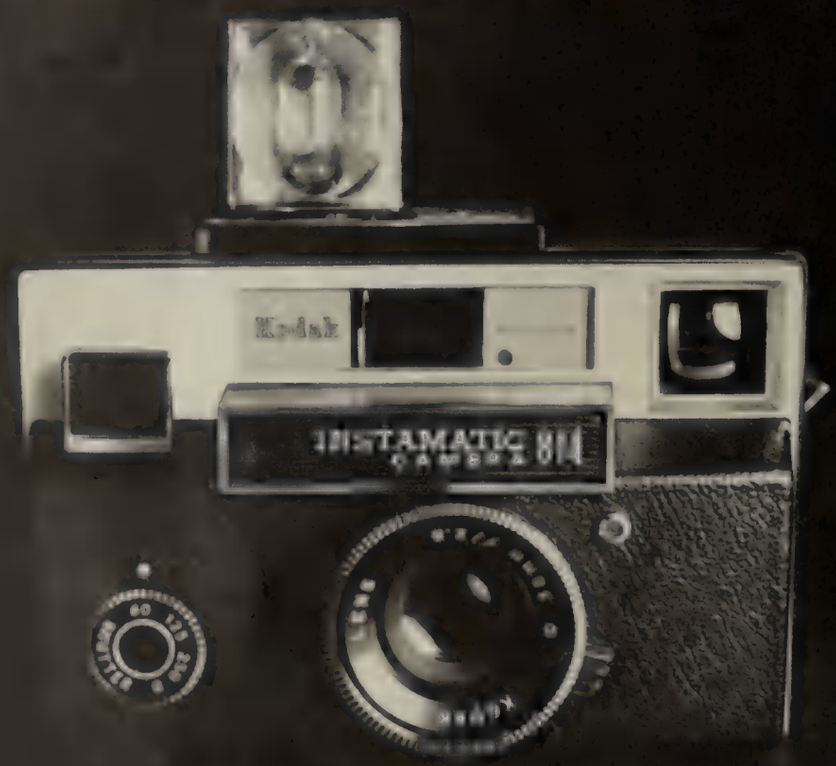
Most automatic automatic.



If there's one thing you want when you travel – around the block or around the world – it's a camera that's fast and easy.

This is it. The Kodak Instamatic 814 camera. The most automatic automatic. Just drop in the film cartridge. The "814" accepts any 126-size film, for snapshots or slides; adjusts itself to the speed of the film; computes the exposure; tells you when to use flash; adjusts automatically for flash exposure as you focus. It's so automatic it even advances both film and flashcube for the next picture after you've clicked the shutter!

You could hardly make a mistake even if you tried.

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Kodak Instamatic® 814 camera.

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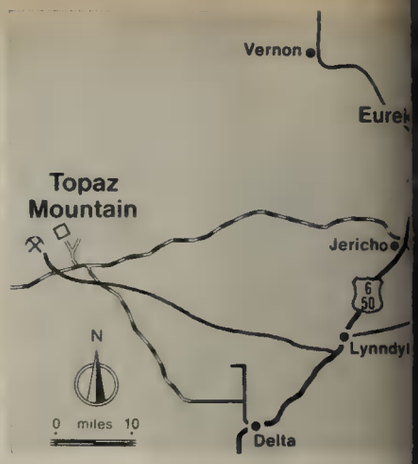


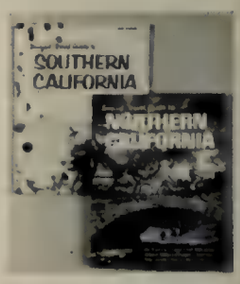
Lynndyl *is 128 miles south of Salt*

the more accessible cavities have fairly well gleaned, but even casu lectors will find bleached-out topaz scattered along the slopes and i washes.

To reach the collecting site, leav Highway 6-50 just south of Ly Utah. A hard-surfaced mine road west for 40 miles to intersect gravel road. Turn right on the road and follow it 2 miles east to a primitive desert track winds nort a rocky bench. A mile north th forks. Take the fork to the left and a mile west to a shady wash tha south from the mountain. The trai a mile up the wash under several juniper trees growing in the draw.

Read before you g

Revised editions of Sunset's tra guides to *Northern California* *Southern California* (Lane Bo Menlo Park, Calif., 1970; $1 each) are now available. The a covered by *Northern Califor* goes from the Oregon border so to Yosemite. *Southern Califor* not only covers the rest of the st but also includes the Mexican b der towns.



Two *revised travel books help you discover California*

This spring give yourself a beautiful surprise-

British Columbia

Springtime is a holiday bouquet in British Columbia. Gardens abloom with daffodils and tulips in the green parks of Victoria and Vancouver. Orchard blossoms in the valleys of the Okanagan and the Kootenays. Vast, unspoiled forest reaches as you travel our great mountain highways or cruise sheltered coastal waters. And spring is the perfect time for doing as well as viewing. Enjoy fabled fishing on saltwater inlets and interior lakes. Golf on some of the world's most scenic courses. Fascinating historic sites like Barkerville and Fort Steele. And the excitement of the British Columbia Festival of Sports, May 16 - June 1. If you haven't experienced springtime in British Columbia, you're in for a beautiful surprise. Get ready now. Obtain our colorful Visitor's Kit — or convention information — by mailing the coupon to:

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Photo from Beautiful British Columbia magazine

It's a peculiar nation.

It has no territory or president. People never pay taxes, and there is no flag.

Any American can become an Americolumbian. All he has to do is be an American and love British Columbia. And all that takes is one visit. (You've heard of love at first sight.)

As you can see, Americolumbia is not an actual state.

It's a state of mind.

British Columbia 3 days/$119.

You land in beautiful Vancouver. The city of colorful gardens, sprawling parks, and mountains that seem to touch the sky. (You'll find it hard to believe you're only two air hours from San Francisco.)

In the morning you board a fast ferry to Victoria, "a bit of olde England in British Columbia." It's so English that four o'clock tea is still the main social event of the day. All three glorious days for just $119., including economy excursion round trip air fare, first class hotels and sightseeing.

And there's something for nothing for everyone on every flight —the exclusive CP Air "Holiday Passport." It entitles you to $18.75 worth of free things to see and do at seven of the main attractions in British Columbia.

For instance, there's the famous Grouse Mountain Skyride. This ride takes you to the top of beautiful Grouse Mountain, four thousand feet above Vancouver.

The Vancouver Public Aquarium is also free with the "Holiday Passport." It's North America's finest aquarium. You see thousands of specimens of marine life from around the we

A free continental snack a Gizella's Swiss Pastry Shop, a Harbour Ferry ride, a Bronco E Tour, and free admission to the Capilano Suspension Bridge ar free with the "Holiday Passpor

You can even rent a car fr a day (excluding mileage and in ance charges) at Budget Rent- with the "Holiday Passport."

See your CP Air travel age become an Americolumbian.

CP Air
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THE BIRTH OF A NATION AMERICOLUMBIA.

ITCPV22 Passport expires 5-15-

Ferndale's racing sculpture

ıtraptions that will be squeaking bbling down Main Street in Fern- alifornia, the first two Sundays of nth might suggest characters from euss fairy tale or grounded UFOs. closer scrutiny will reveal that xtraordinary vehicles are really sculpture."

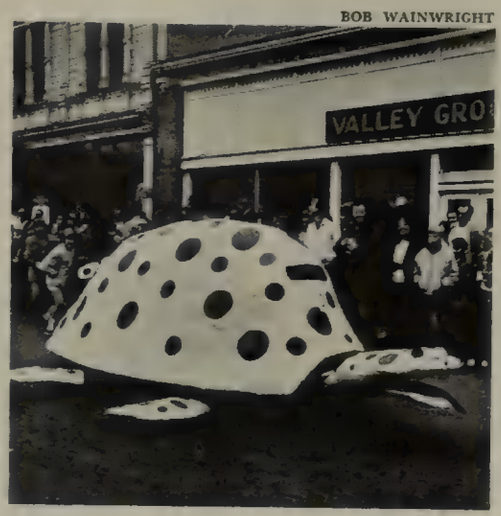
ricate concoctions of artistry and ics (with a dash of manpower for ion) are the featured contestants second annual Kinetic Sculpture take place May 10 at 1 P.M.

lpture race is one of the newest st entertaining events to be added week-long Ferndale Art Festival, through 10. After qualification May 3, the sculptures will be on in the Fig Twig, a teen center at h end of Main Street in Firemans Monday through Saturday from to 5 P.M.

l crafts will be on display in stores galleries on Main Street during k; an art auction is scheduled after the race on May 10 at 3 P.M.

Located in northwestern California, Ferndale is on the Mattole Road (see page 48 of this issue), 5 miles west of U.S. Highway 101 and 15 miles south of Eureka.

BOB WAINWRIGHT



What *has flippers, a polka dot shell, and wheels? Why, of course, a kinetic turtle*

Sculpture No. 10, *a three-wheeled flower, gets approving stares from a young pit crew before entering the raceway*

strait to paradise

Load up your family car, camper or trailer and hit the marine trail, the fabulous Inside Passage, to Alaska. An historic strait which led hopeful miners to roaring Klondike and Yukon gold fields a century ago.
A magnificent, sheltered waterway, interrupted only by the wake of your sleek Alaska ferryliner as it knifes its way between Seattle or British Columbia and Alaska's colorful ports-of-call.
The strait is fringed with fjords and primeval forests. Timeless glaciers and mountains rise abruptly from water's edge. Waterfalls cascade to the sea. And friendly whales and porpoises cavort in your ship's wake.
Drive on or walk aboard and your journey begins. Stop over, if you wish, at cities along the way. Try your hand with the mightly Chinook salmon or the fighting Coho in Ketchikan. Spend an evening in Juneau, the swinging, cliff-hanging capital of Alaska. See Little Norway in Petersburg, a bit of Russia in Sitka and romantic Skagway of Gold Rush fame.
To top off your itinerary, add the unforgettable cruise in Prince William Sound or from Anchorage to the Kenai Peninsula and Kodiak Island.
Aboard these new ferryliners, you'll find broad decks for promenades, sunning, or close-up views of passing ships. Spacious observation lounges provide picture-window panoramas. The dining rooms and staterooms will delight your taste *and* budget.
And keep in mind that the scenery is particularly spectacular during early

Spring and late Fall! You may wish to cruise just one way, and drive the majestic Alaska Highway the other. It makes the perfect circle for your Alaska adventure.

Plan it with your travel agent, or send coupon for color folder and sailing schedule.

State of Alaska
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alaska
marine highway

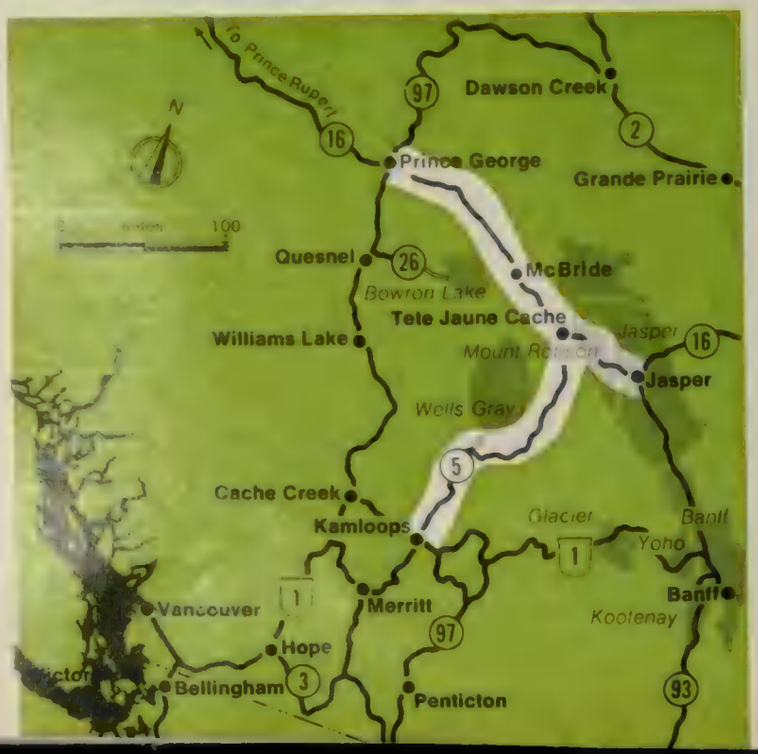
S-5

Looking to see *what big teeth he has, youngster examines stuffed bear at Oscar's Wildlife Museum, just west of McBride on Yellowhead 16*

Sun drives away *morning chill as you have a lakeside breakfast in Mount Robson Provincial Park*

From Prince George or from Kamloops . . . two routes into the Yellowhead country

Yellowhead routes *are on white; park names are in italic type*



A rugged stretch of eastern Brit lumbia has recently been opened new highways through an area k many old-timers as Yellowhead

The two highways, both called head, gradually converge on the lage of Tete Jaune Cache, about west of Jasper, and are importa between the separate areas of Columbia where they originate per National Park.

The newest of the Yellowheads i tinuation of Provincial Highv which swings down from Prince to Prince George where the new gins its cut through the wilde Tete Jaune Cache. The other ar Yellowhead is the newly paved of Provincial 5 passing through K and heading north through sligh populated country to the junct Yellowhead 16.

Although finishing touches are be applied to both roads this su

PETE REDPATH

er-draped *peak of Mount Robson looms over a camper vehicle heading toward Tete Jaune Cache on Yellowhead Highway*

ve through Yellowhead country possible.

n of the name Yellowhead has ɛured by a number of stories, one that tells of a fair-haired apper who cached his furs at f Mount Robson on the Yellow-s. It is more likely that the re-nesake was François de Coigne, ur trader who was in charge of ɔuse in 1814. His nickname was ne (Yellowhead), and since he crossed over the mountains ɔer to the Fraser River valley, pass he used and Tete Jaune re probably named after him.

EORGE TO NE CACHE

y sloping valley of the upper ver, flowing from its headwa-ount Robson Provincial Park, eal causeway upon which engi-d carve out the newest arm of the Yellowhead Highway—a 244-mile link between Prince George and Jasper.

Starting from Prince George, a town which despite its modern veneer still has the robust heart of a logging center, the modern explorer will soon sense that he is on his own in primitive forestland.

Stop your car and walk off the road to listen to the silence. Or to what seems like silence, because you will soon hear the quiet passing of the wind through the forest, the treble notes of an occasional bird, and crunching and crackling noises in the underbrush by which you can trace movements of small animals.

By leaving early in the morning and traveling slowly, you might spot bigger game, such as moose, black bear, and deer, in open areas along the road. These were the game animals, along with caribou and elk in the higher regions, that miners and trappers used for food less than a hundred years ago when gold mining and the more lucrative business of beaver and muskrat trapping were the only livelihoods in the area.

Some spots on the Yellowhead Highway between Prince George and Tete Jaune Cache are still unpaved and there will be detours around several river crossings as work continues this summer. Since there are absolutely no facilities along the 139-mile stretch between Prince George and McBride, travelers should be sure their cars are adequately serviced before setting out, but they are invited to picnic anywhere if they leave the site clean.

KAMLOOPS TO TETE JAUNE CACHE

The other fork of the Yellowhead Highway is an extension of Provincial 5. Although the 211-mile road between Kamloops and Tete Jaune Cache has been open for a number of years, the 64-mile stretch from Avola to Tete Jaune Cache was a gravel track and traveling it was a slow, dusty process. Many people bound for Jasper preferred the long route via

Fighting mad loon *arches his back, dips his bill to his breast, and almost walks on water*

the Trans-Canada Highway (1) and Provincial 93.

But this year, with the completion of all of the hard surfacing and river crossings, the highway can be easily negotiated as part of a triangle tour (on highways 5, 1, and 93) of national parks in the Canadian Rockies and two provincial parks in Yellowhead country.

Leaving Kamloops you gradually climb out of the hot arid interior of British Columbia into the cooler pine forests that edge the North Thompson River. The highway passes fairly close to the river before it reaches the town of Clearwater, and since the water is fairly acce fishermen may want to wet a line.

Wells Gray Provincial Park. Appro Clearwater, watch for a small sig directs the adventurous up 25 m gravel and dirt road to Wells Gra vincial Park.

A visit to Wells Gray is well wor detour, not only for fishing and but to see the spectacular waterf the Murtle River. Three major fa short walks from the park road; th spectacular is Helmcken Falls whi cades 450 feet over a sheer precipi the canyon below.

About 8 miles from the highway road to the park is a pleasant small ground called Spahats Creek P short walk will bring you to a where you can watch Spahats Cree ble 200 feet into a lava canyon.

Continuing up Yellowhead 5 from water, the country becomes more finally assumes the same aspect last stretch of Yellowhead 16 as y the meeting point at Tete Jaune This is logging country and alo way you will see white smoke out of cone-shaped stacks at lumb —as bark and wood waste get bu

Mount Robson Provincial Park. Fr juncture of the Yellowhead hig continue east on Yellowhead 16 Mount Robson Provincial Park. ing up to Yellowhead Pass, the roa through a region of gentle mountai ered with forests of fir, cedar, an and open meadows that are usu basins of numerous lakes, some o offer rainbow trout fishing. The laden peak that looms paternally lesser surrounding mountains is Robson, at 12,972 feet the highe in the Canadian Rockies.

Beyond the pass, it is all dow Jasper in Jasper National Park. H will find numerous facilities and nection with Provincial 93, whi south along the slope of the C Rockies until it connects with the Canada Highway in Banff Nation

BEFORE YOU GO

In Yellowhead country, as well of central British Columbia, sum are hot and nights are cool. Mo are plentiful at times, so throw repellent along with your fishing

For a free map of British Colum information on accommodatio events in Yellowhead country, the Department of Travel Indust Wharf St., Victoria, B.C.

PETE REDPATH

Visitors watch *Spahats Creek fall 200 feet from its canyon to the one below*

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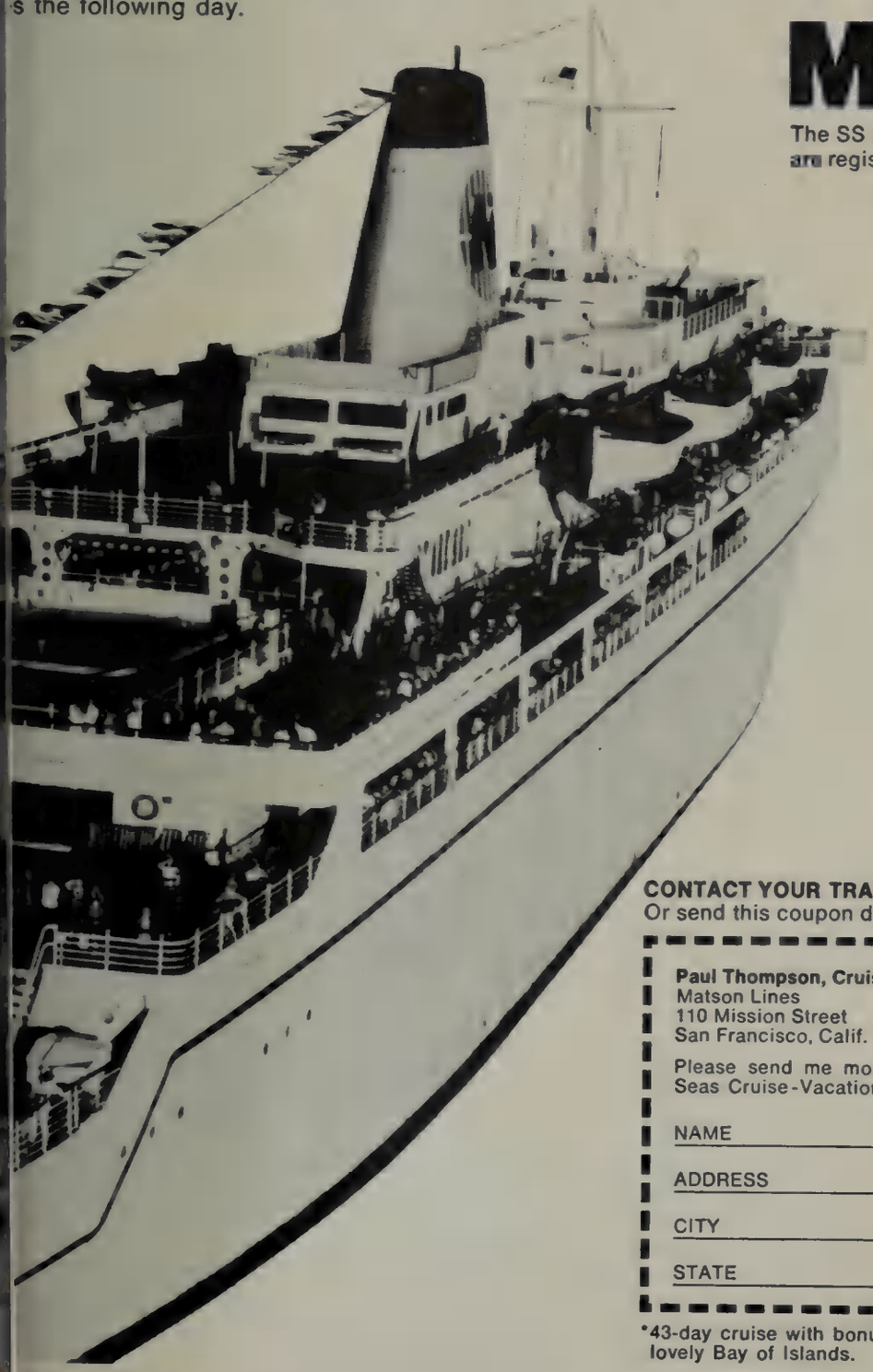

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The Mattole Road ... Ferndale, Petrolia, and Honeydew

Unless it's foggy, early morning is the best time to leave Eureka for a half-day loop drive through the pastoral valleys and rugged hills edging the Mattole Road. And even fog is not too serious a deterrent, because it usually burns off halfway through the morning.

It doesn't matter which direction you take the 73-mile loop through the Mattole country; however, morning drivers will probably enjoy it more if they start at the north end. To do this, take the Ferndale turnoff from U.S. Highway 101 about 15 miles south of Eureka. Ferndale, at the edge of a peaceful valley, is a quiet town that doesn't seem to wake up completely until after 9 A.M. You can find the ingredients for a picnic in one of its several stores—the last well stocked shops you pass until the return to U.S. 101.

BOB WAINWRIG

Hikers enjoy *peace of a redwood grove in Bull Creek area*

Visitors loiter *on steps of Honeydew's store - post office*

As the road switchbacks up Bear River Ridge, the fo begin to thin and permit glimpses back at the valle But don't stop. Continue up until the road emerges woods and then pull over on one of the turnouts so t completely off the road. Logging trucks still come l around the sharp bends without warning.

After cresting the ridge you begin the gradual descent town on the Bear River. Without consciously rea you're soon out of the brushy areas and coasting through well manicured pastures, isolated from the barbed wire fences and steel-ribbed cattle guards ac road entrances.

Capetown is an odd assortment of farm buildings ar

Sprinting *along a desolate expanse of beach near the mouth of the Mattole River, girl and her dog have to dodge the d*

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last bend of the Bear River
flows into the Pacific.

Cutting back inland for a mo
road darts between a pair of
reaches over a sweet-smelling
wildflowers to the sea.

Along the shore. As the road sw
of Cape Mendocino, it parallels
for nearly 4 miles. At turnout
wade through wild mustard to
to rocky beaches with intermitt
blankets of dark gray sand an
littering of bleached driftwood.

Gradually separating from the
road rolls over a series of low h
dipping down into the Matt
valley and the village of Petro

Petrolia to Honeydew. Petrolia,
group of weathering buildings,
a thriving community. Califor
drilled oil wells were about 3 mi
the center of town (where State
Landmark 543 commemorates t
The first shipment of crude o
Union Mattole Oil Company le
San Francisco in June of 1865.

A paved side street out of Pe
lows the Mattole River out to
road gradually turns into gravel
to sand as it nears the desolat
tiful beach. Stay on the grave
because a seemingly firm bea
a sand trap.

Between Petrolia and Honeyde
follows the gently sloping vall
Mattole River. This is apple
and in late spring you may st
few white blossoms among
green leaves of late-blooming tr

Honeydew is probably one of th
towns in California. The villag
of a general store, gas station,
office—all under one roof.

To the redwoods. Crossing ove
101 from Honeydew, the road
crumbling remains of severa
mills. The get-rich-quick gyp
closed these mills after most of
timber was stripped from the h
is still some logging going on
trucks racing along the road a
heading for mills on U.S. 101.

After crossing the southern h
same range of hills you cross
Ferndale, the road slants dow
Creek and follows it through t
feller Grove in Humboldt Redw
Park. Hikers can park their c
Giant Tree or lower Bull Cr
trailheads and wander off o
marked trails; picnickers can h
at the picnic area in Wom
Grove, across the river from l
Creek Flats.

The Mattole Road meets U.S.
2½ miles north of Weott. At th
you can either swing back up t
40 miles to the north, or explor
wood groves to the south.

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the South Pacific

food like New Zealand pheasant, Canterbury lamb or
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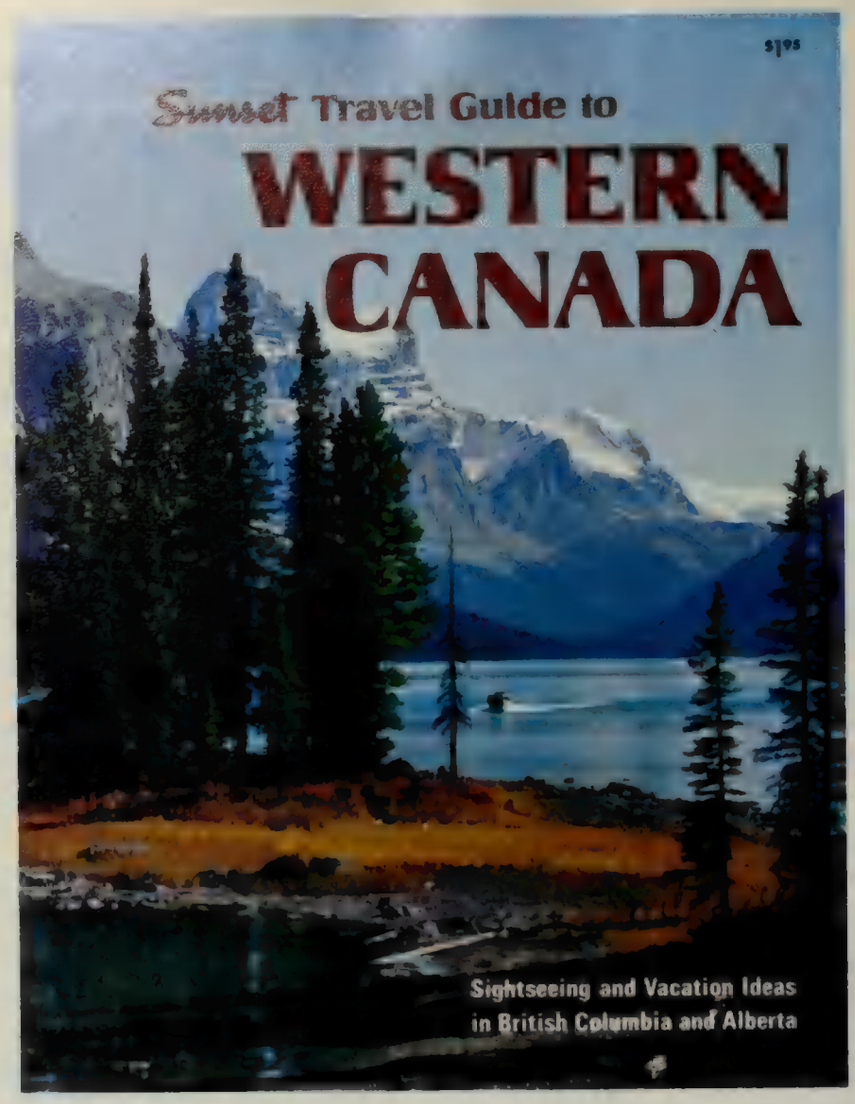

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Mementos *from several colorful de line the Opera Square at Lagoon R*

Old opera hous reborn . . . in Ut

The Opera House at Lagoon Resort, acre amusement park near Farmi Utah, was designed to recapture th torian splendor of Salt Lake fondly remembered Salt Lake Th The building at Lagoon is new, b opulent interior has been assemble bits and pieces of period bric-a-bra once graced mansions, hotels, and ters across the nation.

Lagoon Resort is open daily from M through September 7, but the officia mer season at the Opera House beg Friday, June 12, with the Univer Utah Theatre Players' production *tle Mary Sunshine*. Admission is $ formances continue throughout th mer, Wednesday through Saturd 8:30 P.M. On other evenings the House will present two movie c Charles Chaplin in *The Gold Ru* W. C. Fields in *The Bank Dick*.

A revival *of "Getting Gertie's G occupied Opera House stage last s*

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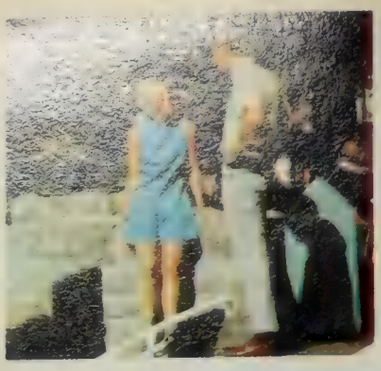

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Part *of the hike: 99 steps*

Diamond Head, symbol of Hawaii, is fa- to all who have visited Honolulu, latively few have made the trip to 0-foot summit. Now there is even r interest in this old volcano whose profile looms at the east end of ki. Already designated a state mon- and a national landmark, it is the of a citizens' campaign to expand shore parkland, protect its slopes hotel and apartment construction, velop its crater for recreation.

tary reserve most of this century, ond Head still contains a firing but visitors can now hike to the t when the range is not in use. Call to obtain permission from the Ha- ational Guard (543-1607).

need no permission just to drive e crater; the tunnel off Diamond Road is usually open Monday h Saturday from 7:45 A.M. to 4:30 n the floor of the crater are build- the National Guard and the Fed- iation Administration. (By advance ement — telephone 734-6630 — you o tour FAA's air traffic control and Pacific communications centers.)

To make the summit hike, stop at Building 5 at Fort Ruger to get a sketch map and sign a liability release.

The trail ascends the leeward wall where volcanic ash was piled high by trade winds when the volcano exploded about 150,000 years ago. Hawaiians called the mountain Leahi, "lei of fire," perhaps a reference to signal fires on its crest. The name Diamond Head evolved from an episode in the early nineteenth century when English sailors mistook quartz crystals on the slope for diamonds.

On the 30 to 45-minute hike you traverse scrubby slopes of *kiawe* trees and *koa haole* shrubs; pause at an old tramway platform for a sweeping view of Koko Head and Koko Crater. After the trail hike you climb 99 steps, pass through a tunnel, and go up three spiral staircases and a ladder (take care); then you emerge onto a viewing perch, from where you can walk along the rim to an old pillbox and sit down to enjoy the panorama.

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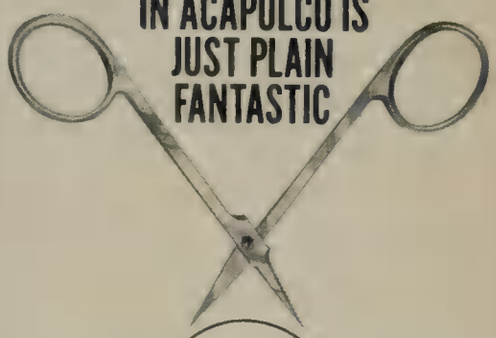

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Scott Museum in Trinity Coun

Old-timers with a story to tell c found on benches in front of g stores all over northern Califo Trinity County, but to get the real of this area and its history, take of the Scott Museum in Trinity with its fo Edwin W. Sc

Born in Le in 1892 duri last gasps gold boom in ity County, was a ranch sort owner sometime pr tor in the T Alps most life. A lon resident of T Center, he and donat the town th seum that in 1967 an bears his na Older *Sunse* ers may rem seeing in the homes some antique ite display in this two-room museun clothes, kitchen utensils, coffee gr and even a wooden Horse Shoe clothes wringer were all items con used in Trinity Center during t 1800's and early 1900's.

One of the more interesting exhibit Edison record player, complete w lindrical records, that still work Scott, or one of the volunteer m attendants, will usually play it for who asks.

Other items on display include artifacts, prospecting equipment, laneous tools, and a collection o than 200 varieties of barbed wire. old horse-drawn wagons stand out

The Scott Museum is open daily f A.M. to 5 P.M. March through Dec there is no admission fee but do are appreciated. To get there tak Highway 3 about 30 miles north o verville and turn off to Trinity The museum is on the right about mile from the turnoff.

A Forest Service picnic area at th tion of State 3 and the road into Center is equipped with water, firepits, and sanitary facilities.

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oss the border is the world's longest hway. The Trans-Canada.

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om Ontario into Manitoba, for ex- ple, the highway takes you through teshell Provincial Park. Fishing, mming, camping, canoeing, golf, his, hiking and horseback riding . . . re are even small planes to fly fanatic ermen out of the Park (where the ng is merely excellent) way up north ome place like God's Lake (where fishing is unbelievable! In 1967, Mr. Proney of Cicero, Illinois, caught a b. lake trout there.)

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Canada

AND IRA SPRING

Campers, *automobiles, and cars with trailers are secured to flatcars for trip through the mountains*

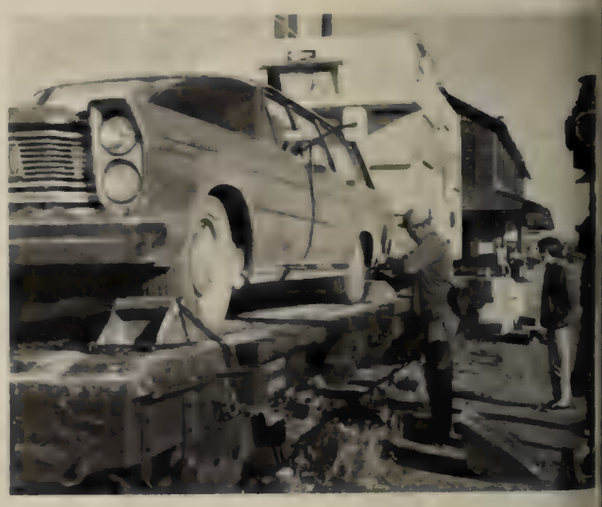
From Skagway to Whitehorse . . . with your car on a flatcar

Travelers to Alaska who plan to take a ferry up the Inside Passage this summer have two ways to get an automobile from the ferry to the Alaska Highway: the 159-mile unpaved road from Haines to Haines Junction, or the 110-mile White Pass & Yukon Railway between Skagway and Whitehorse.

The second alternative is the easiest and probably the most scenic. After debarking at Skagway, your vehicle is loaded on the train and you are free to enjoy the view from the coach windows during the 5½ hour trip.

Construction of the railroad began in 1898 at the peak of the Yukon gold rush. In many places track was laid right alongside the Trail of '98, famous route of the sourdoughs between the coast and the gold fields—so it must have been difficult for construction foremen to keep their gandy dancers from "borrowing" company picks and shovels and joining the gold rush.

Today the ride is more rewarding for



Passengers *watch worker block wheels of car and tr*

Bet on it!

Nevada has as much contrast in its resorts as it does in its magnificent scenery. The resorts of Las Vegas are cities in themselves, fabulous oases with palm tree lined golf courses, tennis courts, glamourous theatre restaurants, swimming pools and sunshine, sunshine, sunshine.

Reno has a cosmopolitan atmosphere, concentrating its fine hotels in the center of the picturesque city. Out the window one sees the high Sierra, some mallards flying past, a winding river, a blanket of trees. Down among the lights, the nightlife is exciting. And on the outskirts guest ranches are casual and relaxed.

Lake Tahoe's rustic resorts are hidden among the trees and its fine new hotels stand on the shore with the Lake in full view outside every window. Alpine resorts are tucked away near the ski areas.

The visitor who travels through the state finds the charm of well-maintained old hotels and charming western lodging where ranchers gather to talk big deals.

There's a resort for every taste, every budget, every season in Nevada.

Bet on it!

Write: Nevada for Recreation
State Capitol
Carson City, Nevada 89701

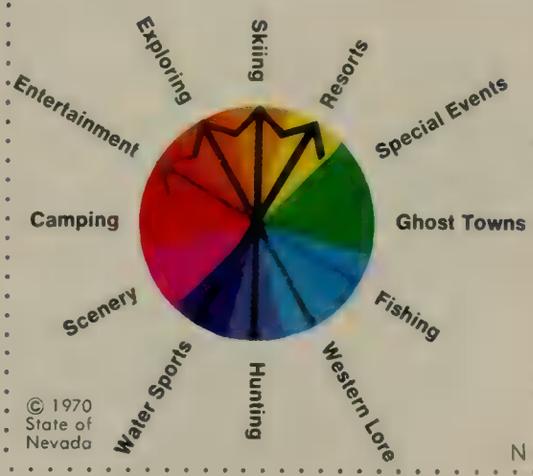
NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

Pick your winning combination of Nevada recreations on the wheel (Circle your choice). We'll send you complete information and a FREE copy of Nevada Highways & Parks Magazine. Bet on it.



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State of
Nevada

N

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WAIKIKI BEACH

For reservations call any Holiday Inn, Holiday Inn Reservation Office, your Travel Agent, or write Holiday Inn—Waikiki Beach, 2570 Kalakaua Avenue, Honolulu, Hawaii 96815

Train *heads into 1,000-foot-long*
at Tunnel Mountain, close to Whit

sightseers than for prospectors. leaving Skagway, once a city of but now with less than a tenth o population, the train climbs throug ged mountains to White Pass. Alo way you may catch glimpses of t trail, especially at Dead Horse where almost 3,000 pack animals b ing to prospectors and suppliers we because of the hazards of the tra the harsh climate.

At White Pass the train may stop few minutes and passengers can co plate the stillness of the snow-co peaks (snow usually lasts through It then descends to Bennett and cross, two old gold rush towns passengers can get out to look arou

At Whitehorse in Yukon Territor sightseeing attractions include g tours of the Royal Canadian Mo Police Barracks and the Old Log C You can also take a 2½-hour River cruise on the *MV Schwatk* fare is $11 for adults, $5.50 for ch under 12.

Between May 5 and September 30. will leave Skagway daily at 10:3 to arrive in Whitehorse at 4 P.M., a leave Whitehorse at 8:15 A.M. to in Skagway at 3:45 P.M. Individu is $19 each way and includes lu Bennett.

A special family package fare of $ cludes shipment of a car or campe band and wife fares, and lunch tional family members under 16 at half the regular fare. A similar p providing for an automobile and up to 20 feet costs $109.

An excursion train from Skagw Bennett and return—about 6 hou the round trip—leaves at 8:45 A.M May 5 to September 30. The $19. includes lunch at Bennett.

For further information and reserv write to the White Pass and Yukon way, 1314 Vance Building, Box Seattle 98111.

"Something tells me that's not a Holiday Inn."

cording to the roadmap, they should be at the Holiday Inn in
h Falls, Oregon. Now, if they had a Gulf Tourgide roadmap, they
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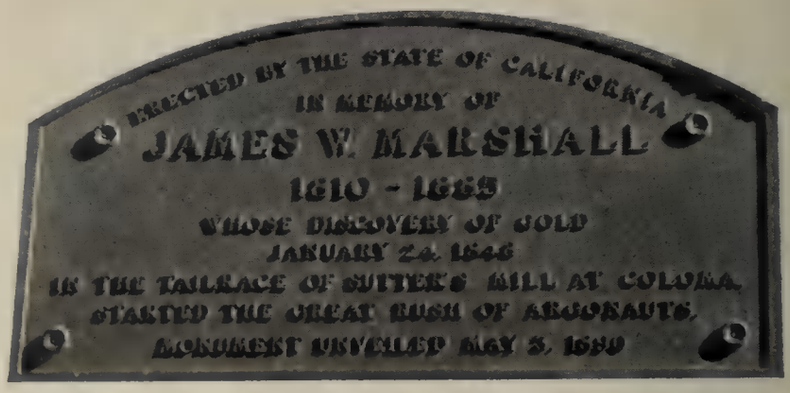


Bronze figure *of James Marshall points to river where he found gold. Inscribed plaque on granite base is enlarged above at right*

When winter's over . . . but before the summer crowds . . . a great time to visit Coloma

Yankee California had its real beginning in Coloma early in 1848 when James Marshall saw a glimmer of gold in the millrace of John Sutter's sawmill. Others had sighted gold but word had never reached the outside world.

In January, 1848, time of Marshall's discovery, California had about 15,000 inhabitants. Two years later there were 92,000, nearly two-thirds of them in full-time pursuit of metal.

Today the gold discovery site is the focus of the 220-acre Marshall Gold Discovery State Historical Park. About 70 per cent of the small (population 170) town of Coloma is also within the park, which includes old stone buildings, a Chinese store, a blacksmith's shop, old horse-drawn vehicles, and a cabin in which Marshall lived after discovering gold.

May is one of the most attractive months here. The trees have greened out and the grassy hillsides have not been tramp'ed by all the summer visitors. Autumn is also pleasant; the place is dusty then, but daytime temperatures are down from 100° summer highs and the crowds diminished.

In winter on the weekend closest to January 24 discovery date, the town brates with a parade, food booths, speeches.

The town takes its name from the luh-mah tribe of Maidu Indians who in the area when Sutter hired Ma to superintend the cutting of logs. logs were for Sutter's Fort in the pr day city of Sacramento.

A large rock in the park still bear cular holes where Indian pestles g corn. The mill Marshall built was doned in the late 1850's; the only re today are a few timbers, which ar hibited in the park museum, and, the river, some traces of the tailrace remain unexcavated. The original nugget belongs to the Smithsonian tution, but a replica is displayed Entrance to the museum is 25 cen adults (18 years or older).

of Sutter's sawmill is constructed with adzed lumber ned with oak pins. The mill is about 150 yards est of the original site along South Fork of American River

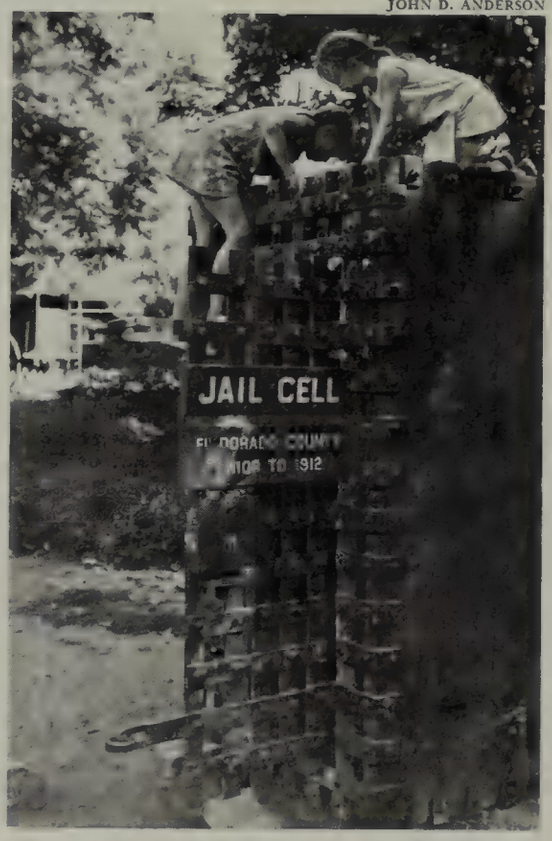
southwest of the spot where is discovered—a stone monument the site—stands the re-created pictured above. In fair weather erated electrically about 2 P.M. y and Sunday. Nearby, you can ore crushed at a two-stamp mill d at about the same time. At 3 these days, paying the admission the museum also entitles you to movie on mining.

day afternoons through May, oncerts are performed near the ucted sawmill.

ll overlooking the park stands a f Marshall. You can take a 1-mile rip hike to this statue by way of rshall cabin and the old Catholic y. Watch for poison oak.

in the South Fork of the Ameri- er is only mediocre, but there are al catches of salmon and trout. k and Coloma are alongside State y 49 about 7 miles west of its lle intersection with U.S. 50.

JOHN D. ANDERSON



Old jail cell *resembles a metal-slatted crate. Prisoner was exposed to extremes of sun and cold*

Recently restored *wood cabin in the park housed James Marshall from about 1860 to 1868*

Short drives *off Interstate 15 take you to excellent bird watching*

The birds have two great stopover places around Great Salt Lake

Great Salt Lake is an important stop for large numbers of migratory bir both the Pacific and the Central fly Two of the best places on the lake t many of these late-spring transien close range are Bear River Migr Bird Refuge near Brigham City, and Great Salt Lake State Park o telope Island.

Bear River Refuge. One of the few p in the West where visitors can sti concentrations of migratory birds rival the reported observations of explorers are the marshlands of th fuge along the eastern margins of Salt Lake. During peak-season n tions, the duck population alone ex one million.

This month the most frequently obs migrants in the Bear River delt Western grebes, double-crested c rants, herons, Canada geese, long- curlews, willets, gulls, terns, swallow yellow-headed and red-winged black Even during the between-migration mer months, hundreds of broods of and geese can be seen feeding o open water. Egrets, herons, ibises various shorebirds nest through the mer in the lower marshes and alkali

Visitors can tour the refuge any day

. to 4:30 P.M. At refuge headquar- 15 miles west of Brigham City over l-surfaced road, are a small museum everal observation towers with pan- c views over the broad marshes and ial lakes. After registering, visitors ake a self-guided 12-mile loop drive improved levee road around one f the 65,000-acre refuge.

pe Island. Great Salt Lake State occupies the northern tip of Ante- Island, the largest island (26,000 in the lake and ■ popular resting

y bathers *at Antelope Island*

FRANK JENSEN

Snowy egret *at Bear River Refuge*

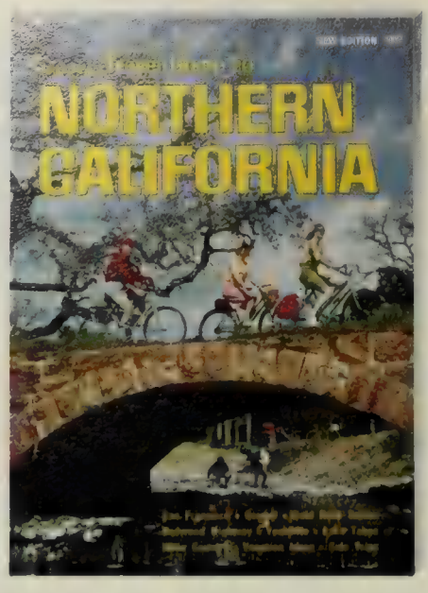
and nesting spot for migratory birds and waterfowl. The state park area is connected to the eastern shore by a 7-mile causeway.

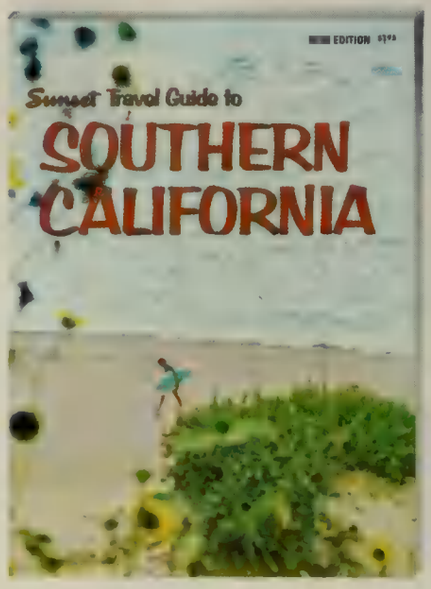
The abundance of bird life around Antelope Island is first evident as you cross the brine-encrusted causeway: Gulls and terns careen and dive in ■ feathered frenzy—but only on the north side of the bridge. The indirect cause of this phenomenon is the extreme variation in salinity of the water on the two sides of the causeway. South of it, fresh-water carp live in the river-fed waters of Farmington Bay. But any carp that pass beneath the causeway into the highly saline lake water to the north almost immediately surface and die, providing a dependable food supply for the circling gulls.

An admission charge of $1 per car allows visitors to camp, picnic, launch a boat, swim, or take the short hike up to Buffalo Point with its panoramic views of Bridger and White Rock bays. This month look for large blotches of rose-hued lake water, caused by the twice-a-year (May and October) concentration of brine shrimp eggs in the salty waters of the lake.

Egg Island, a small lime-stained rise of land at the northern tip of Bridger Bay Beach, is a gull rookery and the only place on the lake where double-crested cormorants have been known to nest. Other shore birds to watch for this month: white pelicans, herons, avocets, black-necked stilts, and Wilson's phalaropes. On the loop drive through the park, watch for ring-necked pheasants, black-billed magpies, chukar, and partridge.

To reach Great Salt Lake State Park, take the Syracuse exit from Interstate 15 and follow Utah Highway 108 about 10 miles to the causeway.





TWO BEAUTIFUL STATES IN ONE

For a state as large, as varied, and as exciting as California, our editors felt one *Sunset Travel Guide* was not enough. We drew an imaginary boundary line beginning at the ocean near San Simeon, continuing across the Coast Range and the southern tip of the Central Valley, and then turning northward across the Sierra Nevada range south of Yosemite National Park. The two areas resulting from this division differ dramatically in climate, history, topography and temperament. By devoting a whole book to each of these varied parts of the state, the *Sunset* editors were able to bring you information, photographs and maps on fascinating side trips, weekend vacation areas and special points of interest. The completely revised editions of *Northern California* and *Southern California* are available at your local book dealer or may be ordered by returning the coupon below. $1.95 each

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Prices *of black-and-white baske duced for tourists range from $.*

Havasupai bas ... coming back

Havasupai Indian baskets are co items. Most of those now in e were produced for the Indians' o baskets were never made in larg tity, nor offered for sale. When utensils became available to thi isolated tribe, basket-making w tinued only by a few of the older

Recently, as tourists in growing n have been making the trek into Canyon each year, some of th business-minded Havasupai wom revived this ancient craft.

Careful inquiry may lead to a basket or water bottle for sale seem to be the most available k you're persuasive, you may e someone to part with one of th baskets, usually more carefull structed—and more expensive.

Conical *burden basket (child's held in place by leather carryin*

ALONE IS NO WAY

TO SPEND A VACATION.

Vacations are for sharing. Vacations are for shouting "look at that!" and having someone answer "yes, I see!" Vacations are for meeting new friends and seeing new sights and making new memories. Vacations are for fun.

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I'm thinking of going to (1)_____, or

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My vacation is_____weeks long.

____I'd like an escorted trip.____I'd rather go it alone.

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My travel agent is_____.

(Mail to: GREYHOUND AMAZING AMERICA VACATIONS, 369 Market Street San Francisco, Calif. 94106)

Amazing America Vacations

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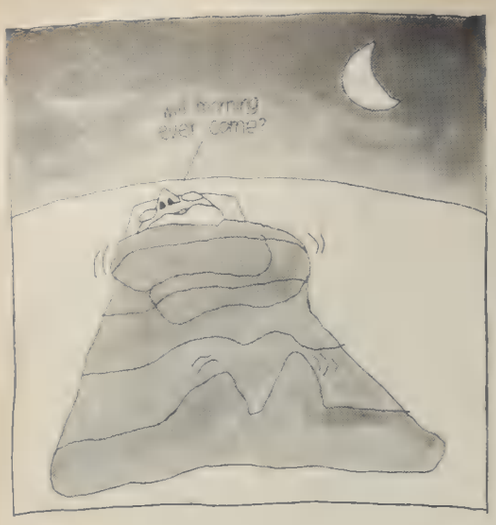

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Improved Dacron* 88 polyester fiberfill is engineered especially for sleeping bags.

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Look for the red label that identifies improved "Dacron" 88, made only by Du Pont, when you're shopping for a sleeping bag. Good sleep is half of every good vacation.

*Du Pont registered trademark. Du Pont makes fibers, not sleeping bags.

DU PONT

things for better living
...through chemistry

Castle *near quay at Clonmacnois was built about 1214 to command ford across Shannon*

A slow and restful highway ... the Shannon

Lady lock keeper *accepts help from boater near Lough Key*

Of all the ways to tour Ireland, few are as relaxing and reveal the charming countryside as well as a cruise aboard a small boat on the River Shannon.

The Shannon is Ireland's most ancient highway, used hundreds of years ago by the marauding Danes. Today, its major traffic consists of trim little for-hire yachts, a few "floatel" and excursion boats, an occasional barge, and a farmer's skiff or two. No darting speedboats shatter the rural quiet.

Rising in the northeast highlands, the Shannon flows diagonally across Ireland and empties into the Atlantic on the west coast near Limerick. Along its 150 miles of cruising waters, you can savor much of Ireland's variety—from meadows where sheep and cattle graze knee-deep in grass and swans nest in reeds beside low banks, to postcard stone cottages with slate or thatch roofs. The river widens into three large shallow lakes: Lough Derg and Lough Ree, both about 15 miles long, and Lough Key, 3 miles long. All contain small islands that invite exploration.

Not the least of the Shannon's delights are the towns and villages along its banks. Shopping in provincial towns becomes a highlight of the cruise, since it gives you a chance to talk with Irish people.

The Shannon contains no rapids or strong currents, and channel markers are numerous. The main challenges ar small, hand-operated locks. But keepers are patient and helpful, b being the very best source of local mation. Lock fee is "three and fiv shillings fivepence—about 50 cents late afternoon, you'll be ready to for a place to tie up for the night nearly every little village has a qu the river for visiting boaters.

Charter boats, sturdily built of wo fiberglass, are beamy and comforta live aboard, but slow. They cruise to 8 knots, are 22 to 38 feet long come fully equipped for two to si ple. Rates vary with the season; foot diesel-powered cruiser sleeping might charter for $120 a week in and September, $170 in July and A

Even in midsummer, Ireland is a be cool, so bring sweaters, rain g change of rubber-soled boat shoes gloves for handling wet lines at the

For more information, write to the Tourist Bureau, 681 Market St. Francisco 95110, and ask for its lite on for-hire boats. The bureau ca provide charts of the Shannon.

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But-
re do you want to go?
his quiz and find out.

estion offers a choice of four
Read them, decide which is
rite, and circle it. Do not circle
n one for each question.)

e got a week to:
Play golf, golf, and more golf.
See every Broadway play
you can get tickets to.
Take a float trip down the
Snake River.
Hunt for wild pig, wild goat,
ring-necked pheasant.
n evening of fun and
lity, you'd stop and hear:
A North Beach performance
by Glenn Yarbrough.
Peter, Paul, and Mary
at Lincoln Center.
The banjo band at the
Red Onion.
Don Ho singing at Duke
Kahanamoku's.
ove animals, so you:
Take a whale to lunch at
Marineland.
Let the monkeys make faces
at you at the Bronx Zoo.
Take pictures of the bears at
Yellowstone.
Ride the waves with a
40-pound marlin at the end
of your line.

4 The "independent spirit" in you hankers to:
(A) Dive for abalone.
(B) Let yourself go in a sailboat off the New England coast.
(C) Jump with a sky-diving team over the Bonneville Salt Flats.
(D) Surf the world's biggest waves.

5 Your idea of fun is to:
(A) See a famous star.
(B) See a famous play.
(C) See a real live elk.
(D) See a real live volcano.

6 When the band strikes up, you start to:
(A) Bugaloo.
(B) Waltz or fox trot.
(C) Polka.
(D) Hula.

7 Which of these foods appeal to you most:
(A) Tacos.
(B) Littleneck clams.
(C) Chuck wagon steak.
(D) Mahi-Mahi.

8 You've got the afternoon free for:
(A) Sailing.
(B) The Guggenheim.
(C) A stagecoach ride.
(D) Watching a real trained whale.

9 You're at your best in:
(A) Sport shirts and sandals.
(B) A tuxedo.
(C) Woolen shirts and moccasins.
(D) Swimsuits and beach clogs.

10 Your idea of great vacation accommodations is:
(A) Terrace, palm trees, pool, but lots of night life, too.
(B) Who cares? Who stays in his room? I'm doing the town.
(C) A fully-equipped camper.
(D) An apartment with kitchen overlooking a beach.

ANSWER

Now count the number of A's you checked, then the B's, the C's, and D's. If you have more A's, it's a West Coast California vacation for you. If the B's have it, head for the East Coast, New York, New England, Washington. If you're a C person, you're the rugged outdoor type. Head for the Rockies. Go camping. You D individuals hanker to see Hawaii.

Your Travel Agent can give you a complete reading. He's your answer man when it comes to travel. And he has some great United tour folders to help.

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"Where am I?"

At southern tip *of Mazatlán, the road with sportfishing fleet berths at left crosses fill to a former island from which 505-foot-high El Faro lighthouse faces the sea*

Two days below Arizona if you driv
a possible weekend destination if y
what kind of vacation spot is Maza

As an ocean resort it ranks closer t
pulco and Puerto Vallarta than you
realize. It gives you plenty of elbow
and literally miles of beach. The pl
layout is pleasantly varied, like Gu
with steep hills and flatland, rocky
and capes and long stretches of san
a river, bay, channels, and offshore i
These are best viewed leisurely
ride a horse-drawn, two-wheeled *ar*

Every year Mazatlán seems to be
better prepared for tourists. But it
yet noted for night life; its appe
more casual and easy-going.

Three days, or a long weekend, n
enough for restless types. Others
soak up sun in Mazatlán by the we

Summers get fairly hot, though n
90°. Rain falls mostly in July, Augu
September. Best weather starts aft
vember 1 and continues through M

You have the choice of many bea
little north are Playa Camaron (s
and Playa Sabalo (shad). Just nor
of the city are Playa Las Gaviota
gulls) and Playa Norte. Playa Ola
(high waves) is opposite the city
Playa Sur, due south, between th
mercial ship docks and the sport
fleet headquarters, attracts town
but few tourists. Across the bay
beach on primitive Isla de Piedra.

College-age young people like to su
the south end of Playa Norte.

Mazatlán offers very good fishi
marlin and sailfish. Boat operators
$55 to $65 per day in season for a
of two or more; rates July through
ber are about 20 per cent lower.

Here on the seacoast a little bel
Tropic of Cancer, you can still find
deal of wildlife close to this isolat
of 120,000. You may see a little
you take one of the harbor tours b
or country tours by car. And hunte

Just two driving days below Arizona . . . there is Mazatlán

Breezy *and sometimes jouncy are Mazatlán's pulmonias (so called because they sound wheezy). These miniature taxis powered by motor scooter went into service 4 years ago*

any cooler will keep things cold. For a while. enough to make it through a picnic, maybe. over the long haul, you need more than a big ucket that turns into just a lot of cool water night.

a five-day campout. You need an ice chest will hold the cold and keep the bacon and as fresh and the lettuce as crisp as when started.

need a Coleman Cooler . . . the cooler that ers constant cold twice as long as the ordi- lugalongs. The cooler that's insulated with urethane, like a $600 refrigerator.

man jugs take care of the liquids in the same hugging way. From the easy-carry handle to the exclusive Fast-Flo faucet, Coleman jugs are built to last. And they do.

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Oakland, California 94612

Please send me your free Oakland Vacation Guide.

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Address _____

City _____ State _____ Zip _____

The Basilica, *main church and cente activity, is somewhat hemmed in by*

Attractive *Olas Altas drive skirts C La Nevéria. Beyond: Islas Dos Herm*

arrange longer safaris in search of d duck, deer, or jaguar.

The golf course at Mazatlán Cou Club is open to tourists.

Air West, CMA, and Aeronaves de Me all have flights to Mazatlán. Round air fare is approximately $145 from Angeles, slightly less from Phoenix.

The ferryboat *La Paz* averages a over two round trips per week bet Mazatlán and La Paz. For more de see *The bottom of Baja* on page 76 o March 1969 *Sunset*. For further infor tion or reservations, write to Transbo dor "La Paz," Box 305, Mazatlán, Sin

Almost 20 hotels and motels in Maza now provide a total of better than tourist rooms at rates from $5 to $1 day for two without meals. For lo stays some visitors rent apartment addition, at least half a dozen trailer p have a total of more than 700 tr spaces; in many you can camp for same rate: $1.60 to $2.40 for two per

Busiest times are the week before Ea the Christmas vacation period, and c val time the week before Lent. For i mation on accommodations, write to ican Government Tourism Bureau, P Claussen and Zaragoza, Mazatlán. you can make reservations throu travel agent, or write direct.

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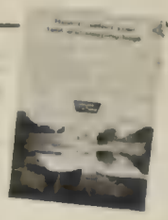

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Cheechakos *(new arrivals to Alaska) admire the stone frieze around museum b*

For an introduction to Alaska, try this Anchorage museum

Visitors to Anchorage, Alaska's largest city, can get a quick introduction to the state's varied and colorful past by taking a tour of the new Historical and Fine Arts Museum.

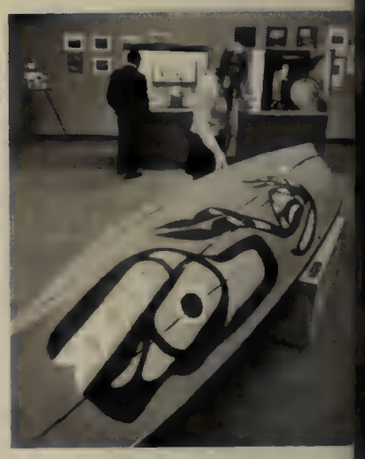
This modern building houses many historical objects, rare artifacts, and selected native arts and crafts. An old collection from the Cook Inlet Historical Society forms the basis of permanent displays. Native items range from driftwood cooking dishes and intricate prehistoric Eskimo ivory carvings to large dogsleds and Indian canoes.

Alaskan paintings and a variety of traditional and impressionistic Eskimo and Indian art forms are on view. Contemporary paintings, sculpture, and wall hangings are all available for rent and purchase.

Rotating exhibits make up the remainder of the displays. Some months ago, for example, the museum was showing a large collection of Russian relics including elaborate costumes, ornate samovars, crystal, china, and silver.

Guided tours start at the small information booth inside the main entrance, where you can buy brochures, souvenirs, and Alaskan books and prints.

The museum is near the center of town at 121 W. Seventh Ave.; admission is free. From May through September, hours are 10 A.M. to 10 P.M. daily.



Colorfully painted *Tlingit Indi canoe carved from long ced log dominates one exhibit ar*

Dogsleds, *once common in Arctic, replaced by airplanes and snow*

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his lavish display in The Hague, you can visit the Hall of Knights.

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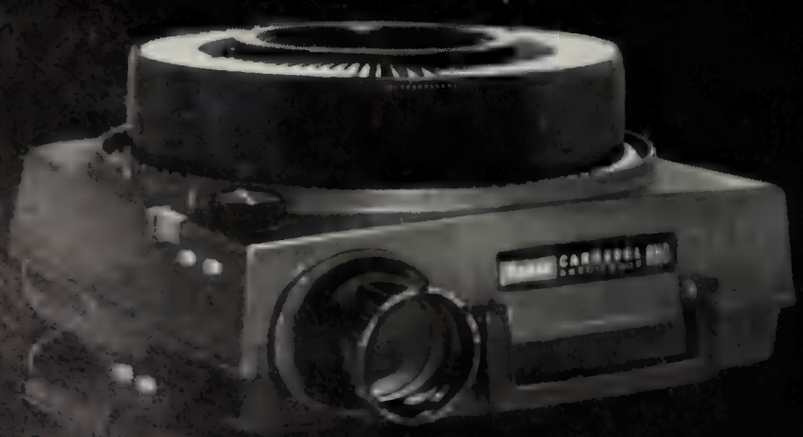

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Mime Troupe *performs on sunny afte in San Francisco's Washington S*

Outdoor theate in the Bay Are

Away from the familiar theater co stage lights, and rows of paying pa a controversial group of actors has performing plays in various parks a the Bay Area for several years. St this month and continuing through tember, the San Francisco Mime T be playing out-of-doors in San Fran Mill Valley, Berkeley, Richmond, land, Castro Valley, and Muir Beac

Actors perform in the tradition o commedia dell' arte, wearing mask costumes to lampoon contemporar cial conditions and public figures. scripts are original; the dialogue, times ribald, has bothered some audi This summer's performances will in a musical band, puppets, and ecolog women's liberation skits. The audi mostly young, are expected to partic The actors improvise: When so from the audience heckles, they away from the script to exchange b with the heckler.

No one minds when spectators wan and out during the play. The thea supported by passing the hat.

These May performances are sche

Berkeley. Civic Center Park on M and 22 at 5 P.M.

Mill Valley. Old Mill Park on May 10 at 2 P.M.

Richmond. Nicholl Park on May 2 24 at 2 P.M.

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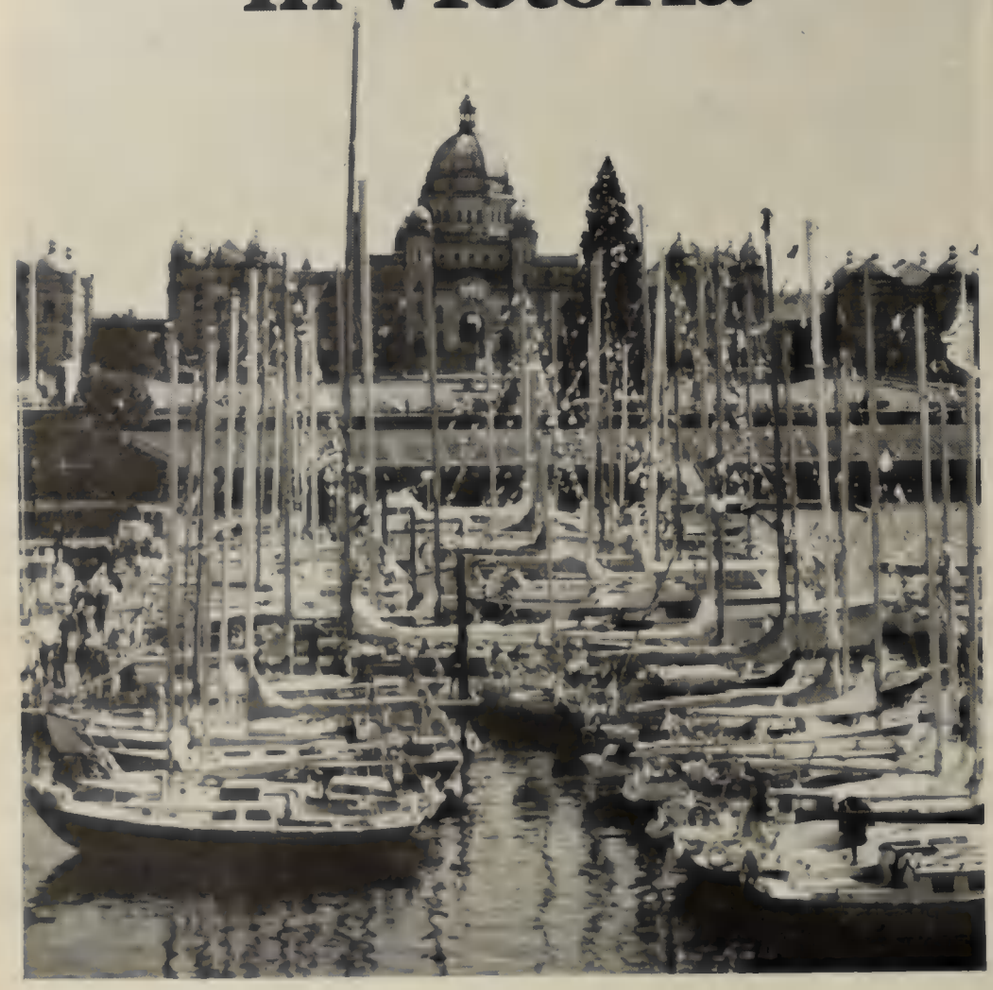

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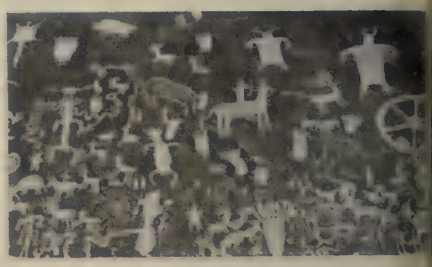
R. WEN

Rustic bridge *crosses a dry wash lea visitors down path to Newspaper R*



Some petroglyphs *decorating red fac the rock may be more than 1,700 year*

Newspaper Rock . near Canyonland

Newspaper Rock in Utah's Indian C State Park may have been importa ancient Indians as part of magical monies for good hunting, or as an e day message center.

Archeologists are not sure what the roglyphs mean (recent research sug possibilities: See page 108 of the Oc 1969 *Sunset*). In this region the ea artists were the Basket Makers farmed here between 200 and 700 The most recent pictures, sho mounted men, are probably less 200 years old, and could be the wo Ute tribesmen.

There are only two park campsit present, but the many trees provide spots to picnic. Indian Creek has all year and is a cool place to wa the road dust or allow children to however, the water is not suitabl drinking. Since there is no other source here, be sure to bring your supply.

The park is 12 miles west of U.S. way 160 on the improved gravel roa is also the southeast entrance to Ca lands National Park.

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ıg **green** as jade in the shallows and ın the deeper pools, Havasu Creek ; life to a tiny Indian valley deep Grand Canyon. Canyon wrens dart g cottonwoods and willows that line eek banks. The water, racing to its ual meeting with the Colorado, s only briefly to form bathtub- l pools, then cascades over ledges d with veils of travertine and arched nbows.

ıs the land of the Havasupai—the le of the blue-green water."

ing at Hualapai Hilltop, looking at yers of cliffs below, you suddenly r where the trail to this hidden begins. The Indian busily loading gear on a horse will tell you it's over the top." Gingerly approach- ıe edge, you look down on a series itchbacks descending steeply to a ash about 1,500 feet below. In the ce you may glimpse a hiker with a on his back; then the view is cut the curving canyon walls.

ı at the top indicates that it's 8 to the village of Supai, with no available until you reach Havasu . 6 miles.

the initial steep descent from the rim, the trail, hemmed in by sheer n cliffs, winds down the gravelly Hualapai Canyon. It's well trod- the hooves of horses and the boots ers, but there is scarcely another f life except for a few desert plants ou reach the stream.

han half a mile from the junction alapai and Havasu canyons, Hav- reek rises directly from the sands. t during the most violent storms, lume or temperature never varies. Taste the water—it's refreshingly cool. The sparkling blue is common to all lime-stone-born streams, heavily charged with calcium carbonates and other minerals.

This is an excellent picnic stop. If you have ridden down, it's time to dismount; if you have hiked, you are grateful for the shade and a cool drink.

SUPAI

Two miles farther downstream, the canyon widens to a flat-floored valley, still surrounded by those dark red walls. Here is Supai, home of the 300 or so members of the Havasupai nation. These 518 acres form their reservation.

Supai's main street is the trail, broadened at this point, fenced, and ankle-deep in dust. There are only a few buildings in the center of the village, including two guest lodges, tourist office and post office, grocery store, mission church, and elementary school. Visitors register at the tourist office and pay a $2 trail fee. The post office is said to be the last in the country to be served by pack train.

The twentieth century has left its mark on the Havasupai in many ways, from mode of dress to a love for soft drinks and transistor radios. A new community center is used more for bingo games than tribal meetings. Last year a helicopter lowered five prefabricated houses into the valley, piece by piece, for the tribe's neediest families.

WATERFALLS, RIM TRAILS

Spectacular falls are the canyon's major attractions. You can rent a horse in the village ($7) or hike to the three major falls: Navajo, 1½ miles downstream; Havasu, ½ mile farther; and Mooney, 3 miles from the village.

Hikers pause *at canyon rim after steep climb from the valley floor*

To reach the bottom of Mooney Falls, you climb around rock terraces, through tunnels, and down the side of the cliff, using hand-cut steps and secured pitons. It's no place for people who are really bothered by heights, but the rewards justify the effort.

The fragile beauty of the lower canyon is better preserved by its inaccessibility. Foliage is more luxuriant, wild grape vines run rampant, and the pools from a side

Down, down to Havasu

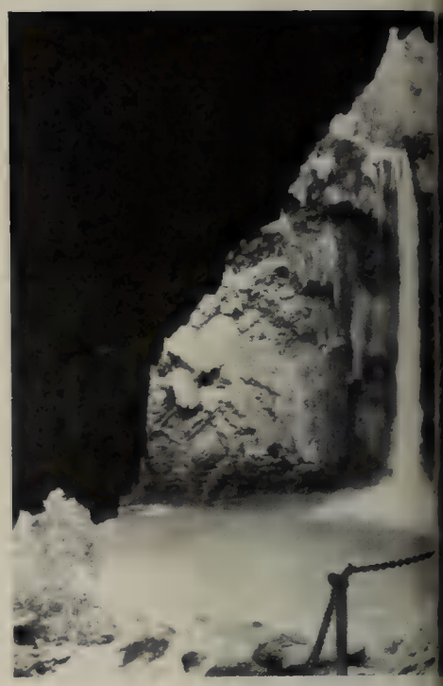
The only way to get there is afoot or on horseback. And May is the glorious month to go

AM

u Falls *plunges 100 feet to form ıg turquoise swimming pools. Travertine are shallow but slippery*

Hualapai Hilltop, *departure point, is where you leave your car and pick up your horse*

You park on top, go down 8 miles to the home of the Havasupai



Arch *of stone tapestry frames 200-foot Mooney Falls. First view is from tunnel exit halfway down cliff*

stream are lined with fern, monkey flower, and watercress. The side stream is a good place to get a drink; it is not advisable to drink from Havasu Creek, although you can swim in any of the inviting pools below the falls.

A primitive trail that fords the river in several places leads to Beaver Falls, a series of rapids and small cascades. Here any semblance of trail ends, but experienced hikers often continue to the Colorado—an 18-mile round trip from Supai.

Other hikes around the canyon rim are outlined in the only definitive guidebook, *Havasu Canyon, Gem of the Grand Canyon*, by Joseph Wampler, available at the tourist office ($2.50) or by mail from Wampler Tours (address follows).

CAMPING IN HAVASU

The two campgrounds are not far from Supai. One is within the reservation on a rocky hillside near Navajo Falls; the other is below Havasu Falls in Grand Canyon National Park. Both have running water but no firewood. Charcoal and kerosene are available at the village store.

Campers are required to take out all rubbish that cannot be burned.

HOW TO GET THERE

To reach Hualapai Hilltop, turn north from U.S. Highway 66 at the sign 7 miles east of Peach Springs, Arizona. From there a gravel road winds 63 miles northeast through high plateau country to the canyon rim.

For permission to enter the reservation and information on transportation and accommodations at the guest lodges, write to the Havasupai Tourist Enterprise, Supai, Ariz. 86435. Horses rent for $18 the round trip ($16 one way), with an additional $2 charge for riding to the campgrounds.

Joseph Wampler has been conducting camping trips into Havasu for 19 years. All-expense trips (six days, $165) include transportation from Kingman or Peach Springs, horses, meals, and guided tours in the canyon. For information on spring and fall schedules, write to Wampler Tours, Box 45, Berkeley 94701.

Havasupai storyteller, *John Montoya, explains lore of rock spires around village*

Indian ponies *don't look too spirited but they are sure-footed on the steep trail*

R. WENKAM

Ouch! *Camp cooking may offer surprises—particularly to those not used to desert flora*

ving the trail *involves fording a creek; sturdy sticks and tennis shoes may prevent an unexpected swim. Be sure to carry cameras in waterproof containers*

The Gig Harbor gardener who couldn't wait

Here is a visit to his beautiful garden. It doesn't yet have a house to go with it

Nobody lives here—not full time. The owner lives 11 miles away and drives here evenings and weekends to work in and enjoy the garden. Pretty soon he's going to build a house up on one of the adjacent slopes.

This is the commuting-camping garden of Doug Verbonus on Crescent Creek near Gig Harbor, Washington, in the moist, benign climate of Puget Sound.

The garden reflects a considerable amount of good thinking. Some of it is useful only to those fortunate enough to have a big woodsy place. But many of the ideas could be useful anywhere.

Back through the trees in the big photograph at right you can faintly see a wall. That's the side of a small structure for storage and toilet facilities—the only building on the place now.

When Mr. Verbonus came here five years ago, he found the big cedar and hemlock

Across stream *from firepit. Here are cedar rounds, Irish moss, lingonberry (profile against water), cottage pinks*
DON NORMARK

Stream flows *left to right. Features identified can be found in accompanying photographs*

The stream *has trout in it. Bridge is made of split cedar logs. Plants at left: licorice fern, cottage pinks, and pulmonaria*

DON NOR

trees that still grace the place. And there was the basic watercourse of the creek. But the ground was covered with a thicket of alder trees and salmonberry, and five running springs flowed from the base of one slope. Water from the springs plus the creek overflow flooded the flat parts of the property much of the time.

Getting rid of the undergrowth was a simple but arduous matter of sawing and digging.

Converting the flatland beside the creek bed into well drained terrain was the biggest task. First the new owner dug the rich topsoil from what's now the garden area and put it aside. He dredged the creek bed to make it deeper, and used the sand and gravel from the dredging to raise the garden's grade.

Then he spread the topsoil over the sand and gravel in the garden beds, and at that time foresightedly planted many of the shrubs and trees.

Next, tile lines went in to take water

Petal bench *around a cedar. Pipe frame set in concrete between roots. Insides of petals are trimmed occasionally to allow tree to expand*

SUN

Footbridge in hand-split cedar, walks of old brick (with drain lines below), ıcculents, rhododendrons, Irish moss, lingonberries, a creek, a pond, a firepit, edar stumps, cedar rounds

Water lilies *grow in a place that storm torrents don't harm. Japanese iris at water's edge*

and side holes *of hollow cedar logs filled with soil hold three kinds dum, two kinds of saxifrage, two kinds of sempervivum*

from the five springs to the creek. So that the tile lines could also take away surface water, Mr. Verbonus covered them with gravel and covered the gravel with walkways of used brick.

In the photograph at left one drain line runs from left to right beneath the brick walk right behind the logs. Another runs from left to right at the far side of the walk beyond the lawn. Both lines lead to the stream.

The rich soil drains well enough now that you can walk and garden on it. But there is still enough subsurface water that the garden needs no watering. (At this point readers who live in arid parts of the West are no doubt snorting with envy. In those areas you can duplicate such a carefree camping garden only with an automatic built-in watering system.)

This garden won third prize in *Sunset's* 1969 garden contest. First and second prize winners were shown on pages 115 and 118 of last month's *Sunset*.

Japan's Expo '70 . . . it's a sample

The front of Burma. *Two cheerful golden dragons swim by side in pond, bearing on their backs a seven-tiered pa that is Burma's pavilion. Visitors enter over a gang*

There are two world fairs at Expo '70. One is for the Japanese who make up 95 per cent or more of the visitors. To a Japanese, here is a visit to Europe, Africa, and the Americas. And so the USA, USSR, France, West Germany, Canada, Czechoslovakia pavilions all draw crowds and often have long waiting lines.

To a visitor from the United States, the exotic appeal of Expo '70 is different. On its grounds one gets the most complex look at Asia ever possible in one place. And at crowded Expo '70, the Asian exhibits are least crowded.

On display with exhibition halls, leading off with Japan, are Korea, Republic of China (Taiwan), India, Burma, Indonesia, Malaysia, the Philippines, Singapore, Hong Kong, Ceylon, Thailand, Laos, Cambodia, Vietnam.

Expo '70 also offers a complex and fascinating introduction to the foods of the Far East. Visitors can eat each meal in a different country, sampling all the major cuisines of Asia.

Indonesia has a pleasant, small, split-level buffet restaurant. The main course changes each day; there is no menu. Upstairs is a bar. Alongside the restaurant is the open stage floor where dancers and gamelan musicians perform.

Burma's restaurant is next door to Burma's beautiful twin-dragon pavilion. Like Malaysia's serve-yourself cafe-buffet, food is inexpensive and popular. Ceylon's is a sit-down restaurant, in the second of the twin Ceylon buildings. The three restaurants feature curry, all quite good, all different, and all inexpensive. You can have a hot lunch for 80 cents to $1.15 in Malaysia, for about $1.15 in both Burma and Ceylon.

If you like Chinese foods, your choice is wide indeed. The Hong Kong Restaurant next door to the Hong Kong pavilion offers Cantonese cooking not unlike that offered in Chinese restaurants in California, and it is not too expensive. Two restaurants in the big Republic of China (Taiwan) pavilion offer regional Chinese dishes rarely served in American Chinese restaurants. The food is delicious and more expensive.

Biggest single thing at Expo '70, in terms of area it occupies, is the Japanese Garden that runs the full length of the fairgrounds. It offers a spacious escape from the crowded fair proper. The garden is new and looks it, although it does contain many splendid and large trees.

But don't let the newness keep you from hiking along its paths. The newness really is an advantage for the gardener-visitor interested in ideas. With plants not yet luxuriant, all the landscape architecture shows. This is really a demonstration garden—paving ideas, water ideas, pathway ideas, fencing ideas, dozens and dozens of them. It's a place to take pl graphs.

The Japanese pavilion, along with th Russia and the USA, is supersize. A the Far Eastern pavilions in the early days, it alone drew super cro Even so, American visitors may fi worth waiting 30 minutes in line. pavilion consists of five separate b ings. You enter by escalator and your way down, one building at a t Once inside you can set your own Here is as intense a look at Japan as one has ever had in so short a time space. While history, art, and cu make up important segments of the s the breakaway growth of Japanes dustry is the big story. The Jap

all the Far East

Malaysian buffet. *Visitors carry their lunch to nearby tables. Meals are bargains. "Rost" chicken about $1.15, satay (broiled meat on a stick) only 80 cents. Small stein of "drought" beer 40 cents, big stein 75 cents*

The back of Burma. *Twin tails of dragons rise behind elegant golden pagoda-pavilion. Out of picture at right is separate Burmese restaurant building offering low-price curry lunch*

Japanese pottery exhibit *fascinates American visitors to Japan Folk Crafts Museum. Out-of-the-way museum was uncrowded in fair's early days. On display are both antique crafts, modern crafts that follow tradition, and breakaway modern design*

Junk sails, *flags, pennants lead you to Hong Kong pavilion on Expo Boulevard near the fair's west gate. Also here is Hong Kong Restaurant with Cantonese menu. Feature is midmorning or midafternoon tea with dim-sum, Cantonese snacks such as shrimp puffs or roast pork buns*

pavilion tells how this was achieved.

Expo '70 elsewhere offers an unprecedented look at booming industrial Japan. Around the grounds are major pavilions of the Japanese industrial giants: Hitachi, Mitsui, Matsushita, Mitsubishi. The inflated Fuji pavilion is already an Expo '70 architectural trademark.

GETTING AROUND AT EXPO '70

You can get a free pocket map of the fairgrounds at any information booth, and you do need a map. There's a similar map inside the cover of the official guidebook sold for 300 yen (about 85 cents) at stands throughout the grounds. Or you can buy a big 28 by 40-inch three-dimensional map (200 yen) that makes a great after-the-fair wall poster to use in explaining Expo '70 to friends.

English is the fair's second language, so it's easy to know where you are and where you want to go. But Japanese is the first language, and in emergencies may be the only language. When the giant ferris wheel got stuck on opening day, the explanation over the loudspeaker was in Japanese only. Non-Japanese visitors had to wait and wonder until firemen's ladders appeared.

The Japanese have long experience in massive crowd handling, and it is put to work at Expo '70. One device is the serpentine roped queue used to deliver the waiting crowd into the Japanese pavilion. Another: parallel moving sidewalks that reverse direction and so can handle a double load for morning incoming crowds and late afternoon outgoing crowds.

The moving sidewalks and fair-girdling monorail, both free, are usually jammed. Missing is any kind of two-passenger conveyance. You'll see five-passenger electric taxis, with girl drivers, but they are few and rarely vacant.

Some things to remember about Japan, for any new visitor: The only highly industrialized nation outside of Europe and North America, it now has the fastest economic growth rate the world has ever seen. It is the only completely literate nation in the Far East. Its living standards are highest in the Far East, but growth in living standards lags. T one reason why much at Expo is reasonably priced; most Expo pa are Japanese.

MAKING PLANS NOW

How difficult is it, this late in the to make plans for an Expo visit? N difficult if you work through a agent and sign up for one of the "package" tours still available.

Hotels and inns in Osaka, Japan's bustling second city, or in Kyoto, Ja ancient Capital of Peace and Tranq are where most visitors stay. The grounds are about midway between places. Transportation to Osaka is and quick (30 minutes) by bus, ta brand-new subway line. The tr Kyoto is a bit slower. Sleeping spa either city is almost completely res by tour operators and airlines.

How much time should a visitor for Expo '70? *Sunset's* reporters covered the opening of the fair say serves at least three or four days has enough going on to keep you much longer. Curiously, many tou low only three days and two nights

Best weather is in May and Septe The fair's last day is Septembe Crowds won't let up, but weekday be less jammed than weekend days.

The Expo trip from the Pacific Co not inexpensive. Lowest-priced available take two weeks, start at under $1,000 per person. Most tou longer and considerably more costl include tours of Japan or the Far E both, before or after Expo.

South Vietnam's *building, largest of the Southeast Asia pavilions, is crammed with lacquer chests, bowls, trays, tables, ceramic elephants, carved ivory. It made some early visitors uneasy*

Cambodia's *double-roofed building houses a scale model of the grand Angkor Wat ruin. But as Expo opened, Cambodia changed its government, closed its borders to visitors. Its building remains a come-on to tourists who can't come*

Fairgoers. *Japanese visitors at the fair far outnumber Westerners. Country women often wear kimonos. Everyone looks for places to sit down. This is theater in Indonesian pavilion; crowd is watching Javanese dancers, gamelan musicians. It's an early fair day, it's cold, so everyone is bundled up. The crowd includes two Westerners in front row and one standing in rear*

Like other fairs, this one is leg wearying, so people welcome a chance to sit down

A look *at tomorrow. Girl guide shows model of future living room which resembles an airliner interior with built-in electronics. Elsewhere in surprising Takara pavilion you see tomorrow's kitchen, bathroom, dentist's office, beauty parlor, and watch a Japanese beauty demonstration on a revolving stage. Takara calls its pavilion a Beautilion. It is built of prefabricated, pipe-framed 10.8-foot cubes, stacked, and is one of the architectural surprises of Expo '70*

World's largest *star sapphire is on display in pyramid-shaped case in foreground. This is one of Ceylon exhibit's twin cube-shaped buildings with dazzling white interiors, batik banner displays. The second building is a restaurant*

Start *with mellow avocado; perk it up with lime, coriander; add "heat" with onions, chiles*

Sauce of the Americas

It's endlessly versatile. It's a dip, a sauce, a dressing, a spread. It's *guacamole*

By the time Columbus initiated traffic between the Old World and the New, a simple uncooked fruit mixture was already firmly established as the sauce of the Americas. Its name has evolved from the original Indian form, through Spanish corruption, to what is today *guacamole* (say wah-kah-*moh*-leh); and guacamole still ranks as one of the great sauces of the Western hemisphere. The reason: its versatility.

Not only is guacamole the right sauce for many present-day Central American and Mexican dishes, it also combines deliciously with numerous other foods favored by Westerners.

The avocado, a native tree-grown, nonsweet fruit, is the one constant ingredient. All other seasonings can vary, but basically the pattern is a little tartness and a little heat blended with butter-smooth, butter-delicate mashed avocado.

Interestingly, a very common guacamole now encountered in Mexico—and the one we give here because it is so good—represents a transatlantic merger of elements. The Spanish brought sour limes and aromatic, feathery green coriander (a fresh herb available today in well stocked produce sections or in Oriental or Mexican food markets) that mix admirably with the indigenous avocado and chiles. But keep in mind that there are no rules for guacamole except good taste; the simpler the mixture, the more authentic it is likely to be.

This is a particularly good time to enter into guacamole experimentation, for both dominant Western avocado varieties are in good supply. The thin-skinned winter Fuerte (above, left) is reaching the end of its season, and the thick, dark-skinned summer Hass is just starting. The two varieties are subtly different in flavor and texture.

Choosing properly ripe fruit for guacamole is very important. The avocado should just give to gentle pressure when held in the palm; very soft fruit has overripe flavor; immature fruit is too firm to mash smoothly (let stand at room temperature to ripen).

Keep a supply of guacamole in the refrigerator or freezer and use liberally and frequently in any of the following ways. Keep in mind that the richness of guacamole is primarily flavor—an equal portion of guacamole, used in much the same way as mayonnaise or hollandaise, has less than a quarter the calories of these sauces.

GUACAMOLE

- 1 large, fully ripe avocado (10 to 12 oz.)
- 1 tablespoon lime or lemon juice
- 1 to 2 tablespoons finely minced onion or green onion
- 1 teaspoon minced fresh coriander (Chinese parsley or cilantro) or ¼ teaspoon ground dry coriander
- 1 to 2 teaspoons minced canned California green chile (seeds and pith removed)
- ¼ teaspoon minced, canned, small hot chile (such as jalapeño) or a few drops liquid hot pepper seasoning (optional)
- Salt to taste

Peel and pit avocado and mash coarsely with a fork, blending in lime juice. Mix in onion to taste, coriander, green chile, hot chile (or liquid pepper to taste), and salt to season. Serve at room temperatu chilled; cover to refrigerate up to 3 (To freeze, do not add onion until ture is thawed for serving.) Makes a 1 cup guacamole.

For additional variation, try these singly or in combination: Pass lin lemon wedges to squeeze over guaca according to taste; garnish with m fresh coriander; add as much as ½ peeled, seeded, and chopped tom extend with mayonnaise or sour c to suit taste.

Then use guacamole as follows:

Guacamole as a spread. Lavishly s on hot toasted light or dark bread, lish muffins, cornbread, or corn m (butter breads lightly first, if you Or spread on bread or toast for wiches of pastrami, corned beef, chicken, or turkey. Spoon guacamole hot grilled cheese sandwiches an with knife and fork.

Allow 1 to 2 tablespoons for a servi

Guacamole as a dip. Scoop guac onto tostadas (tortilla chips), corn crackers (plain or appropriately flav potato chips, cherry tomatoes, mild pieces, green onions, cold cooked sl or crab legs, hot fried shrimp or lops, or appetizer meatballs; or use dip to go with beef fondue.

Allow about ¼ cup for a serving.

Guacamole as a sauce. Spoon onto ings of sautéed sole, halibut, Gree turbot; barbecued or broiled beef ground beef patties, lamb chops; beef, lamb, pork; cold sliced tu

guacamole on toast for lunch
up; for a delicious sandwich add
bacon, sliced sweet onion

Spoon *guacamole as a sauce onto hot broiled lamb chops. A squeeze of fresh lime is a typical Mexican touch*

Salad natural: *guacamole and cold cooked shrimp. Try other shellfish, too; season with lime*

Guacamole *scooped up with tortilla chips is most familiar presentation of this multipurpose sauce*

chicken, or tongue; sautéed or poached salmon; sautéed liver or chicken livers. Or spoon guacamole into servings of hot chicken or beef broth, canned heated chicken with rice soup, or chilled jellied madrilène or consommé, or gazpacho.

Allow 1 or 2 tablespoons for a serving.

Guacamole as a dressing. Spoon onto sliced tomatoes; wedges of crisp lettuce; cold shrimp, crab, or lobster; or servings of oil and vinegar-dressed green salad.

Allow 2 to 4 tablespoons for a serving.

GUACAMOLE SEAFOOD SALAD

This is Mexico's counterpart of the Western Crab Louis or Shrimp Louis Salad. Mix 4 cups broken pieces romaine, butter, or red leaf lettuce with 2 tablespoons wine vinegar, 4 tablespoons olive oil, and salt to taste.

Arrange greens on a flat platter or on 4 individual plates lined with lettuce leaves. Allow a total of 1 pound crab meat or medium-sized shrimp (cooked, shelled, and deveined), 1 cup (1 recipe) guacamole, 2 or 3 sliced hard-cooked eggs, about ⅓ cup sour cream, and 1 lime cut in wedges. For large salad, arrange a ring of shellfish on the greens, mounding the guacamole in the center. Garnish with eggs, and mound sour cream onto guacamole. For individual salads, divide ingredients equally and arrange in the same manner. Squeeze on lime according to taste. Makes 4 servings.

A less rugged house *would seem out of place on this dramatic, boulder-strewn site. Rough timber posts and heavy concrete piers support side walls. Front bedrooms open to sheltered balcony*

More weekend-house planners throw away the rule book

HONOR AWARD

1· Honor award cabin is as rugged as its rugged site

Here's why *owners named house "Miles of Sky." Deck with bench railing was recently added; it's set low so it won't obstruct view*

"This house seems to give back something in return for its use of the expansive lake view. It is visually strong yet does not destroy the shoreline," one juror commented about this vacation house on the Nevada side of Lake Tahoe.

The other six jurors made the approval unanimous and gave the house an Honor Award in the 1969-1970 A.I.A.-*Sunset* Western Home Awards program. It was reported briefly on page 90 in the October 1969 *Sunset*.

The design objective was to create a house as rugged as its site—one that seemed to grow up out of the great boulders. And the owners requested four bedrooms separated from the living areas, each with its own view of the lake and mountains.

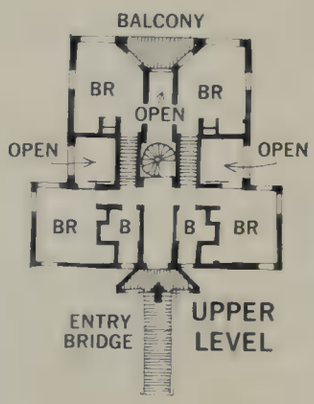
What evolved is a two-level structure, the upper level for sleeping, the lower for an eating and living area. You enter at the upper level and look through the two-story space to the view beyond. Metal spiral stairs take you down to the living area. Total floor space is 1,350 square feet.

The architect was Sidney H. Hoover of Campbell and Hoover, San Francisco, for Dr. and Mrs. William G. Hoover.

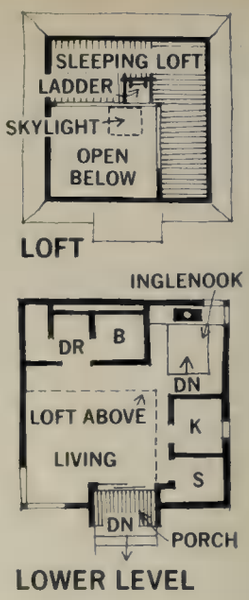
Roll-back walls *open bedrooms on entry side to two-level space. Projection of house (seen through glass) provides lake view windows*

Boulders *are incorporated into the living level. This is eating area with cooking alcove in the background*

DWAIN FAUBION



2· You enter through a grand hole in the wall



This little mountain house in the Donner ski area of the Sierra is only about half the size of the one shown on the previous page. It's a one-room, pyramid-roofed structure with a living level and a sleeping loft, totaling 670 square feet of floor area. A central skylight admits daylight to the center of the house and to the windowless sleeping loft. Tucked under the loft is a cozy sunken inglenook—a fireside retreat partly enclosed by the walls of the bathroom and kitchen and out of the mainstream of traffic.

The entry is raised 5 feet above the ground and recessed (see photograph below), to be above the snow level and sheltered from winter storms.

The architect and owner is Robert W. Hayes of Compla Corporation, San Francisco.

Living area *has ladder access to loft (it sleeps six). Bath - dressing room beyond. Skylight 18½ feet above*

MORLEY BAER

Inglenook *with sunken center has floor-level shelves for cushions, prefab fireplace, baseboard heater*

Entry faces *weather so it's high, recessed. Last year snow level reached top of steps (18 feet on leeward side)*

KARL H. RIEK

-way fireplace *(containing circulating heat unit) serves both eating-living area and sleeping zone. Note truss system above; span is 17 feet*

AWARD OF MERIT

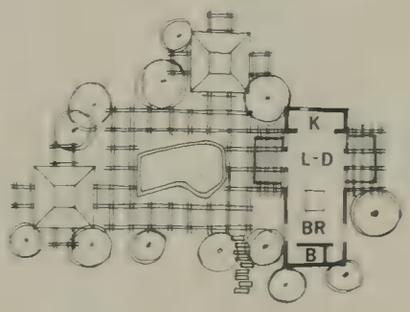
3· An open interior, a screened sleeping deck

Another award winner, as reported in the October 1969 *Sunset,* this house contains 880 square feet and will eventually be the main activity area for a three-unit complex (see plan).

Other units, for sleeping and lounging, will be organized around a central swimming area. Springs will supply the pool water.

The house was designed so it could be built by the owners. Built-in-place trusses are the main spanning members, with 2 by 6-inch decking over them. Most dimensions were in even foot sizes to allow use of mill-cut lumber.

Architects were Ronald G. Brocchini and Myra M. Brocchini, for Mr. and Mrs. R. W. Mossman at Boonville, California.



Decks project *from each side. This one, screened, is for outdoor living - sleeping. One on opposite side serves in part as entry. Bubble window over sink*

Broad steps *give each family access to water, ser separate houses and outdoor decks. Major windo face the water, rather than sides, to insure pr*

4· Weekend twins with a water stair between

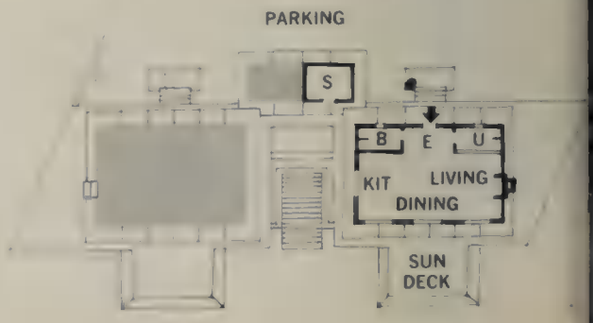
Two families developed this two-house vacation compound along Washington's Hood Canal. They shared the costs of land, bulkhead, access road, sanitary and water systems. And since each family had about the same requirements for space (each has two children), they made additional savings by building the same house twice.

The building form is a simple two-story rectangle, supported along the water side by the bulkhead. There's a 600-square-foot lower level, and a 460-square-foot upper level containing two bedrooms, bunk room, and bath extending around three sides of a two-story-high space above the dining area. The bedrooms open to waterside balconies. The lower level adjoins a 16 by 20-foot deck that extends out over the water beyond the bulkhead.

Linking yet separating the two houses is a storage structure that also serves to screen the outdoor living areas from the road. Within it each owner has an 8 by 10-foot area to use as a changing room and for storage of deck furniture, fishing, boating, and swimming gear.

Architect for the project, and also one owner, is Howard A. Kinney of Seattle. The other owners are Mr. and Mrs. Lester H. Greener, also of Seattle.

Storage house, *projecting forward, screens decks and to water. Fancy butt shingles repeat roof p*



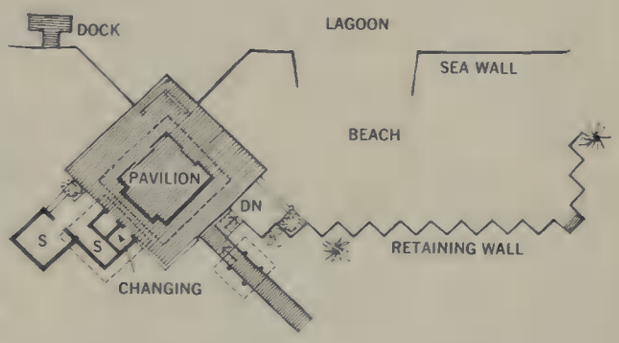
;· Weekend pavilion has steep pyramid roofs

ı to eight months of the year, the owners picnic, sun- swim, and boat around this lagoon-side pavilion. Like acoma pavilion on last month's cover, it's not a full- l vacation house. There are no cooking or bathroom es, but none are really needed because the main house across the road. In the 12 by 12-foot interior space, room for entertaining, or for relaxing when it's too , cool, or hot outside. A smaller structure contains two ng cubicles and spacious, lockable storage rooms. There's ı outdoor shower for rinsing off sand.

ing walls (see sketch) were built to keep the sand dunes roding into the lagoon, and to create a level sun-bathing The pavilion and storage structures were built on the ide of the site to deflect strong, prevailing winds away he beach.

rchitect was Sherwood Stockwell of Bull, Field, Volk- Stockwell of San Francisco.

Bridge-boardwalk *reaches across dunes, then steps bring you down to pavilion level*



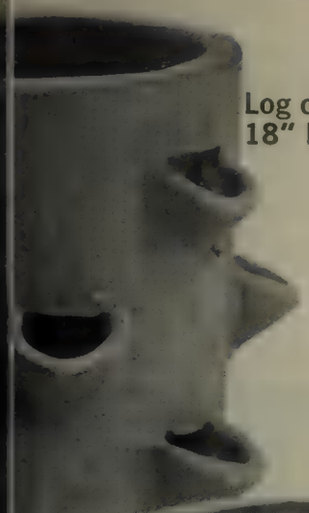
nial *on pavilion is plastic bubble ıt—decorative, functional, raising r light level to balance water glare*

KARL H. RIEK

Large *traditional Mexican strawberry jar and some of its many variations. All are from Mexico, except scallop-topped jar (far left) from California pottery*

Strawberry jars and other odd pots with balconies . . . from Mexico

Hanging pot
6½" high; 3 pockets



Log or tree jar
18" high; 12 pockets

d jar
0 pockets

GLENN CHRISTIANSEN

Imaginative Mexican potters, often using primitive methods, turn out an amazing number of variations on the traditional strawberry jar. As new shapes and sizes come along, gardeners can have great fun planting them; there's almost no limit to what you can use.

All but one of the jars illustrated in this article were made in Tijuana, Baja California, from red clay obtained in nearby hills. They are similar in color to new brick; like most terra cotta pots they turn darker when wet, and discolor somewhat after weathering. The importer admits that much Tijuana pottery has a bad name for breaking easily because of insufficient firing; wood is scarce in the area so most potters can't fire their kilns properly. The containers you see here, however, have been fired at high temperatures.

In spite of possible imperfections, Mexican pottery is a good value if you want plant containers with an earthy, informal, handcrafted quality. And it doesn't cost a great deal to replace the broken ones.

HOW TO PLANT

Use a porous mix of equal parts of loam, coarse sand or perlite, and organic matter; or use a ready-mixed commercial product. Place a piece of broken crock over the drainage hole in the

Squatty *eight-pocket Mexican strawberry jar planted with yellow violas stands near entry*

Primroses, *arabis, alyssum, baby carnations, marigolds, pansies make spring bouquet*

Succulents *are ideal plants for Mexican strawberry jars. Bold aeoniums in handsome old jar above. Big mother hen, at right, planted with hen-and-chickens (sempervivum); or use cotyledons, dudleyas, echeverias, sedums*

bottom of the container. For taller jars, fill with soil t lowest row of pockets; firm to eliminate air spaces. If po are large enough, insert small plants from the inside o jar; it's less damaging to roots than forcing them in from side. (See sketches below.)

After planting the lowest pockets, add more mix to the row of pockets and proceed as before. Then fill with s within 1½ to 2 inches of the rim and plant the top su Water thoroughly with a gentle flow; fill the empty spa the top several times, and let the water seep through the body of the soil and dribble down into the pockets. If som washes out of pockets, fill in with more soil.

The large jar on the right is watered through a perf pipe, as sketched below. The owners, Mr. and Mrs. Tribolet of Los Angeles, find this method insures tho watering all the way to the bottom without washing so of pockets, and makes it possible to water less frequent

GLENN CHRIS

Step by step . . . how to plant a multiple pot

Plant from inside *if pockets big enough. Gently push out top of plant, firm in roots; add soil to base of next pockets*

Plant from outside *if pockets are small. Use small plants, rooted cuttings, poke in big seeds. Firm soil well as you plant*

This jar *watered through 2-inch rated pipe, capped at bottom, co top between waterings to keep s*

CAN YOU PLANT?

almost anything; let your imagination go. Our photo- illustrate many good ideas for planting. Here are others:

ls (to plant now for summer color): ageratum, lobelia, marigolds, nasturtiums (simply poke in seeds from out- dianthus (pinks), dwarf impatiens (perennial often l as annual), petunias (Cascade types for large jars), phlox, portulaca, sweet alyssum, torenia, creeping zin- d verbena.

l covers (small divisions or rooted cuttings): many kinds, ng ajuga, wild strawberry, ivy geranium, green and liaged creeping thyme, dwarf rosemary, sedums, and *minor*.

g plants: ornamental asparagus, campanulas, *Convolvu- uritanicus*, spider plant (*Chlorophytum comosum*), small- ivies, strawberry geranium (*Saxifraga stoloniferum*), grape ivy, plectranthus, and wandering Jew (*Tradescantia*). In colder areas, you can grow many of these as indoor-outdoor plants.

Mexican strawberry jars are available at roadside stands in California and Arizona, in nurseries, and in some hardware stores and gift shops. Both Mexican and domestic pots are also becoming increasingly available in the Northwest. Prices are usually much lower along rural roadsides than in city shops which must add cost of pickup or delivery and handling. If retail dealers in your area don't carry strawberry jars, ask them to check wholesale sources.

A friend who bought some strawberry jars in San Miguel de Allende, Mexico—they were probably made in nearby Dolores Hidalgo—writes: "It amuses me to find that they are sold under the name of *mucetas con balcones* (loosely translated as pots with balconies) and that in the jargon of San Miguel some matrons are jokingly referred to by the same name."

WILLIAM APLIN

Herbs *also are ideal for rawberry jars. This one has chives, cress, lemon balm, mint, oregano, rench sorrel, two kinds sage, golden variegated thyme. Jar is watered ugh perforated pipe in center (see sketch below, left)*

Before. *Landscape architect, owners discuss three problem areas in 8-year-old garden. See work done on the next three pages*

Sometimes what old gardens need is a haircut and tailoring

This 8-year-old garden in the San Fernando Valley was beginning to show some typical signs of its age, most evident in the areas numbered in the big picture above.

Shrubs the previous owners had planted close together for fast effect now competed for space. Shapeless plants hid parts of the house and blocked traffic on a walk that was too narrow to begin with. No sunny spaces were left for flowers.

Follow the pictures on the next three pages to see how simply the garden's new owners improved the three main problem areas. All it took was a little pruning, pulling out, transplanting, planting, and building.

How they did it points out several things to consider if you're about to remodel a garden:

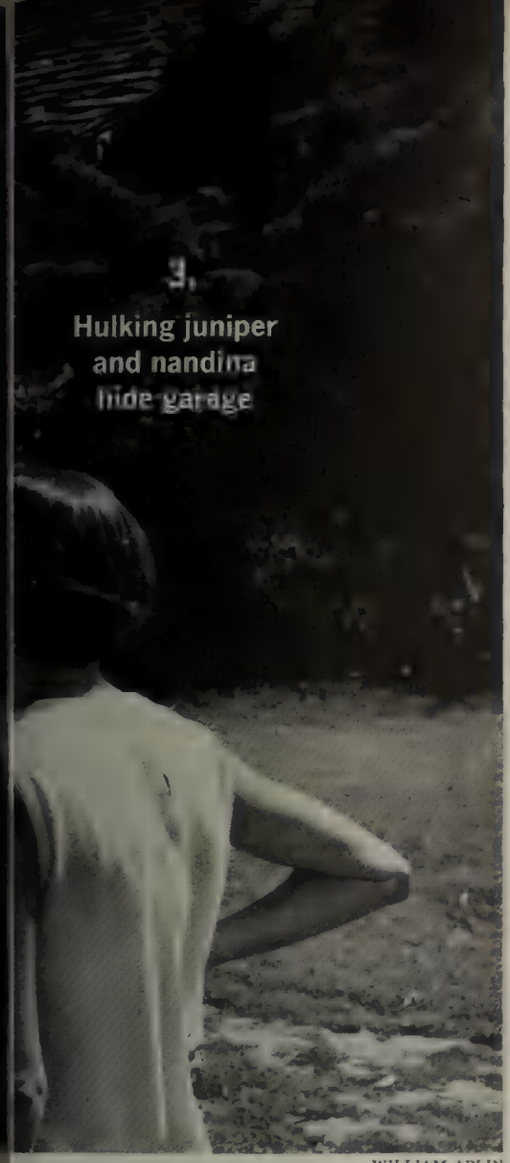
It helps to get professional advice from a landscape architect or nurseryman, especially if you're new to the area and don't know the plants and seasons. (Landscape architect L. K. S sketched the plan for this garden remodeling.)

Try to capitalize on existing growth. Plants that are t tractive where they are may be useful in other parts of garden; for example, the nandinas in these pictures were mo

Prune rather than cut down, whenever you can; notice happened to the rather hopeless-looking bronze loquat and Pfitzer juniper.

If you put in new plants, use big ones if possible. Big p are expensive, but look more at home with the older p already there and catch up with them sooner.

Do something structural. For instance, a privacy screen overhead, or a small deck gives an immediate effect. S tures are usually the costliest part of a garden. Materia the deck in this one cost about $120, all the new plants $7



3.
Hulking juniper and nandina hide garage

WILLIAM APLIN

First job . . . the loquat gets a working over

The photograph below, right, shows this part of the garden just before remodeling began: A narrow juniper and a bushy bronze loquat shared a 4 by 6-foot planting bed that had room for just one big plant. The owners thought the loquat had the most potential—big bold leaves and a strong trunk system—and decided to save it and dig out the juniper.

To shape the loquat, the owner first lopped off branches less than an inch in diameter that were growing on the lower 4 feet of the plant. This made visible the handsome, gnarly trunks. To expose more of the plant's structure, he cut off leaves and twigs from branches up to eye level. Finally he thinned the dense head of foliage by pruning out a few whole branches near the top.

Owner begins *to remove tall, pointy juniper in crowded bed. Loquat to his left will be pruned to show its shape*

Loquat *after pruning shows handsome branch pattern. White vinca and nandina to right replace the juniper*

In side view, *gnarly loquat trunks (hidden before pruning) frame white vinca. Gray pebbles beneath*

Second job . . . a broad deck opens up the entry

The old, undersized concrete walk and porch got people to the front door, but that was about all. The new wood deck—its heavy planks suggest a boardwalk—makes the way to the front door much more inviting. It also provides a place for container plants to be displayed, and for children to sit or play in the sun.

Most of the deck's framework sits on the old walk and porch. To the left of the walk, where the lawn used to be, the supporting 4 by 4's rest on concrete blocks at the same level as the walk. To the left of the porch, where bamboo was dug out, 2 by 4's sit on ready-made concrete piers at porch level.

On the porch, the deck's weight and snug fit between walls hold everything in place. Below the porch, the frame is nailed to 1 by 2-inch stakes pounded in the ground.

Decking consists of rough 2 by 12's. The lumberyard planed the boards on one side to make them smooth and of equal thickness, and also cut the boards to length. The boards were laid flush together and nailed firmly to the frame.

The Japanese black pine in the cutout grows in a 17-inch-wide flue tile sunk a few inches into the ground.

Framework: *2 by 4's on porch, piers; 4 by 4's on walk, on bricks at left, and in front. Flue tile to hold pine*

Owner tries *2 by 12's on frame to test fit, level. Short planks by door fit snugly between walls*

Pine *planted in flue tile grows through one-board-wide cutout. Tile raises tree, makes it stay smaller*

Finished deck *is step up from drive, another step up where porch was. The 4 by 4 across front hides frame, edges bed at right. Pine grows in cutout, upper left*

Third job . . . overgrown juniper cut back and opened up

'he big blob of a plant hiding the garage—a blue Pfitzer juni-er—used to be sold as a low, spreading type. It isn't. So now ıany people own 10-year-old Pfitzers like this one, three or ›ur times the expected size.

'he first thought of the new owners was to cut the whole thing own. But after looking inside it and seeing three sturdy ·unks, they decided to prune it into a tree shape.

'o clear a path into the juniper, the owner first cut down the andinas growing to the left. Some nandinas were transplanted ext to the bronze loquat, the rest thrown away.

(e started on the juniper by cutting off enough low branches to xpose the rough, reddish trunks. Then, working his way up, he runed out dead wood, cut back to the trunk the branches that rooped or swooped too much, thinned out a few branches to llow more open space at the top.

Pruning a juniper is itchy work; wear gloves and long sleeves.)

n edging of 2 by 4's separates the juniper from dichondra wn. Dwarf nandina underneath won't crowd the juniper as ıe full-sized nandina did.

ompare the picture just below with the big one on page 104, ıowing this garden before remodeling. It looks much better ·oomed now. The entry is more inviting. But the most ap-ırent change is in the juniper and the bronze loquat.

runing made the difference. The techniques used here will so work for many other overgrown shrubs. It's like pruning ›nsai. The idea is to show less of the plant's outer foliage and ore of its underpinnings—the trunks and bigger limbs that ıve begun to develop strong shapes and signs of age.

A look *at juniper's structure to see if it's worth saving. It is. Next: Dig out nandina, left; prune juniper*

With low branches off, *top thinned, juniper makes neat small tree. Dwarf nandina below; 2 by 4's edge lawn*

Roomier route to front door. Overgrown shrubs are gone (bamboo, nandina) or shaped (loquat, juniper). Some new paint

WILLIAM APLIN

Shellfish barbecue the way it's done on Puget Sound

Minutes before, the shellfish feast at right was steaming in an underground firepit alongside sand castles on Washington's Hood Canal.

Cooking oysters, clams, Dungeness crab, and corn in a rock-lined pit makes for a splendid beach picnic, and it's an excellent way to feed a large group simply.

The rocky beaches of the Northwest are just right for pit cooking. You need smooth flat stones to line the pit—a technique the Northwest Indians have used for centuries.

Farther south where sandy beaches begin, we suggest a different cooking method: a shellfish barbecue over an open tr

Not many people are fortunate enough to live near a where they can gather oysters from the rocky shore. It's a easier to find cockles or other clams and dig them as the w ebb on an exceptionally low tide. But the picnic is fun wh you find or buy the ingredients.

In late spring you can usually buy Pacific oysters, smal clams, and sometimes Dungeness crab at such seacoast o growing centers as Hood Canal, North Bay, Grays Ha Willapa, Tillamook, Netarts, Yaquina, Coos, Humboldt Tomales bays, Drakes Estero, and Morro Bay. Elsewhere wise to order shellfish in advance from your fish market. California markets offer imported Northwest clams, Dung crab, and Eastern oysters from the Gulf states.

Besides shellfish, the menu is brief for this firepit feast:

Firepit Oysters, Clams, Crab, and Corn
French Bread Melted Butter
Cherry Tomatoes in a Basket
Watermelon
Carbonated Beverages California Pinot Chardonnay W

A minimum of gear is necessary for such an outing. The e tials are shovel, rake, oyster knife, butter pot, basting b

First dig a pit on beach and line with flat rocks. Then build a blazing fire and let it turn to ash...

Layer with seaweed, then a wire mesh "tray," and put on shellfish and corn...

Cover it all with a sea-soaked burlap gunny sack and let it steam

g adventurer pulls crab leg from big Dungeness, while little warily studies the bounty of oysters, clams, corn

DON NORMARK

DON NORMARK

Weathered logs *and a sawed-off card table provide shoreside buffet table for the shellfish supper*

napkins, plastic wine glasses, plastic buckets, gunny sack, asbestos gloves, a large open basket for serving, and a 4½-foot length of flexible hardware cloth about 1 yard wide, available in hardware stores.

Firepit Oysters, Clams, Crabs, and Corn. Dig a pit about 4 feet long, 2½ feet wide, and 18 inches deep in a spot that will still be above the high tide line about 4 hours later. Line bottom and sides with good-sized, smooth flat rocks (don't use jagged rocks or ones with definite layers, as they could explode). Build a hot fire in the pit with wood or briquets, let it blaze for 1½ hours and then die down. Rake out the coals and cover the rocks with a thin ½-inch layer of freshly gathered wet weed (or substitute wet corn husks). Fold up the edges of hardware cloth to fit the pit and place it on the seaweed.

For each person figure on about 10 clams, 5 or 6 medi sized oysters, 1 or 2 ears of corn, and ¼ of a cooked cracked large Dungeness crab. Place layers of oysters, cl and then crab on the hardware cloth. Dip corn (still in husk) in salt water and place on top. Cover with a wet gu sack or tarp. Anchor sack with rocks. Let steam 40 min

Using gloves, lift off rocks and sack, and check corn for d ness; if it's steaming hot, the rest of the food is also re If not, replace cover and cook 10 minutes longer or until d Then lift out wire tray. Transfer corn and shellfish to a s ing basket. Serve with a pot of melted butter and a brus swabbing both shellfish and corn. Have a basket of Fr bread and cherry tomatoes alongside.

Shellfish open-pit barbecue

An alternate way to cook shellfish and corn on the beach barbecue them. This lacks some of the adventure of the fir but it is faster and suits a sandy area without rocks.

The equipment list is the same as before, but add a ro heavy foil.

Dig a trench in the sand about 16 inches deep, 18 inches and 4 feet long. Line the sides and about 6 inches along th with foil (this reflects heat and prevents sand from cavin Make a support in the center to help hold the grill, using a poked in the sand vertically or a stack of bricks.

Build a fire with briquets, lay the hardware cloth flat the hole, and when fire dies to glowing coals, rake to an layer. Then place shellfish and corn on grill. Heat, turning just until shellfish open and corn ears start to char. This only 5 to 8 minutes. Serve with melted butter.

PETE RE

Instead of firepit cooking, you can barbecue over an open sandpit

An alternate way *to cook shellfish and corn: an open-pit barbecue, carved out of sand and lined with foil. It grills food quickly*

Styles shown (top to bottom): Golden Tabac Shag Buckled Sahara, Golden Tabac Shag Sahara, Tabac Shag Sahara Oxford. At fine men's stores everywhere. L. B. Evans' Son Company, Wakefield, Massachusetts, 01880

The Changing Western Home

Two-position lock for sliding glass doors

Sliding glass doors can be a worry. small hook lock built into the door is really strong enough to keep a determi person from prying it open; and if want to leave the door slightly open a bit of air during the night, the h lock can't be used at all.

A number of companies have tried solve the problem with a variety of l ing devices. The one pictured her particularly interesting since it is sn easy for anyone to install, and holds door fully shut or partially open. It work whether the sliding track is out or inside.

The lock is basically a sliding bolt. S eral brands are available, each sligl different, for $1 to $3. For this one screw a T-shaped housing to the fr of the stationary door section. The of the T holds a bolt that you slide i one of two holes drilled in the botton the door. One hole holds the door f closed, the other holds it open a inches. You need only a power drill bits for drilling metal to install the l Look for the locks at hardware and ho ware shops.

Stop ultraviolet light

Anyone adding to a house or building a new one might be interested in a new clear glass that stops ultraviolet light and so prevents the fading of colors in objects near windows.

The price of the glass is high, about $6 per square foot as opposed to $3 or less for tempered glass, but where strong sunlight may damage valuable furniture the extra investment can save you refinishing or replacement.

The glass consists of a sandwich with glass enclosing plastic. The plastic does the work, cutting out all but 1 per cent of the ultraviolet waves in the damaging wavelengths.

If your contractor is unable to find the glass for you, write to Building Editor, *Sunset Magazine*, Menlo Park, Calif. 94025, enclosing a stamped, addressed return envelope.

Tap water that's clean

If you're troubled by impurities in your tap water, there's a filter that can be installed on the incoming water line.

The filter can be adapted to remove either solid impurities or undesirable flavors and odors. If you need both functions, you must install two units. The resulting clean water will safeguard your family's health and be easier on household equipment such as the hot water heater. Each filter is $30 plus installation through your plumbing supply dealer.

Intercom with a tape deck

The small cassette tapes are particularly easy to use and store, and there is now an intercom system that uses them. The control system costs $335, and includes AM-FM radio and the cassette player. You can use prerecorded or home recorded tapes.

Toward an efficient closet

Closet organizers of one sort or ano have been around for years. Fol hanger holders, hanging shoe trees, a multiplicity of tie holders line shelves of hardware stores.

Even so, closets tend to fill fast, there's never quite enough space for m of the things they should hold. A kit available gives you compartmented sp both shelves and hanging areas, to us all the leftover parts of the usual cl The kit can be ordered for closets f 2 to 6 feet wide and costs $20 to $45. install it in about half an hour.

When you're finished, you have dou decker hanging space for short cloth a long space for dresses and overco and a number of shelves from waist hei to the top of the closet.

The closet organizer kit is availabl hardware and department stores.

I am an architect. I designed this house. I specified redwood.

In Pennsylvania, there's a house that belongs to the land.

It has the land's pride, and honesty, and strength.

But not the land's temper.

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A wood that won't rot. Warp. Decay. Or give refuge to pests.

A wood whose natural beauty, permanence, and logic answered the challenge of the land.

Was there any other answer? Not for this land. Not for this architect.

And, just maybe, not for you.

FORNIA
WOOD
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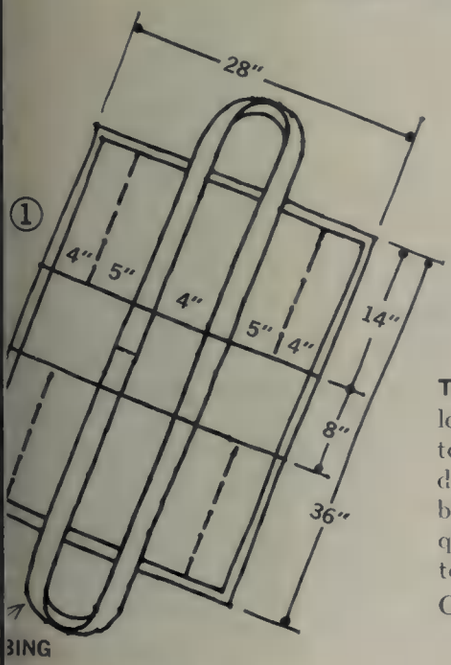
Collapsible *canvas g holds everything ou need for a picnic lunch at sea*

DARROW M. WATT

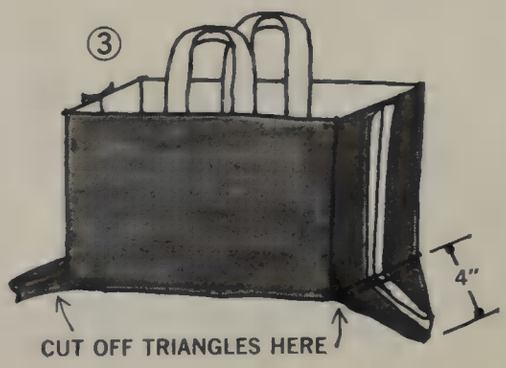


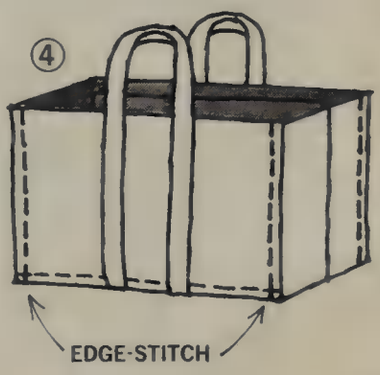
Sailor's bag . . . endlessly useful, easy to make

The canvas bag is an old friend of the sailor. It's light, flexible, and strong enough to tote a heavy load of clothes and food down to the boat. Once aboard, the soft bag can be easily stowed in a locker or quarter-berth. There are no hard edges to scratch the brightwork.

Campers, beachgoers, and home craftsmen will find the bag just as handy for hauling their gear. It collapses like a paper bag for easy storage when not in use. Travelers can pack a bag in their suitcase and bring it back filled with travel finds.

It will take about an hour (or less) to sew the bag together. Materials cost





When we tried to blow the shingles off, we almost blew the house down.

BIRD & SON

There is an authorized Bird Home Improvement Contractor near you. Insist on Bird quality and you will get it. If you want more information, mail this coupon to Box S-5, Bird & Son, E. Walpole, Mass. 02032

Tell me more about: ☐ asphalt roofing ☐ vinyl siding ☐ vinyl shutters ☐ vinyl gutters

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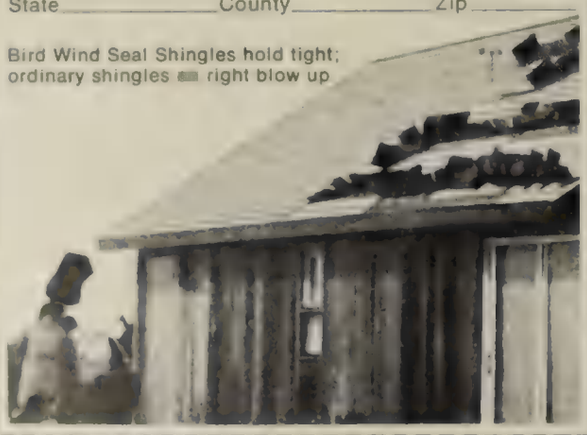

We covered half a roof with ordinary shingles, half with Bird Wind Seal® shingles, then hit it with hurricane winds. At 120 mph the house almost collapsed, the ordinary shingles were in tatters, but Bird Wind Seal shingles stayed put.

We know how to keep a roof over your head.

about $3.50; you'll need 1 yard ounce canvas duck for the bag feet of 2-inch cotton webbing handles. Look under "Awnings" yellow pages of your telephone b see where both are sold.

Canvas duck comes in off-white ai eral vivid colors and stripes. It erally treated for mildew resistan water repellency during manuf You can buy it in various weigh weaves; don't choose one heavie 10 ounces if you're using a home machine.

Commonest widths are 28 to 31 The sketch on page 115 shows how ize a yard of 28-inch-wide fabric. piece is wider than this add th fabric to the center section—or side seams.

Zigzag the two cut ends to prevent ing; then fold and stitch 1-inch Zigzag the ends of the webbing a flat to the right side of the bag, ends together as shown in sketch webbing extend in a 15-inch loop each hemmed edge for the handle stitch the webbing to the bag on all

Fold the duck with right sides t and stitch a 1-inch seam on both Press open and stitch down edges side seams to bag so the inte smooth.

Fold end seams to form triang shown in sketch 3 and stitch acros 4 inches from the point. (Depth seam from point of triangle will mine size of the boxed bottom.) the triangles and zigzag the raw e

Now turn the bag to the right side creases along each side (parallel t

DARROW

Bag folds flat *after supplies are re packs away compactly for use la*

line) from points formed at the b to the top of bag; also crease along edges to form boxed bottom. Edge on all creased lines. You may h skip over the webbing sections combined thickness of fabrics may heavy for some home machines.

After a final pressing with a steam the bag is ready to use.

If our bug is too small and our box is too big, how about something in-between?

The Volkswagen Squareback.
It's as economical to run as our little bug.
And just about as easy to park. Because outside, it's about the same size as our bug.
But inside, it's more like our box.
It can seat 4. Plus hold just about 50% more luggage than the biggest domestic sedan.
(Over twice as much if you fold down its back seat.)
The Volkswagen Squareback:
Not too small, not too big.
Just right.

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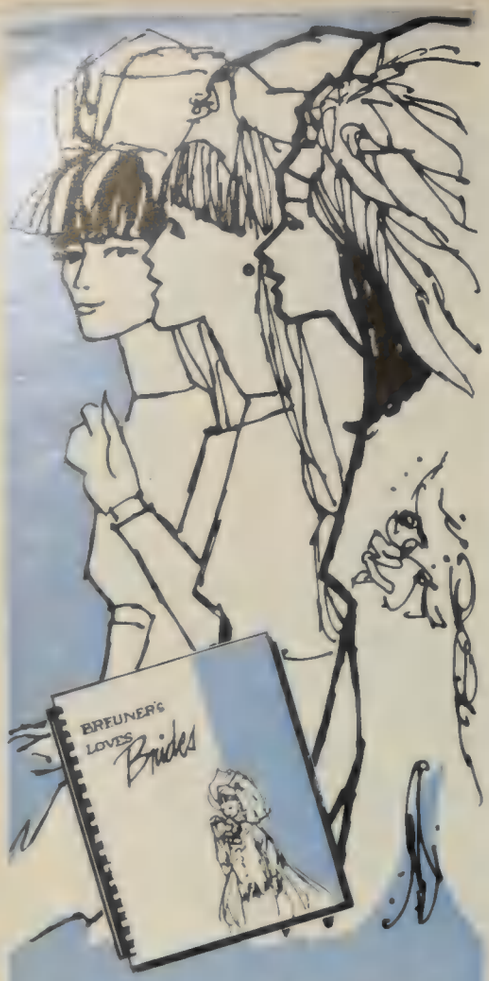

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Private, floor-level *deck added outside master bedroom gains privacy from screen of 2 by 2's with 2-inch spacers. Hidden steps, lower left, lead to garden leve*

Deck and doors open up the hous

Before remodeling, access from this house to its garden was limited and awkward. The living room opened through sliding glass doors to a concrete patio covered by the roof overhang. Adjoining it at right angles, another sliding glass door connected the master bedroom to the patio. The dining room had windows looking onto the covered area and the garden beyond, but no outside door.

As the photographs show, the entire back of the house now opens to the garden. The master bedroom, its former o to the patio walled over, has th pictured above, which provides a accessible outdoor sitting area. It screen isn't solid, so air can move the deck; there are no hot, dead air

New sliding glass doors, glimpsed right in the photograph above, no the dining room to the covered pa

The architects were Bodrell Jo Smith and Associates, for Dr. Rochlin of Beverly Hills, Califor

RICH

End of deck *extends beyond screen to form plant shelf and bench. At right, old roofed patio is still in use, its concrete surface now covered in tile*

Juliet slept here.

You may not live in a Renaissance lace. And have rough-hewn stone a floor. But you can have a droom as romantic as Juliet's with ellissimo" bedspreads from Sears.

They're bedspreads so thick and luxurious. Richly embroidered and laced with fringe. And you won't have to travel to Italy because we imported "Bellissimo" just for you.

In six beautiful tapestry designs. Nineteen glorious colors. In every size, even king and queen. "Bellissimo" bedspreads. At most Sears, Roebuck and Co. stores and in the catalog.

You've changed a lot lately. So has Sears

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Let PPG Glass give you an open house.

The new idea for spacious living is part of the exciting freedom movement of today's generation. You're influenced by travel, architecture, fashion, education—it's a whole new unconfined, emancipated way of life . . . and glass belongs in it. Wherever you live, glass is a wonderful way to open up your home. Rooms look bigger. Gardens are in . . . in the kitchen, the bathroom, the bedroom.

Sliding glass doors lead to private enclosed courts. Glass lets everythi outside inside. Everything, but the weather. There are no disadvantage of summer's heat or winter's cold. Whether you plan the dramatics of glass wall or an intimate, secluded patio view off the bedroom, today' new glass gives you weather-beati insulation, plus reduced fuel bills in the bargain. Here, on these page

William F. Cody & Associates

Safety, the new fashion in sliding doors. The use of glass patio doors to bring the outdoors indoors and back again is beautifully interpreted in this California home. PPG HERCULITE® K is the recommended glass for sliding glass doors like this. A tempered safety glass that takes terrific impact. If it ever breaks, it won't shatter into dangerous shards. It crumbles into small pieces. Now is the time to open up your home, wherever you live, with PPG safety glass . . . HERCULITE K.

New wardrobe sliding door mirrors. If you've always thought mirrors just a delightful beauty aid, think again. Here you see how a dull wall has been transformed into a motion picture to give the room added depth and dimension with mirrored sliding wardrobe doors. The magic of PPG HIGH FIDELITY Mirrors has long been used by professional interior decorators to create spaciousness, elegance and beauty in hallways, living areas, bedrooms—even kitchens. It's a tip worth taking from the professionals.

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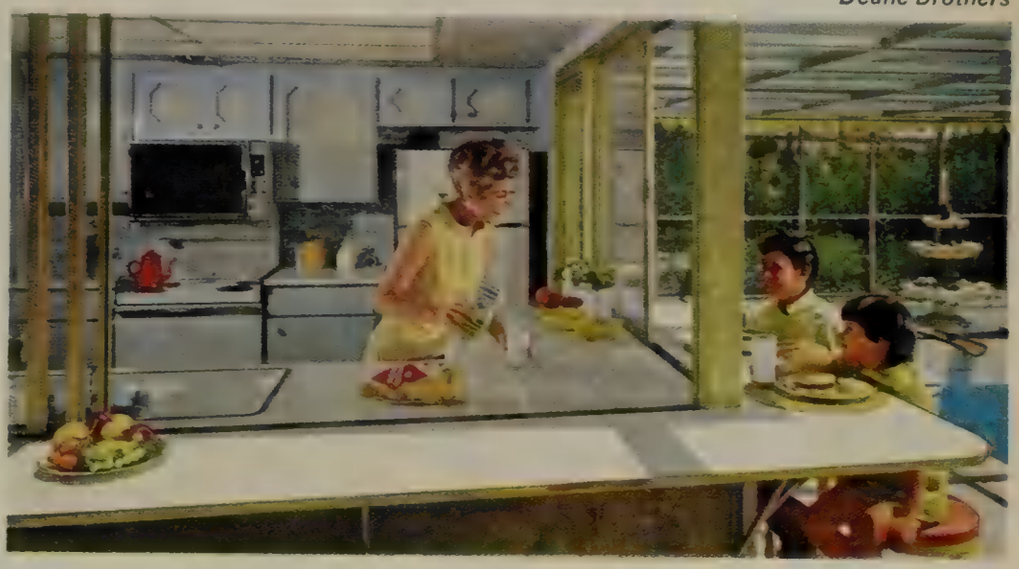
Donald L. Bren

Deane Brothers



Get yourself an inside-outside kitchen. Imaginative use of glass plus a wraparound serving counter makes the kitchen and the great outdoors one big happy unit. Incorporating sliding windows at counter level permits convenient pass-through serving. From then on, it's fifteen seconds flat from pool to hamburger.

Strauss Brothers

New weather-beating insulated windows. This Lincoln, Nebraska, town house typifies the widespread trend to PPG TWINDOW® insulating glass all around the cold country. Two sheets of glass, welded at the edges, with a thermal barrier of air between practically stops the flow of heat towards cold. And does away with storm windows forever. PPG TWINDOW reduces downdrafts, too, keeps your home warmer and reduces fuel bills. It's a beautiful way to save money.

PPG is Chemicals, Minerals, Fiber Glass, Paints and Glass. So far.

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Swimming does amazing things to families. They feel better, they get together and somehow family life takes on ■ whole new meaning.

The kids stay home and you don't have to wonder where they are. And after the kids are in bed, it's ■ whole new world for "mom and dad".

Today is the first day of the rest of your life. And you know how fast the tomorrows slip by and how fast the kids grow up. LIFE IS TOO SHORT TO WAIT FOR THE FINER THINGS... especially when you can have a Master Pool in just ■ few weeks.

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DARROW M. WATT

It folds up...

and pops out

A braid-it-yourself beach hat

This hat, ideal for beach or garden, is inexpensive, easy to make, and crushable. It can be folded and compressed to about 6 by 6-inch size to fit into a purse, beach bag, or suitcase, and will immediately return to its original shape when you're ready to wear it.

The necessary materials are two skeins of synthetic straw (a cellulose product from Switzerland available at hobby shops and needlework counters), a very large cotton darning or couching needle, and white glue. A 72-yard straw skein, available in 40 colors in both matte and shiny finishes, costs about 90 cents.

Making the hat is just a matter of braiding the straw and sewing the braid in a spiral.

Cut 11 strands of straw, each 4½ feet long, and knot the pieces together. Separate the strands so you have 6 in one hand and 5 in the other. *Always braid from the side with 6 strands.*

Fan out the 6 strands; take the outside strand and, squaring the edge by using your fingernail to crease it, fold it over the neighboring strand, under the next, over the next, until you have passed the braiding strand over and under the remaining 5 on that side and over to the other hand (the side that originally had 6 strands now has 5, and the side that originally had 5 strands now has 6). Repeat the process on the 6-strand side, always braiding with the outside strand and keeping the braid loose.

Sew *long straw braid to itself in spiral to shape hat*

As you begin, the braid will be irr because of its closeness to the knot: ever, the braid will even out as yo gress until it eventually becomes 1½ inches wide.

When you run out of strands, spli more 4½-foot lengths by dippin ends of the strands in white glu pressing them together. When the is about 20 feet long, do not finish end of the braid but keep it fro raveling by placing a pin-curl clip center of the braid between the 5 strand separation; put the raised p the clip toward you to mark the side of the braid.

Now you are ready to sew the br itself to shape the hat. Tuck the underneath and fold the braid in a "V" shape so that the edges meet continue to spiral the braid around

ow to wrap yourself up in a nice cool breeze. Gas air conditioning by ARKLA-SERVEL.

Gas cooling is a package of weather—operated a clean, steady, economical gas flame. That ans it has fewer moving parts, less to go wrong. It 't lose its cool as the years go by.

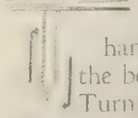
And in winter the same Arkla-Servel gas system s you circulating warm air from floor to ceiling. act, if you have forced warm-air heating, you may already have the first half of gas air conditioning.

Want to wrap your family in a nice cool breeze? See your gas company or Arkla-Servel dealer. Remember, gas air conditioning may cost a little more the day you buy it, but it's more economical in the long run. Gas gives you a better deal.

ARKLA-SERVEL
GAS Air Conditioning

AMERICAN GAS ASSOCIATION, INC.

You think a jig saw is just a jig saw? Not so.



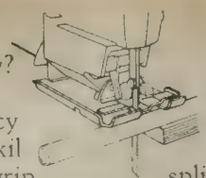
You can feel the quality when you pick up a Skil jig saw. The contour grip handle is designed to provide the best balance and control.

Turn on this Model 524. It cuts faster because the blade orbits; exclusively Skil.

Bites forward into the cut on the upstroke, backs out on the downstroke to let chips and sawdust drop out. Rips through a 2 x 4 in less than 14 seconds.

Try *that* with any other jig saw.

Not only cuts faster but has two speeds. High for wood, composition materials, plastics. Slow for metal.



The automatic blower keeps the cutting line clear. The specially designed foot eliminates splintering plywood or veneers. It tilts so you can make accurate bevel cuts, too. The motor is super burnout protected. Armature and field are coated with a special polyester resin that protects against damage due to overload. Skil jig saw prices start at $24.88. That's not much. Not for a Skil. Look under "Tools-Electric" in the Yellow Pages for your nearest Skil dealer.

SKIL®

You get a lot more jigsaw when you get a grip on Skil.

Skil puts quality in your hands.

being careful to underlap the spira you form the crown. Using the ne and a piece of straw for thread, sew spiral together with a running stitch. height of the crown should be abo inches and the diameter about 7 inc however, fit the hat occasionally as go along to customize the sizing.

When the crown is finished, change method slightly to make the 4-inch stand out from the crown. Overlap spiral as you sew and take a small with every stitch. Continue the over ping throughout the brim, but take tucks only in the row of braid that is mediately adjacent to the crown.

Finish off the strands dangling from brim. If they are long, cut off all about 6 inches at slightly random leng Resume braiding until one by one strands are engulfed in the braid. W you have 3 strands left, hold them the clip and finish sewing the brim, ping the strands under and binding t to the underside of the brim with se overlapping stitches.

This basic technique can be used making purses, tote bags, belts or mats. For washing, drying, and iro handle items made from synthetic s the same as rayon or any other synt fabric.

DARROW M. WATT

Birthday buttons

These birthday cards are meant be worn. Children can make the of construction paper or felt. Wi your help, they snip the designs free-form or copied shapes, and gl them to stiff cardboard backin Each button has a pin on the bac so it can be worn. For giving, c an envelope to fit, or use a pu chased manila envelope closest size—or simply pin the button a gift package.

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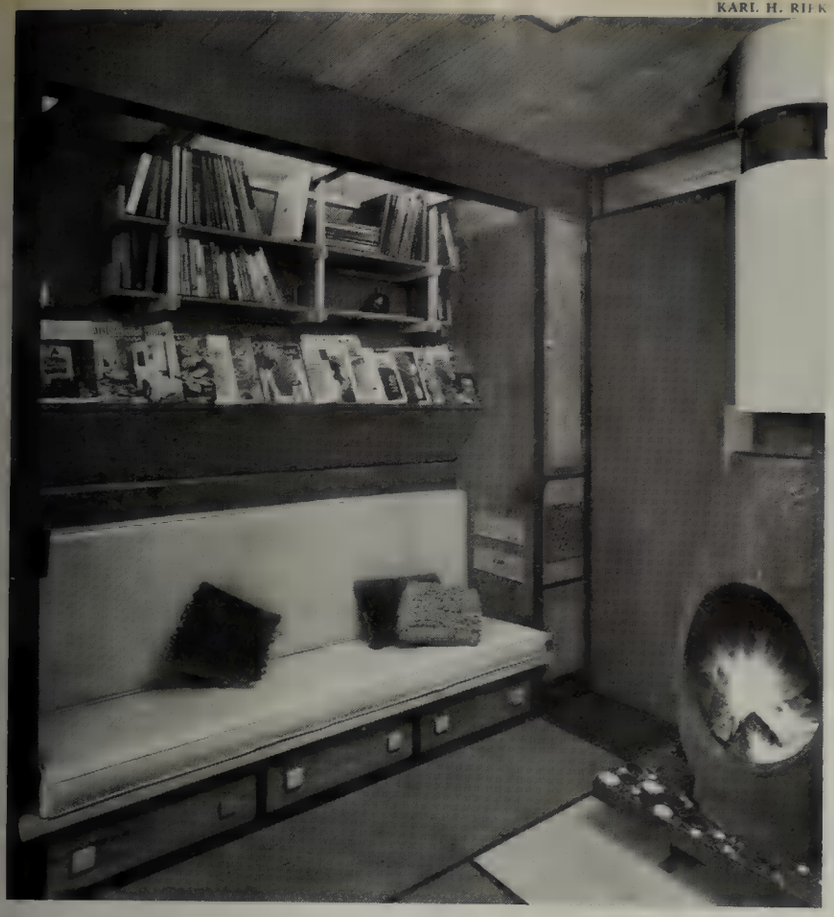
KARL H. RIEK



By day *it's a lounging and reading niche alongside the ceramic fireplace*

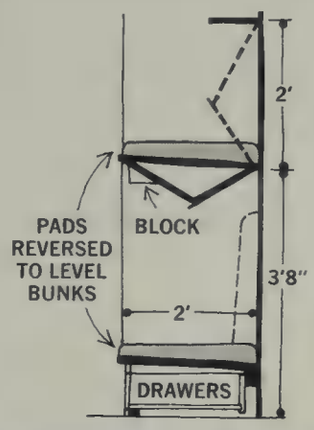
uddenly there re twin bunks

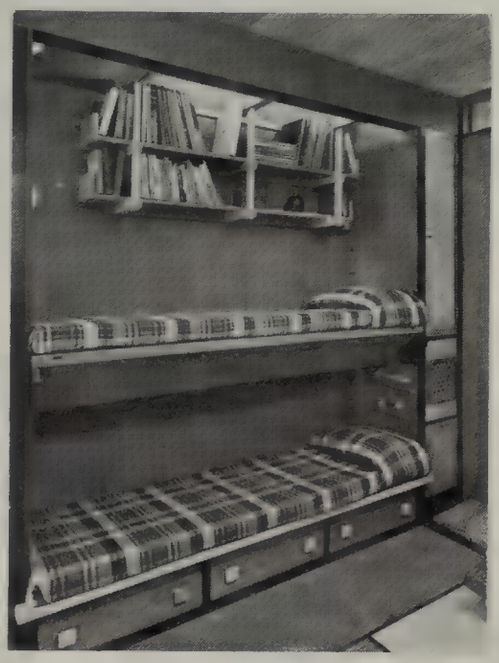
to put up an extra guest or two oblem that architects Benson and a Eschenbach resolved admirably r beach house at Marshall, Cali- A built-in couch can be made up eping; so can a drop-down bunk ubles as a magazine rack.

ver couch is fixed in place and has orage drawers underneath for bed- or sitting comfort it slopes to the nd has a tapered pad that also to the back. A second pad, also l, serves as a back cushion.

per bunk is made of ⅜-inch ply- ver ½-inch-thick plywood gussets. up position, it's held against the y two latches. As the diagram one side of the triangular frame rovides a surface for magazines; st on a ridge formed by the over- edge of the other short side.

d blocks on the end walls support k in the down position. It has the ope to the back as the couch be- make level sleeping surfaces, the ad is reversed so the thick edge e back, and the backrest pad is d on the upper bunk in the same .





For sleeping *it converts into two bunks. Magazines go on a coffee table or a chair*

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GLENN CHRISTIA

Tripod-mounted *sprinkler can be mo around lawn to water plant areas bey*

It extends a sprinkler's range

Hand watering was too slow and sma portable sprinklers didn't cover eno area, so Fred M. Hohwiesner of Kentfi California, devised and built this sim tripod that holds an impulse-type sp kler about 2 feet above the ground.

Moving it to various locations arou the perimeter of the lawn, he effectiv waters planting areas 20 feet away.

The sprinkler head is a commonly av able one adjustable to swing in any width. The tripod head is simply a 6-i disk of ¾-inch wood with a hole dri through its center for the ½-inch p fittings shown in the photographs.

The legs are 1 by 3's, tapered to inches and pointed at their lower e (they could also be pointed 1 by 2 Since the upper ends are rounded secured to the tripod head by b through six steel corner angles, the l fold together for easy storage.

View from underneath *shows how the pod legs are bolted between corner an*

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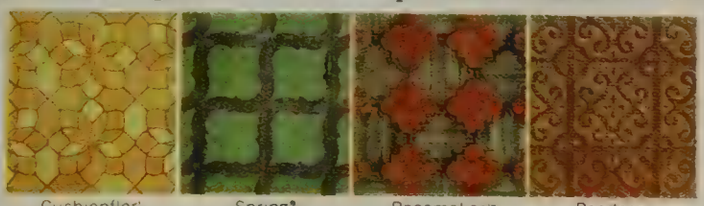

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Mirrored alcov in the hall

Inside the front door, this mirrored al gives one a last-minute check on gr ing, provides a storage area, and s as a piece of furniture without taki entry hall floor space.

The mirror makes the entry hall larger. A built-in storage bin is co with shag carpeting that matches th ing room carpet. The bin holds all-we gear and makes a padded seat for pu on or taking off boots. The top, decorated with flower arrangemen also a handy place to put packages.

Fluorescent tubes behind a sheet p diffuser illuminate the area from ab

Lighted, *mirrored alcove, focal p of entrance, also handy for groo*

Boots, *other rain gear go into b inches wide, 60 inches long, 13*

Always workable but now more inviting

Narrow shelves *designed to hold spices fill in below cupboards and behind mixing counter*

DON NORM

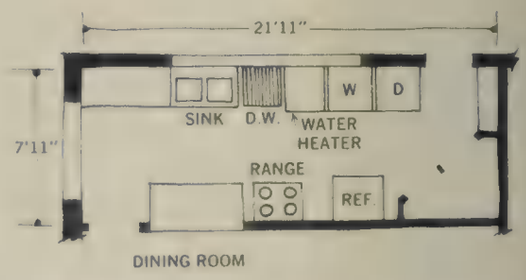
Updating a kitchen can mean more than just adding new appliances. For example, Dr. and Mrs. Edward A. Cary Smith's home in Spokane had a utilitarian kitchen; the problem was how to make it more livable.

Architect Moritz Kundig accomplished this without changing the original layout of the 20-year-old kitchen. The only new space is a bay window with a cushioned window seat. But somehow a comfortable place to sit changed the atmosphere in this kitchen. The generous bay window allows more light to enter and makes garden and patio seem closer.

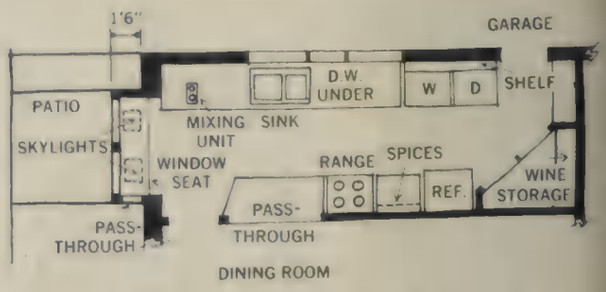
An equally important addition is the weathered silver gray pine used to face all walls, cupboards, and cabinets. The wide boards were salvaged from a barn.

Another improvement is additional storage—both open and closed shelves in areas heretofore unused.

Piano-hinged *display shelf between wall and washer and dryer can be raised*



Before: *Pullman kitchen arranged for efficiency lacked warmth and offered no place for relaxing*



After: *Bay window provides comfortable seating, also incorporates pass-through into garden*

Skylighted *window seat with view of patio and back garden is good place to sip cup of coffee or read a recipe. Wood from old barn faces walls, cupboards*

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ELLS MARUGG

Weaver *checks progress of tapestry; scene is composed of tiny Swedish knots and over-under weaving*

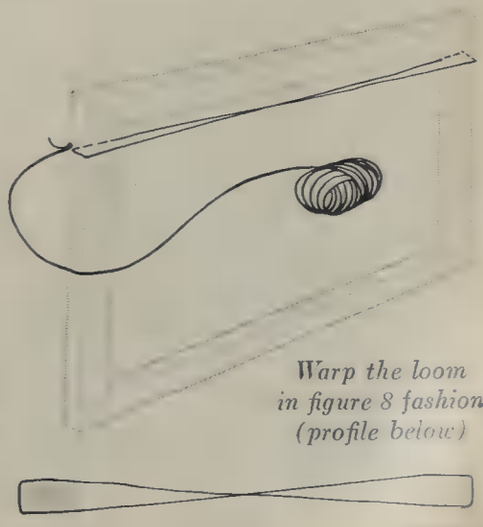
She weaves a Shannon River view

The view from a boat on the Shannon River gave weaver Jean Wilson of Bellevue, Washington the inspiration for this tapestry. All the houses are done with a Swedish knot; some of the roofs and quaystones are just in and out weaving.

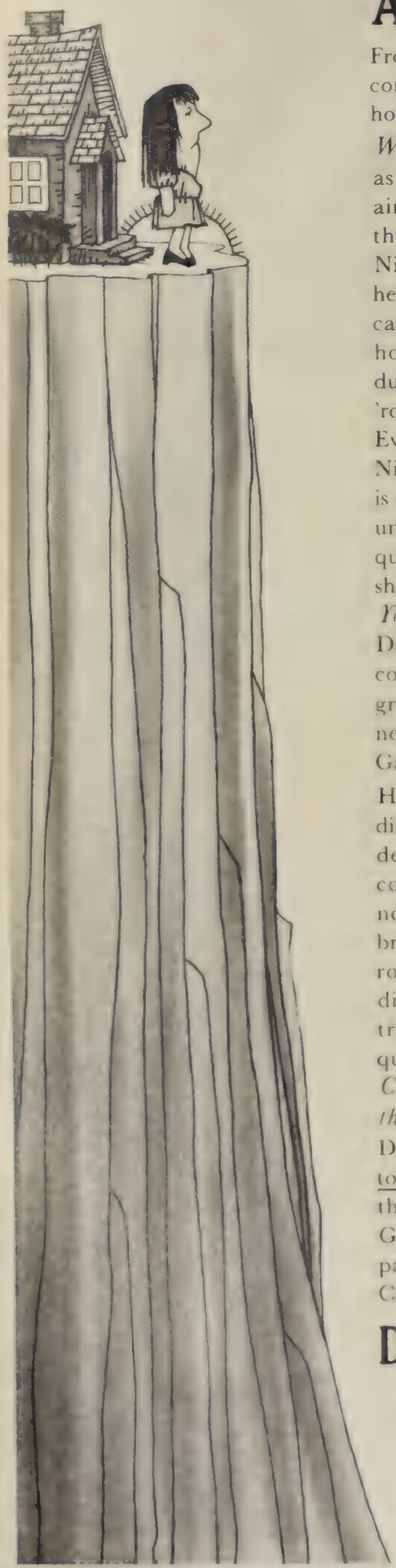
Such a project is ideal for any vacation, short or long. Mrs. Wilson used a collapsible frame of canvas stretcher bars that come apart.

You need only a few materials: a frame about 3 inches wider and longer than the finished weaving; warp (vertical) yarns of cotton, string, or pearl embroidery cotton; weft (filling) yarns of wool worsted or needlepoint yarns wrapped into working bobbins; tapestry (blunt-end) needles; and a design sketch either on paper or drawn on the warp threads.

Warping the loom is simple; keeping tension even is important. If tension isn't tight enough, weave in a thin strip of cardboard as shown in photograph above. Measure and mark along top and bottom of the frame at ¼-inch intervals to keep the warp threads evenly spaced (¼-inch marks make 8 warp threads per inch, 4 in front, 4 in back). Tie end of warp around frame at first mark; pull taut and keep tension even while warping. Carry warp to end of frame following the sketch below to make a figure-8 pattern with



Warp the loom in figure 8 fashion (profile below)



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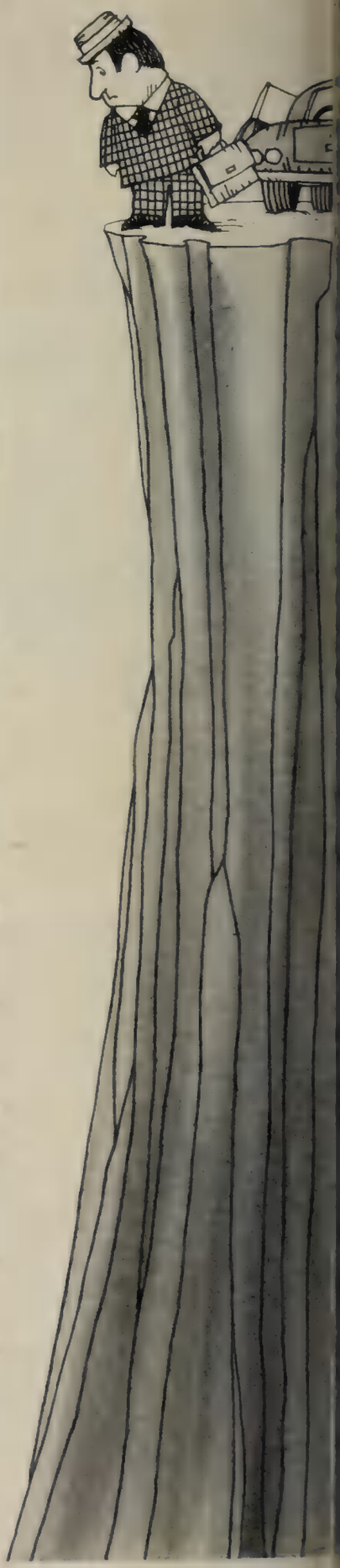


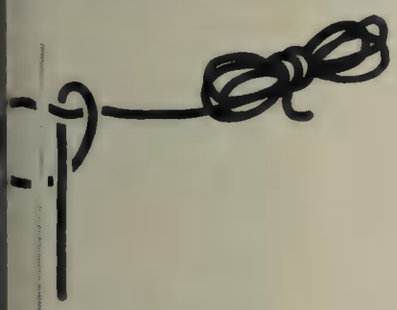
threads. A cross will be formed e center of the frame where the ds pass each other. Check for even ›n; be sure weft threads can pass gh warp threads. Tie end around : twice in a double knot.

atten out warp, you weave in 2 or ·ows of yarn at bottom of frame for ıding, as follows: Cut a length of 4½ times the loom width and tie e end around frame at the side.

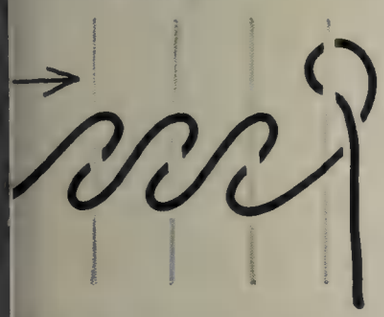
ng through warp sideways where :ross comes, put the single yarn gh top part of the figure 8. Ease own to base of frame about an inch time using a table fork or knitting e to beat (pull) down the filling ds. Pull through and wind around : twice; return yarn to opposite side over-under weave. Use tapestry es to help direct yarn through ;. Do not wind this row, but return 'er-under weave to other side. Cut; end in over 2 or 3 warp threads to ;. Beat in evenly. At opposite end : 2 or 3 rows of over-under weave heading.

Swedish knot is done entirely on the side of the loom. All the color ;es are knotted on the working side.

ake the Swedish knot, follow the ı below that shows the beginning Start working from the left on the side. Keep tail of yarn close behind arp. The bobbin of yarn is at right warp and ready to start next stitch.



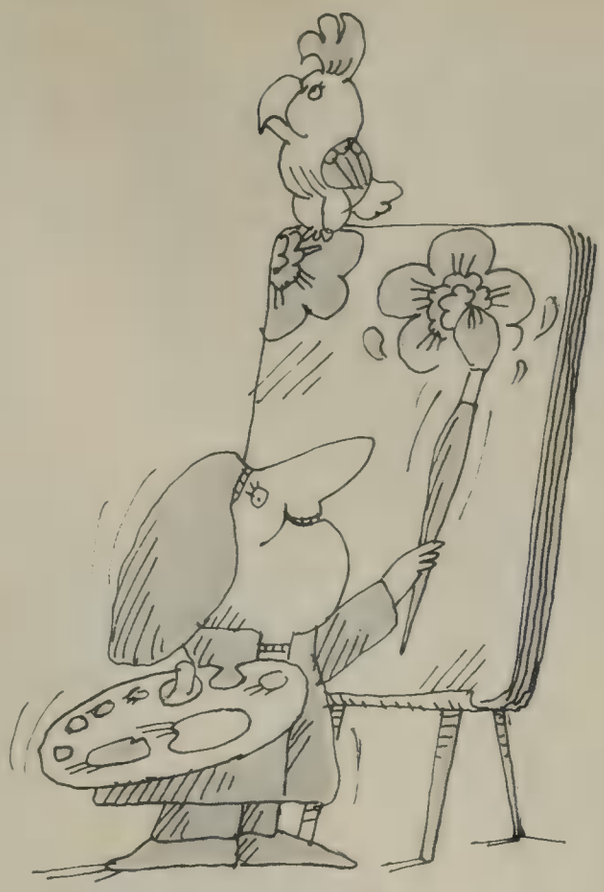
o right. The sequence is bobbin over back under same warp, and a slight traight down (drawing below). The ghtens and pulls the knot in place st the row below.



'st your rows will be bumpy and n, but soon straight rows of ribbing ppear on the right side.

to left. Reversing direction is simple; 'awing on next page.

vs are alternated, the working side ook like knitting and the weaving



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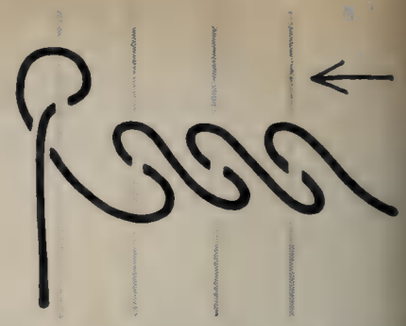
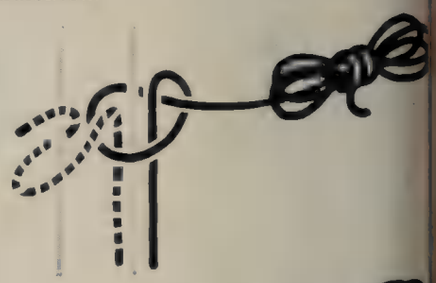
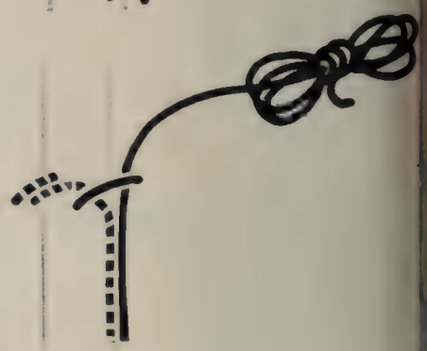


will lie flat. If selvage edges begin to cu run a piece of yarn through edge a around frame every few inches to h taut. A final blocking and pressing fl tens the edges.

To change colors, it's necessary to int loop the threads as shown below to p vent a slit or hole in the top side of t tapestry. Make a beginning knot w the new color on the next warp as show Continue until another color change indicated.





You work in horizontal rows across frame, don't cross yarn over from color area to another—always cut a c when you have finished with it. E encirclement of the warp is complete the yarn stays in place. Leave at lea ½-inch tail. You can work with v small pieces of yarn where you need j 2 or 3 knots of a color.

After you've completed your desi weave a few extra rows at the top protect it against raveling.

Be sure the edge of your weaving is cure before cutting the warps and rem ing from loom. Cut the warps, a pai a time, knot them, and continue ac tapestry. Knotted ends can be trim short and turned into the hem.

The simple way to finish off the weav is with a plain hem. Turn back the h ing top and bottom and stitch in pl

For further explanation of the Swe knot, or of any of the techniques u in this project, you might like to r to Mrs. Wilson's book, *Weaving is Anyone* (Reinhold, N.Y., 1967; $8.95)

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Embroidered daisies grow on the sheared plush side of these elegant towels. The flip side is soft, supple terry. In blooming colors like Nile Blue, Hollyhock Pink, Tangerine, Gold, Olive, Canary Yellow. Pequot, makers of towels and bedspreads. And beautiful sheets since 1847. Pequot, 104 West 40th Street, New York, N.Y. 10018.

PEQUOT

If you try out a camper by renting

A year ago (on page 80 of the May 1969 *Sunset*) we suggested that one good way to find out whether or not you want to own a pickup camper is to rent one.

The idea is still valid. This year even more than last year, it is important to reserve well ahead of time.

A good rental camper (including the pickup truck that carries it) may be available at some local gas stations, but the most likely way to locate one is through the phone book yellow pages under "Campers and Pickup Coaches."

It's best to check several dealers.

Some rent only new units (and sell them as used in winter). Others rent the same one for several years. A good two to four-year-old camper may rent for as low as $75 a week, while an almost-new one may cost $150. Usually, a fairly new 10 to 12-foot "cab-over" camper will rent for about $110 to $125 a week.

Mileage arrangements vary even more than rental prices. A few dealers charge no mileage at all (you buy the gas and oil), but most charge something—anywhere from 3 to 15 cents a mile.

For driving a camper into Canada or Mexico, special insurance coverage may be needed. Find out what the dealer requires; then check with your own agent.

It's a good idea to take everyone along to look over the various campers dealers offer. The whole family may be living in it together for several days.

Does it seem big enough to accommodate the family? Also, does the camper body match its pickup truck? An 8-foot camper will usually ride well on a ½-ton pickup truck that is equipped for camper use. A 10 to 12-foot "cab-over" needs a ¾-ton pickup, and larger models may need a 1-ton pickup. If the truck is undersized, driving can be miserable and dangerous.

Does the truck have an automatic transmission? It eases the problems of handling a large unfamiliar camper on the road and maneuvering it into tight camping spaces.

Especially for a trip through lonely Western back country, does it have an auxiliary gas tank? Depending on size, campers get only 6 to 11 miles per gallon.

Will it comfortably sleep the whole family? Can adults be partitioned off from children, and will children sleep safely if you decide to change camps at night?

Does it have a self-contained toilet (particularly handy when traveling with small children)? There are many types, some electrically operated, some with hand pumps. One that will last two or three days under normal usage and that is easy to empty should do the trick.

Does the camper have its own water supply? This is important in many areas.

When the day of your reservation rolls around, take all the time you need to check out everything with the dealer before you leave the lot.

Ask how to light any propane stove, oven, refrigerator, heater, or water heater that the camper contains. They vary considerably. Often no instructions are on the appliance. Ask how to refill the propane tank. Are special tools required?

Find out where to fill the water tank. (Any chance that a service station attendant may mistakenly put gasoline into it?) Is there a hose with fittings for connecting to municipal water? Where's the drain hose for the sink?

If there is a toilet, get full instructions on operating and emptying.

Are there any special tricks to setting up beds? Some are rather complicated.

If there is an auxiliary gas tank, how is it turned on and how is it refilled?

How do you connect to municipal 120-volt electricity, and where is the cord? It should have 3-prong fittings.

Finally, before you drive away, check oil, gas, lights, brakes. And where are the jack and spare tire? They're often hidden in strange places on campers.

All aboard!

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See your Bassett dealer today . . . or send 50¢ for your copy of the new Bassett Idea Book to: Why Wait?, Dept. VO5, Bassett, Virginia 24055.

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You have to see . . . touch and walk on this luxuriously different shag carpet by Patcraft in order to enjoy its beauty and the delight of the deep, deep permanently textured nylon pile. Beautiful, glowing "soul" colors and textural beauty are locked in to stay through the modern miracles of heat and chemistry. The long staple yarns make it look clean and stay clean longer. Silky hard finishes lessen annoying fuzzing and pilling and the built-in resiliency, like a tempered spring, prevents matting.

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PATCRAFT MILLS, INC., Dalton, Georgia.

. . . shag by

Patcraft

CARPETS OF DISTINCTION

DON NORMARK

ort lengths *of oak 2 by 4's glued and iled to an oak 2 by 4 make this rack; e poles hang on hardwood dowel pegs*

Skis on the wall or the ceiling

ı are difficult to store casually, but a k can hold them neatly in small space. re are two good ones: the rack above he Bellevue, Washington, home of the hard W. Taylors was designed by their ı-age son; the one below is in the ıta Clara, California, home of the F. J. ırdys.

U-shaped *aluminum tubes screwed to ling beam store two pairs of skis their poles up high out of the way*

Environment.

When you improve the outside of your house you do something nice—not just for your environment but for that of your neighbors as well. So next time insist on Ful-Stain for exterior wood. It's the most natural thing you can do. Ful-Stain matches the outdoors with 912 glorious shades and tones from nature—in opaque and semi-transparent finishes. They go on easily, stay on longer and resist chipping, fading and mildew. That's a guarantee. Check the Yellow Pages for the Fuller or O'Brien dealer near you. You'll be thankful. So will your neighbors.

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Bonbel. A semi-soft cheese. With a uniquely mild flavor everyone loves but no one can quite describe. Not even a gourmet. Try some with crackers or fruit. Or by itself. Then see how many words you'll need to describe Bonbel Cheese.

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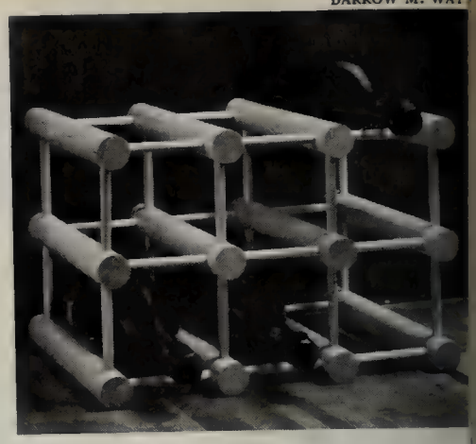

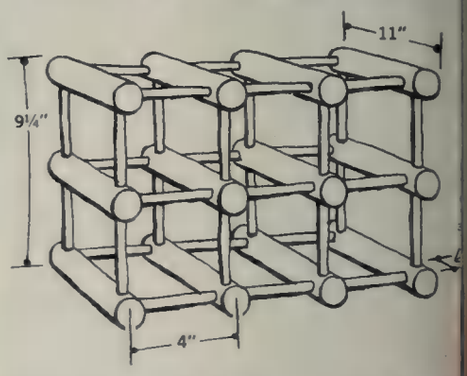

Maple wine rack *holds nine wine bottle make it bigger or smaller to fit the spa*

Dowels make a wine rack

Two sizes of dowels, white glue, and electric drill are all you need to ma this wooden wine rack.

Buy about 12 feet each of ⅜ and 1 inch doweling. Cut the ⅜-inch dowel into 16 pieces 3⅝ inches long and pieces 12 inches long. Cut the 1¼-in doweling into 12 pieces 11 inches lo Lightly sand all parts.

Make the three horizontal levels fi *For each level,* drill holes, using a inch spade bit, halfway through the e of two of the 11-inch dowels and cl through the other two. (To avoid bre out problems, drill from one side until bit point protrudes; then turn and co plete the hole from the opposite side.) sert two 12-inch dowels and glue tig Make sure the three levels are made identical size and shape.

Drill ½-inch-deep holes for the verti dowels into both sides of one unit, a one side of each of the other two.

Begin final assembly, using glue to ins rigidity. Insert eight dowels into the tom unit and press the middle level o these. With a steel square, check for ri angles. Let glue dry. Insert remain dowels into middle unit, press top over, and check again for right ang To finish the rack, apply Danish oil

This is the Lady Pepperell Spinwheel bedsheet.
Bet you thought it was a bedspread.

Making beds is a drag.

So we did something that ll make making beds a little sier. And quicker.

We made a topsheet that ks so good, you don't have to ver it up. Just straighten it out hich takes only a few quick okes because it's a permanent press blend of cotton and Dacron® by DuPont), and poof! Instant neatness.

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And you don't have to use the expensive spread.

Spinwheel. Available in blue/green, pink/orange, gold/olive and black/hickory. Towels, too.

Lady Pepperell®

West Point Pepperell

First with the new ideas.

Not so long ago, Incline was nothing but tree stumps.

This was a wild logging town while the lumber lasted. Timber from the north shore of Tahoe went to shore up the silver mines in Virginia City. They used to haul the lumber up a sixteen hundred foot tramway, on what they called The Great Incline.

But by the end of the 1800's the hills had been logged over. In 1898 all that remained of the town was its name.

Now Incline has grown up again. And in 1970 the forests serve a much more vital purpose than they did in the 1870's.

Now these woods shade trails for boys to

alk along. They cast reflections on the rim Lake Tahoe. They house squirrels and deer ıd grouse. And people.

Now these woods hide homes.

And there's a pine and aspen-shaded golf ırse that stretches over the hillsides like acres green velour. There are tennis courts and staurants tucked away in the woods, a ski sort on the mountain.

Boise Cascade Properties is developing Incline. ıtting in the roads and power and making ımesites available. But that's just the beginning.

We've done research and enacted programs to check erosion, and to preserve the crystal purity of Lake Tahoe's waters.

We keep our ski slopes planted with grass, so they're plush and beautiful in the summertime as well as in winter.

And we've set aside hundreds of wooded acres that will never be developed.

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We want the families who build here to get something great out of Incline. Now and for generations to come.

INCLINE

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(the price is very in)

Tamiami. Our most popular hand-laced, handcrafted aluminum furniture. And, if you have grounds for pride, it's surprisingly affordable.
For a colorful brochure, write Brown Jordan, Dept. S-5, El Monte, California 91734.

Covers for drain channels

owners of hillside homes devised these ers for concrete drain channels.

the first example, lengths of strong anded metal, cut to measure and mi- d to meet at the corner of the house, snugly into place.

the second, the angle iron sides and al strap crosspieces were cut to size, n welded together.

nded metal *drain cover lifts from rete grooves for leaf removal. Owner- mer: C. H. Shrank, Belmont, Calif.*

er *metal cover, painted black, sup- foot traffic near house entry. Owner- ner: Brad Hall, San Mateo, Calif.*

SAMUEL CABOT INC.
Dept. D, 442 Valley Drive,
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open your door to springtime...all year round

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Deluxe 22" x 36" size with daisies

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In a word it's SELIG

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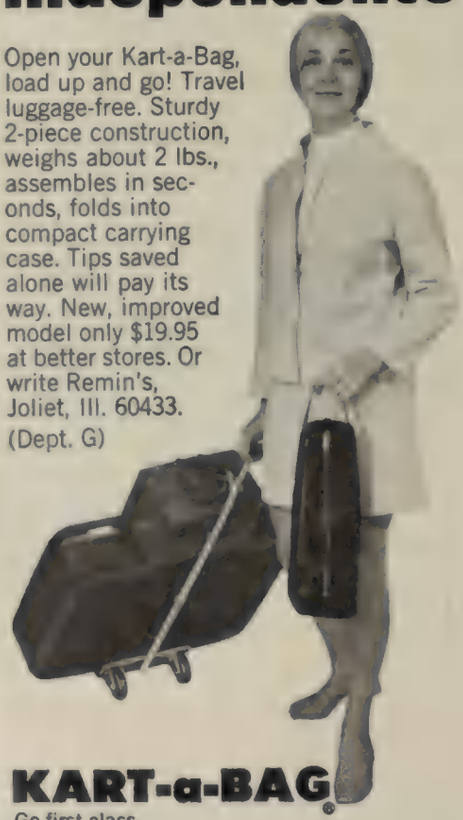

KART-a-BAG®
Go first class.

Sliding metal bar *(you see it also extend at left) fits into slot cut in gate fram Wood block locks bar on this inner s*

Slide a bar and latch the gate

Large handmade sliding-bar latches garden gates have several advanta over the small metal latches you find hardware stores: The handmade bars be sturdy and distinctive and, if gi a loose fit, they will still work smoot when something sags.

The one shown above is a heavy ½ 2½-inch steel bar that slides on top a wood crosspiece inside the door (paneled on both sides) and slips int deep slot cut in the door frame. Its h dles are inexpensive cast-iron ash tr from an import store, drilled and attac to the metal bar with a ½-inch threa bolt and nuts. The nuts are covered w epoxy putty.

The parts of the latch shown below fully exposed. A 2 by 2 piece of hardw is kept in place on top of a 2 by 4 d frame member by a 1 by 6 piece of w

Wood bar *on this gate slides on fram fits against 3 by 4 behind hand. Do handle extends through to the other*

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The Century 21 Plan is designed for the potentially successful young man who wants to build a substantial insurance program. A combination of $90,000 in term and $10,000 in permanent whole life insurance plus other special benefits, premiums are less than $10.00 a week at age 25. At given times some of the term insurance ends and you can replace it with permanent insurance. This increases the premium during the years when you expect your earnings to increase. You can keep the full $100,000 protection and build more cash values for your family and your own future. For more information mail this coupon to Metropolitan Life, 600 Stockton Street, San Francisco, 94120. Or call (415) 433-6043.

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DARROW M. W

Sunlight, *garden plants show thro weather-resistant 21 by 27-inch hang*

Glass hanging for the garden

A place in the garden is ideal for show off this glass hanging. Because you through it, the surroundings or the won't be blocked off but will sl through and become part of the effect you use the materials specified here should withstand wind, rain, sun, temperature changes.

Between two pieces of ⅛-inch do strength glass, place a paper fold-and design of your own (see example at rig A sheet of thin, opaque, colored pape a fadeless variety is used here. It's to fold and cut, and doesn't change from exposure to sunlight.

PAPER FOLDING AND CUTTING

Fold the paper four times: in half, to bottom; in half, side to side; then b folded sides together (two times) to f a narrow triangular shape. This div the paper into sixteenths. Make your sign on the paper with a pencil and cut. (The chalk lines shown in small tograph are for the reader's benefit.) on a bold design, with equal area paper and space. The more cut-out a you have, the more decorative your h ing will be.

You'll want to press the paper wi

n iron before mounting, to remove extra crease marks.

ead of cut paper, you might use a ction of thoroughly dried and pressed ers and leaves. Arrange them to al- for light penetration.

ME ASSEMBLY

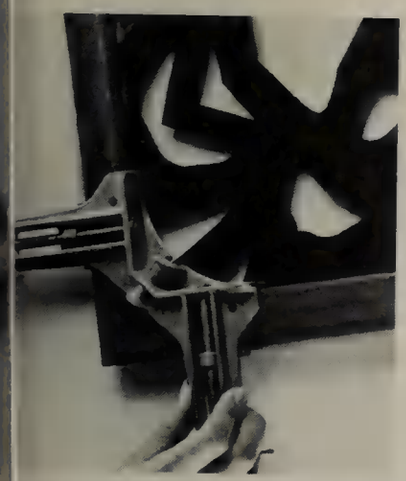
frame is made of prefinished molding a ¼-inch groove; it's the kind used old perforated hardboard to make ı dividers. Have the lumberyard ı the groove if necessary, or do it self with a power saw.

r the corners, fit glass and design her, and apply a strong, water-re- ıt, resilient cement to frame grooves corners. Clamp in place and let set day or two. The clamps shown in hotograph below hold the sides of ame at exact right angles and main- even pressure.

herproof the frame with a clear ex- finish. Attach two screw eyes at op, and suspend from decorative s.

rials for the hanging pictured here bout $11.

thin, opaque paper to sixteenths: old design; press before mounting



r clamps *hold glass and frame at t right angles as the glue dries*

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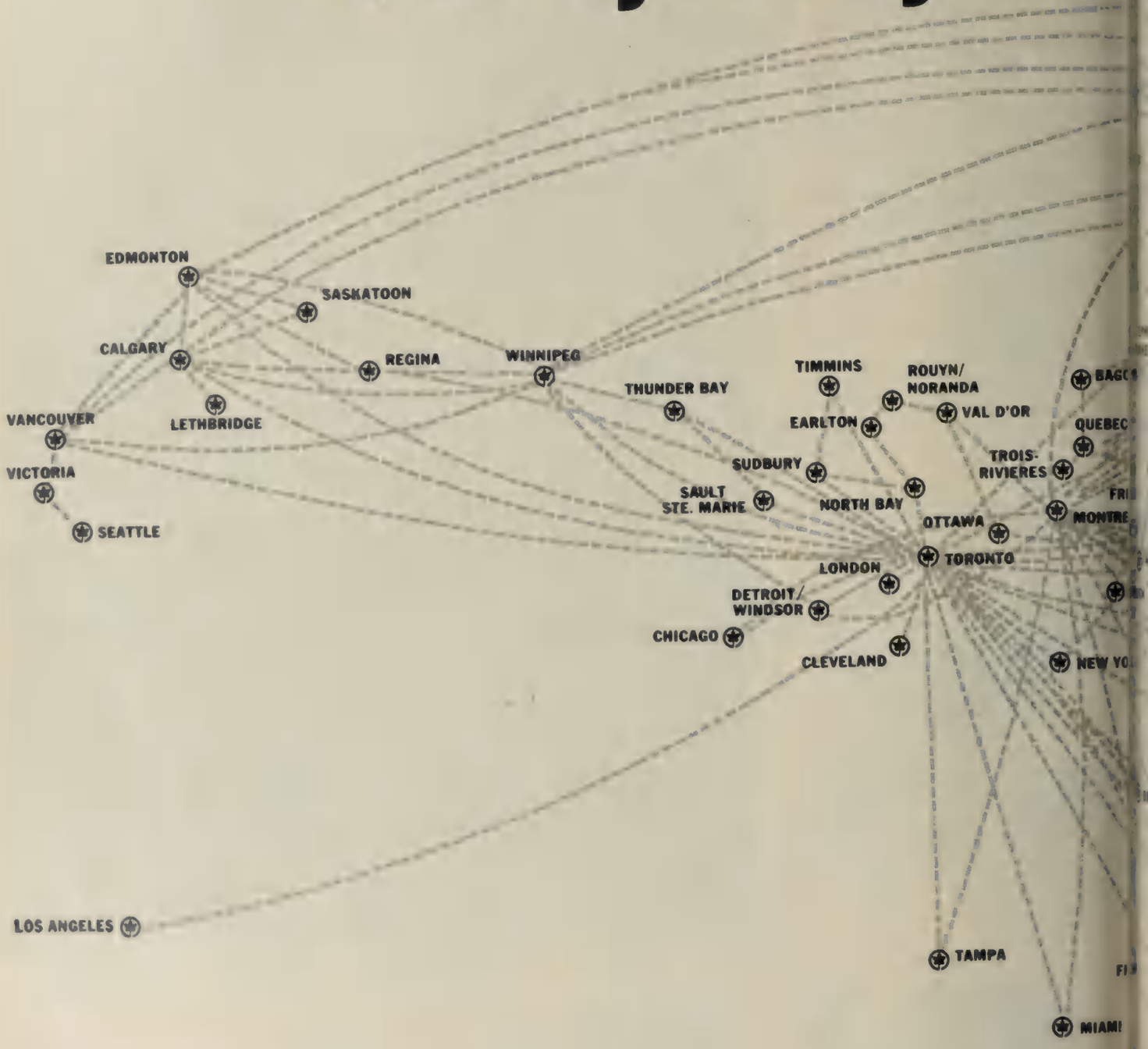
Any airline that wants t
can't just fly in it



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And any airline that wants to be that good, has to give people throughout the world a chance to fly with it.

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And if you like to golf i
but can't find a green, we'll fly
one. In blue-green Bermuda.

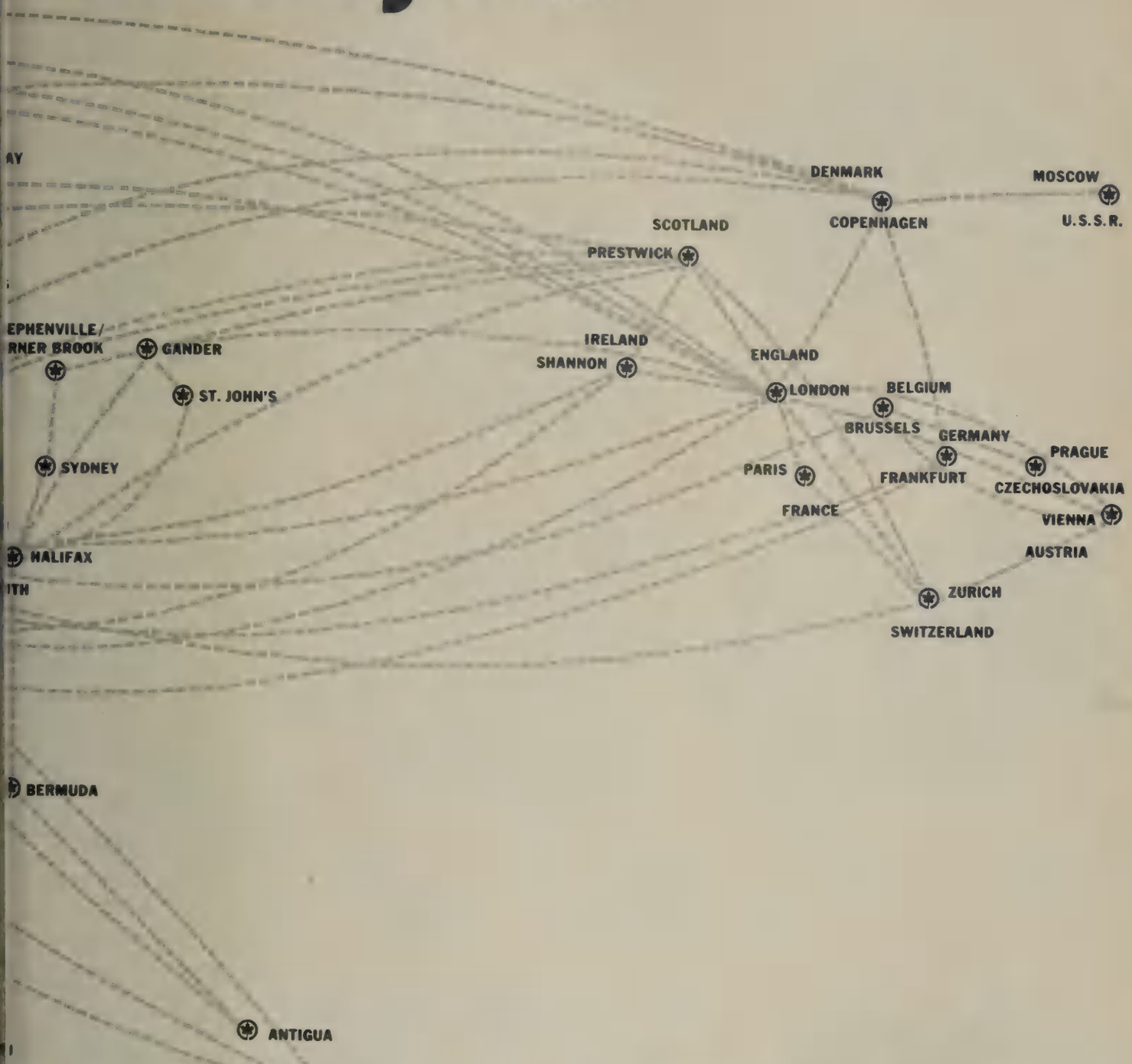
Then, of course, we'll
you across the Atlantic to Euro

And we'll give you a lon
tours and cities to choose from.

Cities like Shannon. An
And Brussels. And Zurich.

Cities like Vienna. And G

e what we want to be
wn backyard.



ndon. And Copenhagen. And rt. And Prague. And, you can pay later. Or charge it on most edit cards.

inally, as you probably guessed, our own backyard.

ll across Canada. To 36 cities. o the great international cities real and Toronto. o quaint old cities like Quebec.

To peaceful lakes and untouched mountains in the great Canadian West.

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Just call your nearest travel agent or Air Canada.

We want you to feel you're flying on the best airline in the world.

Whether we fly you to our backyard or to anyone else's.

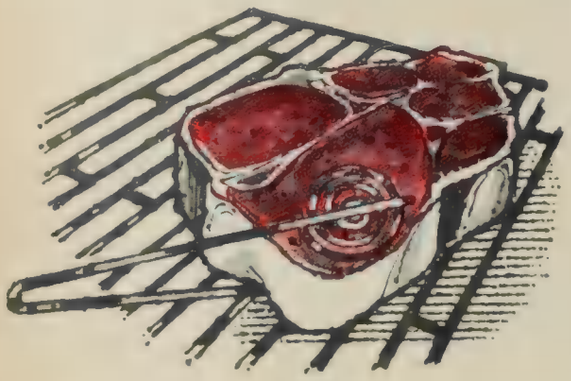
IR CANADA We want to be the best airline in the world.

Sunset's Kitchen Cabinet®

The meals you plan this month may need to be especially flexible to fit into family activities.

For barbecuing we suggest a beef chuck roast tenderized and marinated while kept in the refrigerator until time to cook on the grill at home o to take on a picnic or camping trip.

Our eggplant casserole is a good veg etable choice when you barbecue o just want to have dinner on the pati For a salad to serve for all kinds o



One spicy sauce is used to marinate meat, then to baste it while it grills

Barbecued Chuck Roast

Reheat remaining marinade to serve as a sauce with the barbecued meat.

- 1 tablespoon *each* brown sugar and mustard seed
- 1 teaspoon *each* oregano and chile powder
- 1/2 teaspoon *each* salt and ground cloves
- 1/4 cup red wine vinegar
- 1 cup catsup
- 1/2 cup water
- 2 tablespoons Worcestershire
- 1 bay leaf
- Unseasoned meat tenderizer
- 3 1/2 to 4-pound beef chuck roast

Combine in a saucepan the brown sugar, mustard seed, oregano, chile powder, salt, cloves, vinegar, catsup, water, Worcestershire, and bay. Sim mer, uncovered, for about 15 minute stirring occasionally; remove from he and discard the bay; cool. Apply te derizer to meat according to packag directions. Pour cooled marinade ov roast, cover, and refrigerate for se eral hours or overnight.

Lift roast from marinade and place o a grill about 6 inches above mediu low coals. Cook slowly for about hour for rare (130° on a meat the mometer). Turn about every 10 mi utes and baste with marinade. T serve, slice roast across the grai Serve 6 to 8.—*L. S., Naches, Wash.*

You can assemble this vegetable casserole early in the day, if you wish

Eggplant and Tomato Casserole

If prepared ahead and cold, increase baking time to about 45 minutes.

- 1/4 cup salad oil or olive oil
- 1 medium-sized onion, chopped
- 3/4 pound mushrooms, sliced
- 1/2 medium-sized green pepper, chopped
- 1 medium-sized eggplant, cut in 1-inch cubes
- 1 can (1 lb.) pear-shaped tomatoes
- 1 teaspoon salt
- 1 tablespoon chopped parsley
- 1 cup *each* grated Parmesan and shredded Mozzarella cheese
- 2 eggs, beaten

Using a large frying pan or Dutch oven, heat the oil; add onions, mushrooms, and green pepper, and sauté over medium heat until vegetables a limp, about 5 minutes. Stir in eg plant, tomatoes, salt, and parsle Cover, and simmer slowly until eg plant is tender, about 25 minutes, sti ring often. Uncover and increase he briefly, if needed to reduce liquid.

Meanwhile combine the Parmesan a Mozzarella cheese with the eggs. Spo half the eggplant mixture into a 2 quart casserole; top with half t cheese mixture. Repeat layers endi with cheese. Bake, uncovered, in 375° oven for about 25 minutes, or u til bubbly. Makes 6 to 8 servings. *H. M., Stanford, Calif.*

On a picnic you might serve tomatoes with picks to eat from the container

Cherry Tomatoes in Herb Marinade

Carry these piquant tomatoes in a glass or plastic container to a picnic; at home, serve on lettuce as a colorful salad you can make ahead.

- 2 baskets cherry tomatoes
- Boiling water
- 1/4 cup red wine vinegar
- 2 tablespoons instant minced onion or 2 green onions, sliced
- 1/2 teaspoon whole basil, crushed
- 1/4 teaspoon whole oregano, crushed
- 1 teaspoon garlic salt or salt
- 1/4 teaspoon pepper
- 1/2 cup salad oil (may be part olive oil)
- Lettuce (optional)

Pour the tomatoes a few at a time into a colander or wire strainer and dip into a large pan of rapidly boili water for about 15 seconds. Immed ately rinse tomatoes with cold wat Slip off the peels and stems and p tomatoes into a refrigerator contain or bowl. Combine the vinegar, onio basil, oregano, salt, pepper, and sal oil; shake or beat until blended, th pour over tomatoes. Cover and ch for at least 2 hours, or as long as ov night, stirring several times.

Serve directly from container; or r move tomatoes from marinade, a range on lettuce, and spoon some the marinade over top. Makes 6 ser ings.—*N. B., Sherman Oaks, Calif.*

ıal meals at home or away, try the ›rful marinated cherry tomatoes.

sterners are invited to contribute ;inal recipes. Send them to *Sunset gazine*, Menlo Park, Calif. 94025. pay $10 for each recipe published.

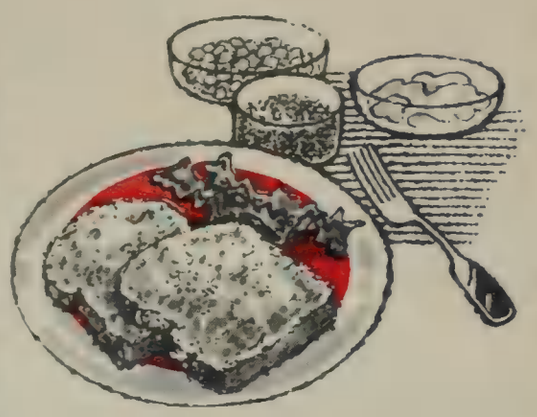
For a barbecue: marinated chuck roast... herbed tomatoes... eggplant casserole

conut Toast with Pineapple

;nesian flavors elevate this French ;t to serve for brunch or supper.

- 6 slices firm white bread
- 2 eggs
- ½ cup light cream or milk
- 1 tablespoon granulated sugar
- 1 teaspoon ground ginger
- ½ cup corn flakes, finely crushed
- ½ cup shredded coconut, finely chopped
- Butter or margarine
- 1 can (8 oz.) crushed pineapple
- Sour cream
- Brown sugar

ı the crusts from the bread slices, ou wish. In a shallow bowl, beat eggs with the cream or milk, gran- ed sugar, and ginger. Combine in another bowl the corn flakes and coconut. Heat a griddle or large frying pan over medium heat. Dip each slice of bread first into the egg mixture until well saturated, remove and drain briefly, and then dip in the coconut mixture to coat both sides; place on the griddle lightly coated with butter or margarine, and cook slowly until browned on each side. Remove to warm plates and serve immediately, or place in a warm oven until all are browned. At the table, serve bowls of the pineapple, sour cream, and brown sugar for toppings. Makes 3 servings of 2 each.—*H. N., San Francisco.*



Serve coconut toast with bacon, pineapple, sour cream, and brown sugar

ast Chicken and Carrots

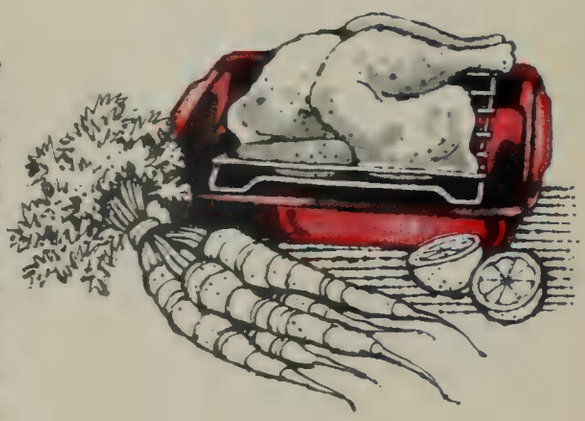
ound chicken on the serving plate the carrots; garnish with bacon.

- 1 roasting chicken (about 5 lbs.)
- Salt and pepper
- 2 tablespoons *each* butter and water
- 8 medium-sized carrots, sliced
- 6 green onions, white part only, sliced
- ¼ teaspoon whole thyme, crumbled
- ½ teaspoon grated lemon peel
- 3 slices bacon
- 2 tablespoons lemon juice

on chicken lightly inside cavities salt and pepper. In a pan heat er and water. Add carrots, onions, easpoon of the thyme, and lemon cover and cook until carrots are tender, 5 to 7 minutes.

Spoon vegetables into body cavity of chicken; close openings. Place chicken on a rack in a shallow pan with breast up. Roast in a 325° oven for 30 minutes, arrange bacon over breast and legs, and sprinkle with remaining ¼ teaspoon thyme. Continue roasting for 1 to 1½ hours, or until the breast meat is fork tender. Drizzle with lemon juice just before removing from oven. Serve chicken surrounded with carrot stuffing; sprinkle with bacon. Serves 4 to 6.—*C. C., Honolulu.*

For gravy skim fat from drippings; mix in 1 tablespoon each cornstarch and water; cook, stirring, until thick.



The vegetable stuffing helps flavor the chicken as it roasts, and vice versa

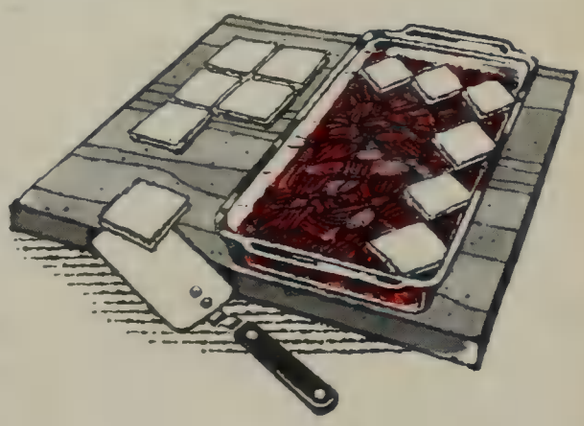
ced Rhubarb Cobbler

icy mixture of sugar and nuts is sed in the biscuit topping.

- 2 pounds rhubarb, cut in 1-inch pieces (1½ to 2 qts.)
- ; cups granulated sugar
- ; cup flour
- 3 teaspoons grated orange peel
- ; cup orange juice
- 1 cup biscuit mix
- ; cup chopped walnuts
- 1 tablespoons brown sugar
- ; teaspoon allspice or cinnamon
- Granulated sugar

ıge rhubarb in a baking dish ıt 7 by 11 inches). Mix granu- sugar with flour and 1 teaspoon e orange peel; sprinkle over rhu- Pour over the orange juice. Bake in a 375° oven for 20 minutes.

Meanwhile, prepare biscuit mix, adding water as directed on the package; after kneading dough, pat out into an 8 by 12-inch rectangle. Combine the walnuts, brown sugar, remaining orange peel, and allspice; sprinkle over biscuit dough. Fold dough in half, flatten slightly, and then cut into 2-inch squares (12). Remove rhubarb from oven after 20 minutes baking, and arrange biscuits on top. Sprinkle granulated sugar lightly over top. Continue baking about 20 minutes or until biscuits are well browned. Serve warm. Serves 6.—*L. G., Bremerton, Wash.*



Halfway through the baking, the spicy biscuit topping is arranged on rhubarb

Pirog and piroshki

Here is an introduction to Russia's versatile filled pastries ... how to make them, what to put in them

Lamb and mushroom *pirog. Neatly shaped, golden yeast crust holds ample filling. A handsome party entrée*
DARROW M. WATT

Novel *lunch treat: carrot-filled rye piroshki served with creamy egg-butter, mugs of soup*

Since before the Gold Rush, Russian e plorers and immigrants have helped a their country's culinary influence to the others that now constitute West cuisine.

A newly-arrived Russian might blink how freely inventive cooks adapt a t ditional dish to new ways and to ava able ingredients. This happens even pirog and piroshki, despite the fact th are already among the most loosely d fined and variously spelled dishes fou anywhere.

Basically, pirog is a big pastry and roshki are small ones. Both are filled w savory mixtures.

The pastry may be composed of a ye dough, choux paste (cream puff doug puff pastry, or any of a variety of p crustlike dough.

The filling is usually cooked and s soned and can be of meat, fish, ga vegetable, or any such combination. (I suspects that leftovers often end gl ously as pirog or piroshki.)

Then the pastries are either baked fried, depending upon their size and co position and the whim of the cook. T end results can be outstandingly ha some and delicious.

Prime examples of pirog and piroshki,

1· *Spoon the cold lamb-mushroom filling onto one side of yeast dough rectangle*

2· *Mound filling with your hands, forming a compact three-dimensional rectangle*

3· *Using pastry cloth to guide, flip dough over filling*

How to put together . . . and then decorate . . . a lamb and mushroom pirog

4· *Pinch bottom edge of dough up and over top edge to seal snugly*

5· *Arrange reserved dough strips on top as you like*

ed in Western kitchens, are the two s whose recipes follow. The first is l flavored lamb and mushroom mix- encased in a large golden yeast pas- an admirable and attractive entrée ısy entertaining.

second is remarkable even though ngredients sound mundane: toasty avored pie pastry ovals filled with y cooked, slightly caramelized car- or cabbage. These are intriguing d for breakfast, lunch, or snacks.

the pirog and piroshki involve a er of steps, but all can be done l (the cooked piroshki can even be ı). They reheat nicely for serving.

simple but festive party meal, ac- any this compact meat-filled pirog a salad such as romaine with sweet rings and a tart oil and vinegar ng; bread is unnecessary.

rt can be plain or fancy, but defi- not a pastry. Consider a large glass heaped with sweet red strawberries ve with powdered sugar or a splash and Marnier; or make a molded rmint ice cream creation and top individual portions with hot chocolate sauce.

LAMB AND MUSHROOM PIROG

- ½ cup warm water (lukewarm for compressed yeast)
- 1 package yeast, active dry or compressed
- ½ teaspoon salt
- 2 teaspoons sugar
- 3 eggs
- ½ cup (¼ lb.) soft butter
- 3½ cups unsifted regular all-purpose flour
- Salad oil
- Lamb and mushroom filling (directions follow), chilled
- 1 egg yolk beaten with 1 tablespoon water

Measure water into a large bowl and stir in the yeast. Let stand about 5 minutes and stir in salt, sugar, and eggs. Cut butter in small pieces and add to liquid. Add the flour and mix with a heavy spoon until moistened. Shape into a compact ball with your hands and place on a floured board. Knead until smooth and elastic, about 5 minutes. Rinse mixing bowl, dry it, and coat with salad oil. Place dough in bowl and turn over once to oil surface. Cover and let rise in a warm place until dough is about double in volume (it takes about an hour).

Knead dough on a lightly floured board to remove air bubbles. Pinch off a portion about ½-cup size and set aside. Shape the large lump of dough into a smooth ball. Lightly flour a pastry cloth (or heavy muslin towel) and roll ball of dough out on it to a rectangle 10 by 18 inches. Spoon cold lamb and mushroom filling onto half of the dough toward one end. Shape filling with hands into a compact rectangle, leaving about 1½-inch margin on the three outside edges. Using cloth to guide, lift the exposed section of dough over the filling. Neatly lap bottom edge up over the sides and pinch firmly around top rim.

Place a greased rimless baking sheet, top side down, on the pirog. Supporting with the pastry cloth and pan, invert pirog onto baking sheet.

Roll reserved dough into a rectangle about 3 or 4 inches by 12 inches and cut in ½-inch-wide strips, 12 inches long.

Arrange the dough strips decoratively over the top of the pirog, tucking the ends of dough beneath the pirog with fingers or tip of a knife.

Let rise in a warm place for about 20

minutes. Brush exposed surfaces with egg-water mixture. Prick top of dough in 6 to 8 places with a fork. Bake in a 350° oven for 50 minutes, or until dough is richly browned. Serve pirog hot, cut in rectangles.

To bake ahead, cool hot pirog thoroughly on a wire rack. Wrap and chill as long as 24 hours. Place cold, unwrapped pirog on an ungreased baking sheet, cover loosely with foil, and bake in a 350° oven for 50 minutes. Makes 6 to 8 servings.

Lamb and Mushroom Filling. Melt 3 tablespoons butter or margarine in a Dutch oven. Add 2 pounds thinly sliced mushrooms, mix with butter, cover, and cook over medium heat for about 5 minutes to draw out juices; stir occasionally.

Remove cover and turn heat high and cook, stirring frequently, for about 10 minutes or until all the liquid has boiled away. Mix in 2 tablespoons flour, 2 teaspoons dill weed, and ½ cup sour cream; cook, stirring, until bubbling and blended. Pour mushroom mixture into a large bowl and set aside.

Rinse frying pan, and add to it 1½ pounds ground lamb. Cook over high heat, stirring and breaking up meat, until it is richly browned. Skim off and discard fat. Stir lamb into mushroom mixture, add ¾ teaspoon salt or to taste, cover, and chill thoroughly.

For quick meals you might keep a bag of these rye-vegetable pastries in the freezer, taking them out as needed. For lunch, offer with a hot dog, a ground beef patty, or a mug of hot soup. For breakfast or a snack, they are ample with a glass of cold milk or buttermilk, a strip or two of bacon, and a bowl of fruit. Even vegetable-resistant children ask for seconds.

RYE-VEGETABLE PIROSHKI

- 1 cup unsifted regular all-purpose flour
- 1¼ cups unsifted rye flour
- ½ teaspoon salt
- ¾ cup (⅜ lb.) butter or margarine
- 1 egg
- ½ cup sour cream
- Carrot or cabbage filling (recipes follow)
- Egg butter (recipe follows)

In a bowl, stir together all-purpose flour, rye flour, and salt. Add butter, cut in chunks, and rub with your fingers until particles are of uniform size. With a fork stir in egg and sour cream, blending thoroughly. Shape dough into a compact ball with your hands, and then form into a log and divide in 12 equal portions. Pat each portion into a flat round cake and roll out on a floured board or pastry cloth into a circle of about 7-inch diameter. Cover dough as rolled to prevent drying. Distribute ¼ cup of the carrot or ca bage filling evenly over the dough cake within 1 inch of the rim. Fold opposi rims of the circle over filling, creating oval (see below) with vegetables in c ter exposed. Pleat the dough edges to smoothly. With your fingers pinch crimp the edge of the dough alongsi the filling, as pictured. Transfer t piroshki with a wide spatula to an greased baking sheet. Bake in a 3 oven for 30 minutes, or until ligh browned. Remove from pan with spatu

Serve hot, or cool on wire racks and heat later. (To freeze piroshki, cool a wrap airtight.) To reheat, place on an greased baking sheet in a 350° oven about 5 minutes. Spread egg butter the piroshki as you eat them, allow about 1 tablespoon for a serving of 1 2. Makes 12.

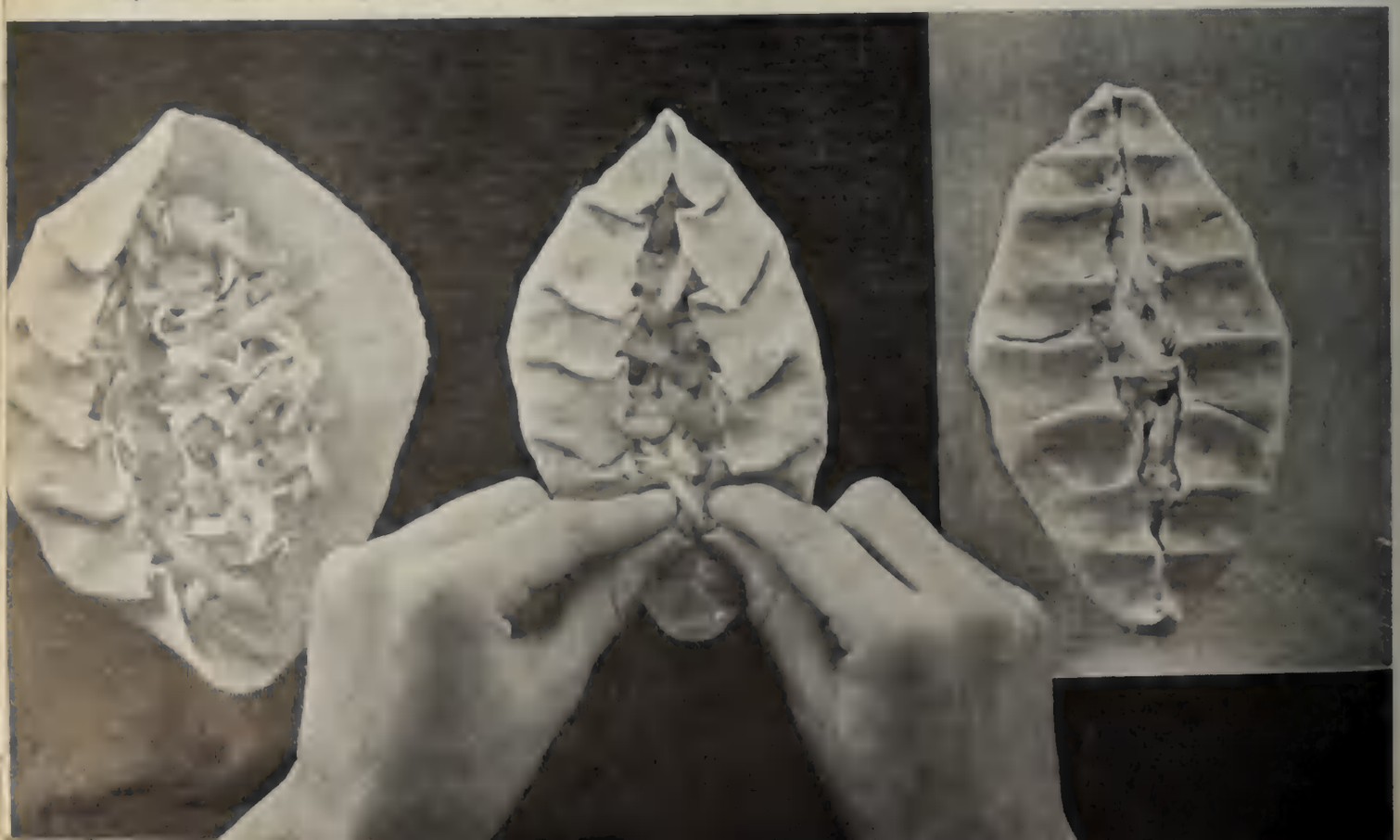
Carrot or Cabbage Filling. Finely sh enough peeled carrots to make 6 c (about 12 carrots) or cabbage to make cups (about a 3-pound head). In a la frying pan over medium heat melt ½ c (¼ lb.) butter or margarine. Add 1 la onion, finely chopped, 2 tablespo sugar, and the carrots and cabbage. C uncovered, stirring frequently, for ab 15 minutes for carrots or 40 minutes cabbage, or until vegetables are soft a begin to brown. Season to taste with s chill well before using. Makes about cups filling or enough for 12 piroshki.

Egg Butter. With a fork finely mash shelled hard-cooked eggs. Blend with cup (¼ lb.) soft butter. Serve at ro temperature. Makes about ¾ cup.

You fill, then fold, then pinch

For piroshki, *spread filling on dough rounds; leave margin. Fold opposing sides over filling, leaving center exposed. Lap excess dough and pinch along filling to seal*

DARROW M. WATT



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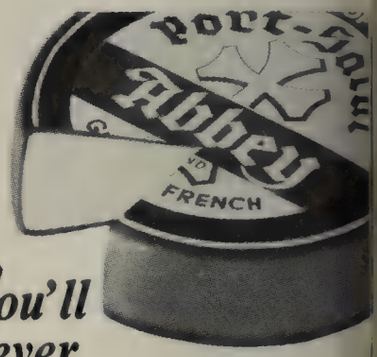

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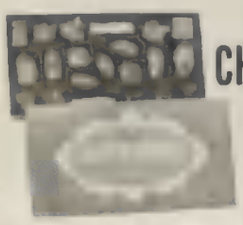

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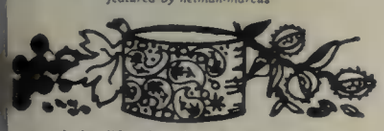

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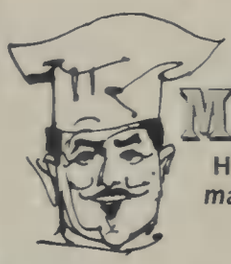

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DARROW M. WAT

Hot sautéed vegetables *make a handsom topping for quick-to-prepare pan stea*

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Butter sautéed vegetables, gay with col blanket these beef steaks.

STEAK GARNI

- 1½ pounds cross rib, sirloin tip, or boneless chuck, sliced ½ inch thick
- Unseasoned meat tenderizer
- 3 tablespoons butter or margarine
- ¼ teaspoon garlic salt
- ¼ pound fresh mushrooms, thinly sliced
- 1 cup cherry tomatoes, halved
- ⅓ cup ripe olives, sliced
- ⅓ cup water
- 2 teaspoons lemon juice
- 2 tablespoons finely chopped parsley

Cut meat into 4 serving-sized pieces a treat with meat tenderizer as directed the package. Heat 1 tablespoon of t butter in a large frying pan over mediu high heat and add steaks. Sprinkle w garlic salt. Sauté quickly until brow underneath, about 2 to 3 minutes, tu and brown the other side, cooking to sired doneness. Remove to a hot plat and keep warm.

Add 1 more tablespoon butter to the p

n add mushrooms. Cook 1 minute, stir-
g. Add tomatoes and olives and heat
t until hot through. Spoon over steaks.
d water, lemon juice, and remaining
ıblespoon butter to the pan, and scrape
drippings. Spoon sauce over vegetable-
ped steaks. Sprinkle with parsley.
kes 4 servings.

ake-off on the Swedish classic, veal
ar, this decorative steak is topped with
, avocado, and sour cream.

AK WITH CRAB

½ pounds cross rib, sirloin tip, or
boneless chuck, sliced ½ inch thick
Unseasoned meat tenderizer
3 tablespoons butter or margarine
¼ teaspoon whole tarragon, crushed
6 ounces fresh, frozen, or canned crab
meat (Dungeness or Alaska king)
⅓ cup dry white wine or Vermouth
1 small avocado
¼ cup sour cream
1 lemon

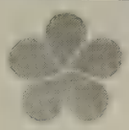
meat into 4 serving-sized pieces and
t with meat tenderizer as directed on
package. Heat 1 tablespoon butter in
ge frying pan over medium-high heat
add steaks. Sprinkle with tarragon.
é quickly until browned underneath,
ıt 2 to 3 minutes, turn, and brown the
r side, cooking to desired doneness.
ove to a hot platter and keep warm.
1 more tablespoon butter to pan with
meat and heat until hot through;
n over steaks. Add wine and remain-
tablespoon butter to drippings and
, stirring until blended. Spoon over
and meat. Peel and slice avocado and
ish each steak with 2 or 3 slices.
n sour cream on each steak and
sh with lemon wedges. Serves 4.

ıtal seasonings enhance the pan drip-
s for this steak sauté, topped with
ned chicken livers.

ERED STEAK WITH LIVERS

pounds cross rib, sirloin tip, or
boneless chuck, sliced ½ inch thick
Unseasoned meat tenderizer
tablespoons butter or margarine
ounces chicken livers (if frozen, thaw
first)
cup dry red wine
tablespoon soy sauce
teaspoon ground ginger
clove garlic, minced or mashed
tablespoons finely chopped parsley

neat into 4 serving-sized pieces and
with meat tenderizer as directed on
ackage. Heat 1 tablespoon butter in
e frying pan over medium-high heat
dd steaks and chicken livers. Sauté
ly until browned, about 2 to 3 min-
turn, and brown the other side,
ng steaks and livers to desired done-
Remove steaks to a hot platter and
over livers. Mix together wine, soy,
, and garlic; pour into the pan drip-
, add remaining butter and heat,
g, until blended. Spoon sauce over
and sprinkle with parsley. Makes
ings.



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SECURITIES (Stocks, Bonds, Mutual Funds, Notes, etc.)					
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INVESTMENT REAL ESTATE					
UNDER $10,000 **10**	$11,000-$30,000 **20**	$31,000-$50,000 **30**	$51,000-$100,000 **40**	OVER $100,000 **60**	
YOUR HOME					
$20,000-$30,000 **10**	$31,000-$50,000 **15**	$51,000-$75,000 **20**	$76,000-$100,000 **25**	OVER $100,000 **30**	
LIFE INSURANCE					
$10,000-$50,000 **10**	$51,000-$75,000 **15**	$76,000-$100,000 **20**	$101,000-$200,000 **25**	OVER $200,000 **30**	
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UNDER $10,000 **5**	$11,000-$30,000 **10**	$31,000-$50,000 **15**	$51,000-$100,000 **20**	OVER $100,000 **25**	
ANNUAL INCOME (SALARY)					
$10,000-$20,000 **5**	$21,000-$30,000 **10**	$31,000-$50,000 **15**	$51,000-$75,000 **20**	OVER $75,000 **25**	
ANNUAL INCOME (OTHER)					
$3,000-$5,000 **5**	$6,000-$10,000 **10**	$11,000-$15,000 **15**	$16,000-$20,000 **20**	OVER $20,000 **25**	
INDEBTEDNESS (Include Balance Due on Mortgage, and Other Outstanding Loans)					
OVER $75,000 **1**	$75,000-$26,000 **2**	$25,000-$11,000 **3**	$10,000-$6,000 **4**	$5,000 & UNDER **5**	
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DARROW M. WATT

Five *marinated vegetables—carrots, eggplant, squash, mushrooms, and leeks—make a tangy salad accompaniment to meats*

Vegetables simmered in marinade

The French style of simmering vegetables *à la Grecque* (meaning in the Greek manner with herbs, lemon juice, and oil) and marinating them in this same sauce, concentrated, results in a superbly seasoned first course or salad.

Fresh mushrooms prepared this way are often served as appetizers in Continental restaurants. But the recipe suits a wide range of other fresh vegetables. Use the same basic broth to cook a single vegetable, a compatible pair, or several in consecutive batches.

These chilled herb-scented vegetables make fine companions to barbecued meats and roasts. Because they need a lengthy stay in their tangy bath, they are a good make-ahead salad course. You can arrange them on a platter for buffet service. Unlike most green salads, they hold up well after they're put on the table.

Here we suggest using this basic broth for cooking and marinating either a mixed vegetable platter or (on the next page) celery hearts.

VEGETABLES À LA GRECQUE

- 3½ cups water
- 1 tablespoons lemon juice
- ¾ cup dry white wine
- ½ cup olive oil
- 1½ teaspoons salt
- 3 bay leaves
- 2 cloves garlic, minced
- 1 shallot or 1 large green onion, chopped
- 6 whole black peppers
- 1 teaspoon *each* crumbled tarragon and thyme
- Vegetables (see below)

Using a large Dutch oven or other sau pot, pour in the water and add lem juice, wine, oil, salt, and bay leaves. F close the garlic, shallot, peppers, tarrag and thyme in a tea ball or cheesecl bag and add to the pan. Bring to a b and simmer 10 minutes.

Add vegetables and cook, according directions that follow. Remove vegetab and set aside. Remove tea ball or cl bag and discard herbs. Cook down br until reduced to one cup; cool slight then spoon this sauce over vegetabl Cover and chill at least 4 hours or as lo

3 days. Garnish as directed for each
:etable. Makes 10 to 12 servings.

ved Vegetable Platter. Trim ends from
mall crookneck squash and slice in
f lengthwise. Add to broth, cover, and
mer until crisp-tender, about 5 min-
s; remove with a slotted spoon to a
:angular serving platter, about 10 by
inches.

l one bunch carrots, slice on the diago-
about ¼ inch thick, and add to broth.
'er and simmer until crisp-tender,
ut 7 minutes, then remove to a serv-
dish.

e one medium-sized eggplant in half
;thwise, then slice lengthwise into
ı-thick strips. Simmer in broth until
ler, about 7 minutes, and remove to
ter.

1 bunch leeks each in half length-
:, then cut in 4-inch lengths, discard-
coarse leaves. Wash thoroughly to
ove sand; add to broth, cover, and
ner until tender, about 10 minutes;
ove to dish.

n ends from 1 pound small white
hrooms, wash, and add to broth; sim-
1 minute, or until barely tender; re-
e to dish.

uce broth and pour over vegetables as
cted above. Garnish with 2 table-
ns chopped parsley at serving time.

ry Hearts with Anchovies. Trim ends
ı 12 celery hearts and cut off tops

DARROW M. WATT

nated *celery hearts, trimmed with*
ovy fillets, are a cool first course

ing 4-inch-long pieces; then cut each
alf lengthwise. Add to broth, cover,
simmer 15 minutes, or until tender.
ove with slotted spoon to a serving
er. Cover with reduced broth and
ı as directed in first recipe. Just be-
serving, garnish with 1 can (2 oz.)
ovy fillets, parsley sprigs, and 12
y tomatoes, halved.

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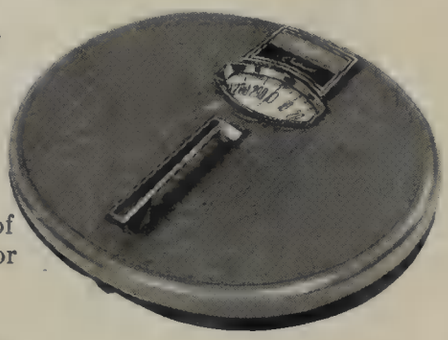

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DARROW M. WATT

Portable dinner: *Sliced corned beef, French potato salad, ripe olives, carrot sticks, and asparagus vinaigrette were all prepared ahead*

MAY MENUS

Buffet dinner on a tray . . . a Danish lunch with double-deck sandwiches . . . a barbecue brunch on Sunday

These menus were devised to fit in wit family activities in May. They emph size advance preparation and ease cooking.

We start with a dinner that you can pr pare early in the day. The Western smø rebrød lunch and the barbecue brun can be made ahead or prepared almo instantly at the last minute. All thr are equally suitable for family or guest

Buffet dinner on a tray

Almost everything can be done ahead f this carefree menu. The hot soup pr cedes a tray of chilled meat and sal vegetables.

Chicken and Cucumber Soup
Sliced Corned Beef
French Potato Salad
Asparagus Vinaigrette
Ripe Olives **Carrot Sticks**
Sour French Rolls
Fruit Turnovers

A good chunk of corned beef which nee to simmer slowly for about 4 hours is t key to this menu. After the cooking liqu develops meaty flavors, you tuck in t potatoes for salad to cook alongside t meat. Then use the cooking liquid to co asparagus. All the cooking for this dinn can be done a day ahead, or be start first thing in the morning. The soup m be prepared early too, needing only last-minute heating.

A couple of hours before dinner, slice t meat and arrange on a serving tray wi the carrots and olives; cover the tr well and put it in the refrigerator. Ju before dinner add the asparagus and p tato salad to the tray, and heat the sou For dessert pick out a favorite fruit tur over from the freezer case.

Chicken and Cucumber Soup. Empty 1 c (10½ oz.) condensed cream of chick soup into a saucepan. Gradually stir in soup can water, then stir in 1 can (abo 14 oz.) regular strength chicken brot Set aside 6 very thin slices from an u peeled cucumber for garnish; then p and finely chop the remaining cucumb

Add chopped cucumber to the soup alo with ¼ cup finely chopped onion; co and chill if you make it ahead.

To serve, heat to boiling point, then si mer for 1 minute. Add salt and pep to taste. Garnish each bowl with one the reserved cucumber slices. Mak about 6 servings.

Sliced Corned Beef. In a 6-quart or larg kettle, place a 3½ to 4½-pound piece corned beef round; add water to ju cover meat. Add 1 bay leaf, 1 thick sli onion, and 4 whole black peppers, a

l Electric Company, Housewares Division, Bridgeport, Conn. 06602

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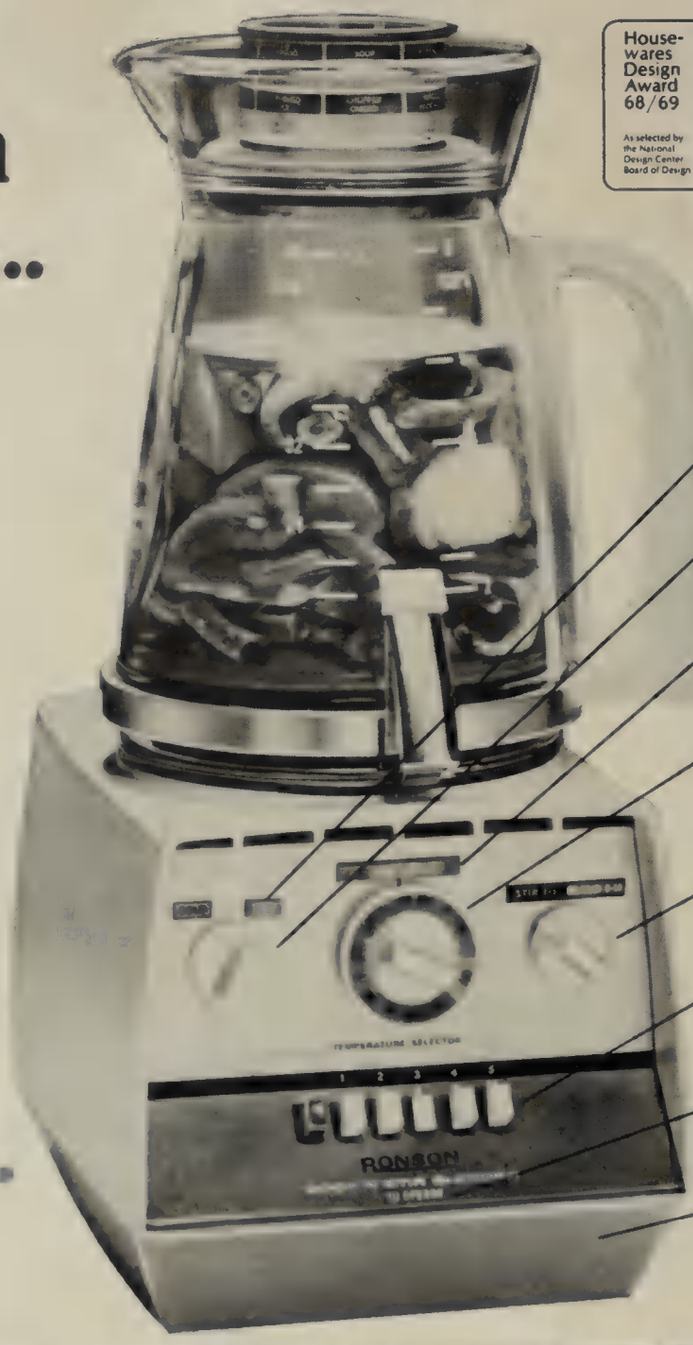

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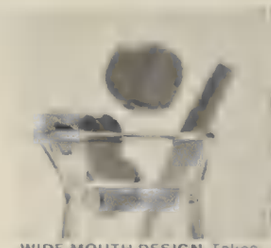

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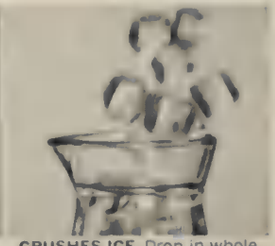

CRUSHES ICE. Drop in whole cubes, set blender on "Cold"; ice is crushed in seconds.

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mer until the beef is fork tender, about ours, turning over once.

move beef from cooking liquid, and l until you can handle it. Trim off excess fat from meat, rinse, wrap, l refrigerate until cold. Then cut in n slices to arrange on serving tray. kes 6 to 8 servings.

nch Potato Salad. Scrub well 2 pounds dium-sized new white potatoes. Cook m in with the corned beef or in boil- salted water until just tender when ced with a fork, about 25 minutes. Re- ve from broth with a slotted spoon. soon as potatoes cool enough to handle while still warm, peel them, slice ly, halve the slices, and put into a l. Add ⅓ cup thinly sliced green ns, including some tops, and ¼ cup tled Italian dressing. Mix gently, er, and refrigerate for at least 1 hour. ore serving, again mix gently and add and pepper to taste, and additional ssing if needed. Garnish the bowl h lettuce when you serve. Makes ut 6 servings.

aragus Vinaigrette. Wash and snap off gh ends from 2 pounds asparagus; k until just tender in corned beef king liquid or in boiling salted water. in, then chill. About 30 minutes be- serving time, sprinkle with about up bottled Italian dressing. Arrange the tray just before serving. Makes it 6 servings.

Danish lunch, Western style

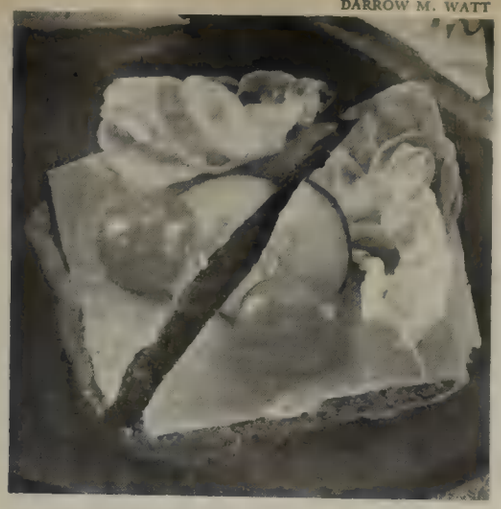
his Western version of the Danish lwich lunch, we add a second layer to sandwich, making each a generous ing for one. Or make two kinds, ken (or turkey or beef) with cheese, liver sausage with ham, and cut each alf for more variety. Both sandwiches be made several hours ahead.

Double-deck Smørrebrød:
Chicken with Cheese and
Liver Sausage with Ham
Potato Chips
colate - Sour Cream Dip with Oranges

ou make the sandwiches ahead of , arrange them close together on a ng tray or basket and overwrap the with foil or clear plastic film; re- rate. The dipping sauce for oranges also be made ahead and chilled. Be- serving, score the oranges so they be easy to peel at the table.

ken with Cheese Smørrebrød. Spread are slices rye bread or pumpernickel butter or margarine. Top each with t 1 ounce (3 or 4 thin slices) smoked ed chicken (or substitute turkey or , and 2 or 3 small leaves butter let- Top with 3 more rye bread slices, red side down. Spread bread with onnaise, then arrange 2 slices (about

DARROW M. WATT



Double-deck *Danish lunch sandwich: liver sausage with ham, on dark rye bread*

2 oz.) Swiss cheese on each sandwich.

Finely chop radishes to make ¼ cup and finely slice the top of a green onion to make about 1 tablespoon. Sprinkle some of the radishes diagonally across each sandwich, and then sprinkle the onion on top of the radish strip. To serve, cut in half diagonally along the line of the topping. Makes 3 sandwiches.

Liver Sausage with Ham Smørrebrød. Spread 3 square slices rye bread or pumpernickel with butter, then spread about 1 ounce liver sausage on each slice. Arrange 2 or 3 small leaves of butter lettuce over sausage on each sandwich and top each with another slice of the rye bread, buttered side down. Spread tops of bread slices with mayonnaise, and arrange 2 slices (about 2 oz.) cooked ham on each sandwich. Garnish each sandwich with a small leaf of butter lettuce, a thin slice cucumber, and a halved cherry tomato. Before serving cut sandwiches in half diagonally. Makes 3 sandwiches.

Chocolate - Sour Cream Dip with Oranges. Combine 1 cup (½ pt.) sour cream, 2 tablespoons half-and-half (light cream), ¼ cup sugar, and ½ teaspoon vanilla. Grate 1 ounce semisweet chocolate and add to cream mixture; stir until well blended. Turn into a small serving bowl and chill until dessert time.

Allow 1 large orange for each serving. At the table peel and segment the oranges and dip each segment into the sauce. Makes 6 servings.

Sunday barbecue brunch

On a warm weekend morning, you might barbecue these kebabs of ground lamb on a tabletop grill on your patio. They cook briefly, but the subtle smoke flavor nicely complements the curry-glazed meat and pineapple slices. If you serve inside, you may prefer to broil the kebabs and pineapple.

To convert this menu to a supper, substitute a rice dish for the English muffins

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Though the Zinfandel grape has a European heritage, it has become a California specialty. Through the years, we have found that the vineyards around our Napa Valley Monastery and Winery produce a truly superior Zinfandel grape. It is from these vines that we have selected the grapes for our Zinfandel.

I believe you will find this Napa Valley Zinfandel quite unlike any other. Long years in oak casks, and further aging in the bottle, have resulted in a fruity, deep red wine with a spicy, berry-like flavor. In the first sip there is an unexpected softness, followed by a rich and satisfying deep aftertaste.

Napa Valley Zinfandel is a good companion for roasts and other red meats. You will find it equally at home at a dinner party, or on a picnic. As with all our fine red dinner wines, I recommend that it be uncorked about an hour before drinking to develop its fragrant bouquet.

Our first bottling of Napa Valley Zinfandel is now ready. Although fully developed and ready to enjoy, because of its noble qualities the wine will further improve in the bottle if laid down in your cellar for a year or two. If you should have trouble finding it, you may write to me.

Brother Timothy F.S.C.

Brother Timothy, F.S.C., Cellarmaster
The Christian Brothers Winery
Napa Valley, California

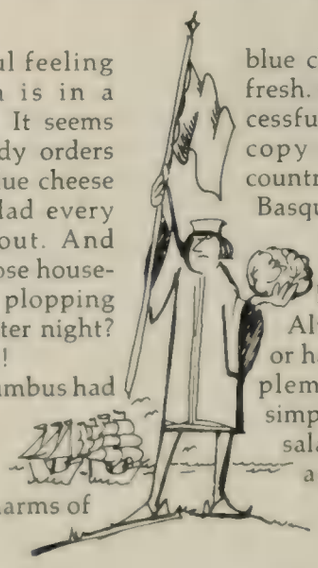
Worldwide Distributors: Fromm and Sichel, Inc., San Francisco, California

All I have to do is think of blue cheese dressing and I get depressed.

By a sensitive soul.

I have this awful feeling that America is in a Roquefort rut. It seems to me everybody orders Roquefort or blue cheese dressing on salad every time they eat out. And what about all those housewives automatically plopping blue cheese over lettuce night after night? It's enough to make anyone blue!

I can't believe that's what Columbus had in mind when he brought the first head of lettuce to this country from the Bahamas. So though I'm not immune to the charms of blue cheese, I try to think fresh. One of my most successful inventions is a near copy of a salad Basque countrywomen serve. (The Basques must be a hungry lot because this is hearty enough to be a summer meal. Although without crab or ham, it's a lovely complement to almost any simple entrée.) Like any salad, it's only as good as its dressing. Make it with a shy dressing and you get tossed "blah." That's why Lawry's San Francisco French is a must.



Lawry's makes twelve bottled dressings and they always seem to put an extra something in them. This French, for instance, is swimming with Romano cheese. Also, its worldly, piquant flavor gets a salad noticed. Without it, my masterpiece might fall flat on its lettuce leaves.

BASQUE SALAD: 6 medium new potatoes
1 pkg. (9 oz.) frozen whole green beans, cooked and drained — 1 tsp. Lawry's Seasoned Salt
1 bottle (8 oz.) Lawry's San Francisco French
1 Tbsp. sliced ripe olives — Lettuce leaves
3 Tbsp. minced green onions — 1 tomato, cut into wedges
1 cup julienne ham OR 1 can (7½ oz.) crabmeat, optional

Cook potatoes in their skins, peel and dice. Combine with green beans in shallow dish. Add dressing while potatoes are still warm; cover. Marinate overnight in refrigerator. Sprinkle with Seasoned Salt. Line salad bowl with lettuce leaves; arrange potato and bean mixture over greens. Garnish with green onions, ripe olives and tomato wedges. Add ham or crabmeat, if desired. Makes 8 servings.

For a free packet of Lawry's new ways to cook, write Lawry's Patio Kitchens, Dept. S.M., P.O. Box 3912, Los Angeles, California 90054.

LAWRY'S

and marmalade, and add a green salad and ice cream dessert.

Apricot and Orange Juice
Barbecued Lamb Kebabs with Pineapple
Toasted English Muffins
Orange Marmalade **Butter**

Apricot and Orange Juice. Mix 2 cans (12 oz. *each*) apricot nectar and 2 cups fresh or reconstituted frozen orange juice. Chill thoroughly. Makes about 6 servings.

Barbecued Lamb Kebabs with Pineapple

1 tablespoon butter or margarine
¼ cup finely chopped onion
1 teaspoon curry powder
1½ pounds ground lamb
⅓ cup fine dry bread crumbs
2 eggs, slightly beaten
¾ teaspoon salt
⅛ teaspoon pepper
4 to 8 slices fresh or canned pineapple
Marmalade glaze (recipe follows)

In a medium-sized frying pan, melt the butter and sauté the onion and curry powder until onion becomes limp; remove from heat. Thoroughly mix in the lamb, bread crumbs, eggs, salt, and pepper. With your hands form the meat into compact balls about the size of ping pong balls. Cover and refrigerate if cooking is to be done later.

Thread the meatballs on 4 to 6 metal skewers. Baste meatballs and pineapple slices with marmalade glaze; barbecue them about 3 inches above a good bed of coals, turning and basting until well browned on all sides (about 5 minutes). Or arrange kebabs and pineapple on a broiler pan about 3 inches from heat; broil for about 8 minutes. Serves 4 to 6.

Marmalade Glaze. Heat together in a small pan ½ cup orange marmalade, 2 teaspoons curry powder, and 2 tablespoons water until well blended.

Seafood soup

Here's a hearty soup with an intriguing flavor combination. Preparation requires only a few minutes because you heat three canned soups together with your choice of canned seafood.

Stir together until smooth in a large (at least 2-quart size) saucepan 1 can *each* (about 10½ oz.) condensed cream of tomato soup, green pea soup, and bouillon; stir in 2 cups water until blended. Add 1 can (about 4½ oz.) small shrimp, rinsed in cold water and drained; *or* 1 can (about 7 oz.) minced clams, undrained; *or* 1 can (about 7 oz.) crab meat, undrained and broken up with a fork. Heat to boiling, remove from heat, stir in 1 tablespoon Sherry, and pass a bowl of sour cream to spoon on. Serves 8.—*C.D., Granite Falls, Wash.*

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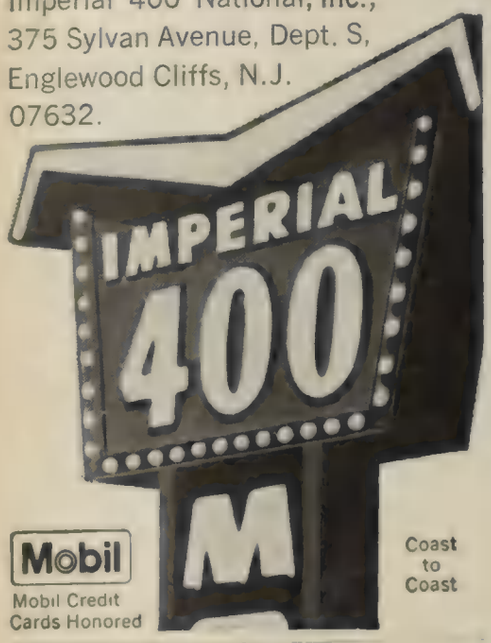

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Coast to Coast

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the Danish cheese with a taste for individualists

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Cheeses from the Fairyland Dairyland of Denmark

Now there's a quick way to make *manicotti*

Manicotti, a tubular filled pasta baked in a sauce, requires special effort and much time to prepare in the conventional manner. These two short-cut versions save time because you use special manicotti shells that do not require precooking (look for package with directions to stuff the *uncooked* manicotti shells and then bake them). These dry shells, though brittle, are also easier to fill than slippery cooked ones.

The spinach-cheese manicotti has a smooth brown sauce while the tomato manicotti is more traditional with beef filling and tomato sauce; both have a lavish cheese topping.

SPINACH-CHEESE MANICOTTI

- 6 tablespoons butter or margarine
- ¼ cup flour
- 1 can (10½ oz.) condensed chicken broth (undiluted)
- 1 cup half-and-half (light cream)
- ¼ pound fresh mushrooms, chopped
- 1 medium-sized onion, chopped
- 1 cup cottage cheese
- ¼ teaspoon tarragon
- 1 package (10 oz.) frozen chopped spinach, thawed and drained
- 2 eggs
- 1 package (3¾ oz.) manicotti shells (the quick-cooking type)
- 1½ cups (6 oz.) shredded mozzarella cheese
- ⅛ cup shredded Parmesan cheese

Melt 4 tablespoons of the butter in a saucepan over medium heat; stir in the flour and cook, stirring constantly, for 1 minute. Remove from heat and gradually stir in the broth and then the half-and-half. Return to heat and boil for 1 minute, stirring constantly. Remove from heat and pour ½ cup of this mixture into a 2-quart shallow baking dish; set aside.

Melt remaining 2 tablespoons butter in large frying pan; add mushrooms and onions and stir over medium heat until onions are translucent; remove from heat. Add cottage cheese, tarragon, spinach, and eggs and stir until thoroughly combined. Divide mixture equally among the 8 manicotti shells and, using your fingers, carefully stuff mixture into shells from each end.

Place stuffed shells in sauce-lined dish and pour remaining sauce over shells, covering each completely. Cover dish with foil and bake in a 350° oven for 50 minutes. Remove from oven and sprinkle on the mozzarella and then the Parmesan. Return dish, uncovered, to oven for 10 minutes and then serve. Makes 4 servings.—*J. T., Walnut Creek, Calif.*

DARROW M. WATT

Smooth *brown sauce is poured over spinach-cheese filled shells before they bake*

TOMATO MANICOTTI

- 1 large can (15 oz.) tomato sauce
- ½ pound lean ground beef (chuck or round)
- 2 tablespoons chopped fresh parsley
- 2 teaspoons instant minced onion
- ¼ teaspoon *each* whole oregano and marjoram
- 1 cup cottage cheese
- 2 cloves garlic, minced or mashed
- 1 package (3¾ oz.) manicotti shells (the quick-cooking type)
- 2 cups (8 oz.) shredded jack cheese
- ½ cup shredded Parmesan cheese

Pour ½ cup of the tomato sauce into a 2-quart shallow baking dish; set aside.

In a large bowl, combine beef, parsley, minced onion, oregano, marjoram, cottage cheese, and garlic. Mix with your hands until combined. Divide mixture equally among the 8 manicotti shells and, using your fingers, carefully stuff mixture into shells from each end. Place shells in pan; pour remaining sauce over shells. Cover dish with foil and bake in a 350° oven for 30 minutes.

Remove and sprinkle on jack and Parmesan cheeses. Return to oven, uncovered, for 10 minutes; then serve. Makes 4 servings.—*T. S., El Cajon, Calif.*

When you finish the Peach Melba,

have a cup of Yuban for dessert.

Yuban coffee is so rich, it's dessert's dessert.
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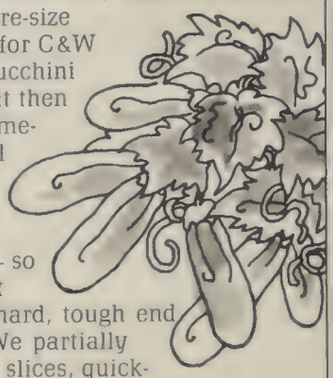
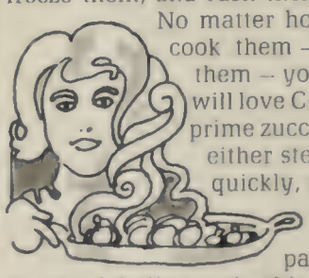
Our Zucchini are endless

We certainly don't mean we've an endless supply – because C&W only picks the choicest, firmest, sweetest, green store-size zucchini for C&W Frozen Zucchini slices. But then we do something still nicer! We use just the centers – so you don't get any hard, tough end pieces. We partially cook the slices, quick-freeze them, and rush them to you.



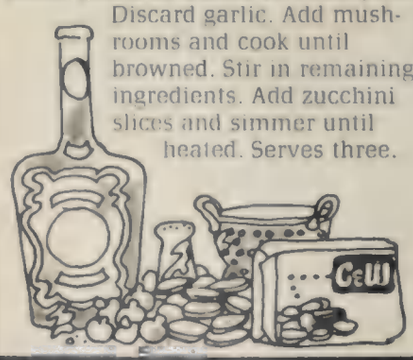
No matter how you cook them – **or** slice them – your family will love C&W tender prime zucchini slices, either steamed quickly, right from the package, or prepared Italian style this way:



C&W FROZEN ZUCCHINI SLICES SUPREMA

1 pkg. C&W Frozen Zucchini Slices
1 3-oz. can button mushrooms
2 tbsp. butter
½ garlic clove
1 tbsp. flour
Salt, to taste
½ cup sour cream
1 tsp. brandy
¼ tsp. dill weed

Cook zucchini slices as directed on package (do not overcook). Drain. Saute garlic in butter in saucepan. Discard garlic. Add mushrooms and cook until browned. Stir in remaining ingredients. Add zucchini slices and simmer until heated. Serves three.



We've got quality down cold

DARROW M. WA

Low-calorie, *richly flavored lemon sauce smothers lamb chops and leeks*

Lamb chops and leeks with a lemon sauce

The Greek way of braising lamb chops and fresh vegetables together in one pot, then smothering all in *avgolemono*, a traditional lemon and egg sauce, results in a refreshing entrée for a family dinner.

Leeks are a favorite accompaniment for lamb done in this manner. A variation with spinach follows the main recipe.

LAMB CHOPS WITH LEEKS

4 round bone shoulder lamb chops (about 1½ to 2 lbs.)
2 teaspoons olive oil
1 teaspoon salt
1 clove garlic, minced
1 cup water
1 teaspoon beef stock base or 1 beef bouillon cube
1 bunch leeks (about 3 or 4)
2 teaspoons cornstarch blended with 2 tablespoons water
2 egg yolks
2 tablespoons lemon juice

Using a Dutch oven, brown chops in oil, turning to brown both sides. Sprinkle with salt and garlic. Add water and stock base. Cover and simmer 5 minutes. Cut leeks in half lengthwise, then cut in 4-inch lengths, discarding the coarse leav Wash thoroughly to remove all the sa Add to meat, cover, and simmer 10 m utes longer, or until leeks are ten Transfer vegetables to a hot serving di Arrange chops alongside. Keep warm.

Measure the liquid left in the pan a either boil it down or add water to m 1 cup; blend in a mixture of the co starch and water. Bring to a boil, stirr constantly; cook until thickened. In bowl beat egg yolks with lemon juice a stir in part of the hot sauce. Return to the pan and stir over very low he just until thickened. Spoon sauce o chops and leeks. Serves 4.

Lamb with Spinach. Follow recipe lamb chops with leeks—except af browning meat, cover and simmer in stock for about 10 minutes, or until m is tender. Instead of leeks, add 2 bunc (2 lbs.) spinach, washed and chopp cover and simmer 2 minutes only. Fin and serve with the lemon and egg sa as in first recipe.

You can spend a lot of time at the meat counter trying to pick out the best chicken. You want one that'll cook up moist and succulent. A plump bird with just the right amount of fat. No more, no less. And you should look for a rich golden color. That means the chicken has been corn fed and is just bursting with flavor. We've been raising poultry for years and years, here in the Valley. And we've learned how to make certain every Foster Farms fryer is a robust, extra meaty bird—with all those qualities you're looking for. So, from now on, all you need to do is look for the Foster Farms tag. It's a sure sign you're getting a wonderfully tasty bird. Every time.

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For fancy herring, season your own

Herring fanciers still argue a good ca for preparing their own specially flavor herring—even though canned and refri erated herring dishes are generally ava able in considerable variety.

They use the indisputably smelly Atla tic (or salt) herring packed in a s brine, usually available in fish marke or delicatessens. The method of prepa tion can be very simple, yet with exc lent results.

The first step is to refresh the fish in c water. Then remove bones and pack t fish with onions and seasoning in vineg After a day or two, the herring and on are ready to eat. As a variation, mix so herring with the curried mayonnaise.

These herring dishes served with da bread and butter make a robust fi course.

SAVORY PICKLED HERRING

- 3 Atlantic herring packed in salt brine (about 1½ lbs. without heads)
- Cold water
- 1 or 2 large onions, very thinly sliced
- 1 tablespoon mustard seed
- ⅓ cup sugar
- ½ teaspoon dill weed
- About 2 cups (1 pt.) cider vinegar

Remove and discard heads (if attach and empty body cavities. Rinse herr under cool running water, then place a large bowl of cold water; cover a chill overnight. Next day, fillet the h ring by running a small, sharp k along backbone and body cavity bo to free the fish; do not remove skin. T bottom edge of each fillet to remove fi cut away the top fin. Cut fish crossw in about ⅜-inch-wide strips.

Separate onions into rings. Mix toget mustard seed, sugar, and dill weed. about a 6-cup glass jar make alter layers of herring, onions, and sugar n ture, making 3 layers of each and end with the sugar mixture. Pour in eno vinegar to cover. Chill, covered, for least 2 days; herring keeps for month vinegar. To serve, lift fish and onion fr liquid. Makes 4 to 5 cups.

Curried Herring. With a slotted sp lift out enough savory pickled her and onion from liquid to make 2 c Blend ¾ cup mayonnaise with 1 teasp curry powder, ¼ teaspoon turmeric, teaspoon ground coriander, and a d of ground cinnamon. Mix mayonn with the 2 cups herring; cover and mellow in the refrigerator for at l several hours, or for as long as 3 or 4 d Makes about 2 cups.

'Bigger than Kevin. 'hat's how big I want to be."

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elps build 'ong bodies ways!®

Ground beef... when time is short

Ground beef dishes are justly popular as fast family or company entrées. These have varied international flavors.

Each uses 1 to 2 pounds of lean ground beef. Buy your favorite: ground beef, chuck, or round. Generally ground beef contains the most fat, ground chuck less, and ground round least. Price increases as fat decreases. Ground chuck is a good compromise in these recipes.

Taco seasoning and enchilada sauce lend zest to this Mexican casserole.

TACO BEEF CASSEROLE

- 1 medium-sized onion, finely chopped
- 1 tablespoon salad oil or olive oil
- 2 pounds ground beef chuck
- 1 package (about 1¼ oz.) taco seasoning
- 1 cup water
- 1 package (9 oz.) frozen corn, thawed
- 1 can (6 oz.) pitted ripe olives
- 6 corn tortillas
- 1 can (10 oz.) enchilada sauce
- 2 cups shredded sharp Cheddar cheese
- 1 avocado

In a large frying pan, sauté onion in oil until golden brown; push to sides of the pan. Add ground chuck and sauté until browned, stirring. Add taco seasoning and water, cover, and simmer 10 minutes. Remove from heat and add corn. Reserve ⅓ cup of olives for topping, coarsely chop remainder, and add to meat.

Cut tortillas into quarters, dip each piece into enchilada sauce (still in can), and arrange half of them in the bottom of a greased 9 or 10-inch round baking dish (about 2 inches deep). Cover with half the meat sauce and spoon over half the remaining enchilada sauce. Sprinkle with 1 cup of the cheese. Repeat layers, ending with cheese.

Bake uncovered in a 350° oven for 20 minutes, or until hot through. Garnish top with avocado slices and remaining olives. Makes 6 to 8 servings.—*F. S., Monterey Park, Calif.*

This ground beef stroganoff might become a favorite spur-of-the-moment company dish in your home. Sourdough French bread is a crunchy companion to the rich creamy gravy.

MEATBALL STROGANOFF

- ½ pound mushrooms
- 4 tablespoons butter or margarine
- 1 medium-sized onion, finely chopped
- 2 pounds ground beef
- 1 teaspoon salt
- ½ teaspoon crumbled dried tarragon
- ¼ teaspoon *each* pepper and sweet basil
- 2 tablespoons flour
- ⅓ cup canned tomato paste
- 1 can (10 oz.) condensed beef consommé
- 2 teaspoons Worcestershire
- 1 tablespoon vinegar
- 1 cup sour cream
- Buttered French bread

Slice mushrooms and sauté in a large ing pan in 2 tablespoons of the but turn out of pan and set aside. Add remaining 2 tablespoons butter to and sauté onion until golden; push sides of pan. Quickly shape meat bite-sized balls and drop into pan; sa shaking pan to turn, until browned. Sp kle with salt, tarragon, pepper, basil, flour. Add tomato paste, consom Worcestershire, and vinegar; cover simmer 10 minutes. Add mushroom meat and remove from heat. Stir in cream. Serve with hot buttered Fr bread.—*G. B., Santa Ana, Calif.*

This curry dish would rate as "four l (denoting how many serving boys needed to carry the condiment dishe the old Dutch East Indies.

UND BEEF CURRY

- 1 large onion, finely chopped
- 1 tablespoon salad oil or olive oil
- /2 pounds ground beef chuck
- 1 teaspoon salt
- 1 tablespoon curry powder
- 1 can (14 oz.) regular strength beef broth
- 2 teaspoons cornstarch
- 1 tablespoon lemon juice
- About 2½ cups hot steamed rice
- Assorted condiments (suggestions follow)

g a large frying pan, sauté onion in ntil golden; push to the sides of the Quickly shape meat into bite-sized and drop into the pan; add salt and n on all sides. Add curry powder and a minute. Blend 2 tablespoons of roth with the cornstarch to make a ; pour remaining broth into pan and g to a boil. Stir in the cornstarch e and cook, stirring gently, until ened; stir in lemon juice. Turn curmeat into a hot serving bowl. Mound in another bowl. Serve at the table assorted condiments (see below). es 4 to 6 servings.—*E. B., Seattle.*

rted condiments. Place in individual s ¾ cup flaked coconut; ¾ cup salted ews, chopped; 1 small cucumber, ped; and 1 can (about 9 oz.) pine tidbits, drained.

yday ingredients result in a remark- combination here: Scrambled eggs smother a stir-fried dish of beef and green beans. One of our readers sampled this dish in Thailand.

THAI EGG AND BEEF PLATTER

- 1 tablespoon salad oil or olive oil
- 1 small onion, finely chopped
- 2 medium-sized carrots, thinly sliced
- 1 pound ground beef chuck
- 1 package (9 oz.) frozen cut green beans, thawed
- 1½ teaspoons salt
- ⅛ teaspoon pepper
- 8 eggs
- ¼ cup water
- 3 tablespoons butter or margarine

Heat oil in a large frying pan, add onion and carrots, and stir-fry 2 minutes; push to the sides of the pan. Add meat and stir-fry just until browned. Add green beans, 1 teaspoon of the salt, and the pepper; cover and cook over medium heat 3 minutes longer, or until the beans are crisp-tender. Spoon meat mixture down the center of a large oval platter.

Beat eggs slightly with water and the remaining ½ teaspoon salt. Melt butter in a large frying pan and when it foams, pour in egg mixture. Scramble eggs gently by lifting from the bottom and letting the liquid portion run underneath. When eggs are set, but still creamy, spoon over the center of the meat mixture, letting meat show at the ends. Makes 4 to 6 servings. —*C. K., Sacramento.*

Tropical fruits heat on broiled beef patties, arranged on English muffins, for this colorful supper sandwich.

POLYNESIAN HAMBURGERS

- 1½ pounds ground beef chuck
- 1 teaspoon salt
- 4 tablespoons bottled barbecue sauce
- ½ cup melted butter (approximately)
- 6 English muffins, split
- 2 bananas
- 1 can (about 14 oz.) pineapple chunks
- 1 small green pepper

Shape meat into 6 patties, slightly larger than the buns. Sprinkle with salt and place on a broiling rack. Brush with 2 tablespoons of the barbecue sauce. Broil under a preheated broiler for 4 minutes, turn, brush with 2 more tablespoons sauce, and broil 4 minutes longer for rare meat. Butter muffins generously and toast until lightly browned. Transfer meat patties to the muffin bases; set aside the muffin tops.

Slice bananas diagonally, dip in melted butter, and arrange several pieces on top of each meat patty. Dip pineapple chunks in the remaining 2 tablespoons barbecue sauce and spoon on the bananas. Cut pepper into rings, dip in melted butter, and place on top. Slip under the broiler just until fruits are hot through and start to brown on the edges. Serve open-faced with muffin tops alongside. Serves 6.—*J. A., Portola Valley, Calif.*

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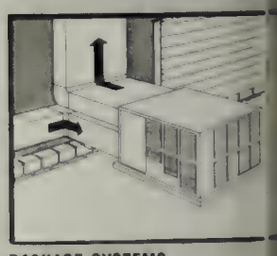

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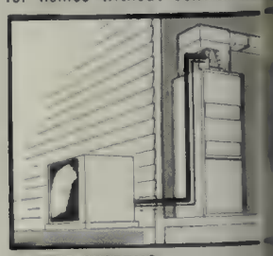

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MICHAEL TILDEN

to chilled soup the extras you like: ns, green onions, cucumber, eggs, nuts

'rom Lebanon . . . a chewy soup

h accepted in a specific role in the ry where it originated can be treas- for quite different reasons in other ries. The Lebanese appreciate this rt soup for its cooling qualities; calo- nscious cooks here find its flavor shing and its illusion of richness a ıtful contradiction.

soup makes an ideal focal point for cheon designed to please dieters and lieters alike. The basis of the soup nply yogurt stirred with chicken , dill, parsley, and mint; chilling es the flavors. An offering of condi- s—chopped cucumber, thinly sliced onion, chopped hard-cooked egg, raisins, and salted cashews (added ding to one's conscience)—give each of soup substantial, chewy texture ndividual character.

company the soup, consider a crisp wafer type cracker or hot crusty ınd a fruit dessert.

IMENT SOUP

quart (4 cups) unflavored yogurt
can (about 14 oz.) regular strength chicken broth
cup cold water
tablespoon minced parsley
teaspoon *each* dill weed and minced fresh (or crushed dried) mint
Salt to taste
Dash cayenne red pepper
cup *each* golden raisins, thinly sliced green onions (including some tops), and chopped salted cashews
hard-cooked eggs, finely chopped
cucumber, peeled and chopped

hly blend yogurt, broth, and water. add parsley, dill weed, mint, salt, ayenne; chill, covered. Present the in a tureen or individual bowls. raisins, onions, cashews, eggs, and ıber in separate dishes and pass to according to individual tastes, to erving. Makes 6 servings.

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Radish florets

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Prepare vegetables according to package or can directions and chill. Arrange on tray with three dip bowls. Provide forks for dipping.

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DARROW M. WATT

nint sprig *tops each lime custard tart*

Lime tarts are two-bite size

inutive lime tarts make a refreshing sert at a springtime tea or reception. y tart shells, made with pastry that sn't need to be rolled, form a buttery tainer for the tart citrus filling. Use ll tart pans or tiny muffin pans about inches in diameter. Bake the pastry ls in advance and freeze, if you wish.

IE CURD TARTS

4 eggs
1 cup sugar
½ cup lime juice
1 teaspoon grated lime peel
½ cup (¼ lb.) soft butter or margarine
Baked tart shells (recipe follows)
Mint sprigs for garnish

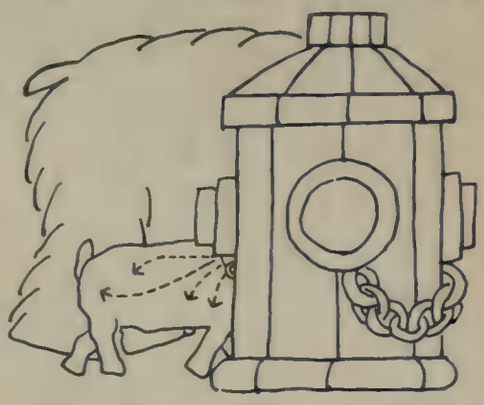
t eggs until light and mix in sugar, juice, and peel. Turn into the top of ouble boiler. Add butter. Place over water and cook, stirring constantly, l filling becomes almost as thick nayonnaise. Remove from heat, let , and then chill. Spoon into tart shells ipe follows) and let warm to room perature shortly before serving. Gar- with mint sprigs. Makes 24 tarts.

ed Tart Shells. Place 2 cups unsifted urpose flour in a mixing bowl. Add up powdered sugar and 1 cup (½ lb.) er or margarine. Cut with a pastry der until crumbs are very fine (like meal); then pat into a ball. Use hands inch off pieces the size of a walnut press into 1½-inch tart shells, making yer about ⅛ inch thick. Bake in a oven for 12 minutes, or until golden wn. Let cool on racks; then remove pans. Makes 2 dozen 1½-inch tart ls.—*B. L., San Francisco.*

"We live where fleas are worst. Right?"

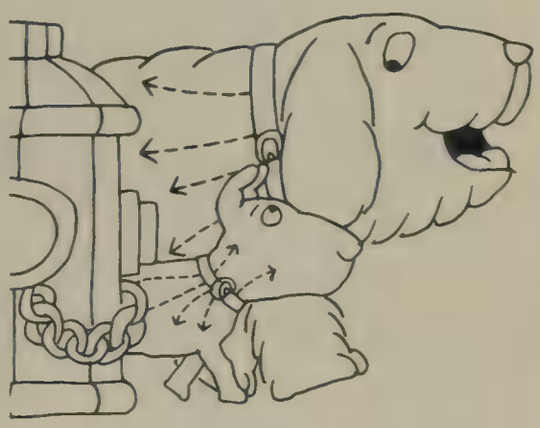
"So get a Sergeant's Flea Collar. 8 out of 10 dogs here wear 'em."

"What're the arrows for?"



"They show how Sergeant's tracks down fleas and kills 'em dead."

"Oooh. That's better."



In parts of the country where fleas are worst, 8 out of 10 dogs who wear collars, wear this one.

Now a Sergeant's flea collar especially for cats.

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Poor little avocado. It tastes so rich and creamy some people decided it had to be calorie-rich. Not so! Bite for bite, the avocado has less than ¼ the calories of butter, margarine, or mayonnaise. That makes avocado the skinniest spread around. Try it salted on toast for breakfast. Spread it on open-faced tomato sandwiches at lunch. Spread it on cocktail crackers, with or without ham or shrimp or what-have-you toppings.

Think thin. Think avocado.

California Avocado Advisory Board

DARROW M. WATT

uce for petit beef tartar: raw egg yolk

From the Danes, beef appetizers

ef, presented here in a fashion familiar the Danes, makes handsome and sub-antial appetizers to accompany bever-es and as a preamble to dinner.

he first appetizer is presented in tiny rtions—raw beef mounded in small ion rings. The second is a sandwich to t with knife and fork; it would also go ll with soup for a light meal.

tit Beef Tartar. Mix thoroughly ½ und ground beef sirloin, ¼ teaspoon rlic salt, ¼ teaspoon tarragon (option-), ⅛ teaspoon seasoned pepper; add lt to taste. Cut about 3 large onions ¼-inch-thick slices; separate about 3 zen of the inner bite-sized rings, and serve rest for other uses.

ace small onion rings side by side on a ving tray; nest in each ring about 1 aspoon of the beef. Cover and chill un-ready to serve.

ack 1 egg (reserve white for another e) and put the yolk in a shell half; set is shell in an onion ring on the beef ay. Accompany with 8 or 9 slices of ttered firm-textured pumpernickel ead, cut in quarters. Lift a portion of ion and beef onto bread; spoon on a ay portion of the egg yolk, if you like, d eat. Makes about 36 appetizers.

ef and Radish Sandwich. Broil to rare l-pound tender, boneless beefsteak such sirloin; chill. Trim off any fat and ce meat thinly across grain. Spread but-and mustard on 8 slices firm-textured mpernickel bread; cover bread evenly th overlapping steak slices. Cover; chill til ready to serve.

en top evenly with ½ cup thinly sliced lishes and sprinkle with 2 or 3 table-ons minced green onion (include some s) and salt. Serve with knife and fork. low ½ to 1 sandwich for each serving. akes 8 to 16 servings.

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Sheila MacRae's TV Stitch Test proves it—Punch gives you the cleanest wash possible!

DARROW M. WATT

An intriguing appetizer: *Dip hot, crisply fried sausage and beef-filled won ton into creamy guacamole*

A hearty noodle soup: *Filled won tons, simmered an onion-seasoned chicken broth*

It's easy to make *won ton*... all you need are the skins

A time-saving ingredient formerly found only in Chinese food shops has recently become increasingly available in Western markets. It is the *won ton* skin or wrapper, the primary and most difficult-to-make element in the preparation of won ton for frying or cooking in soups.

The paper-thin squares of dough are apt to intrigue the imaginative cook into extending their uses beyond the traditional Oriental cuisine.

The first trick with won ton skins is to find them. Almost invariably they are tucked into a corner of a refrigerator or freezer section and are rather difficult to locate (the small package may not even be labeled). You can recognize them by the shape: 3-inch squares of egg and flour dough, usually stacked vertically, in pound packages containing 70 to 75 sheets of dough.

The Chinese traditionally wrap a small amount of savory filling in the dough (the results are often referred to as Chinese ravioli), fry them crisply, and present them as an appetizer, usually with a dipping sauce. Or the won ton are cooked in broth, making a hearty soup.

Typical fillings include the pork a shrimp mixtures that follow. Then to e phasize the versatility of the neutr flavored won ton skin, we suggest a c rizo sausage and beef filling that ha distinctly Mexican pedigree. As you periment keep in mind that any fill you use should combine well season mixtures of finely chopped ingredie that cook quickly or are precooked, w a consistency similar to the fillings he

Assembling the won ton in organi fashion greatly speeds the process. H are directions for filling and sealing won ton. You have a choice of cook methods: frying, or boiling in broth soup. Three kinds of fillings follow th basic directions.

How to fill won ton. This is the m time-consuming task, but one you can ahead. The wrapped won ton can be c ered and chilled, or frozen before cooki

First assemble these elements: won skins, filling (recipes follow), 1 wh beaten egg (ample to seal 1 pound ton skins), trays to hold filled won t a damp towel, clear plastic film, an chopstick or small spoon. Cover sk with the damp towel to keep them sup

Place a won ton skin in your hand shown in step 1 on the next page; mo about 1 teaspoon filling in corner on palm. Dot won ton skin corner in p with beaten egg (use chopstick or spo Roll filling in skin (step 2), reverse ton 180°, then moisten open ends (ste with more egg and press to seal. Mois top of right end, parallel with filling, w egg and bend won ton overlapping end (step 4), pressing together to seal

Arrange filled won ton side by side trays and cover with clear plastic f Fry or boil according to directions t follow, or refrigerate for 2 or 3 hours freeze (package airtight in bags a they are frozen—spread won ton out

Tender beef. Sour cream sauce. Mushrooms. Onions. Golden egg noodles.

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Dept. S-1, Pebble Beach, Calif. 93953.

Del Monte Lodge is represented by your local travel agent and Glen W. Fawcett Co. (LA) 388-1151; (SF) 397-2717

single layer, keep covered, to thaw).

How to fry won ton. Heat about 2 inches of salad oil to 360° on a deep fat thermometer. Add 4 to 6 won ton (freshly made, refrigerated, or thawed frozen) to oil; fry for 1 to 2 minutes or until golden brown, turning to cook evenly. Lift from oil with a slotted spoon; drain on paper towels. Keep warm in a 200° oven until all are cooked, then serve. Or cool, package, and freeze. To serve, arrange while still frozen in a single layer in a shallow pan and bake, in a 350° oven for 15 minutes or until crisp and hot.

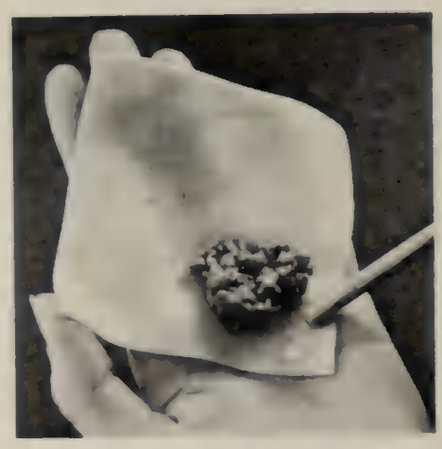
How to boil won ton for soup. Heat 1 large can (about 48 oz.) chicken broth to boiling. Add ¼ cup sliced green onions and 18 to 24 filled won ton. Reduce heat and simmer, uncovered, for 3 to 4 minutes, turning if necessary to cook evenly. Ladle won ton and broth into bowls and serve. Makes 4 to 6 servings.

Pork filling. In a frying pan, sauté 1 pound lean ground pork in 1 tablespoon salad oil until brown and crumbly. Add 1 can (5 or 6 oz.) water chestnuts, chopped; 2 green onions, thinly sliced; 2 tablespoons soy sauce; and ¼ teaspoon garlic salt. Blend together 1 tablespoon Sherry and 1 teaspoon cornstarch; stir into pork mixture and cook, stirring, for about 1 minute. Cool filling; wrap in won ton skins. To serve, fry or boil for soup. With fried pork won ton, offer hot mustard and catsup separately, as dipping sauces. Fills 6 to 7 dozen won ton.

Shrimp filling. Finely chop 1 pound shelled and deveined raw shrimp. Add 1 can (5 or 6 oz.) water chestnuts, chopped; 2 green onions, thinly sliced; 2 tablespoons soy sauce; and ⅛ teaspoon garlic salt. Wrap in won ton skins. To serve, fry or boil for soup. Serve fried shrimp won ton with chile sauce or tartar sauce for dipping. Fills 5 to 6 dozen won ton.

Chorizo sausage and beef filling. Remove the casings from 2 chorizo sausages (about 6 oz.). Crumble the sausage in a frying pan, add ½ pound lean ground beef, and sauté for about 5 minutes or until crumbly and brown. Add 1 green onion, thinly sliced; 2 canned California green chiles, seeded and chopped; and ½ cup shredded jack cheese. Cook, stirring, until cheese melts. Cool filling, then wrap in won ton skins. To serve, fry or boil for soup. Accompany fried sausage-beef won ton with homemade guacamole (see page 92) or thawed frozen avocado dip. Fills 5 to 6 dozen won ton.

DARROW M. WATT



1. *Lay won ton skin on hand; put a spoonful of filling in corner near palm; moisten bottom with egg*

2. *Fold the egg-moistened corner of dough tightly over the filling, rolling to tuck the point under*

3. *Rotate won ton in hand so loose corner is toward you. Dot egg on dough at ends of filling*

4. *Bring egg-moistened ends of dough together; overlap and pinch firmly between fingers to seal*

Make fresh "pour on" salad dressings with Best Foods

thin it... spice it... stir it and presto!

1 cup BEST FOODS® Real Mayonnaise
1/4 cup Mazola® corn oil
1/4 to 1/3 cup red wine vinegar
1-1/2 tablespoons sugar
1 tablespoon paprika
1 tablespoon dry mustard
3/4 teaspoon salt
1/2 clove garlic, minced

Into real mayonnaise, beat oil. Add remaining ingredients and stir. Makes 1-1/3 cups.

1 cup BEST FOODS Real Mayonnaise
2/3 cup chili sauce
2 tablespoons milk
1 tablespoon sweet pickle relish

Combine ingredients. Makes 1-2/3 cups.

NOTE: Chill dressings, serve on tossed greens. For extra crispness, use Western Iceberg lettuce.

1 cup BEST FOODS Real Mayonnaise
2 tablespoons wine vinegar
1 tablespoon lemon juice
1 tablespoon Mazola corn oil
1 tablespoon water
1 teaspoon Worcestershire sauce
1/2 teaspoon oregano leaves
1 tablespoon sugar
1 small garlic clove, minced

Combine ingredients. Makes 1-1/3 cups.

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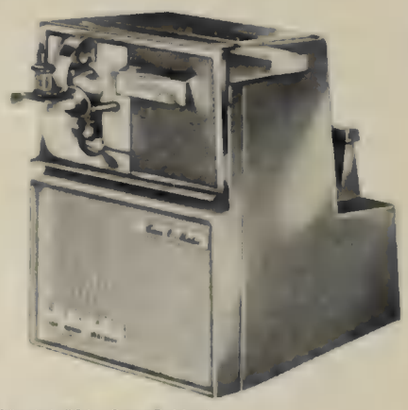

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Filled pastry shell appetizers

Diminutive pastry cups holding savory ings, these hot hors d'oeuvres are matic fare and easy to make. The fla egg-rich pastry shells can be baked ahe Just before serving you spoon in the ing and heat briefly. Two quick filli are suggested; each is enough to fill of the tiny shells.

Only about one inch in diameter, the easy to handle as finger food.

SAVORY HORS D'OEUVRE CUPS

- 2 cups unsifted regular all-purpose flour
- ½ teaspoon salt
- ½ teaspoon baking powder
- ¾ cup shortening
- 1 egg yolk
- ¼ cup water
- 1½ teaspoons white vinegar
- Savory fillings (recipes follow)

In a bowl combine the flour, salt, baking powder. With a pastry ble or two knives, cut in shortening unt is in lumps the size of small peas. the egg yolk with the water and vine with a fork gradually mix into flour ture to make a soft dough. Form do into a ball, wrap well, and chill until f about 1 hour.

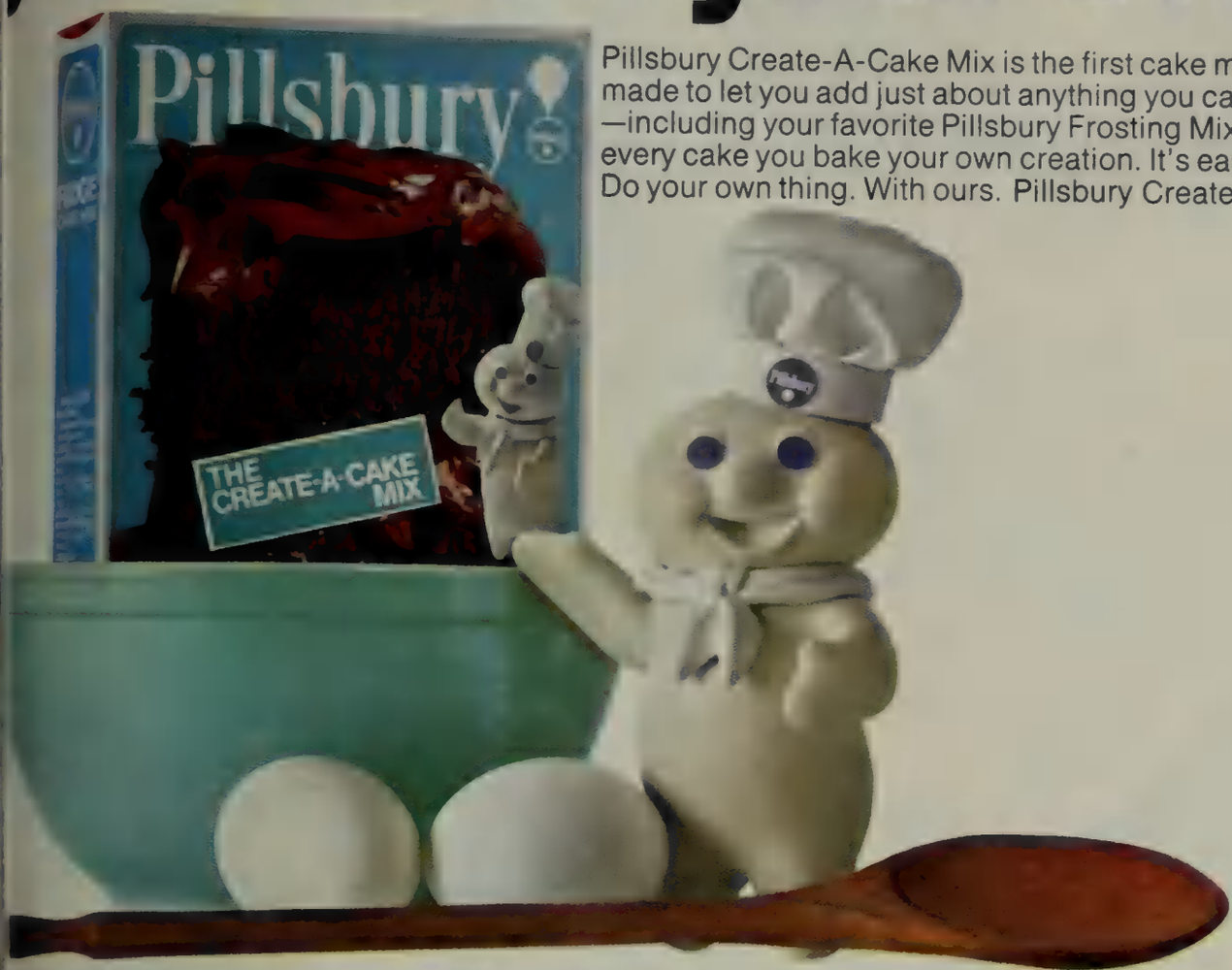
Roll out half of the pastry at a tim a lightly floured board to about ⅛ thick. With a cooky cutter (or en can), cut circles of dough 2¾ to inches in diameter. Gently fit them small tart pans, foil cups, or muffin p about 1½ inches across the bottom; a knife handle to press dough down cups. Don't stretch dough or it shrink while baking. Prick with a fork

Bake in a 400° oven for 10 minute until lightly browned. Cool slightly, remove from pans and cool comple Use at once or wrap well and stor room temperature for up to 3 days freeze. Just before serving, fill and as directed. Makes 36 pastry shells.

Bacon and Onion Filling. Fry 4 s bacon until crisp, drain well, and cru into 18 pastry shells. Finely chop 3 g onions, including about 1 inch of the and sprinkle over bacon. Beat 2 egg with ½ teaspoon dry mustard and ½ sour cream until blended; pour abo teaspoons into each shell. Top with gr Parmesan cheese (you'll need abou cup). Bake in a 400° oven for 13 min

Anchovy Cheese Filling. Divide 1 package (8 oz.) cream cheese in 18 e portions, and place 1 in each of 18 p shells. Top each with a rolled anc fillet (about 2 cans, 2 oz. each). Ba a 400° oven for 13 minutes.

After this you're on your own.



Pillsbury Create-A-Cake Mix is the first cake mix specially made to let you add just about anything you can think of —including your favorite Pillsbury Frosting Mixes—to make every cake you bake your own creation. It's easy. And fun. Do your own thing. With ours. Pillsbury Create-A-Cake Mix.

Custard Cake

) (3-oz. pkg.) egg custard mix
ıps milk
s
kage (17¼ oz.) Pillsbury Yellow Cake Mix

ously grease and lightly flour bottom and of 10-inch Bundt or tube pan. In large bowl, combine egg custard mix, milk and Blend at low speed until smooth. Add cake blend and beat as directed on package. nto prepared pan. Bake at 350° for 40 to nutes or until cake springs back when ed lightly in center. Cool cake 15 minutes removing from pan. Serve plain or as ■ ake base; or spread with butter or mar-, sprinkle with ■ cinnamon-sugar mixture ast in the oven.

Altitude: 5200 feet. Bake at 375° for 35 to nutes.

REATE-A-CAKE MIX

Whippee Fudge Cake

1 package (17½ oz.) Pillsbury Fudge Cake Mix
3 cups (9-oz. carton) frozen whipped topping, thawed
3 eggs
1¼ cups water
1 cup chopped walnuts, if desired

Generously grease and lightly flour bottom and sides of 10-inch Bundt or tube pan or 13x9-inch pan. In large mixer bowl, combine cake mix, 1½ cups (½ carton) whipped topping, eggs, water and walnuts. Blend and beat as directed on package. Pour into prepared pan. Bake at 350° for 35 to 40 minutes or until cake springs back when touched lightly in center. Cool 15 minutes before removing from pan. Frost with remaining whipped topping.

High Altitude: 5200 feet. Bake at 375° for 35 to 40 minutes.

CREATE-A-CAKE MIX

Coconut Almond Fudge Bars

2 cups (one-half 17½-oz. pkg.) Pillsbury Fudge Cake Mix
1 package (8¼ oz.) Pillsbury Coconut Almond Frosting Mix
1 cup applesauce
1 egg

Generously grease and lightly flour bottom and sides of 13x9-inch pan. In large mixing bowl, combine cake mix, frosting mix, applesauce and egg. Mix well by hand. Spread in pan. Bake at 350° for 30 to 32 minutes or until toothpick inserted in center comes out clean. Cool 15 minutes. Cut in bars. Makes about 24 bars.

High Alt.: 5200 feet. Bake at 375° for 25 to 30 minutes.

CREATE-A-CAKE MIX

For supper tonight
John suggests
San Joaquin Valley tomatoes,
homemade Italian sausage,
whole-milk cheese and
crisp spring wheat crust.

John's Original Frozen Pizza is made of good stuff. That's good for kids. So it's the greatest way in the world to get them to eat a tasty warm meal. Or snack. Just add a glass of milk.

3 kinds: Cheese, Sausage, Pepperoni.

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Two crisp almond cookies

Almonds decorate crisp brown sugar co ies in the first recipe, while grated monds replace part of the flour in second. The thin German rounds flecked with chocolate and finished w a delicate frosting.

ALMOND PILLOWS

- ½ cup (¼ lb.) butter or margarine, softened
- ½ cup firmly packed brown sugar
- ½ cup granulated sugar
- 1 egg
- 1 teaspoon vanilla
- 2 cups unsifted regular all-purpose flour
- ½ teaspoon salt
- 1 teaspoon baking powder
- ¾ teaspoon ground cardamom
- ½ teaspoon ground cinnamon
- 60 whole blanched almonds

Beat together the butter and brown granulated sugar until blended. Add egg and vanilla and beat until combi

In another bowl stir together the fl salt, baking powder, cardamom, and namon; stir into butter mixture u blended. Turn out mixture on a lig floured board; divide into 4 equal p Roll out *each* to a 15-inch rope; cut into 1-inch pieces. Lightly press an mond in the middle of each piece; p on ungreased cooky sheets.

Bake in a 350° oven for about 15 min or until resistant to touch; cool on ra Makes 60 cookies.

GERMAN ALMOND ROUNDS

- 5 ounces almonds
- ¾ cup unsifted regular all-purpose flour
- 7 tablespoons butter or margarine, softened
- 2 squares (2 oz.) semisweet chocolate, grated
- 1 teaspoon vanilla
- 1 egg
- 1 cup sifted powdered sugar
- About 5 teapsoons milk

Whirl almonds in blender or grate in grater until consistency of cornmeal should have 1⅓ cups); combine with flour, butter, chocolate, vanilla, and stir until blended. Remove dough to li ly floured board; roll out to a 6-inch inder, 2¼ inches in diameter. Cover chill until firm (about 3 hours).

Then slice cylinder thinly (slightly w than ⅛ inch); place on ungreased ba sheets. Bake in a 350° oven for 12 utes or until firm to touch. Meanw stir together the powdered sugar and until smooth and of good spreading sistency. Remove cookies to racks frost immediately with icing; allow t Makes 30 cookies.—*S. W., Pacific sades, Calif.*

Smoldering romance set ablaze by gas barbecue

Linda Werner and Herbie Briggs, aglow over the gas barbecue that started it all.

It began with Herbie's itation to a barbecue for two. d had his eye on Linda for some e, and knew his patio approach a sure-fire winner.

Linda's heart was set aflame in nediate response to his quick-light- barbecue. Herb turned on the ɔecue and turned on the girl.

Masterful. Dependable. Timed to perfection.

He couldn't take his eyes off her—and he didn't need to, because gas barbecues don't need a lot of extra fire-watching. They not only start instantly, but they give a choice of even cooking heats. So Herbie could devote more time to Linda and less to the steaks.

She saw him in a new light: the soft, romantic glow of gas patio lights (lighting he had cleverly installed at minimal extra cost when he piped in gas for his barbecue). That was the clincher.

They set the date that very evening for another barbecue. Herb had swept her off her feet with his patio; the patio with the one irresistible difference: gas appliances.

Make your patio more persuasive. Call your PG&E office for information on where to shop for gas patio appliances. **PG and E**

THE

Western Kitchen

NEWS AND IDEAS

Disposer switch at floor level

A push of the toe activates this garbage disposer switch. It's mounted in the cove under the sink counter, where it is safe from water splashes.

Home trash compactor

Recently we tested one answer to home trash-disposal problems: a mechanical device about two-thirds the size of a dishwasher that compacts trash (cartons, tin cans, bottles, paper, and foil) under 2,000 pounds of pressure. You empty trash into a slide-out drawer lined with a plastic-coated paper bag. When the drawer is closed, a built-in chemical deodorizer sprays the trash for odor control. When the drawer is full, you press the start button; an electric motor forces a heavy ram down to reduce the mass. Total cycle time is 60 seconds.

Approximately 20 to 30 pounds of trash can be compacted before the bag is removed from the machine. There are built-in safety features, including a lock by key.

The compactor is of standard counter height and about 15 inches wide. It costs about $200. Free-standing and built-in models are available. After test-marketing in Phoenix and San Diego, the compactor will be sold early this fall by a national department store chain.

DARROW M.

A grapefruit knife—but that's not all

This handy little knife is designed for preparing grapefruit to eat from the half shell. The twin blades at one end separate each membrane wall from adjacent fruit sections in one stroke. It's sharp, so all you do is press down —no sawing is necessary. The other end of the knife is curved to separate the sections from the rind.

The knife also can be used to remove the centers of pineapples, to core peppers and tomatoes, and to strip corn from the cob. It costs about $3.

Instant hot water—for quicker cooking

One year ago, The Western Kitchen mentioned hot water taps at the range. Now there is a hot water dispenser that's installed through a hole in the countertop or sink ledge to provide 10 cups of steaming (200°) water instantly at a cost of about 2 cents per day.

The water is heated in a double-chambered tank (mounted under the counter) with a thermostat and heater in the lower chamber, and air above. (The he principle is the same as in a tea k the water is always at atmospheric sure.) Impurities are steamed off d heating, giving clear, hot water sui for drinking and cooking.

The steaming-hot water is useful fo stant beverages, soups, and desserts can draw as many as 60 cups an h Cost is about $80 plus installation.

The lid does the cooling

For summer entertaining, this portable iced server is a convenient addition to party ware. It is a large glass bowl with an ice container concealed within the cover, which you can fill with water and freeze. Reinstalled, this ice ring keeps the food chilled: Green salads and dressings, seafoods and sauces and aspics remain cool and safe from spoilage for several hours. (We put a salad in the server, left it in a warm room, and served it cold 4½ hours later.) The set costs about $19.

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worst kind of dirt in cold water.

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If storms are approaching . . . i time to make Storm Soup

"When the ship goes *wop* (with a wiggle between)
And the steward falls into the soup-tureen."
—Rudyard Kipling

Storms are seldom more discombobul than to the cook on a ship that's tossed by an angry sea. And th hangs a tale.

"Storm Soup is the name given by chant sailors to a one-dish meal conc by ships' cooks whenever storms approaching," says Al Wolfe of Edm Washington. "It seems these kings galley have an aversion to coping more than one kettle on a wild stove."

This version of Storm Soup is enough to keep under good cont case the ship should list. However, thickness and saltiness can be vari suit individual tastes. And othe touches—such as basil, bay, savory meg, or thyme—could be added the purists weren't looking.

As a one-dish meal, it should please ers and fishermen as well as sailors.

STORM SOUP

- 1 cup dried (green) split peas
- Cold water
- 1 small onion, diced
- 1 cup chopped baked or boiled ham
- About ½ teaspoon salt
- ⅛ teaspoon pepper
- 1 small potato, diced (optional)
- 3 medium-sized carrots, diced

In a kettle combine peas, 4 cup water, onion, ham, salt, and pepp there is a bone from the ham, ad too. Place over high heat and br a boil. Cover and cook over mediu

Chefs of the We

The Art of Cooking . . . by men . . . f

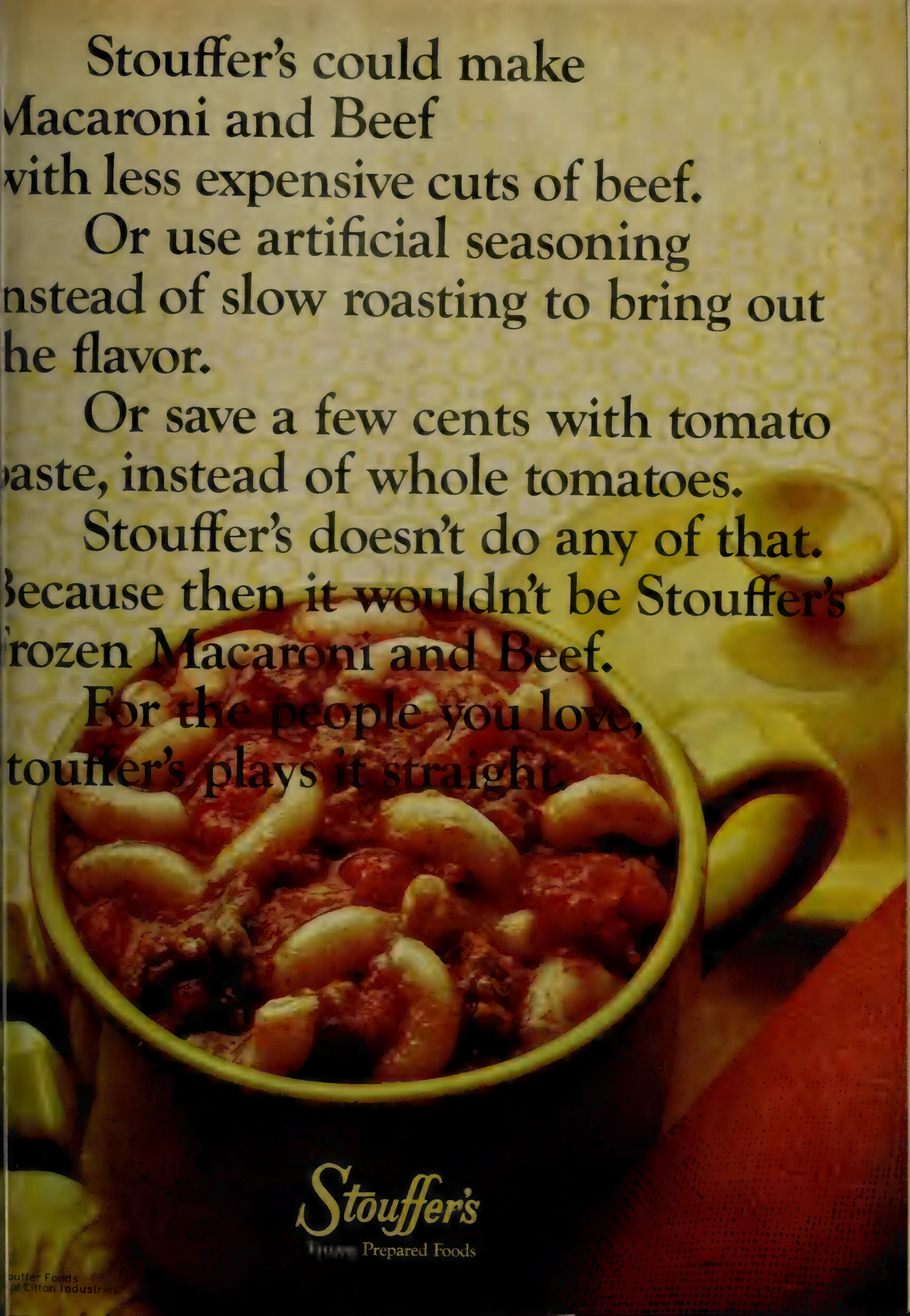
Stouffer's could make
Macaroni and Beef
with less expensive cuts of beef.

Or use artificial seasoning
instead of slow roasting to bring out
the flavor.

Or save a few cents with tomato
paste, instead of whole tomatoes.

Stouffer's doesn't do any of that.
Because then it wouldn't be Stouffer's
Frozen Macaroni and Beef.

For the people you love,
Stouffer's plays it straight.



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DRY SACK

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heat for 1 to 1½ hours, stirring o
sionally. Remove ham bone, if used.
potato, if used, and carrot. Conti
cooking until potato and carrots are s
about 20 minutes. If soup gets too th
thin with a little more water. Taste s
for salt—ham varies in saltiness—
add more if needed. Makes 5 to 6 c

Al Wolfe

Edmonds, Was

"Try this *español* derivation of Eggs
edict on a Sunday morning after a n
out," says Harry Colwell, of Huntin
Beach, California. The occasion is r
but how close is it to the original dis

Let's define our terms by going to
& Wagnalls *Cook's & Diner's Dictio*
Eggs Benedict: "A dish made with
or toasted English muffins topped w
slice of ham, a poached egg, and ho
daise sauce, said to be invented by a
at the old Waldorf hotel for a
hung-over Mr. Benedict."

Mr. Colwell gives it a Mexican twis
putting his meat and eggs on a diff
round receptacle—the tortilla. In
the onion, pepper, and salsa are ren
cent of Mexico's breakfast classic H
Rancheros.

"Mr. Colwell gives it a Mexican T

Like other egg dishes, this one ca
good management: eggs neither too
nor too runny, tortillas very lightly
cheese melted just right, and so fo

HUEVOS BENITO

- ½ cup (about 3 oz.) chopped chorizo (casing removed) or other sausage of your choice
- ¼ cup chopped onion
- 1 tablespoon chopped green pepper
- 1 corn tortilla
- Salad oil
- 1 slice (about 1 oz.) Monterey jack or other favorite cheese
- 1 hot fried egg, soft or firm as you li
- Green chile salsa

Sauté sausage with onion and gree
per until vegetables are soft; keep
In another pan, fry tortilla in a

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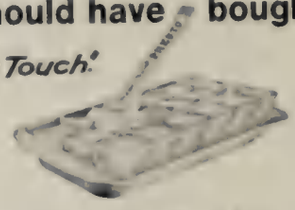

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DIVISION OF GENERAL MOTORS
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amount of oil over medium heat, turni frequently until slightly crisp, but n hard. Drain briefly on paper towels. L tortilla on a flat pan, top with cheese a broil until cheese melts. Remove fr oven, spread sausage mixture on che and top with egg. Serve at once, spre ing salsa to taste on top. Serves 1. Olé

Harry Caldwell

Huntington Beach, Calif

The bean paste fibers known as long r aren't in everyone's cooking vocabula but they are unusual enough that y may want to make their acquaintance that case *Chef* Robert C. Hill's recipe Chicken Long Rice might make a g introduction. These aren't to be confu with spaghetti, although the compari is useful when discussing length.

"I like my long rice long"

"If you like short spaghetti," says Hill, "you can break up the fibers b soaking. I prefer long spaghetti and my 'long rice' long."

CHICKEN LONG RICE

- 1 package (7¾ oz.) bean threads (long rice)
- Cold water
- 1 cup thinly sliced celery
- 1 medium-sized onion, sliced thin
- ¼ green pepper, seeded and thinly sliced
- 2 tablespoons salad oil
- 2 cups boneless cooked chicken in bite-sized pieces
- ¼ cup all-purpose flour
- 3 tablespoons soy sauce
- 4 cups regular strength chicken broth
- ½ pound fresh bean sprouts

Soak bean threads in cold water to for 10 to 15 minutes; rinse and Sauté the celery, onion, and green p in the salad oil over medium high until the pepper turns bright green. S vegetables into a 3-quart casserole tribute chicken pieces over vegeta Blend flour, soy sauce, and some o chicken broth into a smooth paste. remaining chicken broth, stir in the

Fried chicken dinner, one of many varieties.

leat and serve" isn't the best part (eating is).

The first time you bought a Banquet
ner you were looking for something quick
easy. Right?
Then you discovered (surprise!)
it was *good* too.
Maybe it is surprising that
ething as quick and easy as a
n dinner can taste so good.
l you know the philosophy
anquet: we think good food
ore important than quick food.
asy food. And we think you
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at combination. But if we
had to sacrifice one of them
you know which it would be.

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mixture and cook, stirring, until t
ened and bubbly. Pour sauce over
ture in casserole; add bean sprout
bean threads. Mix well. Bake in a
oven for 15 minutes, or until h
through. Serves 4 to 6.

Robert Z. Hil

San J

In rural areas, sunflower seeds are u
something you feed chickens, crack
your teeth to eat in idle momen
plant in the ground in order to grow
flowers bigger and taller than your
bor's. But in the kitchen, they c
something else again.

Robert G. Wagner uses them to
one of the chewiest and most del

"Bigger and taller than your neigh

oatmeal cookies we've ever tasted.

SUNFLOWER SEED COOKIES

- 1 cup butter or shortening
- 1 cup firmly packed brown sugar
- 1 cup granulated sugar
- 2 eggs
- 1 teaspoon vanilla
- 1½ cups unsifted regular all-purpose flo
- ½ teaspoon salt
- 1 teaspoon soda
- 3 cups quick cooking rolled oats
- 1 cup shelled, salted sunflower seeds

Thoroughly cream together butter
sugar, and granulated sugar. Ad
add vanilla, and beat to blend we
flour, salt, soda, and oatmeal. Mi
oughly. Gently blend in sunflowe
Form in long rolls about 1½ in
diameter. Wrap in clear plastic fil
chill thoroughly.

Slice ¼ inch thick. Arrange on un
cooky sheet and bake in 350° o
10 minutes. Cool on wire racks an
airtight. Makes about 9 dozen co

Robert G. Wa

San Fran

"Everything is in this new buttermilk pancake mix—even egg and shortening. All you add is water to bake up golden fluffy pancakes or crisp hearty waffles." Betty Crocker

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DARROW M. WATT

ied fish *and potatoes in individual ; pass malt vinegar, salt, lemon*

aking your own fish and chips

ou ever wondered why the English ips" and give you French fries? ause they use "chip" to describe e strips. And they call thin slices " But whatever you call them, eep-fried potatoes and fish make ar combination.

ND CHIPS

to 2½ pounds fillets of halibut, , or rockfish (also called rock cod snapper), ½ to ¾ inch thick. If rozen, thaw completely, rinse, pat d cut into 3 by 5-inch chunks. lso need about 1½ pounds frozen fried potatoes.

frying the potatoes: Heat 1½ to salad oil in a deep pan and fry s as directed on package; drain r towels; put in a warm oven.

the batter for fish by mixing in a cup unsifted regular all-purpose teaspoon paprika, ¼ teaspoon l ⅛ teaspoon pepper. Gradually ¼ cup beer; beat smooth.

e oil to 375° on a deep-fat-frying eter. Dip each piece of fish in ter, drain briefly, then put into cook a few pieces at a time, turn- il golden brown, 3 to 4 minutes. with a slotted spoon, drain, and ven until all are fried. Serve with negar, salt, and lemon wedges. to 6.

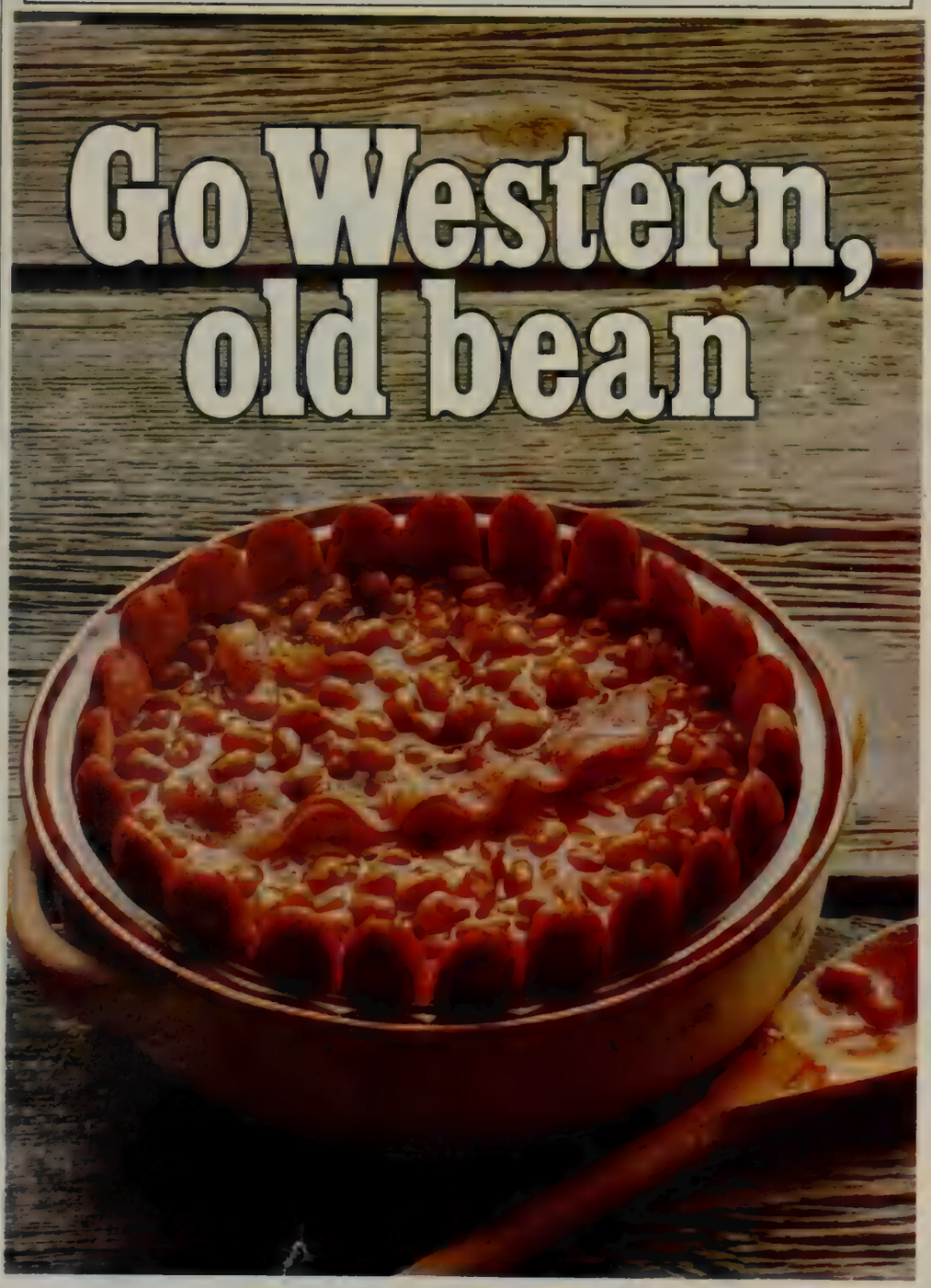
BARBECUED BEANS AND FRANKFURTERS

Here's a meal you can make in no time with B&M Baked Beans and your favorite barbecue sauce. B&M has been making baked beans the real New England way for generations. Our beans bake in brick ovens—homemade style—with rich, brown sugar sauce. And a generous pour of barbecue sauce gives the recipe that just-right Western flavor.

A meal worth rustling up anytime.

- 1 28 oz. can B&M Brick Oven Baked Beans
- ¾ cup barbecue sauce
- 1 lb. frankfurters
- 4 slices bacon, partially cooked

Combine beans and barbecue sauce in shallow 2-quart casserole. Halve frankfurters lengthwise, slice in thirds. Stand frankfurter pieces around sides of casserole. Top beans with bacon. Bake at 400 degrees F. for 30 minutes. Makes 5-6 servings.



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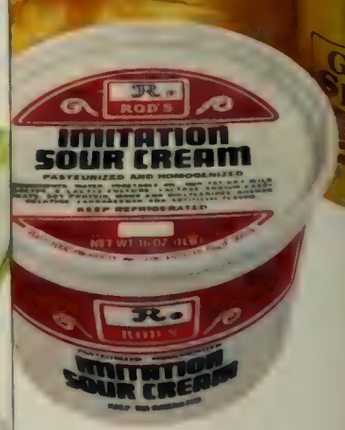

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DARROW M. WATT

crêpes, *heated in caramelized orange sauce, envelop a filling of vanilla ice cream fresh strawberries for an exquisite dessert to serve your guests at the table*

Strawberry ice cream crêpes

Viennese have a knack for creating table dishes with crêpes. Here they crêpes around strawberries and ice n for a gala dessert.

shionable Viennese restaurant, Cafe ziskanerplatz, considers this dessert ouse specialty. You can make the s and orange sauce in advance and and refreeze the ice cream ahead to ify last-minute service. The whipped n and almonds are optional.

erve smoothly in front of guests, all the crêpes on one plate and dip in the orange sauce, heated in a ng dish or electric frying pan. Have e cream, whipped cream, strawber- and nuts in bowls alongside so you eadily assemble each serving.

WBERRY ICE CREAM CRÊPES

- crêpes, 6 inches in diameter (recipe follows)
- Orange sauce (recipe follows)
- pints vanilla ice cream
- cups strawberries, washed and halved
- cup heavy cream, whipped and sweetened to taste (optional)
- cup toasted sliced almonds (optional)

rêpes, one at a time, into hot orange (heated either in a chafing dish or c frying pan in front of guests, or kitchen in a regular 8 or 9-inch fry- an). Transfer, one at a time, to a t plate and place 2 spoonfuls of eam and some strawberries in the of each. Fold over two sides of the making a neat roll, and place on sert plate. Spoon over additional orange sauce. Then top with whipped cream and almonds, if used. Add a strawberry half for garnish. Serve 1 or 2 crêpes per person. Makes 8 to 16 servings.

Crêpes. Beat 3 eggs lightly, then add ¼ teaspoon salt, ⅔ cup unsifted regular all-purpose flour, and 1 cup milk, and beat until smooth. If necessary add more milk to make the batter the consistency of heavy cream. Heat a 6-inch frying pan with about ½ teaspoon butter until bubbly and pour in 2 tablespoons batter; rotate pan so batter completely covers bottom of pan. When browned, turn to brown other side. Repeat until all batter is used. Makes about 16 crêpes.

Orange Sauce. Place 6 tablespoons sugar in a small pan with a heavy bottom and heat over moderate heat, shaking the pan occasionally, until sugar melts and turns a light amber color (watch carefully so sugar does not scorch; shake or cover pan but do not stir).

Use a vegetable peeler to peel several long strips from an orange, then slice thinly in julienne pieces and measure out 1 teaspoon slivered peel. Add the 1 teaspoon orange peel, 1 cup orange juice, 2 tablespoons lemon juice, and 3 tablespoons butter to the caramelized sugar. Cover and simmer slowly just until sauce is blended together. Add 2 tablespoons orange-flavored liqueur. If desired, flame the sauce with 2 tablespoons *each* warm brandy and orange-flavored liqueur at serving time.

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A specialty introduced by Cornish Miners in the Gold Rush Days.

1½ pounds California beef top round
2 medium-sized potatoes
1 medium-sized onion
1 teaspoon salt
½ teaspoon celery salt
½ teaspoon pepper
Pastry
3 tablespoons butter

Cut beef, potatoes and onion into ½-inch dice. Season with salt, celery salt and pepper. Place about ⅔ cup filling on each of 6 (8-inch) pastry rounds. Dot with butter. Moisten edges and fold over to enclose filling. Press edges firmly together. Prick tops. Place on baking sheet. Bake in moderate oven (350° F.) 1 hour. Makes 6 pasties.

PASTRY: Combine 3 cups sifted flour with 1½ teaspoons salt. Cut in ½ cup EACH shortening and lard. Add about 6 tablespoons ice water to make stiff dough. Divide into 6 portions. Roll each to an 8-inch circle.

Twice as many cattle as people inhabit Tuolumne County. Beef accounts for more than 50 percent of the value of all farm products. Over $2,500,000 new wealth is added to the County's economy through the sale of cattle and calves.

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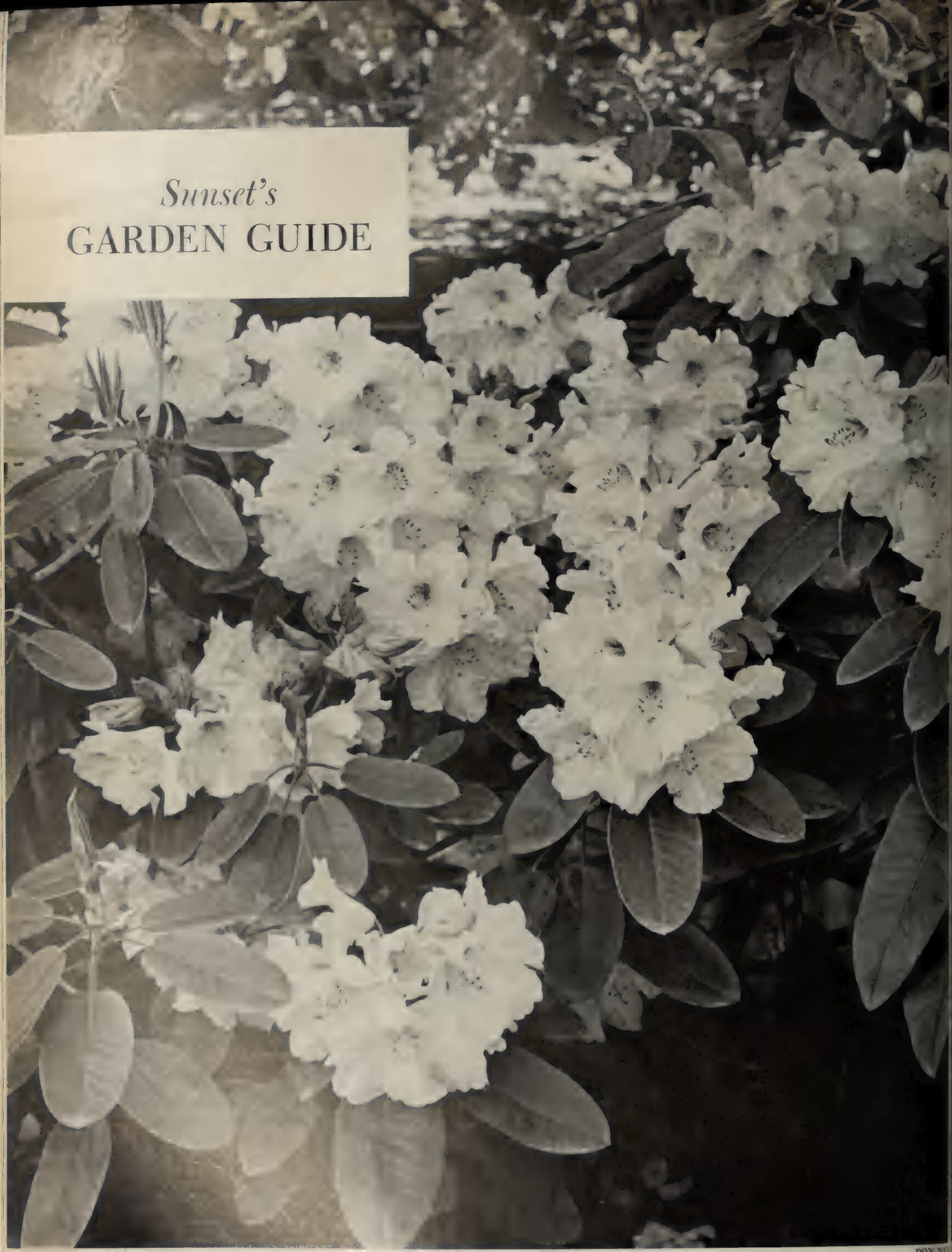

Sunset's GARDEN GUIDE

It's rhododendron month

DON NO

Later blooming rhododendrons, ideal as Mother's Day are at their peak in nurseries in May. Shop early to ge budded plants. Good, large-flowered, late varieties: 'A 'Anna Rose Whitney,' 'Countess of Derby,' and 'Mrs. Fur

[AY IN YOUR GARDEN:

Just about everything needs some attention

y is the month when spring color :hes its most enjoyable peak in the :len. It's also the month when just ut everything needs to be attended -planting, feeding, weeding, watering, wing, thinning, mulching. You can't rd to neglect your garden this month, don't forget to enjoy it either.

not too late to set out plants for sum- flowering, but you should do it as ı as possible to get a full season of vth and bloom.

;ular watering and feeding are neces- from now on to support rapid new vth. Watering is especially important :emperatures continue to climb and dries out. Begin a watering schedule rrigating deeply and as infrequently plants and soil will allow. This forces ıts to develop deep roots and saves from frequent watering later. A mulch ıs conserve water, too.

v's lush growing conditions also favor ds and plant-damaging insects, so be ıared to battle them if necessary. v your lawn regularly to prevent 'es from becoming too long and turn- yellow at the bases. Pinch tips of ıts to encourage bushy compact vth, and prune spring-flowering shrubs ugh blooming.

ıember the shrub fuchsia

ıb fuchsias are often forgotten in the ıusiasm for elegant, showy fuchsias gracefully trail from hanging bas- . The oversight is undeserved: shrub sias make excellent and colorful land- e plants for areas with shade or fil- l sunlight.

City of Palo Alto discovered the ad- ages of shrub fuchsias two springs when it used them to landscape part very damp and shady bed at the in- ction of Middlefield Road and Palo Avenue. The plants were 14 to 16 es high when planted from gallon ; fast growing, they reached their present height of 2½ to 3 feet in one season. The extreme shadiness and a mulch made watering no problem, and the plants generally required little care. They provided colorful blooms steadily through summer into fall.

This month is a good time to buy and plant shrub fuchsias: nurseries have a large supply and you can select plants in bloom. Fuchsias come in nearly every color but yellow.

Graceful mondo grass

Dark green mondo grass makes a soft, informal edging for garden walkways. It's a good permanent plant for the garden because it's evergreen, easy to grow, and needs little maintenance. However, it does take its time to develop into the large, lush clumps you see below, probably four or five years. So plant it where you want a permanent border or ground cover, but are in no hurry.

Mondo grass has slender 8 to 12-inch-long leaves which grow in dense clumps. Pale lilac flowers bloom in summer, but their short spikes are usually hidden by the leaves. The grasslike plant spreads by fleshy underground stems which enable it to withstand brief lapses in watering. Moist, well drained soil produces the lushest plants, however.

Plant mondo grass in partial shade for best results, although it will succeed under almost any conditions. The leaves may yellow slightly under full sun, except along the coast. It doesn't need heavy feeding, but you may need to bait for snails and slugs.

For a solid ground cover, space plants 6 to 8 inches apart; for a more contoured appearance, space them farther apart. If plants become too dense or crowded, they are easy to dig up and divide. Each spring cut off any old brown leaves.

Pest of the month

With May comes the major onslaught of the pesty aphids. You probably began seeing them in your garden in April, but

DARROW M. WATT

Spaced *8 inches, clumps of mondo grass form a lush border, but take about four years to look like this*

Sunset's GARDEN GUIDE

the full-scale invasion begins this month. So prepare to battle them now, because their natural enemies, such as ladybug larvae, probably won't help until June.

Aphids, those soft-bodied little insects that may or may not have wings, suck plant juices from the tenderest, newest growth. This often distorts young leaves into a knot, with the aphids inside.

If you don't stop aphids now, some plants will suffer crippled new growth and the aphids will be protected from future enemies and spray treatments by the curled leaves. Then you'll have to remove and destroy each curled leaf.

Fortunately, aphids are one of the easier pests to get rid of. First try washing them off foliage with a fast jet of water. Use an adjustable nozzle, making a stream strong enough to sweep them away, but without damaging new growth. Be sure to wash the undersides of leaves, a favorite feeding place. Don't worry about their crawling back, as they are fragile-bodied and the blast to the ground usually destroys them.

If your infestation is severe, or you can't seem to wash off enough of the aphids, use a spray containing diazinon, dibrom, malathion, nicotine sulfate (be careful with it), or pyrethrum. Spray every two weeks until aphids are under control.

When annuals sit and sulk

Why do annuals sometimes sit sullenly, not growing and blooming, but not dying either? For the same reason that shrubs and trees sometimes fail to thrive: poor soil preparation. Too many annuals are wasted by being pushed into tiny cramped planting holes in hard earth.

Annuals in flats are well provided for, and their rooting is prodigious, usually filling the flat. If plants are set into poor soil, roots will not grow outward; they'll stay where the living is easier, even if they don't grow much.

When setting out annuals, add organic matter (peat moss, ground bark, leaf mold, soil conditioner) and a complete fertilizer to the soil. Work it in well. Final results should be a soft, loose, fluffy soil. If you have to work to get a trowel into it, it isn't soft enough.

About that new eucalyptus book

The extraordinary new book *Eucalpyts*, by Stan Kelly, reviewed in the April issue, will not cost you $20.95 as we reported. The publishers have decided to handle sales themselves, and the book is now $15 (U.S.) postpaid from Australia. With its 250 color plates of eucalyptus flowers, seed capsules, and leaves, the book is an even better value than before. Make checks payable to Thomas Nelson Ltd.; mail to that firm at 597 Little Collins St., Melbourne 3000, Australia.

Unfortunately, the price change and the publisher's decision to handle sales directly came after the April *Sunset* had gone to press. If you sent an order to the address we gave in April, you should have had your check returned with an explanatory note. You can now send another check for the new amount to the Australian address.

Keeping track of spraying and fertilizing

When you begin spraying and fertilizing this spring, keep a record from the start of when you did what. That way you'll know when to make repeat applications of spray and fertilizer to each plant, depending on its needs.

One way is to hang a clipboard with a few sheets of paper near the garden supplies and jot down the initial dates of application for each plant. Then if, for example, you want to keep on fertilizing camellias monthly, check off each month's feeding after you do it.

A record will show just what you did for the whole season; you can keep or alter the schedule next year, depending on this year's results.

Hungry hydrangeas

If you haven't already fertilized your hydrangeas this spring, feed them now with a complete fertilizer. Hydrangeas need nourishment as soon as growth starts in the spring, and two or three times again during the growing season.

You should also hurry to give hydrange an application of aluminum sulfate if y want to keep blue hydrangeas from tur ing pink, or to change a pink or re flowered variety to blue. For each mat plant, dissolve two tablespoons of a minum sulfate in a gallon of water a apply around the base every two wee until the blooming season begins. F small plants, use one tablespoon in a g lon of water.

Beginning these applications in May, y may not achieve a total color change t blooming season. However, it will ass you of a complete change next season you follow up by repeating the dos two to four times this autumn.

Vegetables for children

Children love to watch plants grow especially if the plants grow fast a produce edible rewards in the end. N that the warm weather vegetable pla ing season is here, a good way to int duce children to gardening is to let th plant their own food crops.

Select reliable, fast-growing vegetables they won't become discouraged or bor Beans, corn, pumpkins, and squash ma a good foursome to start with, since seeds are large enough for even yo children to handle. As they gain exp ence and patience, let them try can loupes, carrots, cucumbers, lettuce, m ons, onions, radishes, and tomatoes. page 220 for an article on giant vegetal children can grow.

Children's success with vegetables m lead to an interest in flowers; you encourage it by letting them plant a quick-blooming kinds as a border or ba drop to their vegetable garden.

Leftover seeds . . . what to keep, what to throw away

If your spring inventory turns up ve table seeds left over from last ye planting, don't immediately throw th out—they may still be good.

Vine crops such as cucumbers, squ and pumpkins are almost certainly g they last four to five years. Howe chive, leek, onion, and parsnip seeds good for only one planting season, so card leftovers.

You can test large seeds—especially th of corn and beans—for viability be planting by rolling a few in several la of moist paper towels and keeping th in a warm place indoors. Viable s

v signs of life in one to two weeks.

ll seeds are difficult to test by this hod. So if you are in any doubt about n, it's best to discard those more than years old.

w to pinch citrus

oung citrus needs its tips pinched larly to force bushiness and more ers and fruits. How much and how n you pinch determines the plant's pactness.

picture at right shows how to pinch ıs. Pinch tips between thumb and inger when stems are still soft; if wait too long and stems toughen, ll have to use pruning shears and won't get as good results.

ı general rule, pinch about once a th. For espaliered, shaped, or very ɔact citrus, you may want to pinch ften as every two weeks. However, ımount of pinching is ultimately de-ined by how fast the plant grows. h down to the second set of leaves ss you want a very low plant; the r and bushier plant desired, the r tip you pinch off.

DARROW M. WATT

Pinch *tip of citrus just above second set of leaves (from top) with thumb and forefinger to produce a bushier, more productive plant*

MAY CHECK LIST: *These are most important*

☐ **Feeding.** All plants, including ripening bulbs, need food during active growth. Annuals need fertilizing at regular three to four-week intervals. Give azaleas, camellias, and rhododendrons an acid fertilizer after flowering. Container plants need frequent feedings, as do fuchsias, tuberous begonias, roses. Citrus, shade, and fruit trees should also be fed this month.

☐ **Lawns.** If you must sow a grass lawn now (fall is better), do it as early in May as possible; it becomes increasingly difficult to keep grass seedlings alive when temperatures rise. It's a good time to start dichondra and hybrid Bermuda lawns. Water deeply and feed established lawns; apply controls for crabgrass and other weeds.

☐ **Pest control.** Aphids are the worst pest this month; watch for them especially on new growth of camellias, citrus, roses, and apple and cherry trees. Watch citrus for spider mites if weather is warm. Bait for slugs and snails.

☐ **Planting.** There's little that you can't plant at this season. For summer and fall bloom plant summer bulbs and bulblike plants (dahlias, gladiolus, tuberous begonias), warm-season annuals and perennials, tender shrubs and vines, and rhododendrons in bloom (usually best around Mother's Day). You can also plant container roses now.

☐ **Propagation.** You can take cuttings of carnation, chrysanthemum, fuchsia, geranium, marguerite, and pelargonium this month. Plants from which you take cuttings should have 2 to 3 inches of new growth; each cutting should be 3 to 5 inches long (2 to 3 inches for fuchsias) and have at least two leaf joints.

☐ **Pruning.** Spring-flowering vines and shrubs, hedges, and evergreens can all be pruned, shaped, or thinned this month. Cut off faded rhododendron flowers and prune rangy camellias to make them more compact. Trim off dead wood you missed during dormant pruning and cut back to live wood any plants damaged by winter frost. Remove old, withered fronds from ferns when new ones begin to unfurl.

☐ **Seed sowing.** You can sow seeds of all vegetables now; try successive sowings of early crops like lettuce, carrots, radishes. There's still time to sow seeds of annuals for summer bloom, but the sooner the better. Sow seeds of perennial flowers for bloom next year.

☐ **Watering.** Unless it rains in May, build watering basins around trees and shrubs and begin watering deeply. Apply a 2-inch mulch in the basin to conserve water and thwart weeds; replenish mulches around azaleas, camellias, and rhododendrons.

Giant corn, giant pumpkins, giant sunflowers

For child gardeners . . . the three biggest and fastest

To really impress a youngster, a plant should grow fast and do something big.

Here you see three of the biggest and fastest of all vegetables. Plant seeds of corn, pumpkins, or sunflowers like these now and they'll reach giant size before school starts in fall.

Such prodigious growing may intrigue some children as young as 4 and even 3. With help from parents, a young child can at least stick seeds in the ground. He can share some responsibility for them by holding the hose or pulling weeds later on. And these vegetables' rapid growth—a foot a week at times—won't try his patience the way ordinary plants can.

These are among the very easiest plants to grow. But parents may want to take charge of their essential needs. Plant where sun hits all day. Prepare soil before planting: spade where seeds will go, add organic matter if necessary, rake smooth, and crumble clods. To make watering easier, build irrigation ditches or plant seeds on hills—flat-topped piles of soil several inches high, surrounded by a water basin. Feed at least monthly with complete fertilizer.

GIANT CORN

You grow Peruvian corn for stalks higher than a basketball hoop, but not for eating ears (the ears rarely form mature kernels here the way they do in Peru). We've heard of stalks 19½ feet tall. And 12-footers are pretty ordinary.

Many youngsters have grown Peruvian corn from seeds given away with bags of toasted salted corn. Some nurseries now sell the same kind of seeds.

Plant seeds an inch deep, four or five to a hill, or 6 inches apart in rows. Or sow in a random pattern to make a forest of corn. Plant in a sheltered spot, because strong winds may topple the shallow-rooted plants.

Four-year-old *pokes nickel-sized seed of Peruvian corn into planting hill her father built. Big seed eliminates much fumbling.* **Right,** *full-grown corn is more than twice height of the owner, Denise Sain, 13*

GIANT PUMPKINS

You get the biggest pumpkins from the bumpy-skinned, reddish variety 'Big Max,' the kind shown at above right.

For each vine allow about an 8-foot square or a long rectangle of equal area. Plant at least four seeds an inch deep in a hill. When seedlings are 2 inches tall (usually in two weeks), choose the strongest one or two, and cut off the rest.

To get bigger but fewer pumpkins, keep only the first one or two that reach cantaloupe size; keep cutting off smaller ones.

GIANT SUNFLOWERS

The biggest sunflowers—as wide as 2 feet—grow on the variety 'Mammoth' (or 'Mammoth Russian'). This kind grows more than 10 feet tall.

Plant seeds a little less than an inch deep in hills or rows. Stake later if needed.

Children and birds like to eat the seeds. Dry seeds in the sun or an oven.

DARROW M. WATT

It weighs *55 pounds. Not bad, but this variety of pumpkin ('Big Max') can go over 100 pounds. Ken Gobruegge, 12, is doing the lifting*

WILLIAM APLIN

Top-heavy *with huge bloom, sunflower gets the stake it needs. Plant isn't as tall as it appears to be here. It's actually 5 feet tall, in raised bed. Seeds are still green, will fall out when they dry*

Walking the Redwood Nature Trail in Golden Gate Park's Strybing Arboretum

Almost any weekday during the school year, visitors to Golden Gate Park's Strybing Arboretum are likely to see youngsters walking the Redwood Nature Trail and pausing to discuss plants with their teachers (the group pictured on these pages came from four San Francisco elementary schools). And on weekends the trail is a favorite destination for families. It seems to have a strong appeal for both children and adults.

Botanists and horticulturists from all over the world visit this area to see a scientifically arranged demonstration of plant life associated with the coast redwood (*Sequoia sempervirens*), from the most primitive unicellular organisms to the more recent seed-bearing plants.

The trail starts near the nursery at the southwest corner of the arboretum, crosses a footbridge over a small stream, and winds through a cool grove.

Along the trail grow more than a hundred different kind plants. Children always seem particularly fascinated by ho tails, selaginellas, fungus (often in the form of weird-look toadstools), lichens, liverworts, mosses, ferns, and other pr itive plants that flourished millions of years ago, long be the redwoods existed.

Plants are labeled with their common and scientific names a 24-page booklet, *The Redwood Trail* (available for $1 at arboretum's information kiosk and in the Hall of Flowe these plants are described and keyed by number to correspo ing labels along the trail.

Also available (for 25 cents) is a 9-page mimeographed lea *Indian Plants in the Arboretum*, listing plants that were u by Indians and that grow along the Redwood Nature Trail in the nearby California Natives section.

Teacher *has just pointed out native plants like salal (foreground) and Western sword fern*

Pattern *of spore cases on underside of giant chain fern looks like decorative chain stitching*

Let me see, *how do you spell the name of that plant we just saw?*

GLENN CHRISTIANSEN

fifth graders *stops near pond to look at ferns, mosses, toadstools growing in shade of coast redwood trees*

What fascinates children? Fungus, horsetails, ferns, mosses, toadstools

This little girl *discovered a piece of rotted bark with fungus growing on it*

Seeing Double

Discover what we mean about seeing double when you admire the spectacular blooms of these new double flowered Bougainvilleas! These glorious discoveries from the enchanting Philippine Islands are vigorous growers with a splendid vining habit to drape over banks, and to provide excellent cover for your arbors. Your tropical garden will be enhanced by these bright splashes of color. Exotic varieties now available are:

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TAHITIAN MAID — (P.A.F.) blush pink bracts
TAHITIAN GOLD — soft yellow-gold bracts

Be the first to display these wonders in your garden!

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One trunk *is cut to base each year. Three trunks of different ages distribute foliage evenly, bottom to*

You cut back on trunk a year

Pruning once a year in a strategic does two things for this dizygothe It puts foliage along the whole rather than just at the top of a lon stem the way dizygotheca often It keeps the lacy juvenile leaves c an unpruned plant eventually de coarser, thicker mature leaves.

This pruning system works best i plant has at least three trunks. G trunks to grow at staggered heig cutting back the tallest one to th each year or so. A single shoot will quickly from the trunk base benea cut and grow straight up, as shown

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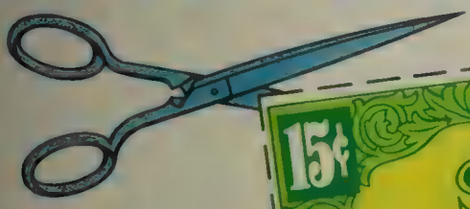

making this offer to get you d-CON insecticides. We know once you try them, you'll buy again! That's because d-CON killers are effective and sure. kill bugs dead, and kill them all without the use of DDT. After all, isn't that what you want for a bug killer you use d your home? Buy d-CON.

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15¢ 15¢ 15¢

STORE COUPON

Raised deck *made of lumber from old church pews spans width of yard, provides dry surface where muddy lawn used to be*

From 16 church pews . . . a spacious deck

ELLS MARUGG

Shallow step *up to 10-inch-high deck is decorated by bonsai. Deck was built around triangular bonsai bench at left*

This handsome redwood deck, incorporating a bonsai display and several garden beds, was last summer's ingenious and inexpensive solution to a muddy lawn problem.

The owners, Mr. and Mrs. Roy W. Boyles of Sacramento, wanted to eliminate part of their sparse, heavily shaded back lawn because it became a grassy mire as soon as summer watering began. Past efforts to grow a thick lawn carpet had consistently failed due to large, overly effective shade trees. The muddy lawn prevented the family from fully enjoying their cool shady yard during the hot months.

The Boyleses solved this problem by building a large attractive deck of redwood—ingeniously acquired: They were able to find 16 old church pews, each 15 feet long—all for $80. They used the lumber from the pews to build a spacious, 9 by 41-foot deck that spans the width of their yard.

The deck is raised only 10 inches, just enough to provide a high and dry area. It was built around a 4-year-old triangular bonsai bench, which extends out into the deck and displays about 25 plants. Among them are evergreen pear, flowering quince, and a variety of evergreens: cypress, juniper, redwood, and pine.

With lumber still remaining from pews, the Boyleses also built a low be for sitting at one end of the deck an 3-foot-wide walkway to the childr playhouse in another corner of the y They hooked scraps of wood toget with eye bolts to form decorative h ings of different lengths.

To complement their new deck, the o ers reorganized and enlarged their gar areas. They planted pink fibrous gonias, small ferns, and other s plants in a long bed between deck house. The yard's single sunny bed at end of the deck expanded from three bushes to include a colorful mas 'Dolly' marigolds and 'Thumbelina' 'Lilliput' zinnias.

They also created a new planting be the right angle corner formed by the and the walkway. They filled it white 'Cascade' petunias and a graceful Japanese maple, once a bo subject. Later on, they replaced the tunias with calendulas for the winter son and planted ranunculus bulbs spring color.

Total cost of the project was less $100, including redwood, nails, and pl

• young memakers, a w series of nels in bold, inhibited colors, h decorative ent stripes. Low t is nhibiting, too. k for 410 Series.)

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Planting began in May

Yellow and white show for a party in August

ost *flower bed had this display of yellow and white mar-*
, yellow marigolds, white petunias. Planted in May, June

Planted *at last minute, white vincas (Catharanthus) grow in narrow slot between new patio and new wall*

: view of this garden appeared on pages
and 115 of last month's *Sunset*. It
; the first-prize winner in our 1969
nmer-Fall Garden Contest. The indus-
us James Lindsey family of Santa
bara built and planted it in six months
a wedding reception (250 guests) held
e on August 16.

: flowers planted were all yellow and
te. Petunias, marigolds, marguerites,
catharanthus, planted from early
y to August 1, produced the best dis-
v. Impatiens, a huge success in the
mer wedding garden *Sunset* reported
March, 1968, made only a fair showing
he Lindsey garden.

in we remind you that this year's
test is starting. You can enter with
er beds you'll be planting soon, a
len place you are going to build and
it, or a horticultural event (flowering,
ting, whatever) that's going to hap-
in your garden. If you just enter and
sh, you'll receive a certificate and a
ection of seeds of Western-privilege
its. To enter, send name (as it should
ear on the certificate), address, and
(if 16 or under) to Garden Contest,
set Magazine, Menlo Park, Calif.
25. Enter before June 15, 1970.

RICHARD FISH

Right, *raised bed of double white petunias, planted late June. Lawn was sown June 1. Flagstones placed on it for reception, set flush later for mowing*

DARROW

Shallow container *just 8 inches wide holds 5-inch-tall "tree"—Crassula sarcocaulis, a hardy, slow-growing plant from South Africa. Shallow soil dries occasionally, but plant can take it*

To show off succulents just put them in pots

Ready *for planting: Flat holds succulents, bonsai pots*

Six-inch *brown pot holds Sedum reflexum dug from garden. Square 2-inch yellow pot contains green and yellow portulacaria*

In dark brown pot, *Aeonium spathulatum looks like an aged bay tree—but it's only 7 inches tall*

Succulents and pots belong together. The bold forms of the succulents seem to look their best when isolated from the background and set off by a good-looking container. And the earthen tones of pots help bring out the subtle undertones of gray, blue, or bronze that suffuse the greens of the succulents.

Many of the smaller succulents have subtle charms of form, structure, or coloring but are too small to shine out unaided. Like jewels, they need effective settings. Small bonsai pots do wonders for them.

Where do you find the succulents? Nearly all nurseries have a few flats of succulents in 2-inch pots. Many, but not all, will be suitable. Pick up the plant and scrutinize it carefully at eye level. If it has an interesting branch structure, or smallish leaves that match well with its size, or an unusual lean to the trunk, you may have a subject. Try to visualize how the plant would look if it were tilted in the pot or thinned out. Imagining the result is much of the fun.

Many gardens already have succulents growing in them. Some of these, especially the ground cover sedums, show unexpected distinction when you get down close and look them in the eye. The little grove in the picture at left center is a clump of *Sedum reflexum* (often sold as *S. altissimum*).

If the habit grows on you and you become a collector, you will find nurseries that specialize in succulents. Some issue catalogs and ship plants by mail.

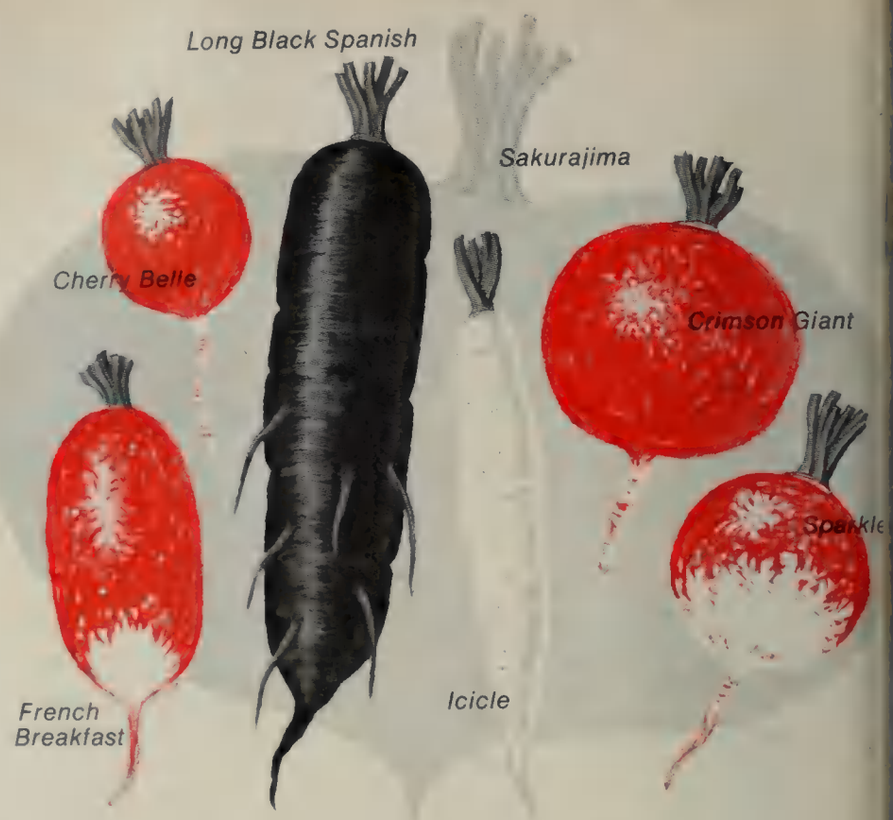
PLANTING AND MAINTENANCE

Succulents are easy to plant and easy to maintain. Their chief need is good drainage, so provide them with adequately drained pots and a fast draining mix. At planting time you can reduce the root mass to fit the container if you reduce the top growth correspondingly; succulents undergo little transplant shock and recover fast. Give plants enough water to keep them plump and attractive.

Keep newly planted succulents out of hot sun and wind. Established plants are not fussy about exposure, but those in shallow containers can become dangerously dry in afternoon sun and wind. Bring plants indoors for decorations if you like, but be sure that they get adequate light. If necessary, remove them from time to time to a sunny window or to half-shade out of doors, but avoid shock of sudden temperature changes.

Feed lightly to keep up good plant color: too frequent or heavy feeding may give faster growth than you want.

The truth about radishes? They are accommodating



Radishes *shown nearly life-size except for Long Black Spanish, Sakurajima, and*

"Any time," says the radish. "Anywhere. Just call on me." In other words, the radish is accommodating, ready at a moment's notice to serve as a companion crop, intercrop, succession crop, catch crop, or even main crop.

A companion crop is grown along with another crop in the same row. Radishes are ideal for this—quick to sprout and quick to ripen. Sown along with slower-sprouting seeds (carrots, beets), radishes appear in a few days to mark the rows and make it possible to weed without disturbing sprouting seeds of the slowpokes. Then the radishes are ready for harvest early, giving the later crop adequate root room.

An intercrop is the result of planting a row of some fast-maturing vegetable between rows of a larger-growing, slower-ripening plant. Peppers, tomatoes, and eggplants eventually grow fairly big, but there is a time in their young lives when they stand rather far apart—enough to accommodate several rows of radishes. The smaller kinds need only a foot between rows.

A succession crop is a second crop planted to fill in space that becomes available when an early crop is harvested. Radishes can follow early peas, lettuce, green onions, or other radishes in late spring plantings. They can also follow late-harvested vegetables as a fall-sown crop. They prefer cool weather to hot, and in mild-winter climates can be sown the year around.

A catch crop is simply a short row of some vegetable spotted into a vacant space discovered either in the vegetable garden or anywhere else a plant might grow. Suggested radish spaces: gaps left by harvesting lettuce heads or stalks of broccoli; between rows of annuals grown for cut flowers; coldframes after cuttings or seedlings have been removed; flower beds where newly planted flowers haven't developed yet.

EARLY RADISHES

Far and away the most important are the fast maturing or early radishes. These are usually small, round, and red or red and white; some are oval or long, and some are white. All are ready to eat within a month of planting the seed, and some of the small round red ones may be ready in three weeks.

To grow early radishes that are crisp and mild, plant early so that roots will mature before weather turns hot. Because roots are likely to turn hot and pithy if permitted to stay in the ground past their prime, plant short rows every few days instead of planting long rows that may give feast-or-famine yields.

Soil should be loose and fairly free of lumps, clods, and stones. It should have an adequate supply of nutrients; radishes grown as companion, succession, or catch crops will usually get enough nourishment from the feedings you have given the other vegetables. Sow seeds ½ inch deep and try to place them thinly in the row so that subsequent thinning w easy. When leaves have formed, t stand an inch apart. Rows should foot apart.

Keep plants growing with ade water; feed if growth seems slow.

Harvest roots as soon as they are if you have made successive small ings you should have first-quality radishes up until hot weather arriv

'Cherry Belle.' One of the earliest. reach ¾-inch size in 22 days. Brigl in color.

'Comet.' Three days later and a larger (to 1 inch) than 'Cherry Be

'Crimson Giant.' Ripens in 30 days. I red roots reach 1½ inches in dia hold flavor without deteriorating into hot weather.

'Early Scarlet Globe.' Ripens in 24 Bright red radishes are 1 inch thic

'French Breakfast.' Ripens in 23 and should be harvested as soon as Unusual oval or olive shape 1½ long, ¾ inch thick (see drawing a Red with white tip.

'Icicle.' White roots are 5 to 6 long, ¾ inch thick, crisp and mil pens in 28 days.

'Giant White Globe' and 'Burpee W Ripen in a month. Ready to eat inch thick, still sweet and crisp inches. White roots are round.

'Scarlet White Tip.' Ready in ab days. The inch-thick roots are brig

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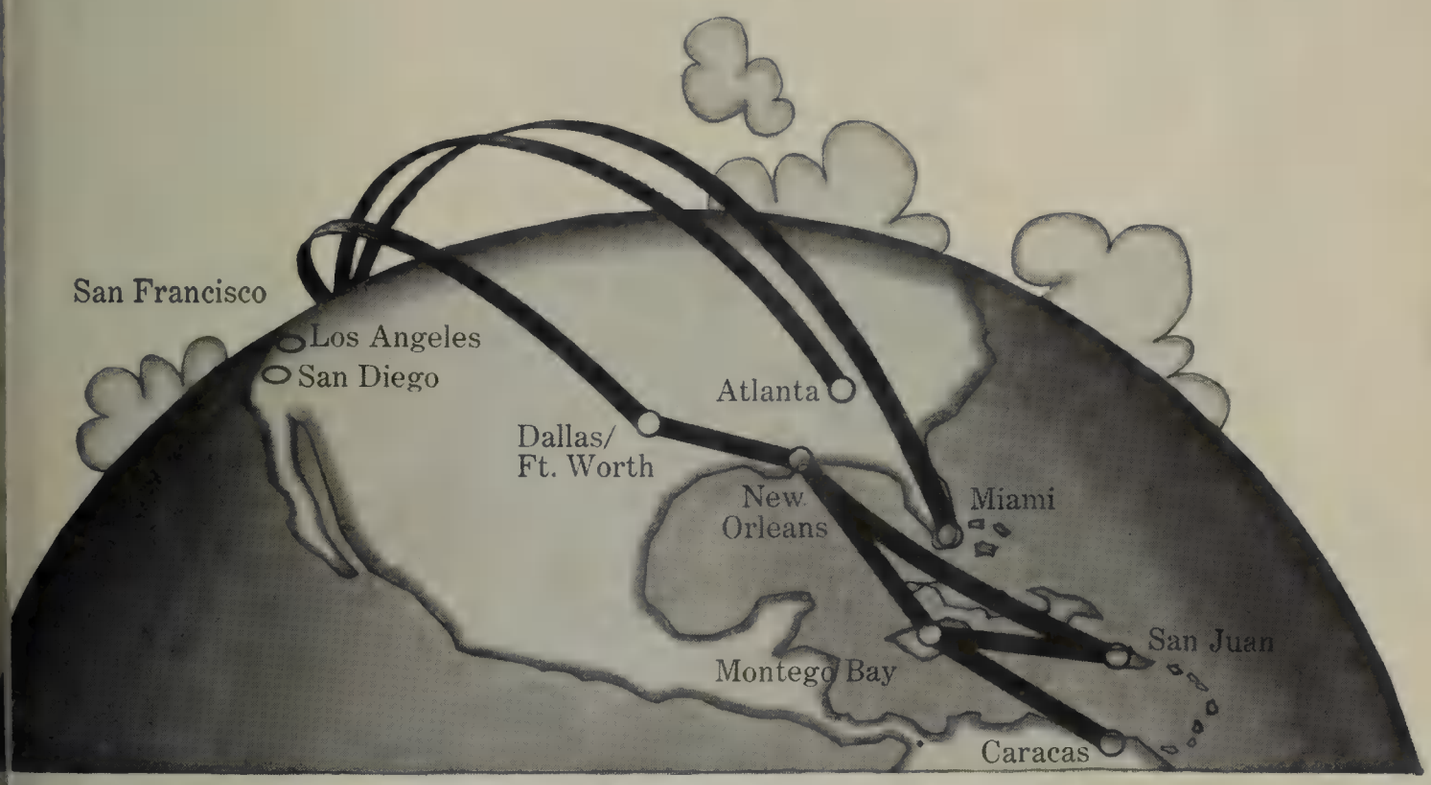

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Crack shot.

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in color, tipped with white.

'Sparkler.' Another 25-day variety. or slightly oval roots are 1¼ inch t deep scarlet with lower third whit

SUMMER RADISHES

Summer radishes mature more than the early kinds; they also wit hotter weather than the early kin are not likely to find seeds on rack store, but catalogs list these:

'All Seasons White.' Ready in 45 6 inches long and an inch thick, grow on to 1 foot long, 2½ inche and still keep good flavor and tex

'White Strassburg.' Ready in 4 Roots grow 4 to 5 inches long, to 2 thick. They hold quality through hot weather.

DARROW

Erik Goetze *inspects 'White Chine ish in his Glendale, California,*

WINTER RADISHES

These vary in size from large to g If you want to grow them, you wi ably have to order seeds from a v seed catalog. Plant seeds in mid so roots will ripen during the cool of autumn and early winter. All ple space between plants and row store well in a cool place.

Winter radishes are relativel known, but are flavorful and fun Here are a few of the best know

'Long Black Spanish.' Ready in Skin is black, but flesh is pure w crisp. Roots are 6 to 8 inches lo 3 inches thick.

'Sakurajima.' The largest radish. May to give time to reach full late fall. Big round white root reach 15 pounds, can reach 100 p

'White Chinese' or 'Celestial.' T days to mature. This mildest of ter radishes reaches the length o inches, diameter of 3 inches.

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ELLS

Clump *of fortnight lily is 4 feet tall, often has a hundred flowers open at once*

Blooms every fortnight or so. Is that enough?

Four-inch-wide *flowers are white; markings near center are violet*

"What does it do?" Such a question usually astounds the nurseryman or landscape architect who has spent some time praising a plant for its handsome form, easy culture, and durable evergreen foliage. But if someone asks what *Moraea iridioides* does, the answer will be fast and forthright: "It blooms every two weeks or so throughout much of the year." It is indeed a doer.

Flowers open from spring through late fall (and even during warm spells in winter), with heavy spurts of bloom every two weeks or so; these spurts give the plant its common name of fortnight lily. Other common names are African iris (not bad, because it is in the iris family and comes from South Africa) and Japanese iris (not so good, because this name already belongs to a different plant).

Spreading petals and sepals are white with orange-yellow markings and a few violet lines near the base. The small petal-shaped bodies in the flower cente prominent violet markings.

The 4-foot-tall branching flower are perennial, living from year t and bearing successive crops of on new branches. If you cut sta arrangements, leave at least on from which a new branch can gro

Give fortnight lily a sunny locati good drainage. It doesn't need water, but blooms more if it gets watering in warm weather. To well groomed, cut out old, wi leaves and dead flower stalks (tl after several productive years), developing seed pods, and divid grown plants.

Use in Oriental landscapes witl gravel, stone, and water; as a substitute for New Zealand flax houette value; or along well t walks where you can look into th cately marked flowers.

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So protect your shrubs, flowers, lawn and garden with this one product. Spectracide . . . a product so safe, you can use it on fruits and vegetables. It comes in three easy-to-use forms . . . liquid concentrate, granular and pressurized spray. All are available at your local nursery or garden supply center.

Spectracide®
lawn and garden insect control

Spectracide

Portulaca is a summer dazzle

Planted this month, portulaca *(P. g flora)* will give you a dazzling, colored carpet of bloom from su until frost.

Small, lustrous, roselike flowers co brilliant, iridescent red, cerise, ros orange, yellow, and white as wel softer pastel shades. True sun-love blooms open fully only when th shines bright, and close in late afte The double-flowered strain is usual in nurseries, since the flowers are showier than the single ones. Sp seed firms offer both double and portulacas in several different col

Portulaca grows 6 inches high and 18 inches across. Cylindrical, po 1-inch-long leaves and trailing, branched, reddish stems are flesh succulent; their stored moisture hel tain the plant during periods of dro

WHERE TO USE

Use portulaca on hot dry sunny in parking strips, along driveway as edgings. Plant it in mass for swatches of color in rock gardens, succulents, in gravel beds, betwee ing stones, in patio insets, or in low beds or planters.

Although portulaca will grow in any soil, a loose sandy one is b grows easily from seed sown in pla the weather and soil are warm. D verize clods, and rake the soil to smooth level surface.

HOW TO PLANT

Mix the seed with fine sand, scatter and thinly, and barely cover wit soil. Keep the seedbed moist un seeds germinate.

Nurseries sell portulaca in trays fr spring through early summer. weather is slow in warming up area, you will gain time by sett well started transplants. For a cover, set them about 8 inches Although drought-tolerant, the respond to occasional watering.

In favorable locations, portulaca se year after year. Pull out plants flower colors you don't like, kee in your favorite shades. Double-f forms tend to revert to single-fl but this may be of small consequ certain situations. Of course, the have the largest, showiest flowers want to be sure of having mostly d sow fresh seed every year (even few singles will show up). You ca cuttings of desirable plants; they r ily in moist sand.

How to grow and mow a ›autiful lawn in Northern California.

By Dr. James R. Watson, Jr., Director of Agronomy, Toro Manufacturing Corp.

: message is di- ›cted at people are about their ›ut don't want to aved by it. .hat I mean peo- :o want to take mon-sense ap- to lawn care— .ll achieve beau- ›sults.

first step, of course, is to get in th your lawn's particular needs. ype of lawn grown in Northern ›nia has its own growth cycle, own fertilizer requirements. (All nia lawns have an unusually ›rtilizer demand. One reason is g growing season; another is the g of nutrients, especially nitro- ›wn past the roots by the gen- ›inter rainfall and the necessary summer and fall lawn watering.)

›tch how your lawn grows.

›wns in Northern California are es of Bluegrass, Rye, and Fescue ›ol season grasses. These grasses ›pidly in spring and fall; they ›wn in the hot summer months he winter. Following this growth he most important times to feed ›tember, October and Novem- hese feedings build up root for the surge of growth that n February. Feedings in March, ›nd late June carry the lawn › the summer months.

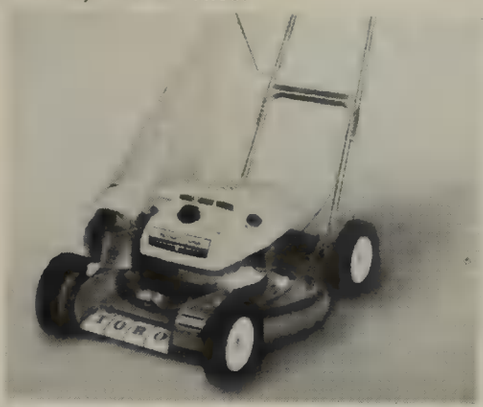
ondra grows every month in the .th the big surge of growth in and September. Its slow spell ›ach year from April to June. when Dichondra sets seeds; it ›llow and thins out. The fastest bring it around again is to :; and, to make the new seeds sprinkle every day as you › new lawn.

›uda, a tropical or warm-season rows furiously in hot weather ›tes a strong demand for fertil- ›rmuda is in serious need for en it sets seed and the tips turn Fertilize in early spring as soon rass starts to turn green. Keep monthly late into the fall as some green hangs on. That ›ff brown dormancy as long as .

›rsity of California recommends s of actual nitrogen yearly for quare feet of Bluegrass, 10 for Dichondra, and up to 12 for a. The application rate called the fertilizer bag you buy is y based on no more than 1 pound of nitrogen per feeding. For example, a 20% nitrogen fertilizer would call for 5 pounds per 1,000 square feet.

The danger of too-close cutting.

At no time should you cut your grass by more than one-third of its total height. Removing too much leaf surface is a shock to grass. It causes greying or browning of leaf tips; it encourages thinning out of turf, shallow rooting, and weakens resistance to drought, weeds, and disease.



Toro 21" Rotary—with Key-Lectric† Start and self-propelled, front-wheel drive.

With common Bluegrass you'll have a more vigorous lawn if you cut high—1½ to 2 inches. Some of the selected strains, such as Merion, can be cut to 1 inch. The recommended height for the fine-leaved Bermuda, Bent, and Dichondra is ½ to ¾ inches.

Because the height of cut is so important, we at Toro take great pains to make mower adjustments simple and accurate. With our Toro Rotary mowers, for example, you can make adjustments from ½ inch to 3 inches in a matter of seconds.

Should you remove clippings?

Excessively long grass clippings may smother your lawn and provide an excellent environment for disease organisms and insects. Also, a lawn with clippings on it just doesn't look as well-groomed. For these reasons, bagging is included as standard equipment on all Toro Rotary mowers.

What type of mower is best for you?

Obviously, the size of your yard is important. So is the amount of time you have to spend on your lawn.

But, your age and health are the most critical factors of all. Many people have no business using an old-fashioned push-type reel mower. It's just too much of a strain.

You will have to consider all these questions when you are in the market for a new mower. Toro makes power mowers for every size and condition of lawn—including 7 rotary models, 6 rider tractors, our famous Sportlawn® reel mowers (ideal for Bent grass), plus our Professional® line for estate lawns.

Each one is precision-built to operate efficiently for many years. But remember. No mower, Toro or otherwise, will mow nails, toys, and assorted hardware one day and then cut grass smoothly the next. So be sure you always pick up your lawn before you start to mow.

What about weeds?

They'll never be a problem if you take care of your grass properly. In other words, when it comes to weeds, your best defense is a good offense; proper feeding, mowing, and watering.

About watering.

The water loss from a lawn in mild-summer areas is about 1 inch a week; in hot-summer areas, 2 inches or more. That loss must be replaced. Replace it with deep watering, to a depth of 6 inches or more. Avoid harmful light sprinklings. Find out how long it takes your sprinkler to deliver an inch of water by placing 4 or 5 coffee cans at intervals in the spray pattern. You'll be surprised at how long it takes to fill the cans to the 1 inch mark.

Of course, the simplest, most efficient way to water is with an underground, automatic system, such as Toro's Moist-O-Matic®. You just set it and forget it. Everything is automatic, and you needn't spend a fortune to have one.

A final word.

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And if you have any further questions about lawn care, just drop me a note: Dr. James R. Watson, Jr., Director of Agronomy, Toro Manufacturing Corp., 1501 Adrian Road, Burlingame, California 94010.

Good luck with your lawn!

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Here are May's garden events

Santa Clara. May 1 and 2. Twelfth annual show by the Santa Clara Valley African Violet Club. Place: Sainte Claire Room of the Emporium, 3051 Stevens Creek Blvd. Hours: 1:30 to 9 P.M. Friday; 9:30 A.M. to 4 P.M. Saturday. Free.

Carmel. May 2. Garden fair sponsored by All Saints' Episcopal Day School. Place: La Playa Hotel, Eighth Ave. and Camino Real. Hours: 10 A.M. to 5 P.M. Free.

San Rafael. May 2. Garden tour sponsored by the Garden Society of Marin. Among the gardens visited will be one that has 4,000 rose bushes. Tickets with information about garden locations can be purchased from Mrs. Hazel Frantz, telephone (415) 924-0420, or at the Marin Art and Garden Center, Sir Francis Drake Boulevard, Ross. Hours: 11 A.M. to 4 P.M. Admission: $1.50.

Fresno. May 2 and 3. Seventh annual wildflower exhibit by the Fresno Museum Auxiliary. Place: Fresno Museum of Natural History, 1944 N. Winery Ave. Hours: 10 A.M. to 5 P.M. Free. These specimens are gathered from all over the San Joaquin Valley and into the mountain areas up to 6,000 feet.

Rohnert Park. May 2 and 3. Third annual spring flower show presented by the Rohnert Park Garden Club. Place: Community Recreation Center, 7421 Burton Ave. Hours: 1 to 5 P.M. Saturday; 10 A.M. to 4 P.M. Sunday. Free.

San Francisco. May 2 and 3. Eighth annual show of the California chapter of the American Rhododendron Society. Place: Hall of Flowers, Golden Gate Park, Ninth Ave. and Lincoln Way. Hours: 1 to 5 P.M. Saturday; 10 A.M. to 5 P.M. Sunday. Free.

San Jose. May 2 and 3. Show presented by the Clara B. Rees Iris Society. Place: Westgate Shopping Center, Saratoga and Hamilton avenues. Hours: noon to 5:30 P.M. Saturday; 1 to 5 P.M. Sunday. Free.

San Mateo. May 2 and 3. Show sponsored by the San Mateo County African Violet Society. Place: Hillsdale Inn, Hillsdale Blvd. and Bayshore Freeway. Hours: 2 to 9 P.M. Saturday; 10 A.M. to 5 P.M. Sunday. Free.

San Mateo. May 2 and 3. The 24th annual spring show of the San Mateo County Rose Society. Place: Bank of California, 390 S. El Camino Real. Hours: 2 to 9 P.M. Saturday; 10 A.M. to 5 P.M. Sunday. Free.

Stinson Beach. May 2 and 3. Beach Wildflower Show. Place: C nity Center, State Highway 1 an dere Ave. Hours: 10 A.M. to Admission: $1; ages 10 and over, 2 children under 10, free. Native su of California will be featured.

Oakland. May 3. Show sponsored East Bay Rose Society. Place: I Park Garden Center, 666 Bellev Hours: 1:30 to 6 P.M. Free.

Hanford. May 5. Annual event Kings Garden Club of Hanford home of Dr. and Mrs. Leon Van 1971 Easy St. Hours: 6 to 9 P.M. sion: $1.25; children under 12 fr 12 and over, 50 cents.

Paradise. May 6. Paradise Gard spring flower show and tea. Pla Hall, 6309 Clark Rd. Hours: 1:30 P.M. Free.

San Francisco. May 6. Fourth ann den fair presented by the Auxi Edgewood Children's Home. Pla of Flowers, Golden Gate Park. 9:30 A.M. to 4:30 P.M. Donation: $ of the featured plants on sale flowering trees and shrubs in co plants trained in topiary shapes, ium orchids, miniature garde house plants. Roy L. Hudson, S Arboretum director, is scheduled t

Santa Rosa. May 9. Show spons the Redwood Empire Rose S Place: Luther Burbank Art and Center, 2050 Yulupa Ave. Hours P.M. Free.

San Jose. May 9 and 10. The 22nd show by the Santa Clara Coun Society. Place: San Jose Mercu Building, 750 Ridder Park Dr. I to 9 P.M. Saturday; noon to 5 P. day. Free.

San Francisco. May 10. Twent annual show presented by the Sa cisco Rose Society. Place: Hall o ers, Golden Gate Park. Hours: P.M. Free.

Palo Alto. May 14. A show of fl rangements for the table by The member of California Garden Cl Place: Community Association tarded Center, 3864 Middlefie Hours: 10 A.M. to 9 P.M. Donatio door: $2. Free refreshments will be

Ukiah. May 15, 16, and 17. Flow by the Ukiah Garden Club in con with the annual fiesta sponsored

·er of Commerce. Place: Floricul-
ıilding, fairgrounds. Hours: 6 to 10
·iday; noon to 9 P.M. Saturday and
·. Free. A feature will be the dis-
iris by members of the Redwood
ciety.

fael. May 16. Plant sale by the
nthemum Society of Marin. Place:
:ito Shopping Center, Third and
treets. Hours: 9:30 A.M. until sold
ee. Nearly 200 kinds of chrysan-
ns will be included among the
plants in bands.

May 16 and 17. Fourth annual
:how presented by the Pinole Gar-
ub. Place: Margaret Collins Ele-
y School, Tennant Ave. and Pinole
Rd. The show will be judged by
al Council accredited judges.
4 to 9:30 P.M. Saturday; noon to
ı. Sunday. Free.

d City. May 16 and 17. The 11th
Redwood City Spring Flower and
ɔw. Place: Community Activities
g, 1400 Roosevelt Ave. Hours: 3
M. Saturday; 10 A.M. to 5 P.M.
. Free.

ento. May 16 and 17. Sacramento
m Club show. Place: Sacramento
and Art Center, 3330 McKinley
Iours: 2 to 8 P.M. Saturday; 10
6 P.M. Sunday. Free. Entries wel-
om anywhere in Sacramento Val-
· information and entry schedule,
Thomas J. Hammer, 1370 Castec
25, or telephone (916) 489-2283.

ıcisco. May 16 and 17. Show and
le by the African Violet Society
Francisco. Place: Hall of Flowers,
Gate Park. Hours: 2 to 6 P.M.
y; 10 A.M. to 4 P.M. Sunday. Free.

May 17. Flower show sponsored
Southern Humboldt Garden Club.
Agnes J. Johnson Elementary
Hours: 2 to 7 P.M. Donation at
·.

May 23. Annual Reno-Sparks
Show sponsored by the executive
garden clubs of Reno and Sparks,
ointly by the Sassy Seeders Club
Green Thumbers. Place: Centen-
iseum. Hours: 1 to 8 P.M. Free.

· May 23 and 24. Eleventh an-
ɔw by the African Violet Society
East Bay. Place: Lakeside Park
Center. Hours: 2 to 7 P.M. Satur-
A.M. to 6 P.M. Sunday. Free.

ɔ. May 23 and 24. Annual spring
by the Peninsula Bonsai Club.
'alo Alto Buddhist Church, 2751
d. Hours: noon to 9 P.M. Satur-
0 A.M. to 8 P.M. Sunday. Free.
vill be given as door prizes; draw-
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ıday. Demonstrations by an in-
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vines, in particular, make a dense
for a wall, fence, or arbor. Attr
foliage, white or yellow flowers, a
curiously shaped gourds more tha
tify its landscape use.

When the Phillip Crawfords of Co
Oregon, put in a brick patio, th
suitable spot was next to a neig
garage. To mask the wall, they p
gourds along it. The vines grew
and soon created a cool, green sett

Gourd vines climb 10 to 15 feet
give them something to cling to
wall, use heavy string or wire mes
a location with plenty of sun. Plan
an inch deep and 2 feet apart; they
nate in 7 to 10 days.

Growing gourd vines need regula
waterings throughout the summe
plants also need lots of heat to p
a good crop of gourds; in cool s
climates, vines planted in full su
grow enough to form a screen but
produce many gourds. Fertilizing
lished plants encourages leafy gro
the expense of a crop.

An almost bewildering variety of
is available. Most seed packets gi
no more information than the sh
the gourd (Chinese waterjug,
turban, spoon).

Large gourds are uniformly silvery
but the small varieties come in
colors, from cream and yellow to
or orange. These are the deco
gourds often used in fall arrangem

The most rampant grower is dis
gourd, whose fibrous pulp has ofte
dried and used as a sponge.

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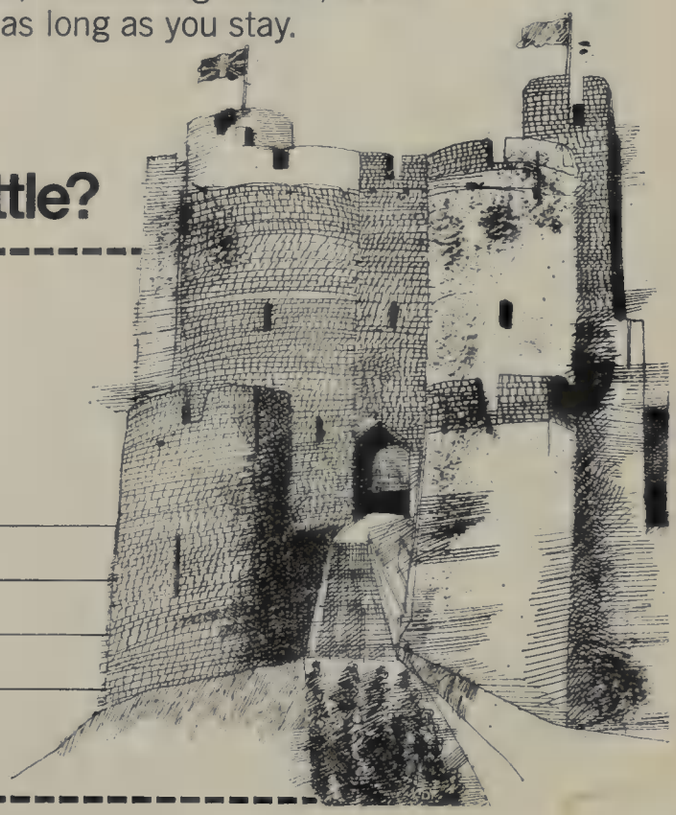

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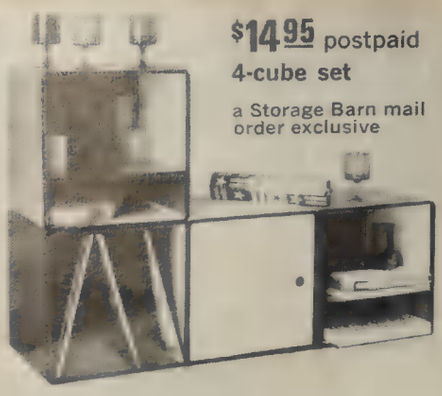

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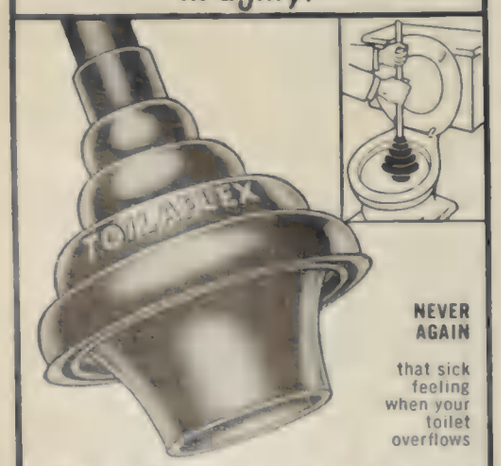

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DARROW M. W

A month *before harvest, two prospective buyers use nails to scratch names on pumpkins they'll return for at Halloween*

They grew pumpkins for profit. Planting time's now

It's always fun to grow pumpkins, and with enough room it's possible to turn this summertime gardening experience into a profitable business.

Four of our younger readers successfully grew large numbers of pumpkins last year to sell in the fall. Some of their methods may help others who want to try their hand at the pumpkin business. The four had two major things in common: They had a large amount of space to work with (pumpkins need room to spread) and they grew the same varieties—'Big Max,' 'Connecticut' ('Big Tom'), and 'Jack O'Lantern.'

Mike McConnell, 15, of Scappoose, gon, reduced his garden upkeep mulch around his pumpkins. H down newspaper, then covered i straw, as pictured at right.

The mulch keeps weeds down an ture in, and prevents the bottoms pumpkins from rotting. At the the year, Mike works the decor

and straw into the soil.

ıer enterprising grower, Paul Wen-
16, of Modesto, California, found
:he weeds surrounding his pumpkin
were filled with ladybugs. He left
reeds standing until the ladybugs
to move over into the vegetables.
stayed all summer and kept aphids
becoming a problem.

l and Stuart Mitchell, 16 and 10,
'ayette, California, cut down on wa-
effort by growing their pumpkins
's of basins (three vines to a basin)
hillside slope. The boys watered
uphill, and as each basin filled and
owed the water ran in a trough to
ext. This saved dragging the hose
d the garden and reduced the chance
nage to the plants.

oys watered once a week and fertil-
very two or three weeks. They grew
umpkins, ranging from 4 to 80
s. You can see two of their cus-
s looking over the crop in the
graph at left. David and Stuart let
ustomers choose their pumpkins in
nber. Each scratched his name on
ımpkin with a sharp nail, to iden-
in October.

find more information on pump-
owing on page 220 of this issue,
ı *How to grow a pumpkin big*
ı to put your little brother in, in
ay 1969 *Sunset.*

WILBUR BLUHM

ulch *over a layer of paper keeps*
lown, moisture in; it also prevents
of pumpkins on ground

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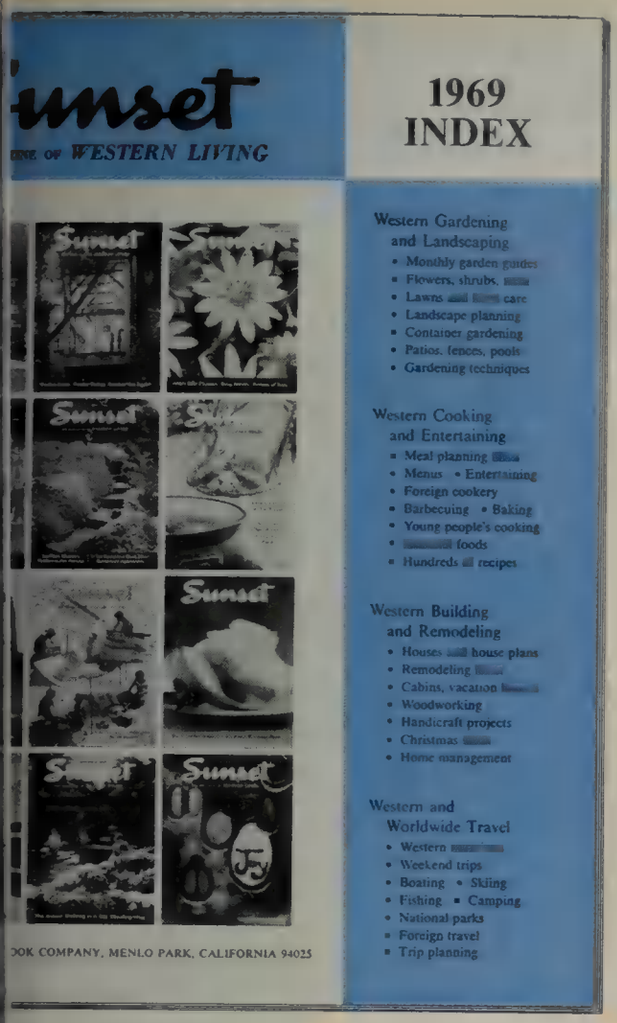

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It all sounds terribly dull. But very reassuring.

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Seaside daisy, *a native Erigeron to rock garden as it does coast*

Wild daisy an English dais

"Daisy" is a handy tag for many kinds of plants with similar flowe of these are *Erigeron* and Englis Both are unpretentious but d plants for a border or rock ga along a garden path.

ITS ONLY CRITICS ARE FLEAS

Erigeron, also called fleabane daisy, is a free-blooming perenn closely resembles Michaelmas da The plant's common name, fleaba gests anti-flea properties. Howe dence is as shaky as it is for w power over werewolves. *Erigeron* in cool climates, in sun or light sh in sandy soil with moderate w Cut back after flowering to prolon and keep plants within bounds. I spring or fall every third year.

The following species are rare b times available in nurseries. All l late spring and summer.

E. compositus, or cut-leafed da Western alpine for rock garde plant reaches 4 to 8 inches hi white or purplish flower heads.

E. glaucus (pictured above), a n California and Oregon coasts, i times called beach aster or seasi Lavender flower heads, 1½ to

pear on stout, hairy 12-inch
kes sun or part shade.

kianus (Vittidinia) is a grace-
g plant, 10 to 20 inches high
e or pinkish flowers: the only
hat thrives in the Southwest.

us, or showy daisy, is native
st and Pacific Northwest. It
t high with 1 to 1½-inch dark
vender flower heads.

INE, ORIGINAL DAISY

isy is the "true" daisy, it is
English daisy (*Bellis perennis*).
to it go back to medieval
when it was known as "day's

sies *naturalized on a lightly*
lside look like wildflowers

probably know it best as the
. Improved, named varieties
owers are available, but many
old-fashioned kind children
make daisy chains.

al English daisy has white
ed pink, rising just above a
dark green leaves. Improved
w higher (to 6 inches or more)
the color range to rose and
classed as a perennial, it is
d as an annual. Not as com-
ce was, English daisy is avail-
but more often as seeds.

sy prefers moist, well drained
rtial shade where weather is
y. Flowers appear in spring
summer, and intermittently
year in mild climates. A good
t, English daisy blends well
s and violas, and takes much
re. For these who don't insist
-smooth lawn, the small va-
s a pleasing contrast with

ed varieties include 'Super
d 'Monstrosa'; 'Dresden Chi-
ature form.

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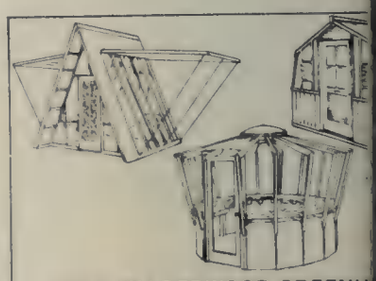

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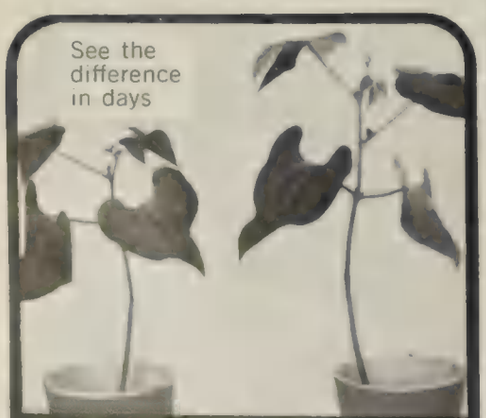

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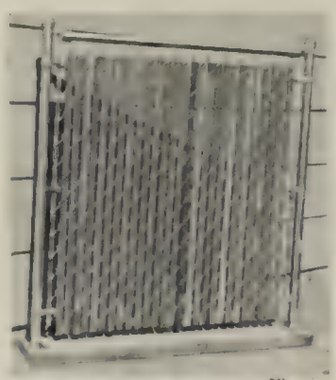

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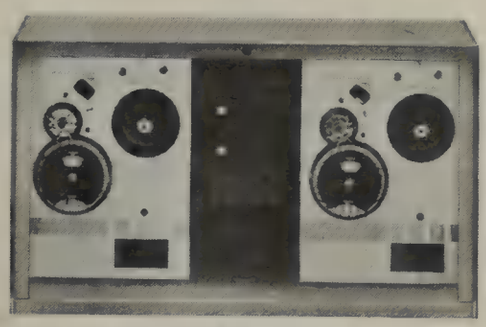

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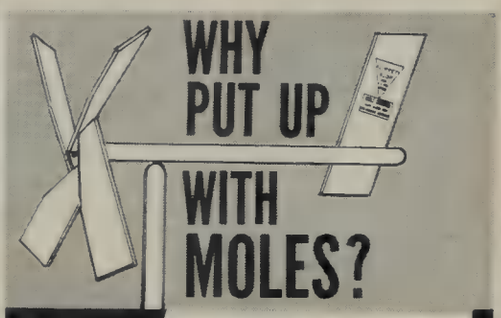

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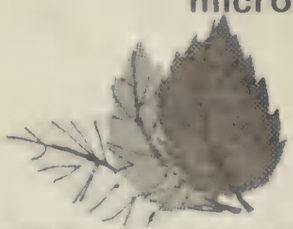

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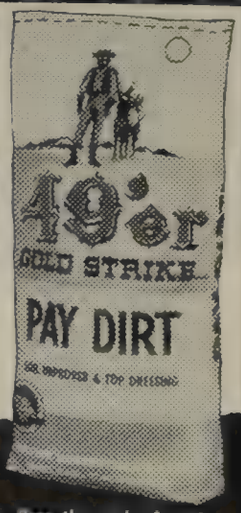

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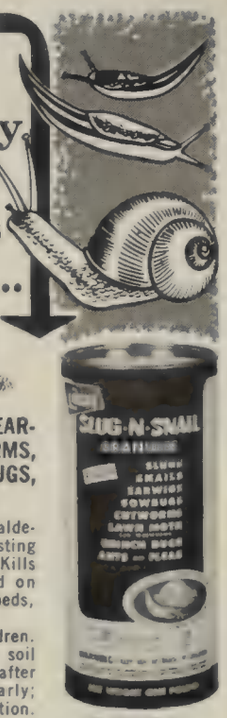

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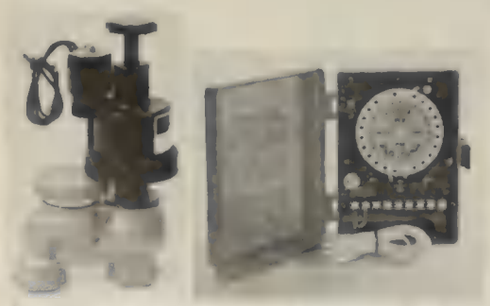

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Can we see your movies?

We're producing a film on Western living featuring *Sunset* readers who have taken action on something read in the magazine. And we solicit your help in supplying movies or slides.

Have you built a home or cabin, remodeled, landscaped, or added a room, patio, or deck from *Sunset* ideas?

Have you photographed any trips (half-day excursions as well as longer journeys) that you've taken after reading about the route or destination in our pages?

Have you filmed any parties—outdoors or indoors—that used recipes or food ideas taken from *Sunset*?

Do you have pictures of any garden projects that were based on suggestions in our garden articles?

We prefer pictures that show people—particularly children. If you have any "gag" shots, be sure to include them.

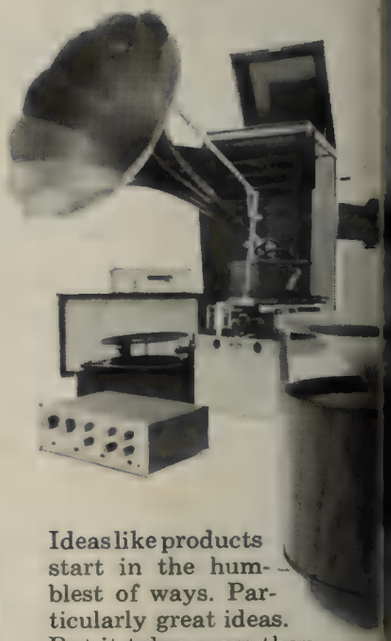
We can use slides or 8mm, super-8, or 16mm movie film—and don't worry about top quality. If you need a shipping container, tell us the size and we'll provide one. Please include a note describing your experience; or if you have a tape recorder (reel or cassette), you might send us a voiced commentary. We'd especially like to hear unusual or humorous anecdotes.

If you are planning a *Sunset* project or trip this summer, please take pictures and let us see them by September 15. But if you have pictures now—send them in right away. We will duplicate any film we use, and in all cases return the original and refund the shipping cost.

Send your film to Audio-Visual, *Sunset Magazine*, Menlo Park, Calif. 94025. We will be grateful for your help.

It bega as a simpl idea.

(Then Competition star



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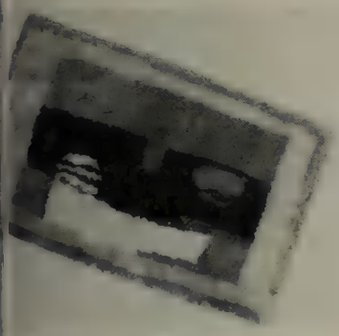

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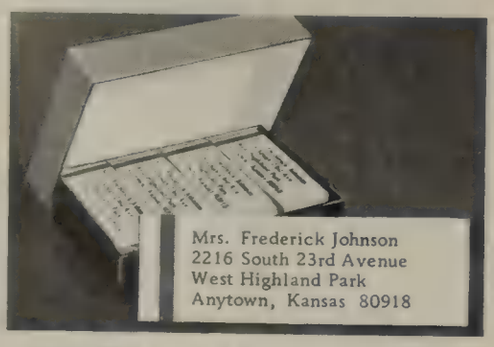

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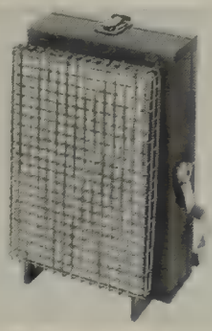

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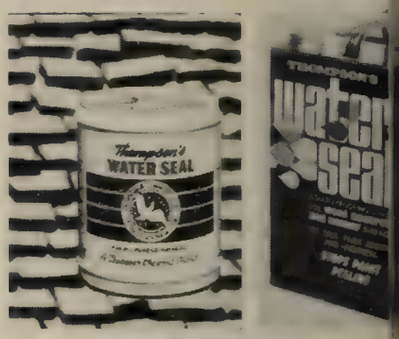

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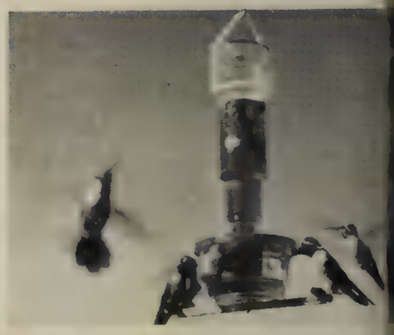

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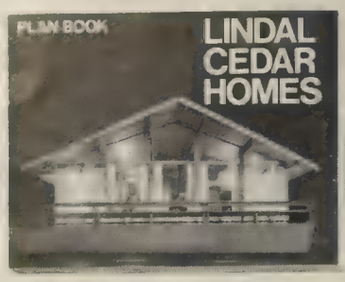

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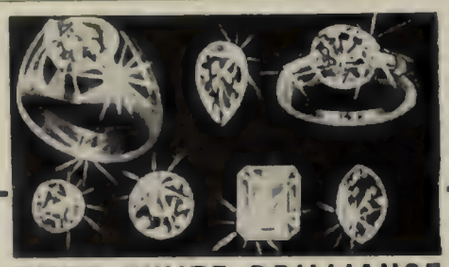

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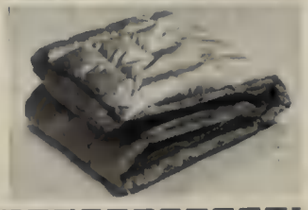

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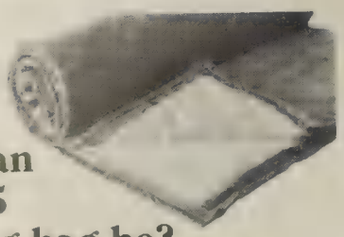

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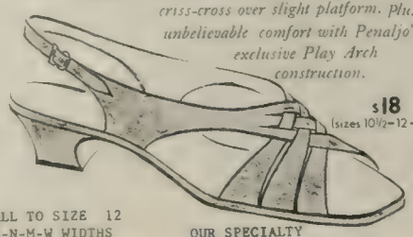

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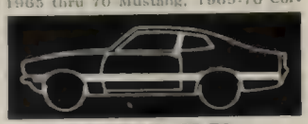

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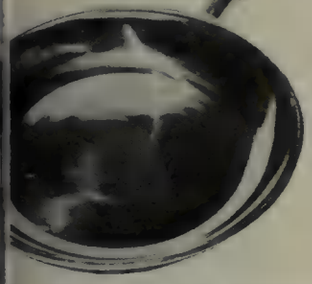

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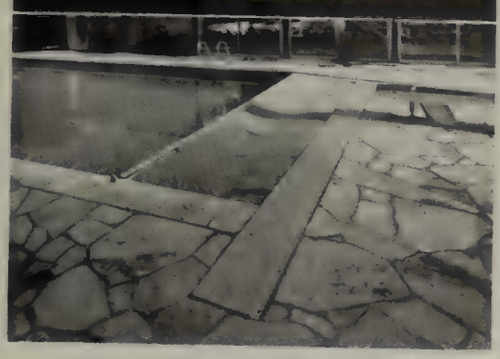

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Where are the printing presse

A common question from guests touring our offices at Menlo Park fornia, is: "Where are the printing presses?"

When we reply, "Chicago," the questioner usually looks startled an "Why way back there?" The answer to that is the exceptional p quality and flexibility offered by the press equipment of R. R. Do & Sons, the largest magazine printing company in the world.

All this quite often leads to a fuller explanation of how *Sunset* is factured and distributed each month:

Out of our planning, scouting, researching, writing, editing, ske designing, and photographing come the words and pictures that mu be converted into a printed, bound magazine.

The words are set in type in next-door Palo Alto by an independen graphic shop. The pictures are converted into metal engravings by Bay Area photoengraving firms or—in the case of color—far a Stamford, Connecticut (again, for reasons of quality).

Meanwhile, back in Menlo Park, our production editors develop plex issue map. It prescribes the location and press form of ever and advertisement in all four zoned editions.

In Palo Alto, make-up men (following art directors' layouts) a type and engravings in page forms. Editors review and refine t proofs. As each page is approved and closed, a lightweight plast is made for air shipment east.

In Chicago, the molds are electrostatically coated with copper, nic chromium to form shells; these are backed with a lightweight al are precurved into plates for the high-speed rotary presses that p magazine in sections or "signatures" of 4 to 32 pages.

As folded signatures come off the presses, other machines gathe and trim the magazines—1,035,700 of them this month. Then t addressed (with labels prepared by our circulation department in Park), sacked according to zip code, and loaded into 35 railroad

Distribution is as carefully programmed as the manufacturin freight cars head westward and fan out to their destinations: 14 d mailing points in the West, where the Post Office takes over to magazines through postal channels to our subscribers. Bulk sh for newsstands travel in the same rail cars, then transfer to tru

And that, in brief, is how this Letter from *Sunset* reached you.

WINDOW ON THE WEST: Mariposa tram

Fifty-passenger tour cars, introduced last fall and then discontinued the winter, resume service this month here in Yosemite National Par Mariposa Grove. Passengers will hear a recorded narration; fare is $1 adults, 50 cents for children. The trams replace the stream of private au mobiles, which now proceed no farther than a public parking area. T new arrangement reduces the human impact on the ecology of this gr of giant sequoias while providing a more rewarding experience fo greater number of visitors.

ELLIS MARUGG

JUNE 1970 10 CENTS

Sunset

THE MAGAZINE OF *WESTERN LIVING*

JUN 1970
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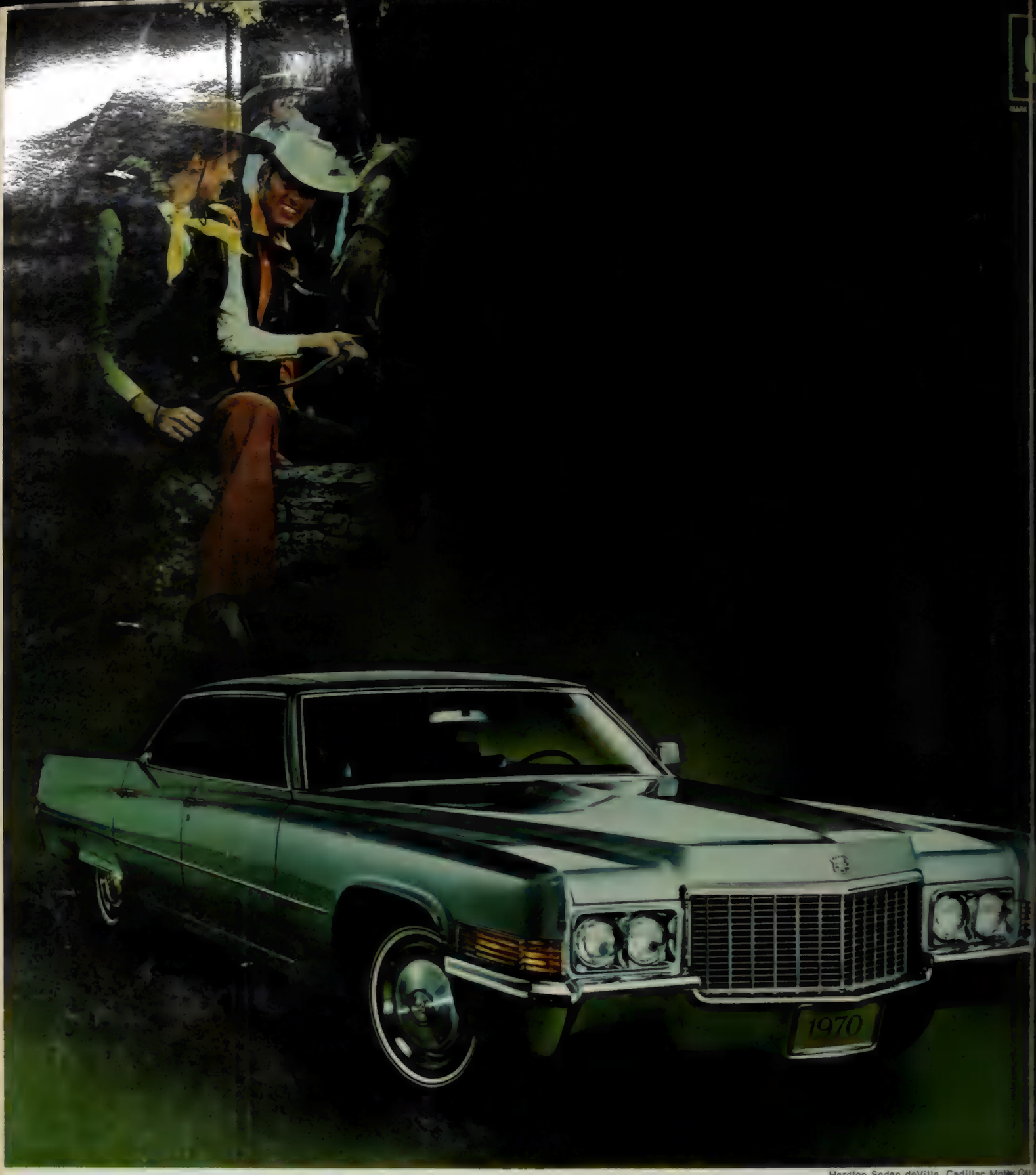
Lace cap hydrangea—rarity worth searching for

Summer Visit to Old Santa Fe



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Sunset*

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THE MAGAZINE OF WESTERN LIVING*

Feature articles for June 1970

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The Cover Story

Unusual lace cap flower cluster, slightly less than life-size on cover, is a form of bigleaf hydrangea. It blooms in late July and into August, in filtered shade. Turn to page 98 to learn more about hydrangeas and how to grow them. Color photograph by Pete Redpath

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t to Mount Hamilton, leave Bay- Freeway at Alum Rock Avenue in ose. Follow Alum Rock east for 3½ miles to clearly marked Mount ton Drive. This road will take you ling, panoramic 19 miles past neat, ured farms and apricot groves, past d slopes of pine, oak, and manza- ight to the observatory.

of the summit, Mount Hamilton becomes Bayou Road, leading down ow-brush, scrub-grass cattle coun- d by several small, summer-dry . Bayou then turns north and be- San Antonio Valley Road. Twenty past the observatory is San Antonio Junction, where Del Puerto Can- oad joins San Antonio. Past here, on San Antonio (north to Liver- and Del Puerto (east to Interstate ay 5), unfenced areas for stopping enicking abound.

uerto Canyon is harsh and sparsely ted, with sheer rock walls and l, stony hillsides. Ten miles into the is Frank Raines County Park, has picnic areas and hiking and cycling trails that lead into the hill country.

d the eastern edge of the canyon, andscape's features soften into , treeless hills, with grazing cattle

DARROW M. WATT

Lick Observatory *visitors are dwarfed by old 36-inch telescope as guide explains its workings*

Sunset

THE MAGAZINE OF WESTERN LIVING

June 1970

Bag of bread *in hand, Sunset artist walks by a lake, followed by ducks*

Getting acquainted with waterfowl

That's our art director emeritus, Norman S. Gordon, playing Pied Piper to a pair of ducks.

Mr. Gordon used the bread to coax the several kinds of ducks and geese at The Lake, a Bay Area subdivision, into position for photographs. On this particular shooting day we acquired the pictures of the pair of mallards and the several white Pekins shown in *Waterfowl . . . tame or wild in your own backyard*, pages 80 to 85.

This is the only public place pictured in the waterfowl article. All the other birds and the bodies of water they are swimming in are at private homes. Public or private, though, waterfowl learn how, when, and where to expect and cadge food from people.

L. W. LANE, JR. *Publisher*
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that wander imperturbably across road. Continuing out of the canyon road joins Interstate 5 about 30 south of Interstate Highway 580, leads directly into the East Bay are

Instead of following Del Puerto Ca its entire length, you may choose to a short side trip into it and then con on sinuous San Antonio Valley Roa the range's northern slopes with bea views of the valley of Arroyo Mocho then down into Livermore, 2 miles of Interstate 580.

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Hiking down to the Pescadero Creek dam site

Will a dam be built on Pescadero below Portola State Park? If so, high a dam?

These questions, simmering for year gettting close to final decision. Bu spite numerous hearings and conside publicity, many Bay Area residents not heard of the dam and the 3 to 4- long lake it would create.

Very briefly, the Army Corps of neers submitted to the County of Mateo several proposals for a da dams, costing up to $44 million, to vide flood control and supply wate coastside communities—both existing anticipated. The county, using state Federal funds, has now purchased 5,700 acres at Worley Flat on the cr

Among the alternate proposals: a Worley Flat dam that would floo

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From *sturdy logging bridge a Pescadero Creek, hikers look downst to site of proposed high*

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acres of Portola State Park; a lower dam that wouldn't; and combinations of dams at Worley Flat and elsewhere.

The hearings continue. Proponents speak of flood security, assured water supply, water recreation, and future park development. Opponents, including Local Initiative For Environment (LIFE), claim the flood threat can be met and water supply assured in less drastic and much less expensive ways that would not open the door to large-scale expansion of coastside communities.

In late June and probably again later in the summer, the County of San Mateo Parks and Recreation Department will arrange a public walk into Worley Flat, so that interested individuals can get a better idea of the project's impact on the canyon and the coast. To join the hike, call (415) 369-1441, extension 2486. It's about 5 miles round trip, mainly on logging roads (the area is being selectively logged); wear sturdy walking shoes.

Annie and Mary take you back 116 years

One of the oldest railroads in the West is still running north of Eureka. Established in 1854, the Arcata and Mad River Railroad (popularly known as the "Annie and Mary") operates between Blue Lake and Arcata, carrying freight for shippers along its 7½-mile route.

From June 15 and through Septe the Annie and Mary will offer pa service. "Spanking Fury," a r steam Shay, will whistle and ch puff an 11-mile round-trip excursio ing three bright red passenger c Highlighting the hour-long trip w train robbery staged by local cow

The train will run daily except S leaving Blue Lake Depot at 1: Fare is $2.50 for adults, $1.25 for c 5 to 14, free for others. To get Lake, turn off U.S. Highway 101 12 miles north of Eureka onto St follow it east for 7 miles. For infor on group charters, write to Arca Mad River Railroad, Box 368, Blu Calif. 95525.

No more state park computer reservations

In contracting with a computer co in January, California moved to e the handling of reservations fo parks. But the resulting inno which offered instant reservations t computer outlets in various retail was short-lived: The computer co has ceased operations.

Reservations must now be made way, by mail (Department of and Recreation, Box 2390, Sacr 95811) or in person (1416 Nin Sacramento).

For travel planners, a June check list

Hiking in northern California will be made easier by the recently released *100 Northern California Hiking Trails*, by Don and Roberta Lowe (Criterion Inc., Beaverton, Ore., 1970; $5.95). This book contains such information on each trail as distance, elevation gain, hiking time, when open, highest point, and what sections of topographic maps show it. Trails listed vary from 1-mile walks to long backpack trips. Representative pictures accompany each trail description in the 232-page book.

Flora Pacifica 1970 is Hawaii's sixth annual ethnobotanical exposition, running September 11 through 20 in the Honolulu International Center arena. Many exhibits include samples of the art, architecture, costumes, and culture along with the plants and flowers representative of Pacific area countries. The show is open from 1 to 10 P.M. on weekdays and 10 A.M. to 10 P.M. on weekends; admission is $2 for adults, 50 cents for children. For a brochure, write to Flora Pacifica, Inc., 50 N. Vineyard Blvd., Honolulu 96817, or see a travel agent.

Canadian Rockies. Fourteen-day rail tours of Banff and Jasper national parks in the Canadian Rockies, international Waterton Lake, and Glacier National Park in Montana will depart from Portland and Seattle on July 5 and 19 and August 2. Other stops include Victoria and Vancouver. Tour price of $599 per person includes lodging, transportation, and some m For a brochure, write to Kneisel T Inc., 1014 S.W. Sixth Ave., Portland 9 or see a travel agent.

Senegal, Zambia, and Kenya are a the eight African countries on the itin of 46-day tours departing from New on September 28 and on January 25, Game watching in national parks, s seeing in villages and cities, and exp tion of wild areas are part of the prog Tour price of $4,095 includes all t portation, meals, lodging, and sightse For details, see a travel agent or wri Olson Travel Organization, Inc., 1 N Salle St., Chicago 60602.

River touring. The American Guides sociation is a nonprofit organization sponsors a variety of inexpensive floats to promote river touring and servation. For a list of floats sched throughout the West this summer, to American Guides Association, Rou Box 881AM, Woodland, Calif. 95695.

What a travel agent can do for Provide information on tours; reserve on air, rail, bus, and steamship lines; hotel, ranch, and resort reservations; care of trip planning, including side and special events. Travel agencie not charge for arranging transportatio package tours, but do charge for "cus tour service.

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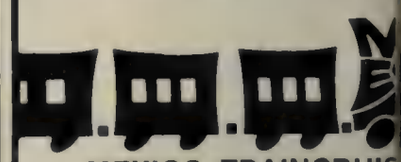

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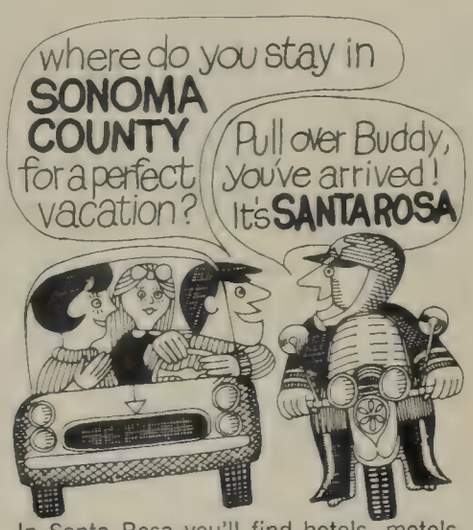

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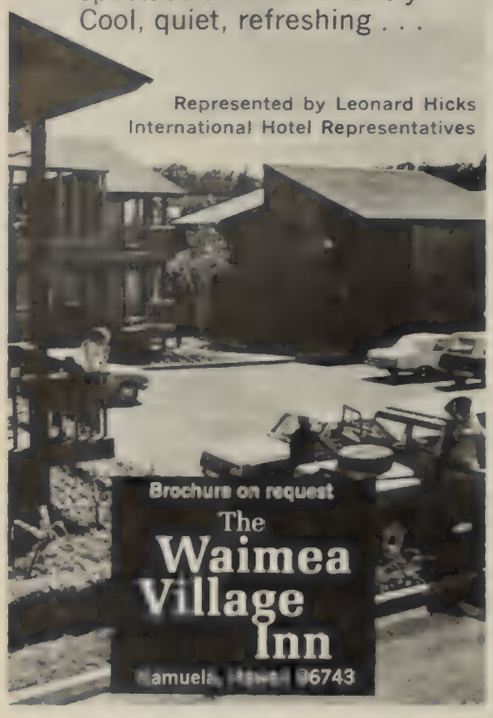

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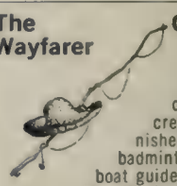

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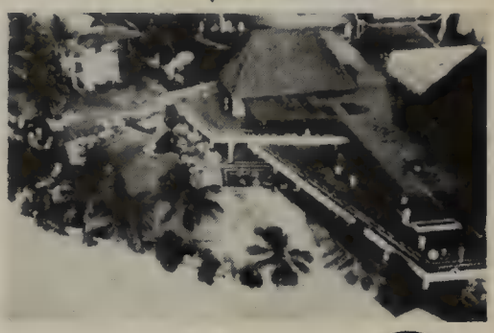

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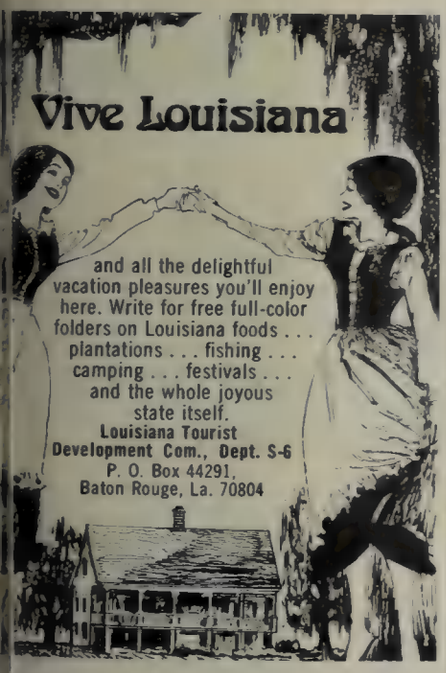

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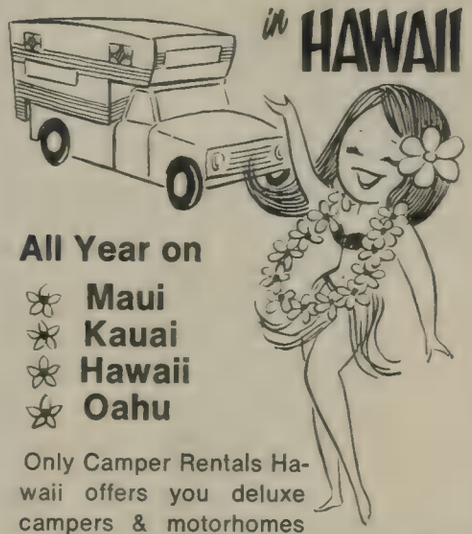

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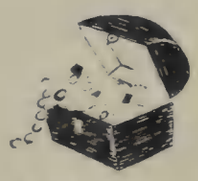

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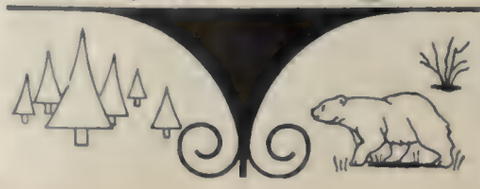

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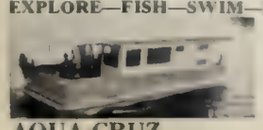

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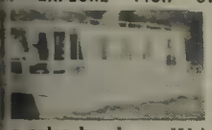

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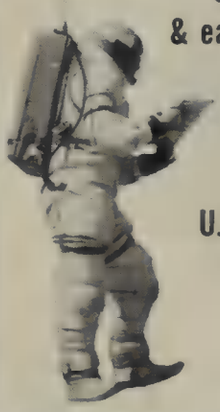

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You can launch a boat (but no motorboats) for $1—or $10 for the season (this allows launching at all county ramps). There are 13 sailboats for rent from $3 to $5.50 an hour. Kayaks, canoes, and rowboats rent for $2 to $2.50 an hour.

During this month of long daylight hours, the park opens at 8 A.M., boats can be rented from 10 A.M. until 7:30 P.M., and the park closes at 9:30 P.M. More than 200 tables and cooking grills are ready for picnickers.

To get to Vasona from San Jose, drive south on State Highway 17 and turn off at the Saratoga-Los Gatos Road exit. Take the second right, at University Avenue, and follow signs to the park.

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Three random drawings by an authorized CPA firm: June 10, 1970 for entries postmarked in May; July 10 for entries postmarked June 1-30; August 10 for entries postmarked July 1-31. The winner of each contest will be notified by mail. FUN FLAIR will be delivered to any appropriate Lake or River in Central California specified by winner. The Houseboat will be the winner's to enjoy for a full week's reasonable use without charge or obligation of any kind.

State troopers do not endorse products.

But this one thinks Lifesaver Radials are too good not to be talked about.

This trooper is masked, and his uniform disguised, because neither he nor his state can lend their names to any commercial product.

This man's life depends upon his tires. He puts over 50,000 high-speed miles a year on them.

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"I was off to the side when this guy raced past me. I floored it to catch up. And there I was going into a double curve—we call it Deadman's Curve—at 115 miles an hour. But I never swerved out of my lane. It was like riding a rail.

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You can hear the same kind of stories from troopers across the country riding on B. F. Goodrich radials. The same tires you can buy. Of course, you'll seldom need the maximum performance troopers need, even for short periods of time. But it's nice to know these tires can deliver it.

We call the newest BFG radials *Lifesavers.* With good reason. Lifesavers corner better. Take curves better. Stop quicker. They handle better at high speed than any fiberglass-belted tire . . . even our own.

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B.F.Goodrich

The New BFG Lifesaver Radials.
Your life should be riding on them.

STATE POLICE

The hike in isn't easy... but there are rewards

The four major trails into the Thousand Lakes Wilderness, about 12 miles north of Lassen National Park, are uphill, so backpacks can get pretty heavy toward the end. But the pleasures of camping here beneath lodgepole pines and visiting the numerous lakes in this valley make up for the rigors of the hike.

At least six of the lakes in the valley provide excellent rainbow trout action: Eiler, Barrett, Durbin, Hufford, Everett, and Magee. After a winter under ice the trout are hungry and they will rise to natural bait and flies, and sometimes to flashbait. Although rainbows can be pulled out of the larger lakes almost any time of day, morning and evening tend to be most productive.

The easiest trail into the wilderness is the 3-mile Cyprus Camp Trail that begins at Cyprus Campground and climbs about a thousand feet southeast to Lake Eiler.

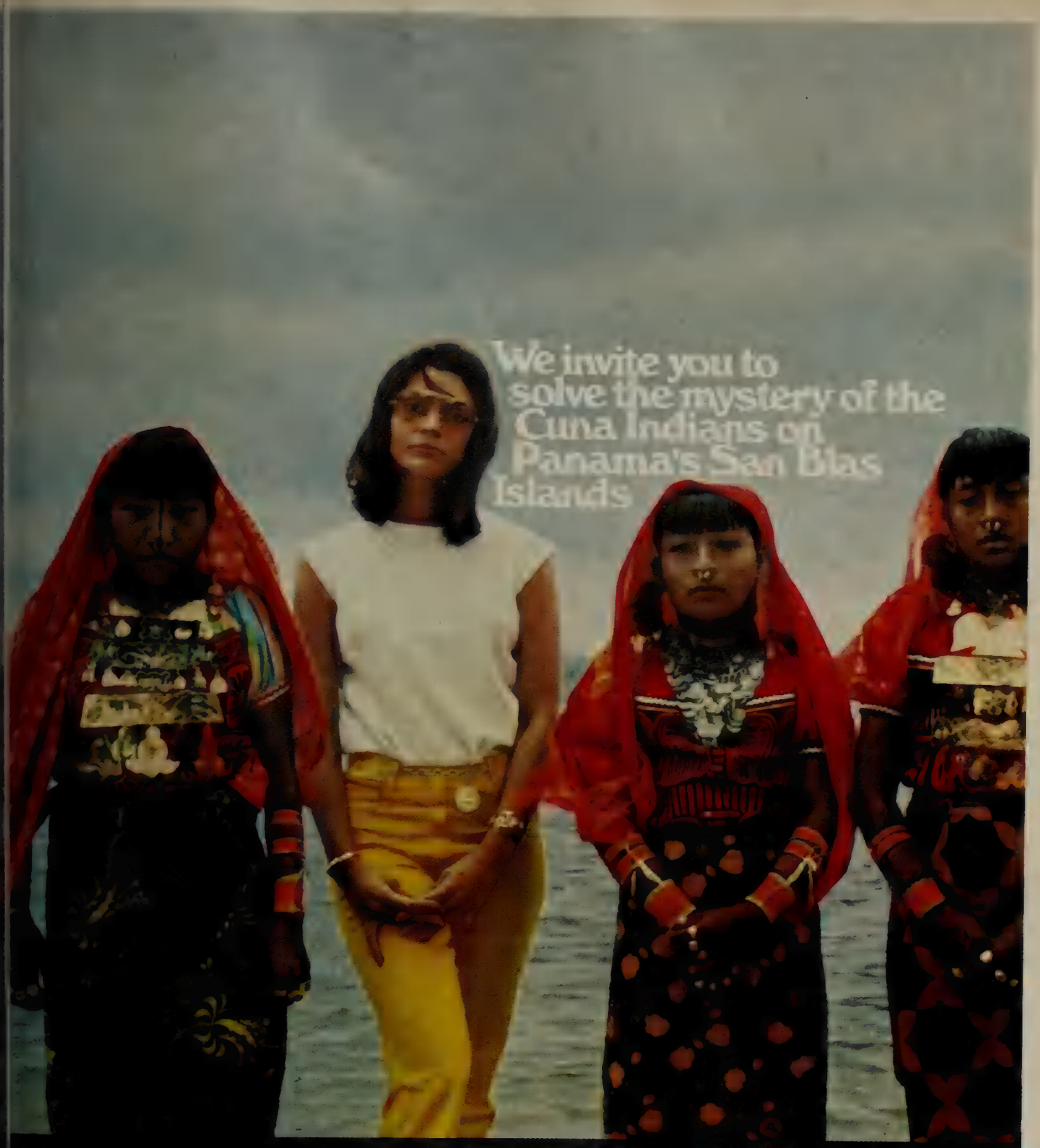
Largest lake in the area, Eiler is cupped in dense woods at the base of Freaner

ROBERT FISHER

It's fun *to go hopping across log jams typically found at lakes' outlet ends*

Contemplating *boater on a placid lake, camper prepares his dinner*

Dashed lines *are main trails from dirt access roads to the wilderness area*



These coral islands are just off the Atlantic coast of Panama. And the Cunas have lived there for almost five thousand years. But no one is certain of their origin. Some say they come from the Euphrates Valley. Others believe they came from Egypt. And their language currently contains eleven ancient Norse words. The Cunas are artisans and musicians, as you'll see. Friendly, too. And photographable.

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For the family on the move. This Family Wagon Royale* features a comfortable dinette. It's practical during meals and throughout the day when the table can be used as a drawing board or game table. At night, the seats convert into a double bed. Optional sleeping equipment for a family of five. Both interiors pictured feature drapes, kitchen facilities, bathroom, and enough storage space for a cross-country tour.

For comfortable, easy entertaining. Another Fa Wagon Royale* interior stresses spaciousness and f dom of movement. Long Gaucho Sofa converts in double bed. A coffee table fits securely into the fl but can easily be removed. There are many other can conversions and many options available on the Do Sportsman wagon. Your Dodge Dealer will be gla talk over your camper needs with you.

*Conversion by T

ROBERT FISHER

ing out *from camp to try another g spot, hikers stop to check the map*

. At the narrowing west end of the are comfortable campsites in stands lgepole pines near the water's edge. ıse it is easily accessible from the via Cyprus Camp Trail, and from ıst via the 3½-mile trail from Tam- Swale, Lake Eiler gets more day rs than any of the others.

packers who hike in can take the from Lake Eiler to Barrett and in lakes and then continue to the Thousand Lakes Valley to sample tt and Magee lakes.

ther trails enter the wilderness. The st of these originates in Bunchgrass , to the south, and climbs 1,000 feet 4 miles to Durbin Lake. From Dur- ikers can descend to Lake Eiler or up to Everett and Magee lakes to he Magee Trail.

-mile Magee Trail begins south- f the upper Thousand Lakes Valley Cow Creek Meadows, then climbs the shoulder of 8,550-foot Magee before descending into the valley.

e trails can be used for hiking and and are well posted. If you plan e horses or use pack animals, take feed for them, because grazing is ways dependable.

are no improved campgrounds in lley, but camping areas are desig- near most of the lakes. The Forest e recommends that lake water be for drinking and asks that hikers ut their refuse.

an drive in to the trailheads on ous unimproved roads from State ay 89. A good overall map of the nd access roads is the Hat Creek t map of Lassen National Forest, le free from the U.S. Forest Serv- 7 Nevada St., Susanville, Calif. A 15-minute Manzanita Lake ngle further details the wild area various trails; it's sold at any U.S. ical Survey office for 50 cents.

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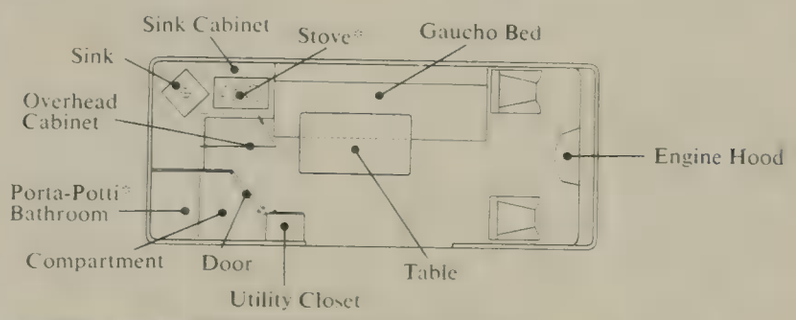

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JOHN V. YOUN

Swaying suspension bridge *of painted steel mesh and firmly anchored cables vaults the gorge of scenic Whitewater Canyon*

In New Mexico the Catwalk takes you above Whitewater Canyo

The Catwalk is a 2½-mile-long pedestrian pathway suspended above the swirling rapids and spray-splashed boulders of Whitewater Canyon as it cuts a narrow, almost tunnellike defile right up to the western edge of the 433,916-acre Gila Wilderness of Gila National Forest.

Anchored on precipitous perches along the canyon wall, the catwalk follows the route of an old mining flume constructed in 1893. Forest Service engineers built the present steel-framed pathway in 1961 to provide naturalists, fishermen, and wilderness-bound hikers an easy access through the canyon.

Signs along the pathway identify many varieties of wildflowers, shrubs, and trees, including stands of Fremont cottonwood and several large specimens of Arizona sycamore. Rainbow trout lurk in the deep green pools beneath the rapids.

You enter the catwalk 7 miles north of Glenwood, New Mexico, along the Whitewater Canyon Road (Forest Service Road 586) at Whitewater Campground (eleven campsites, picnic tables, drinking water). Overnight camping fee is $1 per vehicle; day use fee is 50 cents. Fees may be deposited in the box at Whitewater C ground. Overnight accommodation available in Glenwood and at other munities along U. S. Highway 180.

Pedestrian *studies a quiet sectio Whitewater Creek from winding cat*

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ıstle *of the Counts of Werdenberg towers ıer old village and its tree-lined pond*

A castle detour in Switzerland

ı old village of Werdenberg, framed by ;enery and mirrored in its pond, is little anged today from earlier centuries en the counts of Werdenberg-Sargans ed the Rhine valley of northeastern itzerland from Lake Constance south the Grisons.

day the twelfth century castle still ninates the tiny village at the north :e of Buchs (just west of the small ıntry of Liechtenstein). The timbered ıses that line the winding streets were tored a few years ago and the painted ades were renewed to preserve the ıosphere of the small Rhine valley ns of the seventeenth and eighteenth turies.

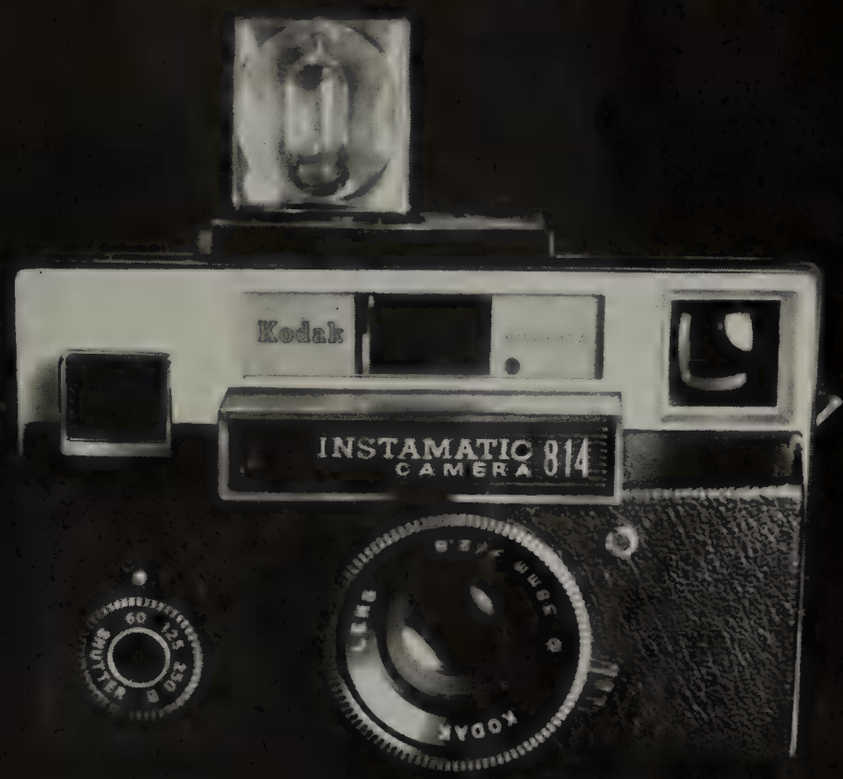
ım the town square a street winds up he castle which is now open to visitors ly from April through October. Hours 9 A.M. to 6 P.M. Entrance fee is about cents.

:r the centuries the castle has served only as living quarters, but occasion- as prison or hospital. It was most ntly restored in 1925, when it was occupied. Today you can see much he original baroque furniture, as well he large tile fireplaces that were used ıeat the castle.

tairway leads to the castle tower, nerly used to store corn and dried t. Climb to the top of the tower and can look out over Werdenberg to the ne and into the neighboring countries Liechtenstein and Austria.

m the village, a path around the pond s to a small park.

Most automatic automatic.



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This is it. The Kodak Instamatic 814 camera. The most automatic automatic. Just drop in the film cartridge. The "814" accepts any 126-size film, for snapshots or slides; adjusts itself to the speed of the film; computes the exposure; tells you when to use flash; adjusts automatically for flash exposure as you focus. It's so automatic, it even advances both film and flashcube for the next picture after you've clicked the shutter!

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Kodak

There's a water-level way to explore Yellowstone and Grand Teton parks

Boating on the mountain lakes of Yellowstone and Grand Teton can be a rewarding addition to a summer vacation in Wyoming's national parks.

If you don't have a boat, you can rent one in either park by the hour or day. Stow your camping and fishing gear in the boat, and you're ready to float off into the wilderness.

Even if you don't "boat in" to the hinterlands of the parks, the water is a practical avenue of escape from crowded campgrounds and resorts, with numerous advantages over land travel whether you enjoy fishing, water sports, picnicking, or relaxing.

How's the fishing? *Family busy pac*

FRANK JENSEN

Boaters *pitch wilderness camp and prepare dinner after boating in to Shoshone Lake*

IN YELLOWSTONE NATIONAL PARK

Lewis and Shoshone lakes. One of the pleasant wilderness water outings available in the West is the relat easy boat trip from Lewis Lake t head of Shoshone Lake.

Launch your canoe, rowboat, or k (power boats are permitted only on L Lake) on the gravel ramp at Lewis and head north along the west side lake to the mouth of the Lewis L Power boats may not continue b this point.

Enter the calm, deep channel and p upstream against the almost impe tible current for about 3 miles. Th mile or so to the outlet of Shoshone a series of swift riffles may force y wade and tow your boat.

By the end of a day of easy pad you're on Shoshone Lake, with its tected bays and inlets where you camp or take refuge from sudden s

Fishing in Shoshone Lake is good mackinaw and German brown tro usually big and plentiful. The mac deep, and about the only way to them is with twin flasher plates trai banana-shaped plug. A likely pla troll is the area where the lake na The browns lie in shallow water and

MARTIN LITTON

g tackle and a picnic lunch in their river dory pauses to ask incoming canoeists where the fish are biting

efer flies. The best times to fish are ing and evening.

wstone Lake is by far the most popu- ke in the park for boating, especially ower boats. Since the water is dan- sly cold, sailing is not recommended vater skiing is prohibited.

ching ramps, marinas, fuel docks, oat rental agencies can all be found ant Village and Bridge Bay. Row- can be rented for $1.05 an hour or a day. Boats with cartop carriers are ble at Grant Village and are ideal e on Lewis and Shoshone lakes.

roat trout, native to this area, can y be taken all season (which opens 28—except for Yellowstone Lake, opening date is June 15—and closes er 31). A good place to angle for s around Stevenson Island near the end of the lake. The island is an es- y attractive spot for a picnic.

g in to wild areas on the southern stern shores of Yellowstone Lake cult with paddled craft because of stances involved. But if you have amina, several inlets (Flat Moun- rm, South Arm, and South East limited to hand-propelled craft are or fishing and camping.

undertake an overnight boat-in

They're *picking huckleberries, which grow wild here on the banks of the Lewis River*

MARTIN LITTON

Heading toward *Stevenson Island on a placid Yellowstone Lake. The island is a good spot for fishing and picnicking*

anywhere in the park, you must have a fire permit and register with park rangers before and after your trip.

Although you don't need a fishing license in Yellowstone, you should be aware of current regulations. You can obtain the necessary fire permit and information free at any ranger station or visitor center in the park.

IN GRAND TETON NATIONAL PARK

Jackson Lake, the biggest lake in Grand Teton National Park, is open to any type of boat under 40 feet except air boats. The best place to launch power boats is the Colter Bay Marina with its ramps, fuel docks, and mooring facilities. The new marina at Signal Mountain Campground, at the south end of the lake, can also accommodate power boats. You can boat to several islands close to these marinas for picnics, and although the water is cold, swimming and water-skiing are popular.

Rowboats and motorboats can be rented at the Colter Bay Marina by the hour or day. The daily charge for rowboats is $8; for motorboats, $30.

One good way to get the feeling of the Teton wilderness is to boat in to one of the half dozen campgrounds scattered along the west and south shoreline of Jackson Lake. These pine-forested campgrounds are primitive, but they have fireplaces and are close to drinking water in the many streams that cascade down the mountain and spill into the lake. Hand-propelled boats can be launched at either Signal Mountain Campground or Lizard Point Campground on the north end of the lake.

Jackson, a cutthroat and mackinaw trout lake, is open to anglers every month except October. Cutthroat fishing is goo early and late in the summer, and angle can always drag the bottom for mac naw during the season. Many strear that empty into the lake harbor rainbo and brown trout all summer.

Jenny and Leigh lakes are close to Jacks Lake, and although restricted (Jen Lake can have motorboats of up to 7.5 l Leigh Lake is limited to hand-propell craft), they are fine places for camping a fishing. Jenny Lake is right on the Tet Park Road; a boat ramp is near the visit center. The best way to get to Leigh La is to drive to the String Lake Picnic Ar and launch your boat on String La Paddle about half a mile to the dike sep rating String from Leigh Lake, then ca your boat over the dike to Leigh Lake.

As at Yellowstone, all boaters plann trips into the back country must regis their boats and carry a fire permit. It anglers in Grand Teton National Pa must have a Wyoming fishing licen which, for nonresidents, is $4 for 5 da $12 for the season. Ranger stations a visitor centers in the park offer inforr tion and help with permits, and fish licenses can be purchased at tackle sh in the park.

RESERVATIONS, INFORMATION

The national parks are usually crow during the summer, so try to make reser tions in advance for rooms; campgrou space is on a first-come, first-served ba For information and reservations Yellowstone, write to Yellowstone P Company, Reservations Department, Y lowstone National Park, Wyo. 82190. Grand Teton, write to Grand Te Lodge Company, Jackson, Wyo. 8300

When boating on any mountain lake, k an eye on the weather. Sudden storms not uncommon, and many are viol enough to endanger small craft. Pa and power boats should stay within mile of the shore.

FRANK JENSEN

Angler *nets a mackinaw trout while companion steadies their kayak on Jackson Lake*

Fly to the Hotel SS Lurline July 1 or July 23 and cruise the islands of

HAWAII

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Buy Goodyear for mileage, they're on sa

This is squirm at high speed. We ran this conventional two-ply tire in our laboratories at exaggerated speeds (under rated conditions) so you can see how bad tread squirm can get. Notice how the tread surface of this two-ply tire is badly distorted.

The Polyglas tire fights squirm. Look how this Polyg stands up under the exact same speed and conditions two-ply tire. That's how much difference the fiberglass b the Polyglas tires can make in increasing mileage and p ing traction.

Polyglas tires You'll see why many 1970 cars.

glas tires fight squirm for long mileage. t's one of the reasons why the Goodyear tom Power Cushion Polyglas tire is stand- or optional equipment on many 1970 models.

n a tire rolls, the tread grooves tend to eze together as they meet the ground, and up as they leave. So the tread squirms — bing itself away against the pavement. conventional two-ply tire has no way to this squirming, but a Goodyear Polyglas as two tough fiberglass belts underneath ead to reinforce it. The belts act like hoops d the tire and hold the tread firm to help squirm and give you better tread mileage.

Less squirm means a better grip.

tread grooves stay open, the tread grips . Especially in the wet. So you'll feel the ence when you brake and corner.

a specific test on a wet macadam road, the m Power Cushion Polyglas tire was against our conventional two-ply Power ion tire, on two identical cars. Then we d both cars from 45 mph to 0 mph. The las tires *cut 32 ft. off* the stopping distance.

51 million test miles.

as tires have run 40 million test miles on our Texas Proving Grounds alone — and another 11 million on laboratory test wheels. Since 1967, when we started selling Polyglas tires, they've run billions of miles on automobiles all over America.

Like more facts?

A booklet about the testing of the Goodyear Custom Power Cushion Polyglas tire is available. Just write to Goodyear, Dept. 805U, Akron, Ohio 44316.

"Polyglas" U.S. Reg. #859,703

Polyglas is a registered Goodyear trademark. Only Goodyear makes Polyglas tires.

GOODYEAR

Polyglas, Custom Power Cushion, Power Cushion — T.M.'s The Goodyear Tire & Rubber Company, Akron, Ohio

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For reservations call any Holiday Inn, Holiday Inn Reservation Office, your Travel Agent, or write Holiday Inn—Waikiki Beach, 2570 Kalakaua Avenue, Honolulu, Hawaii 96815

Unusual view *of east side of Mount Bak is from northwest corner of Baker La*

To Mount Baker by the back door

Western Washington motorists acc tomed to seeing Mount Baker only fr the west and north (from Interstate Hi way 5 or State 542) will find a fresh a interesting southern approach to the p along Baker Lake. This route provides timate views of Mount Baker, less th 10 miles away, from south and east.

To get to the Baker Lake approach, t State 20 east from Burlington for 24 m to the Grandy Creek Road, about 3 m east of Hamilton. Continue north Grandy Creek Road for 12 miles, unti becomes Forest Service Road 394 at entrance to Mount Baker National For

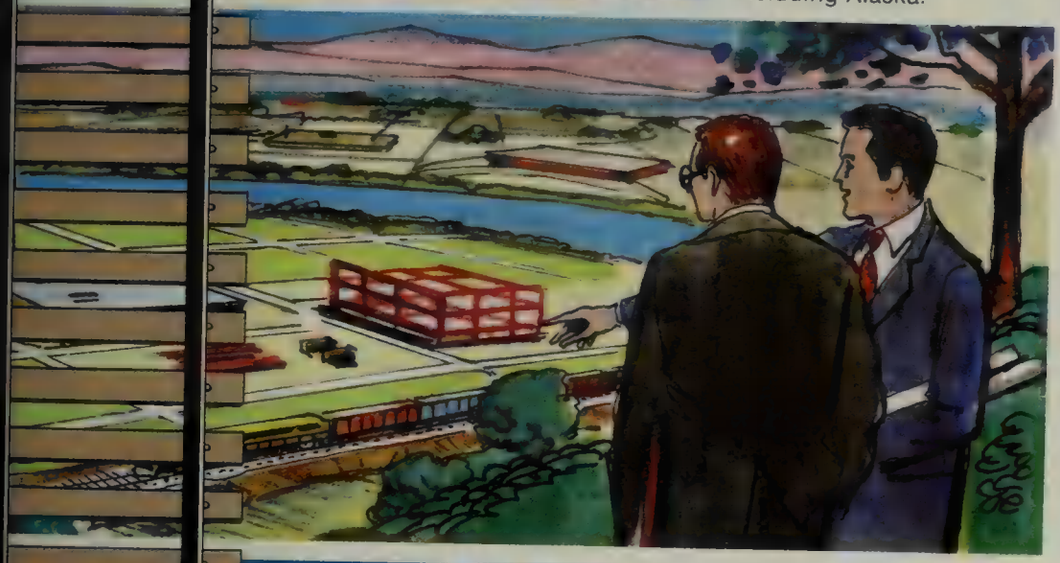
From this road you can take any of eral short access roads east to the for camping, fishing, boating, and sw ming, or west to a series of stunning vi of Baker and Mount Shuksan. Or sim continue to the end of the 13-mile r to a salmon hatchery, enjoying the of Mount Baker en route. In the vici are a hot mineral springs, Rainbow F upper Baker Dam, and Baker Lake sort, where there is a cafe, campgro launching ramp, and boat gas statio

The 25-mile road from State 20 to north end of Baker Lake is in good co tion, despite stretches of gravel and and is suitable for cars and trailers. cess roads to campgrounds, outlooks, boat launching ramps are well marke

For a map of the area and the guid its recreational facilities to be rele this month, write to Mount Baker tional Forest, Federal Office Bldg., lingham 98225. Or stop at the dis ranger station 7 miles east of Ham or at Koma Kulshan guard statio inside the forest boundary.

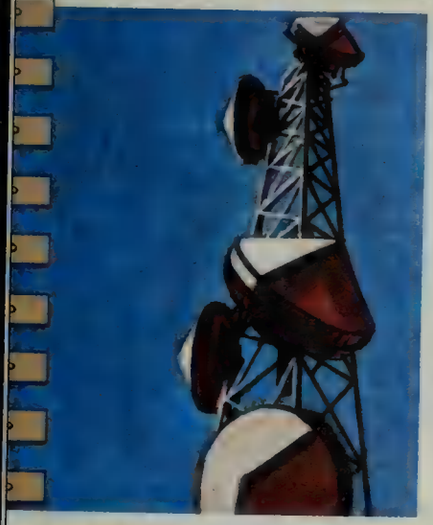
There's no end of the line at Union Pacific

TO OR FROM THE FAR EAST
Union Pacific serves more major West Coast ports than any other railroad. Offices in Tokyo, Taipei, Canada and USA, including Alaska.



INDUSTRIAL DEVELOPMENT
Write for confidential information about prime sites in Mid-Western, Mountain, and Pacific Coast states, to Edd H. Bailey, President, Union Pacific, Omaha, Nebr. 68102.

There's no end of the line at Union Pacific



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Expertly-trained, efficiency-minded people working with space-age machinery to serve you best ...uncovering new ways to serve you better.

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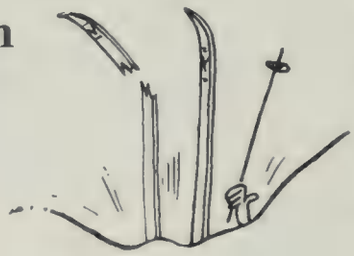
To swim in

ski in



see in

or be in Japan—

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a Tokyu Chain Hotel
to make it more fun.

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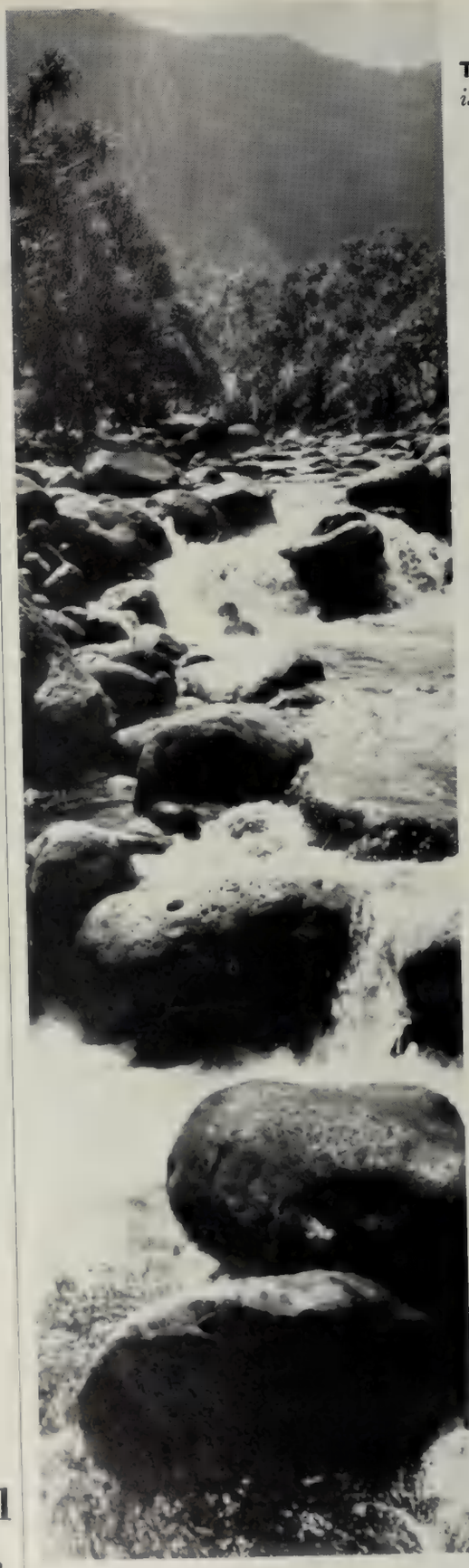
Tokyo, Japan



Tumbling *Hanakapiai stream is refreshing place to cool off*

Wilderness hike on Kauai

The two-mile trail into Kauai's Han a-piai Valley is one of the most rewar hikes in Hawaii, and it's a relatively one. You walk the first section of famed Kalalau Trail, beginning at end of the coast highway (Route 5 Ke'e Beach. Just off the road, at the of a bluff, you will see the trail sig

Like most of the Hawaiian Islands, K has deep gorges cut into its coastline. Na Pali Coast—which the Kalalau traverses—offers a spectacular com tion of steep ridges, jungled valleys white sand beaches. It is a region favored by campers and hikers an been proposed as a national park.

Hanakapiai, the first valley you is an easy one-day round trip. By ning early in the morning, you'll several hours for a swim either a shore or in the fresh-water stream for further exploring on the new loop trail up the valley.

Back in the narrow valley you wil many swimming holes, a shelter, an ruins of a coffee mill. Coffee trees wild in the vicinity, as well as jackfruit, and mountain apple tree

Hikers, and especially overnight ers, should carry protection agains and mosquitoes. New visitors to may find the humidity enervating and should pace themselves slow the uphill sections of the trail.

Cave *at west end of beach is about 20 yards deep. Dry eno summer to be used as camping shelter, it's usually flooded in*

World's largest performing killer whale.

giant among giants. Kianu is pounds tall. And you haven't een San Francisco until you've ed her gigantic splash at Califor- ost exciting, most stupendous ganza — Marineworld on San co Bay.

l see the most dazzling water thrill show in America. Dare- at drivers perform hairbreadth f daring and quatic clowns u in stitches. lous ski ballet eight of preci- ee the death- human kite d, Judy, the nly water ski- hant.

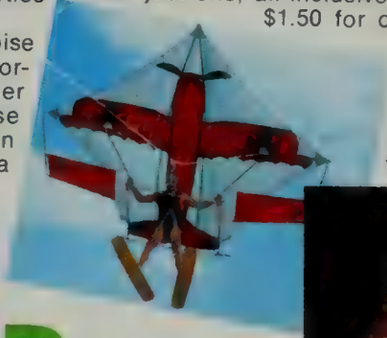
e giant twin um you'll find twilight world of sharks, sting rays, moray eels, giant sea turtles and exotic fish.

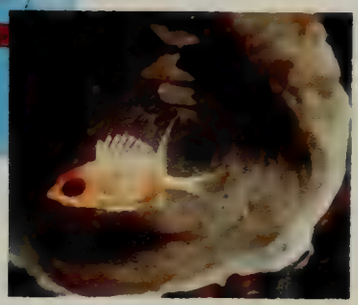
The all new porpoise show features "the Porpoise Olympics." Killer whale and porpoise compete for laurels in the 2,000 seat Oceana Theater.

There's a boat cruise, baby whale training tank, trained macaw and parrot show, dolphins petting pool, and many other exciting attractions.

One price includes everything! Enjoy this full day of family fun for just one, all-inclusive price — $3.50. And only $1.50 for children under 12 (5 and under admitted free).

Take the Marineworld Parkway exit just minutes south of San Francisco Airport on U. S. 101.





AMAZING!

MARINEWORLD

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1970

The sky is our home. The earth our winding path.

At this very moment you could be enjoying a tiny cup of warmed sake somewhere over the Orient. Europe. The Middle East. Even Russia. You see, we take the gracious hospitality of Japan with us wherever we fly. It's something you can count on in this rapidly changing world.

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IS ALL YOU EXPECT JAPAN TO BE

The next time you plan an international [illegible] agent about JAL. We fly to 24 countries. 35 cities.

GLENN CHRISTIANSEN

with main furled, reaching down
ıblo Bay under jib and mizzen sail

y . . . with a boat
vaiting for you

ı vacations often center around
ɔriented activities. Boating and
opportunities are virtually un-
and surfing, water-skiing, and
ving are becoming as common as
ng.

'estern Airlines and International
Services have developed a joint
cruise program for boating and
enthusiasts. Instead of trailing a
hundreds of miles to explore new
or chartering a fishing boat after
you can now fly to any of the
ɔr boating areas on the Pacific
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rved include Ketchikan, Vancou-
ıttle, Portland, Sacramento - San
delta, San Francisco, Los An-
n Diego. Mazatlan, La Paz, Aca-
ıd the Hawaiian Islands.

ional Marine has a fleet of more
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to 125 feet, available for charter.
rienced skipper can pilot his own
ɔr the less experienced, arrange-
n be made for a skipper.

of four can rent a 26-foot sloop
a week. A 32-foot Luhrs diesel
leeping six, is available for $100
ın per week. These prices do not
ir fare.

ıer information, telephone West-
ıes or write to International Ma-
vices, Ltd., 3030 Bridgeway,
. Calif. 94965.

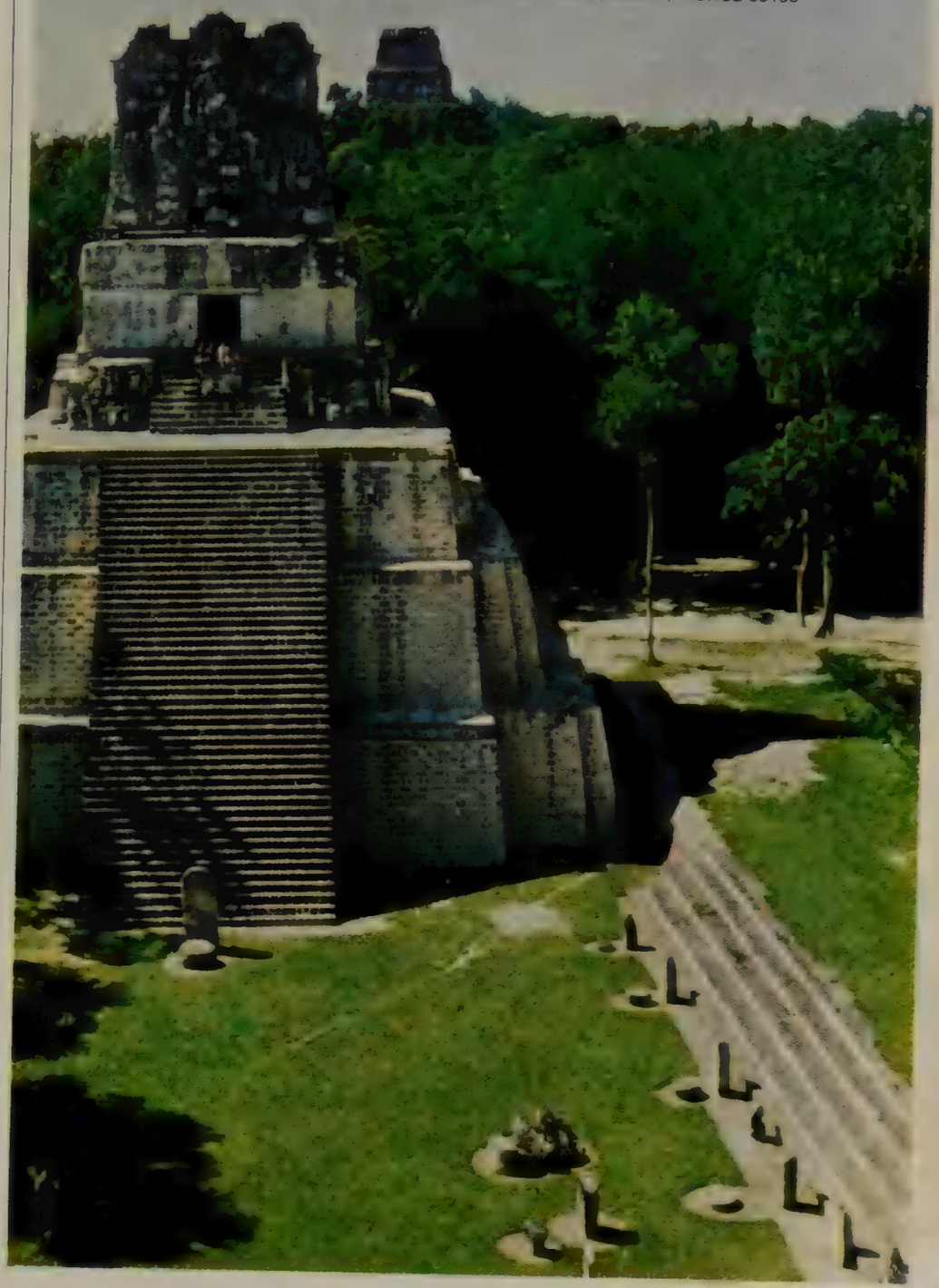
The Maya lost this city in the jungle.
You can find it in Guatemala.
They call it Tikal.

When you climb to the top of this 23-story high Maya building, what will you see? You'll see the greatest city of the Maya at your feet. Tikal. Six square miles taken back from ten centuries of jungle growth. And they're still digging. (Care to help?) If you go up at night, you'll see the stars as Maya astronomers saw and plotted them quite some time ago. Tikal is beautifully mysterious because no one knows what happened to the Maya. At the peak of their civilization, they simply disappeared.

You fly to Tikal from Guatemala City in an hour. And you can stay overnight in the Jungle Inn. The nighttime is particularly good for hobnobbing with the past.

There's a present too in Guatemala. Nightclubs, discotheques, great restaurants, great hotels. Interesting shopping. Fly down to Guatemala. You'll love it. See your travel agent, or write:

GUATEMALA TOURIST INFORMATION OFFICE
560 Pacific Avenue, San Francisco, California 94133
257 South East 1st Street, Miami, Florida 33135



RONALD G. WATT

DARROW M. WATT

On benches *fashioned from pine logs, passengers ride open-air cars behind a steam-powered Shay*

The steam train a Yosemite Mounta

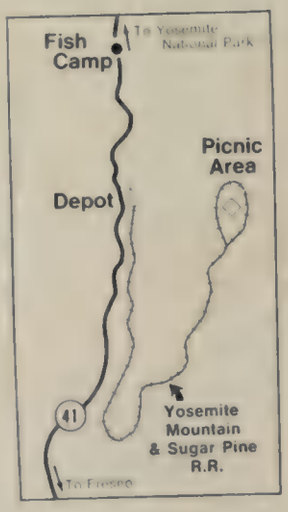
The nostalgic hiss of live steam will s through the pine woods south of Camp this summer as the Yose Mountain - Sugar Pine Railroad ope a daily schedule of excursions from 30 through September 15.

From 10 A.M. until 5 P.M., "The Lo leaves every hour on the hour from semite Mountain Station, which miles south of Yosemite Valley o Wawona Road. The 4-mile roun ride lasts about 45 minutes, but p gers are allowed a stopover at Sla Loop, a picnic and hiking area a end of the line. You can buy lunches at the station cookhouse.

Fares are $2.50 for adults, $1.2 youngsters 5 through 15, and fre children under 5 when with an adu

The narrow-gauge track is built abandoned grade of the old Madera Pine Company railroad. The stea comotive, a three-truck Shay, and rolling stock were hauling logs on t West Side Railroad less than 10 yea

Young fans *examine complex geared drive designed to pull up to 38 cars of logs*



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That's a comment made by one off-road magazine editor. And what he's talking about is the new SCOUT® 800A . . . the vehicle that's drawing enthusiastic response from off-road editors everywhere.

Here's why:

More Under The Hood. A SCOUT's new 304 cu. in. V-8 churns out 193 horsepower . . . and brings the hilliest horizons closer than ever before. And in independent tests, the SCOUT 800A beat the wheels off of every competitor in mileage runs – in spite of all that new muscle.

More Behind The Engine. There's a shiftable 3-speed automatic. So you can use it like a manual . . . or notch it into "Drive" and get the advantages automatically. Greater torque multiplication, smoother take-offs, better towability and gas mileage make this transmission the one that's getting more popular every day.

For an all-wheel drive, there's a single-lever transfer case. So you get out and going faster than ever. Easier, too.

More Underneath. Front axle rating for the big V-8 is a burly 2500 lbs. And that's attached to a frame bred from INTERNATIONAL's big trucks. There's an improved rear suspension that lets you plow through the rough without getting roughed.

There's more. As another editor said, ". . . has to be reported as even better than the best SCOUT ever built." If you won't take their word for it, see for yourself. Your INTERNATIONAL® dealer has a test drive waiting.

The Scout®

"If you haven't driven it since its early four-banger days... you won't believe it's the same rig!"

INTERNATIONAL HARVESTER COMPA
CHICAGO, ILLINOIS 60611

GERALD FREDRICK

ed porticos *add to Sutter Street's n. People-watching is part of the fun*

ack to the 1860s in Folsom

Street, in the old section of Folsom, rnia, is distinctively (if somewhat ively) Old West. Many of the ngs lining both sides of the street out three blocks date back to the The grassy, gas-lighted center as added in the mid-1960s.

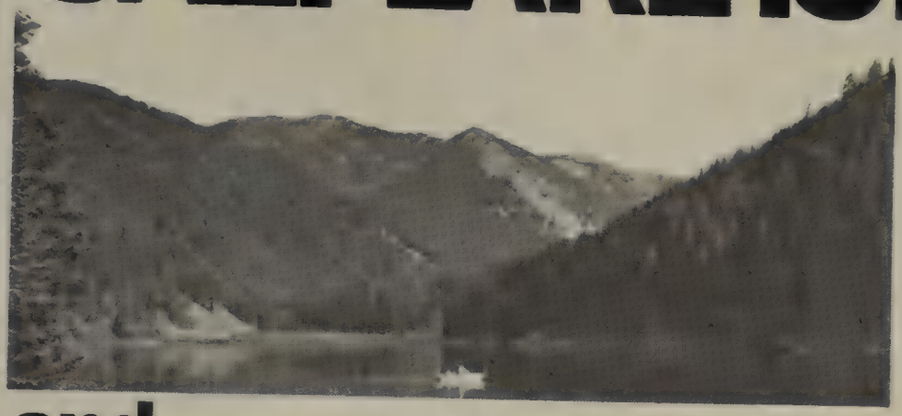
street meant for strolling, studying nth century memorabilia in an- hops and seeing twentieth century s in boutiques. Children easily find t's Soda Parlour and the candy- apothecary jars at Peppermint where long-skirted shopkeepers pa- wait for the momentous decision.

urist guides are available at the er of Commerce office in the old n Pacific Depot.

is 15 miles northeast of Sacra- off U. S. Highway 50.

er Theater *presents weekend mas; write for reservations*

AUTUMN IN SALT LAKE IS:



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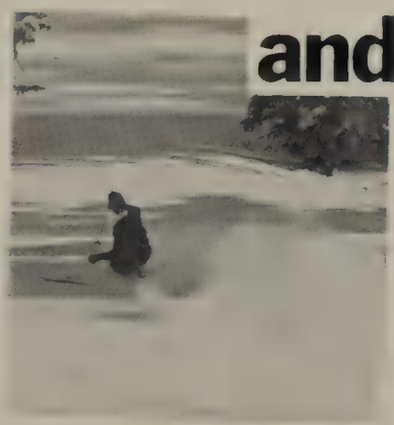

and

Salt Lake has it all in the fall. Warm days, cool nights, beautiful alpine scenery, exceptional hunting and fishing, unequaled sightseeing, super nightlife, gourmet restaurants and plenty of room for you.

Escape the summer crowds. Visit us in the fall. If you come early you can catch Speed Week at Bonneville in late August. If you come late—our skiing usually starts in mid November. In between there's plenty to see and plenty to do.

Like to know more? Send us the enclosed coupon and we'll send you a free fall travel kit.

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For reservations call your travel agent or Hilton Reservation Service.

Kahala Hilton

(in Honolulu)

Idaho's mile-long tube of lava

One of the world's longest lava caves i miles northwest of Shoshone, Idaho, U.S. Highway 93. Mammoth Cave, vately owned but open to visitors si 1967, is a mile-long tube of lava, 40 f high and 60 feet wide.

Artificial lighting and self-guiding si lead you down the first half mile of cave. The remainder lies undeveloped in darkness, but is safe to explore w lanterns provided at the cave entra

Mineral formations and secondary l flows are visible, and the ceiling bears scars of explosions caused by escap gas eons ago during the cave's birth.

The cave was formed when molten l flowed from the earth's interior du the Miocene Age, about 17 million y ago. The outer layer of the flow harde as it met the cool air, but the molten terior continued its course, leaving bel a shell of lava. Exposure over time tou ened the wall of the cave and later logic activity gradually buried it.

Archeological excavation and carbo dating methods have placed primi man in the cave—which was used shelter, storage, and a burial ground early as 10,000 years ago. Human fo primitive tools, arrowheads, and clay have been unearthed. Also, the bon seven grizzly bears—of a particular cies now extinct—have been found t

The cave's current inhabitants are bats, each about the size of a walnut weighing less than an ounce.

A free museum above ground dis cave artifacts, items from the surro ing desert (such as stuffed bats, s skins and eggs, pelts, horns, and a skeletons), and a collection from pi life, including an antique barber ch

Near the museum are 65 authentic w en-wheeled wagons, several collectio bleached animal bones, gem stones thunder eggs. A replica of a pionee cabin has been built and a museu Western birds is planned.

Mammoth cave and museum are May 15 to September 1. Although need no special clothes to explor cave, dress warmly; the average su temperature inside is 38°. Hard shoes are also advised.

Admission to the cave is $1 for a 50 cents for children 12 years ol under. Hours are 8 A.M. to 7 P.M. For a brochure about the cave an seum, write to Richard Olsen, 301 S Ave. E., Jerome, Idaho 83338.

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leman makes the difference.

the new Coleman Oasis. Take it anywhere.
where the weather might get a little mean.

Oasis literally *surrounds* your family with dry.
uble-coated vinyl floor doesn't stop going
it's ten inches up the sides, wrapping the
in a watertight shell. Window canopies let
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get the light . . . but not the showers.

coping poles adjust to take up tent slack, and
into place. The uprights are spring-loaded
e a little . . . and take a lot.

er high point is the head room. Ridge heights
Oasis models run up to 8½ feet. And there
be much stooping around the edges, either.

Big double doors let the family in . . . two big picture side windows let the breezes in . . . and fine-mesh nylon screen makes sure nothing else gets in.

Coleman has 16 different tent models to take care of two people all the way up to ten. Comfortably. Take your family to see your Coleman dealer . . . and try one on for size.

get closer to your country with . . .

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greatest name in the great outdoors

Discover Canada's incredible Island in the Pacific

Imagine digging for clams on vast uncrowded beaches. Boating a king-size Tyee salmon. Savoring a scenic feast of towering mountains, evergreen forests and shimmering seas. Then, exploring Victoria, one of the most fascinating cities anywhere. These are just some of the pleasures of Vancouver Island — a vast green place that's just a short cruise from the British Columbia mainland. But a world apart in relaxing good times.

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Please rush me colorful brochures on Vancouver Island, Victoria and the Gulf Islands.

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Address _____

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DARROW M. WA

Compartmented *men's carry-on has su case handle; lady's, purse-style hand*

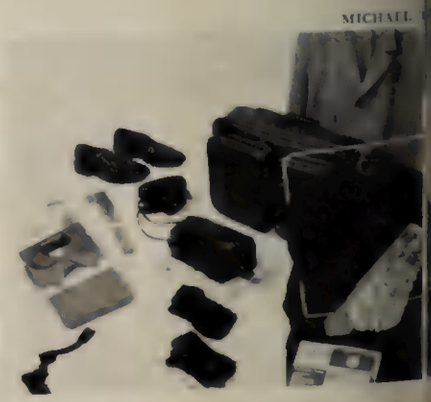
Carry-on bags are time-savers

The carry-on bag, first adopted by tra ing businessmen for overnight stays now proving useful to vacation trave for trips of up to a week or more. greater variety of styles now avail has also increased their appeal to wo —as well as the men initially attrac by the bag with outside pockets.

Airlines require that such a bag—or bulky object carried on board—fit u the seat in front of you and have a le plus width plus height not exceedin inches. A typical carry-on is 22 by 9 b inches. The new 747 jets have encl overhead storage but carry-ons stil under the seat.

Most stores selling luggage, includin partment stores and shops specializi travel equipment, carry such bags; p start at about $20. In addition to soft, zippered type, there are semisoft hard-shelled types looking like re suitcases, designed primarily for me

MICHAEL



All men's clothing *and equipment s here was fitted into small carry-o*

SU

MEXICO

mysterious stone heads of LaVenta. How they get there? The Olmecs moved these gigan-eads through swamp and jungle without benefit of wheel. How they did it, or where the heads came is just one of the mysteries of this oldest known re in Mexico. There are others. Come explore the s and mysteries. Mexico is an endless discovery.

MEXICO 70

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Mexican National Tourist Council/Mexican Tourism Department

1970

Introd

Diamond Head Lounge. First Class passengers: wind your way up here, then unwind — Hawaii style.

Kabuki Room. Oriental, delicate, tasteful. Coach as only Continental can do it. Beautifully.

Kamehameha Room. Comfort is the keynote, First Class is the service, like no other First Class. It's fit for King Kamehameha himself and makes everybody feel very royal.

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June 26 between Lo
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Comfortable. Roomy seats in spacio
Unique. Each room in the spirit o
of the excitin
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icing:

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Micronesia Room. Economy with the flavor of the delightful Micronesian Islands. At the rear is our comfortable lounge. Only Continental offers Coach and Economy passengers a lounge of their own.

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etting things done for you.

the Pacific

CONTINENTAL 747

The Proud Bird of the Pacific

The Cariboo country takes you into British Columbia's past

Auto travelers *stop for view of a picturesque turn-of-the-century log ranch build*

Swing your partner! *Guests at a ranch on Green Lake follow directions of caller on stage. Floorboards slope away from center on four sides to give extra spring for dancing*

PETE REI

These rustic facilities *can be found in* *of the guest ranches in Cariboo co*

About 250 miles north of Vancouver in south-central British Columbia, Cariboo country has a history as varied as the different types of terrain it encompasses.

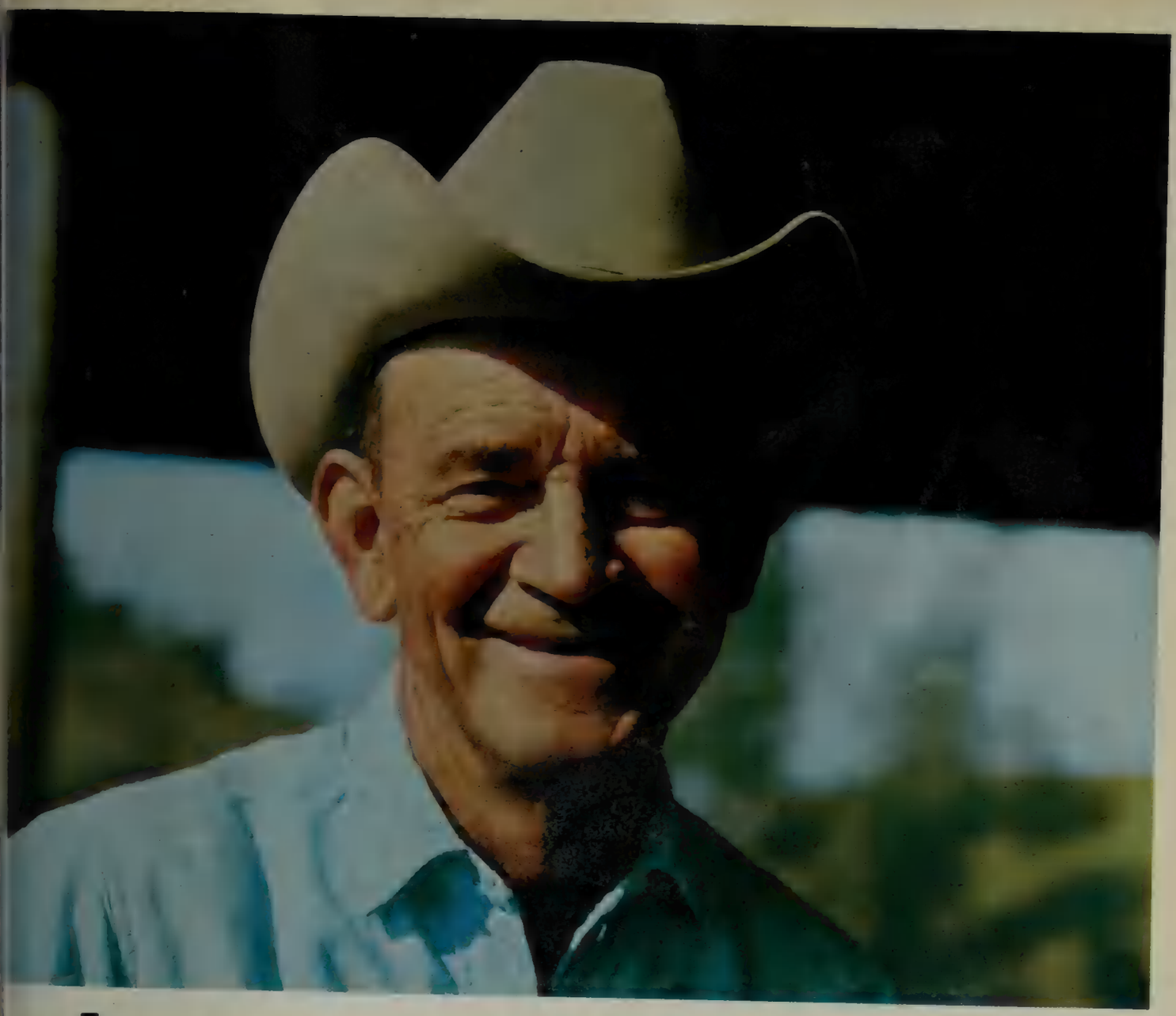
North of Williams Lake to Quesnel, the remote countryside is riddled with the diggings of pioneer prospectors who scoured the wilderness for gold; the area south of Clinton was the province of trappers from the Hudson's Bay Company. The country between Clinton and Williams Lake was important in the past as a corridor to the gold fields; today it is one of Canada's primary cattle centers.

To see this section of the Cariboo, take the alternate route between Clinton and Williams Lake—a washboard dirt and gravel road that winds through Dog Creek and Alkali Lake. The road branches off Provincial Highway 97 about 15 miles north of Clinton and is impassable when wet. From there, you'll be on your own, so be sure you have plenty of gas, a picnic lunch, and water.

Along the road you will see the skeletons of dilapidated old ranch buildings and the hopeful gardens of a few new farms; but for the most part there are only forests (pine, fir and aspen), lakes, and an occasional stream blocked by beaver dams.

Today this area smacks of the old West—complete with big hats and the Williams Lake Stampede (second in Canada only to the Calgary Stampede). You can stay at guest ranches offering barbecues, horseback riding, and square dances.

Early summer is a good time to visit this area. Nights may still be frosty but the days should generally be warm and rain is unlikely.



welcome to wild horse country

Smith's the name. I'm head wrangler up at Wild Horse Mesa, 15,000 acres of unspoiled hills and meadows near the Trinity Wilderness in Northern California. C'mon up and be my overnight guest; no charge, you're just welcome!

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Wild Horse Mesa

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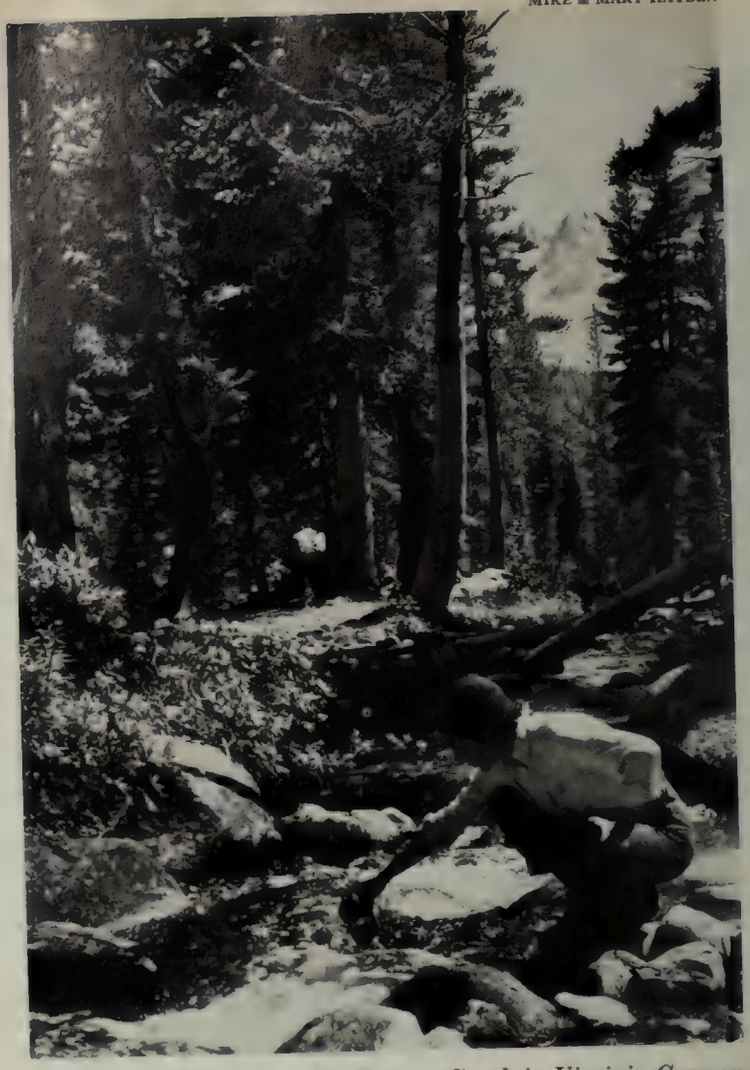
MIKE ■ MARY HAYDEN



She is filling *her canteen in Return Creek in Virginia Canyon*

Hiking in to the McCabe lakes

A translucent blue sky peculiar to the high Sierra is about the only cover for much of the 15 miles of trail that stretches through Hoover Wilderness to McCabe Lakes in Yosemite National Park.

Occasionally you will wander into a forest of pine and fir where the sunlight filters down through the swaying canopy of needles; but for the most part you will be hiking and camping at the mercy of capricious nature.

Although the weather (as in most of the high country) is unpredictable, high passes should be open by mid-June. Be sure to check weather reports and trail conditions with the Bridgeport Ranger Station (Bridgeport, Calif. 93517; telephone 714—932-8041) before packing in.

HIKING TO HOOVER LAKES

Trailhead is at the 17-unit Green Creek Campground in Toiyabe National Forest. To get there, take U.S. Highway 395 about 5 miles south of Bridgeport and turn off on the road to Green Creek, which passes Dynamo Pond Historical Site. The campground and Green Lakes Resort and Pack Station are at the end of the 8-
unpaved, washboard road. Camping
is $1 per car.

From trailhead, the path rolls over
eral low moraines, then passes thr
patches of conifers, brushy areas,
groves of aspen to Green Lake. The
is fringed with timber and overhun
several dark rock peaks cresting a
most 11,000 feet. Rainbow trout in
the lake and its distributary, Green C
(West Fork), which courses back
the trail toward the campground.

From Green Lake the trail snakes
steep, densely forested slope to the
banks of East Lake, dotted with thi
of brush and great boulders.

Spectacularly bleak, East Lake is dif
to fish, so hike up the trail past its
end to the tarn called Nutter Lake, l
with pan-sized rainbow and eastern
trout. Salmon eggs should work wel

Switchbacking up a thinly forestec
raine, the trail finally emerges in
rocky hollow cupping the Hoover I
At the upper end of the valley (

Beautiful holidays bloom in British Columbia
Photo from Beautiful British Columbia magazine.
The fabulous floral beauty of Victoria is only the beginning of British Columbia's holiday appeal. Canada's Pacific province offers the grandeur of great mountain ranges and deepest coastal fjords. The charm of peaceful orchard valleys and rolling cattle country. The fascination of historic sites like Barkerville and Fort Steele. And the excitement of Vancouver, a cosmopolitan city in one of the world's most spectacular settings. The active fun can include golf on some of the most scenic courses anywhere. Camping in regions where nature is still supreme. The sort of fishing that most people only dream about. And the province-wide Festival of Sports, May 18 - June 1. Plan to visit British Columbia with your family soon. And watch a beautiful holiday bloom.
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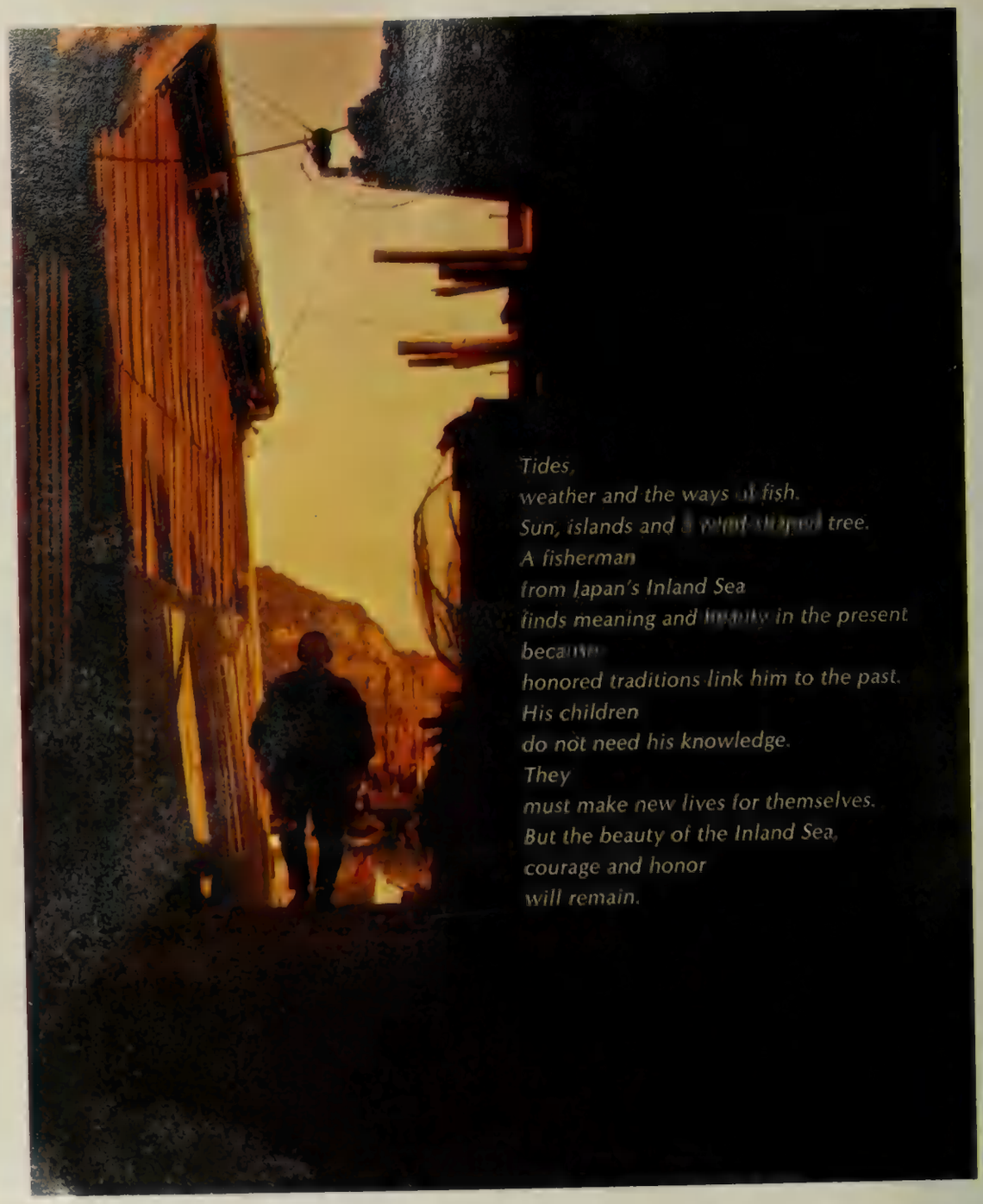

The natural harmony of land and water in the Inland Sea has for centuries moulded the taste and character of the Japanese people, although Kyoto and Nara remain the sources of the great creative arts of Japan.

After exciting trips to Kyoto and the Inland Sea, you will recognize the blend of both traditions at The Plaza.

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Twenty-three elegant stories high. 600 superb guest rooms and suites. Gourmet dining at six of Osaka's finest new restaurants. Cocktails in quiet but convivial bars. A Grand Ballroom accommodating 1,500 banquet guests and 2,500 for cocktail parties will be the finest available. A mere 15 minutes from Osaka International Airport and 25 minutes from EXPO'70. Ko Suzuki, President and General Manager Address: 2 Minami, Oyodo, Oyodo-ku, Osaka, Japan Cable: PLAZAHOTEL OSAKA

ek and numerous little feeder streams ıder among wild onions, currants, lu-ɜ, and clumps of orange paintbrush. ıll eastern brook trout can be caught he lakes.

ımit Lake is on the very crest of the ra's eastern divide. A short, steep b up treeless slopes from the Hoover es takes you to the lake; a few more s and you're over the pass and in ɜmite National Park.

ɜINIA CANYON

r a mile of zigzagging, steeply de-ding trail, you're in Virginia Canyon, ling through stands of timber, open dows, and boggy and brushy areas g the banks of Return Creek. Partly use of the distance (it's about 7 miles trailhead to Summit Pass) not many le visit this area, and you can wander g the track in solitude and smell wild-ers or watch the deer.

rn Creek, a large stream with sev-splendid cataracts and teeming with ɔows, has many attractive campsites ; its banks. There are also good camp-spots away from the creek in the ed areas along feeder streams.

ABE LAKES

rail from Virginia Canyon to Lower abe Lake is not signed and may be to find; however, a trail sign higher ıe path at the junction of the trail Glen Aulin and Cold Canyon will that you are on the right track. rail angles up through forest to the the last mile is dim in places, but onal rock markers should keep you straying.

and hikes are the only way to reach le and Upper McCabe lakes, since ail ends at Lower McCabe. Only a eparates Lower and Upper McCabe, ɔu must climb a brushy talus slope ddle McCabe and then go cross-y to the upper lake, making for a ous climb.

ıree lakes are good for rainbows; e McCabe was most productive a *Sunset* reporter was there. The ws ran to 12 inches, biting on ¼-spoons, small banana-shaped plugs, rasshoppers. The other lakes pro-small trout biting on worms, ı eggs, and dry flies.

verage backpacker should plan to the 15-mile hike from trailhead to McCabe in two days. There is of firewood in most areas, and ater. You must carry out your cans her noncombustible refuse. The Service and National Park Serv-uire campers to have fire permits.

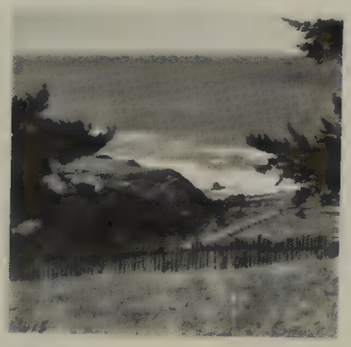
ood maps of this general area are cent USGS 15-minute quadrangles tterhorn Peak (trailhead through a Canyon) and Tuolumne Mead-IcCabe Lakes area).

A homely advertisement for some of the most beautiful coastal property in the world.

The place is Irish Beach. It's just 3 hours north of San Francisco. And it's as beautiful a landscape as you'll ever see.

Why don't we show it in full and glorious color?

Because lots up here sell for as little as $6900. At prices like that, we can't afford fancy photography.



Words are cheaper:

Irish Beach is one of the few remaining pieces of property on the coast available for private sale. It's secluded. The hills are forested, the waves pound on the rocks. There's a private beach, a horse pasture and corral, a lake stocked with trout. And all utilities are underground.

You ought to come up and see the place. In keeping with our frugal policy, there will be no barbecue or wiener roast or other inducement. But there will be good country courtesy. If you come by Highway 101, turn left at Cloverdale, go through Boonville on scenic Highway 128 to the coast, then drive six miles south of Elk. Or drive through the Russian River area to Highway 1, then north toward Elk.

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Santa Fe ... the Southwest's mos

RICHARD DAWSON

Surrounded by pots, *Indian woman takes her place in front of venerable (1610) Palace of Governors*

R. WENKAM

San Miguel Chapel *of thick-walled adobe is much changed but still in use and oldest church in U.S.*

View *from Plaza (end of Santa Fe Trail) to pueblo-style La Fonda Hotel. In distance is unfinished Cathedral of St. Francis, an architectural outcast*

istoric city

GLENN CHRISTIANSEN

Jaunty *feather and broad-brimmed Navajo hat complement stylish Santa Fe lady*

Buffalo *overlooks entrance to Sena Plaza shopping*

Salome *peers down to dungeon of John the Baptist in last season's production of Strauss opera*

Had the railroad not passed it by, Santa Fe would have grown into one of the West's large cities.

The Spanish envisioned greatness at its founding in 1610 and gave it the imposing name of *La Villa Real de Santa Fe de San Francisco de Assisi* (The Royal City of the Holy Faith of Saint Francis of Assisi). It reigned as royal capital for the vast Spanish province that included much of today's Southwest. Later as terminus of the Santa Fe trail from Independence, Missouri, it was the unchallenged center of trade for the region.

But then in 1880 the railroad that bears its name found the piny foothills of the Sangre de Cristo around Santa Fe enough of an obstacle that the iron horse came only as close as Lamy (18 miles), and the old Spanish capital slumbered beneath the blue New Mexico sky into the twentieth century.

Larger, newer Southwestern cities have tried to exploit the past by inventing such tourist-attracting hokum as Wild West Days, wax museum padres, and "whiskerino contests." In Santa Fe there is no need to invent. It is quite simply the most historic southwestern city.

Santa Fe's credentials are impressive. Its

claims on "oldest in the U.S." include a church, a house, and the capitol. Constructed of adobe, they are still in use. Their durability inspired imitation which has developed into a Santa Fe style. Derived from Indian pueblo, Spanish, and territorial origins, it gives the city a look of its own and helps create for residents a distinctive way of life.

Most of the city's buildings stand one or two stories tall. Their sloping walls, uncorrected by plumb bob or carpenter's level, are inset with crooked, "peep hole" windows. So entrenched is the style that when Sears, Penney, and Woolworth built here (necessarily of concrete, not adobe), they adopted the squat, sunbaked style and painted the stuccoed walls the cinnamon shade of mud brick.

Unlike most other American cities, Santa Fe has no predictable gridiron pattern of right-angled streets. Roads enter the city, converge on the Plaza, follow the river, skirt the high places.

At its founding, a decade before the Pilgrims arrived at Plymouth Rock, the city's only link to imperial Spain was *El Camino Real* (The Royal Highway), a dusty trail leading 600 miles to Chihuahua, Mexico, and on to Mexico City.

In 1680 the Pueblo Indians scored a rare victory in their war against the intruders when they attacked Santa Fe, diverted its water, and drove the Spanish survivors back down the Rio Grande Valley. It was 12 years before soldiers under Don Diego de Vargas ventured back to occupy the royal city. The reconquest is celebrated in a citywide Fiesta during Labor Day weekend.

Shops and studios. No matter how short their stay, most visitors will find time to shop. The best finds are likely to be locally produced paintings and art crafts, Indian work (the Packard and Arrowsmith stores are outstanding), and perhaps antiques from the Spanish period.

Shops are concentrated on the streets around the Plaza and along narrow, sloping Canyon Road. North across Palace Avenue from the Plaza sit patient In dian women in bright-colored skirts, wit jewelry and pottery spread in front o them on the sidewalk beneath the port of the Palace of the Governors—Sant Fe's most photographed scene.

To the right on Palace Avenue are sho of the plazas Prince and Sena. Once pr vate gardens, these shady commons a entered from the street through thic walled arches.

Among the stores south of the Pla across the Santa Fe River, is the Shop the Oldest House, whose structure m date back to pre-Spanish times.

To the west additional shops, such Doodlet's Gifts and two places selli imports from Mexico, complete the co mercial surrounding of the Plaza.

Half a mile southeast of the Plaza, Ca yon Road starts its climb into the Pe Hills. Mexican regulars, Confeder troopers, and U.S. dragoons once marc its dusty length into the city. Now sto and the adobe studios and showrooms

High patio walls *shelter summertime diners, give Compound Restaurant its name*

Loom *stands in sun-drenched corner of Parrotts' weaving studi*

Shopper *inspects Two Gray Hills Navajo rug at Packard's Trading Post*

· of Santa Fe's resident artists line
wer mile. In this stretch you can
e paintings from nearly 20 galleries,
our poodle clipped, buy a handmade
or a goldfish.

. Fe's founders introduced crafts that
till practiced here. Woodworkers
ce furniture, doors, *vigas* or house
s, and figures—sometimes fanciful,
imes somberly religious. Weavers
wool for wall hangings, rugs, shawls,
ushions, in rich earth tones and vi-
colors shown to advantage in the
washed studio interiors. Leather
men fashion contemporary clothing,
nd shoes, and furniture coverings.

y forms seem an extension of the
t sculptured quality of irregular
walls and sloping doorways. Forges
eat iron for fanciful lamps, grilles,
rniture legs.

es from the Spanish period are
expensive, often difficult to docu-
Some fine examples are on exhibit
Spanish Colonial Art section of the

The shopping is
teresting . . . for art,
for Indian crafts,
for leatherwork,
for pottery

R. WENKAM

nflower *is made of paper.*
g stores (background)
y Canyon Road

GLENN CHRISTIANSEN

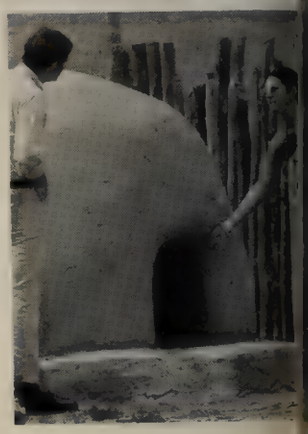
Rider *is outfitted with chaps at store in nearby Tesuque.*
Brass cinch buckles at left can serve as buckles for women's wide belts

GLENN CHRISTIANSEN

Visitors *to pueblo are asked to avoid stairs leading to kiva (ceremonial chamber)*

Riders *wind down piñon-studded slopes to barn at Rancho Encantado*

Cone oven *(introduced by Spanish) is heated with wood fire, bread is placed inside, opening sealed*



It's Indian country. The cooking often is Mexican. The opera season for 1970 starts July 3

Museum of International Folk Art on Camino Lejo south of Canyon Road. This is one of four branches of the Museum of New Mexico; the others are across from the Plaza.

The Palace of the Governors contains archeological and historical exhibits. Behind the Palace, the Hall of the Modern Indian portrays Indian life during the last hundred years. Across Lincoln Avenue from the Palace, the Fine Arts Building exhibits work of Southwestern artists.

A private museum, the hogan-shaped Museum of Navajo Ceremonial Art, also on Camino Lejo, preserves sand paintings, ritual objects, recorded chants, and other aspects of Navajo culture.

Summer opera. This community of 40,000 stages grand opera that is the envy of cities many times its size and is generally acclaimed the nation's summertime best. The sets are innovative, the list of premieres impressive by any standards. The outdoor, cantilevered theater stands high above U.S. 285 just north of town.

Attending a performance is unlike opera-watching anywhere else. Tanned young girls in bright pink ponchos usher patrons wearing evening dress with rain boots, and Navajo blanket accessories. Next to them may sit opera buffs in denims and sheepherder's jackets. During the performance the scents of piñon and juniper waft in off the high desert.

This year's schedule, July 3 through August 22, includes such favorites as Verdi's *La Traviata*; newly established works like *Le Rossignol*, by Stravinsky, and *The Globolinks*, by Menotti; and the world premiere of *Opera*, by Luciano Berio.

All performances are at 9 P.M.—every Friday and Saturday and certain Wednesdays and Thursdays. For 1970 ticket applications and a schedule of the company's 14th season, write to Santa Fe Opera, P.O. Box 2408, Santa Fe 87501.

Dining out. You most often encounter Mexican food, but with adaptations and ingredients best described as New Mexican. Corn tortillas, for example, taste the same as elsewhere, but made with blue Indian corn they arrive at your table nearly black. The red chiles drying on the wall probably grew in nearby Santa Cruz or Chimayó. Their fiery taste usually separates local diner from visitor.

In restaurants most frequented by visitors, the chile sauce is diluted. If you're offered ground chile, or if the sauce has seeds (the hottest chile part), be forewarned. When in doubt, ask for chile sauce "on the side." To quench the fire set by New Mexican chiles, order *sopaipillas* (fluffy pillows of light, fried yeast dough). Try them with honey.

The range of dining-out possibilities is remarkable for a city of this size. As one choice you can eat on rickety tables nearly hidden by a rampant garden, lighted on summer evenings by *farolitos* (candles inside open paper bags), at the Pink Adobe (specialties are Creole, Mexican, and Continental dinners costing $2 to $7). Or you can choose The Compound, designed by Santa Fe's noted Alex[illegible] Girard. In a hundred-year-old hou[illegible] removed partitions, installed wavy [illegible] ter ceilings, and created focuses of int[illegible] by grouping folk art and ornamen[illegible] wall niches. Dinner costs $4 to $7, e[illegible] are often French, and here too yo[illegible] dine out-of-doors in summer.

The towns of Chimayó, Tesuque, [illegible] teo, and Cerrillos offer good restau[illegible] a short drive through the dusk from [illegible] Fe. In summer, and especially durin[illegible] Fiesta (when many restaurants [illegible] reservations are recommended. D[illegible] the opera season, restaurants are cr[illegible] in early evening, then grow quiet [illegible] guests leave for the 9 P.M. curtai[illegible]

Some visitors would not consider st[illegible] anywhere in Santa Fe except La F[illegible] that bustling pueblo-style landma[illegible] the corner of the Plaza. (The Ch[illegible] of Commerce desk in the hotel is a [illegible] source of city maps and calend[illegible] events.) Others prefer more conven[illegible] surroundings farther removed fro[illegible] center of activity. There are several [illegible] modern motels elsewhere in town.

Outside Santa Fe at Bishops Lo[illegible] miles), Rancho Encantado (10 mile[illegible] Tres Lagunas (35 miles), you can [illegible] resort life within range of city am[illegible]

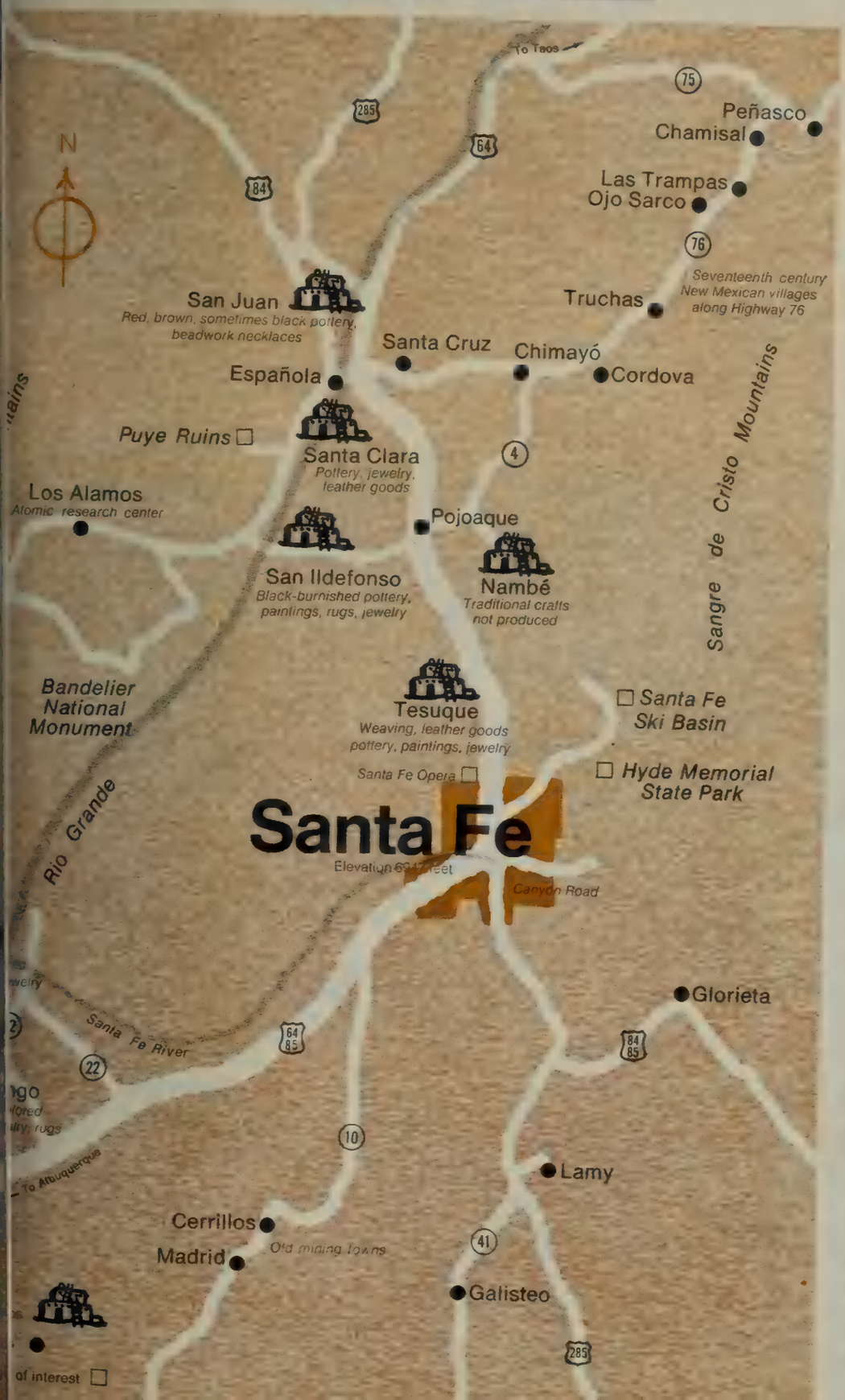
No airline flies directly to Santa F[illegible] the West Coast. Albuquerque's [illegible] served airport, however, is only an [illegible] drive away. Santa Fe trains fro[illegible] Angeles stop at Lamy; a bus take[illegible] sengers the final 18 miles.

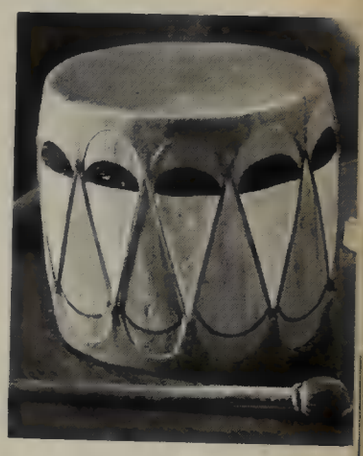
R. WENKAM

Stone *or arrowpoint sand painting at Navajo Museum*

Farmer *sells corn from back of his pickup at pueblo*

El Santuario *in Chimayó, visited by infirm for healing power of sand beneath church*





Small *Cochiti drum has rawhide laces*

Roof *juts out above stage at Santa Fe Opera*

Map shows towns *(some are among oldest in country), Indian pueblos, scenic areas within a day's drive of Santa Fe.*

On arrival at a pueblo, ask the governor or his representative to explain which areas or activities are restricted or require payment of a fee.

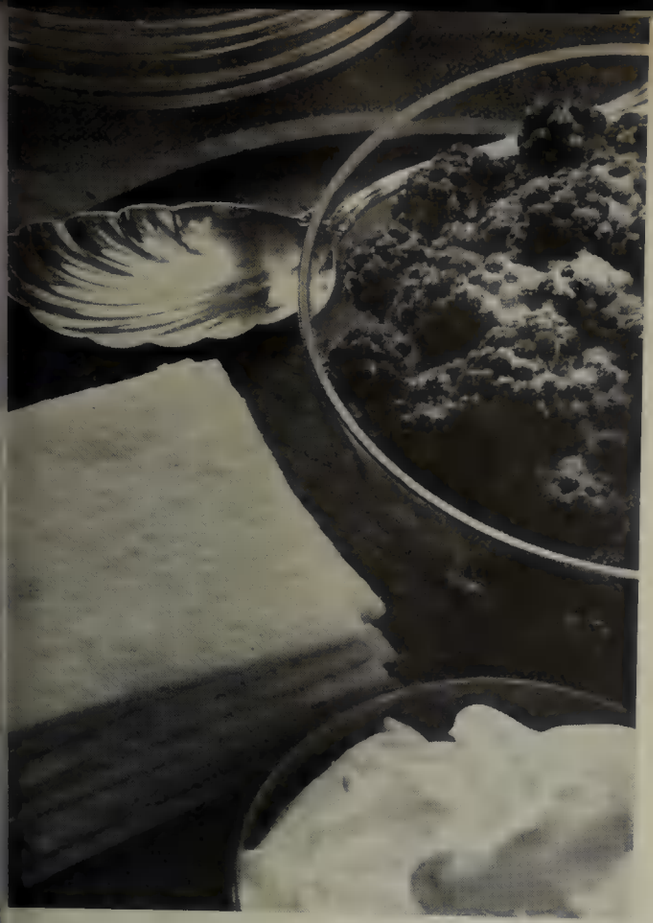
Ceremonials occur at most pueblos on January 6 when governors are installed, Easter Sunday, and Christmas, and continue for a few days. Write to Commission on Indian Affairs, P.O. Box 29, Santa Fe 87501 or telephone 827-2763 for dates of other ceremonials.

On their own (with whipped cream and little white squares),
in a beautiful pie with a lattice roof,
or in a golden puff that is *Sunset's* and yours

Oh Boysenberry

Lightly sugared, *plump and flavorful boysenberries nestle on a cushion of whipped cream swirled in a giant cream puff c*

DARROW M



ery *shortbread squares with cream and boysenberries*

:hing **out** berry origins can be a thorny —particularly when it comes to the enberry. Rudolph Boysen introduced arge and tasty member of the logan- group in California around 1920, ts exact parentage is uncertain.

ever, the berries are well worth your tion, since they combine the best ties of several bush berries.

are dark wine red to black, quite relatively sweet but agreeably tart, full flavored. Despite their tender- they hold their shape well when d or merely sugared.

best qualities show up well in such e desserts as these.

ENBERRY CROWN TORTE

cups unsifted regular all-purpose flour
tablespoons butter
tablespoons sugar
cup water
eggs
cup whipping cream
cups boysenberries, sugared to taste

bowl combine ⅔ cup of the flour, espoons of the butter, and the 2 poons sugar. Rub mixture with your until it is mealy. Pour into a 9- ake pan with removable bottom; irmly in an even layer.

saucepan, combine water and re- g 5 tablespoons butter. Quickly to a boil, stirring to melt butter. in remaining ⅔ cup flour all at ake pan from heat, and stir until e is smooth. Beat in eggs, one at a time, until mixture is smooth and glossy. Gently spread over the butter-flour layer in cake pan.

Bake in a 400° oven for 1 hour 5 minutes, or until topping is irregularly puffed and well browned; turn off heat and leave in closed oven 10 minutes longer to dry. Remove pan rim and let torte cool; the puff will settle slightly.

To serve, whip cream until stiff and spread on top of puff, then pile berries into the cream; cut in wedges. Makes 8 to 10 servings.

SCOTCH SHORTBREAD TARTS

1 cup regular all-purpose flour
¼ cup cornstarch
¾ cup powdered sugar
½ cup (¼ lb.) butter
About 4 cups boysenberries, sugared to taste
About 1 cup heavy cream, whipped stiff and sweetened to taste

Sift the flour, cornstarch, and sugar separately, then measure into a mixing bowl and stir together. Cut the butter in small pieces and mix with the flour, then rub mixture with your fingers until butter particles are indistinguishable. Compress into a ball with your hands; the warmth of your hands melts the butter enough to form a dough that will hold together. Pat dough out on an ungreased baking sheet, then roll to form an 11 or 12-inch square; reshape edges as necessary while rolling.

Bake in a 300° oven for 20 minutes or until a pale gold. While still on the sheet, cut in 9 equal pieces; cool slightly, then transfer to wire rack to cool. To present, place berries in one bowl, whipped cream in another, and the stack of shortbread cookies alongside. For individual servings, place a cooky on a serving dish, top with a large puff of whipped cream, and spoon on berries. Makes 9 servings.—*E. E. R., Half Moon Bay, Calif.*

BOYSENBERRY LATTICE PIE

About ¾ cup sugar
3 tablespoons quick-cooking tapioca
5 cups boysenberries
2 tablespoons water
Pastry for a 2-crust 9-inch pie (directions follow or use a mix)
Sugar

Mix the ¾ cup sugar with tapioca, then stir into berries; add more sugar to taste, if needed. Mix in the water and let berries stand at least 30 minutes to soften tapioca; stir occasionally.

Roll out half the pastry on a floured board and fit in 9-inch pie pan (pastry tears easily; pinch to patch). Fill with berries and juices. Roll out remaining pastry on floured board, cut in strips, and weave a lattice over the fruit. Flute edge of pastry; sprinkle lightly with sugar.

Bake in a 375° oven for 45 minutes, or until fruit is bubbling. (The pie may drip, so place a baking sheet beneath it.) The filling thickens as the pie cools; serve slightly warm or completely cooled, in wedges. Makes 6 to 8 servings.

Pastry for 2-crust 9-inch pie. Stir together 1½ cups unsifted regular all-purpose flour, ½ teaspoon baking powder, and 2 tablespons sugar. Cut ½ cup (¼ lb.) butter in small lumps, mix with flour, then rub with your fingers until mixture is mealy. With a fork, stir in 1 egg; then use your hands to compress dough, working it until it holds together in a smooth ball.

Baked *in a pie, berries hold shape well*

Waterfowl...tame or wild in your own backyard

An acre *landscaped and canalled for waterfowl (you can see one duck, three swans here). Mr. and Mrs. Glen Yoder, Phoenix*

Feeding ducks *(rare kinds) in big pond built just 40 feet from house. Mr. and Mrs. Herbert Carnes, Scottsdale, Arizona*

DON NORMARK

GLENN CHRISTIANSEN

White Pekins *coming ashore in a lake built by developer in center of new home area in Newark, California*

Among the nice things a garden can have —in addition to plants and human comforts—consider water with big swimming birds on it. Ducks, geese, and swans have graced gardens in big estates for centuries. Here in the Western United States in the late twentieth century, we find the same waterfowl living gracefully in and adding style to gardens of many sizes, mostly on places with half an acre or more. All it really takes is a big enough, deep enough body of water.

You can read on pages 83, 84, and 85 how big and how deep the body of water should be, and what things swimming birds need. On pages 82 and 83 you can see and read about some of the popular and some of the rare and respected of garden waterfowl.

On these two pages you see some ducks and some swans (no geese here, it happens) in two home gardens designed, planted, and made aquatic just for waterfowl; and in one community pond.

It is just a coincidence that the first two home garden ponds we show are in Maricopa County, Arizona. Ducks, geese, and swans can and do live in gardens in every state in the West; photographs on the following pages were taken in Washington, Utah, California, and Arizona.

Swans, geese, and ducks . . . you have choices

There are only seven kinds of swans in the world and, with few exceptions, only three of them are sold and kept in captivity; all are shown here. Swans also cost more: Mute swans and black swans are $200 to $350 per pair; only the rarest of geese and ducks go at those prices or higher.

Geese are generally smaller than swans and larger than ducks. Their necks are not as long as the swan's. Domestic breeds of geese, developed by man for food, have the chunky look of the farm about them (one is stealing food from the swan's feed can on page 84). The wild species geese that can be kept in captivity look sleeker and classier.

There are so many kinds of ducks that you could spend a lifetime raising and getting acquainted with them. Pekins (man-bred white ducks) are nice but, like the man-bred geese, they connote barnyard. Of the wild species, mallards are the easiest for novices but can shortly become too prolific. The next most popular species ducks for novices are wood ducks and mandarins; both, it happens, can roost and nest in trees and the males are quite decorative.

WILLIAM APLIN

Black-necked swan, *less common than the black and mute swans*

Canada goose *has a white chinstrap on black head and neck*

ART HUPY

Hooded merganser duck *is expensive, difficult. For experts, not novices*

Pair of black swans: *expensive ($200 or more a pair), beautiful, easy*

Female wood duck. *A male stands behind black-necked swan at top of page*

GLENN CHRISTIANSEN

Pair of mallards *(male at left, female right). Easy to keep*

Pintail ducks *(right), redheads (left) on above-grade pond. Concrete troweled on chicken wire over molded soil. Gravity drain. Nathan Pottorff, Lakeside, California*

FRANK JENSEN

:wons *(youngster at left still part gray) on gunite-lined creekbed pond. Mr. and Mrs. Theron Bringhurst, Providence, Utah*

You must have a pond . . . but it needn't be big

DON NORMARK

Here are answers to some questions that would-be waterfowl owners ask.

Pond. The very minimum is just a pan of water near the feed. Waterfowl slurp water with their feed as part of the eating process. But a pan doesn't let you see birds swimming around on water—and that's a great part of the total pleasure.

A waterfowl swimming place should be at least 12 inches deep—if it's shallower geese tend to wade rather than swim. Ideal depth is 1½ to 4 feet. Minimum useful width is 6 to 8 feet.

The bigger the pond the more likely it is to attract wild waterfowl. They can see and land on a big surface.

Pond bottom. Small ponds inside aviaries are often made of concrete. But none of the large, open waterfowl ponds shown here are built in that fashion. One is lined with gunite, another with a petroleum sealer, another is in a creek bottom, and another is dug into caliche. In all these ponds, more water is lost by evaporation than by seepage.

Concrete ponds for waterfowl must be frequently drained (with a large-orifice pump or by gravity if it's possible) because the water in them turns putrid if it isn't. Water in a big, natural-bottom waterfowl pond does not go bad because it can "breathe," meaning that bacteria can leave the water by way of the soil. Also, probably, there is some favorable exchange of oxygen between soil and water.

Pond edge. Because waterfowl continually use their bills to probe the mud at the

edge of their pools, it's often wise to line it with rocks, bricks, flagstones, or concrete. This stops the probing that would crumble the banks or widen the edge.

How gunky the water? The birds keep the water muddy or murky much of the time. That's to be expected. Try to prevent formation of algae by aerating it—run it through a sprinkler or a waterfall.

Small-mouthed fishes can help by eating some protein food that the birds miss, thereby reducing decay and pollution. Gambusia (mosquito fish) do this. Don't use carp or bass because they (and bullfrogs) can eat ducklings.

Botulism can kill waterfowl. Bacteria that cause it live in decaying protein and thrive at water edge where uneaten food spoils. Many owners intentionally fluctuate water level to avoid this. Keep the feed clean, dry, and not mealy.

Feed. The different species of waterfowl need slightly different diets. Grain is basic. Those that are fish-eaters in nature need a lot of protein, supplied in garden ponds by prepared game bird feed or by dry dog food, moistened. Birds in captivity eat too much. Lettuce and fresh, lush, green grass can make up to 75 per cent of the diet for waterfowl—allowing them to eat a lot without getting too fat.

Why don't they fly away? Domestic breeds of waterfowl—Pekin ducks, Chinese geese—are too big of body and weak of wing to fly any distance. Some true species (such as mallards) may stay around a nice pond for years because that's th nature. But they also may take off a fly away if the urge comes. Most spec waterfowl fly away unless pinioned. Tl means having the pinion (outer segme of one wing removed so the bird can't evenly. The bird can still do everyth else. Novices should have someone w knows how do the pinioning.

Marauders. The worst threats to the li of garden waterfowl are stray dogs, ca raccoons, skunks, foxes, owls, and haw Adult swans and geese can stand tl own against cats. A 6-foot fence witl strong crawl-proof bottom will keep stray dogs.

One way to protect from four-footed rauders is to build an island on wh

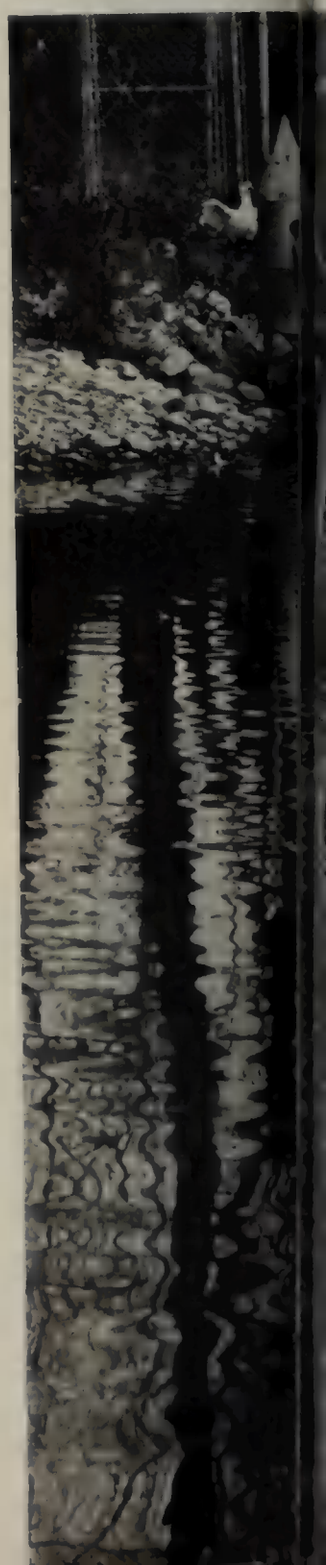
Feed tray *floats on water inside cage. Wild ducks can't get at it. Residents dive under walls*

Feeders are often ingenious. One aim is to outwit both animal and bird marauders

Duckproof *swan feeder being burgled by a domestic goose. Carl Schafer, Montesano, Washington*

ART HUPY

Mandarin duck *(a male) walks up ramp built into stone wall around pond. Charles A. Pilling, Seattle*



birds can rest, nest, and feed. Most auders won't swim for plunder. A rac- will. But if the pond is big enough, birds see and get away from the slow- ming raccoon. In a small pond, how- the raccoon can panic birds to shore just grab the meal of his choice.

information. To get literature, join: ican Game Bird Breeders Associa- $6 per year dues), Route 1, Box 152, dale, Ariz. 85301; Pacific Wildfowl iation ($3 per year dues), 166 gate Ave., Daly City, Calif. 94014.

periodical that deals most with , geese, and swans is *Game Bird lers, Aviculturists, and Conserva- ts Gazette,* 1155 East 4780 South, ake City 84117 ($6 a year).

DON NORMARK

Box-shaped *nest imitates hollow tree. Seven ducks of four kinds are here*

FRANK JENSEN

Ducks afloat *on raft. They rest and preen their feathers here*

To make *this nest, a log was split, hollowed, wired back together*

Metal nests *for tree ducks. Pointy tops so predators can't stand on them. Ducks climb up ramps (there are also down ramps inside). George Allen pond, Salt Lake City*

If and when you get to France

Where to find bargains in Paris for your kitchen

French cookware, like French cooking, is world-renowned. In most Western cities, you can find ceramic and copper ware, knives, whisks, and omelet pans imported from well known French firms.

But if you're planning a trip to France, the same things may cost you as little as a quarter of the price here, and if you import them yourself, they have the added interest of souvenirs of a holiday.

Importing cookware from France is not the bother it may seem. You don't have to carry pounds of bulky objects in your luggage, since the larger stores in Paris and elsewhere will ship them for you. A 17 per cent export discount on most purchases lowers the price considerably.

In order to qualify for the discount, however, you must ship purchases immediately or have them delivered to your port of exit. Shipping is normally easier.

The simplest and most informative way to begin your shopping is by taking advantage of the hostess service in one of two major Paris stores—either the *Printemps* or the *Galeries Lafayette*.

Hostesses in both stores speak English and will guide and advise you while you shop, then take care of the details of shipping. (They can even help you with hotel and sightseeing problems.) The Galeries Lafayette in particular has an excellent stock of kitchenware.

Also, you should have little difficulty if you confine your shopping to stores near the Champs Elysees, the Opera, the Madeleine church, the Place Vendome and the Palais Royale. Merchants in those areas are even willing to ship such things as boxes of fancy chocolates (try the *Marquise de Sévigny* near the Madeleine), or fruit and almond paste confections (from *Hédiard* on the Place de la Madeleine at the rear of the church). Two good kitchen supply stores in the Palais Royale area are *Dehillerin* on the rue Coquillière and *Simon* on the rue Etienne Marcel, both near the Etienne Marcel subway stop.

A language problem may crop up elsewhere in Paris, even in stores that are equipped to box and ship purchases. If you know some French, you can be a little more adventuresome, shopping in such fascinating places as the *Bazar de L'Hotel de Ville*, on the right bank not far from Notre Dame Cathedral. Without French, though, you may be unable to have purchases shipped.

The shipping cost itself varies with the kind of article you send. Surface transport is of course cheaper, amounting to only a few dollars on the usual package, but there are some restrictions on dimensions, and an odd-sized package can cost much more than you expect. (Here again, hostesses in the Printemps and Galeries Lafayette can advise you.)

For perishables that must go by air, the cost is very high, often equal to the cost of the article you send. Even so, a box of elegant confections is a memorable gift and takes only a few days in transit.

All the articles in the photograph opposite were purchased abroad by members of our staff except for the pot hanger and the chopping block. The prices given are approximate and do not include shipping costs. We found variations in price from store to store, sometimes as much as several dollars.

Here are pric

1. Crêpes pans, 80 cent
2. Whisk, wooden handle, 75 c
3. Copper pans, brass handle, $2-
4. Fancy skewers (*hatelets*), $1.7
5. Lettuce baske
6. Covered pâté dis
7. Small soufflé or butter dis 30 c
8. 10-inch knife, $4.50–$5 5-inch knife, $3
9. Ice cream mol
10. Fluted baking mold, 75 c
11. Fancy savarin mold, $
12. Large charlotte mold, $
13. Filter coffee urn
14. Baking pa
15. Small charlotte mold, 80 c
16. Milk pot
17. Fish poacher, $
18. Vallauris baking p
19. Rectangular enameled dis
20. Individual enamel g dishes,
21. Egg poacher, 40 c
22. Round enamel terrine,
23. Asparagus steamer
24. Ceramic lamb roaste

GLENN CHRIST

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Crayfish

Sometimes easy to find and catch, sometimes maddeningly elusive. They live in streams, canals, lakes, even Tahoe. They nip. They're delicious

DARROW M. WATT

Crayfish *take getting used to*

Timidity—on both sides—is typical of the first encounter between crayfish and people—that is, until people make a few discoveries.

Like the feast at left.

These fierce-looking, brown crustaceans, with authoritative pinchers that grab your attention as well as your toes, represent one of the lesser known and more readily enjoyed treasures of the West.

They are easy enough for a child to catch yet sufficiently elusive to be a challenge for any age. The greatest reward, though, is the eating. Boiled to become bright red, crayfish have a delicate, lobsterlike texture and flavor that can only be classed as superb.

In the warm days ahead, crayfishing is at its best. The waters are clear of winter runoff turbulence, and the crayfish increase their activity.

WHERE ARE THEY?

Although commonly found throughout the West, crayfish are selective about the kind of place they populate.

Some of the guides that follow, and possibly a little advance scouting, can considerably increase the likelihood of success on a crayfishing expedition. If you spot one crayfish, chances are that more are hidden close by.

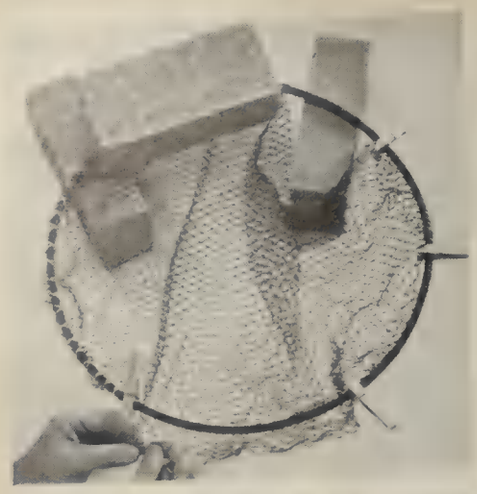
Crayfish are extremely adaptable. They inhabit creeks, lakes, rivers, canals—practically any unpolluted, year-around source of fresh water.

Various species of these mini-cousins of the lobster family are scattered all over the world and in many parts—notably Scandinavia—they are considered great delicacies. According to most crayfish connoisseurs, some of the tastiest are the five species belonging to the genus *Pacifastacus*, the only crayfish native to the West.

Pacifastacus are most commonly found in numerous waterways between the high

Streamside picnic *is simplicity itself. Crusty French bread, wine, mayonnaise, and the just-cooked crayfish. Out of sight in basket is reserve of cheese and sausage in case crayfisherman's luck wasn't running*

GLENN CHRISTIANSEN



Clothespin *¼-inch nylon netting to dark metal ring. Using nylon line, tie each loop of netting to ring*

Run *three cords from the ring to a small cork float at the end of a 15 to 20-foot anchor line*

Fix *a length of wire acros the ring to hold crayfish bai liver, bacon, any fresh me*

For most fun and best results, the homemade ring net

Dripping water, *this net full of crayfish is a family's reward for a half-hour w*

Sierra and the Pacific Ocean north of Monterey, California, through Oregon and Washington into British Columbia. East of the Cascades and the Sierra, crayfish are not as profusely distributed, being generally found in the Snake River in southern Idaho and in other large waterways such as the Truckee, Carson, and Walker rivers in western Nevada. In Utah crayfish populations exist in the Weber and Colorado river systems, and in northern Arizona they're in larger rivers such as the Little Colorado and in many canals.

Southern Arizona and south and central California support a different crayfish species of the genus *Procambarus*. It was probably imported from the Deep South by commercial bullfrog farmers as food for their frogs. *Procambarus* has since spread into the Sacramento, San Joaquin, and lower Colorado river systems, in most cases taking over streams once inhabited by *Pacifastacus*. Only *Procambarus* is found in coastal rivers south of the Tehachapi Mountains.

For information on crayfish in your area, check with the nearest state fish and game authority.

REGULATIONS

Crayfishing regulations are almost nonexistent. All the Western states have open seasons and no size restrictions. Washington limits net use to one per person. Oregon enforces a bag limit of 144 crayfish per day. Idaho limits trap size to 18 inches. California limits trap size to 3 feet and is the only state to require a fishing license.

Always observe posted "no crayfishing"

DARROW M. WATT

‹ crayfish in relatively small batches, adding in sequence to the boiling stock

: in some areas crayfish, which die ɔlluted water, are used to indicate ›urity of local water supplies.

TO CATCH THEM

: are almost as many ways to catch ish as there are to eat them. Since are most commonly found in slow-ng water between 1 and 10 feet deep, ıost sporting way to catch them is ıde along a stream looking under and logs, among tree roots, and d dams and logjams. When you see grab it. Its claws are in front and ı quickly scoot backwards with a ps of its tail, so try to grab it from ·ar, just behind the claws. This is difficult than it sounds; ■ pair of , although perhaps more awkward nipulate, may prevent some finger ng.

e sophisticated method is to dangle k of bait, such as liver or bacon, : end of a line in deeper pools or Once a greedy crayfish latches onto it, it is reluctant to let go. By pull-ıtly, you can usually get it close enough to snare with a landing net.

Several complicated traps can be made or bought, but you will probably have the most fun and get the best results with a simple homemade ring net, 1½ to 3 feet in diameter, like the one pictured on the opposite page.

You can drop it in the water near the shore, or with practice toss it out to deeper water by flinging it with a swinging, sideways motion. In both cases, place a small rock in the net for weight.

THE ART OF EATING CRAYFISH

There is no subtle way to eat crayfish. It is a two-handed operation best approached with gusto—and a bib. The tail, which breaks readily away from the body (or thorax), is the primary prize since it contains the major portion of meat. If the sand vein has not been removed, pluck it out. Those who take the time to crack the claws are rewarded with the sweetest, most succulent segments. Often you will find great discrepancies in claw-to-body size relationship—or even claw-to-claw. This fighting tool is often lost in battle and will regrow.

Juices that linger in the shells should be supped, and the body cavity cleared of its trove of sienna color "butter." In females you may find the delicious bright red egg clusters.

Some lusty trenchermen claim that it takes two dozen crayfish to make a meal for one; the hunt for them no doubt stimulates the appetite, and the slow rate of consumption required while shelling each bite extends one's capacity. However, it's probably more useful to think in terms of how many medium-sized shrimp would make ■ meal; very roughly we found that 10 to 12 crayfish (about 5-inch size) yielded about ¼ pound of tails.

HOW TO SERVE CRAYFISH

Devouring on the spot is, to many minds, the most appropriate climax to a crayfish hunt. Crayfish cook quickly in a boiling pot. With bread and butter, possibly a salad, and maybe watermelon or fresh-churned ice cream for dessert, you have ■ fine feast.

Crayfish don't keep for more than a few hours without special care; but if you do want to take them home, keep them cool and covered en route with wet cloths or fresh, damp grass, and then refrigerate up to 24 hours. Discard any that die before cooking.

Bring with you the ingredients for this boiling stock (designed to emphasize the delicacy of the crayfish) in the cooking pot. Then cook batches in sequence in the same stock as necessary.

COOKING CRAYFISH

Fill an 8-quart or larger kettle about ⅔ full of water. Add 2 cups dry white wine, 2 sliced onions, 2 or 3 sliced carrots, 1 sliced lemon, 3 or 4 parsley sprigs, 8 to 10 whole black peppers, 2 teaspoons salt, and 1 or 2 fresh or dry bay leaves. Cover and bring to boiling. Simmer 15 minutes.

Rinse crayfish with water to remove mud or silt. To remove the sand vein before cooking (if desired), grasp behind the pinchers and turn stomach side up. The tail has three sections; twist the center section, snapping the shell; then gently pull out the sand vein and discard.

Return pot to vigorous boil. Uncover and drop in as many as 2 dozen crayfish, one at a time, big ones first. Push them down into liquid to kill quickly. When stock returns to a boil, cook 5 minutes or until bright red. Lift from liquid with slotted spoon, draining. Transfer to ■ serving platter. Continue to add crayfish to boiling pot in this manner, adding water as needed to maintain volume.

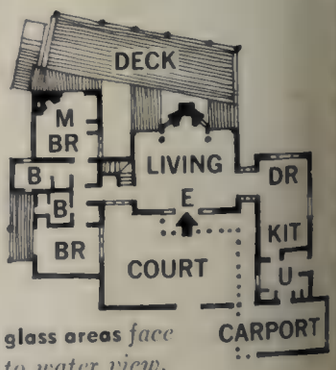
Crayfish are ready to eat as soon as they are cool enough to touch. Eat plain, dip morsels in melted butter, or accompany with mayonnaise (homemade or prepared), or a sauce of half mayonnaise and half sour cream.

Existing trees *continue growing in court, surrounded on three sides by wings of house*

DON NORMARK

High fence *makes the street-facing court private. Planting is informal; paving is loose-laid brick*

Separate units *for sleeping, living, cooking-eating connect by flat-roofed passageways*



Major glass areas *face south to water view, open house to low winter sun*

It's three houses in one . . . with the feeling of a country lodge

AWARD OF MERIT

m the street you see a carport, a tall od fence pierced by equally tall dou- doors, and through the trees, three h pitched roofs. The house was an ard of Merit winner in the 1969-1970 stern Home Awards. On page 95 of October 1969 *Sunset* a color photo- oh showed part of the living room a view out through the double front rs to the garden. Here we show you award-winner in more detail.

final design—a cluster of three small houses linked together—came about because the owner insisted that all rooms face the water view, and that the handsome trees growing around a cottage that once occupied the site be saved. The high-pitched roofs, extensive use of wood throughout, and earth-tone stains give the lodgelike feeling the owner wanted.

The architects were The Bumgardner Partnership, for Fred Sporer, Jr., Bellevue, Washington. Landscape architect was David Poot.

Large deck *on view side is reached from living room and master bedroom by bridgelike extensions (see plan)*

Heart *of U-shaped kitchen is this table island that's used for chopping, for food preparation, and as an eating counter*

Fireplace *is two steps lower than living room, surrounded by glass (see photograph above) so view to water isn't obstructed*

How a 15-year-old garden was neatly done over

Outdoor entry hall *with double doors, then down two steps to garde*

Instead of a patio . . . a new ground-level deck

Steps now connect *both garden levels. Old retaining wall stained to match deck, then capped*

new deck and entry added the freshness nd excitement the owners wanted in this os Altos, California, garden.

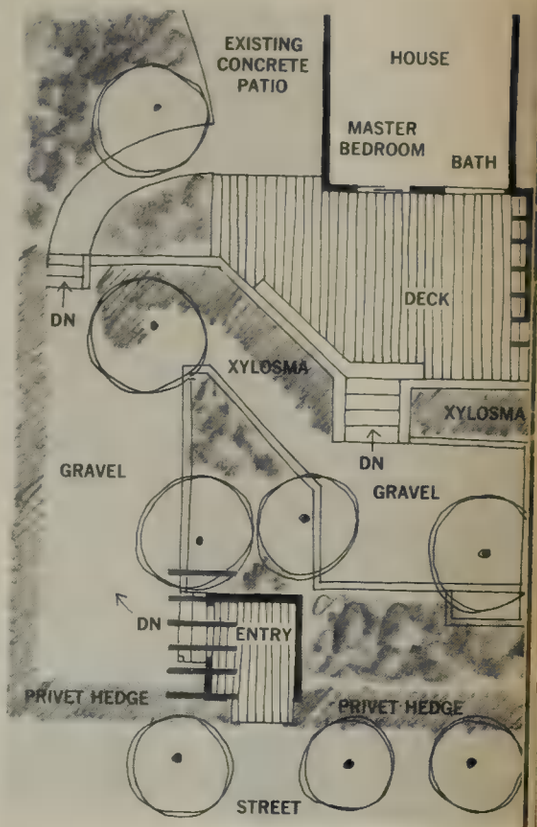
We love our small, private garden, and fter 15 years the tiny plants we set out nd nursed are now mature, giving shade nd seclusion. But just as you paint a om or add new furniture, we felt our rden also needed a dramatic change— mething that would give it new life ithout changing its character or disturb- g the plantings."

e owners had an idea of what they nted: "Perhaps a new deck in place of graveled sitting area, and a gate in the dge to enclose us completely from the eet." But they asked landscape archi- t Roy Rydell to expand on their ideas d complete the design.

came up with some new suggestions: y not open the new deck area to the per portion of the garden by cutting ough a xylosma hedge and adding ne steps? And instead of a gate through privet hedge by the street, why not creened entry deck and double gates ide the hedge line to bring you into garden in two stages?

ontractor built and stained the decks, screens, and trellises. Total cost was $2,700 (not including design fee). Decking is heart redwood 2 by 6's (the main deck has a 2 by 4 set every 3 feet to break the pattern). Screens are 4 by 4 posts and 2 by 4 stringers with 1 by 1 fillers. Trellis outriggers are 2 by 6's.

Low-level *deck required minimum of excavation. Supporting grid of 2 by 6's on short 4 by 4's rides clear of gravel*



GLENN CHRISTIANSEN

Good cook's discovery ...Oriental foods

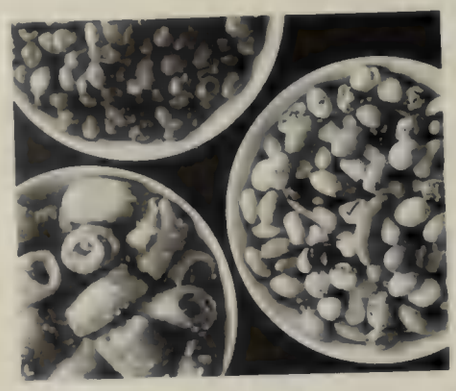
What, where, how to shop

DARROW M. WAT

Japanese grocer *helps customer with purchas*

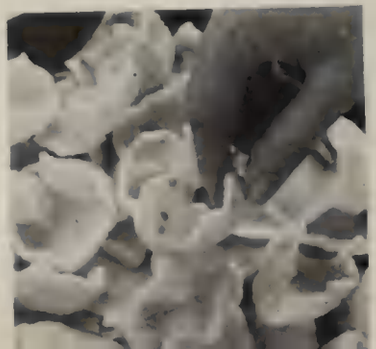
Green soy beans, *cooked, frozen. Eat from shells*

Baby abalone *on shells come in can*



Assorted *Japanese crackers and salted, fried green peas*

Skewered, *canned octopus, fish cakes, abalone*



Puffy, *pastel rice crackers, shrimp chips*

If you have shopped in Oriental grocer stores, you may have thought the mar strange looking foods a bit puzzling. B once you know what to look for, you ca quickly find exotic, tasty foods such those shown on these pages, and th come ready-to-serve or nearly so.

In recent years it has become much easi to find the ingredients for Oriental coo ing in smaller communities as well large cities in the West. Some superma kets have space set aside for Orient foods, and small, unpretentious mark that specialize in Chinese or Japan groceries exist in many towns. (Lo under *Grocers, retail* or *Markets* in t classified telephone directory.)

A surprising variety of foods is availal including Oriental vegetables, cuts meat, unusual fish, and packaged food

Party appetizers and snacks

These can be kept on hand for impromp entertaining anytime:

Baby abalone on half-shells in cans. I with picks from pearly shells.

Broiled octopus, clams, abalone, and fr fish cakes, all on skewers in cans. Se cold or heat briefly over tiny hibachi.

Chinese shrimp chips and ready-to- Japanese rice crackers. The translu disks puff and crisp instantly in hot fa

Fried (or parched) beans and green p They come in packages, ready to eat.

Frozen green soy beans (*eda mame*). H 1 minute in boiling, salted water, dr and serve to eat out of the shells.

Japanese crackers (*sembie* or *ara* These are of many shapes and flavors

Quail eggs in cans. Serve with soy sa for dipping.

Smoked baby clams and oysters, in cans. Serve with picks.

hinese "dot-heart" lunch or snacks

n assortment of filled dumplings and ns makes an interesting lunch that can heated for serving in minutes. The hinese call such a meal of snacks *deem m*, "touch of the heart" or "dot heart."

Chinese pastry shops you may find a riety of filled dumplings, egg rolls, and amed buns (some filled with bean paste less readily appreciated by the uninited). Oriental grocery stores and some inese restaurants with food "to go" er some of these items fresh.

ok in the freezer case of Oriental mars for packages of filled dumplings and n ton. Reheat by steaming, or heat in med chicken broth for won ton soup. u may also find barbecued pork (*chahr*); slice it and serve cold, or reheat.

ental canned fruits

ne unusual canned fruits are imported n the Orient. Serve alone or several bined in a compote, flavored with died ginger, if you wish. Look for specrisp Japanese pears, white peaches, ats, mangoes, and lichees.

SET'S ORIENTAL COOK BOOK

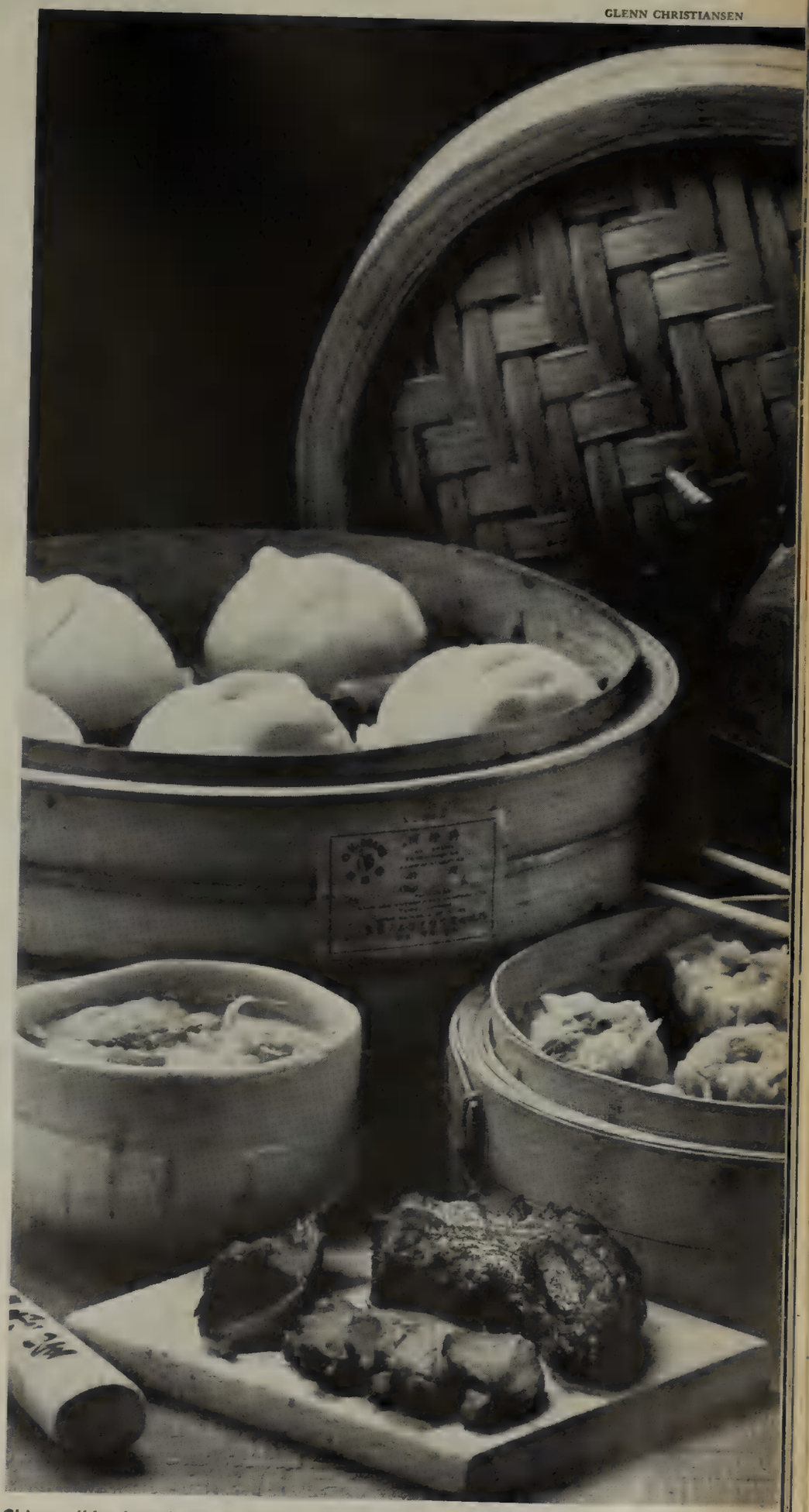
ew cook book, *The Sunset Oriental k Book* (Lane Books, Menlo Park, f.; $1.95), is full of information to you shop more confidently in Ori- l grocery stores. It describes most of the commonly used Oriental foods in a chapter called "An Ingredient Shopping Guide."

Often the same or similar foods are eaten by the Chinese, Japanese, and Koreans, but with different names; stores specialize in the foods of one country carry products of the others. So the gives the English name for each food a guide to pronunciation of its vari- Oriental names.

ever a recipe calls for a special inent, a page reference to the shopguide is provided. In other ways, he book has been designed to help novices and more experienced cooks re Oriental foods easily. Recipes are n in simple terms, omitting no de- and all have been thoroughly tested.

ugh most of the recipes don't re- any special ingredients or utensils nates are often suggested), the book enticing introduction to Oriental including convenience foods like shown here. And it describes some ls that are fun to own, like the se steaming baskets at right.

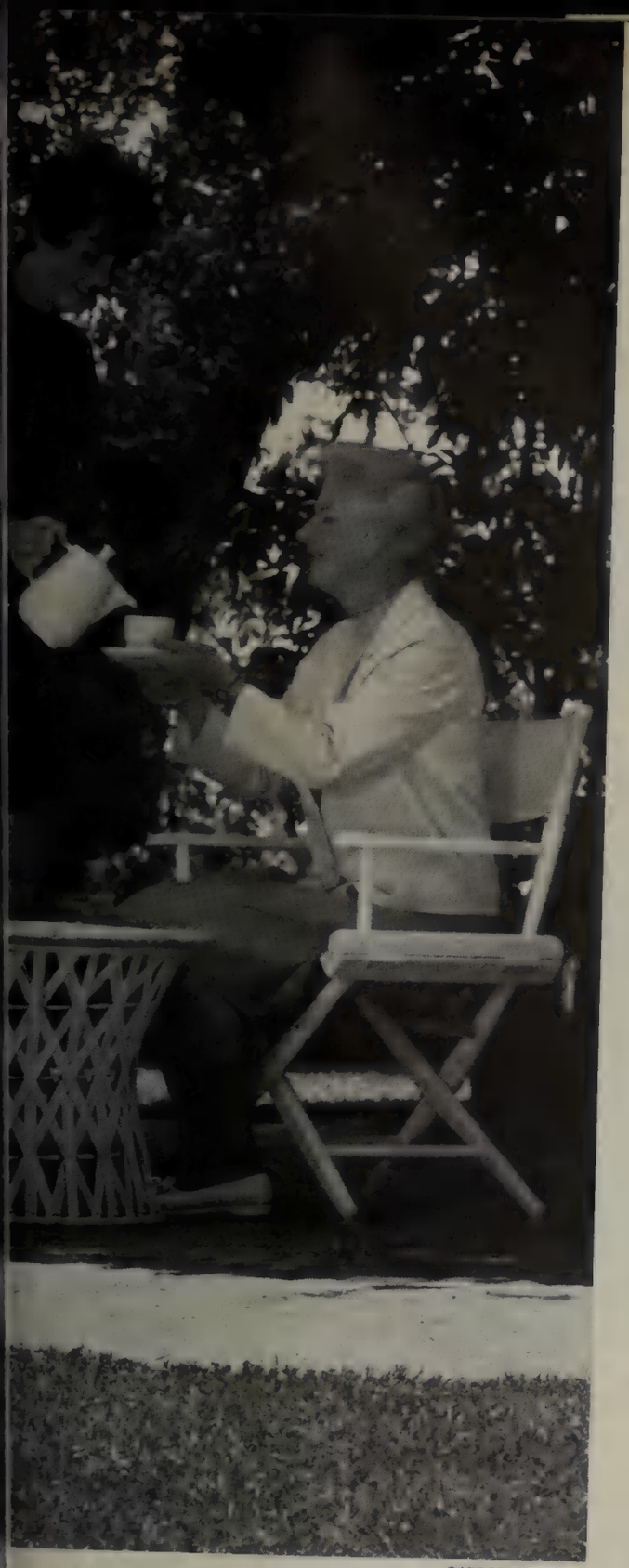
GLENN CHRISTIANSEN



Chinese "dot heart" lunch *includes several kinds of filled buns and dumplings in steaming baskets; won ton in soup; barbecued pork; tea*

White flowering *bigleaf hydrangeas are stunning in large pots, look cool and refreshing on hot days, luminous*

Easy to grow...and it covers itself wit



DARROW M. WATT

er nights. They're effective lining ■ path or driveway

The lovely flower on our cover is the lace cap form of the bigleaf garden hydrangea (*H. macrophylla*). But no one should underrate the charms of its relative, the common hydrangea pictured at left and at the bottom of this page.

For ■ century or more, wherever it could flourish, the bigleaf hydrangea has led the field of summer-flowering shrubs.

No plant is more accommodating: It's easy to grow. It covers itself with great clusters of pink, blue, rosy red, or white blooms in summer and fall. It's tough enough to take city conditions—you find magnificent hydrangeas in the heart of London. It's a superb container plant—although awfully thirsty. And it provides fresh or dried cut flowers for large arrangements.

All forms of *H. macrophylla* perform best in cool, moist, coastal climates and in coastal valleys with beneficent marine influence. They are practically ruled out in hot, dry climates (although we've seen some in a very shady spot in Palm Springs); and they are difficult to grow where severe winters cut them to the ground. In colder areas, you can grow a number of hardy hydrangeas, including the climbing hydrangea (*H. anomala petiolaris*, often sold as *H. petiolaris*), the smooth hydrangea (*H. arborescens*), the Pee Gee hydrangea (*H. paniculata* 'Grandiflora'), and the oakleaf hydrangea (*H. quercifolia*).

Hydrangeas thrive in rich, porous soil with ample organic matter, and need copious amounts of water during the growing season. They bloom on new wood which should be renewed annually by pruning out or shortening stems that have flowered.

Years ago some imaginative person happily hit upon the term lace cap to describe the effect created by a few large sterile

DON NORMARK

Oakleaf *hydrangea is adapted to cold climates, takes sun. White flowers; reddish bronze leaves in fall*

ower clusters

ELLS MARUGG

Bigleaf *hydrangeas make impressive mounds of green foliage and pink flowers between junipers in motor court turnaround*

flowers poised gracefully around a central cluster of tiny fertile flowers. The light, airy, flat clusters are in direct contrast to the massive, bun-shaped clusters of sterile flowers on the common form of the bigleaf hydrangea.

The lace cap flower form is typical of hydrangeas growing in the wild. Several other forms of *H. macrophylla* have lace cap flowers; so do other species of hydrangeas, such as the oakleaf hydrangea and climbing hydrangea.

Like the common bigleaf hydrangea itself, the lace cap forms have flowers in white and in shades of pink, red, and blue (often more lavender than blue). In acid soil the pink and red forms will naturally turn blue or purplish. In neutral or alkaline soil they'll remain pink or red unless you apply aluminum sulfate to the soil around the plants. Dissolve 2 tablespoons of aluminum sulfate in a gallon of water, and apply every two weeks from spring until blooms show color.

The lace cap hydrangea is rare only in the sense that it is rarely found in nurseries. It grows as easily as the common bigleaf hydrangea; it takes the same soil, watering, fertilizing and pruning; it is propagated in the same way. Why, then don't you see more lace caps?

The probable answer is that more people, at least until re cently, have wanted plants with big, splashy flowers; and it the nurseryman's business to supply the demand. The dome clustered, bigleaf hydrangea had its heyday in the Victoria era along with topiary and carpet bedding. Its popularity summer's most exuberant, free-flowering shrub, useful in large gardens for hedges, screens, backgrounds, and large container continues in somewhat lesser degree to this day.

But tastes and fashions change in plants just as in architectur landscape architecture, and interior decoration. Today garde ers in increasing numbers look for plants with simpler, mo delicate and refined flower forms. The lace cap hydrangea such a plant. It combines beautifully yet unobtrusively wi azaleas, camellias, rhododendrons, large ferns, and other qua ity shade plants. It is elegant in large pots or tubs.

Lace cap hydrangea . . . rarity worth searching for. If you can't buy one, try making some cuttings

PETE REDPATH

Lace cap *has tiny fertile flowers in center, sterile ones around edge*

The lace cap hydrangeas are rarities worth looking for. The problem is: Just where do you find them?

One answer may be a nursery—if you're lucky. According to a survey of Western wholesale nurseries made by *Sunset* about five months ago, there are available fewer than 500 plants of the lace cap form of *H. macrophylla*, with exotic flower clusters like that on the cover. A form with green and white variegated leaves—*H. m.* 'Tricolor,' often sold as 'Variegata,' is more widely available. Still another form of bigleaf hydrangea, often referred to as *H. acuminata* (one large wholesale nursery lists *H. a.* 'Pink Beauty'), is also in greater supply.

Another source may be the garden of someone who is willing to share prunings from which you can make cuttings. Hydrangeas grow easily from cuttings. You can take them either at the time of winter pruning (usually between November and February), or in summer from half-ripened growth.

Older hydrangeas can be increased by dividing clumps in winter or early spring.

HOW TO GROW HYDRANGEAS FROM CUTTINGS

Make cuttings with as few as two joints or nodes (even one node will produce a plant)—or up to four or five; length depends on how many plants you want to get out of the material on hand. Remove any leaves that might remain on the stem. With a two-node cutting, set one node under the rooting medium, one node above the surface.

If you use half-ripened (summer) cuttings, remove all leaves except one or two left above the surface; cut off upper halves of these leaves to re transpiration.

As a rooting medium, use straight s or half sand and half perlite or verm lite. Keep the medium moist. When tings are well rooted—in about si eight weeks—place them in 2½ or 3- pots. In another month they'll be re to transfer from small pots to large or 7-inch) pots or gallon cans, or dir into the ground. A recommended po mix includes 60 per cent organic m such as composted, nitrogen-treated dust or ground bark; 20 per cent and 20 per cent loam. Into the mix, oughly incorporate 1 teaspoon of plete fertilizer for a 6-inch pot; 2 spoons for a gallon can. Give the p a constant, ample supply of water d the growing season.

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So we tore it down. Com-tely.

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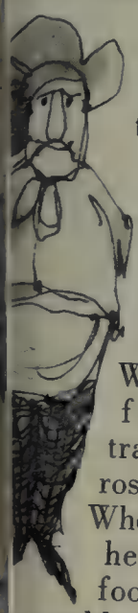

It's run like a hotel, too. Our people know what they're doing and they enjoy doing it.

The rooms are the largest in Las Vegas. And, we think, done in the best taste.

When you have breakfast in them, your tray includes a fresh rose.

When you have dinner here, you can order food not many restau- trouble to prepare—Petite nite Henry IV, Steak Diane, st of Capon Escaloppee au outh, Stone Crabs fresh from da, Omelette Norvegienne e, Crepes Suzette—it reads omething out of *Gourmet*.

Our shows feature some of the most popular stars ever to appear in Las Vegas—Vic Damone, Jimmy Durante, Robert Goulet, Phil Harris, Bob Newhart, Wayne Newton, Diana Ross, Frank Sinatra, Jr., The Supremes, Jerry Vale—*it* reads like something out of *Variety*.

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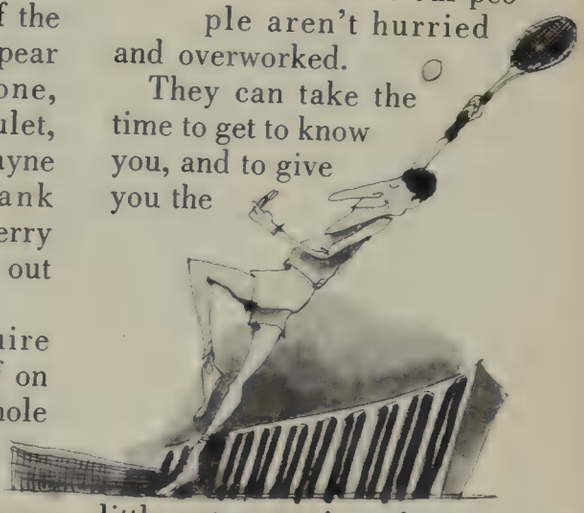

Last year, 297,367 people who came to Las Vegas stayed with us.

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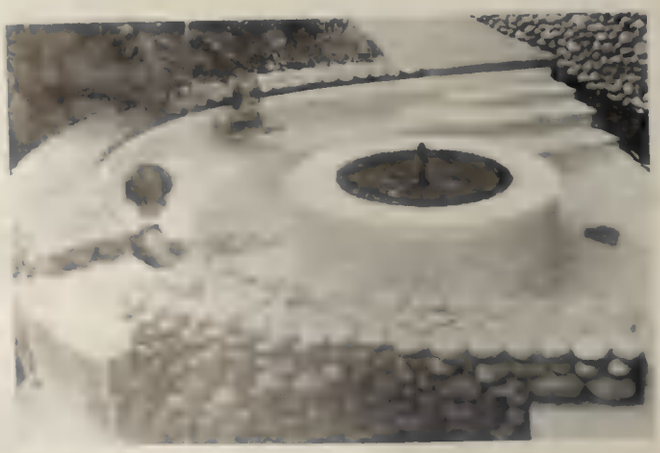
A Hughes Resort Hotel

The Changing Western Home

RICHARD FISH

Fountain *offers the sight and sound of moving water beside swimming pool*



With spray off, *small pool becomes a hydro-massage*

A fountain massage

Pictured at left is a fountain at one sid of the swimming pool at the home of D and Mrs. Richard W. Heffner of Ana heim, California.

Its base is a large concrete ring centere in a small second pool. Just inside th base is a ring of pipe perforated to pr vide about 70 small water jets that creat the fountain effect, along with one larg central jet.

The fountain is powered by a pump th recirculates water from the swimmi pool below it. The water flows back the pool over the small waterfall show Fountain and waterfall combine to ma the total effect quite musical.

The small pool serves another purpo One can turn the fountain off and turn a hydro-massage unit to have a relaxi massage, as shown below. The water warm because it comes from the swi ming pool.

Barnwood

Architects and interior decorators ha for years made interesting use of "ba wood"—weathered, aged boards salvag from old unpainted barns and shac Today some go into cabinets and room viders and others are used for wall pa ing in kitchens, dens, and other rooms

The best way to get barnwood econo cally is to find some conveniently near But this is getting difficult. Few lumb yards stock barnwood because it is h to find, somewhat fragile to handle, a not uniform in size.

The next best way is to find a sure sou and accept shipping costs as necessa One firm in Sacramento, the only on the West to our knowledge, now spec izes in collecting and selling barnwo Its main supply is redwood (aged a d red-brown tone) and various West pines (aged silver grey). Handhewn be are also often available. The wood graded and selected for color; it is fumigated. Cost is about 75 cents square foot in random width and len and about $1 per square foot in rand width cut to length. Purchasers rec a written history detailing where t barnwood was obtained.

Respect your chlorine

Dry calcium hypochlorite is a widely chemical for chlorinating residen swimming pools—it is economical, to apply, and effective. But it has defect: It can burst into flame if a lit arette is dropped into it or if such c mon things as suntan lotion, bevera fertilizers, or dead vegetation bec mixed with it. Always keep its conta closed and in a cool location.

A new formulation of calcium hypoc rite now appearing on the market is m less of a fire hazard.

am an architect
designed this house.
specified redwood.

house that chooses a mountain is no stranger to sun and wind and the relentless fog from the sea. ure has built resistance into redwood—resistance eather, insects and decay. At the same time, she's built in elegance—color, grain and texture that warms a room and frames the changing outside world in changeless beauty. Is it any wonder that 3 out of 4 architects use redwood in their *own* homes? Ask your architect.

y, Calif., residence designed by AIA, San

Kiln Dried Redwood

e booklet "Redwood Interiors," write Dept. P, California Redwood Association, 617 Montgomery St., San Francisco, Ca 94111. MEMBERS: Miller Redwood Co. Pacific Corporation • The Pacific Lumber Co. • Willits Redwood Products Co. • Rose-Cascade Corporation • Arcata Redwood Co. • Simpson Timber Co.

Its design keeps everybody out of the way of the cook

Cooking island *in foreground has cooktop with built-in oven below and an eati counter. Sink island has undercounter dishwasher (left), refrigerator at far en*

Family and guests can move freely to the four corners of this kitchen and never invade the cook's domain. She can serve the family from the inner side of the cooking island, and she can work both sides of the sink and clean-up island when she takes things from a second refrigerator-freezer on the far wall.

When the children are out playing or at school and she has some quiet time, there's a desk nearby for letter writing or menu planning. It's in an area that can also serve as a family eating area. For snacks and lunches, the family uses the island counter or the dining room.

A sewing center is built into the wall at one end of the kitchen (see plan) where projects and clutter are hidden behind bifolding louvered doors.

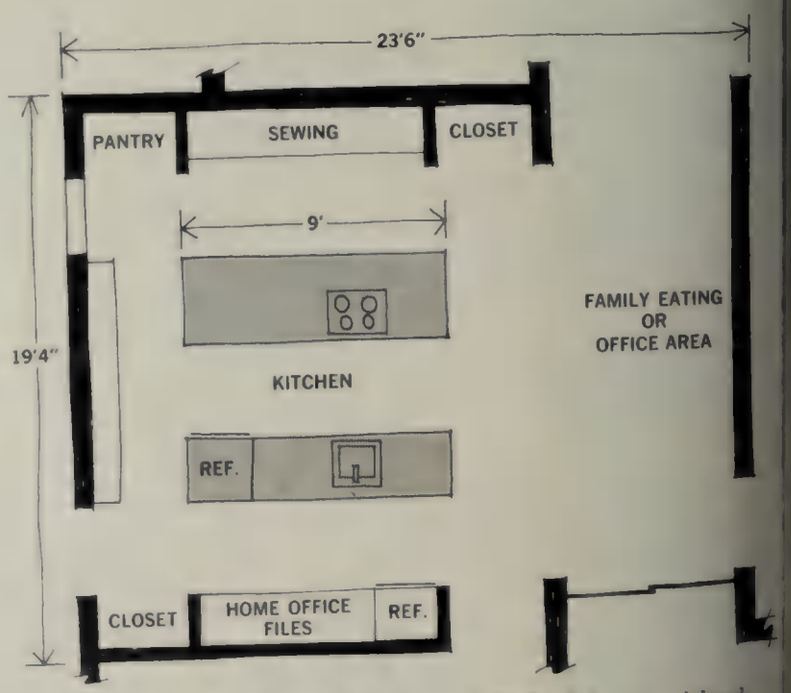
Below-counter drawers and cabinets in each island and ceiling-mounted cabinets above provide ample storage. For portable appliances and larger cooking utensils, there's a closet at the end of the file cabinet wall. Two more deep closets flank the sewing center. One is a complete pantry; the other holds miscellaneous equipment and supplies.

Cleanup is easy. Countertops, includi the eating shelf, are plastic laminate. T floor between the islands is brick; ter cotta - colored concrete is used elsewhe Both have been sealed and covered wi non-skid wax.

Architect-owner is John R. Peters Scottsdale, Arizona.

DON NORMARK

islands. Home office desk fits wall, can move if space needed for dining



Kitchen *is really a wall-less space defined by two islands that occupy only part of a family eating-activity area*

"O.K. So it isn't Miami Beach. Nobody's perfect."

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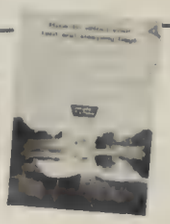

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WENKAM-SALBOSA

The kitchen *is hidden behind the partition of sliding wood panels at one side of the wide hall*

Sometimes it's a hall . . . sometimes it's part of the kitchen

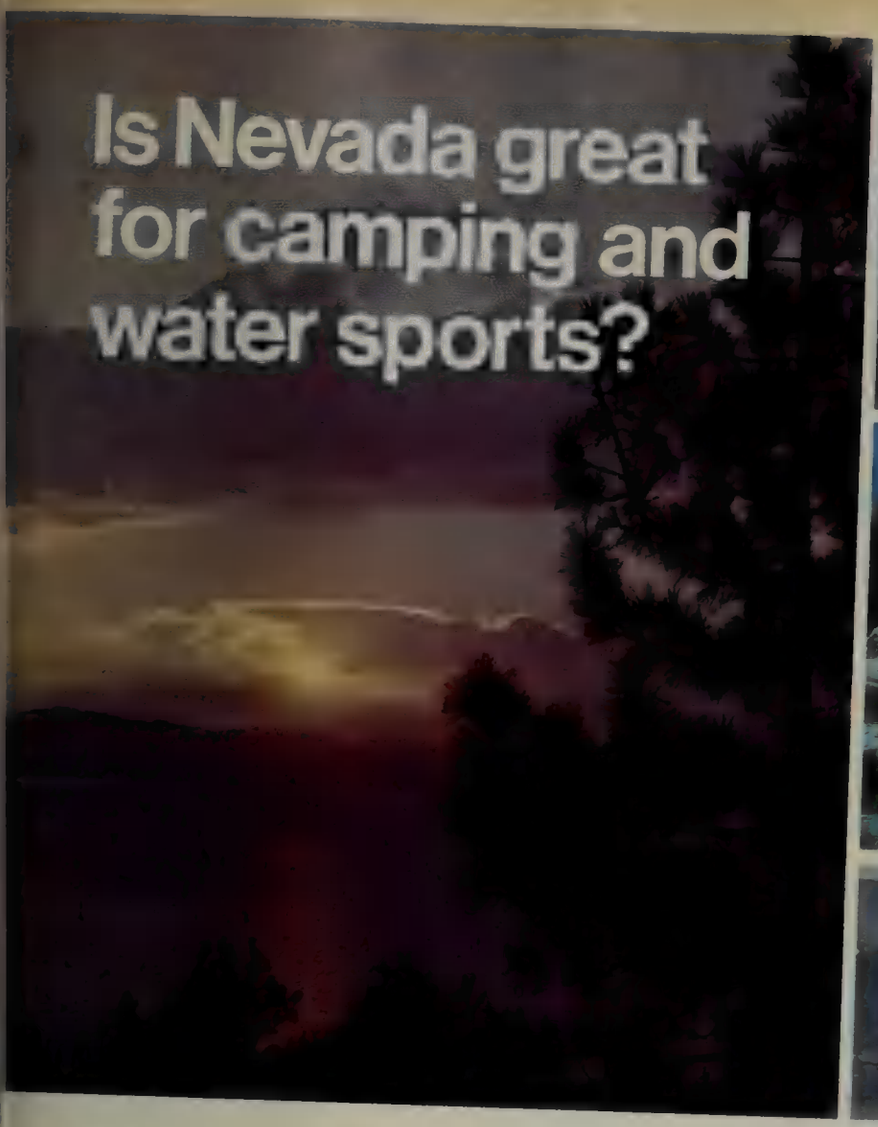
When you enter the home of the Daniel Pangs in Lanikai, Oahu, you may walk from the front door into the living room and never know you've gone right by the kitchen. The secret is kept by five sliding mahogany panels.

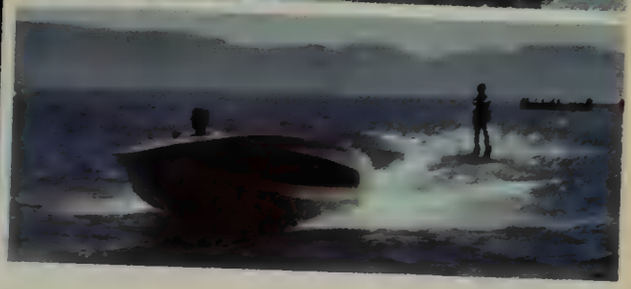
Directly behind them is a kitchen island with cooktop, overhead hood with exhaust vent, and enough counter room for the variety of Korean cooking utensils and serving dishes Mrs. Pang uses. When the panels are fully open, the island serves as a buffet counter.

For almost all family and informal occasions, the kitchen is opened to the ha In Hawaii's climate it's important not block the movement of air through house, so architect Henry Reese left op the space between the top of the pan and the raised ceiling.

In another situation you might substit translucent reinforced plastic panels frames. They'd block the view into kitchen and bring more light into the h

With panels open, *kitchen and hall work as one space*





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Right outside Las Vegas, Lake Mead has 550 miles of shoreline dotted with campgrounds, beaches and boating facilities.

Lake Tahoe in Western Nevada is the second largest lake at 6200 feet or above in the world. Long stretches of beach, well maintained campgrounds, as well as numerous boat launching facilities are available to the outdoor family.

There are 59 campgrounds scattered throughout Nevada, mostly in the almost untouched central part of the state. You can choose your degree of solitude and your type of recreation. You can pick your country — deep forest, mysterious desert lakes, rugged mountains with hidden lakes.

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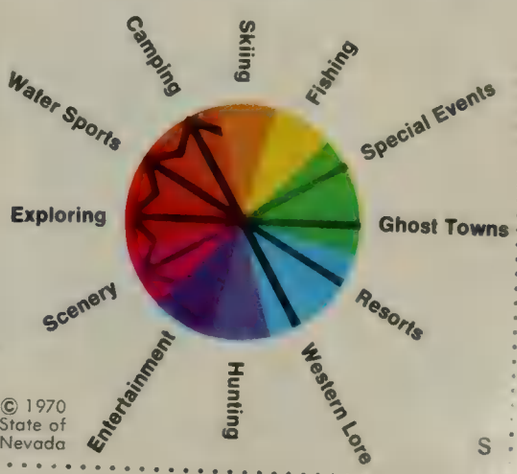

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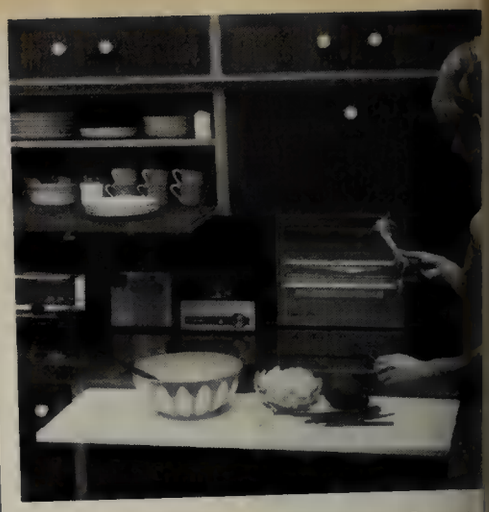
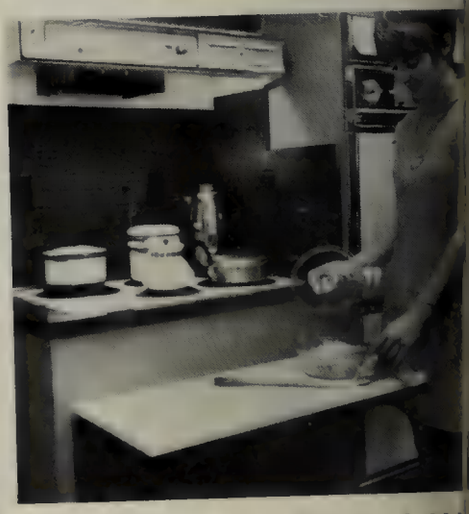


Shelf by refrigerator *is used for choppin and slicing without marring the surfac*



Shelf below range top *pulls out to hold h dishes and pans from range, oven (rig*

Pull-out shelves are porcelainized

The two handy pull-out shelves pictu above are porcelainized to protect th from intense heat as well as cutting a chopping. They're particularly usefu this compact kitchen, since the ot countertops are of plastic laminate.

Using specialized equipment, professio workers porcelainized the shelves be they were installed in the San Franc home of architect J. Lloyd Conrich. C was about $35 for each shelf.

The owners are pleased with the stur mounted, solid surfaces that nearly c ble the working counter space in kitchen. Both of the shelves are con iently located: One pulls from ben the range top and is the landing sur for the oven; the other is adjacent to refrigerator.

One problem with porcelain is chipp With care this can be avoided; if it curs, the chipped area can be repair

If your bathroom still looks like a bathroom, t needs the new Delta Fjord.

The Delta Fjord looks like two-handled faucet, works like single handle faucet, and makes ɔur bathroom look like a million.

The contemporary look in ›day's bathroom is anything but st utilitarian. It's bright, cheer- l, livable, color-coordinated, ele- ınt, tasteful and eye-appealing. short, the bathroom has finally ›me of age. And the Delta Fjord designed in honor of the fact. It ›mes in beautiful finishes of rome, satin chrome, bright gold, satin gold. In models for both ›ur bathroom basin and shower ıll. Delta Fjord can enhance your throom's decor as surely as any ›gant touch you'd add to any ›er room in your house.

The Delta Fjord's looks are ›eiving.

We made the Delta Fjord ›k like a two-handled faucet. rely for beauty's sake. But ac- ›lly, only one handle does all work. The other simply oper- s the drain control. So, the lta Fjord is in *reality*, a simple- ɔperate single handle faucet. ver?

The Delta Fjord has two handles, but only one moving part.

In designing the Delta Fjord, we didn't toss out our original faucet idea of one handle with only one moving part. Because less parts mean less need for maintenance. And less maintenance means Delta Fjord can sit there in your bathroom for years and years bothering no one. Just quietly adding elegance to your decorator-conscious bathroom.

Let Delta bring your bathroom up to date. Get the new Delta Fjord for your shower and basin from your plumber, plumbing contractor or nearest architect.

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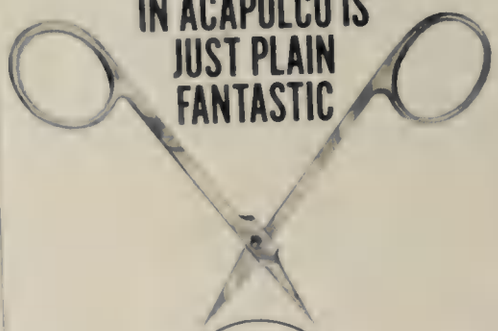

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ACAPULCO, MEXICO

Platform *of 2 by 4's used for sitting, eating, stretching out, and displaying plants. Landscape architect was Jean Davidson*

When you build around a tree

An existing tree was not only spared, it also became a main feature when these two gardens were landscaped and remodeled. The brick patio above was designed around an old apricot tree and the shady area under its branches put to good use with a raised, benchlike platform. Below, an existing *Pittosporum undulatum* was worked into the design when the front entry was remodeled.

RICHARD FIS

Planter, *deck incorporate existing tree J. C. Wauchope home, Pacific Palisad Calif. Architect was Douglas W. Ruel*

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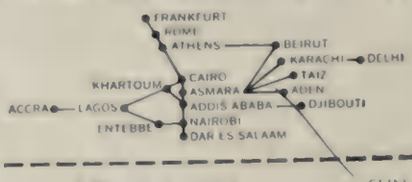

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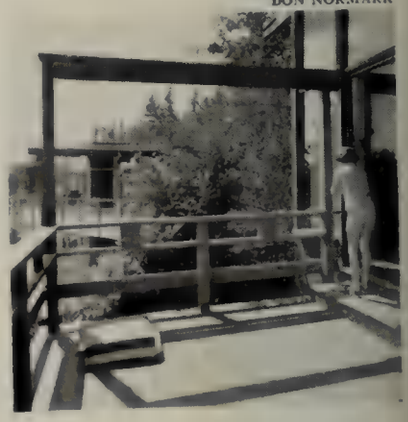
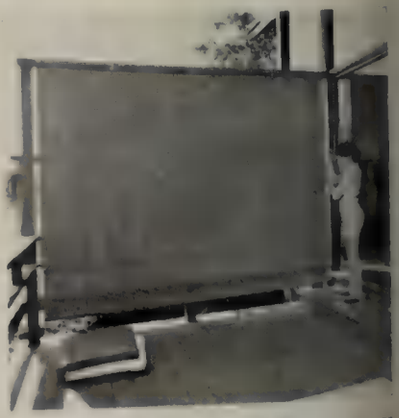
One simple and inexpensive way to provide privacy and shade for a deck or patio is to use a shade that can be rolled up or down as needed. Plastic shades are the most rain-resistant; wooden ones can be stained to match the house or trim.

The one shown here hangs on a high extension of the railing at one end of a deck. Its main purpose is to block the sun in the late afternoon, but it also offers privacy from neighbors. Burr Richards was the architect, for the Alvin E. Schoenfields of Mercer Island, Washington.

DON NORMARK





Basswood shade *pulls up for full sun exposure or rolls down, stopping at any point, for sun control*

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Sewing table, *built to fit closet, rolls out easily into the room*

She has a roll-out sewing table

This sewing machine is ready to use on its own rolling storage table. All the sewing tools travel together from the closet into the dining room.

Solid cork sheeting was used for the sewing surface; storage drawers and cabinet are painted wood. The deep bottom drawer stores patterns, while upper, shallow drawers hold tapes, thread, scissors and other sewing aids. Legs on the right end are 1¼-inch-square tubular steel attached to two casters. Two other casters are centered under the cabinet 3 inches from front and back.

The rolling table is 23½ inches wide (easily clearing the 28½-inch doorway) and 40 inches long (fitting into a closet 42 inches deep). Table height is 29 inches. Architect-owner is George B. Domaz, Phoenix.

In position *for sewing. Cabinet holds supplies, provides ample knee space. Note the speed control at knee level*

Ten-inch *extension of the exterior wall (above) gave kitchen (right) a new look, full-length storage, extra-deep drawers*

Kitchen's pushed-out side is a new storage wall

ng one wall out just 10 inches gave kitchen a lot more cabinet space.

re remodeling, the basic arrangement ıe kitchen was agreeable enough to ›wners, but they were very short of ge space. In remodeling, those few :s of depth provided for a recessed ge wall running the full length of the ter.

cupboard behind the sink and coun- : closed with sliding doors. It's used anned goods, dishes, glassware, and ble appliances. All its shelves are ıtable; some are arranged to provide ance garages and special storage for bjects.

nic tile tops the counter; it extends to the back of the cupboard for easy ıng.

electrical socket strips extend the ·ngth of the cabinet wall, so all ap- :es can be used right where they're l. Meal preparation and clean-up ısier for the owners now, too, be- the ingredients are kept within easy of the working counter.

owners created adjustable spice :s in a shallow space perpendicular storage wall (behind woman's head ture). Spices are now close to the working center, another convenience in meal preparation.

The drawers below counter level are extra spacious—36 inches from front to rear (another benefit of the 10-inch extension)—and supported by reinforced slides. The owners use some of the drawers for canned goods and find the slides

Spacious low drawers *are shaped to give 3-inch toe space in front; note strip of carpeting attached to front of the recess*

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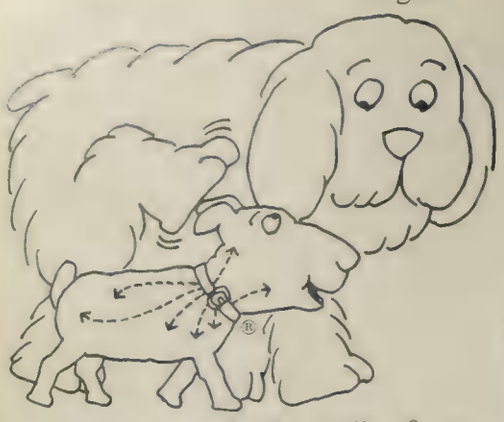
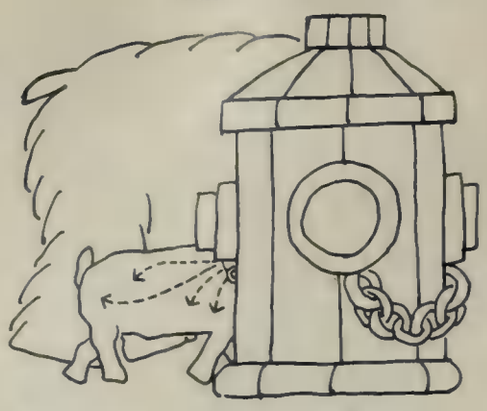
"[illegible] where fleas are worst. Right?"



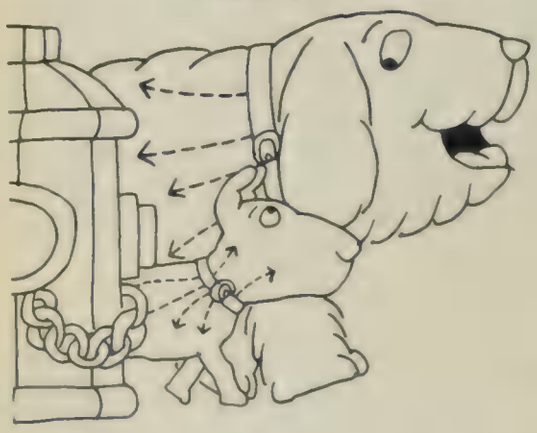
"So get a Sergeant's Flea Collar. 8 out of 10 dogs here wear 'em."

"What're the arrows for?"



"They show how Sergeant's tracks down fleas and kills 'em dead."

"Oooh. That's better."



In parts of the country where fleas are worst, 8 out of 10 dogs who wear collars, wear this one.

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easily hold the weight. Note the bottom drawers—each is inset for toe space, but only 3 inches, leaving room for storing cooky sheets and large pans in an upright position.

The kitchen carpeting extends up the front of the toe space under the bottom drawers to give a more uniform look.

Outside, the remodeled kitchen wall is relatively unobtrusive, extending from the top of the foundation to the lower edge of the windows. A panel near the bottom can be removed to give access to the kitchen plumbing.

Can we see your movies?

For a film on Western living to be produced this fall, we are anxious to have home movies from readers showing projects or trips inspired by *Sunset*.

If you have taken movies or slides of things done because of *Sunset* in the past—or if you can photograph some home project or trip this year—won't you share them with us? We are interested in showing a wide range of Western living activities—home entertaining, home improvement, gardening, hobbies, and travel.

We hope to get films of people doing things, children especially. Even if your pictures aren't all dead serious, send them along—we want humorous touches, too.

Please include a note describing your experience; if possible, tell what *Sunset* article or advertisement gave you the idea. If you prefer, do this by tape recorder, either reel or cassette.

Slides and 8mm, super 8, and 16mm movie film are equally welcome. We'll return them by September 30, or earlier if you need them. If you need a shipping container, let us know the size. *Sunset* will refund shipping cost when film is returned.

Not everyone, of course, takes pictures. In a few situations we can send our own cameraman to photograph your project. Since we would hate to miss anything unique and *Sunset*-inspired, please let us know if you are doing a very unusual project; we may be able to work it into our schedule.

Send your film to Audio-Visual, *Sunset Magazine*, Menlo Park, Calif. 94025. You may enjoy being part of our production.

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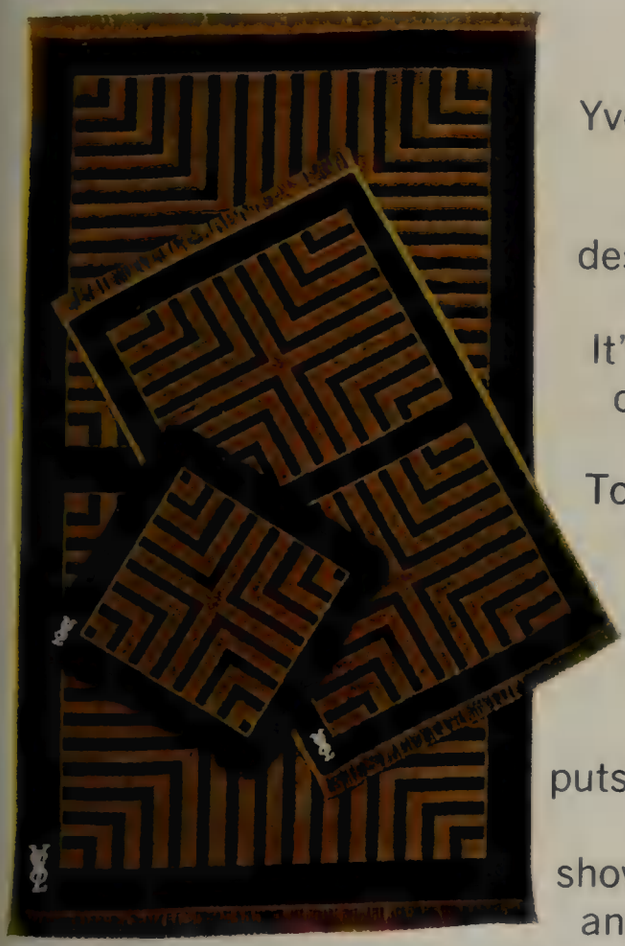
Yves Saint Laurent Originals: what your bed and bath should be wearing.



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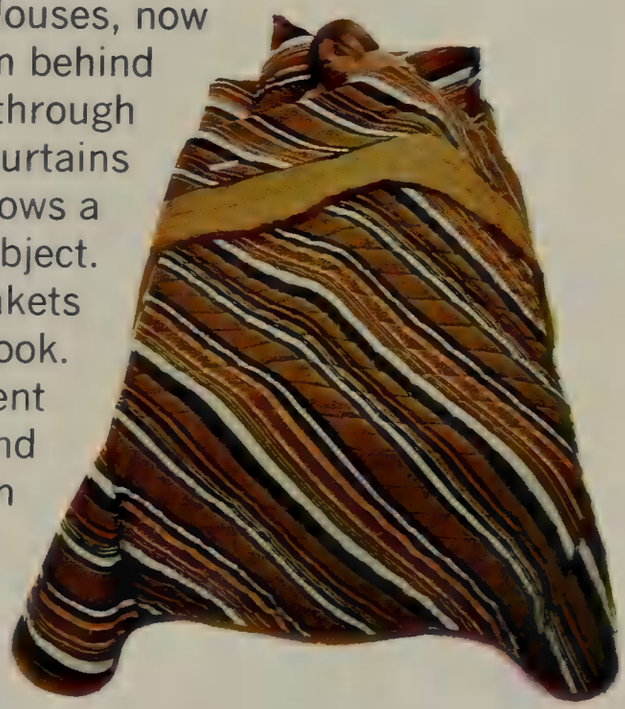

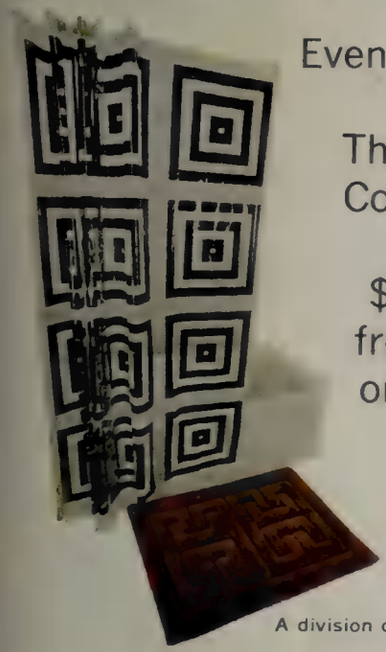

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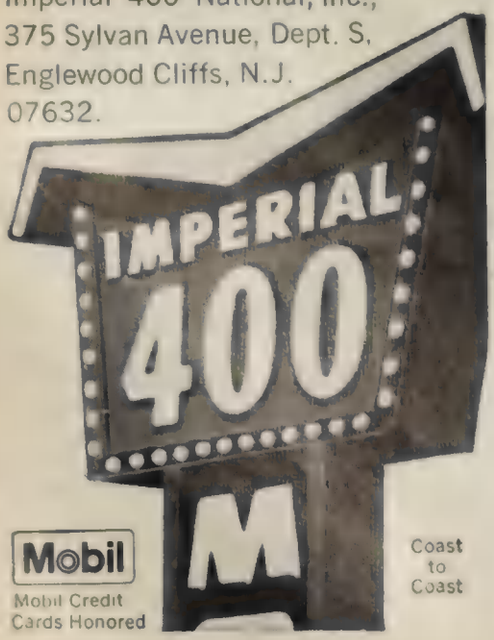

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Garden center in a carport wall

A garden work center is hidden behind t carport storage wall shown below. Bac to-back cupboards hold outdoor tools a supplies, and the carport roof overha provides shelter from sun and rai There's even a swivel spotlight for aft dark potting chores.

On the working side, a counter 2½ f wide, 13½ feet long, and 3 feet hi runs 1 foot below the bottom of the lar open carport window, so you don't the clutter on its working surface fr inside. A 4 by 6 beam supports t counter. To the left of a steadying ve cal 4 by 4 post, there's space for bul nursery sacks; to the right a low sh helps to separate stacks of clay pots.

Architects were Robert C. Peterson a Victor K. Thompson for a residence Woodside, California.

Handsome storage wall *and a window carport opening hide garden work coun*

Work counter *has lots of elbow room space for storage, is out of visitors' v*

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Nursery can *fits into wood container about 12 inches square by 14 inches high. There are drain holes in bottom of box.*

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'hey hang up their tablecloths

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Deisseroths of Kaneohe, Hawaii, hang
n on round plastic tubing.

tubes are suspended from the under-
of a shelf in a tall, narrow closet. One
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of the closet; the other end is held
chain attached to a wood plug.

easy loading of long linens, the
ths of tubing are removable. Plugs
chains remain in place (see the bot-
photograph).

tubing (1 inch in diameter, with ⅛-
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WENKAM-SALBOSA

ble linens *hang smooth, free from*
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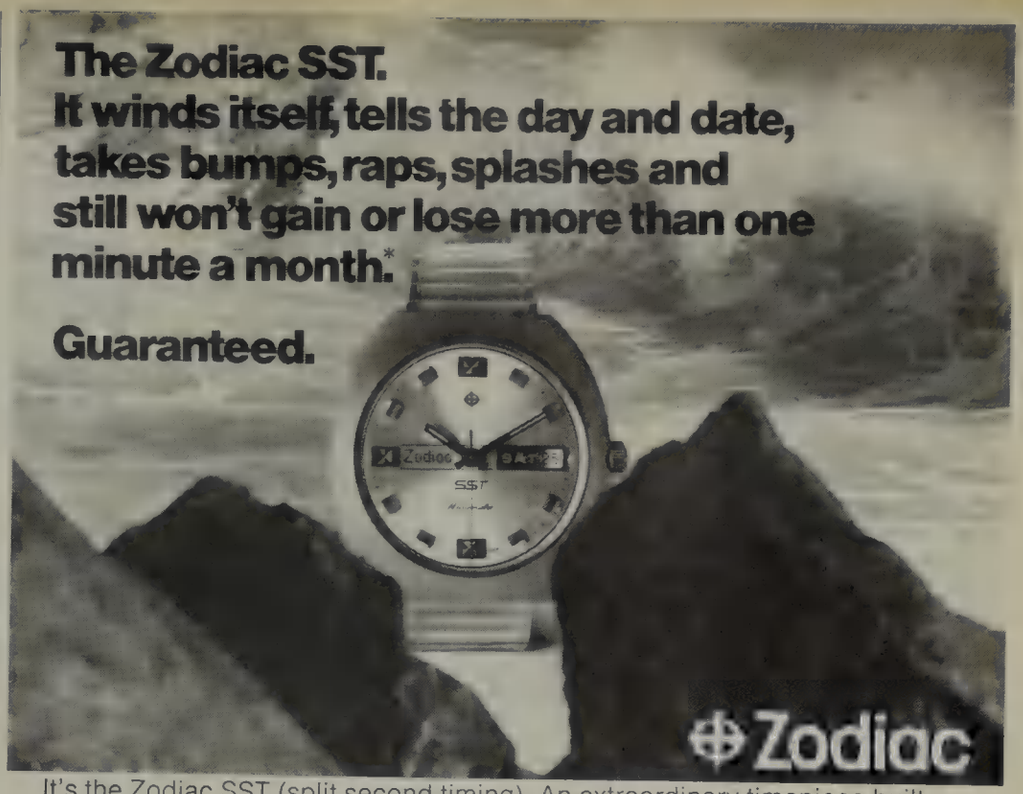
on chain *fits into hollow tube,*
ing bar in horizontal position



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'hen is rye
ımpernickel?

h rye and pumpernickel are made n the rye berry. When the whole berry, roughly cracked, is the main edient of the loaf, it's called pum- ıickel. For a delightful new experi- : in ryes, look for this pumpernickel wears our Hearth-Ofen label:

ggenbrot Pumpernickel

a traditional, old-country bread. ng begins with a naturally fer- ed rye "saur" to which is added a l of whole rye, whole wheat, un- hed white, safflower oil, malt and . The dough is formed into long ıch) slabs and steam-baked for 7 ;. Then it is sliced wafer thin. And a bread it is—fragrant, mellow, y, almost cheeselike in texture.

ıdwich Rye

is Oroweat rye bread you'll find ull flavor of the dark ryes, the ness of caraway and the piquancy urdough.

eat breads—25 different loaves to dividual tastes—are on the bread s under these labels: Northridge, h-Ofen, Francisco French and eat.

Home office inside the wall

A fold-out office has proved very handy in the home of Mr. and Mrs. John H. Wilke of West Los Angeles.

It's simply a 3 by 4-foot desk top of ¾-inch plywood that hinges down out of a cabinet wall, with storage shelves behind and a second storage cabinet at the left. The hinged, ladderlike legs easily support a standard typewriter. The cabinets hold a variety of stationery, an adding machine, and a desk lamp.

RICHARD FISH

Desk swings down *out of a wall cabinet and its legs hinge out. It's easy to handle*

It's sturdy enough *to hold a heavy standard typewriter; big enough for work space*

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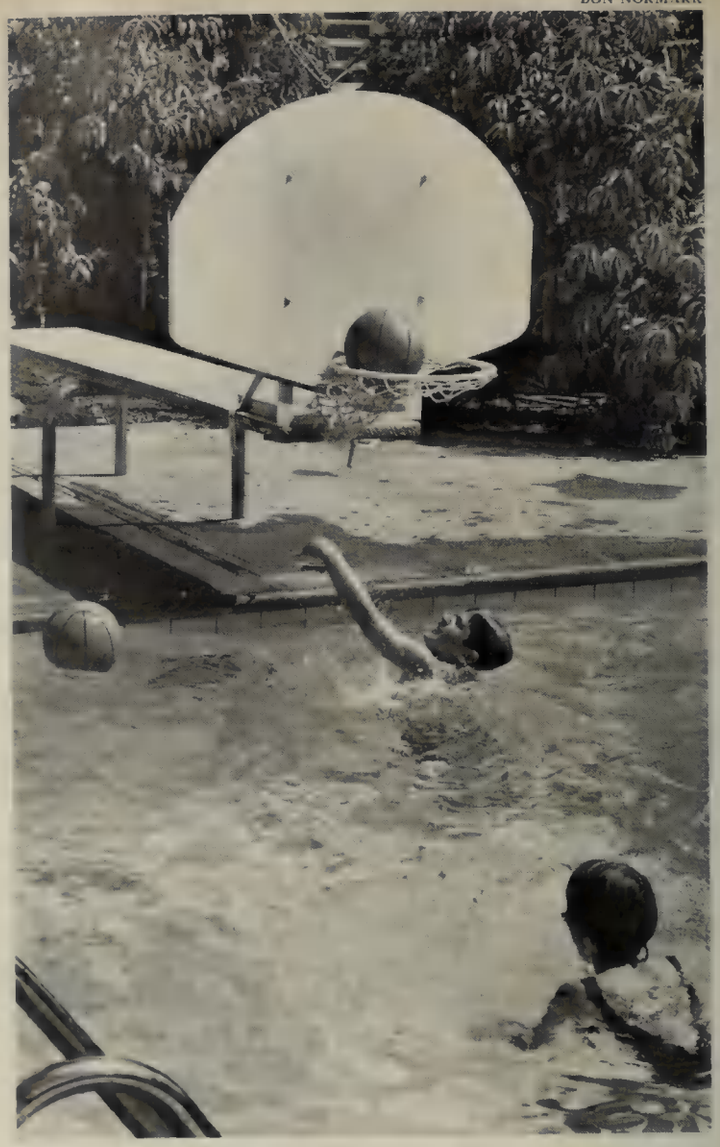

Pool basketball. *Just clamp the backboard to your diving board whenever the youngsters want a competitive sport*

They're playing pool basketball

What's a good game to play in a swimming pool?

For youngsters, the more athletic it is, the better. They like the one that Reginald F. Plymire of Bellevue, Washington, devised for his pool. He just rigged up a standard basketball backboard with ring and net that you can purchase at sports shops or large mail-order houses for about $20 to $30.

The backboard is bolted to a 1½-inch angle-iron frame that fits the end of the Plymires' diving board. To use it, they set it in place and clamp it to the diving board with two C-clamps.

This water basketball game can be played by any rules that you or the youngsters make up. One caution—carrying and throwing a ball from the water is strenuous, so if you are not in top physical condition, do not challenge a group of teenagers to a match.

The best basketballs to use in water are the inexpensive ones of a rubberlike plastic. A nylon basketball net is best because it does not deteriorate rapidly in the water and the sun.

Angle-iron frame *has a right-angle shape so it can be clamped to the diving board*

ı cars, bigness for bigness' sake may soon be a thing of the ıst, and it's about time. Have you driven in the city lately? o doubt the utility car of the future is the very small kind at we see so many of already. But the *luxury* car of the future we believe, the new Rover 35OOS...

BABY V-8

RADITIONALLY, big cars with big engines are supposed to be desir- for three reasons:

Because they are impressive to look hus winning their owners prestige; h, if it ever did make any sense, is ing less sense every day as the streets highways get more crowded.

car's primary function is to get you ur destination, meaning it must be euverable in traffic and into parking s, if there is any room to maneuver park in at all.

ıke a Rover 35OOS out for a test in the city and you'll be amazed at eer manageability. Buy it and take me and you'll be amazed at how ı more easily you can get into, out nd around it in your own garage. hink you'll agree that for this kind nvenience an impressive appear- might well be sacrificed. (But we hink you'll agree that we haven't.)

ig cars with big engines are more rful, and the more power and accel- n you have, the better.

r drag-racing, perhaps. But that's ur game, and we doubt very much yours. Consequently the kind of r today's automobile advertising s so much of is really surplus , good for nothing in real-life driv- cept to wear out tires and use up t an appalling rate.

s is a Baby V-8 by those standards. ısible ones, however, and in a sen- ized car like ours, it has the extra it takes to operate its automatic ıission and power steering, and to for hours at freeway speeds with ıte ease. (The top speed, about .p.h.) It has the extra acceleration ed in everyday emergencies such ing *onto* a freeway. (Zero to sixty 8 seconds.) And yet in high-speed ontinental test-runs during three

Our V-8 with a comparably priced one of Theirs, outlined, in true proportion.

years of development in this country, test cars regularly averaged 17 m.p.g.

So, unless conspicuous consumption is really what you want in a car, our Baby V-8 is ideal.

3) Finally, big cars are supposed to ride better and be more comfortable than smaller cars, which may be true of limousines compared to dune buggies, but hardly of outsized sedans compared to the 35OOS.

A smooth ride is a matter of suspension design, not of sheer size. And of course there is much more to a comfortable interior than mere elbow-room. Without going into the jargon of the Rover 35OOS's suspension layout or trying to describe the ambiance of its interior via air-flow, seat-contours and the like, we simply defy anyone to get more comfortable in any other car, no matter how much bigger it is.

According to *Car Life* magazine's road test report, "The engineering editor said the Rover 35OOS is the best handling boulevard-ride car he's driven, and that we could quote him."

To sum up: Bigness in cars is a thing to be avoided, short of inconveniencing the driver and passengers. The Rover 35OOS is a splendid example of how, with ingenuity, this can be done without sacrificing any of the conveniences larger cars offer. (For instance its trunk can be enlarged, for those rare occasions when trunks *are* used to capacity, by mounting the spare tire on the lid.) Indeed, we've kept it down to a handy size without even sacrificing any of the *luxuries* larger cars offer. In addition to those already mentioned, the 35OOS offers power-assisted disc brakes, electrically operated windows, integrated heating and ventilation, optional thermostatically controlled air-conditioning and heating system, and a long list of other standard equipment and options that a Rover dealer will be glad to run down with you. Then test drive it, and we believe you'll see all the bigger V-8s for what they really are. Gross.

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Rate yourself for each category by filling in each Point Score line with the appropriate points indicated below each bracket.

					POINT SCORE
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SECURITIES (Stocks, Bonds, Mutual Funds, Notes, etc.)					
UNDER $10,000 **10**	$11,000-$30,000 **20**	$31,000-$50,000 **30**	$51,000-$100,000 **40**	OVER $100,000 **60**	
INVESTMENT REAL ESTATE					
UNDER $10,000 **10**	$11,000-$30,000 **20**	$31,000-$50,000 **30**	$51,000-$100,000 **40**	OVER $100,000 **60**	
YOUR HOME					
$20,000-$30,000 **10**	$31,000-$50,000 **15**	$51,000-$75,000 **20**	$76,000-$100,000 **25**	OVER $100,000 **30**	
LIFE INSURANCE					
$10,000-$50,000 **10**	$51,000-$75,000 **15**	$76,000-$100,000 **20**	$101,000-$200,000 **25**	OVER $200,000 **30**	
PROFIT SHARING AND/OR PENSION PLANS (LUMP SUM ANTICIPATED)					
UNDER $20,000 **5**	$21,000-$50,000 **10**	$51,000-$75,000 **15**	$76,000-$100,000 **20**	OVER $100,000 **25**	
SAVINGS					
UNDER $10,000 **10**	$11,000-$20,000 **20**	$21,000-$50,000 **30**	$51,000-$100,000 **40**	OVER $100,000 **60**	
PERSONAL PROPERTY (e.g. Art Objects, Valuable Collections, Jewelry)					
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ANTICIPATED INHERITANCE					
UNDER $10,000 **5**	$11,000-$30,000 **10**	$31,000-$50,000 **15**	$51,000-$100,000 **20**	OVER $100,000 **25**	
ANNUAL INCOME (SALARY)					
$10,000-$20,000 **5**	$21,000-$30,000 **10**	$31,000-$50,000 **15**	$51,000-$75,000 **20**	OVER $75,000 **25**	
ANNUAL INCOME (OTHER)					
$3,000-$5,000 **5**	$6,000-$10,000 **10**	$11,000-$15,000 **15**	$16,000-$20,000 **20**	OVER $20,000 **25**	
INDEBTEDNESS (Include Balance Due on Mortgage, and Other Outstanding Loans)					
OVER $75,000 **1**	$75,000-$26,000 **2**	$25,000-$11,000 **3**	$10,000-$6,000 **4**	$5,000 & UNDER **5**	
If you score **100 points** or more you should be interested in discussing an estate plan with one of our Trust Officers.				**TOTAL**	

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Sunset's Kitchen Cabinet®

The entertaining you do in June may be more casual than usual, so we've selected recipes to suit such situations. Consider oven-barbecued spareribs when the guest list includes young people; serve them with paper plates and lots of paper napkins. If you co outside, you might bake the cornbre we suggest in an iron frying pan a keep it warm beside the grill.

Summer squash bakes in a casser and then can wait; and gazpacho sal

Heap ribs on platter, supply plenty of paper napkins for eating out of hand

Oven-Barbecued Spareribs

You can prepare the spareribs ahead, then reheat them before serving.

- 6 pounds (about 2 sides) spareribs
- 2 tablespoons salad oil
- 1 medium-sized onion, chopped
- 1 clove garlic, minced or mashed
- 1/3 cup vinegar
- 1 tablespoon *each* Worcestershire and prepared horseradish
- 2 tablespoons brown sugar
- 1 cup chile sauce
- 1 can (8 oz.) tomato sauce
- 1/2 cup water
- 1 teaspoon *each* salt and prepared mustard
- 1/4 teaspoon pepper

Cut spareribs apart into individual ribs. Arrange them in a single layer in 1 or 2 large baking pans; bake, uncovered, in a 350° oven for 1 hour.

Meanwhile, heat the oil in a fry pan; add the onion and garlic, a sauté until onion is golden, abou minutes. Stir in the vinegar, Worc tershire, horseradish, brown sug chile sauce, tomato sauce, water, s mustard, and pepper. Simmer, unc ered, about 20 minutes, stirring oc sionally. Remove spareribs from oven; drain and discard the fat. Co bine the meat in one large pan; p over the sauce and bake, uncover for 30 minutes longer, basting oc sionally with sauce in pan. Make to 8 servings.—*C. K., Salem, Ore.*

Robustly seasoned cornbread is ideal accompaniment for barbecued meats

Fiesta Cornbread

If you have any cornbread left, split and toast it to serve with eggs for breakfast or with main dish salads.

- 1 1/2 cups regular all-purpose flour (unsifted)
- 1 teaspoons baking powder
- 1 teaspoon salt
- 1/4 cup sugar
- 1 1/2 cups yellow cornmeal
- 6 tablespoons grated Parmesan cheese
- 1/4 cup *each* chopped green pepper and finely sliced green onion
- 6 tablespoons melted butter or margarine
- 4 teaspoons chile powder
- 1 1/3 cups milk
- 2 eggs, slightly beaten

Sift together into a large bowl the flour, baking powder, salt, and sug stir in cornmeal, Parmesan che green pepper, and onion.

In a pan, melt the butter with chile powder; remove from heat a stir in the milk and then eggs. P milk mixture all at once into dry gredients and stir just until blend Turn batter into a well greased bak pan (about 9 inches square) or a inch heavy frying pan.

Bake in a 400° oven for about 35 m utes, or until a pick inserted into center comes out clean. Cut in squa or wedges and serve hot. Makes 8 10 servings.—*H. N., San Francisco.*

Combining several different kinds of summer squash makes a colorful dish

Summer Squash with Dill

You can use crookneck, pattypan, or zucchini squash, or a combination of them to make this vegetable casserole.

- 1 1/2 pounds summer squash
- 1 tablespoon butter or margarine
- 1/3 cup finely chopped onion
- 1 tablespoon water
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 1 cup (1/2 pt.) sour cream
- 1 teaspoon dill weed
- 1 tablespoon flour
- Chopped parsley

Wash squash and trim off the ends, but do not peel; cut into 1/2-inch slices. Put the butter in the bottom of a 1 1/2-quart casserole and place in the oven while it is preheating to 350°. When butter is melted, remove it from oven and arrange the sliced squ and onion in the casserole. Spri over the water, salt, and pepper. Co the casserole and bake for 40 minu

In a bowl mix the sour cream, weed, and flour until well blended. move the casserole from the oven, stir the sour cream mixture i squash until blended.

Return to the oven and bake, un ered, for about 15 minutes more. until squash is tender, but still sligl crisp. Garnish with chopped par before serving. Makes about 6 s ings.—*W. W., Atherton, Calif.*

oth make-ahead and portable.

you invent a new recipe, we invite to share it with other Westerners. d contributions to *Sunset Maga-*, Menlo Park, Calif. 94025. We $10 for each recipe published.

Ribs or gumbo, summer squash, cornbread, a gazpacho salad

pacho Salad

layer ingredients in the bowl in a way that those that benefit from ling in dressing are on bottom.

- ¼ cup bottled Italian dressing
- ½ teaspoon *each* salt and garlic salt
- ¼ teaspoon pepper
- 3 medium-sized mushrooms
- 4 green onions
- 2 medium-sized cucumbers
- ½ cup chopped parsley
- 1 medium-sized green pepper
- 3 large tomatoes
- About 6 ounces Swiss Cheese, cut in thin strips
- 3 hard-cooked eggs, sliced

e bottom of a salad bowl, com- the dressing, salt, garlic salt, and er. Thinly slice the mushrooms and green onions, including some of the green tops; mix into dressing in bowl. Peel and thinly slice the cucumbers and layer in the salad bowl; sprinkle with parsley. Remove seeds from the green pepper, cut it into thin strips, and arrange over cucumbers. Peel the tomatoes, cut into thin wedges, and arrange carefully on top of salad; then sprinkle cheese over tomatoes. Without mixing salad, cover and refrigerate for 3 to 4 hours.

Just before serving, gently mix everything together. Garnish with egg slices on top. Makes 8 to 10 servings.—*R. A., Lawndale, Calif.*

Vegetables in bottom of bowl marinate in the dressing en route to a picnic

and Shellfish Gumbo

can vary the fish and shellfish in soup main dish. Garnish each g with sour cream, if you wish.

- tablespoons butter or salad oil
- small onion, chopped
- large stalk celery, sliced
- clove garlic, minced or mashed
- cans (16 oz. *each*) clam-tomato juice
- bay leaf
- teaspoon chile powder
- chicken bouillon cube
- tablespoon white wine vinegar
- pound fish fillets (rockfish, halibut, turbot)
- pound medium-sized raw shrimp
- package (10 oz.) frozen cut okra
- tablespoon finely chopped parsley

Dutch oven or other large pan, heat the butter and sauté the onion and celery about 5 minutes. Add garlic and sauté 1 minute. Add clam-tomato juice, bay, chile powder, bouillon cube, and vinegar; bring to boiling.

Cut the fish into bite-sized pieces; shell and devein the shrimp. Add okra to boiling broth, bring back to boiling, and add fish and shrimp. Cover and simmer about 6 minutes. Add parsley, remove from heat, and serve. Makes 4 servings.—*C. S., Gardena, Calif.*

You might add to this soup 1 jar (10 oz.) oysters, chopped, or 1 can (10 oz.) whole baby clams. Add with the parsley; heat briefly before serving.

Okra slices with fish and shrimp in spicy broth of clam and tomato juice

apple Cream Sherbet

with a fully-ripe fresh pineapple esh lemon juice to make this re- tor dessert.

- medium-sized ripe pineapple
- envelope unflavored gelatin
- cups sugar
- cup lemon juice
- cup water
- eggs, separated
- cup whipping cream

ff all the peel of the pineapple; t and remove the core. Cut in pieces and whirl in a blender h to make 1½ cups crushed ple. (Without a blender, chop then crush with a fork.) In a ombine the gelatin and sugar, and stir in lemon juice and water; stir over heat until completely dissolved. Stir into the pineapple. Pour into a 2-quart container and freeze until slushy, about 1 hour.

Beat egg whites until soft peaks form; set aside. Using the same beaters, beat egg yolks with the cream until stiff; set aside. Turn pineapple mixture into a chilled bowl and beat until fluffy. Fold in the cream mixture, then the egg whites and return to freezer tray. Cover and freeze until firm. Remove from freezer about 20 minutes before serving to soften slightly. Makes 2 quarts.—*D. K., Mountain View, Calif.*

Creamy fresh fruit sherbet for light dessert alone or with fresh strawberries

This is Arab peasant bread

Thin *6½-inch round of Arab bread goes into a 500° oven*

When it bakes it puffs like a balloo

The peasant bread of the Arab world is a chewy flat round bun. When it bakes it puffs up like a balloon and forms a pocket that can be filled with savory ingredients.

Variously called Arab, Arabic, or Armenian bread, this yeast-leavened bread is available in delicatessens catering to a Middle Eastern clientele.

Arab bread is easy enough for even a novice to make if the directions are carefully followed. A few are essential: First, roll the dough to a precise and even thickness and let the rounds rise exactly as directed. Also preheat the oven for at least 30 minutes before the start of baking and check the temperature with a thermometer, for it is necessary to maintain an even, hot baking temperature.

In the Middle East, Arab bread is used as a bread or a sandwich, and torn apart to scoop up dipping sauces. Enlarging upon tradition, we propose some Western innovations: Whole, it makes a flavorsome base for an open-faced supper pizza. Split, as a sandwich, it can be filled with Mediterranean ingredients for a cold picnic lunch or stuffed with cheese and ham and heated until oozing. Spread with whipped honey butter, it makes a fine out-of-hand hot bread for brunch.

ARAB BREAD

- 2½ cups warm water (about 110°)
- 2 packages active dry yeast
- ¼ teaspoon sugar
- 6 cups regular all-purpose flour (sifted)
- [illegible] teaspoons salt
- 3 tablespoons olive oil or salad oil

Pour ½ cup of the water into a small bowl, add yeast and sugar, and stir until dissolved. Place flour, salt, and oil in a large bowl. Add the yeast mixture and the remaining 2 cups water and beat with a wooden spoon or a heavy duty electric mixer until the flour is completely moistened. Turn out on a floured board and knead until smooth, satiny, and no longer sticky, about 10 minutes. Place in a bowl, grease the top lightly, cover, and let rise in a warm place until doubled in size, about 1½ hours.

Turn out on a lightly floured board and knead lightly to remove air bubbles. Roll into a log 16 inches long; then cut into 16 equal pieces. Pat each piece of dough into a ball; then use a rolling pin on a floured board to roll each ball into a circle 6½ inches in diameter and 3/16 inch thick (precise thickness is important but the circle may be irregular). Place each round on 6½-inch squares of foil. Let stand uncovered at room temperature for 1 hour. (Do not place in a warm spot to hurry the rising.)

Meanwhile place oven rack at the lowest point and preheat oven to 500°. Place 4 breads at a time, still on foil, directly on the oven rack. Bake about 5 minutes, or until puffed and just starting to brown. Remove from oven and either serve at once with butter or slip into plastic bags while still hot to keep the bread moist and pliable until served. Serve in any of the following ways, or let cool and freeze. Thaw before using. Makes 16 loaves, 6½ inches in diameter.

To reheat Arab bread, stack 4 to 6 rounds and wrap in foil. Reheat in a 375° oven for 10 to 15 minutes, or until hot through. Serve in a napkin-lined basket with butter at lunch or dinner. Arab bread goes particularly well with an entrée of shish kebab. Then it is customary to tear br into wedges and wrap each around lamb as you pull it off the skewer to sandwich style.

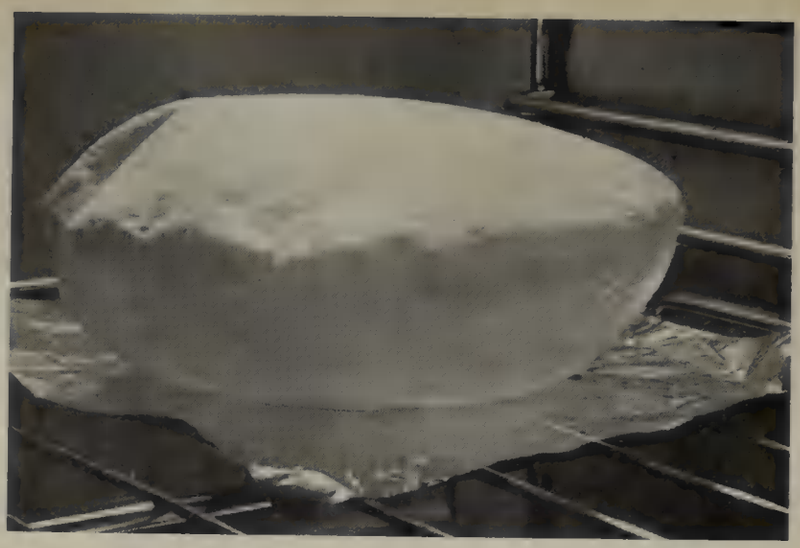
Mediterranean Sandwich. For each sa wich, slit 1 Arab bread. Spread the b with butter, then layer with a leaf butter lettuce, 3 slices Lebanon bolo (or other bologna or summer sausa 2 or 3 slices tomato, several slices pit ripe olives, 1 chopped green onion, chunks of feta, teleme, or jack ch (about 1 ounce). Makes 1 sandwich.

Mushroom Pizza. For each pizza, pla Arab bread on a baking sheet, spr with 2 tablespoons canned pizza sa top with 1½ ounces sliced Mozzar cheese and 4 slices salami. Thinly s 1 large mushroom, dip slices in me butter, and arrange on top. Bake at 4 for 20 minutes. Makes 1 sandwich.

Hot Swiss Rounds. For each sandwich, 1 Arab bread and fill center comple to the edges with alternating layers 1½ ounces thinly sliced Swiss cheese Norwegian Jarlsberg) and 4 slices sciutto or 2 slices boiled ham. Wrap e in foil and heat in a 400° oven for minutes. Makes 1 sandwich.

Honey Butter Buns. Cream ½ cup (¼ soft butter or margarine until light. 1 cup (½ pint) whipped honey and teaspoon nutmeg and beat until smoot blended. Spoon into a pot or crock. W about 8 to 10 loaves of Arab bread gether in foil and heat in a 375° oven 10 to 15 minutes, or until hot throu Serve in a basket. Spread bread w honey butter or slit breads and fill. Ma 8 to 10 servings.

minutes later *steam forms inside making a hollow*



Within 5 minutes *bread inflates into a puffy round loaf*

it has a pocket that you can fill

n slit, *half an Arab bread folds back for generous filling with ingredients for Mediterranean sandwich*

DARROW M. WATT

Three salads a

1· *First course buffet salad features romaine, endive, tomatoes, and palm with zesty watercress dressing*

2· *Salad bar buffet main course is a platter of curried white and wild rice encircled by shrimp and chicken brea plus quartet of condiments: coconut, chutney, cashews, avocad*

›nce . . . in one summer buffet

DARROW M. WATT

3. *Dessert sherbet tower is ringed with berries and peaches. Chocolate curls and kirsch cream are optional toppings*

t sparks this party idea is a triple l bar buffet. Guests pick up the three ses of the cool summer salad supper ifferent stations and times and carry ı back to the table.

easy on the hostess, too—since the u is geared to day-ahead preparation. first course, which might be offered ıe patio, is a decorative salad includ- such surprises as hearts of palm and e in a spicy watercress dressing. Next s a curried shrimp and chicken salad condiments for the entrée. This is ant served indoors from a sideboard tables set up nearby. Dessert is a berry sherbet tower surrounded by fruits, chocolate curls, and kirsch n. The hostess may choose to present serve this finale at the table.

ERCRESS ENDIVE SALAD BOWL

dressing, mix together ¼ cup white vinegar, ¼ cup *each* salad oil and oil, and 1 teaspoon *each* salt and dry ard. Drain 1 can (14 oz.) hearts of and cut into ½-inch-thick slices: ¼ cup of the dressing over palm et chill (overnight if desired).

a large flat salad bowl (about 12-inch eter) with outer leaves of 1 head ro- (previously washed and crisped). inner leaves into bite-sized pieces arrange in the center. Break the s from 2 small heads of Belgian en- nd make a ring just inside romaine . Peel and slice 2 large tomatoes and a circle on the endive. Spoon mari- sliced palm into the center. Cover hill until serving time (up to 2). Add ⅓ cup very finely chopped cress to remaining dressing and over salad before serving. Serves 8.

MP AND CHICKEN INDIENNE

4½ cups water to a boil and add 2 packages (6 oz. *each*) white and wild rice mix (omit any seasoning packets included in the rice mix), 1 teaspoon salt, and 2 tablespoons oil. Simmer until tender, according to package directions.

Meanwhile, for curry dressing sauté ½ cup finely chopped onion or shallots with 4 teaspoons curry powder in 4 tablespoons salad oil until onion is golden. Remove from heat. Mix together 3 tablespoons *each* lemon juice and white wine vinegar; ½ cup *each* salad oil and olive oil; 2 cloves garlic, minced; 2 teaspoons *each* grated lemon peel and salt; ¼ teaspoon *each* ground ginger and nutmeg; and the sautéed onion mixture. Pour half of the dressing over the hot cooked rice and fluff with a fork. Cover and chill, along with remaining dressing.

Remove skin from 8 split chicken breasts (4 whole breasts) and sauté in 2 tablespoons butter with 2 teaspoons curry powder until golden, turning to brown both sides. Season with 1 teaspoon salt and pour in ½ cup dry white wine. Cover and simmer 15 minutes, or until chicken turns opaque white throughout. Let cool, remove bones, and chill, covered.

Bring 2 cups water and ½ teaspoon salt to a boil, add 1 pound large shrimp (16 to a pound), cover, and simmer 5 minutes, or until shells turn pink. Drain, cool, shell, and devein the shrimp.

To serve, mound curried rice on a large platter or board and poke the tails of the shrimp into it, encircling it (as pictured at left). Partially slice through each chicken breast several times for easier serving, then reassemble and arrange around rice. Serve remaining dressing in a bowl.

Serve with the following condiments: ½ cup chopped Major Grey's chutney, ½ cup toasted coconut, ½ cup chopped cashew nuts, and 1 avocado, peeled, diced, and dipped in lemon juice. Serves 8.

BERRY SHERBET TOWER WITH FRUITS

Pack a 1½-quart conical mold with ½ gallon raspberry sherbet and freeze firm again. (Without mold use the sherbet directly as it comes from its container).

For fruit ring, wash and stem 3 cups strawberries and mix with 1½ cups raspberries and 2 peaches, peeled and sliced.

For kirsch cream, beat 2 egg yolks until light, add ½ cup unsifted powdered sugar, and beat until stiff. Pour in ½ pint whipping cream and continue to beat until stiff. Beat in 2 tablespoons kirsch or brandy. Spoon into a bowl and chill.

With a vegetable peeler shave 4 ounces of milk chocolate into large curls and pile in a serving bowl.

To serve, unmold sherbet on a large plate or tray and surround with fruit. Set bowls of cream and chocolate alongside. Makes 8 servings.

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FROM THE
STIFFEL
COLLECTION

DARROW M. WATT

Tangy *citrus-flavored wine punch is cooled with frozen sparkling water*

If you'd like a bubbly punch

You may have occasion this month serve an effervescent punch. Here are tw recipes quite different in character.

The wine punch has a mildly tang flavor. The raspberry cooler has rich fl vor and deep red color; it is appropria for groups of young people or adults.

GOLDEN WINE PUNCH

- 2 bottles (1 qt. each) sparkling water, chilled
- 2 bottles (⅘ qt. each) Chenin Blanc (or Rhine-type wine such as Gewurztraminer), chilled
- ¾ cup curaçao (or other orange-flavored liqueur)
- 1 large orange

Pour 1 quart of the sparkling water in a plastic or metal bowl and freeze it.

One to 4 hours before serving, combi wine and curaçao. Using a vegetal peeler, cut long spirals from the orang thin outer peel. Ream orange and a its juice and the spirals of peel to punc

To serve, unmold the frozen sparkli water into a punch bowl of at least quart size. Stir in the chilled punch a remaining sparkling water. Makes quarts, about 25 servings (4 oz. each).

RASPBERRY COOLER

- 2 packages (10 oz. each) frozen raspberries, thawed
- ¾ cup (12-oz. bottle) raspberry syrup
- ¾ cup lemon juice
- 2 bottles (7 oz. each) sparkling water, chilled
- About 3 quarts finely crushed ice

Whirl raspberries and their juice in blender for 2 minutes, then press throu a fine wire strainer into a pitcher. Stir syrup and lemon juice; chill.

At serving time, stir in sparkling wat Fill tall glasses with ice; pour punch ov Makes about 10 servings (8 oz. each).

$10,000
EFRIGERATED DOUGH WINNER
CRESCENT APPLE SNACKS

cup sugar
tsp. cinnamon
arge apple, peeled and cored
can Pillsbury Crescent Dinner Rolls
ep Fat 360° 16 servings

nbine sugar and cinnamon. Slice apple 16 pieces. Separate Crescent Dough 8 triangles; cut in half. Place 1 apple e on each triangle. Roll up: start at rtest side of triangle and roll to op- ite point, completely covering apple, ling all edges well. In electric fry pan arge sauce pan, fry in deep hot Kraft 360°) about 2 to 3 minutes until deep len brown. Drain on paper towel. le still warm, roll in cinnamon-sugar ture.

$2,000
REFRIGERATED DOUGH WINNER
HOT BUTTERED RUM CRESCENTS

½ cup firmly packed brown sugar
¼ cup chopped nuts
½ tsp. rum flavoring
2 cans Pillsbury Crescent Dinner Rolls
¼ cup Parkay Margarine, melted

Topping:
¼ cup Parkay Margarine
½ cup firmly packed brown sugar
2 tsp. flour
1 Tbsp. milk
½ tsp. rum flavoring

Oven 375° 16 rolls

Prepare Topping. Spoon Topping into 16 deep ungreased muffin cups. Combine brown sugar, nuts, and flavoring. Separate Crescent Dough into triangles. Brush triangles with margarine; sprinkle each with sugar mixture. Roll up. Cut rolls in half crosswise; place, cut side down, in prepared muffin cups. Brush tips with margarine. (Place pan on foil or cookie sheet during baking to guard against spillovers.) Bake at 375° for 15 to 20 minutes until golden brown. Immediately invert pan to remove rolls. If desired, drizzle with powdered sugar glaze. Serve warm or cool.

Topping: In sauce pan, combine Topping ingredients. Cook over medium heat until mixture comes to a rolling boil.

$1,000
REFRIGERATED DOUGH WINNER
CRESCENT COOKIE MACAROONS

1⅓ cups (15 oz. can) sweetened condensed milk (not evaporated)
1 tsp. almond extract
3 cups flaked or shredded coconut
1 can Pillsbury Crescent Dinner Rolls

Oven 350° 24 bars

Grease bottom and sides of 13" x 9" baking pan. Combine sweetened condensed milk and almond extract. Sprinkle half coconut in bottom of prepared pan; drizzle with half sweetened condensed milk. Unroll Crescent Dough; place rectangles in prepared pan. Pour remaining milk evenly over dough; sprinkle with remaining coconut. Bake at 350° for 25 to 30 minutes until coconut is golden brown. Cool 5 minutes; cut into bars.

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DARROW M. WA

Elegant *frozen zabaglione cream is crested with pine nuts, encircled with strawberri*

Two switches on *zabaglione*

The flavor of zabaglione (tsa-bah-*yoh*-neh), a foamy wine-egg custard dessert from Italy, is captured here in two new forms: a frozen crystalline cream that you present with fresh berries, and a frothy pie intense in flavor yet sparing of calories.

FROZEN ZABAGLIONE CREAM

In the top of a double boiler heat ⅔ cup Marsala wine and 2 tablespoons brandy over direct heat until bubbles form; remove and stir in ⅔ cup sugar until dissolved. In a separate bowl beat together 5 egg yolks; gradually stir in the wine mixture and ⅔ cup milk.

Return mixture to double boiler and set over simmering water. Stir until mixture thickens very slightly, making an opaque sheen on the back of a metal spoon (about 10 minutes). Pour mixture into shallow pan; cover, and freeze until slushy throughout (about 1½ hours).

Turn mixture into a chilled bowl and beat at high speed for 2 minutes. In a separate bowl whip 2 cups heavy cream until very stiff; fold into frozen mixture. Spoon into a 1½-quart mold, cover, and freeze until very firm. Unmold onto serving plate; if you wish, press on ¼ cup lightly toasted pine nuts or chopped almonds. Return to freezer briefly to r freeze outer surface. Serve accompani with 2 cups sliced strawberries. Mak 1½ quarts.

FROTHY ZABAGLIONE PIE

Prepare and bake crumb crust as follow Prepare 1½ cups crumbs by crushing v nilla wafers between waxed paper with rolling pin; stir with 2 tablespoons sug and ⅓ cup melted butter. Press mixtu *lightly* and evenly into a 9-inch pie pa Bake in a 350° oven for 8 minutes; co

For filling, combine in top of doub boiler 1 envelope unflavored gelatin a ¼ cup sugar. Add ¼ cup water, ⅔ c Marsala wine, and 2 tablespoons brand stir over heat until dissolved. Slight beat 5 egg yolks; stir in part of hot mi ture, then return all to double boiler. Be with rotary beater until thick and i creased in volume (3 to 5 minutes); r move from heat.

Beat 3 egg whites until foamy; gradual add 6 tablespoons sugar, beating un stiff. Fold in gelatin mixture in 3 add tions; spoon into pie shell. Sprinkle wi ¼ cup coarsely chopped semisweet cho olate, if desired. Cover and chill 2 hou Serves 8.—*W. H., Los Gatos, Calif.*

thin it... spice it... stir it and

presto!

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BETTER-THAN-BOTTLED:

green goddess dressing

1/2 cup BEST FOODS® Real Mayonnaise
2 tablespoons milk
2 anchovies, minced
1 tablespoon tarragon vinegar
1-1/2 teaspoons lemon juice
1 cup parsley sprigs, minced
2 tablespoons finely chopped chives

Combine ingredients, using blender, if desired. Makes 3/4 cup.

BETTER-THAN-BOTTLED:

roquefort cheese dressing

1/2 cup BEST FOODS® Real Mayonnaise
1/2 cup dairy sour cream
3 tablespoons milk
2 tablespoons lemon juice
2/3 cup crumbled Roquefort cheese

Combine ingredients. Makes 1-1/3 cups.

BETTER-THAN-BOTTLED:

thousand island dressing

1 cup BEST FOODS® Real Mayonnaise
2 tablespoons chili sauce
1/3 cup milk
2 tablespoons sweet pickle relish
1 hard cooked egg, chopped

Combine ingredients. Makes 1-2/3 cups.

NOTE: Chill dressings, serve on tossed greens.

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Good Housekeeping

ECONOMICS LABORATORY, INC. St. Paul, Minn.

ELLS MARUGG

utter-sautéed *mangoes make an exotic companion to a baked ham*

This is the month to try mangoes

considered a rare tropical delicacy, es are swiftly appearing in quantity y Western markets.

tion reaches its peak this month both the small, golden, kidney- mangoes and the large, greenish- oval-shaped ones are available. nt varieties are imported from Mexico, and Florida, with an over- season from April to September. ans can enjoy their own locally mangoes.

ngo is still green when you buy it, it at room temperature until it slightly to finger pressure. Then ate until ready to use. The large ango develops a rosy blush as it brown spots on the skin also in- ripeness.

in trick is how best to remove a s delicious peach-plus-pineapple- flesh; it clings tenaciously to a flat fibrous seed and thick skin. One of the easiest ways is to score the skin in 4 to 6 lengthwise arcs, peel it back, then slice the flesh with a knife.

To peel fruit, *score the skin into sections, then peel back*

Another method of preparation is to cut the mango in half crosswise. Slice down to the seed around the edge. Then, holding both ends, twist to separate halves and remove seed by inserting a knife between

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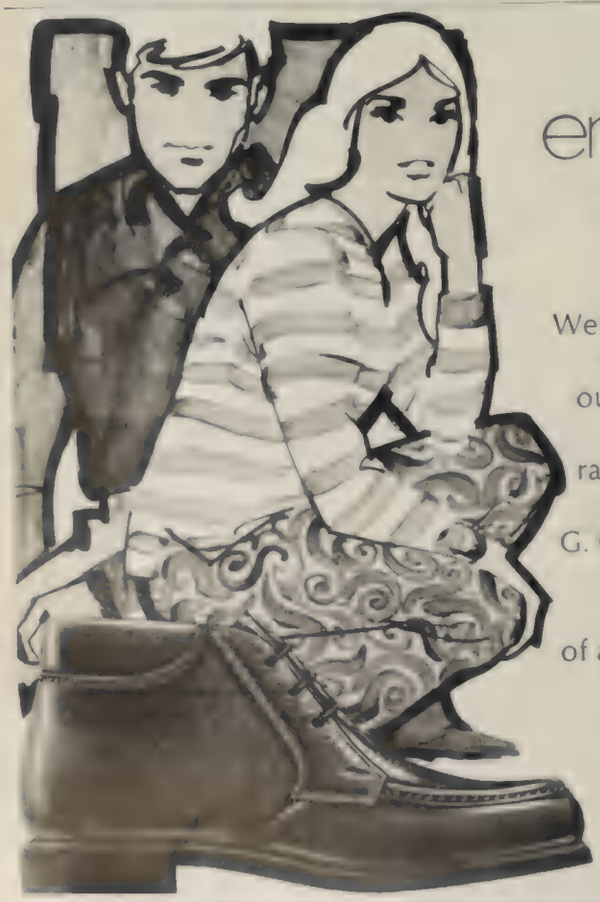

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seed and flesh and cutting around it. Y can eat the fruit with a spoon "on t half shell."

If you wish to eat a small mango out hand, push a fork into one end, then ma lengthwise slits and peel back the ski squeeze on some lime, and eat the fruit you would a candied apple.

Slightly firm mangoes are sautéed in b ter to go with ham, chicken, or lamb cho

BUTTER-SAUTÉED MANGOES

Peel and slice enough slightly firm ma goes to make 2 cups (1 large or 2 sm fruit). Melt 2 tablespoons butter with tablespoons brown sugar and 4 wh cloves in a medium-sized frying pan o medium heat. Add sliced mangoes a heat, stirring gently, for 2 minutes, or u til mangoes are hot through. Garnish wi 1 sliced lime. Makes 2 cups sauce.

Mangoes complement other fruits in t fruit platter and the lime cream sa makes it a refreshing dessert.

MANGO FRUIT PLATE

Peel and slice enough mangoes to mak cups (1 large or 2 small fruit). Peel small pineapple and cut into lengthw slices, discarding core. Arrange sli mangoes and pineapple on a platter w 1½ cups strawberries, hulled; 2 banan sliced; and 1 can (11 oz.) manda oranges, drained. Serve with lime cre sauce. Serves 6 to 8.

Lime Cream Sauce. Beat 2 eggs u light and beat in ¼ cup honey, 3 tab spoons lime juice, ½ cup orange ju and 1 teaspoon grated orange peel. P into the top of a double boiler, place o hot water, and cook until sauce is thi ened, stirring constantly. Let cool a chill. Whip 1 cup heavy cream until s and fold in custard sauce. Makes 3 cu

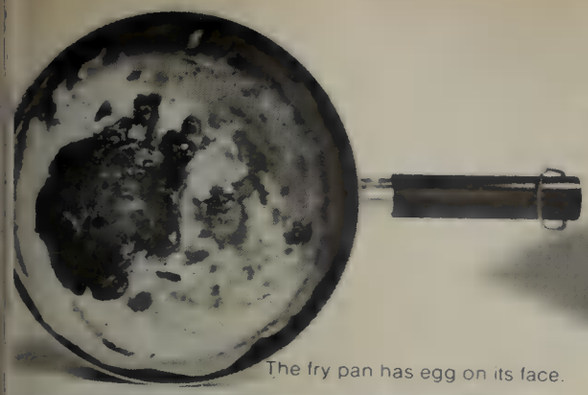
A shortbread-style cooky crust make fragile buttery shell for ice cream pie.

MACADAMIA MANGO TART

Peel and slice enough mangoes to ma 3 cups (3 small or about 1½ large fru Place in a bowl with 3 tablespoons fin chopped preserved ginger and 2 tab spoons of the ginger syrup; stir lightly

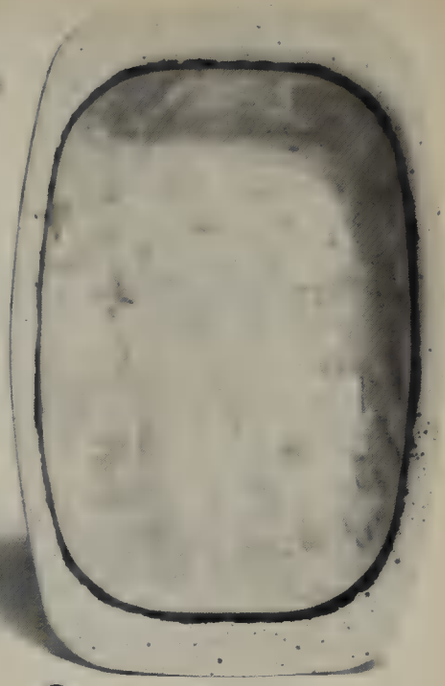
For the pastry shell, place 1 cup unsift regular all-purpose flour, ½ cup (¼ l soft butter, 2 tablespoons powdered sug and ⅓ cup very finely chopped sal macadamia nuts in a mixing bowl. Cre with an electric mixer until it form smooth mixture. Pat over bottom a sides of a 10 or 11-inch fluted flan p Bake in a 400° oven about 12 minutes until browned. Cool.

To serve, fill shell with 1½ quarts van ice cream, scooped into balls, and with ginger-flavored mangoes. Spri with ⅓ cup chopped salted macada nuts. Makes 8 to 10 servings.

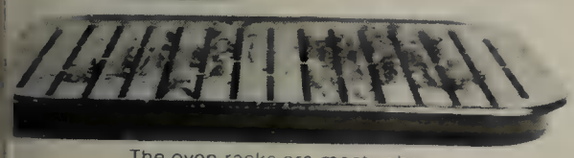


The fry pan has egg on its face.

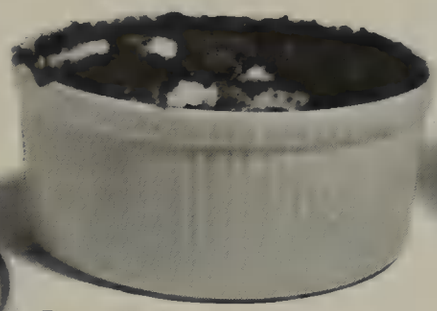
The bean pot is half-baked.



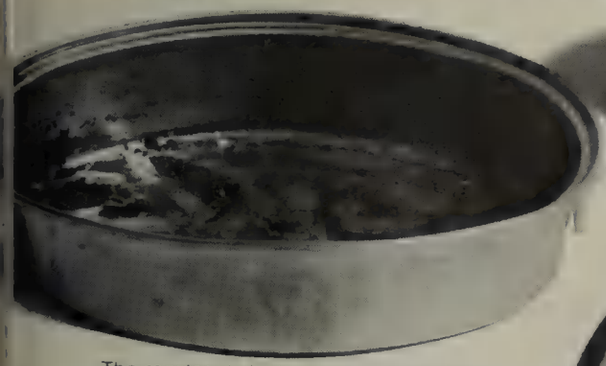
The casserole is au gratin.



The oven racks are meaty ribs.



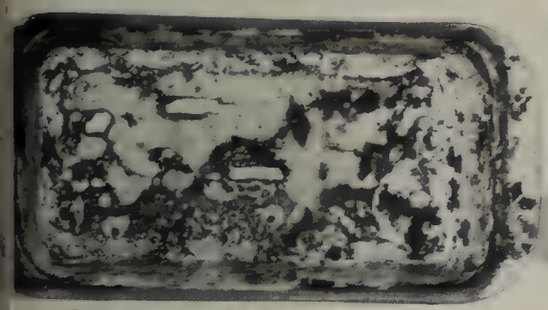
The souffle dish didn't finish its spinach.



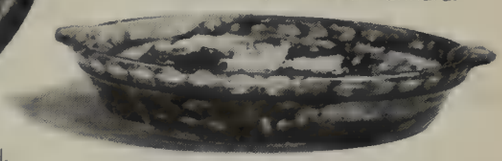
The roaster sticks to meat and potatoes.

The Angel Food tin looks like the devil.

The saucepan is a la marinara.



The baking pan has leftover meat loaf.



The pie plate has its crust.

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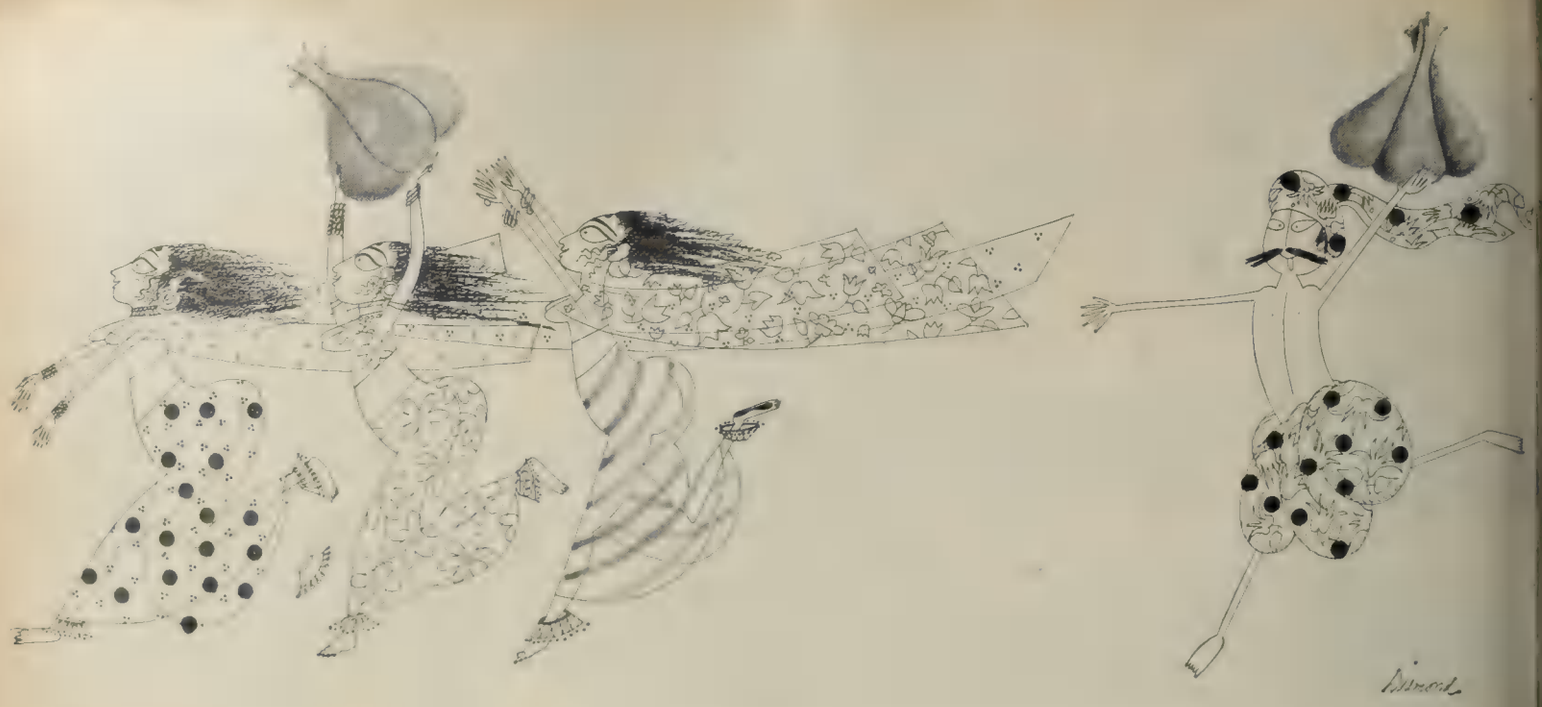

Certain people in northern India believe that garlic arouses the passions

Garlic is an ingredient less well understood in this country than it might be. Mediterranean cooks know that it's like musk, a carrier and reinforcer of odors and flavors. Just a little garlic in a mixture gives the other ingredients more character.

Garlic is also supposed to be good for the circulation of the blood. In fact, certain peoples in north India believe that it arouses the passions and so they avoid it for that reason. But in the densely populated regions of south India, garlic is in universal use.

"It may do little for your circulation"

And now bringing garlic closer to home, John Licata has a recipe for barbecued chicken containing what he calls "Italian Roses." With just a few cloves from the bud of that pungent flower, the recipe may do little for your circulation, but it demonstrates garlic's power of reinforcing other flavors. The rosemary, oregano, and bay take on strength from its inclusion.

CHICKEN ITALIAN-STYLE

- ½ cup olive oil
- 1 cup lemon juice
- 4 cloves Italian Roses (garlic), minced or mashed
- 1 teaspoon whole rosemary, crushed
- 1 teaspoon whole oregano, crushed
- 1 teaspoon dried parsley flakes
- 1 teaspoon dried mint flakes
- 3 bay leaves
- ½ teaspoon salt
- ¼ teaspoon pepper
- 3 broiler-fryer chickens (about 3 lbs. each), cut in half

Mix the oil and lemon juice; add garlic, rosemary, oregano, parsley, mint, bay, salt, and pepper; stir to blend. Arrange the chicken halves in a large, shallow pan or pans. Pour the marinade over them. Turn the chicken to coat it evenly and marinate for at least 1 hour, turning occasionally.

Remove chicken from marinade and barbecue over a low fire for about 1 hour, turning and basting with marinade at least 5 or 6 times. Baste carefully, as the marinade may cause the coals to flare. Remove chicken to a warm rimmed pl ter. Pour over any remaining marina before serving. Makes 6 generous se ings, ½ chicken per person.

John Licata

Atherton, Calif.

The orange tends to bring to mind eit Florida or California, or , for the unusu ly historical-minded, perhaps Nell Gw But it is originally a southeast Asian ju gle fruit. The word itself tells us som thing of the path it traveled on its w to Los Angeles.

The Persians called it *narang* and prob bly found it in India, where it is s *narang* in Hindi and Urdu. The Ara picked up the word (and the fruit) their travels and brought it to Spain a Portugal as *naranj*. The Spaniards, w

Chefs of the West

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- 1 pound fresh green beans or 2 packages frozen
- 2 tablespoons butter or margarine
- 2 tablespoons flour
- ½ teaspoon salt and salt to taste
- 1 cup milk
- ¼ teaspoon Tabasco pepper sauce
- ¼ pound sharp Cheddar cheese, grated
- 4 squares 14-inch Heavy Duty Reynolds Wrap®

Wash beans; snip ends. Melt butter in saucepan; blend in flour and ½ teaspoon salt. Cook 3 minutes over low heat. Gradually add milk; cook until thickened, stirring constantly. Blend in Tabasco and cheese. Divide beans onto shiny side of foil; salt. Top servings with sauce. Bring up 2 sides of foil over beans and seal top with tight double fold (leave space between foil and sauce). Repeat seal at ends. Cook in 350° oven, 35 minutes (25 if frozen). Open and serve, 4 servings.

TABASCO®, *made from the juices of ripe peppers.*

"The Persians called it narang and probably found it in India"

may have seen it first, kept the Arabic word, but the Portuguese dropped the first letter and called it *aranja*, then changed that to *auranja*. The French picked it up from them and gave it to us as orange.

The Spaniards carried this peripatetic fruit to Mexico where *Chef* Sam Shippy discovered it in a fish sauce. He says, "About halfway between Guadalajara and Mazatlan is the town of Tepic. There, in the Restaurant Cassino, I found this excellent Pescado a la Naranja."

PESCADO A LA NARANJA

- 1½ to 2 pounds ling cod, rockfish or turbot fillets
- Salt and pepper
- Flour
- 3 tablespoons butter or margarine
- 3 tablespoons lemon juice
- 1 cup fresh orange juice
- 3 tablespoons brandy
- ¼ cup sliced almonds, toasted

Sprinkle fish fillets lightly with salt and pepper, then dust with flour, shaking off all excess flour. Heat a heavy frying pan over medium high heat, add butter, and sauté the fish quickly until it's evenly browned on both sides and flakes easily. Remove cooked fish to a warm rimmed platter and keep warm. Add lemon juice, orange juice, and brandy to pan and cook over high heat for about 5 minutes, or until liquid is reduced to about ½ cup. Spoon the sauce over the fish and sprinkle with almonds. Makes about 4 servings.

Sam Shippy

Napa, Calif.

To a child, sesame recalls Ali Baba. T a *Chef* it's more likely to bring up thoug of sesame chicken, or sesame oil.

Chef D. K. Stearns uses it to line his ca pan when he prepares a good, rich, moi spice cake. "This is a man's cake," says, "something that sticks to your ri Not only that, but it's healthy and us up those dabs of mashed potato that a always left over."

MASHED POTATO SESAME CAKE

- ½ cup (¼ lb.) butter
- 1 cup sugar
- 2 eggs
- ½ teaspoon soda
- ½ cup sour cream
- ½ cup mashed potato
- 1 teaspoon baking powder
- 1 cup *each* whole wheat and regular all-purpose flour, unsifted
- 1 teaspoon vanilla
- ¼ teaspoon nutmeg or mace
- Butter
- 3 tablespoons sesame seed

Cream butter. Add sugar and blend, th blend in eggs. Mix soda into sour crea then add to egg mixture together wi potato, baking powder, flours, vanil and nutmeg. Blend and then beat un smooth.

Butter a 9-inch-square cake pan a then sprinkle evenly with sesame see Pour in batter and bake 45 minutes 350°. Cool a few minutes, then turn o onto serving plate.

Serve the cake warm or cooled. Mak about 9 servings.

D. K. Stearns

Novato, Calif.

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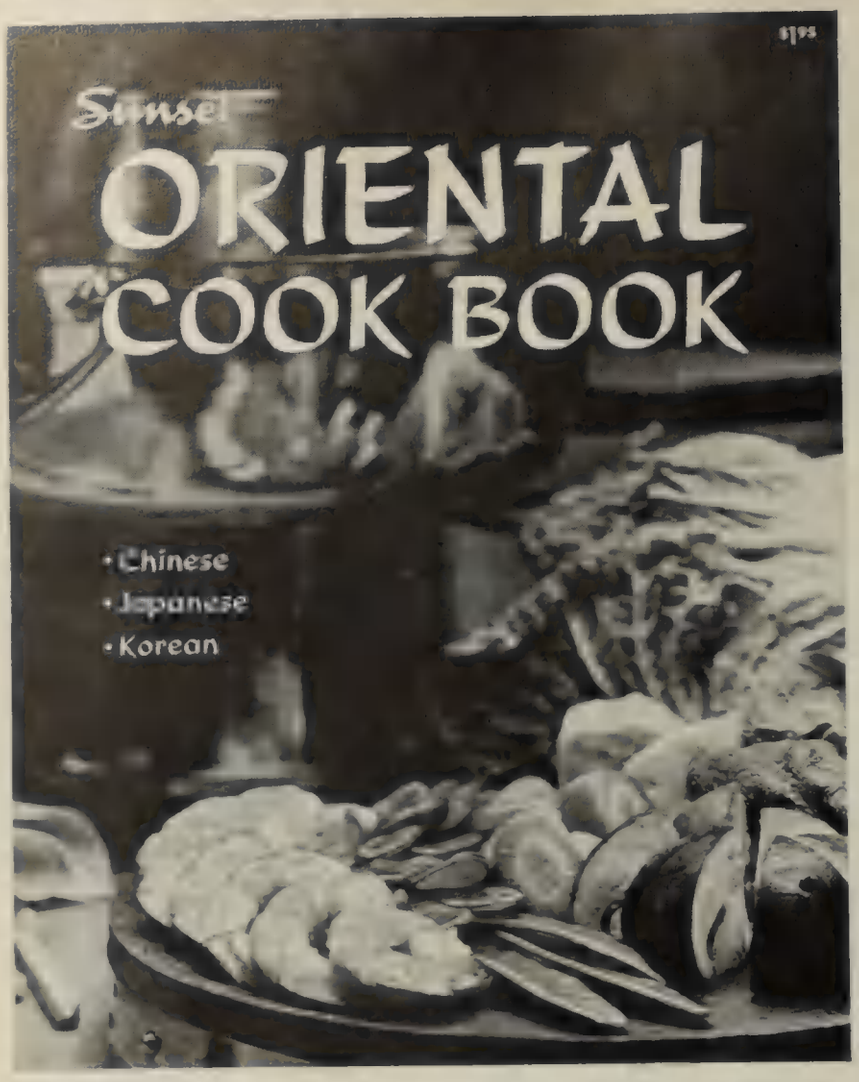

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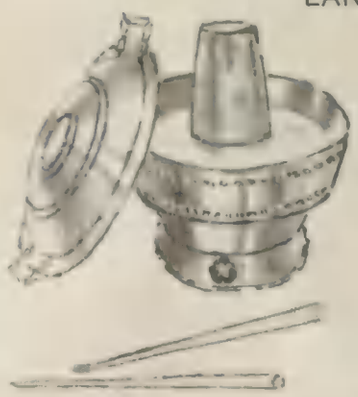

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This potato salad travels well

This savory, bacon-flavored potato sa travels well to a picnic. Surprisingly also converts handily into a hearty soup or browned potato patties. Our ipe makes about 4 quarts, enough fo good-sized salad to take on a picnic enjoy at home, with enough left to k in the refrigerator to use a few days la for the soup or patties.

The salad keeps well for 3 days if chilled. The soup is made by thinn potato salad with water and milk; for patties, you combine biscuit mix with salad and fry to a golden brown.

POTATO SALAD

- 4 pounds potatoes
  Boiling, salted water
- 6 tablespoons lemon juice
- 2 tablespoons white vinegar
- 12 slices (about ½ lb.) bacon
- ½ cup chopped green onions, including about 1 inch of the tops
- 2 cucumbers, peeled and diced
- 8 hard-cooked eggs, chopped
- 1 cup mayonnaise
- 2 tablespoons prepared mustard

Cook potatoes in the boiling water u just tender when pierced with a kn Drain and rinse immediately with c water to stop cooking. Peel potatoes cut in ½-inch cubes. Combine len juice and vinegar; sprinkle over potat Fry bacon until crisp, drain, and rese ¼ cup of the bacon drippings. Crum bacon and add to the potatoes with ¼ cup drippings.

Add green onions, cucumbers, chopped hard-cooked eggs. Stir toget mayonnaise and mustard; add to potat and mix lightly until well blended. C for at least 1 hour. Makes 4 quarts.

Potato Salad Soup. To each 1 cup pot salad, add 2 tablespoons water and cup milk. In a saucepan, slowly heat boiling, stirring often. (Add a little m milk if you prefer a thinner consisten Simmer about 15 minutes or until pot cubes are heated through. Makes 2 s ings for each cup of potato salad use

Potato Salad Patties. To each 1 cup pot salad, add 3 tablespoons biscuit mix 1 tablespoon cornmeal; mix well. U ¼ cup for each patty, form potato m ture into thin patties. In a 10-inch fry pan, heat 1 tablespoon butter, mar rine, or salad oil; put in the 4 patties sauté over medium heat until gol brown, about 2 minutes on each side. peat for each cup of potato salad. E cup of potato salad makes 4 patti

C. H., Tacoma.

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DON NORMARK

THE Western Kitchen

NEWS AND IDEAS

Pass-through for outdoor meals

Eating outdoors in the summer month is pleasurable, but carrying food and tabl accouterments between kitchen and pati makes extra work for a busy hostess.

To eliminate many steps, architect Rich ard Perkins designed this pass-throug for the John Mowerys in Spokane. Afte Mrs. Mowery has prepared all food in side, she just slides a window open an reaches across the kitchen counter to ar range the meal on the counter outside.

This landing deck for dishes becomes buffet when the Mowerys entertain larg groups. Plates, glasses, silverware, an napkins are handy, yet out of the wa and protected, in the niches just below it

Oven broiling without turning

In some new electric ranges it's possible to broil on two sides at once. Meats sear and cook quickly, and the melted fat drops past the lower heating element into a drip pan at the bottom of the oven.

Before broiling on both sides simultaneously, you slide the second heating element in on a lower-level rack guide and plug it into a receptacle in the back oven wall. Then you place the meat on a higher rack. It cooks quickly: An inch-thick steak is done (medium) in 8 minutes; a ½-inch-thick ground beef patty in 4 minutes.

The kitchen's extra sink

The refreshment center below was one result of remodeling a kitchen. When the owners entertain, the second sink keeps the kitchen free of drink-serving clutter. Narrow shelves behind sliding doors at the counter end hold glasses. Janean was the designer, for Mr. and Mrs. Gordon Richards, Berkeley.

GLENN CHRISTIANSEN

Two new floorings

Both of these are relatively new and hav special usefulness in kitchens: one fo easy upkeep, the other for comfort.

The first is a smooth flooring that no only doesn't need waxing but shouldn be waxed. Conventional household waxe will not adhere to its surface. This vinyl type flooring incorporates a moisture resistant asbestos backing that permit installation at all grade levels.

It needs only an occasional mopping wit a damp mop. Food spills, grease, and he marks are removed with a damp cloth o paper towel. Approximate cost is $10 pe square yard, including installation.

The other flooring is a vinyl backed b high-density foam to muffle noise an provide a warm, soft surface underfoo

The nonporous vinyl surface is designe to prevent liquids from penetrating an being absorbed. The flooring comes in 1½ foot widths to facilitate one-piece instal lation and is recommended for use onl over suspended subfloors. It costs abou $7.50 per square yard, plus installation.

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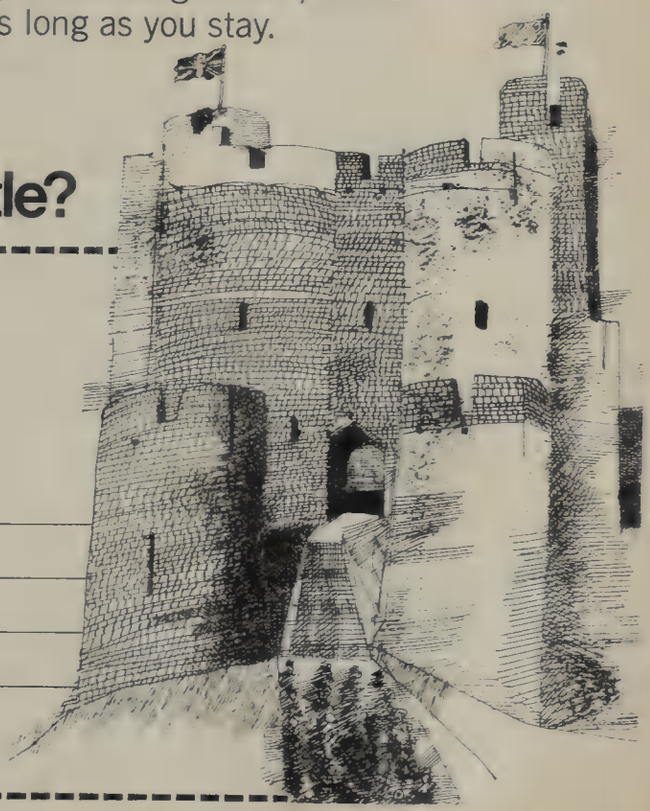

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DARROW M. WATT

Fruits preserved *in brandy-flavored syrup, like these peach halves, make a delicious ready-in-a-minute dessert. For a cool, tasty topping, spoon ice cream balls over them.*

Into your pantry this summer . . . canned jars of brandied fruit

Canning fruits in brandy syrup gives them such a good flavor that even those who don't normally preserve fruit should consider it.

After experimenting with several techniques of brandying fruit, we favor the cold-pack canning method. The fruit absorbs a decisive liqueur flavor and holds its shape and color well. It's a much more reliable method than the old-fashioned way of brandying fruit in a stone crock.

Various fruits are well suited to canning with brandy. You can start this month with apricots and cherries, and later preserve peaches, pears, plums, and seedless grapes. The canned fruits are excellent as meat accompaniments and in desserts. Consider them, too, for special food gifts next Christmas.

Can the fruit in the usual way, but add 3 to 4 tablespoons of brandy or other liqueur to each pint jar before processing. Because the liqueur displaces some of the syrup, you must use a more concentrated sugar syrup.

You will need a canning kettle—a pan about 12 to 14 inches in diameter, 8 to 10 inches deep. You also need a rack that fits inside (you can improvise by using a round cake rack).

BRANDIED APRICOTS

- 1¼ cups sugar
- 1 cup water
- 6 to 8 pounds firm, ripe apricots
- Prepared ascorbic acid and citric acid optional (see note, next column)
- About 1¼ to 1½ cups brandy

For syrup combine the sugar and water in a saucepan, bring to a boil, and cook until sugar dissolves; keep hot.

Wash 6 canning jars (pint size) in hot soapy water. Rinse well. Cover with hot water and let remain in hot water until ready to use. Wash and rinse jar lids.

To prepare apricots, wash, cut in half, discard pits, and drop halves into the ascorbic and citric acid mixtures (see next page). Drain fruit and pack in hot jars, cavity sides down, firmly packing into jar. Pour in about ¼ cup hot sugar syrup. Pour in 3 to 4 tablespoons brandy (the amount depending on preference for a moderate or strong liqueur flavor). Add enough syrup to fill jars to within ¼ inch of top. Remove air bubbles by slipping a spatula between the side of the

and the fruit. Wipe top and threads jar with a clean, damp cloth. Place on ›s and screw rings tightly.

l a canning kettle ⅔ full of very hot ›t boiling) water. As each jar is filled, tongs to lower it onto rack in the hot ter. When all jars are in the kettle add re water to cover tops of jars 1 to 2 nes. Cover the kettle and bring to a . Reduce heat to hold at a steady tle boil. Start counting time, and proc- for 20 minutes. Remove jars from er and allow to cool slowly. After 12 rs remove rings and test to make sure are sealed. Makes 6 pints.

TE: *When preparing fruits that darken n after cutting, it is a good idea to use of the commercial ascorbic acid and c acid mixtures, following the manu- urer's instructions.*

ow the basic procedure above for any hese fruits, adapting as indicated:

et cherries. Wash 6 to 8 pounds Bing Royal Anne cherries and remove pits, sired. Use brandy or substitute kirsch. ess pint jars 20 minutes.

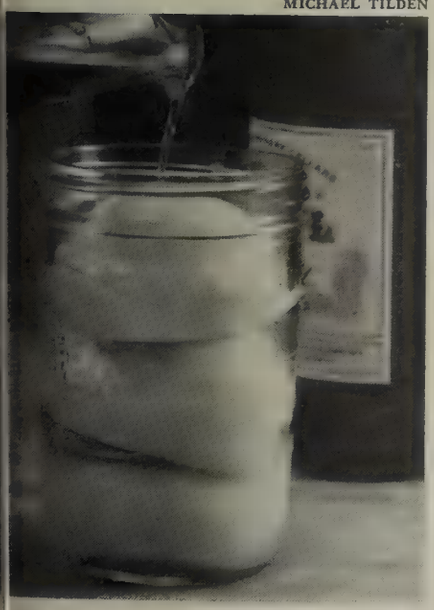
es. Wash 6 to 8 pounds Thompson less grapes and remove stems. Proc- int jars 15 minutes.

hes. Select 6 to 8 pounds Rio Oso n, Hale, or Elberta peaches. Dip fruit scalding water for ½ to 1 minute to en skin; immediately plunge into cold r. When cool, peel, halve, and re- e pits, and treat fruit to prevent ening. Process pint jars 25 minutes.

s. Use 6 to 8 pounds Bartlett pears. halve, cut out cores, and treat to ent darkening. Process pint jars 25 ites.

s. Choose 6 to 8 pounds Santa Rosa, posa, or El Dorado plums. Wash, cut in half, and pit. Process pint 20 minutes.

MICHAEL TILDEN



measured amount of brandy directly the canning jar before processing

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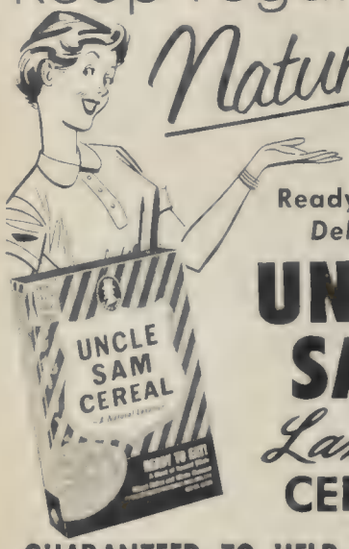

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¼ cucumber	1 jar Pacific Miss

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DARROW M. WATT

Richly *browned crust characterizes this top-knotted loaf of whole grain cereal bread*

It's baked in a 2-pound coffee can

We're still hearing from readers who liked the five recipes for batter breads baked in coffee cans published in *Sunset* four years ago. (If you missed them, they begin on page 190 of the February 1966 *Sunset* if you read the Northwest edition; page 231 of the October 1966 *Sunset* in all other editions.)

Here's a new recipe for coffee can bread to please those who asked for more. It gets its distinctive flavor and texture from a whole grain cereal. There's a choice of several cereals, each giving a slightly different character to the loaf.

Baking the bread in a 2-pound coffee can produces a tall, distinctively shaped loaf that can be cut into thin round slices for sandwiches. Once the bread has been sliced below the level of the crusty dome, you can return it to the coffee can and cover it for airtight storage.

Use an electric mixer to do most of the kneading of the bread, or all of it, if you have a heavy-duty mixer. The bread needs to rise only once; fix the lid on the can, and as the rising dough forces it off the can, a pop of the lid reminds you that the bread is ready to bake. For the cereal ingredient, use quick-cooking rolled oats, wheat cereals such as Zoom or Instant Ralston, or a mixed grain cereal such as Instant Roman Meal.

WHOLE GRAIN CEREAL BREAD

- 1 package active dry yeast
- ½ cup warm water
- 1 cup milk
- 2 tablespoons butter or margarine
- 2 tablespoons molasses
- 1 teaspoon salt
- 1 egg, slightly beaten
- 1 cup whole grain cereal (names at left)
- 3½ cups unsifted regular all-purpose flour

In the large bowl of an electric mix dissolve yeast in the water. Scald mi with butter; cool to lukewarm; stir molasses, salt and egg. Add milk mixtu to yeast, then blend in cereal. With mix on low speed, gradually beat in 2½ cu of the flour; beat 2 minutes.

Beat in remaining 1 cup flour with heavy wooden spoon until dough is ve elastic. With a heavy-duty electric mix all the flour can be beaten in with t mixer; without it, beat in flour 1 cup at time, beating after each addition un elastic, about 400 strokes in all.

Place dough in a well greased 2-pou coffee can; top with the plastic lid, al greased. Let rise in a warm place f about 1 hour or until the lid pops off t can; set lid aside. Bake in a 350° oven f 1 hour and 15 minutes; crust will be w browned. Cool bread in the can for minutes; remove from can and cool wi loaf upright. Makes 1 large loaf.

Break The Bottle Habit.

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ulco Fiesta Salad! Crisp, chilled , bright wedges of tomato with cool of luscious avocado, and crunchy corn -tossed with a lively new dressing for led Mexican accent.

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ACAPULCO FIESTA SALAD

1 cup dairy sour cream
1 tsp. Spice Islands Beau Monde Seasoning
1 tsp. Spice Islands Chili Con Carne Seasoning
1 tbsp. Spice Islands Garlic Flavored Red Wine Vinegar
1 large avocado, chunked
¼ cup chopped green onions
½ cup sliced ripe olives
1 cup halved cherry tomatoes
1 cup shredded cheddar cheese
2 cups crisp corn chips
Crisp salad greens
Fresh Ground Spice Islands Java Black Pepper

Combine sour cream, Beau Monde, Chili Con Carne and Garlic Red Wine Vinegar until blended. Toss remaining ingredients; pour sour cream mixture over all and toss lightly to serve. Sprinkle with fresh ground pepper to taste. Makes 8 servings.

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DARROW M. WATT

p strawberries *ring this frozen soufflé; berries, sliced, are used in the sauce*

Snowy soufflé to erve with berries

ultrasmooth frozen soufflé, scented orange liqueur, makes a delicious ground for a scarlet berry sauce.

Y SOUFFLÉ WITH BERRIES

- cup sugar
- cup water
- egg whites
- cups (1 pint) whipping cream
- tablespoons frozen orange juice concentrate, thawed
- tablespoon Cointreau or other orange-flavored liqueur
- quart strawberries
- tablespoons powdered sugar
- package (9 oz.) frozen raspberries, thawed
- tablespoons kirsch (optional)

the 1 cup sugar and water in a an, insert a candy thermometer, il over high heat until the temperreaches 238°. Remove from heat.

vhile, beat egg whites with an elecxer until soft peaks form, and with xer set at high speed slowly pour hot sugar syrup in a fine steady (without touching beaters). Conbeating until meringue cools to emperature. Set aside.

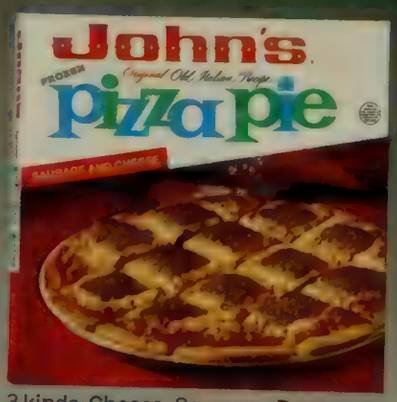
ream until stiff, and stir in orange trate and liqueur; fold into me- Make a foil collar around a 1-oufflé dish or other straight-sided etting the foil come up 1½ inches rim. Spoon in the cream mixture. until firm, at least 4 hours.

e six whole strawberries for topd hull remainder. Slice hulled berl sweeten with the 3 tablespoons ed sugar. Gently mix in raspberl juice and kirsch, if desired.

e, remove collar and garnish with Serve berry sauce in a bowl alongakes 8 servings.—*J. M., Portland.*

Millions of Americans will have a plain old sandwich for lunch again tomorrow.

Oh well, Rome wasn't built in a day.



3 kinds: Cheese, Sausage, Pepperoni.

John's Original Frozen Pizza: lots of homemade Italian sausage, natural whole-milk cheese and red ripe tomatoes, all piled on top of John's good pizza crust. Now, if pizza for lunch still seems a bit odd to you, try thinking of it as a large open-face cheese, sausage and tomato sandwich.

The Mayonnaise Lovers' Mayonnaise

The bachelor's buffet. The way to a man's heart via the mayonna lovers' mayonnaise. A savory mustard mold becomes a triumpl with velvety smooth Kraft Mayonnaise. Rich with eggs. ∞ So 1 envelope unflavored gelatin in 1/2 cup cold water. Stir over lo heat until dissolved. Cool. Combine 1 c. Kraft Mayonnaise, 1/2 c. Kraft prepared Mustard, 1/4 t. salt, 1/4 t. paprika. Stir in gelatin. Chill until slightly thickened; fold in 1/2 c. heavy cream, whipped. Pour into 1 qt. mold, chill. Look to Kraft for food ideas that are good and wholesome.

KRAFT

One big roast cooked two ways

the small family, sometimes it's a good to buy one large roast to cut and : in two different ways. One such t to consider is a boneless sirloin tip eef, weighing 5 to 6 pounds.

might ask the meatman where you the roast to cut ⅛-inch-thick slices the largest end of the sirloin tip, ng off about 1½ pounds (or you can the meat yourself). At home you can the slices into strips for this quick ɔpini-style steak entrée (have ingre- s all set before starting to cook). t's left is a compact piece of meat makes a fine oven roast.

RED STEAK STRIPS

- pounds sirloin tip roast (cut in ⅛-inch-thick slices)
- teaspoon salt
- tablespoon flour
- tablespoons butter or margarine
- pound mushrooms, sliced
- clove garlic, minced
- teaspoons capers
- cup dry white wine

he steak into 1¼-inch-wide strips; on waxed paper and sprinkle with ıd flour, turning to distribute evenly. a large heavy frying pan over high add 1 tablespoon butter, and when les add about half of the meat in le layer. Brown quickly, about 1 e on each side, and transfer to a rving platter.

more tablespoon butter and cook ıing meat the same way. Add 2 ɔoons butter and mushrooms to n. Sauté for 1 minute. Add garlic apers to mushrooms and pour in bring to a boil, scraping up pan ıgs. Spoon mushrooms over meat lotted spoon. Add remaining 1 ta- ɔn butter to pan; heat, stirring, and ver meat. Makes 4 servings.

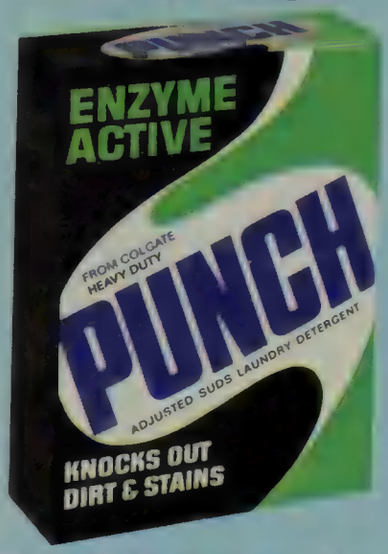
SIRLOIN TIP

le a 3½ to 4½-pound sirloin tip ith salt and freshly ground pepper. wish, poke a few holes in the meat ud with 1 clove garlic, slivered. oast on a rack in a shallow pan ıt side up. Roast in a 325° oven meat thermometer inserted into ıter registers 130° for rare meat about 20 minutes for each pound) for medium rare (24 minutes per . Serve hot with sour cream horse- ıauce. Makes 8 to 10 servings.

ream Horseradish Sauce. Mix to- 1 cup sour cream, 2 tablespoons d horseradish, and ½ teaspoon ill.

Listen to Sheila!

Can't always pre-soak?



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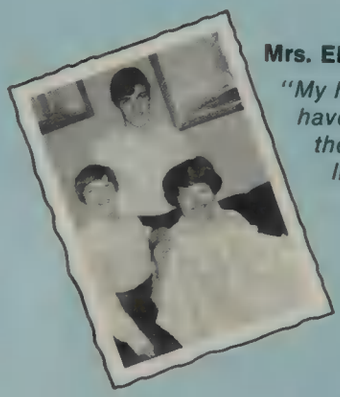

Mrs. Elsie Hansen agrees!

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Mrs. Elsie Hansen
Lodi, New Jersey

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KRAFT Division of Kraftco Corporation

DARROW M. WATT

und *watermelon balls in a pyramid and ircle with pineapple-cucumber salad*

Cool salad has fruits, vegetables

novel mingling of fruits and vegeta- offers a striking salad that is cool and eshing. Serve it with barbecued meats, s a combination salad-dessert.

TED WATERMELON SALAD BOWL

½ cup olive oil or salad oil
2 tablespoons dry white wine or lemon juice
2 tablespoons red or white wine vinegar
½ teaspoon salt
2 tablespoons finely chopped fresh mint
1 small watermelon
1 small pineapple
1 cucumber
1 bunch watercress or butter lettuce
Mint sprigs for garnish

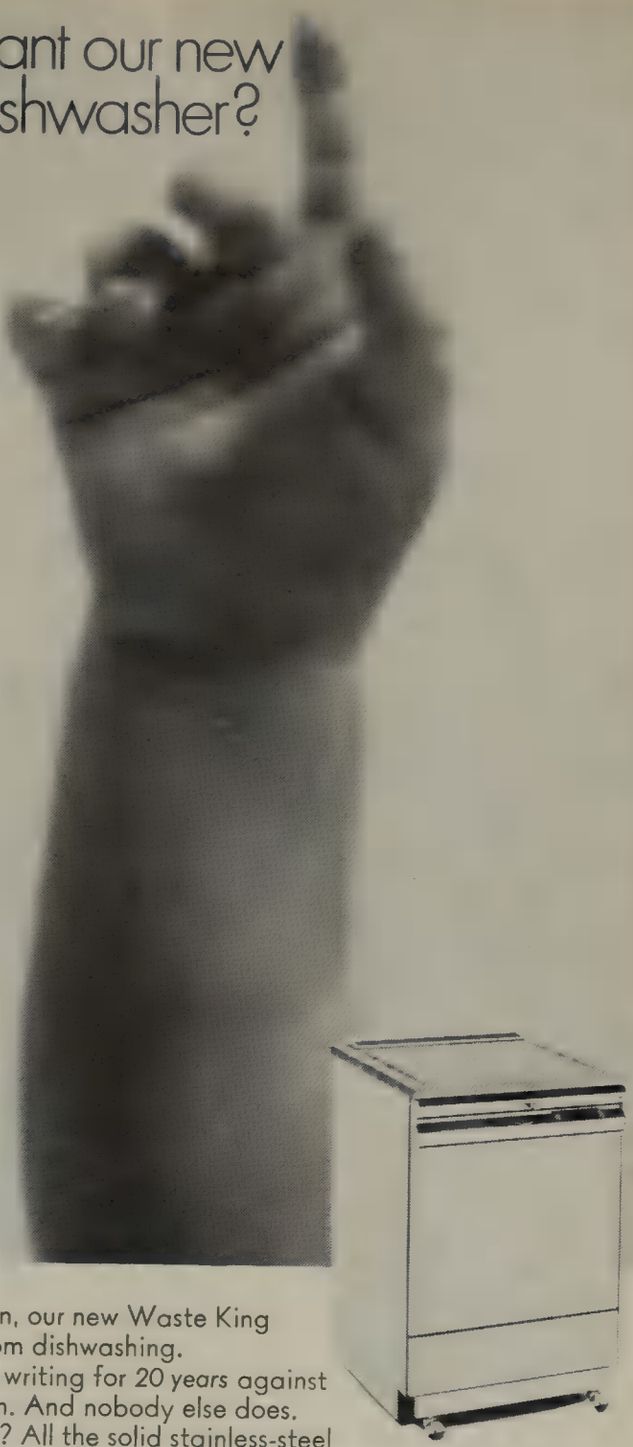
prepare dressing. Mix together in a l jar the oil, wine, vinegar, salt, and ped mint. Cover, shake well, and at least 2 hours.

salad, cut watermelon in half and melon cutter to scoop it into balls, rding seeds. You need 4 cups melon Wrap any remaining watermelon hill for another use.

pineapple, slice ½ inch thick, cut he core, and quarter the slices. Peel slice cucumber thinly. Turn melon into a mixing bowl. Shake dressing to blend, pour half over the melon, ix lightly to coat well. Then mound balls in the center of a shallow bowl; line outer edge of bowl with cress sprigs or small leaves of butter e.

pineapple and cucumber in mixing pour over remaining dressing, and o coat well. Spoon in a border d the watermelon. Garnish the edge bowl with mint sprigs. Makes 6 to ings.

Anyone want our new 20-year dishwasher?



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DARROW M. WATT

Guests await *dinner featuring pork loin roast and corn on the cob*

JUNE MENUS

Three meals for indoors or outdoors . . . a guest dinner, a weekend brunch, and a sausage and salad buffet

The menus we suggest for June are all s able for informal outdoor entertaini They also offer you ample opportunity feature the fresh fruits and vegetal now available.

Our company dinner allows you a ch of oven-roasting the pork loin and c or cooking them in a covered barbe The rest of the meal goes together qui and is easy to transport to the garden

Pizza-styled eggs are featured in brunch menu, and sausages teamed with a colorful sauerkraut salad highli a simple buffet.

Summer company dinner

A pork loin roast is easy to carve if ask your meatman to saw through back bone between each rib and then the roast together. To serve, you cut cord from the roast and slice the n apart into chops.

Mixed Greens and Raw Mushroom Sa
Oil and Vinegar Dressing
Apple-glazed Pork Loin Roast
Savory Corn on the Cob
Buttered Fresh Peas
Strawberry Shortcake
Iced Tea or Coffee

For the salad, combine romaine with ter lettuce or red leaf lettuce, and wa cress, top with a few sliced fresh m rooms, and use a prepared oil and vin dressing.

The meat can roast unattended fo hour or so, but should be basted quently during the remaining 1 to hours of cooking. The foil-wrapped goes into the oven or barbecue to along with the pork roast during the half hour.

For dessert, buy or bake a pound and serve slices of it topped with s strawberries, sweetened to taste, whipped cream.

Apple-glazed Pork Loin Roast

- 3½ to 4-pound pork loin roast
- 1 cup apple juice
- 3 tablespoons soy sauce
- 1 clove garlic, minced or mashed
- ¼ teaspoon ground ginger
- 1½ teaspoons each cornstarch and water

To oven-roast, place the meat, fat up, on a rack in a shallow baking Roast, uncovered, in a 325° oven about 1 hour.

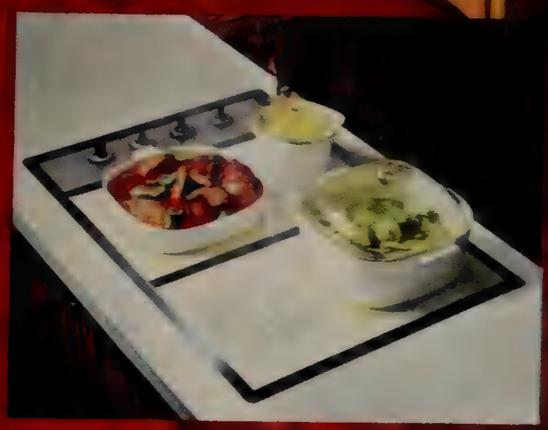
(To roast in a covered barbecue, s medium low coals in a ring around pan set in the center of the fire gra catch meat drippings. Place meat

When you get a new range you should get a new range.

All new ranges look new. And that's about it. But at last there's a range that is truly revolutionary. It has no burners, no coils, no grease traps. The tough Pyroceram® glass-ceramic cooktop is smooth and beautiful. Imagine how easy it is to clean. Four electric elements hidden beneath the surface provide precise thermostatically-controlled heat. As each unit heats the individual sunbursts turn yellow to indicate which cooking area is on, but the rest of the top stays cool so you can use it as extra counterspace. This is Counterspace™ Cooking.

Corning's revolutionary Counterspace Cooking is available in either the Counterange™ unit with a large capacity self-cleaning oven, or the cooktop version called The Counter That Cooks.™ Both come with a set of Cookmates™—cookware specially designed for Counterspace Cooking. They go from freezer to range to table, beautifully.

Both are at leading stores right now, or write Corning Glass Works, Box 205, Corning, New York 14830.



CORNING

california BEEF
the worlds finest

Pardini's
927 South Clovis
Fresno, California

MEDALLIONS OF BEEF

One of many outstanding beef selections on Pardini's dinner menu. Takes but 20 minutes after the ingredients are ready for skillet.

2¼ pounds California beef filet mignon
Flour
Drawn butter or olive oil
6 finely chopped green onions
2 cups sliced fresh mushrooms
Salt and pepper
1 cup Burgundy wine
2 cups au jus or beef broth

Slice filet 1 inch thick for medium or well done beef and 1½ inches thick for medium to rare. Flour lightly on both sides. Then, according to Chef Fred at Pardini's, place in a hot, heavy skillet with drawn butter (butter slowly melted) or olive oil. Brown on both sides. Add green onions and mushrooms and saute 1 minutes. Season with salt and pepper. Add wine and cook 5 minutes longer. Add au jus and simmer 5 minutes. Serve with rice pilaf and desired vegetables. Makes 4 servings.

STEAK ETIQUETTE: Al Pardini suggests this how-to tip. First of all don't wrestle with it and cut off small bites around the edges. To truly test the doneness of a steak and to enjoy it to the fullest, make the first cut with a sharp knife straight across the middle.

June 8 to 14th has been proclaimed CALIFORNIA BEEF WEEK in Fresno. Interesting events will take place, including special promotions in restaurants and food stores. Beef Week will be climaxed by the Second Annual Livestock Symposium.

Todays Beef is Best

For More Beef Recipes Write to:
CALIFORNIA BEEF COUNCIL
[illegible] Bowster Ave., Redwood City, Calif. 94063

side up, on the grill about 6 inches above the foil pan. Cover the barbecue, adjust the temperature control dampers, and cook meat for about 1 hour.)

Meanwhile, combine the apple juice, soy sauce, garlic, and ginger.

After 1 hour of cooking, baste the roast generously with the apple juice mixture. Continue to cook the pork (in the oven or barbecue) for 1 to 1½ hours more (or until a meat thermometer inserted in the center not touching bone registers 170°), basting about every 15 minutes with the remaining apple juice mixture. Remove meat to a warm platter. To make gravy, skim fat from the pan drippings; combine the cornstarch and water, stir into the drippings, and cook, stirring, until thickened. Serve the gravy in a bowl to spoon over pork. Makes 6 to 8 servings.—*D. H., Menlo Park, Calif.*

Savory Corn on the Cob. In a small bowl, combine 3 tablespoons mayonnaise, 1 large clove garlic, minced or mashed, 1 teaspoon olive oil, ½ teaspoon smoke-flavored salt, and a dash pepper. Remove husks from 6 ears of corn; spread corn with mayonnaise mixture. Wrap each ear tightly in foil. Roast in a 325° oven (or in a covered barbecue over low coals) for about 30 minutes, or until tender. Remove foil from corn and serve at once. Serves 6.—*L. C., Menlo Park, Calif.*

June weekend brunch

The eggs are softly scrambled and then topped with a spicy tomato sauce and mozzarella cheese and broiled briefly just before serving.

Fresh Fruit Compote or
Sliced Watermelon
Pizza-styled Eggs Crisp Bacon Strips
Whole Wheat Toast Butter
Coffee

If your time is limited in the morning, you might prepare the tomato sauce a day ahead, and then simply reheat the sauce while you scramble the eggs and fry the bacon.

Offer a combination of fresh fruits such as sliced peaches, strawberries, pineapple, and melon balls in individual bowls or pass a platter of watermelon slices.

Pizza-styled Eggs

3 tablespoons butter
¼ cup chopped onion
1 clove garlic, minced or mashed
1 can (14½ oz.) pear-shaped tomatoes
¼ teaspoon *each* basil and whole oregano, crushed
8 eggs
3 tablespoons water
¼ teaspoon salt
Dash pepper
¾ cup shredded mozzarella cheese

Melt 1 tablespoon of the butter in a frying pan over medium heat. Add onion and garlic and sauté until onion is limp, about 5 minutes. Stir in the tomatoes,

DARROW M. W

Softly scrambled *eggs are the base for a pizza-flavored topping of tomato sauce and cheese*

breaking them up with a fork, and basil and oregano. Simmer, uncover for 20 minutes, stirring occasionally, u sauce is thick and most of the liquid evaporated.

In a bowl, beat the eggs, water, salt, pepper. Melt the remaining 2 tablespo butter in another frying pan. Turn in egg mixture and gently scramble the until done to your liking. Spoon eggs a greased 8-inch pie pan. Spoon tom sauce over eggs and sprinkle with che Place in a preheated broiler abou inches from heat and broil until che is bubbly, about 3 minutes. Serve at o Makes 4 to 6 servings.—*E. B., Sherm Oaks, Calif.*

Sausage and salad patio buff

The familiar combination of sauerk and sausage takes on lively new dim sions when you present the sauerkra a colorful, chilled salad. If you serve of-doors, you may want to grill the sages on the barbecue.

Chilled Cocktail Vegetable Juice or A
Cheese and Seed Nibbles
Sausages: Kielbasa,
Bockwurst, Garlic, or Smoked Links
Mustard Horseradish
Green and Gold Sauerkraut Salad
with Tomato Wedges
Crusty Rolls Butter
Fresh Peach Sundaes

Prepare the salad early in the day or night before so it has ample time to c Choose a variety of sausages; pour ing water over them, cover, and let s 20 minutes. Then pan-fry them medium heat or grill them on the ba cue until nicely browned on all sides. crusty rolls offer a pleasing accom ment; some may wish to eat the sages with sauerkraut as a sandwic Our recipe for nibbles makes 2 fla

s never change.
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to get out the
worst kind of dirt in cold water.

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Crane

Margaret Myers

Dear Mom,
I must have filled out thirty forms today! Registration can't be this bad every year. I just hope my professors will call me something other than — classification 03, Course 114-B, Student ID 407-691-4423, Class of '74. (there that's the 31st time I wrote that today)
So you can see why I was so delighted with your gift of Crane's. It's actually my very own name at the top of the page.
Your daughter
03-114-B-ID 407-691-4423-74

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appetizers; they are best if baked just before serving.

For dessert, sweeten sliced peaches to taste and spoon them over vanilla or toasted almond ice cream.

Cheese and Seed Nibbles. Cut 3 tablespoons butter or margarine into 2 cups biscuit mix until mixture is like coarse cornmeal. Add ½ cup water and stir until blended. Divide dough in half. To half of the dough add ¼ cup grated Parmesan cheese and 1 teaspoon caraway seed. To the other half of dough, add ½ cup shredded Cheddar cheese and 1 teaspoon poppy seed.

For Parmesan-caraway nibbles, combine an additional 3 tablespoons Parmesan cheese and 1½ tablespoons cornmeal in a small bowl, put 2 tablespoons milk in another bowl, and cut 15 ripe olives in half. Form dough into 30 small balls; dip each all over in milk, then roll all over in cheese-cornmeal mixture. Place on a well greased cooky sheet; press ½ of a ripe olive into the top of each to flatten the balls slightly.

For Cheddar-poppy nibbles, combine an additional 3 tablespoons finely shredded Cheddar cheese and 1½ tablespoons fine dry bread crumbs in a small bowl, put 2 tablespoons milk in another bowl, and cut 15 pimiento-stuffed olives in half. Form dough into 30 small balls; dip each all over in milk, then in cheese-bread crumb mixture. Place on a well greased cooky sheet; press ½ of a pimiento-stuffed olive into the top of each to flatten the balls slightly.

(At this point you may cover and leave them at room temperature for an hour or two, if you wish.)

Bake uncovered in a 375° oven for 10 to 15 minutes, or until lightly brown. Serve at once. Makes 60 appetizers.—*E. M., Los Angeles.*

Green and Gold Sauerkraut Salad

- 1 large can (about 1 lb. 12 oz.) sauerkraut
- ¼ cup sliced green onions, including some of the green tops
- ½ cup finely shredded carrot
- ½ cup *each* diced celery and green pepper
- ¼ cup white wine vinegar
- ⅔ cup sugar
- 2 medium-sized tomatoes, peeled

Thoroughly drain the sauerkraut, reserving ¼ cup of the liquid; chop sauerkraut and combine with the onion, carrot, celery and green pepper.

In a saucepan, mix the reserved sauerkraut liquid, vinegar, and sugar. Heat just until sugar is dissolved; pour, while still warm, over the sauerkraut mixture and stir well. Cover and chill 4 to 6 hours or overnight.

Stir well, turn into a serving bowl, and garnish with tomato wedges just before serving time. Makes 4 to 6 servings.—*C. D., Salem, Ore.*

Every good cook has a hang up. Schilling Gourmet Spices.

A seasoned cook hangs her reputation on Schilling Gourmet Herbs and Spices. What's more, she flaunts it with row on row of show-off decanter bottles. Explore the romance of rosemary with lamb, basil with tomato, curry with chicken. Marvel at the mystery of saffron with rice or cardamom in a cake. Get the idea? Add something exotic to your Schilling collection every week when you shop.

CRAB ROYALE

2 cups sliced fresh mushrooms
1 tablespoon Schilling Freeze-Dried Shallots
1½ teaspoons Schilling Season-All
½ teaspoon Schilling Paprika
½ cup Almadén Johannisberg Riesling
1 10½-ounce can white sauce
2 cups crab, fresh or canned
6-8 fresh cooked artichoke hearts or 4½-ounce can, drained
¼ cup grated Swiss Cheese
6-8 pimiento-stuffed green olives, sliced
1 tablespoon Schilling Parsley Flakes
2 teaspoons lemon juice

Simmer mushrooms, shallots, Season-All and paprika in wine 5 min. Add white sauce, stir until smooth. Add remaining ingredients. Heat to simmering. Serve over noodles. 4-6 servings. Final flourish: bring on the chilled glasses and pour the Almadén Johannisberg Riesling.

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Please send beautiful, traditional satin-finish wood spice rack. 3 shelves (spices not included). 16" long x 2½" deep x 18½" high. Enclosed find $5.50 (check or money order). Offer void where prohibited by law.

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For 2½ cups of Avocado Skinny Dip, mash 2 ripe California Avocados with 1 T. grated onion, 1 cup chopped celery, ¾ t. seasoned salt, 1 T. lemon juice, Worcestershire and Tabasco Sauce to taste. Dip in crunchy raw vegetables.

Skinny variations: Add a few crisped bacon bits. Or 1 tomato, seeded and chopped. Or ¼ cup canned green chili peppers. Or 2 T. diced canned pimiento.

California Avocado Advisory Board

)oubling up on barbecued chicken

ext time you barbecue chicken, con- cooking an extra bird or two while ave a good bed of coals. Then plan e the smoky flavored chicken that for another meal.

uggest you buy large broiler-fryer ens, weighing 3 to 3½ pounds. If ave a barbecue that can be covered noke cooking or with a spit, cook hole birds. Have them split in half becue on an open barbecue.

irections are for barbecuing 2 large -fryers, but you can easily multi- e seasonings if you wish to do 3 or kens at once. One chicken of this ot off the grill, makes 3 or 4 serv- When combined with other meat or , as in both recipes that follow, one n makes 4 to 6 servings for a sec- eal.

CUED CHICKENS

- roiler-fryer chickens (3 to 3½ lbs. *each*)
- easpoon *each* celery seed and paprika
- easpoon garlic powder
- easpoon pepper
- ablespoons *each* cider vinegar and salad oil

chickens and pat dry. Combine seed, paprika, garlic powder, and rub all over chickens.

k in a covered barbecue, arrange 1 low glowing coals in the fire about 6 inches below the grill. hickens on grill, cover the barbe- d adjust the temperature control s. (Or truss birds and secure on place chicken halves on grill about s above the coals.)

hickens slowly for about 20 min- rn halves after 10 minutes). Com- negar and oil and brush mixture sly over chickens. Continue cook- about 40 minutes longer, basting ally, until chickens are tender halves every 10 minutes). Cut n into quarters and serve hot to . Cool, wrap, and refrigerate the icken until needed, up to 5 days.

H RICE WITH CHICKEN

- und bulk pork sausage
- chopped onion
- long grain rice
- s regular strength chicken broth
- spoon saffron (optional)
- spoon *each* paprika and salt
- lespoon dried parsley flakes
- (2 oz.) sliced pimiento, drained
- d barbecued chicken (see receding recipe)
- frozen peas, thawed

sausage into small balls about of large olives. In a large frying a tight cover, brown the sausage on all sides over medium heat. Lift out with a slotted spoon and set aside. Add the onion and rice to the pan and sauté until golden, about 5 minutes. Add the chicken broth, saffron (if used), paprika, salt, parsley flakes, pimiento, and the sausage balls. Cover and cook over low heat about 15 minutes.

Meanwhile remove meat from chicken and cut into bite-sized pieces, discarding skin and bones. Add chicken pieces and peas to the rice mixture, cover and cook 5 minutes longer, or until rice is tender. Makes 4 servings.

BARBECUED CHICKEN SANDWICHES

- slices dark rye bread
- Butter
- cold barbecued chicken (see preceding recipe)
- ounces sliced thuringer or ham
- About 6 ounces sliced Swiss cheese
- About cups finely shredded cabbage
- Nippy dressing (recipe follows)

Lightly toast the bread; spread one side with butter. Remove meat from chicken, slice the breasts and thighs; discard skin and bones. Arrange chicken on toast; top with thuringer, then with cheese. Broil 4 inches from heat until cheese is melted. Serve hot. Pass a bowl of cabbage to spoon on top; pour dressing over all. Makes 6 sandwiches.—*B. P., Palo Alto, Calif.*

Nippy Dressing. Mix ½ cup *each* mayonnaise and sour cream, 3 tablespoons chile sauce, and 1 teaspoon *each* lemon juice, prepared horseradish, and mustard.

OVERSAUCES

Just heat and pour . . . to make everyday foods overwhelmingly good.

Newburg. Delicate sherried sauce makes tuna or salmon loaf suddenly special. Pour over fish sticks for an eye-brightening dish.

Mushroom. Robust brown sauce with mushroom slices, Burgundy wine. Raises beef (even hamburger!) to elegance, easy as heat 'n pour.

Hollandaise. Golden lemony sauce, rich in butter, egg. Confers stardom on vegetables. Makes fish exciting . . . eggs important.

Two more Oversauces: lusty Bordelaise for beef; mellow Cheese for chicken, vegetables.

Enchiladas with barbecued foods

For an honest, earthy balance of flavors, try pairing foods from the barbecue with enchiladas made with corn tortillas.

An enchilada is a lightly fried and sauced tortilla wrapped around a filling. In Mexico enchiladas are usually garnished and served at once; but here we suggest taking advantage of the fact that they can be assembled ahead.

When the fire is made and the foods are beginning to cook on the barbecue, transfer the enchiladas from the refrigerator to your oven to warm.

These first two enchiladas go nicely with meats; the second can also double as a light entrée for lunch or supper. The third enchilada recipe is definitely a main dish and barbecued vegetables to accompany it are worth the effort.

A filling of tender, crunchy, golden corn in a blend of cheese and sour cream gives these enchiladas their refreshing flavor. They are particularly good with beef from the grill—roasts, steaks, or simply ground meat patties.

FRESH CORN ENCHILADAS

Salad oil
1 package (12) corn tortillas
1 can (10 oz.) red chile sauce or enchilada sauce
Fresh corn filling (recipe follows)
2 cups shredded jack cheese
About 1 cup finely shredded iceberg lettuce
1 cup sour cream
⅓ cup minced fresh coriander, if desired
Lime wedges

In a small frying pan, heat about ¼ inch salad oil over moderate heat. Fry one tortilla at a time, turning once, just until limp but not crisp; drain on paper towels. Add more oil as needed.

Pour about ⅓ of the red chile sauce in the bottom of a 9 by 12-inch casserole (or one of equivalent area).

Spoon about ⅓ cup of the fresh corn filling down the center of each tortilla, rolling to enclose. Set enchiladas seam side down in sauce, arranging side by side. Moisten the tops of the enchiladas evenly with remaining chile sauce. Distribute cheese evenly over enchiladas. (Cover and chill, if you want to make ahead.) Bake uncovered in a 375° oven for 20 mi[illegible] or until bubbling (if cold, cook 30 [illegible]utes, covered for the first 15 minute[illegible]

To serve, arrange a band of lettuce [illegible] the center of the enchiladas, then [illegible] sour cream onto the lettuce. Garnish [illegible] coriander and squeeze lime juice [illegible] individual portions. Makes 8 servin[illegible]

Fresh Corn Filling. Cut enough fresh [illegible] (yellow) to make 3 cups (takes ab[illegible] medium-sized ears). In a wide frying [illegible] melt 2 tablespoons butter and add [illegible] dium-sized onions, finely chopped. [illegible] stirring, until onion is soft but [illegible] browned. Add the corn, ½ teaspoon [illegible] cumin seed, and ¼ cup water. Cove[illegible] cook over moderate heat for ab[illegible] minutes; stir occasionally. Remove [illegible] and cook, stirring, over high heat t[illegible] away any remaining liquid.

Remove from heat and stir in 1 cu[illegible] cream, 1 cup shredded jack chees[illegible] ¼ to 1 can (4 oz.) California green [illegible] chopped (seeds and pith removed). [illegible] as you add chiles to determine how [illegible] impact you want. Season with salt to [illegible]

These enchiladas, with a substanti[illegible] ing of cheeses and onion, go wel[illegible] barbecued shrimp, chicken, or t[illegible] They can also be considered the [illegible] course for lunch or supper; in thi[illegible] text, you may prefer to omit the l[illegible]

omato garnish, serving the enchi- with lettuce and tomato salad.

SE ENCHILADAS

Salad oil
package (12) corn tortillas
can (7 oz.) green chile salsa
Cheese filling (directions follow)
cups shredded longhorn Cheddar cheese
About 1 cup finely shredded iceberg lettuce
medium-sized tomatoes, thinly sliced
About ¼ cup thinly sliced green onions, including some tops
ablespoon vinegar
alt

nall frying pan heat about ¼ inch oil over moderate heat. Fry one at a time, turning once, just until it not crisp; drain on paper towels. l to pan as needed.

bout ⅓ of the green chile salsa in ttom of a 9 by 12-inch casserole of equivalent area). Overlap two s to fill width of pan. Spoon about filling across the overlapped tor- old over, and slide to one end of epeat this technique to fill re- g tortillas; overlap each pair of s and place them side by side to tely cover the pan bottom.

he ends under the last set of en- s. Moisten surface of enchiladas naining green chile salsa and cover redded cheese (this can be done ahead, the dish covered and chilled).

Bake, uncovered, in a 375° oven for 20 minutes (if cold, bake 30 minutes, covered the first 15 minutes), or until bubbling. Garnish enchiladas with lettuce, tomatoes, and green onions. Sprinkle vinegar and salt over the vegetables. Makes 6 main dish or 8 side dish servings.

Cheese Filling. Stir together to blend 1½ pints (3 cups) large curd cottage cheese, 1 cup shredded longhorn Cheddar cheese, 1½ cups finely chopped green onions (including some of the tops), and ¼ teaspoon whole oregano, crumbled.

Lumps of warm, soft cream cheese are nterlaced with bits of chicken, sweet, slowly cooked onions, and mellow red peppers in these main dish enchiladas.

Delicious barbecued accompaniments might be grilled corn on the cob or large mushrooms. Add a crisp green salad to complete the dinner.

CHICKEN CREAM ENCHILADAS

Salad oil
1 package (12) corn tortillas
Chicken filling (directions follow)
⅔ cup whipping cream
2 cups shredded jack cheese
Radishes, pitted ripe olives, and fresh coriander (optional) to garnish
Lime wedges

In a small frying pan, heat about ¼ inch salad oil over moderate heat. Fry one tortilla at a time, turning once, just until limp but not crisp. Drain on paper towels. Add oil to pan as needed.

Spoon about ⅓ cup of the chicken filling down the center of each tortilla and roll to enclose. Set enchiladas seam side down in a 9 by 12-inch casserole (or one of equivalent area), side by side. (Cover and refrigerate the dish at this point, if you have made it ahead.)

Moisten tops of the enchiladas with the cream, then sprinkle cheese evenly over them. Bake uncovered in a 375° oven for 20 minutes to heat through. (If chilled, bake for 30 minutes; cover the casserole for the first 15 minutes.) Garnish with radishes, olives, and coriander before serving. Pass lime wedges to squeeze onto individual servings. Makes 6 main dish servings.

Chicken Filling. In a large frying pan, cook 2 large onions, thinly sliced, in 2 tablespoons butter or margarine, over moderate heat, stirring occasionally, for about 20 minutes, until limp and just beginning to brown. Remove from heat and add 2 cups diced, cooked chicken (skin removed); ½ cup canned, roasted sweet red pepper or pimientos, chopped; and 2 small packages (3 oz. *each*) cream cheese, diced. Mix lightly with two forks to blend, then season with salt to taste.

No other ham can wear this statement.

Hormel
BONELESS
Ham
FULLY COOKED
Packed by Geo. A. Hormel & Co.
General Office, Austin, Minn.
KEEP REFRIGERATED

This ham has been completely boned. It has been trimmed, cured, smoked, and cooked according to the specifications of the Hormel "Cure 81" process and has been judged of proper quality to be registered as a "Cure 81" Ham.

SIGNED Don Cipra
Hormel Curemaster

61703
T REGISTRY NO
NOTE: This "Cure 81"
is fully cooked and m
served cold immediat
To serve hot, heat i
oven 18-20 min. per

No other ham is numbered, registered and guaranteed.
Cure|81. The world's most nearly perfect ham. Hormel
A FEDERALLY INSPECTED PRODUCT

DARROW M. WATT

alad supper *is sliced, pressed turkey ntaloupe balls around a curry mold*

alad mold with a curry flavor

an serve this curry-flavored salad to accompany a variety of meat, y, or fish main dishes. Or present e show here in the center of a tray, nded with sliced meat and fruit.

ices and creamy, smooth texture of ad disguise the fact that it is spar- calories.

SALAD MOLD

ablespoons butter or margarine
up finely chopped onion
easpoons curry powder
up brown sugar, firmly packed
nvelopes unflavored gelatin
easpoon ground ginger
easpoons chicken-flavored stock base
ablespoons white or cider vinegar
up water
rge container (2 lbs.) regular or low-fat unflavored yogurt
ettuce, optional

ing pan melt the butter over me- eat and sauté the onions and curry until the onions become limp. In combine the sugar, gelatin, ginger, cken stock base; stir in the vinegar ter. Add to the onions in the pan k, stirring, until mixture steams atin is thoroughly dissolved. Re- om heat. Using a rotary beater, the yogurt until smoothly blended. to a 1½-quart salad mold, cover, l until firm.

fore serving, unmold the salad serving plate. Garnish with let- you wish. Makes 8 servings.

e a salad supper entrée, surround ry mold with slices of smoked turkey or chicken, or sliced cold f lamb, pork, or turkey. Then cantaloupe, pineapple, peaches, or nit around the meat.

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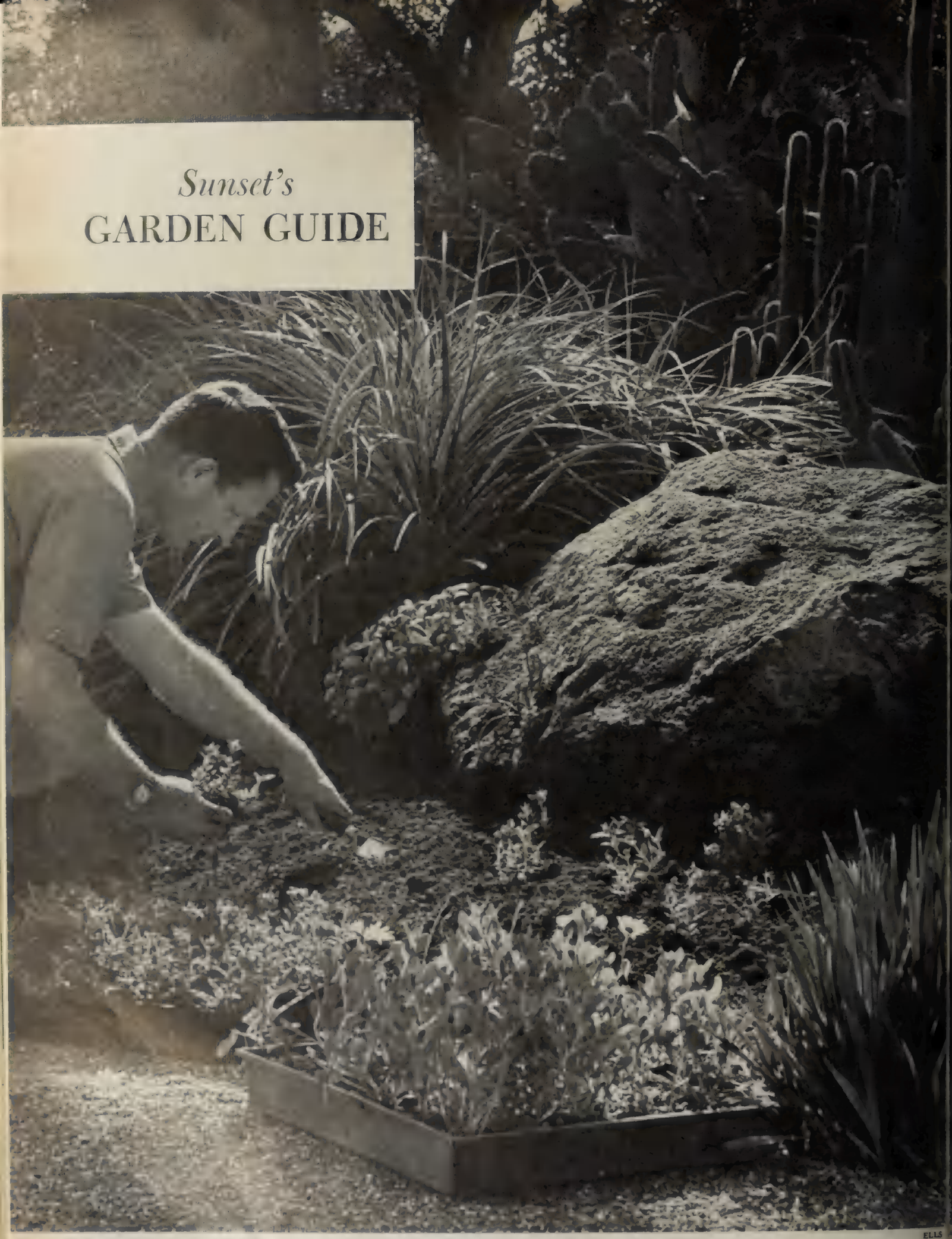


Sunset's GARDEN GUIDE

ELLS

Good companions, pink and white

Into a sunny bed in the Sunset gardens go two bright-flo perennials: pink hybrid Peruvian verbena, being plant left, and white hybrid trailing African daisy (Osteospe fruticosum) in the front flat. Both make lush ground cov

JUNE IN YOUR GARDEN:

It's time for fast action . . . hot weather is coming soon

is a month of transition for your gar- Spring-flowering bulbs and annuals passed their prime, and most of the ıer annuals haven't come into full r yet.

ɔu haven't finished your summer ing, do so quickly so young plants a chance to establish themselves be- the hotter weather comes. You can ıll actively growing plants regularly now through August. Give summer ıls a light application of complete ɔr liquid fertilizer two weeks after ing, and continue at regular inter- ·ecommended on the label.

weather tends to be unpredictable, ıe interior valley and intermountain will probably have increasingly days, while the coastal region re- cool and frequently foggy. Espe- in the Central Valley, prepare the ı for oncoming summer heat by watering at well spaced intervals to roots far down into the soil. You ıve to water less later on, and plants ot wilt as readily under a hot sun. apply a mulch to help conserve and provide extra shade for tender, -set-out plants.

ican evening primrose

an evening primrose is the kind of many gardeners love in hot weather —it needs little water or care, yet blooms profusely in sun from June through September. You won't find it in every nursery, however; its popularity is limited because it is a perennial that dies back during the winter.

The name is completely misleading. Mexican evening primrose is not a primrose, it blooms during the day, and it comes from many parts of both American continents, as well as Mexico.

Known botanically as *Oenothera speciosa childsii* or *O. rosea mexicana*, Mexican evening primrose is a 10 to 12-inch-high plant with 1½-inch, cup-shaped flowers of rose pink. It tolerates any soil and gets along with minimum water; in fact, once established, it usually thrives and tends to invade neighboring plantings. For this reason it is best grown by itself in dry slopes, parking strips; and problem spots between fence and road are ideal places for it.

Nurseries that carry Mexican evening primrose have it in bloom in gallon cans ready for planting right now.

Wild woolly yarrow

For filling the bare spots along borders and rock gardens, yellow-flowered woolly yarrow is one of the most carefree, generously blooming perennials available.

You'll find woolly yarrow (*Achillea tomentosa*) in nurseries this month along with several other kinds of yarrow. But choose this spreading variety with its fernlike, dusky green leaves to get a low feathery mat that needs only routine care. The clusters of yellow blooms have surprisingly long stems (6 to 8 inches) and make good cut flowers; they bloom continuously from now into fall if you remember to clip off faded flowers.

Woolly yarrow grows best in sunny or

WILLIAM APLIN

Low, feathery *mat of woolly yarrow has small, clustered yellow flowers on 6 to 10-inch stems*

Carefree *Mexican evening primrose has pink, cup-shaped flowers, thrives in dry, problem spots*

Sunset's GARDEN GUIDE

Decorative cherry tomato *in hanging pot has 33 fruits, some ripe, some green. Plant now for tomatoes by August*

DON NOR

partly shaded areas and needs only moderate watering. Space the hardy plants 10 to 12 inches apart to establish a solid mat; plants eventually form large clumps that need dividing every few years.

Hanging cherry tomatoes

A colorful and attractive way to grow cherry tomatoes is in hanging pots or wooden baskets. The plants are surprisingly adaptable, and provide a showy cascade of green leaves and small, bright red fruit for garden decoration (see photograph above).

Put one husky plant in a 12-inch pot; plants grow larger than you might think, so two would be crowded. Shade newly-planted containers from direct sun for a few days until plants take hold. Then place containers where they get a maximum of sunlight.

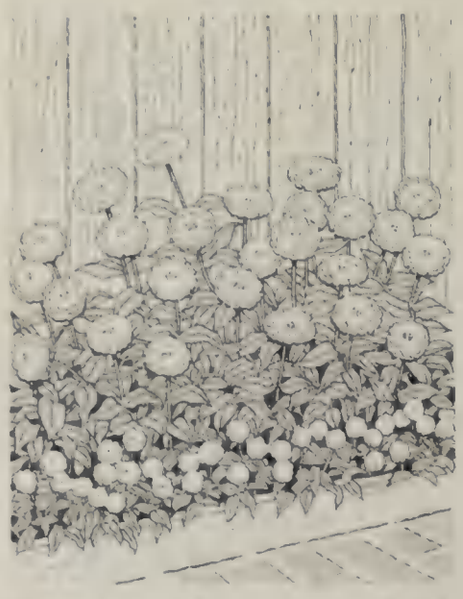
Feed cherry tomatoes three weeks after planting, then again in three more weeks. They need frequent watering in hot weather; soak two or three times a week. If plants wilt in hot weather, they aren't getting enough water.

Complementary zinnias

Giant, large-flowered zinnias are long-time favorites because of the spectacular color they add to a garden. However, the sparseness of leaves around their stem bases can give foliage a scraggly appearance. Try planting a row of tiny Thumbelina zinnias in front of the taller ones as shown at right; the Thumbelinas will both hide the sparseness and add to your display.

Thumbelinas are a unique novelty strain. They are by far the smallest of the zinnias, reaching a bushy, compact height of only 6 to 8 inches. Flowers are large in proportion to height; they measure about 1½ inches across. Colors range through yellow, orange, gold, scarlet, pink, lavender, and white. Plants begin to bloom when only 3 to 4 inches high and continue blooming into fall.

Thumbelina seed and Thumbelina plants in flats are available at nurseries now. These diminutive zinnias make ideal border plants for any bed, but they are an especially effective complement to a giant zinnia display.



Plant a border *of tiny, compact, 6 to 8-inch-high Thumbelina zinnias to fill in sparse-leafed lower stems of big zinnias*

A lesson in spraying— and ecology

Massive use of insecticides in garde a little like bulldozing your lawn to rid of gophers. Indiscriminate spra can wreck the ecological balance home garden—or of an area as larg the one in this case history:

Two summers ago a severe outbrea pine needle scale was noticed in the lo pole and Jeffrey pine forests around Tahoe. Even though it had long known in the area, pine needle sca small sucking insect) had never be serious pest before. Researchers tr the probable cause of the increase in to a decrease in its natural preda Something was killing the insects tha on the scale insects, and the killer se to be malathion, used by both state local agencies as a mist to control mosquitoes.

To protect the insects that prey on needle scale, officials now recom more selective spraying. The real pro was not the insecticide, but how it applied.

The same sort of thing can happe your garden. When natural predator killed off, normally insignificant in can multiply to become destructive p You're likely to kill good insects with the bad when you spray more necessary. So use insecticides only you see insects actually damaging pl and only on the damaged plants. Sp ing the entire garden with an all-pu insecticide not only wastes money can hurt your plants far more th helps them.

temperatures rise, ch for spider mites

n to keep a sharp eye out for spider s, among summer's worst pests. 're also among the hardest to detect first, you need a hand lens to see . However, you can tell when they've led your plants by leaves that lose luster, take on a yellowish, stippled, y appearance, and have faint silvery on the underside.

er mites suck plant juices from the rsides of leaves of low flowering s, shrubs, trees, and vines. They can he vitality from a plant quickly and, e you know it, do serious damage. weather triggers the large, devastat- utbreaks, for then their reproduction ls up fantastically; temperatures 85° can mean a mass invasion al- overnight. The trick, obviously, is tch them early.

's one way to detect spider mites ut a hand lens: Hold a sheet of paper under a leaf and tap the harply. If you find numerous small, d, translucent specks that slowly away, your plant has mites.

ntrol spider mites, first wash plants with a strong jet of water to sweep away as many mites as possible, also the webbing they spin, and the surface dust in which they hide. After foliage dries, spray with volck oil (harmless to the rest of the environment—it's not a poisonous chemical) or diazinon. You can also use one of the systemics (be sure to observe all label precautions—systemics are trickier than you think).

You may have to repeat control measures with every hot spell.

Seven sturdy summer staples

You may be wondering what to plant that will stand up and bloom under summer's hot sun. These seven sturdy summer annuals can go into the sunniest parts of the garden: ageratum, celosia, marigolds, petunias, salvia, "vinca rosea," and zinnias.

These plants should go into the ground this month. Rugged as they are, they still need to establish themselves before July's heat sets in. If possible, plant on a cool day, preferably toward nightfall. Be sure to water thoroughly after planting, and continue to keep plants moist; a mulch around them will also help.

If the young plants start to wilt during a hot spell, cool them off by giving them shade and keep them wet by overhead sprinkling.

Canned nursery stock ready for planting

Roses, other deciduous shrubs, and deciduous trees canned up as bare-root plants this past winter should be ready to plant now. Usually the waiting period between canning and the time plants are ready for sale is three months. Because of this year's mild winter, most bare-root plants were canned by the first of March. So you may want to stop by nurseries this month and check their canned bare-root stock; many plants will be flowering.

The real test of readiness is rooting: growth of new roots should be vigorous enough to hold the soil mass together. The nurseryman may check the state of root growth by running his finger through the planting mix near the edge of the container; if roots have reached the edge, the plant is ready. (This method may not work with deep-rooting material.)

JUNE CHECK LIST:

Here is what most needs doing

☐ **Container plants.** Pay special attention to plants in pots, nging baskets, and raised beds dur- hot weather; without frequent tering they dry out in a hurry. eck to see if reflected heat from a dit wall is too much for them. You y need to rotate them or provide ra shade during the hottest part he day.

☐ **Feeding.** Plant growth is rapid right now, and there's hardly ree, shrub, or ground cover that 't improve with a dose of fer- er. Continue to supply azaleas camellias with a monthly dose of l fertilizer; begin to feed rhodo- drons when flowers fade. Lightly l summer annuals; do the same tuberous begonias and fuchsias e they start growing.

☐ **Lawn care.** Water deeply once a week—twice a week if tem- atures are high. Feed monthly or n growth slows noticeably or les start to yellow. When weeds ear or pests attack, apply con- s immediately.

☐ **Pest control.** June's worst pests are aphids and other sucking insects, which can do tremendous damage to tender young growth. Spider mites may begin to appear now on roses, junipers, citrus, and almond trees especially. Continue to battle slugs and snails with a ready supply of snail killer.

☐ **Pinching and pruning.** You can probably give chrysanthemums a second pinching to encourage bushier growth. If you haven't already pinched them once and stems are tough, cut back with shears to a healthy lower leaf. In fact, you can cut back side shoots of most plants that you want to make bushier.

☐ **Staking.** If you didn't set stakes beside tomatoes and dahlias when you planted them, do so now. Tie plants up as they grow and need increasing support. Make ties secure, but not so tight that they choke or girdle stems.

Tie down branches of espaliers or vines as they grow; if you wait too long, wood may be brittle.

☐ **Vegetable garden.** You can still set out tomatoes, peppers, and eggplants, and sow seeds of beans, corn, cucumbers, melon, pumpkins, and squash. Root vegetables that were planted in April or May probably need to be thinned now to give roots room to expand sideways and grow straight.

☐ **Watering.** Don't let the top layer of soil dry out, because plants with shallow roots (especially azaleas and camellias) will suffer quickly. Soak ground deeply as soon as you notice the top 2 inches drying out. A top layer of mulch helps conserve moisture.

Water that runs off a lawn is wasted. Try watering your lawn for a shorter time, turning off sprinklers to let water soak in, then watering again.

☐ **Weed control.** Summer weeds flourish now, and they'll only get worse if left alone. Begin combating Bermuda grass, crabgrass, knotweed, and spotted spurge with hoe or weed oil if any of these appear in your lawn.

ELLS MARUGG

Cauliflower leaves *are tied over the edible white flower clusters to prevent yellowing in the sun*

Organic growing of vegetables . . . a success story

Mrs. Burns adds *a teaspoon of blender-whirled hot pepper mixture to 1 pint of water*

DARROW M. WATT

She sprays *the diluted hot pepper mixture on artichoke plant to ward off insects*

Tomato plants, *spaced 1½ feet apart in three 30-foot rows, produced prolifically from last August to October. Onions at right are grown to repel insects as well as for eating*

ening without chemical sprays or fer-
rs is a challenge in any garden. But
specially difficult in a huge, row-on-
vegetable garden with thousands of
s to keep healthy and protect from
ging pests.

e interested in organic gardening will
ncouraged by the annual success of
nd Mrs. Edward Burns in Woodside,
ornia. Their entire back yard, a gi-
c, 52-row vegetable garden that in-
s 28 kinds of crops, keeps the Burns
y in vegetables the year around.

Burnses are total organic gardeners;
use no commercial fertilizers or
s. In their soil preparation, they
rotary-till generous amounts of ma-
and compost into the garden. Then
add organic fertilizers—blood meal,
meal, and phosphate rock.

spreading generous handfuls of these
al nutrients along 3 to 4-inch-deep
ws, hoed where each row of seeds is
planted, they mix the nutrients
ughly into the soil, filling in the fur-
This places some of the fertilizer
rial slightly deeper than the seeds
they are planted, and readily avail-
o young roots.

setting out plants from flats, they
re soil in the same manner and wa-
fterwards with a fish emulsion so-
n.

they use no chemical sprays, the Burnses protect crops instead with their own spray recipe. They whirl equal amounts of hot peppers and water in a blender, strain out pepper remnants, and add more water before spraying the liquid on all but young, tender plants. They claim fair success with this method.

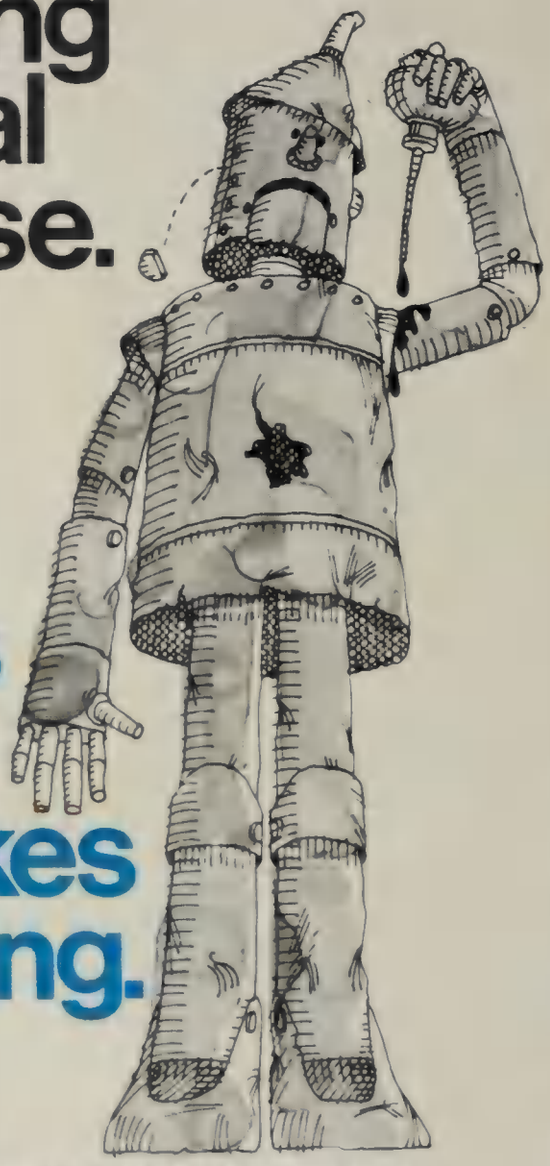
As another defense against insects, the Burnses also plant certain aromatic plants next to the vegetables: basil, garlic, onions, hot peppers, and marigolds between plants that attract flying insects. The strong odors seem to ward off pests.

The result of their methods is a healthy, productive garden. It includes artichokes, asparagus, beets, bell peppers, broccoli, Brussels sprouts, bush beans, red and white cabbage, carrots, cauliflower, celery, chard, corn, eggplant, garlic, numerous herbs, kohlrabi, lettuce, onions (red, white, and yellow), peas, red peppers, pole beans, shallots, spinach, tomatoes, and zucchini.

ORGANIC VS. CHEMICAL

Natural materials are safer to use and kinder to the environment than manufactured chemicals. But do they produce better plants and crops? Experiences such as that of Mr. and Mrs. Burns do not give a conclusive answer because they do not compare plants grown with and without manufactured chemicals. However, the Burns's experience remains interesting and full of promise.

He'll tell you what's wrong with living in a metal house.



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JAMES M. KO

Roadside garden *replaced littered*

COMMUNITY ACTION

A pocket park in La Canada

Picture this little garden park in La nada before community groups wer work on it: The widening of Angeles C Highway had left a 3,700-square- remnant of land ugly with waist- weeds and discarded concrete block

A local committee of the national g called Keep America Beautiful got a mit from Los Angeles County (the owner) to fix up the eyesore. First enlisted a cleanup crew from service c and schools. Next, volunteers pu plants donated by service clubs, ind uals, nearby Descanso Gardens, and Angeles State and County Arboretu

Boy Scouts built an arbor. High s boys carved a sign. Junior high washed cars to raise money for a ben

Project completed, the committee bo the land, now called the Youth Gard neighbor waters it. Youth groups do pulling and other maintenance.

Poster contest *draws Girl Scout tr*

There are 32 Weldwood wall panels between $4.95 and $8.95.

ıessboard above was built from actual samples of Weldwood wall paneling, to give you an idea of the broad range of panels between $4.95 and $8.95. em all at your Weldwood Headquarters Dealer.

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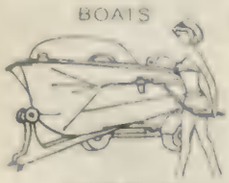
BOATS



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50¢

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TRAILERS

ALSO A LAWN AND GARDEN SPRAYER

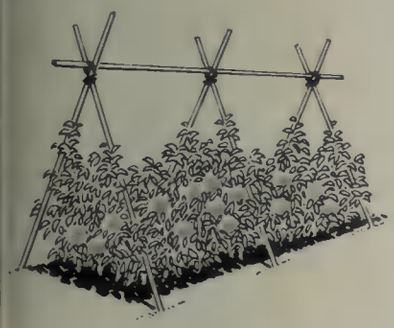
Tomatoes should be up off the ground

ere are several good ways to stake or port your tomato vines to keep the it from lying on the wet ground. In st areas recent plantings are probably l small enough that you can build sup- ts around them without damaging the der vines. In the Pacific Northwest l northern California, gardeners can id supports early this month at the e time they set out plants.

careful not to disturb the deep tomato ts when driving stakes. Keep them a or more away from the plant's cen- Use soft twine, plastic tape, or cloth ie vines.

Phone booth with string

Build the phone booth from redwood battens nailed to the tops of four 1 by 1-inch stakes. For a booth 2 feet square and 3 to 6 feet tall, drive the stakes a foot deep. As tomatoes grow, wrap string around the outside to contain them.



Bamboo wickiup

boo poles 6 feet long form this wick- Drive stakes in ground and pull to- er to make high-water X's. Tie where poles cross. Tie center pole across hes formed by several X's in a row. plants against the poles.

Bean-pole tepee

Short, bushy tomato plants like the tepee. Drive three 1 by 1-inch stakes a foot into the ground around the plant. Bring tops of the stakes together over the center of the plant and tie. Tie vines to stakes as they grow. Stakes 3 to 4 feet long suffice.

Fence with outrigger

utrigger addition to an open fence s a good support. Build a rectangu- xtension 2 feet wide from material lementary to the existing fence. side stems until main stem reaches support. Tie new stems as they grow.

Wire cylinder

Using 6-inch mesh concrete reinforcing wire 8 feet wide, roll a 6-foot section into a cylinder and secure with the cut wire ends. Fasten the cylinder to the ground by tying to two stakes on the outside. Keep tomato stems growing inside mesh.

WILLIAM APLIN

One way *to support tomato vines: Tie them to 6-foot-long 1 by 1-inch stakes driven into the ground beside plants*

ELLS MAR G

Flag-flying *garden fort is one young boy's way to raise gourds and have a shady summer hideout too. Vines covered roof by Aug t*

They grow gourds to make their hideout

For feasting on watermelons or waging mock battles, children find this gourd-covered fort a perfect hideout. It's also a good way for them to learn about gardening—by planting the gourds and literally growing their own fort.

Seven-year-old Peter Bell of Santa Rosa, California, made this garden fort last summer. His father set up a simple, roughly 5-foot-square frame of old fence posts and planking, with the front slightly higher than the back. He covered two sides and the top with a 14-foot length of chicken wire; the other two sides became front and back entrances.

Peter planted his gourd seeds along the two enclosed sides of the fort, so the vines grew up the wire and over the fort. By the middle of August, the fort was completely roofed by the dense vines and 50 to 60 tennis-ball-size gourds of assorted shapes and colors. Peter dried some (he found a cool, dry place was best for this), and later gave them as Christmas gifts.

Gourds *grow up two sides and across roof of the chicken wire fort, leaving front and back open*

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The interior, the "soul" of the car, is elegantly French. The fully reclining bucket seats, the thick wall-to-wall carpeting, the built-in adjustable headrests and foldaway armrests—each feature, each detail reflecting that centuries-old French love of luxury.

And the bright warmth of sunlight—how the French love that. A solid steel sliding sunroof lets you enjoy it, too!

All these opulent interior components are standard equipment.

Standard equipment, too, is every engineering advance that gives this car its "international muscle". Each of the four wheels has its own independent suspension, its own power disc brake. A newly designed engine gives you as much as 25 miles to the gallon; lets you cruise at 90 mph all day. The entire body is built of .9mm sheet steel—heavier, safer, longer-lasting than you've had before. It comes with Michelin radial tires. And four-speed synchromesh transmission. This is the car that's built to take any road, anywhere in the world.

The car international auto writers voted "Car of the Year".

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If you want a new car, you'll want to test drive the 504.

It can be your "Car of the Year" for years to come.

For more information see your local Peugeot dealer or write Peugeot, Inc., 107-40 Queens Boulevard, Forest Hills, New York 11375.

$3195, p.o.e. East Coast ($3295, p.o.e. West Coast)*

*suggested retail price. Local taxes and other dealer delivery charges, if any, additional.

Italian style, French soul, International muscle.

The New Peugeot 504

PEUGEOT SALES & SERVICE NATIONWID

Growing midget vegetables

be worth the effort of growing, a midget getable should be comparable in qual- to a standard vegetable of its own id, but considerably smaller, either in nt size, size of edible portion, or both.

ıy midget vegetables? One reason is ıt small size is desirable in itself for e very important class of gardeners: all children who like midgets for the ne reason they like giants—novelty. getables of ordinary size are just food.

d small plant size is important to gar- ıers who must grow vegetables in lim- l space. Small plants, closely spaced, ıally outyield bigger plants more lely spaced, and allow a greater vari- in the room that's available.

ere seasons are short, the midgets are ful in that they generally have a rter growing season; the bigger the ıt, the longer the ripening time.

ır local nursery or garden store will bably have seeds of a few midget veg- ıles on its racks. If you can't find the s you want locally, you can get them n one of the following mail-order seed panies: Burgess Seed and Plant Co., 218, Galesburg, Mich. 49053; W. At- Burpee Co., Riverside, Calif. 92502; ıols Garden Nursery, 1190 North Pa- Highway, Albany, Ore. 97321; and rge W. Park Seed Co., Box 31, Green- d, S.C. 29646.

. 'Spinel.' Inch-thick beets of superb ır (Nichols).

ıage. 'Dwarf Morden' (Park) and tle Leaguer' (Burpee).

ot. 'Short 'n Sweet' (Burpee), 'Su- ı' (Nichols), 'Tiny Sweet' (Burgess,).

ımber. 'Cherokee' (Park) and 'Midget' gess).

lant. 'Morden Midget' (Park).

l lettuce. 'Tom Thumb' (Burpee,).

ımelon. 'Minnesota Midget' (Park).

'Mighty Midget' (Park).

sh. 'Gold Nugget' (Burpee, Park).

t corn. 'Golden Midget' (Burgess, ıee, Nichols, Park); 'Midget Hybrid' k); 'White Midget' (Burpee, Nichols).

ıto. 'Tiny Tim' (Burgess, Burpee, ols, Park).

ırmelon. 'Early Midget' and 'Golden get' (Park); 'New Hampshire Midget' gess, Burpee).

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This new product prevents the growth of many broadleaf and grass weeds by killing the germinating seeds while providing a balanced feeding for all annual flowers and perennials. And once applied, ORTHO Floral Weed and Feed can't be affected by any kind of weather–wet or dry.

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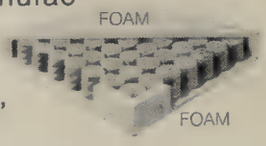

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Marspring Corporation, 4424 East 49th Street, Los Angeles, Calif. 90058

GLENN CHRISTIAN

Flower lanterns *of this abutilon spe show for months, attract hummingbi*

It's just great for hanging

The red and yellow flowers of *Abut megapotamicum,* each with an expo brush of stamens, look like slender l terns hanging from willowy stems. T showiest display is from May to about time of first frost.

More vinelike than *A. hybridum* (known of the flowering maples), it's excellent subject for a hanging bas for a container (with support provid or trained as an espalier against a wal fence. You can also train it over an ar or fasten it to a trellis. It grows rap to 10 feet or more.

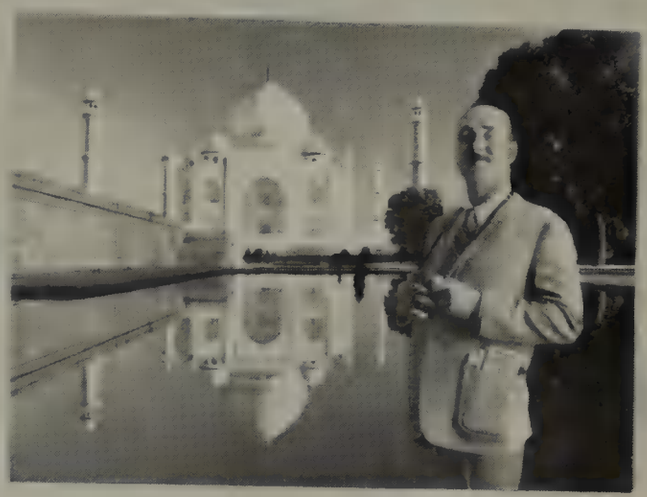
Growing it in a container is an advant in cold-winter climates; you can m plants into a greenhouse or into y home where they may even bloom.

While the name flowering maple sugg that the leaves resemble the typical lo maple leaf, the similarity is not marked in this species. Generally 1½ inches long, the leaves are tapered tow the tip with sharply toothed edges, so times almost jagged. Some plants h splashy yellow variegations on the lea

Set plants out in full sun along the co in part shade inland. Give them a r well drained soil, and keep it moist year. During the growing season ap a complete fertilizer three times to k the foliage luxuriant. Spray to con scale, whiteflies, and aphids.

To keep plants from getting leggy sparsely foliaged, cut back branches hard wood each spring. Pinch back growth frequently.

After Expo '70 and before Europe, see India.



You paid for it.

For many, Expo '70 is just the start of their long-in-the-dreaming, around-the-world holiday.

And we'd like to make it more so by suggesting the dream places of India you can visit, at no extra air fare, as long as you're in the neighborhood.

Like the Taj Mahal, the bazaars of Delhi, Ajanta's frescoes, the excitement of Bombay, or Udaipur.

You see, your around-the-world plane ticket entitles you to stop and stay in any or all of these legendary places. There's no extra air fare involved.

Once you are in India, the cost of staying and exploring its bewitching diversity is surprisingly reasonable. Deluxe, air-conditioned hotels (some were actual maharajah palaces), a car with a chauffeur or a domestic jet flight to a far-off place (say, a side trip to Kashmir in the Himalayas) are at prices among the lowest in the world.

So, for a better idea of how much more stuff your dream trip can be made of when you don't overlook India, see your Travel Agent. Or mail the coupon.

Government of India Tourist Office
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DON NORMARK

eful five-finger fern adds a delicate 'sy feeling to any shaded garden area

Five (or more) fingers of fern

elicate beauty of five-finger or West- naidenhair fern is readily apparent : photograph above.

of the choicest ferns for gardens, it wild along the West Coast from a to Southern California, and in of the Rocky Mountains.

auty lies in a combination of thin, black stems and fragile-looking green fronds. The fronds fork to a fingerlike pattern, but contrary common name, it may have many than five "fingers" (count those in notograph).

lant grows 1 to 1½ feet tall and s in moist ground and shade around , on a stream bank, along a wood- path, near steps, in a rock garden enough moist soil), or on the north f a house. Plants need constant ure and a soil rich in organic mat- me gardeners grow them with good in a mix of half soil and half red- soil conditioner or rotted wood.

cessive years, feed with complete er in early spring as new growth : avoid overfeeding. Fertilizers can ns if applied to the crowns. Set out r snails and slugs.

rn is hardy; leaves usually die back ard frost, but they will reappear.

nger fern (*Adiantum pedatum*) has alike relative sometimes found in s. This is California maidenhair *rdani*), native to California and n Oregon, where it cascades down shady banks. Its leaflets are fan , where those of the five-finger e oblong and toothed.

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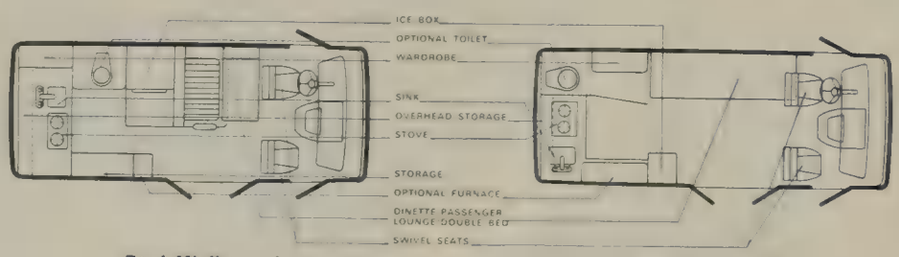
No matter where you go, a Ford Minihome™ is nice to have along. Around town, it's a second car—handy for hauling cargo and people alike. For traveling, it's not only a terrific way to go, but also a great place to stay when you get there. Because the Minihome has all the comforts of a regular home—including a dinette, a complete kitchen, full-size bed, loads of storage space and much more. You can also order such options as air conditioning, nylon carpeting and a gas range. Or even a television and FM Multiplex Stereo System. So the next time you go—anywhere—make a Minihome your traveling companion!



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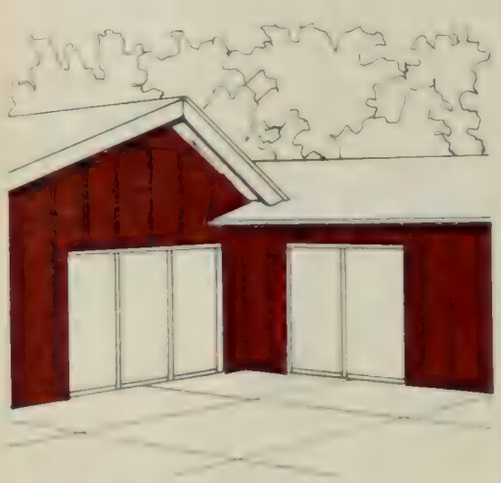

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NATURAL WOOD FINISHES

Entry deadline for the 1970 *Sunset* Garden Contest is June 15

A redwood grove, some unique fuchsia hybrids, a rare and beautiful eucalyptus, and a patch of rattlesnake grass—these are possible results from planting the collection of seeds that will be given to all contestants who finish the 1970 *Sunset* Garden Contest. Seeds and full cultural instructions will be delivered in the fall.

Redwood (*Sequoia sempervirens*) is not only the world's tallest tree, it's also one of the most vigorously growing conifers, so within just a few years a grove could be taking shape in your garden.

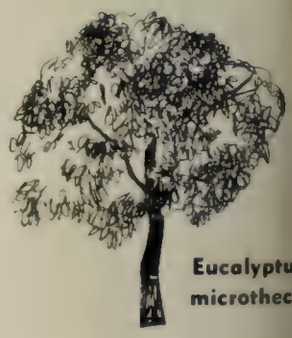
Eucalyptus microtheca is a bushy tree, 35 to 40 feet high, with a lot of character. It's clean, fast growing, drought-tolerant, and hardy.

Fuchsias are among those fascinating plants that hybridize very freely: Any seed may produce a variety unlike any now being grown. You can name your new fuchsia after your wife, a friend, maybe your dog.

Rattlesnake grass (*Briza maxima*) also goes by the less fearsome name of quaking grass. It's an ornamental plant prized for use in dried arrangements. It gets its name from the seed heads at the end of the slender stems; they resemble rattlesnake rattles (see sketch below).

All those who enter the contest and send in the final report in October will receive the seeds along with a certificate of participation.

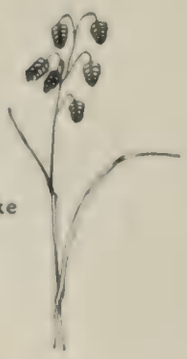
Redwood



Eucalyptus microtheca

WHAT IT TAKES TO ENTER

On pages 114-120 and 218-219 of the April *Sunset*, you'll see what last year's contestants did (of course, we don't want you to duplicate what's been done already). Your entry can be an entire garden or just part of one. It can be plants or garden structures. The important thing is that it be something you did yourself.



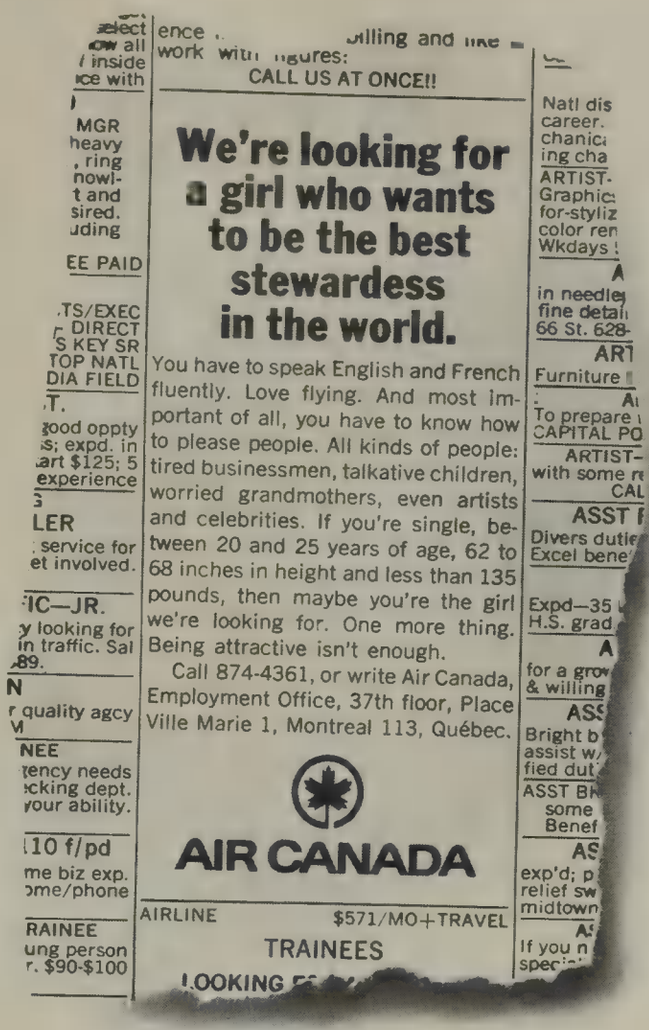
Rattlesnake grass

To enter, send your name, address, and age (16 or under) to Garden Contest, *Sunset Magazine*, Menlo Park, Calif. 94025. *Entry deadline is June 15*; entry requests postmarked after the date will not be accepted.

We'll send you an entry number along with complete rules and instructions. Next month we'll send you a card to fill out and return. In October, write a final, short report on your garden experience.

Photographs are very important in the garden contest. Be sure to take some snapshots now of your garden so we will have some basis for comparison later on. From July through September we'll try to visit most of the contest gardens to check on progress; however, this has no bearing at all on the final judging.

Fuchsia hybrid



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For instance, if you happen to be a tired businessman, we want her to care enough to ask if you'd like a cup of coffee. Before you ask her.

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We look for the same desire in all our people; the desire to do a little more than they have to. And most of the time we find it.

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AMF CUNO

Miniature roses are rewarding but are only for the patient gardene

Only the patient gardener should attempt to grow the miniature roses.

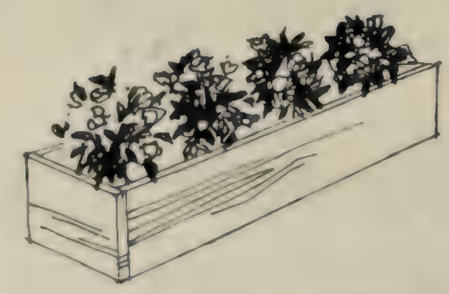
Miniatures are not dwarf forms of familiar full-size roses; most are descendants of a miniature form of a Chinese rose first grown and hybridized in the 18th century. They differ from full-size roses in more ways than size alone: For example, they bloom longer and are hardier than many of the larger varieties.

But keeping them healthy and good looking calls for a lot of care. Shallow roots mean constant watering, whether plants are in containers or in the ground. Soil should always be moist but not soggy. Some varieties do not keep their neat, compact shape for long, so frequently you'll have to prune lightly to shape plants. To keep growth slow, feed monthly with liquid fertilizer at half the strength recommended for full size roses.

Miniature roses look their best in tainers, singly or in groups, trained trellis, or as tree roses (see illustra below). However, because of their moisture requirements, they must n be allowed to dry out. This means a soaking in hot weather. Plants in ground do not dry out as rapidly as t in containers but are easily damage foot traffic. They do best in a prote spot or in a rock garden.

Container plants can be brought i and will bloom in a cool, bright win However, they won't thrive in a warm room. Miniatures need conta no smaller than 6-inch-pot size, smaller pots dry out too quickly. them well watered.

Unlike full-size roses, miniatures are almost year around in cans or pl pots. Many named varieties are avail



In containers, *grouped like these, or singly, miniature roses are at their best. These four will eventually grow together in a low hedge*

Colorful *low border of miniatu roses is best suited to low traff areas, needs moist soil. Cut bac strong shoots to keep plants ne*

Tree rose *is heavily pruned, side shoots pinched off to form trunk. Stake plant until it can support itself; taller varieties adapt best*

Miniature climber *trained on a tre lis makes a bright show of color o a patio. Needs occasional trimmi to keep branches vertical, shape*

ALONE IS NO WAY

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Preventive pruning—called pinching

Your tools are your thumb and forefinger. Now is a good time

Pruning tools come in a variety of shapes, sizes, and prices—and too often they're not around when you want them. But the two most generally useful pruning tools are cheap, portable, and always on hand. They are your thumb and forefinger. With them you can do the kind of preventive pruning that can save a lot of remedial pruning later on.

This preventive pruning—called pinching—resembles other kinds of pruning in that it can be used to control or limit plant growth, improve plant performance, and groom plants for the best possible appearance.

The season for pinching varies with the specific job, but at its height it coincides with the season of maximum plant growth. May and June are good months to try the technique. Once you get the hang of it, you will find that a saunter through the garden at almost any season will give you a chance to use your newly found skill.

One general rule you must observe: To be pinched properly, plant growth must be tender and soft enough to surrender to just a little pressure between thumb and forefinger, or to a little pressure and a sharp twist or snap of the wrist.

If the twig or bud is soft enough to pinch off, it will yield easily and the break will heal quickly.

CONTROLLING PLANT GROWTH

A plant's first pinch early in its lifetime usually establishes its basic form. A young

Stopping: make first pinch

seedling or cutting-grown plant is usually pinched to induce low branching and compactness. This first pinch (nurserymen call it "stopping") is usually made after two or three sets of leaves have made their appearance on new growth. Taking out the tip, which includes the terminal bud, forces side buds to grow into branches. The result is a broad, bushy plant—usually considered by growers and buyers to be ideal.

There are a few exceptions to the ideal: Trees or plants to be trained to look like single-stemmed trees (standards) are not pinched or stopped. The object is to encourage the terminal bud to keep growing. (But standards get pinching of another kind; see at right.)

Pinching can slow the growth of over-eager plants and keep them in better scale with their surroundings. To slow runaway pines, pinch out half the candle of new growth while it is still soft, or pinch out the candle entirely and let a side branch take over as a new terminal. Curb rangy plants such as abutilon or princess flower by pinching out terminal or branch-end buds and letting side buds continue growth, but less vigorously.

Pinching in the right place can influence the direction of plant growth. A pinch above an outward-facing bud will encourage the growth of an outward-spreading branch, and make for a broader plant. A pinch above an inward-facing bud will have the opposite effect. Tip-pinching will make for many lateral

Pinching bud at stem tip

branches and bushiness; pinching or bing out side buds will make for laterals and an open structure.

By encouraging some buds and elim ing others, you can make the plan what you want it to do—send a br into a vacant gap, for example, and you get it there make it expand t the space by forcing side branching.

Or you can get special shapes. To standards, for instance, encourage th

DARROW M. WATT

Standard: pinch side buds

bud to continue growth by pinchin side buds. Then, when your trunk reached the height you want, revers process. Pinch the tip, and pinch sequent side branches to make a branched head.

IMPROVING PLANT PERFORMANCE

This aspect of plant pinching cann entirely separated from other asp controlled growth improves perform for instance, and also keeps a plant groomed. Frequent tip-pinching of c anthemums will result in a great p sion of flower buds and a great sh flowers. It will also result in a broader, bushier plant that does a job in the landscape.

But perhaps your aim is for big, c fair-sized flowers. If so, pinch out growth to produce one or a few branches; then pinch out all excep

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For more facts on the new F-28 write: Power Products Division, American Honda Motor Co., Inc., Dept. BJ Box 50, Gardena, Calif. 90247. Or visit your Honda dealer. He has the best in the field in the showroom.

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bud on each branch. Or you can co
promise (as you often do with camell
by pinching out a few flower buds

DARROW M. WATT

Pinching out camellia buds

allow the remaining ones space to dev
without crowding. Or you can thin
developing fruits to prevent crowd

Thinning unripe apricots

prevent disease through better air ci
lation, and get better fruit size.

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Again, grooming is not separate f
other functions of pinching. Pinching
dead flowers improves appearance, b

Pinching out flower stems

also improves performance by preven
seed formation and gaining a lo
bloom period. And pinching off dam
or diseased growth makes plants heal
as well as prettier.

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GLENN CHRISTIANSEN

Gardener harvests *abundant crop of pole beans in late summer. Note strong support*

Two months from now . . . overwhelmed with beans

Aside from watering, the only effort involved in growing green beans is harvesting the seemingly endless crop.

The whopping number of varieties of green (string, or snap) beans attests to the continued popularity of this vegetable with home gardeners (we counted at least 50 varieties of seed available in the West). But it can also be bewildering to the novice who gazes at the rows of seed packets on his nursery's seed racks. Actually, apart from height and color, the differences between bean varieties u ally have most to do with personal ta

Bush beans are compact plants grow 1 to 2 feet high, depending on the vari and growing conditions. Pole or cli ing beans grow to 8 feet and need s port. They take slightly longer to mat than bush beans but also bear more p fusely. Some gardeners feel pole be take up less space because they gr straight up, but bush beans can be in planted with other vegetables to use g den space better.

In northern California and the Nor west, gardeners can plant either bush pole varieties. In the Southwest, b beans grow best. Of the popular cook and canning varieties, these are the m commonly sold:

Bush varieties—'Commodore Improv 'Executive,' 'Greencrop,' 'Harvest 'Tendercrop,' 'Tenderpod,' 'Topcrop.'

Pole varieties—'Blue Lake' (sev kinds), 'Kentucky Wonder,' 'McCasl and 'Morse's No. 191.'

For those who want to try somethin bit unusual, the following should be interest: Italian or 'Romano' (pole) broad and flat bean with a pronoun flavor. Wax beans (bush) are a crea yellow; varieties include 'Golden W and 'Kinghorn Wax.' 'Royalty' (bush a purple-podded variety that turns gr when cooked. Scarlet runner bean (p has bright red blossoms and dense foli that suit it for ornamental use as well

Beans need full sun and a light, w drained soil to establish themsel quickly. Seeds rot if soil is too wet; mo en ground thoroughly before plant then don't water until seedlings app Thereafter water regularly.

Plant seeds of bush beans 1 inch deep 3 inches apart in rows 3 feet apart. T to 6 inches apart when plants reach inches tall. (Occasionally certain varie demand different treatment; check

This structure *is equally useful for beans and tomatoes. It's permanent, can be used several seasons*

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seed packet to be certain.)

Plant pole beans 1 inch deep and 5 inc apart, then thin to 10 inches apart w plants reach 6 inches high. Put in sev rows, one at a time, at two-week inter up to 60 days before frost is due.

As the name implies, pole beans need port for their lush growth. Some deners train them up a fence, trellis, frame of wood and strong twine.

Tepees are the easiest support to m Take three or four poles and sink t about 6 inches in the ground. Lean t inward and tie together where they n Sow two or three seeds at the bas each pole and allow vines to twine up structure; thin when established.

Slow soaking is the best wate method; sprinkling can cause mildew

Use a commercial fertilizer sold for v tables, but to avoid burning seed young seedlings, hold off until plants well on their way. Feed again just as start to form.

Aphids, whiteflies, and spotted cucu beetle (diabrotica) are the chief pests should watch for in northern Calif and the Northwest. Red spider mit well as aphids are a problem in the So west. Many pests can be washed off a strong stream of water; if pests get of hand, control with diazinon, malat or sevin. Follow label directions caref notice especially how near to har time you can apply the chemical.

For pool people

It's about th time of yea most Westerne with a swimmin pool "fire it up. It's also the tim many withou pools think abou acquiring one. For either situatio *Sunset's* revised *Swimming Poo* (Lane Books, Menlo Park, Calif 1970; $1.95) should be of value.

It has been revised—even thoug a previous revised edition came ou only four years ago—because ther have been many recent advance in residential pools. The book show a variety of new pools, discusse placement on a lot, and goes int other basics of pool planning. I shows new decking and landscap ing, structures and fences. On chapter discusses how to live wit a pool.

And, of course, the book goes thor oughly into the mechanics—poo construction, water treatment an maintenance, filter and heater.

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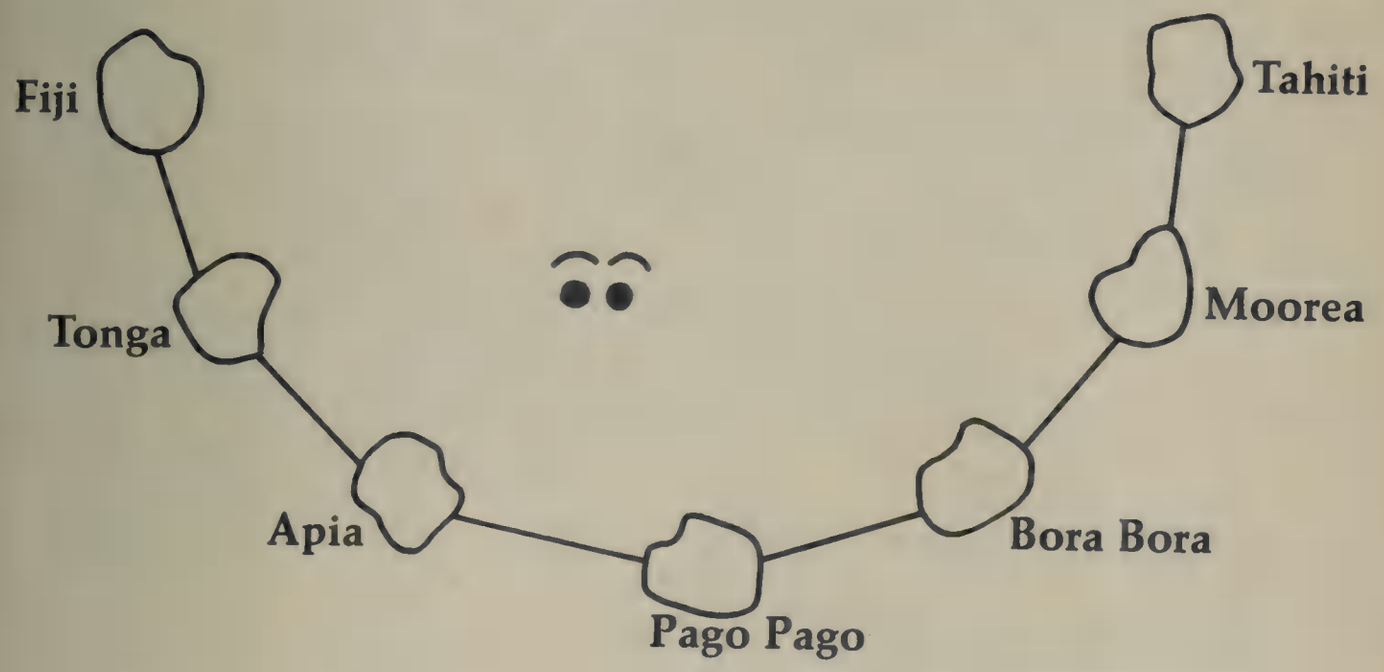

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March 24, 1970.

Here are June garden events

Saratoga. Through October 5. Ha Gardens, the long-established Jap gardens ½ mile west of Saratoga o Basin Way, now a city park. Hour A.M. to 7 P.M. Free. Teahouse and shop hours vary; to learn current s ules, telephone (415) 867-2276, or wr Florence Crittenton Guild, 21000 Basin Way, Saratoga, Calif. 95070.

San Francisco. June 5, 6, and 7. Flowe sponsored by the Variety Club Wo Blind Babies Foundation. Place: H Flowers, Ninth Ave. and Lincoln Golden Gate Park. Hours: 10 A.M. P.M. Saturday; 10 A.M. to 5 P.M. Su Donation: $2; children under 12, f with parents. (Champagne opening, 9 P.M. Friday; donation $5.)

Sacramento. June 6 and 7. Annual sh the Sacramento branch of the Ame Fuchsia Society. Place: Sacramento den and Art Center, 3330 McK Blvd. Hours: 2 to 8 P.M. Saturda A.M. to 6 P.M. Sunday. Free.

Eureka. June 7. Humboldt Rose S show. Place: Home Economics Bui Redwood Acres Fairgrounds, 3750 I St. Hours: 2 to 7 P.M. Free.

Carmel. June 10. Garden tour pres by Monterey Peninsula Volunteer vices. Tour hours are 10 A.M. to 5 Complimentary tea will be served f to 5 P.M. at Robert Louis Stev School, Forest Lake Road, Pebble B For tour tickets ($3.50), write to R. C. White, 22 Melway Circle, Mon 93940. Make check or money order able to Monterey Peninsula Vol Services. (Seventeen-Mile Drive ga will be waived for ticket holders.)

A flower arrangement show will l added feature at Stevenson School. ets ($2.50) for a champagne previ this show on June 9, from 8 to 10 can be ordered the same way as th tickets.

San Francisco. June 27. Fuchsia "flea ket" sponsored by the San Fra branch of the American Fuchsia So Place: Hall of Flowers, Golden Gate Hours: 10 A.M. to 4 P.M. Free.

Lompoc. June 27 and 28. Lompoc Club flower show in connection wit Lompoc Flower Festival. Place: Vet Memorial Building. Hours: 1 to 9 Saturday; 10 A.M. to 6 P.M. Sunday nation: adults, $1; students (throug school), 50 cents; children under 12 if with an adult.

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White-blossomed *Italian bellflower trails 12 inches from wire basket in old tree s*

Italian bellflower . . . it's a trailer

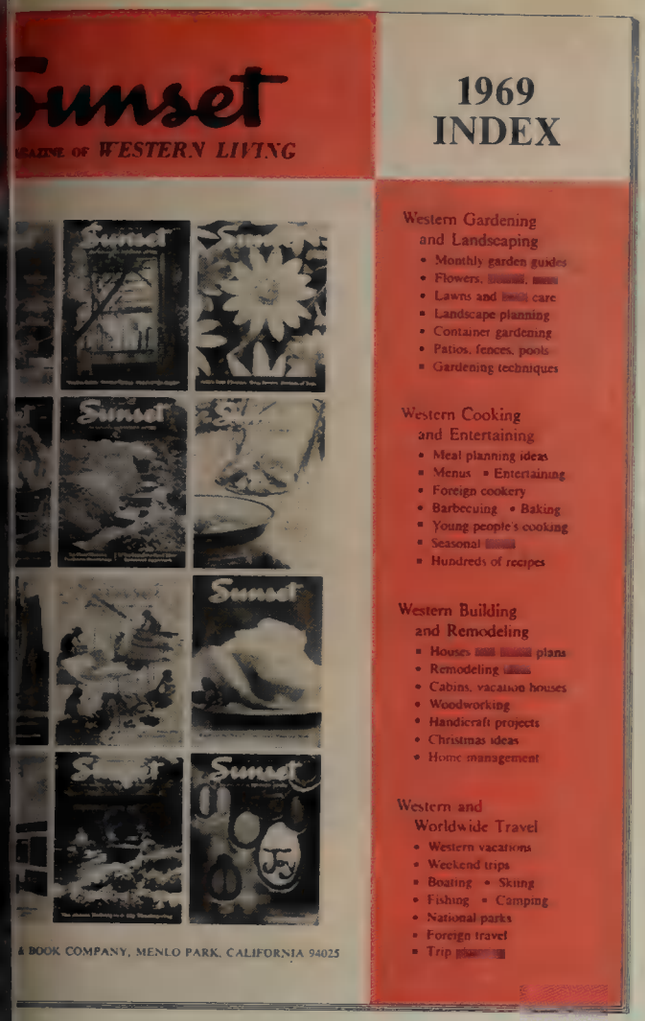
Italian bellflower, or star-of-Bethlehem, is a graceful trailing plant that too many gardeners forget because it's less spectacular than hanging fuchsias or begonias. However, one gardener not only remembered it but also made it the central attraction of a woodsy nook in her garden.

Instead of hanging her white-blossomed bellflower (*Campanula isophylla* 'Alba'), Mrs. James Lindsey of Santa Barbara planted it in a wire mesh basket nestled in the hollow of an old tree stump. The basket is lined with a 1½-inch layer of sphagnum moss. She planted the bellflower last June, hoping it would soon trail down the stump and brighten up surrounding greenery with its delicate, pure white flowers.

The planting turned out to be a spectacular success. By August the bellflower had cascaded 6 to 12 inches long and was blooming profusely. The inch-wide star-like flowers continued through Nove Heart-shaped light green leaves t the plant's bushiness.

Being a perennial, the plant will rep performance again this summer, ev ally trailing as long as 2 or 3 feet. Lindsey finds it needs little care waters it about three times a week d the summer and feeds with a fish sion solution every three weeks. I tered-shade location makes daily w ing unnecessary, even though it's container.

The 'Alba' variety selected by Mrs. sey is perhaps the loveliest and easi the bellflowers to grow. All do best they have well drained, sandy-pea and a partially shaded north or ea posure. On the coast they will tak sun. Plants need cutting back in lat after flowering, and dividing every t three years.



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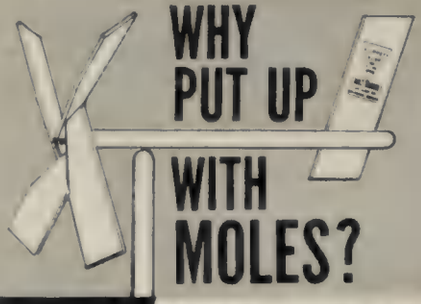

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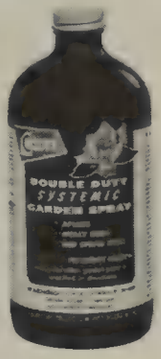

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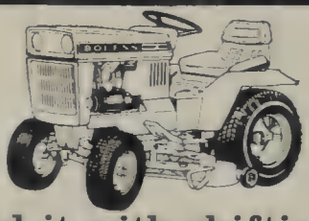
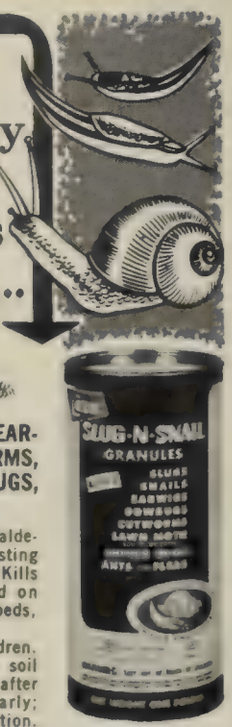


Had it with shifting?

The HUSKY 1476 lets your hands do the steering while **your foot controls the shifting**—forward or reverse! Power take-off allows easy attachment of plug-in accessories, and a powerful 14 h.p. engine does your work. For **free literature** and name of nearest dealer, write:

BRADY-HOLMES CO.
2344 Auburn Blvd.
Sacramento, Calif. 95821

NEW!
Easiest Way to Kill Ugly Slugs and Snails... FAST!



KILLS SLUGS, SNAILS, EARWIGS, SOWBUGS, CUTWORMS, LAWN MOTH, CHINCH BUGS, ANTS and FLEAS.

Extra effective formula . . . Metaldehyde and Sevin . . . lures disgusting slugs and snails from hiding! Kills on contact! Easily sprinkled on lawns, dichondra, ivy, flower beds, [redacted] hard to reach places.

Unattractive to pets and children. Scattered granules blend into soil for added safety. Effective even after routine watering. Treat regularly; keep your garden in top condition.

ECONOMICAL

COOKE SLUG 'N SNAIL GRANULES

RECOMMENDED BY GARDEN EXPERTS

SAVE TREES, ALL SHRUBS

From Hunger, Dr ought & Insects, NEW ROSS RO OT FEEDER delivers Water, Fo od, and Systemic Insect-control at the feeding roots where they go to work at once. Easy to operate. Try it today and see the differen ce in your plants tomorrow.

$9.95 with Plant Food and Systemic Insecticide Cartridges included.

NEW

ROSS ROOT FEEDER

LIPPINCOTT COMPANY
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See the difference in days

KWIK-LIFE MEANS NEW LIFE FOR POOR SOIL!

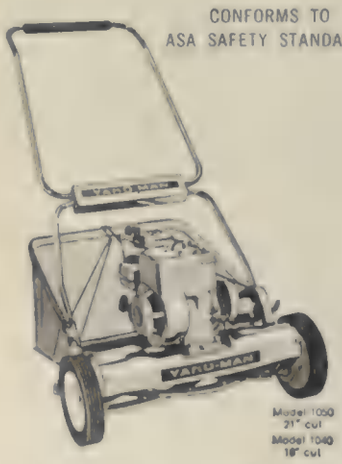
Scientific research now brings miracle enzymes to the home gardener. Enzymes break down problem soils to allow nutrients to reach the roots.

KWIK-LIFE Super-Active Enzymes are natural organic, living organisms which assure vigorous sturdy growth and greener, healthier plants. More nutrition in your vegetables and more life in your flowers and lawns. Saves money, too because you use less fertilizer and water.

See your local nurseryman or send $2.00 ppd for enough concentrated KWIK-LIFE to make 12 gallons. Do it today. Satisfaction guaranteed.

KWIK LIFE, Dept. S-4, 2725 10th Street, Berkeley, California 94710, (415) 548-1504

CONFORMS TO ASA SAFETY STANDARDS



YARD-MAN

Yard-Man Power Reels deliver the high quality performance demanded by people who take pride in a superior lawn. Featuring: Magic Control Safety Handle — Six Austempered steel cutting blades — Fast-Set hand operated height adjustments.

SEND FOR FREE COLOR [redacted]

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GROW MORE AND MEATIER TOMATOES with fewer seeds

Increases setting of fruit and promotes earlier harvest.

COOKE TOMATO-*Plus*

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Give

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Dexol DOES IT BETTER

DEXOL GASSER

is the sure way to end your Gopher problems. Used by leading golf courses, cemeteries and parks. Contains no poisons and is non-explosive. "Gets Em Underground."

KILLS

$1.19 per box of 6

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CONTACT

Controls all weeds without soil sterilization. One quart diluted covers 100 sq. ft. Replant in three days. Safe around children and pets.

$1.19 per qt. $3.29 per gal.

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W FUNGICIDE R PREVENTION OF WDERY MILDEW I ROSES

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HO CHEVRON CHEMICAL COMPANY
ORTHO DIVISION, SAN FRANCISCO, CA 94120

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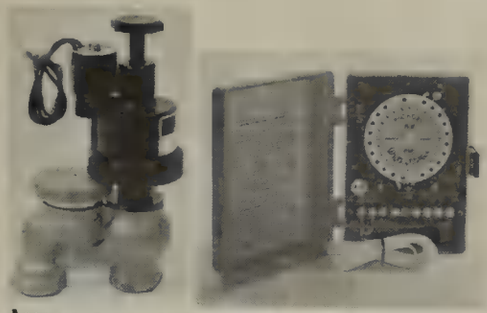
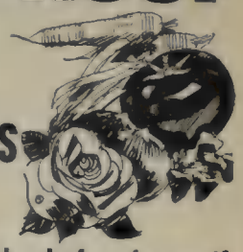


LAWN GENIE AUTOMATIC SPRINKLER SYSTEM

Leaders in automatic lawn sprinkler equipment for over 11 years — and by far the most economical! Costs only pennies per month to add to new systems or existing systems. Save on water bills. Automatically waters your lawn while you are at home or away. Set and forget. No expensive plumbing or wiring changes needed. All 24 Volt. Waters with precision—no run-off. So simple to install, do it yourself! Write or phone for name and address of nearest dealer. Mfg. by **Richdel, Inc.**, 4650 Alger Street, Los Angeles, Calif. 90039. Phone: (213) 245-7271.

Simplicity — Dependability — Economy

BUG-PROOF YOUR FRUIT, VEGETABLES AND FLOWERS



NEW SPRAY can be used 'til the day before harvest!

Keep fruit, vegetables, berries deliciously healthy. Spray at first sign of pests even up 'til day before harvest. Add new enjoyment to your garden. Bug free plants produce more and better crops.

SPECIAL FORMULA CONTAINS:
Pyrethrins, Rotenone and Piperonyl—3 Proven Pesticides

Controls many insect pests including Aphids, climbing Cutworms, certain Beetles, Leafhoppers, Beet Webworm, White Flies, Red Spider Mite, certain Weevils, and others.

Also keeps roses, flowers and shrubs in bug-free, prize-winning condition.

FAST, EASY, EFFECTIVE, and ECONOMICAL TO USE.

COOKE
FRUIT and VEGETABLE SPRAY
AVAILABLE AT LEADING NURSERIES

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EVERYTHING GROWS BETTER

You won't believe your eyes! Practically overnight RA-PID-GRO makes everything in your garden grow better. You can almost hear things grow. Dissolves instantly, applied quickly; plants respond like magic. Try it yourself; it won't take long to see what we mean.

RA-PID-GRO
Sold at all leading garden stores. Accept no substitute

SUPER GOPHER KILLER!

2 traps kill 22 gophers in 2 days at golf course! New Guardian Gopher Trap has devastating patented feature! Uses gopher's natural instinct to lure and kill him! Endorsed by gardeners, farmers, golf courses.

Double spring action is quick and humane! Easy to set, even by women, easy to empty—no mess. Safe—NO dangerous gas or poison. Protect your valuable garden for only $3.75 ppd. plus 21¢ sales tax. Money-back guarantee!

Guardian GOPHER TRAP
4516 Hollis Street
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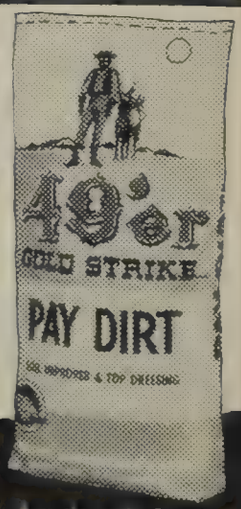

Lawn dressing and soil conditioner to enrich while conserving moisture. Over the years of peat moss and fertilizer. Contains chicken manure, one of the most potent organic fertilizers.

Look for all the fine 49'er Gold Strike products, especially:

- Formula 49 All-Purpose Fertilizer
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- Bonanza All-Purpose Garden Spray

Sold exclusively by your
MASTER NURSERYMAN

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RONTONE

A soluble form of iron for gardenias, Camellias, azaleas and other plants to show yellowing of foliage. "Green-Up" with RONTONE today!
Lbs. 79¢ 5 lbs. $1.98

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"Showers of Diamonds"

Fountains by RAIN JET

It's sheer delight as thousands of diamond-like water droplets rise, twist, change color, then fall with a soothing musical patter. Patented. Complete with bowl (no plumbing needed), or for existing pools. Send for free color brochure . . . or 3-D Viewer ($2.00). Dept. S, 301 S. Flower St., Burbank, Calif. 91503

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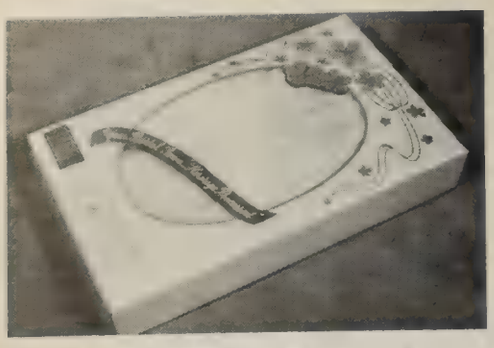

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Meaders Cleaners Bridal Division "Heritage Process" scientifically cleans, preserves your wedding gown for an unlimited period against mildew, bacterial mold, moisture, decomposition, dust, fading, discoloration, light, moths, deterioration. Gown is hermetically sealed in attractive container above. Send gown and $39.50 or C.O.D. to Miss Jane, Bridal Consultant, 1875 Geary, San Francisco, CA. 94115. Warranteed. Returned Insured. Allow 30 days. Or purchase gift certificate for the bride.

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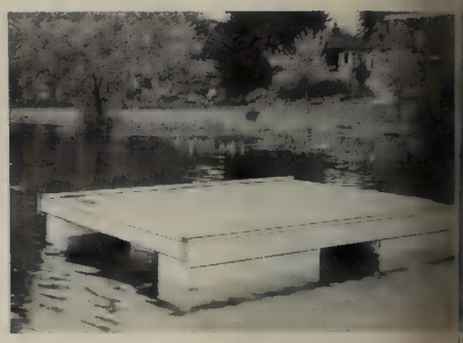
Save 30% or more on custom draperies by using famous "Homespun" 118" widths! We "up-end" the bolt to make your drapes with 1 piece of cloth—no seams to sew or show! Sturdy cottons, airy open weaves & polyester sheers available in yardage from $3.98 yd. (10' wide). Custom Draperies pinch-pleated or New Fan Pleat. Send 50¢ for swatches, brochure. Homespun House, 9022-H Lindblade, Culver City, CA 90230. (Our 17th year.) Visit our new showroom in San Diego.



Prefab Dock and Swim Float Kits

Pre-cut, pre-drilled, do-it-yourself dock a swim float kits come with *Insulfoam* flotati logs, treated & stained cedar lumber, bo nuts, and nails. The only tools you need a a hammer and a wrench. Kits available i sizes: 4' x 10' @ $108.50; 6' x 12' @ $162. & 10' by 12' @ $224.50 per section. Sales and freight extra. For additional informat and plans, please write: Western Insulfoa 3518 Iowa Avenue S.W., Seattle, Washing 98106.

New Tool—Cuts Most Anything!

Cuts circles around anything under the sun—with the pressure of your own hand, even a child's! Cuts practically any kind of sheet material without cracking, splintering, or tearing. Cuts arrow-straight lines, curves, cylinders, sharp right-angle bends—you name it! And you cut materials right on the job without sawhorses, vises, or workbenches. Money back guarantee. Send check or M.O. for $7.95 ppd (plus 5% sales tax in Calif.) to Del Rio Sales Co., P.O. Box 3695, Modesto, California 95352.

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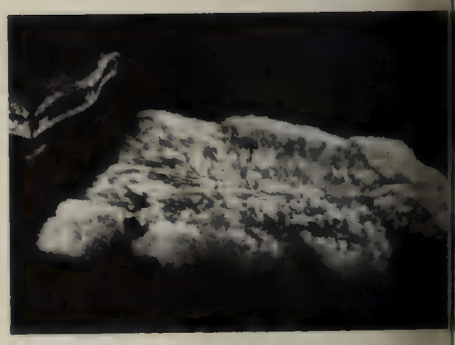
Make exciting Oriental dishes with this authentic Chinese Wok (Cooking Pan) featuring an exclusive adaptor for use on your home range. You also receive an original Wok and Tempura Cookbook, hard-to-find Oriental spices, and other essential ingredients. A Re-Order Catalogue is included. 10-day Money-back Guarantee. Send $7.98 plus $1.60 shipping (Washington State residents add 40¢ Sales Tax) to: House of Kent, Dept. A 116, 21025 5th Ave. So., Seattle, Washington 98148.

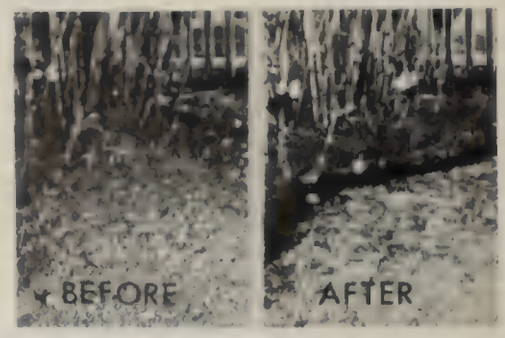


Luxurious Washable Sheepskin Rug

A genuine New Zealand sheepskin rug can yours for only $18.00. These world famo natural white sheepskin rugs are exper tanned to permit washing (instructions closed). Size 3' x 2'6". U.S. $18.00 (inclu insurance and postage by surface mail. proximately 6 weeks). Personal checks cepted. The Sheepskin Rug Co., 33 Queen Auckland, New Zealand. Bank reference Credit Department, Southern Region H. Crocker Citizens National Bank, Los Ange

Kodacolor Prints — 13¢ Each

Brilliant jumbo prints from any size Kodacolor at real wholesale prices. Save by mail. Order & reorder all you want. Min. order $1. Also we develop & print any 12 exp. Kodacolor roll for $1.95. This is half the usual retail price. 20 exp. Kodacolor rolls, $2.95, including 35mm. 36 exp. rolls, just $4.50. Slides from 12 or 20 exp. Kodachrome, $1.10; 36 exp. Kodachrome slides, $1.95. Add sales tax plus 25¢ per roll hdlg & pstge. Economy Color Photos, P.O. Box 74665SA, Los Angeles, CA 90004.



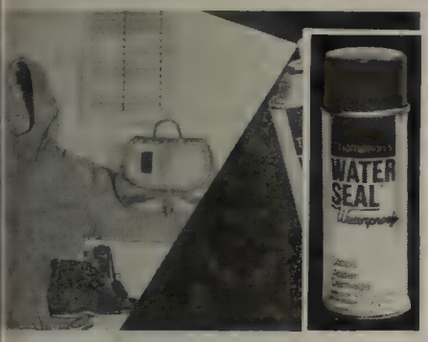
End Lawn Edging

E-Z Edge Neat Trim provides a neat, four inch (maximum) weed and grass free edge around flower beds, fence lines, walls, sprinkler heads and other places where edging is difficult. One application lasts up to five years! This NEW chemical method of edging is safe, non-toxic to animals and humans. E-Z Edge Neat Trim comes in two lengths ready to use. 60 ft. reel $1.98; 300 ft. reel $7.95. Money back guarantee. Order from Systems Mfg. Corp., Dept. S, P.O. Box 610, Corvallis, Ore. 97330.

Make Hummingbird Friends!

Deluxe SweetServer is the *pretty* fee —translucent in flowerlike pink or wh Unique design eliminates drip in sun or w positively controls insects, other birds. 1 1½ cup capacity or can be compressed to 1 down to ½ cup food. Easy-care, unbreak polyethylene. Detailed "Feeding & Attracti instruction booklet. Delightful home hol $2.95 plus 30¢ mailing. 15¢ tax in Califor Moneyback Guarantee. *Woodsworld*, 60 Olive Springs Rd., Santa Cruz, Calif. 95

THE *Sunset* SHOPPING CENTER



Positive Waterproofing

ss Thompson's Water Seal protects, pre- waterproofs: Leather boots, shoes; golf leeping bags, ski & fishing gear; canvas re; clothing; tents, tarps, awnings; gun tennis nets, boats, door & window screens. Won't harden or crack leather ics. At paint, hardware, sporting goods or write direct. Aerosol spray $1.89; Qt. Gal. $5.95; 5-Gal. $28.25 ppd. tax incl. .D.'s please. E. A. Thompson Co., Inc., ough St., San Francisco, CA. 94109.

Cure, Harden, Dustproof Concrete

You get better looking walkways, walls, patio slabs, etc., when you brush, roll or spray Thompson's Water Seal on concrete just before final troweling. It controls moisture loss; concrete dries from within so you get uniformly cured surface that's stronger, smoother, less liable to check or crack. A second penetration waterproofs concrete. At dealers or write direct. Spray $1.98, Qt. $1.95, Gal. $5.95, 5 Gals. $28.25 ppd. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA. 94109.

Color Wax Your Concrete Surfaces!

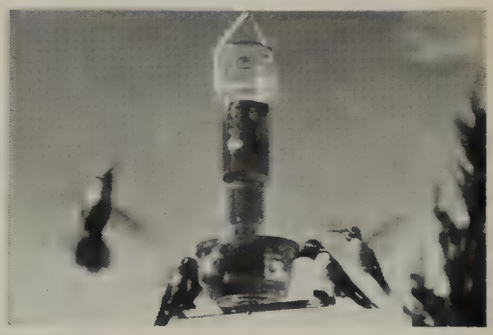
Now a safer, brighter, more colorful porch, patio, walk, with Thompson's non-slip semi-paste concrete color wax. Seals, colors, waxes in one easy operation. For concrete, stone, brick, tile surfaces. Excellent for warehouse & factory floors. Carnauba wax base. 20 sun-fast colors plus black & white—write for color card. At dealers or direct. Qt. $2.95, gal. $9.75, 5 gals. $47.25 ppd. tax incl. (less for Neutral). No C.O.D.'s. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA. 94109.

000 Name & Address Labels

quality gummed labels. 1000 *Handy* $1.00–3/$2.75. *Homespun Deluxe La-* orders, many beaut. colors. Approx. 300 in Plastic Box–$2.00. Gold labels, 00. *Quik-Stik* self-adhesive labels. on any surface; glass, metal, plastic, h only a touch. 500 packed in plastic set, $2.00–3/$5.00. *Inc. 10¢ postage % sales tax per order.* Also write for raising plan for clubs. Handy Labels, person Bldg., Culver City, CA. 90230.

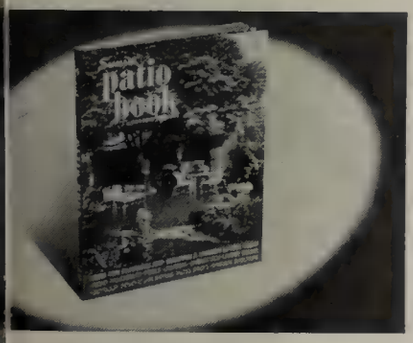
Remove Water Stains

Get rid of unsightly, stubborn hard water stains quickly, easily, thoroughly. Works wonders on windows, shower doors, mirrors, tile, chrome, porcelain, glass flower bowls, auto finishes. Contains no harsh acids or skin irritants. Consumer tested 7 years. Money back guarantee. 10 oz. package $1.49 postpaid plus 8¢ tax in California. If not at your hardware store, send check or money order to: GSR Sales Company, 1823 West Harvard, Fresno, California 93705.



Summertime Is "Hummer-Time"

The iridescent rascals are at their prime now. Hang "Hummy-Bird Bars"® in your garden and enjoy bird antics as they zip-and-sip from clear plastic buffets. They love the *real wood perch* (actual photo). No rust, no drip, easy to clean. A gracious gift! Moneyback guarantee, full instructions. $2.95 plus 26¢ pp. In Calif. add 15¢ tax. Sorry no C.O.D.'s. Hummingbird Heaven, 6818-S Apperson St., Tujunga, CA. 91042 (Makers of the Oriole "Fun-Bar") *Made In U.S.A.* Our 15th Year!



Sunset Patio Book

evised edition of one of *Sunset's* most building books. An idea book for the nner—with practical advice on orien- naterials, fitting the patio to the house mperature factors, lighting, shading, , furniture, etc. A big book, containing ds of helpful ideas illustrated with photographs and plans. Includes la- ning, hillside decks, pools. $1.95 from orite dealer or add 5% tax and order nset Books, Menlo Park, Calif. 94025.

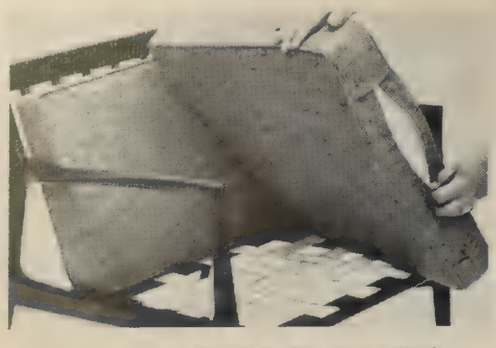
Simply Sandal-ous!

Slip into these cross-vamp sandals, like a breath of fresh air, wearing gloves on your feet! Kraus Originals for unexcelled craftsmanship . . . the happiest, snappiest sandal ever slipped on your foot! Fabulous for beach, city, home . . . for dancing or prancing Black, white, bone, lime, orange, hot pink, olive; sizes 5 thru 10, $8 (white, bone sizes 11–12, add $1). Gold or silver $9. $1.00 postage and handling. (In Wn. add 4.5% tax.) Send check or M.O.: Chester Beard Shoes, 2716 Colby, Everett, Wn. 98201.

Patio Swings Look New Again—$19.50

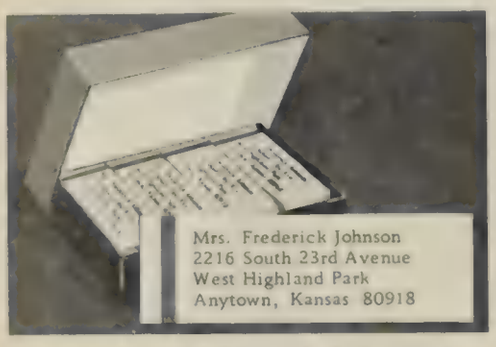
It's so easy, so much fun to renew your patio furniture with Kellys beautiful custom recovers. Lovely patio swing recover (illus.) fits all standard swings. Complete set includes canopy, seat and back covers, arm rest covers, valance now reduced from $22.95. Choose stripes in blue, rust or green, only $19.50. Include 5% sales tax with check or M.O. No C.O.D.'s All shipments prepaid. Satisfaction guaranteed. Also covers for umbrellas, officer chairs. Kellys, Telegraph at 25th St., Oakland, Calif.

SHOPPING CENTER



Renew your Danish Chair or Sofa

to the original comfort and good looks! Replace those sagging or broken straps. 3 styles of rubber straps: metal clip- or peg-end, or loop-end to use with dowels. Just $1.35 each, ppd. + 5% Calif. tax. Or nail rubber webbing, 50¢ a ft., ppd. + Calif. tax. Specify style & slot-to-slot distance on frame. Need new covers, cushions? We make our own in fine fabrics, use 100% latex foam. Send 25¢ in coin for *new* catalog to: *E. J. Evans*, 630 N. Western Ave., Dept. J., Los Angeles, CA 90004. 463-7874.



500 Return Address Labels—50¢

Quick and easy way to put your name and return address on letters, checks, etc. Any name, address and Zip code up to 4 lines, beautifully printed in black on white gummed labels, 2 inches long. Set of 500 labels, 50¢ ppd. Free handy box. Don't know your Zip code? Add 10¢ per set and we will look it up. Shipped within 48 hours. Money back if not pleased. Walter Drake, 3076 Drake Building, Colorado Springs, Colorado 80901. Send for free catalog!

Stain & Finish Wood Quick 'n Easy!

The only reason to stain & finish wood is to make it *beautiful*—right? There are lots of slow ways to do it—or, you can get professional results quick 'n easy using Deft's *Simple Systems* described in 4 full color folders: (1) Staining & Finishing Unfinished Wood, (2) Creating Decorator Colors for Wood, (3) Clear Natural Finishing of Wood, (4) Restaining & Refinishing Wood. Send 50¢ for all 4 plus Decoupage booklet to: Deft, Inc., Box 8669, Dept. M, Torrance, California 90510.

DON NORMARK

Bright *royal purple flower, about 3 inches wide. Tibouchina is the name*

For the climate privileged

This flower grows on one of the lesser known of California's special-privilege shrubs—princess flower or pleroma (*Tibouchina semidecandra*). Even within California it's so frost-tender that growing it is a special privilege just for gardeners in the mild places: on the coast, in Southern California as far inland as Pasadena and Escondido, and around San Francisco Bay.

Plant tibouchina in your garden now and you can enjoy its royal purple flowers from July to December and perhaps longer, every year. The blossoms are 1½ to 5 inches across. They appear alone or in clusters among oblong leaves the size of dollar bills.

The leaves are bright green with red undertones that get redder in the autumn and winter. They are quite fuzzy (almost furry) to touch.

Plant tibouchina where it gets morning sun and afternoon shade if possible. Close to salt water you can plant in full sun. It grows best in fairly moist acid soil.

In its natural habitat, South America, the plant grows tall (up to 25 feet) and thick at the top. You can encourage this natural growth pattern by planting and training the shrub against a trellis.

To train it against a trellis, prune lower shoots and side branches and remaining branches to the trellis (with paper-covered wire, and later—w they are bigger—with insulated wire Grown this way, the tibouchina can g dense enough to give privacy.

It will grow as a bushy pot plant to l on an afternoon-shaded deck, patio entry. Allow ample drainage in the c tainer and use a rich planting mix.

To make container plants bushy, pi out tips of the stronger shoots and those shoots down to the outside of plant. This will encourage weaker sh in the center to grow. When and if of them begins to get too dominant p it back. Give the plants plenty of w

Three pests that may plague the ti china are spider mites, green aphids, whiteflies. Syringe the underside of le occasionally to wash off the mites. I for aphids in the spring. If syrin doesn't dislodge them, spray with p thrum or diazinon. Whiteflies can sprayed with any safe insecticide nothing will banish them—they're inv ible. If tobacco budworm (which holl out the buds) appears in the sum spray or dust with sevin.

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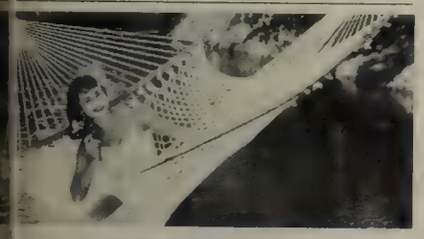

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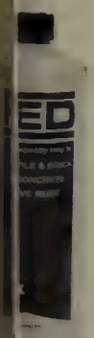

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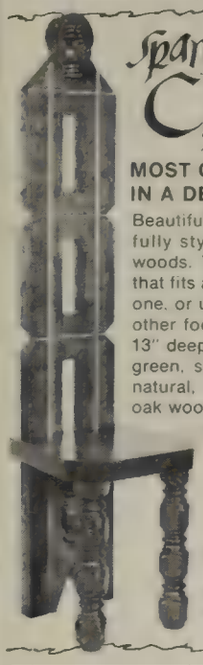

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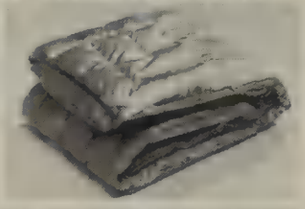

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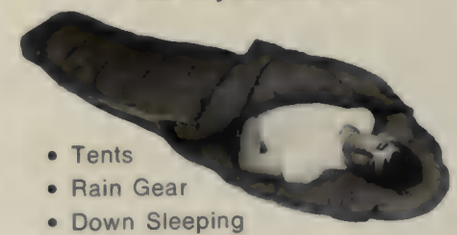

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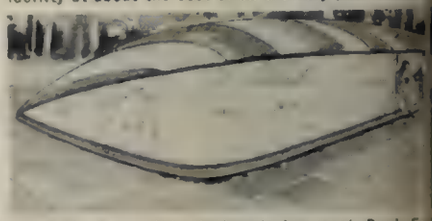

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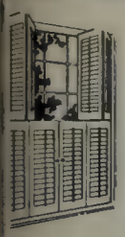

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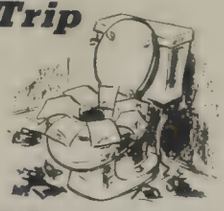

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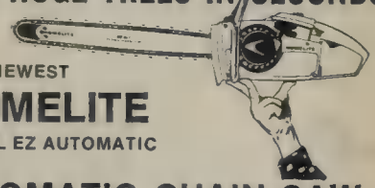

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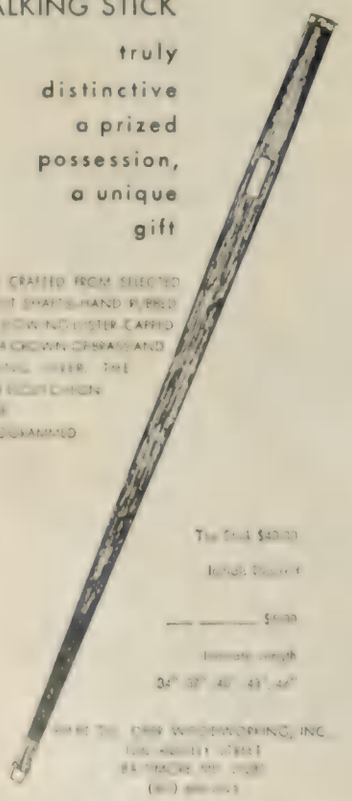

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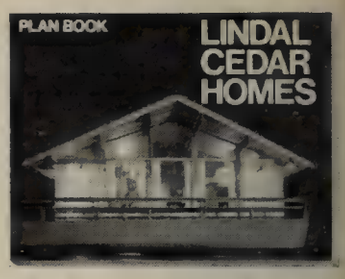

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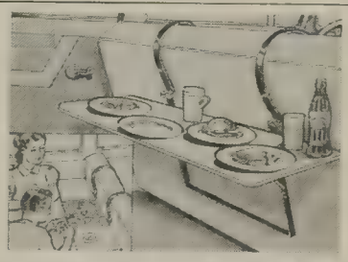

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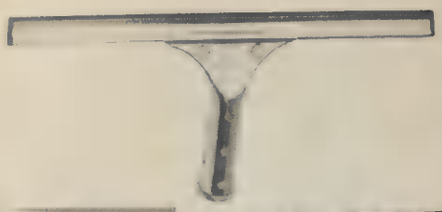

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DON NORMARK

ve it or not, *land-loving ajuga and Irish moss grow here with their roots in a stream*

Happy even if their feet are wet

ı and Irish moss are well known for vitality and adaptability in all of Vest's climate zones. But Doug Ver- s of Gig Harbor, Washington, put plants to an extreme test when he ed them by a cold, spring-fed stream. ugh uncommon in such wet areas, ground cover plants succeeded in ıg the bank's sloping soil. They form en-on-green contrast that preserves rest atmosphere.

roots growing in moist soil and in cases directly into the stream, the s never need watering. The stream re—it's home for brook and cut- t trout, as well as salmon in season apparently has sufficient oxygen to rt the waterborne ajuga and moss. rish moss contributes a rich, velvety contrast to the shiny ajuga leaves. ws anywhere in the West if its roots lamp.

se the ajuga grows fast, it spreads d the bank and has tendrils floating e water during most of the year the stream only trickles. In the win- ıe stream rises to completely sub- the lower portion of the bed.

Six-inch to 1-foot-high lingonberry adds shiny, very dark green, ½ to 1½-inch leaves to the display. Glossy ⅓-inch dark red berries decorate it in late summer. Harvest the berries in November for jams and syrups.

The rose 'Tropicana' was propagated from a cutting. Mr. Verbonus sprays infrequently for leaf mildew, common in moist areas.

Licorice fern (*Polypodium vulgare*), an area native, provides bright green color and black stems which contrast with the moss at its roots.

The bed required no fertilizer and gets none now—three years after the first planting. The soil was rich and dark from years of overflow from the stream and decay of leaves from native woods. The plant's only pests are beaver and deer.

All is not green, however. In spring all the plants (except the rose which blooms later) have flowers. Ajuga has blue flowers on spikes; Irish moss, single, tiny, white flowers; lingonberries, small, bell-shaped, pink or white flowers. Later in the season, dead blossoms must be trimmed from the ajuga and rose.

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1959: St. Lawrence Seaway opens. $17 billion in E Bonds over 10 years old.

1961: Alan Shepard is first Astronaut in space as U.S. program gets rolling.

1963: John F. Kennedy assassinated; Lyndon Johnson sworn in.

1966: Savings Bonds' 25th Anniversary. New 4.15% interest rate announced.

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The continuing challenge

In 1964 *Sunset* published a six-page report chronicling three years o dedicated community effort to preserve a natural parkway along a 23 mile stretch of the American River in Sacramento County. We entitle the report *How the American River was "saved."*

The use of quotation marks around the word "saved" was, unfortunately prophetic. Although the American River Parkway has received nation wide acclaim as a working blueprint for a successful community progran of environmental control, the river that is the focus and reason for th parkway is now in serious jeopardy.

Projected water withdrawal demands on the reservoirs that provide th downstream flow of the American River threaten to reduce it to an algae laden trickle during many months of each year. Such withdrawals woul endanger not only the fisheries, wildlife, and recreational opportunitie of the river but also the ecological integrity of the entire parkway.

Citizen groups and concerned individuals are again rallying behind th Save the American River Association (2201 Bell St., Sacramento 95825 to attempt to ensure, through state and Federal legislation, a minimu flow adequate to preserve the character of the parkway and sustain wil life. They solicit your support.

The renewed threat to the American River exemplifies the continuin challenge to the quality of our natural environment. Conservation "vi tories" are seldom decisive or permanent, and the resounding praise tha usually accompanies even limited or temporary gains tends to lull th public into unjustified complacency.

The pristine forest rescued for a park may face new threats from upstrea logging or highway intrusion. The wild river protected from impoundmen will repeatedly face problems of pollution.

At *Sunset* we have long been concerned about threats to environmenta quality in the West. Year after year we have been publishing report on places under threat which our readers could visit and so inform then selves. This long program of *Sunset* articles will continue and intensify

For in the final analysis the real guardians of our natural heritage and th environment in which we live are individuals who inform themselves an then take action or speak out. Today our elected officials—city counci men, county supervisors, state and national legislators—are listening.

WINDOW ON THE WEST: San Diego Zoo

The 128-acre San Diego Zoo in Balboa Park has 8 miles of walkways, a 3½-mile bus tour, and a very popular short cut: this ⅓-mile-long, 180-foot-high aerial tram. Longest of its kind on the Pacific Coast, it provides a fine view down to great birds and great apes (one gorilla sometimes shades his eyes and peers back at you), crosses a canyon where antelope and leopards live, and ends on a mesa occupied by bison and kangaroos.